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Ameliorative effect of black rice anthocyanin on senescent mice induced by D-galactose

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Abstract

This study investigated the ameliorative effect of black rice anthocyanin (BACN) in senescent mice induced by D-galactose. The male mice were randomly divided into five groups, namely the normal group, the model group and dosage groups (15, 30 and 60 mg/kg). The model group and three dosage groups were injected subcutaneously with D-galactose continuously. The results suggested that superoxide dismutase (SOD) and catalase (CAT) were significantly increased upon black rice anthocyanin treatment, while MDA and the activity of monoamine oxidase (MAO) significantly decreased. The expressions of superoxide dismutase genes (*SOD1* and *SOD2*) in liver were up-regulated in black rice anthocyanin group, while the expression of *MAO-B* gene was down-regulated. These findings demonstrated that the ameliorative effect of BACN might be achieved partly by altering endogenous antioxidant enzymatic and aging-related enzymatic activities and regulating *SOD1*, *SOD2* and *MAO-B* gene expressions.

Keywords: Black rice; Anti-aging; Anthocyanin; D-galactose

1 Introduction

1 Aging is a complex biological process. Among the aging theories, the free radical
2 theory has received widespread attention recently. It plays an essential role in
3 aging-related research^{1,2}. Accumulation of oxidative damages caused by reactive
4 oxygen species (ROS) is one of the major factors responsible for aging³. Oxidative
5 stress leads to an imbalance between ROS and the antioxidant^{4,5}. Free radicals are
6 highly reactive molecules with unpaired electrons which can cause damage to cell
7 membranes, lipids, proteins, and DNA^{6,7}. To scavenge the excess ROS, antioxidant
8 defense system (endogenous antioxidant system and exogenous antioxidants intake) is
9 especially necessary. Endogenous antioxidant system, including superoxide dismutase
10 (SOD), catalase (CAT) and glutathione peroxidase (GSH-Px), removes ROS in cell^{6,8}.
11 Exogenous antioxidants intake including ascorbic acid, tocopherol, and plant
12 flavonoids, are also responsible for scavenging ROS^{6,9,10}.

13 Monoamine oxidase (MAO), an aging-related enzyme, is widely distributed in
14 many animal organs. It is the main metabolism enzyme of monoamine
15 neurotransmitter. Abnormal MAO could cause tissue organ dysfunction and various
16 diseases, and then speed up the aging process. According to the differences of
17 substrate, distribution location and selective inhibitors, MAO has been separated into
18 MAO-A and MAO-B. The activity of MAO-B increases with aging in the human
19 brain and the rats^{11,12}, while MAO-A has no correlation with aging. Consequently, it
20 is necessary to study the change of MAO-B in the aging process.

21 Black rice (*Oryza sativa* L.) is a special cultivar of rice that contains abundant

colour pigments and its rich natural anthocyanin compounds in different layers of the pericarp, seed capsule and aleurone of rice^{13, 14}. It has been widely consumed as a health-promoting food^{15, 16}. Some reports showed anthocyanin has functional effects, such as antioxidant, antiallergic, antiscratching effects^{16, 17}. Others have shown that it could reduce serum lipid profiles^{18, 19} and atherosclerotic plaque formation^{15, 20, 21}, and inhibit cancer^{14, 22}. Furthermore, Shan et al.²³ revealed purple sweet tomato anthocyanins attenuated D-gal-induced cognitive impairment partly via enhancing the antioxidant and anti-inflammatory capacity. Balu et al.²⁴ demonstrated that grape seed extract enhanced the antioxidant status and decreased the incidence of free radical induced protein oxidation in aged rats thereby protecting the central nervous system from the reactive oxygen species. Peng et al.²⁵ claimed that blueberry extract prolong lifespan of drosophila melanogaster. However, no report to date has studied the anti-aging effect of black rice anthocyanin in mice. In the present study, we used D-galactose treated mice as experimental aging models and evaluated the ameliorative effect of BACN on senescent mice.

