



**Environmental
Science
Nano**

**Evaluation of Labeling Methods Used for Investigating the
Environmental Behavior and Toxicity of Metal Oxide
Nanoparticles**

Journal:	<i>Environmental Science: Nano</i>
Manuscript ID	EN-CRV-10-2018-001187.R1
Article Type:	Critical Review
Date Submitted by the Author:	30-Jan-2019
Complete List of Authors:	Deline, Alyssa; Johns Hopkins University, Department of Chemistry Nason, Jeffrey; Oregon State University, Chemical, Biological and Environmental Engineering

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3 **Environmental Significance Statement for “Evaluation of Labeling Methods Used for**
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5 **Investigating the Environmental Behavior and Toxicity of Metal Oxide Nanoparticles”**
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9 *Alyssa R. Deline and Jeffrey A. Nason*
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11 Understanding the potential toxicity and environmental impact of metal oxide nanoparticles
12 (MONPs) requires that researchers study MONPs at environmentally-relevant concentrations in
13 complex, real-world systems. However, high background concentrations of the metals of interest
14 are present in every environmental compartment as well as many organisms. To address this
15 challenge, researchers have developed a suite of labeling strategies that allow for the enhanced
16 detection and quantification of engineered MONPs. This includes fluorescent dye labels, stable
17 and radioactive isotopes, dopants, and core/shell labels. This paper provides guidance on
18 choosing the most advantageous labeling technique for a desired research application, as well as
19 recommendations for rigorous characterization of labeled MONPs and the reporting of key label
20 parameters.
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Evaluation of Labeling Methods Used for Investigating the Environmental Behavior and Toxicity of Metal Oxide Nanoparticles

Alyssa R. Deline and Jeffrey A. Nason

School of Chemical, Biological and Environmental Engineering, Oregon State University

116 Johnson Hall, Corvallis, Oregon 97331, United States

Abstract

The analysis of the environmental behavior and toxicity of metal oxide nanoparticles (MONPs) is complicated by high metal concentrations in natural matrices. To better detect and quantify MONPs in complex samples, a variety of traceable labels can be incorporated. There are four primary categories of MONP labels: fluorescent dyes, radioisotopes, stable isotopes, and dopant/core-shell labels. This review describes each MONP labeling technique, along with its advantages and drawbacks, and provides strategies for choosing the most appropriate labeling method for a given study design.

Introduction

Metal oxide nanoparticles (MONPs) are produced and applied at the highest rate of any class of nanomaterial, inspiring a growing body of research on the potential impact of MONPs to the environment and human health¹. The broad category of “MONP” describes any nanoparticle with an inorganic core composed of a metallic element bonded to oxide (O²⁻) anions. MONPs are used in a variety of applications, including paints and coatings, sunscreens, chemical mechanical planarization, personal care products, antimicrobial treatments, and catalysis^{2,3}.

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3 A considerable amount of work has focused on studying the toxicity of MONPs, especially
4 the commonly produced transition metal oxides silicon dioxide (SiO₂ NPs), titanium dioxide
5 (TiO₂ NPs), zinc oxide (ZnO NPs) and copper oxide (CuO NPs). The general trend of reported
6 toxicities to mammalian cell lines and microbes is CuO NPs > ZnO NPs > TiO₂ NPs > SiO₂
7 NPs⁴⁻¹¹. Nanomaterials composed of iron oxides (FeO_x NPs), cerium dioxide (CeO₂), and
8 aluminum oxide (Al₂O₃ NPs) are typically regarded as nontoxic¹¹⁻¹⁴, but in some cases have
9 been shown to induce inflammatory responses¹⁵⁻¹⁸. There are several relevant mechanisms of
10 toxicity. In photocatalytically active MONPs like TiO₂, the production of reactive oxygen
11 species (ROS) is the cause of the toxic response, while in soluble MONPs like ZnO and CuO, the
12 response is primarily caused by the release of toxic metal ions^{19,20}. MONPs that do not generate
13 ROS or release ions can still cause toxicity through interactions with cell membrane surfaces or
14 uptake into cells²¹. While MONP toxicity is well understood in single organism studies, more
15 work needs to be done to understand MONP toxicity in the complex multi-organism scenarios
16 that would more accurately represent natural systems.

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MONPs have a wide range of physicochemical, structural, and electronic properties that contribute to their exposure pathway and toxicity toward organisms. Predictive models for MONP toxicity are difficult to develop, as the relevant particle properties are heavily dependent on the surrounding environment²². It is therefore vital that MONP behavior is studied in matrices that reflect real-world complexity; yet, this is uniquely challenging due to natural background concentrations of elements found in MONPs. Metal oxides of interest in nanotoxicology also exist in large quantities as natural minerals in the Earth's crust²³. Additionally, some of the corresponding metallic elements (e.g., Zn, Cu) are present in organisms as elements essential for nutrition²⁴. Table 1 summarizes the disparities between the background concentrations of metals

in the environment and the expected concentrations and production rates of the most common MONPs. It is clear that MONP concentrations in most samples can be expected to be several orders of magnitude lower than concentrations of naturally occurring metals and metal oxides, complicating detection and quantification.

Table 1. Estimated MONP and background metal concentrations.

MONP	Background Metal Concentration	MONP Production Rate	Estimated MONP Concentration
SiO ₂	270 g/kg in Earth's crust ²⁵ 2.81 mg/L in oceans ²⁶ 5.42 mg/L in rivers ²⁷ 10 µg/kg in human body ²⁸	5,500 t/yr ²	
TiO ₂	5.0 g/kg in Earth's crust ²⁵ 0.48 µg/L in oceans ²⁶ 0.489-10 µg/L in rivers ^{27,29}	3,000 t/yr ²	3 ng/L - 1.6 µg/L in river water ³⁰ ; 1.4 - 10.8 µg/L in WWTP effluent ^{30,31}
ZnO	79 mg/kg in Earth's crust ²⁵ 0.41 µg/L in oceans ²⁶ 0.60-30 µg/L in rivers ^{27,29} 2.0 µg/kg in human body ²⁸	550 t/yr ²	1 - 55 ng/L in river water ³¹ ; 0.22 - 1.42 µg/L in WWTP effluent ³¹
Al ₂ O ₃	83 g/kg in Earth's crust ²⁵ 0.54 µg/L in oceans ²⁶ 50 µg/L in rivers ²⁷ 0.1 µg/kg in human body ²⁸	55 t/yr ²	
FeO _x	69 g/kg in Earth's crust ²⁵ 0.06 µg/L in oceans ²⁶ 40-66 µg/L in rivers ^{27,29} 10 µg/kg in human body ²⁸	55 t/yr ²	
CeO ₂	32 mg/kg in Earth's crust ²⁵ 0.0028 µg/L in oceans ²⁶ 0.08-0.262 µg/L in rivers ^{27,29}	55 t/yr ²	
CuO	79 mg/kg in Earth's crust ²⁵ 0.25 µg/L in oceans ²⁶ 1.48-10 µg/L in rivers ^{27,29} 0.1 µg/kg in human body ²⁸	> 150 t/yr ³	

Background metal concentrations for rivers and oceans represent the estimated world average concentration in the dissolved fraction.

Several analytical techniques have been developed to address the challenge of studying nanomaterials in complex matrices, but limitations remain for each strategy^{32,33}. Field-flow fractionation (FFF) techniques have been used to separate particles in suspension by size or relative density, providing sensitive sample fractionation for the identification of nano-sized materials in real-world samples^{34,35}. When coupled with a detector like inductively coupled plasma-mass spectrometry (ICP-MS), FFF allows researchers to determine the size and mass

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3 distribution of MONPs in samples like commercial sunscreens and natural waters^{36,37}. Single
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5 particle ICP-MS (sp-ICP-MS) methods have been used to provide the MONP number
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7 concentration and size distribution in complex samples^{38,39}. Both of these techniques are limited
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9 by the inability to distinguish engineered MONPs from natural colloids in the nano-size range,
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11 and by the confounding effects of particle dissolution⁴⁰. Another drawback for sp-ICP-MS is that
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13 the minimum particle size for detection is in the 20-80 nm range for most MONPs, and above
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15 200 nm for SiO₂ NPs⁴¹.
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19 One technique that addresses the challenge of discerning between engineered and natural
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21 colloids is the strategy of comparing bulk isotopic ratios within the MONP to those found in the
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23 natural environment, or comparing the bulk ratio of the MONP metal to a concomitant
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25 element^{32,42,43}. However, this method of comparing elemental and isotopic ratios cannot be
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27 applied when there is no appropriate ratio to utilize, and the high background concentration of
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29 metals in the environment make small fluctuations in bulk ratios difficult to identify with
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31 accuracy. Recently, multi-element single particle inductively coupled plasma time-of-flight mass
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33 spectrometry (sp-ICP-TOF-MS) has been used to examine elemental ratios within individual
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35 nanoparticles^{43,44}. Engineered CeO₂ NPs were successfully distinguished from natural Ce
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37 containing particles using this method⁴³, but there was no clear fingerprint that could be used for
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39 engineered TiO₂ NPs⁴⁴. One drawback of this method is that there is currently no way to identify
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41 nanosized particles that are present in larger heteroaggregates⁴⁴.
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47 Visualization techniques have also been used to identify MONPs in complex matrices. Both
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49 scanning electron microscopy (SEM) and transmission electron microscopy (TEM) have been
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51 applied to visualize MONPs in a variety of samples including fibroblast cells, commercial
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53 sunscreens, and food products⁴⁵⁻⁴⁷. One drawback of using SEM/TEM techniques is that there is
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3 often a qualitative determination that an observed particle is engineered versus naturally
4 occurring based on particle morphology, even when energy dispersive x-ray (EDS/EDX)
5 analysis is used to verify the elemental composition of particles within a sample. In some cases,
6 the presence of a concomitant element may be used to assist in this determination, just as
7 elemental ratios are used in ICP-MS techniques. Another drawback is that statistically-significant
8 particle counts are time consuming and expensive to acquire. An additional visualization
9 technique is atomic force microscopy (AFM), which can be used to characterize the morphology
10 and distribution of MONPs in a sample^{46,48}. However, particle size distributions cannot be truly
11 quantitatively determined using AFM alone. Synchrotron-based techniques have been used to
12 study TiO₂ in sewage sludge, soil, and sludge-amended soil⁴⁹. X-ray absorption near edge
13 structure (XANES) spectroscopy, micro and nano X-ray fluorescence (μ XRF and nanoXRF) and
14 Ti K-edge microXANES spectroscopy were used in combination in an attempt to determine
15 whether the Ti content, particle size distribution, or Ti speciation could be used to distinguish
16 anthropogenic TiO₂ NPs from naturally occurring materials. None of these properties proved
17 effective, and the authors recommended future work examining the morphology of the TiO₂ NPs
18 and their presence within larger aggregates as potential criteria for identification⁴⁹.

