



Isothermal solid-phase recombinase polymerase amplification on microfluidic digital versatile discs (DVDs)

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1 **Isothermal solid-phase recombinase**
2 **polymerase amplification on microfluidic**
3 **digital versatile discs (DVDs)**

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10

11 **ABSTRACT**

12 A new advance for massive DNA-based screening in limited-resource settings is
13 demonstrated through the incorporation of easy-to-fabricate microfluidic chambers on
14 digital versatile discs (DVDs) to perform isothermal recombinase polymerase
15 amplification (RPA) in microarray format. Standard un-modified DVD discs and
16 commercial drives are used for the low-cost detection method. DNA primers were
17 printed in a microarray format on the polycarbonate surface of DVDs, with integrated
18 control spots to guarantee the absence of false-negatives and false-positives. The solid-
19 phase amplification assay, including the washing protocols and development reaction,
20 was performed by dispensation of solutions through the inlet and the flow-movement
21 controlled by DVD drive centrifugation. The final disc with reaction products was
22 inserted into the DVD player and microarray images were captured and automatically
23 processed. This simple approach was applied for the screening of genetically modified
24 organisms (GMOs) in food samples. The limit of detection was 7 µg/g, well below the
25 EU regulation limits for GMOs in food products. Hence, the only required materials for
26 food safety monitoring were standard store-bought DVDs, plastic chambers, tips,
27 pipettes, oven, and a standard DVD drive. The proposed strategy allows for an
28 integrated microarray system with low-manipulation, reduced sample volume, and
29 portable device applicable to low resource settings.

30

31 INTRODUCTION

32 The development of DNA biosensors is related to the adequate selection and integration
33 of support, probes, assay format, and transduction phenomena to perform and detect the
34 biorecognition. Unlike silicon chips, plastic polymers as analytical platforms offer the
35 advantage of being transformed easy and cheaply into devices that join operations of
36 sample treatment, fluid management, and detection.¹ But, in some cases, the proposed
37 platforms are not useful for real application because the systems for fluid management
38 and signal detection are not easily adaptable to wide-range of scenarios.

39 Several research groups and companies have been working in the development of
40 biosensors based on the use of compact discs or 'lab-on-a-CD' systems. There are two
41 main approaches depending on the nature of the disc used.² The first one includes
42 plastic substrates with circular shape and several mm thick, which integrates a
43 microfluidic system (microchannels, valves, chambers, etc.).^{3,4} Some of them, known
44 micro-total analysis systems (μ TAS), integrate all analytical steps required for genomic
45 assays.⁵ Other lab-on-a-CD devices present a lower integration level and the procedure
46 involves some handling steps.⁶ In both cases, the measurement is generally performed
47 with equipments, such as colorimeters, or expensive static detectors, such as
48 fluorescence microscopes or other complex non-integrated systems.

49 The second approach uses directly audio-video compact discs as support for carrying
50 out bioassays and the detection is based on the scanning of the focused laser present in
51 conventional disc drives.⁷ The main advantage of these technologies (CD, DVD, Blu-
52 Ray and other) is mass-produced for the consumer electronic market with high-quality
53 standards and cost-effective price. Our group has demonstrated that it is possible to use
54 the CD player/writer as detector, using low-reflective discs (transmission/reflection
55 mode) or conventional discs (reflection mode), also incorporating chemical
56 modification of surfaces. These systems show higher sensitivity and working capacity
57 (e.g. multiplexing), allowing the implementation of extremely inexpensive optical
58 devices for biological applications.⁸⁻¹⁰

59 The development of DNA hybridization assays has been addressed using centrifugal
60 disc platforms. The procedures include flow hybridization in different reservoirs, such
61 as double-spiral,¹¹ channel,^{12,13} or chamber,¹⁴ and all of them combined with fluoresce
62 detection. An interesting approach is the integration of isothermal amplification and
63 fluorescent real-time detection with a commercially available centrifugal disc and
64 analyzer.⁶ Also, hybridization assays on microarray format have been performed based

65 on DVD,⁹ and BD¹⁰ technology (disc and detector). The experimental steps are similar
66 to those when using glass or other solid supports. A distinguished advantage is that the
67 use of expensive and bulky scanners typically imaging the spots is avoided, showing the
68 way to the widespread of the microarray technology. Nevertheless, integrated
69 approaches are required to reduce the number of steps and the manipulation of samples.
70 In a recent study, Santiago-Felipe *et al.*¹⁵ has demonstrated the advantages of isothermal
71 recombinase polymerase amplification (RPA) combined to DVD hybridization and
72 detection by means of a technique called solid-phase amplification. In this approach,
73 one primer is attached onto the polycarbonate surface of a DVD (bottom layer), while
74 the other amplification components remained in the liquid phase. The polymerase
75 extension of the primer produced a tethered and detectable amplification product. These
76 results have opened a new strategy to integrate the amplification and the hybridization
77 in the same platform at constant low temperature, avoiding devices with technologically
78 complex heating/cooling systems. On the other hand, Russom *et al.*¹⁶ have shown how
79 merging optical discs and microfluidics holds a new step towards low-cost point of care
80 applications. Low reflectivity DVDs were fabricated from 0.6 mm DVD substrates,
81 including a spiral groove of 0.74 mm track pitch and coating with a 10 nm thick layer of
82 SiO₂. The microfluidic layers, containing microchannels and other fluidic reservoirs,
83 were incorporated over metallic layer of discs (top layer). Then, the integration of the
84 assay development, controlled by spinning rate, and reading (transmission mode) in
85 only one platform was achieved. The system was applied to low-cost HIV diagnostics
86 by counting CD4⁺ cells isolated from whole blood. However, this approach requires
87 some disc modifications and the incorporation of a planar photodiode into the DVD
88 drive to detect transmitted light.

