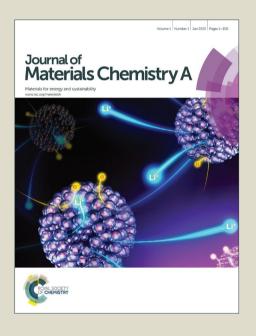
# Journal of Materials Chemistry A

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### **ARTICLE TYPE**

## Fibrous and flexible supercapacitors comprising hierarchical nanostructures with carbon spheres and graphene oxide nanosheets

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A fibrous, flexible supercapacitor (FFSC) electrode with unique layer-by-layer structures is constructed using a one-step electrophoretic method. The highly enhanced capacitance of 53.56 mF/cm<sup>2</sup> and good charge/discharge stability is attributed to the synergistic effect between the GO nano-sheet and carbon nano-sphere for electrolyte contact and ion transportation. Such construction method can be employed to construct various FFSC electrodes for portable energy storage and wearable electronics applications.

#### 15 Introduction

In response to the changing global landscape, energy has become a primary focus for major corporations and scientific communities all over the world. There has been increasing interest in developing and refining efficient energy storage 20 devices. The task of developing sustainable and renewable energy has been one of the most important focuses of this movement.<sup>1</sup> Among the various energy storage systems, supercapacitors, also known as ultracapacitors, have matured significantly over the last decade. These powerful devices have recently emerged with 25 potential to facilitate major advances in energy storage. Supercapacitors exhibit exceptional properties, including high power density, fast rates of charge/discharge, reliable cycling life, and safe operation,<sup>6,7</sup> making them advantageous for efficient electrical energy storage.8 Carbon-based materials with good 30 electrical conductivity, higher surface area, lower cost, and more established fabrication techniques are usually adopted as electrode materials for EDLC. 9,10 Conducting polymers and metal oxides are usually employed as electrode materials for pseudocapacitors or redox supercapacitors. 11,12 It is interesting to 35 note that supercapacitors have been especially promising in the fields of portable and highly integrated equipment such as electronic textiles and wearable electronics that require small, lightweight and high flexible devices. Unlike film-structured devices, the fibrous devices can be readily embedded into the 40 textile at ideal locations, while retaining the fabric's mechanical flexibility. Investigation into fibrous devices have provided intriguing prospects for the scientific community, however, many challenges still remain. 13

Graphene, a novel carbonous material with a two-dimensional (2D) nanostructure, has attracted much attention in both fundamental science and applied research. <sup>14,15</sup> It has been widely recognized as a promising electrode material for supercapacitors as it carries many superior properties, <sup>16-21</sup> including exceptional thermal stability, optimal mechanical stiffness, excellent <sup>50</sup> electronic properties and electrical conductivity, high surface area

(theoretically over 2630 m<sup>2</sup>/g per single layer), and flexibility, for many potential applications in electronics and transistors. 22-27 Graphene-based film materials are promising candidates for flexible and micro-energy storage devices. 28-33 To prevent the 55 agglomeration of graphene sheets, much effort has been devoted to mixing graphene with polymers or inorganic nanoparticles to yield graphene-incorporated composites. 34,35 Recently, significant progress has been made towards the development of high flexible and wire-shaped devices to realize energy harvesting and storage 60 for flexible and wearable electronics, 36-40 for example, a sandwich-like supercapacitor electrode with carbon-based composites was developed and exhibited an outstanding capacitor performance. 41-43 Notably, some studies have been conducted to construct fibrous and flexible supercapacitor (FFSC) devices by 65 taking advantage of the synergistic effect of multiple active materials, such as pen ink and polyaniline composite fibers. 37,38

