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Abstract

Developmental exposure to bisphenol A (BPA) has been indicated to pose long-lasting effects on brain development and behaviors in adulthood. Previous studies have also showed BPA may disrupt epigenetic programming of genes in the brain. Here, we focused on investigating the effects of perinatal exposure to low-dose BPA on learning/memory function and emotional regulation, as well as the associated molecular events. Pregnant Sprague-Dawley (SD) rats were treated with control corn 27 oil or BPA $(40 \mu g/kg/day)$ throughout gestation and lactation. Morris water maze (MWM) and elevated plus maze (EPM) were used to evaluate learning/memory and anxiety-like behaviors at postnatal day (PND) 60 and 85 respectively. The expression 30 level of mRNA for estrogen receptors (ER), $ER\alpha$ and $ER\beta$, in the hippocampus and serum corticosterone level were determined, as well as the DNA methylation status of ERα gene promoter. Perinatal exposure to BPA prolonged the escape latency independent of gender, and decreased the percentage of time spent in the target quadrant when examined in MWM task. While no substantial alteration was observed in the EPM test, serum corticosterone level was altered in a gender-specific manner. 36 BPA also decreased the expression of mRNA for $ER\alpha$ in the hippocampus, in company with elevated DNA methylation of ERα gene promoter. These results suggest that perinatal exposure to BPA impairs learning/memory function and elevated DNA methylation of ERα gene in hippocampus may be involved.

Keywords: bisphenol A; learning/memory; anxiety-like behavior; corticosterone;

estrogen receptor α; DNA methylation

Introduction

Early-life experiences have been suggested to permanently alter gene expression and pose life-long impacts on behaviors. Mounting evidence from both animal studies and human researches has identified a number of risk factors which may alter the normal neurodevelopment trajectories, including prenatal and/or early postnatal exposure to 47 malnutrition, social experiences, maternal care, and environmental chemicals.¹⁻⁵ Endocrine disrupting chemicals (EDCs), to which human population are widely exposed, have drawn much attention in terms of its role in altering behavioral development.⁶

Bisphenol A (BPA), an estrogen-mimicking endocrine disruptor, is widely used in the manufacture of polycarbonate plastics and epoxy resins lining food and beverage containers. The majority of human population, including pregnant women and newborn infants, present measureable levels of BPA in both body fluids and tissues.⁷⁻¹⁰ Animal studies have shown that developmental exposure to BPA affects brain sexual differentiation, social and anxiety-like behaviors, and learning and 57 memory.¹¹⁻¹⁵ Emerging evidence from human epidemiological studies has also suggested that prenatal exposure to BPA is associated with alterations in behavioral 59 and emotional regulation in children, especially in girls.^{16, 17}

The underlying molecular mechanisms of the neurodevelopmental toxicity and sex-specific effects of BPA are not clear. As an estrogen agonist, BPA has been well 62 documented to be able to interact with estrogen receptor alpha ($ER\alpha$). Furthermore, it has been hypothesized that BPA may also regulate the expression of ERα through

 ERα has been implicated to be the potential target for early-life exposure to exert their actions on behavior development (e.g. learning/memory), especially for sex-dimorphic behaviors. ERα-selective agonist propyl pyrazole triol (PPT), rather than ERβ-selective agonist diarylpropionitrile (DPN), induced a key process for learning and memory in the rat hippocampus, which could be blocked by 70 administration of ER α antagonist ICI 182,780.¹⁹ Human studies have also 71 demonstrated that $ER\alpha$ polymorphisms are associated with mood and cognition.²⁰

72 During development, the relative abundance of ERα mRNA in hippocampus was 73 substantially altered during the postnatal development processes.²¹ Moreover, ER α 74 has been suggested to be susceptible to DNA methylation and histone modification 75 during early postnatal period in rat models, 2^2 which may serve as the molecular 76 mechanisms underlying the effects of environmental chemicals on the development of 77 behaviors. Recent study has reported that prenatal (gestational days 0-19) exposure to 78 BPA disrupted the DNA methylation of $ER\alpha$ gene and reduced the $ER\alpha$ expression in 79 a brain region- and sex-specific manner at weaning, which was associated with altered 80 behaviors in adulthood.²³ However, studies involving the DNA methylation of ERα in 81 the hippocampus following perinatal exposure to BPA remain limited.

