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Atomic Force Microscopy-based Bioanalysis for the Study of Disease

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ABSTRACT

Atomic force microscopy (AFM) has emerged as a robust and well-tested method to image and probe living systems. Atomic force microscopy, one of many types of scanning probe microscopies, but has proven useful for the investigation of disease states and single cell analysis, as a result of high spatial resolution, sensitivity and diversity of operational modes. In addition, AFM can be easily hybridized with secondary techniques, such as fluorescence microscopy, to provide correlated information related to biological samples. This review aims to describe the operation of AFM related to the study of disease states and single cell analysis, and to serve as an overview of recent advances in this subject area. In addition, force spectroscopy, force mapping and relevant hybrid AFM instrumentation will be discussed.

Keywords: Atomic force microscopy (AFM), scanning probe microscopy (SPM), single cell analysis, bioanalytical, disease

1. INTRODUCTION

Single cell analysis provides one method to investigate the relationship between molecular biology at the cellular level and pathogenesis. For instance, nanoscale morphological changes of a single cell in an aggregate of cells or tissue specimen can help ascertain the effects of chemical or environmental stimuli, such as the exposure of skin to UV light.^{1, 2} Single cell analysis is often used to characterize heterogeneity within a cell, virus, protein or tissue sample with mass spectrometry,³ chromatography,⁴ or vibrational spectroscopy.⁵ To date, most analyses do not correlate physical and chemical information.⁶ Besides the importance of tissue and cells morphology in disease research, evidence has emerged to suggest a strong link between the mechanical properties of cells and tissues with pathogenic states.^{1, 7-14} Thus, methods that perform concomitant measurements of chemical/biochemical characteristics with physical properties present considerable opportunities in biomedical research.

Arguably, the most useful bioanalytical method to probe sub-micrometer cellular dynamics, mechanical properties and topography is the atomic force microscope (AFM). Atomic force microscopy is a versatile scanning probe microscopy (SPM) technique that has evolved beyond high-resolution imaging to include chemical/physical characterizations.¹⁵ For instance, AFM has been used to manipulate single DNA molecules,¹⁶ or to determine the Young's moduli of soft biological specimens.^{8, 17, 18} Atomic force microscopy is well suited to investigation of biological samples, as image collection can be performed in physiological conditions without labeling or extensive sample preparation.¹⁹ Furthermore, AFM can be hybridized with additional instruments, such as wide-field fluorescence microscopy,²⁰ confocal microscopy,²¹ mass

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3 spectrometry,²² and Raman spectroscopy,²³ all of which add chemical and physical
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5 information to measurements made.
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8 Significant efforts have been made to correlate tissue and cellular studies
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10 performed by AFM with the pathology of disease. In an effort to illustrate the depth and
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12 breadth of the studies related to disease research, selected disease categories with
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14 literature references are listed in **Table 1**, Excellent reviews related to general AFM
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16 advances in biology and biophysics have been published.^{14, 24-31} Here we provide a brief
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18 background into the operating principles of AFM, followed by a review of studies related
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20 to single cell analysis and associated experiments in the broad view of human disease
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22 research. Progression of single cell analysis by AFM with respect to three areas is
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24 considered: (1) high-resolution topographical imaging, (2) force spectroscopy and
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26 mapping, and (3) hybrid AFM instrumentation. Finally, future prospects in these areas
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28 will be analyzed.
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36 2. BIOANALYSIS WITH AFM

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38 **2.1 Operating Principles of AFM.** Atomic force microscopy relies on the
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40 detection of attractive or repulsive surface forces (e.g., van der Waals (vdW) forces) by
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42 a tip that is attached to a flexible cantilever:
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$$45 F_{vdW} = \frac{A_H * r}{6 * z} \quad (\text{eq. 1})^{32}$$

46
47 where F_{vdW} is the vdW force, A_H is the Hamaker constant for the given system, r is tip
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49 radius of curvature, and z is the tip-substrate distance.
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54 The basic instrumental setup of an AFM is illustrated in **Figure 1a**, where a sharp
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56 tip at the end of a flexible cantilever is raster scanned via a piezoelectric positioning
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3 system across a sample surface. The AFM cantilever can be thought of as a flexible
4 spring, with a spring constant, k_N , which can be approximated by Hooke's law, and a
5 resonance frequency, f_0 . Forces that affect the cantilever and tip close to a surface
6 include electrostatic forces (~100 nm from the surface), electrical double layer (EDL)
7 forces (~100 nm from an electrode), vdW forces (~10 nm from the surface), or forces
8 that are chemical in nature (e.g., hydrogen bonding, ~0.2 nm from the surface).³²⁻³⁴ As
9 the tip is approached to the surface, an overall attractive (negative) force is experienced
10 by the tip, which steadily decreases as the two are brought closer together. Eventually,
11 the electrostatic repulsion between the tip and surface is so large that a net repulsive
12 (positive) force is experienced by the tip (**Figure 1b**). Atomic force microscopy can
13 operate with the tip-sample interaction in either the attractive or repulsive potential
14 energy regime, where changes in the force experienced by the cantilever are utilized to
15 control tip-substrate position. Force curves will be analyzed in more detail in **Section 4**.

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34 A feedback mechanism is used to control the probe position as the surface is
35 scanned. For instance, in contact-mode imaging feedback is controlled via deflection of
36 a laser off the back of the cantilever, which is monitored via a position-sensitive
37 photodiode (PSPD). As the probe scans the surface and changes in the tip position
38 result in changes in the laser deflection which is then fed to a feedback loop for control
39 of tip position. Two additional commonly used AFM imaging modes are non-contact and
40 intermittent contact (IC) mode. Hybrid or multimodal imaging modes, in which one or
41 more other secondary techniques are combined with AFM imaging (discussed in
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53 **Section 5**), operate primarily with one or more of these three feedback modes. Contact
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3 and IC mode are most relevant to the study of biological species, as both can operate in
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5 liquid or in air.
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8 **2.2 Contact mode.** In contact mode, the tip is brought to the surface and the
9
10 measured cantilever deflection is kept constant. Typical k_N values for AFM tips used in
11
12 contact mode range from 0.01-90 N/m.³⁵ Some ways to achieve higher resolution in
13
14 contact mode include operation in liquid, which eliminates attractive tip-sample capillary
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16 forces.³⁶ For instance, Lindsay and co-workers observed ~3 times greater lateral
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18 resolution and greater image contrast in topography images of λ bacteriophage DNA in
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20 liquid as compared to images acquired in air.³⁷ Other strategies to attain higher
21
22 resolution in contact mode are use of a sharper tip³⁸ and decrease of the voltage
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24 setpoint after the tip snaps to contact on the initial approach.^{39,40} Although high-
25
26 resolution images are possible in contact mode,^{36,41} other imaging modes, notably IC
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28 mode, often provide better resolution. Contact mode is less commonly used to image
29
30 biological specimens due to a higher lateral force being applied to the sample via the tip
31
32 during imaging, although for certain samples cellular topography images can be
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34 obtained without significant damage.^{17, 42} For example, Goudonnet and co-workers were
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36 able to image the surface of living CV-1 kidney cells in contact mode with pN-range
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38 scanning forces and achieved lateral resolution better than 10 nm.⁴³
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46 **2.3 IC mode.** Intermittent contact mode, also known as alternating contact mode
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48 (AC mode) reduces the lateral forces applied on a sample.^{44, 45} In IC mode the
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50 cantilever is oscillated at a user-defined amplitude and frequency close to f_0 , such that
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52 the tip “taps” the surface while scanning. Intermittent contact mode is operated in the
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54 force regime known as ‘intermittent contact’, from which the mode derives its name.
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3 Initially, IC mode was meant to operate in a non-contact regime where the tip
4 experiences a net attractive force towards the sample. However, Zhang et al.
5 demonstrated that greater resolution could be achieved if the oscillating tip was brought
6 in closer contact with the surface and operated in a more repulsive-force regime.⁴⁶
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8 Since the tip does not apply a constant force to the substrate, this mode is particularly
9 useful for imaging soft, biological species as the tip will deform the sample less than in
10 contact mode. In many experimental conditions, a phase shift (in oscillation) is observed
11 when the tip interacts with the sample surface that is sensitive to viscoelasticity and tip-
12 sample adhesion.⁴⁷ In many cases the signal from phase shifts result in marked and
13 informative differences in contrast compared to topography. Additional strategies to
14 achieve higher resolution in IC mode have been developed and include the use of a
15 cantilever coated in magnetic material that is driven by an oscillating magnetic field.⁴⁸
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17 Generally, strategies to reduce force applied by the tip to the sample will increase the
18 resolution. One method would be to use a “soft” cantilever with a low quality or Q factor
19 (measure of energy input to dissipation in a resonant system).⁴⁹
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40 **2.4 AFM probes for cellular studies.** Probe selection is an essential
41 consideration for studying cellular and tissue systems with AFM. Both contact mode
42 and IC mode probes are commonly fabricated from silicon and/or silicon nitride with
43 well-established micromachining processes⁵⁰⁻⁵³ and should be selected based on the
44 imaging mode to be used and on the mechanical properties of the sample. **Figure 2**
45 shows three probe configurations that can be used in contact mode imaging (a), IC
46 mode imaging (b), and force spectroscopy (c) of biological samples. Force
47 spectroscopy is an important mode of AFM used to probe mechanical properties of a
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3 sample and will be discussed in detail in **Section 4**. In **Figure 2a** and **b**, L , t , and W
4 correspond to length, width, and thickness of the cantilever, respectively. **Figures 2a**
5 and **b** show schematic representations of the two most common cantilever shapes: a
6 “diving-board” and a “V-shape”. In addition to these common cantilever designs,
7 modified cantilevers find utility in biological imaging. Carbon nanotubes, which have
8 small tip diameters and are quite mechanically robust, have also been attached to the
9 end of silicon tips to image high-aspect ratio features and to achieve superior lateral
10 resolution.⁵⁴⁻⁵⁹ In addition, Ag₂Ga nanowires can be grown onto the end of an AFM
11 probe by to produce ultra-sharp tips, which have very unique properties, such as k_N
12 values as low as 10^{-5} N/m.⁶⁰⁻⁶² The AFM probe in **Figure 2c** was fabricated by
13 attachment of a 5 μm -diameter silica particle to a “V-shaped” (**Figure 2b**) probe with a
14 micromanipulator.⁶³ The large contact area of this probe can result in less damage or
15 less plastic deformation when force spectroscopy is performed on samples of low
16 rigidity (*e.g.* epithelial cells).⁶³ However, an AFM probe with a large radius of curvature
17 is a poor choice for high-resolution force mapping or for point measurements of
18 molecules that are much smaller than the size of the probe.

