

## Functional angiogenesis requires microenvironmental cues balancing endothelial cell migration and proliferation

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2 proliferation

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- 20 Microenvironment, Endothelial Cells, Chemotaxis, Hydrogels, Microvasculature, Sprouting Morphogenesis

## 21 ABSTRACT

22 Angiogenesis is a complex morphogenetic process that involves intimate interactions between multicellular endothelial structures and their extracellular milieu. In vitro models of angiogenesis can aid in 23 24 reducing the complexity of the *in vivo* microenvironment and provide mechanistic insight into how soluble and 25 physical extracellular matrix cues regulate this process. To investigate how microenvironmental cues regulate 26 angiogenesis and the function of resulting microvasculature, we multiplexed an established angiogenesis-on-achip platform that affords higher throughput investigation of 3D endothelial cell sprouting emanating from a 27 parent vessel through defined biochemical gradients and extracellular matrix. We found that two fundamental 28 endothelial cell functions, migration and proliferation, dictate endothelial cell invasion as single cells vs. 29 multicellular sprouts. Microenvironmental cues that elicit excessive migration speed incommensurate with 30 31 proliferation resulted in microvasculature with poor barrier function and an inability to transport fluid across the microvascular bed. Restoring the balance between migration speed and proliferation rate rescued 32 multicellular sprout invasion, providing a new framework for the design of pro-angiogenic biomaterials that 33 34 guide functional microvasculature formation for regenerative therapies.

### 35 INTRODUCTION

The microvascular network of arterioles, capillaries, and venules is a critical component of the circulatory 36 system required for the function and maintenance of nearly every tissue in the human body. Once regarded 37 38 simply as passive fluidic microstructures, it is now understood that the microvasculature (vessels <50 μm in 39 diameter) dynamically alters its structure and function to service the changing metabolic demands of tissues<sup>1,2</sup>. Rapid changes in microvessel diameter through vasoconstriction or vasodilation allow for temperature and 40 blood pressure regulation<sup>3</sup>. In response to tissue injury, local microvasculature rapidly adjusts permeability, 41 enabling immune cells to extravasate and fight infection; over longer timescales, the microvasculature expands 42 43 to revascularize the healing tissue<sup>4</sup>. Angiogenesis, the formation of new microvasculature from an existing parent vessel, is the predominant method by which microvasculature extends and is critical to tissue healing 44 45 and homeostasis<sup>5</sup>. Indeed, dysregulated angiogenesis producing excessive or insufficient microvasculature is a hallmark of many diseases, and as such, microvascular morphology and function are clinical indicators of 46 pathology<sup>6,7</sup>. During cancer progression for example, abnormal gradients of soluble pro-angiogenic factors 47 48 recruit endothelial cells (ECs) from adjacent tissues to invade into the tumor stroma<sup>8</sup>. This rapid and excessive angiogenesis results in a high density of disorganized and highly permeable neovessels that facilitates tumor 49 growth and provides metastatic access<sup>9</sup>. In contrast, insufficient angiogenesis impairs tissue regeneration for 50 example in cardiac ischemia or diabetic foot ulcers<sup>10</sup>. An understanding of how the surrounding 51 microenvironment appropriately guides the formation of functional microvasculature rather than excessive or 52 insufficient angiogenesis in disease contexts would be critical to designing vascularized biomaterials for 53 54 regenerative medicine and novel therapies to treat vasculopathies<sup>6,11,12</sup>.

Observations consistent across a wide range of *in vivo* and *in vitro* models of angiogenesis have established several key steps including (1) chemokine gradients promoting endothelial tip cell formation and directed invasion into the extracellular matrix (ECM), (2) collective migration of leading tip cells and ensuing stalk cells, (3) proliferation and lumenization of the invading strand, and (4) maturation into functional

59 neovasculature<sup>13,14</sup>. Each of these steps is regulated by both biochemical and physical microenvironmental cues presented by the surrounding ECM, the 3D fibrous, collagenous meshwork through which EC sprouts navigate<sup>15</sup>. 60 As characterizing and tuning microenvironmental cues (e.g. profiling biochemical gradients and controlling 61 62 physical ECM properties) is challenging in vivo, in vitro models have proven instrumental in providing mechanistic insight into each step of angiogenesis<sup>16</sup>. To build our understanding of how ECs migrate collectively, 63 2D scratch wound assays are widely utilized. While these assays have provided detailed insight into the 64 65 molecular pathways governing collective migration of EC monolayers<sup>17</sup>, the model fails to recapitulate the 3D nature of sprouting morphogenesis<sup>18</sup>. EC outgrowth assays from spheroids or microbead carriers embedded 66 within 3D ECM have been instrumental in studying the role of matrix proteolysis and tip vs. stalk cell identity 67 68 and dynamics<sup>19–23</sup>. However, sprouts in these models do not originate from an accessible lumenized parent vessel, making it difficult to assess key microvascular functions such as fluidic connectivity and permeability. 69 More recently, advances in biomicrofluidics and efforts to engineer tissues-on-chips have generated 3D human 70 engineered microvessels<sup>24–26</sup>; these models have been utilized to study how chemokine gradients, ECM 71 degradability, shear stress and support cells regulate vessel barrier function, EC sprouting and tumor and 72 immune cell extravasation<sup>24,25,27–29</sup>. While much information has been learned from these various models, how 73 74 EC migration speed and proliferation – two fundamental cell processes required for angiogenesis – influence the formation and function of subsequent microvasculature remains unresolved. 75

In this work, we multiplexed a microfluidic device that recapitulates key aspects of sprouting morphogenesis, namely the directional, chemokine-driven invasion of ECs from the stable and quiescent endothelium of a fluid-bearing arteriole-scale parent vessel into the surrounding 3D ECM. We used this biomimetic model to investigate how soluble and physical ECM properties regulates EC invasion speed and proliferation during sprouting and how independently tuning the rate of these two basic cell functions influences the quality of formed microvasculature. We find that the formation of functional microvasculature capable of transporting fluid and performing barrier function requires a delicate balance between EC migration speed and

proliferation rate. Furthermore, we demonstrate that aberrant angiogenic sprouting driven by altered physical and soluble microenvironmental cues can in fact be rescued by correcting the imbalance between these two fundamental EC functions. As the proper vascularization of large tissue engineered constructs remains an outstanding challenge for the biomedical engineering community, the findings of this work establish a new framework for biomaterial design parameters that balance EC migration speed and proliferation to optimally generate functional microvasculature.