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20 For SEM, TEM, AFM, and synchrotron-based analyses, it is vital that samples are prepared
21 with care to limit the incorporation of experimental artefacts. It is also important to note that as
22 engineered MONPs are weathered in a complex matrix, the morphological differences between
23 the natural and engineered particles may lessen over time, which could result in the false
24 assignment of these particles as naturally occurring metal oxides⁴⁹. Overall, the application of
25 each of these quantification and visualization techniques for examining MONPs in natural
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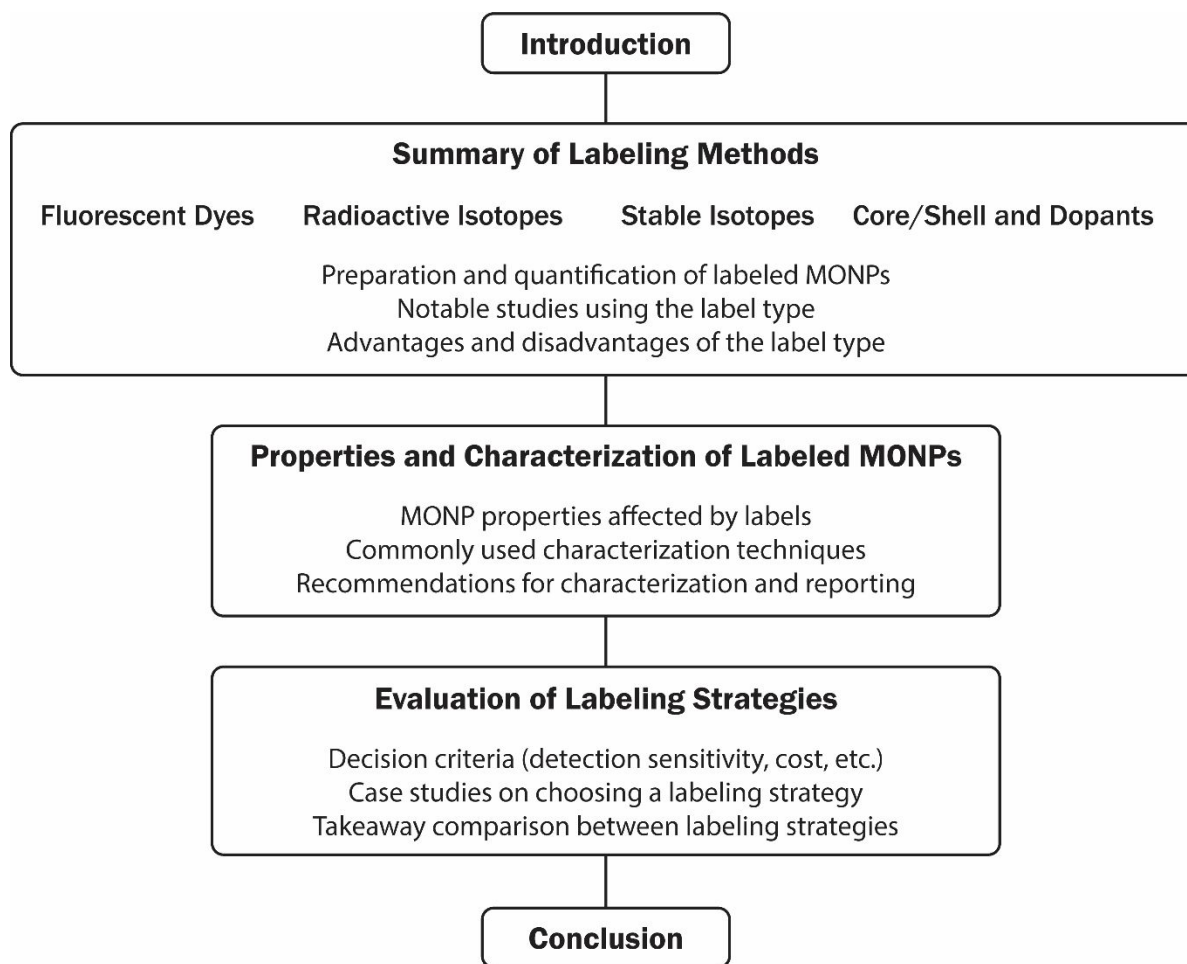
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3 systems requires considerable improvement in the ability to detect minute MONP concentrations
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5 against a complex background containing naturally occurring metals and metal oxides.
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8 To address these limitations in current analytical methods, a traceable label can be
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10 incorporated into MONPs to distinguish them from the sample background. This allows for the
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12 sensitive detection of engineered nanomaterials in the size range of interest even when natural
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14 colloids of the same metallic composition are present within the sample. To be effective, the
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16 presence of the label cannot change the relevant properties and behavior of the MONP, and it
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18 must enable the quantification and/or visualization of the engineered MONPs at environmentally
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20 relevant concentrations. In this critical review we describe existing MONP labeling techniques in
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22 detail, analyze the benefits and disadvantages of each, identify gaps in the current body of
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24 literature, and provide guidelines for choosing the most appropriate labeling method.
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29 Many of the labeling, characterization, and quantification techniques explored in this paper
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31 can be applied to a variety of nanomaterial categories and are not restricted solely to MONPs.
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33 However, MONPs are the focus of this review because they epitomize the intersection of high
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35 rates of release into the environment and a high susceptibility to background interference, which
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37 are key concerns in the study of the environmental behavior of nanomaterials. As such, this
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39 review is also limited to MONP labeling applications relevant to investigating toxicological
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41 impact and environmental transport. While it is important to note that additional MONP labeling
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43 procedures have also been developed for applications in biomedical imaging and nanomedicine,
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45 they are not included in this review. This is because these MONPs are often functionalized for
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47 biocompatibility and targeted transport to a specific organ, making them unsuitable for
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49 environmental studies where the properties should match the more widely applied commercially
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51 available MONPs that do not undergo such functionalization⁵⁰. Ultimately, the goal of this
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3 review is to provide an in-depth discussion of the details of synthesis, characterization, and
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5 utility that is necessary for researchers to effectively choose and apply a MONP labeling
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7 strategy.
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10 To achieve this goal, this review has been formatted as summarized in Schematic 1. We
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12 begin with a summary of each of four categories of MONP labels that outline synthetic
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14 techniques, quantification, experimental design considerations, notable examples and advantages
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16 and disadvantages. The next major section is focused on the potential impacts that labels can
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18 have on MONP properties and the techniques available for evaluating those effects. Finally, we
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20 provide guidance on choosing the optimal labeling strategy for a specific experiment and model
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22 the decision-making process using case-studies.
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Schematic 1. Format of this review article.

Summary of Labeling Methods

Fluorescent Dye Labels

The most common MONP labeling technique is the incorporation of a fluorescent dye. There are several synthetic routes that are used to produce fluorescent dye labeled MONPs, as summarized in Figure 1. One method is to covalently attach a fluorescent dye to the surface of a previously synthesized or purchased MONP using an aminosilane coupling agent. SiO₂, TiO₂, CeO₂ NPs, and ZnO NPs labeled with fluorescein isothiocyanate (FITC) have each been prepared using this method^{11,51}. MONPs can also be doped with fluorescent dyes throughout the

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3 particle structure using a modification of existing sol-gel^{51,52} or microemulsion^{53,54} synthetic
4 processes. Here, the dye is mixed into the synthetic solution that containing the metal-alkyl
5 precursor. Optionally, the dye-doped MONP can then be coated with an undoped metal oxide
6 shell^{50,51,55}. Another method of producing core@shell fluorescent MONPs is the amino acid-
7 catalyzed seed regrowth technique (ACSRT), in which amino acids drive the production of
8 densely doped seeds, then additional metal-alkyl precursor is added to form a shell⁵⁶⁻⁵⁸. Each of
9 these dye-doping and core@shell methods have been used primarily to label SiO₂ NPs, but could
10 be extended to other MONPs. While the surface attachment approach has the benefit of
11 applicability to commercially available MONPs, it introduces both the silane coupling agent and
12 the fluorescent dye to the surface of the MONP of interest, which could potentially impact
13 particle surface properties or lead to the premature release of dye. Coating fluorescently-doped
14 SiO₂ seeds with an unlabeled SiO₂ shell has been shown to limit the release of dye, as has the
15 employment of an amino acid catalyst in the hydrolysis reaction⁵⁷⁻⁵⁹. A combination of these
16 two approaches resulted in fluorescent dye leakages of below 5% after a 72 hour exposure to
17 high ionic strength media⁵⁷.
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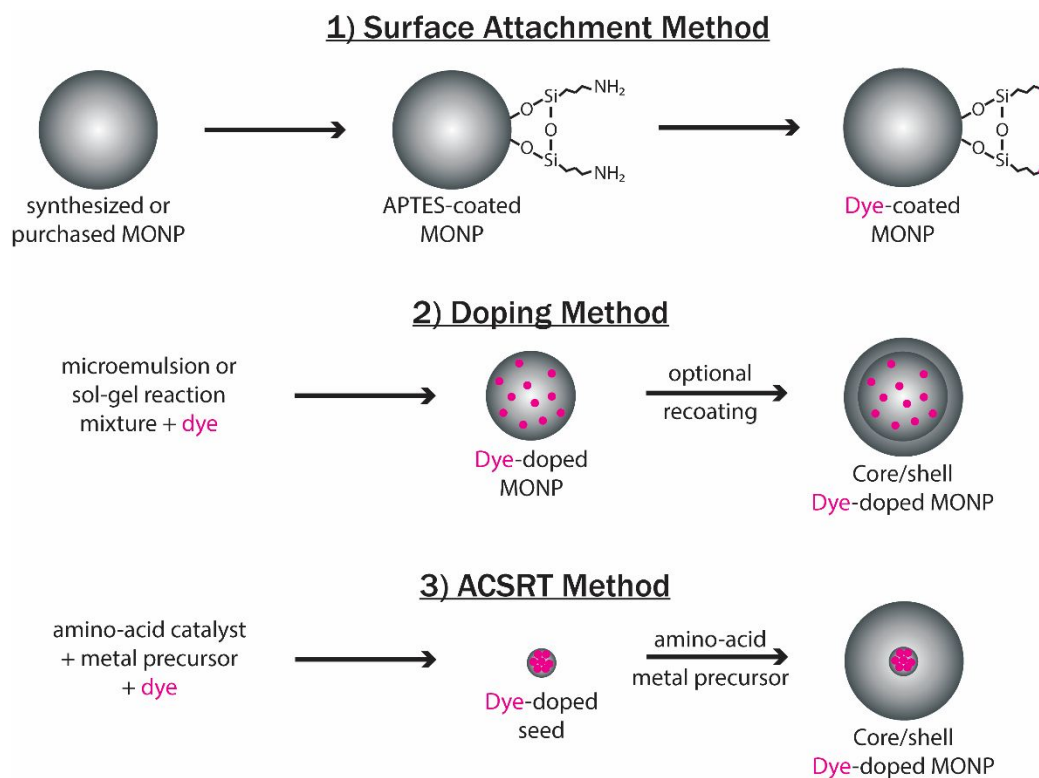


Figure 1. Synthetic techniques used to prepare fluorescent dye-labeled MONPs.

