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ARTICLE TYPE

Three-Dimensional Graphene Hydrogels Supported Ultrafine RuO₂ Nanoparticles for Supercapacitor Electrodes

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In the present work, three-dimensional (3D) porous framework of RuO₂/reduced graphene oxide hydrogels (RuO₂/RGOH) were prepared by a facile one-step hydrothermal method. In this hybrid hydrogel, RuO₂ nanoparticles were homogeneously dispered on the exfoliated RGO sheets. The asprepared RuO₂/RGOH electrode shows excellent supercapacitive performances with high specific

- ¹⁰ capacitance (345 F g⁻¹ for 15% RuO₂ loading), good rate capability and long electrochemical cycling life (without decaying after 2000 cycles). Furthermore, the RuO₂ in the hybrid can contribute a capacitance as high as 1365 F g⁻¹, which is comparable to its theoretical value. These excellent results originate from the factors that the 3D porous network structure provides more accessible surface area and facilitates electron and proton injecting/expelling process in electrochemical
- ¹⁵ reaction. This work provides a facile method for preparing graphene-based composite materials with remarkable capacitive performances.

Introduction

As a promising candidate electrode material used in supercapacitors, ruthenium oxide (RuO₂), especially amorphous ²⁰ hydrous RuO₂, plays an important role in the applications of supercapacitors because of its proton-electron mixed-conductive nature and remarkably high specific capacitance. It stores charges mainly via pseudocapacitance, which arises from a potentialdependent faradaic process involving the simultaneous insertion

 $_{25}$ of an electron and proton. The oxidation states of ruthenium in the RuO_2 electrode change reversibly among Ru^{4+} , Ru^{3+} , and Ru^{2+} . The mechanism can be expressed by the following redox reaction¹:

$$\operatorname{RuO}_{x}(\operatorname{OH})_{y} + \delta \operatorname{H}^{+} + \delta e^{-} \leftrightarrow \operatorname{RuO}_{x \cdot \delta}(\operatorname{OH})_{y + \delta} \qquad (0 \le \delta \le 2)$$

- It is well known that the electrochemical reaction starts from the surface of the RuO₂ particles, and thus, the accessible surface area of RuO₂ dictates their specific capacitance. However, RuO₂ particles often tend to form agglomerates, which may significantly degrade their capacitive performance due to ³⁵ incomplete utilization of RuO₂ during the electrochemical redox process^{2, 3}. On the other hand, the electrical conductivity of the amorphous RuO₂ is slightly lower than that of the crystalline phase due to the noncontinuous oxide framework⁴, which also limits the utilization of RuO₂. In order to improve the dispersion 40 of amorphous hydrous RuO₂ particles and the electrical conductivity of electrode materials, some hybrid electrode
- materials, which combine RuO_2 with high surface area nanocarbons materials such as carbon black^{5, 6}, carbon nanotube $(CNT)^{7-10}$, carbon nanofiber $(CNF)^{11-14}$ and graphene¹⁵⁻¹⁷ have
- 45 been prepared. However, most of the used carbon materials in

these hybrids are still unable to provide a sufficient available active surface area for exploiting the full advantages of RuO_2 pseudocapacitance and double-layer capacitance of nanocrabons materials, and consequently, their specific capacitance are limited ⁵⁰ ^{10,13,15}.

