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**Room-temperature phosphorescence probe based on Mn-doped ZnS quantum
dots for the sensitive and selective detection of selenite**

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Abstract

The room-temperature phosphorescence (RTP) of Mn-doped ZnS quantum dots (Mn-ZnS QDs) was quenched by the addition of selenite in the presence of glutathione. The quenching of the RTP emission of Mn-ZnS QDs was due to HSe^- ions which was the reaction product of selenite and glutathione. Based on the above finding, a simple, rapid, sensitive probe for selective detection of selenite was successfully fabricated. Under the optimal experimental conditions, a linear relationship was obtained covering the linear range of $0.1\text{--}5.0\text{ }\mu\text{mol}\cdot\text{L}^{-1}$ and the detection limit (3σ) was $0.085\text{ }\mu\text{mol}\cdot\text{L}^{-1}$. The proposed method was successfully applied for the determination of selenite in sodium selenite tablets and sodium selenite and vitamin E injection with satisfactory results.

Keywords: selenite; glutathione; Mn-doped ZnS quantum dots (Mn-ZnS QDs); room-temperature phosphorescence

1 Introduction

Selenium (Se) is a micronutrient that is of potential use in the prevention and treatment of disease. Twenty-five Se-proteins have been identified so far in humans [1, 2]. Most Se-proteins participate in antioxidant defence and redox state regulation, particularly the families of glutathione peroxidases and thioredoxin reductases [3]. Several human diseases including cancer, diabetes, cardiovascular and immune system disorders are associated with insufficient Se levels, and particularly Se-proteins [4]. During the last decade, humans have considered the direct intake of Se supplements. Two types of multimicronutrients can be distinguished: (i) multi-vitamins and multi-mineral preparations containing inorganic Se, other trace elements and vitamins, and (ii) supplements based on *Saccharomyces cerevisiae* yeast (Baker's yeast) [5, 6]. The World Health Organization recommend that the average daily intake of selenium for adults is 16 µg per day for women and 21 µg per day for men, taking into account body weight. However, care should be taken when using supplements because excessive Se intake leads to toxic effects. Some studies have been carried out showing long-term administration of as little as 200 µg per day selenium is associated with the increased incidence of type 2 diabetes [7, 8].

Selenite (SeO_3^{2-}) is the commonest chemical form of inorganic selenium, and can react with glutathione (GSH). One of the reaction products is selenidogluthathione (GSSeSG), which is a key intermediate in the selenium metabolic pathway [9, 10]. So selenite has been considered as an important Se supplementation [11]. Several methods have been reported for the quantitative determination of selenite, including

liquid chromatography inductively coupled plasma mass spectrometry [12], graphite furnace atomic absorption [13], and inductively coupled plasma atomic fluorescence spectrometry [14]. But these approaches require expensive and sophisticated instrumentation as well as complicated sample preparation processes. Therefore, there is increasing demand to develop cost-effective, easy to use, reliable and robust methods for the measurement of selenite.

Room-temperature phosphorescence (RTP) probes based on Mn-doped ZnS quantum dots (Mn-ZnS QDs) have attracted considerable attention in recent years [15-32]. The long lifetime of phosphorescence allows a suitable delay time to avoid the interferences from autofluorescence and scattering light [33]. So Mn-ZnS QDs have being used as phosphorescence probes for a great number of analytes including ions [16, 18, 34], small molecules [27, 35-40] and biomacromolecules [15, 41-44]. Xie et al. [18] fabricated a label-free aptamer with cetyltrimethylammonium bromide-capped Mn-ZnS QDs for the detection of Hg^{2+} . Wang et al. [35] combined the RTP emission of Mn-ZnS QDs and the merits of the surface imprinting polymers to develop a new type probe. The molecularly imprinted polymer based RTP probe showed good selective detection of pentachlorophenol in water. Wu et al. [41] developed a dual-channel sensing system with bovine serum albumin capped Mn-ZnS QDs: phosphorescent quenching sensing of trypsin and resonant light scattering sensing of lysozyme. Thus, Mn-ZnS QDs have become one of the most potentially useful QDs for chemical and biological sensing.

Herein, we report a new Mn-ZnS QDs probe for the RTP detection of selenite.

