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**Recent Advances in Electrochemical Detection of Reactive Oxygen Species: A Review**

Journal:	<i>Analyst</i>
Manuscript ID	AN-CRV-12-2024-001533.R1
Article Type:	Critical Review
Date Submitted by the Author:	17-Feb-2025
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## Recent Advances in Electrochemical Detection of Reactive Oxygen Species: A Review

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### Abstract

Reactive oxygen species (ROS) are mainly generated as a result of cellular metabolism in plants and animals, playing a crucial role in cellular signaling mechanisms. The excessive generation of ROS leads to oxidative stress, which is associated with numerous diseases such as cancer, diabetes, and neurodegenerative disorders. Superoxide ( $O_2^{\bullet-}$ ), hydrogen peroxide ( $H_2O_2$ ), and hydroxyl radicals ( $\bullet OH$ ) are the most common ROS involved in a wide range of human diseases. Therefore, sensitive and selective detection of these ROS is of paramount importance for understanding their roles in biological systems and for disease diagnosis. Among the various detection methods, electrochemical techniques have gained significant attention due to their high sensitivity, selectivity, and real-time monitoring capabilities. Electrochemical methods incorporate both organic and inorganic molecules to detect and monitor ROS, facilitating a deeper understanding of how their levels influence diseases linked to oxidative stress. This review aims to provide a critical discussion on the recent advances in electrochemical methods for detecting  $O_2^{\bullet-}$ ,  $H_2O_2$ , and  $\bullet OH$ . The review also highlights the application of these electrochemical techniques in detecting ROS in living cells and discusses the challenges and future perspectives in this field.

**Keywords:** reactive oxygen species, electrochemical sensors, enzyme-based biosensors, enzyme-free sensors, oxidative stress

## 1. Introduction

Reactive oxygen species (ROS), which are believed to be associated with a variety of pathological conditions, have caught the attention of many researchers in medical, biological, and chemical fields. ROS are reactive molecules that can be generated through several mechanisms, including incomplete oxidation of molecular oxygen. ROS primarily refers to free radicals, including hydroxyl ( $\bullet\text{OH}$ ), superoxide ( $\text{O}_2^{\bullet-}$ ), peroxynitrite ( $\text{ONOO}^-$ ), peroxy radical ( $\text{ROO}\bullet$ ), and alkoxy radical ( $\text{RO}\bullet$ ). Additionally, this group includes non-radical reactive molecules like hydrogen peroxide ( $\text{H}_2\text{O}_2$ ) and singlet oxygen ( $^1\text{O}_2$ ). The most frequently found ROS are  $\text{O}_2^{\bullet-}$ ,  $\text{H}_2\text{O}_2$ , and  $\bullet\text{OH}$ . These species are predominantly produced in mammals [1, 2], plants [3], and through various natural environmental processes [4]. Endogenously, the mitochondrial respiration process is the main source of ROS production from oxygen. Exogenously, their generation is triggered by exposure to harmful elements, including xenobiotics, pathogens, and ultraviolet light. ROS are commonly found in environments such as natural water sources [5], the smoke from cigarettes [6], and pollutants in the air [7], where they are primarily generated through processes of photolysis and electron transfer. In plants, ROS are generated due to the inevitable release of electrons to  $\text{O}_2$  during the electron transport processes of mitochondria, chloroplasts, and plasma membranes or as a side product of diverse metabolic pathways in different cell areas [8-11]. In mammals, the main sources of ROS are nicotinamide adenine dinucleotide phosphate oxidases (NOXs), in conjunction with mitochondrial enzymes that are part of the respiratory chain [12, 13]. Superoxide dismutase (SOD) in the mitochondria is responsible for changing  $\text{O}_2^{\bullet-}$  into either  $\text{H}_2\text{O}_2$  or  $\bullet\text{OH}$  [14]. ROS, at low concentrations, significantly contribute to the regular physiological processes in our bodies [15]. They control the process of transmitting signals, maintaining a stable

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3 internal environment, acting as a defensive mechanism against bacteria, and activating  
4 transcription [16].  
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8 Nevertheless, an imbalance in the levels of ROS and antioxidants leads to the onset of  
9 oxidative stress [17]. Oxidative stress is a condition characterized by an increase in the  
10 concentration of ROS inside cells, resulting in harmful effects on DNA, lipids, and proteins [18].  
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12 This oxidative stress triggers a variety of medical conditions, such as chronic kidney diseases,  
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14 diabetes, cancer, neurodegenerative diseases, cardiovascular diseases, chronic obstructive  
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16 pulmonary diseases (COPD), and plays a significant role in aging [19-23].  
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22 Recently, the detection of ROS has attracted more attention in various fields, including  
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24 biology, medicine, and industry. For instance, in the field of biology, the capability to accurately  
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26 and promptly detect ROS is pivotal for exploring their dynamic roles and impacts on cellular  
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28 mechanisms in plants and bacteria [24]. In the medical field, the early detection of variations in  
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30 ROS levels is crucial for conducting pathological research, diagnosing diseases, and performing  
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32 health screenings [25]. In the fuel cell industry, monitoring ROS levels is critical for assessing the  
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34 integrity and efficiency of fuel cells, as it can provide valuable insights into oxidative reactions  
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36 and material degradation, thereby resulting in improvements in fuel cell design and longevity [26].  
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38 However, in the ongoing advancement of ROS detection, several challenges must be addressed. A  
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40 primary issue is the unique inherent properties of ROS, like their lifespan, diffusion rate, and  
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42 diverse generation sources. These characteristics can lead to imprecise and inconsistent readings.  
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44 Additionally, the typically low and unstable concentrations of ROS at their points of origin might  
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46 make many detection methods inappropriate, particularly in living cells, where precision and  
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48 reliability are crucial [27].  
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Researchers have employed various methods to detect ROS, including electron spin resonance [28], immuno-spin trapping [29], mass spectrometry [30], high-performance liquid chromatography (HPLC) [31], chemiluminescence [32], fluorescence spectroscopy [33], spectrophotometry [34], and electrochemical techniques [35]. While each of these techniques offers distinct advantages, some face limitations like the inability to be miniaturized, being labor-intensive, time-consuming, and lacking the capability for on-site analysis [36]. However, among these detection approaches, electrochemical sensing is gaining prominence because of its superior sensitivity, user-friendly operation, miniaturization possibilities, quick reaction time, and cost-effectiveness [35].

Among the different ROS,  $O_2^{\bullet-}$ ,  $H_2O_2$ , and  $\bullet OH$  are notable for their significant pathological responses. This chapter focuses on the current advancements in electrochemical methods developed to measure these specific ROS.

## 2. Superoxide ( $O_2^{\bullet-}$ )

### 2.1. Introduction to Superoxide ( $O_2^{\bullet-}$ )

Superoxide ( $O_2^{\bullet-}$ ), a vital molecule in mammalian cells, is produced within mitochondria either through incomplete reduction of oxygen or during adenosine triphosphate (ATP) synthesis. ATP is the primary energy carrier molecule used by cells to power various biological functions.  $O_2^{\bullet-}$  serves important functions, acting as a secondary messenger in signaling pathways and regulating gene expression [37]. Although necessary for normal metabolic activities, the levels of  $O_2^{\bullet-}$  are regulated by balancing its enzymatic production and degradation by antioxidants. An imbalance leading to excessive  $O_2^{\bullet-}$  can induce oxidative stress, damaging nearby proteins and initiating stress-related signaling, which is associated with diseases such as atherosclerosis, autism, Parkinson's, and Alzheimer's [38]. Monitoring  $O_2^{\bullet-}$  levels is essential for the early diagnosis of

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3 disease. Normal intracellular  $O_2^{\bullet-}$  concentration is around 10-100 nM, but it can increase  
4 significantly during stress or illness, up to 0.1 mM [39]. This abnormal increase necessitates the  
5 development of detection methods with very low detection thresholds.  
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10 Traditional detection methods like ESR, MS, and HPLC have their own drawbacks,  
11 especially in detecting  $O_2^{\bullet-}$  directly at its generation sources and at lower concentrations. In  
12 contrast, electrochemical techniques are increasingly being recognized as more efficient owing to  
13 their higher sensitivity and capability to measure  $O_2^{\bullet-}$  right at its production sites. Electrochemical  
14 techniques are known for their high sensitivity and selectivity, low invasiveness, and quick  
15 response, making them ideal for real-time observations in living cells [40]. Nonetheless, further  
16 improvements are needed in accuracy, cellular compatibility, and stability, with minimal toxicity.  
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## 19 *2.2. Electrochemical Methods for Superoxide ( $O_2^{\bullet-}$ ) Detection*

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29 Electrochemical techniques function on the principle of direct interaction between  
30 particular sensing element and target molecules. Several studies have reported the detection of  $O_2^{\bullet-}$   
31 in various cell types, including tumor cells [41], macrophages [42], cancerous cells [43], skeletal  
32 muscle cells [44], and human keratinocyte cells [45]. Despite these advancements, several  
33 challenges remain in applying electrochemical techniques for  $O_2^{\bullet-}$  detection in biological tissue  
34 samples. One of the key challenges in the development of electrochemical methods for detecting  
35  $O_2^{\bullet-}$  is ensuring cell penetration. Owing to the fact that  $O_2^{\bullet-}$  is produced in the mitochondria and  
36 has a limited lifetime due to its high reactivity [46], the electrochemical approach needs to be  
37 designed with biological and chemical compatibility to facilitate cell penetration and enable the  
38 detection of  $O_2^{\bullet-}$  at its point of generation [47]. To enhance the selectivity, sensitivity, and  
39 biocompatibility of electrochemical techniques for  $O_2^{\bullet-}$  detection in cells and tissues, biological  
40 catalysts like superoxide dismutase (SOD) and cytochrome c (Cyt-c) are employed. These  
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3 enzymes expedite the dismutation of  $O_2^{\bullet-}$ , serving as cellular antioxidants [48]. Further sensitivity  
4 is achieved by combining these biological molecules with metal oxide nanomaterials, which offer  
5 high conductivity and high surface area for attaching biological molecules, thus improving reactive  
6 sites and electrical communication with electrodes [49]. Biocompatibility is a critical aspect of  
7 electrochemical techniques, necessitating the meticulous choice of nanomaterials and biological  
8 molecules combinations. Materials like hydrogel and chitosan are used to coat electrode surfaces,  
9 enhancing biocompatibility while preserving the catalytic properties of biological molecules [50].  
10 Even with these enhancements, the fundamental redox reactions between biological molecules and  
11  $O_2^{\bullet-}$  remain the same.

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24 A significant drawback of enzyme-based electrochemical sensors is the interference from  
25 additional electroactive species at high operating potentials [51]. To overcome this interference,  
26 the biological enzymes on the surface of the electrode are often modified with inorganic or organic  
27 materials, aiming to lower the operating potential. For example, Crulhas et al. [43] developed a  
28 biosensor for detecting  $O_2^{\bullet-}$  released from cancer cells by integrating ferrocene (FC) and SOD  
29 within a poly (ethylene glycol) diacrylate hydrogel matrix, deposited on gold microelectrodes. This  
30 design resulted in a sensitive and selective detection method with a wide linear detection range  
31 from 5 to 100  $\mu\text{M}$  and a low limit of detection (LOD) of 0.001  $\mu\text{M}$  [43]. In 2019, Moya et al.  
32 modified a platinum electrode with poly (3,4-ethylenedioxythiophene) (PEDOT) and  
33 immobilizing SOD by a drop-coating method [52]. This combination aimed to increase sensitivity  
34 and specificity in  $O_2^{\bullet-}$  detection. The PEDOT layer provided a conducive environment for SOD  
35 activity, while ensuring efficient electron transfer. The amperometric biosensor developed through  
36 this method exhibited a linear response in the range of 0.175 – 2.8  $\mu\text{M}$ , a high sensitivity of 0.82  
37  $\mu\text{A}/\mu\text{M}$ , and a low LOD of 11.3 nM [52]. Rajesh et al. developed a biosensor for the detection of  
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3  $O_2^{\bullet-}$  by integrating carbon nanotubes (CNTs) and polypyrrole (PPy) on a platinum electrode [53].  
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5 The CNTs were chosen for their exceptional electrical conductivity and high surface area,  
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7 enhancing the electron transfer rate. The PPy served as a stable matrix to embed the CNTs and to  
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9 immobilize the SOD. The electrode surface was first coated with the CNT-PPy composite, creating  
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11 a conducive environment for SOD attachment. The combination of these materials resulted in a  
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13 synergistic effect, significantly improving the performance of the biosensor in terms of sensitivity,  
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15 stability, and response time. This biosensor design enabled the electrochemical detection of  $O_2^{\bullet-}$ ,  
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17 with a linear detection range from 0.1 to 750  $\mu\text{M}$  and LOD of 0.1  $\mu\text{M}$  [53]. Zhu et al. employed a  
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19 two-step process to develop an ultrasensitive sensor for detecting  $O_2^{\bullet-}$  released from living cells  
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21 [54]. The first step involved forming a porous copper nanostructure through electrodeposition and  
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23 hydrogen evolution methods. Subsequently, this structure underwent galvanic replacement to  
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25 transform into a porous platinum-palladium framework with a high surface area and abundant  
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27 active sites. SOD was then affixed to this framework. The developed biosensor demonstrated a  
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29 rapid, specific, and linear amperometric response to  $O_2^{\bullet-}$  within the concentration range of 16  $\mu\text{M}$ –  
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31 1.536 mM, with a detection threshold of 0.13  $\mu\text{M}$  [54]. The capability of the sensor to detect trace  
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33 amounts of  $O_2^{\bullet-}$  from living cells was verified through the detection of  $O_2^{\bullet-}$  in living cells induced  
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35 by Zymosan A, which is known to trigger inflammation responses and  $O_2^{\bullet-}$  production.  
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42 While this method demonstrated high sensitivity and specificity, the complexity and multi-  
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44 step nature of their fabrication process could pose challenges for scalability and practical  
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46 applications. Doran et al. developed a biosensor using a dip-coating approach to immobilize SOD  
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48 onto a platinum (Pt) electrode modified with poly(phenylenediamine) [55]. To enhance sensitivity  
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50 and selectivity, they co-immobilized several stabilizers and cross-linkers at various concentrations  
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52 using a dip-coating approach. The optimally designed sensor used five dip-coatings with a  
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3 composite containing 200 U/mL SOD, 0.5% glutaraldehyde, and 2% polyethylenimine. The sensor  
4 had a rapid response time of approximately 1 second, high sensitivity of 0.91 nA/ $\mu$ M, and a LOD  
5 of 0.063  $\mu$ M [55]. Although Doran et al. attempted to simplify sensor construction by employing  
6 a dip-coating method, their approach introduced its own challenges. The requirement for multiple  
7 dip-coating cycles and precise formulation of stabilizers and cross-linkers added complexity and  
8 variability to the sensor preparation, potentially limiting its practical applicability. Wang et al.  
9 proposed a novel biosensor that simplifies the immobilization process of SOD by using a sodium  
10 alginate (SA) sol-gel film to encapsulate and stabilize the enzyme. This approach offers a practical  
11 solution that maintains high sensor performance while reducing preparation complexity [56]. The  
12 preparation of the modified electrode was relatively straightforward. It involved mixing SOD with  
13 SA and applying the mixture to a pretreated gold electrode. The developed sensor demonstrated  
14 excellent analytical capabilities including a low operating potential (0V), high selectivity, a broad  
15 linear range (0.44 – 229.88  $\mu$ M), and a low LOD (0.23  $\mu$ M) [56].  
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33 While enzyme-based sensors are capable of reliably detecting  $O_2^{\bullet-}$ , the enzyme itself  
34 encounters many obstacles, including deactivation and inconsistent repeatability of sensor  
35 performance in harsh environments [57]. Moreover, the high costs of enzymes, their short lifespan,  
36 and reproducibility issues further challenge the practicality of enzyme-based sensors. Their  
37 susceptibility to harsh operating conditions intensifies these issues. Natural enzymes, integral to  
38 these sensors, are prone to denaturation due to environmental fluctuations in pH, temperature, and  
39 humidity. This inherent instability severely restricts the effectiveness of enzyme-based sensors in  
40 diverse and demanding applications [58].  
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52 In response to these challenges, several innovative technologies including enzyme-free  
53 electrochemical sensors have been developed. These sensors stand out for their robust and  
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3 consistent performance, capable of accurately detecting analytes even in harsh conditions.  
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5 Enzyme-free electrochemical sensors employ a variety of materials, which mimic the properties  
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7 of natural enzymes, for their fabrication. These components include nanotube structures, catalysts,  
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9 and nanocomposites designed to fabricate sensors that not only mimic enzyme characteristics but  
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11 also offer robustness and precision [59]. Additionally, synthetic biomimetic enzymes have shown  
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13 their efficacy as cost-effective artificial enzymes, exhibiting enhanced stability and exceptional  
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15 recyclability [58, 60].  
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20 In 2015, Liu et al. developed an enzyme-free biosensor using Prussian Blue (PB) cubes  
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22 supported on nitrogen-doped graphene sheets (NGS) for the electrochemical detection of  $O_2^{\bullet-}$ . The  
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24 PB-NGS hybrid was synthesized through a facile method and applied to a screen-printed gold  
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26 electrode (SPGE). They observed a synergistic effect between the PB and NGS, which resulted in  
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28 boosting the electrochemical performance of the sensor, including enhanced electron transfer from  
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30 PB to the electrode substrate. The LOD was calculated to be 1.2  $\mu\text{M}$  with a sensitivity of 0.32  
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32  $\mu\text{Acm}^{-2}\mu\text{M}^{-1}$  [60]. Despite its effective catalytic properties, the reliance on PB in the sensor design  
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34 might introduce stability issues, limiting the reliability and broader application of the sensor.  
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36 Acknowledging the potential stability issues with PB, in 2017, Liu et al. developed an  
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38 electrochemical sensor free of enzymes and metals, designed for  $O_2^{\bullet-}$  detection through surface  
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40 interactions with nitrogen-doped hollow mesoporous carbon spheres (N-HMCS). Nitrogen doping  
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42 was identified as the primary key of high sensitivity, owing to the electron-donating characteristics  
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44 of nitrogen that enhanced chemical reactivities and electron transport properties. The low detection  
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46 limit of 2.2  $\mu\text{M}$  could be attributed to various characteristics of N-HMCS, including superior  
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48 conductivity, abundant pore size, and a large specific surface area of N-HMCS which resulted in  
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50 enhanced electron transfer during the process of  $O_2^{\bullet-}$  reduction [61]. While these enzyme-free  
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3 sensors represent a significant advancement in detecting  $O_2^{\bullet-}$ , their LODs are not sufficiently low  
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5 to identify  $O_2^{\bullet-}$  in living cells, which necessitates nanomolar range detection. Consequently,  
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7 several electrochemical sensors based on metal oxides have been designed in an effort to increase  
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9 the sensitivity and selectivity of the sensors.  
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13 In 2021, Wang et al. developed a facile method to synthesize ultrathin two-dimensional  
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15 (2D) graphene-like  $CeO_2$ - $TiO_2$  mesoporous nanosheets (MNS- $CeO_2$ - $TiO_2$ ) using polydopamine-  
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17 coated graphene (rGO@PDA) as a template [62]. The mesoporous nanostructures provided  
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19 advantages such as enhanced surface roughness, decreased thickness, higher pore volume, and  
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21 greater specific surface area. In order to obtain a highly efficient electrocatalyst, the composite  
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23 was also infused with silver nanoparticles (AgNPs). Figure 1 illustrates the fabrication of the final  
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25 composite (Ag/MNS- $CeO_2$ - $TiO_2$ ) which was used to modify screen-printed carbon electrodes  
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27 (SPCEs) for non-enzymatic electrochemical detection of  $O_2^{\bullet-}$ . Nafion was drop casted to prevent  
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29 the detachment of the nanocomposite from the electrode surface. The electrode exhibited a high  
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31 sensitivity of  $737 \mu A cm^{-2} mM^{-1}$  and a detection limit of  $0.0879 \mu M$ . In addition, the sensor was  
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33 successfully applied for real-time monitoring of  $O_2^{\bullet-}$  released from HepG2 cells upon stimulation,  
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35 demonstrating their potential for analysis of  $O_2^{\bullet-}$  in biological systems [62]. While the 2D  
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37 structures offer enhanced surface roughness and electron transfer rates, they may lack the three-  
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39 dimensional porosity and structural complexity that 3D frameworks provide.  
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Figure 1. An illustration depicting the fabrication process of Ag/MNS-CeO<sub>2</sub>-TiO<sub>2</sub> materials as well as the detection of O<sub>2</sub><sup>•-</sup> (Reproduced from [62] with permission from ELSEVIER, copyright 2021).