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41 Many types of AFM probes (*e.g.*, carbon nanotubes, gold coated silicon probes)
42 can be readily functionalized with biomolecules or chemical functional groups.⁶⁴⁻⁶⁶ For
43 example, thiol-terminated hexasaccharides were attached to a gold-coated AFM probe
44 to investigate interactions between oligoglucose saccharides and lectin concanavalin
45 A.⁶⁵ In 2007 Chen et al. attached streptavidin-modified quantum dots via a disulfide
46 linker to carbon nanotubes and delivered the molecules into living cells.⁶⁴ Upon entry to
47 the cytosol, reduction of the disulfide bond liberated quantum dots from the cantilever.⁶⁴
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3 In some situations, the cell sample can even become the tip, as shown by Bowen et al.,
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5 who utilized single *S. cerevisiae* (yeast) cells attached to tipless AFM cantilevers to
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7 measure adhesion forces.⁶⁷
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10 Probe material, shape and dimensions of the cantilever all affect the inherent
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12 physical attributes, such as f_o and k_N , of the probe. Material from which the probe is
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14 fabricated and the fabrication processes control the smallest tip size possible for an
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16 AFM probe. A list of parameters for silicon and silicon nitride probes, manufactured by
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18 MikroMasch®³⁵ and Olympus®,⁶⁸ respectively, are listed in **Figure 2d**. Cantilever t and
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20 W can fluctuate if coated with additional metallic layers (e.g., Cr, Co, Au, Al, Pt), where
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22 each additional layer usually ranges from 10–60 nm in thickness.³⁵ Silicon nitride
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24 probes are often chosen for biological imaging as the k_N values of these probes tend to
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26 be smaller⁶⁸ which is essential for force spectroscopy studies on soft samples.^{35, 68}
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32 **2.5 Substrate and environmental considerations for biological samples.** The
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34 following section will review both general practices for preparing biological samples for
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36 AFM imaging and force spectroscopy and subsequently discuss more specific
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38 experimental considerations that are beneficial for the investigation of proteins, nucleic
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40 acids, viruses, cells and tissues.
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44 The first consideration for biological sample imaging and force spectroscopy in
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46 general is the necessity of temperature, humidity and CO₂ control. For example, high
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48 AFM instrument operating temperatures cause a disruption in cell actin filament
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50 structure which leads to a decrease in cell elasticity as compared to cells probed in
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52 physiological conditions.⁶⁹ Through the use of a fluid cell and substrate heater, Li et al.
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3 were able to study living breast cancer cells for several hours in culture medium at
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5 physiological temperature.⁸
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8 For imaging discrete biomolecules, complexes or even single-molecules of
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10 proteins, nucleic acids or viral samples, deposition onto a surface for AFM imaging can
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12 be relatively simple. Protein, nucleic acid and virus imaging and force spectroscopy can
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14 be completed *in situ* in an appropriate buffer or *ex situ*. Exotic biomaterials, such as
15
16 dolphin-shaped DNA origami⁷⁰ and self-assembled two-dimensional virus crystals⁷¹ can
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18 be imaged with AFM by adsorbing a sample onto an appropriate surface. Mica, a crystal
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20 composed of silicate sheets,⁷² is one of the most popular substrates for biological AFM
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22 imaging, as layers of mica can easily be cleaved with tape to create a clean, flat and
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24 chemically inert surface. In addition, mica has a very low root-mean-square (RMS)
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26 roughness (~0.05 nm),⁷³ which results in lower adhesive force between the tip and
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28 substrate.⁷⁴ Proteins, nucleic acids and viruses can also be immobilized on glass, but
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30 glass has a higher RMS value (~0.5 nm)⁷³ and must be chemically cleaned prior to
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32 sample deposition, whereas mica can quickly be cleaved to expose a clean substrate.
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34 Silicon, which has a low RMS value (<0.1 nm),⁷⁵ can also be used as an imaging
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36 substrate, but requires a more laborious cleaning procedure as compared to mica prior
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38 to AFM imaging. Highly oriented pyrolytic graphite (HOPG) usage is also widespread
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40 and layers can also be cleaved with tape to generate steps of clean, atomically smooth
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42 surfaces; yet, mica is often the preferred choice due to an inherent negative surface
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44 charge at physiological pH.⁷⁵ Protein, viral and nucleic acid samples prepared in buffer
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46 are commonly electrostatically adsorbed onto mica, HOPG or glass prior to imaging via
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48 incubation on the substrate for several minutes followed by an optional drying step
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3 under a stream of nitrogen, depending on whether the sample is to be imaged in air or
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5 *in situ*. Optimizations of factors such as buffer composition, electrolyte composition, pH
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7 and sample concentration achieve optimal surface coverage for imaging is generally
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9 required. For example, Müller et al. found that purple membrane was better adsorbed to
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11 mica when the electrolyte concentration was sufficiently high and the EDL repulsion was
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13 less than the attractive vdW force.⁷⁶ In many situations additional surface
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15 functionalization may be required to encourage strong sample adsorption. For instance,
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17 in 2003 Shlyakhtenko et al. were only able to achieve time-lapse imaging of supercoiled
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19 DNA conformational changes, due to changes in the solution pH, after irreversible
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21 binding of DNA to a surface functionalized with 1-(3-aminopropyl)silatrane (APS).⁷⁷
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27 A significant fraction of AFM research related to disease requires cellular or
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29 tissues samples, which provide new challenges and complexities in sample preparation,
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31 dependent on the environment required. *Ex situ* cell samples are routinely imaged after
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33 chemical fixation and drying. Chemical fixation and drying methods have been
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35 developed to strengthen biological samples prior to imaging, similar to procedures
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37 employed to image cells with scanning electron microscopy (SEM). The main goal of
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39 chemical fixation is to preserve delicate features that may be structurally important to
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41 disease pathology, such as maintaining the physical integrity of heat shock proteins
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43 bound to stressed human umbilical venous endothelial cells.⁷⁸ Common fixative
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45 methods used to prepare samples include critical point drying⁷⁹ and incubation of the
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47 sample with dilute concentrations of glutaraldehyde,⁸⁰ formaldehyde,⁸¹ or
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49 paraformaldehyde.⁸² Francis et al. reported that the height integrity of Ishikawa cells
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51 (from differentiated human endometrial epithelial carcinomas⁸³) fixed in solutions
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3 containing 4% paraformaldehyde was found to be less than cells incubated in solutions
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5 with 3% glutaraldehyde, which highlights the importance of selection of fixative type.⁸⁴
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8 Chemical fixation can also be useful for samples that tend to aggregate, such as viruses.
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10 Wang et al. found that mixing 2% glutaraldehyde with a suspension of recombinant
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12 adeno-associated virus serotype 2 decreased virus capsid compressions during
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14 imaging and reduced sample aggregation on mica.⁸⁵ An important step in chemical
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16 fixation is the drying step, which can be completed by critical point drying of the sample
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18 in ethanol, water, or an exotic organic solvent. In addition, samples can be dried in air
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20 by waiting for the solvent to completely evaporate, however surface tension from drying
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22 can damage some structures. For example, Francis et al. found that drying samples via
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24 evaporation in hexamethyldisilazane preserved finer Ishikawa cellular features
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26 compared to cells fixed with 3% glutaraldehyde.⁸⁴
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32 Cellular samples can also be imaged, and often are preferentially imaged, *in situ*
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34 (in culture medium or buffer) or *in vitro*, where fixatives are not used. Before a thorough
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36 discussion of sample preparation for *in situ* or *in vitro* cellular studies is undertaken, the
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38 cell exterior chemical environment, which often includes the extracellular matrix (ECM),
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40 will be considered. The ECM is a dynamic structure that provides a molecular scaffold
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42 and highly influences cell spreading, crawling, differentiation and adhesion,^{86, 87}
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44 furthermore, the ECM may be of interest in live cell *in situ* or *in vitro* AFM experiments.
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47 The ECM is so significant to cell behavior that under identical serum conditions the
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49 phenotypic fate of native mesenchymal stem cells can be influenced solely by the
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51 elasticity of the matrix.⁸⁸ Mechanical properties of native ECM can be mimicked with
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53 careful attention to the surface chemistry and the mechanical nature of the underlying
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3 substrate. A report from 2013 by Mata and co-workers, which describes the fabrication
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5 of a self-supported bioactive membrane, self-assembled from a positively charged multi-
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7 domain peptide and hyaluronic acid, elegantly illustrates the relationship between cell
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9 adhesion, spreading, substrate topography and surface chemistry.⁸⁹ Rat mesenchymal
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11 stem cells were cultured on the biomembrane and effects of the cell-adhesive amino
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13 acid sequence (arginine-glycine-aspartic acid-serine (RGDS)) in the membrane peptide,
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15 topographical membrane pattern, membrane thickness and polymer building block co-
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17 assembly on stem cell spreading and morphology were measured.⁸⁹ Another example
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19 of the importance of the ECM was demonstrated when the structure of fibronectin (an
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21 ECM glycoprotein), PC12 cell adhesion and cell differentiation were found to depend on
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23 surface chemistry and substrate topography.⁹⁰
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29 Atomic force microscopy is a very well-matched technique for *in situ* cellular
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31 studies as samples can be imaged in liquid with a high signal-to-noise ratio. For
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33 experiments in liquid, the role of both the substrate and liquid environment on sample
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35 adsorption must be carefully considered. Many of the surface types and chemical
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37 functionalizations reviewed for protein, virus and nucleic acid samples above can be
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39 applied to *in situ* AFM imaging of cells. For instance, the binding of outer membrane
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41 mitochondrial samples to 3-aminopropyltriethoxysilane (APTES)-modified mica was
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43 strong enough for successful AFM imaging even though the sample was placed in a
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45 liquid flow cell.⁹¹ Although covalent bonding to a chemically-modified surface is often
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47 utilized,⁹² physisorption of the sample-of-interest to the surface can be sufficient for
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49 immobilization because of the presence of hydrophobic interactions, the EDL, vdW, and
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51 electrostatic forces in a liquid environment.^{74, 76}
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Cells can be directly cultured onto the imaging substrate for *in vitro* AFM imaging and force spectroscopy. Imaging cells *in vitro* can be challenging, yet these are conditions more similar to the *in vivo* environment and experimentation in an *in vitro* environment may provide incredible insight into biochemically processes. Cellular function and structure are very sensitive to mechanical properties of the surface on which they are cultured.⁹³ Most biological cell culture in the last fifty years has been completed on polystyrene surfaces, which can readily be used in an AFM imaging experiment, but recent instances of cell culture on poly-dimethylsiloxane (PDMS) platforms has increased due to the material's low cost, ease of use and potential in microfabrication.⁹⁴ One finer nuance of cell culture on surfaces such as PDMS is the material's hydrophobicity/hydrophilicity. For example, functionalization with a polyethylene glycol-silane can render the surface appropriately hydrophilic for cell growth. Development of microscale systems for biological study has gained traction as these small platforms have led to an advanced understanding of cellular properties and the influence of the ECM on cell behavior, such as cell adhesion,⁹⁵ migration⁹⁶ and differentiation,⁹⁷ because features can be accurately controlled and systematically varied. In general, microscale structures are believed to shape general cell morphology, whereas nanoscale substrate variations are thought to effect sub-cellular features, such as filopodia.⁹⁸ Control of fine substrate features is not limited to PDMS and cells also can be grown on gels, such as poly-acrylamide⁹⁹ and poly-L-lysine/hyaluronic acid multilayers.⁸⁷ Microfabrication of substrates is especially complementary for use *in vitro* cellular studies related to disease. For instance, microhole structures have been shown to enhance osteogenesis *in vitro*¹⁰⁰ and guide retinal progenitor cell differentiation.¹⁰¹

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3 Also, in 2008, Jinno et al. created a multilayer parylene C membrane stencil for
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5 patterning and co-culturing up to five different cell lines, which facilitated different cell
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7 population interactions during growth.¹⁰²
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10 The ultimate goal of native cell environment mimics is to create a hierarchical
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12 structure more reminiscent of *in vivo* three-dimensional tissue in which to study cell
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14 behavior. A number of recent attempts to recreate tissue scaffolds have been made that
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16 could be adapted to AFM studies of disease. For example, Mata and co-workers used a
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18 combination of electron-beam lithography, focused ion beam lithography, reactive-ion
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20 etching, photolithography and soft-lithography to create overlaid nanopatterns on
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22 microscale features.¹⁰³ In a 2013 report, Kolewe et al. introduced a new semi-
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24 automated layer-by-layer assembly method to fabricate planar poly-(glycerol sebacate)
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26 elastomeric sheets with pores that could be stacked to create tunable three-dimensional
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28 structural patterns, as shown in the schematic and SEM image in **Figure 3a** and **b**.¹⁰⁴
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30 Alignment within the scaffold was tested by culturing mouse myoblast cells (C2C12) on
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32 the fabricated structure and was found to be high, as shown in the confocal
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34 fluorescence microscopy images in **Figure 3c** and **e**.¹⁰⁴ These types of three-
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36 dimensional scaffolds could be studied with AFM force spectroscopy to investigate
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38 elasticity of the abiotic scaffold itself or cultured cellular bundles and has applicability to
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40 biomedical implants.
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48 Atomic force microscopy is broadly agreeable to the study of different tissue
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50 types, e.g. brain tissue,¹⁰⁵ bone,¹⁰⁶ teeth¹⁰⁷ and knee joint cartilage,¹⁰⁸ although sample
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52 preparation is highly dependent on the proposed system to be studied. Recently, AFM
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54 imaging of the dorsal striatum in a rodent brain was used to confirm the presence of
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3 poly(amidoamine) dendrimers, a potential vehicle for drug delivery, at the blood brain
4 barrier, which indicated an alteration in membrane permeability.¹⁰⁹ In this study, brain
5 tissue was prepared immediately after rodent anesthetization and 4% paraformaldehyde
6 perfusion, placed in 30% sucrose and shock frozen for cryopreservation.¹⁰⁹ Tissue
7 sectioning by a cryostatic microtome was completed at -20 °C to produce 60 µm-thick
8 slices which were stored in a mixture of phosphate buffered saline (PBS) and 0.05%
9 sodium azide.¹⁰⁹ For experiments, brain slices were removed from the storage solution,
10 air dried on glass slides and imaged in IC mode.¹⁰⁹ Atomic force microscopy imaging in
11 air has also been employed to image human teeth dentin-enamel junctions (DEJ), which
12 occur at the intersection of hard and soft tissue within the tooth.¹¹⁰ These junctions were
13 shown to be 2-3 µm wide and further AFM imaging of the DEJ could provide insight into
14 the mechanical properties of the tooth for dental implants.¹¹⁰ In this study, extracted
15 human teeth were polished by hand with different diamond suspensions, down to 0.25
16 µm, to produce samples that were 1 mm thick.¹¹⁰ In 2008, Stolz et al. reported early
17 stage detection of structural and mechanical changes in human articular cartilage of
18 aged non-osteoarthritic and osteoarthritic patients with *in situ* AFM force spectroscopy
19 and imaging.¹¹¹ Here, articular cartilage was obtained from patients undergoing surgery
20 and 2mm diameter-osteocondral plugs were acquired via a biopsy punch.¹¹¹ Prior to
21 AFM imaging, plugs were immobilized on round Teflon disks with surgical glue and
22 stored in ice cold PBS.¹¹¹

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51 **2.6 Resolution and noise considerations.** Stability, noise, and image
52 resolution are important considerations for imaging small biological samples, such as
53 proteins and viruses. Scanning probe microscopy resolution is a complex interplay
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3 between many experimental parameters, from the probe material and dimensions to the
4 type of sample to be imaged. Since the AFM probe is not an atomically sharp tip, long-
5 range forces several nanometers away from the surface can influence image contrast.
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7 The influence of long-range vdW forces is an especially important resolution
8 consideration for biological samples, which do not fit the two general sample criteria
9 (hard and flat) for achieving high resolution.²⁴ However, despite sample limitations, 2D
10 images of reconstituted sodium-driven rotors of bacterial ATP synthase in a lipid
11 membrane have been recorded in contact mode in liquid with spatial resolution less
12 than 1 nm, which amounts to resolution on the order of individual proteins.¹¹² In addition,
13 molecules such as DNA are routinely imaged with vertical resolution less than 2 nm.¹¹³
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15 Topographic resolution can be instrument limited. For example, inherent properties of
16 the piezoelectric material, such as hysteresis, can cause distortions in topographic
17 images. In addition, the vertical range of piezopositioner may be physically limited (e.g.,
18 limited to an extension of 10 μm), which could limit the height of samples that can be
19 imaged with AFM. Scan rate can affect resolution as cells, proteins, viruses, etc. could
20 become dislodged from the surface if the scan rate is too rapid in IC or contact mode;
21 however, successful high-speed AFM (HS-AFM) imaging can achieve superior
22 nanoscale resolution at high scan rates.¹¹⁴ For instance, HS-AFM has been utilized to
23 image the formation of supported lipid bilayers and 20 nm lipid nanotubes in real time by
24 imaging at a scan rate of 975 milliseconds/frame.¹¹⁵ In addition, lateral resolution is
25 usually limited by r , although at larger scan sizes ($>25 \mu\text{m} \times 25 \mu\text{m}$) pixel size can be
26 the limiting factor. For example, the pixel size on a $50 \mu\text{m} \times 50 \mu\text{m}$ scan, with 512
27 points/line, is 98 nm, which is much larger than the typical silicon tip radius ($<10 \text{ nm}$).
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3 Also, as discussed previously, resolution may be limited based on operation mode, as
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5 IC mode can generally give greater resolution than contact mode under similar
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8 experimental considerations. In IC mode, repulsive and attractive forces are balanced,
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10 which means that finer details can be imaged and resolved with minimized irreversible
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12 sample deformation.¹¹⁶
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18 **3. BIOANALYSIS VIA AFM IMAGING**

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20 **3.1 Virus research.** Viruses can readily be studied by AFM *in situ*^{117, 118} or in air
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22 without the need for chemical fixation.¹¹⁹ Common substrates used in virus research are
23
24 mica, glass or HOPG. Oftentimes, AFM imaging is used to garner statistical size
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26 distributions of viruses¹²⁰ and/or to supplement other types of experimental data, such
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28 as mass spectra.^{3, 121}
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32 One of the most well-known viruses is human immunodeficiency virus (HIV). In a
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34 2003 article by Kuznetsov et al., the first AFM images of HIV-infected human
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36 lymphocytes in culture were reported.¹²² Interestingly, Kuznetsov et al. were able to
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38 visualize HIV-particles budding from lymphocytes.¹²² Viruses were treated with mild
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40 detergents and inspected via topographical imaging,¹²² which illustrates an advantage
41
42 of imaging in liquid environments since *in situ* virus behavior be monitored at much
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44 shorter time scales than comparable techniques (e.g. electron microscopies).
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48 A number of other viruses have been imaged with AFM. In 2003, the vaccinia
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50 virus, the basis of the smallpox vaccine, was imaged *in situ* with AFM for the first time
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52 and was the first well-resolved three dimensional rendition of the vaccinia virus
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54 capsid.¹¹⁸ Another type of virus, the herpes simplex type 1 (HSV-1) virus, was recently
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3 imaged in IC mode and some of the results of this study are shown in **Figure 4b-h**.¹¹⁷ In
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5 **Figure 4a**, an electron micrograph shows several intact, protein envelope-free HSV-1
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7 capsids.¹¹⁷ Atomic force microscopy topography images are shown in **Figure 4b, c, e**
8
9 and **f**. Here, individual capsomeres were distinguishable (**Figure 4c and e-h**) and the
10
11 five and six nearest-neighbors capsomeres surrounding an individual can be seen
12
13 (**Figure 4g and h**).¹¹⁷ In addition, inspection of topographic images for irreversible
14
15 capsid deformation demonstrated that viruses could withstand indentation forces of ~ 6
16
17 nN, which is very high.¹¹⁷ Structural information like this recorded by AFM is important
18
19 to develop a mechanistic understanding of the virus and for future drug development.
20
21 The influenza virus was recently studied by Schaap et al. and AFM imaging in IC mode
22
23 was shown to produce height measurements very similar to those made with
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25 cryoelectron microscopy, which suggests that in this particular experiment, capsid
26
27 deformation by AFM was reversible.¹²³ In early 2013, AFM was used to irreversibly
28
29 deform the picorna-like *Triatoma* virus¹²¹, which is lethal to a species of tropical insect
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31 (*Triatoma infestans*)¹²⁴ and known to be the vector for Chagas disease.¹²⁵ Products of
32
33 plastic deformation of the capsids by the AFM tip were imaged and primary products
34
35 were found to be heterotrimeric pentons (5 copies) of the main proteins of structural
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37 assembly (VP1, VP2 and VP3), which helped elucidate a possible uncoating
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39 mechanism.¹²¹