In addition to the dye incorporation method, the dye itself can affect MONP properties and detection. Multiple classes of fluorescent dyes have been employed in MONP labeling, most notably fluoresceins^{11,57,60,61}, rhodamines^{55–57}, and perylenes^{50,62,63}. Each dye has a different molecular size, charge, and fluorescence spectrum, all of which hold relevance to the properties and detection of the labeled MONP. The optical properties of several common fluorescent dyes have been summarized by Resch-Genger et al.⁶⁴. Photostability varies between dyes, and the chosen dye must remain stable throughout the duration of a study^{50,57}. Temperature stability is also important to consider, as it can limit the MONP crystal structures that are able to be formed after the dye has been incorporated. For example, rutile TiO₂ could not be formed using the embedded dye synthetic strategies while keeping the dye intact, as the heat treatments required to

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3 form the rutile structure occur at temperatures much higher than the 200-300°C required to
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5 degrade the dye^{65,66}.
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8 Fluorescently-labeled MONPs have been used to study MONP behavior in a variety of
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10 complex systems, including activated sludge biomass^{54,55}, skin cells and collagens^{59,67}, and HeLa
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12 cells^{50,62,68,69}. The most common techniques for visualization and quantification of dye-labeled
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14 MONPs are fluorescence spectrophotometry^{52,55,60}, fluorescence microscopy^{50,54,61,63}, and
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16 confocal microscopy^{11,50,56,62}. In one notable study by Xia et al., fluorescent labels were attached
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18 to ZnO, CeO₂, and TiO₂ NP surfaces in order to study the subcellular localization of MONPs
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20 using confocal microscopy¹¹. The FITC-labeled CeO₂ and TiO₂ NPs could be visualized in the
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22 caveolae of bronchial epithelial cells and the lysosomes of macrophage cells, despite neither
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24 particle type inducing toxic effects to the cells. For ZnO NPs, the FITC-labeled particles could
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26 be observed in the caveolae of the bronchial epithelial cells, but not in the lysosomes of
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28 macrophage cells, despite inducing toxic effects in both cell types. However, clumping of the
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30 macrophage lysosomes was apparent after exposure to ZnO NPs, and Zn²⁺ ions could be
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32 visualized in the lysosomes through the use of the Zn²⁺-sensitive Newport Green indicator,
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34 indicating that any ZnO NPs taken up into the lysosomes were likely dissolving and losing the
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36 FITC label. Experiments were also performed using Zn²⁺ added as ZnSO₄, which showed Zn²⁺
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38 localization within the same compartments as Zn²⁺ added as ZnO NPs. One major drawback of
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40 this use of fluorescent dye labeling is that it is impossible to discern the Zn²⁺ that was taken up as
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42 ions that had been released into cell media through dissolution, from the Zn²⁺ that was released
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44 from the ZnO NPs as they dissolved within the compartment of interest. It is possible that ZnO
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46 NPs synthesized using a core/shell synthetic strategy could maintain the fluorescent label long
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48 enough to be visible even as they become partially dissolved. Additionally, while this study was
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3 rigorous in the inclusion of free FITC controls and ZnSO₄ experiments, there was no comparison
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5 of the dissolution rates or surface chemistry of the FITC-labeled MONPs to their unlabeled
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7 counterparts. This is especially important when considering that the FITC label was attached to
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9 the MONP surfaces through silane linkages, introducing new inorganic and organic components
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11 to the surface of the particles that could affect interactions with the surrounding media and tissue.
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13 Despite these limitations, this study provides a useful example of the potential of fluorescent dye
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15 labeling methods to help elucidate complex toxicological mechanisms.
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19 The primary disadvantage of fluorescent labeling is the relatively high limit of detection
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21 provided by the method. Reported limits of detection are as low as 26 µg/L in distilled water⁵²,
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23 but as sample complexity increases, autofluorescence of the background can increase the limit of
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25 detection to 77 µg/L in seawater⁵² and 500 µg/L in synthetic wastewater⁵⁵. Limits have been
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27 reported as high as 5 mg/L⁶⁰, and in each case the detection limits can be expected to increase
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29 with exposure time due to dye release and photobleaching⁷⁰. Light penetration is limited in intact
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31 tissues, which may need to be sliced prior to imaging⁷⁰. The fluorescent label also limits the use
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33 of other analytical assays to those that do not have an absorption band overlap with the dye. For
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35 example, the silicomolybdate titration for dissolved silica species⁷¹ and several colorimetric
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37 assays for reactive oxygen species production²¹ cannot be used on fluorescently-labeled MONPs.
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39 Additionally, some dyes may be degraded *in vivo*, either through exposure to the acidic
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41 environments present in some subcellular compartments, or through enzyme-catalyzed
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43 degradation processes^{11,72}.
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49 However, fluorescence labeling has several major benefits. The preparation of dye-labeled
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51 MONPs and the corresponding sample analysis have been consistently reported as less expensive
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53 when compared to other labeling methods^{60,64}. Tools for automating data analysis have also been
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developed, including the Particle_in_Cell-3D tool for confocal microscopy images that allows researchers to make rapid comparisons of cellular uptake⁶². Overall, the wide variety of synthetic methods and characterization described in the literature, as well as the commercial availability of fluorescent dyes and dye-labeled MONPs, make this labeling technique one of the most facile to apply.

Radioactive Isotope Labels

Another MONP labeling technique is the assimilation of a radioactive isotope. A summary of radioisotopes used in the study of MONP transport and toxicity is included in Table 2. The three most common methods of producing radiolabeled MONPs are neutron activation, ion bombardment from a cyclotron source, and the use of radioactive precursors. These are summarized in Figure 2. It should be noted that silicon and aluminum do not have useable radioisotopes that can be prepared through direct activation from neutron or ion bombardment⁷³. These MONPs can instead be labeled through the activation of ¹⁸O to form ¹⁸F⁷⁴, through ⁷Be-recoil labeling⁷⁵, or through the addition of another material through doping or core/shell methods^{60,76–78}.

Table 2. Radioisotopes used in study of MONPs.

Radioisotope	Production Method	Half-Life	Radioactivity of MONPs, MBq/mg	Detection Method	Ref.
SiO ₂					
⁷ Be	cyclotron, recoil	53.29 d	1	γ-spectrometry	75
¹⁴ C	¹⁴ C precursor	5730 yr	8.5 × 10 ⁻⁶	accelerator mass spectrometry	76
⁵⁶ Co	⁵⁶ Co precursor	77.26 d	1.28	γ-spectrometry	77
^{110m} Ag	^{110m} Ag precursor	249.8 d	9.48 × 10 ⁻⁴	γ-spectrometry	60
¹⁹⁸ Au	neutron activation	2.69 d ⁷⁹	16.3	γ-spectrometry	78
TiO ₂					
⁷ Be	cyclotron, recoil	53.29 d	0.30	γ-spectrometry	80
⁴⁸ V	ion bombardment	15.97 d	0.071	γ-spectrometry	81
⁴⁸ V	ion bombardment	15.97 d	1	γ-spectrometry	82
⁴⁸ V	ion bombardment	15.97 d	3.70	γ-spectrometry	80
⁴⁸ V	ion bombardment	15.97 d	1.0 - 2.35	γ-spectrometry	83–85
⁴⁸ V	ion bombardment	15.97 d	not reported	liquid scintillation counting	86
¹⁸ F	ion bombardment	109.8 min	0.700	PET	87
⁴⁴ Ti	⁴⁴ Ti precursor	60.4 yr	0.01	γ-spectrometry	80
⁴⁵ Ti	⁴⁵ Ti precursor	3.08 h	135	dose calibrator	80

ZnO						
⁶⁵ Zn	neutron activation	244 d	not reported		γ-spectrometry	88
⁶⁵ Zn	⁶⁵ Zn precursor	244 d	not reported		γ-spectrometry	89
⁶⁵ Zn	neutron activation	244 d	not reported		γ-spectrometry	90
FeO _x						
⁵⁵ Fe	⁵⁵ Fe precursor	2.74 yr	not reported		liquid scintillation counting	91
⁵⁹ Fe	neutron activation	44.5 d	not reported		γ-spectrometry	92
⁵⁹ Fe	⁵⁹ Fe precursor	44.5 d	not reported		whole body counting	93
⁵⁶ Co	ion bombardment	77.26 d	0.113		γ-spectrometry	94
¹²⁵ I	¹²⁵ I precursor	59.43 d	1.85		γ-spectrometry, DAR	95
CeO ₂						
¹³⁹ Ce	diffusion	137.6 d	1.242		γ-spectrometry	96
¹³⁹ Ce	ion bombardment	137.6 d	0.975		γ-spectrometry	96
¹⁴¹ Ce	neutron activation	35.2 d	0.150		γ-spectrometry	97
¹⁴¹ Ce	ion bombardment	35.2 d	0.052		γ-spectrometry	98
¹⁴¹ Ce	¹⁴¹ Ce precursor	35.2 d	0.100		γ-spectrometry	99–101
¹⁴¹ Ce	neutron activation	35.2 d	not reported		γ-spectrometry	90
¹⁸ F	¹⁸ F precursor	109.8 min	23		PET	102
Al ₂ O ₃						
¹⁸ F	ion bombardment	109.8 min	2.31		PET	74
¹³ N	ion bombardment	9.97 min	1.85		PET	103

In the case of neutron activation, post-synthesis MONPs are directly activated through exposure to a neutron flux from a reactor source. This allows the study of many commercially available MONPs, with the exception of TiO₂ NPs due to the lack of appropriate products formed by Ti¹⁰⁴. Some temperature increase of the materials can be expected during irradiation, causing MONP aggregation or the degradation of some surface coatings, but this can be mitigated by minimizing the neutron flux and amount of material being irradiated⁹⁷. Low increases in the specific radiation activity of the MONPs are unlikely to modify the activities and behavior of the MONPs themselves, but increased radiation exposure could have a confounding effect when determining toxicity in some cases⁹⁷.