## 89 **RESULTS**

## 90 Multiplexed angiogenesis-on-a-chip platform

91 To investigate how soluble and physical microenvironmental cues regulate angiogenic sprouting, we 92 adapted a previously established microfluidic device that recapitulates 3D EC sprouting morphogenesis from 93 the stable, quiescent endothelium of a parent vessel<sup>28,29</sup>. The parent vessels modeled in this work possess a 94 diameter that lies near the upper end of values previously described for arterioles, but lack additional support cells such as vascular smooth muscle cells and pericytes<sup>30,31</sup>. We improved the fabrication throughput of these 95 devices by reducing their assembly to a single layer design in addition to multiplexing the number of devices 96 97 resulting from each fabrication such that a single chip contains a 2x4 array of devices (Fig. 1a). To generate parent vessels in these devices, a hydrogel precursor solution is first injected through device ports and is allowed 98 99 to crosslink around two parallel needles (300 µm diameter) suspended across each device's central chamber (Fig. 1a-b). The void space created after needle extraction forms a pair of parallel hollow channels fully 100 101 embedded within extracellular matrix (ECM) terminating in two media reservoirs (Fig. 1b). ECs seeded into one 102 channel of each device attach to the inner channel surface and self-assemble into a perfused endothelialized tube serving as the parent vessel (300 μm diameter, 3 mm length, Fig. 1c-e). Within 24 hours, the assembled EC 103 104 monolayer of the engineered parent vessel localizes VE-cadherin to cell-cell junctions and maintains a consistent 105 diameter and cell density over a range of collagen densities (Fig. 1d and Supplemental Fig. 1a-d).



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107 Figure 1 | Multiplexed angiogenesis-on-a-chip platform. a, PDMS replica casts from 3D-printed moulds are bonded to glass coverslips. 108 Each chip is composed of a 2x4 array of single devices. A pair of needles are inserted into each device, and type I collagen solution is 109 injected into each device and gelled around needles. Hollow channels are generated upon needle removal. b, Inserted needles are 110 suspended above the glass coverslip bottom and below the PDMS housing to form 3D channels fully embedded within a collagen 111 hydrogel. Each device is composed of two parallel channels. The endothelial channel (ECh) is seeded with endothelial cells to form the 112 parent vessel. Pro-angiogenic factors are added to the chemokine channel (CCh) and form a diffusive gradient to promote 3D 113 endothelial cell invasion across the collagen hydrogel. c, Representative images of x-z (top) and x-y (bottom) orthogonal views of 114 parent vessels formed within fluorescently labeled 3 mg ml<sup>-1</sup> collagen hydrogel 24-hours post-seeding. Insets indicated with dashed 115 white lines. d, Representative images of x-y (max intensity projection) formed within a 3 mg ml<sup>-1</sup> collagen hydrogel 24-hours post-116 seeding. Merge (top), F-actin (middle), VE-cadherin (bottom). e, 3D rendering of parent vessel formed within fluorescently labeled 117 3mg ml<sup>-1</sup> collagen hydrogel.

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#### 119 Soluble factors regulate multicellular sprouting

120	Utilizing 3 mg ml <sup>-1</sup> collagen, parent vessels cultured in EGM2 proved stable as single ECs minimally
121	invaded (5.5 $\pm$ 14.9 $\mu$ m) into the ECM over 5-day culture under continual reciprocating flow (Fig. 2a, c). To induce
122	EC invasion, we introduced an established EC chemoattractant, sphingosine 1-phosphate (S1P), to the adjacent
123	chemokine channel to produce a diffusive gradient that drives directional 3D EC invasion through the ECM <sup>28,29,32</sup> .
124	We found EC invasion depth over 5-day culture to be dependent on [S1P], with increasing [S1P] resulting in
125	increased invasion speed (Fig. 2a, c). To assess the morphologic quality of EC invasion, we categorized ECs as
126	isolated single cells or multicellular sprouts and determined the ratio of sprouts to single cells as a metric of

127	invasion multicellularity. Due to variations in invasion depth across conditions, we restricted quantification of
128	single cells to 150 $\mu$ m from the leading invasive front and defined sprouts as contiguous multicellular structures
129	with a length greater than half the max invasion depth (Supplemental Fig. 2). Although [S1P] clearly mediated
130	cell invasion in a dose-dependent manner, the phenotype of invading ECs was primarily as single, disconnected
131	cells and multicellular sprouts were rarely observed (Fig. 2a, c, e-g). Due to the low levels of EC proliferation
132	observed in these conditions (Fig. 2d) and given previous evidence that EC proliferation is required for
133	angiogenesis in vivo <sup>33,34</sup> , we hypothesized that enhancing proliferation rates would increase the number of ECs
134	collectively invading as multicellular sprouts. Media supplementation with 25 ng ml <sup>-1</sup> phorbol 12-myristate 13-
135	acetate (PMA), another well-established pro-angiogenic factor and potent activator of PKC <sup>28,29,35,36</sup> , resulted in
136	elevated proliferation rates as assayed by EdU incorporation (Fig. 2d). Few invading ECs were observed at 0 nM
137	S1P with 25 ng ml <sup>-1</sup> PMA implying that the addition of PMA alone does not induce EC invasion (Fig. 2b-c).
138	Invasion speed remained S1P dose-dependent in the presence of 25 ng ml <sup>-1</sup> PMA while proliferation rates
139	proved independent of S1P dose (Fig. 2b-d). In support of our hypothesis, PMA supplementation and elevated
140	EC proliferation corresponded to significant increases in the number of invading multicellular sprouts at each
141	level of [S1P] (Fig. 2d-g, Supplemental Fig. 3, Supplemental Movie 1-3). In conditions with 25 ng ml <sup>-1</sup> PMA, sprout
142	invasion depth over 5-day culture anti-correlated with the ratio of multicellular sprouts to single ECs (Fig. 2c, g);
143	the highest level of S1P (500 nM) resulting in the fastest invasion speed, most single cells, and fewest
144	multicellular sprouts (Fig. 2c, e-f). These data clearly indicate proliferation in this model is a requirement for
145	multicellular sprout invasion, supporting previous observations in vivo <sup>33,34</sup> . Furthermore, while a chemokine
146	gradient is an additional key requirement for angiogenesis, stronger gradients that increase invasion speed elicit
147	a single cell migration phenotype in lieu of multicellular sprouts.