89 In this study, a semi-automated DNA assay in microarray format is proposed based on
90 the integration of a simple adhesive microfluidic layer on the polycarbonate surface of
91 conventional DVDs (bottom layer). Primers are pre-printed onto the DVD surface, and
92 lyophilized RPA reagents are stored within the spinning platform. The rest of the
93 reagents are hand dispensed and the solid-phase amplification is performed, bringing
94 the amplified products attached to the DVD surface. After the development of the
95 amplification products, the microfluidic layer is removed and the disc is read by
96 reflection mode (conventional DVD drive). The presence of the amplification product
97 modifies the light intensity of scanning laser of DVD-drive (reflection mode), and using
98 data acquisition software, a microarray image is generated. As proof of concept, the

99 method has been applied for the low-cost, reliable, rapid screening of genetically
100 modified organisms (GMOs).

101

102 **METHODS**

103 **Target genes.** GMO testing was based on the determination of several genetic
104 elements. Screening elements are the two most common transgenic genes (35S-
105 promoter from cauliflower mosaic virus or p35S and nopaline synthase terminator or
106 tNOS), allowing the detection of most of authorized or unauthorized lines.^{17,18} Taxon-
107 specific elements detect genes specific from plants, such as lectin (*Le1*) for *Glycine max*
108 (soybean), alcohol dehydrogenase 1 (*adh1*) for *Zea mays* (maize), and LAT52 protein
109 (*LAT52*) for *Solanum lycopersicum* (tomato). These elements increase the
110 characterization of involved transgenic ingredients, allowing increase selectivity for
111 certain GMOs.¹⁹ Construction-specific elements are included for a complete
112 identification of GMO events, such as Bt-11 construction, which involves a junction
113 region between the intron 6 (IVS6) from maize alcohol dehydrogenase 1 gene (*adh1-1S*)
114 and a synthetic *cryIA(b)* gene.²⁰

115

116 **Integrated DVD System Design.** The DVD-based bioanalytical platform consists on
117 two disc substrates (optical layer and microfluidic layer) bonded together (see
118 supplementary information). The optical layer substrate used is a standard store-brought
119 DVD-ROM disc purchased from MPO Iberica (Spain). According to the DVD
120 specifications, a standard blank disc is composed of two 0.6 mm thick-polycarbonate
121 substrates, with a middle layer of highly reflective metallic material (thickness 1.000 -
122 1.500 Å). The bottom polycarbonate layer has an injection molded spiral microguide
123 (0.74 mm track pitch) in order to guide subsystems of the detector laser ($\lambda = 650$ nm) to
124 be kept on the data track.

125 The microfluidic substrate was fabricated using 0.2 mm-pressure sensitive adhesive
126 (PSA) (adhesive transfer tape 91022, 3M, USA) bonded to a disc-shape polycarbonate
127 plastic (thickness 0.6 mm) with drilled access through-holes (diameter 1 mm). Ten
128 identical fluidic structures, contained the microfluidic components, including channels,
129 and reservoirs, were radially arrayed to enable multiplexed assays on a single disc using
130 a CO₂ laser cutter (Hylax Hypertronics). A scheme of this device is shown in Figure 1,
131 with details of the two chambers and channel locations. Each structure has a chamber

132 for the pre-amplification mixing (Fig.1A, Chamber 1) and a chamber for the solid-phase
133 amplification and detection (Fig.1A, Chamber 2). The dimensions of the chambers are
134 5.5 mm in length, 5.5 mm in width and 0.2 mm in height, and so can contain a sample
135 volume of 6 μ L. The two chambers are connected by a 0.6 mm wide mixing channel as
136 hydrophobic valve. The disc was designed to enable these simple fluidic steps at the low
137 spinning rates (< 1500 rpm) achievable in commercial DVD drives.

138 Standard commercial DVD-ROMs were firstly conditioned by gentle ethanol washing,
139 water rinsing, and dried by centrifugation. Biotinylated primers (Table SI.1) were
140 immobilized on passively adsorbed streptavidin. For that, each mixture of streptavidin
141 (5 mg/L) and biotinylated-labelled primer (100 nM) in 50 mM carbonate buffer, pH 9.6
142 and 1% glycerol (v/v), was printed on the polycarbonate disc surface (50 nL) with a
143 non-contact AD 1500 BioDot Inc., CA printer. Working temperature and relative
144 humidity were adjusted at 25°C and 90%, respectively. As this arrayer is traditionally
145 used for printing on standard glass slides, a custom printing-layout was developed to
146 print multiple arrays. The printing area for each chamber was 4 mm \times 4 mm with
147 allowance for minor misalignment with the printer. In a single run, 10 arrays of 9 spots
148 (3 \times 3) for primers, negative controls, and positive controls were spotted in the Chamber
149 2 region with a 1-mm track pitch. Pre-stored lyophilized reagents (0.8 mg) for
150 amplification were dispensed into Chamber 1 with a spatula. The reagents mixture was
151 composed by 2 mM DTT, 5% Carbowax 20M, 200 μ M dNTPs, 3 mM ATP, 50 mM
152 phosphocreatine, 100 ng/ μ l creatine kinase, 30 ng/ μ l Bsu, and recombinase proteins
153 (900 ng/ μ l gp32, 120 ng/ μ l uxsX, and 30 ng/ μ l uvsY) supplied by TwistDx (UK).
154 Finally, the microfluidic layer was aligned to the DVD-ROM surface and affixed to
155 enable a bubble-free flat disc. The outer holes were sealed with PCR sealer tape
156 (Corning, USA) and stored at -20 °C until use.