Direct activation from a cyclotron source can also be applied to commercial or synthesized MONPs. Ion bombardment is more likely than neutron activation to alter material properties through sintering and phase transformations, due to high temperature increases from the Coulomb interaction between the ion flux and the lattice^{82,105}. For example, the ratio of the rutile crystalline phase to the anatase phase present in TiO₂ NPs has been shown to increase after

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3 irradiation under certain high activity conditions, a structural transformation that typically occurs
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5 above 650°C^{97,105}. Holzwarth et al. have shown that thin layers of TiO₂ NPs exposed to protons
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7 at energies of 23.5 MeV with a beam current of 5-10 μA will achieve a useful level of
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9 radioactivity for detection, without undergoing any thermally-caused changes to the NPs¹⁰⁵.
10
11 Cyclotron irradiation can be used to produce positron emitting MONPs labeled with ¹⁸F for any
12
13 material that can be enriched with ¹⁸O^{74,87}. These labeled materials can be imaged in real-time
14
15 3D using positron emission tomography (PET). However, the short half-life of ¹⁸F (109.8 min)
16
17 makes this technique inappropriate for long term-studies. Cyclotron sources are also used for
18
19 recoil labeling, in which MONPs are irradiated in a mixture with ⁷Be-forming lithium
20
21 compounds^{75,80}. The ⁷Be produced is at a high enough energy to become implanted in the MONP
22
23 structure.
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28 If no cyclotron or nuclear reactor is accessible, a radioactive precursor can be used to label
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30 MONPs. This can be accomplished through the use of a radioactive precursor in synthetic
31
32 procedures, giving researchers more control over MONP properties than direct activation. It can
33
34 also be used in a low-temperature diffusion process to label MONPs post-synthesis, allowing
35
36 commonly manufactured MONPs like P25 TiO₂ NPs to be radiolabeled without direct
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38 activation⁸⁰. Radioactive precursors are highly expensive, and not all radioisotopes are
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40 commercially available or easy to produce, limiting the possible applications of these procedures.
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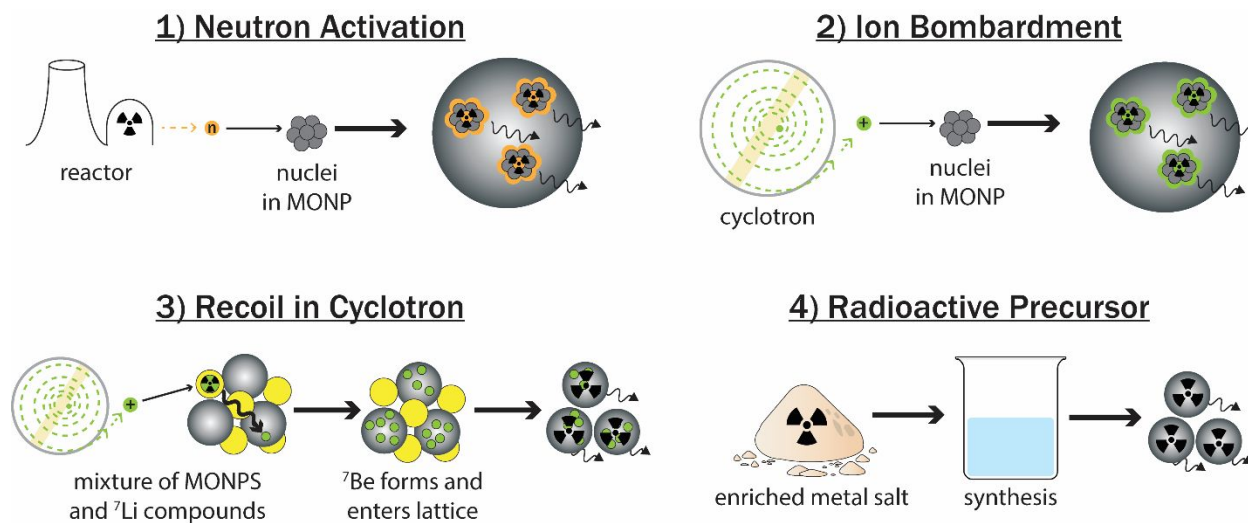


Figure 2. Techniques used to prepare radiolabeled MONPs.

Radiolabeling is especially useful for complex samples that require extensive acid digestion procedures for ICP-MS analysis. Radiolabels can be quantified using several techniques that require limited sample preparation. Scintillation counting allows for the radioactivity of multiple isotopes to be quantified within a single sample through the reaction of the emitted radioactive particles with a fluorescent material (the “scintillator”), creating pulses of light at wavelengths specific to the energy of the emitted particle. This is applicable to α -, β -, and γ -emitting radioisotopes. The quantification of γ -emitting radiolabels can also be achieved through γ -spectrometry using either a scintillation counting detector, or a detector composed of a semiconductive material, in which the emitted radiation causes the promotion of electrons to the conduction band. Ultimately, the limit of detection for a radiolabeled MONP will depend on the resolution and detection efficiency of the detector, the potential interferences from the sample matrix interacting with the emitted particles, and the radioactivity of the prepared MONPs¹⁰⁶. The resulting radioactivities of labeled MONPs prepared for various studies of behavior and

1
2
3 toxicity have been included in Table 2 to provide a relative comparison of the radioactivity
4
5 imparted by different radiolabeling strategies.
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7
8 These advantages related to limited sample preparation have made radiolabeling especially
9
10 useful for biological studies. Kreyling et al. employed ^{48}V -labeled TiO_2 NPs ($[^{48}\text{V}]\text{TiO}_2$ NPs) in
11
12 a series of three studies to compare the biodistribution and biokinetics of TiO_2 NPs (given to)
13
14 rats through three different exposure pathways: intravenous, oral, and inhalation^{83–85}.
15
16 Interestingly, the amount of $[^{48}\text{V}]\text{TiO}_2$ NPs retained in the syringes used for NP application in
17
18 each study varied considerably across samples, and up to 50% of the nominal dose was found to
19
20 be retained in the syringes. The actual applied dose was able to be quantified by directly
21
22 measuring the amount of $[^{48}\text{V}]\text{TiO}_2$ NPs remaining in the syringe using γ -spectrometry, which
23
24 does not require any rinsing or further treatment of the syringes that could confound the
25
26 measurement. This determination of the actual applied dose, in addition to the quantification of
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28 $[^{48}\text{V}]\text{TiO}_2$ NPs across the entire rat body and in excretions, allowed for a complete mass balance
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30 to be developed. The resulting values were also corrected for the potential release of the ^{48}V
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32 label through the use of complementary studies that identified differences in behavior between
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34 ionic and particulate ^{48}V . These studies used a highly quantitative approach made possible
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36 through radiolabeling to show that intravenous injection of NPs does not result in the same
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38 biological behavior as other routes of exposure, and should not be used as a surrogate
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40 experimental method.
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47 Radiolabeling methods have several limitations, including the requirement of access to
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49 controlled laboratory space and specialized equipment. The safety precautions that must be taken
50
51 in handling radioactive materials often limit characterization of labeled MONPs to techniques
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53 that require a very small amount of material. In some cases, the specific activity level of labeled
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3 materials may be high enough to influence toxicity toward an organism through exposure to
4 radiation; it is therefore recommended that additional toxicological studies are performed in
5 tandem with unlabeled materials when the specific activities and NP doses are high. Finally,
6 radiolabeling techniques are expensive. Synthetic costs using radioactive precursors were
7 reported as fifteen times higher than the cost of fluorescence labeling for SiO₂ NPs⁶⁰.
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10
11 The primary advantage of radiolabeling is that it provides the lowest detection limits of any
12 labeling method with very little sample preparation required for analysis. Detection limits
13 depend on the specific activities of the radiolabeled MONPs and the type of detector used, but
14 these values typically fall in the range of pg/L to ng/L. Radiolabels can be directly applied to
15 commercial MONPs in addition to lab-synthesized MONPs, allowing researchers to study the
16 most environmentally relevant materials. Quantification can be achieved along with real-time
17 imaging, providing important information about the mechanisms of MONP uptake, metabolism,
18 and toxicity.
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32 **Stable Isotope Labels**

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34 In stable isotopic labeling, MONPs are labeled through enrichment with a stable isotope of
35 the relevant metal that occurs at a low abundance in the environment. Many stable isotopes have
36 been successfully employed in the study of MONPs, as summarized in Table 3. The preparation
37 of MONPs enriched with a stable isotope is achieved through synthesis with an enriched
38 precursor material. Enriched precursors are commercially available as soluble salt complexes,
39 solid metals, or solid metal oxides. In the cases of enriched metals and metal oxides, the material
40 must be broken down using acid digestion prior to MONP synthesis. Once a soluble metal
41 isotope solution is achieved there is no limit to the customization (e.g. shape, size, crystal
42 structure, surface coating) that can be applied to an isotopically-labeled MONP. The main
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3 limitation inherent in the preparation of MONPs labeled with stable isotopes is that commonly
4 manufactured MONPs cannot be effectively labeled with stable isotopes post-synthesis.
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8 MONPs labeled with stable isotopes are most often quantified using ICP-MS, which may
9 also be coupled to FFF or other sample fractionation techniques. The limits of detection for these
10 studies will depend on the relative abundance of the labeling isotope, the presence of any
11 interfering complexes in the sample matrix, and the resolving precision of the instrumentation.
12
13 To identify the amount of the labeling isotope that corresponds to the MONPs, the concentration
14 of the isotope in the background matrix must be determined and subtracted. This can be achieved
15 by measuring the labeling isotope directly, or by measuring another isotope of the same metal
16 and using the natural ratio of the isotopes to correct in calculations. In cases where the sample
17 matrix is heterogeneous, it may be preferable to measure a non-labeling isotope in each
18 individual sample, as opposed to measuring the labeling isotope in a smaller set of “background”
19 samples. Using labeling isotopes with lower abundance will increase detection sensitivity, but
20 these precursors are more expensive. Isotopic labeling studies also require that attention is paid
21 to potential isobaric and polyatomic interferences that affect the determination of the isotopic
22 ratio within a sample. For example, matrices high in sulfates can interfere with the detection of
23 multiple isotopes of Ti, while Ce measurements are impacted by the presence of
24 neodymium^{45,107,108}. Polyatomic interferences for each element have been summarized by May
25 and Wiedmeyer¹⁰⁹.
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47 Quantifying isotopic ratios within a sample requires high instrumental precision in resolving
48 peaks between two adjacent isotopes. Isotopically-labeled MONPs can be quantified at
49 environmentally relevant concentrations using conventional quadrupole ICP-MS instruments
50 alone, but sensitivity can be increased even further through the use of high resolution multi-
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3 collector ICP-MS (MC-ICP-MS) instruments^{108,110}. MC-ICP-MS instruments are much more
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5 expensive than conventional ICP-MS instruments, but may be especially useful in cases where
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7 organisms are chronically exposed to very low doses of MONPs.
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10 In addition to quantification using ICP-MS, isotopically-labeled MONPs can be visualized
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12 within a sample using time-of-flight secondary ion mass spectrometry (ToF-SIMS)¹¹¹. In a study
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14 of ZnO NP uptake and toxicity in HaCaT cells, the luminescence of ZnO NPs and the use of a
15
16 stable ⁶⁸Zn label allowed for both confocal laser scanning microscopy (CLSM) and ToF-SIMS to
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18 be used within the same study. ToF-SIMS provided a two dimensional image free from
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20 background interference, which was then compared to the three dimensional CLSM images. It
21
22 was determined that Zn²⁺ ions from ZnO NPs are absorbed and transported into the cytoplasm
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24 and nuclei, and that the relative amounts of intracellular Ca²⁺ and K⁺ are affected by the ZnO NP
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26 dose. Laser ablation ICP-MS (LA-ICP-MS) can also be used for 2D imaging of samples
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28 containing isotopically-labeled MONPs. However, this technique offers spatial resolution of only
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30 5-20 μm, while ToF-SIMS can be operated to provide sub 100 nm resolution^{70,112}.
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35 Stable isotopic tracers are often used in studies of ZnO and CuO NPs, due to the labeling
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37 method's effectiveness for MONPs that dissolve throughout the course of the experiment. Ions
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39 released directly from the MONPs will still bear the isotopic label and can be quantified using
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41 the same methods of analysis used for the MONPs¹¹³. It is also possible to use more than one
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43 stable isotope in the same study to gain a better understanding of the localization of released ions
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45 versus the nanomaterial. Laycock et al. used a combination of ⁶⁸ZnO NPs and ⁶⁴Zn²⁺ ions
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47 incubated in soil from 1-12 months to study uptake in earthworms¹¹⁴. As the soil incubation time
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49 increased, the amount of Zn from all forms increased in the pore water, resulting in higher
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51 bioaccumulation efficiencies. There was no discernable difference between the relative amounts
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3 of ^{68}Zn and ^{64}Zn in the different compartments (soil, water, and organism) of the experiment,
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5 which supports the hypothesis that the ^{68}Zn was taken up in the ionic form after the ^{68}ZnO NPs
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7 dissolved in the soil media. One method to help determine whether this is the case would be to
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9 extend an approach developed by Merrifield and Lead, in which multiple isotopic labels were
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11 embedded in the same nanoparticle¹¹⁵. In this study, a three-layer silver nanoparticle was
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13 synthesized with two different stable isotopes labeling the core (^{109}Ag) and the shell (^{107}Ag).
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15 These were separated by a layer of gold that was added to prevent core dissolution, ensuring that
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17 only the ^{107}Ag from the NP shell would be exposed to organisms in the ionic form. Comparing
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19 the concentrations of the two silver isotopes in both the exposed organisms and the media would
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21 allow for the determination of the relative contributions of the ionic versus particulate silver.
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24 Although this method has only been applied to silver nanoparticles, the same approach could be
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26 extended to soluble MONPs like ZnO NPs.
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31 The primary disadvantage of stable isotopic labeling is that the manufactured MONPs that
32
33 are the most environmentally relevant to study cannot be effectively labeled after purchase. One
34
35 possible solution to this problem is the use of the “reverse labeling” procedure developed by
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37 Croteau et al.^{116,117}. In one study, freshwater snails were chronically exposed to ^{65}Cu isotopes
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39 until the isotopic ratios within the snail tissues was altered, effectively eliminating the metal
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41 background from the experiment¹¹⁶. This enabled researchers to measure the uptake of Cu, which
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43 naturally primarily contains the isotope ^{63}Cu , from particles that had been collected from a river
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45 impacted by acid mine drainage. The naturally aged complex colloids composed of a mixture of
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47 Al and Fe oxides with sorbed Cu were able to be tested directly on the organisms. A similar
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49 approach was used to study Zn uptake in snails from natural particles collected from two acid
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51 mine drainage impacted rivers¹¹⁷. The authors were able to show that a higher strength of Zn
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sorption to the collected particles resulted in lower assimilation within the organisms. This reverse labeling technique is effective for biological studies involving essential elements like Zn, Cu, and Fe, which will be easily assimilated into the organism. It remains to be seen whether this approach can be extended to other MONPs comprised of metals that are not essential elements. Another potential drawback is that the media that the experiment is performed in must be free of the background metal. Thus, the reverse labeling approach would be difficult to apply in experiments requiring the use of complex natural media. This issue could be mitigated through control experiments identifying differences in the fate and uptake of the element of interest from the media alone when compared to the MONPs.