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149 Figure 2 |Soluble factors modulate EC invasion, proliferation, and multicellular sprouting. a, Representative images (max intensity 150 projection) of invading endothelial cells in response to varying [S1P]. b, Representative images (max intensity projection) of invading 151 endothelial cells in response to varying [S1P] with 25 ng ml<sup>-1</sup> PMA. F-actin (cyan), nucleus (magenta), and dashed white lines indicate 152 parent vessel edge (a-b). c-g, Quantifications of invasion depth, proliferation, and morphology of invading endothelial cells as single 153 cells or multicellular sprouts. h, Representative images (max intensity projection) of invading endothelial cells in response to varying 154 [PMA] with 250 nM S1P. i-m, Quantifications of invasion depth, proliferation, and morphology of invading endothelial cells as single 155 cells or multicellular sprouts. UEA (cyan), nucleus (magenta), EdU (yellow). All data presented as mean ± s.d.; \* indicates a statically 156 significant comparison with P<0.05 (one-way analysis of variance). For invasion depth analysis (c, i), n≥32 vessel segments (each 100 157  $\mu$ m length) per condition; for proliferation and migration mode analysis (**d-g, j-m**), n=12 vessel segments (each 800  $\mu$ m length) per 158 condition from n=2 devices/condition (technical replicates) over  $n\geq4$  independent studies (biological replicates).

160 To investigate the effects of proliferation rates on multicellular angiogenic sprouting, we next varied [PMA] while maintaining [S1P] constant at 250 nM. Proliferation rates proved PMA dose-dependent and 161 positively correlated with the number of multicellular sprouts (Fig. 2h, i-m, Supplemental Fig. 3, Supplemental 162 163 Movie 4-5). Although PMA alone did not induce EC invasion (Fig. 2b-c), increasing [PMA] in the presence of S1P 164 resulted in a biphasic relationship with invasion depth (Fig. 2i). The influence of increasing [PMA] from 0 to 25 ng ml<sup>-1</sup> on increased invasion depth may be due to a greater number of invading cells each secreting matrix 165 166 metalloproteinases (MMPs). Elevated MMP levels would hasten localized matrix degradation, allowing ECs to 167 more rapidly generate open space within 3D ECM required to advance forward. Interestingly, at the highest 168 tested concentration of PMA resulting in the most proliferation, invasion depth decreased (Fig. 2i). As cells are 169 transiently non-migratory during mitosis, this decrease may stem from frequent proliferative events hampering 170 efficient migration of ECs. Varying [PMA] and thus PKC activation may have multiple downstream effects, so we treated ECs with mitomycin C (a crosslinker that prevents DNA replication and inhibits mitosis) to confirm the 171 172 role of proliferation as the primary effector of enhancing multicellular sprout invasion. Even in the presence of the highest level of PMA, proliferation-inhibited ECs invaded only as single cells with significantly decreased 173 174 invasion depth as compared to controls (Supplemental Fig. 4a-f). These studies therefore indicate cell 175 proliferation is not only required for multicellular sprout invasion, but additionally influences the rate at which sprouts traverse 3D ECM. 176

In the experiments above individually modulating migration speed and proliferation, higher migration speeds resulted in disconnected single EC invasion while increasing proliferation rates enhanced multicellular sprouting. We thus hypothesized that proliferation rate commensurate with invasion speed is essential to the collective invasion of multicellular sprouts. Indeed, proportionally increasing or decreasing both [S1P] and [PMA] simultaneously resulted in invasion depth and proliferation rate increases or decreases, respectively, but did not alter the ratio of multicellular sprouts to single ECs (Fig. 3a-g). This suggests that multicellular angiogenic sprouting requires a critical balance between EC invasion speeds and proliferation rates, which can be finely

184 tuned by these two established soluble pro-angiogenic factors. While balanced soluble conditions maintained similar invasion multicellularity, the magnitude of these cues influenced sprout diameter, with higher levels of 185 S1P and PMA increasing sprout diameter (Fig. 3a-b, h). Larger neovessel diameters would allow for increased 186 187 fluid transport, but smaller diameter vessels would allow for increased capillary density and more efficient nutrient-waste exchange. Although this requires further exploration, including investigation of the influence of 188 vascular smooth muscle cells and pericytes that support microvasculature *in vivo*<sup>37,38</sup>, here we demonstrate that 189 tuning concentrations of soluble factors regulates EC sprout diameters within the diameter range of 190 191 microvasculature (<50  $\mu$ m)<sup>2,30,31</sup>.



192 193 Figure 3 | Multicellular sprouting requires balanced migration and proliferation. a, Representative images (max intensity projection) 194 of invading endothelial cells in response to proportional variations of [S1P] and [PMA]. UEA (cyan), nucleus (magenta), EdU (yellow). 195 b, Representative sprout outlines from conditions in (a). c-h, Quantifications of invasion depth, proliferation, morphology of invading 196 endothelial cells as single cells or multicellular sprouts, and sprout diameter. All data presented as mean ± s.d.; \* indicates a statically 197 significant comparison with P<0.05 (one-way analysis of variance). For invasion depth analysis (c), n≥36 vessel segments (each 100 µm 198 length) per condition. For proliferation and migration mode analysis (**d-g**), n=12 vessel segments (each 800  $\mu$ m length) per condition 199 from n=2 devices/condition (technical replicates) over n≥4 independent studies (biological replicates). For sprout diameter analysis 200 (**h**), n≥56 sprout segments.

