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1                   **Scalable fabrication of exceptional 3D carbon networks for supercapacitors**

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## 7 Abstract

8 Supercapacitors prepared by three-dimensional porous carbon networks, such as graphene- and  
9 carbon nanotube-based aerogels, have attracted extensive attention in wide fields. However,  
10 undesirable concerns, including high cost, complicated process, and insufficient yield, have greatly  
11 restricted their large-scale practical applications. In this study, a facile and exclusive approach is  
12 presented toward scalable preparation novel 3D porous carbon networks using relatively low-cost  
13 commercial cotton. Capacitive electrode materials for supercapacitors and corresponding flexible  
14 devices have been achieved based on tailoring the chemical composition, surface area and pore size  
15 distribution via conventional carbonization and activation. Such exceptional 3D porous carbon  
16 networks of controllable properties have shown high specific surface area up to  $1563 \text{ m}^2 \text{ g}^{-1}$  and  
17 optimized energy storage capability of 314 and  $170 \text{ F g}^{-1}$  at current densities of 0.1 and  $10 \text{ A g}^{-1}$  in  $6$   
18  $\text{mol L}^{-1}$  KOH electrolyte, respectively. Consequently, these advantageous features allow them to be  
19 directly utilized in the flexible all-solid-state supercapacitors, which exhibits considerably sufficient  
20 energy storage performance and excellent cycling stability.

21

22 **Key words:** Porous carbon; 3D networks; supercapacitors; energy storage.

## 23 1. Introduction

24 The serious pollution arisen from the nonrenewable fossil fuels, along with the increasing cost,  
25 have stimulated great research efforts for the storage and conversion of renewable energy sources.  
26 The fast-growing market for portable electronic devices and hybrid electronic vehicles has also  
27 demanded innovative energy storage materials of high power density and efficient energy  
28 conversion.<sup>[1-6]</sup> Electrochemical capacitors, also known as supercapacitors, are considered as  
29 promising candidate for energy storage device owing to the high power density, long cycle life, and  
30 fast charge/discharge processes,<sup>[2,7]</sup> and they are recently required to be lightweight, flexible, and  
31 effective for meeting the urgent requirement in the industry.<sup>[8-10]</sup> With various nanostructures or  
32 unique morphologies, a variety of carbon sources have been widely studied, aiming to improve the  
33 electrochemical capacitance and power density. Especially, 3D carbon porous networks have been  
34 recently pursued since they are considered to be the most promising electrode materials owing to  
35 their advantageous features of enhanced ionic and electronic transport, high specific capacities and  
36 superior long-term stability.<sup>[11-14]</sup>

37 Numerous synthesis techniques have been widely explored for preparing 3D carbon porous  
38 networks,<sup>[15-18]</sup> and they could be approximately divided into three categories: template methods,<sup>[18-20]</sup>  
39 chemical methods<sup>[21-25]</sup> and physical methods<sup>[26-30]</sup>. For the template methods, carbon nanotube  
40 (CNT)-carbon nanocup 3D hybrid structures have been proposed and synthesized by chemical vapor  
41 deposition using short channel anodized aluminum oxide templates. The assembled two-electrode  
42 supercapacitors based on the resultant materials showed an area specific capacity of  $1 \text{ mF cm}^{-2}$  in  $1$   
43  $\text{mol L}^{-1}$   $\text{LiPF}_6$  at a current of  $10 \text{ } \mu\text{A}$ .<sup>[19]</sup> As a typical example in the chemical methods, CNT- and  
44 graphene-based aerogels (GAs) with high electrical conductivity, large surface area and porous  
45 structures have been largely studied.<sup>[21-25, 31-32]</sup> Our group have prepared flexible solid-state  
46 supercapacitors based on 3D GA/porous carbon hybrid aerogels in the previous work, which  
47 presented increased specific capacity of  $187 \text{ F g}^{-1}$  at the current density of  $1 \text{ A g}^{-1}$  in the  
48 two-electrode polyvinylalcohol (PVA)/KOH gel electrolyte.<sup>[32]</sup> In the physical methods, active agents,

49 such as KOH,<sup>[26-28, 33]</sup> ZnCl<sub>2</sub>,<sup>[29]</sup> and H<sub>3</sub>PO<sub>4</sub>,<sup>[30]</sup> are generally employed to significantly improve the  
50 porosities in the 3D carbon materials. For instance, a flexible porous carbon thin films have been  
51 prepared by KOH activation of reduced graphene oxide paper, and the as-fabricated two-electrode  
52 cell based the activated films delivered specific capacitance of 120 F g<sup>-1</sup> at the current density of 10  
53 A g<sup>-1</sup> in the organic solution system.<sup>[33]</sup>

54 Although 3D porous carbon networks based on template-assistance and chemical synthesis have  
55 made substantial progress up to date, the remaining issues still limit their applications in the industry.  
56 On the one hand, the main challenges in the template synthesis should be the dependence of  
57 inorganic template materials, such as silica and zeolite, and associated complicated procedures for  
58 removing templates, which would essentially increase the cost in the practical application.<sup>[34-35]</sup> On  
59 the other hand, exploration of facile procedures for scalable preparing porous 3D CNTs- and  
60 graphene-based materials remains a great challenge.<sup>[8, 36-38]</sup> As a consequence, combination of a  
61 relatively low-cost raw material and a simply scalable approach seems to be the potential alternative  
62 for addressing the bottleneck.

