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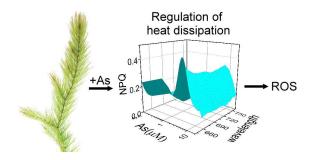
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Threshold and time course analysis of As toxicity revealed that damage to photosynthetic antenna pigments is most relevant at sublethally toxic As, while ROS production only starts at lethal concentrations.

A different sequence of events than previously reported leads to arsenic-induced damage in *Ceratophyllum demersum* L.

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Arsenic (As) is a common pollutant, and still many questions remain concerning As toxicity mechanisms under environmentally relevant conditions in plants. Here we investigated thresholds and interactions of various proposed As toxicity mechanisms. Experiments were done under environmentally pertinent conditions in the rootless aquatic macrophyte Ceratophyllum demersum L., a model for plant shoots. 10 Arsenic (provided as As(V)) inhibited plant metabolism at much lower concentrations and with a different sequence of events than previously reported. The first observed effect of toxicity was a decrease in pigment concentration, it started already at 0.5 µM As. In contrast to toxic metals, no inhibition of the photosystem II reaction centre (PSIIRC; measured as F_v/F_m) was found at sublethal As concentrations. Instead, the decrease in light harvesting pigments caused less efficient exciton transfer towards PSIIRC. 15 At higher As concentrations this led to increased non-photochemical quenching (NPQ) by light harvesting complex II (LHCII). Afterwards, photosynthetic electron transport decreased, but the increase in starch content indicated stronger inhibition of starch consumption than production. At lethal As concentration, photosynthesis was completely inhibited, its malfunction caused oxidative stress and not the other way round as reported previously. Photosynthesis was inhibited before any sign of oxidative stress was 20 observed. Elevated phosphate drastically shifted thresholds of lethal As effects, not only by the known uptake competition but also by modifying uptake regulation and intracellular processes.

Introduction

Toxic levels of arsenic (As) in soil and drinking water have been reported around the world, with the worst situations in South and Southeast Asia. ¹⁻⁴ Arsenic concentrations > 50 μg L⁻¹ (0.67 μM) are common in India and Bangladesh, and concentrations exceeding even 2000 μg L⁻¹ (27 μM) have been reported. ^{1.5} Arsenic induced yield loss has recently been recognized as a threat on the sustainability of 5 food production. ³ To counter the detrimental impacts of As, phytoremediation or the development of crops that can be grown in contaminated environments without suffering from and accumulating As in edible parts seems to be the most appropriate strategy. Both the strategies demand for understanding the mechanistic details of As uptake, toxicity and detoxification. ⁵

Arsenic is taken up by plants mainly as inorganic arsenate [HAsO₄²⁻ or As(V)] and arsenite [H₂AsO₃⁻ or As(III)] through high-affinity phosphate transporters⁶ and by nodulin26-like intrinsic (NIPs) aquaporins^{7,8} respectively. Inside the cell, As(V) can interfere with metabolic processes such as oxidative phosphorylation and ATP synthesis or, after reduction to As(III), through interaction with thiol groups of proteins.⁹ To combat the As stress, plants modulate a number of pathways from subcellular compartmentalization to biochemical tolerance through antioxidant-mediated ROS quenching.¹⁰⁻¹³

However, the mechanisms of As toxicity, though well known in animals, including humans, ¹⁴ are not fully understood in plants under environmentally relevant conditions. Studies have shown that As toxicity leads to reduced germination, inhibited root and shoot growth and biomass production, reduced chlorophylls and grain yield, ultimately leading to death. ^{13,15,16} Arsenic exposure has been shown to induce generation of reactive oxygen species (ROS). ^{12,13,17,18} This could be caused by the redox activity of As¹⁹ and could lead to lipid peroxidation and associated toxicity. ²⁰ However, most of the studies on plants have been done on As hyperaccumulators or tolerant plants, which can withstand higher levels of As through specific mechanisms. ^{9,11,21} Some studies concerning As toxicity in non-tolerant plants have been done as well, ^{16,20,22-24} but they were mostly performed with short-term exposure (few hours or days) to high As concentrations (hundred micromolar to millimolar). Experiments with such high concentrations for plants that are not specifically Astolerant does not adequately simulate As toxicity in the environment, where the level of As in water or in soil solution would almost never become so high. For example, Wenzel *et al*²⁵ reported from ≤ 53 nM to 2.3 μM As (V), from a range of uncontaminated to highly contaminated soils and Abedin *et al*²⁶ reported 4.3 μM total As in soil solution upon irrigation with 106 μM As containing water. Further, a plant in its natural environment has to survive for much longer periods to produce adequate biomass for phytoremediation or grain yield.

The aim of the present study was to analyze As stress mechanisms in a holistic manner under environmentally relevant conditions i.e. of light, temperature, nutrient supply and As concentrations, in order to establish a mechanism of As toxicity, which can give insight into the plants' response to chronic As exposure in the natural environment. For this purpose, a detailed investigation of photosynthetic biophysics, pigment contents, gas exchange, ROS generation and nutrient uptake was done on *Ceratophyllum demersum*. This widespread submerged macrophyte (occurring in Asia, Europe and North America) has no roots such that it takes up all nutrients directly via the leaves, making studies of shoot effects possible without interference from root uptake and root toxicity. Although it is not a crop species, it is still a flowering plant (belonging to the dicotyledons) and has been accepted as good model for laboratory studies of shoot toxicity in higher plants. The Mechanisms of metal toxicity found in Ceratophyllum are similar to other plants and like other non-accumulator plants including crops it detoxifies arsenic by phytochelatins. It has been shown to be good for removing metal from low-concentration waste water has also been used successfully in tests of biological life support systems on space flights.

