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An air-assisted activation strategy for porous carbon spheres and its enhanced electrochemical performance

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Abstract

Activated porous carbons are of increasing interests in supercapacitors due to the superior porosity and facile preparation. However, their porous structure is strongly dependent on activation procedures. Herein, we reported an air-assisted approach to activate spherical resorcinol-formaldehyde resin to obtain porous carbons, which avoided the use of inert atmosphere and additionally chemical activating agent. The porous structures of obtained activated carbon spheres (AACS) were related to the activation time, and the percentage of mesopores gradually increased as prolonging time to 6 h. The 6 h activated sample AACS-6 achieved a largest pore volume ($1.01 \text{ cm}^3 \text{ g}^{-1}$) and a highest BET surface area ($2178 \text{ m}^2 \text{ g}^{-1}$). The optimal electrochemical performance was realized on AACS-6 that exhibited a large specific capacitance of 222 F g^{-1} at 0.5 A g^{-1} in a three-electrode system. Slightly decrease of capacitance (12.5%) was obtained as increase the current density to 20 A g^{-1} , indicating the significant rate capability. Furthermore, AACS-6 showed excellent cycling stability that a ~97% retention of initial capacitance was obtained after 5000 cycles. The assembled AACS-6 based symmetric cell achieved a

high energy density of 10.1 Wh kg^{-1} at a power density of 398.7 W kg^{-1} in the potential range of 0~1.6 V in 0.5 M Na_2SO_4 aqueous electrolyte.

Introduction

Energy consumption relying on the depletion of non-renewable fossil fuels leads to energy crisis and aggravating environmental pollution. Currently, environment protection and energy supply have become two of the most important topics.^{1,2} Electrochemical capacitors (also called ultracapacitors or supercapacitors) are selected because of a wide range of applications and numerous superiorities, such as excellent charge-discharge performance, high energy and power density, uninterruptable power sources and environment friendliness compared with traditional batteries.^{3,4} Electrochemical capacitors are divided into electrical double-layer capacitors (EDLCs) and pseudocapacitors according to different energy storage mechanism. Possessing high energy density in comparison with EDLCs, however, pseudocapacitors are poor in cycle stability and power density. Contrarily, EDLCs exhibit long cycle life and rapid charge-discharge rate, whereas the relatively low capacitance value limits their practical applications. Therefore, it is vital to develop advanced electrode materials with high capacitance for EDLCs.^{5,6}

From the viewpoint of energy storage mechanism, rapid electron transfer and large surface area for accumulation of electrolyte ions are required for the electrode materials of high performance EDLCs. Porous carbonaceous materials are undoubtedly the optimum candidate for EDLCs due to their high electron conductivity, large surface area and developed porosity for electrolyte diffusion. Up to date, numerous porous carbons have attracted tremendous attentions, such as activated carbons (ACs), ordered mesoporous carbons, carbon aerogels, carbon nanotubes (CNTs) and graphene based materials.⁷⁻¹⁰ Among them, ACs are most widely adopted in practical application because of its easily-formed

micropores, large surface area, good conductivity, low cost and industrialization production. It is worth mentioning that large specific surface area and abundant active sites of commercial ACs are usually contributed by micropores. When at a high current density, micropores are always hard to be accessible by electrolyte ions. It has been proved that mesopores are committed to accelerate the ion migration to obtain higher specific capacitance compared with micropores.¹¹ A good match for the pore size and the dimension of electrolyte ions is necessary for high specific capacitance.¹²⁻¹⁴ It is confirmed that carbon material with mesopores (2-5 nm) are superior in increasing the energy density and power density.¹⁵ So designing ACs with pores large enough to be accessible to electrolyte and small enough to achieve a large surface area is necessary.¹⁶

Two main methods are usually employed to prepare ACs: physical activation and chemical activation. The agents of the physical activation are steam, O₂ or CO₂, whereas KOH, ZnCl₂ and H₃PO₄ are used in chemical activation.¹⁷⁻²¹ Lv et al. reported the mesoporous carbons from FDU-15 via KOH activation with a specific capacitance of 200 F g⁻¹ at a current density of 1 A g⁻¹ in 6 M KOH.²² Wang et al. synthesized the mesoporous resorcinol-formaldehyde resin carbons by the means of ZnCl₂ activation acquiring a specific capacitance of 204 F g⁻¹ in 2 M KOH at a current density of 0.5 A g⁻¹.²³ Chen et al. used H₃PO₄ to activate cotton stalk and obtained microporous carbons with a specific capacitance of 114 F g⁻¹ in 1 M Et₄NBF₄ electrolytes at 0.5 A g⁻¹.²⁴ Wu et al. activated firewoods via steam activation reached 120 F g⁻¹ in acidic electrolytes at 200 mV s⁻¹.²⁵ However, chemical activation is time-consuming and environment-polluting. Additionally, it must be carried out in an inert atmosphere. And traditional physical activation is always divided into two steps: carbonization and activation.