## 201 Differential roles of tip and stalk endothelial cells

202 Previous work indicates that tip cells responsive to angiogenic chemokine gradients lead invading sprouts by degrading the ECM and guiding ensuing stalk cells<sup>13,14</sup>. To investigate whether tip cells require 203 204 chemokine receptors, we performed mosaic sprouting studies where untreated ECs were mixed with GFP-205 labeled ECs pre-treated with FTY720 (FTY720-GFP-ECs), an S1P receptor inhibitor. Preliminary studies confirmed the inhibitory effect of FTY720, as ECs pre-treated with 100 nM FTY720 prior to device seeding demonstrated 206 207 minimal invasion over 5-day culture despite appropriate soluble conditions of 250 nM S1P and 25 ng ml<sup>-1</sup> PMA 208 (S250:P25) (Supplemental Fig. 5a-b). Furthermore, when ECs were allowed to sprout for 3 days prior to FTY720 209 treatment, subsequent S1P receptor inhibition halted any further advance of already established sprouts 210 (Supplemental Fig. 5a-b). Performing mosaic studies with controlled ratios of FTY720-GFP-ECs vs. untreated ECs, 211 a higher fraction of FTY720-GFP-ECs decreased invasion depth, the number of single ECs, and thereby enhanced sprout multicellularity as evident by increased sprout-single cell ratios (Fig. 4a, e-i). Furthermore, FTY720-GFP-212 213 ECs primarily remained in the parent vessel and did not assume the tip cell position of invading sprouts. FTY720-214 GFP-ECs were occasionally found within sprout stalks, suggesting that pushing or pulling forces from adjacent 215 stalk cells may enable the movement of FTY-GFP-ECs lacking functional S1P receptors.

216 Previous work *in vivo* has shown that the frequency of proliferation is spatially segregated by EC subtype (i.e. tip and stalk ECs)<sup>19,34</sup>. Examining the localization of proliferation during sprouting angiogenesis in this model, 217 218 ECs at the invasion front were indeed the least proliferative (Fig. 4b-c). Furthermore, while only a small 219 percentage of tip ECs underwent proliferation, the majority of EdU<sup>+</sup> nuclei were positioned within sprout stalks 220 closest to the parent channel (Fig. 4b-d). To test whether tip cells require proliferative capacity, we performed 221 additional mosaic studies seeding parent vessels with mixtures of mitomycin C pre-treated GFP-labeled ECs 222 (MitoC-GFP-EC) and untreated ECs. At low mosaic ratios (5% MitoC-GFP-EC) where overall sprouting was not influenced by non-proliferating ECs, MitoC-GFP-ECs were observed at the tip cell position, confirming previous 223 observations *in vivo* that tip cells do not require the capacity to proliferate (Fig. 4a, e-i)<sup>19,34</sup>. At high mosaic ratios 224

(50% MitoC-GFP-EC), overall proliferation rates decreased as expected (Fig. 4f). While impaired proliferation 225 should decrease multicellular sprouting based on the studies above (Fig. 2h-m), invasion speeds also decreased 226 such that the balance between migration speed and proliferation was maintained and the number of 227 multicellular sprouts did not differ from controls (Fig. 4e-f, h). With decreased invasion speed, fewer tip cells at 228 229 the invasive front broke away as single cells resulting in enhanced ratios of sprouts to single cells (Fig. 4g-i). Taken together, tip and stalk cells perform differential roles during sprouting and possess distinct requirements 230 231 for chemotaxis and proliferation. Tip cells require chemokine receptors to migrate in response to soluble 232 gradients, but do not require proliferative capacity; in contrast, proliferation primarily occurs in ensuing stalk cells, perhaps providing a requisite cell density needed to maintain intercellular connectivity within the invading 233 234 multicellular structure.



236 Figure 4 | Invading tip cells require chemokine receptors but do not require proliferative capacity. a, Representative images (max 237 intensity projection) of invading endothelial cells with S250:P25 and varying ratios of treated GFP-EC to untreated EC with indicated 238 treatment. UEA (cyan), nucleus (magenta), EdU (yellow), GFP-EC (white). b, Histogram of EdU<sup>+</sup> and EdU<sup>-</sup> invaded endothelial cells with 239 S250-P25 after 5-day culture. c, Ratio of EdU<sup>+</sup> to EdU<sup>-</sup> endothelial cells from (b). d, Percentage of EdU<sup>+</sup> tip or stalk cells from (b). e-i, 240 Quantifications of invasion depth, proliferation, and morphology of invading endothelial cells as single cells or multicellular sprouts. 241 All data presented as mean ± s.d.; \*indicates a statically significant comparison with P<0.05 (two-tailed Student's t-test (d) and one-242 way analysis of variance (e-i)). For spatial EdU analysis (b-c), n≥192 cells. For tip vs. stalk proliferation analysis (d), n= 5 vessel segments 243 (each 800  $\mu$ m length). For invasion depth analysis (e), n>37 vessel segments (each 100  $\mu$ m length) per condition. For proliferation and

migration mode analysis (f-i), n=6 vessel segments (each 800  $\mu$ m length) per condition from n=2 devices/condition (technical replicates) over n≥3 independent studies (biological replicates).

## 246 Functional assessment of fluidic connectivity and permeability

247 A critical function of microvasculature is the transport of nutrients, waste, platelets, and immune cells. To assess the patency and fluidic connectivity of neovessels, we allowed ECs to fully traverse the 1.1 mm wide 248 collagen matrix and reach the adjacent CCh. Time-lapse confocal imaging while introducing fluorescent 249 microspheres ( $\emptyset = 1 \mu m$ ) into ECh reservoirs enabled rapid assessment of flow across the formed vascular bed 250 251 (ECs spanning ECM). In vascular beds generated under balanced levels of invasion speed and proliferation rates 252 (i.e. conditions resulting in high sprout-single ratios), beads readily flowed through the neovessel network spanning across ECh to CCh demonstrating fluidic connectivity of functional microvasculature (Fig. 5a). In stark 253 254 contrast, dysfunctional microvascular beds formed with excessively high invasion speed (S500:P25) or deficient proliferation (S250:P10) resulting in disconnected sprouts (i.e. low sprout-single ratio), fluorescent 255 microspheres failed to flow across the ECM space and remained sequestered near the endothelialized parent 256 257 channel (Fig. 5a). Indeed, max intensity projections of the full height of the 3D vascularized ECM revealed a 258 complete absence of bead flow, confirming observations from individual z-slices captured during time-lapse imaging (Fig. 5b). 259

