

# Metallomics

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4 **1 Serum metabolomics reveals arsenic exposure disrupted**  
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6 **2 lipid and amino acid metabolism in rat: a step forward in**  
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9 **3 understanding chronic arsenic toxicity**

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47 17 **Running title: Serum metabolomic response to chronic arsenic exposure**

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4 19 **Abstract:** Chronic arsenic exposure through drinking water threatens public health  
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7 20 worldwide. Although its multi-organ toxicities have been reported, the impact of  
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10 21 chronic arsenic exposure on metabolic network remains obscure. In this study, male  
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13 22 Sprague Dawley rats were exposed to 0.5, 2 or 10 ppm sodium arsenite for three  
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16 23 months. An ultra-high performance liquid chromatography/mass spectrometry based  
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19 24 metabolomics approach was utilized to unveil the global metabolic response to  
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22 25 chronic arsenic exposure in rats. Distinct serum metabolome profiles were found to be  
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25 26 associated with the doses. Eighteen differential metabolites were identified, and most  
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27 27 of them showed dose-dependent responses to arsenic exposure. Metabolic  
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30 28 abnormalities mainly involved with lipid metabolism and amino acid metabolism. The  
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33 29 metabolic alterations were further confirmed by hepatic gene expression. Expressions  
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36 30 of *cpt2*, *lcat*, *cact*, *crot* and *mtr* were significantly elevated in high dose group. This  
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39 31 study provides novel evidence to support the association between arsenic exposure  
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42 32 and metabolic disruption, and it contributes to understand the mechanism of chronic  
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45 33 arsenic toxicity.

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60  
34 **Keywords:** arsenic; metabolomics; serum; lipid metabolism; amino acid metabolism

## 1. Introduction

Millions of individuals worldwide are exposed to inorganic arsenic through drinking water.<sup>1,2</sup> The toxicity of arsenic has been well documented,<sup>3-6</sup> but the mechanisms are not fully understood. Advances in omics technologies have enabled simultaneous and non-targeted profiling of genes, proteins and metabolites in complex biological matrices.<sup>7</sup> These non-hypothesis-driven omics approaches have been used to identify exposure-specific biomarkers and related pathways. Genomic study of arsenic-exposed Bangladeshi individuals identified genome-wide associations of urinary monomethylarsonic acid (MMA) and dimethylarsinic acid (DMA) levels with single nucleotide polymorphisms (SNP) variants located near the arsenic methyltransferase (As3MT) gene, and one of these variants was associated with risk of skin lesions.<sup>8</sup> Besides, transcriptomics data suggested that prolonged arsenic exposure might elevate the expression of inflammatory molecules and increase atherosclerosis risk in arsenic endemic areas in Taiwan.<sup>9</sup> Moreover, a previous urinary proteomic study identified human  $\alpha$  defensin-1 as a biomarker in Taiwan patients with arsenic-induced blackfoot disease.<sup>10</sup>

Transcriptomics and proteomics are now widely used across the biological sciences and provide extensive information regarding the genotype, but they convey limited information about phenotype. This has led to increasing interest in metabolomics, which can capture low molecular weight metabolites that are the closest to phenotype. Metabolomics is believed to be one of the most powerful techniques to study the metabolic alteration associated with the treatment of environmental toxicants.<sup>11, 12</sup>

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4 57 With regards to arsenic, its adverse effects on steroid receptors and  
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7 58 endogenous/exogenous hormone-driven genes have been demonstrated in vivo and in  
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10 59 vitro.<sup>13-16</sup> Endocrine disruption is tightly involved with metabolic disruption.<sup>17</sup> Recent  
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12 60 epidemiologic studies suggested inorganic arsenic exposure was tightly associated  
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15 61 with metabolic syndrome.<sup>18,19</sup> Aberrant glucocorticoid (GC) / glucocorticoid receptor  
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17 62 (GR) signaling between hormones and their cognates is critical checkpoints in  
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20 63 mammalian energy homeostasis, and further linked to severe metabolic dysfunction,  
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23 64 including obesity, insulin resistance and type 2 diabetes.<sup>20-22</sup> Therefore, we speculate  
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25 65 metabolic disruption might be another important mechanism underlying the toxicity  
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28 66 of chronic arsenic exposure.

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31 67 The global metabolic profile response to inorganic arsenic exposure is not well  
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34 68 understood. Our previous metabolomics data revealed ambient arsenic exposure  
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37 69 disrupted individual's metabolism in the general Chinese population, and identified  
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40 70 potential biomarkers with dose-dependent response.<sup>23</sup> Quite recently, metabolomics  
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42 71 studies reported the adverse effects of acute arsenic exposure (7 days) and high dose  
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44 72 arsenic (50 mg/L) on metabolic response in mice and rat,<sup>24, 25</sup> which provided  
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47 73 valuable information of the toxicity and the mode of action of arsenic. However, it  
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50 74 should be noted the difference in dose and time may result in varied molecular  
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53 75 mechanisms. Acute exposure experiments were limited to mimic chronic arsenic  
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55 76 exposure of humans under real environment. Therefore, more metabolomics data of  
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58 77 chronic arsenic exposure are urgently required.

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4 78 The present study is designed to investigate the serum metabolome alterations  
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7 79 induced by the chronic arsenic exposure. An ultra-high performance liquid  
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10 80 chromatography/mass spectrometry (UHPLC/MS) based metabolomics approach was  
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13 81 used to profile metabolome and characterize significantly altered metabolites in the  
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16 82 sera of the rats exposed to arsenic. Besides, the expressions of key genes involved in  
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19 83 altered metabolism pathway were also examined to support metabolomics results.  
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22 84 This study provides more knowledge associated with arsenic-induced metabolic  
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25 85 disturbance and leads to a more comprehensive understanding of chronic arsenic  
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28 86 toxicity.