2 Materials and methods

2.1 Chemicals

Black rice anthocyanin (20 mg/g) was supplied by Chenguang Biotech Group Co., Ltd. SOD, MDA, CAT and MAO test kits were purchased from Nanjing Jiancheng Bioengineering Institute. Cyanidin-3-O-glucoside was purchased from

43 Yuanye Biotechnology. All other chemicals were of analytical purity.

44 **2.2 Quantification of black rice anthocyanin**

45 To obtain a more comprehensive knowledge of the composition of BACN, we
46 determined the content of anthocyanin components by HPLC-MS²⁵⁻²⁸. BACN was
47 diluted with 1% formic acid solution and filtered using a 0.22- μ m filter before the
48 HPLC analysis. The HPLC system (Thermo, USA) was equipped with a Hypersil
49 Gold column (100 \times 2.1mm, 3 μ m i.d.) and was used for analyses, operating at a
50 constant temperature of 30 $^{\circ}$ C and a flow rate of 0.2 mL/min. An eluting mixture of
51 acetonitrile and 1% formic acid (10:90; v/v) was used. The HPLC system was
52 connected in series with an ion-trap mass spectrometer, which was fitted with an
53 electrospray ionization source operating in the positive mode. Nitrogen was used as
54 the carrier gas at a temperature of 275 $^{\circ}$ C, a flow rate of 30 arb, a nebulizer pressure of
55 45 psi, a quadrupole temperature of 30 $^{\circ}$ C and a capillary voltage of 4000V. Data were
56 collected using the full scan mode over a mass range of m/z 300-700 at 1.0 s per cycle.
57 Anthocyanin components of BACN were quantified as cyanidin-3-O-glucoside
58 equivalents using external calibration curves of an authentic standard.

59 **2.3 Animals experiments**

60 Male mice (n=50; KUNMING background, at 8 weeks of age) were purchased
61 from the Peking University Health Science Center Department of Laboratory Animal
62 Science. Preceding the study, all animals consumed the same diet for 1 week. They
63 were then randomized into five groups based on their body weight. Five animals were

64 housed in each cage and maintained at 25°C in an atmosphere-controlled room with a
65 12 h light-dark cycle. During the experiment, mice had free access to food and tap
66 water, and their body weights were recorded weekly. The study protocol was
67 approved by the Institutional Animal Care and Use Committee of Tianjin University
68 of Science & Technology (TUST20130905). All handling and management
69 procedures were in accordance with the guidelines of experimental animal
70 administration.

71 D-galactose and BACN solution were made freshly at the beginning of each
72 experiment. D-galactose was dissolved in 0.9% normal saline for subcutaneous
73 administration. BACN was diluted with distilled water and administered orally in a
74 constant dose of 0.1 mL/10 g body weight. Normal group administered distilled water
75 orally and received normal saline administered subcutaneously. Model group mice
76 administered distilled water orally and received 120 mg/kg of D-galactose
77 administered subcutaneously. BACN (15, 30 and 60 mg/kg,) were administered to low,
78 medium and high dose group mice. The doses of BACN were selected as 5 times, 10
79 times and 20 times of anthocyanin ADI. The dose of D-galactose was selected based
80 on those reported in literature. The study was carried out for a period of 6 weeks.

81 After the last administration, the animals were fasted overnight and sacrificed
82 after anesthetization. Their brains, livers and kidneys were quickly removed, rinsed in
83 ice cold normal saline (0.9% w/v NaCl), blotted dry, weighed separately, and
84 immediately frozen in liquid nitrogen and kept at -80°C until used. Left first half of
85 brains used to make histopathology put into 10% neutral formalin solution. 10% (w/v)

86 tissue homogenate was prepared in normal saline using glass homogenizer. The
87 homogenate was centrifuged at 3000g for 10 min at 4 °C, and the supernatant was
88 used for biochemical assays.

89 **2.4 Biochemical Assays**

90 The activities of endogenous antioxidant enzymes (SOD, CAT), aging-associated
91 enzymes MAO and the content of lipid peroxide (MDA) in brain, liver and kidney
92 were determined using commercially available kits according to the manufacturer's
93 instructions.

