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1 **AFM and NMR imaging of squid Tropomyosin Tod p1 subjected to high**
2 **hydrostatic pressure: evidence for relationships among topography,**
3 **characteristic domain and allergenicity**

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20 **Abstract**

21 The surface topography, characteristic domain and allergenicity of squid
22 Tropomyosin Tod p1 (TMTp1) treated by single- and two-cycle high hydrostatic
23 pressure (HHP) were analyzed. Atomic force microscopy (AFM) showed that HHP
24 treatment led to a rougher surface of squid TMTp1; the two-cycle 600 MPa HHP
25 treatment produced the largest effect, with a mean roughness, maximum height,
26 skewness and kurtosis of 6.56 nm, 94.83 nm, 3.05 and 23.13, respectively. HHP
27 treatment caused lower IgE and IgG-binding capacities, indicating significant
28 reduction of the allergenicity ($p < 0.05$) due to variations in the AFM surface
29 topography. The peaks of the main allergenic characteristics affected were 0.99, 1.16,
30 1.21, 1.79, 1.82, 2.84, 2.88 and 3.37 ppm (in initial ^1H nuclear magnetic resonance
31 (NMR) spectra). HHP treatment changed the AFM surface topography and caused the
32 migration or disappearance of related ^1H NMR peaks; these changes were
33 significantly correlated ($p < 0.05$) with the reductions in allergenicity observed.

34 **Keywords:** *seafood allergen; high hydrostatic pressure; Tropomyosin Tod p1; nuclear*
35 *magnetic resonance; atomic force microscopy.*

36 1. Introduction

37 Seafood allergy is one of the most common, severe, and long lasting food
38 allergies, and receives extensive attention from people with a predisposition to
39 allergies¹. Tropomyosin T_{od} p1 (TMTp1), a water soluble 38 kDa protein, is a major
40 allergen which occurs extensively in crustacean and mollusc species². Many attempts
41 have been made to reduce the presence of allergens in various foods during
42 processing³⁻⁵. High hydrostatic pressure (HHP), a valuable non-thermal food
43 processing technology⁶, can significantly reduce the activity of many allergens⁷, such
44 as β -lactoglobulin⁸, and those found in soybean seeds⁹ and almond milk¹⁰. In our
45 previous study¹¹, single-cycle HHP treatments at 200, 400 or 600 MPa for 20 min
46 decreased the allergenicity of squid TMTp1; the 400 and 600 MPa treatments were
47 more effective than the 200 MPa treatment, according to indirect enzyme linked
48 immune sorbent assays (ELISAs).

49 HHP affects the structure of proteins, shown by characterizing protein structures
50 with circular dichroism spectra, as well as by analyzing the free sulfhydryl content
51 and surface hydrophobicity index^{8,9,11}. However, the precise nature of the internal
52 motions within protein macromolecules remains a mystery and is not easy to describe
53 accurately¹². Highly sensitive and reliable methods to analyse squid TMTp1 are
54 required to enable assessments of their allergenic properties.

55 Different proteins have different conformational properties which are important
56 for the modification of their functional properties¹³. Many studies have been done in
57 recent years for exploring the relationship between physical properties and biology
58 functions, such as the research on Pre-T-cell receptor structure and interactions¹⁴, the
59 physical properties of supramolecular peptides¹⁵, and antibacterial and/or antifouling
60 property to the surface of peptides¹⁶. Atomic force microscopy (AFM) is the principal

61 way that complex chemical or biochemical changes and reactions can be clarified
62 directly in many systems¹⁷. Surfaces with varying AFM surface topography indices
63 have different functional properties¹⁸. For example, surface roughness, which directly
64 corresponds to the sizes of proteins, could play an important role in defining different
65 proteins' characteristics¹⁹. Altering the surface roughness influences the chemical
66 reactivity of proteins²⁰, which affects properties like the sensitization response, *in*
67 *vitro* osteoblast differentiation, and local factor production^{21,22}. HHP is likely to
68 produce powerful percussive effects²³⁻²⁵ that might have an impact on the morphology
69 of the squid TMTp1 molecules in solution, and upon their adsorption onto the surface.
70 Hence, AFM surface topography could be used to assess the effect of HHP treatments
71 on squid TMTp1 and its associated allergenic properties.

72 Nuclear magnetic resonance (NMR) spectroscopy has become one of the most
73 accepted methods for determining the structural properties of native and processed
74 proteins²⁶. NMR data, especially ¹H NMR spectra, provide information about the
75 structure and dynamic properties of proteins, such as information on the positions,
76 bonds and movements of specific atoms²⁷. This information could be used to describe
77 the changes of a processed protein in terms of its structural, chemical and dynamic
78 properties. Previous research²⁷ illustrated that ¹H NMR spectra can be used to
79 generate a fingerprint, give insights into the molecular folding of allergen proteins,
80 and offers an independent method for assessing the structural properties of proteins.
81 Clearly, NMR could be used to analyse changes in the characteristic regions of squid
82 TMTp1 when it is HHP treated, as well as the positions, bonds and movements of
83 characteristic peaks, which are related to the allergenic properties.

84 Compared with single-cycle HHP, multiple-cycle HHP may cause more
85 significant structural damage to biomacromolecules²⁸, and could be more effective in

86 inactivating microorganisms, improving the food quality, and would lower the cost in
87 comparison to a single-cycle of the same dwell time^{29,30}. Previously we found that
88 two-cycle HHP treatments were more effective in controlling microbial growth and
89 reducing the deterioration of squid²³. However, there is limited information available
90 to compare single- and two-cycle HHP treatments in respect of the nutritional,
91 functional or other properties of seafood. Therefore, it is worthwhile to study the
92 changes in allergenicity resulting from treating squid TMTp1 with both one- and
93 two-cycle HHP.