Material and Methods

Plant Material and Cultivation

- 40 Ceratophyllum demersum L. plants were grown in hydroponic nutrient solution optimized for submerged macrophytes (SMNS, personal communication, final concentrations are listed in Supplementary Table S1). The solution was aerated continuously and constantly exchanged at a rate of 0.4 mL min⁻¹, with 2 L resident volume. Plants were grown with 14 h day length, 24 °C day: 20 °C night temperature and a sinusoidal light cycle with maximum 100 μmol m⁻² s⁻¹ at noon, supplied by "daylight" fluorescent tubes (Dulux L 55 W / 12-950, Osram, München, Germany).
- For the experiments, plants of similar weight (approximately 1 g each) were chosen from stock culture and exposed to various concentrations of As(V) (0, 0.5, 1, 2, 5, 10, and 20 μ M prepared by Na₂HAsO₄; Alfa Aesar, Ward Hill, MA, USA) in nutrient solution for four weeks. Each aquarium contained one plant. Two concentrations of phosphate were used: 10 μ M phosphate = "low P". To minimize variations in biomass/media ratio over the course of the experiment, after the weekly determination of fresh weight, the plants were cut to the fresh weight of the plant having the lowest growth rate, unless their biomass decreased.
- Measurements of physiological parameters were carried out at the beginning, every week and/or after harvest. Harvested plants were washed in As-free nutrient solution and shaken to remove surface water. The plant part 4 cm from the tip and side branches were sampled as young tissue, and the remaining parts were sampled as old tissue. The samples were frozen immediately in liquid nitrogen and stored at -80°C until further analysis.

55 Growth Measurement and Visual Toxicity

Plants were photographed every week, and morphological changes were observed. Growth rate of each plant was calculated by measuring the fresh weights every week. For weight measurement, plants were shaken gently to remove surface water. The growth of plants in terms of new whorls of leaves appearing per week on the main stem was monitored.

Elemental Analyses

Frozen plant material (5-15 mg) was lyophilized and digested as described by Zhao *et al.*³⁰ The volume was made up to 1.5 mL with ddH₂O, and element concentrations were analysed using a sector field inductively coupled plasma mass spectrometer (ICP-MS; Element XR, Thermo Fisher Scientific, Waltham, MA, USA). Prior to analysis, ICP-MS parameters were optimized every day, and samples were silluted to 1:20. The calibration was verified using the following reference materials: SLRS-5 (River Water Reference Material for Trace Metals, NRCC), SPSSW1 (Surface Water Level 1, Spectra Pure Standards) and SRM 1643e (Trace Elements in Water, NIST). Rhodium (4 μg L⁻¹) was added to all samples for internal standardization.

Determination of Pigment Content

10 Lyophilized plant material was ground to a fine powder, and pigments were extracted in 100% acetone vs. acetone over night at 4°C in dark. Spectra of crude pigment extracts were measured with the UV/VIS spectrophotometer Lambda 750 (Perkin-Elmer, Germany) at a spectral bandwidth of 1 nm with a 0.2 nm sampling interval from 350 to 750 nm. Pigments were quantified according to the "Gausspeak-spectra" (GPS) method by Küpper *et al*³¹ with an updated pigment database.

15 Chlorophyll Fluorescence Kinetic Microscopy (FKM)

Arsenic-induced changes in photosynthetic light reactions were analysed by two dimensional (imaging) microscopic measurements using the Fluorescence Kinetic Microscope³² (FKM). One leaf from the 4th whorl counted from the tip of the plant was cut off and fixed in the measuring chamber by gas-permeable cellophane. The culture medium without micronutrients, maintained at 25°C, was continuously flowing through the measuring chamber as described in Andresen *et al.*³³ The leaf area just before the branching (approximate size of 1.1×1.1 mm) was focused for both spatially and spectrally resolved kinetics measurements. The measurement protocol and data analysis method was applied according to Küpper *et al.*³² All fluorescence kinetic parameters used in the current work are explained in Supplementary Table S2.

Determination of Superoxide Production

25 Superoxide production was determined by using a superoxide specific chemoluminescent dye, methyl cypridina luciferin analogue (MCLA; 2-methyl-6-(*p*-methoxyphenyl)-3,7-dihydroimidazol[1,2-alpha]pyrazin-3-1 hydrochlorohydrate; Life Technologies, Darmstadt, Germany) following Rocchetta & Küpper³⁴ with slight modifications. Two leaves from the 4th whorl counted from the tip of the plant were placed in cuvettes containing 2 mL of nutrient solution without micronutrients and immediately exposed to 25 μmol m⁻² s⁻¹ light. After 30 min, the leaves were taken out, dye was added to a final concentration of 0.05 μM, and chemoluminescence was measured for 10 min. A sample without leaves was prepared and measured in the same way for correcting dye luminescence. Data were recorded using a LKB 1250 luminometer connected to the OxyCorder used for gas exchange measurement and analysed in Microcal Origin Professional 8.6 (see above).