## 28 87 **2. Materials and Methods**

### 30 88 **2.1 Chemicals and solvents**

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33 89 Sodium arsenite (purity>98.5%), and formic acid (HPLC grade) were purchased from  
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36 90 Acros (Morris Plains, NJ, USA). All standards (purity>95%) were purchased from  
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39 91 Sigma-Aldrich (St. Louis, Mo, USA). Methanol (HPLC grade) was obtained from  
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42 92 Fisher Scientific (Fair Lawn, NJ, USA). Distilled water (18.2 M $\Omega$ ) was obtained from  
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45 93 a Milli-Q system (Beford, MA, USA).

### 46 94 **2.2 Animals and dosing**

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49 95 A total of thirty male Sprague Dawley rats aged six weeks (weight 200  $\pm$  10g) were  
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52 96 obtained from Shanghai Laboratory Animal Center, China. Animals were housed  
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55 97 separately in stainless steel cages and acclimatized for one week before initiation of  
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58 98 arsenic exposure. Rats were maintained in an air-conditioned room at the temperature  
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99 of 26  $\pm$  2  $^{\circ}$ C, a relative humidity of 50  $\pm$  5%, and a 12 h light/12 h dark cycle. Each

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4 100 animal had *ad libitum* access to water and a pellet diet. After a 7-day quarantine and  
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7 101 acclimatization, all the rats were randomly divided into control and three dose groups.  
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10 102 The control group (n=6) was fed with deionized water. The low (n=8), medium (n=8)  
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12 103 and high-dose (n=8) groups were administered, respectively, with 0.5, 2 and 10 ppm  
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15 104 sodium arsenite, which are comparable to previous reports.<sup>26</sup> All animals were treated  
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18 105 humanely and with regard for alleviation of suffering according to the China Animal  
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20 106 Welfare legislation.

### 23 107 **2.3 Sample collection and preparation**

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26 108 After being treated with arsenic for three months consecutively, the rats were killed by  
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28 109 decapitation. Serum was obtained by centrifugation (3500 ×g, 10 min at 4 °C) and  
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31 110 frozen at -80 °C before metabolomic analysis. The livers were removed immediately  
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34 111 after sacrifice, rinsed with PBS (room temperature), flash frozen in liquid nitrogen  
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36 112 and stored at -80 °C.

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39 113 For the pretreatment of serum samples, a volume of 600 μL cold methanol was added  
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41 114 to 200 μL serum and was shaken vigorously, and the mixture was stored for 10 min  
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44 115 and subsequently centrifuged at 12,000 ×g for 10 min at 4 °C. The supernatant was  
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47 116 filtered through a 0.22 μm syringe filter prior to metabolic profile acquisition.

### 49 117 **2.4 Metabolic Profile Acquisition**

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52 118 Serum metabolic profiles were acquired using an ultra-high performance liquid  
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55 119 chromatography (UHPLC)/Orbitrap-mass spectrometer (MS) (Thermo, USA). A  
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58 120 Kinetex C18 column (150 mm× 2.1 mm, 2.6 μm) was used for chromatographic  
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60 121 separation. Sample injection volume was 5 μL. The mobile phase consisted of water

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4 122 containing 0.1% formic acid (mobile phase A) and methanol containing 0.1% formic  
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7 123 acid (mobile phase B). A programmed gradient was used: 5% B increased to 100% B  
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10 124 in 16 min and held for 4 min, then decreased to 5% in 0.1 min, and finally maintained  
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12 125 at 5% B for 3 min. The mass spectrometer was operated in positive-ion mode with a  
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15 126 range of 100-1000 m/z. Spray voltage and cone voltage were 3.5 KV and 35 V,  
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17  
18 127 respectively. Heated capillary temperature and source temperature were 380 °C and  
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20 128 350 °C, respectively. Curtain and auxiliary gas flow were 60 and 35 L/h, respectively.  
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23 129 Serum samples were run in a randomized fashion to avoid possible uncertainties from  
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26 130 artifact-related injection order and gradual changes of instrument sensitivity in whole  
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29 131 batch runs. A serum quality control (QC) was prepared by pooling and mixing the  
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32 132 same volume of each sample. The QC samples and blank samples (pure methanol)  
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35 133 were injected at interval of six samples to identify the sample carryover and check for  
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38 134 the stability (n=6) during the whole sequence. After data preprocess, there were 691  
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41 135 variables remaining in the dataset. CV values of 71.9% variables were <30%, and the  
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44 136 CV values of 55.6% variables were <15%, indicating our method had excellent  
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47 137 repeatability and the dataset was worthy for further multi-variate analysis (Fig. S1).  
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50 138 To carry out MS/MS mode to identify differentiated metabolites, argon was used as a  
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53 139 collision gas, and the collision energy was adjusted from 15 eV to 40 eV for each  
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56 140 metabolome.