94 The objectives of this study were to investigate the effect of one- and two-cycle
95 HHP treatment on the allergenicity of squid TMTp1. To do this, the allergenic
96 characteristic regions and peaks of ¹H NMR spectra of HHP treated squid TMTp1
97 were analyzed. AFM was then used to evaluate the changes of the surface topography
98 of the HHP treated squid TMTp1. Finally, the relationships among the allergenic
99 properties, AFM surface topography and NMR characteristic regions in the HHP
100 treated squid TMTp1 samples were explored.

101 **2. Materials and methods**

102 *2.1 Materials and sample preparation*

103 Squid (*Todarodes pacificus*; 310 ± 25 g per whole squid) were obtained from the
104 Chinese Academy of Fishery Sciences (Shanghai, China) and stored at -80°C until
105 processing. The extraction, purification and identification of squid TMTp1 and the
106 rabbit anti-squid TMTp1 polyclonal antibodies was carried out according to our
107 previous methods¹¹. All procedures concerning animals were performed in accordance
108 with the recommendations of the Guide for the Care and Use of Laboratory Animals
109 of Shanghai Jiao Tong University. The protocol was approved by the National Natural

110 Science Foundation Commission of China (Permit Number: 31271955) and the
111 Committee on the Ethics of Animal Experiments of School of Agriculture and
112 Biology, Shanghai Jiao Tong University. Individual human serum samples were
113 collected from five patients (Xinhua Hospital, Shanghai, China) who were determined
114 to have squid allergy based on the history and the objective manifestations after
115 ingestion of squid. The pooled sera of two non-allergic individuals from the same
116 hospital were used as a negative control. Also, written informed consent was obtained
117 from each human before the human serum was collected.

118 The squid TMTp1 solution was diluted with 20mM Tris-HCl (pH 7.5) to create a
119 final concentration of 1 mg/mL. Then, 20 ml samples of the diluted squid TMTp1
120 solution were individually packaged in polyamide/chlorinated polypropylene complex
121 film bags (17 × 23 cm), the oxygen and water vapor permeabilities of which were
122 $5.383 \times 10^{-15} \text{ cm}^3 \cdot \text{cm}/\text{cm}^2 \cdot \text{s} \cdot \text{Pa}$ and $1.383 \times 10^{-12} \text{ g} \cdot \text{cm}/\text{cm}^2 \cdot \text{s} \cdot \text{Pa}$, respectively. The
123 bags were sealed for the HHP treatments.

124

125 *2.2 High hydrostatic pressure (HHP) treatments*

126 The experimental design comprised of a control, three single-cycle treatments and
127 three two-cycle treatments, with three replicates of each treatment performed. For the
128 control, the Squid TMTp1 samples were held at ambient pressure (0.1 MPa and
129 $\sim 25^\circ\text{C}$), with no HHP treatment. The three single-cycle treatments were carried out at
130 200, 400 or 600 MPa for 20 min, named as S-200, S-400 and S-600, respectively. For
131 the three two-cycle treatments, two 10 min cycles at 200, 400 or 600 MPa were
132 performed, named as T-200, T-400 and T-600, respectively. The treatments used in
133 this study were based on our previous study²³.

134 The HHP treatments were carried out using an HHP device (HHP-750, Kefa High

135 Pressure Food Processing Inc., Baotou, China), for a total holding time of 20 min.
136 Water was used as the pressure transmitting medium, and the temperature was
137 maintained at $25 \pm 1^\circ\text{C}$ by a circulating water system. The pressure vessel (90 mm
138 diameter \times 320 mm height) had a volume of 2.5 L and a pressure range of 0–700
139 MPa. The rate for the treatments to come-up to the top pressure was set at
140 approximately 200 MPa/min and the decompression time after the treatment was
141 immediate (<4 s), in order to minimize adiabatic heating²⁹. After HHP treatments, all
142 the samples were freeze dried in a Freezone 2.5 L Triad system (Labconco Inc.,
143 Missouri, USA), and stored at -80°C until further analysis.

144 *2.3 AFM analysis*

145 The squid TMTp1 morphology was characterized using AFM (Veeco Metrology
146 Group, Digital Instruments, Santa Barbara, CA, USA). A 2 μL droplet of the squid
147 TMTp1 (25 $\mu\text{g}/\text{mL}$) was spread onto a freshly cleaved mica disk, which was adhered
148 to a stainless plate using double-sided tape. The sample was air-dried for 60 min at
149 ambient temperature. The sample surface topography was then measured using
150 Multimode Nanoscope AFM. Imaging was performed in the tapping mode, with a
151 cantilever resonant frequency of around 330 kHz and scan rate of 2.441 Hz. Three
152 subsamples of every treatment sample were scanned three times each, under ambient
153 atmospheric conditions. The original data was levelled, to remove tilt, by applying a
154 numerical second-order correction, and the mean values of surface roughness (R_a),
155 maximum height (R_{max}), skewness and kurtosis were determined using NanoRule
156 software (Pacific Nanotechnology, Santa Barbara, CA, USA).

157 *2.4 NMR analysis*

158 ^1H NMR analyses of the squid TMTp1 samples were carried out on an Avance

159 Bruker III HD 600 MHz NMR spectrometer (Bruker Biospin, Rheinstetten,
160 Germany), equipped with a 5 mm TCI CryoProbe and maintained at 25°C. The
161 solvent used was D₂O and a final sample concentration of 10 mg/mL and 500 μl
162 solution was used for each analysis. Solvent pre-saturation was employed to suppress
163 the water peak. The standard Carr-Purcell-Meiboom-Gill pulse sequence was used to
164 record the spectra; the Carr-Purcell-Meiboom-Gill pre-saturation pulse sequence
165 worked in the form of RD-90°-(t-180°-t)_n-ACQ, where RD is the relaxation delay of 2
166 s, 90° and 180° represent the RF pulses that trip the magnetization vector, t is the
167 spin-echo delay of 400 ms, n represents the number of loops (80 in this experiment),
168 and ACQ is the data acquisition period of 1.36 s. In this experiment, the data points
169 were acquired with 128 transients and the time delay was 5 s. The NMR spectrum was
170 imported into Chenomx NMR Suite 7.7 software (Chenomx, Inc., Alberta, Canada).
171 Subsequently, the spectra were imported to AMIX (Bruker Biospin, Rheinstetten,
172 Germany) and were all reduced to fixed integral regions (0.04 ppm) for further
173 analysis. The normalization method was performed according to previous study³¹,
174 based on the general equation:

$$S_{new}(i) = \frac{S_{old}(i)}{\sum_j \left\{ \int_{j_j^l}^{j_j^u} (S(x))^n dx \right\}^{1/n}} \times 100\%$$

175 where $S_{old}(i)$ and $S_{new}(i)$ are the intensities of the variable i (spectral feature) before
176 and after normalization, respectively; j is an index of the spectral regions used for
177 normalization; and j_j^l and j_j^u are the lower and upper borders of the spectral region j ,
178 for which the power n of the intensities $S(x)$ is integrated.

