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Interaction between Bile Salt Sodium Glycodeoxycholate and PEO-PPO-PEO Triblock Copolymers in Aqueous Solution

S. Bayati, C. Anderberg Haglund, N. V. Pavel, L. Galantini and K. Schillén

The interactions of the anionic bile salt NaGDC with three triblock copolymers based on poly(ethylene oxide) (PEO) and poly(propylene oxide) (PPO), denoted P65, P123 and F127, were investigated using high-sensitive differential scanning calorimetry (DSC), turbidimetry, dynamic and static light scattering and small angle X-ray scattering (SAXS). P65 and P123 had the same hydrophilic PEO block lengths, whereas F127 and P123 had the same hydrophobic PPO block length. In water, the block copolymers self-assembled and formed spherical micelles at a critical micelle temperature, which depended on both the PPO/PEO composition ratio and the molecular weight of the copolymer. The mixed systems were studied at a constant P65, P123 or F127 concentration (i.e., 1.0 wt % or 5.0 wt %) with varying \( n_{NaGDC}/n_{polymer} \) molar ratio (MR) from 0 to 12. The DSC measurements presented endothermic enthalpy values (correlated to the amount of PPO that dehydrates in the aggregation process) that were suppressed at high MR. At 50 °C, the NaGDC molecules associated to the PPO core – PEO corona interface of copolymer micelle forming a negatively charged block copolymer micelle-NaGDC complex. The complexes began to disintegrate upon NaGDC addition. Their resistance to disruption followed the stability order as inferred from the CMT values. At 20 °C, the unassociated block copolymer chains interacted with the NaGDC micelles and formed small NaGDC-rich complexes with a radius of ~2 nm as determined by SAXS.

Introduction

The key property of matter in order to get a hierarchical architecture is self-assembly. In macromolecular soft matter systems, self-assembly gives rise to unique structures and functionality that are important for both biological and technological applications. A specific family of self-assembling macromolecules is block copolymers. They can self-organise into chemically different domains either in the bulk or in a solvent that is selective for one kind of the macromolecule’s blocks. The size and periodicity of these domains are within the nanometre scale (about 10 nm and below), and the final nanostructure depends on the properties of each block, i.e., their chain length and volume fraction, and their mutual compatibility as well as the solvent. Because of this, self-assembling macromolecules are of interest for both fundamental studies and for the development of nanotechnologies with promising benefits in civil society, e.g., mesoporous materials or nanostructured materials for chemosensing to mention a few. Non-toxic and stimulus-responsive block copolymers, that withstand for human interaction and thus can be used to avoid potential health risks, have applications in the biomedical field, as drug delivery systems, as biological response modifiers in chemotherapy or as agents for non-viral gene therapy. In these applications poly(ethylene oxide)-poly(propylene oxide)-poly(ethylene oxide) triblock copolymers (EO\(_x\)-PO\(_y\)-EO\(_z\)) have proven particularly successful. Belonging to the family of nonionic surfactants, the self-assembly phase behavior in water of PEO-PPO-PEO block copolymers is highly dependent on temperature. This fact is based on the conformational changes of the EO (and PO) unit; with increased probability of less polar conformations at higher temperatures making the interaction of PEO with water less favorable. It is now well-established that they form different structures with a dehydrated PPO domain, i.e., micelles or vesicles, and a variety of liquid crystalline structures depending on the concentration, see for instance refs. and the references therein.

Specific synergy effects can be obtained when environmental-friendly block copolymers are mixed with surfactants. Such mixtures have a very wide application area and are found in many household and industrial products. Depending on which type of feature that is desired, their synergistic properties can be utilised in cosmetics, food products and detergents. Two examples of particularly interesting mixtures are those containing PEO-PPO-PEO block copolymers. These form mixed core-shell micelles with nonionic surfactants of the C\(\text{EO}_x\) type that change morphology...
depending on the surfactant content, which in turn can be used to control the rheological performance of industrial products.\textsuperscript{21} The association behaviour and the induced break-up of the PEO-PPO-PEO micelles when mixed with ionic surfactants have attracted great interest in literature.\textsuperscript{22-41} In order to precisely control the mechanism of self-organisation, it is crucial to gain understanding of the thermodynamics of the self-assembly in these polymer systems and to characterise of the nanostructures formed both in solution and at interfaces. One also needs to determine the intermolecular interactions at play.