In the present study, we aim to verify the effects of perinatal exposure to BPA at an environmentally relevant dose on the development of learning/memory and anxiety-like behaviors in adult rat offspring and the expression of ERs in the hippocampus, as well as the regulation role of DNA methylation.

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Materials and Methods

Animals and experimental design

Female (250 - 300 g) and male (350 – 400 g) Sprague-Dawley rats (purchased from Vital River laboratory, China) were housed in a special pathogen-free (SPF) condition, and maintained on a 12-h light/dark cycle with ad libitum access to food and water. Rats were fed with a chow diet containing 12.05% fat, 24.93% protein, and 63.02% carbohydrates, with 6 mg folate/kg diet (data provided by Slac laboratory, China). BPA-free polypropylene bottles and cages were used in this study to avoid unnecessary BPA exposure. After acclimatization for 1 week, two females were caged with one male and allowed to mate overnight. The presence of vaginal plug or sperm-positive smear in females defined the gestational day 0 (GD 0). Pregnant rats were randomly assigned to two treatment groups: 40µg/kg/d BPA (Sigma-Aldridge, USA) or vehicle corn oil (Sigma-Aldridge, USA). Reagents were orally administered through gavage to maternal rats throughout gestation and lactation (a total exposure time of 44 days). After delivery, 8 new born pups with an equal number of males and females were kept with every dam in one litter and the rest pups were culled. The final litter numbers in control and BPA group were 12 and 13 respectively. Pups were weaned and separated into 4 sets: each contained one male and one female pup from every litter with males and females separately caged on postnatal day (PND) 21. Only one set of offspring was selected for each test, which made the *n* in each test equal the original litter number. The experimental procedures were reviewed and approved by an institutional committee for animal care and use in Tongji medical college, Huazhong University of Science and Technology, China.

Morris water maze task (MWM)

Male and female (*n* = 12 and 13 for control and BPA group) offspring were subjected to MWM test at PND 60. The apparatus used in this test was a circular pool filled 113 with water (150 cm in diameter \times 70 cm in depth). The pool was geographically divided into four quadrants according to the release points, named south-west, south-east, north-east, and north-west respectively. A black platform with a diameter of 10 cm was placed 1.5 cm beneath the water surface in the middle of the north-west quadrant. Every day before the test was performed, the pool was first filled with fresh 118 water and heated to 23 ± 1 °C, followed by dying to black color with 15 ml ink. Each rat was allowed to perform four trials per day with a 30 min interval between 9:00 and 16:00, and testing order was counterbalanced across the days and treatment groups to minimize circadian effects. Rats were placed into the water facing the sidewalls of the apparatus at different start positions across trials. The trial was stopped when the rat reached the platform within 60 s and was allowed to stay on the platform for 15 s. If the rat failed to find the platform within 60 s, then it was led to the platform by the researcher and was allowed to stay for 15 s to memorize the location. When a rat was performing its test, other test subjects were kept in an outer room to avoid the effects of directional olfactory and auditory cues. All rats were pre-trained for four successive days before taking a probe test in which the platform was removed and the rats were placed into water at a randomly chosen start position. The escape latency, time spent in each quadrant, swimming track and velocity of each trial were recorded automatically by a tracking video system (EthoVision®, NOLDUS, Netherlands).

Elevated plus maze task (EPM)

Twenty-five days after MWM test (PND 85), exploratory behaviors of both male and female offspring were assessed using EPM. The plus maze consists of a plus-shaped 135 apparatus with two open arms (50 cm \times 10 cm) and two closed arms (50 cm \times 10 cm \times 40 cm), each with an open roof, connected to the central zone (10 cm \times 10 cm) to form a cross. The apparatus was elevated to a height of 70 cm from the floor. Rats were placed in the central zone heading to the open arm, and were allowed to explore the maze for 5 min. Entry was defined as both front paws and shoulders entering into an arm. The time spent in the open arm and the number of open arm entries was recorded automatically by a tracking video system (EthoVision®, NOLDUS, Netherlands). After each trial, the maze floor was cleaned thoroughly using 10% ethanol to remove directional olfactory cues. Rats which accidentally fell off the maze during the test were excluded from data analysis.

