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## ARTICLE

## Targeting ferritin receptors for the selective delivery of imaging and therapeutic agents to breast cancer cells.

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**Abstract.** In this work the selective uptake of native horse spleen- ferritin and apoferritin loaded with MRI contrast agents have been assessed on human breast cancer cells (MCF-7, MDA-MB-231). The higher expression of L-ferritin receptors (SCARA5) led to an enhanced uptake in MCF-7 as shown in T<sub>2</sub> and T<sub>1</sub> weighted MR images, respectively. The high efficiency of ferritin internalization in MCF-7 has been exploited for the simultaneous delivery of curcumin, a natural therapeutic molecule endowed with antineoplastic and anti-inflammatory action, and the MRI contrast agent GdHPDO3A. This theranostic system is able to treat selectively breast cancer cells over-expressing ferritin receptors. By entrapping in apoferritin both Gd-HPDO3A and curcumin was possible to deliver a therapeutic dose of 97 µg/ml (as calculated by MRI) of this natural drug into MCF-7 cells, obtaining a significant reduction of cell proliferation.

### Introduction.

The incidence of breast cancer, the most common cancer in women and the second cause of cancer death in women worldwide<sup>1</sup>, is currently growing<sup>2</sup>. Three major therapeutic approaches are used today to treat breast cancer namely: surgical removal, irradiation, and chemotherapy. Anticancer treatments are based on three main approaches: (I) the classical chemotherapy, (II) hormone therapy (III) and the emerging and promising targeted therapy, where signalling pathways deregulated in primary breast tumours are specifically targeted. Breast cancer treatment is still challenging, as drugs in use have serious undesired effects, and drug resistance is common, underlying the need for new targeted therapies<sup>3</sup>. Accordingly, reduced adverse effects and better outcome were reported when targeted therapies were applied. Therefore, much attention is currently devoted, particularly in the field of nanotechnologies applied in medicine, to the targeting of precise alterations affecting the interactome, transcriptome, epigenome, and the receptome (a network of membrane transporters used by cancer cells) leading to the design of more specific tailored therapies. Recently, various systems, i.e. micelles, liposomes, biodegradable biopolymers and other nanoparticles loaded with contrast agents (CAs), have been proposed to noninvasively assess the accumulation at the target site of conjugated or co-entrapped drugs, and to predict and monitor therapeutic responses<sup>4</sup>. This therapeutic and at the same time diagnostic (hereinafter referred as “theranostic”) approach appears to have a great potential providing highly specialized, more potent and safer tools to treat cancer<sup>5</sup>. The use of endogenous nanosized biomolecules for targeted cancer therapy is an interesting strategy to achieve this goal. Indeed, these molecules are ideal for the development of drug-delivery platforms, thanks to their

biocompatibility and biodegradability. There are several examples in literature showing the potential of natural systems carrying CAs to detect diseases, some of them exploit ferritin cavity<sup>6</sup>. Ferritin is the main iron storage protein and is composed of 24 subunits of heavy (H)- or light (L)-chain peptides, that are present in different ratios in various organs, to form a cage architecture of 12 nm in external diameter with an interior cavity of 8 nm. Once deprived of iron, the inner cavity can be used as a universal drug delivery platform<sup>7</sup>. Several groups have functionalized the protein cage with specific ligands such as peptides (e.g. RGD)<sup>8</sup>, growth factors (e.g. EGF)<sup>9</sup>, and biotin<sup>10</sup> to improve its targeting capability. Recently, it was reported that H-ferritin interacts with cells through the transferrin receptor<sup>11</sup> (TfR-1) and can be used to transport doxorubicin selectively to cancer cells overexpressing TfR-1<sup>12</sup>. Herein, HoS-apoferritin (horse spleen apoferritin, 85 % and 15% L and H chains, respectively) is investigated for the simultaneous delivery of therapeutic and imaging agents (loaded into its internal cavity) to breast cancer cells by exploiting the L-ferritin transporting route without any further chemical functionalization of the protein surface. In fact, although L-ferritin functions are traditionally associated with intracellular iron storage, additional functions related to iron delivery based on a transferrin-independent mechanism, to different target organs such as brain, liver and spleen have been recently discovered and investigated<sup>13</sup>. The involved receptors belong to the scavenger receptor class A member 5 (SCARA5)<sup>14</sup> for L-ferritin and to TIM-2<sup>15</sup> and TfR-1<sup>11</sup> for H-ferritin, respectively.