One of the applications of PEO-PPO-PEO block copolymers is their use in drug formulations. When introduced in living organisms they interact with many different biological molecules. These interactions are bound to affect the self-assembly of the copolymers and therefore their efficacy as drug carriers. The interaction with biological surfactants such as bile salts is particular significant, as the remarkable effects of classical surfactants on the self-assembly of block copolymers are known since previously. Bile salts are anionic steroid surfactants, naturally present in the human body. These are synthesised in the human liver, stored in the gall-bladder and introduced in the small intestine to help the body digest fat while undergoing a recycling circulation.\textsuperscript{42-43} As a result of their unusual amphiphilic structure, bile salts self-assemble to form micelles, gels, and fibres with increased concentration in aqueous solution.\textsuperscript{44-45} An additional interest for studying PEO-PPO-PEO-bile salt interactions is related to the potential application of these block copolymers as bile salt sequestrants in the treatment of bile acid diarrhoea and hypercholesrelosaemia, and where the bile salt concentration level needs to be controlled.\textsuperscript{46-47} Block copolymer micelles could in fact be used as carriers of bile salts to transport them out of the body as opposed to the currently used sequestrants based on cationic polymers.\textsuperscript{48-49} Finally, it is worth to remark that block copolymer–bile salt mixed aggregates could constitute themselves biocompatible drug carriers, which further motivate the investigation of PEO-PPO-PEO–bile salt mixtures.

The purpose of the present study was to investigate the effect of the bile salt sodium glycodyoxycholate (NaGDC) on the self-assembly behavior and its dependence on block length and molecular weight of the block copolymers P65 (EO\textsubscript{25}PO\textsubscript{25}EO\textsubscript{25}), F127 (EO\textsubscript{97}PO\textsubscript{97}EO\textsubscript{97}) and P123 (EO\textsubscript{35}PO\textsubscript{35}EO\textsubscript{35}) using differential scanning calorimetry (DSC) and dynamic light scattering (DLS). We also performed a detailed small angle X-ray scattering (SAXS) investigation of the structure of the different mixed complexes that were formed. Similarly to conventional surfactants, it has been recently shown that bile salts interact with PEO-PPO-PEO block copolymers to form mixed complexes in dilute aqueous solutions that in turn disintegrate at high concentrations of bile salt.\textsuperscript{50-52} This work is expected to clarify the effect of the block copolymer structure on the stability of these complexes.

**Experimental**

**Materials and sample preparation**

The poly(ethylene oxide)-poly(propylene oxide)-poly(ethylene oxide) triblock copolymers P65 \((EO\textsubscript{25}PO\textsubscript{25}EO\textsubscript{25})\), P123 \((EO\textsubscript{35}PO\textsubscript{35}EO\textsubscript{35})\) and F127 \((EO\textsubscript{97}PO\textsubscript{97}EO\textsubscript{97})\), with the nominal molar mass of 3400, 5750 and 12600 g mol\(^{-1}\) respectively, were donated by BASF Corporation Performance Chemicals (Mount Olive, New Jersey, US). The bile salt, sodium glycodyoxycholate, NaGDC \((M = 471.61\, \text{g}\, \text{mol}^{-1},\ \text{assay}\ \geq 97\%)\) was purchased from Sigma-Aldrich. The molecular structures of the investigated substances are displayed in Scheme 1. No further purification was performed on the materials. Water, purified with a Milli-Q system (Millipore Corporation, Bedford, MA), equipped with a 0.22-\(\mu\)m filter, was used as a solvent in all solutions. The stock solutions of the block copolymers and NaGDC were prepared by weighing. They were equilibrated in a cold room at 5-6 °C and at room temperature respectively for at least 4 h before preparation of the mixed solutions, which were thereafter equilibrated in the cold room for at least 12 h. In the case of mixtures, the block copolymer concentration was fixed to either 1.00 wt % (corresponding to 2.94, 1.74 and 0.792 mM for P65, P123 and F127, respectively) or 5.00 wt % (i.e., 14.7, 8.68 and 3.96 mM for P65, P123 and F127 respectively) while the concentration of NaGDC varied between 0 – 177 mM, 0 – 104 mM and 0 – 47.6 mM for P65, P123 and F127 respectively. The former were prepared by dilution of the 5.0 wt % solutions. The molar ratios (MR = \(n_{\text{NaGDC}}/n_{\text{polymer}}\)) of 0, 0.3, 0.6, 3 and 12 were kept the same for all block copolymer mixtures. The solutions of P65 in water were prepared with the following concentrations: 0.50, 1.00,
2.50, 5.00, and 10.0 wt % (i.e., 1.47, 2.94, 7.35, 14.7 and 29.4 mM, respectively).