Barrier function and endothelial permeability regulated by cell-cell junctions are a closely related aspect 260 of microvascular function<sup>25</sup>. To assess the permeability of formed vascular beds, we introduced fluorescent 70 261 kDa dextran to the endothelial parent channel after ECs fully traversed the collagen matrix reaching the adjacent 262 263 CCh, allowed flow across the vascular bed, and time-lapse imaged dextran diffusion across neovessel walls into the surrounding ECM. Low permeability was only achieved when vascular beds were formed under soluble cues 264 265 that balanced invasion speed with proliferation rates (Fig. 5d-e), and are comparable to reported values in vivo of protein diffusion across capillaries  $(4.3 \times 10^{-6} \text{ cm s}^{-1})^{39}$ . Interestingly, in both bead flow and permeability 266 assessments, imbalanced soluble conditions resulting in disconnected sprouts were composed of neovessels 267 268 that were highly permeable at the tip cell position, such that 1.0 µm beads collected in the adjacent ECM (Fig.

5c). Taken together, multicellular invasion driven by soluble cues that balance invasion and proliferation yields fluidically functional microvascular beds with low permeability. Beyond these two features critical for transport, future efforts are required to assess other key functions of the microvasculature including gas exchange, regulation of permeability in response to inflammatory cytokines, and the ability to initiate the clotting cascade upon disruption of the endothelium.



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275 Figure 5 | Balanced migration and proliferation optimize microvasculature fluidic connectivity and permeability. a, Representative 276 time course images of 1 µm bead flow across vascular beds formed with balanced cues (top), low proliferation (middle), and high 277 migration (bottom). Nucleus (magenta), F-actin (cyan), beads (yellow). b, Max intensity projection at steady state from (a); red dashed 278 lines indicate ECh and CCh edges. F-actin (cyan), beads (yellow). c, Quantification of sprouts incapable of fluidically transporting beads. 279 d, Quantification of diffusive permeability of 70-kDa dextran. e, Representative heat map images of 70 kDa dextran diffusion across 280 neovessels within vascular beds formed with balanced cues (left), low proliferation (center), and high migration (right). White dashed 281 lines indicate vessel edge. All data presented as mean ± s.d.; \* indicates a statically significant comparison with P<0.05 (one-way 282 analysis of variance). n=5 devices per condition (c), n=6 neovessels per condition (d).

### 283 Matrix density regulates sprouting speed and morphology

284 In addition to soluble cues, physical properties of the ECM are known to regulate EC morphology and 285 function during angiogenesis<sup>15</sup>. We hypothesized that independent of soluble cues, physical ECM cues may also influence the balance between EC migration speed and proliferation, and therefore invasion as multicellular 286 287 sprouts. For example, ECM density, stiffness, and degradability define the susceptibility of ECM to proteolytic activity required for 3D migration<sup>21,29,40</sup>. To investigate whether physical properties of ECM influence EC invasion 288 289 as multicellular sprouts we tuned ECM density by modulating collagen concentration (all previous studies were performed in 3 mg ml<sup>-1</sup> collagen). Maintaining constant soluble cues of S250:P25, increasing collagen density 290 resulted in decreased invasion depth over 3-day culture (Fig. 6a, d). Interestingly, varying collagen density from 291 2-6 mg ml<sup>-1</sup> did not significantly alter EC proliferation rates, perhaps due to PMA's potent enhancement of 292 293 proliferation (Fig. 6e). Mimicking the response of EC invasion speed to [S1P] (Fig. 2c), decreasing matrix density increased EC invasion speeds with a parallel shift in the morphology of invading ECs from primarily multicellular 294 sprouts towards single cells (Fig. 6d, f-h). Time-lapse imaging capturing the dynamics of EC invasion revealed 295 that tip ECs break away from the parent vessel more frequently in matrices with low collagen density (Fig. 6b-296 297 c). Furthermore, within multicellular sprouts, tip cells were also observed to lose connectivity with trailing stalk 298 cells (Supplemental Fig. 6).

We thus hypothesized that reducing EC invasion speed in low density collagen would rescue multicellular sprout invasion by allowing trailing stalk cells to maintain intercellular connectivity with leading tip cells. We first decreased EC invasion speed by reducing the strength of the chemokine gradient. Decreasing [S1P] from 250 nM to 100 nM resulted in decreased invasion speed and increased EC invasion as multicellular sprouts (Fig. 303 6i-m). To reduce 3D migration speed without modifying the chemokine gradient, we treated ECs with low doses 304 of Marimastat (1 mM) to reduce MMP activity. In similar fashion to decreased [S1P], Marimastat treatment 305 decreased invasion speed and increased EC invasion as multicellular sprouts (Fig. 6i-m). Taken together, an 306 interplay of soluble and physical microenvironmental cues regulate EC migration and proliferation, and a critical 307 balance between these two basic cell functions is required for multicellular sprout invasion (Fig. 6n, 308 Supplemental Table 1).



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Figure 6 | Increasing collagen density decreases invasion speed and enhances multicellular sprouting. a, Representative images (max intensity projection) of invading endothelial cells in response to varying collagen density with S250:P25. UEA (cyan), nucleus (magenta), EdU (yellow). b, Representative time course images (max intensity projection) of invading endothelial cells (labeled with cell tracker dye) in response to varying collagen density with S250:P25. F-actin (cyan) and nucleus (magenta). c, Quantification of the frequency of tip cell breakage events from the parent vessel. d-h, Quantifications of invasion depth, proliferation, and morphology of invading endothelial cells as single cells or multicellular sprouts from conditions in (a). i, Representative images (max intensity projection) of invading endothelial cells in 2 mg ml<sup>-1</sup> collagen with control (S250:P25), decreased S1P (S100:P25), and MMP inhibition (S250:P25). F-

317 actin (cyan) and nucleus (magenta). **j-m**, Quantifications of invasion speed, and morphology of invading endothelial cells as single cells 318 or multicellular sprouts. All data presented as mean ± s.d.; \* indicates a statically significant comparison with P<0.05 (two-tailed</p>

Student's t-test (**c**, **j-m**) and one-way analysis of variance (**d-h**)). For tip cell breakage analysis (**c**), n=9 vessel segments (each 400 μm

320 length) per condition. For invasion depth analysis (d), n≥80 vessel segments (each 100 µm length) per condition. For proliferation and

321 migration mode analysis (e-h, k-m), n $\ge$ 6 vessel segments (each 800 µm length) per condition from n=2 devices/condition (technical

replicates) over n $\ge$ 3 independent studies (biological replicates). For invasion speed analysis (j), n $\ge$ 81 vessel segments (each 100  $\mu$ m

length) per condition. **n**, Schematic illustration highlighting the relationship between endothelial cell migration and proliferation on invasion morphology as multicellular sprouts (top; balanced migration and proliferation) vs single cells (bottom; excessive migration

325 or insufficient proliferation). Soluble (green) and physical extracellular matrix (red) cues influence this balance in addition to other

326 potential cell functions (black) that may regulate multicellular sprouting and formation of functional microvasculature.