157

158 **DVD drive.** The assay performed on disc was controlled and measured by an adapted
159 DVD drive from LG Electronics Inc. (Englewood Cliffs, USA). The device
160 incorporated a data acquisition board (model DT9832A-02-OEM, Data Translation,
161 Germany) with a sample rate up to 2 megasamples per second. A standard DVD drive
162 has a motor to rotate the disc, an optical system with a laser ($\lambda = 650$ nm), and a servo
163 focus/tracking system to centre and focus the beam on the spiral track. For the
164 acquisition of data stored on the track, the laser scans the whole disc surface and reads
165 the reflected intensity. Our device takes advantage of these components for two

166 objectives. First, the DVD drive is used as a centrifuge controlling the spinning rate of
167 disc. Second, the drive is used as detector capturing the signal variation during surface
168 scanning due to the presence of biochemical interaction (solid products).

169 The performances of the optical disc drive were controlled by custom software, written
170 in Visual C++, running on a laptop connected to it through a USB2.0 universal serial
171 bus interface. During the disk scanning, only signals coming from selected areas are
172 processed for digitization, stored in the computer (5 MB size file). The signals for each
173 track and microarray are deconvoluted into an image. The image analysis of microarray
174 was also performed by the software.

175

176 **Samples and extraction of genomic DNA.** The certified reference materials (CRMs)
177 were purchased from the Institute for Reference Material and Measurements (Belgium).
178 Food products were bought in local stores. For genomic DNA extraction, aliquots of 5-
179 20 g of homogenized sample were extracted using a GMO-extraction kit based on
180 column purification, according to the manufacturers' instructions (Applied Biosystems,
181 Spain). The extracted DNA was quantified by spectrophotometry (NanoDrop
182 2000/2000c, Thermo scientific Inc., USA) and stored at -20 °C until analysis.

183

184 **Amplification and development.** Each sample was analyzed per quintuplicate,
185 including positive and negative amplification controls. Solid phase RPA was performed
186 on disc (10 reactions/disc, see supplementary information). Reaction mixtures (6 μ L)
187 contained 480 nM of each 5'-digoxigenin labelled primer (Table SI.1), 5 ng of genomic
188 DNA, 14 mM of Mg acetate, and 1 \times rehydration buffer. Denhardt's reagent (2.5 \times , Life
189 Technologies, Spain) was also added to reduce the non-specific background. Later,
190 mixtures were dispensed with a micropipette on the corresponding microfluidic
191 structure through the inlet holes. The outer hole was sealed with PCR sealer tape
192 (Corning, USA). Then, the disc was inserted into the DVD player and a slow spin was
193 done (<600 rpm for 10 s) to lead the reaction mixture to Chamber 1. After a proper
194 reconstitution and mixing of the reagents, a spin was increased to 1000 rpm to fully
195 move sample into Chamber 2 covering the pre-printed array. Next, the disc was
196 introduced into a container (standard DVD plastic box) in a water-saturated atmosphere,
197 and the solid-phase amplification reactions were carried out at 37 °C for 40 min in an
198 oven (model UF30 Memmert, Germany). After removing the sealer tape, the emptying
199 of the chamber was done by spinning at 1000 rpm during 10 s. The dispensation of

200 solutions and reagents were done through the inlet, with the movement of solutions
201 controlled by centrifugation as described above. The array was washed by dispensation
202 of 0.1×washing solution (SSC, 1× saline sodium citrate: NaCl 150 mM, sodium citrate
203 15 mM, pH 7) and water through the inlet holes (6 µL). The chamber was emptied by
204 spinning at 1000 rpm during 10 s. The detection was done using a mixture of anti-
205 digoxigenin antibody produced in sheep (1/4000) and anti-sheep conjugated with
206 horseradish peroxidase (1/500) in PBS-T (phosphate buffered saline and 0.05% (v/v)
207 tween 20, pH 7.4) (6 µL). The developer reagent was 3,3',5,5'-tetramethylbenzidine
208 (TMB) (6 µL). The array was washed with PBS-T plus deionised water as described
209 above. Finally, the fluidic layer was removed and the disc was inserted into the DVD
210 player.

211

212 **DVD surface scanning.** As the inner structure of the optical disc remained unaltered,
213 the microarrays on surface were correctly read out. The disc was scanned at a rotation
214 speed of 4× ≡ 13.46 m/s and the signal was acquired at 26 dB gain and 1700
215 Msamples/s, with a reading time lower than 10 min. Then, 10 microarray images were
216 created (tagged image file format, grey-scale with 16 bit-colour depth, scale 0-65535).
217 Optical intensity signals of each spot related with the amount of reaction product were
218 quantified. In absence of a solid biorecognition product, the reflection properties of the
219 disc surface were unchanged and the beam intensity collected by DVD drive was
220 maximum, corresponding to the background signal of image. But, when the laser hit the
221 deposit of TMB product, the intensity of laser beam that reached the photodiode
222 decreased, corresponding to the signal of microarray spot. In this configuration, the
223 mean intensity of each spot was from 1963 pixels (spot diameter 500 µm). After
224 subtracting the local background, any spot displaying signal-to-noise ratio higher than
225 three was considered as positive. The reading and image processing (feature gridding,
226 addressing, segmentation, quality assurance) was automatically performed in less than
227 15 min by disc. Used discs were discarded following the same laboratory safety
228 guidelines than ELISA plates.