Graphene, a single layer of carbon atoms patterned in a hexagonal lattice, has been actively investigated in supercapacitor application due to its high specific surface area, excellent conductivity, mechanical flexibility and chemical stability¹⁸⁻²⁰. 55 Various graphene-based hybrid materials have been prepared [21-24]. However, in most cases, the aggregation and restacking of graphene nanosheets during processing dramatically decreases the specific surface area of graphene-based electrodes, which consequently hinders the ion diffusion from the electrolyte to the 60 electrodes and reduces the effective capacitance²⁵⁻²⁷. Recently, many studies have shown that graphene oxide (GO) can form a three-dimensional (3D) architecture such as graphene hydrogels or aerogels²⁸⁻³⁰, which would effectively prevent the restacking of graphene sheets and maintain their high specific surface area. 65 Apart from the intrinsic properties of graphene, such hydrogel are decorated with oxygen-containing functional groups (such as carboxyl, epoxyl or hydroxyl groups) and large 3D porous network structure. The residue oxygen-containing functional groups in graphene hydrogels are believed to play dual roles here. 70 On the one hand, these hydrophilic groups can further improve the compatibility between the electrodes and the electrolyte and thus more electroactive sites are easily infiltrated by electrolyte ions for charge-transfer reactions. On the other hand, these groups can act as anchoring sites to interact with nanoparticles, enabling 75 growth of electroactive species on the graphene hydrogels. In addition, due to the presence of these functional groups, the water

molecules can be absorbed onto the graphene sheets through chemical adsorptions or hydrogen bonding, which can act as a soft "spacer" to prevent the graphene sheets from restacking. This unique hierarchical architecture not only improves the

- ⁵ accessibility of surface but also facilitates electrolyte ion transportation in electrodes. Consequently, assembling graphene into a 3D structure has been recognized as one of the most effective approaches for preparation of graphene-based composite materials³¹. 3D carbon support materials have good properties for
- ¹⁰ applications in energy storage and conversion³². X. F. Wang et al^{28} prepare 3D graphene/VO₂ nanobelt composite hydrogels by a facile one-step strategy. The hybrid electrode demonstrates excellent capacitive performances. In the two-electrode configuration, the graphene/VO₂ nanobelt composite hydrogel
- ¹⁵ exhibits a specific capacitance of 426 F g⁻¹ at 1 A g⁻¹. S. J. Bao et al³³ prepared MnO₂-wrapped graphene aerogels using a simple in situ reduction method. As a supercapacitor electrode material, the MnO₂-wrapped graphene aerogels exhibits a high reversible capacity of 210 F g⁻¹ at a current density of 0.5 A g⁻¹ with an
- ²⁰ excellent cycling retention of 99% after the 800th cycle. W. Wang et al³⁴ prepared a novel 3D hydrous ruthenium oxide (RuO₂) anchored graphene and CNT hybrid foam (RGM) architecture for high-performance supercapacitor electrodes by a simple two-step process. This hybrid shows superior electrochemical stability and ²⁵ excellent capacitive performance.

Taking into account these merits of graphene hydrogels, it is believed that the combination of metal oxides with graphene hydrogels can exhibit excellent capacitive performance^{28,3}. Herein, we fabricated 3D porous network $RuO_2/RGOH$ by one-step

- ³⁰ hydrothermal self-assembled route without adding any organic solvent or surfactant. In this hybrid, 3D porous graphene hydrogel will provide the electron "superhighways" for charge storage and further promotes the charge-exchanging rate of RuO₂ involving the proton and electron double injecting/expelling
- ³⁵ process. As a result, the excellent electrochemical performance is achieved due to the kinetic and structural factors such as accessible surface sites, fast ion transport, low equivalent series resistance and high conductivity.

Result and Discussion

40 Formation of hydrogel



Scheme 1 Representation of the formation process of the hydrogel.

The fabrication process of the hydrogel is presented in scheme 1. Firstly, GO was exfoliated to form a stable aqueous 45 suspension. Then certain amount of ruthenium chloride aqueous solution was slowly added into GO suspension (1.6mg mL⁻¹), see the method in the experimental section. As is well-known, GO sheets are hydrophilic and intrinsically negatively charged because of the existence of plentiful carboxyl and epoxide ⁵⁰ functionalities. Ruthenium ions are positively charged in aqueous solution. In contrast, Ru³⁺ ions will be adsorbed on GO sheets through electrostatic interactions with the C-O-C, -OH or ionexchange with H⁺ from carboxyl. Subsequently, the suspension was hydrothermally assembled to form a 3D hydrogel.