## 141 **2.5 Metabolome analysis**

142 UHPLC-MS data were analyzed with the Micromass MarkerLynx applications  
143 manager Version 4.1 (Waters, UK). Raw data were deconvoluted, aligned, and



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4 144 reduced to give a table of mass and retention time pairs with associated intensities for  
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7 145 all the detected peaks. The main parameters were set as follows: retention time range  
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10 146 1–15 min, mass range 100–1000, mass tolerance 0.01 Da, masses per retention time  
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12 147 10, minimum intensity 1%, mass window 0.05 Da, retention time window 0.20 min,  
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15 148 and noise elimination level 6. The table was normalized to total intensity to correct for  
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17 149 the different enrichment factors of serum among individuals. Finally, the processed  
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20 150 tables were pareto-scaled and fed to SIMCA-P+ 12 software (Umetrics AB, Uppsala,  
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23 151 Sweden) for multivariate statistical analysis. PCA was firstly performed to discover  
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25 152 intrinsic treatment-related clusters within the datasets. Following this, PLS-DA was  
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28 153 used to improve the group separation and screen differential metabolites. The  
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31 154 robustness and validity of the PLS-DA model was tested using a 200-permutation test  
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34 155 (Fig. S2). Variable importance in projection (VIP) is an appropriate quantitative  
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36 156 statistical parameter ranking the variables according to their ability to discriminate  
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39 157 different doses, and variables with  $VIP > 3$  were selected into preset of differential  
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42 158 metabolites. The candidates were further tested with the Kruskal-Wallis test  
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45 159 ( $p < 0.01$ ).<sup>27</sup> If the overall statistic was significant, the Mann-Whitney test was used to  
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48 160 compare the levels of the candidates between control group and each dose group. The  
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51 161 candidates which showed significant alteration in at least one dose group were  
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54 162 selected as final differential metabolites. All  $p$  values shown were two-tailed. The  
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56 163 identification of these metabolites followed the procedure described previously,<sup>28</sup> the  
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58 164 following databases were used: HMDB (<http://www.hmdb.ca/>), METLIN

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4 165 (<http://metlin.scripps.edu/>), Massbank (<http://www.massbank.jp/>), PubChem  
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7 166 (<http://ncbi.nlm.nih.gov/>) and KEGG (<http://www.kegg.com/>).

## 167 **2.6 Quantitative real-time PCR**

168 Total RNA samples were extracted from homogenized liver samples using Total RNA  
169 Kit I (OMEGA). NanoDrop spectrophotometer (NanoDrop Technologies Inc., USA)  
170 and agarose gel electrophoresis were used to measure RNA concentration and purity.  
171 Reverse-transcription of cDNA synthesis was performed with 1 µg total RNA using  
172 PrimeScript<sup>®</sup>RT reagent Kit (TaKaRa Bio, Otsu, Japan). Real-time PCR was carried  
173 out in a 20 µL final volume and performed in duplicate using SYBR Green Master  
174 Mix reagents in a Light cycler 480 detection system (Roche Applied Science,  
175 Indianapolis, USA) according to the manufacture protocol. PCR primers were listed  
176 in Table 1. The conditions for quantitative PCR were as follows: 95 °C for 10 min  
177 followed by 40 cycles at 95 °C for 15 s, and 60 °C for 30 s. Gene expression levels  
178 were normalized to β-actin expression levels. The fold changes of the tested genes  
179 were analyzed by the  $2^{-\Delta\Delta C_t}$  method.

## 180 **2.7 Statistical analysis**

181 All analyses were conducted using SPSS Version 18.0 (SPSS Inc., Chicago, USA). If  
182 data were not normal distributed, Wilcoxon test was carried out to compare between  
183 and within groups. Normal distributed data were analyzed using one-way ANOVA;  
184 LSD or Tamhane test was used based on homogeneity of variances. Significance was  
185 set at  $p \leq 0.05$ .

## 186 **3. Results**

### 187 **3.1 Multivariate statistical analysis**

188 In PCA score plot (Fig. 1A), the samples of control group were differentiated from  
189 those of 2 and 10 ppm groups, but they were not completely separated from those of  
190 0.5 ppm group. A supervised PLS-DA model was further used to discover the  
191 difference among groups and screen the differential metabolites associated with  
192 arsenic exposure. The corresponding PLS-DA model had a faithful representation of  
193 the data and a good cumulative predictive capacity (Fig. 1B). Control group and three  
194 dose groups were obviously separated from each other. Moreover, larger variation was  
195 observed for 10 ppm group.

### 196 **3.2 Differential metabolites indicative of arsenic exposure**

197 Differential metabolites are responsible for group separation through the PCA or  
198 PLS-DA loadings and variable importance plots (VIP). They are important indicators  
199 of mode of action of the pollutants. In this study, differential metabolites were  
200 selected according to the workflow described in the experimental part. Specifically,  
201 77 variables had a VIP above 3, and among these variables, eighteen discriminant  
202 metabolites were selected, which were involved in lipid, amino acid and nucleotide  
203 metabolism (Table 2). Serum levels of all these metabolites did not show significant  
204 changes in 0.5 ppm group, but almost all of them altered markedly in 10 ppm group.  
205 The lipid metabolism-related metabolites, lysoPC(20:1), ceramide(d18:0/16:0),  
206 octadecenylcarnitine only significantly increased in 10 ppm group.  
207 Ceramide(d18:0/14:0), palmitoylcarnitine, sphingosine, phytosphingosine seemed to  
208 be more sensitive to arsenic exposure than above mentioned metabolites. They were

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4 209 significantly elevated in both 5 and 10 ppm groups. In addition, lysoPC(18:0) was  
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7 210 significantly increased at 10 ppm group, but there were no significant alterations in  
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10 211 0.5 and 2 ppm groups. Interestingly, carnitine, which plays a key role in fatty acid  
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12 212 beta-oxidation, showed an inverted U-shaped curve: it was not altered in 0.5 ppm  
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15 213 group, but it significantly increased in 2 ppm group yet significantly declined in 10  
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18 214 ppm group (Fig. 2A).