In this work, we reported a facile and activation agent-free method to synthesize porous carbons by

an air-assisted activation using resorcinol-formaldehyde (RF) as precursor. The one-step carbonization/activation process and the avoiding of inert atmosphere and agents made this activation strategy much more time-saving and economical. The obtained air-activated carbon spheres (AACs) presented a large surface area and good rate capability in a three-electrode system. Furthermore, the symmetric supercapacitor assembled by AACs-6 also achieves excellent electrochemical performance.

Experimental

All the chemical reagents in this work were of analytical grade purity and used without further purification.

Synthesis of resorcinol-formaldehyde resin spheres

Resorcinol-formaldehyde resin spheres were synthesized via the stöber method using the resorcinol and formaldehyde solution as previously reported.²⁶ Firstly, 2.5 mL ammonia aqueous solution (NH₄OH, 25 wt%) was added into the mixture of 500 mL deionized water and 200 mL absolute ethanol. After stirring for 1 h, 5 g resorcinol was added to this ammonia solution, followed by a continuous stirring for 30 min. Subsequently, 7 mL formaldehyde (HCHO, 37 wt%) was added into the solution and stirred at 30 °C for 24 h. The resultant solution was transferred into a Teflon-sealed autoclave and heated at 100 °C for 24 h. The products were obtained by suction filtration and air-dried for 10 h.

Synthesis of AACs

Typically, 3g brownish resorcinol-formaldehyde resins were placed in a corundum crucible with cover and directly transferred into the muffle furnace with high temperature of 900 °C by crucible tongs, then calcined for several hours. The prepared products were denoted as AACs-X (X= 1, 2, 3, 4, 5 and 6 h, referring to the activation time).

Characterizations

X-ray diffraction (XRD) patterns were estimated by a DX-2700 diffractometer (Dandong Haoyuan Instrument Co. Ltd., China) using Cu K α radiation ($\lambda = 0.15418$ nm) as an X-ray source. Nitrogen adsorption-desorption isotherm measurements were performed at -196 °C with a micromeritics ASAP 2020 surface area analyzer. The samples were out-gassed at 150 °C for 6 h. The specific surface area (S_{BET}) was tested using the Brunauer-Emmett-Teller (BET) method. The pore size distributions were estimated according to density functional theory (DFT) method. The total pore volume was calculated according to single point method at relative pressure (P/P_0) = 0.975. The morphology of the products was observed by scanning electron microscope (SEM, Hitachi S-4800) and JEOL JEM-2100 transmission electron microscope (TEM) with an accelerating voltage of 200 kV. Raman spectra of the samples were measured using a Renishaw inVia Raman microscope (NCNST, China) at an excitation wavelength of 514 nm.

Electrochemical measurements

The electrochemical properties were estimated via a three electrode system in 6 M KOH aqueous solution on a CHI660D electrochemical station (Chenhua, Shanghai, China). A platinum foil and an Ag/AgCl electrode were used as counter and reference electrodes, respectively. The working electrodes were fabricated by mixing active material, carbon black and polyvinylidene fluoride (PVDF) with a weight ratio of 7.5:1.5:1. Then the slurry-like product was coated onto Ni foam (1 cm \times 1 cm) and dried at 100 °C before being pressed under a pressure of 20 MPa. Cyclic voltammetry (CV) was performed in the potential range from -1.1 V to -0.1 V at different scan rates of 10~500 mV s $^{-1}$. Galvanostatically charge/discharge examinations were measured at different current densities of 0.5~20 A g $^{-1}$. The symmetric supercapacitor consists of two working electrodes with a cellulose acetate membrane as separator in the two-electrode system. Electrochemical impedance spectroscopy (EIS) was estimated in

open circuit voltage with an AC amplitude of 5 mV in a frequency range from 0.01 Hz to 100 kHz.

Results and discussion

Structural properties of AACSSs

The possible mechanism of air-assisted activation for preparation of AACSSs is shown in Scheme 1. It has been testified that the pyrolysis of resorcinol-formaldehyde resin spheres under high temperature would introduce microporous structure after releasing quantities of small molecules.²⁷ In the meantime, the resorcinol-formaldehyde resin spheres were converted to carbon spheres and the sphere diameter reduced because of the structural shrinkage. With the air assistance, some carbons in the spheres were burnt by O₂ in air, which would produce much more pores and enlarge the pore size. It is obvious that the porous structure of AACSSs is dependent on the activation time. In consideration of the AACSSs yield (as listed in Table 1), we controlled the activation time in six hours. It should be mentioned that the ~10% yield under 6 h activation in air is comparable with that using KOH activation, one of the most used chemical activation agent in ACs preparation.