55 TG analyses

Thermogravimetric analysis (TG) analyses were carried out to determine the mass ratios of RuO₂ in the hybrid hydrogel. Fig. 1 shows the TG curves of hybrid hydrogel. On the TG curves, two steps of weight loss are found. The first step occurs at near from the 3D porous hydrogel. The large weight loss at about 400 °C is attributed to the removal of RGO from the composites. After 400 °C, the TG traces are stable with no further weight loss, indicating the RGO completely removed from the composites. The estimations based on the TG curves indicate that mass ratios of the RuO₂ in the hybrid hydrogels are 5.2 and 15%, respectively.





Fig. 2 (a)The photograph of RuO₂/ RGOH; FESEM images of (b) pure RGOH, (c) RuO₂-5.2%/RGOH and (d) RuO₂-15%/RGOH.

Morphology analysis

The shapes of the as-prepared hydrogels are shown Fig 2(a). As seen from the photographs, the hydrogels have a cylindrical shape. The size of the cylinders depends on the relative mass ratio of the RuO₂ in the hybrid hydrogel. The more the amount of 5 RuO₂, the larger volume of resultant hydrogels becomes. When the mass ratio of the RuO₂ is up to 33.2%, the shape of the product was no longer integral cylinder (See Fig S1). Fig 2(b, c, d) shows the FE-SEM images of hydrogels with different mass ratios of RuO₂ to graphene in hybrid hydrogels. Plenty of pores

- ¹⁰ with a wide size distribution are observed from the images, and the solid walls of these pores are composed by randomly crosslinked graphene nanosheets. The formation of 3D structured graphene hrdrogel is attributed to the partial overlapping of graphene sheets via noncovalent interactions, such as stacking ¹⁵ and hydrogen bonding in 3D space^{35, 36}. Thus, the inherent
- flexibility of reduced graphene oxide sheets is a crucial property for constructing the 3D macrostructures³⁷. More interestingly, RuO_2 nanoparticles were not found on the surface of graphene sheets in these SEM images (Fig 2c, 2d). To further analyze the
- ²⁰ morphology of the hybrid hydrogel, the sample with 15% RuO₂ was selected for TEM observation. The TEM images in Fig 3 reveal that RuO₂/RGOH is composed of sheet-like graphene and RuO₂ particles. The RGO sheets are almost transparent with some wrinkles visible. RuO₂ nanoparticles with $2 \sim 3$ nm in size are
- ²⁵ homogeneously anchored onto the surface of the RGO sheets in the hybrid hydrogel. In consider of strong sonication treatment during the preparation of TEM specimens, this observation implies the intimate interactions between RuO₂ nanoparticles and graphene sheets. The presence of oxygen-containing functional ³⁰ groups from graphene sheets may play an essential role in
- anchoring and forming fine RuO_2 nanoparticles.



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Fig. 3 TEM images of theRuO₂-15%/RGOH.

XRD analysis

The crystal phase and structure information of the products were analyzed by X-ray diffraction (XRD). Fig 4(a) shows XRD patterns of pure reduced graphene oxides hydrogel and ⁴⁰ RuO₂/RGOH. The characteristic peak located at 2θ value of about 23.4° is referred to the as-prepared RGO sheets. However, no discernible reflections corresponding to RuO₂ crystalline structure can be detected. This result reveals that the RGO sheets in hybrid are well separated and the RuO₂ is amorphous due to ⁴⁵ the low temperature of 150° C^{2, 38}. To further confirm the composition of RuO₂ components in hybrid hydrogel, XPS

measurement was performed. Fig 4(b) shows the comparative Xray photoelectron spectroscopy (XPS) results of the as-prepared hybrid hydrogels. For the as-prepared samples, the C1s (284.5 eV)