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20 215 Besides, six amino acids (i.e. methionine, proline, valine and tyrosine) and their  
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22 216 derivatives (i.e. indoleacetaldehyde and pyroglutamic acid) were also identified as  
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25 217 differential metabolites (Fig. 2B). Serum levels of methionine, proline and tyrosine  
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28 218 markedly decreased in a dose-dependent manner. Valine and indoleacetaldehyde  
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31 219 peaked in 0.5 ppm group (not significantly) and significantly decreased in 10 ppm  
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34 220 group. Pyroglutamic acid increased in all dose groups, and reached its peak in 2 ppm  
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37 221 group. Creatine, uric acid and cytosine did not show significant change in 0.5 and 2  
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40 222 ppm groups, but they significantly decreased in 10 ppm group (Fig. 2B).

### 41 223 **3.3 Gene expression**

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43 224 Several lipid metabolism-related key genes, like *cpt1*, *cpt2*, *lcat*, *cact*, *crot*, and amino  
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46 225 acid metabolism-involved gene *mtr* were investigated in liver. The expression of *lcat*,  
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49 226 *cpt2* increased significantly in 10 ppm group, while they changed little in either 0.5 or  
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51  
52 227 2 ppm group. The expression of *crot* and *mtr* increased in all dose groups as compared  
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55 228 with the control (Fig. 3). Hepatic *cact* mRNA expression increased in 2 and 10 ppm  
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58 229 group, but decreased in 0.5 ppm group, presenting a U-shaped curve.

### 59 230 **4. Discussion**

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4 231 Environmental epidemiology studies have tightly associated chronic arsenic exposure  
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7 232 with obesity and metabolic syndrome. However, the influence of chronic arsenic on  
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10 233 global metabolic system is not well understood. Toxicometabolomics aims to dig out  
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12 234 critical metabolites and affected biological pathways that respond to environmental  
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15 235 perturbations using global metabolic profiling technologies. Therefore, it can be  
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17 236 utilized to augment our understanding of the toxic mechanisms involved in chronic  
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20 237 arsenic exposure. Previous arsenic toxicity studies were conducted using relatively  
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23 238 high exposure levels (20-200 ppm). The lowest arsenic dose (0.5 ppm) in our study  
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26 239 was within the range of natural environmental exposure levels, and the highest  
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28 240 inorganic arsenic dose (10 ppm) was comparable to environmental arsenic levels of  
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31 241 9.9 ppm in the ground water of heavily polluted areas,<sup>26</sup> and it also corresponded to  
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34 242 1/25 of the median lethal dose (LD50) of sodium arsenite through oral administering  
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36 243 on rats (41 mg/kg).<sup>29</sup>  
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39 244 One primary objective of our study was to identify potential differentiated metabolites  
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41 245 that correlated with the metabolic changes triggered by chronic arsenic exposure, thus  
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44 246 discover the disturbed metabolic pathways responsible for arsenic toxicity. Our  
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47 247 previous work showed total arsenic levels proportionally increased with doses in a  
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50 248 variety of organs (*i.e.* liver, kidney, heart, spleen, lung and pancreas),<sup>30</sup> which  
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52 249 indicated the dose-dependent accumulation of arsenic in rats. In metabolomics data  
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55 250 analysis, PCA was firstly used to detect potential outliers and determine the variation  
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58 251 in the data set. As shown in Fig. 1A, it allows only preliminary discrimination  
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60 252 between groups. When there are more than two groups, PLS-DA is more appropriate

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4 253 to distinguish variability that occurs among groups and within groups. We performed  
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7 254 PLS-DA - now routinely used in the field of metabolomics - to explore metabolomics  
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10 255 profiles linked with chronic exposure to arsenic. A clear dose-dependent trajectory  
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12 256 was observed for control and three dose groups in the developed PLS-DA model,  
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15 257 which suggested arsenic-related metabolic perturbations. What's more, further  
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18 258 analysis identified chronic arsenic exposure-associated alterations in lipid metabolism,  
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21 259 amino acid metabolism and nucleotide metabolism (Fig. 4).

#### 22 23 260 **4.1 Lipid metabolism**

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26 261 LysoPC is formed with the help of lecithin-cholesterol acyltransferase (LCAT) in  
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29 262 plasma.<sup>31</sup> Along with the elevated expression of hepatic *lcat* in 10 ppm group, the  
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32 263 marked increased level of lysoPC (20:1, 18:0) indicated that arsenic exposure may  
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35 264 disrupted the transformation process of lysoPCs, which was also supported by  
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38 265 previous studies.<sup>24, 32, 33</sup> Recently, another study reported some serum medium and  
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41 266 long chain lysoPCs (i.e. lysoPC 14:0, 18:4, 18:0, 20:2) decreased in rats after 10 and  
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44 267 50 ppm arsenic exposure for 6 months.<sup>25</sup> The disparity may due to distinct responses  
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47 268 to arsenic toxicity of rats in different life stages. Compared with sexual matured rats,  
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50 269 adult ones may have better abilities to mount an effective response to arsenic attack.

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60 270 However, this hypothesis needs to be further studied.