Herein, we report on the crafting of a unique hierarchical nanostructure composed of graphene nanosheets and carbon nanospheres via a simple one-step electrophoretic deposition. 70 Carbon nanospheres acting as nanospacers were introduced into graphene nanosheets to render the formation of ideal layer-bylayer hierarchical nanostructures. Subsequently, this unique GO nanosheets and carbon nanospheres hierarchical nanostructure (GCHN) composite was exploited as the building block to 75 produce supercapacitor electrodes and fibrous and flexible supercapacitor (FFSC). As the nanospacers, carbon spheres not only provided rapid diffusion velocity between the electrolyte and the surface of electrode, but also increased the utilization efficiency of graphene. Electrochemical performance on specific 80 capacitance and reversible capacity has been systematically studied. The synergistic effects of the capacitance behavior of fibrous and flexible GCHN electrode, and device with unique layer-by-layer hierarchical nanostructures on capacitance were also scrutinized as a function of deposition time and GO content. 85 The long-term cycle stability of fibrous and flexible supercapacitor (FFSC) was also evaluated.

#### **Experimental section**

Synthesis of carbon spheres: The carbon nanospheres are freshly prepared by hydrothermal treatment of glucose according to previous reports. 44-46 Specifically, glucose (4-8 g) was dissolved in deionized (DI) water (40 mL) to form a clear solution. The mixture was transferred to a Teflon-sealed autoclave and oven-dried at 180°C for more than 4 h. The resulting black or puce products were isolated and cleaned by three cycles of centrifugation, washing, and dispersion in DI water and alcohol. Finally, the compound was dried in oven at 80°C for a minimum of 1 h to obtain dark brown solid spherical

pellets for the subsequent experiments. The spheres were kept dry and stored at room temperature.

Preparation of graphene oxide: Graphene oxide (GO) was synthesized using a modified Hummer's method.<sup>47</sup> In a typical 5 synthesis process, 1.0 g of raw graphite powder (SP-1, Bay Carbon) with 0.5 g of K<sub>2</sub>S<sub>2</sub>O<sub>8</sub> (Fluka) and 0.5 g of P<sub>2</sub>O<sub>5</sub> (Fluka) was stirred in 1.5 mL of H<sub>2</sub>SO<sub>4</sub> solution at 80°C for 4.5 h; preoxidized graphite was obtained after a subsequent filtration with DI water for at least 3 times. After drying in air overnight, the 10 preoxidized graphite powder was further oxidized in 23 mL of H<sub>2</sub>SO<sub>4</sub> solution with gradual addition of 3 g of KMnO<sub>4</sub> (Sigma-Aldrich) at 0°C. After stirring the solution at 36°C for 2 h, 46 mL of DI water was added and stirred for 2 h. The oxidation ended with adding 140 mL of DI water and 2.5 mL of H<sub>2</sub>O<sub>2</sub> (35%) when 15 the solution colour changed to light brown. The GO solution was washed, filtrated with 10% HCl, then redispersed in DI water that had been dialyzed for 2 weeks.

Fabrication of FFSC electrode: The as-prepared carbon spheres (0.5 mg) and DI water (10 mL) was successively added 20 into 10 mL ethanol and sonicated for 10-min at room temperature. Then, a certain volume of the above mentioned carbon spheres solution (0.25 mg/mL) was added into 5 mL of 0.5 mg/mL GO nanosheet ethanol solution to obtain mixed solutions containing various mass ratios of the graphene/carbon 25 spheres. A conductive fiber (a platinum wire was used in this work) was submerged into the mixed GO and carbon spheres solution in a stainless steel ring (height of approximately 12 mm) with plastic bottom; it was used as the anode during electrophoretic deposition. After the conductive fiber submerged 30 into the solution, turn on the DC power. The stainless steel ring acted as the cathode to establish a cylindrical electric field for depositing the GO and carbon spheres to yield a layer-by-layer structure. After the experiment time reached, take out the fiber, then turn off the DC power. GO was chemically reduced through 35 the immersion into hydroiodic acid (HI) solution at 100°C for 1.5-2.0 h. The reduced graphene oxide (rGO) FFSC electrode was obtained after washing in DI water. 48

Construction of flexible supercapacitor device: Unlike conventional supercapacitors, which consist of two planar 40 electrodes and a planar spacer to form a two-dimensional (2-D) planar structure, the flexible supercapacitor constructed here is enclosed a metal or plastic shell filled with electrolyte. Briefly, we used a special encapsulating technique to assemble FFSC supercapacitor device, which included two GCHN fiber 45 electrodes with optimal 50.0 wt% GO content (weight ratio of GO / GO + carbon spheres), a cotton thread spacer wire, and an electrolyte. The cotton thread was evenly reeled over one GCHN FFSC electrode with a specific pitch to prevent short circuits caused by the direct contact of electrodes. The other GCHN 50 FFSC electrode was then placed in parallel closely to the first electrode and packaged into a flexible plastic tube. Finally, the plastic tube was filled with electrolyte and sealed to construct the final supercapacitor device.