In 2022, Wang et al. developed a novel electrochemical sensor for detecting O<sub>2</sub><sup>•-</sup> by synthesizing two-dimensional mesoporous nitrogen-rich carbon nanosheets loaded with CeO<sub>2</sub> nanoclusters (2D-mNC@CeO<sub>2</sub>) [63]. The synthesis involved a multi-step process where block copolymers served as soft templates while polydopamine was used to chelate metal ions, resulting in an organic-inorganic hybrid material. This hybrid precursor was then transformed into 2D-mNC@CeO<sub>2</sub> through thermal carbonization under inert atmosphere. The resulting material featured a unique structure with uniformly dispersed CeO<sub>2</sub> nanoclusters (<3 nm) on nitrogen-doped carbon nanosheets with hierarchical mesopores. This structure provided enhanced electron transfer, improved mass transport efficiency, and numerous active sites. Additionally, the small size of the CeO<sub>2</sub> nanoclusters resulted in a high Ce<sup>3+</sup>/Ce<sup>4+</sup> ratio (43.06%), which improved the superoxide dismutase-like activity of the material. The developed sensor showed excellent performance with a detection limit of 0.179 μM and sensitivity of 401.4 μAcm<sup>-2</sup>mM<sup>-1</sup>. They demonstrated the practical utility of the sensor by successfully monitoring O<sub>2</sub><sup>•-</sup> released from

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3 HepG<sub>2</sub> cells stimulated with Zymosan A, showing its potential for biological applications in  
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5 clinical diagnostics [63].  
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9 In 2020, Cui et al. developed a non-enzymatic electrochemical sensor for O<sub>2</sub><sup>•-</sup> detection by  
10 combining manganese(III) tetraphenyl porphine (MnTPP) as a superoxide dismutase mimic with  
11 electrochemically reduced graphene oxide (ERGO) on a GCE [64]. ERGO was first  
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13 electrodeposited on the electrode surface from a GO dispersion at -1.2 V for  
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15 250 s, followed by drop-casting MnTPP aqueous solution to create the MnTPP/ERGO/GCE  
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17 sensor. The ERGO provided a large surface area for MnTPP immobilization and enhanced  
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19 conductivity, while MnTPP served as the electrocatalyst for O<sub>2</sub><sup>•-</sup> reduction. The sensor  
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21 demonstrated excellent performance with a sensitivity of 445 μA cm<sup>-2</sup> mM<sup>-1</sup>, detection limit of  
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23 0.039 μM, and a linear range of 0.2-110 μM. They validated the sensor by successfully detecting  
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25 O<sub>2</sub><sup>•-</sup> released from MCF-7 breast cancer cells stimulated with zymosan, achieving good selectivity  
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27 against common interferents and maintaining 93% of its initial response after 4 weeks of storage.  
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29 This work expanded the application of MnTPP in electroanalytical chemistry while providing a  
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31 sensitive tool for monitoring O<sub>2</sub><sup>•-</sup> in biological systems [64].  
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39 Using an innovative approach, Gao et al. developed a non-enzymatic electrochemical  
40 sensor based on hierarchically porous carbon networks (HPCN) for detecting O<sub>2</sub><sup>•-</sup> released from  
41 living cells [65]. They synthesized HPCN using a dual-step approach combining TMB-induced  
42 self-assembly followed by carbonization. The introduction of TMB as a swelling agent during  
43 synthesis proved instrumental in generating a distinctive network morphology characterized by an  
44 optimized pore distribution hierarchy. The HPCN-modified electrode demonstrated excellent  
45 electrochemical performance with high sensitivity (607.4 μAcm<sup>-2</sup>mM<sup>-1</sup>), good selectivity against  
46 common interferents, and a detection limit of 0.615 μM. The sensor successfully monitored  
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3 dynamic  $O_2^{\bullet-}$  released from HepG2 cells upon stimulation. They attributed the superior  
4 performance to the hierarchical porous structure of HPCN that facilitated mass transfer and  
5 electron transfer efficiency, making it a promising platform for real-time  $O_2^{\bullet-}$  detection in  
6 biological applications [65].  
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13 Hu et al. developed an innovative electrochemical sensor by depositing platinum  
14 nanoparticles (PtNPs) on 3D graphene foam (GF), using a substrate-enhanced electroless  
15 deposition (SEED) technique (Figure 2) [66]. This 3D GF structure was chosen for its ability to  
16 maintain a positive charge interaction with  $O_2^{\bullet-}$ , enhancing sensor sensitivity. The 3D GF proved  
17 advantageous for its biocompatibility, large surface area, and favorable conditions for cell  
18 adhesion and growth, which are important for detecting  $O_2^{\bullet-}$  directly within cells. The integration  
19 of PtNPs with 3D GF not only reduced the repulsion between the electrode surface and the  
20 negatively charged  $O_2^{\bullet-}$ , leading to increased electron transfer and electrocatalytic activity, but  
21 also resulted in a distinct and consistent oxidation current in cyclic voltammetry (CV),  
22 significantly improving the electrochemical performance with a sensitivity of  $1.59 \text{ mA nM}^{-1} \text{ cm}^{-2}$ ,  
23 a detection limit of 10 nM and a swift response time of 3.6 seconds. The study found that 3D PtNPs  
24 on graphene foam (Pt@GF) outperformed 2D PtNPs on graphene sheets (Pt@GS) in terms of  
25 adsorption capabilities. This 3D setup (Pt@GF) also enhanced the selectivity and sensitivity in  
26 detecting  $O_2^{\bullet-}$ , showing a 140% increase in sensitivity [66]. While this sensor demonstrated  
27 excellent analytical properties in  $O_2^{\bullet-}$  detection, the synthesis procedure of the composite poses a  
28 significant challenge due to the complex preparation processes involved, necessitating a strategy  
29 that is both straightforward and effective.  
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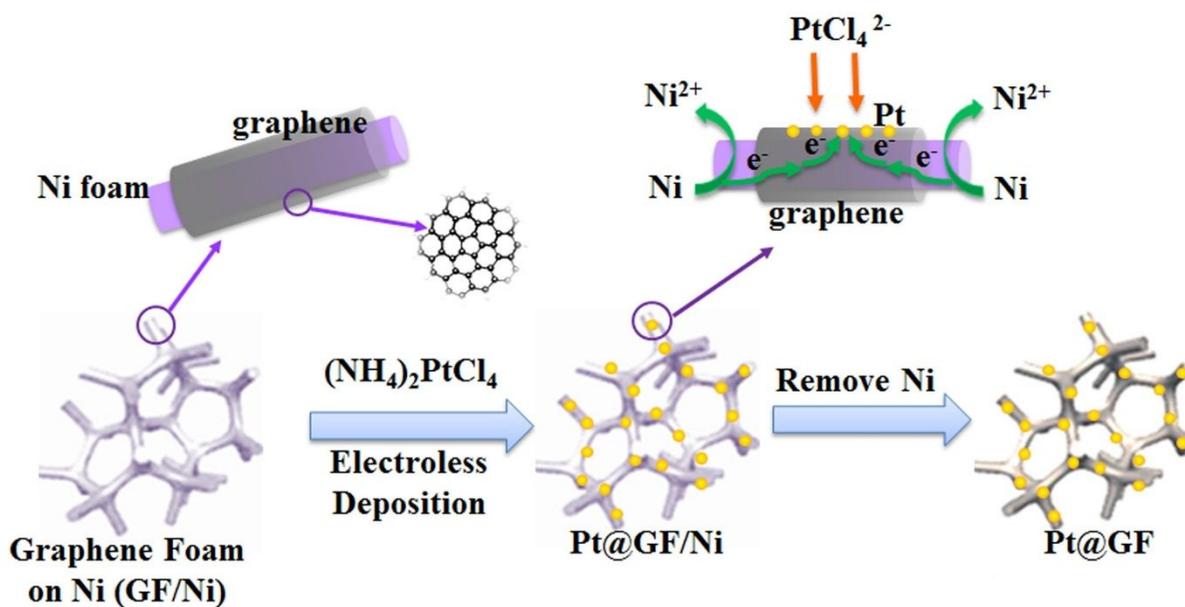


Figure 2. Schematic illustrating the fabrication process of Pt@GF (Reproduced from [66] with permission from ELSEVIER, copyright 2019).

Another example of non-enzymatic sensor for detecting  $\text{O}_2^{\bullet-}$  was proposed by Liu et al [67]. The sensor was based on AgNPs and L-cysteine functionalized carbon nanotubes (Cys-MWCNTs) nanocomposites. They developed AgNPs/Cys-MWCNTs nanocomposites by uniformly depositing AgNPs on the surface of MWCNTs, which had been functionalized with L-cysteine. This process enhanced the catalytic activity of the resulting composite material. The sensor showed a wide linear range for detecting  $\text{O}_2^{\bullet-}$ , from  $7.00 \times 10^{-11}$  M to  $7.41 \times 10^{-5}$  M, with a remarkably low detection limit of 0.023 nM. These parameters indicate the high sensitivity of the sensor and its capability to detect very low concentrations of  $\text{O}_2^{\bullet-}$  [67]. A notable limitation of this study is the observed decrease in conductivity, attributed to the quantum size effect of the AgNPs on the Cys-MWCNTs, which could impact the overall efficiency of the sensor in detecting  $\text{O}_2^{\bullet-}$ . According to the Kubo theory, there is an inverse relationship between the size of AgNPs and their conductivity, where smaller nanoparticles experience a stronger quantum size effect and hence poorer conductivity [68]. The application of AgNPs for  $\text{O}_2^{\bullet-}$  detection has also caught the attention

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3 of other researchers in the field. Wu et al. developed an electrochemical sensor based on AgNPs  
4 for detecting  $O_2^{\cdot-}$  [69]. They prepared nitrogen-doped cotton carbon fibers (NCFs) using a carbon  
5 thermal reduction method. AgNPs were then electro-deposited onto the NCFs. The AgNP/NCF  
6 sensor platform designed in this study demonstrated exceptional electrocatalytic performance in  
7 its response to  $O_2^{\cdot-}$ . The sensor demonstrated a remarkable linear response over a vast range  
8 spanning 10 orders of magnitude, along with an exceptionally low detection limit of 2.32 fM. Also,  
9 its electrochemical sensitivity was notably high, measured at  $3.9568 \mu A \mu M^{-1} cm^{-2}$  [69]. In 2022,  
10 Fan et al. developed another silver-based electrochemical sensor for detecting  $O_2^{\cdot-}$  released from  
11 cancer cells using AgNPs dispersed on a carbon matrix [70]. They synthesized the nanocomposite  
12 material by pyrolyzing a silver-based metal-organic framework composed of silver nitrate and  
13 benzimidazole ligands at 550 °C. The resulting AgNPs@C material was characterized using SEM,  
14 TEM, XRD and other techniques, confirming uniform dispersion of AgNPs (40-50 nm) on the  
15 carbon support. The modified glassy carbon electrode (AgNPs@C/GCE) showed excellent  
16 electrocatalytic activity toward  $O_2^{\cdot-}$  reduction, achieving an ultra-wide linear detection range from  
17 0.3 pM to 57  $\mu M$  with a detection limit of 101 fM. The sensor demonstrated good selectivity  
18 against common interferents and was successfully applied to detect  $O_2^{\cdot-}$  released from HeLa cells  
19 under both normal conditions and oxidative stress induced by malonic acid. They quantified that  
20 individual HeLa cells released  $O_2^{\cdot-}$  at a rate of  $3.45 \text{ fmol cell}^{-1} \text{ s}^{-1}$  when stimulated with malonic  
21 acid. This work provides a sensitive platform for studying cellular oxidative stress through direct  
22 electrochemical detection of  $O_2^{\cdot-}$  [70].  
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50 Exploring beyond AgNPs, researchers have delved into the potential of other nanomaterials  
51 to further enhance the detection capabilities of electrochemical sensors for  $O_2^{\cdot-}$  detection. For  
52 example, Peng et al. developed a novel electrochemical sensor by immobilizing  $Mn_3(PO_4)_2$   
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3 nanoparticles on magnetic polystyrene nanotubes to modify a magnetic glassy carbon electrode  
4 (MGCE) [58]. The  $\text{Mn}_3(\text{PO}_4)_2$  nanoparticles mimicked Mn superoxide dismutase (MnSOD) and  
5  
6 acted as the sensing element, while the polystyrene nanotubes functioned as electron carriers and  
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8 provided a large surface area for  $\text{Mn}_3(\text{PO}_4)_2$  assembly [58]. Their findings demonstrated that the  
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10 magnetic polystyrene nanotubes, decorated with  $\text{Mn}_3(\text{PO}_4)_2$  nanoparticles, exhibited high catalytic  
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12 activity in the dismutation of  $\text{O}_2^{\cdot-}$ , leading to a low detection limit of 0.0136  $\mu\text{M}$  without any  
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14 significant interference.  
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20 On a related note, Shen et al. synthesized silica-manganous phosphate ( $\text{SiO}_2\text{-Mn}_3(\text{PO}_4)_2$ )  
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22 nanoparticles to mimic Mn-superoxide dismutase (MnSOD) for the detection of  $\text{O}_2^{\cdot-}$  [71]. The  
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24  $\text{SiO}_2\text{-Mn}_3(\text{PO}_4)_2$  nanoparticles had numerous benefits, such as a controllable nanoscale shape, a  
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26 higher specific surface area compared to nano-sheet structures, affordability, a straightforward  
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28 manufacturing process, and non-toxicity. For the fabrication of the electrochemical sensor,  
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30 initially, MWCNTs were applied to the electrode surface. Following this step, a portion of  $\text{SiO}_2\text{-}$   
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32  $\text{Mn}_3(\text{PO}_4)_2$  and Nafion mixture was placed onto the MWCNTs-coated. Exhibiting a low detection  
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34 threshold of 0.0175  $\mu\text{M}$ , the  $\text{SiO}_2\text{-Mn}_3(\text{PO}_4)_2/\text{MWCNTs}/\text{GCE}$  sensor effectively detected  $\text{O}_2^{\cdot-}$   
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36 [71].  
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41 Building on the concept of  $\text{Mn}_3(\text{PO}_4)_2$ -based sensors, Wang et al. developed an innovative  
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43 approach combining bacterial cellulose and ultras-small  $\text{Mn}_3(\text{PO}_4)_2$  nanoparticles for real-time  
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45 detection of  $\text{O}_2^{\cdot-}$  released from living cells [72]. Using a DNA-mediated assembly strategy, they  
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47 created a biocompatible sensing platform where  $\text{Mn}_3(\text{PO}_4)_2$  particles were uniformly distributed  
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49 on bacterial cellulose. The modified screen-printed electrode demonstrated excellent  
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51 electrocatalytic activity toward  $\text{O}_2^{\cdot-}$  with a wide linear range from 34.7 nM to 7  $\mu\text{M}$  and a detection  
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53 limit of 5.87 nM, achieving a sensitivity of 34.1  $\mu\text{A}\mu\text{M}^{-1}\text{cm}^{-2}$ . A key innovation was the ability to  
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3 grow cells directly on the electrode surface, enabling in situ measurements. When tested with A549  
4 lung cancer cells stimulated by Zymosan A, the electrode with immobilized cells (~28,000 cells)  
5 showed rapid response (2.5 s vs 9.0 s for cell suspensions) and generated an average current of  
6 108.3 nA, achieving approximately 1.7-fold higher per-cell sensitivity compared to suspension  
7 methods. The enhanced performance was attributed to the minimized diffusion distance between  
8 cells and the sensing surface, demonstrating the potential of integrating biocompatible  
9 nanomaterials with direct cell measurements for ultrasensitive real-time  $O_2^{\bullet-}$  detection [72].  
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20 Taking another significant step forward in the development of  $Mn_3(PO_4)_2$ -based  
21 biosensors, Zhao et al. demonstrated a novel approach by creating a flexible 2D/2D  
22 heterostructured material combining  $Mn_3(PO_4)_2$  and MXene nanosheets [73]. They synthesized  
23 2D  $Mn_3(PO_4)_2$  nanosheets with biomimetic enzyme activity and combined them with 2D MXene  
24 nanosheets that provided high conductivity and abundant functional groups. The resulting  
25 heterostructure, when deposited on polyethylene (PE) film, demonstrated remarkable mechanical  
26 flexibility and electrochemical stability during deformation, maintaining its full electrochemical  
27 response (100%) even when bent to extreme angles of  $180^\circ$  with a bending radius of 0.75 cm.  
28 Furthermore, the material showed exceptional durability by retaining 96% of its original current  
29 response after 100 cycles of repeated bending and relaxing, and remarkably maintained over 95%  
30 response even after 300 bending cycles. The biosensor achieved impressive performance metrics,  
31 including a high sensitivity of  $64.93 \mu A \mu M^{-1} cm^{-2}$ , a wide detection range from 5.75 nM to 25.93  
32  $\mu M$ , and a low detection limit of 1.63 nM. The researchers demonstrated the practical application  
33 of the sensor by successfully using it to monitor  $O_2^{\bullet-}$  released from human lung cancer cells in  
34 real-time under drug stimulation. The enhanced performance was attributed to the surface charge  
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3 state promoting  $O_2^{\bullet-}$  adsorption and the high-energy active sites improving electrochemical  
4 oxidation of  $O_2^{\bullet-}$ , making this platform promising for studying various biological processes [73].  
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8 While modifying electrodes with enzyme mimics has proven effective, ensuring  
9 measurement accuracy in complex biological environments remains challenging. To address this  
10 limitation, Huang et al. developed a ratiometric electrochemical sensor that provides improved  
11 reliability by measuring the ratio of two electrochemical signals - one from the target analyte and  
12 another from an internal reference [74]. They synthesized diphenylphosphonate-2-naphthol ester  
13 (ND) as a specific recognition molecule that produces electroactive 2-naphthol through  
14 nucleophilic substitution with  $O_2^{\bullet-}$ , while methylene blue (MB) served as the internal reference  
15 signal. The sensor was fabricated by co-assembling ND and MB on single-wall carbon nanotube-  
16 modified carbon fiber microelectrodes through  $\pi$ - $\pi$  stacking interactions. This ratiometric design  
17 provided excellent selectivity for  $O_2^{\bullet-}$  against various potential interferents in the brain and  
18 maintained good stability with less than 5.5% signal deviation after 7 days of storage. The sensor  
19 demonstrated a linear response range of 2  $\mu$ M-200  $\mu$ M with a detection limit of 0.52  $\mu$ M. They  
20 successfully applied the sensor to monitor  $O_2^{\bullet-}$  levels in three brain regions (hippocampus, cortex,  
21 and striatum) of both normal rats and diabetic model rats under cerebral ischemia conditions,  
22 revealing higher  $O_2^{\bullet-}$  generation in diabetic rat brains during ischemia compared to normal rats  
23 [74].  
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46 Cai et al. developed a palm-sized electrochemical sensor system (xenSTAT) integrated  
47 with a novel nanozyme-based electrode for detecting cellular  $O_2^{\bullet-}$  [75]. They synthesized a  
48 manganese phosphate-based nanozyme by self-assembling  $Mn_x(PO_4)_y$  monolayer onto porous  
49 carbon cubic (PCC) through interactions with melamine and phytic acid. The portable xenSTAT  
50 device was designed to connect with smartphones via Bluetooth or computers via USB, enabling  
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3 real-time data visualization and customizable detection parameters. The modified electrode  
4 exhibited catalytic activity toward  $O_2^{\cdot-}$  dismutation through a two-step mechanism involving  
5  $MnO^{2+}$  formation. Using CV and chronoamperometry, they achieved a linear detection range for  
6  $O_2^{\cdot-}$  with a detection limit of 0.063  $\mu M$ , showing good selectivity against common interferents  
7 like  $H_2O_2$ , ascorbic acid, and dopamine. The practical utility of their system was demonstrated by  
8 successfully monitoring  $O_2^{\cdot-}$  released from Zymosan A-stimulated HeLa cells, suggesting  
9 potential applications for in-house diagnosis of  $O_2^{\cdot-}$  related diseases [75].  
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### 20 **3. Hydrogen Peroxide ( $H_2O_2$ )**