1 Selenite can react with GSH to form the highly reactive intermediate, hydrogen
2 selenide ions (HSe^-), especially in the presence of excess GSH [45]. Besides, the HSe^-
3 can efficiently quench the RTP of Mn-ZnS QDs. Thus, a simple and sensitive probe
4 for detection of selenite based on the Mn-ZnS QDs has been fabricated. The proposed
5 method was successfully applied to detect selenite in sodium selenite tablet and
6 sodium selenite and vitamin E injection with satisfactory results.

7

8 **2. Experimental**

9 **2.1. Chemicals and reagents**

10 L-glutathione, $\text{Zn}(\text{CH}_3\text{COO})_2 \cdot 7\text{H}_2\text{O}$, $\text{Mn}(\text{CH}_3\text{COO})_2 \cdot 4\text{H}_2\text{O}$, and $\text{Na}_2\text{S} \cdot 9\text{H}_2\text{O}$
11 were purchased from Sinopharm Chemical Reagent Co., Ltd. Na_2SeO_3 was purchased
12 from Xilong Chemical Co., Ltd. Mercaptopropionic acid (MPA) was obtained from
13 Acros Organics. All chemicals were of analytical grade and were used as received
14 without further purification. Sodium selenite tablets 1 were purchased from Shanghai
15 Tiancifu Biological Engineering Co., Ltd (Shanghai, China) and Sodium selenite
16 tablets 2 were purchased from Shandong Xili Pharmaceutical Group Co., Ltd
17 (Shandong, China). Sodium selenite and vitamin E injection was purchased from
18 Sichuan Weierkang Animal Pharmacy Co., Ltd (Sichuan, China). Purified water from
19 an Elix 70 Clinical water purification system (Millipore, France) with a resistivity
20 higher than $18.2 \text{ M}\Omega \cdot \text{cm}^{-1}$ was used to prepare all of the solutions.

21 **2.2. Apparatus**

22 The morphology and structure of the Mn-ZnS QDs were characterized by using a

1 FEI Tecnai F30 high resolution transmission electron microscope (HRTEM) with an
2 acceleration voltage of 300 kV. RTP spectra and RTP decay curves were measured on
3 a Cary Eclipse fluorescence spectrophotometer in the phosphorescence mode
4 equipped with a quartz cell (1×1 cm) (Varian American Pty Ltd., USA). The
5 excitation wavelength was 300 nm when the slit widths of excitation and emission
6 were 10 nm and 20 nm, respectively. The PMT voltage was set at 600 V. For the
7 lifetime measurements, the initial delay time was set at 0.2 ms while the gate time was
8 typically set at 5.0 ms. The Fourier Transform infrared (FTIR) spectra (4000 - 400 cm^{-1})
9 in KBr were recorded on a Nicolet 380 FTIR spectrometer (Thermo Fisher Scientific,
10 USA). The X-ray diffraction (XRD) spectra were collected on a Rigaku Ultima IV
11 X-ray diffractometer (Rigaku, Japan).

12 **2.3. Synthesis of the Mn-ZnS QDs**

13 The Mn-ZnS QDs were prepared on the basis of a published procedure with
14 minor modifications [33, 46]. In a 250 mL three-necked flask, 100 mL of $0.04 \text{ mol} \cdot \text{L}^{-1}$
15 MPA, 10 mL of $0.1 \text{ mol} \cdot \text{L}^{-1}$ $\text{Zn}(\text{CH}_3\text{COO})_2$, and 4 mL of $0.01 \text{ mol} \cdot \text{L}^{-1}$ $\text{Mn}(\text{CH}_3\text{COO})_2$
16 were sequentially added. The mixed solution was adjusted to a pH of 11 with 1
17 $\text{mol} \cdot \text{L}^{-1}$ NaOH. After stirring at room temperature for 30 min in nitrogen, 10 mL of
18 $0.1 \text{ mol} \cdot \text{L}^{-1}$ Na_2S was quickly injected into the solution. The mixture was stirred for
19 another 20 min, and then the solution was aged at 50°C under open-air conditions for
20 2 h to form MPA-capped Mn-ZnS QDs. The quantum dots were precipitated with
21 acetone, centrifuged, washed with acetone, and finally dried in a vacuum.