Characterization and electrochemical measurements: Optical 55 photographs were taken by using a Nikon 4500 digital camera. The microscopic morphology of samples was characterized by field emission scanning electron microscopy (FESEM, S-4800, Hitachi) operating at 3.0 kV. The surface morphology of the GO sheets were investigated by an atomic force microscope (AFM, 60 MultiMode8, Bruker) in tapping mode. The electrochemical performance of GCHN electrodes and the corresponding optimal FFSC devices (50.0 wt% of the GO content) were tested in 6 M KOH electrolyte by cyclic voltammetry (CV), galvanostatic charge/discharge (GCD), and electrochemical impedance 65 spectroscopy (EIS) method with a CHI 760D electrochemical

workstation (Shanghai, China). The electrode experiments were carried out in a three-electrode system. The as-prepared GCHN FFSC electrode served as the working electrode; a platinum wire and a saturated calomel electrode (SCE) were used as counter and 70 reference electrodes, respectively.

#### Results and discussion

Figure 1A shows the SEM image of carbon nanospheres. Clearly, carbon nanospheres were uniform with an average 75 diameter of 200 nm. The AFM image showed that the lateral dimension of GO sheets was in the rage of 0.2-2.0 µm (Figure 1B). In neutral aqueous solution, carbon nanospheres and GO nanosheets had negative ζ-potentials of approximately -40.5 mV and -59.8 mV, respectively. Due to their similar negative charge 80 potentials, carbon nanospheres and GO nanosheets were uniformly dispersed in solution and simultaneously deposited on the anode under a well-distributed circular electric field. This process occurred in the mixed solution of carbon nanospheres, GO, deionization water (DI water), and ethanol, accompanied by 85 a redox reaction under DC at 10 V, shown in Figure 1C. As the surface area of 2D GO nanosheets was much larger than that of carbon spheres, carbon nanospheres were dispersed between the GO nanosheets resulted in the layer-by-layer GCHN that wrapped tightly onto the surface of the wire electrode, as shown in Figure 90 1D, 1E and 1F. The structure of GCHN was dictated by the weight ratio of the GO content. With the addition of carbon nanospheres, the effective surface area of hierarchical nanostructure comprising carbon nanospheres and graphene nanosheets increased due to the fact that carbon spheres acted as 95 nanospacers for separating the GO nanosheets, which is vital for improved electrochemical capacitance performance.

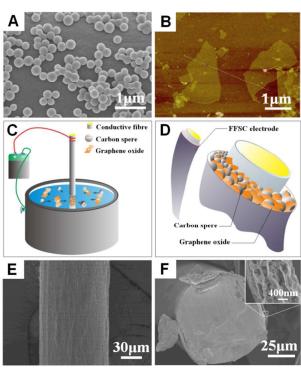
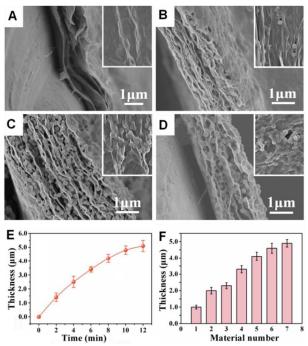


Figure 1. (A) SEM image of carbon nanospheres. (B) AFM 100 image of GO nanosheets on silicon. (C) Schematic illustration of hierarchically nanostructured fibrous and flexible supercapacitor (FFSC) electrode comprising GO nanosheets and carbon spheres via an electrophoretic deposition approach. (D) The FFSC

electrode based on hierarchical composite containing GO nanosheets and carbon nanospheres, with a unique self-assembled layer-by-layer structure. SEM image of as-prepared FFSC electrode: (E) side-view, and (F) cross-sectional view. The inset 5 of Figure 1F is the zoon-in SEM image of the edge section of the as-constructed porous carbon sphere/GO structure.