Despite this drawback, there are major advantages to stable isotopic labeling. MONPs can be detected at very low, environmentally relevant concentrations. Stable isotope labels are the most enduring of any technique, are measurable even in ions released from dissolution, and do not have the equipment and safety limitations of radioisotopes. Additionally, there is likely to be no impact on MONP properties, although extra care must be taken not to introduce artefacts during the sample preparation required for quantification.

Table 3. Stable isotopes used in study of MONPs.

Stable Isotope (% Rel. Abundance)	MONP Studies Employing Stable Isotope	Reported Limits of Quantification
TiO ₂ ⁴⁷ Ti (7.5)	<ul style="list-style-type: none"> Bioaccumulation in mussels¹¹⁸ 	8.6 ng/L in mussels ¹¹⁸
ZnO ⁶⁴ Zn (48.6)	<ul style="list-style-type: none"> Uptake of Zn²⁺ vs ZnO NPs in earthworms using multi-isotope approach¹¹⁴ 	< 15 µg/g in snails ¹²⁰
⁶⁷ Zn (4.1)	<ul style="list-style-type: none"> Uptake in snails^{119,120} Uptake in endobenthic organisms¹²¹ 	

⁶⁸ Zn (18.6)	<ul style="list-style-type: none"> • Dermal absorption of ZnO NPs from sunscreens in mice and humans^{122–126} • Uptake and cytotoxicity to human skin cells¹¹¹ • Bioavailability of ZnO NPs vs. bulk ZnO vs. Zn²⁺ ions to aquatic organisms¹¹³ • Uptake and elimination for bulk vs. nano-sized ZnO¹²⁷. • Evaluation of cost-effectiveness for Zn isotopic labels¹²⁸ • Uptake of Zn²⁺ vs ZnO NPs in earthworms using multi-isotope approach¹¹⁴ 	5 ng/g ¹²⁸ 175 ng/g in blood ¹²³
CuO ⁶⁵ Cu (30.8)	<ul style="list-style-type: none"> • Synthesis and detection of spherical and rod-shaped ⁶⁵CuO NPs¹²⁹ • Uptake of CuO NPs vs. Cu²⁺ in freshwater worms from aquatic and sediment exposures^{130,131} • Toxicity and bioaccumulation in snails¹³² 	10 ng/g in snails ¹²⁹
FeO _x ⁵⁷ Fe (2.14)	<ul style="list-style-type: none"> • Exchange of atoms between goethite nanorods and dissolved Fe²⁺^{133,134} • Detection of ⁵⁷Fe@SiO₂ NPs in river sediment slurry¹³⁵ 	7.8 µg/L Fe in river sediment slurry ¹³⁵

Dopant and Core/Shell Labeling

The final category of MONP labeling techniques is the use of dopants and core/shell labels. In the case of doping, MONPs are synthesized with another metal that is rare in the samples of interest replacing a fraction of the metal present in the MONP lattice structure. It should be noted that some radiolabels that feature an element not present in the unlabeled MONP, e.g. those prepared through ⁷Be recoil labeling, are also effectively labeled with a dopant. To prepare dopant-labeled MONPs featuring another nonradioactive label, existing sol-gel synthesis and hydrothermal methods can be altered by adding a soluble salt of the labeling metal to the MONP metal-alkyl precursor solution. The amount of dopant present in the final labeled MONP can be adjusted by altering the stoichiometric ratio of the labeling metal to the primary metal in the solution^{136,137}. ICP-MS or ICP-optical emission spectrometry (ICP-OES) can be used to quantify the amount of labeled MONPs through the known ratio of the traceable metal to the MONP

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3 metal. TiO₂ NPs have been doped with La, Ce, Nb, Zr, and Hf to enable detection within
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5 complex matrices^{86,137,138}. Limits of detection for Ce-doped TiO₂ NPs have been reported as low
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7 as 16.8 µg Ce/L using ICP-OES¹³⁷. Only a small fraction of Ti atoms needed to be replaced for
8
9 this degree of sensitivity: the ratio of Ce to Ti was varied from 0.005 to 0.03 in this study.
10
11 However, replacing the metal of interest within the MONP lattice with another metal that has a
12
13 different ionic radius can impact particle properties like the size, specific surface area,
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15 crystallinity, and electronic band gap^{138,139}. The concentration of the dopant can affect the degree
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17 to which the electronic properties are altered¹³⁹, with the highest enhancements of the
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19 photoactivity of rare earth element doped TiO₂ NPs occurring at dopant concentrations below
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21 1% by weight¹⁴⁰. Dopants have also been shown to preferentially appear on the surface of the
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23 MONPs as opposed to the bulk, where they will interact directly with the surrounding media¹³⁷.
24
25 Overall, it is important to monitor the electronic and surface properties of dopant-labeled
26
27 MONPs, as changes to these properties can affect behavior and toxicity in experimental
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29 studies¹³⁹.
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35 In core/shell labeling, a variety of materials have been incorporated as the MONP labels, as
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37 summarized by Figure 3. The label is typically another metallic nanoparticle, which is then
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39 coated with the MONP material. One core material that can be used is quantum dots (QDs),
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41 which have the useful luminescent properties of a fluorescent dye label with more long-term
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43 stability. The QDs most appropriate for MONP labeling applications are typically composed of
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45 CdSe or CdTe NPs that range from 1-6 nm in diameter⁶⁴. QDs can be synthesized or
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47 commercially purchased and then coated with MONP materials using microemulsion, sol-gel, or
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49 amino acid driven synthetic methods. It is important to ensure the shell prevents the release of
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51 QDs or the ions present in them, as they will have different behaviors and toxicities when
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3 compared to the MONP-coated QDs^{141,142}. In addition to quantification using fluorescence-based
4 techniques, the core materials in QD-labeled MONPs can also be quantified by using ICP-MS.
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6 SiO₂-coated CdSe/CdS/ZnS QDs were used to study the potential impacts of oral exposure to
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8 SiO₂ NPs in a mouse model, and the known ratio of Cd:Si was used to confirm via ICP-MS that
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10 the fluorescent particles imaged in the liver came from the labeled MONPs and not the sample
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12 background⁵⁶.
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17 Noble metal nanoparticles have also been used for core labeling. SiO₂ NPs have been labeled
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19 with an AgNP core, while TiO₂ NPs have been labeled with an AuNP core^{60,143}. In the case of
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21 AgNP cores, dissolution of the core label can be a concern: Ag⁺ ions began to be released from
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23 the labeled SiO₂ NPs after 20 days of storage in deionized water⁶⁰. While a variety of synthetic
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25 methods for core/shell MONPs featuring noble metal NP cores have been presented, most often
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27 these procedures were developed to create MONPs with enhanced catalytic properties and will
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29 need to be adjusted to mitigate these effects^{144–147}. Once the MONP shell is deposited onto the
30
31 noble metal core, solvothermal treatments may be necessary to achieve the MONP crystal
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33 structure desired. Here, it is necessary to take steps to prevent any thermally-induced structural
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35 changes to the AuNP or AgNP core, which for rutile TiO₂ can be achieved by adding an
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37 additional SiO₂ shell that is later removed through etching¹⁴⁴. ICP-MS is typically used for
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39 quantification, resulting in a reported limit of detection of 24 µg/L for Ag@SiO₂ NPs⁶⁰.
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43 Au@TiO₂ NPs have been accurately quantified at levels of 1.5 µg Ti/L in deionized water using
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45 ICP-MS and 750 µg Ti/L in a river water-sunscreen mixture using ICP-OES¹⁴³. Single particle
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47 ICP-MS can also be applied as a characterization tool and quantification strategy. In addition,
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49 Au@TiO₂ NPs have been quantified in activated sludge using instrumental neutron activation
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51 analysis (INAA), with reported limits of detection and quantification of 16.8 mg Ti/kg sludge
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and 25.8 mg Ti/kg sludge, respectively¹⁴³. The core/shell labeling approach allows INAA quantification to be extended beyond facilities with a reactor on-site, as the experiment can be performed prior to irradiation and then samples can be transported for analysis.