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48 **3.2 Neuronal disease.** The bulk of neuronal disease research with AFM has
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50 sought to elucidate the structure, subunits and mechanisms of the irreversible formation
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52 of single amyloids, which are protein fibrils linked to Alzheimer's¹²⁶ and Huntington's¹²⁷
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54 disease. In 2010, a statistical AFM imaging study was undertaken to look at the
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3 aggregation mechanisms of heated β -lactoglobulin fibrils, a well-characterized food
4 product, to learn about amyloid fibril formation.¹²⁶ Amadcik et al. obtained high-
5 resolution images of single β -lactoglobulin fibrils (**Figure 5a-d**) and compiled histograms
6 of fibril contour length and height (**Figure 5e and f**).¹²⁶ Data collected suggested strong
7 electrostatic interactions must exist, as heat-denatured fibrils were observed to form
8 aggregates at a low pH (2).¹²⁶ The observations obtained by Amadcik et al. could
9 potentially be applied to discover mechanisms of human amyloid aggregation. In
10 another study, amyloid- β peptide (found in the plaque of sporadic Alzheimer's disease
11 patients)-induced cellular toxicity of cultured fibroblasts was examined via high-
12 resolution AFM imaging.¹²⁸ From a series of time-lapse AFM images, Zhu et al. found
13 that amyloid- β peptide induces rapid cellular changes in fibroblasts, which includes the
14 loss of cytoskeletal definition and cell-cell connections. Well-resolved IC mode AFM
15 images of *in vitro*, self-aggregated amyloid- β peptides (1-42 residue) have also been
16 collected by Arimon et al. in 2005.¹²⁹ This study provides insights into the mechanisms
17 of amyloid- β peptide formation before aggregation and helps to confirm the existence of
18 a nanometer-sized protofibril building block.¹²⁹

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41 Nerve cells can also be investigated via AFM. High-resolution images of
42 myelinated and demyelinated axons of nerve tissue (the latter, a cause of multiple
43 sclerosis¹³⁰) were obtained in 2007 by Heredia et al.¹⁷ Contact mode AFM images of
44 these nerve cells were much better resolved than optical microscopy images. Also,
45 topographic AFM imaging provided Heredia et al. the ability to distinguish demyelinated
46 vs. myelinated nerve cells, which was essential as force spectroscopy mapping was
47 later performed to investigate the mechanical differences between nerve cells with and
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3 without myelination.¹⁷ In 2009, different zones of live *Aplysia* growth cones were imaged
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5 in liquid by Xiong et al., which was a significant advance because little was known about
6
7 the fine structure of growth cones under physiological conditions.⁴² From AFM
8
9 topography images of the P domain, T zone and C domain of neuronal growth cones,
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11 the height of each section was found to be approximately 183, 690 and 1322 nm,
12
13 respectively, which interestingly was consistent with AFM measurements on fixed
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15 *Aplysia* growth cones.⁴²
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20 **3.3 Cardiovascular disease.** Atomic force microscopy is well-suited to study
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22 various components of the cardiovascular system. The structure of human erythrocytes
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24 has been investigated in contact mode and IC mode.⁹³ Previously, AFM has been used
25
26 to image the crystal structure of annexin A5, an anticoagulant protein expressed by
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28 endothelial cells and placental thromboplasts.^{131, 132} Specifically, in 2003, Rand et al.
29
30 showed morphological evidence, via high-resolution AFM imaging, that antiphospholipid
31
32 antibodies can disrupt annexin A5 binding to phospholipid membranes and cause an
33
34 increase in thrombin generation, an important finding as increased vascular thrombosis
35
36 can be a symptom of antiphospholipid syndrome and an indicator of endothelial
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38 injury.¹³¹ Atomic force microscopy can also be used to study the effects of various
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40 conditions of living samples *in vitro*, such as aging of the cardiovascular system. Aging
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42 is known to be the cause of many diseases, including vascular diseases, and where the
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44 mechanism of individual cellular cytoskeleton changes can be difficult to study with
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46 fluorescence microscopy, AFM provides an alternative.⁶³ For example, Berdeyyva et al.
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48 imaged the cytoskeleton of young (less than 25 population doublings) and old (more
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50 than 50 population doublings) human epithelial cells after dissolving cellular proteins
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3 with detergent.⁶³ To quantify these data, histograms of the distribution of fiber density
4 and cytoskeleton volume for young and old cells were constructed from surface area
5 and underlying projected areas obtained in topography images.⁶³ Overall conclusions
6 from this study included thicker cytoskeletal structures, a greater apparent volume, and
7 more randomly dispersed, thick globs (presumed to be polymerized proteins or
8 lysosomes) on older cells than younger cells.⁶³
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18 More recent examples of AFM imaging in cardiovascular disease research
19 include measurement of dynamic changes in real-time of angiotensin II type 1 blocker-
20 stimulated mesangial cells¹³³ and studies of wild-type and desmin mutants to
21 understand arrhythmogenic right ventricular cardiomyopathy¹³⁴. Karagiozaki et al.
22 recently used AFM imaging to investigate platelet response of various biomaterials for
23 potential use as stents.¹³⁵ More recently, AFM imaging has been better quantitated by
24 mathematically defining analytical shape parameters when structural changes are
25 observed.¹³⁶ A fascinating study was completed in 2013 by Du Plooy et al. to study the
26 ultrafine structure of platelets from healthy human patients, tobacco smokers and stroke
27 patients with AFM IC imaging in air.⁸⁰ Topography-height images, error images and
28 high-resolution images of platelets from these three groups are shown in **Figure 6a, b**
29 and **c**, respectively.⁸⁰ From these images, observation that stroke and smoker patient's
30 platelets had more cytoskeletal rearrangement than the platelets of healthy patients was
31 reported.⁸⁰ In addition, topography differences in these images supported results from
32 other groups, namely that necrotic platelets are present in stroke patients¹³⁷ and that
33 smoker's platelets have a change in membrane fluidity as compared to healthy
34 individuals.¹³⁸ In another cardiovascular study last year, Oberleithner has shown a
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3 physical interaction between blood and the vascular endothelium via AFM topography
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5 imaging.¹³⁹
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8 **3.4 Cancer.** One of the pathophysiological outcomes of cancer investigated with
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10 AFM is the softening of cancerous cells as compared to healthy ones.^{8, 140, 141} Force
11 spectroscopy and mapping are often performed to study cancer cells; however, this
12 section will purely focus on imaging of cancerous systems, whereas mechanical
13 property studies will be discussed in **Section 4**.
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20 One of the advantages AFM offers over SEM or fluorescence microscopy is the
21 ability to discern fine features on the cancerous cellular surfaces, such as the
22 cytoskeleton¹⁴² and the ECM.¹⁴³ Disruptions in the ECM can result in many diseases,
23 including cancer; thus, various components of the ECM, such as collagen and elastins,
24 are essential targets of study in disease research. In 2007, Friedrichs et al.
25 demonstrated that when cells align on the ECM in a certain direction, significant
26 deformation and re-organization of the individual collagen fibrils occurs.¹⁴⁴ Cellular
27 polarization and directional traction was found to be the result of collagen pliability and
28 high tensile strength of fibrils.¹⁴⁴ Atomic force microscopy can also be used to identify
29 structural similarities between cancer cells that have many genetic differences. For
30 instance, in 2005 a common actin-based structural feature, found to interact with
31 components of the ECM, was identified on the surface of four different melanoma cell
32 lines.¹⁴⁵
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51 Besides the ECM, other areas of interest in cancer research have been imaged
52 and studied with AFM. For example, the stoichiometry of the 5-HT₃ receptor, a ligand-
53 gated ion channel that is a therapeutic target for antiemetics in cancer therapy, was
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3 resolved from AFM IC mode images in air.¹⁴⁶ Another study, completed in 2012, looked
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5 at the effects of glyphosate, an herbicide known to increase the risk of cancer, on
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7 human epidermal cells (HaCaT keratinocytes) with a high speed imaging technique
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9 (peak force tapping).¹⁴⁷ Heu et al. found that peak force tapping enabled chemically-
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11 induced cellular changes to be probed at near-physiological conditions of the entire
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13 cell.¹⁴⁷ Heu et al. concluded, from topography AFM images data, that glyphosate
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15 caused changes in cell integrity and the induced phenotype could be reversed through
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17 the application of the anti-oxidant, quercetin.¹⁴⁷ Surface roughness can be assessed in
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19 AFM images, which is useful for the determination of quantitative differences in
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21 cytoskeletal structure and membrane surfaces of cells with and without certain genes,
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23 such as the breast cancer metastasis suppressor 1 (BRMS-1) gene.²³ In the 2013 study
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25 by McEwen et al., AFM topography imaging revealed that BRMS-1 expression resulted
26
27 in higher surface roughness of non-metastatic adenocarcinoma cells as compared to
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29 metastatic adenocarcinoma cells with no BRMS-1 expression.²³ These results indicate
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31 that cells with greater membrane surface roughness, as was found in cells expressing
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33 BRMS-1 as compared to cells with no suppressor expression, will adhere more strongly
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35 to a substrate, which could explain a part of the reason why there is a decreased
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37 metastatic potential in adenocarcinoma cells expressing BRMS-1.
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46 47 **4. MECHANICS OF CELLS AND TISSUES**

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49 Cells and tissues are complex structures, with organelles, cytosol, ECM
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51 components, etc., all of which contribute to overall mechanical properties. The ability to
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53 probe static and dynamic mechanics with AFM can help elucidate the underlying
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55 biochemical processes that govern cell function and morphology. Force curves are the
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backbone of force spectroscopy and analysis. The restoring force (F_N) can also be thought of as the force compensating for the displacement of the tip by surface forces, where change in the tip position is represented by Δz . The restoring force is a property which can be exploited to investigate cellular elasticity and mechanics. From k_N , the Young's modulus (Y) can be calculated by:

$$k_N = \frac{Y * W * t^3}{4 * L^3} \quad (\text{eq. 3})^{148}$$

where L is the length of the cantilever, t is the cantilever thickness, and W is the cantilever width. The cantilever f_0 can be described by:

$$f_0 = 0.162 * \frac{t}{L^2} * \sqrt{\frac{Y}{\rho}} \quad (\text{eq. 4})^{148}$$

where ρ is the mass density of the cantilever. Tip-sample forces can be plotted as a function of the extension of the piezoelectric positioner as the probe approaches a surface to extract relevant physical information, such as k_N . The force curve introduced in **Figure 1b** will be now be discussed in further detail. At a large z , the overall force felt by the tip is essentially zero and in this regime, cantilever deflection is zero (left-side of the plot shown in **Figure 1b**). As the tip is approached to the surface, atoms between the probe and the substrate begin to attract one another through vdW forces and these forces will cause the tip to abruptly snap into contact with the surface (noted as 'a' in **Figure 1b**). In this attractive region the AFM can be operated without touching the surface (*i.e.*, in non-contact mode). Once the tip is in contact with the surface (noted as region 'b' in **Figure 1b**), further advance of the tip results in an increased repulsive force. In ambient conditions, when the tip is retracted (noted as 'c' in **Figure 1b**), water or solvent inevitably present on both the surface and the tip generates an attractive capillary force (typically 10^{-8} N/m).¹⁴⁹ Once the tip "snaps off" the surface (noted as 'd'