⁵⁰ peak is clearly observed, this peak corresponds to the graphitic carbon atoms in graphene³⁹. In the spectra of the hybrid hydrogels, Ru XPS signals such as 3p, 3d, 4s, and 4p appear in addition to the C1s and O1s signals corresponding to O-C bonds in graphene and O-Ru bonds in RuO₂. The oxidation state of ⁵⁵ ruthenium can be determined from narrow scans of the Ru 3d doublet (275-290 eV). Spectrum displays the characteristic shape of the Ru3d doublet, which exhibits two relatively narrow peaks corresponding to the 5/2 and 3/2 spin orbit components. Moreover, the Ru 3d5/2 peak appears at 281.0 eV corresponds to ⁶⁰ the binding energy of Ru⁴⁺ and further suggests the presence of RuO₂ in the composites³ (see Fig S4).



Electrochemical characterization

The electrochemical characteristics of these materials were studied through cyclic voltammetry (CV) using 1 M H₂SO₄ electrolyte, at potential window from 0-0.9 V. The result was presented in Fig 5. It can be clearly observed that the CV curves of all the three samples (Fig 5a) show a nearly rectangular 70 voltammetric behavior and exhibit very broad redox peaks in the investigated potential region, which is indicative of a typical pseudocapacitive behavior of RuO₂. The specific capacitance is proportional to the maximal integral area of CV loop at the same scanning rate. From Fig 5a it can be seen the current densities 75 increased with the content of RuO₂ in the hybrid hydrogels. That is to say, the specific capacitance of the hybrid hydrogels electrodes is obviously larger than that of the pure RGOH electrode at the same scan rate. The larger current density for hybrid hydrogels is due to the combination of the 80 pseudocapacitance of RuO₂ with partially double-layer capacitance of graphene hydrogels. Here, the electronic-protonic "double insertion" mechanism of ruthenium oxide is expressed by the following redox reaction 40, 41,

 $RuO_x(OH)_y + \delta H^+ + \delta e^- \leftrightarrow RuO_{x \cdot \delta}(OH)_{y + \delta} \ (0 \le \delta \le 2) \ ,$

⁸⁵ where Ru oxidation states can change from (II) up to (IV). The CV curves of RuO₂/RGOH at different sweep rates are shown in Fig 5(b). As shown in Fig 5(b), CV profiles still retain a relatively rectangular shape, even at a scan rate of 50 mV·s⁻¹, indicating an excellent capacitance behavior and the desirable fast charge/discharge property at the electrode interface.



5 Fig. 5 CV curves of (a) $RO_2 / RGOH$ with different RuO_2 content, (b) The $RuO_2 -15\% / RGOH$ at different scan rates.

Fig 6(a) shows galvanostatic discharge curves of the pure RGOH and hybrid hydrogels in the potential range from 0 to 0.9 V (vs. SCE) at the current density of 1 A g⁻¹. The specific capacitance is calculated by the following equation $C = i \cdot t / \Delta V$, where *i* (A g⁻¹) is current density, *t* (s) is the discharge time, ΔV (V) is the applied potential window. According to the equation, the capacitances are 166, 246 and 345 F g⁻¹ for pure RGO hydrogel, RuO₂-5.2% and RuO₂-15% ¹⁵ electrodes, respectively. The overall capacitance of RuO₂/RGOH (C_{sp}) is composed of specific capacitance from RuO₂(C_{RuO_2}) and RGO hydrogel (C_{RGOH}), which can be expressed as:

 $C_{sp} = C_{RuO_2} \times m + C_{RGOH} \times n^1$, where m and n are the weight percentages of RuO₂ and RGO hydrogel in RuO₂/RGOH, ²⁰ respectively. According to the measured values of C_{sp} and C_{RGOH} , the values of C_{RuO_2} for RuO₂-5.2% and RuO₂-15% hybrid hydrogel electrodes were calculated to be 1365 and 1360F g⁻¹, respectively. Under the potential window selected in our experiment, theoretical specific capacitance of RuO₂·xH₂O (for *x*=1) is 1419 F