The relationship between ferritin and cancer arises from studies demonstrating an increase of the total ferritin (rich in L- chains) in the serum of patients with various malignancies<sup>16</sup>. However, the evaluation of L-ferritin levels in tumour tissue itself has revealed a complex, disease-specific picture. In some cases such

as colon cancer, testicular seminoma, and breast cancer, the increase in L-ferritin level in tumour versus normal tissue has been reported<sup>17</sup>. In other cases, including liver cancer, a decrease in L-ferritin level has been observed<sup>17</sup>. In breast cancer patients, the available data shows that ferritin increase correlates with disease stage and that elevated serum concentration may be associated with local release within the breast tumor microenvironment. Moreover, breast tumor lysates also show elevated levels of L-ferritin, the predominant subunit observed in serum, and this increase correlates with advanced histological grade and shorter survival<sup>18</sup>. In this study, L-ferritin selective internalization has been investigated in breast cancer cells by MRI. Moreover, the apoferritin (apoferritin), obtained upon iron elimination from the cavity, was loaded with Mn ions or with Gd-based CAs and exploited for the simultaneous delivery of curcumin, a natural therapeutic molecule endowed with anti-neoplastic and anti-inflammatory action<sup>19</sup>. Curcumin demonstrates anti-cancer activities both in vitro and in vivo by diverse mechanisms. It hinders proliferation and induces apoptosis in a wide range of cancer cell types in vitro, including breast, bladder, lung and other tissues<sup>20</sup>. Although clinical trials have demonstrated the safety of curcumin even at high doses (12g/day), the clinical advancement of this promising natural compound is hampered by its poor water solubility and short biological half-life. For these reasons, much attention has been devoted to curcumin nanoformulations (liposomes, micelles, polymeric nanoparticles) developed to protect it from a fast degradation in aqueous solutions<sup>21</sup>. It has been already reported from our group that the encapsulation of curcumin inside the apoferritin cavity significantly increases its stability and bioavailability, while maintaining its therapeutic anti-inflammatory properties in the attenuation of thioacetamide-induced hepatitis<sup>22</sup>. Although MRI sensitivity is lower in respect to nuclear and optical imaging modalities, the high spatial resolution (<100 $\mu$ m) of MRI provides detailed morphological and functional information, and the absence of ionizing radiation makes it safer than techniques based on the use of radioisotopes. MRI signal is dependent on the longitudinal ( $T_1$ ) and transverse ( $T_2$ ) proton relaxation times of water and the endogenous contrast can be altered by the use of CA that decrease  $T_1$  and  $T_2$  of water protons in the tissues where they distribute<sup>23</sup>. In a proton MR image there is a direct proportionality between the observed signal intensity enhancement and the concentration of the CA. Thus, these agents can be used to carry out indirect curcumin quantification upon their introduction in the apoferritin cavity.

The aim of this study is the evaluation of the ferritin uptake and the efficacy of ferritin delivered antineoplastic compounds to cancer cells. For this purpose two human breast cancer cell lines, both expressing SCARA5<sup>24</sup>, namely MDA-MB-231 and MCF-7, were used.

## Results and Discussion.

### Horse spleen ferritin uptake.

This study started with the evaluation of the ability of MCF-7 and MDA-MB-231 cells to take up ferritin from the incubation media. To this purpose, horse spleen ferritin (HoS-ferritin) containing ca. 1000 iron atoms per protein, was used without further modification. The experimental protocol was based on the measurement of the amount of iron internalized by MCF-7 and MDA-MB-231 cells, 6 and 24 hours upon incubation in the ferritin containing media, at 37°C and 5% CO<sub>2</sub>. The amount of internalized ferritin has been extrapolated by the ICP-MS determination of intracellular Fe content. After 6h incubation,

differences between the two cell lines were evident (Figure 1). The amount of iron internalized by MCF-7 was significantly higher than in MDA-MB-231 cells and increased with ferritin concentration showing a saturating behaviour. To demonstrate the uptake specificity, competition assays were carried out by pre-incubating for 1.5h MCF-7 cells with free apoferritin. Then ferritin was added to the medium and after 6 hours incubation the amount of Fe taken-up by cells was measured by ICP-MS. The internalized ferritin decreased by about 40% when the concentration of apoferritin particles added to the culture medium was 7 and 15 fold excess (see supplementary). Ferritin contains a superparamagnetic ferrihydrite (5Fe<sub>2</sub>O<sub>3</sub>·9H<sub>2</sub>O) crystal which accelerates the transverse NMR relaxation ( $R_2$ ) of solvent water protons causing a negative