22 **2.4. Measurement procedures**

1 For the determination of selenite, 100 μL of $1.2 \text{ g}\cdot\text{L}^{-1}$ Mn-ZnS QDs, 1 mL of 0.1
2 $\text{mol}\cdot\text{L}^{-1}$ Tris-HCl buffer solution (pH 7.4), 250 μL of $10 \text{ mmol}\cdot\text{L}^{-1}$ GSH, and 1 mL of
3 $10 \mu\text{mol}\cdot\text{L}^{-1}$ selenite or 1 mL of real samples were added to a 10 mL calibrated test
4 tube. The mixture was diluted to the mark with purified water, mixed thoroughly.
5 The mixture was taken to phosphorescence measurement at the excitation
6 wavelength of 300 nm. The phosphorescence intensity at the maximum
7 phosphorescence wavelength was used for quantification.

8 **2.5. Sample treatment**

9 Five sodium selenite tablets were weighed and powdered. 0.15 g of the powder
10 was dissolved in water and subjected to ultrasonification for 30 min. Then, the
11 solution was filtrated to remove the insoluble precipitates. The filtrated stock solution
12 was transferred into a 100 mL volumetric flask, and then the sample was diluted to the
13 mark with purified water. 0.2 mL of sodium selenite and vitamin E injection was
14 transferred into a 100 mL volumetric flask and then diluted to the mark with Milli-Q
15 water. The standard sample was subjected to ultrasonification for 30 min. The stock
16 solution was used for further quantitative detection.

17 **3. Results and discussion**

18 **3.1. Characterization of the Mn-ZnS QDs**

19 The HRTEM image of the Mn-ZnS QDs is shown in Fig. 1. The image reveals
20 that the Mn-ZnS QDs are spherical and dispersed with an average diameter of 3.5 nm.
21 Meanwhile, the XRD spectra were scanned at 2θ from 5° to 80° . The XRD pattern of
22

the Mn-ZnS QDs is shown in Fig. S1, and it exhibits a zinc-blend structure with peaks for (111), (220), and (311) planes. Fig. S2 depicts the FTIR spectra of the MPA-capped Mn-ZnS QDs and the free ligands MPA. The strong peaks at 1562 and 1398 cm^{-1} correspond to the signifying of C=O and C-OH stretching [39]. The disappearance of the S-H (2571 cm^{-1}) stretching vibrational peak in the FTIR spectra of MPA capped Mn-ZnS QDs indicates that the MPA had combined onto the surface of the nanocrystals through thiols. The RTP spectrum of QDs show a maximum excitation peak at 300 nm and a narrow emission band around 590 nm, which is relatively independent of the size of the nanoparticles, could be attributed to the triplet transition ($^4\text{T}_1$ - $^6\text{A}_1$) emission of the Mn^{2+} impurity [47].

Insert Fig. 1 here

3.2. Factors affecting the sensitivity of the RTP detection of selenite

The factors that may influence the reactions were studied to achieve the sensitive detection of selenite. The effect of GSH on the RTP quenching efficiency of Mn-ZnS QDs was tested with 5 $\mu\text{mol}\cdot\text{L}^{-1}$ selenite in Tris-HCl (pH 7.4, 10 $\text{mmol}\cdot\text{L}^{-1}$). As shown in Fig.2, in the beginning, the quenching efficiency increased rapidly when the concentration of GSH was increased. Then it reached the maximum at the concentration of 0.25 $\text{mmol}\cdot\text{L}^{-1}$. It decreased a little when the concentration exceeded 0.25 $\text{mmol}\cdot\text{L}^{-1}$. Therefore, 0.25 $\text{mmol}\cdot\text{L}^{-1}$ GSH was selected as optimum and used in the subsequent detection process.

Insert Fig. 2 here

The RTP quenching efficiency of the Mn-ZnS QDs in the presence of 0.25

1 mmol·L⁻¹ GSH and 5 μmol·L⁻¹ selenite was pH-dependent. As shown in Fig. 3, the
2 RTP quenching efficiency leveled off at pH values from 5.0 to 7.4, and then gradually
3 decreased at pH values from 8.0 to 9.0. The reaction of selenite with GSH was active
4 in neutral and acidic solution [48]. So, the RTP quenching efficiency was high when
5 pH values lower than 7.4. But the Mn-ZnS QDs were unstable in acidic solution [16].
6 Therefore, a pH of 7.4 was used in the experiment.