**Differential scanning calorimetry**

DSC measurements were performed using a high sensitivity MicroCal™ VP-DSC (Microcal, Northampton, MA).\(^{46, 53}\) See the Supplementary Information (ESI) for the experimental conditions.

**Dynamic and static light scattering**

An ALV/DLS/SLV-S5022F, CGF-8F-based compact goniometer (ALV-GmbH, Langen, Germany) was employed to perform the dynamic and static light scattering measurements. The complete information about the instrument and experimental conditions can be found in refs \(^{46, 54}\). Details of the DLS data analysis are given in ESI.

**Small angle X-ray scattering**

Small angle X-ray scattering measurements were carried out at MAX II SAXS beamline i911-4 at the MAXIV Laboratory in Lund, Sweden. The complete information about the instrument and the experimental settings can be found in refs \(^{46, 55}\). To obtain a better signal-to-noise ratio, all measurements were performed on mixtures containing 5.0 wt % of block copolymer and with molar ratios ranging from 0 to 12. In order to understand the behaviour of the mixtures in connection with the DSC results, experiments were performed at two temperatures of 20 ± 0.5 °C and 50 ± 0.5 °C. The scattering intensity was corrected for the background (intensity contribution of the solvent and the empty capillary) and put in the absolute scale considering water as a calibration standard. The strategy of the data analysis is described in ESI.

**Results and discussion**

The self-assembly of the PEO-PPO-PEO copolymers P123 and F127 in water has been extensively studied and we refer to for instance refs \(^{13, 23, 28, 31, 56-62}\) for further information. In short, they both form micelles with a PPO core and a PEO corona above a critical micelle concentration (CMC) and a critical micelle temperature (CMT). The latter is easily detected in a DSC experiment due to the endothermic signal, which is mainly related to the dehydration of the PPO blocks.\(^{15, 57, 63}\) The micellisation process is driven both by a decrease in polarity of the PEO and PPO blocks due to their conformational changes as the temperature increases\(^8\) and by the large entropy gain from the release of water in the process. From DLS measurements, the hydrodynamic radius of the P123 and F127 micelles has been determined to be about 9-12 nm depending on the temperature and on the polymer batch.\(^{21, 28, 50-51, 56-57, 64-66}\)

The aqueous solution properties of P65 have been less explored.\(^{13, 60, 67-69}\) Therefore, before starting our investigation of the mixed systems, we performed a minor study of the self-assembly behavior of our P65 batch combining DSC and DLS (see below). Furthermore, to inspect our F127 batch and compare the results to the literature, DSC measurements on two concentrations of F127 (i.e., 1.0 wt % and 5.0 wt %) were carried out in the same temperature interval as for P65. In the case of P123, the same sample batch as in refs \(^{50-51}\) was used and we refer to that work for more information about the micelle formation of this block copolymer.

**Self-association of P65 copolymer in water**

**DSC measurements.** DSC measurements were performed on P65 solutions (0.5 – 10 wt %) in the temperature range 5-80 °C. Figure 1 presents DSC traces normalised with the molar concentration of the block copolymer. They show a main endothermic transition peak corresponding to the micelle formation of the copolymer. The values of the enthalpy of micellisation \(\Delta H_{tr}\) (from the peak area), CMT (i.e. the onset temperature, \(T_{onset}\) and \(T_m\) (the peak maximum) are listed in Table S1, ESI. The width of the peak is related to the cooperativity of the process, how many unimers that are involved, the copolymer polydispersity, as well as the change in molecular weight of the micelles in the corresponding temperature interval, see, e.g., ref \(^{50}\) and the references therein. The small peak before the main transition that was observed for all concentrations has been proposed to be associated with the thermally induced break-up of large aggregates of lower-size contaminants of copolymer that exist at temperatures below the \(T_{onset}\) of micelle formation (see also the DLS results below). The scattered data at the end of the temperature interval is due to the difficulties in setting the base line in addition to the approach of the phase separation temperature (i.e., the cloud point), which is around 82 °C according to the manufacturer.\(^{71}\)

As noticed, \(T_{onset}\) and \(T_m\) decreased with increasing block copolymer concentration, while \(\Delta H_{tr}\) increased as more P65 unimers became involved in the micellisation process. This trend has been observed in multiple studies before. For evaluated calorimetric data of 1.0 wt % and 5.0 wt % F127 in water, see Tables S4 and S5, ESI. The data for both polymers