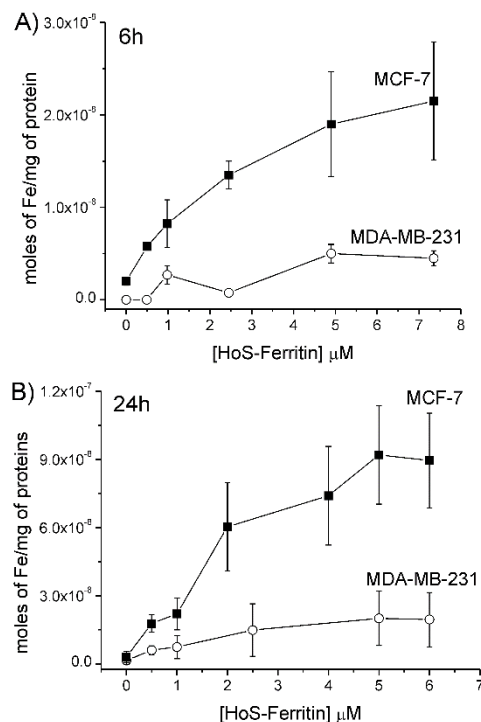


Figure 1 Incubation of MDA-MB-231 (○) and MCF-7 (■) cells with HoS-ferritin, for 6h (A) and 24h (B) at 37°C. After incubation cell lysates were analysed by ICP-MS to measure the amount of iron internalized by cells

contrast in the corresponding images<sup>25</sup>. In fact, the presence of ferritin within tissues influences  $T_2$ -weighted MRI signal intensity of liver, spleen, and brain, the organs where ferritin concentration is highest<sup>26</sup>. The effect of ferritin on MRI  $T_2$ -contrast increases to the magnetic field strength. Figure 2A shows the  $R_2$  values of a HoS-ferritin solution ([Fe]=100mM, loading factor=1000) measured at different magnetic fields.  $R_2$  increased dramatically with the magnetic field strengths showing an enhanced sensitivity at high fields. Figure 2B reports the  $T_2$ -weighted MRI images of HoS-ferritin labelled MDA-MB-231 and MCF-7 cells (5 $\mu$ M HoS-ferritin concentration in the incubation medium, 24h of incubation time). After incubation cells were washed, transferred into glass capillaries, and placed in agar phantom to acquire MR images at 7T. Cells incubated in the same medium without adding ferritin were used as a control.

The T<sub>2</sub>-weighted RARE (TR/TE/NEX = 5000/53/4) image confirms that the ferritin induced contrast is markedly more efficient in MCF-7 cells with respect to MDA-MB-231. (Figure 2B). In fact, the signal intensity of MCF-7 cells incubated with ferritin is markedly lower than that observed in MDA-MB-231 cells due to the negative contrast generated by ferritin. As expected, it was not possible to detect any difference in T<sub>1</sub>-weighted images of the same ferritin treated cells.

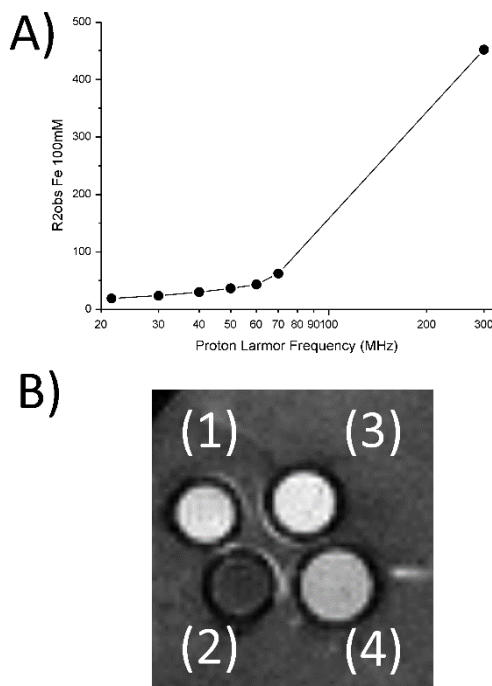


Figure 2 A)  $R_2$  of native HoS-ferritin measured at different magnetic field strengths ( $T=25^\circ\text{C}$ ). B) A representative T<sub>2</sub>-weighted RARE MR image of agar phantoms containing (1) unlabeled MCF-7 cells; (2) MCF-7 incubated 24h with 5 $\mu\text{M}$  HoS-ferritin; (3) unlabeled MDA-MB-231; (4) MDA-MB-231 incubated 24h with (5 $\mu\text{M}$ ) HoS-ferritin.