Determination of Peroxide Production

35 H₂DCFDA dye (5-(and 6-) –carboxy-2⁺,7⁺-dichlorodihydrofluorescein diacetate; Life Technologies, Darmstadt, Germany) was used for measuring hydrogen peroxide and related oxidative species in the tissues, following the method described by Rocchetta and Küpper³⁴ with slight modifications. Dye, 0.2 μM final concentration, was diluted from 100 μM stock in 1 mL of nutrient solution in a microcentrifuge tube, and two leaves from the 4th whorl of the plant were incubated in this tube for 30 min in the dark. After cleavage of the acetate groups by intracellular esterases, the oxidation of the dye by peroxide fluorescence was measured in the FKM using filter set F41-028 (HQ-YFP) from AHF (Tübingen, Germany) with an excitation 490–510 nm, 515 nm dichroic mirror and 520–550 nm emission filter.

Statistics

Unless stated otherwise, two-way analysis of variance (ANOVA) was done in SigmaPlot 11 (SPSS Science, USA) at significance level of P = 0.05. In ANOVA, "n" is the number of independent data points entered into the analysis. For x independent experiments with y treatments and z different tissue types, for example, it is xxyxz. For significant effects, a post-hoc all-pairwise comparison via the Holm-Sidak method was performed. Correlations between parameters were tested via regressions using the most appropriate model in Microcal Origin Professional 8.1 (Originlab, Northampton, USA).

Results

Note: Though As was provided as As(V), it is known that it becomes partially reduced to As(III) in plants and also in solution due to efflux from plants. Therefore, in the following we only use the label "As" for this mixture of redox states. Since all figures (except Fig. 1b) are made on log scale, the control (" $0 \mu M$ " As) treatment is labeled as " $0.1 \mu M$ As" in these figures. While the two-dimensional features (the dependence on both As concentration and time) can only be seen in the truly two-dimensional graphs (i.e. having both a time axis and a concentration axis) shown in the main manuscript, we added line graph versions of these data to the supporting information (Supplementary Fig. 4-9) for showing error bars that cannot be shown in 2D-graphs.

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Growth of Plants and Visible Symptoms of Toxicity

In absence of As, the plants grew significantly better in low P (n = 42, P <0.001). At high As, the growth was better in high P, as discussed later (Fig. 1). Thus, the concentration of P was not limiting for the growth of plants in our "low P" conditions.

After exposure to As in low P conditions, visible symptoms of toxicity started to appear from 2 μM after one week with fewer growing side branches and stunted meristems. Meristems completely disappeared, and leaves were closed at 20 μM As after one week. The lowering in growth rate in terms of fresh weight, however, already started from 0.5 μM As after one week. The growth rate became negative, i.e. the loss of leaves at the lower end of plants was higher than the development of new leaves at the tip, from 2 μM As after four weeks and from 10 μM after one week. The number of new whorls of leaves appearing per week on the main stem started to decline from 5 μM and reached 50% at 20 μM after one week and at 5 μM after four weeks. Thus beyond 5 μM As, there were no young tissues available for analysis of parameters done after harvest (analysis of elements and starch which needed mg quantities of tissue). As such, 5 μM As was the threshold concentration to lethal effects.

At high P, the decrease in growth was less than at low P. The maximum decrease in growth was observed after two weeks, where retardation in growth started with 2 μ M As and reached a maximum at 20 μ M As (n = 42, P <0.001). However, beyond two weeks, the plants recovered at sublethal concentrations, mostly at 2 and 5 μ M As. Visible symptoms of toxicity, i.e. stunted meristems and disassembling of leaves started to appear only at 20 μ M As after two weeks. After four weeks of 20 μ M As treatment, the appearance of new whorls of leaves decreased by 40% in comparison to control.

Effect of As on Accumulation of Phosphorus and Sulphur

20 In low P conditions, a strong accumulation of As was observed in both young and old parts of the plant, with slightly higher accumulation of As in young tissues than in old tissues. In high P conditions, the accumulation of As was relatively gradual up to 20 μM As exposure, and old tissues tended to accumulate more As at all exposure concentrations (Fig. 2). The accumulation of As was maximal at 5 μM As in low P, which was about 2.3 and 1.9 fold higher than the maximum accumulation in high P at 20 μM As for young and old tissues, respectively. In low P conditions beyond 5 μM As exposure, the accumulation of As dropped drastically in old parts of the plant 25 while no young tissues were available for analysis.

The level of S in plants was significantly positively correlated with As accumulation, both in low and high P conditions and young and old tissues of the plant (for high P, linear fit on log(As) vs. log(S), young: R2 = 0.99, old: R2 = 0.97, and for low P, linear fit on As vs S, young: R2 = 0.99, old: R2 = 0.98) (Fig. 2). In low P, the level of S increased up to the 5 µM As treatment in both young and old tissues, which contained 183 and 95% higher S in comparison to control, respectively. In high P, the level of S was about 67 and 90% higher at 20 µM As in young and old tissues than the controls, respectively.

Accumulation of P in control plants reflected the external concentration of P in solution, i.e. the high P plants accumulated about 10x more P than plants grown with low P (Fig. 2). The level of P was significantly higher in young parts in both high and low P conditions (high P: n = 42, low P: n = 20, P <0.001) at all As exposures. There was a slight decrease in P accumulation upon As exposure in high P plants, while in low P plants a significant increase in P accumulation was observed from 2 μ M As exposure (high P: n = 42, P = 0.102, n = 20, P <0.003).

Effect of As on Pigment Composition

In control plants, pigment concentrations were significantly higher in low P conditions (n = 42, P <0.001) and at low P, As had a greater effect on pigments than at high P (Fig. 3, Supplementary Fig. S1).

