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1 Asiatic acid and maslinic acid protected heart via anti-glycative and  
2 anti-coagulatory activities in diabetic mice

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15 Running title: cardiac protection of asiatic acid and maslinic acid

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19

**1 Abstract**

2 Cardiac protective effects of asiatic acid (AA) and maslinic acid (MA) in diabetic mice were  
3 examined. These triterpenoids at 0.1 or 0.2% of the diet were supplied to diabetic mice for 12  
4 weeks. AA or MA treatments decreased plasma glucose and HbA1c levels, creatine  
5 phosphokinase and lactate dehydrogenase activities in diabetic mice ( $p<0.05$ ). AA or MA  
6 intake increased their deposit in heart; retained cardiac glutathione content; and reduced the  
7 production of reactive oxygen species,  $N^{\epsilon}$ -(carboxymethyl)-lysine, pentosidine, methylglyoxal,  
8 interleukin-6, tumor necrosis factor-alpha and monocyte chemoattractant protein-1 in heart of  
9 diabetic mice ( $p<0.05$ ). AA or MA intake lowered plasma von Willebrand factor and  
10 fibrinogen levels, and factor VII activity ( $p<0.05$ ); also maintained circulating antithrombin-III  
11 and protein C activities ( $p<0.05$ ). AA or MA treatments down-regulated cardiac expression of  
12 NADPH oxidase, aldose reductase, nuclear factor kappa B (NF- $\kappa$ B) p65 and p-p38; as well as  
13 reserved glyoxalase 1 expression ( $p<0.05$ ). These two compounds only at 0.2% lowered  
14 cardiac expression of NF- $\kappa$ B p50, p-ERK1/2 and receptor of advanced glycation endproduct  
15 ( $p<0.05$ ). These findings support that the supplement of these triterpenoids could protect  
16 heart under diabetic condition via attenuating glycative injury and coagulatory disorders.

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19 *Keywords:* Diabetes; Glycation; Coagulation; Asiatic acid; Maslinic acid

20

## 1 Introduction

2 Coagulatory disorders often occur in diabetic patients with poor glycemic control.<sup>1,2</sup> The  
3 increase of coagulation factors such as factor VII (FVII) and fibrinogen; and/or the decrease of  
4 anti-coagulation factors such as protein C and antithrombin-III (AT-III) in circulation of  
5 diabetic patients caused hypercoagulability, which facilitated the development of  
6 cardio-vascular diseases like diabetic cardiomyopathy because heart is vulnerable to diabetes  
7 associated thrombosis.<sup>3,4</sup> Furthermore, excessive production of reactive oxygen species (ROS)  
8 under diabetic condition from the activation of NADPH oxidase acts as signaling element in  
9 thrombogenic cycle, and favors the progression of local or systemic thrombosis.<sup>5,6</sup> Thus,  
10 hemostatic imbalance warrants more attention in order to avoid the occurrence of diabetic  
11 cardiomyopathy.

12 Aldose reductase (AR) is the rate-limiting enzyme of polyol pathway and converts glucose  
13 to fructose.<sup>7</sup> Excessive glucose and fructose facilitate the formation of advanced glycation  
14 endproducts (AGEs) under diabetic condition. *N*<sup>ε</sup>-(carboxymethyl)-lysine (CML) and  
15 pentosidine are predominant AGEs contributed to the progression of diabetic cardiomyopathy  
16 in diabetic patients.<sup>8,9</sup> On the other hand, glyoxalase 1 (GLO-1), the rate-limiting enzyme of  
17 glyoxalase system, detoxifies AGE's precursors such as methylglyoxal to less toxic products  
18 like D-lactate.<sup>10</sup> Thus, any agent with the ability to inhibit AR and/or enhance GLO-1  
19 expression may decrease AGEs production and diminish glycative stress. Furthermore, AGEs  
20 upregulate their membrane-anchored receptor (RAGE), and AGE-RAGE interaction activates  
21 mitogen-activated protein kinase (MAPK) and nuclear factor kappa-B (NF-κB) signaling  
22 pathways,<sup>11,12</sup> which in turn accelerates the production of inflammatory factors like tumor  
23 necrosis factor (TNF)-alpha. Thus, the suppression on RAGE, MAPK and NF-κB pathways

1 may delay diabetic progression.

2 Asiatic acid (AA) and maslinic acid (MA) are pentacyclic triterpenes naturally occurring  
3 in many vegetables and fruits such as brown mustard (*Brassica juncea*), centella (*Centella*  
4 *asiatica* L.) and olive (*Olea europaea* L.).<sup>13,14</sup> Castellano *et al.*<sup>15</sup> indicated that oleanolic acid  
5 related pentacyclic triterpenes like MA provided beneficial effects against diabetes through  
6 regulating antioxidant enzymes and transduction pathways. Ramachandran *et al.*<sup>16</sup> reported  
7 that AA improved glycemic control and lipid metabolism in diabetic rats. Thus, AA and MA  
8 are potent anti-diabetic agents. However, it remains unknown whether AA or MA could  
9 protect heart against diabetic coagulatory and glycativ disorders. Our previous study found  
10 that dietary intake of AA and MA increased their bioavailability in heart of mice.<sup>14</sup> Thus, it is  
11 highly possible that the presence of these triterpenes in heart could protect this organ against  
12 diabetes related damage.

13 The major purpose of our present study was to investigate the anti-glycative effects of AA  
14 and MA at various doses in heart of diabetic mice. The influence of these compounds upon  
15 protein expression of AR, GLO-1, NADPH oxidase, RAGE and MAPK in heart of diabetic  
16 mice was evaluated. Furthermore, the impact of these compounds upon coagulatory and  
17 anti-coagulatory factors was also examined. These results will enhance our understanding  
18 regarding the application of these triterpenes against diabetic cardiomyopathy.

19

## 20 **Materials and Methods**

### 21 *Chemicals*

22 Asiatic acid (AA, 98%) and maslinic acid (MA, 97.5%) were purchased from  
23 Sigma-Aldrich Co. (St. Louis, MO, USA).

### 1 *Animals and diets*

2 Male Balb/cA mice, 3-week old, were obtained from National Laboratory Animal Center  
3 (National Science Council, Taipei City, Taiwan). To induce diabetes, mice with body weight  
4 at  $23.7 \pm 1.2$  g were treated with a single i.v. dose (50 mg/kg) of streptozotocin dissolved in  
5 citrate buffer (pH 4.5) into the tail vein of mice after 12 hr fast. Blood glucose level was  
6 monitored on day 10 from the tail vein after 12 hr fast by using a one-touch blood glucose  
7 meter (Lifescan Inc., Milpitas, CA, USA). Mice with fasting blood glucose level  $\geq 200$  mg/dl  
8 were used for this study. Animal experiments were performed in accordance with protocols  
9 approved by the Animal Care Research Committee of China Medical University (102-36-N).