Since negative contrast, generated in MR images may be affected by a number of uncontrolled conditions associated to local inhomogeneities in the specimen and in the magnetic field, the longitudinal relaxation time ( $T_1$ ) is considered the relaxation parameter that can be measured more accurately, and its value is less prone to be affected by uncontrolled experimental conditions. For this purpose apoferritin cavity was loaded with positive CAs such as Mn ions or a commercially available Gd-complex. These molecules, characterized by a low  $R_2/R_1$  ratio, are able to shorten  $T_1$  and the consequence is that cells where they are entrapped appear brighter in a T<sub>1</sub> weighted image. Mn loaded apoferritin (Mn-Apo) is a highly sensitive MRI CA consisting of ca. 1000 manganese atoms entrapped in the inner cavity of apoferritin. The preparation of Mn-Apo was carried out following the reported procedure<sup>27</sup> based on the dissolution of the previously formed  $\beta\text{-MnOOH}$  inorganic phase performed via the reduction of Mn(III) to Mn(II) operated by aminopolycarboxylic acids that also act as sequestering agents for the weakly coordinated manganese ions on the outer surface of the protein (Figure 3). The reductive treatment yielded to the attainment of a MRI agent endowed with a remarkably high relaxivity value (per apoferritin) of about  $7000\text{mM}^{-1} \text{ s}^{-1}$ .

Cellular labelling experiments proved that after 24 hours of incubation in the presence of Mn-Apo (0.075  $\mu\text{M}$  protein concentration), the amount of internalized Mn was sufficient to

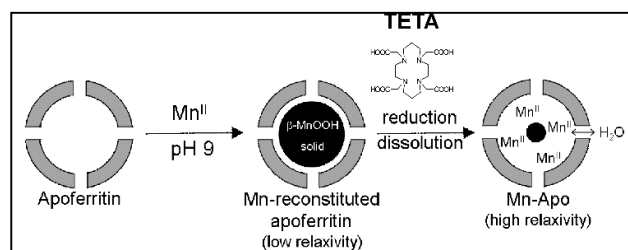


Figure 3 Schematic representation of Mn-Apo preparation.

generate hyperintense signals in MR images, recorded at 7T, of MCF-7 cells (Figure 4). The corresponding  $R_1$  of MCF-7 increased proportionally with the concentration of Mn-Apo added to the medium and reached a plateau at concentrations higher than 0.075  $\mu\text{M}$  (Figure 4). On the contrary, for MDA-MB-231 the  $R_1$  values were markedly lower and constant, for all the Mn-Apo concentration range considered (Figure 4).

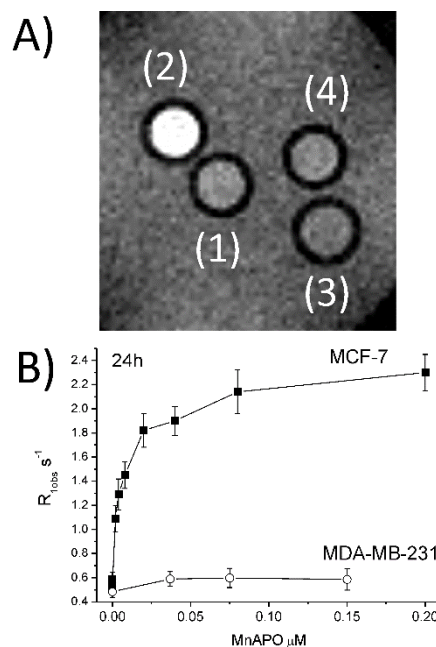


Figure 4: A) T<sub>1</sub>-weighted MRI image of agar phantoms containing (1) unlabeled MCF-7 cells; (2) MCF-7 incubated 24h with (0.075  $\mu\text{M}$ ) Mn-Apo; (3) unlabeled MDA-MB-231; (4) MDA-MB-231 incubated with (0.075  $\mu\text{M}$ ) Mn-APO; B) Longitudinal relaxation rates ( $R_{1,obs}$ ) measured on MCF-7 and MDA-MB-231 cell pellets.