94 **2.5 Histological analysis**

95 Brain tissues were harvested from the sacrificed mice, and the fragments from
96 tissues were fixed in 10% neutral formalin solution, embedded in paraffin, and then
97 stained with haematoxylin and eosin (HE), sealed piece with neutral balsam.

98 **2.6 Gene expression analysis**

99 Total RNA was extracted from liver tissue with Trizol reagent by following
100 manufacturer's instructions. The total RNA was digested with RNase-free DNase for
101 2 min at 42 °C. 1µg of total RNA was used for cDNA synthesis using real-time
102 RT-PCR SYBR GREEN II. Concentrations of reagents used were determined using
103 the manufacturer's instructions. β-actin gene was used as an internal control.
104 Real-Time PCR primers for SOD1, SOD2, MAO-B and β-actin were as follows: for
105 SOD1, sense, 5'-GGTTCACGTCCATCAGTAT-3' and anti-sense,

106 5'-AGTCACATTGCCCAGGTCTC-3', which afforded a 134-bp fragment; for SOD2,
107 sense, 5'-TGGGAGTCCAAGGTTTCAGG-3' and anti-sense,
108 5'-GATTAGAGCAGGCAGCAATC-3', which produced a 81-bp fragment; for
109 MAO-B, sense, 5'-ACAACCTACTTCCCTCCCG-3' and anti-sense,
110 5'-GCTGTTTCAGTGCCTGCAA-3', which afforded a 92-bp fragment; for β -actin,
111 sense, 5'-GAGGGAAATCGTGCGTGAC-3' and anti-sense,
112 5'-CGCTCGTTGCCAATAGTGA-3', which gave a 147-bp fragment. The reaction
113 mixture was subjected to PCR to amplify sequences to the desired primers.
114 Amplification was performed in a MyiQ2 cycler (Bio-Rad, USA) with cycles of
115 denaturation at 95 °C, annealing at 56 °C, and extension at 68 °C for 20 s,
116 respectively. Gene expression was calculated on the basis of the comparative
117 threshold cycle (CT) value. The changes in gene expression ratio were calculated
118 using iQ5 data analysis software.

119 2.7 Statistical analysis

120 The data were presented as means \pm sd. The values were evaluated by one-way
121 analysis of variance (ANOVA) followed by Dunan's multiple range tests. All analyses
122 were performed using the SPASS system. $P < 0.05$ was considered to be significant.

123 3 Results

124 3.1 Quantitative analyses of anthocyanin components of BACN

125 HPLC-MS analysis was performed to estimate the content of anthocyanin
126 components in BACN. Three peaks were detected (Fig.1.). The properties of peaks

127 1-3 were shown in Table 1. On the basis of peak areas, BACN contained cyanidin-3,
128 5-O-diglucoside (3.43%), cyanidin-3-O-glucoside (84.48%), peonidin-3-O-glucoside
129 (5.53%).

130 **3.2 Daily behavior, body weight and the organs index**

131 Significant difference in daily behavior was seen among the five groups. Model
132 mice showed obvious aging appearance. They were dull, depressed, aching, and easy
133 to grab. BACN -treated mice were noticeably better than model mice. The normal
134 mice showed the best state.

135 The body weight gain was similar among the five groups. BACN did not affect
136 the weight gain compared with the normal mice. After 1 week of intragastric
137 administration, the body weight gain was less or even a slight decline. Mice gained
138 weight after a period of time to adjust. At the beginning and end of the experiment,
139 there was no significant difference in body weight among the five groups (Table 2).

140 Compared with normal mice, the thymus index and the spleen index of model
141 mice significantly reduced ($P<0.05$, Table 2). Intragastric administration of 30 or 60
142 mg/kg BACN restored the spleen index and thymus index in a dose-dependent
143 manner, suggesting that BACN favorably modulate the immune system and delay
144 organs aging in mice.