### 10 *Experimental design*

11 After diabetes was induced, mice were divided into five groups (10 mice per group):  
12 diabetic mice with 0, 0.1% AA, 0.2% AA, 0.1% MA, 0.2% MA. In addition, one group of  
13 non-diabetic mice was divided into three sub-groups, in which 0 (control), 0.2% AA or 0.2%  
14 MA was supplied. All mice had free access to feed and water at all times. Consumed water  
15 volume and feed were recorded. Body weight and plasma glucose level were measured  
16 weekly. After 12 weeks supplementation, mice were fasted for 12 hr, and killed with carbon  
17 dioxide. Blood and heart from each mouse were collected and weighted. Protein  
18 concentration of heart homogenate was determined by a commercial assay kit (Pierce  
19 Biotechnology Inc., Rockford, IL, USA) with bovine serum albumin as a standard.

### 20 *Blood analyses*

21 Plasma glucose level (mg/dl) was measured by a glucose kit (Sigma Chemical Co., St.  
22 Louis, MO, USA). Plasma HbA1c level was measured by a DCA 2000 analyzer  
23 (Bayer-Sankyo, Tokyo, Japan). Plasma insulin level ( $\mu\text{g/l}$ ) was determined by an insulin

1 radioimmunoassay kit (Linco Research Inc., St. Charles, MO, USA). Plasma activities of  
2 lactate dehydrogenase (LDH), creatine phosphokinase (CPK), alanine aminotransferase (ALT)  
3 and aspartate aminotransferase (AST) were measured by assay kits purchased from Randox  
4 Laboratories Ltd. (Crumlin, UK).

#### 5 *Determination of cardiac AA or MA content*

6 The content of target compound in heart was analyzed by the method described in Gerbeth  
7 *et al.*<sup>17</sup> Cardiac homogenate, 100  $\mu$ l, was mixed with glycyrrhetic acid as an internal  
8 standard (10  $\mu$ l of 2.0  $\mu$ g/ml methanol solution), and followed by extracting with 1 ml ethyl  
9 acetate and centrifuging at 3500  $xg$  for 10 min at 4°C. After evaporated by nitrogen, the  
10 residue was reconstituted in 100  $\mu$ l of methanol and water, the mobile phase of HPLC.  
11 Identification and quantification was processed by an HPLC-MS system (Agilent Corp,  
12 Waldbronn, Germany), in which Agilent 1100 series HPLC equipped with a BDS RP-C18  
13 column (100 mm  $\times$  4 mm, 3  $\mu$ m, Thermo Electron, Bellafonte, PA, USA), and a diode array  
14 and a fluorescence detector were applied. An ion-trap mass spectrometer equipped with an  
15 electro-spray ionization source was coupled with HPLC, and a negative single ion mode was  
16 used for analysis. The limit of detection was 0.1  $\mu$ g/g tissue. The relative standard  
17 deviations of precision and accuracy for test compound were 3.7 and 4.1%, respectively.

#### 18 *Measurement of coagulation and anti-coagulation factors*

19 Blood samples were anti-coagulated using sodium citrate. vWF antigen level was  
20 measured by a rabbit anti-rat vWF polyclonal antibody (Dako, Glostrup, Denmark), and vWF  
21 level was expressed as relative percentage of normal pooled plasma. FVII activity was  
22 determined by a kit bought from Chromogenix Co. (Lexington, MA, USA), which was  
23 positively correlated to the production of p-nitroaniline, and the absorbance at 405 nm was

1 assayed. Plasma fibrinogen level (g/l) was measured using a commercial kit (Iatrosset Fbg,  
2 Iatron Laboratory, Tokyo, Japan). PAI-1 activity (kU/l) was assayed by a kit purchased from  
3 Trinity Biotech plc. (Wicklow, Ireland). The activity of AT-III and protein C in plasma was  
4 measured by AT-III and protein C kits (Sigma Chemical Co., St. Louis, MO, USA),  
5 respectively. The activity of AT-III and protein C was expressed as a percentage of standard  
6 plasma.

#### 7 *Determination of CML, pentosidine, fructose, methylglyoxal and D-lactate levels*

8 Cardiac tissue at 50 mg was homogenized and digested with proteinase K (1 mg/ml) for 3  
9 hr at 37°C, and reaction was stopped by 2 mmol/l phenylmethylsulfonyl fluoride. CML was  
10 immunochemically determined with a competitive ELISA kit (Roche Diagnostics, Penzberg,  
11 Germany) using the CML-specific monoclonal antibody 4G9, and calibration with  
12 6-(N-carboxymethylamino)caproic acid. Absorbance at 405 nm (reference 603 nm) was read  
13 in a microtiter ELISA plate reader (Bio-Rad, Hercules, CA, USA). Pentosidine level was  
14 analyzed by a HPLC equipped with a C18 reverse-phase column and a fluorescence detector  
15 (Waters, Tokyo, Japan) with an excitation and emission wavelength at 335 and 385 nm  
16 according to the method described by Miyata *et al.*<sup>18</sup> Briefly, sample was lyophilized and acid  
17 hydrolyzed in 500 µl 6 N HCl for 16 hr at 110°C in screw-cap tubes purged with nitrogen.  
18 After neutralization with NaOH, sample was used for HPLC measurement. In addition, 50 mg  
19 heart was homogenized with phosphate buffer containing U-[<sup>13</sup>C]-sorbitol as an internal  
20 standard. After precipitating protein and centrifugation, the supernatant was lyophilized.  
21 The content of fructose in lyophilized sample was determined by liquid chromatography with  
22 tandem mass spectrometry, according to the method of Guerrant and Moss.<sup>19</sup> Methylglyoxal  
23 level was analyzed by a HPLC method.<sup>20</sup> Cardiac sample was derivatized with perchloric



1 acid and o-phenylenediamine, and followed by purification with solid-phase extraction on  
2 AccuBond extraction cartridges. After centrifugation at 5,000 xg for 20 min, supernatant was  
3 collected. Quantification of methylglyoxal was processed by a HPLC system equipped with a  
4 fluorescence detector and a RP-C18 column (5 µm particle size, 250 x 4 mm i.d.). D-lactate  
5 level was determined by an enzymatic assay kit purchased from Eton Bioscience (San Diego,  
6 CA, USA). Cardiac tissue at 25 mg was homogenized, and D-lactate was extracted by ethanol.  
7 After centrifugation at 10,000 xg for 10 min, supernatant was used for D-lactate measurement.  
8 *Measurement of ROS, glutathione (GSH), interleukin (IL)-6, TNF-alpha and monocyte*  
9 *chemoattractant protein (MCP)-1 levels*

10 Cardiac tissue was homogenized with ice-cold phosphate buffer containing 0.05% Tween  
11 20 and 1 mM EDTA. Intracellular ROS level was determined using an oxidation sensitive  
12 dye, 2',7'-dichlorofluorescein diacetate (DCFH-DA). Briefly, 500 µl homogenate was mixed  
13 with 500 µl of 2 mg/ml DCFH-DA for 30 min at 37°C. Fluorescence was measured at  
14 488 nm excitation and 525 nm emission by a fluorescence plate reader. Results are expressed  
15 as relative fluorescence unit (RFU) per mg protein. GSH concentration was measured by a  
16 commercial colorimetric glutathione assay kit (OxisResearch, Portland, OR, USA). Levels of  
17 IL-6 and TNF-alpha were quantified using ELISA kits (R&D Systems, Minneapolis, MN,  
18 USA). MCP-1 level was assayed by a cytoscreen immunoassay kit (BioSource International,  
19 Camarillo, CA, USA).