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### Lab on a Chip

### 327 DISCUSSION

328 EC migration and proliferation have been previously identified as key requirements for the formation of microvasculature in several models of angiogenesis<sup>33,34</sup>, but the relationship between these two fundamental 329 330 cell functions has not been established. Furthermore, assessing the integrity of multicellular sprouts and 331 resulting function of formed microvasculature has been challenging in previous in vitro model systems. In this 332 work, we streamlined the fabrication of a multiplexed microfluidic device that recapitulates key aspects of 3D 333 angiogenic sprouting and enables functional assessments of microvasculature fluidic connectivity and diffusive permeability. Tuning soluble and physical microenvironmental factors that affect EC migration and proliferation, 334 we found that these two fundamental cell functions must be in balance to drive multicellular strand-like invasion 335 of connected lumenized sprouts. Furthermore, microenvironmental conditions that balanced EC migration and 336 337 proliferation yielded fluidically patent microvasculature with low diffusive permeability, two key traits of 338 functional microvasculature. In stark contrast, imbalanced soluble or physical microenvironmental cues that 339 elicited disproportionate migration and proliferation caused tip cells to break away from ensuing stalk cells; this 340 resulted in disconnected ECs, blunt ended sprouts, fluidic leakiness, and high diffusive permeability.

341 While here we examined ECM density by tuning collagen concentration, our previous work demonstrates 342 that ECM degradability also regulates the relationship between EC invasion speed and single vs. collective 343 migration phenotypes, where highly degradable synthetic hydrogels increased EC invasion speed and invasion as single cells<sup>29</sup>. Of note, these synthetic matrices elicited limited EC proliferation. Coupled with the findings 344 345 presented here where proliferation rates positively correlated with the diameter of lumenized neovessels, 346 insufficient proliferation may in part explain why multicellular sprouts failed to lumenize in our previous studies employing synthetic matrices. We posit that pro-angiogenic materials must ensure multicellular invasion and 347 348 also support subsequent lumenization, with proliferation potentially impacting both of these key steps of 349 angiogenesis. As such, future investigations should aim to connect matrix structure and mechanics to EC 350 proliferation, local density, and cytoskeletal organization during neovessel lumenization. Given the highly

351 dynamic nature of both cells and surrounding matrix during angiogenic sprouting, the use of live imaging techniques and reporters for both cell and matrix state will be essential to these endeavors<sup>22,41,42</sup>. Other cell 352 353 functions that influence 3D cell migration efficiency such as proteolytic activity, cell-cell and cell-ECM adhesions, 354 nuclear rigidity, and cytoskeletal contractility may also feed into whether cells migrate as single cells vs. collective multicellular strands<sup>29,43–46</sup> (Fig. 6n). Cell migration mode is critical in both developmental and disease 355 processes<sup>47</sup>. Cancer cells, for example, display a diversity of migratory phenotypes during metastasis including 356 357 single cells or collective strands<sup>46,48</sup>. How microenvironmental cues regulate cell invasion mode and further, how invasion mode subsequently impacts metastatic efficiency are both important unanswered questions. 358

359 A balance of pro- and anti-angiogenic factors normally guide physiologic angiogenesis, but in many 360 diseases an imbalance of soluble factors can dysregulate angiogenesis<sup>8</sup>. Prior to metastasis, primary tumors 361 stimulate rapid angiogenesis to sustain the increasing metabolic demand of the growing tumor mass<sup>49</sup>. The tumor vasculature, however, is disorganized and hyperpermeable with heterogeneous EC populations and 362 acellular gaps along the vessel wall<sup>9,50,51</sup>. In our model system, high [S1P] drove excessively high EC invasion 363 speeds resulting in disconnected and highly permeable microvasculature, mimicking the rapid assembly of poor 364 365 quality tumor vasculature. Indeed, elevated S1P levels have previously been observed in breast cancer murine 366 models, where paracrine signaling from breast cancer cells secreting S1P enhances tumor angiogenesis and tumor burden<sup>52,53</sup>. Hyperpermeable, tortuous vasculature impairs proper blood flow, which hampers traditional 367 368 therapeutic delivery and oxygen transport. Hypoxic conditions further reduce the susceptibility of the tumor to 369 radio- and chemotherapy<sup>54</sup>. Given recent efforts to normalize vascular phenotype to better treat solid tumors, 370 on-a-chip models integrating cancer cells with disorganized vasculature could provide a novel testbed for anticancer strategies focused on rescuing tumor microvasculature phenotype and function<sup>55</sup>. Based on the findings 371 372 of our work, localized delivery of EC-targeting therapeutics that dually modulate invasion and proliferation may 373 prevent or slow the progression of angiogenesis-mediated diseases.