#### 21 *3.1. Introduction to Hydrogen Peroxide ( $H_2O_2$ )*

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26 Hydrogen peroxide ( $H_2O_2$ ), a stable reactive oxygen species (ROS), plays a dual role in  
27 cellular processes and can be both beneficial and harmful.  $H_2O_2$  is involved in crucial biological  
28 functions such as intercellular signaling and immune response [76]. It stands out among ROS due  
29 to its longer lifespan, which enables it to pass through cell membranes and affect cell signaling.  
30 However,  $H_2O_2$  concentrations above 100 nM lead to oxidative stress, causing severe diseases  
31 including cancer, diabetes, and neurodegenerative disorders [77]. The harmful impact of  $H_2O_2$   
32 stems from its contribution in the formation of hydroxyl radicals ( $\cdot OH$ ) through the Fenton reaction  
33 [78]. Given its role in the development of oxidative stress-related diseases,  $H_2O_2$  has emerged as  
34 a crucial subject in the study of oxidative stress. The detection of  $H_2O_2$  has mostly been carried  
35 out using techniques such as fluorescence, spectrophotometry, and electrochemistry [79]. In recent  
36 years, electrochemical techniques have gained attention for their simplicity, sensitivity, and swift  
37 analytical capability, which have made them ideal for  $H_2O_2$  detection.  
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### 3.2. *Electrochemical Methods for Hydrogen Peroxide (H<sub>2</sub>O<sub>2</sub>) Detection*

H<sub>2</sub>O<sub>2</sub> can undergo direct electrochemical oxidation or reduction at conventional solid electrodes. Nevertheless, the efficiency of these methods in analytical applications is limited by poor electrode kinetics and substantial overpotential. These limitations not only diminish the sensing performance but also give rise to significant interferences from other electroactive species present in actual samples, such as bilirubin, urate, ascorbate, etc. [80, 81]. Currently, the primary emphasis of study on H<sub>2</sub>O<sub>2</sub> detection is to modify electrodes in order to reduce overpotential and enhance electron transfer kinetics. To perform electrocatalytic H<sub>2</sub>O<sub>2</sub> detection, a wide variety of materials including redox proteins, metal oxides, transition metals, metal porphyrins, metal phthalocyanines, carbon nanotubes, dyes, and redox polymers have been used [82]. The discussion in this section focuses on various electrochemical sensors modified with aforementioned materials for the detection of H<sub>2</sub>O<sub>2</sub>.

Heme proteins, including horseradish peroxidase (HRP), cytochrome c (Cyt c), hemoglobin (Hb), and myoglobin (Mb), are a class of metalloproteins characterized by an iron-centered porphyrin core, which serves as their prosthetic group. Owing to their inherent redox properties, these proteins emerge as promising candidates for bioelectrochemical applications, particularly in the development of biosensors. The most effective method for constructing biosensors involves direct electron transfer between the protein and electrode. This approach provides enhanced selectivity and reduced susceptibility to interfering reactions. However, attaining efficient electron transport between the heme protein and electrode is challenging due to the presence of polypeptides that shield the heme group. This shielding increases the electron transfer distance to such an extent that the tunneling process rarely occurs. A viable solution to

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3 these issues might involve affixing heme-containing proteins onto materials that exhibit high  
4 conductivity and offer an extensive surface area.  
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8 An increasing number of nanomaterials are being incorporated with heme proteins to  
9 develop H<sub>2</sub>O<sub>2</sub> sensors based on direct electron transfer due to the advantageous properties of such  
10 materials. For example, Wang et al. developed a biosensor based on HRP immobilized on a gold  
11 nano-seeds (GNSs) dotted TiO<sub>2</sub> nanocomposite [83]. They used TiO<sub>2</sub> colloids to stabilize the  
12 GNSs such that the unique structure of TiO<sub>2</sub> could prevent the GNSs from aggregating. The GNSs–  
13 TiO<sub>2</sub> nanocomposite enhanced the electron transfer capacity of HRP and allowed for the  
14 preservation of its bioactivity. The HRP enzyme was successfully immobilized in the hybrid film,  
15 enabling direct electrochemical activity on glassy carbon electrodes. They employed different  
16 techniques like cyclic voltammetry (CV) and amperometry to analyze the electrochemical  
17 performance of the biosensor, including its sensitivity and detection limit. This biosensor  
18 demonstrated efficient direct electron transfer and enhanced enzymatic electrocatalysis for H<sub>2</sub>O<sub>2</sub>  
19 detection with a detection limit of 5.9 μM [83]. Xiang et al. developed a zinc oxide (ZnO)-gold  
20 nanoparticles (GNPs)-Nafion nanocomposite for HRP immobilization, facilitating direct electron  
21 transfer [84]. The ZnO in the nanocomposite provided a large surface area for biomolecule  
22 immobilization and had an intrinsic affinity for protein binding, allowing for strong  
23 immobilization. On the other hand, GNPs were used for their ability to maintain biocatalytic and  
24 electrochemical activity when immobilized on biosensors. However, GNPs tended to aggregate,  
25 so they were stabilized within the Nafion polymer in this composite. The nanocomposite enabled  
26 direct electron transfer of HRP, as demonstrated through CV. This biosensor exhibited a broad  
27 detection range from 15 μM to 1.1 mM, with a detection limit of 9 μM [84]. Another example of  
28 using HRP for fabrication of a H<sub>2</sub>O<sub>2</sub> biosensor was proposed by Su et al. who developed an  
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3 amperometric biosensor using HRP immobilized on amino-functionalized carbon dots (NH<sub>2</sub>-CDs)  
4 [85]. These NH<sub>2</sub>-CDs were synthesized through a hydrothermal method using chitosan and silver  
5 nitrate. NH<sub>2</sub>-CDs included amino- and carboxyl-groups on their surface, which provided numerous  
6 sites for HRP binding. HRP, immobilized on these NH<sub>2</sub>-CDs and subsequently deposited on a  
7 GCE, effectively retained its bioactivity. This HRP/NH<sub>2</sub>-CD modified GCE demonstrated an  
8 efficient electrocatalytic reduction of H<sub>2</sub>O<sub>2</sub>, showing enhanced current response and high  
9 sensitivity. The response of the biosensor to H<sub>2</sub>O<sub>2</sub> was linear between 5 to 590 nM, with a  
10 detection limit of 1.8 nM [85]. Graphene oxide (GO) has also been used for the immobilization of  
11 HRP. Wang et al. used HRP and GO co-immobilized on a GCE to develop a biosensor for the  
12 detection of H<sub>2</sub>O<sub>2</sub> [86]. HRP and GO were co-immobilized on GCE via a simple one-step casting  
13 method to form the HRP/GO/GCE biosensor. GO provided a biocompatible interface for HRP  
14 immobilization via covalent linkages which helped retain the biological activity of HRP.  
15 Additionally, the large surface area of GO increased the loading of HRP while its high conductivity  
16 facilitated electron transfer between HRP and the electrode. Furthermore, co-immobilization with  
17 GO improved the stability of adsorbed HRP on the electrode surface and preserved the natural  
18 conformation of HRP. The biosensor showed satisfactory electrocatalytic reduction of H<sub>2</sub>O<sub>2</sub> with  
19 a detection limit of 1.6 μM [86].  
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43 Cyt c, another heme-based protein, has been used for the fabrication of electrochemical  
44 sensors for H<sub>2</sub>O<sub>2</sub> detection. Zhang et al. used a composite made of magnetic N-doped carbon  
45 nanotubes and AuNPs to immobilize Cyt c. This composite exhibited a large specific surface area,  
46 superior electron conductivity, and favorable biocompatibility. Their sensor exhibited enhanced  
47 sensitivity, with a LOD as low as 0.3 μM. They found that AuNPs had the ability to maintain the  
48 original structure of Cyt c and improve the electrocatalytic properties of Cyt c on the electrode  
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3 surface [87]. However, their approach overlooked the orientation of Cyt c, a crucial factor for  
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5 optimizing its bioelectrocatalytic activity. This oversight left room for Norouz-Sarvestani et al. to  
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7 enhance the performance of the biosensor further by focusing on the precise orientation of Cyt c.  
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9 They took advantage of negative surface of Nafion and rGO to create an ideal substrate for  
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11 immobilizing positively charged Cyt c [88]. The successful orientation of Cyt c ensured effective  
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13 functioning of Cyt c in the biosensor. In addition, Cyt c exhibited rapid electron transfer kinetics  
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15 on this modified electrode, enhanced by the mediating effect of graphene. The immobilized Cyt c  
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17 maintained its electrocatalytic activity, enabling it to catalyze the reduction of H<sub>2</sub>O<sub>2</sub> to water. The  
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19 proposed biosensor exhibited a detection limit as low as 0.4 μM [88].  
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25 The use of conductive polymers in fabricating electrochemical sensors represents a notable  
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27 progress in biosensing research. Aghamiri et al. immobilized Cyt c on an electrode using a  
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29 polymer-based nanocomposite, hypothesizing that the high electrical conductivity of the  
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31 nanocomposite would enhance direct electron transfer between the protein and electrode. They  
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33 introduced a bilayer of polyaniline/polypyrrole (PAN/PPY) as an intermediary layer for this  
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35 purpose. The mechanical strength of the polymer films was improved by embedding them in  
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37 carboxylated multi-walled carbon nanotubes (cMWCNTs), leading to improved direct electron  
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39 transfer and a low detection limit of 0.1 μM [89]. Further innovation was achieved by Akhtar et  
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41 al. who fabricated a biosensor for detecting H<sub>2</sub>O<sub>2</sub> by immobilizing Cyt c onto a 3D porous nickel  
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43 foam electrode [90]. Here, the Ni foam allowed for facile diffusion of ions and interaction with the  
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45 immobilized Cyt c, enabling fast electron transfer and rapid sensing of H<sub>2</sub>O<sub>2</sub>. Cyt c acted as an  
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47 electron transfer mediator between the active nickel sites on the foam and H<sub>2</sub>O<sub>2</sub>. The biosensor  
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49 allowed detection of H<sub>2</sub>O<sub>2</sub> over a wide linear range with detection limit of 0.2 M. Due to the  
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3 commercial availability and scalability of Ni foam for production, this biosensor offered economic  
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5 benefits compared to electrodes modified with other nanomaterials.  
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8         As stated earlier, other heme proteins, including hemoglobin (Hb), myoglobin, and hemin  
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10 have the capacity to function as active biological catalysts for the detection of H<sub>2</sub>O<sub>2</sub>. For example,  
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12 Ren et al. developed a biosensor based on Hb immobilized on AuNPs trapped in hierarchically  
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14 porous zeolite MFI for the detection of H<sub>2</sub>O<sub>2</sub> [91]. The hierarchically porous zeolite provided large  
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16 pores for Hb immobilization and interconnected 3D pore networks for efficient mass transfer.  
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18 AuNPs enhanced conductivity and facilitated direct electron transfer between Hb and the  
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20 electrode. The resulting biosensor exhibited satisfactory electrocatalytic activity towards H<sub>2</sub>O<sub>2</sub>  
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22 reduction with a wide linear range of 1 μM– 18 mM and a low detection limit of 0.8 μM. Xu et al.  
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24 [92] further demonstrated the use of Hb in detecting H<sub>2</sub>O<sub>2</sub>, where they fixed Hb onto a magnetic  
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26 composite of Fe<sub>3</sub>O<sub>4</sub>/AuNPs. The goal was to enhance direct electron transfer while keeping the  
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28 biological activity of Hb intact on the electrode surface. The binding of Hb to Fe<sub>3</sub>O<sub>4</sub>/AuNPs  
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30 significantly elevated the overall performance of the sensor, owing to the greater accessibility of  
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32 redox sites to H<sub>2</sub>O<sub>2</sub>. They reported a LOD as low as 0.1 μM. Another example was provided by  
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34 Baghayeri et al. [93], who immobilized Hb on a polypyrrole@poly (styrene-alt-maleic anhydride)  
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36 covered with 4-aminobenzenesulfonate (PPy@PSMA-g-4ABS) nanocomposite. The  
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38 PPy@PSMA-g-4ABS nanocomposite provided a suitable microenvironment for Hb  
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40 immobilization while retaining its natural structure and bioactivity. Direct electron transfer  
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42 between Hb and the electrode was facilitated by the nanocomposite film. The biosensor had a low  
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44 detection limit of 0.32 μM for H<sub>2</sub>O<sub>2</sub> and fast amperometric response time within 4 s.  
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52         Another biosensor based on Hb for the detection of H<sub>2</sub>O<sub>2</sub> was proposed by Baghayeri et al.  
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54 [94] who immobilized Hb on a novel porous nanocomposite of palladium nanoparticles decorated  
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3 on iron oxide nanoparticles (Pd@Fe<sub>3</sub>O<sub>4</sub>) and MWCNTs. The synergistic combination of PdNPs,  
4 Fe<sub>3</sub>O<sub>4</sub> NPs, and MWCNTs creates a porous nanocomposite with high surface area, conductivity,  
5 and biocompatibility, which enabled efficient immobilization and direct electron transfer of Hb  
6 for sensitive electrochemical detection of H<sub>2</sub>O<sub>2</sub>. The biosensor showed excellent electrocatalytic  
7 reduction of H<sub>2</sub>O<sub>2</sub> with wide linear range of 0.2– 500 μM and low detection limit of 0.063 μM.  
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15 As for the use of myoglobin (Mb) for the detection of H<sub>2</sub>O<sub>2</sub>, Canbay et al. reported the  
16 development of a biosensor based on Mb immobilized on a gold electrode modified with  
17 cysteamine, MWCNTs, and Nafion [95]. They fabricated the biosensor by first forming a self-  
18 assembled monolayer of cysteamine on a gold electrode, followed by immobilization of Mb. Then  
19 a composite film of MWCNTs and Nafion was deposited on top to complete the biosensor. The  
20 MWCNT-Nafion film helped promote direct electron transfer between the Mb active sites and the  
21 electrode, enabling sensitive electrochemical detection. The cysteamine provided improved  
22 binding and orientation of the Mb on the surface. The biosensor showed excellent electrocatalytic  
23 activity towards the reduction of H<sub>2</sub>O<sub>2</sub> with a linear detection range of 0.1– 70 μM and a LOD of  
24 0.01 μM. Similarly, Vilian et al. fabricated a Mb-based biosensor by immobilizing Mb on a GCE  
25 modified with a composite of AuNPs, polytyramine (PTy), and MWCNTs [96]. The combination  
26 of AuNPs-PTy-MWCNTs nanocomposite and Mb created an optimal microenvironment to retain  
27 Mb bioactivity for sensitive detection of H<sub>2</sub>O<sub>2</sub>. In the presence of H<sub>2</sub>O<sub>2</sub>, the Mb heme iron center  
28 in the ferrous (Fe<sup>2+</sup>) state gets oxidized to the ferric (Fe<sup>3+</sup>) state. This oxidized Mb-Fe<sup>3+</sup> then  
29 undergoes reduction at the electrode surface, accepting electrons and reverting to the Mb-Fe<sup>2+</sup>  
30 form. This process of Mb being cyclically oxidized by H<sub>2</sub>O<sub>2</sub> and subsequently reduced at the  
31 electrode surface produces a measurable redox current signal, allowing for the detection and  
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3 quantification of  $\text{H}_2\text{O}_2$ . This biosensor showed excellent electrocatalytic activity towards  $\text{H}_2\text{O}_2$   
4 reduction with a wide linear range ( $2\ \mu\text{M} - 5\text{mM}$ ) and a low detection limit ( $0.01\ \mu\text{M}$ ) [96].  
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8 Mesoporous carbon foam (MCF), on the other hand, has been used as a scaffold for the  
9 immobilization of Hb, primarily owing to its structural properties. The abundant porosity, high  
10 surface area, and superior electronic characteristics of MCF make it an ideal choice for this  
11 application. Jahanbakhshi [97] synthesized MCF by a template-free Pechini method and dispersed  
12 it in a salep solution to form a stable composite (S-MCF). This composite served as the base for  
13 immobilizing Mb, which was then layered onto a GCE (Mb/S-MCF/GCE) to construct the  
14 biosensor. The embedded Mb exhibited a reversible redox peak on the S-MCF composite,  
15 signifying direct electron transfer to the electrode. This biosensor displayed impressive  
16 electrocatalytic activity for reducing  $\text{H}_2\text{O}_2$ , offering a wide linear detection range of  $1 - 80\ \mu\text{M}$   
17 and a low detection limit of  $0.18\ \mu\text{M}$ . Several other works using Mb for the detection of  $\text{H}_2\text{O}_2$  have  
18 been reported in the literature. For instance, Yoon et al. reported an electrochemical biosensor  
19 based on Mb immobilized on a nanocomposite of molybdenum disulfide nanoparticles ( $\text{MoS}_2$   
20 NPs) encapsulated within GO sheets [98]. As seen in Figure 3, this nanocomposite was then  
21 chemically bonded to a gold electrode. In a subsequent step, Mb was electrostatically bonded to  
22 the nanocomposite-modified electrode. This  $\text{GO@MoS}_2$  nanocomposite not only provided an ideal  
23 surface for Mb immobilization but also enhanced electron transfer, thereby amplifying the  
24 electrochemical signals. The resulting Mb/ $\text{GO@MoS}_2$  modified gold electrode exhibited  
25 outstanding electrocatalytic activity in the reduction of  $\text{H}_2\text{O}_2$ , marked by increased redox peak  
26 current. They reported a notably low detection limit, measuring as low as  $20\ \text{nM}$  [98].  
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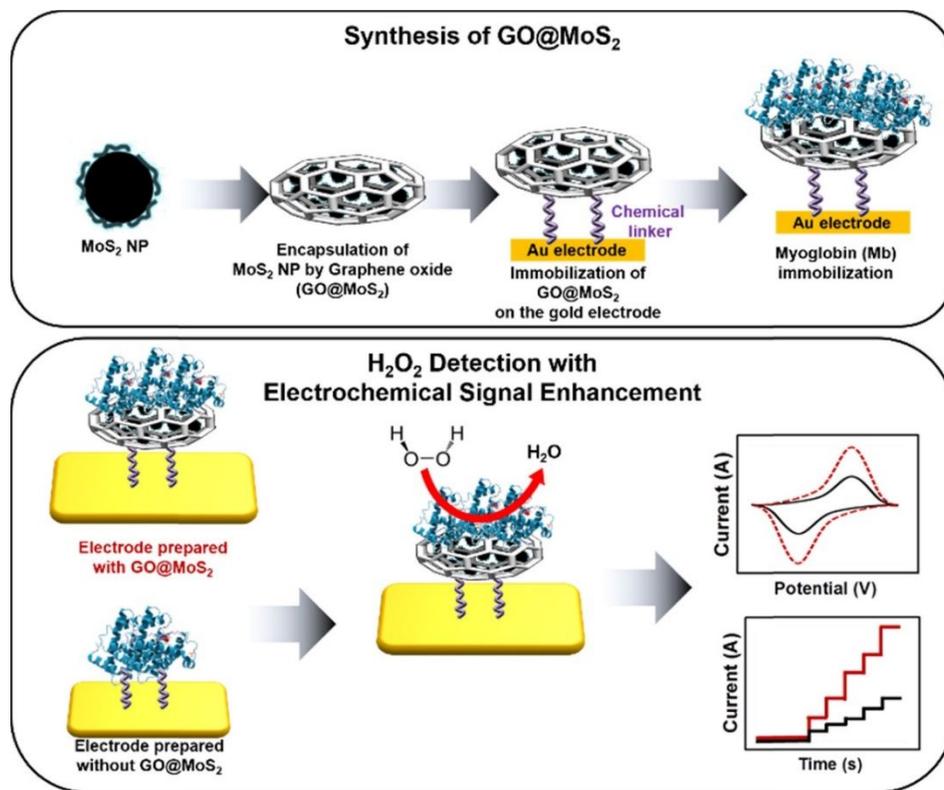