#### 20 *Western blot analysis*

21 Cardiac tissue, 40 mg, was homogenized in buffer containing 0.5% Triton X-100 and  
22 protease-inhibitor cocktail (1:1000, Sigma-Aldrich Chemical Co., St. Louis, MO, USA). This  
23 homogenate was further mixed with buffer (60 mmol/l Tris-HCl, 2% SDS and 2%

1  $\beta$ -mercaptoethanol, pH 7.2), and boiled for 5 min. Sample at 40  $\mu$ g protein was applied to  
2 10% SDS-polyacrylamide gel electrophoresis, and transferred to a nitrocellulose membrane  
3 (Millipore, Bedford, MA, USA) for 1 hr. After blocking with a solution containing 5% nonfat  
4 milk for 1 hr, membrane was incubated with anti-RAGE (1:500), anti-AR, anti-SDH,  
5 anti-GLO-1, anti-GLO-2, anti-p47<sup>phox</sup>, anti-gp91<sup>phox</sup>, anti-NF- $\kappa$ B p65, anti-NF- $\kappa$ B p50 (1:1000)  
6 or anti-MAPK (1:2000) monoclonal antibody (Boehringer-Mannheim, Indianapolis, IN, USA)  
7 at 4°C overnight, and followed by reacting with horseradish peroxidase-conjugated antibody for  
8 3.5 hr at room temperature. Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) was used  
9 as a loading control. The detected bands were quantified by an image analyzer (ATTO,  
10 Tokyo, Japan) and normalized against GAPDH.

#### 11 *Statistical analysis*

12 All data were expressed as mean  $\pm$  standard deviation (SD). Statistical analysis was done  
13 using one-way analysis of variance, and post-hoc comparisons were carried out using Dunnett's  
14 t-test. Statistical significance is defined as  $p < 0.05$ .

15

## 16 **Results**

### 17 *Effects of AA or MA upon diabetic characteristic.*

18 For normal mice, AA or MA intake at 0.2% increased their deposit in heart, but did not affect  
19 any measurements. As shown in Table 1, diabetes lowered body weight, increased feed intake  
20 and water intake ( $p < 0.05$ ); however, AA or MA intake at two doses improved body weight loss  
21 and lowered feed intake; only at 0.2% decreased water intake ( $p < 0.05$ ). AA or MA intake at  
22 0.2% increased cardiac content of these compounds in diabetic mice. Diabetes decreased  
23 plasma insulin level, increased plasma glucose and HbA1c levels, and CPK and LDH activities

1 (Table 2,  $p<0.05$ ). AA or MA intake at both doses lowered plasma glucose and HbA1c levels,  
2 CPK and LDH activities ( $p<0.05$ ); but plasma insulin level was restored by these compounds  
3 only at 0.2% ( $p<0.05$ ). AA or MA intake did not affect ALT and AST levels ( $p>0.05$ ).

4 *Effects of AA or MA upon coagulatory and anti-coagulatory factors.*

5 Diabetes caused the increase in plasma level or activity of vWF, FVII, fibrinogen and PAI-1  
6 (Table 3,  $p<0.05$ ). AA or MA intake at both doses decreased vWF level, and at 0.2% lowered  
7 fibrinogen level and FVII activity ( $p<0.05$ ); but failed to alter PAI-1 activity ( $p>0.05$ ).  
8 Diabetes reduced plasma AT-III and protein C activities ( $p<0.05$ ). AA or MA intake retained  
9 AT-III activity, and only at 0.2% maintained protein C activity ( $p<0.05$ ).

10 *Effects of AA or MA upon oxidative and glycativ factors.*

11 Diabetes lowered GSH content; and increased ROS level in heart (Table 4,  $p<0.05$ ); AA or MA  
12 intake at both doses retained cardiac GSH content and reduced cardiac ROS level ( $p<0.05$ ).  
13 Diabetes also increased CML, pentosidine, fructose and methylglyoxal levels, as well as  
14 decreased D-lactate level in heart ( $p<0.05$ ). AA or MA intake at test doses lowered cardiac  
15 levels of CML, pentosidine, fructose and methylglyoxal; and raised D-lactate generation  
16 ( $p<0.05$ ). As shown in Fig. 1, diabetes up-regulated cardiac expression of p47<sup>phox</sup>, gp91<sup>phox</sup>,  
17 AR, SDH and RAGE; and down-regulated cardiac expression of GLO-1 and GLO-2 ( $p<0.05$ ).  
18 AA or MA intake at two doses down-regulated p47<sup>phox</sup> and AR expression, and only at 0.2%  
19 reduced gp91<sup>phox</sup> and RAGE expression ( $p<0.05$ ). AA or MA intake at test doses also  
20 reserved GLO-1 expression ( $p<0.05$ ). Cardiac SDH and GLO-2 expression were not affected  
21 by either AA or MA ( $p>0.05$ ).

22 *Effects of AA or MA upon NF- $\kappa$ B and MAPK expression.*

23 Diabetes increased cardiac release of MCP-1, IL-6 and TNF-alpha (Table 5,  $p<0.05$ ). AA or

1 MA intake at both doses decreased these cytokines in heart ( $p<0.05$ ). Diabetes enhanced  
2 cardiac expression of NF- $\kappa$ B and MAPK (Fig. 2,  $p<0.05$ ). AA or MA intake at two doses  
3 down-regulated NF- $\kappa$ B p65 and p-p38 expression ( $p<0.05$ ). These two compounds only at  
4 0.2% lowered NF- $\kappa$ B p50 and p-ERK1/2 expression in heart ( $p<0.05$ ).

## 6 Discussion

7 Our present study found that the intake of AA or MA resulted in their deposit in heart,  
8 benefited glycemic control and protected heart against diabetes induced hyper-coagulatory and  
9 glycativ stress. Moreover, AA and MA could regulate cardiac NADPH oxidase, polyol,  
10 NF- $\kappa$ B and MAPK pathways, which in turn alleviated oxidative and inflammatory injury in  
11 heart of diabetic mice. These findings suggest that these two triterpenoids could provide  
12 multiple protections for heart against diabetes.

13 Hypercoagulability is an important contributor for the development of vascular  
14 complications for diabetic patients.<sup>21</sup> vWF is involved in platelet adhesion and aggregation.<sup>22</sup>  
15 FVII is the first enzyme in blood coagulation system for triggering the clotting cascade.<sup>23</sup>  
16 Fibrinogen is a precursor in fibrin formation and a cofactor in platelet aggregation; and PAI-1  
17 is the primary physiologic inhibitor of fibrinolysis.<sup>24</sup> Thus, the elevated circulating level or  
18 activity of vWF, FVII, fibrinogen and PAI-1 in those diabetic mice revealed a predominance of  
19 coagulation, which obviously favored the progression of thrombosis. However, our data  
20 indicated that AA or MA supplement at 0.1 and/or 0.2% lowered vWF and fibrinogen levels,  
21 and FVII activity, which contributed to attenuate coagulatory disorder. On the other hand,  
22 AT-III and protein C are anti-coagulation factors because AT-III inhibits the activity of several  
23 proteases in the coagulation cascade, and protein C inactivates coagulation factors such as

1 FVII.<sup>3</sup> We found that AA or MA treatments at 0.2% retained AT-III and protein C activities,  
2 which in turn benefited fibrinolysis. Apparently, the anti-coagulatory effects of these  
3 compounds could be partially ascribed to they enhance thrombolysis. These findings  
4 indicated that AA or MA could reduce the risk of diabetes associated atherogenesis and  
5 thrombosis via regulating both coagulatory and anti-coagulatory factors.