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3 in **Figure 1b**), forces which act on the tip are essentially zero again. The approach and
4 retraction force curves shown in **Figure 1b** are meant to reflect the curve features in
5 ambient conditions; however, the regions of the curves described above can also be
6 applied to experiments performed in liquid to study the mechanical properties of living
7 biological samples. In liquid environments, forces can be due to hydration, hydrophobic,
8 and the electrical double layer forces, for instance.¹⁵⁰ One difference between force
9 curves in liquid and ambient conditions is the shape difference in the retraction curve
10 prior to the point that the tip snaps off the surface (noted as 'd' in **Figure 1b**). In addition,
11 the slope of the linear region of the approach and retraction curves will be quite different
12 for samples with different mechanical properties.
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28 **4.1 Force spectroscopy: approach curves.** An approach curve (the first part of
29 a force indentation cycle) is obtained when the tip-sample distance is decreased over
30 an area of interest and cantilever deflection is monitored simultaneously.¹⁴⁹ For force
31 curve interpretation, the k_N of the AFM cantilever should be calibrated experimentally.
32 Most commonly, the thermal noise method is used to determine k_N before force curve
33 acquisition.¹⁵¹ Laser deflection from the cantilever measured experimentally can easily
34 can be converted to force by Hooke's Law.³⁴ Typically, the movement of the piezo
35 towards the sample covers 1-3 μm in the z-direction and will be performed at a
36 frequency of 1-10 Hz (in IC mode).¹⁴ A simple depiction of the approach curve into a
37 soft, cellular sample is shown in **Figure 7**, in which cantilever deflection increases as
38 the probe indents the cell.¹⁵² Elastic properties (*i.e.* Y) of a biological sample can be
39 measured through application of an appropriate model to the approach curve.
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56 Sometimes the Hertz model¹⁵³ is used to determine Y , yet assumptions of this model
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3 can result in inconsistencies with approach curves acquired, for example on the edges
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5 of cells.²⁴ Finite element method simulations can be performed to more accurately
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7 describe deformation of the biological species, given the specific geometrical
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9 parameters and conditions of the experiment.¹²³ However, a number of useful models
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11 have been developed, which may benefit the reader.^{123, 154-158} Viscoelasticity can also
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13 be measured with AFM approach curves and is a consequence of molecular
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15 rearrangements in a sample during indentation. A viscoelastic material possesses both
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17 viscous and elastic properties, meaning that the material can store and release
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19 mechanical energy dependent on the rate of deformation. Viscous and elastic forces
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21 that act on cantilever deflection can be slightly differentiated based on indentation time
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23 as generally short sub-second indentation times describe viscoelastic behavior whereas
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25 long indentation times reveal the elastic response.¹⁵⁹ More detailed determination of
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27 mechanical transition points can be achieved through oscillation of the cantilever at
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29 different frequencies.¹⁶⁰ In addition, the probe loading rate may have an effect on the
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31 measured mechanical properties of a sample. For example, researchers recently
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33 quantitated the differences in mechanical properties of biomembranes and proteins
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35 based on the probe loading-rate.¹⁶¹ These results could have consequences in force
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37 spectroscopy experiments performed on other biological samples if the findings can be
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39 generalized.
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48 Stiffness measurements of cells, via force spectroscopy, have proven valuable in
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50 the study of disease states. Point-force spectroscopy is a well-established method to
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52 discriminate the mechanical differences of single cells after chemical treatment. For
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54 example, in 2007 Schaefer et al. used force spectroscopy to determine that ethanol-
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3 treated nuclear pore complexes were stiffer than those not treated with ethanol, which
4 may illustrate the damage increased alcohol consumption has on nuclear transport.¹⁶²
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6 In addition, AFM has been used to track changes in leukemia cell stiffness from
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8 chemotherapy.¹⁶³ Atomic force microscopy can also be employed as a diagnostic tool
9
10 for measurement of differences in the apparent Young's Modulus between benign and
11
12 malignant human breast cancer cells.⁸ Force spectroscopy has also found use in the
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14 discrimination of different cell phenotypes.^{10, 13} Specifically, in 2012 Sulchek and co-
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16 workers measured a reduced stiffness (attributed to actin cytoskeleton remodeling) in
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18 highly invasive ovarian cancer cells as compared to a less invasive parent cell line.¹⁰
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20 Force curves can also be combined with other analyses, such as chemical assays, to
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22 link physical properties of species to biochemical pathways. For example, the success
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24 of immature HIV-type 1 entry was recently found to be directly related to capsid stiffness,
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26 which is regulated during maturation by the cytoplasmic tail of the transmembrane-
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28 anchored viral envelope protein.¹¹
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36 **4.2 Force spectroscopy: retraction curves.** The retraction part of a force curve
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38 is generated when the piezoelectric positioner retracts the tip from the surface and
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40 cantilever deflection is simultaneously measured. Many intra- and inter-molecular forces
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42 can be measured from the retraction region of a force-distance curve. For example,
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44 adhesion is a common intermolecular force probed via AFM and has been the target of
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46 investigation in human skin disease research,¹⁶⁴ cancer metastasis,¹⁶⁵ urinary tract
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48 microbial infections,¹⁶⁶ and fluoride treatment on teeth.¹⁶⁷ When the probe is retracted
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50 from the surface ('d' in **Figure 1b**), adsorbed proteins, cells, viruses, etc. exert an
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52 adhesive force on the tip and cause the probe to bend down towards the surface. This
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3 adhesion force, or 'adhesive pull-off', is the force required to overcome tip-sample
4 attachment as the probe is retracted and can be quantitated. In a retraction trace, a
5 sharp peak is usually observed, which indicates the point of probe-sample detachment,
6 and the adhesion force is the difference between this peak height and the force at large
7 z distances (100-300 nm above the surface).
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15 There have been several interesting examples of adhesion studies in the context
16 of disease and a few will be reviewed here. In one study, adhesion force was measured
17 to look at differences in heart mitochondrial swelling due to myocardial
18 ischemia/reperfusion.¹³⁶ Lee et al. created histograms for each experimental group and
19 found that between groups of rat models with induced myocardial ischemia/reperfusion
20 and those with permanent ischemia, no statistically significant differences in adhesion
21 force were noted. These results suggested that changes in the outer mitochondrial
22 membrane occur regardless the degree of ischemia/reperfusion injury.¹³⁶ Squires and
23 co-workers recently reported an AFM adhesion study of the effects of ketamine on
24 proteins essential to healthy renal function, the results of which are shown in **Figure 8a-**
25 **f.**¹⁶⁸ In this work, human epithelial cells of the proximal tubule were treated with different
26 concentrations of ketamine and from biochemical methods were found to have variable
27 protein expression. Force spectroscopy was employed to determine if these changes
28 resulted in adhesive failures between two cells before biochemical cell function was
29 compromised.¹⁶⁸ What is particularly intriguing about this study is that a single epithelial
30 cell was attached to an AFM cantilever, brought into contact with a cellular cluster on
31 the surface and then retracted to measure both the detachment energy/work of
32 adhesion (gray area under curves in **Figure 8a-d**) and maximum unbinding force (force
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3 value indicated by the red circles in **Figure 8a-d**).¹⁶⁸ Statistical analyses of these
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5 parameters, shown in **Figure 8e** and **f**, illustrate a dependence between ketamine
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7 concentration and increased cell detachment, which may explain the relationship
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9 between ketamine abuse and renal damage.¹⁶⁸
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12 Retraction regions of AFM force curves have also been used to study binding
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14 and rupture events between molecules or biological species tethered to the apex of
15
16 AFM probes and their complement on the sample surface.¹⁶⁹⁻¹⁷² For example, the effect
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18 of aging on erythrocyte-fibrinogen binding has been investigated with force
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20 spectroscopy and the results showed that older erythrocytes bound less frequently with
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22 fibrinogen, but with no less force, due to an impairment in a specific fibrinogen-
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24 erythrocyte receptor interaction.¹⁷³ Intramolecular forces, such as protein unfolding,
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26 have been widely studied with AFM and can be an essential component to
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28 understanding the physical consequence of protein mutations. For example, a point-
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30 mutated titin, a protein involved in the elasticity of cardiac muscle, was found to have a
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32 compromised protein structure due to the decreased force required to unfold it as
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34 compared to the wild type titin.¹⁸ Another example, reported by Tripathi et al, includes
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36 utilizing AFM probes functionalized with the pili adhesion protein, SpaC, to investigate
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38 via single-molecule force spectroscopy how the pili of probiotic, gram-positive
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40 *Lactobacillus rhamnosus* GG bacteria bind to hosts.¹⁷⁴ In this study researchers found
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42 that both homophilic (SpaC-SpaC) and heterophilic (SpaC-collagen or -mucin)
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44 connections have a similar adhesive strength, which suggest that the pili of
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46 *Lactobacillus rhamnosus* GG plays a very important role in the bacterial-host and
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48 bacterial-bacterial interactions within the intestinal environment.¹⁷⁴
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4.3 Force mapping. Since cell mechanical properties are often heterogeneous, a technique to map the distribution of force measurements, rather than a few point-by-point spectra, is essential develop a full picture of the cell.¹⁷⁵ Thus, to compare the relative differences in elasticity, adhesion, etc. force mapping has been developed.¹⁷⁶ For a detailed examination of force mapping, we refer the reader to an excellent review by Dufrêne et al.¹⁷⁷ A two-dimensional force map is generated by creating a two-dimensional 'force volume' of single force curves acquired over each imaging pixel.^{24, 176, 177} From acquired force curves, elasticity, adhesion and deformation maps can be recorded and correlated to topography, with extremely high spatial resolution.¹⁷⁸ Three-dimensional AFM lateral force maps, where lateral forces between the tip and substrate are measured in both horizontal and vertical directions, have previously been completed in non-contact mode,^{179, 180} but this technique is outside the scope of this review and will not be discussed. Additional imaging modes, such as friction force microscopy, can be generated simultaneously with topography, in contact mode, to investigate the interaction between chemical groups on the tip and the surface.¹⁶⁹ However, these types of images do not provide spatial information about specific mechanical properties of the sample.

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Atomic force microscopy force mapping studies have been completed to elucidate mechanisms of bacterial-based respiratory infections,¹⁸¹ to map the nanomechanical properties of amyloid fibrils from human α -synuclein proteins,¹⁸² and to characterize the fuzzy coat on human Tau fibrils.¹⁸³ Differences in the elastic moduli of white and gray matter of rat cerebellum have been mapped with a larger tip ($\sim 20 \mu\text{m}$ radius) as well.¹⁰⁵ In 2012, Liu et al. were able to quantitate the difference in contraction

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3 forces from living, beating cardiomyocytes derived from pluripotent stem cells of healthy
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5 subjects and those with dilated cardiomyopathy.¹⁸⁴
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8 Chemically-modified AFM probes can also be used to perform force mapping.
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10 For instance, hydrophobic regions on the surface of single mycobacterial cells in
11 response to an anti-mycobacterial drug can be distinguished with chemically-modified
12 probes.¹⁸⁵ Ligand-modified AFM probes are an excellent tool to map molecular
13 recognition sites on biological surfaces. For example, Lama et al. performed single-
14 molecule force mapping of gonadotropin-release hormone receptors on the surface of
15 prostate cancer cells and the unbinding force between this receptor and analogue
16 molecule (immobilized on the AFM probe).¹⁸⁶ However, the spatial resolution of
17 unbinding events was poor in this study, despite high spatial resolution in topography
18 images of the cell.¹⁸⁶ Another excellent single-molecule force mapping study with
19 functionalized AFM probes was completed in 2010 by Alsteens et al. and for the first
20 time demonstrated the utility of single-molecule AFM for the investigation of force-
21 induced clustering of cell membrane receptors.¹⁸⁷ In this study, AFM probes were
22 functionalized with antibodies specific to Als5p, an adhesin found in the fungus species
23 *Candida albicans* that binds it to host tissues, to force-induce adhesion nanodomains
24 within living yeast cells.¹⁸⁷ Single-molecule force mapping was employed to locate and
25 quantify the adhesion force of the induced nanodomains. Through adhesion force
26 mapping of the force-induced Als5p nanodomains, Alsteens et al. proposed that force-
27 triggered Als5p proteins can interact and affect neighboring molecules to cause cell-
28 wide activation of adhesion.¹⁸⁷
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5. HYBRID AFM TECHNIQUES

There are several excellent reviews and books that provide a more comprehensive assessment of a variety of hybrid AFM techniques.¹⁸⁸⁻¹⁹² The following section will review four classes of hybrid AFM techniques most relevant to the study of disease and single cell analysis: fluorescence microscopy-atomic force microscopy (FM-AFM), near-field scanning optical microscopy-atomic force microscopy (NSOM-AFM), scanning ion conductance microscopy-atomic force microscopy (SICM-AFM), and scanning electrochemical microscopy-atomic force microscopy (SECM-AFM)

5.1 Fluorescence microscopy-atomic force microscopy (FM-AFM). One reason for the widespread use of FM-AFM is the ease at which an optical microscope can be interfaced with an AFM (an example experimental set-up is shown in **Figure 9a**).¹⁹³ Also, AFM and fluorescence microscopy are highly complementary techniques and each provide unique advantages. For instance, AFM can be used to image objects smaller than the light diffraction limit and fluorescence microscopy can be used to detect fluorescent molecules below a cell surface. Hecht et al. observed changes in lung epithelial cell volume and height via AFM (see AFM topography image in **Figure 9b**), while fluorescence microscopy was employed concurrently as a method to confirm labeled-lamellar body fusion sites with the plasma membrane after chemical stimulation to induce exocytosis, despite the molecules being under the cell surface.¹⁹⁴ While data from AFM images and force spectroscopy are commonly used along with independent fluorescence microscopy data, for example to help explain variations in cellular elasticity

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3 of prostate cancer cells,¹⁹⁵ this review will only focus on simultaneous fluorescence and
4 AFM data acquisition experiments that have advanced disease research.
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8 Combined FM-AFM has been useful to study a range of biological problems,
9 such as inner ear cell development,¹⁹⁶ the three-dimensional landscape of fixed mast
10 tumor cells,²⁰ and lipid membrane asymmetry.¹⁹⁷ Fluorescence microscopy-AFM
11 encompasses a wide range of specific fluorescence techniques, such as confocal
12 fluorescence,²¹ total internal reflection fluorescence (TIRF)¹⁹⁸, and epifluorescence.^{193,}
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¹⁹⁹ In addition to combined AFM and fluorescence imaging, force spectroscopy can be extremely useful when performed in tandem with fluorescence excitation. For example, fluorescent-probe labeling of ions has been used to image chemical release events upon mechanical stimulation with the AFM probe.²⁰⁰

Several interesting examples of combined FM-AFM that have greatly added to knowledge for specific disease states have emerged in recent years. In 2009, AFM force spectroscopy and fluorescence microscopy were used together with a voltage-responsive fluorescent dye to determine the relationship between vascular endothelial cell stiffness and plasma membrane electrical potential.¹⁹³ Callies et al. discovered that sustained membrane depolarization is accompanied by a related increase in cell stiffness, while no relationship between these parameters was seen at small time scales.¹⁹³ Understanding the biological response to mechanical stress and/or stimulation is important for disease study. Using an FM-AFM, Kranz and co-workers reported a study in which a cell stretching device was incorporated into an FM-AFM instrument to observe the mechanical and structural changes in the cytoskeleton network of fluorescently labeled squamous cell carcinoma cells.²⁰¹ High-speed AFM¹¹⁴ has also

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3 been incorporated with the fluorescence microscope.^{202, 203} For instance, Fukuda et al.
4 reported correlated AFM topography and TIRF microscopy images (shown in **Figure**
5 **9c**) where a fluorescently-labeled single chitinase A enzyme was observed moving
6 along chitin microfibrils, at an imaging rate of 3 fps.²⁰³
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12 Advantages and disadvantages exist for FM-AFM. As mentioned in the beginning
13 of this section, AFM and fluorescence microscopy are very complimentary and quite
14 easy to interface instrumentally. Also, fluorescence can provide some chemical
15 specificity to AFM, which is a “chemically-blind” SPM tool. However, the use of this
16 combined technique requires molecular labeling with fluorophores, which can be time-
17 consuming, difficult and may alter molecule structure/function. Synchronization of image
18 acquisition from both instruments is a major consideration in this technique. Determining
19 and correlating AFM resolution with fluorescence image data can also be non-trivial,
20 especially when observing a biological event over time. Often, the field of view will be
21 different for the fluorescence and AFM images. For instance, from the two sets of
22 images shown in **Figure 9c**, TIRF offers a wider field of view than the AFM.²⁰³ Also,
23 since most fluorescence imaging techniques are diffraction-limited, many sub-cellular
24 events may be detectable via AFM, but not observable with sufficient spatial resolution
25 with fluorescence microscopy alone to make correlating the images meaningful. Overall,
26 however, FM-AFM is a robust, widely-used method to study disease states and perform
27 single cell analysis that offers more chemical specificity than AFM alone.
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51 **5.2 Near-field scanning optical microscopy-atomic force microscopy**
52 **(NSOM-AFM).** Another powerful hybrid technique that can be utilized to study disease
53 is NSOM-AFM, which was first suggested by Synge²⁰⁴ in 1928 and experimentally
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3 realized at visible wavelengths by Pohl²⁰⁵ and Lewis²⁰⁶ in 1984. Near-field optical
4 techniques rely on the collection of short-range (a few nanometers from the surface of
5 the illuminated object) evanescent waves. In itself, NSOM is a scanning probe
6 technique, because it employs a sharp probe to scan a surface and either emits light or
7 collects evanescent waves near the surface. The feedback mechanism is based on the
8 strong distance-dependence of evanescent waves, which decay exponentially above
9 the surface.²⁰⁷ There are a multitude of NSOM operation modes, including
10 transmission/illumination²⁰⁸ and apertureless mode,²⁰⁹ and also many styles of probes
11 (e.g. an etched, metallic coated optical fiber²¹⁰). Readers are referred to several
12 reviews for more detailed information on NSOM.^{207, 211-213} In this section, however, we
13 will focus only on NSOM-AFM to perform imaging and spectroscopy on biological
14 samples.

