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1	Raspberry pulp polysaccharide inhibits tumor growth via
2	immunopotentiation and enhances Docetaxel chemotherapy
3	against malignant melanoma <i>in vivo</i>
4	
5	Yong-Jing Yang, ^{a,d} Han-Mei Xu, ^b You-Rui Suo ^{*a,c}
6	^a Northwest Institute of Plateau Biology, Chinese Academy of Sciences, No. 23, Xinning road,
7	810001 Xining, Qinghai, PR China. E-mail: yrsuo@nwipb.cas.cn; Tel: +86971-6143282; Fax:
8	+86971-6143282
9	^b The Marine Pharmacy Department, China Pharmaceutical University, No. 239, Longmian road,
LO	210009 Nanjing, Jiangsu, PR China. E-mail: 13913925346@126.com
L1	^c Qinghai University, Academy of Agriculture and Forestry Science, No. 251, Ningda road, 810001
12	Xining, Qinghai, PR China. E-mail: yrsuo@nwipb.cas.cn; Tel: +86971-6143282; Fax:
L3	+86971-6143282
L4	^d University of Chinese Academy of Sciences, No. 19, Yuquan road, 100049 Beijing, PR China.
L5	E-mail: yongjing223@163.com
16	

Abstract 17

It has been reported previously that the systemic efficacy of chemotherapeutic 18 agents is substantially restricted for some cancer types, including malignant 19 20 melanoma. Therefore, the development of more effective treatment modalities remains a critical, albeit elusive, goal in anticancer therapy. The study presented here 21 evaluates the antitumor activity of raspberry pulp polysaccharide (RPP) against 22 23 malignant melanoma using a murine tumor-bearing model. Furthermore, the underlying mechanism of this antitumor activity has also been investigated. The 24 results show that while RPP exhibits no direct cytotoxic effect on HT-29, MGC-803, 25 26 Hela, Bel-7402, L02 and B16F10 cells in vitro, it does demonstrate a dose-dependent 27 growth inhibition of melanoma in vivo with an inhibition ratio of 59.95% at a dose of 28 400 mg/kg. Besides this, the body weight and spleen index in tumor-bearing mice 29 have also been improved in RPP-treated groups. RPP is also found to induce 30 splenocyte proliferation and is able to upregulate the activity of immune-related enzymes, including acid phosphatase (ACP), alkaline phosphatase (AKP), lactate 31 32 dehydrogenase (LDH) and superoxide dismutase (SOD) in the spleen of tumor-bearing mice. The levels of tumor necrosis factor α (TNF- α), interferon γ 33

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 $(IFN-\gamma)$ and interleukin 2 (IL-2) in the serum of tumor-bearing mice show to be 34 35 effectively increased upon RPP treatment. Histopathological analyses show that RPP induces tumor tissue necrosis through increasing inflammatory cell infiltration and 36 37 causes no lesions to liver and kidney tissues. Remarkably, RPP further enhances the 38 antitumor effect of the chemotherapeutic drug Docetaxel and alleviates Docetaxel-induced liver and kidney lesions in tumor-bearing mice. These findings 39 indicate that RPP exhibits antitumor activity in vivo against malignant melanoma, 40 41 partly through enhancing the cellular immune response of the host organism. In 42 summary, RPP features critical properties to potentially find use as an 43 immunopotentiating agent or as a chemotherapy adjuvant agent for the treatment of 44 malignant melanoma.

45 Keywords raspberry pulp polysaccharide; antitumor; immunopotentiation;
46 combination therapy

47 **1. Introduction**

48 Cancer remains one of the most common causes of death. Chemotherapy and 49 radiotherapy are the most common treatment options of cancer, used separately or in combination with each other. The primary goal of cancer therapy is to achieve 50 51 maximal antitumor efficacy with minimal toxicity to healthy cells and tissues. 52 Unfortunately, the non-specificity and cumulative toxicity exhibited by 53 chemotherapeutic drugs may result in severe side effects, including myelosuppression, 54 mucositis, dermatitis, diarrhea etc. [1]. Malignant melanoma proves to be one of the 55 most aggressive cancer types, with increasing incidences of melanoma around the 56 globe. Even more concerning, common resistance phenomena observed for standard 57 chemotherapeutics generally limit the efficacy of systemic therapy used to treat this 58 metastatic disease [2].