Electronic microscopy technologies were employed to demonstrate the morphological and structural properties of AACSSs materials (Fig. 1). As presented in Fig. 1a, the monodisperse spherical resorcinol-formaldehyde resin has a diameter of 800~900 nm. With carbonizing resorcinol-formaldehyde spheres in air for 6 hours, the spherical aspect is well maintained (Fig. 1b). However, the sphere size is apparently minified because of structural shrinkage and the diameter of AACSS-6 is estimated as ~500 nm. The TEM images of AACSS-6 are depicted in Fig. 1c and d. The uniform spherical morphology of AACSS-6 can be seen obviously that is in accordance with SEM observation. It can also be observed that a large number of nanopores are distributed over the surface of AACSS-6 due to the air activation.

Fig. 2a exhibits the XRD patterns of three samples with different activation time in air. All of the samples present two typically broad peaks of amorphous carbonaceous materials at 20~30° and 40~50°, which can be respectively ascribed to the graphitic (002) and (100) diffractions. It is noteworthy that the intensity of peaks gradually weakens from AACs-1 to AACs-6 in XRD pattern. This is related to the gradual diminish of graphite micro-crystallite zones in AACs as prolonging the activation time in air. Fig. 2b shows Raman spectra of the samples. Two apparent peaks in the spectra are observed for each sample at 1350 cm⁻¹ and 1590 cm⁻¹, respectively, corresponding to the D band and G band, representing disordered carbon and graphitic carbon.^{28,29} It is estimated from Raman spectra that the I_D/I_G ratio of the samples from AACs-1 to AACs-6 is 1.64, 1.91, 1.92, 1.93, 1.95, 1.97, respectively, indicating the increased structural defects caused by prolonging the activation time for our amorphous carbons.³⁹⁻⁴¹

Nitrogen sorption technology was used to describe the porous structure of AACs materials. The carbon spheres (CS) material by carbonizing resorcinol-formaldehyde spheres under nitrogen atmosphere exhibits a type I isotherm (Fig. S1). It belongs to typical microporous structure that is illustrated by its pore size distribution. Nitrogen adsorption-desorption isotherms and corresponding pore size distribution curves of AACs are exhibited in Fig. 3. As presented in Fig. 3a, although these isotherms of AACs are still attributed to type I curve, the leap of absorbed N₂ volume is step by step expanded to high pressure region with the increase of activation time, which indicates the enhancement of mesopore percentage in the whole porosity of AACs. This conclusion is demonstrated by the pore size distribution in Fig. 3b. In addition, the adsorbed N₂ volume improves in the same trend, suggesting the increase of surface area and pore volume. Their pore structure parameters are listed in Table 1. With the absence of air atmosphere, the CS sample displays a 1420 m² g⁻¹ BET specific surface area that is

mainly contributed by microporous surface area ($1110 \text{ m}^2 \text{ g}^{-1}$). With prolonging the activation time from 1 to 4 h, the S_{micro} value firstly gradually increases and then slowly decreases as the reaction time from 4 to 6 h. On the contrary, the S_{meso} value continuously increases upon the prolonging of activation time. These results suggest the formation process of porous structure: (1) The high-temperature pyrolysis of polymers produces abundant micropores; (2) under air activation, micropores are further developed and (3) the produced micropores are enlarged to mesopores by combination of partial carbon framework in AACSSs. The optimal sample AACSS-6 possesses a largest BET specific surface area of $2178 \text{ m}^2 \text{ g}^{-1}$, a highest mesopore percentage and a biggest pore volume of $1.01 \text{ cm}^3 \text{ g}^{-1}$. Such superior porous structure of AACSSs implies that these materials have promising potentials in electrochemical applications.

Electrochemical Performance of AACSSs

The electrochemical properties of AACSSs samples were investigated in 6 M KOH aqueous solution by a three-electrode system. As shown in Fig. 4a, cyclic voltammetry (CV) profiles of AACSSs depict similar quasi-rectangular shapes at 50 mV s^{-1} in the potential from -1.1 V to -0.1 V , indicating that the energy is stored by forming electrochemical double-layer.¹¹ The enclosed area by CV curve increases upon the enhancement of activation time, and the AACSS-6 electrode shows a biggest area that suggests a highest specific capacitance. The specific capacitance of AACSSs at different scan rates calculated based on CV curves is as following equation:³⁰

$$C = \frac{\int IdV}{mVv} \quad (1)$$

where I (A) is the corresponding current, m (g) is the mass of electroactive material in the electrode, V (V) is the potential, v (mV s^{-1}) is the scan rate. The detailed specific capacitances of AACSSs are listed in Table S1. At the scan rate of 50 mV s^{-1} , the specific capacitance of AACSS-6 electrode is calculated to

be 214 F g^{-1} , which is much larger than that of the CS sample (115.9 F g^{-1} calculated from the CV curve in Fig. S2a) and those of other AACSS samples.