145 **3.3 Effects of BACN on activities of SOD in senescent mice induced by**
146 **D-galactose**

147 In model group, D-galactose significantly decreased SOD activity in the three

organs (brain, liver and kidney) (Table 3). Intragastric administration of 30 or 60mg/kg BACN increased the activity of SOD in the three tissues ($P<0.05$).

3.4 Effects of BACN on activities of CAT in senescent mice induced by D-galactose

D-galactose significantly suppressed CAT activity in the brain, liver and kidney (Table 4). Compared with model group, intragastric administration of 15, 30 or 60mg/kg BACN enhanced the activity of CAT in brain and liver tissues ($P<0.05$), while 30 or 60mg/kg BACN in kidney.

3.5 Effects of BACN on contents of MDA in senescent mice induced by D-galactose

MDA, one of the products of lipid peroxidation, could reflect the degree of lipid peroxidation *in vivo*. The MDA content of model group mice significantly increased in the three tissues (Table 5). Intragastric administration of 30 or 60 mg/kg BACN reduced the MDA content in different degree. Intragastric administration of 30 mg/kg BACN could significantly reduce MDA content in the brain, liver and kidney ($P<0.05$).

3.6 Effects of BACN on activities of MAO in senescent mice induced by D-galactose

D-galactose significantly increased MAO activity in the brain, liver and kidney ($P<0.01$) (Table 6). Intragastric administration of 30 or 60 mg/kg BACN suppressed

168 the activity of MAO in the three tissues ($P<0.05$), compared with the model group.

169 **3.7 Effect of BACN on the brain pathology in senescent mice**

170 Based on the result of HE staining under the light microscope (Fig.2.), compared
171 with normal mice, neuronal cells in model mice were scattered, misaligned, swelling,
172 and the amount was significantly reduced. These reflected the apparent
173 characteristics of aging. In contrast, Intragastric administration of 30 or 60 mg/kg
174 BACN showed an obvious increase in neuronal cell density, which relieved
175 aging-related degenerative changes.

176 **3.8 Effect of BACN on mRNA of SOD1, SOD2, MAO-B in senescent mice**
177 **induced by D-galactose**

178 As to the gene expression, both *SOD1* and *SOD2* were significantly
179 down-regulated in model group compared with the normal group ($P<0.01$, Fig. 3). It
180 was also observed that the gene expression of *SOD1* and *SOD2* was decreasing
181 markedly after intragastric administration of 60 mg/kg BACN compared with the
182 model group. In contrast, *MAO-B* gene was significantly down-regulated in 30 or
183 60m g/kg BACN groups compared with the model group ($P<0.05$ or $P<0.01$, Fig. 3).

184 **4 Discussion**

185 The present study demonstrates that BACN possess the anti-aging effect on
186 senescent mice induced by D-galactose. Results showed that BACN could improve
187 the physical signs of senescent mice and delay the senility of the immune organs.
188 Besides that, results also suggested that BACN could increase the activities of

189 endogenous antioxidant enzymes, decreased aging-related enzyme activity, and
190 relieve aging-related degenerative changes in the brain. Although there is no direct
191 evidence to show that BACN intake increases human lifespans, it has been reported
192 that daily consumption of BACN in sufficient amounts could prolong life by averting
193 death caused by chronic disease, such as hyperlipidemia, cancer etc^{29,30}.

194 The underlying mechanisms by which BACN delays senility remain poorly
195 understood. One possible mechanism is probably related to the free radical
196 scavenging activity of black rice anthocyanin. It is generally believed that the free
197 radical species can cause deterioration of an organism while the antioxidant can delay
198 the process of aging^{6, 31}. HPLC-MS analysis results showed that BACN used in the
199 present study contained three anthocyanin (cyanidin-3, 5-O-diglucoside,
200 cyanidin-3-O-glucoside, peonidin-3-O-glucoside) (Fig. 1 and Table 1). The content of
201 cyanidin-3-O-glucoside is the largest of the three components. It is known that these
202 anthocyanins are effective antioxidants³²⁻³⁴. In fact, the present study demonstrated
203 that black rice anthocyanin treatment increased SOD, CAT activities and reduced
204 MDA content (Table 3, 4, 5). SOD, as an important enzyme of defending against
205 oxidative damage, could catalyze superoxide anion radical to molecular oxygen and
206 H₂O₂, after that H₂O₂ is metabolized to harmless water and oxygen by CAT and
207 GPH-Px. SOD, CAT, and GPH-Px, could protect cells from oxidative damage caused
208 by ROS, suggesting that oxidative stress is at least one of the factors leading to age. In
209 addition, MAO-B, as an aging-related enzyme, played an important role in delaying
210 senescence. In the study, MAO-B activity decreased with BACN intake. It could