271 Sphingolipid metabolism, associated with PC homeostasis, plays an important role in  
272 integrity of lipid rafts. Thus, increased serum ceramide (d18:0/14:0, d18:0/16:0) and  
273 sphinganine in the rats exposed to arsenic might present a disruption of membrane  
274 distribution. Moreover, increased level of ceramide is well recognized in relation to

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4 275 cell apoptosis, oxidative stress and proteolysis,<sup>34, 35</sup> and this could be a mechanism  
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7 276 associated with arsenic exposure.

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9 277 Located at the outer mitochondrial membrane, carnitinepalmitoyltransferase I (CPT I)  
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11 278 catalyzes the formation of acylcarnitine, such as palmitoylcarnitine and  
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13 279 octadecenylcarnitine. Then, acylcarnitine is converted to long chain acyl-CoA  
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17 280 molecules by carnitinepalmitoyltransferase II (CPT II) for  $\beta$ -oxidationand, and it is  
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19 281 coupled to free carnitine to translocate back to the cytoplasm by  
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22 282 carnitineacylcarnitinetranslocase (CACT) for the next cycle reaction.<sup>36</sup> The elevated  
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24 283 expression of *cpt2*, *cact* in 10 ppm group coincided with increased acylcarnitine  
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27 284 synthesis and decreased serum carnitine accumulation. Interestingly, serum carnitine  
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29 285 level increased in both 0.5 and 2 ppm groups, and previous studies reported  
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32 286 conflicting results about carnitine level change after arsenic exposure,<sup>32, 37</sup>  
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35 287 exemplifying the complex effects of arsenic exposure. Furthermore, the  
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37 288 non-monotonic dose-response (NMDR) of carnitine metabolism validated  
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39 289 endocrine-disrupting effect of arsenic at low doses that are not expected by effects at  
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42 290 higher doses and vice versa.<sup>38-40</sup> However, the exact molecular mechanism underlying  
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45 291 NMDR of arsenic exposure remained obscure. More efforts are needed to explore the  
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48 292 intrinsic causation of low-dose effect of arsenic. CROT, a member of the  
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51 293 carnitine/choline acetyltransferase family, involves in lipid metabolism and  
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54 294  $\beta$ -oxidation of C6–C10 chain fatty acids.<sup>41</sup> In our study, *crot* expression was markedly  
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57 295 elevated in all dose groups. Recent studies have suggested that epigenetic mechanisms  
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60 296 may mediate toxicity resulting from arsenic exposure.<sup>42</sup> For example, rats<sup>43</sup> and mice

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4 297 <sup>44, 45</sup> exposed to sodium arsenite for several weeks displayed global hepatic DNA  
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7 298 hypomethylation, which may explain the up-regulation of *crot* in our study. In  
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10 299 contrast with animal findings, DNA methylation increased in human *crot* regulatory  
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12 300 elements following a 2 year exposure of up to 1.1 ppm arsenic,<sup>46</sup> and increased  
13  
14  
15 301 methylation tightly correlated with gene silence.<sup>47</sup> The discrepancy demonstrates  
16  
17  
18 302 puzzling mechanisms whereby arsenic may interfere with carnitine metabolism, hence  
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20  
21 303 more research should be conducted to unveil hypo- and hypermethylation of specific  
22  
23 304 key genes.

#### 25 305 **4.2 Amino acid metabolism and nucleotide metabolism**

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28 306 Disruption of amino acid metabolism seems to be a common response to many toxins  
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30  
31 307 in animal and human researches, and it suggests a general response to various  
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33  
34 308 toxicants exposure rather than specific biological response to a particular toxicant.<sup>48</sup>  
35  
36  
37 309 Still, there are some biomarkers that need to be paid attention on. Methionine can  
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40 310 converse into S-adenosylmethionine (SAM) by methionine adenosyltransferase. SAM  
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42  
43 311 donates a methyl group to arsenic to form methyl and dimethyl arsenic. In our study,  
44  
45  
46 312 *mtr* expression increased in all dose groups, and this should lead to an increase level  
47  
48  
49 313 of methionine. But this is not the case here. A lowered level of methionine in 2 ppm  
50  
51  
52 314 and 10 ppm groups indicated that higher dose arsenic exposure not only triggered  
53  
54  
55 315 methionine and SAM consumption for arsenic methylation, but also disturb other  
56  
57  
58 316 metabolism pathways that needed methyl donor, such as DNA methylation. A variety  
59  
60 317 of studies support the notion that chronic arsenic exposure caused a significant  
318 318 depletion of SAM in arsenic-transformed cells.<sup>49,50</sup> Meanwhile, the accumulation of



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4 319 cytosines in 10 ppm group might be related to restoration of modified cytosine so that  
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6  
7 320 it can replenish cytosine pools after the methylated DNA is cut off and  
8  
9 321 resynthesized.<sup>51</sup> Monoamine neurotransmitters such as dopamine (DA) and  
10  
11 322 norepinephrine (NE) are synthesized from tyrosine, which can ameliorate the working  
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13 323 memory deficit.<sup>52</sup> The lower level of tyrosine in this study provided the evidence to  
14  
15 324 support deficiency in neurotransmission as the pathophysiology of depression and  
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17 325 other neuronal defects upon arsenic exposure.<sup>53, 54</sup> Uric acid is the final oxidative  
18  
19 326 product of purine nucleotide metabolism. Previous studies showed that uric acid  
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21 327 levels in plasma and urine in rats declined after chronically exposed to arsenic,<sup>55</sup>  
22  
23 328 which supported our result and proved that arsenic exposure intervened purine  
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25 329 metabolic processes.  
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### 330 **4.3 Comparison of differential metabolites between our study and** 331 **previous studies**

332 It has been confirmed by this study and previous studies that the short-term and  
333 long-term exposure to arsenic disrupted serum metabolome in rats and mice.<sup>24, 25</sup>  
334 However, the alterations of some differential metabolites are contradicted by each  
335 other study (Table S1). For example, lysoPCs were observed to be elevated by arsenic  
336 exposure in our study and Garc á-Sevillano *et al.* study,<sup>24</sup> but they were reported to  
337 decrease in Wang *et al.* study.<sup>25</sup> It should be noted that it is difficult to reconcile  
338 opposing results found in various reports. The diversity of model systems, treatment  
339 protocols, start and end points used by different research groups to assay  
340 arsenic-induced metabolome alteration contribute to the uncertainty.