59 One of the most common reasons for the rapid progression of cancer is that some 60 tumor cells are able to escape the normal immune surveillance and control of the body 61 through the secretion of immunosuppressive factors [3]. Similarly, common 62 chemotherapies also exhibit immune suppression, which proves to be a main

63 disadvantage associated with common chemotherapeutic agents used today.

64 Polysaccharides are a class of natural macromolecules featuring a variety of pharmacological activities, including antitumor [4], immunomodulatory [5], 65 antioxidant [6], antimicrobial [7] and antidiabetic [8] effects. Therefore, this class of 66 67 compounds prove to be one of the most studied natural functional extracts in recent [9]. Among other pharmacological properties of polysaccharides, 68 years immunomodulation and antitumor effects prove to be the primary act focus of such 69 70 biological response modifiers. For the past few years, numerous polysaccharides, 71 particularly derived from plants such as Gynostemma pentaphyllum [10] and Salvia 72 chinensis [11], have been demonstrated to exhibit anti-tumor and immunomodulatory 73 properties.

Raspberry (Rubus idaeus L.) is a perennial shrub belonging to the diverse Rubus 74 genus rank. The berries of *Rubus idaeus* L. are among the most popular berries in the 75 76 world. Raspberries are consumed as fresh fruits or processed to jams, juices, wines or may served as ingredients in other products and various foods. In recent years, the 77 scientific interest in studying the biological properties of raspberries has been growing. 78 79 The dietary intake of raspberries has been shown to result in various beneficial effects, e.g. on cardiovascular diseases, obesity, cancer and degenerative diseases [12]. The 80 effects are most likely due to the presence of a large number of bioactive substances 81 82 in these berries, including flavonoids, tannins, phenolic acids, stilbenoids, polysaccharides, vitamins and minerals [13, 14]. Within the last few decades, the 83 majority of research involving raspberries has focused on separation, structural 84 characterization or evaluation of bioactive properties of anthocyanins, phenols, ellagic 85 86 acids, triterpenes or diterpenoid compounds [15-20]. However, very little information 87 is available on extraction, structural properties and biological activities of polysaccharides from raspberries. 88

According to our previous studies, raspberries prove to exhibit a very high polysaccharide content (the yield of polysaccharide in the pulp of raspberry cultivated in Qinghai plateau is up to 12%). Therefore, raspberries provide an ideal material for the extraction of polysaccharide. The study presented here focuses on the therapeutic

effect of raspberry pulp polysaccharide (RPP) against malignant melanoma *in vivo*.
Furthermore, investigations on the possible mechanisms involved in this biological
activity are being discussed. In addition, the effectiveness of combining RPP and the
known chemotherapeutic drug Docetaxel has also been studied.

97 2. Materials and Methods

98 2.1. Materials and chemicals

Raspberries (cultivar: Heritage) have been obtained in October 2013 from Qinghai 99 100 Yaochi Biological Technology Co. (Huzhu, Qinghai, China). Until usage, the 101 collected sample was dried and stored at room temperature. Dulbecco's Modified 102 Eagle Media (DMEM), Roswell Park Memorial Institute-1640 (RPMI-1640) culture 103 medium and fetal bovine serum (FBS) have been purchased from Shanghai Sangon 104 Biological Engineering Technology & Services Co. (Shanghai, China). 3-(4,5-Dimethythiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), concanavalin A 105 (Con A) and dextran standards were all purchased from Sigma-Aldrich Co. (St. Louis, 106 107 MO, USA). Reagent kits for alkaline phosphatase (AKP), acid phosphatase (ACP), 108 superoxide dismutase (SOD), lactate dehydrogenase (LDH), BCA protein 109 quantification and enzyme-linked immune-sorbent assay (ELISA) kits for mouse 110 tumor necrosis factor α (TNF- α), mouse interferon γ (IFN- γ), mouse interleukin 2 111 (IL-2) were all purchased from Nanjing Jiancheng Bioengineering Institute (Nanjing, 112 Jiangsu, China).

113 *2.2. Cell lines*

B16F10 mouse melanoma cells were provided by The Key Laboratory of Modern Chinese Medicines of China Pharmaceutical University. Cell lines of human hepatic carcinoma Bel-7402, human cervical carcinoma Hela, human colon carcinoma HT-29, human gastric carcinoma MGC-803 and human normal hepatocyte L02 have all been obtained from the American type Cell Culture (ATCC, Shanghai, China).