211 reduce monoamines neurotransmitter decomposition, ensure the content of
 212 monoamines, especially in the brain, and weaken the nervous system degenerative
 213 diseases, which slow down the process of neural aging^{35,36}.

214 It was noteworthy that gene expression of *SOD1* and *SOD2* was up-regulated
 215 upon BACN treatment. In contrast, gene expression of *MAO-B* was down-regulation
 216 compared with the model group, suggesting that anti-aging effect of BACN was
 217 associated at least in part by up-regulation of endogenous antioxidant enzymes of
 218 SOD1, SOD2 and down-regulation aging-related enzyme of MAO.

219 In conclusion, BACN could be involved in the anti-aging effect, and anti-aging
 220 mechanisms might be as follows: BACN could enhance antioxidant activity in brain,
 221 liver and kidney, improve aging-related enzyme activity and alter gene expression.
 222 Although the report supports the potential anti-aging effect of BACN, further
 223 investigations should be conducted to substantiate its anti-aging effect.

224 **Conflicts of interest**

225 The authors declare no conflict of interest.

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- 287

288 **Figure Captions**

289 Fig.1.The HPLC profile of black rice anthocyanin (BACN) at 520nm. The
290 properties of peaks 1-3 and the compounds at each peak are described in Table 1. The
291 chemical structure of black rice anthocyanin.

292

293 Fig.2. Brain pathology in senescent mice induced by D-galactose; HE staining 200×.
294 A: Normal group shows normal neuronal cells with normal cellularity and normal
295 distribution. B: Model group demonstrates marked cell swelling and disordered
296 distribution. C, D and E: intragastric administration of 15, 30 or 60 mg/kg black rice
297 anthocyanin (BACN) showed an obvious increase in neuronal cell density.

298

299 Fig.3. Effect of black rice anthocyanin (BACN) on mRNA of SOD1, SOD2,
300 MAO-B in senescent mice induced by D-galactose, a-d Mean values within the
301 column with unlike superscript letters were significantly different (P<0.05).

302 **Table 1.** Identification and distribution of anthocyanin components in black rice
303 anthocyanin (BACN)

Peak	Anthocyanin components	RT (min)	m/z[M+H] ⁺
1	Cyanidin-3,5-O-diglucoside	3.972	611.06
2	Cyanidin-3-O-glucoside	5.599	449.60
3	Peonidin-3-O-glucoside	8.705	464.05

304

Table 2. Effects black rice anthocyanin (BACN) on body weight and organs index of senescent mice induced by D-galactose (Mean values and standard deviations, n 10 per group)

Group	Initial weight(g)	Final weight(g)	Thymus index(mg/g)	Spleen index(mg/g)
Normal	25.79±3.31	34.56±3.95	1.34±0.19 ^a	3.70±0.46 ^a
Model	25.88±4.05	30.66±3.91	1.08±0.22 ^b	3.16±0.56 ^b
15 mg/kg BACN	26.70±3.37	33.82±5.39	1.27±0.16 ^b	3.45±0.63 ^b
30 mg/kg BACN	26.26±3.45	33.35±5.51	1.29±0.20 ^a	3.40±0.18 ^{ab}
60 mg/kg BACN	26.28±3.20	33.83±4.50	1.30±0.22 ^a	3.65±0.46 ^a

^{a,b}Mean values within the column with unlike superscript letters were significantly different (P<0.05).