Figure 3. Schematic illustrating the process of preparing GO@MoS<sub>2</sub> for the development of the electrochemical biosensor consisting of Mb and GO@MoS<sub>2</sub> (Reproduced from [98] with permission from ELSEVIER, copyright 2017).

Hemin, known as iron protoporphyrin IX, serves as a crucial cofactor for several key proteins, including cytochrome, hemoglobin, and peroxidase. Its remarkable enzyme-mimicking bioactivity makes it a valuable component in electrochemical sensing applications. However, the catalytic effectiveness of hemin is often impeded due to its self-degradation in water-based environments [99]. Therefore, hemin is commonly stabilized by being anchored to host matrices like metal/metal oxides, zeolites, or carbon-based substances. For example, Le et al. [100] modified an electrode for H<sub>2</sub>O<sub>2</sub> detection by combining CNT and thermally reduced GO (TRGO) with hemin (hemin-TRGO-CNT). CNT provided conductivity and a high aspect ratio to proteins, enabling electrolyte ions to diffuse into the electrochemical device, whereas TRGO was capable of facilitating the recognition of biomolecules. The synergy between CNT and TRGO resulted in

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3 a greater surface area and electron transfer between the redox proteins and the electrode, as well  
4 as enhanced solubility, dispersibility, and reduced aggregation of the proteins. This could be  
5 achieved through the formation of a strong  $\pi$ - $\pi$  interaction with the protein. The hemin-TRGO-  
6 CNT-modified electrode exhibited effective  $\text{H}_2\text{O}_2$  detection with a LOD of 0.0933 mM [100]. Cao  
7 et al. developed an  $\text{H}_2\text{O}_2$  sensor based on a nitrogen-doped graphene (NGE) and hemin composite  
8 material (H-NGE) [101]. They fabricated the composite using a one-pot hydrothermal method.  
9 Hemin was anchored onto the NGE sheets during the nitrogen doping process using the reducing  
10 agent 2-aminopyridine. Electrochemical tests showed the H-NGE composite had enhanced  
11 catalytic activity for the electrochemical reduction of  $\text{H}_2\text{O}_2$  compared to NGE or hemin alone. This  
12 was attributed to the effective immobilization of hemin on NGE and a synergistic effect. The  
13 sensor showed a wide range of linearity from 0.2 to 500 mM with a low detection limit of 0.092  
14 mM [101]. Kong et al. further enhanced the sensitivity by incorporating hemin onto a three-  
15 dimensional structure composed of GO and single-walled carbon nanotubes (SWCNTs) [102]. The  
16 combination of hemin, GO, and SWCNTs resulted in a significant enhancement in the  
17 electrochemical performance of the sensor, achieving a low LOD of 0.05  $\mu\text{M}$ . This LOD was lower  
18 than what could be achieved with either GO or SWCNTs individually [102]. Recently, the use of  
19 porous materials for the immobilization of hemin has emerged as an innovative strategy, offering  
20 a new pathway to enhance the stability and functionality of hemin in various applications. For  
21 instance, Panagiotopoulos et al. immobilized hemin on mesoporous tin (IV) oxide ( $\text{SnO}_2$ ) films  
22 deposited on flexible ITO-PET<sup>1</sup> substrates via a simple hydrothermal method at low temperature.  
23 This approach had an advantage of avoiding a complex, time-consuming, and challenging sol-gel  
24 process for synthesizing the  $\text{SnO}_2$  paste. The  $\text{SnO}_2$  film exhibited a high surface area and a

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56 <sup>1</sup> ITO-PET refers to indium tin oxide (ITO) coated poly (ethylene terephthalate) (PET) sheets.  
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3 mesoporous structure, allowing high loading of hemin without aggregation. The hemin/SnO<sub>2</sub>  
4 sensor demonstrated a linear response from 1.5 to 90 μM and LOD of 1.5 μM [103]. Building on  
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6 this work, Samourgkanidis et al. [104], immobilized hemin on mesoporous SnO<sub>2</sub> films deposited  
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8 on Metglas ribbon for a dual-mode sensing of H<sub>2</sub>O<sub>2</sub> through electrochemical and magnetoelastic  
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10 measurements. The key advantage of using Metglas was that it allowed for simultaneous  
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12 electrochemical and magnetoelastic measurements. While the hemin/SnO<sub>2</sub> film enabled sensitive  
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14 electrochemical and magnetoelastic measurements. While the hemin/SnO<sub>2</sub> film enabled sensitive  
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16 electrochemical detection of H<sub>2</sub>O<sub>2</sub> through its catalytic properties, the magnetoelastic resonance  
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18 of the Metglas provided an additional sensing mode to quantify mass changes during the reaction.  
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20 The sensor showed good electrocatalytic activity for H<sub>2</sub>O<sub>2</sub> reduction across a linear range of 2– 90  
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22 μM with detection limit of 1.6 μM. On the other hand, when H<sub>2</sub>O<sub>2</sub> was added to the solution, the  
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24 hemin/SnO<sub>2</sub>-Metglas sensor exhibited a significant decrease in its resonance frequency. This shift  
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26 in resonance frequency indicated an increase in mass on the sensor surface due to the H<sub>2</sub>O<sub>2</sub>  
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28 reduction reaction.  
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33 As stated earlier, an important rationale for incorporating redox proteins into substrates  
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35 with large surface areas is to enhance both the quantity and stability of redox proteins that are  
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37 bound to the electrode surface. Metal organic frameworks (MOFs) have emerged as promising  
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39 materials for immobilizing redox proteins in the fabrication of electrochemical sensors due to their  
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41 unique properties. MOFs provide high porosity, a large surface area, and tunable pore sizes,  
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43 allowing for efficient protein immobilization. For example, Wang et al. [105] fabricated an  
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45 electrochemical sensor using Cu-hemin-MOFs on a chitosan-reduced GO glassy carbon electrode  
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47 (Cu-hemin-MOFs/CS-rGO@GCE) for detecting H<sub>2</sub>O<sub>2</sub> (Figure 4). The CS-rGO enhanced the  
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49 electrical conductivity and controlled the size/distribution of the Cu-hemin MOFs, while the MOFs  
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51 structure improved the enzyme-like activity of hemin. Leveraging the advantageous of Cu-MOFs  
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and CS-rGO, this hemin-based sensor successfully measured  $\text{H}_2\text{O}_2$  with a low detection limit of  $0.019 \mu\text{M}$ .

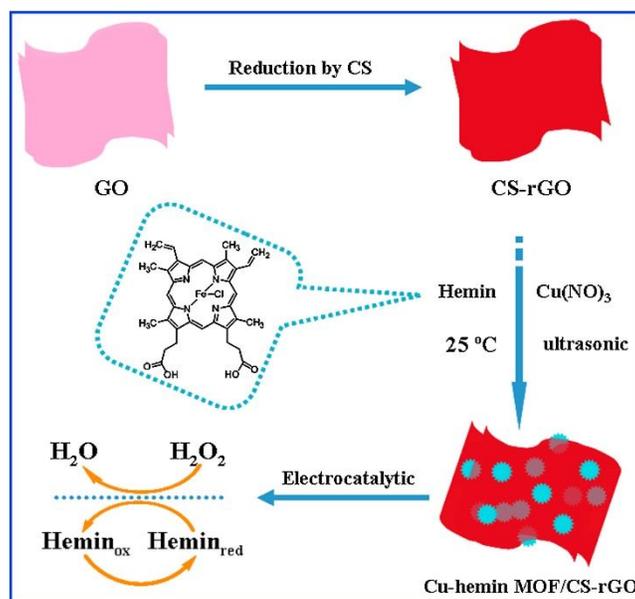


Figure 4. Schematic depicting the fabrication of the Cu-hemin MOFs/CS-rGO nanocomposites and sensing process for  $\text{H}_2\text{O}_2$  (Reproduced from [105] with permission from ELSEVIER, copyright 2016).

Another MOFs for immobilizing hemin was proposed by Shu et al. [106] who synthesized nickel metal organic framework (Ni-MOF) nanosheets using a facile hydrothermal method. The Ni-MOFs/hemin nanocomposite-modified electrode exhibited excellent electrocatalytic activity towards  $\text{H}_2\text{O}_2$  reduction attributed to synergistic effects of Ni-MOFs and hemin. The MOF matrix prevented hemin aggregation and provided high surface area and facilitation of electron transfer kinetics. The sensor exhibited a wide linear detection range from  $1 \mu\text{M}$  to  $0.4 \text{ mM}$ , and a low detection limit of  $0.2 \mu\text{M}$ .

On a related note, Cheng et al. developed an innovative electrochemical sensor for  $\text{H}_2\text{O}_2$  detection by integrating three-dimensional flower-like Cu-MOFs with ultra-thin MXene nanosheets [107]. The design incorporates three key advantages: (1) the intrinsic catalytic activity of Cu-containing nanomaterials for  $\text{H}_2\text{O}_2$  due to the well-matched redox potential of  $\text{Cu}^+/\text{Cu}^{2+}$

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3 couples, (2) the flower-like Cu-MOFs structure, which provides a high surface area with abundant  
4 open metal active sites that enhance H<sub>2</sub>O<sub>2</sub> enrichment and subsequent reduction, and (3) the ability  
5 of MXene to improve electrical conductivity while offering a large surface area and an electrostatic  
6 environment for Cu-MOFs immobilization. The sensor was constructed by first modifying a GCE  
7 with MXene, followed by Cu-MOFs deposition. Under optimized conditions, the Cu-  
8 MOFs/MXene/GCE sensor exhibited outstanding performance, achieving a wide linear range  
9 (1 μM to 6.12 mM) and a low detection limit (0.35 μM). It demonstrated high selectivity against  
10 common interferences and successfully detected H<sub>2</sub>O<sub>2</sub> in real samples, including milk and serum  
11 [107].  
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24 In recent years, the use of MOFs in fabricating electrochemical sensors has attracted  
25 significant attention. Ghaedamini et al. recently developed a novel non-enzymatic electrochemical  
26 biosensor for H<sub>2</sub>O<sub>2</sub> detection based on a composite of Ce-MOFs, hemin, and GO [108]. They used  
27 Ce-MOFs as a matrix to encapsulate hemin molecules, preventing their self-aggregation, while  
28 GO enhanced the conductivity of the sensor. They thoroughly characterized the composite using  
29 various techniques including SEM, XRD, FTIR, UV-vis spectroscopy, and TGA, confirming  
30 successful integration of the components. The Ce-MOFs@hemin/GO-modified sensor  
31 demonstrated excellent electrocatalytic performance toward H<sub>2</sub>O<sub>2</sub> reduction, exhibiting a wide  
32 linear range from 0.05 Mm to 10 mM with a detection limit of 9.3 μM. The sensor showed high  
33 selectivity against common interfering compounds and performed well in complex biological  
34 environments, successfully detecting H<sub>2</sub>O<sub>2</sub> released from human prostate carcinoma cells and in  
35 human serum samples with recovery values between 94.50% and 103.29%. The enhanced  
36 performance was attributed to the synergistic effect between Ce-MOFs@hemin and GO, where  
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3 Ce-MOFs prevented hemin aggregation and maintained its catalytic activity while GO improved  
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5 electron transfer [108].  
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8 Although the use of redox proteins immobilized on hosted matrices has shown  
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10 effectiveness in detecting  $\text{H}_2\text{O}_2$ , further thorough study is required to mitigate the degradation of  
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12 redox proteins in harsh environments. Due to the challenges associated with the application of  
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14 biological sensing molecules, the focus has shifted towards employing inorganic materials that  
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16 mimic enzymatic properties. AgNPs have excellent electrocatalytic activity and can promote  
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18 electron transfer for electrochemical detection of  $\text{H}_2\text{O}_2$ . However, bare AgNPs suffer from  
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20 aggregation. Several methods have been employed to evenly distribute AgNPs on the electrode  
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22 surface in order to prevent their aggregation. For example, Wu et al. [109] embedded AgNPs on  
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24 rGO. The abundant oxygen functional groups on rGO can anchor AgNPs uniformly, thus  
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26 preventing the aggregation of AgNPs. The AgNPs-rGO modified carbon paste electrode (AgNPs-  
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28 rGO/CPE) exhibited enhanced electrochemical response and sensitivity for  $\text{H}_2\text{O}_2$  detection  
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30 compared to rGO/CPE or plain CPE. Using this sensor, a linear detection range of 1– 1200  $\mu\text{M}$   
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32 was obtained with LOD reaching 0.34  $\mu\text{M}$ . In a different approach aimed at preventing the  
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34 aggregation of AgNPs on electrodes, Goud et al. [110] applied a layer of polyethylene glycol  
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36 (PEG) and hexamethylenediamine (HMDA) over a SPCE, and then deposited AgNPs on top of it.  
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38 The primary purpose of the scaffold layer was to regulate the distribution of AgNPs on the  
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40 electrode surface, leading to reduced clustering, formation of spacious channels that facilitate  
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42 electron transfer during the deposition of AgNPs, and enhanced accessibility of active sites for  
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44 reaction with  $\text{H}_2\text{O}_2$ . With a LOD of 1.5  $\mu\text{M}$ , the sensor was used to quantify the  $\text{H}_2\text{O}_2$  level of a  
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46 toothpaste product.  
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3 The morphology of supporting materials plays a crucial role in determining the  
4 electrochemical performance of sensors, as it directly influences the dispersion of active materials,  
5 surface area availability, and electron transfer kinetics. Sun et al. studied the performance of  
6 AgNPs electrodeposited on different morphologies of zeolitic imidazolate framework-67 (ZIF-67)  
7 [111]. They synthesized three types of ZIF-67 structures by varying the solvent: 2D microplates  
8 (H-ZIF-67) from water, 2D ultrathin nanosheets (D-ZIF-67) from DMF/water mixture, and 3D  
9 rhombic dodecahedron (M-ZIF-67) from methanol. Although 3D structures are often expected to  
10 provide superior surface area for nanoparticle dispersion, the 2D H-ZIF-67 demonstrated enhanced  
11 performance compared to the 3D M-ZIF-67. This improvement was attributed to higher electrical  
12 conductivity and effective prevention of AgNPs aggregation, highlighting that the accessibility  
13 and quality of the surface area can be more critical than its total extent in optimizing sensor  
14 performance. The optimized sensor exhibited two linear detection ranges (5 mM– 7 mM and 7  
15 mM– 67 mM) and a low detection limit of 1.1  $\mu\text{M}$ . The sensor was successfully applied to detect  
16  $\text{H}_2\text{O}_2$  released from HepG2 liver cancer cells in real-time, proving its potential for practical  
17 biosensing applications. This work highlights how controlling the morphology of supporting  
18 materials can enhance electrochemical sensor performance [111].