Fig. 4b illustrates the galvanostatic charge/discharge (GCD) curves of AACSSs at the current density of 1 A g^{-1} . The curves are highly linear and symmetrical, meaning that the AACSSs electrode materials have excellent electrochemical reversibility. The specific capacitances of electrodes are calculated by the following equation:³⁰

$$C = \frac{I\Delta t}{m\Delta V} \quad (2)$$

where Δt (s) is discharge time and ΔV (V) is the potential range. The CS electrode shows a much shorter discharging time and low specific capacitance of 118 F g^{-1} (Fig. S2b). The enhancement of calculated specific capacitance of AACSSs follows the similar sequence in CV results (detailed values shown in Table S1). The highest specific capacitance of 212 F g^{-1} is obtained by the AACSS-6 electrode, which is consistent with the value in CV curve.

The electrochemical performance of the optimal electrode AACSS-6 was further investigated. Fig. 5a displays the CV curves of AACSS-6 at different scan rates. The curves show distortion with the increment of scan rate due to the internal resistance (IR) increase of electrode and electrolyte.³¹ However, even at a high scan rate of 500 mV s^{-1} , the CV profile still remains quasi-rectangular. This can be attributed to the well-developed pore structure and high conductivity of AACSS-6. The specific capacitance of the AACSS-6 electrode are 223, 206, 196, 183, 174, 165 and 157 F g^{-1} at scan rates from 10 to 500 mV s^{-1} , respectively. High capacitance retention up to 70% at 500 mV s^{-1} compared to that of 10 mV s^{-1} is acquired, which implies the significantly high rate capability of AACSS-6 electrode and shows promising potential for the applications needed high-power output. Fig. 5b illustrates the GCD curves of AACSS-6 under different current densities from 0.5 to 20 A g^{-1} . All the curves display relative

symmetric triangular shapes, which is another characteristic of an ideal EDLC. The detailed specific capacitances at various current densities are plotted in Fig. 5c. A slight decrease of specific capacitance with the current density increasing indicates that the electrode allows rapid ion diffusion and presents excellent electrochemical utilization. The specific capacitance of AACs-6 is 222 F g^{-1} at 0.5 A g^{-1} , which is higher than those of other porous carbons synthesized by different activation methods (Table S2). About 87.5% specific capacitance is retained as increasing the current density to a very high value of 20 A g^{-1} . This remarkable capacitive performance should be contributed by the high surface area and excellent pore structure. And, such splendid rate capability is even better than those of porous carbonaceous materials in crystalline graphite structure.³² The long-cycling stability of AACs-6 material was investigated by means of GCD cycling techniques at the current density of 5 A g^{-1} (Fig. 5d). The standout durability and recyclability are demonstrated by the above 99% initial capacitance retention after 5000 cycles. The inset in Fig. 5d is the comparison of GCD curves of the 1st and the 5000th cycle, where the similar triangular shape and discharge time are observed. Moreover, no difference of voltage drop between these two curves suggests that the internal resistance for AACs-6 electrode did not obviously increase after 5000 cycles.

The electrochemical performance of AACs-6 was further measured in $0.5 \text{ M Na}_2\text{SO}_4$ aqueous solution with a two-electrode system. The CV curves of symmetric cell were shown in Fig. 6a at the scan rate of 20 mV s^{-1} under different potential windows, which still remain nearly rectangular shape under a potential window of $0\sim 1.6 \text{ V}$. CV profile at different scan rate from 50 mV s^{-1} to 500 mV s^{-1} can be observed in Fig. 6b, which still retains quasi-rectangular even at a high scan rate of 500 mV s^{-1} , indicating the high rate capability of the symmetric supercapacitor. Fig. 6c illustrates the GCD curves of AACs-6 under different current densities from 0.5 A g^{-1} to 20 A g^{-1} . The voltage drop at the initiation

of the discharge is 0.001 V for the current density of 1 A g⁻¹, proving an extremely low IR of AACs-6. The specific capacitances of the sample at different scan rates from 50 mV s⁻¹ to 500 mV s⁻¹ are plotted in Fig. 6d and of which is 125.6 F g⁻¹ at 50 mV s⁻¹. About 80.3% specific capacitance is retained as increasing the scan rate to 500 mV s⁻¹.