179 2.5 Indirect ELISAs

180 An indirect ELISA was performed to analyse the allergenic properties of the

181 squid TMTp1 samples by measuring their hydrolysates after *in vitro* digestion,
182 according to our previous methods¹¹. An indirect ELISA with human sera of five
183 allergic patients (P¹–P⁵) was performed. In addition indirect ELISAs with rabbit
184 anti-squid TMTp1 polyclonal antibodies (R), with rabbit anti-squid TMTp1
185 polyclonal antibodies for hydrolysates after Simulated Gastric Fluid (SGF) digestion
186 (R-SGF) and with rabbit anti-squid TMTp1 polyclonal antibodies for hydrolysates
187 after Simulated Intestinal Fluid (SIF) digestion (R-SIF) were performed. An
188 automated ELISA plate reader (Thermo Co., USA) was used to monitor the
189 absorbance at 450 nm. Three replicate measurements were carried out.

190 2.6 Statistical analysis

191 Results are reported as mean \pm standard deviation (SD). The statistical differences
192 between treatments were assessed using analysis of variance (ANOVA), followed by
193 Tukey's HSD post hoc test ($p < 0.05$) using SAS 9.2 software (SAS Institute Inc.,
194 Cary, NC, USA).

195 3. Results and discussion

196 3.1 AFM surface topography of HHP treated squid TMTp1

197 The AFM topographic images revealed the structural differences among the
198 squid TMTp1 samples subjected to different HHP treatments. In the AFM image of
199 the control squid TMTp1 samples (Fig. 1A), the particles were distributed relatively
200 evenly. The initial AFM image of the control squid TMTp1 samples presented similar
201 characteristics to human cardiac α -tropomyosin^{32,33}. The S-200 treatment caused
202 significant changes of the surface topography in the squid TMTp1 samples (Fig. 1B),
203 in which the appearance of the surface roughness was darkened. The S-400 treatment
204 caused a further increase in the maximum height and there was no uniformity between

205 the surface topographies of the treated and control samples (Fig. 1C); the surface
206 became even more rough and wrinkled when the pressure was increased to 600 MPa,
207 and the AFM images produced from the S-600 treatment were entirely different to the
208 control (Fig. 1D). This indicates that the higher pressures caused more changes to the
209 surface topographical properties of the squid TMTp1 during the single-cycle
210 treatments. Much more significant changes of the surface topography of the squid
211 TMTp1 were observed with the two-cycle HHP treatments (Fig. 1E-G). All of the
212 two-cycle HHP treatments led a much more rough and wrinkled surface topography in
213 comparison to S-600.

214 To consider the AFM outputs further, the surface topography indices of R_a , R_{max} ,
215 skewness and kurtosis, of the different HHP treated squid TMTp1 samples were
216 considered. The R_a and R_{max} are the most commonly used descriptors of surface
217 roughness³⁴. Skewness is a measure of symmetry of the statistical distribution, and
218 when it is 0 there is an even distribution of peaks and troughs, of specific heights; a
219 surface with larger peaks than troughs has a positive skewness, and vice versa¹⁸.
220 Kurtosis is a measure of the spikiness of the statistical distribution and a normal
221 distribution has a kurtosis equal to 3. If the kurtosis is < 3 , it corresponds to a
222 statistical distribution that is flatter than the normal distribution, and the opposite is
223 true for distributions with a kurtosis > 3 ¹⁸. Surfaces with varying R_a , R_{max} , skewness
224 or kurtosis values have different functional properties²⁰.

225 In this study, the control had an R_a of 0.37 nm, R_{max} of 15.20 nm, skewness of
226 7.10 and kurtosis of 91.51. In general, the HHP treated squid TMTp1 samples had
227 significantly higher R_{max} values (28.74–94.83 nm; $p < 0.05$), higher R_a values (except
228 for S-200; 0.84–6.56 nm; $p < 0.05$) and different values of skewness and kurtosis. It is
229 interesting that the single-cycle HHP treatments gave rise to higher skewness values,

230 while the two-cycle HHP treatments led to lower values compared with the control.
231 Similar results were obtained for the kurtosis values (apart from S-200, which was
232 slightly lower). The T-600 treatment produced the biggest difference in the indices
233 from the control, with a R_a of 6.56 nm, R_{max} of 94.83, skewness of 3.05 and kurtosis
234 of 23.13. There were significant differences between the indices of the of the squid
235 TMTp1 samples produced by the single- and two-cycle HHP treatments at the same
236 pressure level.

237 Biopolymers like proteins show transformation of their native structure after
238 HHP³⁵. However, there is limited information available about the chemistry behind
239 the effect of HHP on the changes of surface properties of proteins. HHP might impact
240 the hydrogen bonds, ionic or hydrophobic interactions with the modification of
241 functional characteristics, thus changing the protein structures^{29, 35, 36}. When HHP was
242 applied, the water molecules might be squeezed into the free spaces between the
243 semi-crystalline and amorphous lamellae, with greater forces produced by the higher
244 pressure treatments³⁵, indicating that the higher pressures caused more changes to
245 these intermolecular changes (hydrogen bonds, ionic and hydrophobic interactions) of
246 the squid TMTp1 during the single-cycle treatments. Much more significant
247 intermolecular changes of the squid TMTp1 were observed with the two-cycle HHP
248 treatments (Fig. 1E-G). Compared with the control, T-600 treatment produced the
249 biggest intermolecular changes.