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20 Expanding on the application of AgNPs for  $\text{H}_2\text{O}_2$  detection, Zhao et al. dispersed AgNPs  
21 over the  $\text{MoS}_2$  nanosheets. The AgNPs/ $\text{MoS}_2$ /GCE exhibited excellent electrocatalytic activity  
22 towards the reduction of  $\text{H}_2\text{O}_2$ . The sensor showed improved performance compared to electrodes  
23 modified with only AgNPs or  $\text{MoS}_2$ . This is because  $\text{MoS}_2$  has a large specific surface area which  
24 allows high loading of AgNPs while preventing their aggregation. Moreover,  $\text{MoS}_2$  itself shows  
25 electrocatalytic activity towards  $\text{H}_2\text{O}_2$  reduction. Thus, when combined with the electrocatalytic  
26 properties of AgNPs,  $\text{MoS}_2$  contributes to a synergistic enhancement in the electrochemical  
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3 performance of the sensor. The sensor demonstrated a wide linear response range of 0.025 – 135.2  
4 mM, and a low detection limit of 3.5  $\mu\text{M}$  [112].  
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8 Building upon the synergistic properties of  $\text{MoS}_2$ -based composites, Hu et al. developed a  
9 novel electrochemical sensor based on a nanocomposite combining  $\text{MoS}_2$  with gold and silver  
10 nanoparticles ( $\text{MoS}_2$ -Au-Ag) [113]. The sensor was constructed by first dispersing  $\text{MoS}_2$  in  
11 phthalic diglycol diacrylate (PDDA), followed by electrodepositing Au and Ag nanoparticles onto  
12 a  $\text{MoS}_2$ -modified GCE. The  $\text{MoS}_2$ -Au-Ag/GCE sensor demonstrated excellent electrochemical  
13 performance with high sensitivity ( $405.24 \mu\text{A mM}^{-1} \text{cm}^{-2}$ ), a wide linear detection range (0.05  
14 mM- 20 mM), good repeatability (RSD 3.79%), and stability (RSD 3.09%). The sensor was  
15 successfully applied to detect  $\text{H}_2\text{O}_2$  released from living cancer cells (MCF-7) after stimulation  
16 with PMA. The biocompatibility of the sensor was confirmed through MTT assays, with cell  
17 viability remaining above 90% even at  $25 \mu\text{g mL}^{-1}$  of nanomaterial concentration. This work  
18 presents a promising platform for early cancer diagnosis and potential applications in biological  
19 and biomedical fields [113].  
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35 Copper nanoparticles (CuNPs) have attracted a lot of attention owing to their exceptional  
36 catalytic efficacy towards the reduction of  $\text{H}_2\text{O}_2$ . For example, Mani et al. [114] developed a  
37 method to electrodeposit CuNPs using pectin as a biopolymer scaffold and graphene nanosheets  
38 as the support. They first electrochemically reduced the GO to graphene nanosheets directly on the  
39 GCE surface by CV scans. Then, the CuNPs were electrodeposited onto the graphene nanosheets  
40 using the biopolymer pectin as a stabilizing scaffold. During electrodeposition, the pectin served  
41 as a stabilizing scaffold allowing uniform formation and distribution of CuNPs on the graphene  
42 surface. The sensor showed good analytical performance in terms of linear range ( $1 \mu\text{M}$ – 1 mM),  
43 sensitivity ( $0.391 \mu\text{A} \mu\text{M}^{-1} \text{cm}^{-2}$ ) and detection limit (0.35  $\mu\text{M}$ ). In another interesting work, Wang  
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3 et al. [115] developed a non-enzymatic electrochemical biosensor using copper oxide CuO NPs  
4 decorated on black phosphorus nanosheets (BP NSs). BP is a 2D material that provides a large  
5 specific surface area to allow high loading and dispersion of the CuO NPs. Moreover, it has  
6 excellent electrical conductivity and electron mobility that facilitates rapid electron transfer  
7 between the analyte  $\text{H}_2\text{O}_2$  and the electrode surface. Therefore, synergistic effects between CuO  
8 and BP enabled enhanced  $\text{H}_2\text{O}_2$  adsorption and efficient interfacial electron transfer, contributing  
9 to the high sensitivity of the sensor. A wide linear detection range of 0.2– 99.8  $\mu\text{M}$  and a very low  
10 detection limit of 30 nM was reported for this sensor. In addition, they applied this sensor  
11 successfully to detect pathological  $\text{H}_2\text{O}_2$  levels in saliva and gingival crevicular fluid samples from  
12 periodontitis patients, enabling differentiation from healthy controls.  
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26 While monometallic-based electrochemical sensors have demonstrated efficacy in  
27 detecting  $\text{H}_2\text{O}_2$ , further enhancements are required in the areas of electrocatalytic activity,  
28 conductivity, and sustainability in order to attain superior levels of sensitivity, selectivity, and  
29 repeatability. Consequently, bimetallic nanoparticles have drawn attention in recent years due to  
30 their remarkable electronic, catalytic, and optical characteristics. The development of  
31 electrochemical sensors for the detection of  $\text{H}_2\text{O}_2$  in biological fluids has been significantly  
32 enhanced through the incorporation of bimetallic nanoparticles [116]. Bimetallic nanoparticles  
33 have been demonstrated to significantly improve both the electrochemical activity and sensitivity  
34 of the sensors. Various combinations of multiple transition metals have been extensively studied  
35 and have shown promising advancements in the field of electrochemical sensors. For example, Li  
36 et al. [117] developed non-enzymatic electrochemical sensors based on the Au-Pd/MoS<sub>2</sub>  
37 nanocomposite modified electrode for the detection of  $\text{H}_2\text{O}_2$ . They synthesized and used MoS<sub>2</sub>  
38 nanosheets to support Au-Pd nanoparticles via a thermal co-reduction technique. They took  
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3 advantage of the synergistic effects between Au and Pd, where Au provided good conductivity and  
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5 Pd exhibited superior electrocatalytic activity. On the other hand, the Au-Pd bimetallic  
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7 nanoparticles generated on the MoS<sub>2</sub> nanosheets were smaller in size compared to individual Au  
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9 or Pd nanoparticles. The smaller size led to higher surface area and more active sites promoting  
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11 the electrocatalytic performance. The sensor demonstrated a wide linear range of 0.8 μM– 10 mM  
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13 and a low detection limit of 0.16 μM. Building upon these advances in bimetallic nanoparticle  
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15 sensors, Sangkaew et al. developed a highly sensitive non-enzymatic electrochemical sensor for  
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17 detecting H<sub>2</sub>O<sub>2</sub> adulteration in raw cow milk using bimetallic AuPt NPs as electrocatalysts. They  
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19 synthesized AuPt NPs with different Au:Pt molar ratios and found that Au<sub>1</sub>Pt<sub>2</sub> (1:2 ratio) exhibited  
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21 optimal electrocatalytic performance for H<sub>2</sub>O<sub>2</sub> detection [118]. The sensor was constructed by  
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23 modifying SPCEs with Au<sub>1</sub>Pt<sub>2</sub> NPs. When tested with ultra-high temperature (UHT) milk  
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25 samples, the sensor demonstrated good sensitivity (152.9 μAmM<sup>-1</sup>cm<sup>-2</sup>), a low detection limit (4.8  
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27 μM), and excellent reproducibility (RSD <4%) with stability up to 4 months. For real-world  
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29 application, they coupled the sensor with a portable electrochemical analyzer for on-site detection  
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31 of H<sub>2</sub>O<sub>2</sub> in raw cow milk samples, achieving a linear response range of 2.5 μM– 5000 μM with  
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33 sensitivity of 155.5 μAmM<sup>-1</sup>cm<sup>-2</sup> and detection limit of 2.5 μM. The enhanced sensing  
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35 performance was attributed to the synergistic electrocatalytic effect between Au and Pt in the  
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37 bimetallic nanoparticles. This sensor offers a practical solution for rapid, sensitive, and on-site  
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39 monitoring of H<sub>2</sub>O<sub>2</sub> adulteration in raw milk, outperforming conventional detection methods like  
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41 commercial test strips [118].  
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49 Expanding on the application of PtNPs, Oh et al. developed a flexible and transparent  
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51 electrochemical sensor for non-enzymatic detection of H<sub>2</sub>O<sub>2</sub> released from living cells [119]. The  
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53 sensor was fabricated by electrodepositing PtNPs onto a SWCNT network on a poly(ethylene  
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3 terephthalate) (PET) substrate using CV. The PtNPs/SWCNT/PET sensor demonstrated excellent  
4 electrocatalytic activity towards  $\text{H}_2\text{O}_2$ , with a wide dynamic range of 500 nM to 1 M and a low  
5 detection limit of 228 nM. The sensor showed good selectivity against common interfering species  
6 and maintained stable performance even under various bending angles. The biocompatibility of  
7 the sensor was confirmed through successful culture and proliferation of HeLa cells on its surface.  
8 Using interdigitated electrode arrays with different patterns, the researchers demonstrated real-  
9 time monitoring of  $\text{H}_2\text{O}_2$  released from HeLa cells under drug stimulation, even in mechanically  
10 deformed states. The synergistic combination of PtNPs catalytic activity, SWCNT conductivity,  
11 and PET flexibility resulted in a high-performance, flexible sensor, ideal for sensitive  $\text{H}_2\text{O}_2$   
12 detection in cell-based assays and with strong potential for wearable biosensing applications [119].  
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26 Zhao et al. synthesized bimetallic Ag-Au NPs by supporting them on rGO using alginate  
27 as both a stabilizer and reductant. The selection of Ag and Au was based on their high  
28 biocompatibility, catalytic activity, and straightforward synthesis. Their findings demonstrated  
29 that the use of Ag-Au NPs in the electrochemical sensor resulted in superior efficacy in detecting  
30  $\text{H}_2\text{O}_2$ , with a LOD of 0.57  $\mu\text{M}$ . This was attributed to the Ag-Au bimetallic nanoparticles which  
31 provided a greater quantity of catalytically active sites compared to the monometallic nanoparticles  
32 [120]. Other bimetallic nanomaterials for the detection of  $\text{H}_2\text{O}_2$  have been reported. For example,  
33 in 2021, Hussain et al. reported the development of nickel-cobalt (Ni-Co) bimetallic nanowires  
34 (BMNWs) as non-enzymatic electrocatalysts for sensitive detection of  $\text{H}_2\text{O}_2$  [121]. They  
35 synthesized Ni-Co BMNWs with tunable composition by a template-assisted electrodeposition  
36 method. They used Ni-Co bimetallic system as it has facile synthesis, controlled morphology,  
37 tunable composition and good biocompatibility. The valency states and intrinsic resistivity of Ni  
38 and Co can be tuned in the bimetallic system to facilitate charge transfer kinetics, thus improving  
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3 the efficiency of electrocatalysis. Ni provides more active sites in the form of Ni<sup>3+</sup> state which  
4 enhances electrocatalytic activity towards H<sub>2</sub>O<sub>2</sub>. On the other hand, Co provides structural stability  
5 to prevent aggregation/degradation of Ni over time and usage. As a result, the Ni-Co coupling  
6 offers high conductivity, abundance of active sites, high surface area and excellent electron transfer  
7 rate. The sensor showed excellent sensitivity of 2211.4 μA mM<sup>-1</sup>cm<sup>-2</sup>, wide linear detection range  
8 of 0.005– 9 mM, low detection limit of 0.5 μM and good reproducibility, stability and selectivity.  
9 Also, it was successfully applied for H<sub>2</sub>O<sub>2</sub> detection in real samples like milk, contact lens solution,  
10 etc. with satisfactory recovery, demonstrating its practical applicability [121].  
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22 Several research groups have further fabricated electrochemical sensors for H<sub>2</sub>O<sub>2</sub> detection  
23 by combining multiple metals. For example, Liu et al. [122] synthesized a nanohybrid material  
24 composed of bimetallic palladium-copper (PdCu) nanoparticles supported on carbon black (CB)  
25 and modified a GCE with the synthesized PdCu/CB nanohybrid. They found that CB had the  
26 ability to maintain the nanostructure of bimetallic PdCu alloy, while also enhancing the dispersion  
27 of nanoparticles, as shown in Figure 5A. Additionally, CB offered strong conductivity and a large  
28 specific surface area, resulting in a significant enhancement in catalytic efficiency for the reduction  
29 of H<sub>2</sub>O<sub>2</sub> (Figure 5B). The sensor showed excellent sensitivity of 1.26 μA μM<sup>-1</sup>cm<sup>-2</sup>, along with a  
30 wide linear detection range from 0.4 μM to 5 mM, low detection limit of 54 nM and good  
31 reproducibility and stability.  
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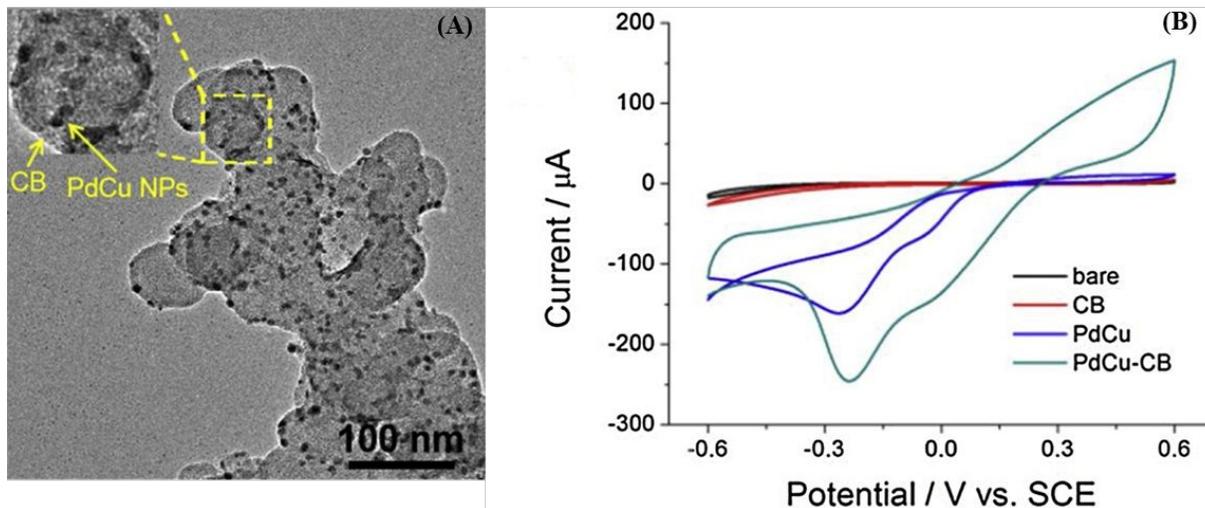


Figure 5. (A) TEM image of PdCu/CB nanohybrid; (B) CVs of the bare GCE, and modified GCE with CB, PdCu and PdCu/CB in the presence of 10 mM H<sub>2</sub>O<sub>2</sub> (Reproduced from [122] with permission from ELSEVIER, copyright 2019).