Fig. 7a is the Ragone plot of the symmetric cell obtained from the GCD curves. The specific power density (P , W kg⁻¹) and energy density (E , Wh kg⁻¹) of the electrodes are calculated by the following equations:^{33,34}

$$E = \frac{1}{2} CV^2 \quad (3)$$

$$P = \frac{E}{t} \quad (4)$$

Where C is the specific capacitance of the symmetric cell, V is the potential range after IR drop in GCD curve and t is the discharge time. The energy density of the cell is 10.1 Wh kg⁻¹ at a power density of 398.7 W kg⁻¹ and still retains 8.7 Wh kg⁻¹ at a power density of 8000.1 W kg⁻¹, which well meets the demands for industrial application.

Electrochemical impedance spectroscopy (EIS) was applied to further study the electrochemical behaviors of the symmetric cell (Fig. 7b). As illustrated in Nyquist plot, the steep line with high slope in low frequency region indicates the nearly ideal capacitive behavior. The intercept is defined as solution resistance (R_s). The small semicircle in high-frequency region corresponds to the interfacial charge-transfer process and the diameter of semicircle is described as the charge-transfer resistance (R_{ct}).^{35,36} The inset is the fitted equivalent comprising five parts: R_s , R_{ct} , W (the Warburg impedance), C_{dl} (the double layer capacitance), CPE (the constant phase element). It could be evaluated from EIS data that the R_s and R_{ct} values are 0.98 Ω and 0.35 Ω , respectively, implying a low internal resistance of the symmetric supercapacitor.

Conclusions

In conclusion, an air-activated porous carbon derived from resorcinol-formaldehyde resin with micro/mesoporous structure was produced by one-step carbonization/activation. The superb porosity of AACS-6 was achieved with high BET surface area ($2178 \text{ m}^2 \text{ g}^{-1}$) and the pore volume ($1.01 \text{ cm}^3 \text{ g}^{-1}$), of which is mainly contributed from mesopores. Thanks to the outstanding pore structure, the AACS-6 electrode shows excellent electrochemical performance, such as high specific capacitance, low internal resistance, perfect cycling stability, etc. Especially, the extremely high rate capability suggests its promising application in devices where a high power density is needed. What is more, this convenient air-assisted activation strategy provides a general approach to obtain the porous carbonaceous materials in various morphologies and microstructures for a variety of applications. Besides, the assembled symmetric supercapacitor also exhibits excellent energy density and power density in neutral electrolyte.

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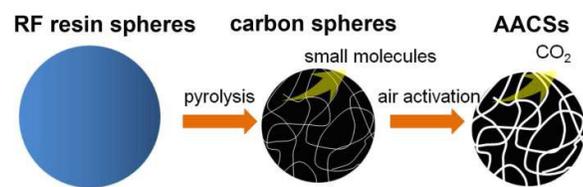
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Scheme 1 The possible mechanism for formation of AACs by an air-assisted activation strategy.

Table 1 The comparison of pore parameters and yields of AACs and CS

Sample	$S_{\text{BET}}^{\text{a}}$ ($\text{m}^2 \text{g}^{-1}$)	$S_{\text{micro}}^{\text{b}}$ ($\text{m}^2 \text{g}^{-1}$)	$S_{\text{meso}}^{\text{c}}$ ($\text{m}^2 \text{g}^{-1}$)	$V_{\text{micro}}^{\text{d}}$ ($\text{cm}^3 \text{g}^{-1}$)	V_{t}^{e} ($\text{cm}^3 \text{g}^{-1}$)	D^{f} (nm)	Y^{g} (wt%)
AACS-1	951.7	822.7	129.0	0.38	0.46	1.48/2.34	36.8
AACS-2	1379.4	1062.1	317.3	0.49	0.69	1.48/2.00	24.2
AACS-3	1636.2	1218.1	355.1	0.58	0.74	1.48/2.00	22.6
AACS-4	1748.2	1286.6	461.6	0.58	0.83	1.59/2.00	21.5
AACS-5	2006.9	1104.7	902.2	0.49	0.92	1.36/2.16	14.9
AACS-6	2178.2	1004.5	1173.7	0.43	1.01	1.59/2.00	10.5
CS	1420.2	1110.6	309.6	0.48	0.69	1.48/2.00	30.5

^a BET specific surface area.

^b Micropore surface area calculated with the $V-t$ plot method.

^c Mesopore surface area calculated with the $V-t$ plot method.

^d Micropore volumes calculated with the $V-t$ plot method.

^e The total pore volumes calculated by single adsorption at $P/P_0=0.975$.

^f Pore size calculated with DFT method.

^g Yields.