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There are four main approaches in which AFM has been incorporated in NSOM. Schematics of these four methodologies are shown in **Figure 10a-d**. First, an optical fiber may be bent and etched to be used as a sharp probe controlled with AFM feedback and as the illumination or collector source (**Figure 10a**).²¹⁴ Second, a metal-coated AFM probe can be microfabricated to have an aperture at the tip apex, through which light is passed to the sample or collected (**Figure 10b**).^{215, 216} Third, a commercially available, metallic AFM probe can be used as a sharp metallic object to provide localized field enhancements when externally illuminated. The third approach is also known as tip-enhanced NSOM (depicted in **Figure 10c**)^{212, 217, 218} and can be used to perform simultaneous Raman spectroscopy.²¹⁹ The fourth method, called the tip-on-aperture approach, can be realized by placing a sharp, metallic tip (*i.e.* a coated optical

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3 fiber or a microfabricated AFM probe) directly outside the aperture, so that field-
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5 enhancement occurs at the tip apex (**Figure 10d**).²²⁰ Both tip-enhanced and tip-on-
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7 aperture NSOM offer greater resolution as compared to the other two NSOM-AFM
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9 approaches and have achieved lateral resolutions as low as 10-30 nm.¹⁸⁸
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12 Although NSOM-AFM is not as widely used as FM-AFM, a few groups have
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14 pursued research related to disease with this technique. For example, pioneering work
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16 was published by Muramatsu and co-workers in 2004 which described visualization of a
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18 specific gene sequence on a DNA molecule via detection of single-molecule
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20 fluorescence and topography imaging with NSOM-AFM.²²¹ Another study employed
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22 NSOM-AFM imaging to investigate the structure and fluorescence from labeled human
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24 lymphocyte chromosomes.²²² More recently, NSOM-AFM has been used to image
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26 fluorescently-labeled desmin protein fibrils, which are a part of the heart muscle
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28 cytoskeleton, with single-molecule resolution.²⁰⁹
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34 Near-field scanning optical microscopy-AFM can serve as a technique to garner
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36 a wealth of chemical and spatial information from single cells. For example, an NSOM-
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38 AFM instrument can achieve greater fluorescence spatial resolution than most FM-AFM
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40 set-ups and can provide more chemical specificity than AFM alone. In addition, the
41
42 feedback mechanism of NSOM and AFM can be decoupled in several operational
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44 modes and with certain tip configurations, which allows a wider range of sample types
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46 to be imaged. However, the complexity of instrumental operation, such as background
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48 light suppression, has most likely prevented NSOM-AFM from being more widely used
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50 in biological research. In addition, the emergence and wide-spread use of advanced
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52 fluorescence imaging techniques that can be easily interfaced with an AFM and offer
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3 good spatial resolution, albeit not single molecule resolution, may discourage efforts to
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5 pursue NSOM-AFM experiments.
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8 **5.3 Scanning ion conductance microscopy-atomic force microscopy (AFM-**
9 **SICM)** Scanning ion conductance microscopy is an *in situ* SPM technique that relies on
10 a nanopipette as the probe. Nanopipettes are pulled glass (e.g. borosilicate, quartz)
11 capillaries fabricated with nanoscale orifice openings commonly below 50 nm, as shown
12 in the SEM image in **Figure 11a**.²²³⁻²²⁵ In SICM, the nanopipette is filled with electrolyte
13 and immersed in a bath electrolyte solution. One reference electrode, such as a
14 chloride-coated silver wire (*i.e.* an Ag/AgCl wire), is inserted into the nanopipette and
15 the other is placed in the bath solution. If a potential bias is applied between the two
16 electrodes, ion current can be measured. Feedback in SICM relies on the distance-
17 dependence of the ion current signal close to and far from the surface. One advantage
18 of SICM is that the nanopipette probe does not come into physical contact with the
19 sample and is thus an excellent SPM technique to measure living biological samples.²²⁶
20 One of the first combined AFM-nanopipette experiments was completed by Hörber et al.
21 in 1995 in which *Xenopus* oocytes were investigated via a patch-clamp technique.²²⁷
22 These experiments were significant because the surface topology of the membrane was
23 imaged, via the AFM, simultaneously with electrical recordings via nanopipettes. Also,
24 Hörber et al. were able to investigate the extent of cytoskeletal changes due to the
25 pressure exerted by the patch pipette, which was statically held on the membrane
26 during imaging with the AFM probe.²²⁷ However, in these experiments, the pipette and
27 AFM probe were separate entities and thus completely decoupled.
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Another mode of SICM-AFM makes use of the nanopipette as both the force and ion conductance sensor. For instance, a nanopipette suitable for SICM can be bent to more closely resemble an AFM probe (**Figure 11b**).^{25, 228, 229} Proksch et al. were able to achieve SPM feedback using laser-deflection on this type of bent pipette probe, which was mounted into a commercial AFM microscope, similar to contact or IC mode AFM.²²⁸ In initial experiments, a hydrophilic porous polymer membrane was imaged and ion conductance through the membrane was measured simultaneously.²²⁸ Although this mode of operation appeared promising and this probe type was commercialized,²³⁰ nanopipette-based AFM probes for combined imaging were not widely adopted. One avenue where these types of probes may find use is through controlled delivery of chemical species, such as fluorescently-labeled molecules.²³¹

There are a number of benefits of SICM-AFM for disease research. Scanning ion conductance microscopy-atomic force microscopy can be advantageous as compared to SICM because ion current and probe feedback are decoupled, which may afford higher resolution images. In addition, ion current measurements add an auxiliary signal not previously accessible in AFM. However, this technique may be considered somewhat niche and has not been widely applied. For example, since the first report of SICM-AFM in 1996,²²⁸ less than 20 papers have been published which describe an SICM-AFM instrument configuration. The difficulty of probe fabrication, in the case of a bent nanopipette/AFM probe, may be considered a small drawback. Also, SICM has been much more widely adopted and commercialized in the last decade; thus, labs can perform separate AFM and SICM experiments in-house and simultaneous topography, ion current, etc. images may not be necessary. Amazingly, nanopipettes can now be

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3 used alone to acquire topographic and force data simultaneously to create stiffness
4 maps of cells due to an increased understanding of hydrodynamic liquid flow through
5 the probe.²³² Indeed, force measurements with SICM in general seem to be gaining
6 popularity within the last few years²³² and compete well with AFM techniques.
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12 **5.4 Scanning electrochemical microscopy-atomic force microscopy (SECM-
13 AFM).** Scanning electrochemical microscopy is another type of SPM tool that makes
14 use of conductive ultramicroelectrodes (UMEs, *i.e.* an electrode with dimensions < 25
15 μm)²³³ to spatially map electrochemical redox processes through the detection of
16 Faradaic current in liquid.²³⁴ Scanning electrochemical microscopy is based on a
17 conventional three or four electrode system, where one or two working electrodes, a
18 reference electrode and a counter electrode are present. Several operating modes exist,
19 such as positive feedback²³⁵ and generation-collection mode,²³⁶ for which various
20 feedback mechanisms and experimental configurations are employed. For a more
21 comprehensive review of SECM, the reader is referred to several texts.²³⁷⁻²⁴⁴
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36 An SECM-AFM instrument is capable of operation in AFM contact²⁴⁵ and IC
37 mode^{246, 247}. In either operation, faradaic redox current is collected from a small
38 electrode at or near the AFM tip apex while topography is collected simultaneously.
39 Most notably, the electrochemical signal and probe feedback are decoupled.²⁴⁵ The first
40 SECM-AFM experiment was completed by Macpherson et al. in 1996, who examined
41 probe-induced electrochemical dissolution of ferrocyanide crystals.²⁴⁸ Since AFM
42 feedback is based on laser deflection, faradaic current can be measured independent of
43 probe position. In most SECM-AFM experiments, the use of a redox probe, such as
44 ferrocene methanol, or ferricyanide, is used to measure Faradaic current from a redox
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3 process. The role of the AFM probe in SECM-AFM operation is analogous to the
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5 working electrode in a conventional three-electrode system. An example SECM-AFM
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7 experiment is shown in **Figure 12a**, top, which depicts diffusion of $\text{Ru}(\text{NH}_3)_6^{3+}$ (a model
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9 redox probe) through a porous poly-imide membrane from the bottom chamber of a
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11 diffusion cell to the top chamber.²⁴⁹ Here, the AFM probe, which is insulated with
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13 parylene C, scans the surface while simultaneously recording the reduction current of
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15 the redox mediator to produce correlated topography (**Figure 12a**, lower left) and
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17 current (**Figure 12a**, lower right) maps. The substrate can also serve as a second
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19 working electrode (four-electrode SECM-AFM).²⁴⁶
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25 Fabrication of SECM-AFM probes encompasses a small sub-field of SECM-AFM,
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27 as the geometry, material and electrical isolation of the UME in an AFM probe is critical
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29 to experimental success. Probes utilized in SECM-AFM can have one dimension
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31 smaller than 100 nm and are often referred to as nanoelectrodes.²⁵⁰ In SECM-AFM, a
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33 conductive AFM probe is coated with a insulative layer to create an ultramicroelectrode
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35 at the tip apex²⁴⁵ or at another well-defined region of the probe.²⁴⁶ An example SECM-
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37 AFM probe, insulated in parylene C, is shown in the SEM image in **Figure 13b**, in which
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39 a gold frame UME has been exposed and recessed from a re-shaped silicon tip via
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41 focused ion beam (FIB) milling.²⁴⁶ Probes insulated with electrophoretic paint,^{245,251}
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43 silicon nitride,²⁵²⁻²⁵⁶ silicon oxide,²⁵⁷ polyfluoroethane,²⁵⁸ photoresist²⁵⁹ and parylene^{249,}
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45 ²⁶⁰⁻²⁶³ have been successfully explored. Typically, gold²⁴⁶ and platinum^{245, 264} probes
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47 are used as the conductive material in SECM-AFM tip fabrication; however, carbon
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49 nanotube,²⁶⁵ boron-doped diamond²⁶⁶ and platinum carbon composite²⁶⁷ SECM-AFM
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51 probes have been realized. In all instances, the AFM probe must be electrically
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3 insulated and a well-defined electrode area must be achieved. Previously, the electro-
4 active area of the probe has been defined and exposed via FIB milling,^{252, 255, 258, 262, 263,}
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insulated and a well-defined electrode area must be achieved. Previously, the electro-
active area of the probe has been defined and exposed via FIB milling,^{252, 255, 258, 262, 263,}
electron beam lithography,²⁵³ heat recession of an electrodeposition paint,^{245,}
UV illumination²⁵⁹ and electrical arcing.²⁵¹ Wafer-level batch fabrication of silicon
nitride SECM-AFM probes has been accomplished as well.^{257, 270} In addition, redox-
active molecules can be covalently attached to an AFM probe via poly(ethylene glycol)
(PEG) as a method to probe nanoscale sites.²⁷¹⁻²⁷⁴

A number of studies have been completed in disease research with SECM-AFM. Experiments imaging the diffusion of redox molecules through abiotic porous membranes^{245, 249} demonstrate the future applicability of this technique for probing cellular release of electroactive molecules, such as dopamine. In one instance, Mizaikoff and co-workers employed SECM-AFM to measure glucose oxidase enzyme activity in IC mode.²⁴⁶ In a study by Demaille and co-workers, the conformation and motional dynamics of single- and double-stranded DNA were probed via SECM-AFM.²⁷⁵ The data indicated that DNA hybridization can be detected at the low limit of ~200 molecules with SECM-AFM.²⁷⁵ Other experimental results by Agnes et al. demonstrate the incredible utility of probes with redox-PEG linkers for probing proteins that are not electroactive, which could have a significant impact in disease research.²⁷² The instrument schematic used in this study is shown in **Figure 13c** and depicts electron transfer from a conductive, biased substrate through a target protein, which is bound to a redox-labeled mouse immunoglobulin (IgG) antibody, to the electroactive area of the probe.²⁷² Topographical and electrochemical surface distribution of mouse IgG antigens were mapped on a surface with resolution of ~100 nm, which indicates that this

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3 technique can be used to distinguish labeled target proteins from similarly-sized
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8 Electrochemical results from experiments that utilized intrinsic probes can be
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10 difficult to interpret since the electrode size can change as the probe scans the surface.
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12 Extrinsic tips allow for simultaneous current and topography measurement, but usually
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14 require complex instrumental techniques for fabrication, such as a FIB milling, electron
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16 beam lithography and standard lithographic patterning. Fabrication of either probe type
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18 is labor intensive and is the limiting factor for SECM-AFM popularity. In addition, most
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20 SECM-AFM experiments reported have been done under idealized conditions (*e.g.*,
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22 using a porous membrane) and have not be used to study living cells. Also, the
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24 accelerated usage of a SECM-SICM, which has been used to image live cells²⁷⁶ and
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26 may prove less damaging for non-contact imaging of biological species as compared to
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28 SECM-AFM, also indicates a decline in necessity for SECM-AFM experiments in
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30 disease research.
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36 **CONCLUSIONS AND FUTURE PROSPECTS**

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38 Although diagnostic care will always be essential to preventing and managing
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40 disease, the importance of understanding the basic cellular mechanisms which underlie
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42 these diseases cannot be understated. Atomic force microscopy is a suburb technique
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44 to study micro- and nanoscale biochemical and mechanical processes on living cellular
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46 systems relating to diseases. Often, model cell lines are cultured to study a host-
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48 pathogen relationship, which can either be imaged or probed in real-time with this
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50 technique. Most importantly, AFM is not merely an imaging technique, but can be used
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52 to spatially probe the mechanical properties different biological species in various
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54 disease states. To add chemical specificity to the technique, the end of the AFM probe
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3 can be functionalized with biomolecules to study intra- and intermolecular forces.
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5 Perhaps one of the greatest advantages of AFM is its accessibility to inexperienced
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7 users due to straight-forward operating software and commercially available instruments.
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9 Another superior advantage is that the AFM can readily be interfaced with other types of
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11 microscopies and spectroscopies to acquire simultaneous data sets. In fact, AFM is so
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13 seamlessly merged with other microscopies that tri-modal NSOM-AFM-SECM imaging
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15 can be performed with a single probe!²⁷⁷
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20 Although AFM has enjoyed dominance over many other types of SPMs and light
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22 microscopies for the last 30 years due to high spatial resolution and ability to probe the
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24 mechanical properties of soft biological samples, the gap between this technique and
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26 others are closing. Groups now use alternative scanned probes, as well as super-
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28 resolution optical microscopy, for biological imaging, as the fine features on cellular
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30 surfaces can be easily imaged. In addition, SICM is now being used as a local method
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32 to probe forces in biological cells. There is some evidence that in certain conditions,
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34 AFM may actually underestimate cell heights and lateral forces during imaging, even in
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36 IC mode, are still an issue.²⁷⁸ However, the wide-spread use of AFM beyond purely
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38 academic setting is one indicator of its permanent place in the library of commonly used
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40 analytical techniques for single cell analysis and disease research.
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49 **FIGURES**
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Disease/Disorder Category	Selected References
Addiction	162, 168, 279, 280

