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#### ARTICLE



## Quantum dot cluster (QDC)-loaded phospholipid micelles as FRET probe for phospholipase A<sub>2</sub> detection

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A simple assay for phospholipase A<sub>2</sub> (PLA<sub>2</sub>) enzyme was developed based on a fluorescence resonance energy transfer (FRET) probe using the quantum dot cluster (QDC)-loaded phospholipid micelles. The probe was prepared by encapsulating many small hydrophobic quantum dots (QDs) within the hydrophobic core of micelles that were formed from the coassembly of hydrogenated soy phosphatidylcholine phospholipid (HSPC) and fluorescent lipid (NBD-PC). QDC formed within micelle core served as the substrate for NBD fluorescence quenching through FRET. The QDC-loaded micelles showed very low background fluorescence. As the PLA<sub>2</sub> enzyme selectively digested lipid, the NBD fluorescence was recovered from its quenched state, leading to the sensitive detection of PLA<sub>2</sub>. This assay provided a limit of detection (at a signal-to-noise ratio of 3) of 3 U/L for PLA<sub>2</sub>. In the presence of PLA<sub>2</sub> inhibitor, the fluorescent response of the sensor for PLA<sub>2</sub> decreased, indicating that the assay could also be used for screening the PLA<sub>2</sub> inhibitors.

#### Introduction

Phospholipase A2 (PLA2) is an important enzyme of the phospholipase superfamily that catalyzes the hydrolysis of sn-2 position acyl chains of phospholipids.<sup>1</sup> PLA<sub>2</sub> dysregulation is a feature of several human diseases, including autoimmune diseases,<sup>2</sup> cardiovascular diseases,<sup>3</sup> neurological disorders,<sup>4</sup> and some cancer types.<sup>5</sup> Given its diverse biological roles, many assays have been developed to determine PLA<sub>2</sub> level by measuring its digestive activity or by measuring protein concentration through an immunoassay. Typical methods for measuring PLA<sub>2</sub> activity include discontinuous radiochemical,<sup>6</sup> spectrophotometric,<sup>7</sup> electrochemical,<sup>8</sup> chromatographic,<sup>9</sup> magnetic relaxation,<sup>10</sup> and fluorescent<sup>11</sup> methods. Among these, fluorescent method has attracted increasing attention because of its sensitivity, simplicity, and suitability for in-vivo analysis.<sup>12</sup> Fluorogenic substrates are alternative probes for the real-time analysis of enzyme kinetics and it inhibitor. Several PLA<sub>2</sub> probes based on a phosphatidylcholine skeleton were already developed based on FRET technique.<sup>13,14,15</sup> PLA<sub>2</sub> primarily acts on aggregated phospholipids organized into lipid bilayers, such as the cell membrane; thus, in addition to their substrate chemistry, PLA<sub>2</sub> is also sensitive to the nanoscale intermolecular spatial arrangement of the substrate.<sup>16</sup> PLA<sub>2</sub> bilayers, monolayers, and micelles.<sup>17</sup> Furthermore, the use of phospholipid monolayer-coated hydrophobic beads as substrates can decrease lag time for enzymatic hydrolysis.<sup>18</sup> Therefore, micro- or nanoparticles composed of artificial lipid analogs that undergo fluorometric<sup>19</sup> or colorometric<sup>20</sup> changes upon hydrolysis have been synthesized to assay PLA<sub>2</sub> activity. Quantum dots (QDs) are extensively used as optical labels for biosensing because of their high fluorescence quantum yields, stability against photobleaching, and size-controlled luminescence properties.<sup>21</sup> For example, single QD-loaded phospholipid vesicles,<sup>22</sup> liposomes<sup>23</sup> or micelles<sup>24,25</sup> were successfully used in bio-imaging applications in aqueous and biological systems. QD-encapsulated liposome as FRET probe has also been developed for monitoring the enzymatic activity of PLA<sub>2</sub>.<sup>26</sup> Herein, we developed a fluorescent assay using quantum

activity on free lipid monomers is relatively lower than that on

dot clusters (QDC)-loaded phosphlipid micelle as probe for  $PLA_2$  detection. The phospholipid layer was labeled with the fluorophore and photostable QDC was acted as quencher. Fluorescent assays of  $PLA_2$  activity and its inhibitor were investigated.