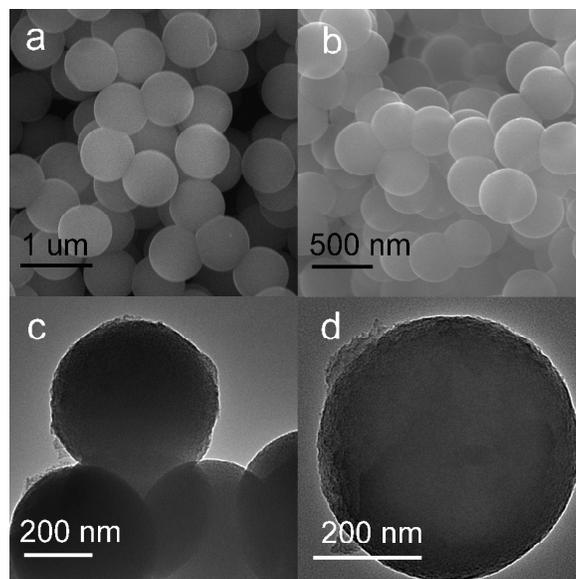


Fig. 1 SEM images of resorcinol-formaldehyde resin (a) and AACs-6 (b). TEM images of AACs-6 (c, d).

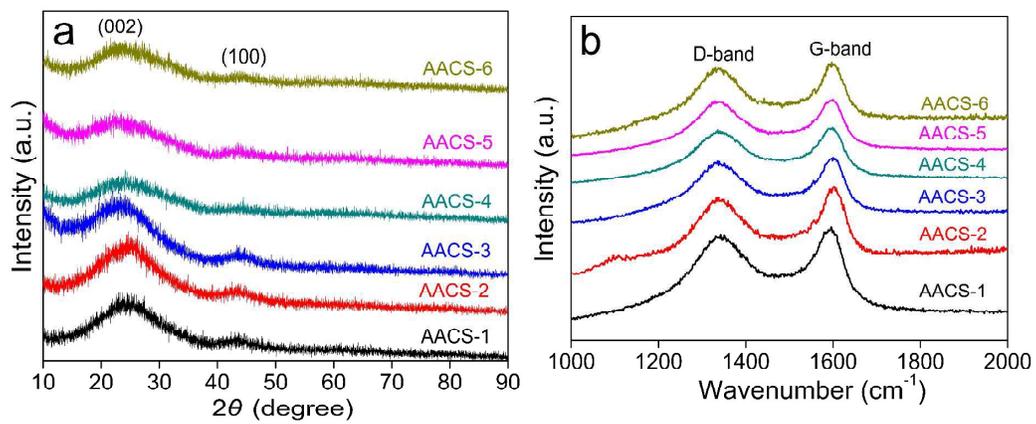


Fig. 2 XRD patterns (a) and Raman spectra (b) of AACs

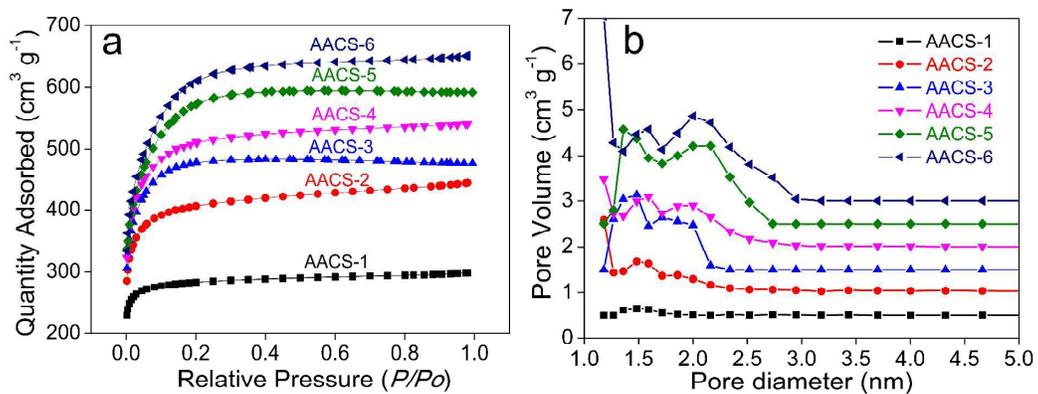


Fig. 3 N_2 adsorption-desorption isotherms (a) and the pore size distribution curves (b) of AACs.