229

230 **Complementary measurements.** Photos of the fluidic process, shown in Fig.1 (B-E)
231 were taken using a custom visualization stand composed by a motor (EC-Max 40 Series
232 DC) and controller (ESCON 5/50) supplied by Maxon (USA) and CMOS camera
233 (uEYE camera model UI-3360CP) supplied by IDS (Germany).

234 Amplification products recovered from the reaction chamber were checked by
235 electrophoresis on a 3% (w/v) agarose gel at 110 V and room temperature. Gels were
236 stained for 30 min with 0.5× TBE buffer (Tris/Borate/EDTA) containing fluorophore
237 RealSafe (Real Laboratories, Spain) at 0.01% (v/v), and bands were visualized with a
238 UV transilluminator. Product size was determined by comparison with a 50 bp ladder
239 (Fermentas, Lithuania).

240

241 **RESULTS AND DISCUSSION**

242 **Microfluidic DVD characterization.** A simple system was designed composed by a
243 reaction/detection chamber (microarray) connected by a channel to a loading chamber
244 for the dispensation of reagents (Figure 1). Fluid propulsion on the DVD disc platform
245 was achieved through centrifugally-induced pressure on the fluid as the disc spins.²¹
246 The flow rate was dependent mainly on the rotational speed of the disc, the location of
247 the fluidic, the geometry of the fluidic channels, and the specific fluidic properties
248 (density, viscosity, and surface energy). Through the utilization of combinations of
249 different channel geometries and spin speeds, precise flow rates ranging from nanoliters
250 to millilitres per second were modulated. The fluidic valves were designed for use in the
251 0-1500 rpm range to allow for easy automation within a standard DVD drive.

252 Process monitoring was performed with a custom visualization stand for the
253 optimization of the process. Regard to the reagent loading, the images showed that the
254 fluidic samples were perfectly introduced into loading chamber (Chamber 1 of Fig. 1C)
255 and held in place via a capillary valve. A critical challenge studied in the development
256 of an integrated system was the storage of amplification reagents and their release. The
257 microfluidic structure included a hydrophobic valve to allow for the rehydration of
258 reagents after sample loading, and the active life of the in-disc reagents was verified for
259 at least two weeks.

260 After the initial set of tests, a serpentine mixing channel was designed to ensure
261 complete mixing of the lyophilized reagents with the inputted sample before reaching
262 reaction chamber. The selected dimensions were a width of 600- μ m and a total linear
263 length of 38 mm, containing six elbows. With this configuration, the capillary valve was
264 open when the disc was spun at 2000 rpm for 20 seconds, and the sample was fully
265 transferred into reaction chamber (Chamber 2 of Fig. 1D and 1E). The entire reaction

266 chamber was fully covered by solutions. No formation of bubbles or other artefacts was
267 observed.

268 In addition, the microfluidic structure was designed for washing the reaction chamber
269 controlled by disc rotation. To characterize the optimum washing speeds, the flow rate
270 through the structures was modelled using the governing equation [Kellogg]:

$$Q = A \cdot \frac{D_h^2 \rho \omega^2 \bar{r} \Delta r}{32 \mu L}$$

271
272 where D_h is the hydraulic diameter of the channel, ρ is the liquid density, ω is the
273 angular velocity of the spinning CD, \bar{r} is the average distance of the liquid element from
274 the CD centre, Δr is the radial extent of the fluid, Δr is the fluid viscosity, and L is the
275 length of the liquid in the channel. The hydraulic diameter of the channel, D_h , is defined
276 as $4A/P$, where A is the cross-sectional area of a rectangular channel and P is the wetted
277 perimeter of the channel. In repeated trials using the 600- μm serpentine channel, the
278 washing liquid was fully transferred in 6 seconds at 500 rpm, corresponding to a flow
279 rate of 1 μL per second. This result closely matches the calculated theoretical flow rates
280 given the channel design specifications.

281

282 **Optimization of the solid-phase RPA format.** The isothermal solid-phase
283 amplification was addressed according to the assay recently published based on a
284 heminested mechanism.¹⁵ It consisted on immobilising primers, following a microarray
285 layout, on the support of reaction chamber. Other amplification components in liquid
286 phase were dispensed from the loading chamber. After the reaction chamber was filled,
287 the amplification was produced in static mode, i.e. no rotation during reaction. As
288 unbound primers were added to the reaction mixture, the amplification was produced in
289 both phases (in liquid and on the surface). Then, centrifugal microfluidics was just used
290 for the semi-automated reconstitution of lyophilized reagents, mixing with samples and
291 dispensation minimizing the contamination and increasing reproducibility of assays.
292 Nevertheless, merging DNA assays on microfluidic discs required the selection of a
293 robust chemistry able to resist the solution flow. Three processes – sensitive to flow
294 action – were studied: (i) immobilization of primers, (ii) washing protocols, and (iii)
295 developing reaction.