Aging	63, 106, 111, 281-284
Autoimmune diseases	78, 131, 285-287
Cancer	8, 140, 146, 186, 195, 201, 288-292
Cardiovascular diseases	18, 80, 131-136, 139, 173, 184, 193, 293-295
Endocrine and exocrine system diseases	10, 152, 296-299
Eye diseases	12, 300-305
Genetic disorders	127, 210, 214, 221, 222, 306-308
Microbial infections	9, 174, 187, 309-311
Neurological disorders	17, 105, 125, 126, 128, 129, 182, 183, 312-314
Oral health	9, 107, 167, 315-318
Respiratory system diseases	13, 160, 165, 181, 194, 319-322
Skin diseases	1, 2, 147, 164, 323-326
Viral infections	3, 11, 117-123, 327-329

Table 1. Selected atomic force microscopy studies which pertain to the listed disease/disorder categories

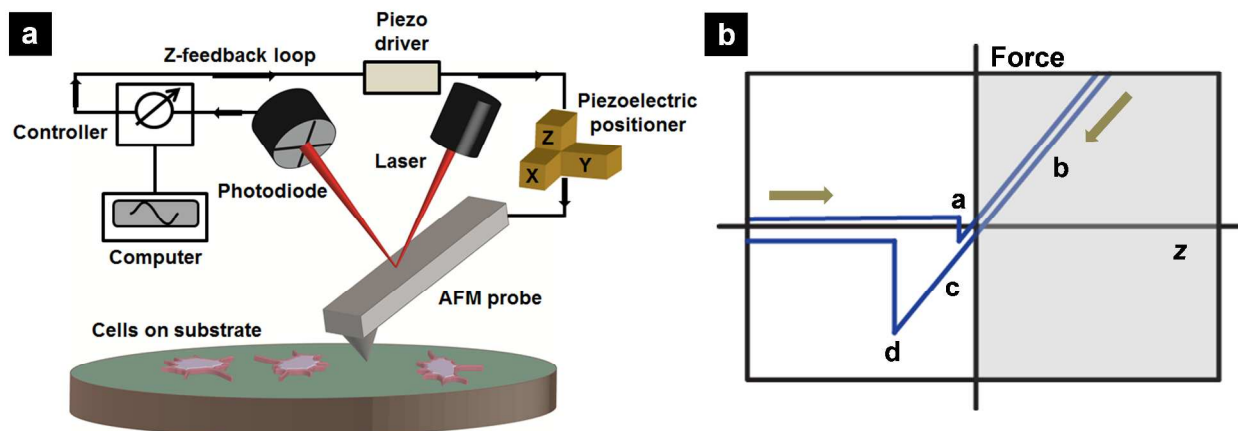


Figure 1. **a** Schematic of an atomic force microscope instrumental set-up. **b** A schematic of an example force-distance curve where force, calculated from cantilever deflection, is plotted vs. tip-surface distance (z). At long tip-substrate distances, the overall force felt by the tip is almost zero (left-side of the plot). As the tip approaches the surface, atoms between the probe and the substrate begin to experience attractive van der Waals forces and the tip will abruptly snap into contact with the surface (noted as 'a'). The tip experiences a repulsive force regime once in contact with the surface (noted as 'b'). In ambient conditions, when the tip is retracted (noted as 'c'), water or solvent that is inevitably present on both the surface and the tip experiences an attractive, capillary force. Once the tip snaps off the surface (noted as 'd'), forces which act on the tip are zero again.

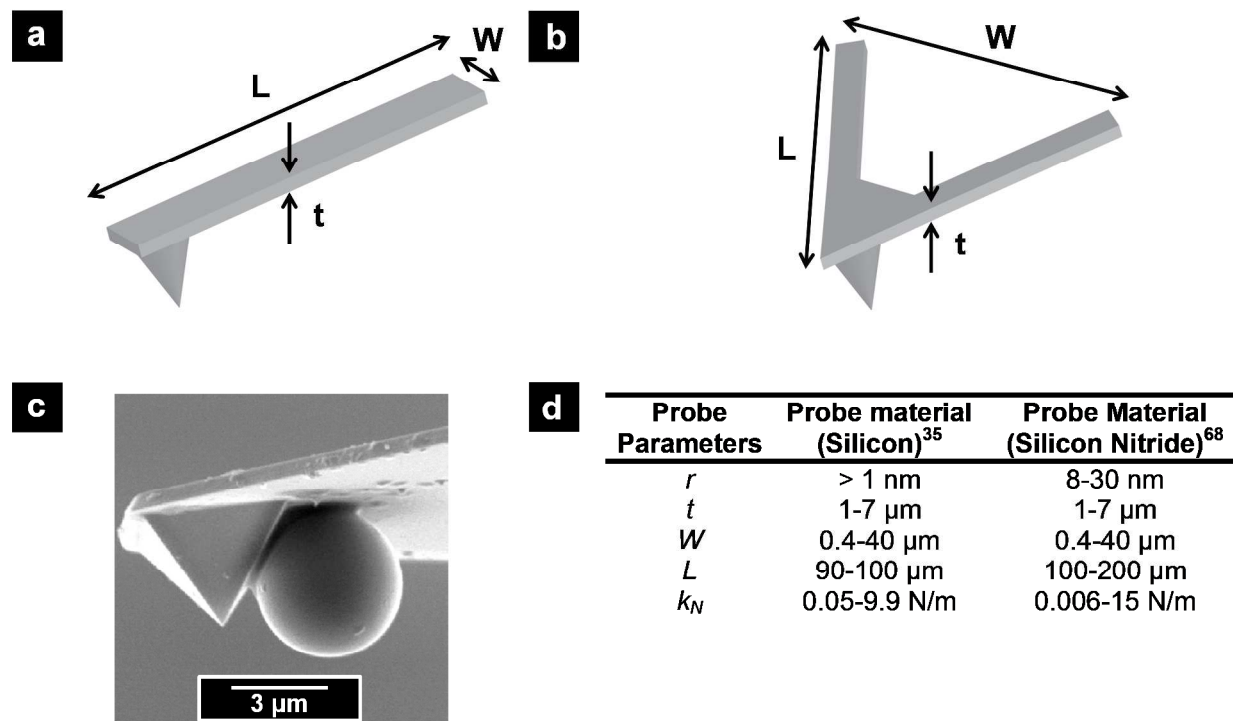


Figure 2 Typical geometries of commercially available silicon (a) and silicon nitride (b) atomic force microscopy (AFM) probes used in contact and intermittent contact modes, respectively, where L is the length of the cantilever, W is the width of the AFM probe chip and t is the thickness of the cantilever. **c** A scanning electron microscopy image of a 5 μm diameter silica particle glued to an AFM probe cantilever, behind the silicon tip. These types of probes can be advantageous when making point-force measurements on cellular samples in many instances due to the large surface area of the probe. (Reprinted with permission from ref. 63 with permission from Institute of Physics. doi: 10.1088/0031-9155/50/1/007). **d** A table of selected AFM probe parameters for commercially-available silicon and silicon nitride probes, where r , t , W , L and k_N are the tip radius, cantilever thickness, cantilever width, cantilever length and probe spring constant, respectively.

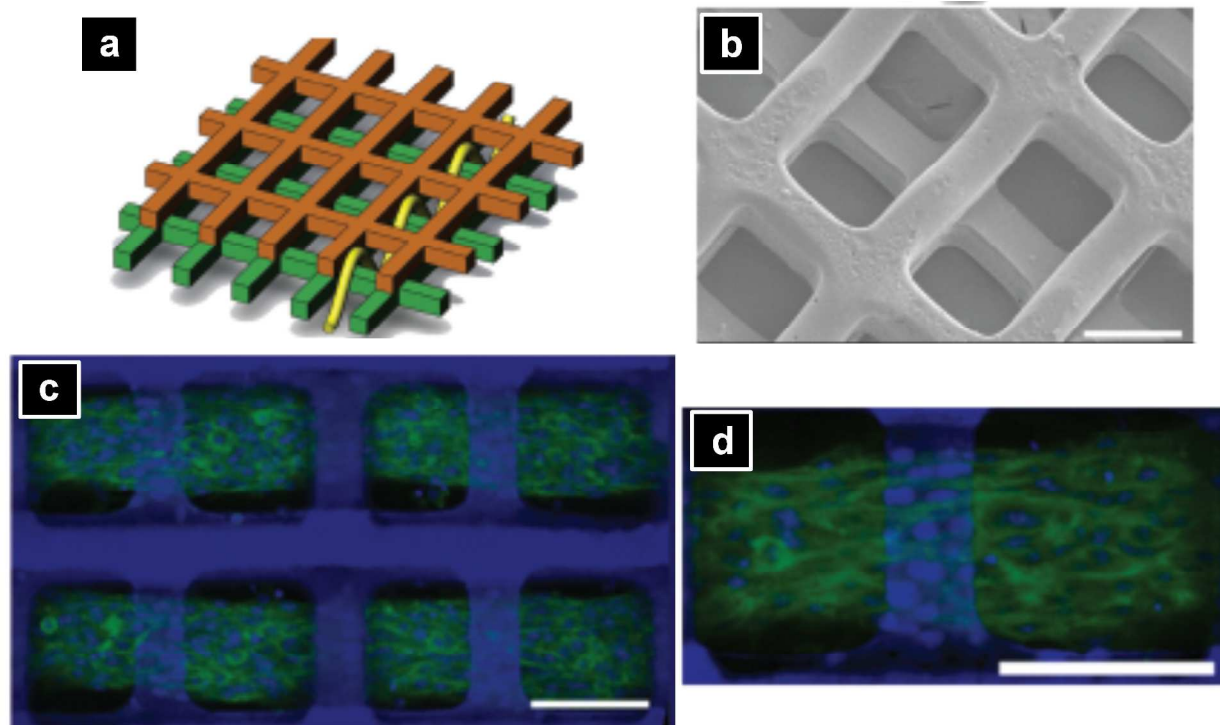


Figure 3a A schematic of an overlapping planar, poly-(glycerol sebacate) elastomeric scaffold fabricated to mimic native tissue. The yellow line represents the pore connectivity pattern. **b** A scanning electron microscopy image of the internal pore structure within the elastomeric scaffold shown schematically in **a**. Each sheet is approximately 70 μm thick and contains rectangular pores that are 250 x 70 μm^2 . **c** A confocal microscopy image of murine skeletal myoblast cells cultured on the scaffold. F-actin was stained (green) and cell nuclei are counterstained (blue). **d** A zoom-in view of a multi-cellular bundle, shown in **c**, which is aligned with the scaffold. White scale bar in all images represent 100 μm . (Reprinted with permission from ref. 104 with permission from Wiley-VCH. doi: 10.1002/adma.201301016).

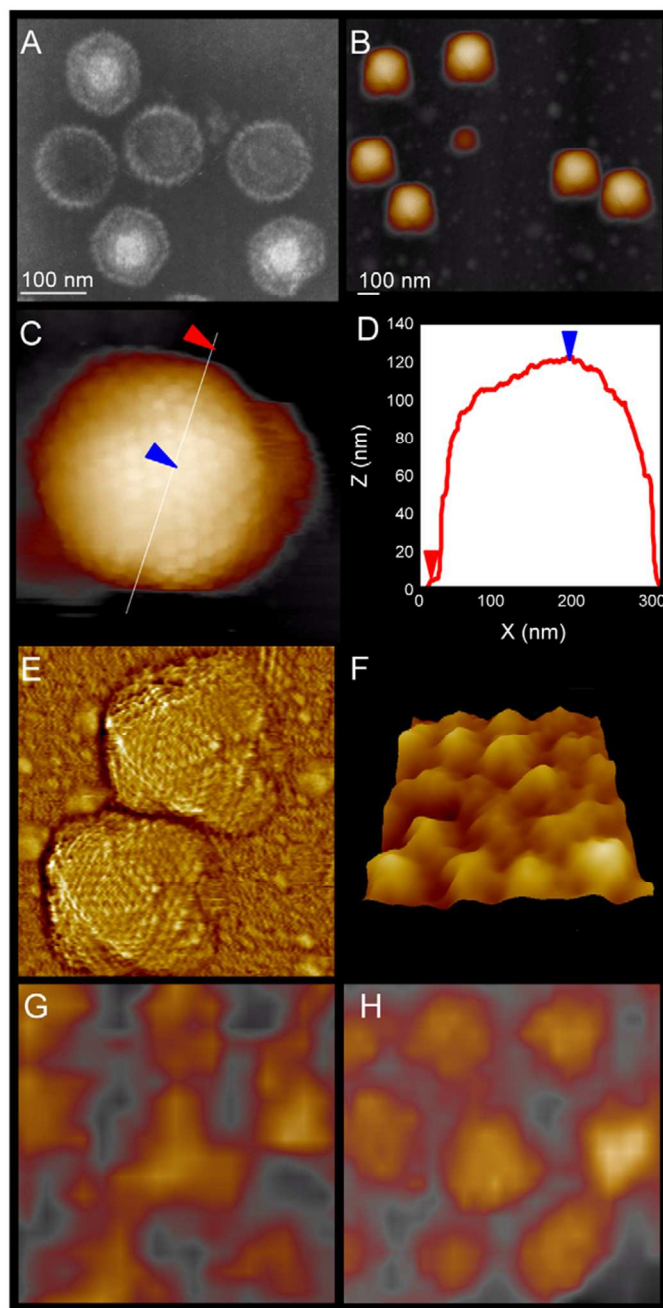


Figure 4 An electron microscopy image (a) and atomic force microscopy (AFM) intermittent contact mode topography image (b) of herpes simplex type 1 (HSV-1) virus capsids. c, d A high resolution topography image of an HSV-1 single virus capsid and the corresponding height profile. From the topography image (510 nm x 560 nm) in e, facets can be distinguished on the icosahedral-shaped capsid. A three-dimensional topography image (100 nm x 100 nm) in f illustrates that capsomeres can be resolved on the face of the capsid. Pentagonal and hexagonal arrangements of proteins can be distinguished from the AFM topography images (40 nm x 40 nm) in g and h, respectively. (Reprinted from ref. 122 with permission from the Company of Biologists, Ltd. doi: 10.1242/jcs.032284).