In order to prepare a theranostic system containing both a MRI CA and curcumin into the apoferritin cavity an alternative loading procedure<sup>22</sup> was carried out exchanging Mn<sup>2+</sup> ions with a Gd-based commercially available CA (Prohance). It is a neutral Gd complex well tolerated by cells and organisms. The loading procedure consists of lowering the pH of the apoferritin containing solution followed by the addition of the solutes to be uploaded<sup>28</sup>. The supramolecular structure of apoferritin collapses

because of the rupture of the electrostatic interactions that maintain its spherical nanoarchitecture. When the pH is returned to 7 the spherical supramolecular shape of apoferritin (Gd-APO-CUR) is restored with the entrapment of the desired solutes in its inner cavity. The number of molecules that remained entrapped in the apoferritin upon the dissociation/reassociation procedure is  $228 \pm 48$  and  $9.6 \pm 2$  for curcumin and Gd-HPDO3A, respectively.

Figure 5 shows the  $T_1$  weighted MR image measured on MCF-7 and MDA-MB-231 cells incubated for 24h at  $37^\circ\text{C}$  in the presence of Gd-APO-CUR 1.3 and  $2.7 \mu\text{M}$ . The differences between the two cell lines that were observed with native HoS-ferritin and Mn-Apo were reproduced also with this Gd-APO-CUR preparation. By measuring the  $R_1$  of treated cells it was possible to calculate the intracellular Gd concentration by using the equation

$$[\text{Gd}]\text{mM} = (R_{1\text{obs}} - R_{1\text{d}}) / r_{1\text{p}}(\text{Gd-APO-CUR intra-cell}) \quad \text{Eq. 1}$$

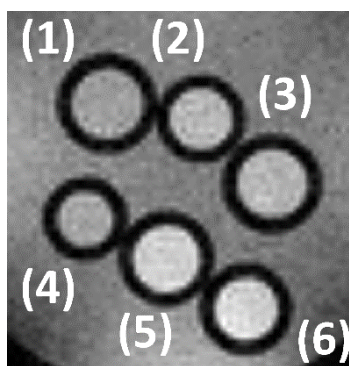


Figure 5.  $T_1$ -weighted MRI image of agar phantoms containing unlabeled MDA-MB-231 cells (1); MDA-MB-231 incubated 24h with Gd-APO-CUR 1.3(2) and  $2.7 \mu\text{M}$  (3); unlabeled MCF-7 (4); MCF-7 incubated with Gd-APO-CUR 1.3 (5) and  $2.7 \mu\text{M}$  (6).

In Equation (1),  $R_{1\text{obs}}$  is the observed relaxation rate measured for each cell pellet at 7 T;  $R_{1\text{d}}$  is the diamagnetic contribution to the observed relaxation rate measured in untreated cells;  $r_{1\text{p}}$  (Gd-APO-CUR intra-cell) is the intracellular millimolar relaxivity of the adduct ( $9.6 \text{ s}^{-1}\text{mM}^{-1}$ ). This value is significantly lower than that observed in water solution ( $r_{1\text{p}}=17.7 \text{ mM}^{-1}\text{s}^{-1}$ ) as a consequence of the quenching effect due to the entrapment of the probe into endosomal/lysosomal vesicles. This was confirmed by assessing the intracellular distribution of the apoferritin particles after 24h incubation with MCF-7 by immunofluorescence using FITC- labelled apoferritin (APO-FITC). Figure S2, (supporting information) confirms that, at this time, most of the APO-FITC fluorescence was co-localized with lysosomes.”

Since the curcumin/Gd ratio in the apoferritin preparation was of 24, an estimated intracellular curcumin concentration of  $167 \mu\text{g/ml}$  was obtained. In order to evaluate the cellular toxicity due to the presence of the Gd-HPDO3A complex in the theranostic probe, a batch of Gd-APO without curcumin was prepared using the same protocol reported above. Cell viability assessed using the trypan blue assay gave similar values of  $88 \pm 3$ ,  $89 \pm 2$  and  $87 \pm 3$  % for cells untreated, treated with  $1.3 \mu\text{M}$  and  $2.7 \mu\text{M}$  Gd-APO, respectively.

### SCARA5 detection.

The observed difference in the ferritin uptake by MCF-7 and MDA-MB-231 cells suggests a different expression of ferritin receptors on these breast cancer cell lines. In order to get more insight into this issue, we examined the expression of the L-ferritin receptor SCARA5 by immunofluorescence. The cells were seeded on glass coverslips and let to adhere on this substrate overnight at  $37^\circ\text{C}$ , 5%  $\text{CO}_2$ . The day after, coverslips were fixed and stained for SCARA5 expression and visualized with fluorescent microscopy. Although both cell lines expressed SCARA5, they did it with a different distribution as showed in Figure 6. Whereas MCF-7 cells exhibited a diffuse plasmamembrane fluorescent pattern, MDA-MB-231 presented a unique positive speckle (Figure 6). This result is in line with the previously reported by Alkhateeb et al<sup>24</sup>, where SCARA5 concentration, evaluated by western blotting assay, was higher in MCF-7 respect to MDA-MB-231.