119 *2.3. Preparation of polysaccharide from raspberry pulp*

120 The powder, produced after drying and grinding the pulp, was sieved in order to 121 remove any seeds present and was then double-extracted with petroleum ether

(boiling point, 60-90°C) at room temperature for 24 hours upon continuous stirring. 122 The defatted sample was then extracted with 80% ethanol at 60°C for 2 hours to 123 124 remove any colored contaminants, monosaccharides, oligosaccharides and other small 125 molecules. The residue was suspended in distilled water and the extraction of 126 polysaccharide was carried out via ultrasound at 60°C for 2 hours. The filtrate was 127 subsequently combined and concentrated in vacuo using a flash evaporator at 60°C. 128 The concentrated portion was deproteinated according to the Sevage method [21], for 129 a total of three times. Thereafter, a 4-fold volume of 95% ethanol was added to 130 precipitate the polysaccharide at 4°C overnight. The precipitate was collected by 131 centrifugation (3000 \times g, 10 min) and lyophilized. The total polysaccharide content 132 was determined with the phenol-sulfuric acid method using D-glucose as a standard 133 [22]. Contaminant endotoxin was analyzed with a limulus amebocyte lysate (LAL) 134 assay [23].

135 2.4. Primary structural analysis of RPP

136 2.4.1. FTIR spectroscopic analysis

The IR spectrum of RPP was carried out using a Fourier transform infrared spectrophotometer. The sample was ground with spectroscopic grade potassium bromide (KBr) powder and was then pressed into 1 mm pellets for FT-IR analysis in the frequency range of 400 to 4000 cm⁻¹.

141 2.4.2. SEM microstructural analysis

The polysaccharide was coated with a thin layer of gold under reduced pressure and was then examined using a SEM system (JSM-7500, JEOL, Japan) at 5 kV acceleration voltage and image magnifications of 10000×, 5000× 2000×and 1000×.

145 2.4.3. Analysis of monosaccharide composition of RPP

The analysis of the monosaccharide was performed by the gas chromatography-mass spectrometry (GC-MS) method. Briefly, RPP (5 mg) was dissolved in 4 ml of a 2 mol/L trifluoroacetic acid (TFA) solution in a sealed glass tube and was subsequently hydrolyzed at 110°C for 4 hours. After removal of residual TFA by co-concentrating repeatedly with methanol at 50°C, the sample was dissolved in 0.1 ml of pyridine and reacted with 5 mg of hydroxylamine hydrochloride for 30

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152 min at 90°C. Next, 0.1 ml of acetic anhydride was added to the mixture and 153 incubation was continued for another 3 hours at 90°C. Finally, the sample was dried 154 and dissolved in 800 µl of chloroform. Seven monosaccharide standards, including 155 rhamnose, arabinose, fructose, xylose, galactose, mannose, glucose and lactose were 156 converted to their acetylated derivatives according to the method described above. The samples were injected into a gas chromatograph (7890A, Agilent Technology) 157 158 instrument equipped with a hydrogen flame ionization detector (FID) using a 159 DB-5MS column (30m×0.25mm×0.25µm). The UI capillary following 160 chromatographic conditions were used: high-purity helium was used as the carrier gas 161 at a flow rate of 1 ml/min. The temperature of the injector and detector was 250°C. 162 The initial column temperature was set to 100°C followed by 5°C/min increases. As 163 the temperature reaches 200°C, it was maintained for 1 min and then increased to 164 250°C in 10°C/min increments. Injections were performed in a splitless mode. The 165 temperature of the mass spectrometer ion source was 280°C.

166 2.4.4. Molecular weight distribution of RPP

The molecular weight distribution of RPP was determined using gel-permeation 167 168 chromatography (GPC) on a LC-20AT instrument (Shimadzu, Tokyo, Japan), 169 equipped with a SB-802 column in series with a SB-805 column (Showa, Takasaki, 170 Japan). A solution of 0.1 mol/L sodium nitrate (NaNO₃) was used as the eluent at a 171 flow rate of 0.4 ml/min. The temperature was set at 30°C. The individual peaks were detected using a refractive index detector (Shimadzu, RID-10A). Dextran 172 (Sigma-Aldrich, St. Louis, MO. USA) with molecular weight of 805000, 393000, 173 174 210000, 48800, 21700, 10000, 6000 and 180 Da were used as molecular weight 175 standards.