7 Insert Fig. 3 here

8 **3.3. Analytical performances**

9 To explore the potential application of the Mn-ZnS QDs for RTP detection, the
10 effect of selenite on the RTP of the Mn-ZnS QDs in the presence of GSH was
11 investigated. Under the optimal experimental conditions, the RTP intensity of the
12 Mn-ZnS QDs gradually decreased as the concentration of selenite increased. The RTP
13 quenching response of the Mn-ZnS QDs to selenite in an aqueous solution is shown in
14 Fig. S3.

15 As shown in Fig. 4, a linear calibration plots of the quenched RTP intensity
16 against the concentration of selenite was observed in the range of 0.1-5.0 μmol·L⁻¹
17 ($R^2=0.9940$). The detection limit (3σ) for selenite was 0.085 μmol·L⁻¹, and the relative
18 standard deviation was 1.2% for 11 replicate detections of 1.0 μmol·L⁻¹ selenite. The
19 analytical performance for the detection of selenite using the proposed method has
20 been compared with that of previous reports, and the results are listed in Table 1
21 [49-51]. It can be seen that the proposed method showed lower detection limit than
22 other analytical techniques.

1 Insert Fig. 4 here

2 Insert Table 1 here

3 **3.4. Selectivity of the Mn-ZnS QDs-based RTP method**

4 The selectivity of the developed RTP probe was assessed by studying the effect
5 of different potential interferents on the RTP signals of Mn-ZnS QDs. Some relevant
6 anion ions (including NO_2^- , NO_3^- , SO_3^{2-} , SO_4^{2-} , CO_3^{2-} , I^- , Br^- , and SeO_3^{2-}) were
7 detected (Fig. 5). The results showed that only selenite had a significant
8 phosphorescence quenching effect on the Mn-ZnS QDs, indicating the high selectivity
9 of the Mn-ZnS QDs for the detection and specific recognition of selenite in an
10 aqueous solution.

11 Insert Fig. 5 here

12 **3.5. Application in the detection of selenite in sodium selenite tablets**

13 To illustrate the practical application of the RTP probe, recovery experiments
14 were performed using the standard addition method in triplicate. The recovery of the
15 spiked selenite was 94.7%-105.5%. All of the results are shown in Table 2. The probe
16 was also applied to determine selenite in sodium selenite tablet and sodium selenite
17 and vitamin E injection. As shown in Table 3, the analytical results for selenite are in
18 good agreement with the labeled values. It can be concluded that the RTP probe is
19 useful for the determination of selenite in real samples.

20 Insert Table 2 here

21 Insert Table 3 here

22 **3.6. Quenching mechanism of Mn-ZnS QDs by selenite in the present of GSH**

Selenite is commonly used as an inorganic dietary Se supplement. The reaction of selenite with GSH in organisms is of extreme importance, and has been studied extensively in detail [3, 5]. At ratios of 4:1 (GSH:selenite) or less, selenite is readily reduced by GSH to GSSeSG. When the GSH:selenite ratio exceeds 4:1, the GSSeSG is relatively unstable, and can be reduced to GSSeH and HSe^- [9, 52]. In this experiment, the optimal concentration of GSH exceeded $0.25 \text{ mmol}\cdot\text{L}^{-1}$ GSH, which was much larger than the concentration of selenite.

Some studies have shown that the luminescence of QDs can be altered by anions owing to the removal of the anion vacancies at the QDs surface [53, 54]. Wu et al. also showed that HSe^- ions are analogous in property and structure to S^{2-} ions, and are even more reactive toward Cd^{2+} than S^{2-} ions. They can also effectively interact with CdS QDs, and remove the S^{2-} vacancies on the particle surface [45]. As in our experiment, the HSe^- have the same effect on the Mn-ZnS QDs. And it might effectively quench the phosphorescence of the Mn-ZnS QDs.