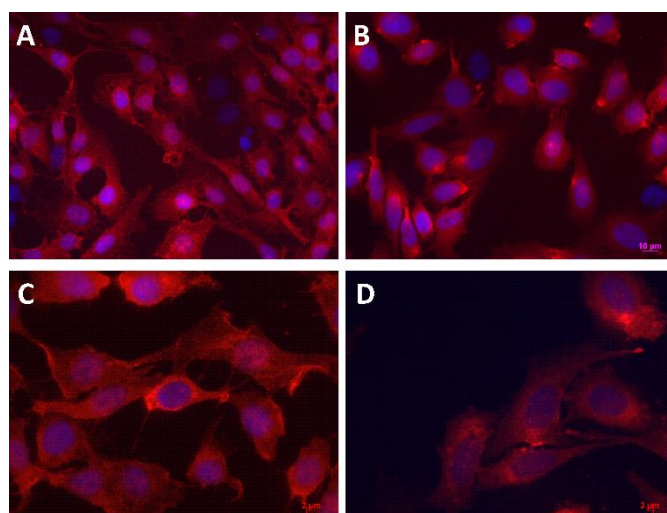


Figure 6 : SCARA5 staining of MCF-7 (A,C) and MDA-MB-231 (B,D) plated on glass coverslips. Cells nuclei were counterstained with DAPI. Images were acquired with an Apotome fluorescent microscope (Leica), magnification  $\times 20$ (A,B) and  $\times 100$  (C,D).

### Evaluation of curcumin and CUR-APO antiproliferative effect on MCF-7.

Accordingly with the results reported above, proliferation assays were performed only on MCF-7 highly expressing SCARA5, by incubating cells in the presence of APO-CUR, free apoferritin and free curcumin (added as  $6.2 \text{ mg/ml}$  DMSO solution), at two different concentrations ( $50$  and  $100 \mu\text{M}$ , respectively). The absence of long term toxic effects associated with the presence of DMSO in the culture media was verified incubating MCF-7 cells with the highest DMSO concentration used ( $0.6\%$ ) (Figure 7). After incubation, cells were washed and protein concentration was measured with the Bradford assay. Since the number of cells is proportional to the protein concentration, this value has been converted in the corresponding cell number using a previously obtained calibration curve. Figure 7 shows that apoferritin alone did not affect cell proliferation as the obtained curve was similar to the control one. On the contrary, the proliferation

rate of cells incubated with APO-CUR 50  $\mu\text{M}$  and 100  $\mu\text{M}$  (curcumin concentration) is significantly lower with respect to the control. As expected, the cytotoxic effect is proportional to the curcumin concentration and it is similar to that observed by incubating curcumin alone at the same concentrations. Furthermore, from these results it is possible to confirm that the apoferritin cavity is able to protect curcumin from its degradation maintaining its pharmacological properties also if dissolved in an aqueous medium, where usually it is fastly degraded.

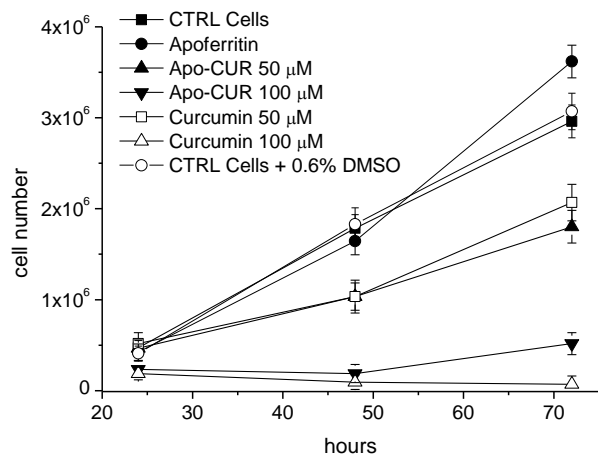


Figure 7: Incubation of MCF-7 for 24h with medium only (■) or in the presence of: DMSO 0.6% (○) apoferritin 0.5  $\mu\text{M}$  (●), Apo-CUR 50 (▲) and 100 (▼)  $\mu\text{M}$  (curcumin concentration), curcumin alone 50 (□) and 100 (△)  $\mu\text{M}$  for proliferation studies. Cell numbers have been calculated from cell lysate protein concentration by using Bradford assay (1mg protein =  $4.7 \times 10^6$  cells).