- In low P conditions, a concentration and duration dependent decrease in total Chl was observed upon exposure to As. At 20 μM As after four weeks, young leaves contained approximatey 86% less Chl compared to the control (Fig. 3a). Measurements done after harvest also showed a continuous decrease in Chl a and Chl b in both young and old tissues, except for a sudden increase in Chl a in old tissues at 10 and 20 μM As (Supplementary Fig. S1b). In high P, the maximum effect on total Chl occurred after two weeks, with about 45% decrease in total Chl observed at 2 μM As and a maximum amount of a 49% decrease at 20 μM As in comparison to control (Fig. 3a).
- $_{45}$ Beyond two weeks, no further decrease in total Chl content occurred. In high P, measurements done after harvest showed that in old tissues, decrease in Chl a and Chl b started only from 5 μM As while in young tissues it started already from 0.5 μM As (Fig. 3, Supplementary Fig. S1b).

Due to almost identical UV absorption spectra, antheraxanthin and lutein, as well as β -carotene and zeaxanthin, could not be distinguished from each other and therefore were quantified together termed 'antheraxanthin+lutein' and ' β -carotene-like pigments'. The time course measurement showed that in low P, the level of antheraxanthin+lutein decreased drastically at >1 μ M As after one week

and reached almost zero after three weeks at lethal As (n = 105, P <0.001). In high P, the level of antheraxanthin+lutein decreased significantly (n = 105, P <0.001) in comparison to control, however it was significantly (n = 42, P <0.001) higher than at low P (Fig. 3a). In low P, the β -carotene-like pigments and violaxanthin mostly decreased (except for an increase in old leaves at lethal As), while in high P both β -carotene-like pigments and violaxanthin showed an increasing trend with a significant increase in comparison to control from 5 μ M in both young and old tissues (n = 42, P <0.001) (Fig. 3b). Only little change was observed in Chls to carotenoid ratio in high P (n = 42, P = 0.057), but in low P it was significantly decreased with 20 μ M As in young tissues (n = 42, P <0.001) (Supplementary Fig. S1b).

Effect of As on Photosynthesis

60 To help readers outside the field of photosynthesis biophysics, all parameters of fluorescence kinetics discussed in the following are

explained in more detail in Supplementary Table S1 and the references mentioned there.

In both high P and low P conditions, F_o (minimal dark-adapted fluorescence yield) and F_m (maximum fluorescence yield in a dark adapted sample) followed the same trend as respective total chlorophyll contents (Supplementary Fig. S2).

Light-acclimated photochemical quenching (Φ_{PSII} = light-acclimated electron flow through PSII, Φ_{PSII} _i6 = 200 s after start of actinic slight) showed inhibition starting already after one week with 5 μ M As. The photochemical quenching 10 s after the start of actinic light (Φ_{PSII} _i1) was inhibited after two weeks from 5 μ M As. The photosynthetic quantum efficiency of the PSII reaction centre (PSIIRC) in dark adapted state (measured as F_v/F_m) started to decrease only after three weeks from 5 μ M As in low P (Fig. 4a left panel). The relaxation of photochemical quantum efficiency of PSII in the dark (Φ_{PSII} _r5 = 200 s after switching off actinic light) showed no significant effect at 10 μ M As up to one week and at 2 μ M As up to four weeks (n = 70, P = 0.934). Beyond that it decreased concentration- and duration- dependently. In high P, generally no significant effect on photochemical parameters was observed below 20 μ M As. Only F_v/F_m slightly decreased at 20 μ M after four weeks (n = 105, P = 0.016) (Fig. 4a right panel).

In low P, the light saturation of PSII (measured as $(F_p - F_o)/(F_m - F_o)$) decreased at higher As concentrations and/ or duration of As treatment, reaching almost zero at 20 μ M from week three. In contrast, the saturation parameter increased upon As exposure in high P plants (Supplementary Fig. S2).

In low P, the non-photochemical quenching (NPQ, up-regulation of exciton dissipation as heat in response to actinic light, Fig. 4b) increased compared to the control at the beginning of exposure to low As (i.e. one week up to 10 μM or four weeks up to 2 μM). Beyond that, i.e. at higher As or longer exposure, NPQ both at the beginning (NPQ_i1) and at the end (NPQ_i6) of the actinic light phase of the measuring protocol decreased compared to the control. The relaxation of non-photochemical quenching after 200 s of dark phase (NPQ_relax = (NPQ_i6-NPQ_r5) / NPQ_i6) was higher compared to the control at lower As exposures i.e. at 1 μM after two weeks and at 5 μM after one week then started to decline below control (Fig. 4b left panel). As a result of this declining NPQ relaxation, the NPQ remaining after switching off actinic light (10 s dark acclimation: NPQ_r1; 200 s dark acclimation: NPQ_r5) was much higher in sublethally As-stressed plants than in the control (Fig. 4, Supplementary Fig. S2). In high P, the As effects on NPQ were far less pronounced than at low P. A significant decrease in NPQ in comparison to control occurred only at 20 μM As after four weeks at the end of actinic light (NPQ_i6) (n = 105, P = 0.003). The data for NPQ_r1 and NPQ_r5 were noisy in high P plants, but still some increase upon exposure to higher As concentrations and for longer duration was visible for NPQ_r5 (Fig. 4b right panel).

To get more detailed information about the changes of NPQ, spectrally resolved fluorescence kinetics were measured (Fig. 5). It showed a similar As-dependence and spectral pattern of NPQ in the presence of actinic light both after one and two weeks, with an initial increase at sublethal As that was more pronounced at shorter wavelengths. A decline of NPQ was observed at lethal As in low P plants. After one and two weeks of As exposure, the residual NPQ after 200 s dark relaxation (NPQ_r5) showed a sharp peak at 2 to 5 µM As, with maximum NPQ in shorter wavelengths (Fig. 5). In high P, As did not clearly change the spectrally resolved kinetics of NPQ_i6, while NPQ_r5 increased at higher As concentrations after two weeks as observed in spatially resolved kinetics (Fig. 5).