Figure 2A shows the cross-sectional SEM image of asdeposited pristine GO nanosheets film, without the addition of 10 carbon spheres. Obviously, a very dense structure with extensive aggregation and close stacking of GO nanosheets is evident, suggesting that GO nanosheets tend to restack during the process of electrophoretic deposition. Figure 2B-D compare the crosssectional images of hierarchical nanostructures composed of 15 carbon nanospheres and GO nanosheets formed in solution with different weight ratios of GO to carbon sphere (Figure 2B and 2C) obtained from different deposition durations (Figures 2C and 2D). It is interesting to note that a larger amount of carbon spheres were found to be sandwiched between GO sheets, 20 forming rough yet hierarchical structures. Clearly, these results revealed that the carbon sphere nanospacers effectively distanced GO sheets and prevented their close stacking. As the carbon sphere content increased, the thickness of as-deposited GCHN film increased due to the larger amount of carbon spheres inserted 25 among graphene sheets, thereby preventing the aggregation of GO sheets more efficiently (Figure 2E). Moreover, the thickness of the GCHN material was dependent on the deposition time. Figure 2F illustrates the relationship between the thickness of GCHN material and the deposit time in the solution containing 30 50.0 wt% GO. In general, the thickness of GCHN film increased quickly at the initial deposition process, and then slowed down during the course of deposition.



35 Figure 2. (A) SEM image of pristine GO nanosheet film with a deposition duration of 10-min (cross-sectional view). SEM images of GCHN with (B) 66.7 wt% and (C) 50.0 wt% of GO content, respectively, with a 10-min deposition. (D) SEM image of GCHN containing 50.0 wt% GO with 5-min deposition. (E) 40 The relationship between the GCHN thickness and the deposition time. (F) Thickness of GCHN with varied GO content after a 10-

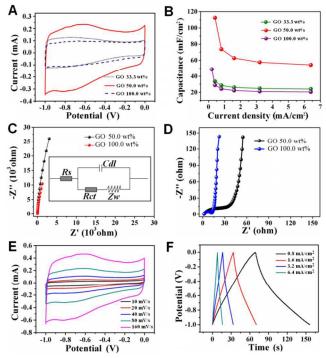
min deposition. From No. 1 to No. 8, the GO content is 100.0 wt%, 83.3 wt%, 80.0 wt%, 75.0 wt%, 66.7 wt%, 50.0 wt%, and 33.3 wt% respectively.

The mixed carbon-based coatings (i.e., GCHN) were then employed as an active material to construct supercapacitor electrodes and the corresponding fibrous and flexible supercapacitors (FFSCs). To investigate the synergy between 50 carbon nanosphere fillers and the resulting capacitance properties of graphene/carbon sphere composites, electrochemical measurements were performed by varying the amount of GO under otherwise identical experimental conditions. Figure 3A shows the CV curves of the FFSC electrodes with three different 55 GO contents: pristine GO, 50.0 wt% and 33.3 wt%. All CV curves displayed a rectangular shape, indicating an efficient EDLC was established in the graphene-based electrodes, imparting good charge propagation within the electrodes. Under the identical electrode construction and experimental conditions, 60 the CV curves of the two hierarchical nanostructured, mixedcarbon material electrodes (50.0 wt% and 33.3 wt% of GO content) had a larger encircled area than that of the pristine GObased electrode. This implied that the electrochemical capacitance performance of the hierarchically structured 65 electrodes (i.e., GCHN) improved when the carbon nanospheres were added as nanospacer and increased the active area. Although an effective conductive network was formed by the rGO nanosheets, the ions cannot be freely accessed because of the small distance between the interlayers of graphene nanosheets. <sub>70</sub> The rGO can pile up via  $\pi$ - $\pi$  interaction with a smaller interlayer distance (~0.34 nm) for ions access. 17 As the content of carbon nanospheres increased, the amount of graphene surface area accessible to electrolyte ions was enhanced. However, the accessibility of this active area to electrolyte ions would decrease 75 with and excess carbon sphere content. This is no surprising as the excessive agglomerations of insulating carbon spheres would prevent graphene from forming a conductive network, thus deteriorating the charge storage capacity. At a scan rate of 80 mV/s, the specific capacity of electrode with the 50.0 wt % GO 80 content significantly improved, achieving a maximum value. As evidenced in the CV curves, this value was approximately 3 times greater than that of the electrode with pristine GO or 33.3 wt% GO content (Figure 3B).