63 In the present work, we demonstrate a simple and scalable method for preparing 3D carbon  
64 networks of high-performance supercapacitor electrode using relatively low-cost commercial cotton  
65 (Table S1 lists the price comparison) and easily controllable method. The as-prepared cotton-derived  
66 carbon networks (CCNs) have delivered favorable charge-discharge properties with high specific  
67 capacitance of 240 F g<sup>-1</sup> in 6 mol L<sup>-1</sup> KOH aqueous solution at the current density of 0.1 A g<sup>-1</sup>, since  
68 the 3D networks has been well preserved in the entire treatments. Further improvements have been  
69 achieved by tailoring the porosity and chemical composition via KOH activation, with the purpose of  
70 engineering the interfaces, nanostructures, and electrochemical performance of the CCNs. The  
71 as-fabricated activated cotton-derived carbon networks (A-CCNs) were found to possess much  
72 enlarged specific surface area with increased micropores and channels for ionic diffusion and  
73 electronic transfer. Thus, they were able to present an increased specific capacitance (314, 215, and  
74 170 F g<sup>-1</sup> at current densities of 0.1, 1, and 10 A g<sup>-1</sup>, respectively) and excellent cycling stability

75 (retention up to 96% after 10,000 cycles). The results of flexible all-solid state device indicate that  
76 the facile procedures hold great potential in the energy storage industry.

## 77 2. Experimental sections

### 78 2.1 Synthesis of CCNs and A-CCNs

79 The commercial cotton was directly used as the starting material without any further pre-treatment.  
80 Typically, a piece of cotton was cut into a certain shape (determined by the furnace size) and  
81 subjected to carbonization at 900 °C for 2 h with a heating rate of 5 °C min<sup>-1</sup> under N<sub>2</sub> atmosphere.  
82 The resulting samples (CCNs) were further treated under ultrasonication for 1 h with the presence of  
83 mixture of HNO<sub>3</sub>/H<sub>2</sub>SO<sub>4</sub> (v/v=1/3) in order to improve the hydrophilicity. The resulted samples were  
84 then immersed in the aqueous solution of KOH, and then dried at 90 °C overnight to make water  
85 evaporation, thoroughly. The mixtures were then thermally annealed at 800 °C for 1 h in N<sub>2</sub> with a  
86 heating rate of 5 °C min<sup>-1</sup>. The resulted samples (A-CCNs) were washed with 10 wt% HCl aqueous  
87 solution and deionized water, and then dried at 90 °C. The predetermined mass ratio of CCNs and  
88 KOH were 1:1, 1:2, 1:4, respectively (abbreviated as A-CCNs-1:1, A-CCNs-1:2, and A-CCNs-1:4).

### 89 2.2 Fabrication of three-electrode system and two-electrode devices

90 The electrochemical performance of the carbon materials was determined in a three-electrode cell  
91 with basic aqueous solutions. The working electrode was prepared by mixing the carbon samples,  
92 acetylene black with poly (tetrafluoroethylene) in a weight ratio of 80:15:5, and then the mixture was  
93 pressed onto nickel foam. The typical mass and dimensions of the working electrodes are 10 mg and  
94 1 cm<sup>2</sup>. For the three-electrode system, Pt and Hg/HgO electrode were used as the counter electrode  
95 and reference electrode, respectively, while the KOH solution (6 mol L<sup>-1</sup>) was employed as the  
96 electrolyte.

97 The electrochemical performance of A-CCNs was further determined in a gel electrolyte by using  
98 a two-electrode cell. In a typical preparation, PVA powder (2 g) was dissolved in distilled water (20  
99 mL) under vigorous stirring at 85 °C. Until a stable PVA aqueous solution was formed, two working  
100 electrodes with PVA aqueous solution in between were stacked, followed by adding excessive KOH

101 aqueous solution ( $6 \text{ mol L}^{-1}$ ). The PVA-based gel, which acted as the electrolyte and separator, was  
102 settled for 24 h, allowing them to form a robust flexible all-solid-state device.

### 103 **2.3 Characterization**

104 The morphologies of synthesized composite materials were observed by a field emission scanning  
105 electron microscopy (FE-SEM, JEOL JSM-6330). Transmission electron microscopy (TEM) images  
106 were obtained by JEM-2100F TEM system.  $\text{N}_2$  adsorption-desorption isotherms were carried out  
107 using Quantachrome Autosorb-IQ2 analyzer at 77 K after being degassed at  $300 \text{ }^\circ\text{C}$  for at least 3 h.  
108 X-ray photoelectron spectroscopy (XPS) was acquired on PHI-5300.

109 Galvanostatic charge/discharge was tested at various current densities using LAND-CT2001A  
110 (Wuhan Jinnuo Electronics. Ltd.). Cyclic voltammetry (CV) was carried out using a CHI660C  
111 electrochemical workstation (Shanghai Chenhua).