Finally, one novel and interesting core-labeling method is the encapsulation of DNA barcodes within a SiO₂ shell. To achieve this, SiO₂ NPs are prepared with positively-charged functional groups on the surface. DNA is then adsorbed onto the positively-charged SiO₂ surface, and encapsulated in an SiO₂ shell using a sol-gel process¹⁴⁸. The encapsulated DNA has been shown to be stable in the presence of ROS and in temperatures up to 120°C. The DNA can be released using an etching agent, and quantified using quantitative polymerase chain reaction (qPCR) methods at concentrations as low as 100 ng Si/L¹⁴⁹. This technique has been used to study SiO₂ colloid transport within wastewater treatment systems, and the transfer of SiO₂ colloids between trophic levels^{149,150}. When digital particle PCR (dpPCR) is used for quantification, individual SiO₂ NPs can be detected and counted, resulting in a limit of detection of approximately one particle per μL solution¹⁵¹.

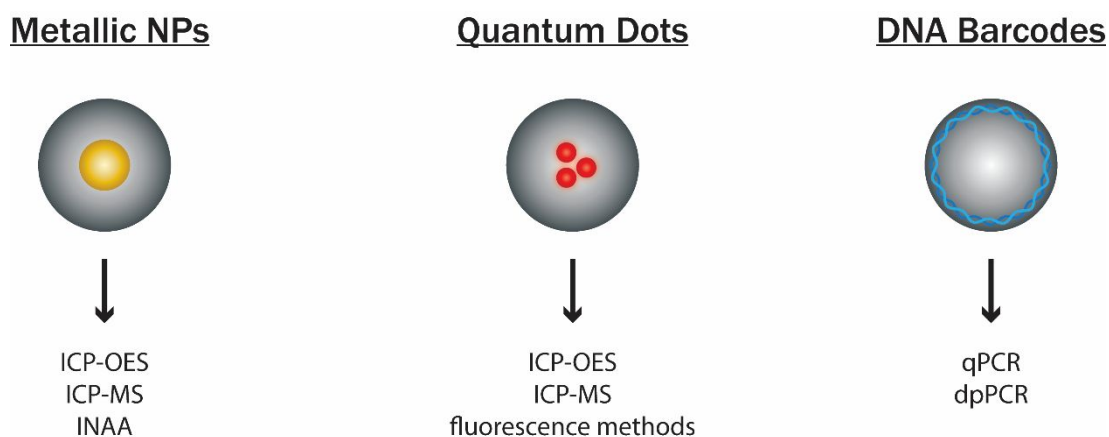


Figure 3. Label materials and quantification techniques used for core-labeling strategies.

Doping and core/shell labeling techniques provide unique advantages and disadvantages. Metallic labels are more stable than fluorescent dyes, but can potentially be released as ions in

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3 the cases of dopants on the MONP surface, or core labels comprised of materials susceptible to
4 dissolution. With the exception of DNA barcode labels, dopant and core/shell labeling
5
6 techniques are more inexpensive than isotopic labeling strategies, while some of the same
7
8 quantification techniques (ICP-MS, INAA) can be employed. Some core/shell systems are also
9
10 compatible with sp-ICP-MS techniques, which can provide number concentrations and size
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12 distributions for the core particle within a complex sample. The primary disadvantages are that
13
14 these techniques cannot be applied directly to commercially available nanoparticles, and that
15
16 some properties of the unlabeled MONP may be affected. These include photocatalytic activity
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18 for both dopants and core labels, and density for core labels.
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25 **Properties and Characterization of Labeled MONPs**

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28 A critical step in employing any labeling method is the proper characterization of the
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30 resulting labeled MONPs and comparison to their unlabeled counterparts. Without this
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32 characterization, it remains uncertain whether the labeled MONP's behavior determined within a
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34 study can be truly representative of the MONP. The MONP properties that could potentially be
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36 altered through the incorporation of a label, resulting in changes to behavior, are discussed in
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38 detail in this section and summarized in Table 4. Table 4 also lists some of the most common
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40 characterization techniques used to probe these properties. It is important to note that this list is
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42 not exhaustive, and that new techniques will continue to be developed after the publication of
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44 this article.
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49 The defining property of nanomaterials that has given rise to concern about their potential
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51 environmental implications is their size. Nanoparticles of different sizes exhibit differences in
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53 cellular uptake and localization, as well as differences in the overall toxicity to a variety of
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55 organisms^{152–155}. Isotopic labeling featuring the use of an enriched precursor is unlikely to alter
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3 MONP size, since identical synthetic procedures can be used for both the labeled and unlabeled
4 MONP. However, synthetic procedures for labeling using dopants, core/shell structures, and
5 fluorescent dyes will need to be optimized to ensure that the size of the labeled MONP
6
7 corresponds to the size of interest for the unlabeled MONP. In the case of direct radioactivation,
8 exposure to extreme temperatures during irradiation could potentially impact the MONP
9
10 structure and alter the size. Primary particle size can be measured using electron microscopy
11 techniques. The hydrodynamic diameter, which takes into account MONP agglomeration and
12 solvation, can be determined using dynamic light scattering (DLS) or nanoparticle tracking
13 analysis (NTA)¹⁵⁶.

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15 In some cases, the size of the individual crystallites that compose MONPs may differ from
16 the primary particle size. Crystallite size can be measured using x-ray diffraction (XRD) or TEM
17 analysis. The crystal structure of the MONPs can also be measured using XRD or determined
18 using selected area electron diffraction (SAED) performed within TEM analysis. Differences in
19 the crystallite size or crystal structure between the labeled and unlabeled MONPs will impact the
20 surface area and photocatalytic activity of MONPs^{157,158}. Characterizing these differences is
21 especially relevant for doped MONPs, where changes in the elements present in the lattice
22 structure give rise to differences in atomic spacing that can impact crystallite size. Alterations to
23 the crystalline properties are also likely to occur for labeling techniques that expose the MONPs
24 to different temperature treatments than their unlabeled counterparts. This includes labels like
25 fluorescent dyes that may require differences in the synthetic temperatures to prevent dye
26 degradation, and direct radioactivation techniques that may expose MONPs to high temperatures.

27
28 Closely related to size is MONP surface area, which can affect toxicity through its
29 relationship to photocatalytic activity, ROS generation, and dissolution kinetics^{159,160}. The
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3 specific surface area (SSA) is commonly determined using Brauner-Emmett-Teller (BET)
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5 analysis, which uses the measurement of the physical adsorption of small nonreactive gas
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7 molecules to a dry nanopowder, allowing for the porosity of the particles to be included.
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10 Changes to this parameter would most likely be brought about by dopant, fluorescent dye, and
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12 core/shell labels, which are the most likely to impact the porosity of the MONPs due to the
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14 incorporation of labeling compounds that differ in size and properties from the MONP materials.
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16 The SSA measured via BET analysis does not take into account the agglomeration state of the
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18 MONPs once they are in solution. Surface area can also be estimated using size measurements
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20 from DLS or electron microscopy and the density of the bulk material¹⁶¹. For core/shell-labeled
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22 MONPs, the ratio of the core and shell should be tuned to maximize similarities between the
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24 primary particle size, surface area, and density of the labeled and unlabeled MONPs while
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26 maintaining a large enough core size to achieve sufficient detection sensitivity. Density can be
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28 estimated from size measurements, or directly compared using differential sedimentation or 2D
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30 analytical ultracentrifugation^{162,163}.
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35 Another group of properties that must be examined when labeling techniques are employed
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37 are those that comprise MONP surface chemistry. This includes the functionalization of MONPs
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39 with a stabilizing ligand, the surface charge, and the relative hydrophobicity or hydrophilicity of
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41 the surface. These surface properties have an important impact on the bioavailability and toxicity
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43 of nanomaterials due to the impact on aggregation state, dissolution rate, adsorption of natural
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45 organic matter or other biomolecules (corona formation), and interactions with cells and
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47 organisms^{155,164–167}. A variety of surface coatings are used on MONPs to impart stability through
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49 electrostatic or steric repulsion, to enhance dispersion within an MONP-enabled product, or to
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51 control the MONP reactivity. For some MONP labeling strategies, the incorporation of a
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3 functionalized surface coating will not be possible. This includes the surface attachment of
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5 fluorescent dyes to MONPs, which can prevent or limit another functional ligand from being
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7 attached to the surface. Additionally, direct activation techniques for radiolabeling are generally
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9 not applied to MONPs with a surface coating, as the coating is likely to be altered and could also
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11 impact the amount of radioactivity imparted to the metal oxide. Doped MONPs may have
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13 differences in the total coverage of a surface coating due to differences in lattice spacing and
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15 binding behavior between the metal oxide and the dopant label.
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19 In addition to coatings applied to MONPs during synthesis, coatings of proteins or organic
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21 acids that form from the surrounding media can also control environmental behavior. It is well
22
23 established that the adsorption of natural organic matter and other biomolecules and proteins to
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25 MONP surfaces are a function of the properties of the particles (surface charge, crystal structure,
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27 morphology, engineered coatings) and the suspending matrix¹⁶⁸⁻¹⁷⁰. Furthermore, the resulting
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29 “eco” or “bio” coronas are a strong determinant of the fate, transport and toxicity of these
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31 materials¹⁷⁰. As such, any aspect of a given labeling technique that would alter the nature of
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33 engineered or acquired coatings has the potential to impact behavior in complex matrices and
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35 must be examined. A variety of analytical strategies are available for the characterization of both
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37 intentionally applied and incidentally adsorbed NP coatings, as reviewed by Louie et al.¹⁶⁵.
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42 Commonly utilized techniques include x-ray photoelectron spectroscopy (XPS),
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44 thermogravimetric analysis (TGA), and attenuated total reflectance Fourier transform infrared
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46 spectroscopy (ATR-FTIR)¹⁷¹⁻¹⁷³. Techniques for the characterization of NP protein coronas
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48 specifically have been reviewed by Capriotti et al.: commonly utilized techniques include
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50 capillary electrophoresis (CE) and size exclusion chromatography (SEC)¹⁷⁴.
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3 In the current body of literature, ζ -potential (a surrogate for surface charge) is often the
4 primary characterization performed to compare the surfaces of labeled and unlabeled MONPs,
5 with the implication that a consistent ζ -potential will result in consistent transport behavior.
6 Since ζ -potential measurements depend on a combination of the nanomaterial, solution, and
7 instrumentation, information about each of these relevant parameters must also be reported¹⁷⁵. It
8 is important to recognize that differences in the steric stability or hydrophobic/hydrophilic
9 properties of a labeled MONP can still be present even when the ζ -potential is unchanged by the
10 label. DLS can be used to determine the critical coagulation concentrations and aggregation
11 behavior of MONPs in different aqueous media as a way to identify differences in electrostatic
12 and steric stability between labeled and unlabeled MONPs. The adsorption of dyes like Rose
13 Bengal and Nile Blue can be used to characterize the hydrophobic/hydrophilic surface properties
14 of MONPs^{176–178}. Comparing the deposition behavior of labeled and unlabeled MONPs in a
15 controlled system increases confidence that the labeled MONPs will be an equivalent surrogate
16 in a complex transport study. Deposition behavior can be studied using quartz crystal
17 microbalance (QCM), column filtration studies, or surface affinity functional assays^{179–182}.