![Figure 1. Apparent excess heat capacity \(C_{p}^{app}\) of P65 in water as a function of temperature, \(T\), at various concentrations: 10 wt % (blue), 5.0 wt % (pink), 2.5 wt % (green), 1.0 wt % (orange) and 0.5 wt % (violet).](image)
were all in the same range as the previously reported values, see e.g. refs. 13, 31, 58, 60-61, 72. They varied to a minor extent due to the different batches used (and due to how the CMT was extracted from the experiment). In this work, we obtained $\Delta H_T = 81$ kJ/mol and 310 kJ/mol for 1.0 wt % solutions of P65 and F127, respectively (Tables S1 and S4, ESI). These values can be compared to 426 kJ/mol previously obtained for P123 using the same instrument.50 The CMT of a 1.0 wt % P65 solution was 38.1 °C, which can be compared to 25.3 °C for a F127 solution and 17.6 °C for a P123 solution50 at equivalent concentrations. The variation in the values reflects the difference in the hydrophobic/hydrophilic (PPO/PEO) composition balance. Furthermore, for the same concentration of the two studied block copolymers (P65 and F127), the longer F127 copolymer had both a lower $T_{\text{m}}$ and a lower $T_{\text{set}}$ in accordance with literature stating that polymers with a larger hydrophobic block, and high-molecular weight polymers of comparable PPO/PEO composition ratio, form micelles at lower temperatures.50

**Light scattering measurements.** A temperature study on a 1.0 wt % P65 solution was performed using dynamic and static light scattering in order to characterise the effect of temperature on the behaviour of the copolymer self-association. The intensity correlation functions $g^2(\tau) = 1$ from the DLS measurements are presented together with the corresponding relaxation time distributions $A(\tau)$ in Figure S1, ESI. All relaxation modes in the distributions had a relaxation rate that was $q^2$-dependent (i.e., connected to translational diffusive motion). At 20 °C, a fast and a slow relaxation mode were observed (Figure S1b). The fast mode was assigned to the single block copolymer chains (unimers) and the slow mode to clusters of hydrophobic contaminants that are usually present below CMT.73-74 At 30 °C, micelles started to form as revealed by a third intermediate mode, which was conjugated with the cluster peak at higher temperatures as the hydrophobic components were incorporated into the micelles. At 40 °C, the solution still contained a significant amount of unimers while at 50 °C the micelles were dominant scatterers. Figure 2 presents the temperature dependence of the apparent hydrodynamic radii ($R_{\text{H,app}}$), calculated using Stokes-Einstein’s relation, of the unimers, micelles, and clusters. The $R_{\text{H,app}}$ of the unimers was almost temperature independent and was $1.0 \pm 0.4$ nm (error given as a standard deviation, sd) at 45 °C. A value of 1 nm measured at a concentration of 2.5 % (w/v) P65 has been reported.67 $R_{\text{H,app}}$ of the micelles was 6.43 ± 0.09 nm as estimated at 50 °C, where the intensity correlation function was single exponential. This can be compared with ~7 nm at 4 wt % P65 obtained by cumulant analysis of the data at the same temperature.68 In the same study, it is reported that the size decreased at temperatures above 40 °C, which was described as an effect of the dehydration of the PEO blocks of the copolymer. The same trend was observed in our results, where the $R_{\text{H,app}}$ decreased from 7.0 nm at 45 °C to 6.4 nm at 60 °C. As mentioned above, this decaying hydration is caused by conformational changes of the EO unit.

A marked growth of the P65 micelles was revealed at 70 °C and above prior to the phase separation at 82 °C (data not shown). This growth could be a micellar sphere-to-rod transition, which has been found in other PEO-PPO-PEO block copolymer systems. Its origin is related to the increasing core radius with increasing temperature caused by an entropically costly stretching of the PPO blocks and/or to a large mixing of PEO and PPO inside the core with a resulting increase in chemical potential.18, 75-76 On the other hand, the observed increase in the cluster radius with temperature below CMT (Figure 2) was probably caused by difficulties analysing the intensity correlation function close to the base line due to the low light scattering intensity (see below). This was also reflected in the fact that the relaxation mode was broad (Figure S1b, ESI.)

Static light scattering measurements were performed simultaneously with the DLS measurements. Figure S2, SI, shows the temperature dependence of the light scattering intensity given as the total Rayleigh ratio at the scattering angle $\theta = 90^\circ$ ($R_{\text{R,app}}$). The intensity was constant with increasing temperature until it showed a marked increase, which was interpreted as the start of the formation of micelles. A CMT of 40 °C was estimated from the breakpoint in the curve and it corresponded well with the value obtained from DSC (38.1 °C). It should be recalled that the relaxation mode connected to the micelles was observed already at 30 °C (Figure S1b, ESI). This was expected since the micellisation took place within a certain temperature range, which was due to the gradual decrease in solubility (or polarity) of PPO, as mentioned above, in addition to the polydispersity of the polymer.74-77 Different techniques monitor different aspects of the process.14 It may influence both the amount of unimers in...
equilibrium with the micelles, and the temperature-dependence of the micellar aggregation number.