250 Surfaces with varying AFM surface topography indices have different functional
251 properties¹⁸. Altering the surface roughness influenced the chemical reactivity of
252 proteins²⁰, which affected protein properties. The hydrogen bonds, ionic and
253 hydrophobic interactions of protein closely associated with allergenic properties, for
254 example, hydrogen bonds help stabilization of allergenicity characteristics³⁷. Hence,

255 these intermolecular and protein structure changes could potentially affect the
256 allergenicity characteristics in squid TMTp1 samples.

257 *3.2 NMR analysis of HHP treated squid TMTp1*

258 The ^1H NMR spectra of the control and HHP treated squid TMTp1 show
259 characteristic water resonance regions (4.70–5.02 ppm; Fig. 2), which are not
260 analysed in this study. The sharp peak observed at 3.70 ppm in the ^1H NMR spectra of
261 the squid TMTp1 samples is due to residual Tris buffer³⁸. All of the squid TMTp1
262 samples showed multiple signals at approximately 0.85, 1.28, 1.88, 2.16, 2.68, 2.88,
263 3.27, and 3.51 ppm, amongst other chemical shifts (Fig. 2 and Table 2); the changes
264 of the positions of the peaks within the 0.75–3.51 ppm range of the ^1H NMR spectra
265 for the different HHP treated squid TMTp1 could be attributed to the protons of the
266 protein's amino groups. The changes in the peaks between the different samples were
267 attributed to the effect of the single- and two-cycle HHP treatments.

268 The NMR spectra (0.71–3.51 ppm) were allocated to 0.04 ppm integral regions
269 and subjected to normalization analysis. The relative percentage of each integral
270 region after normalization of ^1H NMR spectra for the squid TMTp1 after each HHP
271 treatment is shown in Fig. 3; the regions of 1, 2, 58 and 59 represented 0.71–0.75,
272 0.75–0.80, 3.43–3.47 and 3.47–3.51 ppm in the ^1H NMR spectra, respectively
273 (Supplementary Table 1). The HHP treatments clearly increased $P_{0.75-0.80}$ and $P_{0.80-0.84}$,
274 but decreased $P_{2.95-3.00}$, compared with the control. $P_{0.75-0.80}$ increased from 0.0058%
275 (control) to 0.0215% (T-600), but $P_{2.95-3.00}$ decreased significantly, from 0.0261%
276 (control) to 0.0014% (T-600) (Fig. 3). The single- and two-cycle HHP treatments
277 conducted at the same pressure level also produced significantly different results (Fig.
278 3).

279 These results indicated that HHP treatments modified the structure of the squid

280 TMTp1 by impacting some characteristic groups and controlling the allergenic
281 properties, which was consistent with previously published studies^{39, 40}. In general, the
282 NMR spectroscopic analysis of the squid TMTp1 demonstrated that the HHP
283 treatments changed some related NMR characteristic regions and resulted in
284 variations of the protein's allergenic properties. The changes of protein residues,
285 which were related to the allergenic properties, could be found by NMR data through
286 information on the positions, bonds, movements of specific atoms and the
287 normalization method^{39, 40}. These residues, which were found in many allergens by
288 NMR^{39, 40}, play an important role in IgE/G binding and allergenicity of these allergens
289 by reacting with epitopes⁴². The epitopes of allergens are essential for an allergen and
290 development of specific allergen immunotherapy^{39, 40}. This demonstrated that the
291 higher pressures and two-cycle caused more changes to these residues of squid
292 TMTp1 during the HHP treatments. From NMR data (Supplementary Table 1 and Fig.
293 3), there were the biggest changes to these residues in T-600 treated squid TMTp1
294 sample. However, the exact mechanisms causing the changes in the samples should be
295 further studied.

296 *3.3 Allergenic properties*

297 Indirect ELISAs were performed to study the allergenic properties of squid
298 TMTp1 using the human sera of five allergic patients (IgE-binding capacity; IgE) or
299 rabbit anti-squid TMTp1 polyclonal antibodies (IgG-binding capacity; IgG). Overall,
300 the HHP treatments resulted in lower IgE and IgG values, representing a decrease in
301 allergenicity, and the two-cycle HHP treatments (Table 3) caused significant
302 decreases. Significant differences ($p < 0.05$) in the IgE values were observed between
303 the control and two-cycle HHP treated samples; the higher the pressure of the HHP
304 treatment the lower the IgE values. As such, the T-600 samples had the lowest IgE

305 values, of 0.87, 0.24, 0.25, 0.22 and 0.25 for the five human sera, respectively. The
306 IgG (R) of the control squid TMTp1 samples was 1.66 which was in good agreement
307 with our previous report¹¹. The IgG (R) values clearly show that the two-cycle HHP
308 treatments resulted in significantly lower binding capacities, compared with the
309 control treatment (Table 3). The changes of the IgG of hydrolysates after *in vitro*
310 digestibility (R-SGF and R-SIF) were subject to the variations of the control and HHP
311 treated samples, and the control samples had the highest IgG (R-SIF) value (0.67).
312 Previously, we reported the IgE and IgG of squid TMTp1 treated with HHP at 200,
313 400 or 600 MPa for 20 min¹¹. The two-cycle HHP treatments showed significantly
314 lower IgE and IgG values of the squid TMTp1 samples, compared to our previous
315 study¹¹. For example, the IgG (R) value of squid TMTp1 treated with a single-cycle of
316 HHP at 200 MPa was 1.34, while the two-cycle treatment at the same pressure
317 resulted in a significantly lower binding of 1.15.