6 It is known that hyperglycemia raises oxidative stress, which subsequently enhances the  
7 release of vWF and fibrinogen.<sup>25</sup> Furthermore, ROS could stimulate platelet hyperactivity and  
8 facilitate coagulation.<sup>4,26</sup> Our data revealed that AA or MA could exhibit anti-oxidative  
9 activities, via suppressing protein expression of p47<sup>phox</sup> and gp91<sup>phox</sup>, subunits of NADPH  
10 oxidase, to decrease ROS generation and spare GSH content in heart of diabetic mice. These  
11 results supported that AA and MA through their anti-oxidative actions diminished cardiac  
12 oxidative injury, which consequently mitigated oxidative stress in circulation and reversed  
13 hemostatic imbalance.

14 It is reported that the accumulation of HbA1c, CML and pentosidine in circulation and  
15 heart impairs cardiac functions.<sup>9,27</sup> The enhanced activity and expression of aldose reductase  
16 promoted AGEs formation and caused heart failure under diabetic condition.<sup>28,29</sup> In this  
17 present study, AA or MA intake markedly decreased protein expression of this enzyme in heart  
18 of diabetic mice, which subsequently reduced fructose flux and AGEs production. These  
19 findings suggest that these triterpenoids could abate cardiac glycative injury by inhibiting  
20 aldose reductase. On the other hand, GLO-1 is responsible for the detoxification of  
21 methylglyoxal to D-lactate.<sup>10,30</sup> Our data revealed that AA or MA could reserve cardiac  
22 expression of GLO-1, decrease methylglyoxal level and increase D-lactate formation. Thus,  
23 the observed lower cardiac CML and pentosidine levels in AA or MA-treated diabetic mice

1 could be partially ascribed to these compounds enhance glyoxalase pathway. These findings  
2 suggest that these two triterpenoids are potent GLO-1 enhancers.

3 The activation of NF- $\kappa$ B and MAPK pathways by ROS and/or AGE-RAGE interaction  
4 exacerbates the progression of inflammation, endothelial dysfunctions and hypercoagulation in  
5 heart and/or other organs through accelerating the formation of glycative, oxidant,  
6 inflammatory and even coagulant factors.<sup>31-33</sup> It is reported that the increased release of  
7 inflammatory cytokines and chemoattractants promoted the occurrence of diabetic heart  
8 failure.<sup>34</sup> Our data revealed that AA or MA treatments already decreased cardiac production  
9 of ROS, AGEs and RAGE, which in turn diminished the interaction of AGEs and RAGE, and  
10 led to less activation of NF- $\kappa$ B and MAPK molecules. Consequently, it was reasonable to  
11 observe the limited expression of NF- $\kappa$ B p50, p65, p-p38 and p-ERK1/2 in heart of diabetic  
12 mice with AA or MA treatments. Meanwhile, the decreased release of IL-6, TNF-alpha and  
13 MCP-1 in heart of those diabetic mice also agreed that NF- $\kappa$ B and MAPK pathways have been  
14 suppressed. Since cardiac oxidative, inflammatory and glycative injury in diabetic mice has  
15 been ameliorated, the improvement in cardiac functions, evidenced by the changes in CPK and  
16 LDH activities, could be explained. On the other hand, it is possible that these agents  
17 decreased the interaction among glycative, inflammatory and oxidative factors in circulation  
18 and heart, which subsequently alleviated cardiac damage. The other possibility is that the  
19 intake of these triterpenoids also led to their presence in other organs, and protected those  
20 tissues to reduce systemic oxidative, inflammatory and glycative responses, which contributed  
21 to mitigate cardiac injury. The improvement in glycemic control, body weight, feed and water  
22 intake in these AA or MA treated diabetic mice seemingly agreed that the overall oxidative,  
23 glycative and inflammatory stresses have been attenuated.

1 AA and MA are triterpenoids naturally occurring in many plant foods. The intake of  
2 these agents at 0.2% for mice is approximately equal to 28 g/day for a 70-kg adult. Our  
3 previous study<sup>14</sup> and present study indicated that dietary intake of these triterpenoids increased  
4 their bioavailability in organs including heart and kidney; and did not cause any toxic sign.  
5 Thus, these triterpenoids might be safe and feasible for application. However, we found that  
6 diabetic mice had lower AA or MA deposit in hearts when compared with normal mice. Both  
7 AA and MA are lipophilic compounds; thus, they might enhance metabolic burden under  
8 diabetic condition, and lead to lower cardiac bioavailability. Thus, the supplement of these  
9 agents for diabetic subjects should consider their metabolic capability.

10 In summary, dietary intake of asiatic acid or maslinic acid at 0.2% markedly declined  
11 NADPH oxidase, polyol, RAGE, NF- $\kappa$ B and MAPK pathways in heart of diabetic mice, which  
12 in turn decreased cardiac levels of ROS, AGEs and inflammatory cytokines. Furthermore,  
13 these compounds mitigated hemostatic disorders via lowering vWF, FVII and fibrinogen levels  
14 or activity, as well as retaining protein C and AT-III activities in circulation. These findings  
15 support that the supplement of these triterpenoids or foods rich in these compounds may protect  
16 heart under diabetic condition to attenuate glycativ injury and coagulatory disorders.

#### 17 18 **Conflict of interest statement**

19 There was no Conflict of Interest regarding this manuscript.

#### 20 21 **Acknowledgement**

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1 **Table 1**

2 Body weight (BW, g/mouse), water intake (WI, ml/mouse/day), feed intake (FI, g/mouse/day), heart weight (HW, mg/mouse) and  
 3 cardiac content ( $\mu\text{g/g}$ ) of AA or MA in normal or diabetic mice treated with AA or MA at 0, 0.1 or 0.2% for 12 weeks. Values are  
 4 mean  $\pm$  SD, n=10.