#### **Results and discussion**

### Principle for sensing $\mathsf{PLA}_2$ using QDC-loaded phospholipid micelles

It is well known that inorganic nanomaterials, such as gold nanoparticles,<sup>27</sup> iron oxide nanocrystals <sup>28</sup> and graphene,<sup>29</sup> can quench fluorescence emission from a range of organic fluorophores with extraordinarily high efficiency. Here, a fluorescent probe for  $PLA_2$  activity was designed using QDC as

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**Scheme 1** Schematic of QDC-loaded phospholipid micelles and analytical principle of the probe for activity assay of PLA<sub>2</sub>.

a quencher. As shown in Scheme 1, the probe consisted of hydrophobic QDC and phospholipid layer. To act as PLA<sub>2</sub>-responsive fluorescent probe, small percentage of NBD-PC was also incorporated into micelle shell. The fluorophore NBD was attached to the sn-2 position of the phospholipid, which could be released by the PLA<sub>2</sub> hydrolysis. In its "off-state", the QDC quenched the fluorescence of the NBD. However, quenching effect disappeared when NBD was released from phospholipid by the PLA<sub>2</sub> hydrolysis, representing the "on-state". The fluorescence response based on these QDC-loaded phospholipid micelles could be used for the detection of PLA<sub>2</sub>.





**Fig.1** Characterization of QDC-loaded phospholipid micelles. a) TEM image of quantum dot. b) TEM image of a QDC-loaded phospholipid micelle. c) Dynamic light scattering profile of QDC-loaded phospholipid micelles in HEPES buffer.

#### Overview of QDC-loaded phospholipid micelles

Hydrophobic CdSe/ZnS QDs were characterized with mean diameters of approximately 16 nm, as measured by TEM (Fig. 1a). Quantum dots-loaded phospholipid micelles were prepared by emulsification of QD and phospholipid in aqueous solution.<sup>28,30</sup> The size and spatial arrangement of particles in the micelles was shown in Fig. 1b. The QD-loaded micelles were formed consisting of a core with densely packed QD nanoparticles. The core with densely packed QD nanoparticles was called QDC. DLS measurements revealed that the hydrodynamic size of the final micelles was of 100 nm (Fig. 1c), indicating that the QDC-loaded phospholipid micelles was formed. The low polydispersity (0.17) is a measure of the relative uniformity between the QDCs formed, which is suggestive of growth occurring via monomer-cluster growth mechanism.<sup>31</sup> Notably, the QDC-loaded micelles were highly stable in storage (4 °C) for at least 30 days, with no apparent change in the average hydrodynamic diameter or size distribution. Therefore, the hydrophobic nature of the QDs could prevent the QDC-loaded phospholipid micelles from breaking up in the aqueous environment, while the presence of the lipid at the surface of the QDC-loaded phospholipid micelles maintained stability against coalescence.<sup>32</sup> For comparison, single QD-loaded phospholipid micelles were also prepared, as shown in Fig. S1 (Supporting information). Compared with QD, no significant change in size was observed for single QD-loaded phospholipid micelles.

#### Sensing of PLA<sub>2</sub> activity

CdSe/ZnS QD had an emission maximum at 625 nm with a broad absorption range below 650 nm (Fig. S2 and S3, supporting information). NBD fluorophore had an emission maximum at 545 nm with 460 nm excitation (Fig. S4, supporting information). Therefore, probe with 460 nm excitation resulted in FRET between the QD and NBD molecules. As shown in Fig. 2 (curve a), total quenching of NBD fluorescence and a significant emission with a maximum at 625 nm (typical for QD emission) was observed. Ratio of QD and



**Fig.2** Fluorescence spectra of (a) probes, (b) probes after addition of  $PLA_2$  (100 U/L), (c) probes after addition of Triton X100, and (d) the single QD-loaded phospholipid micelles.