318 Recent research has shown that the activity of phytoferritin (i.e., the iron release
319 activity) is dramatically enhanced after HHP treatment⁴¹, and the immunoreactivity of
320 soybean seeds is reduced by HHP treatment at 300 MPa for 15 min, maintained at
321 40°C⁹. Also, HHP has been shown to induce structural unfolding, protein
322 denaturation, and even dissociation of some proteins into subunits to change their
323 functional properties^{36, 42}. Meanwhile, multiple cycles of HHP have been shown to
324 produce a more powerful percussive action and shear effect, resulting in a significant
325 enhancement of the HHP effectiveness^{23, 43, 44}.

326 In this study, two-cycle HHP caused a more pronounced alteration of the protein
327 structure of squid TMTp1, than single-cycle HHP (Fig. 1, 2 and 3) and these changes
328 caused lower IgE and IgG values. These results indicate that HHP could decrease the
329 allergenic properties of squid TMTp1, and that increasing the pressure level as well as

330 performing two-cycles of HHP creates more significant effects on controlling the
331 allergenic properties.

332 *3.4 Correlation among AFM surface topography, NMR characteristic domain and*
333 *allergenicity of HHP treated squid TMTp1*

334 Correlation analyses among the pressure level, cycle numbers, IgE, IgG and
335 AFM surface topography of squid TMTp1 samples are presented in Supplementary
336 Table S2. The correlations among the IgE and IgG values (i.e., the allergenic
337 properties) are really high ($R \geq 0.79$, $p < 0.001$). The negative correlations between
338 the pressure levels and the IgE values were all significant ($p < 0.001$), and there was
339 also a significant negative correlation between pressure levels and the IgG values ($p <$
340 0.01). There were negative correlations between the cycle numbers and both skewness
341 ($R = -0.80$, $p < 0.001$) and kurtosis ($R = -0.85$, $p < 0.001$), but the cycle numbers was
342 positively correlated with R_a ($R = 0.90$, $p < 0.001$) and R_{\max} ($R = 0.88$, $p < 0.001$).
343 These results demonstrated that the pressure level and cycle number had significant
344 correlation with the modification of the allergenic and AFM surface topography
345 measures in squid TMTp1. In accordance with this, changes of the allergenic
346 properties, caused by the HHP treatments, were significantly correlated to the AFM
347 surface topography indices.

348 Correlation analyses between the NMR results, pressure level, cycle numbers,
349 allergenic and AFM surface topography for the squid TMTp1 samples are presented
350 in Supplementary Table S1. The relationships between the HHP pressure and NMR
351 $P_{0.99-1.03}$, $P_{1.79-1.84}$, $P_{2.85-2.90}$, $P_{3.36-3.39}$ and $P_{3.40-3.43}$ indices were all significant ($p <$
352 0.05); the correlations of these NMR indices with the HHP mode were also significant
353 ($p < 0.05$). This indicates that the HHP pressure and HHP mode significantly
354 impacted upon some NMR characteristic regions of the squid TMTp1 samples. The

355 main ranges of the characteristic regions for the allergenic properties were 0.99–1.03,
356 1.19–1.24, 1.44–1.49, 1.79–1.84, 2.85–2.90, 3.36–3.39 and 3.40–3.43 ppm (Fig. 3). For
357 example, there was a peak at 0.99 ppm, in the range of 0.99–1.03 ppm, for the squid
358 TMTp1 sample of the control treatment, however, there was no peak in this range for
359 the HHP treated samples (Table 2). The peak of 0.99 ppm in this study was the
360 trimethylamine signal, a proton of $-\text{CH}_3$, and multiple of (t, 7)⁴⁵. This means that HHP
361 changed the $-\text{CH}_3$ group, which led to the modification of the allergenic properties
362 (IgE and IgG values). The main allergenic characteristic peaks that were affected by
363 HHP were 0.99, 1.16, 1.21, 1.79, 1.82, 2.84, 2.88 and 3.37 ppm, as observed in the
364 control ¹H NMR spectra (Table 2). It is important to note that the HHP mode (cycle
365 numbers) is highly relevant to the changes of the NMR data, which resulted in the
366 variation of the allergenic properties and AFM surface topographies.

367 There were negative correlations between $P_{0.99-1.03}$ and both the R_a and R_{\max} ($R \geq$
368 0.76 , $p < 0.001$), as well as $P_{1.49-1.53}$ and both the R_a and R_{\max} ($R \geq 0.74$, $p < 0.001$);
369 however, $P_{3.32-3.36}$ and $P_{3.36-3.39}$ were positively correlated with R_a and R_{\max} ($R \geq 0.84$,
370 $p < 0.001$). The AFM indices of skewness (S) and kurtosis (K) contradicted the
371 results, compared to the tendencies of variation in R_a and R_{\max} . The ranges of the main
372 characteristics for the AFM surface topography were 1.04–1.08, 1.49–1.53, 1.64–
373 1.69, 1.74–1.79, 3.15–3.20, 3.24–3.27, 3.32–3.36 and 3.36–3.39 ppm. Further, the
374 peaks of the main characteristics for the AFM surface topography that were affected
375 by HHP were 1.06, 1.79, 3.23, 3.27 and 3.37 ppm (as identified in the control ¹H
376 NMR spectra (Table 2). For example, there was a peak at 3.37 ppm, in the range of
377 3.32–3.39 ppm, for the control squid TMTp1 samples, however, there were peaks at
378 3.35 ppm in this range for all the HHP treated samples (Table 2). The peak at 3.37
379 ppm in this study was a characteristic signal of dimethyl ether, a proton of $-\text{CH}_3$, and

380 multiple of (s)⁴⁵. This means that HHP induced this -CH₃ group migration and led to
381 changes of the AFM surface topography (R_a , R_{max} , S and K indices).

382 The results of this study reveal that the changes (by migration or disappearance)
383 of related NMR characteristic regions, caused by the HHP treatments, significantly
384 impacted upon the allergenic and AFM surface topography of the squid TMTp1. The
385 HHP mode significantly correlated ($p < 0.05$) with the variation of the NMR indices,
386 which resulted in reducing the allergenicity and changing the structure of the squid
387 TMTp1 samples.