Oxygen exchange by Photosynthesis and Respiration

To assess overall impact of hampered photosynthetic parameters on gas exchange, we measured oxygen exchange after four weeks of As treatment. At lower irradiance, a slight (n = 146, P = 0.967^{NS}) increase in oxygen release per fresh weight was noticed at sublethal As concentrations in low P plants. However, at higher irradiances oxygen release decreased at 5 μ M As (n = 146, P <0.001), and, beyond that, measurement was not possible. In high P, no major change in comparison to control was noticed up to 5 μ M As. Beyond that As concentration, however, oxygen release decreased slightly. Respiration initially increased in both low P (up to 0.5 μ M As) and high P (up to 2 μ M As), followed by decrease but never to levels lower than that of the control (Supplementary Fig. S3).

Production of Superoxide and Peroxides

To re-investigate As-induced oxidative stress as suggested earlier, ^{17,20} we measured superoxide and peroxide production. A concentration and duration dependent increase in the level of superoxide production was observed in both high and low P. However, it started at a later point of time than the changes in pigments and non-photochemical exciton quenching, and it was strong only at lethal As (n = 42, ⁴⁵ P <0.001). The increase in superoxide production at higher As concentrations was much stronger in low P than in high P (Fig. 6). Surprisingly, no production of peroxides was measurable under As stress (data not shown), although the same detection method had revealed peroxide production in Cr/Cu-stressed *E. gracilis*³⁴ and in Cu-stressed and Cd/Ni-stressed *C. demersum* (unpublished data).

Starch Accumulation

To have a second measure apart from growth about the net output of photosynthesis, accumulation of starch in young and old tissues of the plants was measured after four weeks of As treatment (Fig. 7). The level of starch was higher in low P plants than in high P plants (n = 42, P <0.001), and old tissues accumulated more starch than young tissues. However, both low and high P conditions yielded similar trends of starch accumulation, i.e. an initial decrease up to $2 \mu M$ As followed by sharp increase up to $20 \mu M$ As. In low P, there was no young tissue available for the measurement at 10 and $20 \mu M$ As after four weeks.

Discussion

The levels of As $(0.5 \text{ to } 20 \,\mu\text{M})$ in this study were chosen on the basis of As levels in severely contaminated areas (see Introduction). As the first obvious and important new result of this study, already these low concentrations led to severe inhibition within four weeks, as

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discussed in mechanistic detail below. Further, in the present experimental conditions, *C. demersum* accumulated several times more As than reported previously¹². This confirmed that in natural environments these plants possess high potential of As accumulation as described by Robinson *et al.* ³⁶

The levels of phosphate (P) in the present study (1 and 10 µM) were chosen on the basis of performance of plants in pre-experiments 5 for optimum growth and also on the basis of levels of P in natural aquifers.³⁷ From the growth rate and morphology, it is obvious that without As the low P condition was more favourable for C. demersum growth. However, when exposed to As, the low P plants showed more toxicity than high P plants. The level of toxicity exerted by 5 µM As in low P was even higher than what occurred at 20 µM As in high P. This could be explained by the high accumulation of As in low P. The antagonistic effect of P on As(V) uptake had been reported earlier. 12,26,38,39 However, the concentration of P taken in these studies was very high in comparison to natural aquifers or in soil solution 10 where it is rarely higher than 10 μM, i.e. in the high affinity range. 37,40 Since high affinity P transporters are the main route of As(V) uptake, the study of As and P interaction within this range would lead to important conclusions. In the present study, the accumulation of As in plants exposed to 1 µM As at low P (1 µM) was 21-fold higher in young tissues than what occurred at 1 µM As in the presence of high P (10 μM). Further, in low P plants, the strong influx of As, especially at > 1 μM As, resulted in severe irreversible toxicity, becoming lethal from 5 µM As. In contrast, in high P plants, the As influx was probably slow enough to allow detoxification of most of 15 the As in the cell as reviewed by Meharg & Hartley-Whitaker. This would explain why the high P plants acclimated to sublethal As after longer exposure i.e. after > 2 weeks. It was reported earlier that As inhibits the uptake of P in plants. 38 In contrast, in the present study, the low P plants exhibited a sharp increase in P accumulation with increase in As concentration. Probably in low P plants the decrease in the molar ratio of P to As increased intra-cellular competition. This might be sensed by the plants as P starvation, leading to upregulation of P transporters resulting in increased accumulation of P. However, this enhanced activity of P transporters could further 20 increase As influx. Thus, As and P seem to affect each other's uptake in a complex way depending on environmental and intracellular concentration. Further, this also indicates that there is a switch in the plants' response to sublethal vs. lethal As, which was also evident from other parameters discussed below. The higher level of P in young tissues than in old tissues is probably due to the greater requirement for P by growing tissues. However, despite being taken up through same transporters, As showed a different distribution pattern. In high P plants, a relatively high proportion of total As was found in old tissues, while in low P plants the both young and old 25 tissues accumulated an almost similar level of As. This might be attributed to the As detoxification mechanism. The strong positive correlation between As and S in plants in the present study points at the role of thiol containing ligands (viz. glutathione and phytochelatins; PCs) in As detoxification. 12,28 Since As-thiol complexes are known to be stored in vacuoles, 41,42 old tissues, having bigger vacuoles and thus more capacity for As storage than young tissues, accumulated more As. In our recent study, we found that the epidermis of mature leaves accumulated more As (mostly bound to PCs) than that of young mature leaves.²⁸ However, in low P plants, 30 the allocation of As into old tissues was most likely limited probably due to inadequate transport of As-thiol complexes into the vacuole as a result of rapid influx of As. Inadequate downstream processing of metal-PC complexes has been reported as limiting step in PC mediated detoxification of cadmium at higher concentrations by C. demersum and by transgenic tobacco plants.^{43,44} This may be similar for the metalloid As.