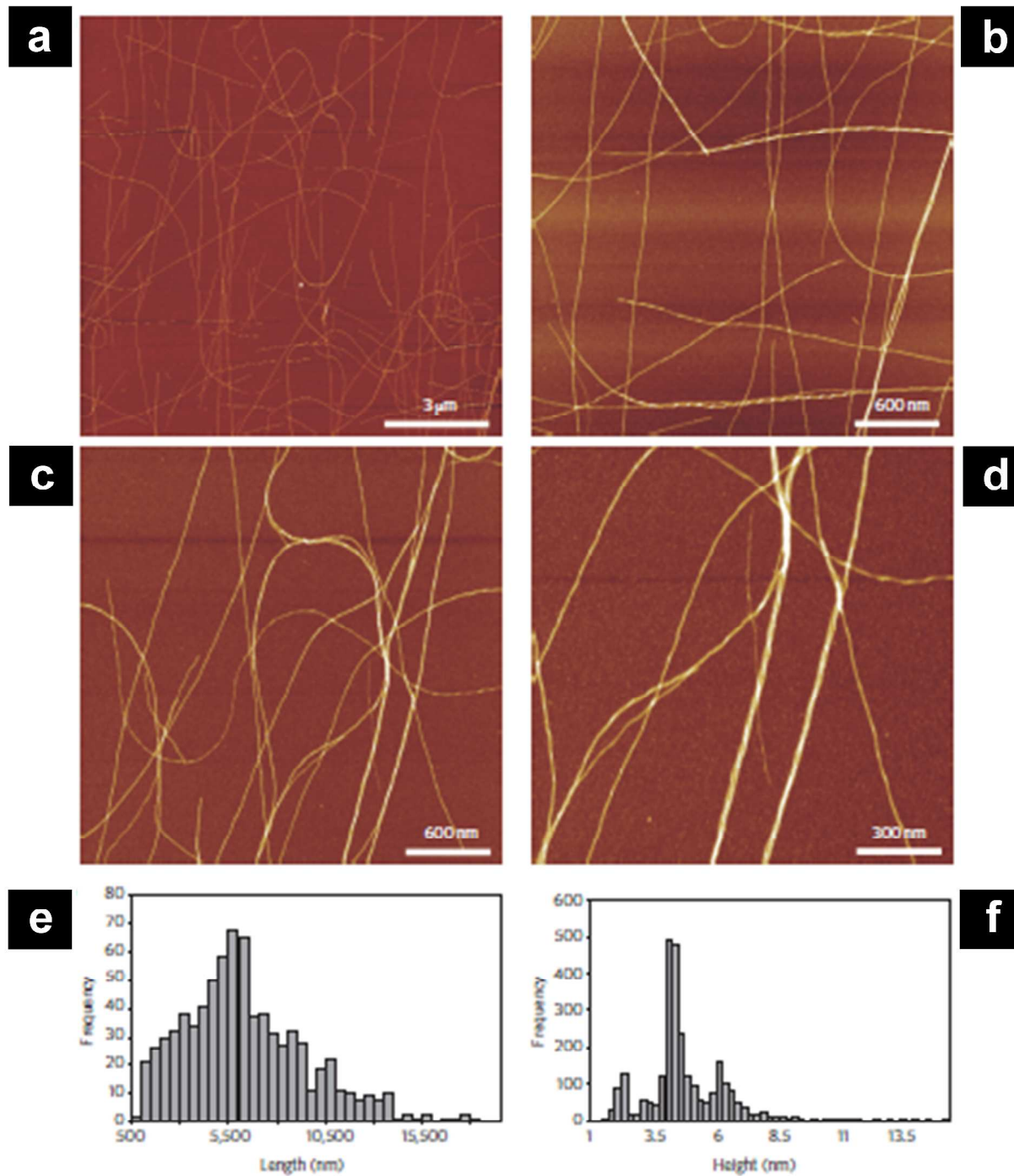
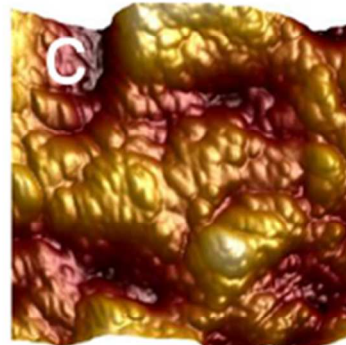
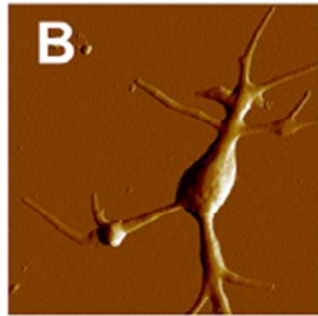
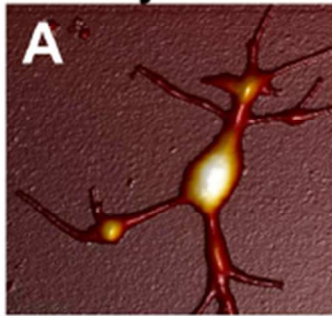
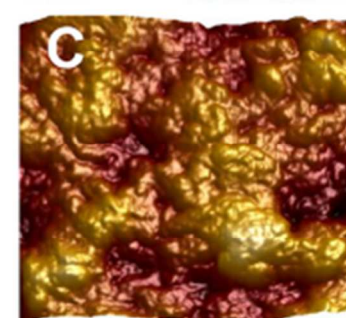
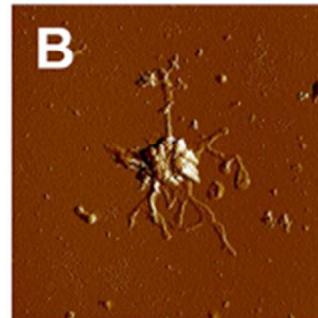
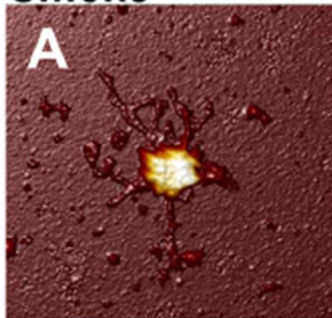


Figure 5 Atomic force microscopy (AFM) images at various magnifications of β -lactoglobulin fibrils acquired in intermittent contact mode (a-d). Histograms of fibril contour lengths (e) and maximum heights (f). (Reprinted from ref. 131 with permission from Nature Publishing Group. doi: 10.1038/nnano.2010.59).

Healthy individual



Smoke



Stroke

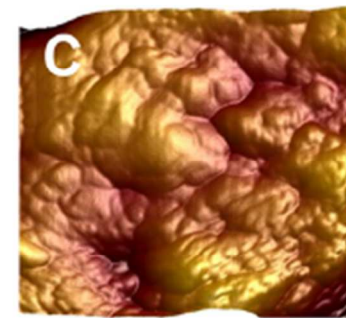
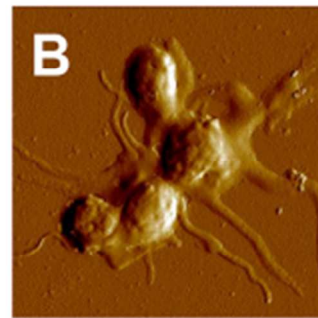
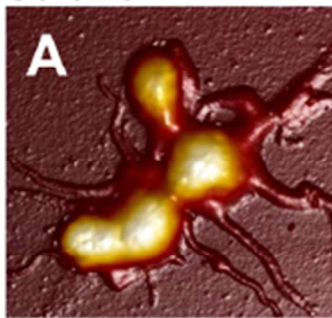


Figure 6a Atomic force microscopy topography images of blood platelets from healthy (**top**) smoker (**middle**) and stroke patients (**bottom**). x-y scale: $10\ \mu\text{m} \times 10\ \mu\text{m}$. z-scale: $1\ \mu\text{m}$. **b** Error images of blood platelets from healthy (**top**), smoker (**middle**) and stroke (**bottom**) patients. x-y and z-scales are the same as in **a**. **c** High resolution topography images of the platelet membranes from healthy (**top**), smoker (**middle**) and stroke (**bottom**) patients. x-y scale: $1\ \mu\text{m} \times 1\ \mu\text{m}$. z-scale: $0.2\ \mu\text{m}$. (Reprinted from ref. 80 under the Creative Commons Attribution (CC BY) license. doi: 10.1371/journal.pone.0069774).

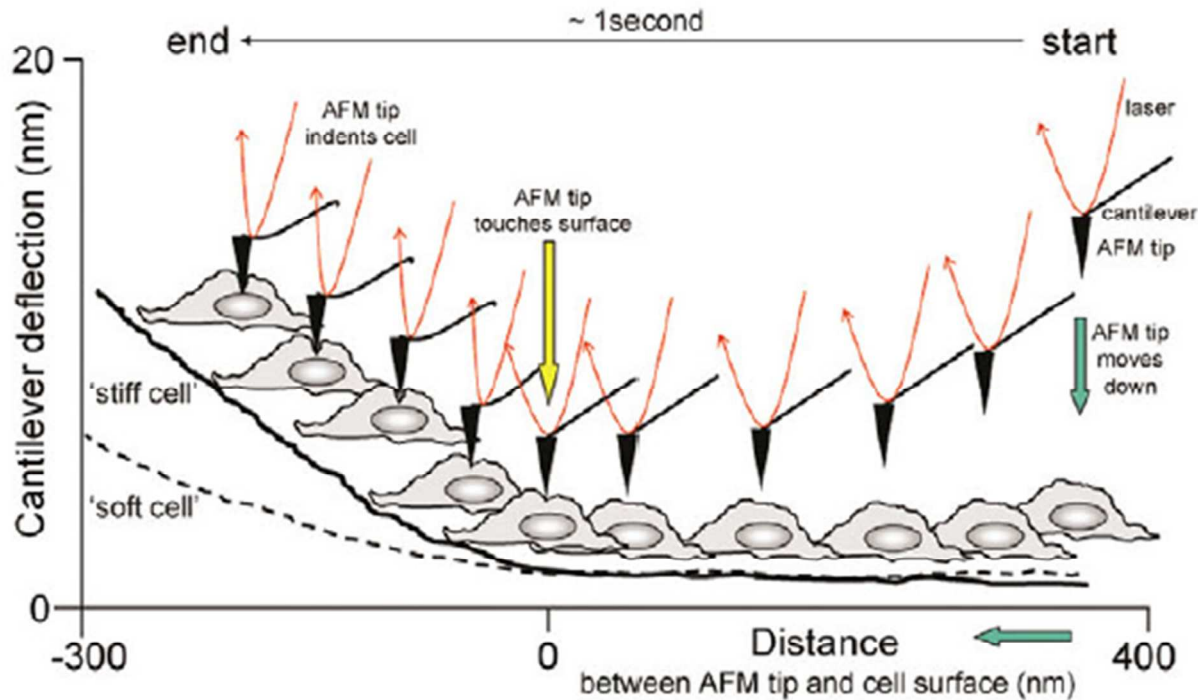


Figure 7 Artistic depiction of an atomic force microscopy force approach curve, which can be used to distinguish between stiff and soft cells. (Reprinted from ref. 156 with permission from the Company of Biologists, Ltd. doi: 10.1242/jcs.02886).

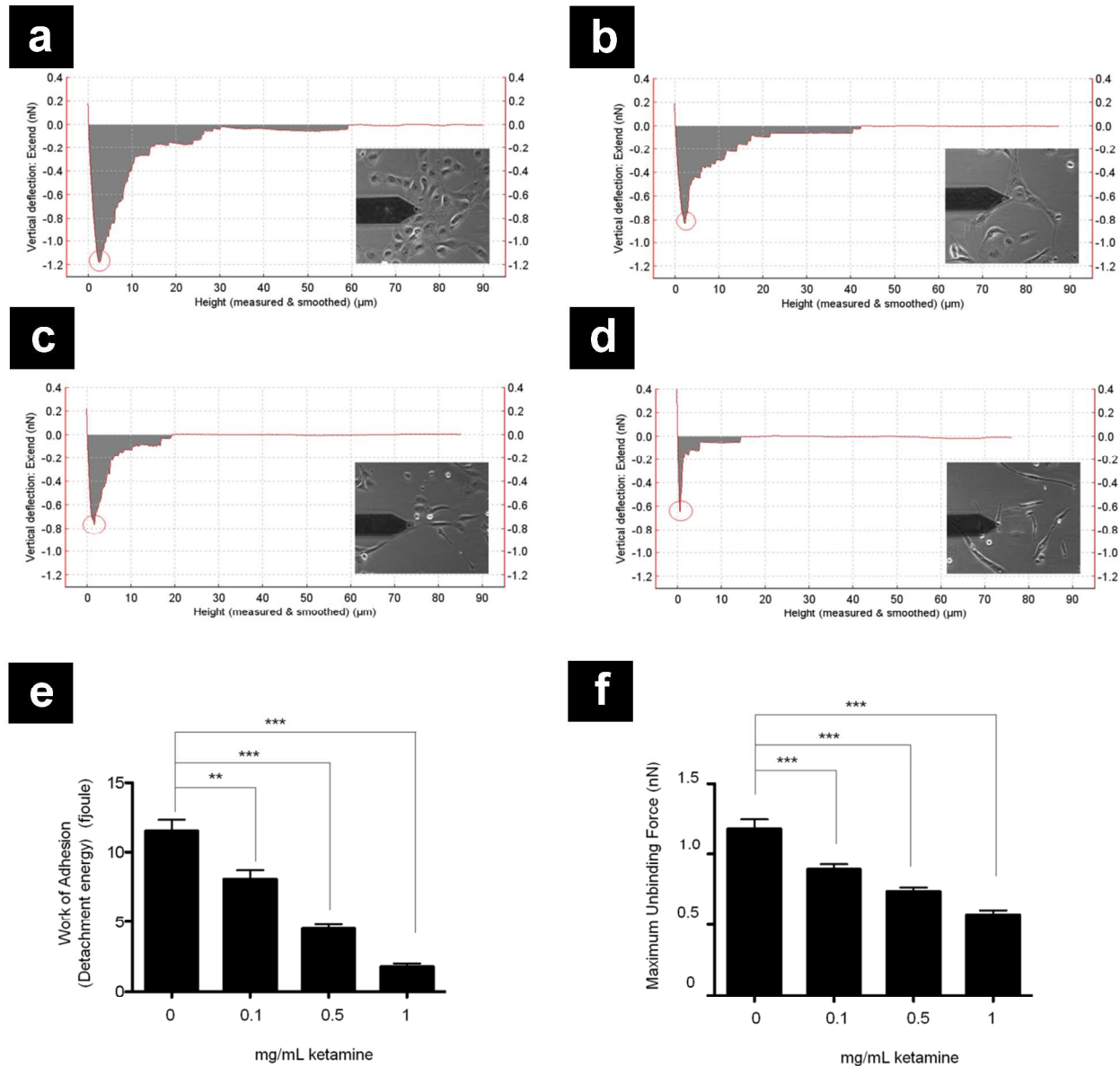


Figure 8 Single cell force spectroscopy retraction curves taken over human epithelial cells from the proximal tubule to study the effects of ketamine exposure (a-d). Force curves were acquired for cells exposed to 0, 0.1, 0.5 and 1 mg/mL of ketamine and results are shown in a, b, c and d, respectively. For these experiments, a single epithelial cell was attached to the AFM probe, prior to force curve acquisition, to study the unbinding force and maximum detachment energy between two single cells. Detachment energy was found via the integrated area under each retraction curve (gray area under curves in a-d). The maximum unbinding force (red circles in a-d) was found from the minimum of the retraction curve. Bar graphs of detachment energy and maximum unbinding force, shown in e and f, respectively, show trends for each ketamine treatment concentration. Error bars are from 4 separate experiments, where key significances are shown, **** $P < 0.0001$. (Reprinted from ref. 172 under the Creative Commons Attribution (CC BY) license. doi: 10.1371/journal.pone.0071819).