### 112 **3. Results and discussion**

113 In the typical preparation of 3D carbon networks (Figure 1), a piece of commercial cotton was  
114 used as the raw material without any pretreatment (Figure 1a), and the corresponding amount and  
115 size could be easily extended for scalable production according to the requirement. For preparing  
116 CCNs (Figure 1b), the cotton was directly heated up for carbonization under nitrogen atmosphere,  
117 and then further treated in the mixed acid solution under sonication to improve the hydrophilicity.  
118 The A-CCNs of 3D porous networks were obtained by calcining the mixture of CCNs and KOH  
119 (Figure 1c).

120 In the design of such novel 3D carbon networks, utilization of the commercial cotton as the raw  
121 materials for achieving A-CCNs shows several exclusive favorable characteristics. Firstly, because of  
122 simply, good controllability and environmental-friendly, the entire process could be easily scaled up  
123 for meeting the industrial demands. Secondly, analogous to typical 3D nanostructures based on CNT  
124 and graphene, porous CCNs (including A-CCNs) could facilitate the electron transfer and provide  
125 convenient channels for ionic diffusion in the interspaces. Thirdly, the introduced hierarchical  
126 porosities (including micro-, meso-, and macropores) are expected to essentially provide more

127 contact sites for electrolyte ions, substantially promoting the ionic exchange rate in the  
128 electrode/electrolyte interfaces.

129 Figure 2 exhibits typical SEM and TEM images of the CCNs (Figure 2a and 2e ) and A-CCNs  
130 (Figure 2b-2d, and 2f). As presented in Figure 2a, the CCNs presented typical 3D networks structure.  
131 Compared to the CCNs (the inset in Figure 2a), pronounced wrinkles were expected to be observed  
132 on the rough surface of the A-CCNs (Figure 2b-d). Such morphological changes should be associated  
133 with different degrees of KOH etching, and meanwhile the surface etching degree increases with the  
134 KOH concentration. Representative TEM images of CCNs (Figure 2e) and A-CCNs-1:2 (Figure 2f)  
135 indicate that the diffraction contrast implies the presence of the nano-scale pores and wrinkles in  
136 A-CCNs-1:2, enabling it to present large specific surface area and favorable pathways for ionic  
137 diffusion.

138 The nitrogen adsorption/desorption isotherms of the cotton-derived carbon materials are presented  
139 in Figure 3a. Compared to the CCNs, A-CCNs have a much higher N<sub>2</sub> sorption capacity, which  
140 displayed type I sorption isotherms characteristic for microporous materials.<sup>[6]</sup> In the low pressure  
141 region ( $P/P_0=0\sim 0.1$ ), it is clear to observe the rapid increase of the adsorption in the A-CCNs,  
142 consistent with the observation in the CCNs, which indicates a large amount of micropores.<sup>[33,39]</sup> The  
143 surface area of micropores ( $S_{\text{micro}}$ ) in the A-CCNs-1:2 indicates a significant increase in comparison  
144 with the CCNs (Table 1). The direct comparison shows that the A-CCNs-1:2 possess smaller specific  
145 surface area than the A-CCNs-1:1 and A-CCNs-1:4, which is linked to the changes of the carbon  
146 nanostructures and configurations in the KOH activation, carbonization and acid treatments.<sup>[14, 40]</sup> In  
147 addition, A-CCNs-1:4 presented smaller surface area than A-CCNs-1:1, which maybe attributed to  
148 the structural collapse caused by over-etching. Moreover, pore size distribution (Figure 3b) and  
149 micropore volume (Table 1) were calculated by the density functional theory (DFT) method.<sup>[6]</sup> The  
150 estimated average pore size of A-CCNs-1:2 was calculated to be 1.791 nm (Table 1), which is the  
151 major feature of micropores (<2 nm). Consequently, the results here suggest that A-CCNs has  
152 substantially enhanced the surface area by KOH activation and increased the amount of micropores

153 (typically in A-CCNs-1:2).