The decrease in the level of chlorophylls upon As exposure was negatively correlated with the accumulation of As. Chlorophylls are the main photosynthetic pigments in plants. Thus, a decrease in the level of chlorophylls will result in decreased photosynthesis under light-limited conditions (e.g. at the bottom of ponds where *C. demersum* lives) and eventually hamper plant growth. Thus, it is among the most important results of this study that pigments started to decrease already at very low, sublethal As concentrations both in low and high P conditions (Fig. 8). The decrease in chlorophylls may be attributed to their reduced biosynthesis, to an enhanced enzymatic degradation, ^{45, 46} or to uncontrolled chemical degradation upon cell death. Among the carotenoids analysed, violaxanthin acts as an antenna pigment while antheraxanthin and β-carotene-like pigments play a protective role through non-photochemical quenching of excess energy, which is particularly important under stress conditions. ^{47,48} Lutein takes part both in light harvesting ⁴⁹ and non-photochemical quenching of excess energy. ^{47,48} Although violaxanthin and β-carotene-like pigments showed a slight increase, the severe reduction in antheraxanthin+lutein in low P plants contributed to the impairment of photosynthesis upon As exposure, which ultimately resulted in decreased photosynthetic oxygen release. While in high P plants antheraxanthin+lutein levels were not affected by As, violaxanthin and β-carotene-like pigments gradually increased. As a result, only little damage to photosynthetic capacity occurred in high P plants. The sudden increase in Chl a and β-carotene-like pigments in old tissues at lethal As in low P plants was likely caused by the epiphytic cyanobacteria which were observed to grow under these conditions and could not be removed completely from the fragile old tissues at these treatments.

Interestingly, non-photochemical quenching (NPQ) increased up to 5 μ M As at low P and 10 μ M As at high P, only at even higher (lethal) As it decreased. The relaxation of NPQ was inhibited already at sublethal As concentrations, such that NPQ_r5 in As exposed plants was higher than in the control. The spectrally resolved florescence kinetics of NPQ showed that the enhancement of NPQ had a maximum at shorter wavelengths, where mostly the outer PSII antenna (light harvesting complex II, LHCII) emits fluorescence. Thus the enhancement of NPQ in the actinic light phase of the measurement (NPQ_i6) and the slower relaxation in the dark (elevated NPQ_r5) indicate a change of the coupling of LHCII that enhanced LHCII-mediated non-photochemical energy dissipation. The elevated, slowly relaxing NPQ is at first glance surprising in view of the decreased energy input into the reaction centres caused by the decrease in pigments. This change in NPQ regulation could be a consequence, however, of less coupling of the remaining pigments. This diminished coupling would lead to more damage if the energy that cannot be transferred to the reaction centres would be transferred e.g. to singlet oxygen (Fig. 8). The inhibition of electron flow (Φ_{PSII}) started at a later point of time and at higher As concentrations, forming the transition to the lethal effects of As.

At lethal As concentrations in low P conditions, all photosynthetic parameters strongly decreased. Not only electron flow through PSII was hampered, but also NPQ stopped functioning. This resulted in a completely non-functional photosynthetic system as evident by the saturation parameter, which reached almost zero at these concentrations. In high P plants, even at the lethal concentration (20 μ M As) maximal photochemical efficiency of the PSIIRC decreased only slightly, and electron flow through PSII did not significantly change even at this time. This means that the few remaining photosystems still had functional electron transport chains. Non-photochemical

quenching (NPQ) decreased at lethal concentrations in high P, with more decrease in the initial part of the actinic light phase (NPQ_i1) than at the end (NPQ_i6), and also NPQ relaxation was inhibited. Inhibition of controlled non-photochemical dissipation of excess excitons means that these excitons can e.g. excite oxygen. Thus, the inhibition of NPQ at lethal As most likely led to the strong increase in superoxide in dying plants. Earlier studies suggested that oxidative stress plays a decisive role in As toxicity^{17,20}. Interestingly, in our study the oxidative stress was not a reason for reduced growth or inhibition of photosynthesis, as it appeared later and at higher As concentrations than inhibition of NPQ and retardation in growth. Instead, its late onset shows that it is clearly a result of malfunctioning photosynthesis (Fig. 8). In contrast to other toxic treatments, As toxicity did not lead to measurable production of peroxides that are detectable by the well-known ROS detection agent H₂DCFDA.