296 In regards to primer anchoring, an indirect adsorption mode was chosen based on the
297 streptavidin/biotin recognition. The main advantage was the simplicity of process

298 because microarraying of biotinylated primers and streptavidin was directly performed
299 on bulk discs without previous surface treatment of DVD or blocking steps. Under these
300 working conditions, immobilized primers were resistant to a flow up to 13200 nL/s (at
301 2000 rpm). On the other hand, the amplification process on solid supports depended on
302 the immobilization density of the primer. To that end, coating conditions were
303 optimized by varying the streptavidin concentration from 5 to 20 ppm, and the primer
304 concentration from 50 to 200 nM. The highest signal was obtained for a primer
305 concentration of 100 nM (0.06 fmol/mm^2) (Figure 2A).

306 The set-up of post-amplification steps was important in the integration of the assay in
307 the microfluidic device. Comparing to PCR, RPA mixture is a high-viscosity solution
308 with a higher number of components, making the washing protocol more crucial. After
309 the solid-phase amplification, the rest of reaction components must be effectively
310 removed without the release of the products immobilized on disc surface of reaction
311 chamber. The composition of washing solutions was optimized in conventional DVDs –
312 without microfluidic structures – controlling parameters such as pH, ionic strength and
313 astringency. SSC buffer and PBS-T buffer were selected for washing after the
314 amplification process and after the antibodies incubation, respectively. In microfluidic
315 discs, two protocols were assayed for both the post-amplification and the post-antibody
316 incubation steps. In the static protocol, referred as 0 rpm, the washing method was
317 based on completely filling the array chamber, incubation, and a fast removal of the
318 liquid. In the in-flow washing method, the washing buffers passed continuously through
319 the array (disc spin 0-1500 RPM). Since the in-flow washing protocol decreased
320 significantly the signal, the static protocol was chosen (Figure 2B). Then, the washing
321 cycles (1-5) were studied for both washings (post-amplification and post-antibody
322 incubation). Figure 2C shows that a higher number of washing cycles produced a
323 significant decrease in the signal due to the product releasing.

324 Two signal enhancement reactions were compared for developing the digoxigenin-
325 labelled products immobilized in the reaction chamber. First, metallographic reaction
326 was based on the dispensation of anti-digoxigenin antibody produced in rabbit (1/7500
327 dilution), and anti-rabbit antibody conjugated with gold (1/100 dilution), and using
328 silver as developer reagent. Second approach consisted on enzymatic reaction
329 dispensing anti-digoxigenin antibody produced in sheep (1/4000 dilution), and anti-
330 sheep conjugated to horseradish peroxidase (1/500 dilution), and followed by the
331 addition of TMB as developer reagent.

332 Both reaction sequences (metallographic and enzymatic approaches) produced a
333 detectable precipitate that modified the laser intensity of DVD drive ($\lambda = 650$ nm) during
334 the disc scanning (Figure 2D).

335 However, metallographic reaction provided high and variable background signals,
336 which results in low and irreproducible signal/noise ratios and false-positives, even
337 increasing the number of washing cycles. The unusual high background signal of
338 metallographic developing may be due to an incomplete washing of components present
339 in the RPA mix (Carbowax, proteins, etc.) or developing reagents, i.e. antibodies, could
340 enhance the reduction of silver, leading to nonspecific depositions. In the enzymatic
341 reaction, any nonspecific signal was observed after a single washing cycle. Since the
342 enhancement reaction using TMB was less sensitive to the rest of RPA components, the
343 enzymatic reaction was selected.

344

345 **Analytical performances for GMO detection.** The method was applied for the
346 screening of GMOs including screening, plant-specific, and construction-specific
347 elements. The increasing production of transgenic crops and the concern regarding the
348 safety of derived foods has led to the extensive monitoring of foodstuff that could
349 contain GMOs. Hence, the development of low-cost, reliable, rapid analytical methods
350 for their detection and quantification through the entire production chain is of great
351 importance.

352 The sensitivity of the assays was determined in two ways, by analyzing serially diluted
353 genomic DNA (10-folds dilution) and by analyzing samples with different
354 concentrations of transgenic ingredient. For the first approach, concentrations of DNA
355 dispensed to the inlet chamber varied from 100,000 $\mu\text{g/g}$ (10 %) to 0 $\mu\text{g/g}$ (0 %). An
356 excellent correlation between the concentration of transgenic template and the optical
357 intensity measured by DVD detector was found ($R^2 = 0.976$) (Figure 3).

358 For the second approach, sensitivity of the method was assessed by simultaneously
359 determining samples with decreasing concentrations of transgenic foods in relation to
360 non-GMOs foods, from 0 % (w/w) to 10 % (w/w). A t-test revealed that there was no
361 significant difference between the slopes of the calibration curves (p-
362 value=0.806>0.05).

363 The detection limits (LODs) were calculated as the lowest amount of DNA able to
364 produce a signal that can be distinguished from the blanks (NTC: control solution

365 without template or food without transgenic ingredient). All target genetic elements
366 were detected at a concentration of 110-460 $\mu\text{g/g}$ (0.011-0.046 %).