- $_{25}$ g⁻¹. Therefore, the utilization of RuO₂ is 95% at the current density of 1 A g⁻¹. The high utilization of RuO₂ is probably attributed to the synergistic effect between RuO₂ and RGOH. First, 3D interconnected porous graphene increase the liquid-solid interfacial area and facilitate H⁺ transport within, which release
- ³⁰ double-layer capacitance of graphene. Second, the intimate combination of RuO₂ nanoparticles with electronically conducting graphene sheets provides electron superhighways, which allow for rapid and efficient charge transport. Finally, the well-dispersed fine RuO₂ nanoparticles on RGOH surfaces may ³⁵ be completely accessible to the electrolyte, which leads to the electrolyte, which leads to the electrolyte.
- sufficient generation of RuO₂ pseudocapacitance.







Rate capability is an important power factor in the applications of supercapacitors, Fig 6(b) shows galvanostatic discharge curves of the RuO₂ /RGOH at various current densities. ⁴⁵ The specific capacitance of RuO₂ /RGOH is still up to 289 F g⁻¹ at 10 A g⁻¹, with 83.7% retention relative to 1 A g⁻¹. This implies that the RuO₂/RGOH has a good rate capability at a large specific current. The superior rate capability in the RuO₂/RGOH electrode can be attributed to the three-dimensional porous network ⁵⁰ structure. In high charging-discharging rates, the electrodes can achieve higher charge mobility than non-porous counterpart. Moreover, the use of conductive graphene hydrogel as a substrate for growth of RuO₂ can impart the electrodes allow rapid ⁵⁵ and effective electrons transport, which may also contribute to high rate performances.

The electrochemical impedance spectroscopy (EIS) analysis has been recognized as one of the principal methods for examining the fundamental behavior of electrode material for 60 supercapacitors⁴². Typical complex plane plots for RuO₂/RGOH and RGOH are presented in Fig 7(a), the frequency ranged from 0.1 Hz to 10 kHz at open-circuit potential of 0.4 V. At high frequency, the intersection on X-axis is a combinational resistance of ionic resistance of electrolyte, intrinsic resistance of 65 substrate, and contact resistance at the active material/current collector interface. It is found that the RuO₂/RGOH has a similar series resistance to RGOH. The semicircle in the high-frequency range corresponds to the charge-transfer resistance, which is caused by the redox reactions of RuO₂ particles and residual 70 oxygen-containing functional groups from graphene hydrogel. The sloped portion of the Nyquist plot at middle frequency is attributed to the Warburg resistance, which results from the frequency dependence of ion diffusion and transport in the electrolyte. At lower frequency, the imaginary part of impedance 75 sharply increases, indicating the capacitive behavior of electrodes. The RuO₂/RGOH and RGOH all exhibit almost a vertical line at the low frequency region, suggesting the ideal capacitive behavior and have faster ion transport speed⁴². These attributed to the interconnected porous network, which can readily enable 80 electrolyte ion diffusion and electron transport across the interface between RuO₂ and the graphene framework, thereby resulting in superior electrochemical activity and stability.



Fig. 7 (a) Nyquist plots of pure RGOH and RuO₂-15%/RGOH, (b)The cycle life of RuO₂-15% / RGOH.

- ⁵ Long cycling life is an important requirement for supercapacitors in practical applications. The cycling life test of the RuO₂/RGOH was examined by charge/discharge cycling at a current density of 1 A g⁻¹. As shown in Fig 7(b), the RuO₂/RGOH can maintain a specific capacitance of 346 F g⁻¹ after 2000 cycles
- ¹⁰ without decaying. This result indicates excellent electrochemical stability of such electrode material over the entire number of cycles. Usually, the capacitance loss of electrodes is mainly caused by phase transformation and structural degradation. In RuO₂/RGOH electrode, RuO₂ particles can be protected by the
- ¹⁵ adjacent graphene sheets, which offer high mechanical durability and surface areas to inhibit agglomeration of RuO₂ particles. Moreover, the 3D network structure of the hybrid hydrogels can also improve the cycle life by providing stable conductive networks with high mechanical rigidity, which may afford ²⁰ elastomeric space to accommodate volume changes. The long-
- term stability implies that the RuO₂/RGOH material is a promising electrode material for supercapacitors.