388 4. Conclusion

389 HHP treatments resulted in the modification (by migration or disappearance) of
390 related NMR characteristic regions in squid TMTp1 samples, which in turn caused a
391 reduction in the allergenicity and change of AFM surface topography. The 400 MPa
392 and 600 MPa single-cycle HHP treatments to squid TMTp1 caused significant
393 increases in roughness and maximum height, and the surface topography was no
394 longer uniform in comparison with the control. However, the single-cycle HHP
395 treatments gave rise to higher skewness and kurtosis values, while two-cycle HHP led
396 to lower values. In addition, the two-cycle HHP treatments significantly controlled the
397 allergen (lower R values of 1.15–1.09).

398 The HHP treatments affected the squid TMTp1 by modifying some of the related
399 NMR characteristic regions, apparent from the NMR spectroscopic analysis. The
400 cycle numbers (mode) of HHP treatments significantly correlated ($p < 0.05$) with the
401 NMR indices, which resulted in reductions in the allergenicity and change in the
402 surface topography of the squid TMTp1 samples. The peaks of the main allergenic
403 characteristics affected by HHP were 0.99, 1.16, 1.21, 1.79, 1.82, 2.84, 2.88, and 3.37
404 ppm (as identified in the control ¹H NMR spectra), and the peaks of the AFM

405 characteristics were 1.06, 1.79, 3.23, 3.27, and 3.37 ppm. The NMR spectra
406 demonstrated that HHP treatments affected the structural characteristics of the squid
407 TMTp1 samples by impacting the main characteristic regions; by increasing the
408 pressure level and performing two-cycles (instead of one), the HHP treatment was
409 more effective. This study provided meaningful information for the use of HHP as a
410 non-thermal, minimal processing technology to change some NMR characteristic
411 regions and control seafood allergens.

412

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505 **Figure captions**

506 **Fig. 1.** Atomic force microscopy topographic images of squid TMTp1 subjected to
507 different high hydrostatic pressure treatments.

508 A: untreated squid TMTp1; B-D: single-cycle HHP treated at 200, 400 or 600 MPa
509 for 20 min, respectively, and E-G: two 10-min cycles at 200, 400 or 600 MPa,
510 respectively.

511

512 **Fig. 2.** ^1H nuclear magnetic resonance spectra of different high hydrostatic pressure
513 treated squid TMTp1 samples in D_2O solution at 25°C .

514 S-200, S-400 or S-600: single-cycle HHP treated at 200, 400 or 600 MPa for 20 min,
515 respectively, and T-200, T-400 or T-600: two 10-min cycles at 200, 400 or 600 MPa,
516 respectively.

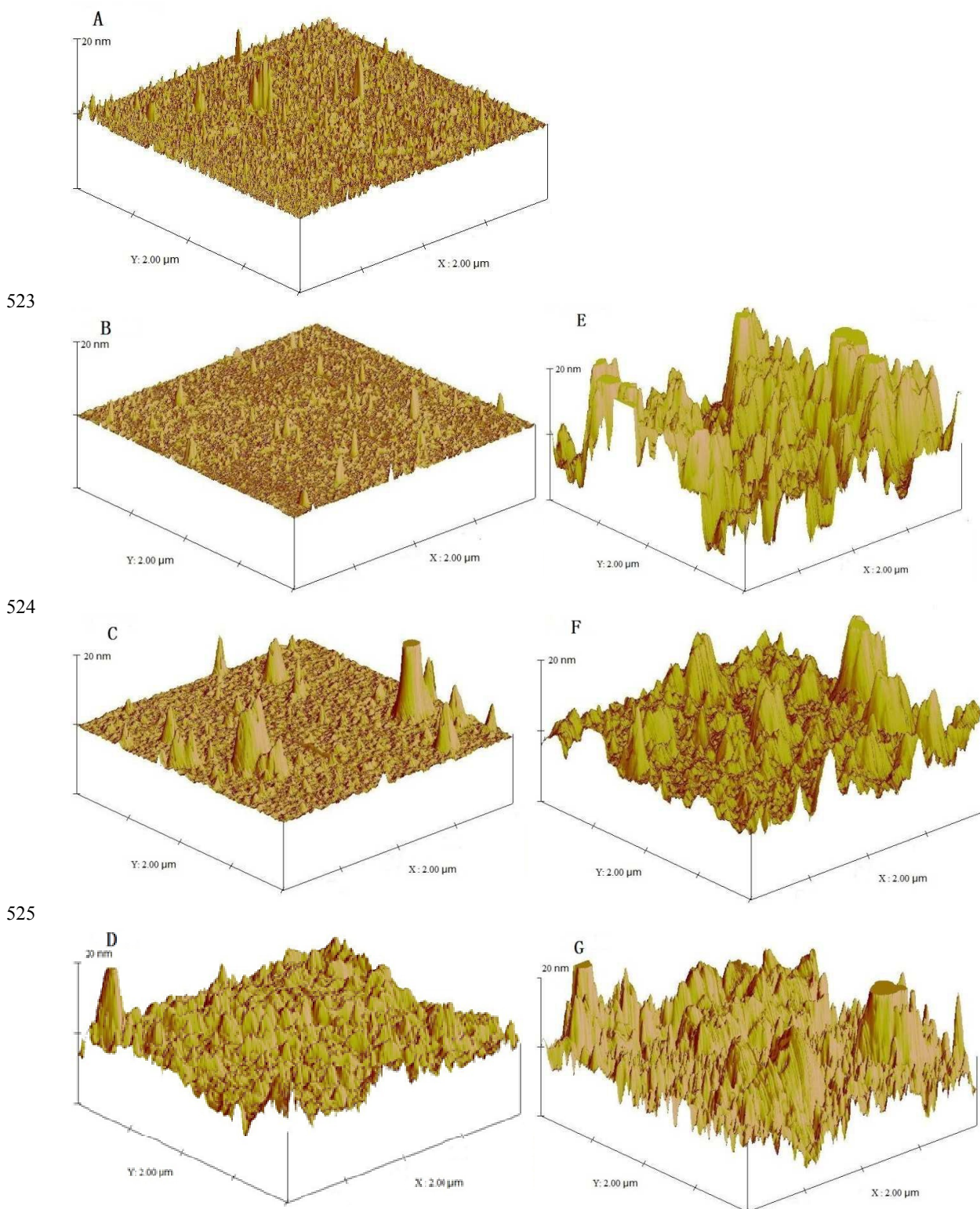
517

518 **Fig. 3.** The relative percentage of each integral region after normalization of ^1H NMR
519 spectra for different high hydrostatic pressure treated squid TMTp1 samples.