Electrical conduction and ion transfer were investigated by the 85 electrochemical impedance spectroscopy (EIS) in a frequency range from 0.1 Hz to 10 kHz (Figures 3C). The inset showed the corresponding equivalent circuit model. The bulk resistance (Rs) for the pristine GO electrode was found to be 1.69  $\Omega$ , which is lower than the value of 2.07  $\Omega$  obtained from the electrode 90 containing the 50.0 wt% GO. This can be ascribed to the presence of nonconductor carbon spheres between the GO layers to form hierarchical nanostructures. The Rct of the 50.0 wt% GO electrode was also much higher than the pristine GO electrode (Figures 3D) as the insertion of nonconductor carbon spheres 95 decreased the exchange rate of electrode and electrolyte ions. Furthermore, the slope of the plot at the low frequency of the 50.0 wt% GO electrode was higher than that of the pristine GO electrode, indicating the characteristics of a porous electrode strongly controlled by the diffusive resistivity of electrolyte 100 within the pores of electrode material. 49-52 The hierarchical

nanostructures with carbon spheres and graphene enhanced the ions diffusion in electrode material. As a result, the diffusing line of the electrode displayed an ideal straight line along the imaginary axis as shown in Figures 3C.

In order to gain more insight into electrochemical performance, CV analyses was performed on 50.0 wt% GO GCHN electrodes at various scan rates in the range of 10-160 mV/s (Figure 3E). All CV curves of GCHN electrodes displayed nearly rectangular shapes at even very high scan rates, suggesting the formation of 10 an efficient EDLC in the graphene-based electrodes. The shapes were also indicative of good charge propagation within the electrodes.<sup>53</sup> The GCD curves of electrodes with 50.0 wt% GO content were measured at different current densities from 0.8-6.4 mA/cm<sup>2</sup>. All curves were linear and symmetric and close to a 15 triangular shape, signifying the typical EDLC behavior. Clearly, the shapes of the electrodes demonstrated excellent electrochemical reversibility and charge-discharge properties (Figure 3F).54



20 Figure 3. (A) CV curves of electrodes with different GO content: pristine GO, 50.0 wt%, and 33.3 wt%, at a scan rate of 80 mV/s. (B) The specific capacitances of electrodes based on pristine GO. 50.0 wt%, and 33.3 wt% GO content, from the CV curves at various scan rates. (C) Nyquist plot of the electrodes based on 25 pristine GO and 50.0 wt%. The inset in (C) is the equivalent circuit. (D) is an enlarged view of (C). (E) CV curves of the GCHN electrode with 50.0 wt% GO content at various scan rates. (F) GCD curves of the GCHN electrode with GO content of 50.0 wt% at various discharge current densities.

In the present study, the GCHN fiber electrode with the optimal 50.0 wt% GO content and 4.5 µm in thickness was further utilized as an active material to construct the supercapacitors (Figure 4A). Figure 4B compares the CV 35 behaviors of FFSC devices measured at various scan rates. The nearly rectangular shapes even at very high scan rates up to 1000 mV/s indicated an efficient EDLC. However, when the scan rate

was further increased to 2000 mV/s, the rectangle shape became severely distorted, converting into a diamond shape, indicating a 40 poor capacitance performance.