## Conclusions

Apoferritin, without any further functionalization, can be proposed as a useful carrier of both therapeutics and imaging probes for MRI guided treatment of breast cancer cells characterized by an up-regulation of ferritin uptake.

Furthermore, the access to the MRI approach can be exploited to get a better understanding of the role of ferritin receptor expression in the evolution of the pathologies in which the accumulation and release of this protein are involved. Finally, immune-SCARA5 detection on breast cancers cells could be recommended for the detection of this therapeutic marker exploitable for a selective drug delivery.

## Experimental

Gd-HPDO3A (Prohance) was kindly provided by Bracco Imaging S.p.A (Milan, Italy). Apoferritin, Ferritin (from equine spleen), curcumin and all other chemicals were purchased from Sigma-Aldrich (St. Louis, MO). Water proton  $T_1$  and  $T_2$  measurements were carried out on a Stelar SpinMaster spectrometer operating in the range from 20 to 80 MHz, by means of the inversion–recovery method (16 experiments, two scans) and Carr Purcell Meiboom Gill Sequence (CPMG) for  $T_1$  and  $T_2$  measurements, respectively. The reproducibility of the  $T_1$  and  $T_2$  data was  $\pm 0.5\%$ . The final Fe, Gd and Mn concentration was determined by inductively coupled plasma mass spectrometry

(ICP-MS) (Element-2; Thermo-Finnigan, Rodano (MI), Italy). Sample digestion was performed with 2 ml of concentrated  $\text{HNO}_3$  (70%) under microwave heating (Milestone MicroSYNTH Microwave labstation).

**Mn loaded apoferritin (Mn-Apo).** The Mn-Apo preparation was carried out as described previously<sup>27</sup>. Briefly, iron-free horse spleen apoferritin was reconstituted in the presence of  $\text{MnCl}_2$  solution at pH = 9.0, under air. To avoid the fast oxidation of the Mn(II) ion, the apoferritin and Mn(II) were added into an  $\text{N}_2$ -saturated AMPSO [N-(1,1-dimethyl-2-hydroxyethyl)-3-amino-2-hydroxypropanesulfonic acid] solution, which had been previously corrected to the desired pH. The protein and the Mn(II) solutions were added to reach  $1 \times 10^{-6}$  and  $3 \times 10^{-3}$  M concentration, respectively, corresponding to a loading of 3000 Mn(II) ions per apoferritin molecule. After 1 week reaction time, the samples were treated for 4 h at 20 °C with TETA (1,4,8,11-tetraazacyclotetradecane-1,4,8,11-tetraacetic acid) to reduce Mn(III) to Mn(II) as well as to remove Mn(II) ions bound at the outer surface of the protein shell. The obtained Mn-Apo solutions were characterized in terms of protein concentration by means of the Bradford method, using bovine serum albumin as a standard.

## Gd-HPDO3A and curcumin loaded apoferritin (Gd-CUR-APO)

The loading of curcumin and Gd-HPDO3A in the iron free HoS-apoferritin cavity was carried out as described previously<sup>22</sup>. Briefly, the dissociation of the apoferritin into its subunits was done by lowering the pH of the protein solution  $4.1 \times 10^{-6}$  M protein solution (10 mL) to pH 2 using HCl 1 M and maintaining this low pH for about 15 min. Afterward, 50  $\mu\text{L}$  of a curcumin solution in DMSO (200 mg/mL) and 2 mL Gd-HPDO3A 0.5 M have been added for every milliliter of apoferritin solution. Successively, the pH was adjusted to 7.4 using 1 M NaOH. The resulting solution was stirred at room temperature for 2 h and then, after centrifugation, purified by gel filtration (superdex G25 column, Amersham) and dialysis. The solution was then concentrated using Vivaspin centrifugal concentrators (50.000 MWCO). At the end of this process the concentrations of the protein (Bradford method), curcumin, and Gd were measured. The curcumin concentration has been measured spectrophotometrically at 430 nm in ethanol.