Recently, Sharma et al. introduced a novel non-enzymatic electrochemical sensor for the selective and sensitive detection of H<sub>2</sub>O<sub>2</sub> by modifying a GLC with two-dimensional nanoporous magnesium oxide nanosheets (MgO-NSs) [123]. They synthesized MgO-NSs using a straightforward sugar-blowing method, where they simply mixed magnesium nitrate with sucrose in water, dried it, and then heated it to 700°C in a furnace. During heating, the sucrose decomposes and creates gases that form pores in the magnesium oxide structure, resulting in nanosheets with high surface area. The electrochemical sensing capabilities of the MgO-NSs/GCE toward H<sub>2</sub>O<sub>2</sub> were investigated using various techniques including CV, DPV, EIS, and amperometry. The fabricated sensor demonstrated excellent analytical performance with a wide linear detection range (20 µM- 1000 µM), low detection limit (0.224 µM), high sensitivity, remarkable selectivity, and good stability. The sensor showed minimal interference from common interfering species and maintained good repeatability (RSD 1.6%) and reproducibility (RSD 1.7%) over 30 days of testing. The practical applicability of the sensor was successfully demonstrated through the detection of H<sub>2</sub>O<sub>2</sub> in real milk and mixed-fruit juice samples with excellent recovery rates,

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3 suggesting its potential for various practical applications in food analysis, environmental  
4 monitoring, and medical diagnostics [123].  
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8 Further enhancement in non-enzymatic electrochemical sensors for H<sub>2</sub>O<sub>2</sub> detection was  
9 made by Li et al. who developed a sensor based on neuron-network-like copper-doped  
10 molybdenum dioxide supported on carbon (Cu-MoO<sub>2</sub>/C) nanocomposite [124]. They synthesized  
11 Cu-MoO<sub>2</sub>/C nanocomposite by pyrolyzing a bimetallic-organic framework precursor. The  
12 hierarchical neuron network-like porous morphology of the nanocomposite provided high surface  
13 area leading to increased number of electrochemically active sites. The incorporated amorphous  
14 carbon also improved electrical conductivity as well as stability of the nanocomposite. A very  
15 crucial aspect was the tunable electronic structure and strong interfacial interactions between Cu  
16 and MoO<sub>2</sub> which optimized the electrocatalytic activity of the nanocomposite. Compared to  
17 MoO<sub>2</sub>/C, the Cu-MoO<sub>2</sub>/C nanocomposite showed much better sensitivity of 233.4 mAmm<sup>-1</sup>cm<sup>-2</sup>  
18 and lower detection limit of 85 nM owing to its hierarchical porous structure and synergistic effects  
19 of the components. Also, the sensor was successfully applied to detect H<sub>2</sub>O<sub>2</sub> content in spiked  
20 human serum and commercial disinfectant/contact lens solutions. In another related work, Mani et  
21 al. used a carbon cloth (CC) to modify the crystalline structure of nickel cobalt sulfide/cobalt  
22 sulfide nanoarrays (NiCo<sub>2</sub>S<sub>4</sub>@CoS<sub>2</sub> NAs), resulting in an incredibly low LOD in the nanomolar  
23 range. The key factor behind the excellent electrocatalytic performance of the NiCo<sub>2</sub>S<sub>4</sub>@CoS<sub>2</sub>  
24 nanoarrays for H<sub>2</sub>O<sub>2</sub> detection lies in the synergistic combination of NiCo<sub>2</sub>S<sub>4</sub> and CoS<sub>2</sub>. NiCo<sub>2</sub>S<sub>4</sub>,  
25 a binary transition metal dichalcogenide, possesses outstanding redox properties, mixed valence  
26 states that provide enlarged active sites, and high electrical conductivity, making it an efficient  
27 electrocatalyst. The combination of NiCo<sub>2</sub>S<sub>4</sub> with CoS<sub>2</sub> in a core-shell heterostructured nanoarray  
28 significantly enhances the electrocatalytic performance. This enhancement is due to the synergistic  
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3 effects arising from the close interaction between the two materials. The sensor exhibited the  
4 capability to detect H<sub>2</sub>O<sub>2</sub> with a LOD as low as 2 nM [125].  
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9 Hydrogels have emerged as powerful platforms for biosensing applications due to their  
10 three-dimensional porous structure, high surface area, and ability to integrate various functional  
11 components. Metal-based hydrogels are particularly interesting as they can combine both  
12 structural advantages and catalytic properties, enabling efficient electron transfer and substrate  
13 interaction. In 2023, Li et al. developed an innovative dual-detection system for H<sub>2</sub>O<sub>2</sub> based on a  
14 precisely engineered Pt-Ni hydrogel [126]. The system combined both colorimetric (visual) and  
15 electrochemical detection methods. They created a unique dual-structure hydrogel composed of  
16 alloyed Pt-Ni nanowires and Ni(OH)<sub>2</sub> nanosheets. This structure demonstrated excellent  
17 peroxidase-like and electrocatalytic activities, enabling sensitive H<sub>2</sub>O<sub>2</sub> detection. The sensor  
18 achieved impressive performance metrics, including low detection limits (0.030 μM for  
19 colorimetric and 0.15 μM for electrochemical detection), wide linear ranges (0.10 μM- 10.0 mM  
20 for colorimetric and 0.50 μM– 5.0 mM for electrochemical), and outstanding long-term stability  
21 up to 60 days. Taking the innovation further, the team integrated these detection methods into a  
22 portable device using an M5stack development board. For colorimetric detection, they created a  
23 test paper system with a color sensor that could quickly process and display results. The  
24 electrochemical component was implemented through a custom-designed circuit and screen-  
25 printed electrodes. When tested with real biological samples, specifically HeLa cells, the sensors  
26 successfully detected H<sub>2</sub>O<sub>2</sub> released upon CHAPS<sup>2</sup> stimulation [126].  
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3 The detection of  $\text{H}_2\text{O}_2$  released from plant leaves is crucial for understanding stress  
4 responses, as  $\text{H}_2\text{O}_2$  serves as both a stress indicator and a key signaling molecule in plant  
5 adaptation mechanisms. Traditional methods for detecting  $\text{H}_2\text{O}_2$  in plants have limitations  
6 including irreversible damage to plant tissues and inability to provide real-time measurements. In  
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8 2022, Zhang et al. developed an electrochemical sensor using a multi-walled carbon nanotube-  
9 titanium carbide-palladium (MWCNT- $\text{Ti}_3\text{C}_2\text{T}_x$ -Pd) nanocomposite, creating a sensitive detection  
10 system that can monitor  $\text{H}_2\text{O}_2$  released from plant leaves in real-time without causing tissue  
11 damage [127]. The carbon nanotubes provided excellent conductivity and increased surface area,  
12 while  $\text{Ti}_3\text{C}_2\text{T}_x$  offered superior electrocatalytic activity, and palladium nanoparticles served as  
13 efficient catalysts for  $\text{H}_2\text{O}_2$  reduction. Their electrochemical detection operated at a remarkably  
14 low potential near 0 V, minimizing interference from other biological molecules. For plant stress  
15 studies, they devised a simple but effective approach: placing *Arabidopsis* leaves in phosphate  
16 buffer and measuring  $\text{H}_2\text{O}_2$  release every two hours using differential pulse voltammetry. The  
17 sensor demonstrated excellent performance with a linear response range of 0.05 mM– 18 mM and  
18 a low detection limit of 3.83  $\mu\text{M}$ . Their sensor overcame these limitations by enabling non-  
19 destructive, real-time monitoring of  $\text{H}_2\text{O}_2$  release. They validated their approach by comparing  
20  $\text{H}_2\text{O}_2$  measurements between salt-stressed and control *Arabidopsis* plants, finding elevated  $\text{H}_2\text{O}_2$   
21 levels in stressed plants that correlated with other physiological stress indicators. The  
22 electrochemical sensor showed good stability over 6 days and reproducibility with a relative  
23 standard deviation of 6.23% [127].  
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50 In 2020, Sun et al. developed a paper-based electrochemical sensor for the rapid and direct  
51 detection of  $\text{H}_2\text{O}_2$  in plant tissues [128]. They modified an indium tin oxide (ITO) working  
52 electrode by electroplating gold nanoparticles onto its surface, creating a nano-gold-modified  
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3 electrode that enhanced electron transfer and catalytic activity for H<sub>2</sub>O<sub>2</sub> reduction. They integrated  
4 this electrode into a disposable analytical device and employed differential pulse voltammetry  
5 (DPV) to enable direct electrochemical quantification of H<sub>2</sub>O<sub>2</sub>. To facilitate measurement, they  
6 placed small tomato leaf samples (less than 3 mg) directly onto the electrode and added 10 μL of  
7 phosphate buffer solution. Their sensor achieved a detection limit of 1 μM, demonstrated a wide  
8 linear range, and exhibited strong selectivity against common plant metabolites. They applied this  
9 system to monitor H<sub>2</sub>O<sub>2</sub> production in *Botrytis cinerea*-infected tomato leaves, effectively  
10 capturing dynamic changes over 24 hours. To validate their approach, they compared their  
11 electrochemical results with diaminobenzidine (DAB) staining, confirming the accuracy of the  
12 sensor for in situ H<sub>2</sub>O<sub>2</sub> detection. Their work highlighted the potential of paper-based  
13 electrochemical sensors as a rapid, sensitive, and accessible tool for studying H<sub>2</sub>O<sub>2</sub> in plant stress  
14 responses [128].  
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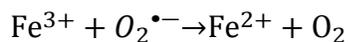
31 Tris(3-hydroxypyridin-4-one) (THP) has traditionally been utilized as a powerful chelating  
32 agent, with applications ranging from antibacterial properties to biomedical imaging and catalysis.  
33 Its unique molecular structure, featuring three hydroxypyridinone units capable of forming  
34 multiple hydrogen bonds, makes it particularly interesting for sensing applications, though this  
35 potential has remained largely unexplored in electrochemical detection [129]. Building upon these  
36 properties, recently, Failla et al. developed a novel electrochemical sensor for H<sub>2</sub>O<sub>2</sub> detection using  
37 THP as the sensing material [130]. They synthesized THP and modified SPCEs through a simple  
38 drop-casting method. The THP/SPCE sensor demonstrated excellent electrochemical properties  
39 with a low LOD of 144 nM, high selectivity against common interferents, good repeatability (RSD  
40 = 1.77%), and long-term stability (92% efficiency after 30 days). The sensing mechanism was  
41 thoroughly investigated through molecular dynamics simulations, revealing that THP forms  
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multiple hydrogen bonds with H<sub>2</sub>O<sub>2</sub> molecules (average of 15– 16 bonds). The researchers also successfully tested the performance of the sensor in fetal bovine serum (FBS) with recovery values ranging from 94.8% to 104.8%, demonstrating its potential for biological applications. This work represents the first use of THP in electrochemical sensing and offers several advantages including high sensitivity, excellent selectivity, good stability, and cost-effectiveness compared to existing metal-based sensors. The development of this organic molecule-based sensor opens new possibilities for H<sub>2</sub>O<sub>2</sub> detection in various fields including healthcare, food safety, and environmental monitoring [130].

#### 4. Hydroxyl Radicals (•OH)

##### 4.1. Introduction to Hydroxyl Radicals (•OH)

Hydroxyl radicals (•OH) are regarded as the most harmful and potentially hazardous ROS generated in biological systems, owing to their capacity to interact with many cellular components and macromolecules [131]. •OH are typically generated through a two-stage process, including the Haber-Weiss ( I ) and the Fenton reaction ( II ). Initially, in the Haber-Weiss reaction, ferric ions are transformed into ferrous ions with the aid of O<sub>2</sub><sup>•-</sup> molecules. Subsequently, in a reaction known as the Fenton reaction, these ferrous ions interact with H<sub>2</sub>O<sub>2</sub>, leading to the generation of ferric ions and •OH [131, 132].



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3 Due to their extreme reactivity,  $\bullet\text{OH}$  may react with any biological component, causing  
4 significant damage to lipids and proteins via membrane breakdown, protein degradation, and lipid  
5 peroxidation (LPO). The oxidation of polyunsaturated fats by  $\bullet\text{OH}$  can disrupt normal membrane  
6 structures through the LPO process [133]. This process is particularly problematic because it  
7 generates unstable lipid radicals, which in turn initiate a series of reactions. These reactions result  
8 in the creation of fatty acid peroxy radicals that further propagate cell damage and exacerbate  
9 harm to the cell membranes [134]. Due to its detrimental characteristics,  $\bullet\text{OH}$  have been linked to  
10 a variety of diseases, such as cancer, diabetes, liver disease, neurodegenerative disorders, among  
11 others [135].  
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24 Typical methods for detecting  $\bullet\text{OH}$  include using spin traps in conjunction with electron  
25 paramagnetic resonance (EPR) spectroscopy, along with techniques like chemiluminescence,  
26 fluorescence, and electrochemical techniques. Detecting  $\bullet\text{OH}$  poses significant challenges because  
27 of its highly reactive nature and extremely short lifespan. Among these methods, the  
28 electrochemical technique has been identified as particularly effective, owing to its high  
29 specificity, sensitivity, and its capability for real-time detection of  $\bullet\text{OH}$  in living cells [136].  
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#### 39 *4.2. Electrochemical Methods for Hydroxyl Radicals ( $\bullet\text{OH}$ ) Detection*

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42 Electrochemical techniques for  $\bullet\text{OH}$  detection are classified into organic and inorganic  
43 methodologies. Organic-based sensors employ a range of materials including conductive  
44 polymers, DNA, and organic molecules, whereas inorganic sensors use elements like metal oxide  
45 nanoparticles and carbon-based substance [136-141].  
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51 The use of DNA as a sensing component was inspired by its susceptibility to direct damage  
52 through oxidation reactions with  $\bullet\text{OH}$  [142]. For example, Huang et al. [143] developed a  
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3 biosensor by self-assembling a thiolated DNA aptamer onto a GCE modified with nitrogen-doped  
4 porous carbon nanostructures (N-C) and AuNPs. For  $\bullet\text{OH}$  detection, this aptamer biosensor was  
5 immersed in the Fenton reaction to induce oxidative damage to the immobilized DNA by the  
6 generated  $\bullet\text{OH}$  species. The DNA damage was monitored using the electrochemical probe  
7 hexaammineruthenium(III) ( $[\text{Ru}(\text{NH}_3)_6]^{3+}$ ), which binds to the damaged DNA. By measuring the  
8 electrochemical signal of surface-bound  $[\text{Ru}(\text{NH}_3)_6]^{3+}$  using square wave voltammetry, they were  
9 able to detect and quantify the level of DNA damage and thus the  $\bullet\text{OH}$  concentration. The  
10 biosensor exhibited a wide detection range from 50 to 500  $\mu\text{M}$ , with a LOD of 25  $\mu\text{M}$ . Further,  
11 Wu et al. developed an amplified DNA-based electrochemical biosensor for highly sensitive  
12 detection of  $\bullet\text{OH}$  [137]. This group constructed the sensor interface by immobilizing a thiol-  
13 modified DNA1. Upon exposure to the Fenton reaction,  $\bullet\text{OH}$  generated through the reaction induce  
14 oxidative damage to the DNA1 layer. They employed an electroactive methylene blue probe to  
15 monitor this DNA damage via its intercalative binding affinity that translates damage levels into  
16 measurable current signals. To enhance sensitivity, they implemented a biobarcode nanoparticle  
17 amplification strategy using AuNPs functionalized with a complementary DNA2 sequence (Figure  
18 6). More residual undamaged DNA1 allows higher loading of DNA2-conjugated AuNPs, further  
19 enhancing the redox current signal of methylene blue. This amplified electrochemical biosensor  
20 achieved  $\bullet\text{OH}$  detection over a wide dynamic range from 5  $\mu\text{M}$  to 10 mM, with a detection limit  
21 as low as 3  $\mu\text{M}$ . Additionally, this DNA damage principle demonstrates potential for evaluating  
22 antioxidants that protect against oxidative damage [144].  
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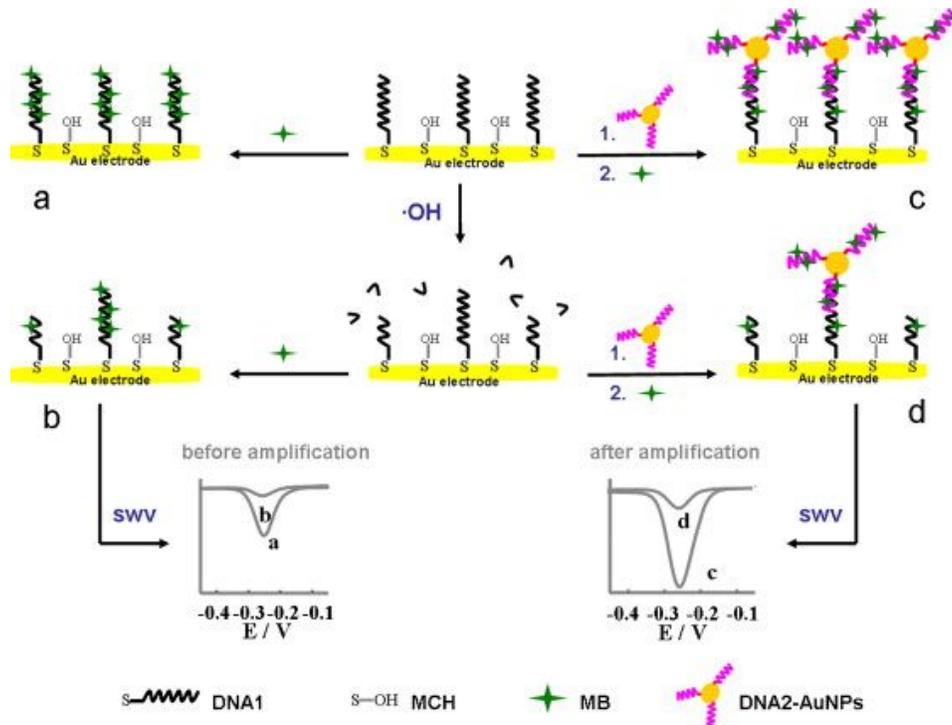


Figure 6. Schematic of the DNA-based electrochemical biosensor for detecting  $\cdot\text{OH}$ , showing a gold electrode with thiol-modified DNA1 and methylene blue probe, amplified by DNA2-functionalized AuNPs for enhanced sensitivity (Reproduced from [137] with permission from ELSEVIER, copyright 2012).

Abdel-Hamid et al. [145] further investigated the approach of incorporating DNA as the sensing mechanism to detect  $\cdot\text{OH}$  by studying the antioxidant capabilities of caffeic acid (CAF) in preserving DNA integrity against oxidative damage. This approach was motivated by the role of antioxidants as reducing agents that mitigate damage caused by free radicals. Building on previous research showing the effectiveness of CAF in scavenging free radicals and thus preserving DNA integrity, they modified a GCE with an immobilized double-stranded DNA (dsDNA) layer on MWCNTs. The aim was to investigate the damage of dsDNA by  $\cdot\text{OH}$  and its protection by CAF. The Fenton reaction was used to generate the damaging  $\cdot\text{OH}$ . They observed the protective effect of CAF on dsDNA against oxidative harm from  $\cdot\text{OH}$ , highlighting its free radical scavenging properties.