Besides excessive angiogenesis, insufficient angiogenesis also contributes to disease progression. 374 Seemingly paradoxical, both excessive and insufficient angiogenesis occur simultaneously in distinct organs of 375 patients suffering from diabetes mellitus<sup>10</sup>. In the retina, the onset of EC proliferation delineates the transition 376 377 between low (non-proliferative) and high (proliferative) grade diabetic retinopathy where rapid angiogenesis forms hyperpermeable microvasculature that contributes to eventual blindness<sup>56</sup>. Many of these same patients 378 379 also present with impaired angiogenesis in the lower extremities, which inhibits wound healing and contributes to chronic diabetic foot ulcers<sup>10</sup>. A close examination of EC proliferation and invasion during angiogenesis 380 381 through the lens of altered soluble and physical microenvironmental factors in diabetic tissues could help inform 382 new strategies to halt or promote angiogenesis in the retina or skin, respectively. Outside of diabetes, there are 383 currently no available therapies to address insufficient angiogenesis in ischemic conditions such as critical limb 384 and cardiac ischemia<sup>12</sup>. Towards the design of vascularized tissue transplants to treat such conditions, this work emphasizes a need for balanced EC migration and proliferation for functional angiogenesis. 385

The vascularization of large bioengineered tissue constructs at organ relevant scales remains an 386 outstanding challenge in the tissue engineering and regenerative medicine community<sup>11</sup>. Recent advances in 3D 387 388 printing technologies enable exquisite control over arteriole and venule scale microchannels in synthetic hydrogel matrices, with such constructs subsequently endothelialized by flow-through seeding<sup>57</sup>. However, 389 current 3D bioprinting approaches cannot achieve the 5-25  $\mu$ m diameter length scale relevant to 390 capillaries<sup>2,30,58</sup>. Furthermore, given that capillaries are narrower than fluid-suspended ECs (20-30 µm), flow-391 392 through seeding would prove difficult. Therefore, an integrated approach of 3D printed arteriole/venule-scale 393 vasculature followed by controlled angiogenesis to elaborate the smallest scale capillaries may hold the most 394 promise for generating functional hierarchical microvascular beds with potential for surgical integration<sup>59</sup>. 395 However, a key challenge will be identifying hydrogel properties that enable high fidelity 3D printing while supporting angiogenesis, as several reports have indicated EC mechanosensitivity during migration, 396 proliferation, and sprouting<sup>15,21,29,40,60,61</sup>. Overall, continued efforts to carefully dissect how architectural and 397

398 mechanical attributes of the surrounding 3D space influence angiogenesis are critical (Fig. 6n). Here, we utilized collagen hydrogels to model the collagenous stroma where angiogenesis typically occurs. However, it is 399 challenging to orthogonally tune material properties such as stiffness, degradability, and ligand density in 400 401 natural materials such as collagen<sup>62</sup>. Thus, the continued development of synthetic hydrogels and their 402 integration with microfluidic devices will be critical to shedding deeper insight into how specific aspects of the 403 ECM regulate angiogenesis. As many commonly utilized synthetic hydrogels lack the fibrous architecture of 404 native tissues, recent developments in fiber-reinforced synthetic hydrogels may provide novel insights into how fibrous cues regulate EC sprouting morphology<sup>63</sup>. The information gleaned from such studies would provide rich 405 data sets to inform computational models of angiogenic sprouting and help in identifying mechanochemical 406 407 design parameters that optimize implant vascularization for regenerative tissue therapies<sup>64</sup>. A multi-disciplinary approach combining on-a-chip platforms, synthetic biomaterials, imaging of live cell molecular reporters, and 408 computational modeling would enable prediction and control of angiogenesis across a diversity of tissue 409 410 environments, essential to elucidating mechanisms of disease progression, designing therapeutics to normalize 411 vasculature, and engineering vascularized biomaterial implants.

### 412 **METHODS**

413 **Reagents.** All reagents were purchased from Sigma-Aldrich and used as received, unless otherwise stated. 414 **Microfluidic device fabrication.** 3D printed moulds were designed in AutoCAD and printed via stereolithography 415 from Protolabs (Maple Plain, MN). Polydimethylsiloxane (PDMS, 1:10 crosslinker:base ratio) devices were 416 replica casted from 3D printed moulds, cleaned with isopropyl alcohol and ethanol, and bonded to glass coverslips with a plasma etcher. Devices were treated with 0.01% (w/v) poly-l-lysine and 0.5% (w/v) L-417 418 glutaraldehyde sequentially for 1 hour each to promote ECM attachment to the PDMS housing, thus preventing 419 hydrogel compaction from cell-generated forces. 300 μm stainless steel acupuncture needles (Lhasa OMS, Weymouth, MA) were inserted into each device and sterilized. Type I rat tail collagen (Corning, Corning, NY) was 420 421 prepared as in Doyle<sup>65</sup>, injected into each device, and polymerized around each set of needles for 30 minutes at 422 37°C. Collagen hydrogels were hydrated in EGM2 for 2 hours and needles were removed to form 3D hollow channels fully embedded within collagen, positioned 400 μm away from PDMS and glass boundaries. 423

Device cell seeding and culture. Human umbilical vein endothelial cells (HUVEC, Lonza, Switzerland) were 424 425 cultured in endothelial growth media (EGM2, Lonza). HUVECs were passaged upon achieving confluency at a 1:4 ratio and used in studies from passages 4 to 9. A 20 µl solution of suspended HUVECs was added to one 426 427 reservoir of the endothelial channel and inverted for 30 minutes to allow cell attachment to the top half of the 428 channel, followed by a second seeding with the device upright for 30 minutes to allow cell attachment to the bottom half of the channel. HUVEC solution density was varied with collagen density as attachment efficiency 429 430 was dependent on collagen density (1.5 M/ml for 2 mg ml<sup>-1</sup>, 2 M/ml for 3 mg ml<sup>-1</sup> and 5 M/ml for 6 mg ml<sup>-1</sup>). 431 HUVEC seeding densities were determined experimentally to achieve parent vessels with consistent cell 432 densities across each collagen density (Supplemental Fig. 1c). HUVECs reached confluency and self-assembled 433 into stable parent vessels over 24 hours. Media and chemokines were refreshed every 24 hours and devices 434 were cultured with continual reciprocating flow utilizing gravity-driven flow on a seesaw rocker plate at 0.33 Hz.

To inhibit cell proliferation, cells were treated with 40  $\mu$ g ml<sup>-1</sup> mitomycin C for 2 hours. To inhibit S1P receptor, cells were treated with 100 nM FTY720 for 24 hours.