367 The estimation of the sensitivity of the method in term of copy numbers can be made
368 theoretically as described in reference 20. Taking into account the genome size of the
369 plants and considering them in their haploid form, 100 ng DNA would contain 36630
370 copies of genome for the maize and 88496 copies for the soybean. Then the limit of
371 detection of 0.01% GMO in that amount of genomic DNA (100 ng) would then
372 correspond to about 3.7–8.8 haploid copies of target sequences for the different plant
373 species. These results are similar or better than others obtained by RT-PCR (1-16
374 copies)²² or by PCR-microarray (37-88 copies).²⁰ Thus, the system can reliably comply
375 with the legal requirements of the 0.9 % limit of detection of the EU.

376 Assay reproducibility, expressed as relative standard deviation (RSD), was determined
377 from the optical density of spots from samples analyzed in triplicate each one in three
378 DVDs. The intra-day RSD varied from 3.0 to 6.7 %, and the inter-day RSD from 5.4 to
379 11.4 %.

380

381 **Detection of GMOs in certified reference material and food samples.** The
382 capabilities of method were evaluated by detecting GMOs in 7 certified reference
383 materials: maize Bt176 (ERM-BF411), maize Bt11 (ERM-BF412b and ERM-BF412f),
384 maize GA21 (ERM-BF414b), maize MON810 (ERM-BF413ck), maize Bt176 (ERM-
385 BF411) and Roundup ReadyTM Soya (ERM-BF410dk). All the elements of the
386 different GMO were detected and they corresponded to the expected pattern (Table 1).
387 The four lines of transgenic maize provided positive responses for maize-specific gene
388 (*adh1 gene*) and negative for the rest of taxon probes. The transgenic line of soybean
389 (RRS) provided positive responses for soybean-specific gene (*Lel gene*) and negative
390 for the rest of taxon probes. Screening elements and construct-specific elements were
391 correctly detected in all cases and no cross-contamination between adjacent chambers
392 was observed (n = 50). A sample was considered positive when the optical response was
393 higher than the cut-off value (optical density of 2550).

394 The method was also applied for the detection of food samples. Figure 4 shows an
395 example of the optical signals registered by DVD drive. As it can be seen, samples
396 containing GMO ingredients were detected because positive responses were observed in
397 the corresponding spots. Table 1 proves that positive results were observed in all cases
398 for the analytes declared, even at trace levels, or in spiked samples. Negative results

399 were found in most of the samples declared to be analyte free. The only exception was
400 cookies in which, despite not having declared any GMO, positive results for the p35S
401 analysis were obtained. It can be explained because its concentration should be lower
402 than 0.9% (EU-regulation).

403 The reliable and sensitive results achieved indicate that the proposed method is useful
404 for GMO detection in routine food-safety monitoring.

405

406 **CONCLUSIONS**

407 Screening protocols requires analytical platforms with properties such as high working
408 capacity, sensitivity, and reliability. This study is aligned to recent researches focused
409 on merging optical discs and centrifugal microfluidics to address a new step towards an
410 increased automatization, reduced sample consumption and low cost diagnostics. The
411 proposed system integrates microfluidic chambers on digital versatile discs (DVDs) to
412 perform an isothermal DNA solid-phase amplification in microarray format. The
413 novelty is that microfluidics is in the bottom layer of the DVD and the measurement is
414 performed by reflection using a standard DVD player (small dimensions, lightweight,
415 and connectable to internet or telephone network device). Developed discs, due to their
416 properties such as high mechanical resistance, good thermal stability and
417 hydrophobicity, have demonstrated to be an excellent option as bioanalytical platform.
418 The prospective costs of the system (<2 € disc and <500 € reader) are below the state-
419 of-art, i.e. qPCR plates and fluorescence-thermocyclers. In addition, the method is easy
420 to operate by locally trained staff, and requires inexpensive and unspecific equipment
421 (extraction columns, pipettes, oven, DVD drive, and laptop). The properties of the
422 proposed system make it suitable to be applied in a wide-range of ambits such as low
423 resources settings, satellite/decentralized laboratories and production plants.

424 As proof-of-concept, the device was applied to the detection of GMOs being their
425 reliable identification an important issue because the labelling is legally regulated.
426 Screening methods are especially required due to the high number of samples and genes
427 to be controlled. This low-cost technology for semi-quantitative analyses has shown
428 excellent analytical performances (selectivity, sensitivity, reproducibility, and high
429 throughput). The integration of the amplification and hybridisation steps in a one-pot
430 reaction allows the processing of the samples in less than 90 min, reducing the
431 manipulation, the reagent consumption, and the risks of cross-contamination. Despite

432 the simplicity of the approach, the results demonstrate that this screening assay can be
433 applied without compromising analytical performance and that it well suits routine
434 genomic analysis.

435

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441

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488 **LIST OF FIGURES**

489 Figure 1. (A) Schematic of the two-chamber microarray DVD substrate (B) Single
490 device affixed to DVD surface, with overhanging plastic tab for easy user removal (C)
491 Sample is loaded into Chamber 1. Lyophilized reagents are reconstituted upon contact
492 with liquid. (D) Spinning the DVD at 2000 rpm opens capillary valve and transfers the
493 sample through a mixing channel into Chamber 2. (E) After spinning for 20 seconds,
494 the sample is fully transferred into Chamber 2 where solid-phase amplification and
495 detection occurs.