18
19 The surface properties of MONPs are most likely to be affected by labels that appear directly
20 on the surface of the MONP, like dopants and surface-attached fluorescent dyes. The likelihood
21 of the label to interact directly with the surrounding media can also be evaluated separately from
22 other aspects of surface chemistry. For metal labels used as dopants or in core labels, XPS
23 analysis can be used to determine the elemental composition of the surface of the labeled MONP,
24 which can then be compared to the bulk composition measured by another method (e.g. ICP-
25 OES, ICP-MS, INAA, or EDS/EDX). Determining the effects of changing solvents on the
26 optical or fluorescent properties of the label within the MONP is another useful indicator of label
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3 impact: a greater solvatochromic shift indicates more exposure of the fluorescent dye to the
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5 outside medium, and a greater probability that the dye could influence behavior^{50,57}.
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8 There are several MONP characteristics that are directly related to the potential for toxicity.
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10 First, the overlap of the band gap energy of an MONP with the energy potentials of key cellular
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12 redox processes has been shown to be a strong predictor of toxicity for low solubility MONPs¹⁸³.
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14 Band gap energies can be determined using diffuse reflectance UV-Vis spectroscopy¹⁸³. For ZnO
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16 and CuO NPs, particle dissolution and release of ions is the primary mechanism of toxicity,
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18 making the label impact on dissolution behavior important to consider. Dissolution can be
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20 quantified by exposing MONPs to the media of interest, separating MONPs from released ions
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22 through filtration or centrifugation, and measuring the concentration of the metal ions using ICP-
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24 OES or ICP-MS techniques. Surface redox reactivity can be measured using a colorimetric assay
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26 for methylene blue reduction developed by Corredor et al.¹⁸⁴, and has been shown to correlate to
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28 antimicrobial activity for CuO NPs¹⁸⁵. Finally, a variety of colorimetric assays exist for the
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30 determination of ROS production by NPs, as summarized in reports by Djurišić et al. and
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32 Crandon^{21,178}. Most notably, 2',7'-dichlorofluorescein diacetate (DCFH-DA) is a commonly used
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34 nonspecific probe that applies to both intracellular and acellular ROS generation^{21,178,186}. Here,
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36 exposure to ROS causes the oxidative conversion of DCFH to the fluorescent product DCF,
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38 which can be easily measured using fluorescence spectrometry and converted to equivalents of
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40 hydrogen peroxide using a standard curve. To study ROS generation under irradiation for
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42 photocatalytically active materials like TiO₂, a procedure has been developed that measures the
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44 conversion of fluorescein to non-fluorescent products¹⁸⁷. Electronic properties like the band gap
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46 energy or the potential to generate ROS are most likely to be affected by metallic dopant and
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48 core/shell labels, which can increase the formation of oxygen vacancies on the MONP surface or
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participate directly in charge transfer and subsequent band gap narrowing with the MONP material^{188–191}. Core labels composed of plasmonic NPs can also affect the electronic properties by creating intense electric field “hot spots” on the MONP surface, with a much greater potential to generate electron-hole pairs in photocatalysis than the rest of the MONP surface^{188,192}.

Proper characterization of a label’s impact to MONP properties helps ensure that the overall transport or toxicity is not affected. Additionally, if differences in the studied behavior for labeled versus unlabeled MONPs are discovered, rigorous characterization of the individual properties of the MONP could assist in revealing mechanistic insights into the behavior.

Table 4. MONP Properties and Characterization Techniques

MONP Property	Commonly Utilized Characterization Methods
Size	SEM/TEM, DLS, NTA, FFF, sp-ICPMS
Crystallite Size	XRD, TEM
Crystal Structure	XRD, SAED within TEM analysis
Surface Area	BET, Calculations from size
Presence of Surface Coatings and Coronas	TGA, XPS, ATR-FTIR, CE, SEC
Surface Charge	ζ -potential, Surface charge titration
CCC, Aggregation Behavior	DLS, NTA
Deposition Behavior	QCM, column filtration studies, surface affinity functional assay
Density	Differential sedimentation, 2D analytical ultracentrifugation
Hydrophobicity/Hydrophilicity	Adsorption of rose bengal and nile blue dyes
Band Gap Energy	Diffuse reflectance UV-Vis
Dissolution	ICP-OES, ICP-MS
Photocatalytic Activity	Methylene blue dye degradation under UV exposure
Surface Redox Reactivity	Methylene blue reduction assay
ROS Generation	Colorimetric assays using dye indicators (e.g. DCFH-DA)

In addition to characterization techniques that determine whether the label has impacted particle properties, characterization should also include factors related to the detection sensitivity and stability of the labeled MONPs. For MONPs labeled with a stable isotope or another metal, detection sensitivity is controlled by the elemental or isotopic ratios of the labeled MONPs, which can be measured using ICP-MS. For fluorescent MONPs with dyes or QDs incorporated as labels, the fluorescence quantum yield should be determined using fluorescence spectrometry. The radioactivity of MONPs labeled with radioisotopes can be measured using scintillation

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3 counting or γ -spectrometry. The stability of the label should be evaluated for the relevant media,
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5 temperatures, and time-scales of the experiment, to ensure that the label will not be released.
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7 Along with this information, the limit of detection (LOD) and limit of quantification (LOQ)
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9 should be determined and reported for the media of interest. Numerous efforts have been made
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11 within the nanotoxicology community for more complete characterization of all NPs used in
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13 studies evaluating toxicity and exposure^{193,194}. In the case of labeled MONPs, it is especially vital
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15 that the property-activity relationships determined through experimental work are inferred based
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17 on the true properties of the material, and not confounded by the impact of the label.
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23 **Evaluation of Labeling Strategies**