Serum corticosterone analysis

Animals were sacrificed by decapitation the day after EPM test was done. Serum was collected to determine the corticosterone concentration using a Corticosterone ELISA kit (Enzo Life Sciences, USA) according to protocol provided by the manufacturer. Serum from 6 males and 6 females randomly chosen from each group were subjected to the test. The sensitivity and intra-assay coefficient of variation for the assay was 13.79 pg/ml and 5.6% respectively.

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Sequenom Massarray for quantitative DNA methylation

Three male and female offspring were randomly chosen from each group to test the methylation status of the promoter region of ERα gene. Genomic DNA was extracted from the hippocampus using the Biospin Tissue Genomic DNA Extraction kit (QiaGen, Germany) according to the manufacturer's instructions. DNA (2 mg) was

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Statistical Analysis

All the statistical analyses were carried out on SPSS13.0 (IBM, USA). Data was first checked for normality with Shapiro–Wilk test. In case there was any violation to the assumptions of the test, a logarithm or exponential transformation of the data was performed. For the determination of sex-specific effects, data was first subjected to analysis of variance (ANOVA) to determine the interaction between treatment and gender, followed by separately comparison between genders and/or treatments with Bonferroni correction, in case there was significant interactions between treatment and gender. For data obtained from MWM during the training days, three-factor mixed ANOVA with one within-subject variable (time) and two between-subject variables (treatment and gender) was used. Other data were analyzed using two-way factorial ANOVA with treatment and gender treated as independent variables. In case Mauchly's Test of Sphericity was statistically significant (*p* < 0.05), 210 Greenhouse-Geisser correction was applied. Data are presented as mean \pm SEM; $p \leq$ 0.05 was considered to be statistical significant.

Results

Spatial learning and memory

All the *F* and *p* values resulted from the mixed ANOVA were shown in Table 1. During the 4 successive training days, the overall escape latency and swimming distance progressively decreased over time in both groups (Table 1A). For the escape latency, no significant interaction was detected across the three factors (Table 1A, B). A significant main effect of treatment rather than gender was found, revealing that BPA exposure significantly increased the escape latency regardless of gender (Table

1B, Fig. 1A). For the swimming distance, a marginal significance of interaction between treatment and gender was detected (Table 1B), while no significant effects of treatment or gender was detected (Fig. 1B). A significant interaction was detected between treatment and gender in terms of swimming velocity (Table 1B). Post hoc test revealed that BPA significantly increased the swimming velocity in female 225 offspring ($F_{1,46} = 7.473$, $p = 0.009$) rather than in male offspring ($F_{1,46} = 0.290$, $p =$ 0.593; Fig. 1C).

A probe test was conducted to test the memory retention of animals on the fifth day of 228 the test. Two-way ANOVA detected a significant difference in the treatment $(F_{1,46} =$ 229 4.968, $p = 0.031$) without significant interaction between treatment and gender ($F_{1,46}$) $230 = 0.566$, $p = 0.456$), revealing that perinatal exposure to BPA significantly decreased the percentage of time spent in the quadrant where the platform was placed before regardless of gender (Fig. 1D).

Anxiety-like behaviors

After excluding rats that accidentally fell off the maze, the final sample size for control male, control female, BPA male and BPA female were 8, 10, 11, and 12 respectively. No significant interaction between treatment and gender was detected. There was a significant decrease in the frequency of entries into the open arms for 238 BPA treated offspring regardless of gender $(F_{1,37} = 8.689, p = 0.006, Fig. 2A)$. However, when we took both entries into the open arms and closed arms into consideration, the percentages of entries into the open arms showed no significant 241 changes $(F_{1,37} = 0.781, p = 0.382;$ Fig. 2B). Neither the time spent in the open arms

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242 $(F_{1,37} = 2.485, p = 0.123)$, nor the percentage of time $(F_{1,37} = 1.315, p = 0.259)$

243 showed significant changes (Fig. 2C and D).