The areal capacitance of FFSC can be calculated based on CV curves, according to equation (1):

$$C = \int \frac{I}{A} dv / (k \Delta U)$$
 (1)

where C is the areal capacitance (mF/cm<sup>2</sup>), I is the response 45 current (mA), A is the surface area of fiber electrodes,  $\Delta U$  is the potential range of CV curves (V), k is the potential scan rate (mV/s), and I/A is the current density (mA/cm<sup>2</sup>). The diameter of fiber was 100.0 μm, and the length of active material was 1.1 cm.

In general, an increase in the integrated area of the current-50 potential curve is associated with an increased scan rate, suggesting a good storage rate ability. However, a decrease in specific capacitance with increase in scan rate was observed as shown in Figure 4C. The areal capacitance of FFSC calculated from the CV curve was from 60.02 mF/cm<sup>2</sup> to 31.73 mF/cm<sup>2</sup> 55 when the scan rate increased from 10 mV/s to 1000 mV/s, respectively. At a scan rate of 1000 mV/s, the calculated capacitance of FFSC device was still as high as 31.73 mF/cm<sup>2</sup>, which is higher than the reported areal capacitance of a fibrous flexible supercapacitor-based pen ink (1.7 mF/cm<sup>2</sup>)<sup>41</sup> as well as 60 micro supercapacitor-based carbon-onion (9.5 mF/cm<sup>2</sup>) under identical scan rate.19

The areal capacitance of FFSC can be calculated by dividing the electric quantity by the discharge time, according to equation

$$C = \frac{Q}{S\Delta V} = \frac{\int Idt}{S\Delta V} = \frac{It_{discharge}}{S\Delta V} = \frac{I}{2\pi DL} * \frac{t_{discharge}}{V - IR_{drop}}$$
(2)

where Q is the electric quantity during discharge, I is the constant applied current (mA),  $t_{discharge}$  is the discharge time (s), Sis the surface area of fiber electrodes, D is the diameter of the electrode (cm), L is the hierarchical nanostructure compound <sub>70</sub> materials on the platinum wire (1.1 cm), and  $\Delta V$  is the potential range of discharge (V).  $IR_{drop}$  is the voltage drop at the beginning of discharge, and this value was ignored as no obvious voltage drop occured in the galvanostatic charge/discharge curves.

The galvanostatic charge/discharge behaviors of FFSC at 75 different current densities from 0.43 mA/cm<sup>2</sup> to 23.16 mA/cm<sup>2</sup> were shown in Figure 4D. The symmetric and near linear slopes were observed even at the current density exceeding 20 mA/cm<sup>2</sup>, indicating an efficient EDLC formation. Moreover, the voltage dropped at the beginning of the discharge curves, reflecting a 80 relatively low equivalent series resistance. As the current density increased from 0.43 mA/cm<sup>2</sup> to 23.16 mA/cm<sup>2</sup>, there was a decrease in specific capacitance from 53.56 mF/cm<sup>2</sup> to 35.90 mF/cm<sup>2</sup> accordingly. This can be attributed to the difference in the insertion-desertion behavior of ions from electrolyte to 85 electrode material. The OH ions failed to fully occupy the active sites at the electrolyte/electrode interface under higher current densities due to the limited ions migration velocity and limited transporting routes at the interface, leading to an uncompleted insertion reaction. There was a drop of 33.0% from the initial 90 capacitance as the current density increased from 0.43 mA/cm<sup>2</sup> to 23.16 mA/cm<sup>2</sup> (Figure 4E).

The energy density and power density of fibrous supercapacitor can be obtained based on the following equations:

$$E = \frac{1}{2}CV^{2}$$

$$P = \frac{E}{t_{FA}}$$
(3)