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NBD fluorescence reached 11-fold, suggests that the energy transfer was complete. The addition of PLA<sub>2</sub> (100 U/L) resulted in an increase in NBD fluorescence that was accompanied by a decrease in QDC fluorescence (Fig. 2, curve b). A 10-fold increase in the NBD fluorescence was obtained after 1 h. This indicates that NBD was released to solution and the fluorescence of NBD was restored. Fig. 2 (curve c) shows the fluorescence spectra of probe after addition of Triton X100. It is apparent the emission intensity of the NBD significant increases whereas the luminescence intensity of the QD further decreases, and a 17-fold increase in the NBD fluorescence was obtained. This indicates that the complete release of the NBD on treatment of the probes with a detergent. The remaining QD fluorescence resulted from direct excitation of QDCs. Control fluorescence measurements on single QD-NBD micelles were conducted to explore the impact of single QD on NBD fluorescence. Compared with the probe, an obvious NBD fluorescence was observed and ratio of QD and NBD fluorescence is 2-fold (Fig. 2, curve d), indicates that single QD could not effectively quench NBD fluorescence. Further, when probes were incubated in HEPES buffer, no change in fluorescence was observed over a 24 h time period. Therefore, it was expected that the PLA<sub>2</sub>-triggered release of NBD could be monitored fluorometrically because of the efficient quenching of NBD fluorescence in the probes.

The ability for the PLA<sub>2</sub> assay of probes was evaluated by measuring the fluorescence intensity as a function of time. The PLA<sub>2</sub> activity assay relies on the intensity changes in the NBD fluorescence, and measurements were conducted at room temperature for enzyme concentrations of 50 U/mL. As shown in Fig. 3A, the initial fluorescence intensity of the probe was rather weak, but the fluorescence increase was observed after addition of PLA<sub>2</sub> within 60 min. PLA<sub>2</sub> is a family of watersoluble enzymes that acts with calcium ion (Ca<sup>2+</sup>) as a cofactor, therefore, repeated measurement in the absence of  $Ca^{2+}$  is a useful control study. As expected, no change in fluorescence was observed in the presence of the calcium chelator EDTA (Ethylenediaminetetraacetic acid), indicating that the fluorescence of the system is dependent on the PLA<sub>2</sub>-mediated hydrolysis of the lipids, rather than simply the presence of the enzyme. To further test the specificity of this probe toward PLA<sub>2</sub>, change of the probe fluorescence in the presence of PLC or PLD (each 100 U/L) was investigated. Almost no response was observed in these cases, indicating that phospholipases PLC and PLD did not interfere in the determination of PLA<sub>2</sub> although they can catalyze the hydrolysis of phospholipids.

The sensitivity of the assay was investigated using varying PLA<sub>2</sub> concentrations. The results were shown in Fig. 3B. The fluorescence responses increased with increasing PLA<sub>2</sub> concentration from 5 to 400 U/L. Compared with about 7.1-fold increase in fluorescence intensity using iron oxide nanocrystals as quencher,<sup>28</sup> a 23-fold increase was obtained using the probe when 300 U/L PLA<sub>2</sub> was determined due to low background signal of the probe. The peak fluorescence readouts at 545 nm were dynamically increased with increasing concentrations of PLA<sub>2</sub> within the range of 5–200 U/L, and a correlation coefficient of 0.994 was obtained

(Figure S5).The detection limit of 3 U/L was achieved based on the signal-to-noise ratio (S/N = 3). This simple and sensitive assay for PLA<sub>2</sub> activity allowed us to extend its application, for example, developing an enzyme inhibitor assay. LY311727, an inhibitor of phosphatidylcholine-specific PLA<sub>2</sub>, was tested to examine the inhibition of PLA<sub>2</sub> activity. Fig. 3C shows the effect of LY311727 concentration on the activity of PLA<sub>2</sub>. As can be seen, the activity of PLA<sub>2</sub> decreased with an increase in LY311727 concentration. These results suggest that the probe has a potential for screening inhibitors of PLA<sub>2</sub>.



**Fig.3** Fluorescence response of the probes to  $PLA_2$ : A) in the absence (a) and presence (b) of  $Ca^{2+}$ ; B) with different enzyme concentrations; C) in the presence of different concentrations inhibitor.  $PLA_2$  concentration, 50 U/L. Ex, 460 nm, Em, 545 nm.