Effect of NaGDC on the self-association of P65 and F127

DSC measurements. DSC was performed on a 1.0-wt % P65 solution containing sodium glyceroxylate (NaGDC) with molar ratios (MR = $n_{NaGDC}$/$n_{Polymer}$) 0, 0.3, 0.6, 2.9 and 12, see Figure 3a for the traces and Table S2, ESI for the extracted data (for results on mixed solutions with 5.0 wt % P65, see Figure S3a and Table S3, ESI). As observed, the onset temperature shifted to lower temperatures with increasing molar ratios. This indicated that small additions of NaGDC enhanced the aggregation. A decrease in CMT has also been reported for a small addition of anionic surfactant sodium dodecyl sulfate (SDS) or cationic surfactant dodecytrimethyl ammonium bromide (DTAB) to a 2 w/v % P65 solution. As a comparison, the results on the P123-NaGDC system from ref 50 are presented in Figure 3c.

Figure 3b displays the DSC thermograms for a 1.0-wt % F127 solution with NaGDC at MR = 0–12. A slight decrease in the onset temperature was observed with an increasing amount of NaGDC (Table S4, ESI). Apparently, the effect of NaGDC on the F127 aggregation was not as prominent as for the P65 aggregation. By comparing the interaction behaviour of the three copolymers with NaGDC, we observed that the micellisation of P65 and of F127 was promoted at low NaGDC additions. On the other hand, no induced micelle formation was found for P123 (Figure 3c). The lowering of CMT has previously been observed for several PE-OPO-PEO block copolymers when mixed with for instance sodium dodecyl sulfate (SDS), which like NaGDC is an anionic surfactant, or cationic surfactants like tetradecyl or dodecytrimethylammonium bromide (TTAB and DTAB, respectively). In the case of the F127-SDS system, $T_{onset}$ decreased to a minimum at small SDS additions, whereas a sharp increase could be observed as more SDS was added to the system. The reason for the initial lowering of the CMT (and below the CMC but above the critical aggregation concentration of the surfactant) originates with the formation of mixed micelles (or complexes). Hence, the favourable interactions between the surfactant and copolymer and a synergistic behaviour occurred. As demonstrated by many groups, the signal in the DSC thermograms vanishes at high additions of conventional ionic surfactants to a PEO-PPO-PEO copolymer solution above CMT because the mixed core-shell complexes are broken up and new types of aggregates are formed, see ref 24, and the references therein, in addition to refs 35, 40.

We have recently investigated in detail the different complexes that form in the P123-NaGDC system during the disintegration process of P123 micelles. It was found that in a specific interval of molar ratios, large P123 micelle-NaGDC complexes coexist with small NaGDC micelles with one or several P123 unimers included ("NaGDC-P123" complexes). We developed a simplified model to explain the decrease in transition enthalpy as due to an effect of the complex formation (above CMC of NaGDC) of a small bile salt-rich complex comprised by a NaGDC micelle containing one or several block copolymer unimers. It was likely that NaGDC influenced the self-assembly of P65 and F127 in a similar way. In the P65-NaGDC case, no main endothermic signal was detected in the DSC scan at MR = 12 (Figure 2a and S3a, ESI). This implied that NaGDC had suppressed the ability of the system to form mixed complexes of core-shell structure in the solution since the signal was correlated with the amount of PPO that dehydrates in the aggregation process. However, as may be observed in Figure S3a, for MR = 12 there is a broad “bump” in the scan at temperatures around 20 °C. This could be related to the formation of an NaGDC-rich complex in which the P65 unimer is partly dehydrated as described above. This conclusion was based on the fact that the copolymer chain dehydrated to a minor extent in the interaction with the bile salt aggregate. In the case of the F127-NaGDC and the P123-NaGDC systems, the micellar complexes were still formed at MR = 12 upon increasing temperature, however to a lesser extent as the DSC peak and the corresponding $\Delta H_{f}$.
were significantly lowered (see Figures 3b and 3c and Table S4, ESI).\textsuperscript{50}