154 XPS was carried out to investigate the surface chemical compositions of the samples. Figure 4 (a-d)  
155 exhibit the C 1s spectra of CCNs, A-CCNs-1:1, A-CCNs-1:2, and A-CCNs-1:4, respectively,  
156 demonstrating pronounced carbon-carbon species (~284.6 eV) in both samples.<sup>[41]</sup> Compared to  
157 CCNs, slightly enhanced C-O (~286.1 eV) and C-N (~286.33 eV) peaks have been found in A-CCNs  
158 due to the process of activation, which refers to oxygen containing functional groups (such as  
159 hydroxyl and carboxyl groups), mainly making contributions to increasing specific storage by means  
160 of pseudocapacitive interaction. <sup>[6, 39]</sup> In addition, it is noticeable that the substantial increase of  
161 nitrogen content in A-CCNs shown in Figure 4, which could lead to further enhancement in the  
162 specific capacity <sup>[42-44]</sup>. Further XRD patterns of CCNs, A-CCNs-1:1, A-CCNs-1:2, and  
163 A-CCNs-1:4 were described in Figure S1. XRD patterns of the A-CCNs are similar to those of CCNs,  
164 showing a broad peak at about  $26^\circ$ , consistent with amorphous carbon structure. Because of such  
165 typical 3D porous carbon nanostructures, they are expected to act as ideal electrode materials for  
166 supercapacitors in the  $6 \text{ mol L}^{-1}$  KOH aqueous solution. Figure 5a shows the typical CV curves of  
167 CCNs and A-CCNs at  $10 \text{ mV s}^{-1}$ . The curves demonstrate quasi-rectangular shape with slight  
168 distortion, which is induced by the pseudo-capacitance owing to the oxygen- and nitrogen-containing  
169 functional groups. In comparison with the CCNs, A-CCNs apparently have a much larger area  
170 (Figure 5a), indicating increased electrochemical performance and enhanced energy storage  
171 capability. According to Figure 5b, the galvanostatic charge-discharge curves illustrate almost  
172 isosceles triangles at the current density of  $1 \text{ A g}^{-1}$ , which suggests typical double-layer capacitance  
173 with no distinct voltage drop. The specific capacitance could be calculated according to the equation  
174 of  $C_s = I \times t/V/m$ ,<sup>[2]</sup> where  $C_s$  ( $\text{F g}^{-1}$ ) is the specific capacity,  $I$  ( $\text{A g}^{-1}$ ) the response current density,  $t$  (s)  
175 the discharge time,  $V$  (V) the potential and  $m$  (g) the mass of active materials. Therefore, the results  
176 in Figure 5b suggest that the A-CCNs deliver substantially enhanced energy storage capability  
177 compared to CCNs. Moreover, the relationship of the specific capacitance with respect to the  
178 charge/discharge specific currents (Figure 5c) manifest that the A-CCNs-1:2 possess much enhanced

179 capacities up to 314, 215 and 170 F g<sup>-1</sup> at current densities of 0.1, 1 and 10 A g<sup>-1</sup>, respectively,  
180 compared to the values found in the CCNs (240, 158 and 92 F g<sup>-1</sup> at 0.1, 1 and 10 A g<sup>-1</sup>, respectively).  
181 Consequently, such considerable enhancement in the energy storage should be associated with  
182 chemical compositions and nanostructures of the 3D porous carbon networks. Moreover, such  
183 electrode shows a high retention up to 98% after 10,000 cycles at a current density of 3 A g<sup>-1</sup> (95%  
184 after 10,000 cycles at 10 A g<sup>-1</sup>), indicating excellent long-term cycling stability (Figure 5d).

185 The A-CCNs-1:2 were further processed into a symmetrical two-electrode system to fabricate a  
186 flexible all-solid-state supercapacitor.<sup>[14,32]</sup> A diagram of the supercapacitor using A-CCNs-1:2 as  
187 electrodes with a polymer electrolyte gel as the electrolyte and separator was shown in Figure 6a.  
188 The specific capacitance of the two-electrode device was calculated by the equation of  $C_s = 2I \times$   
189  $t/V/m$ ,<sup>[31]</sup> where  $m$  is the mass of the A-CCNs-1:2 in one electrode. Figure 6b exhibits the CV curves  
190 at 5 mV s<sup>-1</sup> of the flexible device under different bending angles and no significant change was  
191 observed, indicating excellent capacitance retention upon compression. As shown in Figure 6c, the  
192 CV curves exhibit no pronounced redox peaks at different current densities, presenting typical  
193 double-layer capacitive behavior. According to the galvanostatic charge/discharge curves in Figure  
194 6d, similar isosceles triangles at different current densities were also observed, without distinct  
195 voltage drop presented. Figure 6e displays the rate stability of the all-solid-state supercapacitor,  
196 showing the highest capacitance up to 120 F g<sup>-1</sup> at the current density of 3 A g<sup>-1</sup>. Additionally, the  
197 all-solid-state supercapacitor also presented excellent cycling stability with 96% retention after  
198 10,000 cycles at a current density of 3 A g<sup>-1</sup> (92% after 10,000 at 10 A g<sup>-1</sup>) (Figure 6f).

199 As aforementioned, the as-prepared 3D carbon networks show very similar morphologies to CNT-  
200 or graphene-based 3D nanostructures<sup>[45-53]</sup>. Based on the sufficient surface area of the 3D carbon  
201 networks, this work has proposed a different view on the achievement of the porous carbon  
202 structures and subsequent improvements in the electrochemical performance. Compared to the  
203 performance in the three-electrode systems (Table 2), the optimized electrochemical performance of  
204 the A-CCNs-1:2 competes well and is even higher than that of some typical CNT- or graphene-based

205 3D nanostructures<sup>[45-53]</sup>. It is suggested that A-CCNs based on the facile activation process are able to  
206 afford as sufficient surface area as the commercial CNT- and graphene-based 3D nanostructures, with  
207 considerably effective electrically conductive networks for promoting electronic transport. Moreover,  
208 the price advantages listed in Table S1 further suggest that such relatively low-cost 3D porous carbon  
209 networks that enable to offer sufficient specific capacitance similar to the commercially available  
210 carbon materials are more advantageous in the extension for scalable fabrication. According to the  
211 results in the current work, there is still room for performance improvements, including adjusting  
212 carbonization parameters and tailoring the activation conditions, and thus much enhanced  
213 carbon-based energy-storage devices could be envisaged.