## 341 **5. Conclusion**

342 A non-targeted metabolomics approach was used to investigate serum metabolic  
343 characteristics of rats chronically exposed to arsenic. Eighteen differential metabolites  
344 in relation to arsenic exposure were selected. Metabolic abnormalities upon arsenic  
345 exposure were mainly revealed as disruption of lipid metabolism and amino acid  
346 metabolism. Rats in 2 and 10 ppm groups were intimately associated with lysolipid,  
347 sphingolipid, fatty acid beta-oxidation and amino acid metabolic abnormalities, which  
348 were further confirmed by the results of related hepatic genes expression. The present  
349 study provides new evidences to understand the mechanism of chronic arsenic  
350 toxicity, and it helps to clarify the effect of chronic low-level arsenic exposure in  
351 humans. However, the preliminary findings of this study should be confirmed by large  
352 epidemiological studies.

## 353 **Acknowledgements**

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## Appendices

Figure 1. Scoring plots of PCA (A) and PLS-DA (B) analysis. ■ control, \*QC, ● 0.5 ppm, ◆ 2 ppm, ▲ 10 ppm.

Figure 2. Arsenic-induced disruption of metabolome homeostasis in rats. A: lipid metabolism, B: amino acid metabolism and nucleotide metabolism. All the data were expressed as mean  $\pm$  standard deviation (SD). \* $p < 0.05$ , \*\* $p < 0.01$ .

Figure 3. Effects of arsenic on mRNA level of selected genes involved in lipid metabolism and amino acid metabolism. All the data were expressed as mean  $\pm$  standard deviation (SD). \* $p < 0.05$ , \*\* $p < 0.01$ .

Figure 4. A schematic representation of the reactions of differential metabolites.

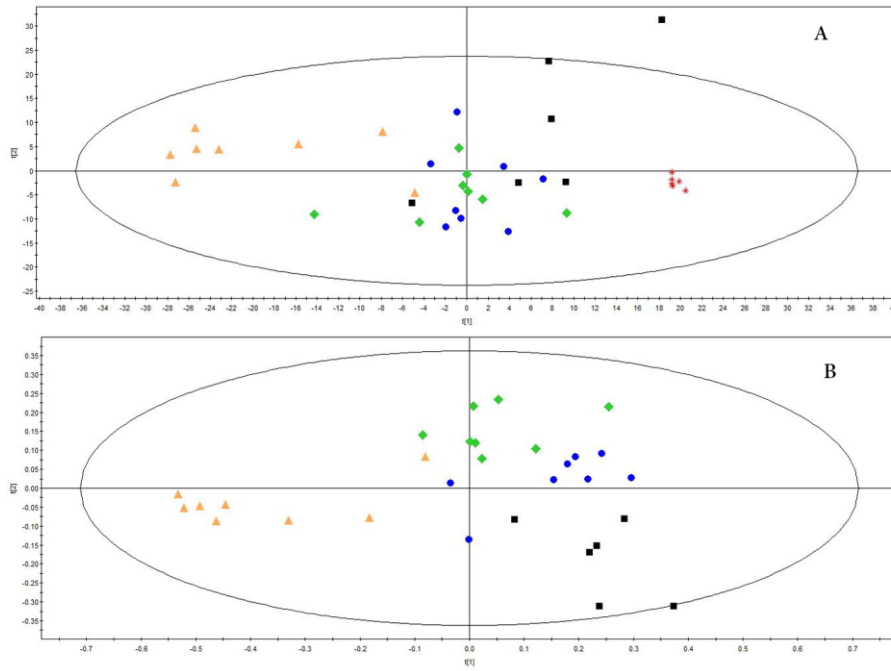


Figure 1. Scoring plots of PCA (A) and PLS-DA (B) analysis. ■ control, \*QC, ● 0.5 ppm, ◆ 2 ppm, ▲ 10 ppm.