244 We also assessed the serum corticosterone level after the EPM test. A significant 245 interaction between treatment and gender was revealed $(F_{1,20} = 19.341, p \le 0.001)$, 246 suggesting that BPA impacts on serum corticosterone level in a gender-specific 247 manner. The post hoc test showed that serum corticosterone was significantly 248 increased in the female offspring $(F_{1,20} = 16.748, p = 0.001)$, whereas decreased in the 249 male offspring in the BPA exposed group $(F_{1,20} = 4.524, p = 0.046;$ Fig. 2E). 250 Moreover, the gender difference in control group (male > female; $F_{1,20} = 8.120$, $p =$ 251 0.010) was inversed in the BPA group (female > male; $F_{1,20} = 11.356$, $p = 0.003$).

252 **Expression level of mRNA for ERα and ERβ gene in hippocampus**

253 Fig. 3 shows the expression level of mRNA for $ER\alpha$ and $ER\beta$ gene in the 254 hippocampus. A significant interaction between treatment and gender was detected 255 ($F_{1,20} = 8.181$, $p = 0.010$), suggesting that BPA also exerts its action on ER α gene 256 expression in a gender-specific manner. The post hoc tests revealed that BPA exposure 257 reduced the expression of ER α gene in both female ($F_{1,20}$ = 39.184, $p < 0.001$; Fig. 3A) 258 and male hippocampus ($F_{1,20} = 4.905$, $p = 0.039$; Fig. 3A). However, the gender 259 difference in ER α expression in control group ($F_{1,20}$ = 5.839, p = 0.025) was 260 diminished in BPA group $(F_{1,20} = 2.652, p = 0.119)$; Fig. 3A). Significant difference 261 was detected in sex $(F_{1,20} = 4.471, p = 0.047)$ but not in treatment $(F_{1,20} = 1.181, p = 0.047)$ 262 0.290), without an interaction $(F_{1,20} = 0.002, p = 0.968)$ in the expression of ER β gene, 263 indicating that there was no significant difference in ERβ expression in hippocampus

between the control and the BPA group irrespective of the gender (Fig. 3B).

DNA methylation pattern of ERα gene

266 We further assessed DNA methylation status at the promoter region of $ER\alpha$ gene in hippocampus. A schematic diagram of the promoter region of the rat ERα gene was illustrated in Fig. 4A. This region, known as promoter 0/B, is 87% homologous to the promoter C of human ERα gene. No interaction between treatment and gender and main effects of gender was observed across the 17 CpG sites. Perinatal exposure to 271 BPA resulted in a significant increase in DNA methylation at CpG site $3 (F_{1,8} = 6.946,$ *p* = 0.030), 10 ($F_{1,8}$ = 43.860, *p* < 0.001), 11 ($F_{1,8}$ = 43.860, *p* < 0.001), 12 ($F_{1,8}$ = 273 6.328, $p = 0.036$, 13 ($F_{1,8} = 6.604$, $p = 0.033$), and 16 ($F_{1,8} = 105.091$, $p < 0.001$) 274 across the 17 CpG sites regardless of gender, whereas site 9 ($F_{1,8}$ = 38.028, p < 0.001) was demethylated (Fig. 4B and C). No significant difference in DNA methylation status was observed between males and females irrespective of treatment.

Discussion

In the present study, we found that perinatal exposure to BPA at an environmentally relevant dose impaired the learning and memory function in adult rats. We also showed that perinatal exposure to BPA reduced the expression level of mRNA for 281 ER α in the hippocampus, which was in parallel with increased DNA methylation of 282 the promoter of $ER\alpha$ gene. We found no substantial change in anxiety-like behaviors in both genders. However, the serum corticosterone level was increased in females while decreased in males in BPA group after the EPM test.

Emerging studies have reported the effects of developmental exposure to BPA on the learning/memory function in adulthood. However, previous studies varied in many

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Previous studies have also suggested that anxiety-like behaviors are sensitive to the exposure of BPA. Developmental exposure to BPA at 200 µg/kg/d marginally reduced time in the open arms in EPM, while no significant changes were observed in spatial 304 memory in female mice.²⁶ Furthermore, prenatal urinary BPA concentration correlated 305 with anxiety and depression in boys at seven years old.²⁷ In the present study, the frequency of entry into the open arms was significantly decreased in BPA treated offspring. However, this difference was diminished when we took both open arm entries and closed arm entries into account. The results from the closed arms suggest