The rate of respiration increased up to sub-lethal concentrations and then decreased at lethal concentrations in comparison to controls in both low and high P plants. These changes were stronger at low P than at high P, but the low vs. high P difference was less than for photosynthesis, showing that the drastically stronger toxicity at low P is not related to changes in respiration. The higher accumulation of starch in old tissues than in young tissues might be a food storage strategy of the plant. However, the initial decrease in the level of starch up to 2 µM As followed by increase up to lethal concentrations appears to be related to the differential stress perception response of the plants at lethal and sub-lethal concentrations of As. It seems that initially plants tried to defend themselves against As toxicity by some mechanism such as increased synthesis of detoxification-related amino acids and other metabolites, which induced catabolic processes, e.g. respiration and induced utilization of starch. However, at higher As concentrations, starch utilization became inhibited. Further, the toxicity experienced by the plants could directly be related to the change in distribution pattern of As from sublethal to lethal concentrations, i.e. increase in the level of As in the mesophyll at lethal As concentration, as observed in our recent study.²⁸

In conclusion, with the increase in intracellular As, plants induced detoxification processes such as enhanced acquisition of S, probably to synthesize thiol containing ligands to complex As. Nevertheless, intracellular weakly bound As increased, initiating decline in photosynthetic pigments, leading to moderate growth inhibition through decreased light harvesting. However, until a certain physiological threshold, the core photosynthesis (e⁻ transport and PSIIRC) was not affected. Up to this threshold, other key physiological processes, i.e. gas exchange through photosynthesis and respiration, were also not affected. However, further increase in intracellular As disrupted e⁻ flow through PSII and later inhibited PSIIRC. This malfunctioning of photosynthesis led to enhanced generation of superoxide and eventually appearance of severe toxic symptoms.

The different sequence of events in arsenic-induced damage as revealed now suggests that breeding As-resistant plants should focus on different aspects of metabolism than previously believed (more on photosynthesis, less on oxidative stress). Although in higher plants root acts as barrier for As translocation to shoot, still significant amount of As accumulates in shoots causing growth inhibition and lower yield, e.g. in rice. Thus the mechanism of shoot toxicity revealed in the present study is equally important for crops and other plants having roots. Increasing P concentration in the nutrient solution drastically shifted the threshold of lethal As effects. This did not only involve reducing As influx through uptake competition, but also involved altering uptake regulation and modifying intracellular processes. The latter was evident by the constant threshold As concentration of the onset of pigment effects compared to the shifted threshold concentration of PSIIRC inhibition and death.

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Notes and References

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†Electronic Supplementary Information (ESI) available: Composition of the nutrient solution and explanations of fluorescence kinetic parameters (TABLE S1 & S2), rest figures of pigments and photosynthetic parameters (Supplementary Fig. S1 & S2), methodology of gas exchange and starch and figures of photosynthesis and respiration (Supplementary Fig. S3). Line graph versions showing error bars of all 2D-colourmap figures (Supplementary Fig. S4-S9).

‡ Indices i1, r6, r5; i1: after 10 s of actinic light; i6: after 200 s of actinic light; r5: after 200s relaxation in the dark after the actinic light period.

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Figures

Fig. 1: Growth response of *Ceratophyllum demersum* exposed to As under low and high P conditions. (a) Growth rate of the plants per week calculated on the basis of fresh weight. Negative growth rates means net loss of biomass i.e. more tissue dies off and decays from the lower part of the plant than what is growing new at the tip of the plant. The data are the mean of three experiments (two-dimensional s figure showing the time course on the Y and the As concentration series on the X axis, with linear interpolation between measured points). (b) Visual symptoms of As toxicity.

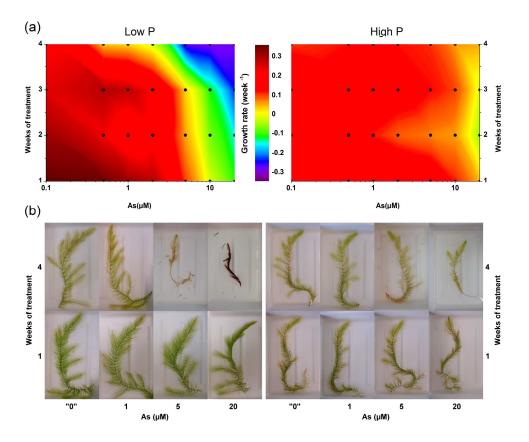


Fig. 2: Accumulation of As and other elements in young and old tissues. Plants were exposed to As under low and high P conditions for four weeks. Data are mean $\pm SE$ of three experiments.

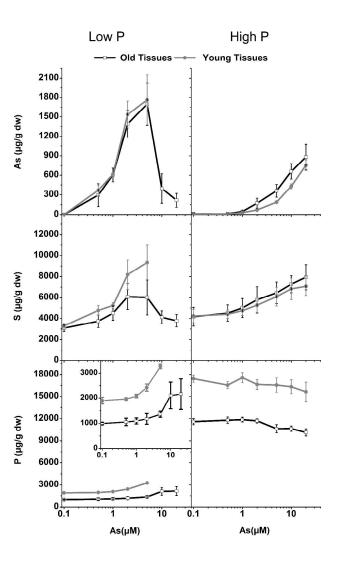


Fig. 3: Effect of As on photosynthetic pigments under low and high P conditions. (a) Effect on total chlorophyll and ntheraxanthin+lutein during four weeks of As exposure (two-dimensional figure showing the time course on the vertical axis and the As concentration series on the horizontal axis of each panel). The data are the mean of three experiments. (b) Effect on β -carotene-like pigments and violaxanthin β after four weeks in young and old tissues. Data are mean \pm SE of three experiments. Antheraxanthin and lutein and β -carotene and zeaxanthin could not be distinguished from each other due to almost identical UV absorption spectra. Thus, these were quantified together and termed 'antheraxanthin+lutein' and ' β -carotene like pigments'.