## Cell lines.

Human breast cancer cell lines (MDA-MB-231 and MCF-7) were obtained from ATCC. MDA-MB-231 cells were cultured in DMEM medium (Lonza) containing 10% (v/v) fetal bovine serum (FBS), 100U/ml penicillin, 100 U/ml streptomycin, 0.01% plasmocin (Invivogen) and 4mM L-glutamine. MCF-7 cells were cultured in EMEM medium (Lonza) containing 10% (v/v) FBS, 100 U/ml penicillin and streptomycin, 1% (v/v) non-essential amino-acid, 1 mM Sodium Pyruvate, and 2 mM L-glutamine, and 0.01 mg/ml insulin. Cells were incubated at 37°C in a humidified atmosphere of 5%  $\text{CO}_2$ . These cell lines were tested for mycoplasma (MycAlert™ PLUS Mycoplasma Detection Kit, Lonza).

## Uptake experiments.

For HoS-ferritin, Mn-APO, APO-CUR, Gd-CUR-Apo and HoS-apoferritin uptake experiments MCF-7 and MDA-MB-231 were seeded at a density of  $6 \times 10^5$  cells in a 25  $\text{cm}^3$  culture flask and placed in a wet (37°C) 5%  $\text{CO}_2$  air atmosphere incubator. For the different experiments, at 24 h post seeding, the cells were incubated with increasing concentrations of the above mentioned ferritin and apoferritins. After 6 or 24 h of incubation, cells were washed three times with 10 ml ice-cold PBS, detached with trypsin/EDTA. Fe, Gd and Mn content in each cell line was

determined by ICP-MS. For MRI analysis (see below) cells were transferred into glass capillaries. The protein concentration (proportional to the cell number) was determined from cell lysates by the Bradford assay, using bovine serum albumin as a standard.

**MRI.** All the MR images were acquired on a Bruker Avance300 spectrometer (7 T) equipped with a Micro 2.5 microimaging probe (Bruker BioSpin, Ettlingen, Germany). In vitro: glass capillaries containing about  $2 \times 10^6$  cells were placed in an agar phantom and MR imaging was performed by using a standard  $T_1$ -weighted multislice spin-echo sequence (TR/TE/NEX=200/3.3/8 (Figure 4) and TR/TE/NEX=600/3.7/2 (Figure 5), FOV=1.2 cm, NEX=number of excitations; FOV=field of view). The  $T_1$  relaxation times were calculated using a standard saturation recovery spin echo.  $T_2$ -weighted MRI images were obtained using a RARE sequence protocol (TR/TE/NEX=5000:43:2).

**Proliferation assay.** MCF-7 were seeded in a  $25 \text{ cm}^3$  culture flask at a density of  $2.5 \times 10^5$  cells. After 24 h, different concentration of APO-CUR, free apoferritin, free curcumin dissolved in DMSO, or DMSO alone were added and at 24, 48 and 72 h post incubation, the media were removed and the cells washed 3 times with 5 ml PBS. Cells were then treated with trypsin for 5 min at  $37^\circ \text{C}$ , transferred in 15 ml falcon tubes, and centrifuged at 1100 rpm per 5 min. The supernatants were discarded and cells washed with PBS. At the end cell pellets were resuspended in 200  $\mu\text{l}$  PBS, sonicated, and protein concentration were determined by the Bradford method. 1 mg of proteins correspond to  $4.7 \times 10^6$  cells.

#### Scara5 detection.

For Scara5 detection,  $3 \times 10^5$  MCF-7 and MDA-MB-231 were plated on glass coverslips and left to adhere overnight at  $37^\circ \text{C}$  in a 5%  $\text{CO}_2$  incubator. Then, cells were fixed with 4% formalin solution in PBS (Sigma-Aldrich) for 10 min at room temperature and washed twice with PBS. Cells were then rinsed twice with PBS and non-specific binding was blocked with 10% bovine serum albumin (BSA, from Sigma-Aldrich) in PBS for 20 min at room temperature. Anti-SCARA5 antibody (Thermo Scientific™ Pierce™) was diluted 1/50 in PBS containing 1% BSA and added to the coverslips for 1 hour at room temperature. Cells were rinsed twice with PBS and then incubated with Alexa Texas Red-conjugated goat anti-rabbit (life Technologies; 1/1000 and Molecular Probes; 1/1000) in PBS containing 1% BSA for 1 hour at room temperature. Cells were rinsed three times with PBS and air dried. Cell nuclei were counterstained with DAPI. Coverslips were mounted with Fluoromount mounting medium (Sigma-Aldrich) and visualized with an Apotome fluorescent microscope (Leica). Photographs were taken using a digital CCD camera and images were processed using the AxioVision (Zeiss, V. 4.4), Adobe Photoshop and Microsoft PowerPoint software. Software program Image J was used to quantify fluorescence intensity.

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#### Notes and references

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