#### 214 **4. Conclusion**

215 In conclusion, we have demonstrated a facile and low-cost approach toward engineering the  
216 commercially available cotton into 3D porous carbon networks via conventional carbonization and  
217 activation. Similar to the widely used CNT- and graphene-based capacitor electrodes, the as-prepared  
218 A-CCNs were found to present advantageous features in the nanostructures, chemical compositions,  
219 pore diameter distribution, and specific surface areas. Therefore, the A-CCNs could deliver excellent  
220 electrochemical performance and energy storage capability. Comparison of other CNT- and  
221 graphene-based 3D nanostructures indicates that the A-CCNs based on a more simple strategy  
222 coupled with competitive electrochemical performance have promised great potential in the scalable  
223 fabrication of high-performance 3D porous carbon materials that are potentially extended in energy  
224 storage industry.

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231 **References**

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- 307 **53.** Z. Y. Zhang, F. Xiao, Y. L. Guo, S. Wang, Y. Q. Liu, *ACS Appl. Mater. Interfaces*, 2013, **5**,
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309 **Table 1.** Pore structure parameters of CCNs and A-CCNs-1:1, A-CCNs-1:2 and A-CCNs-1:4.

Sample	$S_{\text{total}}$	$S_{\text{micro}}$	$S_{\text{meso+macro}}$	$V_{\text{total}}$	$V_{\text{micro}}$	$V_{\text{meso+macro}}$	APS <sup>a</sup>
		(m <sup>2</sup> g <sup>-1</sup> )			(cm <sup>3</sup> g <sup>-1</sup> )		(nm)
CCNs	376.3	332	44.3	0.205	0.134	0.071	2.181
A-CCNs-1:1	1563	1452	111	0.876	0.695	0.181	2.242
A-CCNs-1:2	986.7	943.1	43.6	0.442	0.378	0.064	1.791
A-CCNs-1:4	1221	1124	97	0.664	0.528	0.136	2.176

310

311 **Note:** The surface areas for total ( $S_{\text{total}}$ ) and micropores ( $S_{\text{micro}}$ ) were obtained from multipoint  
312 Brumauer–Emmett–Teller (BET) plot and V–t plot, respectively, and the surface area of  
313 meso/macropore ( $S_{\text{meso+macro}}$ ) was acquired by subtracting  $S_{\text{micro}}$  from  $S_{\text{total}}$ . Total pore volume ( $V_{\text{total}}$ )  
314 was determined at  $P/P_0 = 0.99$ , and micropore volume ( $V_{\text{micro}}$ ) was calculated from V–t plot. The  
315 algorithm of meso/macropore ( $V_{\text{meso+macro}}$ ) was similar with  $S_{\text{meso+macro}}$ ; <sup>a</sup> Average Pore Size.

316 Table 2. Electrochemical performance achieved in the typical CNT- and graphene-based 3D  
 317 frameworks in three-electrode systems.

Electrode materials (Type)	Specific capacitance	Electrolytes	Cycling stability	Refs
A-CCNs-1:2	314 F g <sup>-1</sup> (0.1 A g <sup>-1</sup> ) 215 F g <sup>-1</sup> (1 A g <sup>-1</sup> ) 170 F g <sup>-1</sup> (10 A g <sup>-1</sup> )	3M KCl	98% (10000)	This work
N-doped Carbonaceous aerogel	150.6 F g <sup>-1</sup> (0.2 A g <sup>-1</sup> )	6 M KOH	-	42
cMR-rGO	210 F g <sup>-1</sup> (0.1 A g <sup>-1</sup> ) 180 F g <sup>-1</sup> (5 A g <sup>-1</sup> ) 160 F g <sup>-1</sup> (10 A g <sup>-1</sup> )	1M LiPF <sub>6</sub> EC/DEC	96% (20000)	43
MnO <sub>2</sub> /CNT/RGO	193 F g <sup>-1</sup> (0.2 A g <sup>-1</sup> )	1 M Na <sub>2</sub> SO <sub>4</sub>	~70% (1300)	44
N-C-RGO-Networks	1320 F g <sup>-1</sup> (0.1 A g <sup>-1</sup> ) 250 F g <sup>-1</sup> (1 A g <sup>-1</sup> ) 200 F g <sup>-1</sup> (10 A g <sup>-1</sup> )	6 M KOH	>92% (10000)	45
RGO/cMWCNT	193 F g <sup>-1</sup> (1 A g <sup>-1</sup> ) 180 F g <sup>-1</sup> (5 A g <sup>-1</sup> )	PAAK/KCl gel electrolyte	-	46
MnO <sub>2</sub> /CNT/graphene/Ni	251 F g <sup>-1</sup> (1 A g <sup>-1</sup> )	1M Li <sub>2</sub> SO <sub>4</sub>	82% (3000)	47
GN/PC aerogels	324 F g <sup>-1</sup> (0.1 A g <sup>-1</sup> ) 200 F g <sup>-1</sup> (5 A g <sup>-1</sup> ) 190 F g <sup>-1</sup> (10 A g <sup>-1</sup> )	6M KOH	>90% (10000)	48
GA-MC	226 F g <sup>-1</sup> (1 mV s <sup>-1</sup> ) 83 F g <sup>-1</sup> (100 mV s <sup>-1</sup> )	1M H <sub>2</sub> SO <sub>4</sub>	140% (5000)	49
TiO <sub>2</sub> /RGO hydrogel	206.7 F g <sup>-1</sup> (0.5 A g <sup>-1</sup> ) 120 F g <sup>-1</sup> (5 A g <sup>-1</sup> )	0.5 M Na <sub>2</sub> SO <sub>4</sub>	>99% (2000)	50

318

319 **Figure captions:**

320 **Figure 1.** Schematic illustration of the fabrication procedures of the 3D porous networks and  
321 corresponding digital photographs: the raw material of commercial cotton (a), carbonized cotton after  
322 calcination (b), activated carbonized cotton via KOH activation (c).