Table 3. Effects of black rice anthocyanin (BACN) on activities of SOD in senescent mice induced by D-galactose
(Mean values and standard deviations, n 10 per group)

Groups	Brain(U/mg protein)	Liver(U/mg protein)	Kidney(U/mg protein)
Normal	179.12±32.34 ^a	139.92±12.64 ^a	26.15±5.88 ^a
Model	138.91±24.79 ^b	93.48±15.43 ^b	19.99±4.38 ^b
15 mg/kg	152.35±22.35 ^b	128.48±11.84 ^a	22.24±5.80 ^b
30 mg/kg	166.15±31.63 ^a	127.30±11.36 ^a	26.41±6.60 ^a
60 mg/kg	170.83±20.99 ^a	128.36±12.01 ^a	25.50±3.05 ^a

^{a,b}Mean values within the column with unlike superscript letters were significantly different (P<0.05).

Table 4. Effects of black rice anthocyanin (BACN) on activities of CAT in senescent mice induced by D-galactose
(Mean values and standard deviations, n 10 per group)

Groups	Brain(U/mg protein)	Liver(U/mg protein)	Kidney(U/mg protein)
Normal	15.94±1.69 ^a	41.49±6.38 ^a	13.91±3.84 ^a
Model	11.47±1.94 ^b	22.28±4.78 ^b	9.34±2.12 ^b
15 mg/kg	13.82±2.00 ^a	33.71±7.59 ^a	11.20±4.11 ^b
30 mg/kg	14.53±2.12 ^a	34.00±8.26 ^a	12.25±2.64 ^a
60 mg/kg	15.05±2.09 ^a	36.91±9.29 ^a	13.75±2.23 ^a

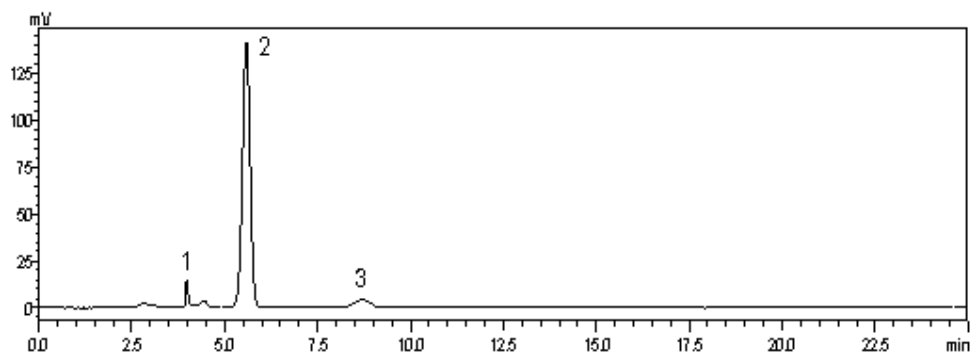
^{a,b}Mean values within the column with unlike superscript letters were significantly different (P<0.05).

Table 5. Effects of black rice anthocyanin (BACN) on contents of MDA in senescent mice induced by D-galactose
(Mean values and standard deviations, n 10 per group)

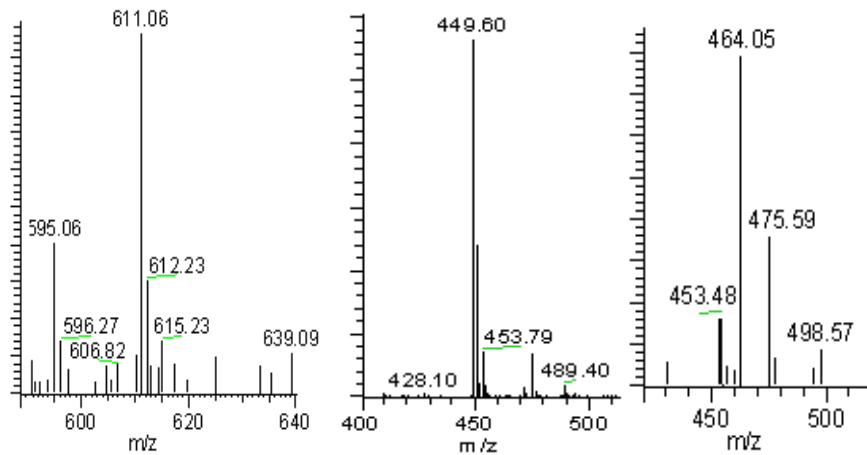
Groups	Brain (nmol/mg protein)	Liver (nmol/mg protein)	Kidney (nmol/mg protein)
Normal	81.90±10.66 ^a	218.59±31.68 ^a	105.99±30.40 ^a
Model	109.42±20.05 ^b	287.03±60.83 ^b	147.63±50.74 ^b
15 mg/kg	104.93±13.91 ^b	277.22±52.47 ^b	111.75±26.20 ^a
30 mg/kg	93.82±12.66 ^{ac}	234.35±41.40 ^a	114.48±36.93 ^a
60 mg/kg	97.57±12.93 ^c	266.48±84.48 ^{ab}	120.26±32.69 ^{ab}