Conclusions

- The RuO₂/reduced graphene oxide hydrogel materials have ²⁵ been successfully prepared for supercapacitors through one-step hydrothermal self-assembly method by using RuCl₃·xH₂O and graphene oxide as starting materials. In the composites, flexible graphene sheets partially overlap forming a porous network framework, well dispersed RuO₂ nanoparticles with 2 to 3 nm in
- ³⁰ size are homogeneously dispersed on the surface of the reduced graphene oxide sheets with the help of oxygen-containing functional groups. As compared with pure reduced graphene oxide hydrogel, the RuO_2 /reduced graphene oxide hydrogel with 15wt% RuO_2 exhibits higher specific capacitance (345 F g⁻¹),
- ³⁵ remarkable rate capability and excellent cycle stability (without decaying after 2000 cycles). In addition, as compared with

theoretical specific capacitance of RuO₂, the utilization of RuO₂ in the composite is as high as 95% at the current density of 1 A g⁻¹. Considering the advantages of graphene as EDLCs, RuO₂ as ⁴⁰ pseudocapacitors, complement each other's advantages between graphene and RuO₂, we believe that the novel particle/sheet structured RuO₂/reduced graphene oxide hydrogel can be applied in high performance energy storage systems.

Experimental

- ⁴⁵ GO was synthesized through modified Hummers method⁴³. The RuO₂/RGOH samples with different RuO₂ content were here prepared. The typical procedure (preparing the RuO₂/RGOH with 15% RuO₂) as follows: GO (80 mg) was exfoliated in distilled water (50 mL) with 1h ultrasonic treatment to form a light-brown ⁵⁰ solution. 3.5mL of RuCl₃ solution (20mg mL⁻¹) was dropped into
- GO solution with vigorous stirring. Under continuous stirring condions, the solution of 0.01 M NaOH was added drop-wise to neutralize the dispersion (up to pH 7). Then, the mixture was sealed in a Teflon-lined autoclave and maintained at 180 $^{\circ}$ C for
- ⁵⁵ 12 h. The autoclave was naturally cooled in room temperature, and then, a black cylinder was obtained. Finally, the black cylinder monolith was taken out, washed with a large amount of distilled water, and freeze-dried into a hydrogel. For comparison, other hybrid hydrogels with different RuO₂ loadings prepared by
- ⁶⁰ a similar procedure with adding different RuCl₃. Pure graphene hydrogel was prepared by the same procedure in the absence of RuCl₃.

The morphology of the products was characterized by fieldemission scanning electron microscope (FESEM, JSM-6701F, ⁶⁵ Japan) and transmission electron microscope (TEM, JEOL, JEM-2010, Japan). The structure of the samples was characterized by X-ray diffraction (XRD, D/Max-2400) with Cu K α radiation operating at 40 KV. The components and chemical state analysis was examined by X-ray photoelectron spectroscopy (XPS, PHI-⁷⁰ 5702, U. S. A.). The loading of RuO₂ on the RGOH was determined by using thermogravimetric (TG, TG/DTA-6300) analysis.

The electrochemical capacitive performances of hybrid hydrogel were performed on a typical three-electrode ⁷⁵ experimental cell, in which platinum foil and saturated calomelel ectrodes (SCE) were used as counter electrode and reference electrodes, respectively. All of the above electrochemical measurements were carried out by using a CHI660B electrochemical working station. All electrochemical ⁸⁰ measurements were carried out in 1 M H₂SO₄ aqueous solution as electrolyte.

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Notes and references

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6