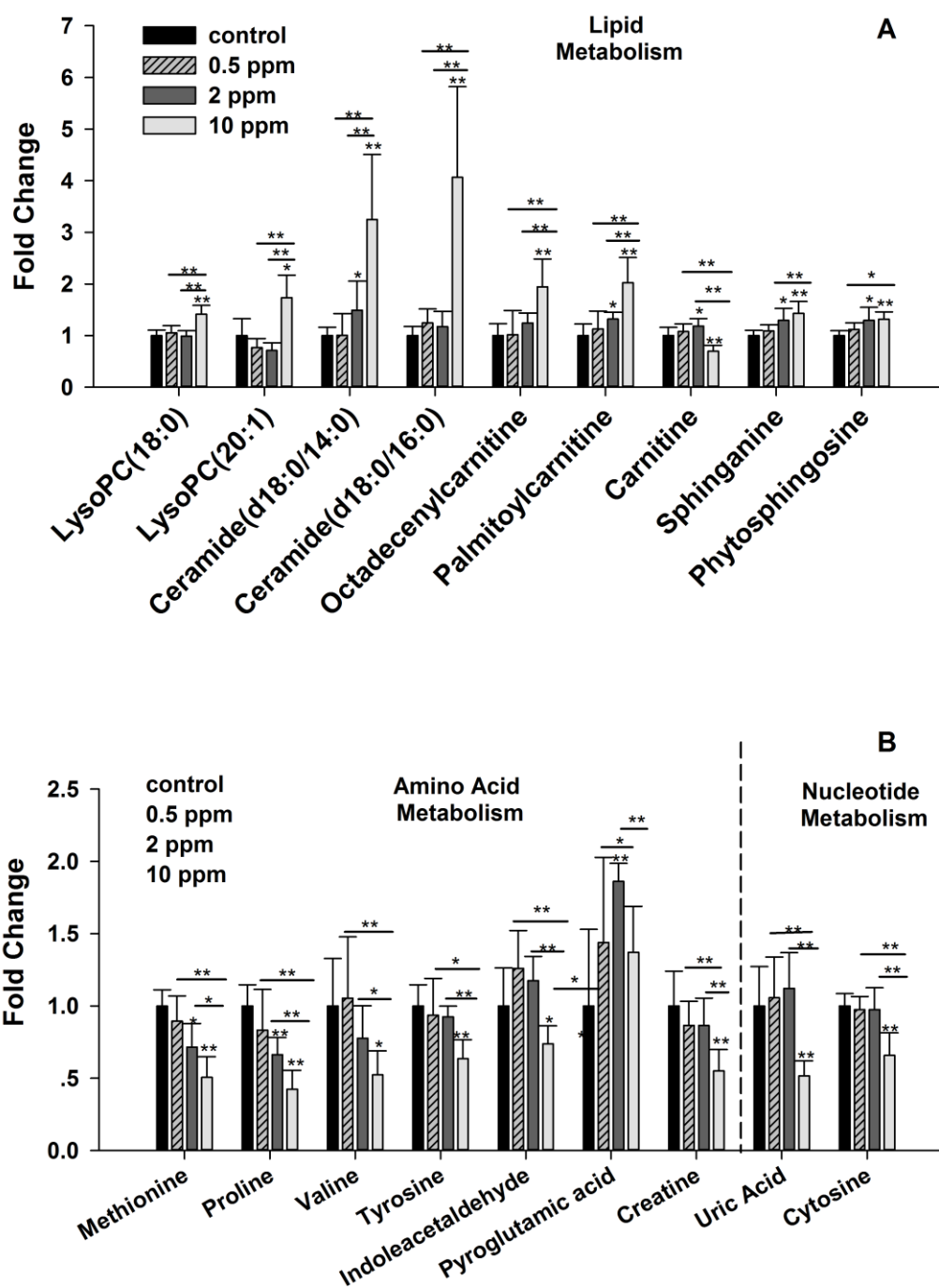


Figure 2. Arsenic-induced disruption of metabolome homeostasis in rats. A: lipid metabolism, B: amino acid metabolism and nucleotide metabolism. All the data were expressed as mean  $\pm$  standard deviation (SD). \* $p < 0.05$ , \*\* $p < 0.01$ .