520 The main allergenicity characteristic domain of the HHP treated squid TMTp1 were:

521 A (number 7: range 0.99–1.03 ppm), B (11: 1.19–1.24 ppm), C (16: 1.44–1.49 ppm),

522 D (23: 1.79–1.84 ppm), E (45: 2.85–2.90 ppm) and F (56, 57: 3.36–3.43 ppm).



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527 different high hydrostatic pressure treatments.
528
529 A: untreated squid TMTp1; B-D: single-cycle HHP treated at 200, 400 or 600 MPa

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531 respectively.



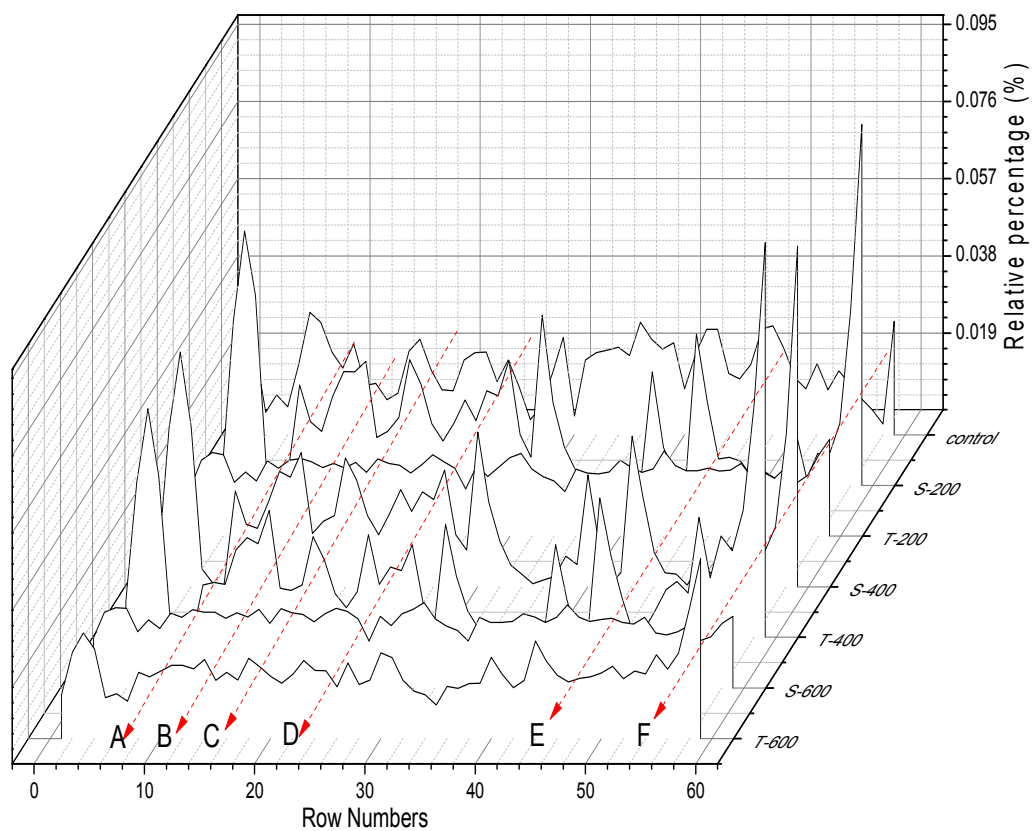
532

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538

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543 D (23: 1.79–1.84 ppm), E (45: 2.85–2.90 ppm) and F (56, 57: 3.36–3.43 ppm).

544 **Table captions**

545 **Table 1.** Atomic force microscopy surface topography indices of the squid TMTp1
546 samples.

547 **Table 2.** Changes of the positions of peaks in the ^1H nuclear magnetic resonance
548 spectra of the squid TMTp1 samples.

549 **Table 3.** Results of the indirect ELISAs performed with the squid TMTp1 samples
550 against IgE and IgG.

551 **Table 1.** Atomic force microscopy surface topography indices of the squid TMTp1
 552 samples.

553

Treatment group	Mode	Pressure (MPa)	AFM indices ^{#*}			
			Mean roughness (R _a , nm)	Max height (R _{max} , nm)	Skewness	Kurtosis
Control	-	0.1	0.37 ± 0.02 ^f	15.20 ± 0.50 ^g	7.10 ± 0.26 ^b	91.51 ± 0.32 ^b
S-200	Single	200	0.35 ± 0.02 ^f	28.74 ± 0.40 ^f	7.33 ± 0.36 ^b	85.58 ± 0.66 ^c
S-400	Single	400	0.84 ± 0.04 ^e	33.02 ± 0.26 ^c	8.58 ± 0.24 ^a	102.81 ± 0.53 ^a
S-600	Single	600	1.66 ± 0.01 ^d	29.31 ± 0.92 ^d	8.55 ± 0.55 ^a	100.06 ± 1.62 ^a
T-200	Two	200	5.60 ± 0.16 ^c	53.98 ± 0.96 ^c	2.67 ± 0.20 ^c	22.95 ± 0.49 ^d
T-400	Two	400	5.10 ± 0.04 ^b	85.29 ± 1.02 ^b	2.73 ± 0.56 ^c	24.31 ± 0.37 ^d
T-600	Two	600	6.56 ± 0.06 ^a	94.83 ± 0.89 ^a	3.05 ± 0.26 ^c	23.13 ± 0.79 ^d

554 [#] Values are expressed as average ± standard deviation (SD) (n = 3).