To further understand the quenching mechanism in this experiment, the decay curves of the RTP emission of the Mn-ZnS QDs with and without selenite in the presence of GSH were investigated. As shown in Fig. 6, the RTP lifetime of Mn-ZnS QDs with selenite (0.702 ms) was shorter than the RTP lifetime of Mn-ZnS QDs (0.864 ms). This indicated that the addition of HSe^- resulted in an increased nonradiative decay of Mn-ZnS QDs [34, 53].

Insert Fig. 6 here

4. Conclusions

In summary, a new RTP probe was fabricated for the highly selective detection of selenite based on the RTP quenching effect by HSe^- , which were produced by the reaction of selenite and GSH. The RTP quenching of the Mn-ZnS QDs exhibited sensitive and selective responses to selenite. The proposed method was successfully applied for the determination of selenite in sodium selenite tablets and sodium selenite and vitamin E injection. We are able to determine the concentration of selenide in the range from micromolar to sub-micromolar levels, which is close to the optimal concentration of selenide needed for the growth of various bacterial species and cultures of mammalian cells. Moreover, the Mn-ZnS QDs presented a simple and feasible strategy to detect anion.

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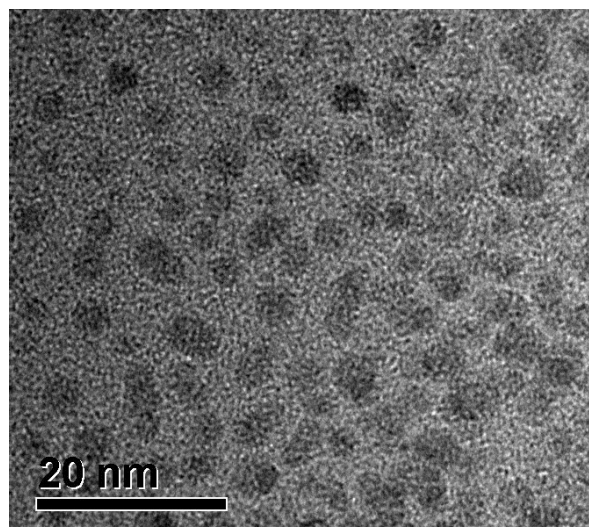


Fig. 1 HRTEM image of Mn-ZnS QDs.

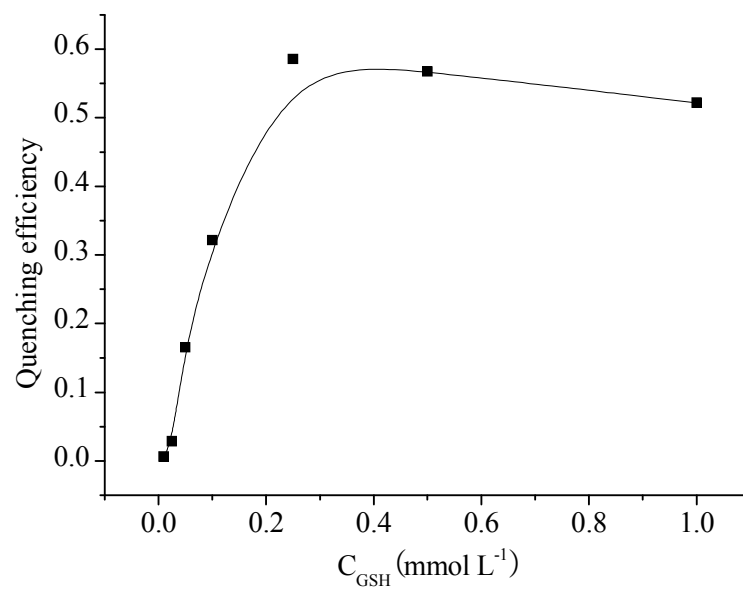


Fig. 2 Quenching efficiency of Mn-ZnS QDs in the presence of selenite with various concentrations of GSH.