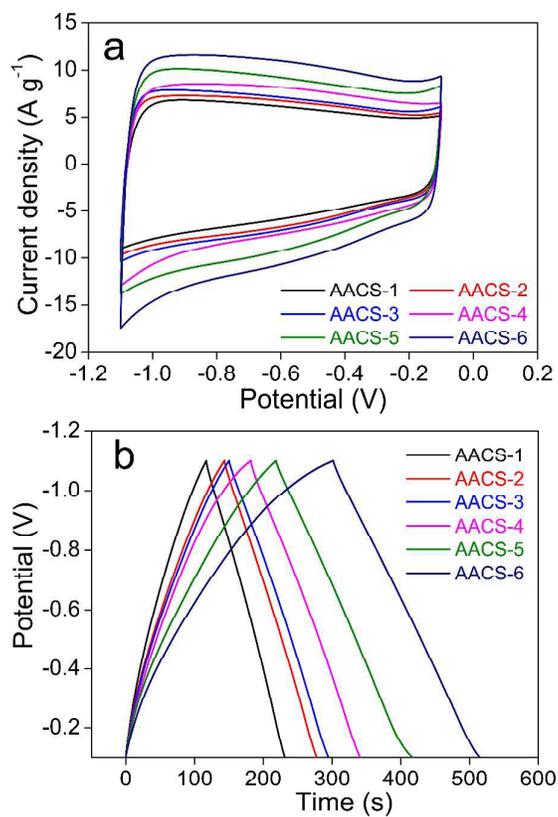


Fig. 4 Electrochemical capacitive behaviors of the AACSSs samples. (a) CV measurements of AACSSs at the scan rate of 50 mV s^{-1} . (b) Galvanostatic charge-discharge profiles of AACSSs at the current density of 1 A g^{-1} .

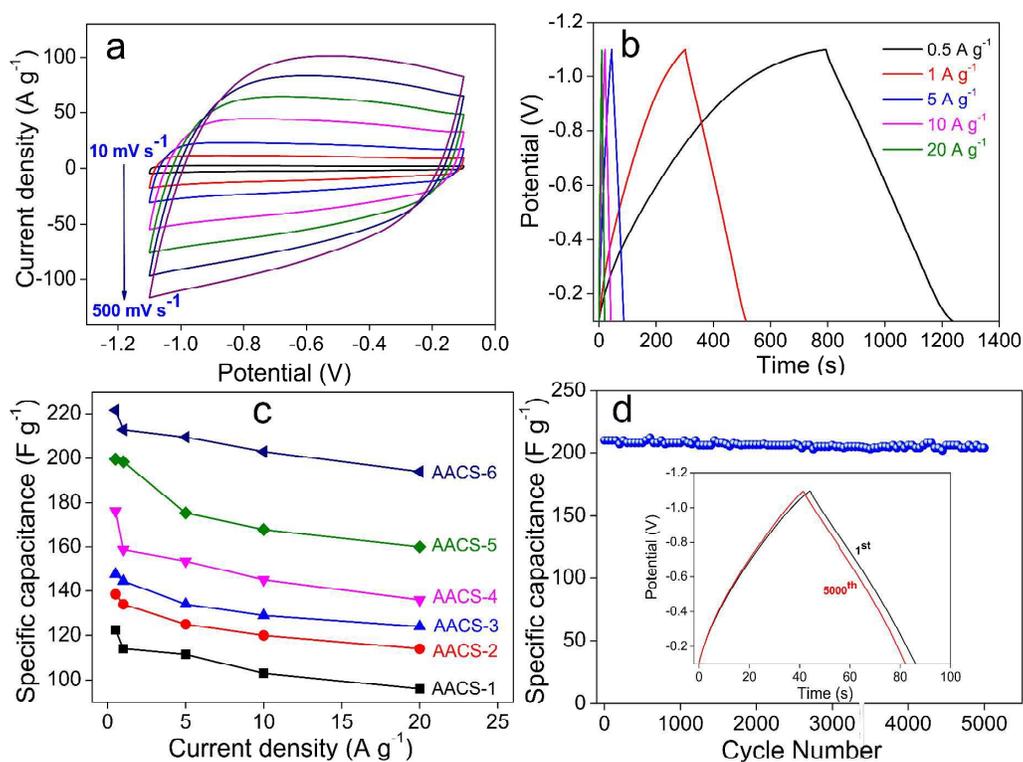


Fig. 5 Electrochemical capacitive behaviors of the AACS-6 sample. (a) CV measurements at different scan rates in 6 M KOH aqueous electrolyte system. (b) Galvanostatic charge-discharge profiles at different currents in 6 M KOH aqueous electrolyte system. (c) Specific capacitance of AACSS measured at different currents. (d) The long-cycling stability of AACS-6 material at the current density of 5 A g⁻¹ (The inset is the comparison of GCD curves of the 1st and the 5000th cycle).