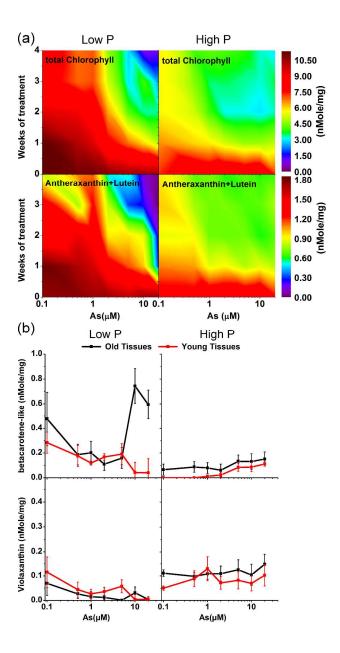


Fig. 4: Effect of As on photosynthesis biophysics measured by *in vivo* chlorophyll fluorescence kinetic measurements. Plants were exposed to As for four weeks under low and high P conditions (two-dimensional figure showing the time course on the vertical axis and the As concentration series on the horizontal axis of each panel). The data are the mean of three experiments. (a) Effect on photochemical parameters measured as $F_v/F_m = (F_m-F_0)/F_m$; maximal dark-adapted photochemical quantum yield of the photosystem II reaction centre, $\Phi_{PSII} = (F_m'-F_1')/F_m'$; Light-acclimated linear electron flow, Φ_{PSII} _i1 after 10 s of actinic light, Φ_{PSII} _i6 after 200 s of actinic light, Φ_{PSII} _r5 = Capacity of electron flow after 200 s of relaxation in the dark. (b) Effect on non-photochemical quenching of energy measured as $NPQ = (F_m-F_m')/F_m$, NPQ_i1; after 10 s of actinic light, NPQ_i6; after 200 s of actinic light, NPQ_r5; non-photochemical energy quenching after 200 s of dark phase. NPQ_relax = (NPQ_i6-NPQ_r5)/NPQ_i6; relaxation of non photochemical quenching within 200 s after end of actinic light.

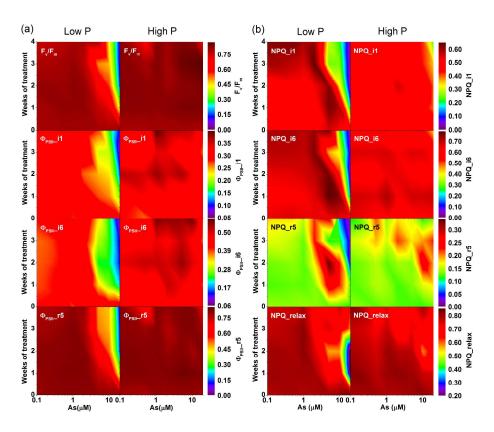


Fig. 5: Effect of As on non-photochemical quenching measured in a spectrally resolved way. Note that the spectra shown are spectra of $NPQ = (F_m \cdot F_m')/F_m, \ not \ of \ fluorescence \ itself; \ the \ method \ of \ spectrally \ resolved \ fluorescence \ quenching \ analysis \ is \ discussed \ in \ detail \ in$ Küpper et al. 2007a. Plants were exposed to As under low and high P conditions. Data are the mean of three experiments. $NPQ = (F_m - F_m ')/F_{m,} NPQ_i6; \ after \ 200 \ s \ of \ actinic \ light, \ NPQ_r5; \ after \ 200 \ s \ of \ dark \ phase.$

> Low P High P Week 1 Week 1 0.8 9. Odn 0.4 NPO 16 Week 2 0.8 0.8 9 0.6 0.4 0.2 0.6 0.4 0.4 0.4 0.3 0.2 0.1 NPQ 15 NPO 15 0.4 NPQ 15

0.2

NPO 15

Fig. 6: Effect of As on superoxide generation by leaves. Plants were exposed to As under low and high P conditions. Data are mean of three experiments (two-dimensional figure showing the time course on the vertical axis and the As concentration series on the horizontal axis)

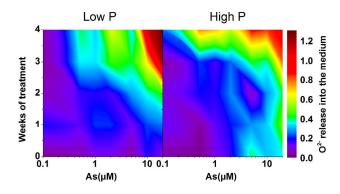


Fig. 7. Effect of As on starch accumulation in young and old tissues. Plants were exposed to As for four weeks under low and high P conditions. Data are mean \pm SE of three experiments.

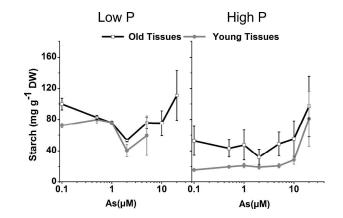


Fig. 8: Scheme of pathways of arsenic toxicity in plants. The scheme was derived from the results of the current study and general knowledge about bioenergetics (the rectangles indicate measured effects, and the ovals are interpretations). The concentration thresholds shown are for low P conditions; at high P they are shifted upwards with lethality being reached at $> 20 \mu M$.

As in solution increasing Intracellular As increasing G Enhanced degradation or R decreased synthesis 0.5 µM As 0 less light harvesting W Decrease in pigment at low irradiances concentration Т Н Efficiency of exciton transfer between pigments reduced, thus increased risk for R thermal relaxation of excitons 1 µM As Ε Increase of NPQ and less efficient D retardation of NPQ relaxation energy use C After a certain physiological threshold T antenna disturbed --> not enough excitons reaching the reaction centre 2 μM As 0 less energy e flow through PSII (Φ_{PSII}) for syntheses inhibited Sublethal Lethal NPQ strong PSII less energy RC inhibition decreased for syntheses D Е unused excitons damage to membranes, Sharp increase in ROS proteins, DNA At very high As: increase in starch accumulation inhibition of other

processes

despite little starch production