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3 On a related note, Hájková et al. [146] reported the development of a simple  
4 electrochemical biosensor based on a GCE modified with a dsDNA. The dsDNA was adsorbed  
5 onto the electrode surface by applying an optimal adsorption potential and allowing electrostatic  
6 immobilization. The dsDNA-modified electrode biosensor was used to investigate dsDNA damage  
7 induced by  $\bullet\text{OH}$  generated through three different methods: electrolysis at a boron-doped diamond  
8 electrode, the Fenton reaction, and iron(II) autoxidation. They detected the damage using square  
9 wave voltammetry to monitor oxidation of DNA bases. They demonstrated that the extent of DNA  
10 damage depends on the  $\bullet\text{OH}$  generation method and conditions like applied current density, iron  
11 concentration, and reaction time. The most severe damage occurs with electrogenerated  $\bullet\text{OH}$ ,  
12 indicating disruption of nucleobases and phosphodiester bonds in dsDNA. This research group has  
13 not provided an explicit explanation for why electrogenerated  $\bullet\text{OH}$  cause the most severe DNA  
14 damage. Nevertheless, it appears that the electrolytic process on the boron-doped diamond  
15 electrode surface produces a high flux of  $\bullet\text{OH}$  close to the DNA biosensor. In contrast, the Fenton  
16 reaction and iron autoxidation methods generate  $\bullet\text{OH}$  at a relatively slower and more diffused rate.  
17 Therefore, the high localized concentration and continuous production of  $\bullet\text{OH}$  through the  
18 electrolytic process facilitate rapid and repeated attacks on the immobilized dsDNA before the  
19 radicals diffuse away [146].  
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43 In addition to DNA-based biosensors, several other organic compounds have also been  
44 reported as sensing elements of electrochemical sensors designed for the detection of  $\bullet\text{OH}$ .  
45 Flavonoids, which are polyphenolic compounds found in high quantities in plants, exhibit high  
46 reactivity towards highly oxidative species like  $\bullet\text{OH}$  [147, 148]. This characteristic was harnessed  
47 by Jabeen et al. [139], who developed flavonoid-modified electrodes as electrochemical sensors  
48 for sensitive and selective detection of  $\bullet\text{OH}$ . They immobilized flavonoids (morin, quercetin,  
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3 primuletin) and their copper and iron complexes on fluorine-doped tin oxide electrodes using  
4 amino-silanization chemistry to create a stable sensor coating. Then, by generating  $\bullet\text{OH}$  using  
5 controlled electrolysis on a boron-doped diamond electrode, they noted a linear decline in the  
6 flavonoid oxidation peak currents as the concentration of  $\bullet\text{OH}$  increased. This phenomenon served  
7 as the analytical signal necessary for the quantification of  $\bullet\text{OH}$  [139]. 6-(Ferrocenyl) hexanethiol  
8 (6-FcHT) is another organic candidate for the detection of  $\bullet\text{OH}$ . 6-FcHT can selectively react with  
9  $\bullet\text{OH}$  leading to changes in its electrochemical oxidation signal. Xu et al. reported the development  
10 of a novel electrochemical sensor for the detection of  $\bullet\text{OH}$  based on a nanoporous gold layer  
11 (NPGL) modified gold electrode, onto which 6-FcHT was self-assembled (Figure 7) [149]. The  
12 NPGL provided a 3D structure with a large surface area and excellent conductivity, allowing more  
13 6-FcHT to be immobilized on the sensor surface. Using the 6-FcHT/GE directly resulted in a  
14 sensitivity of  $0.0305 \text{ mA nM}^{-1}$  and a LOD of  $0.133 \text{ nM}$ . This sensitivity notably improved to  
15  $0.1364 \text{ mA nM}^{-1}$  with an impressive LOD of  $0.316 \text{ pM}$  following NPGL modification. The  
16 efficacy of the sensor was further validated in an in vitro biological system using human liver  
17 cancer (HepG2) cell culture solutions, where it successfully detected elevated  $\bullet\text{OH}$  levels in treated  
18 HepG2 cells. Moreover, consistent with expectations, the introduction of antioxidants like ascorbic  
19 acid, uric acid, and glutathione resulted in a significant reduction in the electrical current,  
20 demonstrating the responsiveness of the sensor to changes in the oxidative environment.  
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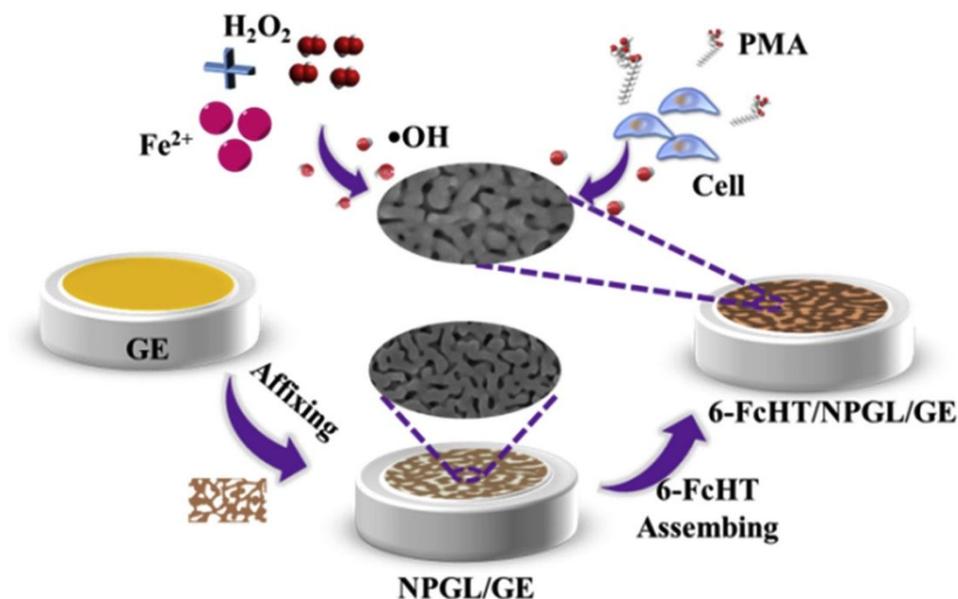


Figure 7. The schematic illustrating the procedure for constructing the 6-FcHT/NPGL/GE (Reproduced from [150] with permission from ELSEVIER, copyright 2020).

In another remarkable work, Ding et al. [151] fabricated a tungsten nanoelectrode by electrochemically etching a tungsten wire to get a sharp tip, then coating it with AuNPs and a self-assembled monolayer of 1-hexanethiol (HAT) (Figure 8). The sharp tip of the tungsten nanoelectrode allowed it to easily penetrate the cell membrane without causing significant damage. They used this nanoelectrode to detect  $\bullet\text{OH}$  inside living macrophage cells and found higher  $\bullet\text{OH}$  levels in the cytoplasm compared to the nucleus, and the levels increased upon stimulating oxidative stress. In addition, they used several other ROS, including  $\text{O}_2^{\bullet-}$ ,  $\text{H}_2\text{O}_2$ ,  $\text{ClO}^-$  and  $\text{NO}_2^-$  to assess its selectivity towards  $\bullet\text{OH}$ . Despite the presence of these ROS at concentrations 105-fold higher than  $\bullet\text{OH}$ , no response was observed for them, underscoring the exceptional selectivity of the sensor towards  $\bullet\text{OH}$ . Remarkably, they detected increased  $\bullet\text{OH}$  in an Alzheimer's disease model by treating cells with amyloid beta ( $\text{A}\beta$ ) peptide. Alzheimer's disease involves buildup of  $\text{A}\beta$  peptide in the brain.  $\text{A}\beta$  is thought to cause oxidative stress in cells. To model Alzheimer's disease in vitro, this group treated macrophage cells with  $\text{A}\beta$  peptide, and they were able to detect

a 3.8-fold increase in  $\bullet\text{OH}$  levels in the cytoplasm of  $\text{A}\beta$ -treated cells compared to untreated cells. Moreover, they demonstrated that the natural substance cordycepin decreases  $\bullet\text{OH}$  levels in this model by stimulating antioxidant enzymes, suggesting a possible treatment strategy [151].

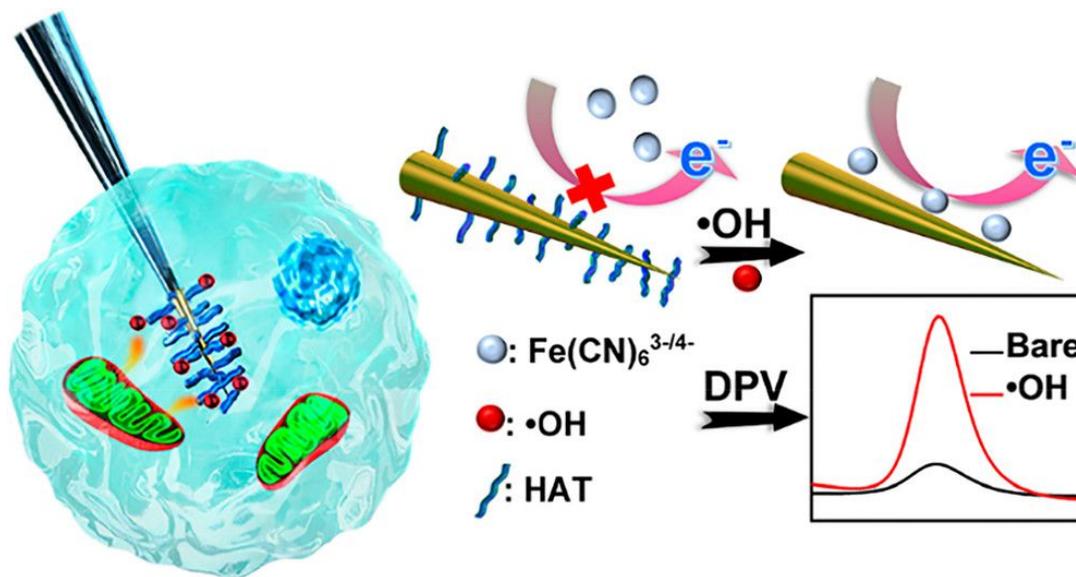


Figure 8. Schematic diagram of the tungsten nanoelectrode modified with HAT used for the detection of  $\bullet\text{OH}$  at the single-cell level (Reproduced from [151] with permission from ACS, copyright 2020).

Several other organic molecules have been integrated with electrochemical techniques for detecting  $\bullet\text{OH}$ . For example, reduced glutathione (GSH) has been demonstrated to be a promising organic compound for the detection of  $\bullet\text{OH}$ . GSH is characterized by its ability to donate electrons and is known for its antioxidant and radical scavenging properties, demonstrating a strong affinity for  $\bullet\text{OH}$  [152]. In a recent study, Ghaedamini et al. [135] immobilized GSH onto a carbon electrode. They used aryl diazonium salt as an interface agent to create a second layer of GSH on the surface of the electrode. They used CV and EIS to analyze the signals produced from the interaction between GSH on the electrode and  $\bullet\text{OH}$ . The CV curve of the sensor modified with GSH, when tested in the Fenton reagent, displayed a distinct pair of peaks, indicating the redox interaction between the electrochemical sensor and  $\bullet\text{OH}$ . This sensor demonstrated a direct linear

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3 correlation between its redox response and the  $\bullet\text{OH}$  concentration, with a detection limit of  $49\ \mu\text{M}$ .  
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5 On the other hand, following a 1-hour immersion in the Fenton solution, the redox peaks on the  
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7 CV curve of the GSH-modified electrode vanished. This indicated that the GSH immobilized on  
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9 the electrode underwent oxidation, transforming into glutathione disulfide (GSSG). Furthermore,  
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11 this group found that the oxidized GSH surface could be restored to its reduced state by treating it  
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13 with a solution of glutathione reductase (GR) and nicotinamide adenine dinucleotide phosphate  
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15 (NADPH), suggesting the potential for its reuse in detecting  $\bullet\text{OH}$ .  
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20 Despite the simplicity of preparing these organic-based biosensors without complex  
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22 procedures, their usage is constrained to specific conditions because organic compounds can  
23  
24 denature under harsh and extreme environments. An alternative method in fabricating organic-  
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26 based electrochemical sensors involves integrating molecularly imprinted polymers (MIPs) with  
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28 electrochemical techniques. For instance, Qin et al. [153] developed a molecularly imprinted  
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30 electrochemical sensor using an rGO/AgNPs composite for selective detection of  $\bullet\text{OH}$ . They  
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32 integrated AgNPs with rGO to enhance the electrochemical performance of the sensor due to the  
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34 high conductivity of AgNPs, porosity suitable for imprinting, and their ability to boost  
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36 electrochemical signals. By electrodepositing an MIP film using 2,5-DHBA as a template onto the  
37  
38 rGO/AgNPs surface, they prepared a sensor that could selectively recognize 2,5-DHBA (Figure  
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40 9). By quantifying 2,5-DHBA generated from the reaction between  $\bullet\text{OH}$  and salicylic acid, this  
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42 group successfully detected  $\bullet\text{OH}$  indirectly with high sensitivity. A wide detection range from 0.1  
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44 to  $100\ \mu\text{M}$  along with a low detection limit of  $0.021\ \mu\text{M}$  was achieved. Also, by comparing with  
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46 HPLC, they validated the accuracy of the sensor for  $\bullet\text{OH}$  analysis in water samples [153].  
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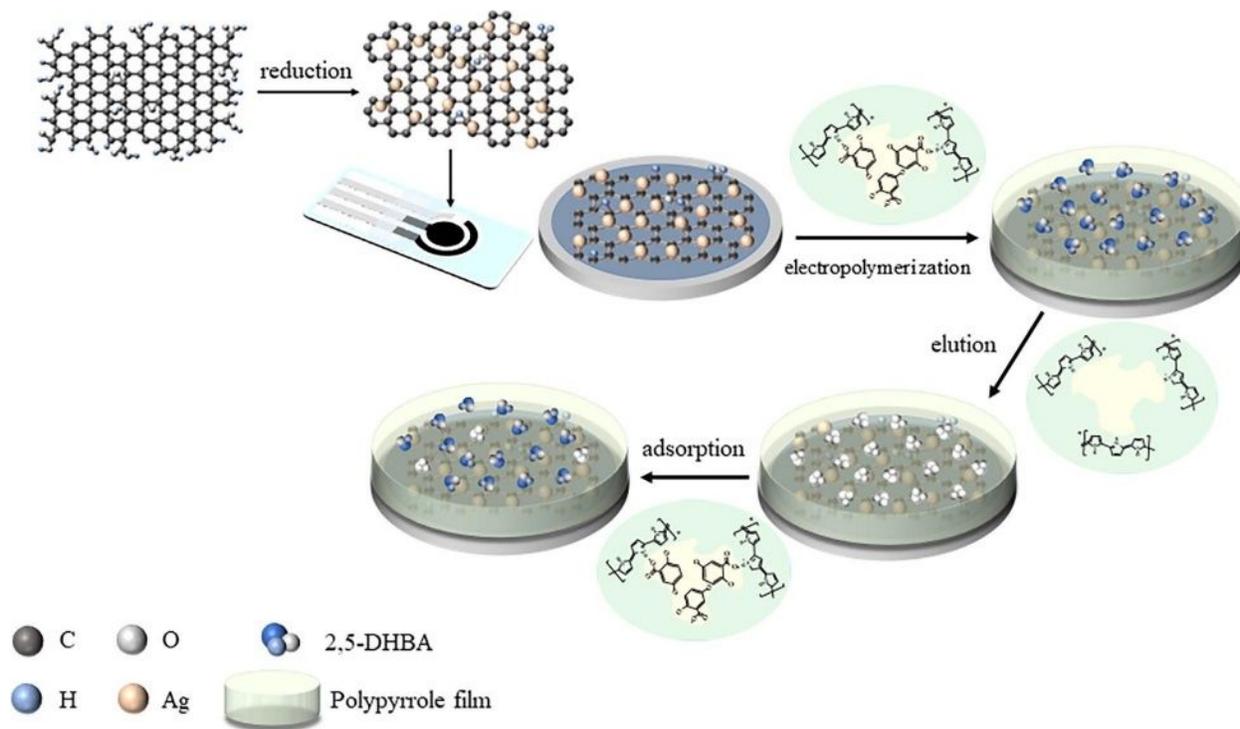


Figure 9. The schematic illustrating the process for the fabrication of MIPs/rGO/AgNPs/SPCE (Reproduced from [153] with permission from ELSEVIER, copyright 2024).

Similarly, Huang et al. [154] developed an electrochemical sensor to detect  $\bullet\text{OH}$  by measuring the levels of the electroactive substance 2,5-DHBA, which forms from the reaction between  $\bullet\text{OH}$  and salicylic acid. To achieve this, 2,5-DHBA was electrochemically imprinted in a mixture containing rGO and pyrrole, which was used as a functional monomer. This process created an electrode surface with cavities matching the shape and size of 2,5-DHBA, enabling selective detection. The molecular imprinting technique provided the sensor with specificity, while rGO increased the active sites for imprinting 2,5-DHBA. Notably, they observed that 2,5-DHBA could specifically reattach to the surface cavities on the MIPs/rGO-modified electrochemical sensor, triggering a response proportional to the  $\bullet\text{OH}$  concentration. This sensor could detect  $\bullet\text{OH}$  within a linear range from  $5.0 \times 10^{-8}$  to  $4.5 \times 10^{-5}$  M and had a detection limit as low as 2.74 nM.

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3 The specific design of the surface cavities for 2,5-DHBA ensured selective detection of the product  
4 resulting from the salicylic acid and  $\bullet\text{OH}$  reaction [154].  
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8 While these electrochemical sensors are suitable for detecting  $\bullet\text{OH}$  in vitro, they require  
9 enhancements for application in intricate biological settings. In such environments, smaller  
10 molecules compared to the size of the molecularly imprinted cavities might obstruct these cavities  
11 on the electrode surface, consequently diminishing the sensitivity and selectivity of the sensor.  
12 Huang et al. [155] developed a novel method for detection of atmospheric  $\bullet\text{OH}$  using salicylic acid  
13 impregnated activated carbon fiber paper (CFP). CFP was activated using a hydrothermal method  
14 with sodium citrate to improve its conductivity, hydrophilicity, and binding with salicylic acid.  
15 Then, they took activated CFP and spread a solution of salicylic acid evenly onto its surface. As  
16 the solution dried, the salicylic acid crystals were left deposited onto and into the pores of the CFP.  
17 This allows the CFP to hold a high loading of salicylic acid available to trap atmospheric  $\bullet\text{OH}$ .  
18 When atmospheric  $\bullet\text{OH}$  reacted with the impregnated salicylic acid, it produced 2,5-DHBA. By  
19 quantifying 2,5-DHBA concentration using DPV, they could estimate the atmospheric  $\bullet\text{OH}$   
20 concentration [155]. In 2020, Huang et al. made further improvements by applying covalent  
21 organic frameworks (COFs) to a CFP [156]. This enhancement was intended to increase the  
22 absorption of salicylic acid, thereby potentially raising the sensitivity of the sensor for  $\bullet\text{OH}$   
23 detection. They synthesized a COF material from 1,3,5-triformylphloroglucinol (Tp) and  
24 benzidine (BD). This COF(TpBD) was used to modify aminated CFP (CFP-NH<sub>2</sub>) via solvothermal  
25 synthesis. This modification led to a 1.5-fold increase in the surface area of CFP and improved the  
26 hydrophilicity, allowing enhanced loading of salicylic acid. Consequently, there was a notable  
27 decrease in the detection limit for  $\bullet\text{OH}$  (0069 pM), a significant improvement compared to the  
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unmodified CFP from their earlier study [156]. Figure 10 depicts the COF(TpBD) structure and its utilization in the absorption of salicylic acid and detection of  $\bullet\text{OH}$ .