496

497 Figure 2. Results from the amplification of p35S gene from Bt-11 maize at 1%: (A)
498 Effect of coating conditions (streptavidin and primer concentration) on the signal
499 intensity. (B) Effect of washing RPMs with the SSC and PBS-T buffers on signal
500 intensity; *P<0.05, **P<0.01, ***P<0.001; one-way ANOVA (C) Effect of washing
501 cycles with the SSC and PBS-T buffers on signal intensity; *P<0.05, **P<0.01; one-
502 way ANOVA (D) Comparison between developing reactions.

503

504 Figure 3. Calibration curve of GMO detection on the microfluidic disk (five replicates
505 from Bt11 maize). Dashed line above indicates the labeling limit regulated in EU (the
506 most restrictive worldwide GMO regulation) and the lower, the limit of detection of the
507 assay. Positive samples between the two limits could be detected although the labeling
508 is not mandatory in the EU.

509

510 Figure 4. Examples of 3×3 microarray DVD image results obtained from six food
511 samples: (A) tomato (target p35S), (B) feed (target BT11), (C) noodles (target *LeI*), (D)
512 sweet corn (target tNOS), (E) cereals baby food (target *adh1*), and (F) ketchup (target
513 *LAT52*). Upper row: specific probes, middle row: negative controls, bottom row:
514 positive controls.

515

516 **LIST OF TABLES**

517 Table 1. Detection patterns obtained (5 replicates): Certified reference materials and
518 food samples.

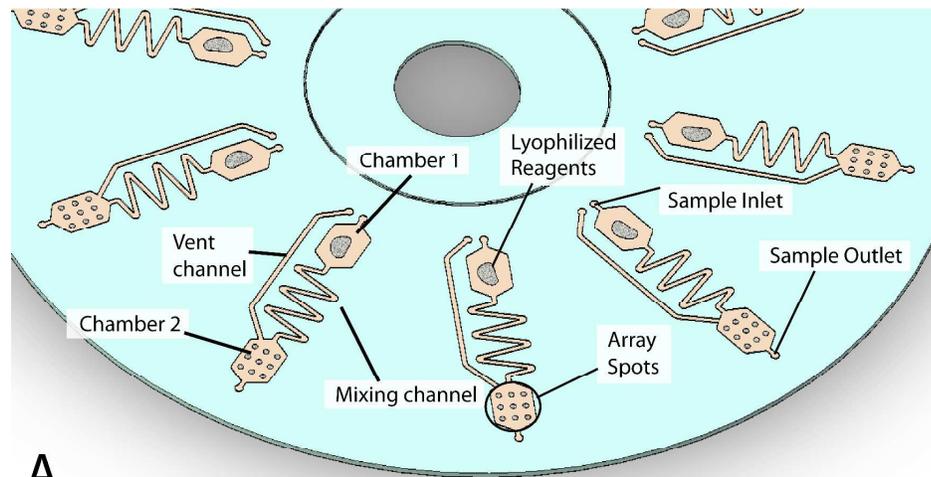
519

520

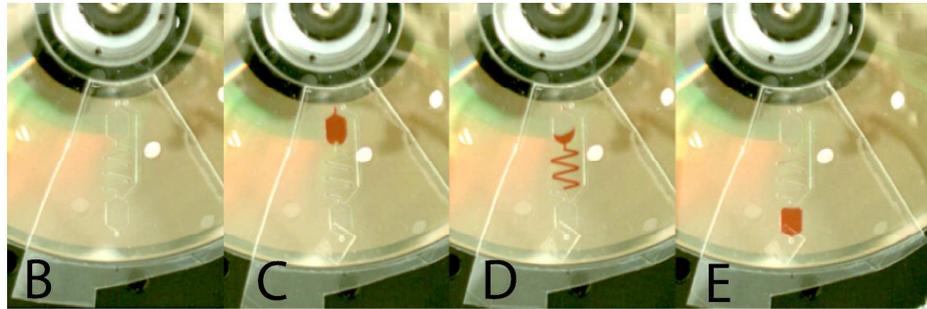
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522

Figure 1.



A



523

524

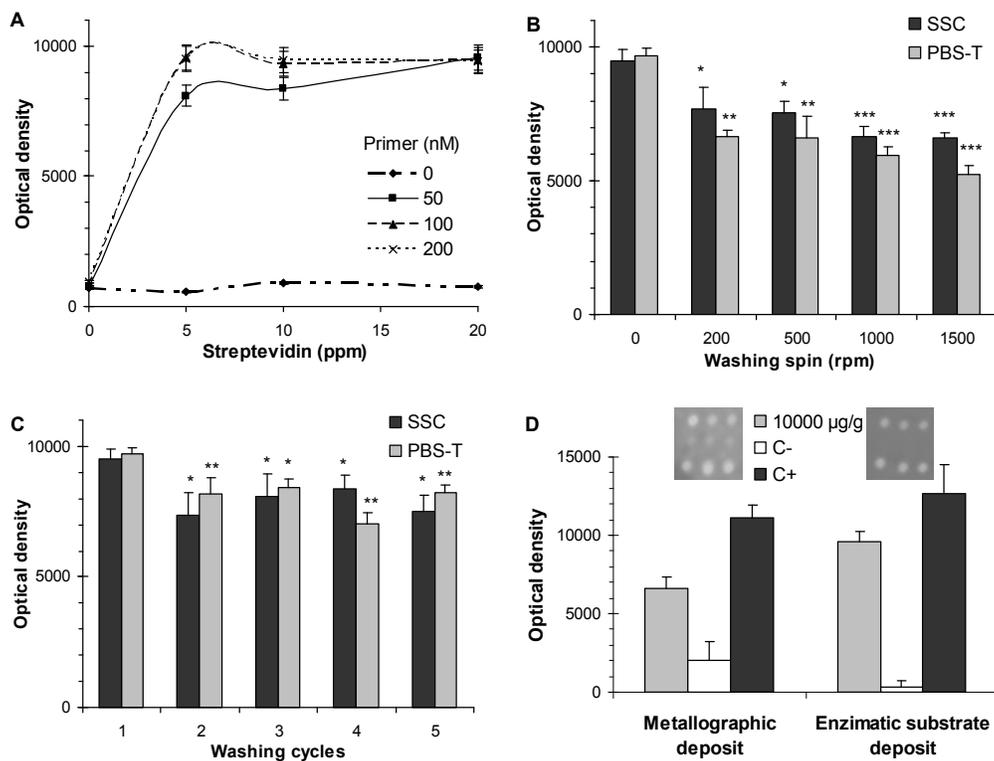
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Figure 2.