where E is the energy density  $(10^{-6} \text{ Wh/cm}^2)$ , P is the power density (mW/cm<sup>2</sup>) of supercapacitor, C is the areal capacitance  $_{5}$  (mF/cm<sup>2</sup>), and V is the operating voltage (V). The energy density of FFSC decreased from  $7.96 \times 10^{-6} \text{ Wh/cm}^2$  to  $4.99 \times 10^{-6}$ Wh/cm<sup>2</sup>, while the power density increased from 0.22 mW/cm<sup>2</sup> to 23.16 mW/cm<sup>2</sup> when the current density increased from 0.43 mA/cm<sup>2</sup> to 23.16 mA/cm<sup>2</sup>, respectively (Figure 4F). These results 10 are comparable to the reported values (energy density:  $10^{-6}$  to  $10^{-4}$ Wh/cm<sup>2</sup>, power density: 10<sup>-3</sup> to 10<sup>-1</sup> W/cm<sup>2</sup>) of carbon-based supercapacitors and metal oxide-based supercapacitors.<sup>[38,55-57]</sup> However, the power density and energy density could be further improved by incorporating more fibers in the device, scale-up 15 process or coaxial assembly construction.

In order to scrutinize the properties of conductivity and charge transport of supercapacitor, EIS measurements were also performed. In general, the Nyquist plot of FFSC contains an semi-circal at the high frequency and an inclined line at low 20 frequency indicating an ideal capacitive behavior with excellent charge transfer and diffusion (Figure 4G). In the high frequency region, the intercept of the curve with the real axis (Re (Z)) corresponded to the total resistance (ESR), resulting from the resistances from the electrolyte  $(R_s)$ , electrodes  $(R_e)$  and the 25 contact  $(R_c)$  between the electrode and the current collector. In the high frequency region, the ESR was 3.39  $\Omega$  at the frequency 96.7 kHz. This was an important parameter in determining the charge-discharge rate and power density of a supercapacitor.<sup>47</sup> The ESR value also indicated the quality of graphene 30 conductivity, as well as the efficiency of electrolyte ion access to the surface of hierarchical nanostructure. In the mid-frequency to high-frequency range, the semicircle associated with the surface properties of electrode corresponded to interfacial contact capacitance  $(C_c)$  and charge transfer resistance  $(R_{ch})$ . The charge-35 transfer resistance was found to be 4.8  $\Omega$ , which was in the same order of magnitude as other carbon materials due to the isolation of carbon nanospheres. Furthermore, the impedance curve intersected to the real axis (Re (Z)) was at 45°, which was consistent with the porous nature of electrode when saturated 40 with electrolytes, 58 signifying a good capacitive behavior. The more vertical the curve, the more closely the supercapacitor behaved as an ideal capacitor.<sup>50</sup> Interestingly, the maximum phase angle of FFSC was -81.8°, which was close to an ideal capacitor's maximum phase angle of -90°.

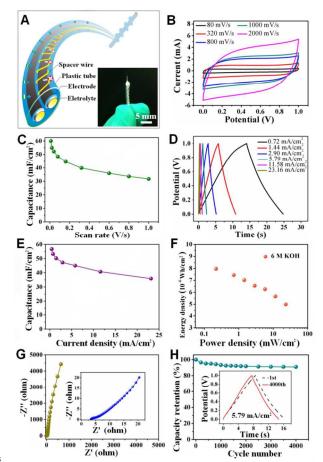


Figure 4. Electrochemical characterizations of FFSC with the active electrode length of 11 mm and diameter of 100 µm in a 6.0 mol/L KOH electrolyte. (A) Schematic diagram of FFSC device with a special encapsulating technique and digital image of the 50 assembled FFSC device. (B) CV curves of FFSC at various scan rates. (C) The specific capacitances from CV curves at various scan rates. (D) GCD curves of FFSC with 50 wt% GO content at various discharge current densities. (E) The specific capacitances at various discharge current densities. (F) Ragone plot for the 55 FFSC. (G) The Nyquist plot and its close-up view of FFSC in a 6.0 mol/L KOH electrolyte. (H) The GCD curves of the 1st and 4000<sup>th</sup> cycles at a charge-discharge current density of 5.79 mA/cm<sup>2</sup>.