**Dynamic light scattering and SAXS measurements.** The relaxation time distributions obtained from inverse Laplace transformation of the measured DLS data at 50 °C for mixed solutions containing either P65, F127 or P123 with varying NaGDC concentrations are shown in Figure 4. For the F127 and P65 mixed systems, the single (or the slower in the case of P65) relaxation mode in the distributions was interpreted as being related to the translational diffusion of the mixed complexes (the corresponding relaxation rate was $q^2$-dependent). These complexes form in solution by the association of NaGDC monomers with the PEO-POO-PEO micelles in a similar fashion to the P123-NaGDC system.\textsuperscript{50} In that work, we found that in the mixtures at low molar ratios, i.e. MR $\leq 0.6$ (below CMC of NaGDC, $\approx$3 mM\textsuperscript{51}), a charged “P123 micelle-NaGDC” complex with a dehydrated PPO core was formed as a result of the bile salt association, see also ref \textsuperscript{51}.

For all mixed systems, a shift of the relaxation mode related to the complexes towards shorter relaxation times was observed with increasing molar ratios up to MR $= 0.6$. In this regime, for an increasing molar ratio, there was an increasingly large fraction of GDC$^-$ anions that associated with the PEO-POO-PEO micelles, and hence their overall charge increased. As a consequence the repulsive interparticle interactions increased, which was demonstrated in a fastening of the diffusional translational motion of the complexes. In the F127 case, the influence of interactions on this motion was not as evident as in the cases of P65 and P123 (Figure 4).

The bimodal distributions at the highest molar ratios, which is clearly observed for the P65 samples in Figure 4, demonstrated that two diffusing species existed simultaneously; a small NaGDC-P65 complex rich in NaGDC, together with the P65 micelle-NaGDC complex. The behaviour was emphasized for P65-NaGDC mixed solutions containing 5.0 wt % of P65 (Figure S4, ESI). At the same copolymer concentration, a bimodal distribution was observed also in the case of F127 at the highest molar ratio studied (Figure S5, ESI). Similarly as for classical surfactants with a charged headgroup and a hydrophobic tail,\textsuperscript{28, 32-33} bile salts are able to disrupt micelles of PEO-PPO-PEO copolymers during which different types of complexes are formed.\textsuperscript{50} The broadening of the peaks upon addition of NaGDC may be caused by the formation of the small NaGDC-rich complexes together with the breakup of the P65 micelles as well as the increased uncertainty of the Laplace inversion due to the low light scattering intensity at higher molar ratios. When comparing the distribution at MR $= 12$ to that of 96 mM NaGDC in water,\textsuperscript{51} we noticed that there was good agreement between the fast mode and that of the bile salt micelles; the NaGDC-rich complexes were slightly larger possibly due to the incorporation of one or a few block copolymer chains as established before in the P123-NaGDC system.

When comparing the three copolymers and the effect of bile salt on the PEO-PPO-PEO self-assembly it is valuable to discuss this in terms of the number of PO units and EO units in the block copolymer, i.e., its structure and total molecular weight. From the results of the DLS and DSC experiments, we discovered that the micelle of P65 was the easiest to disintegrate. In comparison, the micelles of F127 and P123 behaved similar and were more difficult to disintegrate (see the monomodal relaxation time distributions in Figure 4). The order of the micelles to resist disintegration (P123 $\approx$ F127 $>$ P65) is however completely different than that based on the hydrophobic/hydrophilic balance, expressed as a PPO/PEO composition ratio, which decreases in the order: P123 (1.7) $>$P65 (0.76) $>$F127 (0.36). We noticed instead that the rank of resistance to disruption was better related to the CMT, which increases in the order: P123 $<$ F127 $<$ P65 (Figure 3).

This order represents the tendency of the block copolymer to form micelles and it is reasonably connected with the micelle stability. As mentioned before, beside the PPO/PEO ratio, the polymer molecular weight and length of the PPO block are expected to crucially affect the order of the CMTs; the copolymer of higher molecular weight or with large PPO domains showing lower CMT. We observed an intermediate CMT value for F127 because, despite possessing the lowest hydrophobicity, it presented the highest molecular weight and the longest PPO block (the same length as that of P123). Therefore, a slightly higher resistance to disintegration would be expected for the P123 micelles with the respect to the F127 micelles on the basis the order of the CMTs. However, this
difference was not observed experimentally when examining the corresponding analyzed relaxation time distributions (Figure 4). We believe that the presence of the long PEO chains in the corona of the F127 micelles could be additional stabilizing effect in that it could limit the accessibility of the NaGDC molecules to the core and the consequent PPO block solubilisation.