529

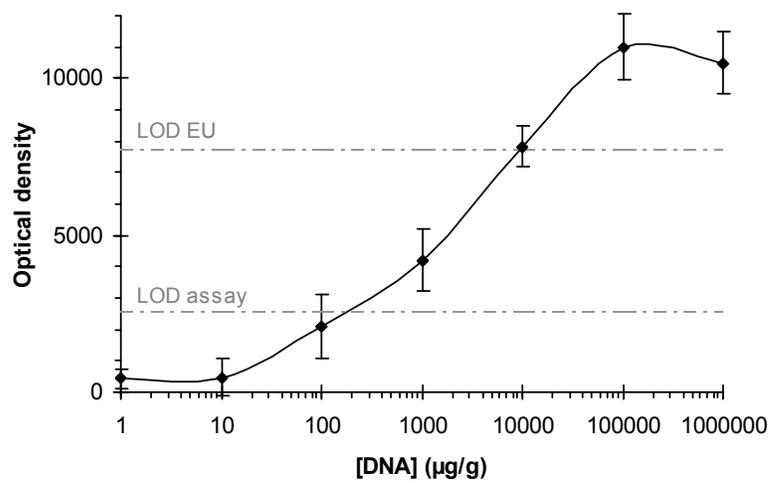
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Figure 3.

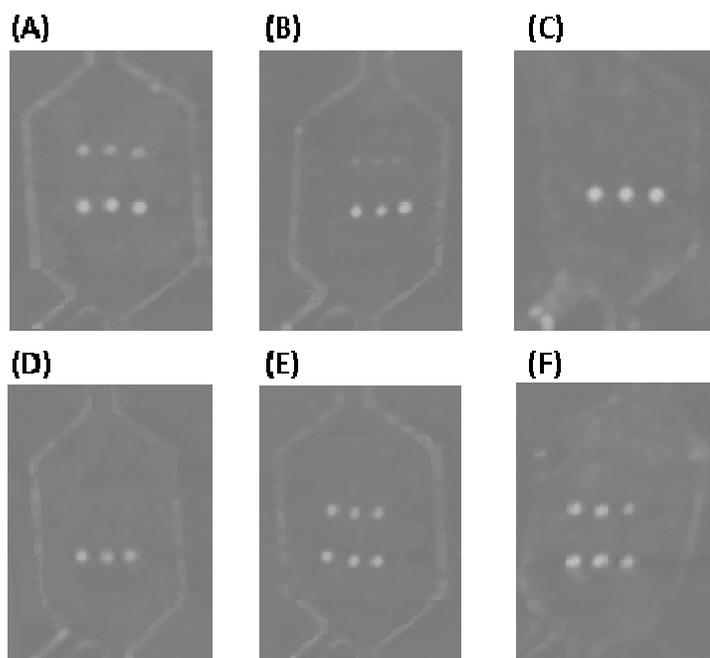


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537 Figure 4.



538

539

540

541 Table 1.

542

Sample	Certified/Declared GMO content	DVD Detection					
		Taxon			Screening		Construction
		<i>Le1</i>	<i>adh1</i>	<i>LAT52</i>	p35S	tNOS	Bt-11
CRM Bt-176 maize	2.00 ± 0.11 %	-	+	-	+	-	-
CRM Bt-11 maize	0.98 ± 0.29 %	-	+	-	+	+	+
CRM Bt-11 maize	4.89 ± 0.21 %	-	+	-	+	+	+
CRM GA21 maize	0.10 ± 0.08 %	-	+	-	-	+	-
CRM MON810 maize	5.00 ± 0.11 %	-	+	-	+	-	-
CRM RRS soya	10.00 ± 0.10 %	+	-	-	+	+	-
Tomato NahG	Presence	-	-	+	++	++	-
Feed	Presence	-	+	-	++	++	++
Cookies	No declared	+	+	-	+	-	-
Ketchup	No declared	-	+	+	-	-	-
Soy sauce	No declared	+	-	-	-	-	-
Soy sauce+RRS	0.5%	+	-	-	+	+	-
Sweet corn	No declared	-	+	-	-	-	-
Sweet corn+MON810	0.1%	-	+	-	+	-	-
Cereals baby food	No declared	-	+	-	-	-	-
Noodles	No declared	-	-	-	-	-	-

543