	Normal			DM				
		AA, 0.2	MA, 0.2		AA, 0.1	AA, 0.2	MA, 0.1	MA, 0.2
BW	30.6 $\pm$ 2.0 <sup>d</sup>	29.7 $\pm$ 1.5 <sup>d</sup>	30.2 $\pm$ 2.2 <sup>d</sup>	12.8 $\pm$ 0.9 <sup>a</sup>	14.9 $\pm$ 0.5 <sup>b</sup>	18.6 $\pm$ 1.0 <sup>c</sup>	15.3 $\pm$ 0.7 <sup>b</sup>	19.2 $\pm$ 1.3 <sup>c</sup>
WI	2.3 $\pm$ 0.5 <sup>a</sup>	2.5 $\pm$ 0.6 <sup>a</sup>	2.2 $\pm$ 0.4 <sup>a</sup>	6.1 $\pm$ 1.0 <sup>c</sup>	5.4 $\pm$ 0.8 <sup>c</sup>	4.0 $\pm$ 0.4 <sup>b</sup>	5.5 $\pm$ 0.8 <sup>c</sup>	3.7 $\pm$ 0.7 <sup>b</sup>
FI	2.2 $\pm$ 0.7 <sup>a</sup>	2.0 $\pm$ 0.8 <sup>a</sup>	2.3 $\pm$ 0.5 <sup>a</sup>	5.8 $\pm$ 1.2 <sup>d</sup>	4.6 $\pm$ 0.6 <sup>c</sup>	3.4 $\pm$ 0.5 <sup>b</sup>	4.3 $\pm$ 0.7 <sup>c</sup>	3.2 $\pm$ 0.8 <sup>b</sup>
HW	149 $\pm$ 7 <sup>a</sup>	151 $\pm$ 5 <sup>a</sup>	147 $\pm$ 8 <sup>a</sup>	152 $\pm$ 4 <sup>a</sup>	146 $\pm$ 9 <sup>a</sup>	150 $\pm$ 6 <sup>a</sup>	148 $\pm$ 10 <sup>a</sup>	145 $\pm$ 5 <sup>a</sup>
AA	-*. <sup>a</sup>	1.34 $\pm$ 0.11 <sup>c</sup>	- <sup>a</sup>	- <sup>a</sup>	- <sup>a</sup>	0.88 $\pm$ 0.08 <sup>b</sup>	- <sup>a</sup>	- <sup>a</sup>
MA	- <sup>a</sup>	- <sup>a</sup>	1.29 $\pm$ 0.07 <sup>c</sup>	- <sup>a</sup>	- <sup>a</sup>	- <sup>a</sup>	- <sup>a</sup>	0.76 $\pm$ 0.05 <sup>b</sup>

5 \*Means too low to be detected.

6 <sup>a-d</sup>Means in a row without a common letter differ,  $p < 0.05$ .

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1 **Table 2**

2 Plasma level of glucose (mmol/l), HbA1c (%), insulin (nmol/l), CPK (IU/l), LDH (IU/l), ALT (U/l) and AST (U/l) in normal or  
 3 diabetic mice treated with AA or MA at 0, 0.1 or 0.2% for 12 weeks. Values are mean  $\pm$  SD, n=10.

	Normal			DM				
		AA, 0.2	MA, 0.2		AA, 0.1	AA, 0.2	MA, 0.1	MA, 0.2
Glucose	9.3 $\pm$ 0.3 <sup>a</sup>	9.1 $\pm$ 0.5 <sup>a</sup>	9.4 $\pm$ 0.7 <sup>a</sup>	28.2 $\pm$ 2.3 <sup>d</sup>	23.0 $\pm$ 1.5 <sup>c</sup>	17.1 $\pm$ 0.9 <sup>b</sup>	21.7 $\pm$ 1.1 <sup>c</sup>	16.0 $\pm$ 0.8 <sup>b</sup>
HbA1c	2.5 $\pm$ 0.4 <sup>a</sup>	2.7 $\pm$ 0.5 <sup>a</sup>	2.4 $\pm$ 0.3 <sup>a</sup>	12.1 $\pm$ 1.2 <sup>d</sup>	9.2 $\pm$ 0.9 <sup>c</sup>	6.5 $\pm$ 0.7 <sup>b</sup>	9.6 $\pm$ 1.0 <sup>c</sup>	7.0 $\pm$ 0.6 <sup>b</sup>
Insulin	14.1 $\pm$ 0.7 <sup>c</sup>	14.7 $\pm$ 0.6 <sup>c</sup>	14.3 $\pm$ 0.5 <sup>c</sup>	5.3 $\pm$ 0.4 <sup>a</sup>	6.2 $\pm$ 0.7 <sup>a</sup>	7.4 $\pm$ 0.8 <sup>b</sup>	6.0 $\pm$ 0.6 <sup>a</sup>	7.7 $\pm$ 0.3 <sup>b</sup>
CPK	56.7 $\pm$ 2.0 <sup>a</sup>	54.2 $\pm$ 1.7 <sup>a</sup>	57.0 $\pm$ 2.3 <sup>a</sup>	202.2 $\pm$ 13.8 <sup>d</sup>	164.7 $\pm$ 10.8 <sup>c</sup>	113.5 $\pm$ 9.6 <sup>b</sup>	156.3 $\pm$ 5.3 <sup>c</sup>	109.6 $\pm$ 7.1 <sup>b</sup>
LDH	32.5 $\pm$ 1.8 <sup>a</sup>	33.4 $\pm$ 1.2 <sup>a</sup>	34.1 $\pm$ 1.5 <sup>a</sup>	166.4 $\pm$ 11.0 <sup>d</sup>	129.5 $\pm$ 8.5 <sup>c</sup>	90.3 $\pm$ 6.7 <sup>b</sup>	132.8 $\pm$ 10.4 <sup>c</sup>	96.8 $\pm$ 7.2 <sup>b</sup>
ALT	26 $\pm$ 3 <sup>a</sup>	28 $\pm$ 5 <sup>a</sup>	27 $\pm$ 4 <sup>a</sup>	30 $\pm$ 3 <sup>a</sup>	25 $\pm$ 4 <sup>a</sup>	27 $\pm$ 3 <sup>a</sup>	29 $\pm$ 3 <sup>a</sup>	28 $\pm$ 2 <sup>a</sup>
AST	33 $\pm$ 4 <sup>a</sup>	35 $\pm$ 2 <sup>a</sup>	35 $\pm$ 3 <sup>a</sup>	36 $\pm$ 2 <sup>a</sup>	34 $\pm$ 2 <sup>a</sup>	35 $\pm$ 4 <sup>a</sup>	33 $\pm$ 2 <sup>a</sup>	34 $\pm$ 3 <sup>a</sup>

4 <sup>a-d</sup>Means in a row without a common letter differ,  $p < 0.05$ .

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1 **Table 3**

2 Plasma level of vWF (%) and fibrinogen (g/l); and activity of FVII activity (%), PAI-1 (kU/l), AT-III (%) and protein C (%) in  
 3 normal or diabetic mice treated with AA or MA at 0, 0.1 or 0.2% for 12 weeks. Values are mean  $\pm$  SD, n=10.