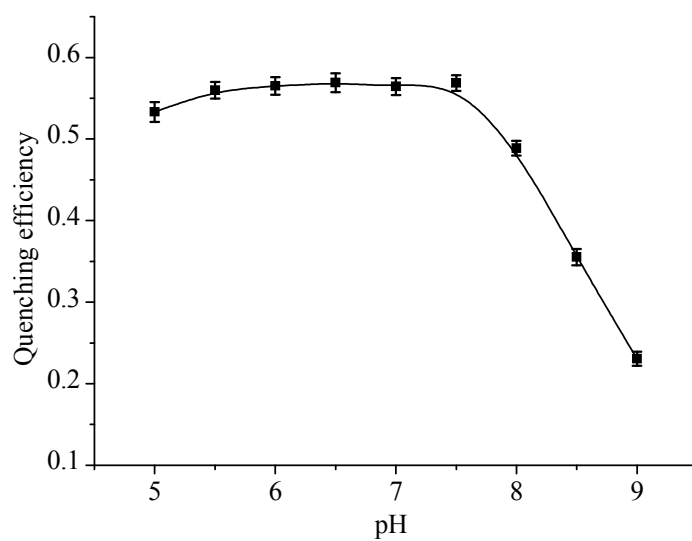


Fig. 3 Effect of the pH on the quenching efficiency of the Mn-ZnS QDs in the presence of $0.25 \text{ mmol}\cdot\text{L}^{-1}$ GSH and $5 \text{ }\mu\text{mol}\cdot\text{L}^{-1}$ selenite

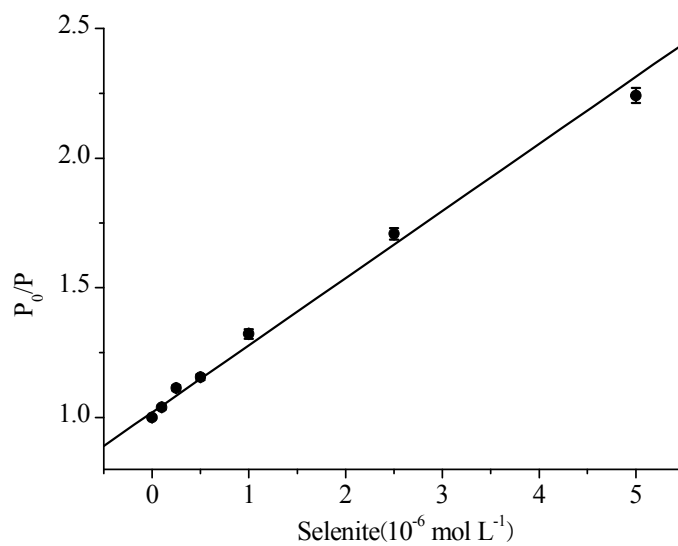


Fig. 4 Linear plots of P_0/P against different selenite concentrations (where P_0 and P were the RTP intensity of the Mn-ZnS QDs with GSH in the absence and presence of selenite).

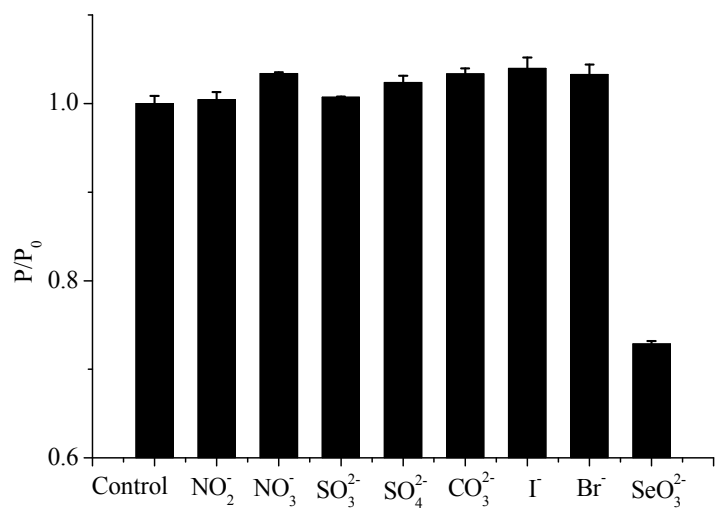


Fig. 5 Selectivity of Mn-ZnS toward selenite (performed in 10 mmol·L⁻¹ Tris-HCl buffer at a pH of 7.4; the concentrations of selenite was 1.0 μmol·L⁻¹; the concentrations of all of the other anion ions were 100 μmol·L⁻¹; the P_0 and P were the RTP intensity of the Mn-ZnS QDs with GSH in the absence and presence of anion ions.)