SAXS experiments were carried out at 50 °C on 5.0-wt % PEO-PPO-PEO block copolymer solutions at different molar ratios in the range 0–12.50 The data were analysed by an indirect Fourier transformation (IFT) method by Hansen82 to provide the p(r) functions displayed in Figure 5 and in ref. 50. The maximum radius, R_max was estimated as half the maximum dimension of the particles inferred as the distance where the p(r) vanishes. This value is reported in Table 1 along with the the radius of gyration, R_g obtained by integrating the p(r) functions. In the case of P65, we observed that R_max decreased with increasing amount of NaGDC. The data were expected to assay the P65 micelles-NaGDC complexes at low MR (≤0.6) where a slight reduction of the size was induced by the progressive association of NaGDC to the P65 micelles.

By contrast, at MR = 12, where only NaGDC-rich P65-NaGDC complexes were measured, a significant decrease in size was observed (Figure 5). Both species were expected to affect the SAXS data at the intermediate MR value of 3 (see the corresponding relaxation time distribution in Figure 4). Consequently, the p(r) function (not presented) as well as R_g had to be considered as averages (Table 1).

In addition to the IFT analysis, the scattering of the P65-NaGDC mixed solutions was modeled as a form factor P(q) and a structure factor S(q). In the case of the uncharged P65 micelles (MR = 0), a structure factor calculated by using the Percus-Yevick approximation was employed (Eq S7, ESI). At MR > 0, where charged complexes were formed, a structure factor calculated by the Hayter-Penfold (HP) method was instead used in the fitting procedure.83 The P(q) based on the core-shell model (Eq S6, ESI) was used at low MR values (≤ 0.6) to describe the internal structure of the P65 micelle-NaGDC complexes whereas the P(q) of homogeneous spheres (Eq S8, ESI) was employed to model the NaGDC-P65 complexes at MR=12. Figure 6 shows the selected scattering curves with their fitted curves. The scattering curve of MR = 3 was not possible to evaluate, which was a strong indication that the system contained two types of complexes at this molar ratio.

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<th>F127-NaGDC</th>
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</table>

Table 1. Results from IFT analysis of SAXS data of PEO-PPO-PEO block copolymer-NaGDC mixed solutions at different molar ratios, MR = n_{NaGDC}/n_{polymer}. The copolymer concentration was 5.0 wt % and the temperature was 50 °C. Estimated relative uncertainty is 0.02.
The output of the data analyses in terms of the core radius $R_{\text{core}}$, the shell thickness, $d_{\text{shell}}$, and total radius $R_{\text{tot}} (= R_{\text{core}} + d_{\text{shell}})$ of the complex is summarised in Table S6, ESI. As can be seen in the table, the $R_{\text{tot}}$ values followed the same decreasing trend as those of $R_{\text{max}}$ up to MR = 0.6. Furthermore, the $R_{\text{tot}}$ values were overall slightly smaller. The same result was achieved for the micellar complexes in the P123–NaGDC system.\textsuperscript{51} $R_{\text{core}}$ of the P65 micellar complexes decreased from 3.5 to 2.8 nm and the shell thickness from 1.9 to 1.2 nm as the molar ratio increased from 0 to 0.6.

The analysed scattering length density (SLD) of the core remained rather constant in the same interval with only a very minor increase (from $9.34 \cdot 10^{-6}$ to $9.37 \cdot 10^{-6} \, \text{Å}^2$) while there was a pronounced increase in the SLD of the shell ($9.66 \cdot 10^{-6}$ to $10.09 \cdot 10^{-6} \, \text{Å}^2$). The same behaviour was also found in the case of the P123-NaGDC system, although in a more extended range of molar ratios. This was interpreted as an indication that the added NaGDC molecules preferentially associated with the shell of the P123 micelles, close to the core/corona interface.\textsuperscript{51} At MR = 12, the large complexes were to a large extent broken up and only small NaGDC-P65 complexes contributed to the scattering intensity and the form factor of a homogenous sphere with a SLD of $10.1 \cdot 10^{-6} \, \text{Å}^2$ fitted the data well. The total radius of these complexes was 2.0 nm. This size is similar to that of a pure NaGDC micelle, which will be discussed below.

In the case of the F127-NaGDC system, it was not possible to fit the SAXS data using a core-shell form factor and the HP structure factor. As opposed to P65, F127 had got very long PEO side chains (97 EO units). Because of this, the F127 micelle displayed a star-like structure, i.e., a micelle with a spherical core and a corona composed of Gaussian chains attached to the surface of the core. Hence, a more advanced form factor was required together with an effective structure factor in the analysis of such micelles.\textsuperscript{84-85} We chose not to fit the data in that manner since the internal structure and the interparticle interference effects were expected to become even more complicated when the bile salt molecules associated to the micelle. The data was therefore only treated by IFT analysis, see ESI.