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that the alterations in maze activity may be due to changes in overall locomotor behavior. Studies reporting the impairments of locomotion level of offspring $f(311)$ following developmental exposure to BPA have been emerging.²⁸⁻³⁰ We may need to further verify this hypothesis in the future using an open field test in addition to EPM. However, we observed an altered serum corticosterone level in the BPA exposed offspring after the EPM test. In the present study, perinatal exposure to BPA significantly increased the serum corticosterone in the female offspring, while decreased it in the male offspring. Corticosterone has been suggested as a potential mediator of the effect of BPA on the emotional control. Similar as our present study, exposure to 40 µg/kg/d BPA throughout pregnancy and lactation induced elevated plasma corticosterone level in female offspring in both basal and Y-maze stressed conditions.³¹ And these alterations led to increased anxiety-like behavior and loss of exploration attitude in the BPA treated female offspring.³¹ One possibility for the difference from previous studies is the glucocorticoid dependent negative feedback on the hypothalamic–pituitary–adrenal axis. Estrogen has been shown to impair glucocorticoid negative feedback via ERα within hypothalamus.³² In addition to increased expression of glucocorticoid receptor (GR), some previous studies have also suggested decreased expression of GR after perinatal exposure to BPA.^{33, 34} These along with our present results need to be further confirmed.

Estrogen receptors in the hippocampus play vital roles in mediating estrogen effects on memory. Previous studies utilizing estrogen receptor knockout mice and delivery of specific receptor by viral vector have all suggested that the relative expression of

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331 ERα/ERβ in hippocampus interacts with estrogen to determine the effects on 332 memory.³⁵⁻³⁸ These studies have driven the authors conceived a frame in which 333 decrease in ER α expression impairs memory and ER β works as a negative-regulator 334 of ER α mediated transcription in a recently published review.³⁹ Moreover, BPA has 335 been shown to interfere with the regional estrogen synthesis in hippocampus and $ER\alpha$ 336 has been suggested as potential target.⁴⁰ In the present study, we observed a reduction 337 in the transcripts of ERα gene but not the ERβ gene in the hippocampus along with 338 impaired learning and memory, which is in consistent with previous studies 339 suggesting that decrease in the relative expression of $ER\alpha/ER\beta$ due to loss of $ER\alpha$ 340 impairs learning/memory. However, Kundakovic and colleague previously described 341 that prenatal exposure to BPA (2-200 μ g/kg/d) did not alter the expression of ER α in the hippocampus in both sexes.²³ The difference in exposure paradigm (prenatal vs. 343 perinatal) may account for the difference in the results. Indeed, previous studies have 344 revealed that ERα expression in the hippocampus exhibited a distinct sex-specific 345 pattern at the end of the first postnatal week in mice.⁴¹ In rats, ER α expression peaked 346 at PND 4 and decreased toward the adult level.²¹ These dynamic characteristics 347 indicate that postnatal rather than prenatal development may be of particular 348 important for the $ER\alpha$ in hippocampus.

349 ERα gene expression has been implicated to be sensitive to epigenetic programming 350 via DNA methylation in mouse cortex development.⁴² Cross-fostering of offspring to 351 differentially licking/grooming mothers altered the ERα expression in the medial 352 preoptic area in female rats and this was associated with the DNA methylation of $ER\alpha$

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153 1b promoter.⁴³ Differentially directed maternal care at different sexes can create 354 sexually dimorphic DNA methylation patterns in $ER\alpha$ gene within the developing 355 preoptic area.⁴⁴ However, to our knowledge, little is known about DNA methylation 356 of ERα in rat hippocampus, not to mention the effects of perinatal exposure to BPA. 357 While the mechanisms remain elusive, BPA has been implicated as an epigenetic 358 modulator, especially in DNA methylation.¹⁸ Prenatal exposure to 20 μ g/kg/d BPA 359 increased DNA methylation of exon A in the prefrontal cortex in male mice, whereas 360 decreased DNA methylation in the hypothalamus in females.²³ In the present study, 361 we found that perinatal exposure to BPA significantly elevated methylation at six CpG 362 sites in 5′ untranslated exon B of ERα gene in the hippocampus in adult rats, which 363 paralleled the reduction in expression of $ER\alpha$ in this brain region. Compared to 364 previous study, our results suggest that postnatal development of $ER\alpha$ may be 365 particular sensitive to environmental exposures. Indeed, previous study has 366 demonstrated that the sex and hormone-induced differences in DNA methylation of ERα at PND 1 were eliminated at PND $20.⁴⁵$

It is worth noting that except for a marginal significant interaction between gender and treatment in terms of swimming distance in MWM, the alterations in swimming velocity, corticosterone level, and ERα expression all exhibited a gender-specific manner. This specific manner of BPA action has been revealed by most previous studies.^{23, 46} Given the relatively low sample size in behavioral test, we believe that our results, at least in part, support the idea that BPA exerts its effects on learning/memory in a gender-specific manner.