323 **Figure 2.** Typical SEM micrographs of CCNs (a), A-CCNs-1:1 (b), A-CCNs-1:2 (c), and  
324 A-CCNs-1:4 (d), the inset is the high-magnification of selected area. TEM images of CCNs (e) and  
325 A-CCNs-1:2 (f).

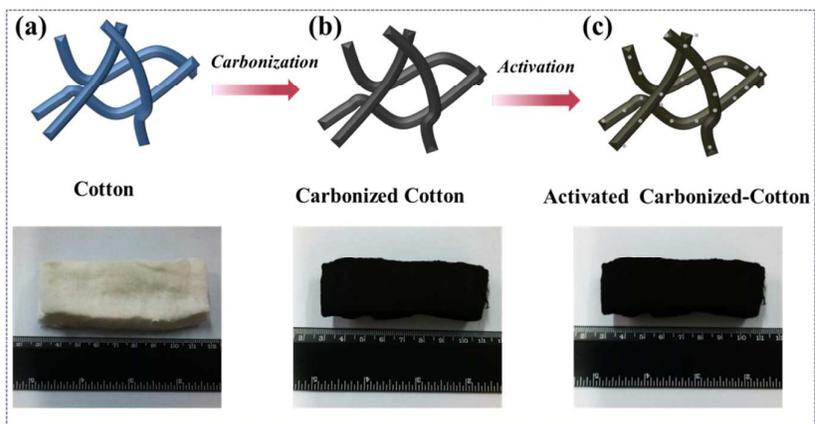
326 **Figure 3.** N<sub>2</sub> adsorption-desorption isotherms (a) and DFT pore-size distribution (b) of the CCNs,  
327 A-CCNs-1:1, A-CCNs-1:2, and A-CCNs-1:4.

328 **Figure 4.** C 1s XPS spectra of the CCNs (a), A-CCNs-1:1 (b), A-CCNs-1:2 (c), and A-CCNs-1:4 (d),  
329 respectively.

330 **Figure 5.** Electrochemical properties of the CCNs and A-CCNs electrodes using a three-electrode  
331 cell in the 6 mol L<sup>-1</sup> KOH aqueous solution: CV curves at a scan rate of 10 mV s<sup>-1</sup> (a), typical  
332 galvanostatic charge-discharge curves at a current density of 1 A g<sup>-1</sup> (b), relationship of the specific  
333 capacitance with respect to the charge/discharge specific currents (c), cycle stability of the  
334 A-CCNs-1:2 at current densities of 3 and 10 A g<sup>-1</sup> (d).

335 **Figure 6.** Design and electrochemical performance of a flexible all-solid-state supercapacitor with  
336 A-CCNs-1:2 as electrodes. A diagram of the supercapacitor using A-CCNs-1:2 as electrodes with a  
337 polymer electrolyte gel as the electrolyte and separator (a), CV curves at 5 mV s<sup>-1</sup> under different  
338 bending angles (b), CV curves at different scanning rates (c), typical galvanostatic charge-discharge  
339 curves at different current densities (d), specific capacitance of at different current densities (e),  
340 cycling stability of the flexible device at current densities of 3 and 10 A g<sup>-1</sup> (f).

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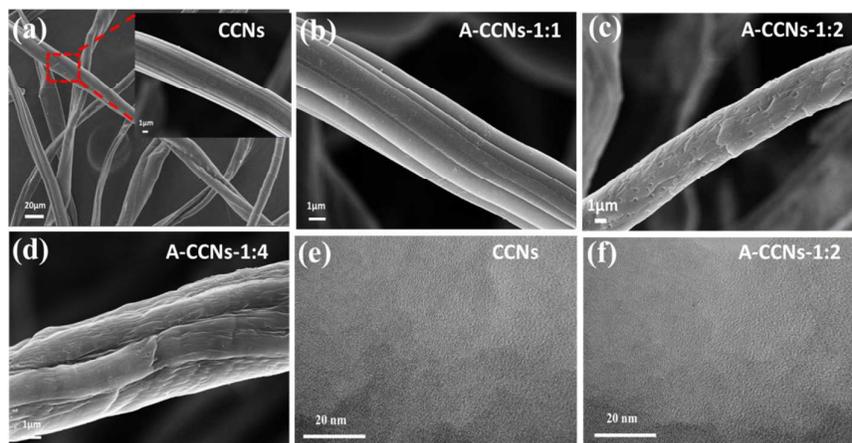
342 **Figures:**