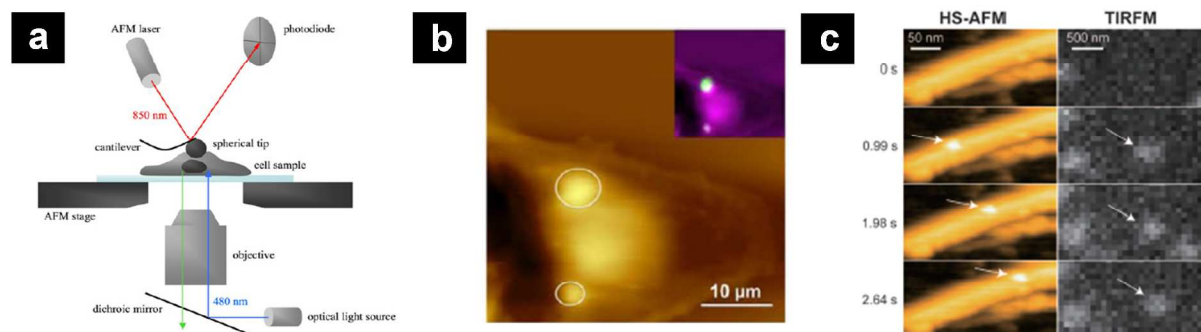


Figure 9 **a** A schematic of a fluorescence microscopy-atomic force microscopy (FM-AFM) experiment, in which the AFM set-up is placed above the cellular sample and atop an inverted optical microscope. Fluorescence excitation and detection is achieved through an objective lens and a dichroic mirror. (Reprinted from ref. 196 with permission from the Institute of Physics. doi: 10.1088/0957-4484/20/17/175104) **b** An AFM topography image of a lung epithelial cell. Circles indicate possible sites of exocytosis of fluorescently-labeled lamellar bodies after chemical stimulation. The inset depicts a fluorescence microscopy image overlaid with the AFM topography image (now false colored purple), which illustrates that these protrusions in the lung epithelial cellular surface are from fluorescently-labeled lamellar bodies. (Reprinted from ref. 197 with permission from the American Chemical Society. doi: 10.1021/ac300775j) **c** Time-lapse high-speed AFM (HS-AFM) and simultaneously acquired total internal reflectance microscopy (TIRFM) images of a fluorescently-labeled chitinase A enzyme moving along a single chitin microfibril. Movement of chitinase A is indicated by white arrows in both HS-AFM and TIRFM images. Note that the field of view is different for the AFM and TIRFM images. (Reprinted from ref. 206 with permission from the American Institute of Physics. doi: 10.1063/1.4813280).

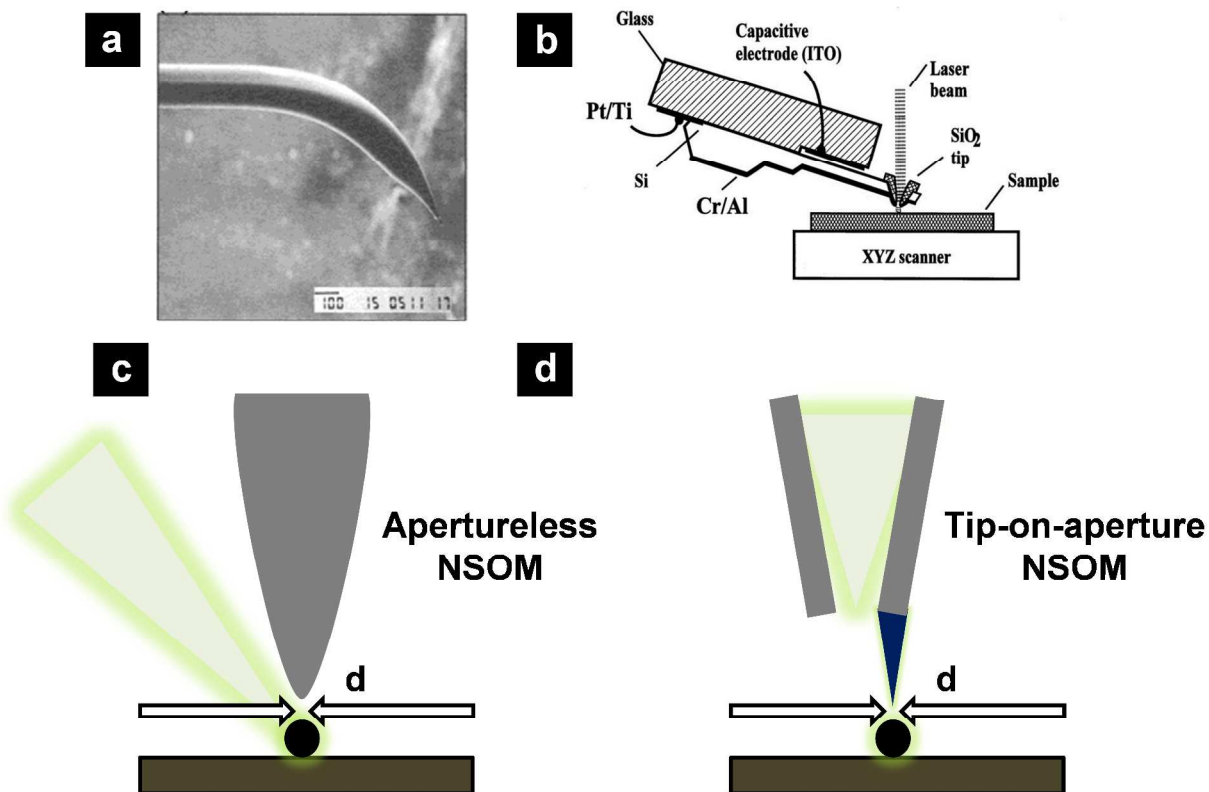


Figure 10a A scanning electron microscopy image of a bent, metallic-coated and etched optical fiber probe used in NSOM-AFM. The probe acts as the AFM probe and as the collector/illuminator. Feedback can be controlled via laser deflection off the back of the probe. (Reprinted from ref. 217 with permission from the American Chemical Society. doi: 10.1021/ac010536i). **b** An NSOM-AFM schematic that shows a Si microfabricated AFM probe containing an aperture. (Reprinted from ref. 218 with permission from the American Institute of Physics). **c** A schematic depicting a metallic AFM tip that is illuminated, at an angle, with light to cause an electric field enhancement at the tip. **d** A schematic that shows a tip-on-aperture probe for use in NSOM-AFM. Here, a sharp tip is placed outside an aperture, which enables operation in traditional NSOM illumination/collection mode and produces tip-induced field enhancement. In **c** and **d**, the letter 'd' represents the area of emitted light collection above the sample (small dot below arrows).

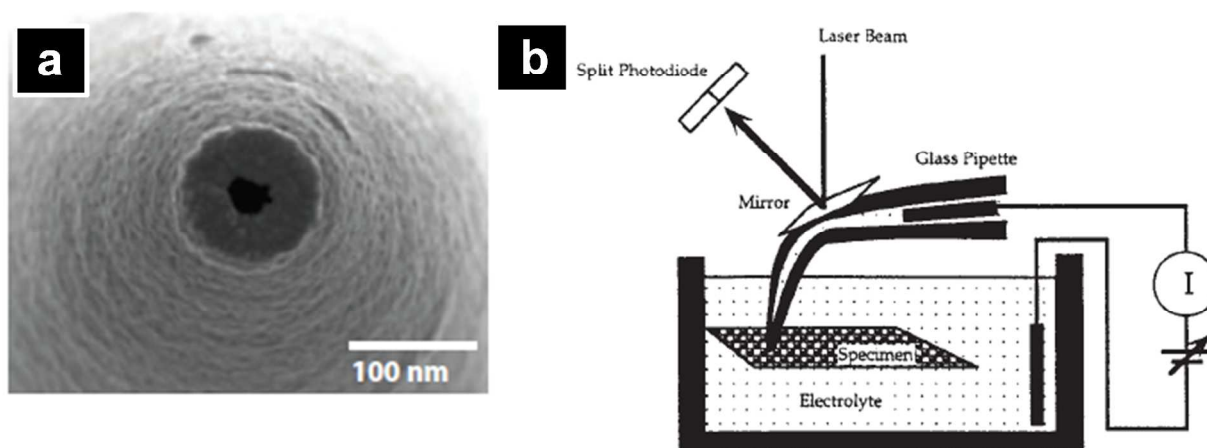


Figure 11a A scanning electron microscopy image of an end-on-view of a pulled nanopipette (~ 60 nm inner diameter). (Reprinted from ref. 227 with permission from Annual Reviews. doi: 10.1146/annurev-anchem-062011-143203). **b** A schematic of a scanning ion conductance microscopy-atomic force microscopy (SICM-AFM) experiment in which a bent nanopipette is used as both the force sensor and method to measure ion current while scanning the surface. The probe is controlled via laser deflection to a photodiode. (Reprinted from ref. 232 with permission from Wiley-VCH. doi: 10.1002/1097-0029(20010201)52:3<273::aid-jemt1013>3.0.co;2-m).

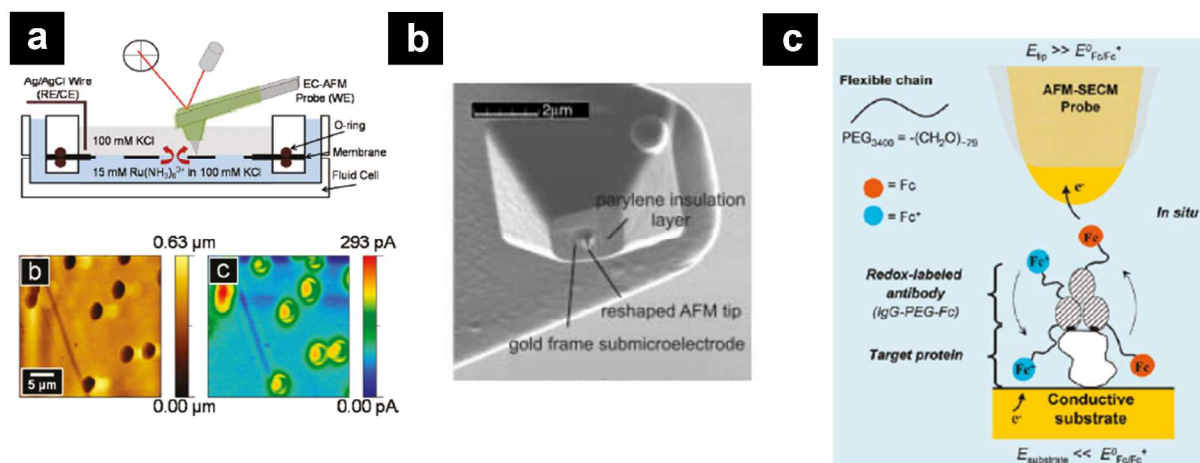
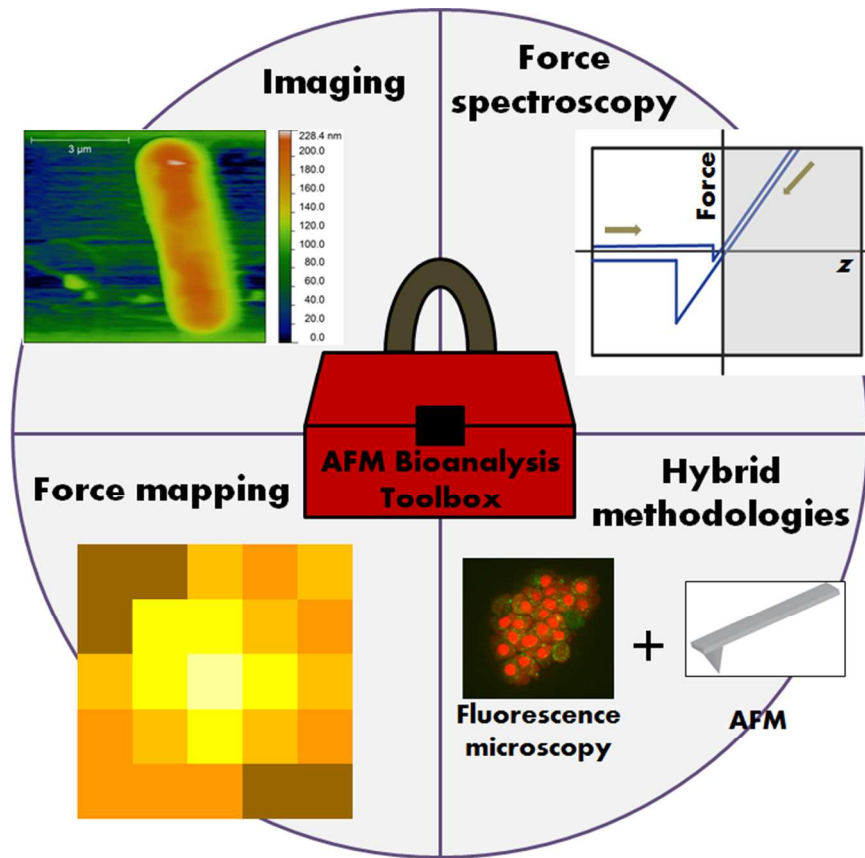


Figure 12a A schematic of a scanning electrochemical microscopy-atomic force microscopy (SECM-AFM) experiment where an AFM probe is measuring Faradaic oxidation or reduction current from an electroactive chemical species diffusing through a porous membrane (top image) while acquiring topographic data simultaneously. Topography of the porous membrane (**a**, lower left) and a correlated reduction current map (**a**, lower right) of the diffusing species. (Reprinted from ref. 252 with permission from the American Chemical Society. doi: 10.1021/la203032u). **b** A scanning electron microscopy image of a focus ion beam-milled AFM probe that is electrically insulated from a gold, frame-shaped electrode that is recessed from the AFM tip. (Reprinted from ref. 249 with permission from Wiley-VCH. doi: 10.1002/anie.200351111). **c** A schematic of a molecule-touching SECM-AFM (Mt/SECM-AFM) experiment, in which a gold SECM-AFM probe is depicted as an electron collector for molecules shuttled through redox-immunomarked proteins immobilized on a conducting surface. (Reprinted from ref. 275 with permission from the American Chemical Society. doi: 10.1021/ac201907v).



TOC Figure