Lentivirus production. cDNA for pLenti CMV GFP Puro (658-5) was a gift from Eric Campeau and Paul Kaufman 437 438 (Addgene plasmid #17448<sup>66</sup>). To generate lentivirus, plasmids were co-transfected with pCMV-VSVG (a gift from 439 Bob Weinberg, Addgene plasmid #8454), pMDLg/pRRE, and pRSV-REC (gifts from Didier Trono, Addgene plasmid #12251 and #12253<sup>67,68</sup>) in 293T cells using the calcium phosphate precipitation method. Viral supernatants 440 441 were collected after 48h, concentrated with PEG-it<sup>™</sup> (System Biosciences, Palo Alto, CA) following the 442 manufacturer's protocol, filtered through a 0.45 µm filter (ThermoFisher Scientific Nalgene, Waltham, MA), and stored at -80°C. Viral titer was determined by serial dilution and infection of HUVECs in the presence of 10 µg 443 444 ml<sup>-1</sup> polybrene (Santa Cruz Biotechnology, Dallas, TX). Titers yielding maximal expression without cell death or detectable impact on cell proliferation or morphology were selected for studies. 445

Fluorescent staining. Samples were fixed with 4% paraformaldehyde and permeabilized with a PBS solution 446 containing Triton X-100 (5% v/v), sucrose (10% w/v), and magnesium chloride (0.6% w/v) for 1 hour each at 447 room temperature. AlexaFluor 488 phalloidin (Life Technologies, Carlsbad, CA) was utilized to visualize F-actin. 448 4', 6-diamidino-2-phenylindole (DAPI, 1 µg ml<sup>-1</sup>) was utilized to visualize cell nucleus. For proliferation studies, 449 450 EdU was applied for the final 24 hours prior to fixation for each study. EdU fluorescent labelling was performed 451 following the manufacturer's protocol (ClickIT EdU, Life Technologies). DyLight 649 labelled Ulex Europaeus 452 Agglutinin-1 (UEA, 1:200, Vector Labs, Burlingame, CA) was utilized to visualize endothelial cell morphology in 453 samples stained with EdU due to EdU ClickIT incompatibility with phalloidin staining. To visualize VE-cadherin, 454 samples were sequentially blocked in bovine serum albumin (0.3% w/v), incubated with primary mouse 455 monoclonal anti-VE-cadherin (200 ng ml<sup>-1</sup>, Santa Cruz Biotechnology), and incubated with secondary AlexaFluor 456 647 goat anti-mouse IgG (H+L) (2 μg ml<sup>-1</sup>, Life Technologies) each for 1 hour at room temperature. Fluorescently 457 labelled collagen hydrogels were prepared as in Doyle<sup>65</sup>.

Microscopy and image analysis. Fluorescent images were captured on a Zeiss LSM800 confocal microscope. 458 Parent vessel endothelial cell density and EdU proliferation was guantified by counting DAPI and EdU positive 459 cell nuclei. Invasion depth was quantified as the distance from the parent vessel edge to the tip cell and 460 461 measured in FIJI. Invasion depth measurements were performed at 100 µm intervals along the parent vessel 462 (Supplemental Fig. 2). Leading edge single cells were quantified as the number of single cells in the leading 150 µm front of cell invasion (Supplemental Fig. 2). Sprouts were quantified as the number of connected 463 464 multicellular sprouts (parent vessel edge to tip cell) with a length greater than half the maximum invasion depth 465 per condition (Supplemental Fig. 2). Sprout diameter measurements were performed in FIJI; diameter measurements smaller than the width of a cell nuclei (10  $\mu$ m) were not included in the analysis to avoid 466 467 measurements of smaller, non-lumenized cellular structures such as tip cell protrusions that would skew diameter measurements to lower values. 468

Single vs. multicellular sprout analysis. Single cell and multicellular sprout analysis was performed manually in FIJI utilizing fluorescent markers of nuclei and F-actin. This analysis was performed utilizing single z-slices within a 300 µm z-stack. Leading edge single cells were quantified as the number of isolated single cells without actin connections to other cells in the leading 150 µm front of cell invasion (Supplemental Fig. 2). Sprouts were quantified as the number of connected multicellular sprouts with F-actin connections from the parent vessel edge to tip cell and a length greater than half the maximum invasion depth per condition (Supplemental Fig. 2). The parent vessel edge was clearly distinguished utilizing single z-slice views (Supplemental Movies 1-5).

**Neovessel permeability measurement.** To assess fluidic connectivity and diffusive permeability, endothelial cells were first allowed to invade and reach the chemokine channel over 10-14 day culture. Diffusive permeability was quantified as in Polacheck et al.<sup>69</sup> Fluorescent dextran (70 kDa Texas Red, Thermo Fisher) was incorporated into EGM2 media at 12.5 ug ml<sup>-1</sup> and dextran diffusion was imaged at 1 second intervals to measure the flux of dextran from neovessels into the ECM. The resulting diffusion profile was fitted to a dynamic mass-conservation equation as in Adamson et al.<sup>70</sup> with the diffusive-permeability coefficient ( $P_{\rm D}$ ) defined

- 482 by  $J = P_D(c_{vessel} c_{ECM})$ , where J is the mass flux of dextran,  $c_{vessel}$  is the concentration of dextran in the vessel,
- 483 and  $c_{\text{ECM}}$  is the concentration of dextran in the perivascular ECM.
- 484 **Statistics.** Statistical significance was determined by one-way analysis of variance (ANOVA) or two-sided 485 student's t-test where appropriate, with significance indicated by p<0.05. Sample size is indicated within 486 corresponding figure legends and all data are presented as mean ± standard deviation.
- 487 Data availability. The data that support the findings of this study are available from the corresponding author
   488 upon reasonable request.

### 489 **Author contributions**

- 490 W.Y.W. and B.M.B. designed the experiments. W.Y.W, D.L., and E.H.J. conducted experiments and 491 analyzed the data. W.J.P. performed permeability analysis. W.Y.W. and B.M.B. wrote the manuscript. All authors 492 reviewed the manuscript.
- 493 **Conflict of interest**
- 494 The authors declare no competing interests.

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# 645 *Author contributions*

646 W.Y.W. and B.M.B. designed the experiments. W.Y.W, D.L., and E.H.J. conducted experiments and 647 analyzed the data. W.J.P. performed permeability analysis. W.Y.W. and B.M.B. wrote the manuscript. All authors 648 reviewed the manuscript.

## 649 *Conflict of interest*

650 The authors declare no competing interests.

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