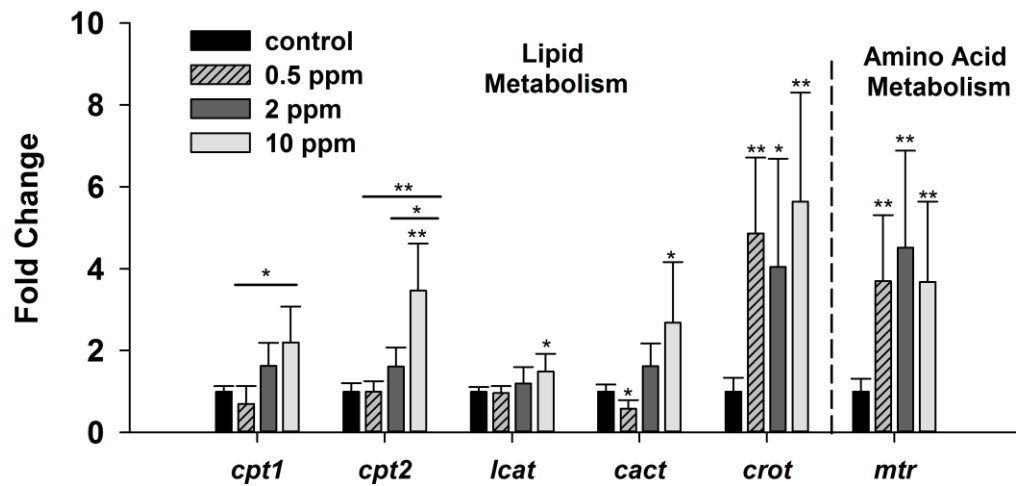


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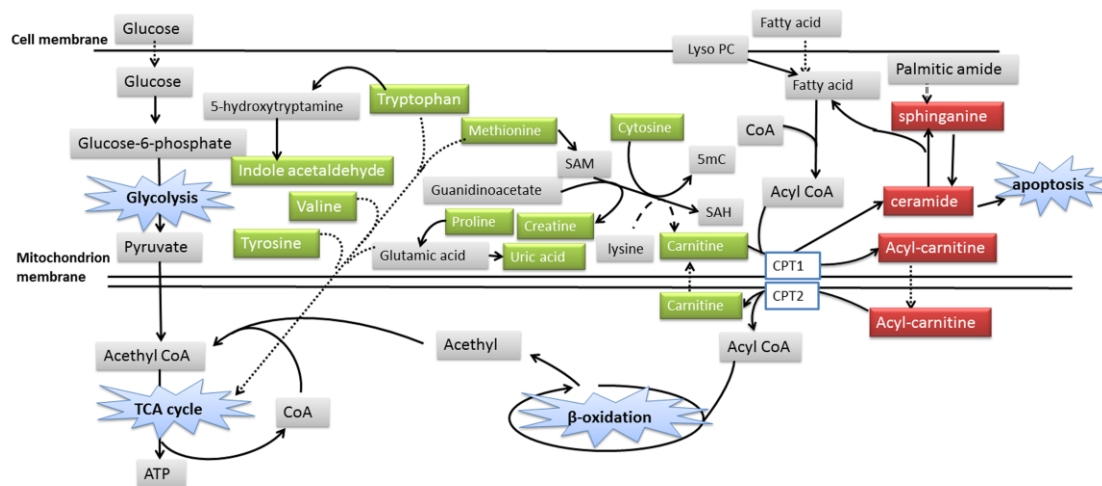


Figure 4. A schematic representation of the reactions of differential metabolites.

Table 1. Primers sequences used for real-time PCR analysis.

Gene Name	Gene Symbol		Primer(5'-3')	Target Size (bp)
Beta-actin	$\beta$ -actin	Forward	CCCATCTATGAGGGTTACGC	150
		Reverse	TTTAATGTCACGCACGATTTC	
Carnitinepalmitoyltransferase 1	cpt1	Forward	ATCCACCATTCCACTCTGCT	107
		Reverse	TGTGCCTGCTGTCCTTGATA	
Carnitinepalmitoyltransferase 2	cpt2	Forward	CTGTCCACCAGCACTCTGAA	111
		Reverse	GCAACCTATCCAGTCATCGT	
Ecithin-cholesterol acyltransferase	lcat	Forward	CTCCTTCTGGCTCCTCAATG	171
		Reverse	TCCTCTGTCTTTCGGTAGCAC	
Carnitine O-octanoyltransferase	crot	Forward	AGACGGAAGGGAGATGGAAG	168
		Reverse	AAGATGTGAAGGTAGATGCTGCT	
Mitochondrial carnitine / acylcarnitine carrier protein	cact	Forward	TTCTCCACTGCTGCTCCTG	100
		Reverse	CCTGTCTGCTCCCATTCAG	
5-methyltetrahydrofolate-homocysteine methyltransferase	mtr	Forward	GGTTCGGTTGAAGAAGAGGA	112
		Reverse	TATTACAGCCCAGCACCACA	

Table 2. Identified differential metabolites in rat serum.

Super-pathway	Sub-pathway	Biochemical name	Chemical Formula	VIP	Kruskal-Wallis Test
Lipid metabolism	Lysolipid metabolism	LysoPC(18:0)	C <sub>26</sub> H <sub>54</sub> NO <sub>7</sub> P	15.14	0.002
		LysoPC(20:1)	C <sub>28</sub> H <sub>56</sub> NO <sub>7</sub> P	4.03	0.001
	Sphingolipid metabolism	Sphinganine	C <sub>18</sub> H <sub>39</sub> NO <sub>2</sub>	7.73	0.001
		Phytosphingosine	C <sub>18</sub> H <sub>39</sub> NO <sub>3</sub>	7.24	0.008
		Ceramide(d18:0/14:0)	C <sub>32</sub> H <sub>65</sub> NO <sub>3</sub>	4.7	<0.001
		Ceramide(d18:0/16:0)	C <sub>34</sub> H <sub>69</sub> NO <sub>3</sub>	4.03	0.001
	Fatty acid beta-oxidation	Carnitine	C <sub>7</sub> H <sub>15</sub> NO <sub>3</sub>	5.3	<0.001
		Palmitoylcarnitine	C <sub>23</sub> H <sub>45</sub> NO <sub>4</sub>	4.96	<0.001
		Octadecenylcarnitine	C <sub>25</sub> H <sub>47</sub> NO <sub>4</sub>	3.72	0.002
Amino acid metabolism	Methionine metabolism / betaine metabolism / glycine and serine metabolism	Methionine	C <sub>5</sub> H <sub>11</sub> NO <sub>2</sub> S	5.67	0.001
	Arginine and proline metabolism	Proline	C <sub>5</sub> H <sub>9</sub> NO <sub>2</sub>	4.9	0.001
	Valine, leucine and isoleucine degradation / propanoate metabolism	Valine	C <sub>5</sub> H <sub>11</sub> NO <sub>2</sub>	4.7	0.006
	Phenylalanine and tyrosine metabolism / catecholamine biosynthesis	Tyrosine	C <sub>9</sub> H <sub>11</sub> NO <sub>3</sub>	4.41	0.005
	Tryptophan metabolism	Indoleacetaldehyde	C <sub>10</sub> H <sub>9</sub> NO	3.21	0.001
	Glutathione metabolism	Pyroglutamic acid	C <sub>5</sub> H <sub>7</sub> NO <sub>3</sub>	5.09	0.003



	Arginine and proline metabolism / glycine, serine and threonine metabolism	Creatine	$C_7H_{15}NO_3$	4.23	0.005
Nucleotide metabolism	Purine metabolism	Uric acid	$C_5H_4N_4O_3$	5.99	0.001
	Cytosine metabolism	Cytosine	$C_4H_5N_3O$	4.31	0.004

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