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Figure 1

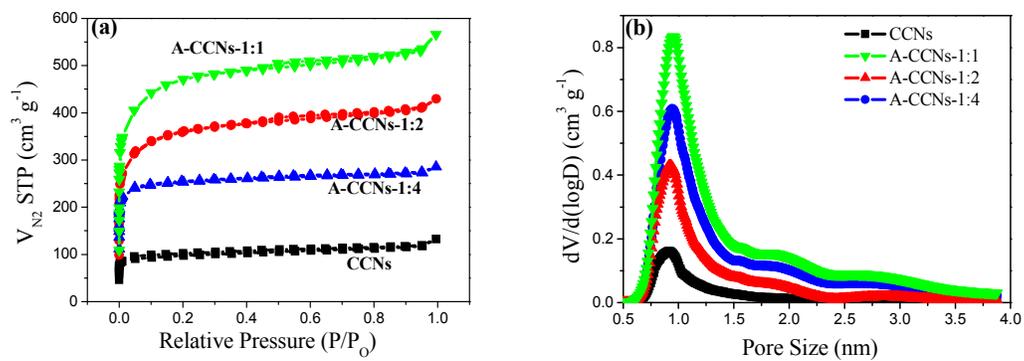
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Figure 2



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Figure 3

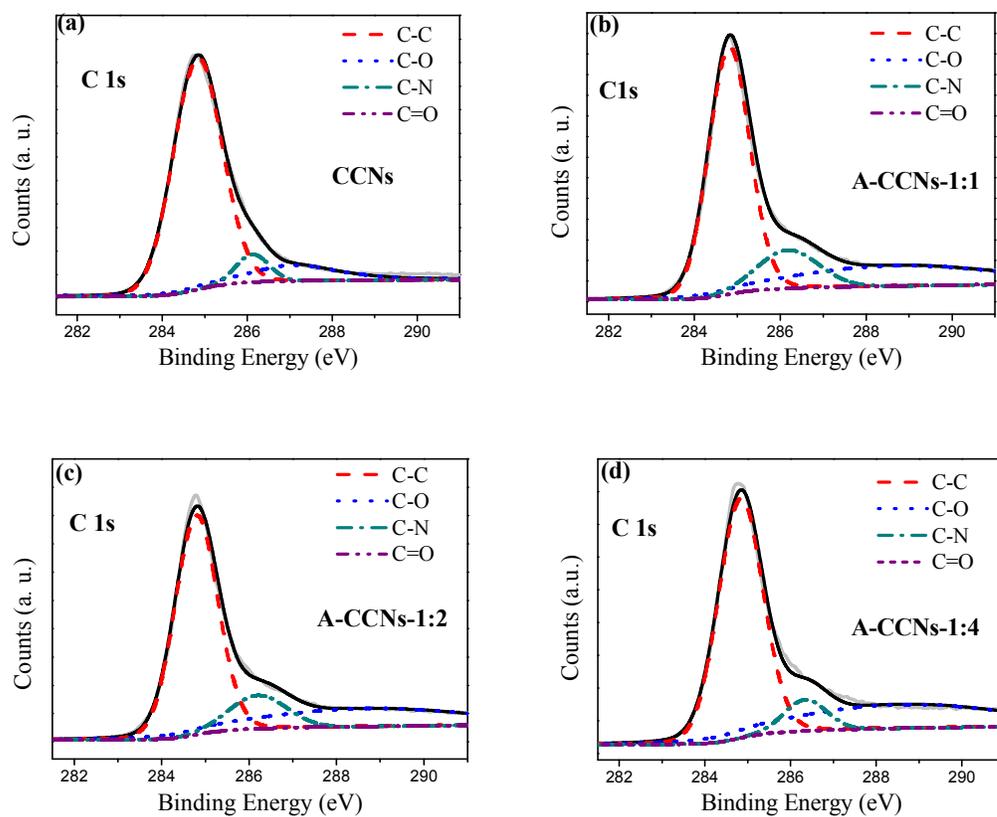


Figure 4

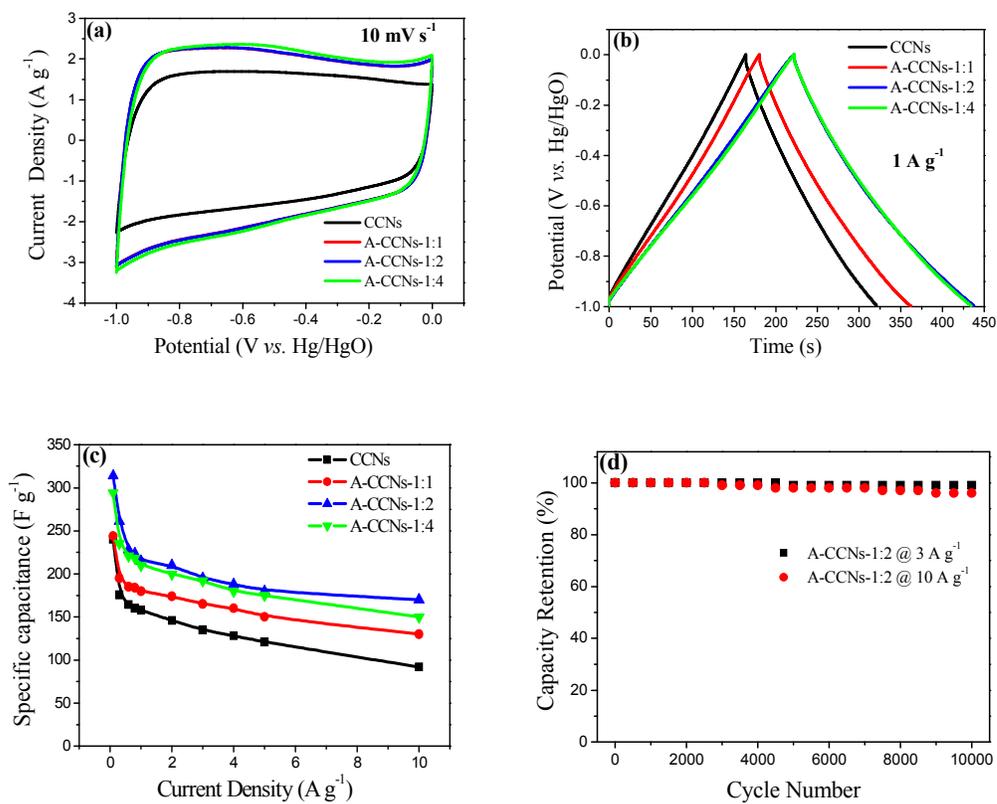


Figure 5

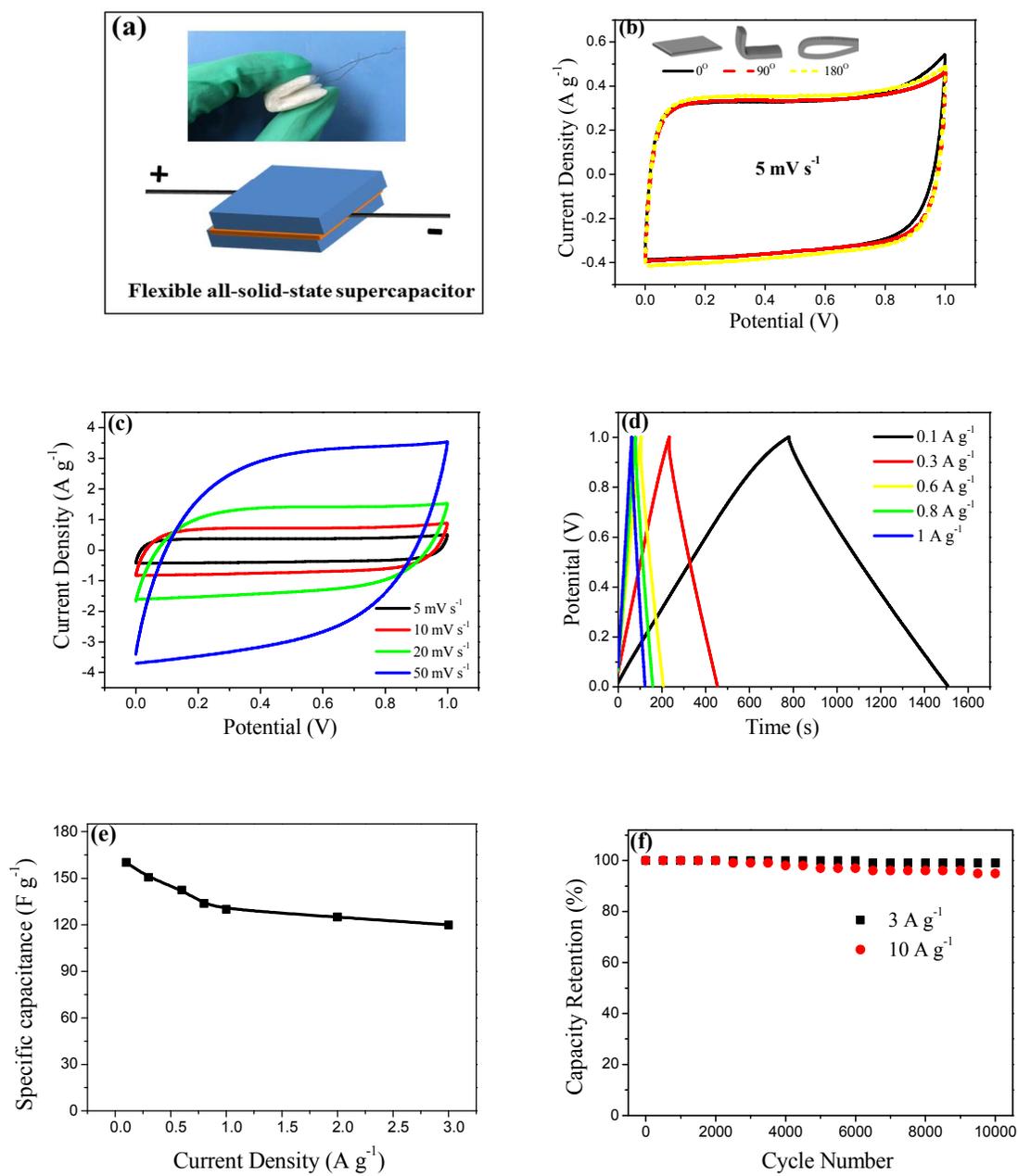


Figure 6