The effect of LY311727 on the activity of PLA2 was examined and the fluorescence intensities decreased gradually with the increase of concentration of LY311727, indicating the inhibition of PLA<sub>2</sub> activity by LY311727 (Figure S6). The IC<sub>50</sub> value was calculated to be 52  $\mu$ M.

#### **Experimental**

#### **Chemicals and reagents**

Hydrogenated soy phosphatidylcholine (HSPC), 1-palmitoyl-2-{6-[(7-nitro-2-1,3-benzoxadiazol-4-yl)amino]hexanoyl}-sn-

glycero-3-phosphocholine (NBD PC) were purchased from Avanti Polar Lipids, Inc. Inhibitor 3-[3-(2-amino-2-oxoethyl)-1benzyl-2-ethylindol-5-yl]oxypropylphosphonic acid (LY311727) was obtained from Santa Cruz Biotechnology, Inc. Phospholipase A<sub>2</sub> (PLA<sub>2</sub>) from Naja mossambica, Phospholipase C (PLC) from Clostridium perfringens, Phospholipase D (PLD) from cabbage and Triton X-100 were purchased from Sigma-Aldrich Co. Hydrophobic CdSe/ZnS QD (Q1625, 16 nm) was purchased from Wuhan Jiayuan quantum dots Corporation, Ltd. Stock solution of HSPC was prepared by dissolving HSPC in chloroform to a concentration of 50 mg/mL. Other chemicals and reagents were commercially available and were of analytical grade. Water was obtained by Millipore Milli-Q purification system.

#### Apparatus

Fluorescence spectra measurements were done on a F7000 spectrofluorometer (Hitachi, Japan). Dynamic light scattering (DLS) measurements were performed on a Zetasizer Nano from Malvern Instruments. Transmission electron microscopy (TEM, JEM-1010) was used to determine the size and morphology of QD and QDC-loaded phospholipid micelles.

#### Synthesis of QDC-loaded phospholipid micelles

QDC-loaded phospholipid micelles were prepared using an oilin-water emulsion-based self-assembly method. A mixture containing HSPC (0.88 mg), NBD PC (0.1 mg) and QD (1 mg) in 150 µL chloroform was injected into a glass vial containing 3 mL of water, and the sample was sonicated until a homogenous mixture was obtained. The chloroform was then allowed to evaporate overnight. Following that, QDC-loaded phospholipid micelles samples were centrifuged at 1000 rpm for 30 minutes to remove large aggregates. To obtain the QDCloaded micelle, the resulting supernatant was centrifuged at 3000 rpm for half hour, and the pellet was resuspended in water (1 mL). To obtain the single QD-loaded micelle, the resulting supernatant was then centrifuged at 10000 rpm for half hour, and the pellet was resuspended in water (1 mL). The collected samples of QDC- and QD-loaded phospholipid micelles were stored in the dark at 4 °C.

#### Sensing of PLA2 and inhibitory assay

Aliquots (900  $\mu L)$  of 10.0 mM HEPES (N-2-

hydroxyethylpiperazine-N-ethane-sulphonicacid) buffer (pH 7.4) containing 2.0 mM  $CaCl_2$  and probes (50 uL) were firstly prepared. PLA<sub>2</sub> (50 uL) were then added to the solution, and fluorescence was then recorded.

For the inhibitor assay, LY311727 was preincubated with  $PLA_2$  (50 unit/L) in 50 uL of HEPES buffer for 20 min before adding to the probe sample.

#### Conclusions

We developed a fluorescent probe based on the phospholipid micelle encapsulated QDC for the  $PLA_2$  activity assay. Fluorescence of NBD-labeled phospholipid was quenched by QDC, as the phospholipid layer is digested by the enzyme and fluorescence of NBD is restored. Compared with single QD, use of QDC enables improve quenching efficiency. The probe provided high sensitivity (LOD: 3 U/L). In addition to determining phospholipase levels, the probe can be used to identify and study PLA<sub>2</sub> inhibitors.

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The quantum dot cluster-loaded phospholipid micelles for sensitive detection of PLA2