555 * Means in the same column with different lowercase letters (a–g) are significantly
 556 different (*p* < 0.05).

557 **Table 2.** Changes of the positions of peaks in the ^1H nuclear magnetic resonance
 558 spectra of the squid TMTp1 samples*.

	The position of peaks (ppm)						
	Control	S-200	S-400	S-600	T-200	T-400	T-600
1	3.51	3.51	3.51	3.51	3.51	3.51	3.51
2			3.46	3.47		3.46	3.47
3	3.37	3.35	3.35	3.35	3.35	3.35	3.35
4	3.29	3.28	3.28	3.29	3.29	3.28	3.29
5	3.27	3.26	3.25	3.26	3.25	3.25	3.26
6	3.23	3.23	3.21	3.21	3.21	3.21	3.21
7	3.17	3.17	3.17	3.17	3.17	3.17	3.17
8	3.14	3.13	3.13		3.13		
9		3.1	3.1	3.1	3.1	3.1	3.1
10	3.07	3.06					
11	3.00	3					
12	2.88	2.87	2.87	2.87	2.87	2.87	2.87
13	2.84						
14	2.81	2.8	2.8	2.8	2.8	2.8	2.8
15	2.78						
16	2.68	2.69	2.69	2.69	2.69	2.69	2.69
17	2.65	2.64	2.64	2.64	2.64	2.64	2.64
18	2.63	2.63	2.62	2.62	2.62	2.62	2.62
19	2.57	2.53	2.53	2.53	2.52	2.52	
20	2.39						
21	2.16	2.19	2.19	2.19	2.2	2.2	2.18
22	2.13	2.13	2.13	2.13	2.13	2.13	2.13
23	2.10						
24	1.98	1.99	1.99	1.99	1.99	1.99	1.99
25	1.88	1.95	1.95	1.95	1.95	1.95	1.95
26	1.82	1.82	1.82	1.82	1.82	1.82	1.82
27		1.79	1.79	1.79	1.79	1.79	1.79
28	1.70						
29		1.59	1.56	1.59	1.58	1.58	1.58
30	1.43						
31		1.37	1.37	1.37	1.37	1.37	1.37
32	1.34						
33	1.32						
34	1.28	1.29	1.29	1.29	1.29	1.29	1.29
35	1.26	1.27	1.27	1.27	1.27	1.27	1.27
36	1.23	1.23	1.23	1.23	1.23	1.23	1.23
37	1.21	1.22	1.22	1.22	1.22	1.22	1.22
38	1.16	1.18	1.18	1.19	1.19	1.19	1.18
39	1.09	1.1	1.09	1.1	1.1	1.09	1.1
40	1.08	1.08	1.08	1.08	1.08	1.08	1.08
41	1.06	1.07	1.07	1.07	1.07	1.07	1.07
42				1.05	1.05	1.05	1.05

43	0.99						
44	0.85	0.85	0.85	0.85	0.85	0.85	0.85
45	0.83	0.83	0.83	0.83	0.83	0.83	0.83
46	0.82	0.82	0.81	0.82	0.82	0.81	0.82
47		0.78	0.78	0.78	0.78	0.77	0.78

559

560 *S-200, S-400 and S-600 were the single-cycle high hydrostatic pressure (HHP)

561 treatments, maintained at 200, 400 and 600 MPa for 20 min, respectively. T-200,

562 T-400 and T-600 were the two-cycle HHP treatments comprised of two 10 min

563 cycles, at 200, 400 and 600 MPa, respectively.

564 **Table 3.** Results of the indirect ELISAs performed with the squid TMTp1 samples against IgE and IgG.

565

Treatment group	IgE binding*					IgG binding [#]		
	P ¹	P ²	P ³	P ⁴	P ⁵	R	R-SGF	R-SIF
Control	1.67 ± 0.04 ^a	0.82 ± 0.01 ^a	0.74 ± 0.01 ^a	0.55 ± 0.06 ^a	0.47 ± 0.02 ^a	1.66 ± 0.03 ^a	1.37 ± 0.06 ^a	0.67 ± 0.03 ^a
T-200 [■]	1.08 ± 0.07 ^b	0.28 ± 0.01 ^b	0.31 ± 0.02 ^b	0.24 ± 0.03 ^b	0.28 ± 0.01 ^b	1.15 ± 0.02 ^{bc}	0.90 ± 0.03 ^{bc}	0.41 ± 0.02 ^b
T-400	0.98 ± 0.05 ^c	0.26 ± 0.02 ^{bc}	0.28 ± 0.03 ^{bc}	0.23 ± 0.04 ^b	0.25 ± 0.01 ^c	1.12 ± 0.03 ^{cd}	0.86 ± 0.04 ^{cd}	0.42 ± 0.03 ^b
T-600	0.87 ± 0.05 ^d	0.24 ± 0.01 ^c	0.25 ± 0.02 ^c	0.22 ± 0.02 ^b	0.25 ± 0.01 ^c	1.09 ± 0.01 ^d	0.84 ± 0.02 ^d	0.37 ± 0.02 ^c

566

567 [■]T-200, T-400 and T-600 are the two-cycle HHP treatments, comprised of two 10 min cycles, at 200, 400 and 600 MPa, respectively.

568 *P¹–P⁵: indirect ELISAs performed with human sera of five allergic patients.

569 [#]R: indirect ELISA performed with rabbit anti-squid TMTp1 polyclonal antibodies. R-SGF: indirect ELISA performed with rabbit anti-squid
 570 TMTp1 polyclonal antibodies for hydrolysates after Simulated Gastric Fluid digestion (SGF) digestion. R-SIF: indirect ELISA performed with
 571 rabbit anti-squid TMTp1 polyclonal antibodies for hydrolysates after Simulated Intestinal Fluid (SIF) digestion.

572 ^{a–d}Values are expressed as mean ± standard deviation (SD) (n = 3); means in the same column with different lowercase letters (a–d) are
 573 significantly different (*p* < 0.05).