^{a,b,c}Mean values within the column with unlike superscript letters were significantly different (P<0.05).

329 **Fig.1**

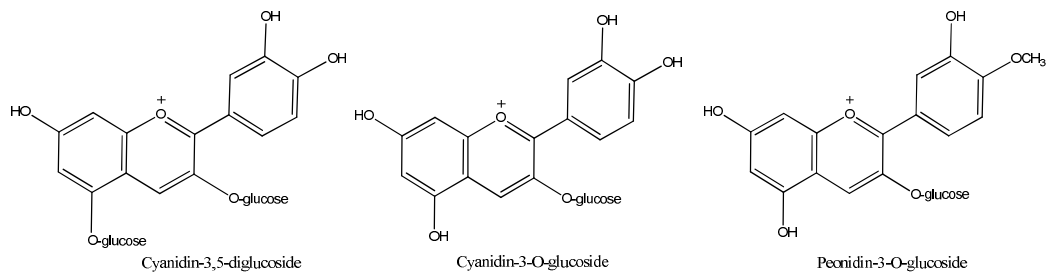


330



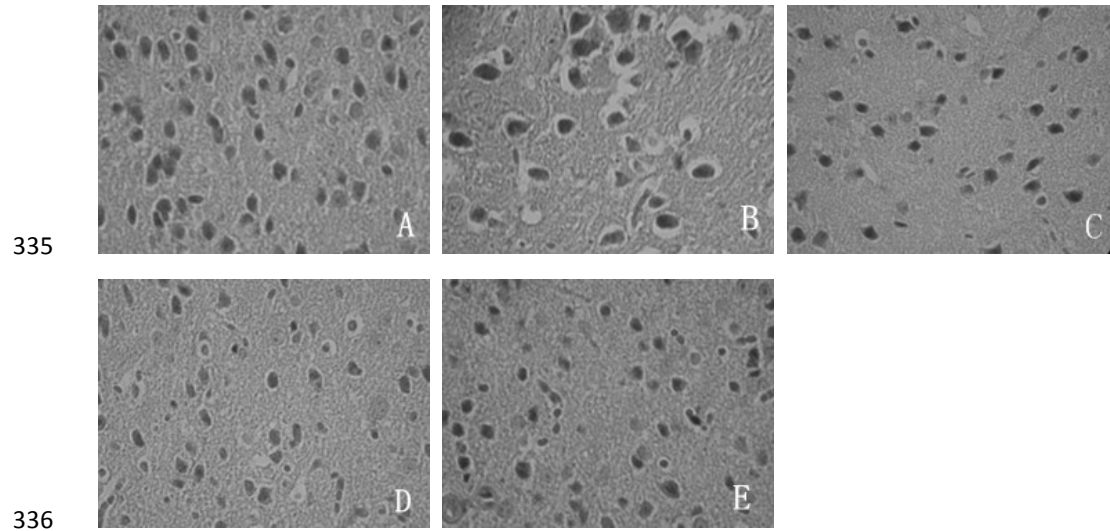
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334 **Fig 2**



338 **Fig 3**