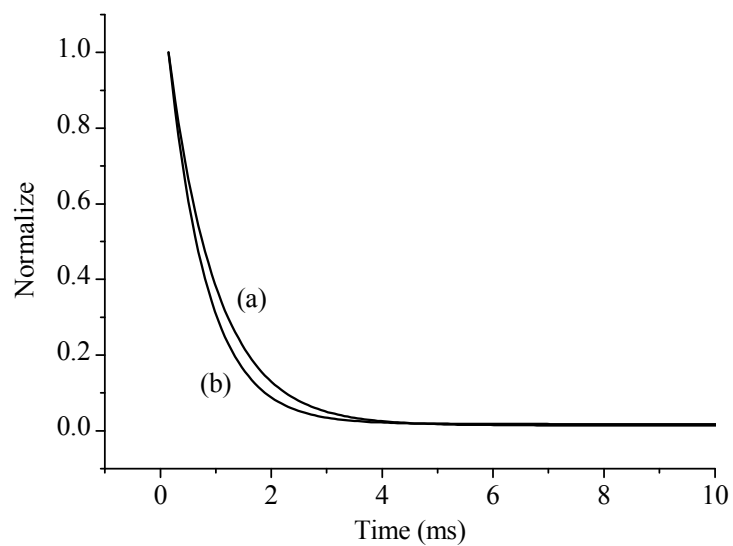


Fig. 6 Decay curves of the RTP emission of Mn-ZnS QDs before (a) and after addition of $5\ \mu\text{mol}\cdot\text{L}^{-1}$ selenite (b) in $10\ \text{mmol}\cdot\text{L}^{-1}$ Tris-HCl buffer at a pH of 7.4.

Table 1 Comparison of the proposed method with different analytical techniques reported for detection of selenite

Sensing system	Linear range (mol·L ⁻¹)	Detection limit (mol·L ⁻¹)	Ref.
PVC membrane electrode	5.5×10 ⁻⁵ - 1.0×10 ⁻²	3.4×10 ⁻⁵	[49]
Microchip capillary electrophoresis	1.0×10 ⁻⁶ - 5.0×10 ⁻⁴	3.8×10 ⁻⁷	[50]
Atomic fluorescence spectrometry	2.0×10 ⁻⁷ - 1.3×10 ⁻³	2.0×10 ⁻⁷	[51]
Mn-ZnS QDs	1.0×10 ⁻⁷ - 5.0×10 ⁻⁶	8.5×10 ⁻⁸	This work

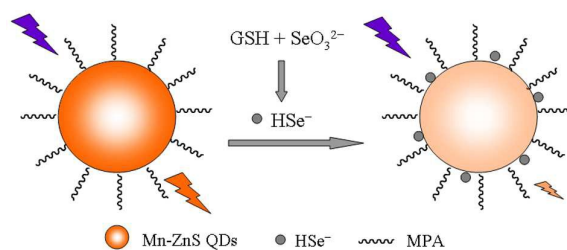
Table 2 Recovery for the determination of selenite

Spiked selenite ($\mu\text{mol}\cdot\text{L}^{-1}$)	Detection value ($\mu\text{mol}\cdot\text{L}^{-1}$)			Recovery
0.50	0.47	0.46	0.49	$94.7\% \pm 2.5\%$
1.00	1.02	1.05	1.03	$103.3\% \pm 1.2\%$
2.50	2.62	2.71	2.58	$105.5\% \pm 2.2\%$

Table 3 Determination of selenite in real samples

Sample type	Labeled (mg·tablet ⁻¹ , mg·mL ⁻¹)	Found (mg·tablet ⁻¹ , mg·mL ⁻¹)
Sodium selenite tablets 1	0.2	0.195±0.008
Sodium selenite tablets 2	1.0	1.037±0.032
Sodium selenite and vitamin E injection	1.0	0.968±0.028

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Selenite was selectively and sensitively detected based on the room-temperature phosphorescence quenching of Mn-ZnS QDs caused by HSe^- from the reaction of selenite and glutathione.