Therefore, we conclude that perinatal exposure to BPA at a dose below the current reference dose (RfD) induces learning/memory deficits and alters stress-induced secretion of corticosterone in rat offspring. Moreover, perinatal exposure to BPA 379 decreased $ER\alpha$ expression in the hippocampus, which may be attributed to DNA 380 hypermethylation of the promoter of $ER\alpha$ gene. Our study provides evidence for the hypothesis that BPA may exert its effects on brain and behavior development through epigenetic regulation of key genes.

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Conflict of interest

The authors have declared that no conflicting of interest exists.

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	Latency		Distance		Velocity	
	$F_{1,138}$	p	$F_{1,138}$	p	$F_{1,138}$	
Time	27.720	0.000^a	3.081	0.030^a	9.575	0.00^a
Time×Treatment	0.220	0.882	0.900	0.443	0.441	0.600
Time×Gender	0.055	0.983	0.277	0.842	0.499	0.567
Time×Treatment×Gender	1 328	0.268	0.941	0.423	0.870	0.401
.						

Table 1A. The *F* **and** *p* **values for tests of within-subjuects effects.**

492 $p < 0.05$ versus control.

495 $\frac{a}{p}$ < 0.05 versus control; ^bmarginal interaction between treatment and gender;

496 ^csignificant interaction between treatment and gender.

Figure captions

the same treatment.

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Figure 1. Effects of BPA on the escape latency (A); swimming distance (B); and swimming velocity (C) in the training days of the MWM test. (D) Shows the time spent in the target quadrant in the probe test. Data was presented as mean \pm SEM; both control (n = 24) and BPA (n = 26) group have equal numbers of female and male rats; \pm , the BPA group differed significantly from the control group regardless of gender (p < 0.01); §§, the BPA females differed significantly from the control females ($p < 0.01$). * $p < 0.05$ versus control of the same gender.

150x112mm (300 x 300 DPI)

Figure 2. Anxiety-like behaviors assessed by the elevated plus maze (EPM). Anxiety-like behaviors were assessed with (A) total entries into the open arms, (B) percentage of entries into the open arms, (C) time spent in open arms, and (D) percentage of time spent in the open arms. Percentages were calculated by dividing the open arm entries and time with the sum of entries and total time. Data was presented as mean ± SEM; n = 18 (10 females, 8 males) and 23 (12 females, 11 males) for control and BPA group respectively; **p < 0.0l versus control of the same gender. (E) shows the serum corticosterone level. Data was presented as mean \pm SEM; n = 12 with equal numbers of male and female rats; **p < 0.0l versus control of the same gender; $\#p < 0.05$, $\# \#p < 0.01$ versus females with the same treatment. 95x49mm (300 x 300 DPI)

Figure 3. Expression of mRNA for ERα (A) and ERβ (B) in hippocampus. Data was presented as mean ± SEM; n = 12 with equal numbers of male and female rats; $*p < 0.05$, $***p < 0.001$ versus control of the same gender; $# p < 0.05$ versus females with the same treatment. 81x32mm (300 x 300 DPI)

Figure 4. Effects of BPA exposure on methylation status of the promoter region of ERα gene in hippocampus. (A) Schematic illustration of the promoter regions of the human (hER) and rat (rER) gene. Percentages represent the degree of homology between these two species. Red font: position of the PCR primers; Underlined: analyzed CpG sites; +1 and Green font: transcription start site. DNA methylation of 17 CpG sites in ERa promoter was examined in female (B) and male (C) hippocampus. Methylation of CpG site 14 was not detected. Data was presented as mean \pm SEM; n = 6 with equal numbers of male and female rats; $*p < 0.05$, $***p < 0.001$ versus control of the same gender. 202x328mm (300 x 300 DPI)