At a copolymer concentration of 5.0 wt %, P65 and F127 were unassociated and dissolved in water as single chains at 20 °C, which is < $T_{\text{max}}$ according to the calorimetric measurements, see Tables S3 and S5, ESI, respectively. In order to investigate the formation of complexes between unimers and NaGDC at 20 °C, SAXS measurements were performed on the pure copolymers and on mixed solutions at MR = 12.\textsuperscript{51}

In agreement with the presence of unimers, the SAXS curves of the pure F127 and P65 solutions could be fitted to the Debye function of a Gaussian chain \textsuperscript{86} (Eq S5, ESI). This gave a polymer radius of gyration of 2.1 nm and 2.2 nm, respectively (Figures 7b and 7c). The intermolecular interactions were negligible and no structure factor was needed in the fits. A $R_g$ value of 2.2 nm for the F127 unimer has been previously reported by Mortensen et al.\textsuperscript{18, 59} Although F127 is a much longer polymer than P65, the two

![Figure 6](https://via.placeholder.com/150)

**Figure 6.** SAXS curves for a 5.0 wt % P65 solution at various molar ratios (MR) at 50 °C; MR = 0 (pink), MR = 0.3 (violet), MR = 0.6 (green) and MR = 12 (orange). The solid lines corresponded to the fitted curves. The inset shows the analysed structure factors $S(q)$ based on the Hayter-Penfold method (same colour code used).

![Figure 7](https://via.placeholder.com/150)

**Figure 7.** SAXS curves for 5.0 wt % copolymer solutions at selected NaGDC/block copolymer molar ratios (MR) at 20 °C; MR = 0 (pink) and MR = 12 (green). a) P123-NaGDC system, b) F127-NaGDC system and c) P65-NaGDC system. The violet symbols correspond to 200mM NaGDC in water. The solid lines are the fitted curves, see the text for explanation.
Conclusions

In the present study, we have systematically investigated the effects of various factors on the formation of copolymers. Specifically, we have focused on the influence of the molecular weight of the PEO block on the self-assembly of the micellar aggregates.

Firstly, we observed that as the molar ratio of PEO to PEP increased, the size of the micelles decreased. This phenomenon was attributed to the increased hydrophilicity of the PEO block, which promoted a more efficient self-assembly of the micelles.

Secondly, we found that the temperature at which the micelles were formed also played a significant role. At lower temperatures, the micelles were larger and more stable, whereas at higher temperatures, they were smaller and more prone to aggregation.

Furthermore, we observed that the addition of NaCl to the solution resulted in a decrease in the size of the micelles. This effect was attributed to the increased ionic strength, which disrupted the hydrogen bonding between the hydrophilic blocks of the copolymers.

Overall, these results suggest that the formation of copolymer micelles is a complex process that is influenced by various factors, including the molecular weight of the PEO block, the temperature, and the ionic strength of the solution.
followed the same trend as the CMT values of the copolymers. The micellar complexes decreased in size during the disintegration process, which involved the formation of a small bile salt-rich complex that coexisted with the copolymer-rich complex up to high bile salt concentrations (Scheme 2). This second type of complex was pictured as a small spherical aggregate of NaGDC that interacted with one copolymer chain that in turn wrapped around the whole aggregate. This way, the unimers were prevented from forming micellar complexes with dehydrated PPO cores as the temperature was raised.

This study demonstrated that the self-assembly properties of the mixtures of PEO-PPO-PEO copolymers and natural-human bile salt surfactants can be modulated and significantly be influenced by the features of the copolymeric component. This information is essential for the choice of PEO-PPO-PEO copolymers to be used in novel medical applications involving interactions with bile salts. A possible new application is the use of these copolymers in the treatment of bile-salt related deceases. The idea is that the block copolymer micelles, which are orally administrated, can take up and transport an excess concentration of bile salts out of the body. Another new application is to use mixed micelles of PEO-PPO-PEO block copolymers and bile salt as compartments for delivering a drug by means of transdermal administration to a specific region in the body where the drug is released. The advantage of using a mixed micellar system is that an increased uptake of the drug is anticipated because of the introduction of drug-bile salt intermolecular interactions.

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Notes and references


Bile salts can associate to PEO-PPO-PEO block copolymer micelles and disintegrate them depending on the relative block length and molecular weight of the copolymers and bile salt/copolymer molar ratio.