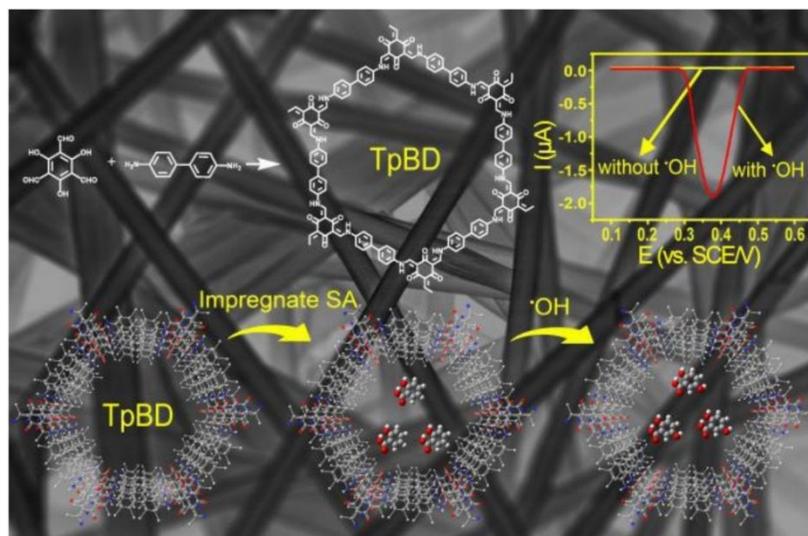


Figure 10. Illustration of COF(TpBD) structure highlighting its use in salicylic acid absorption and  $\bullet\text{OH}$  detection (Reproduced from [156] with permission from ELSEVIER, copyright 2020).

As mentioned before, employing organic molecules in electrochemical sensors presents several challenges that could potentially be addressed by utilizing inorganic materials. For example, Duanghathaipornsuk et al. [157] developed a composite-based electrochemical sensor using two inorganic layers deposited on a SPCE for the detection of  $\bullet\text{OH}$ . The first layer of PB was electrochemically deposited to serve as an electrocatalyst, enhancing the sensitivity of the sensor. The second layer, a mixture of cerium oxide nanoparticles (CeNPs) and GO, was applied over the PB layer using a drop-casting method (Figure 11). The CeNPs were chosen for their ability to oscillate between dual oxidation states ( $\text{Ce}^{3+}$  and  $\text{Ce}^{4+}$ ), with the  $\text{Ce}^{3+}$  state effectively scavenging  $\bullet\text{OH}$ . Meanwhile, large surface area of GO and high conductivity significantly boosted the electrical conductivity of the sensor. This sensor demonstrated a linear response to  $\bullet\text{OH}$  across a concentration spectrum ranging from 0.1 mM to 10 mM, with improved sensitivity when coupled

to the PB catalyst layer. Moreover, the sensor demonstrated an improved LOD of  $60 \mu\text{M}$  in the configuration with the PB layer, compared to a detection limit of  $100 \mu\text{M}$  in the absence of the PB catalyst. However, they found that the PB layer was degraded after being exposed to  $\cdot\text{OH}$ , causing a reduction in sensor performance [158].

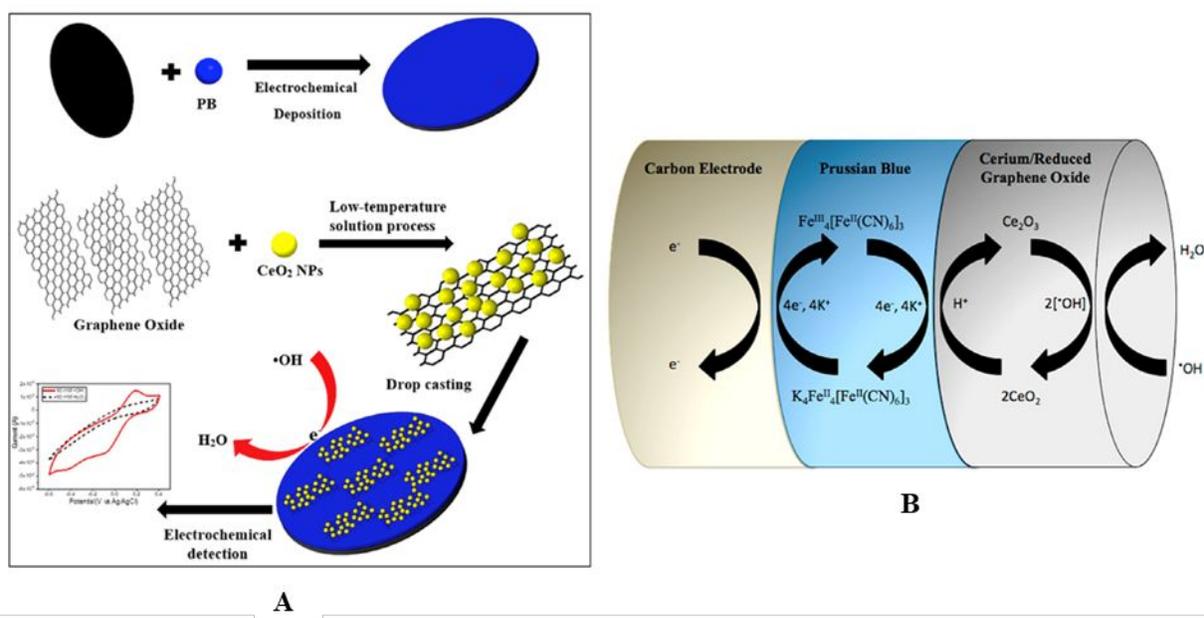


Figure 11. (A) A schematic representation of the fabrication and testing procedures for of the sensor; (B) The  $\cdot\text{OH}$  detection mechanism (Reproduced from [157] with permission from MDPI, copyright 2020).

Due to the limitations associated with using PB in the development of a reusable electrochemical sensor for  $\cdot\text{OH}$  detection, Duanghathaipornsuk et al. shifted their focus to examine how variations in particle size and concentration of CeNPs within a CeNPs/GO composite could enhance sensor sensitivity, independently of PB [159]. To do so, they synthesized CeNPs of different sizes (8, 12, 16 nm) and incorporated them with GO in different ratios, varying from a low CeNPs concentration to a high one relative to GO. These varied composites were subsequently deposited onto the SPCEs (Figure 12). The electrochemical sensors based on CeNPs/GO composites exhibited direct correlations between the redox response of the sensor and the

concentration of  $\bullet\text{OH}$ . Moreover, the capability of the sensor to detect  $\bullet\text{OH}$  in the Fenton reaction was most efficient when using a composite configuration of 8 nm CeNPs and GO in a 50:50 ratio. For example, the composite containing 50 wt% of 16 nm CeNPs exhibited a LOD of 470  $\mu\text{M}$  for  $\bullet\text{OH}$ , whereas 50 wt% of 8 nm CeNPs demonstrated a LOD of 85  $\mu\text{M}$ . This enhanced efficiency is attributed to the fact that the number of  $\text{Ce}^{3+}$  sites and the capacity for  $\bullet\text{OH}$  scavenging increase as the particle size decreases. Specifically, the smaller 8 nm CeNPs offer a higher surface area to volume ratio compared to their larger 12 and 16 nm counterparts, resulting in more active sites available for reacting with  $\bullet\text{OH}$ . Additionally, the 50:50 ratio emerged as the most effective balance, as ratios with either too little or too much CeNPs led to a reduction in the number of reactive sites or a decrease in conductivity, respectively [159].

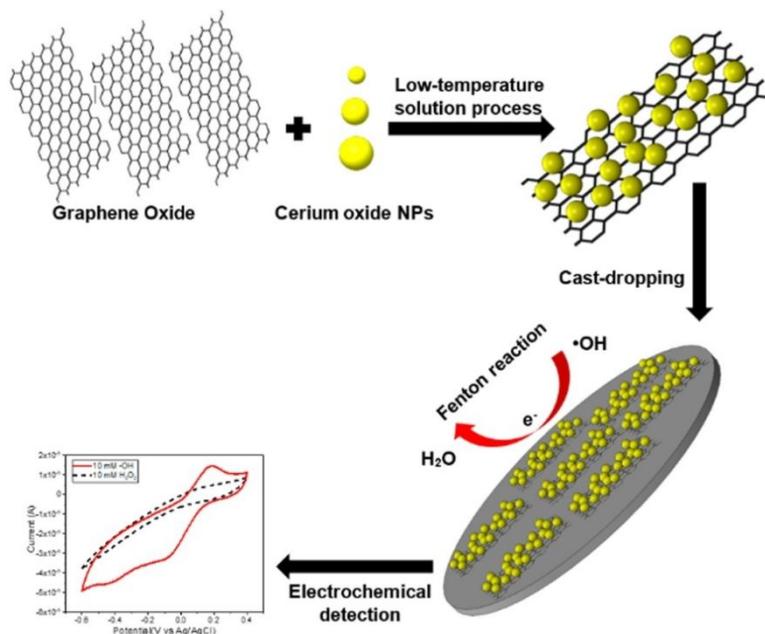


Figure 12. A schematic depicting the fabrication of a CeNPs/GO electrochemical sensor (Reproduced from [159] with permission from ELSEVIER, copyright 2020).

Due to the role of  $\text{Ce}^{3+}$  sites in the interaction with  $\bullet\text{OH}$ , several studies have focused on lowering the size of CeNPs in order to increase the quantity of  $\text{Ce}^{3+}$  sites and enhance their  $\bullet\text{OH}$

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3 scavenging capacity [160, 161]. For example, in 2021, Duanghathaipornsuk et al. [160] used  
4 surface organometallic chemistry (SOMC) to fabricate nanoscale  $\text{CeO}_x$  (<2nm) with the aim of  
5 increasing the quantity of  $\text{Ce}^{3+}$  sites for the detection of  $\bullet\text{OH}$ . The tiny  $\text{CeO}_x$  nanoclusters provided  
6 abundant  $\text{Ce}^{3+}$  sites to react with and sense  $\bullet\text{OH}$  via a reversible redox mechanism. They prepared  
7 different composites with varying weight percentages (wt%) of  $\text{CeO}_x$  loading. They found that the  
8 0.64 wt% composite exhibited the best performance for detecting  $\bullet\text{OH}$ , achieving a notably low  
9 LOD of 0.6  $\mu\text{M}$ . This is because at low 0.64 wt% loading, the tiny  $\text{CeO}_x$  nanoclusters have higher  
10 dispersion and less agglomeration on the conductive carbon surface. This maximizes the  
11 availability of the reactive  $\text{Ce}^{3+}$  sites to interact with  $\bullet\text{OH}$  via the selective redox reaction.  
12 Remarkably, the sensor successfully detected in vitro  $\bullet\text{OH}$  released from mouse preosteoblast  
13 cells, with increasing response as oxidative stress was induced.  
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28 Inspired by this work, Ghaedamini et al. [162] developed a novel electrochemical sensor  
29 using a cerium oxide/gold/carbon nanocomposite for detecting  $\bullet\text{OH}$ . They initiated a novel  
30 approach by first depositing AuNPs on a highly conductive carbon using a deposition-precipitation  
31 method. This step was followed by subsequent selective deposition of  $\text{CeO}_x$  nanoislands on the  
32 AuNPs through a controlled surface reaction approach. Their goal was to create tiny clusters of  
33  $\text{CeO}_x$  that would significantly enhance the electrochemical performance of the sensor. AuNPs were  
34 chosen for sensor development due to their exceptional catalytic activity, known for boosting the  
35 conductivity of the sensor and thereby increasing its sensitivity. Carbon functioned as a support  
36 for the deposition of AuNPs, providing a strong foundation for their attachment. Additionally, it  
37 facilitated electron transfer between the electrode and the nanocomposite by providing a  
38 conductive matrix. Due to their substantial surface area-to-volume ratio, the AuNPs provided an  
39 ample number of active sites to facilitate the distribution of  $\text{CeO}_x$  domains and hinder their  
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3 aggregation. As a result, the combined effects of CeO<sub>x</sub>, AuNPs, and carbon significantly enhanced  
4 conductivity and electrocatalytic characteristics. The proposed sensor showed two linear detection  
5 ranges of 0.05– 0.5 mM and 0.5– 5 mM •OH, with a LOD of 58 μM [162].  
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10 Hydrogels, on the other hand, have attracted significant interest because of their distinct  
11 porous structure, high surface area, mechanical strength, and favorable biocompatibility [163,  
12 164]. Hydrogels are often used in electrochemical sensing due to their capacity to include nano/bio  
13 components and facilitate electrochemical transduction for detecting biological analytes [165].  
14 Polymer-based hydrogels have been investigated for detecting ROS in recent years [140, 166]. For  
15 example, Kumar et al. [167] fabricated a sensor using a hybrid alginate-polyacrylamide hydrogel  
16 containing rGO-CeO<sub>2</sub> nanocomposite and Cyt c (Figure 13). The porous hydrogel provides a large  
17 surface area and hydrated environment to encapsulate Cyt c, while the rGO-CeO<sub>2</sub> nanocomposite  
18 enhances conductivity and electrochemical signals. Moreover, a moist environment may support  
19 biological processes, boost conductivity, improve sensor signals, and aid in preventing fouling.  
20 This sensor showed a low LOD of 0.338 μM, demonstrating the promise of hybrid hydrogels for  
21 detecting •OH in real-time.  
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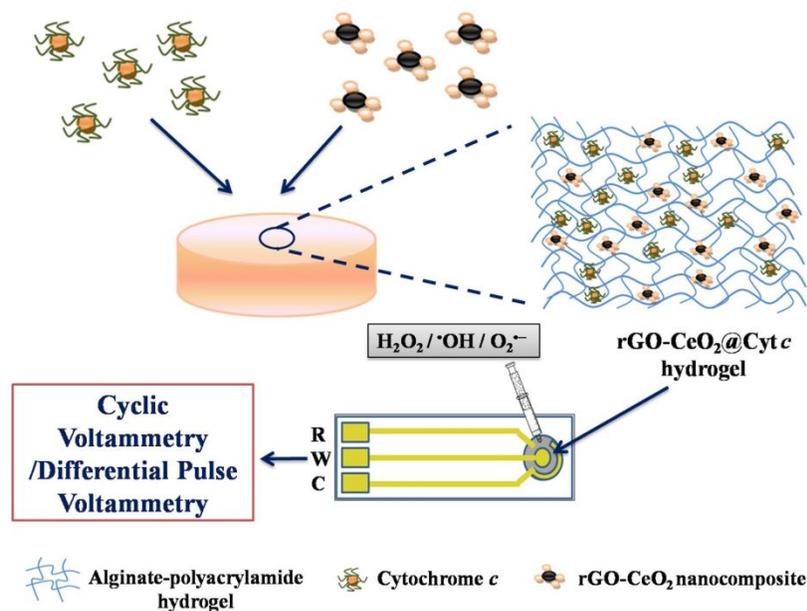


Figure 13. Schematic illustrating the sensing platform based on rGO-CeO<sub>2</sub>@Cyt *c* hydrogel for detecting ROS (Reproduced from [167] with permission from The Royal Society of Chemistry, copyright 2020).

The recent discoveries, along with the development of sensors for detecting ROS at the cellular level, have the potential to benefit the medical community in studying the pharmacological impacts of antioxidant compounds on ROS-related cell damage and in discovering more efficient treatments for the diseases induced by ROS. Table 1 summarizes the major takeaways from this review, highlighting the advantages and disadvantages of different electrochemical methods for ROS detection, including enzyme-based and various non-enzymatic sensor technologies.

Table 1. Summary of electrochemical methods for ROS detection, their advantages and disadvantages

Method	Type	Advantages	Disadvantages	References
Enzyme-based sensors	HRP, SOD, Cyt-c, hemoglobin, myoglobin	High selectivity, biological specificity, low detection limits	Enzyme degradation, short lifespan, high cost	[52] [84] [87] [91] [96]
Non-enzymatic sensors	Nanomaterial-modified electrodes	Stability under harsh conditions, cost-effective, large surface area, improved electron transfer	Potential interference from other electroactive species, lower specificity, possible toxicity	[49] [103] [124]
	MOFs-modified electrodes	High surface area, tunable porosity, enzyme-like catalytic properties	Synthesis complexity, long preparation time	[105-107]
	Bimetallic-modified electrodes	Synergistic catalytic effects, improved sensitivity, high stability	Costly materials, synthesis challenges	[54] [118] [120]
	Graphene and carbon-modified electrodes	High conductivity, biocompatibility, large surface area	Possible aggregation, reproducibility issues	[100-102]

## 5. Conclusion

The primary sensing components used for detecting ROS are categorized into organic, inorganic, metallic materials. The choice of material should be based on the specific detection conditions. Novel electrochemical techniques have shown satisfactory sensitivity and specificity in detecting ROS in living cells, with varying degrees of advancement depending on the specific kind of ROS. Most of the electrochemical technologies for ROS detection focus on  $O_2^{\bullet-}$ . The focus on  $O_2^{\bullet-}$  is mainly due to its important role as the primary ROS in biological systems.  $O_2^{\bullet-}$  is an essential precursor to many other ROS and is present in all living cells; therefore, its detection is crucial for understanding oxidative stress and its effects in a variety of diseases. However, there is

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3 a growing recognition of the importance of detecting other ROS, such as •OH and H<sub>2</sub>O<sub>2</sub>, due to  
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5 their distinct biological roles and impacts. •OH, for instance, are highly reactive and can cause  
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7 immediate damage to DNA, proteins, and lipids, leading to cell death and tissue damage. H<sub>2</sub>O<sub>2</sub>, on  
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9 the other hand, is more stable and can diffuse across cell membranes, affecting cells at a distance  
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11 from its production site. The development of sensors with enhanced selectivity and sensitivity for  
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13 detecting •OH and H<sub>2</sub>O<sub>2</sub> is therefore crucial. These advancements would not only enhance our  
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15 understanding of the nuanced roles these species play in pathophysiological processes but also  
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17 improve the detection and monitoring of oxidative stress-related diseases, leading to better  
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19 diagnostic tools and therapeutic strategies.  
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## 23 24 **Acknowledgements**

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27 This material is based upon work supported by the National Science Foundation under  
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29 Grant No. 1817294 and Grant No. 2141183.  
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## 32 33 **Declaration of competing interest**

34  
35  
36 The authors declare that they have no known competing financial interests or personal  
37  
38 relationships that could have appeared to influence the work reported in this paper.  
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3 No primary research results, software or code have been included and no new data were  
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5 generated or analyzed as part of this review.  
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