The cycle stability of the FFSC device is a crucial parameter for practical applications. In order to further evaluate the electrochemical stability, the GCD cycling stability of hierarchically structured supercapacitors was examined over a large number of charge/discharge cycles at a current density of 65 5.79 mA/cm<sup>2</sup> in a 6.0 M KOH electrolyte. As shown in Figure 4H, the GCHN displayed an excellent long cycle lifetime. After 4000 charge/discharge cycles, the GCD curve still remained undistorted and essentially symmetric. The capacitance retained 91.2% of the initial capacitance after 4000 GCD cycles, and only 70 decreased approximately 4% during 100 charge/discharge cycles, demonstrating an excellent cyclic stability of FFSC devices. The remarkable stability may be due primarily to the existence of stable and unique 3D GCHN network that acted as a double-layer capacitor, as well as the synergy originated from the firm

integration between carbon nanospheres and GO nanosheets.

For viable applications, it is required that supercapacitor is leak-free, flexible, and safe. 59,60 To this end, an all-solid-state flexible supercapacitor (SFSC) was recently developed.<sup>61</sup> In this 5 work, as a proof-of-concept, we successfully constructed SFSC devices by using H<sub>3</sub>PO<sub>4</sub>-polyvinyl alcohol (PVA) gel electrolyte and investigated the effect of curvature on the SFSC performance was explored by exposing it to different bending states, as illustrated in Figure 5A. It is worth noting that no obvious 10 changes of charge and discharge time from the GCD curves of device between 0 - 90° were observed, and the capacitance ratio remained steady (Figure 5B), with only a slight drop under the high curvature for a 1.6 cm long SFSC, revealing that the electrochemical performance of the SFSC was stable under 15 different bending angles. Moreover, the capacitance of SFSC after 10 bending numbers still retained 90.1% of the initial capacitance after 4000 GCD cycles (Figure 5C), indicating a good bending stability of the SFSC. We believe the bending stability of SFSC can be further enhanced with optimized packing 20 techniques. Clearly, crafting robust GCHN by the synergy between carbon spheres and GO nanosheet opens new opportunities for designing and constructing high-performance electrochemical supercapacitor devices, and demonstrates promising applications in flexible energy devices.

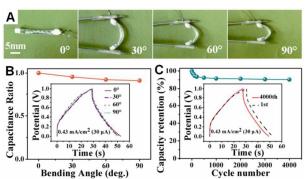


Figure 5. The performance of supercapacitor examined at different bending states. (A) Digital images of supercapacitor bent at different angles. (B) Capacitance ratio for supercapacitor 30 at different angles and curves of supercapacitor bent at different angles. (C) The GCD curves of the 1st and 4000th cycles at a charge-discharge current density of 0.43 mA/m<sup>2</sup> of the SFSC after 10 bending times.

#### **Conclusions**

35 In summary, hierarchical composites comprising GO nanosheets and carbon nanospheres with a unique layer-by-layer structure were crafted by a one-step electrochemical deposition method. The electrochemical performance and cyclic stability of the resulting GO nanosheets and carbon nanospheres hierarchical 40 nanostructure (GCHN) composite materials on the fibrous Pt electrode under the different experimental conditions such as the mass ratio and deposition duration were explored and optimized. Compared to pristine GO nanosheet, the porous GCHN materials displayed with a highly enhanced capacitance. Such a hierarchical 45 carbon-based structure provides a versatile platform for many promising applications, including supercapacitors, lithium ion batteries, sensors, and other fiber-shaped devices. As a proof-ofconcept, a fibrous and flexible supercapacitor with excellent electrochemical performance was constructed and possessed an 50 optimal capacitance of 53.56 mF/cm<sup>2</sup> and a good reversible

charge/discharge ability without a significant loss of capacitance (approximately 91.2% retained after 4000 cycles). Quite intriguingly, an all-solid-state flexible supercapacitor with stable electrochemical activity was successfully realized under various 55 bending angels (up to 90°). We envision that this simple yet robust preparative strategy can be easily extended to construct a wide diversity of graphene-based fibrous and flexible composites with superior electrochemical performance for energy materials and devices.

#### 60 Notes and references

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#### **80** A table of contents entry:

A novel electrochemical approach for fibrous and flexible graphene nano-sheet and carbon nano-sphere composite supercapacitor is developed and its application is demonstrated for stable supercapacitor with a highly enhanced capacitance.