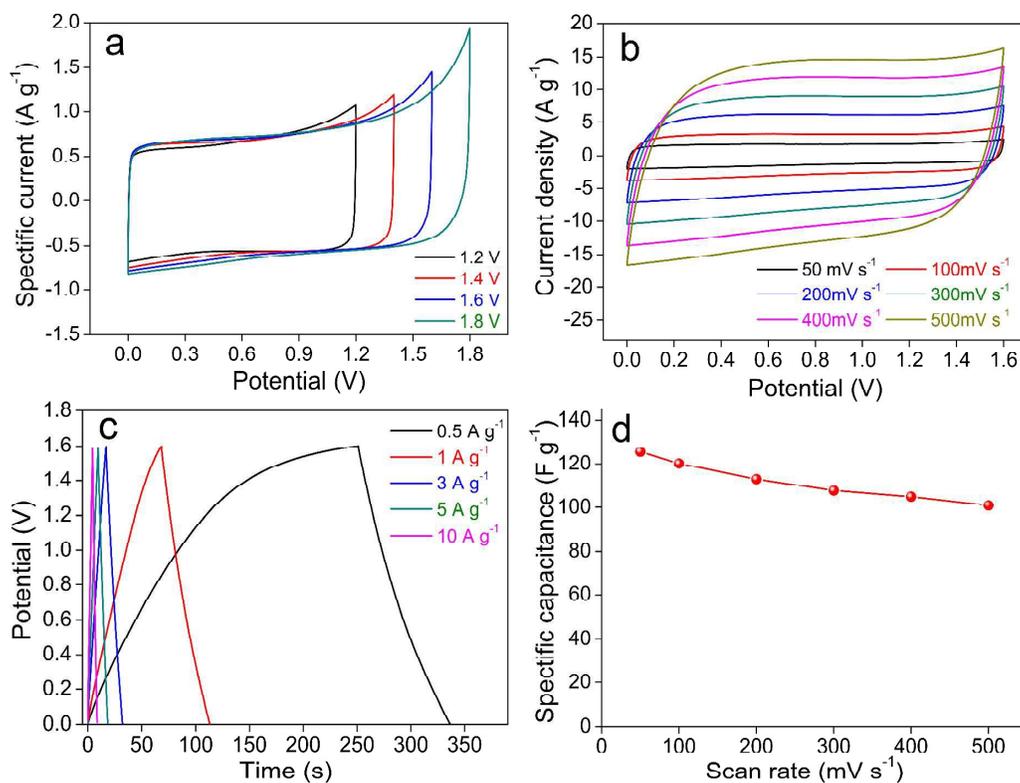


Fig.6 Electrochemical behaviors of AACs-6 measured in a two-electrode system in 0.5 M Na₂SO₄ aqueous electrolyte. (a) CV measurements at 20 mV s⁻¹ in different voltage windows. (b) CV measurements at different scan rates in the potential range from 0 V to 1.6 V. (c) Galvanostatic charge-discharge profiles at different currents. (d) Specific capacitance of measured at different scan rates.

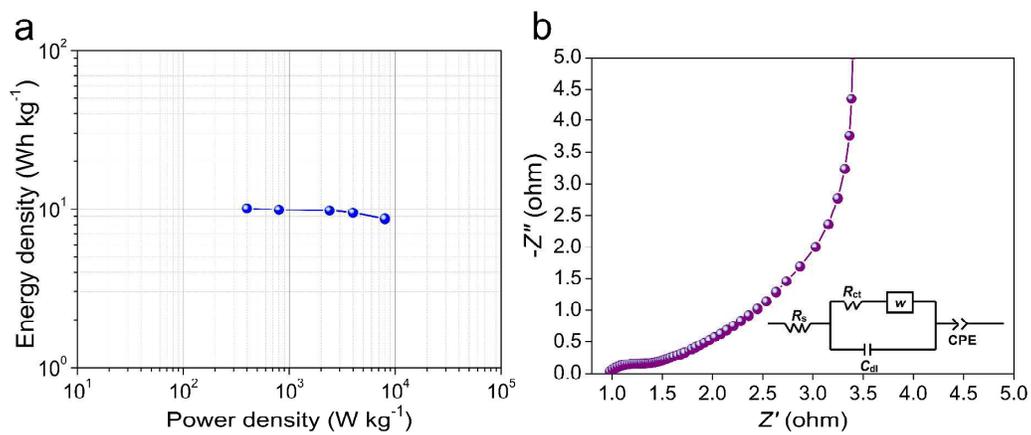


Fig. 7 Ragone plot (a) and Nyquist plot (b) of the symmetric supercapacitor in 0.5 M Na₂SO₄ aqueous electrolyte.

Porous carbon spheres from resorcinol-formaldehyde resin are obtained by an air-assisted activation strategy, which shows excellent pore structures and superior electrochemical performance.