	Normal			DM				
		AA, 0.2	MA, 0.2		AA, 0.1	AA, 0.2	MA, 0.1	MA, 0.2
vWF	100 <sup>a</sup>	98 $\pm$ 4 <sup>a</sup>	97 $\pm$ 3 <sup>a</sup>	411 $\pm$ 23 <sup>f</sup>	352 $\pm$ 16 <sup>e</sup>	267 $\pm$ 9 <sup>c</sup>	318 $\pm$ 10 <sup>d</sup>	198 $\pm$ 12 <sup>b</sup>
Fibrinogen	2.38 $\pm$ 0.11 <sup>a</sup>	2.25 $\pm$ 0.13 <sup>a</sup>	2.23 $\pm$ 0.10 <sup>a</sup>	5.08 $\pm$ 0.26 <sup>c</sup>	4.95 $\pm$ 0.19 <sup>c</sup>	3.91 $\pm$ 0.15 <sup>b</sup>	5.02 $\pm$ 0.21 <sup>c</sup>	4.04 $\pm$ 0.13 <sup>b</sup>
FVII	100 <sup>a</sup>	96 $\pm$ 3 <sup>a</sup>	99 $\pm$ 2 <sup>a</sup>	313 $\pm$ 19 <sup>c</sup>	304 $\pm$ 12 <sup>c</sup>	225 $\pm$ 15 <sup>b</sup>	301 $\pm$ 7 <sup>c</sup>	208 $\pm$ 10 <sup>b</sup>
PAI-1	7.1 $\pm$ 0.6 <sup>a</sup>	7.3 $\pm$ 0.5 <sup>a</sup>	6.9 $\pm$ 0.7 <sup>a</sup>	20.2 $\pm$ 1.3 <sup>b</sup>	19.5 $\pm$ 1.0 <sup>b</sup>	19.0 $\pm$ 0.8 <sup>b</sup>	19.2 $\pm$ 0.7 <sup>b</sup>	19.1 $\pm$ 1.2 <sup>b</sup>
AT-III	142 $\pm$ 10 <sup>d</sup>	139 $\pm$ 7 <sup>d</sup>	144 $\pm$ 8 <sup>d</sup>	68 $\pm$ 2 <sup>a</sup>	83 $\pm$ 5 <sup>b</sup>	105 $\pm$ 9 <sup>c</sup>	80 $\pm$ 4 <sup>b</sup>	107 $\pm$ 7 <sup>c</sup>
Protein C	98 $\pm$ 5 <sup>c</sup>	95 $\pm$ 8 <sup>c</sup>	97 $\pm$ 6 <sup>c</sup>	54 $\pm$ 4 <sup>a</sup>	60 $\pm$ 5 <sup>a</sup>	79 $\pm$ 3 <sup>b</sup>	59 $\pm$ 2 <sup>a</sup>	77 $\pm$ 4 <sup>b</sup>

4 <sup>a-f</sup>Means in a row without a common letter differ,  $p < 0.05$ .

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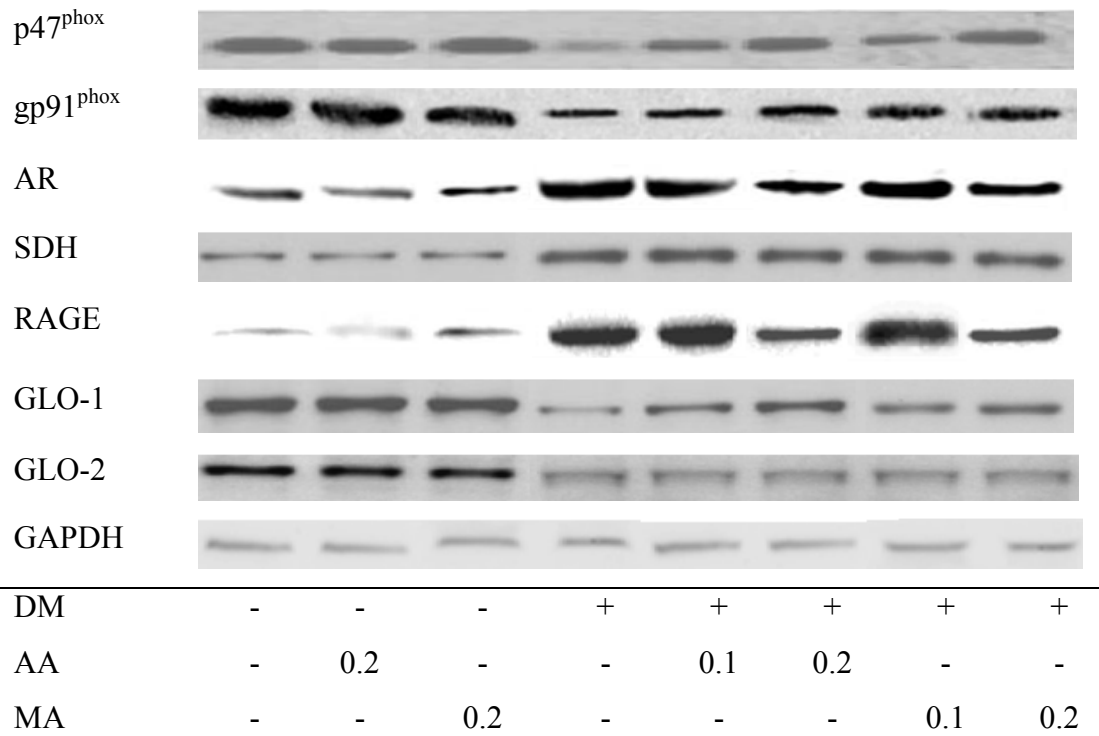
1 **Table 4**

2 Cardiac level of GSH (nmol/mg protein), ROS (RFU/mg protein), CML (pmol/mg protein), pentosidine (pmol/mg protein), fructose  
 3 (nmol/mg protein), methylglyoxal (nmol/mg protein) and D-lactate (nmol/mg protein) in normal or diabetic mice treated with AA or  
 4 MA at 0, 0.1 or 0.2% for 12 weeks. Values are mean  $\pm$  SD, n=10.

	Normal			DM				
		AA, 0.2	MA, 0.2		AA, 0.1	AA, 0.2	MA, 0.1	MA, 0.2
GSH	20.3 $\pm$ 1.1 <sup>d</sup>	21.0 $\pm$ 1.3 <sup>d</sup>	20.6 $\pm$ 0.8 <sup>d</sup>	8.8 $\pm$ 0.7 <sup>a</sup>	11.5 $\pm$ 0.9 <sup>b</sup>	15.2 $\pm$ 1.2 <sup>c</sup>	12.0 $\pm$ 0.6 <sup>b</sup>	14.7 $\pm$ 1.0 <sup>c</sup>
ROS	0.24 $\pm$ 0.08 <sup>a</sup>	0.27 $\pm$ 0.05 <sup>a</sup>	0.25 $\pm$ 0.04 <sup>a</sup>	1.25 $\pm$ 0.14 <sup>d</sup>	0.90 $\pm$ 0.11 <sup>c</sup>	0.63 $\pm$ 0.07 <sup>b</sup>	0.95 $\pm$ 0.12 <sup>c</sup>	0.59 $\pm$ 0.06 <sup>b</sup>
CML	8.2 $\pm$ 0.8 <sup>a</sup>	8.0 $\pm$ 1.0 <sup>a</sup>	7.8 $\pm$ 1.3 <sup>a</sup>	79.4 $\pm$ 4.2 <sup>f</sup>	66.8 $\pm$ 2.6 <sup>e</sup>	53.2 $\pm$ 3.1 <sup>c</sup>	60.3 $\pm$ 2.9 <sup>d</sup>	45.1 $\pm$ 3.3 <sup>b</sup>
Pentosidine	0.21 $\pm$ 0.04 <sup>a</sup>	0.19 $\pm$ 0.5 <sup>a</sup>	0.22 $\pm$ 0.6 <sup>a</sup>	1.42 $\pm$ 0.16 <sup>d</sup>	1.15 $\pm$ 0.11 <sup>c</sup>	0.78 $\pm$ 0.09 <sup>b</sup>	1.07 $\pm$ 0.13 <sup>c</sup>	0.80 $\pm$ 0.10 <sup>b</sup>
Fructose	17.1 $\pm$ 1.4 <sup>a</sup>	16.8 $\pm$ 1.2 <sup>a</sup>	17.3 $\pm$ 1.5 <sup>a</sup>	90.1 $\pm$ 4.7 <sup>d</sup>	72.3 $\pm$ 3.5 <sup>c</sup>	46.2 $\pm$ 2.1 <sup>b</sup>	69.5 $\pm$ 2.9 <sup>c</sup>	43.0 $\pm$ 3.1 <sup>b</sup>
Methylglyoxal	0.68 $\pm$ 0.04 <sup>a</sup>	0.65 $\pm$ 0.05 <sup>a</sup>	0.63 $\pm$ 0.03 <sup>a</sup>	6.63 $\pm$ 0.28 <sup>d</sup>	4.51 $\pm$ 0.16 <sup>c</sup>	2.06 $\pm$ 0.13 <sup>b</sup>	4.39 $\pm$ 0.09 <sup>c</sup>	2.17 $\pm$ 0.21 <sup>b</sup>
D-lactate	79.2 $\pm$ 2.5 <sup>d</sup>	80.5 $\pm$ 1.9 <sup>d</sup>	81.1 $\pm$ 2.7 <sup>d</sup>	49.5 $\pm$ 1.3 <sup>a</sup>	57.3 $\pm$ 1.7 <sup>b</sup>	66.7 $\pm$ 2.0 <sup>c</sup>	59.2 $\pm$ 1.5 <sup>b</sup>	68.1 $\pm$ 1.8 <sup>c</sup>