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25 Each labeling technique has several advantages and limitations. The decision of which
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27 labeling strategy to use will be based on balancing the detection sensitivity, label stability, cost
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29 and equipment requirements, label effects on MONP properties, and ease of labeling and
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31 quantification. Table 5 provides a summary of these qualities for each labeling approach.
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35 In terms of detection sensitivity, radiolabeling methods are the most sensitive of any
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37 technique, offering detection limits as low as pg/L even in complex matrices like mouse tissues.
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39 Fluorescent dyes offer the lowest amount of detection sensitivity, often with detection limits
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41 higher than environmentally relevant doses. Sensitivity can be decreased even further in matrices
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43 that prevent the luminescence of the particles from reaching a detector. Stable isotopes, dopants,
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45 and core/shell labeling techniques fall into the detection limit range of ng/L- μ g/L, allowing for
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47 sensitive detection with a variety of quantification techniques.
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51 Also relevant to detection sensitivity is the stability of the label, both over time and in a
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53 variety of matrices. Here, stable isotope labels offer superior stability. They do not degrade over
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55 time, and are released from the labeled MONP only as the free ions that would be released
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3 through dissolution in an unlabeled particle. These ions can still be detected against a
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5 background. For radioisotopes, there exists a wide range of half-lives, and it is important to
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7 ensure that the radioactive decay will still allow for the required detection limits to be achieved
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9 at the end of the experiment. In addition, small amounts of the radiolabel may diffuse to the
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11 surface and be released from the MONP^{83–85}. For fluorescent dye labels, the label has been
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13 consistently shown to leach from particles over time. Some core labels like AgNPs and QDs may
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15 also leach toxic ions that impact study results. The stability of dopant labels under biological
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17 conditions has not been adequately investigated. Coating the doped MONPs with a layer of the
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19 undoped metal oxide may assist in preserving the dopant labels. In each case, it is necessary to
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21 perform experiments testing label stability in the matrix of interest. To adjust for label release,
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23 controls should be performed to determine differences in behavior between the free label and
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25 labeled MONP. In terms of temperature stability, organic materials like fluorescent dyes and
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27 DNA barcodes are the most likely to degrade. It is unlikely that these types of labeled particles
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29 can be heat treated to form all MONP crystalline structures without damaging the integrity of the
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31 label. If these materials are not adequately protected within the MONP shell, enzymes and ROS
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33 produced by organisms may also degrade the labels.
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40 Cost and equipment requirements can be a limiting factor in choosing a labeling strategy.
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42 Isotopic labeling techniques are the most expensive, as isotopically-enriched reagents and direct
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44 radioactivation techniques are costly. The cost of the enriched reagent material necessary to
45
46 produce 100 mg of ZnO NPs ranges from \$4000 to \$35000 for the stable isotopes summarized in
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48 Table 3¹²⁸. In the case of radiolabeling, there is not only specialized equipment required for the
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50 production and quantification of the MONPs; there are also equipment requirements and costs
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52 associated with the safe use and disposal of radioactive materials. Fluorescent dyes are by far the
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3 most inexpensive label to incorporate and quantify. In one comparative study, fluorescently-
4 labeled SiO₂ NPs cost 2.7 times less to synthesize than AgNP core-labeled NPs, and 15 times
5
6 labeled SiO₂ NPs cost 2.7 times less to synthesize than AgNP core-labeled NPs, and 15 times
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8 less than radioactive AgNP core-labeled NPs⁶⁰. Quantification of the fluorescent NPs cost 7
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10 times less than the AgNP core-labeled NPs, and 5.2 times less than the radioactive AgNP core-
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12 labeled NPs⁶⁰.
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15 The applicability of the label to a specific type of MONP is one aspect that may be the
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17 deciding factor in choosing a specific labeling method for a given study. Some labels, such as NP
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19 cores or dopants, cannot be applied to pre-synthesized, commercially-available MONPs. These
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21 commercial MONPs are utilized in large quantities, and as such the potential environmental
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23 impact is of interest to researchers. Direct radio-activation is the best labeling option for pre-
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25 synthesized MONPs that do not contain organic stabilizing ligands that could degrade during
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27 neutron or ion bombardment. While diffusion labeling using isotopes and the surface attachment
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29 of fluorescent dyes also apply to commercial MONPs, the stability and detection sensitivity
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31 offered by these labels is much lower. Other MONP labeling techniques are not appropriate for
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33 labeling highly soluble MONPs. These include core/shell, dopant, and fluorescent dye labels.
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38 The potential effects of labels on key MONP properties have been discussed in detail in the
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40 previous section. To summarize, MONPs labeled with stable isotopes are the least likely to have
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42 properties impacted due to being elementally and structurally identical to the unlabeled MONP.
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44 MONP surface properties are most likely to be affected by dopant labels and by fluorescent dyes
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46 that have been attached to the MONP post-synthesis. Surface chemistry will affect aggregation
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48 behavior, the formation of protein coronas, and interactions with biomass. Photocatalytic activity
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50 and other electronic properties are most likely to be impacted by the incorporation of other
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52 metals, especially plasmonic metals like gold and silver, into the MONP as cores or dopants. The
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3 electronic properties of the MONP control the potential to generate ROS and impart toxicity for
4 MONPs where dissolution is not the primary mechanism of toxicity. The dopant concentration or
5
6 core size should be optimized to limit these effects.
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10 To provide guidance on how to choose and employ a specific labeling technique for a given
11 study, two case studies will now be explored. First, we consider a hypothetical 90 day study
12 examining TiO₂ NP distribution and toxicity within 60 L mesocosms containing multiple trophic
13 levels of organisms. A real-world example of this type of mesocosm study has been performed
14 by Bour et al¹⁹⁵. For this hypothetical study of TiO₂ NPs, it can be expected that background
15 titanium will be present in the water, sediment, and organisms contained in the mesocosms. The
16 use of a label will enhance detection sensitivity while also limiting the impact of heterogeneity in
17 the levels of background titanium within different samples of the same mesocosm compartment.
18 This type of study requires a label that can be produced and used in large quantities, is highly
19 stable over time, and can be easily quantified down to low µg/L concentrations. The limitations
20 on the quantities of radioactive materials that can be handled, as well as the short half-life of
21 many radioisotopes, prohibit the use of radiolabels in this hypothetical study. While stable
22 isotopes offer the stability and detection sensitivity required, the high expense of producing the
23 quantity necessary to evaluate their behavior in multiple mesocosm experiments is undesirable.
24 Fluorescent dyes typically do not provide the detection sensitivity required, and may also be
25 released from the MONP or degraded by photobleaching over the course of the study. A metallic
26 label, used as either a dopant or a core label, is highly stable over time and provides low limits of
27 quantification even in complex media. The cost of producing the dopant or core-labeled MONP
28 is not as high as for isotopic labeling, and multiple TiO₂ crystal structures can be formed. A
29 variety of quantification techniques can also be used, including ICP-OES, ICP-MS, and even
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3 INAA. This provides flexibility that allows samples from compartments that are difficult to
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5 prepare for ICP-MS analysis to be quantified by INAA, while samples from compartments with
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7 higher concentrations of MONPs can be easily quantified by ICP-OES. The size, surface charge,
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9 and aggregation behavior should be compared between the labeled and unlabeled MONPs, as
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11 these parameters are especially relevant for transport and uptake. Additionally, the impact of the
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13 core label on the photocatalytic activity should be determined, as this is a property that drives
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15 TiO₂ toxicity. The ratio of the metal label to the Ti within the labeled NPs should be reported, as
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17 well as the limits of detection and quantification.
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22 Another case study we consider is the monitoring of ZnO NP uptake and translocation within
23
24 an organism. Zn is an essential element for many organisms, and as such it is likely to be present
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26 prior to NP exposure. The use of a label allows for sensitive detection of the ZnO NPs against
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28 background levels of Zn, and can also provide the ability to visualize the ZnO NPs within the
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30 organism. As ZnO is a soluble MONP with ion-driven toxicity, it is important to be able to
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32 distinguish not only the ZnO NPs from the background Zn, but the Zn²⁺ ions after they are
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34 released through dissolution. Isotopic labeling techniques are ideal for these experiments because
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36 the Zn itself is specifically labeled and can be traced whether in ionic or particulate form.
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38 Radiolabeling is especially effective for examining MONP distribution among specific tissues
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40 and organs, as the sensitivity and ease of analysis offered by γ -spectrometry allows for the
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42 measurement of the small MONP quantities that may be present within a single biological
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44 compartment. ⁶⁵Zn also has the benefit of having an extremely long half-life for a radiolabel (244
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46 days), sufficient even for long-term studies of chronic toxicity. If visualization is also desired,
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48 positron-emitting radiolabels like ¹⁸F can be used to enable PET imaging, though these labels
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50 lack temporal stability due to the short half-life. Fluorescent dyes and QD labels can also be used
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3 along with fluorescence microscopy. In the case of fluorescent dyes and QD labels, the solubility
4 of ZnO NPs may make the label release and degrade in some compartments, limiting the
5 capacity for imaging. For gavage, intravenous, or intratracheal doses of MONPs, the true
6 administered dose must be determined by measuring the amount of MONPs remaining within the
7 syringe, a task easily accomplished when a radiolabel is present. Characterization of radiolabeled
8 MONPs used in this type of study should include a comparison of dissolution kinetics for the
9 labeled and unlabeled ZnO NPs, tested in media with relevant pH and ionic strength values. It is
10 also important to determine that no structural impact occurred during radiolabeling if direct
11 activation was used to prepare the NPs. Size and crystal structure are two properties that could
12 potentially be affected. The radioactivity of the produced MONPs should be reported, along with
13 the limits of detection and quantification.
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Table 5. Summary of labeling strategies.

	Fluorescent Dyes	Radioisotopes	Stable Isotopes	Core/Shell and Doping
Detection Sensitivity	<ul style="list-style-type: none"> • $\mu\text{g/L}$ - g/L 	<ul style="list-style-type: none"> • pg/L - ng/L 	<ul style="list-style-type: none"> • ng/L - $\mu\text{g/L}$ 	<ul style="list-style-type: none"> • ng/L - mg/L
Label Stability	<ul style="list-style-type: none"> • Dye can degrade through photobleaching or interaction with ROS and enzymes • Poor applicability to soluble MONPs due to dye release • Low temporal and thermal stability 	<ul style="list-style-type: none"> • Half-lives range from minutes-years • Label allows for tracking of released ions in soluble MONPs 	<ul style="list-style-type: none"> • High temporal and thermal stability • Label allows for tracking of released ions in soluble MONPs 	<ul style="list-style-type: none"> • Metal labels have high temporal and thermal stability • DNA labels have poor thermal stability • Poor applicability to soluble MONPs due to release of dopants or exposure of core
Cost and Equipment Requirements	<ul style="list-style-type: none"> • Most inexpensive synthesis and quantification • No specialized equipment 	<ul style="list-style-type: none"> • Radioactive precursors and direct activation procedures are both expensive • Direct activation requires cyclotron/reactor source • Requires specialized equipment, laboratory, and waste disposal procedures. 	<ul style="list-style-type: none"> • Expensive to synthesize and analyze • Low limits of detection require high-resolution ICP-MS 	<ul style="list-style-type: none"> • Low – moderate expense for synthesis
Label Effects on MONP Properties	<ul style="list-style-type: none"> • Can alter rate of dissolution • Surface-attached dyes will alter MONP surface properties 	<ul style="list-style-type: none"> • Some risk of thermally induced changes from direct activation • Recoil labeling embeds a foreign dopant into MONP, which can affect reactivity. 	<ul style="list-style-type: none"> • Lowest possible impact to properties 	<ul style="list-style-type: none"> • Can alter electronic properties • Dopant interacts with surrounding media and can affect surface chemistry • Core affects density
Ease of Label Incorporation and Quantification	<ul style="list-style-type: none"> • Cannot be applied to previously manufactured MONPs • Simple quantification and visualization • Tissues may need to be sliced to allow light penetration 	<ul style="list-style-type: none"> • Can be applied to previously manufactured MONPs • Facile quantification in complex matrices with limited sample preparation 	<ul style="list-style-type: none"> • Cannot be applied to previously manufactured MONPs • Care should be taken to avoid artefacts from acid digestion procedures or polyatomic interferences during analysis 	<ul style="list-style-type: none"> • Cannot be applied to previously manufactured MONPs • Variety of quantification options for metal labels • QD core labels can be easily visualized

Conclusion

A variety of MONP labeling techniques have been developed for the purpose of studying MONPs in complex systems. When any of these labeling strategies is employed, characterization is critical to ensuring that the properties and behavior of the labeled MONP are representative of the unlabeled form. The decision of which technique to use will depend on the label stability and detection sensitivity requirements of the study, limitations imposed by equipment and cost, and the preservation of MONP properties that are critical to understanding the mechanism of behavior. Rigorous characterization and comparison of key properties to unlabeled MONPs is necessary for meaningful conclusions to be drawn from experiments that employ a labeling strategy. Currently, there are limited comparisons of key characteristics affecting MONP transport and toxicity. Improved reporting of label parameters, like the amount of the label incorporated into the MONPs, and the limits of detection and quantification, will help ensure that progress can continue to be made optimizing the preparation and utility of labeled MONPs. Ultimately, no one labeling technique will meet all research needs. The successful development and application of a variety of MONP labeling strategies enables experimental designs that reflect the complexity of the natural environment, better allowing for the determination of the mechanisms driving transport and toxicity.

Conflicts of Interest

There are no conflicts to declare.

Acknowledgments

The authors would like to thank Renata Behra for her insightful suggestions on this manuscript. We are grateful to National Science Foundation Awards 1255020 and 1314109-DGE for funding.

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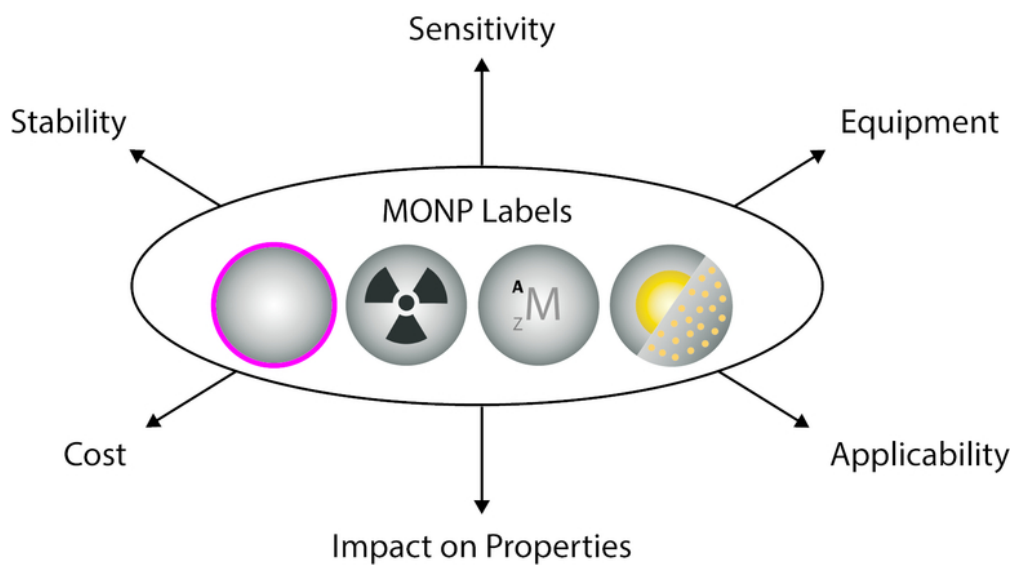
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