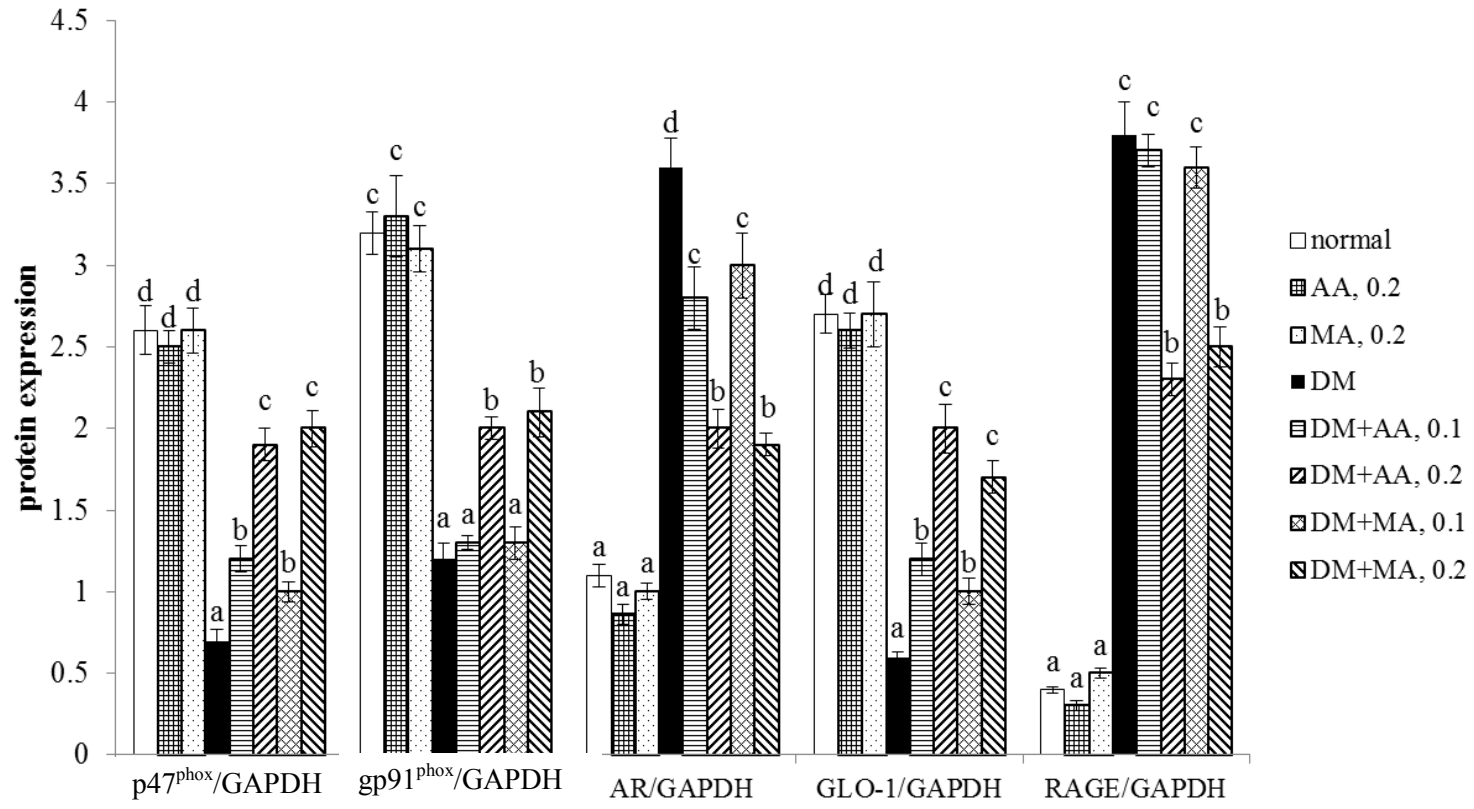
5 <sup>a-f</sup>Means in a row without a common letter differ,  $p < 0.05$ .

1 **Fig. 1.** Cardiac expression of p47<sup>phox</sup>, gp91<sup>phox</sup>, AR, SDH, RAGE, GLO-1 and GLO-2 in  
 2 normal or diabetic mice treated with AA or MA at 0, 0.1 or 0.2% for 12 weeks was detected by  
 3 western blot analyses. GAPDH was used as loading control. p47<sup>phox</sup>, gp91<sup>phox</sup>, AR, SDH,  
 4 RAGE, GLO-1 and GLO-2 protein bands were normalized to GAPDH expression. A  
 5 representative image is shown. Each bar represents the mean  $\pm$  SD, n=10. <sup>a-d</sup>Means among  
 6 bars without a common letter differ,  $p < 0.05$ .



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1 **Table 5**

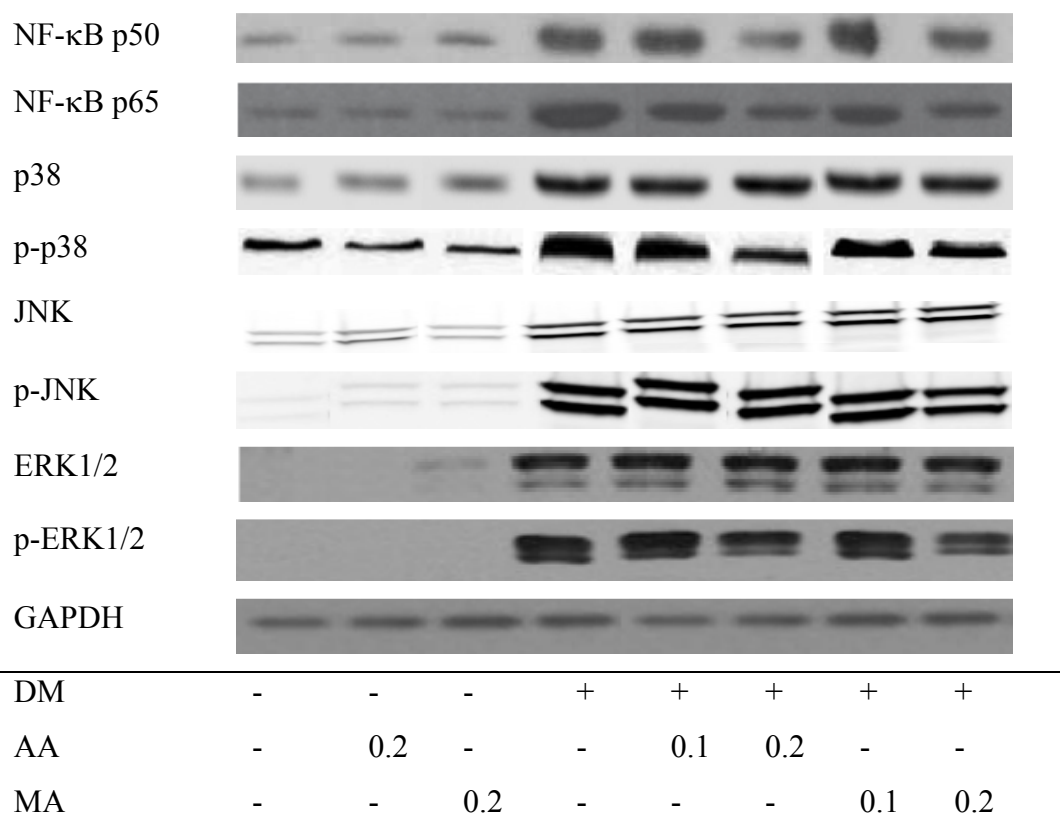
2 Cardiac level (pg/ml) of MCP-1, IL-6 and TNF-alpha in normal or diabetic mice treated with AA or MA at 0, 0.1 or 0.2% for 12  
3 weeks. Values are mean ± SD, n=10.

	Normal			DM				
		AA, 0.2	MA, 0.2		AA, 0.1	AA, 0.2	MA, 0.1	MA, 0.2
MCP-1	12.2±1.3 <sup>a</sup>	10.5±1.2 <sup>a</sup>	11.4±1.1 <sup>a</sup>	79.5±4.2 <sup>d</sup>	58.1±2.6 <sup>c</sup>	41.6±2.9 <sup>b</sup>	55.9±3.0 <sup>c</sup>	38.3±2.5 <sup>b</sup>
IL-6	13.4±0.8 <sup>a</sup>	12.8±1.5 <sup>a</sup>	11.9±1.2 <sup>a</sup>	92.1±3.9 <sup>d</sup>	74.7±3.0 <sup>c</sup>	47.8±3.1 <sup>b</sup>	75.2±1.8 <sup>c</sup>	45.2±2.0 <sup>b</sup>
TNF-alpha	11.6±1.0 <sup>a</sup>	11.0±1.4 <sup>a</sup>	10.7±0.7 <sup>a</sup>	108.6±5.0 <sup>d</sup>	80.2±3.6 <sup>c</sup>	52.6±3.3 <sup>b</sup>	76.1±2.2 <sup>c</sup>	48.6±2.7 <sup>b</sup>

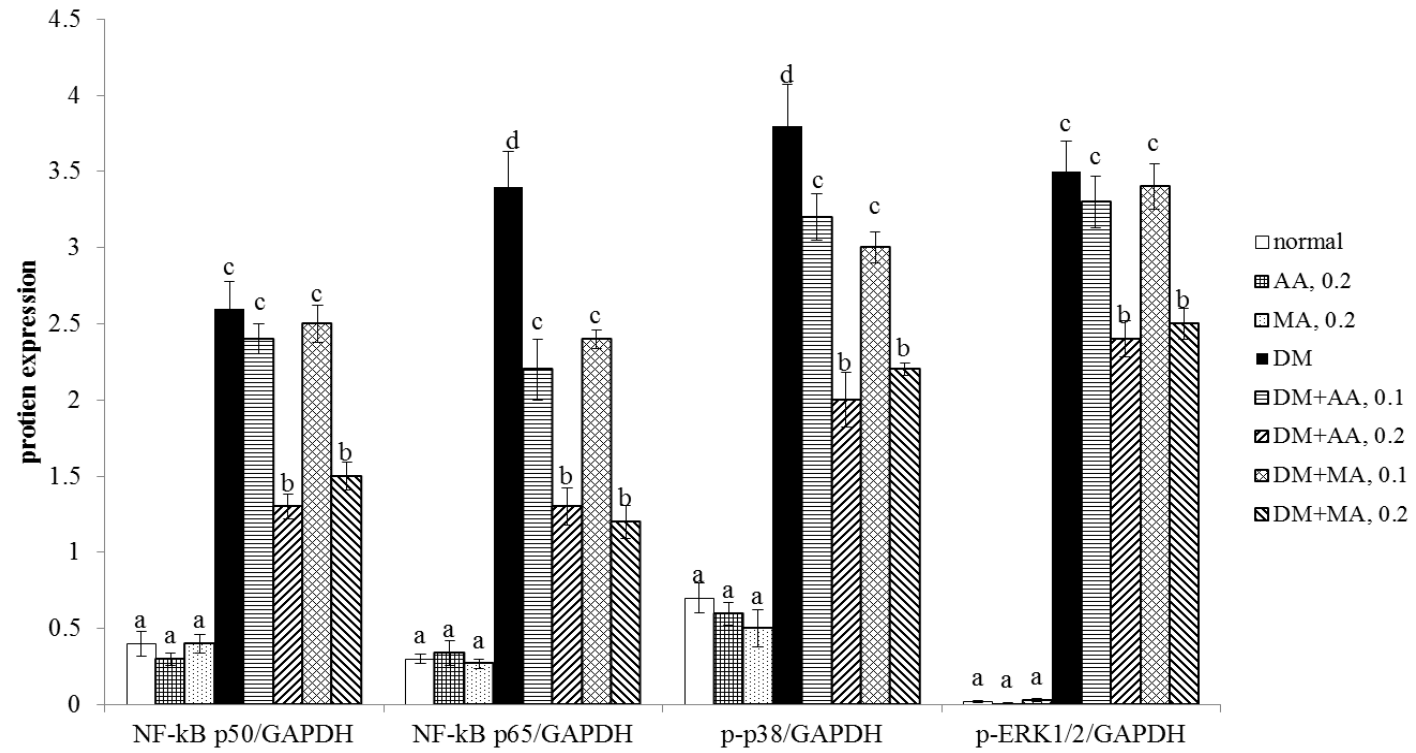
4 <sup>a-d</sup>Means in a row without a common letter differ, *p*<0.05.

1 **Fig. 2.** Cardiac expression of NF- $\kappa$ B and MAPK in normal or diabetic mice treated with AA or  
 2 MA at 0, 0.1 or 0.2% for 12 weeks was detected by western blot analyses. GAPDH was used  
 3 as loading control. NF- $\kappa$ B and MAPK protein bands were normalized to GAPDH expression.  
 4 A representative image from each group is shown. Each bar represents the mean  $\pm$  SD, n=10.  
 5 <sup>a-d</sup>Means among bars without a common letter differ,  $p < 0.05$ .

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