176 2.5. In vitro cytotoxicity assay

177 Cell lines including Bel-7402, B16F10, Hela, HT-29, MGC-803 and L02 were 178 used to evaluate the cytotoxicity of RPP *in vitro*. The cells were washed with PBS and 179 dispersed in a 0.05% trypsin solution. After centrifugation, the cell pellets were 180 resuspended in a DMEM medium (10% FBS) at a density of 2×10^4 cells/ml, 181 subsequently seeded in a 96-well plate (2×10^3 cells/well) and incubated overnight.

182 The cells were treated with 10 μ g/ml Docetaxel (as a positive control) and a series of 183 doses of RPP (1, 2, 4, 8, 16, 32, 64, 128 and 256 µg/ml). Neat DMEM medium was 184 used as a blank control. Each concentration was repeated 5 times. After incubation for 185 48 hours, 20 µl of MTT (5 mg/ml) was added to each well. After incubation for 186 another 4 hours, the supernatant was decanted off and 150 µl of DMSO was added to 187 dissolve the formazan precipitate. The optical density was then measured at 570 nm 188 using a microplate reader. The assays have been independently repeated for a total of 189 three times.

190 2.6. In vivo acute toxicity assay

191 In an effort to evaluate the toxicity of RPP on the biological systems, an acute 192 toxicological test has been performed. Kunning mice (6-8 weeks old, 18-22 g) have 193 been obtained from the Qinglong Experimental Animal Center of Nanjing (Jiangsu, 194 China). The mice, half males and half females, were assigned randomly into three 195 individual groups with 10 mice in each group. RPP was dissolved in phosphate 196 buffered saline (PBS). After fasting the mice overnight, RPP was administered to each 197 group intragastrically, at dose of 100 mg/kg, 500 mg/kg and 2000 mg/kg, respectively. 198 The mice were closely monitored for any obvious changes in vitality in 4 hour 199 intervals. The mortality ratio within 72 hour time period was recorded and the 200 individual dose required to kill 50% of the mouse population (i.e. LD_{50}) was assessed. 201 We hereby assure that all experiments involving animals have been carried out 202 according to the ethical standards set by the University of Chinese Academy of 203 Sciences. The care and maintenance of the animals was in accordance with the 204 licensing guidelines of the University of Chinese Academy of Sciences. The 205 institutional committee has approved the protocol used for the animal experiments.

206 2.7. In vivo antitumor assay

207 2.7.1. Animals

Female C57BL/6 mice (6-8 weeks old, 18-22 g) were purchased from the Qinglong Experimental Animal Center of Nanjing (Jiangsu, China). We hereby assure that all experiments involving animals have been carried out according to the ethical standards set by the University of Chinese Academy of Sciences. The care and

maintenance of the animals was in accordance with the licensing guidelines of the
University of Chinese Academy of Sciences. The institutional committee has
approved the protocol used for the animal experiments.

215 2.7.2. *Tumor implantation*

B16F10 mouse melanoma cells were maintained in DMEM culture medium supplemented with 10% FBS, 100 IU/ml penicillin and 100 µg/ml streptomycin in a humidified atmosphere at 37°C with 5% carbon dioxide (CO₂). The cells were washed with phosphate buffered saline (PBS) and dispersed in a 0.05% trypsin solution. After centrifugation at 2000 × g for 5 minutes, the cell pellets were resuspended in PBS and adjusted to a concentration of 5×10^6 cells/ml. 5×10^5 B16F10 cells were implanted into each mouse on the mid-right side subcutaneously (s.c.).

223 2.7.3. C57BL/6 mice treatment

After the average tumor volume of melanoma had reached 60 mm³, mice were randomly divided into 5 groups. The model control (MC) received PBS. The positive control (PC) was injected subcutaneously with Docetaxel (purchased from Hengrui Pharmaceutical Co., Jiangsu, China) once every three days at a dose of 10 mg/kg. The low dose group (LDG), the medium dose group (MDG) and the high dose group (HDG) were fed with RPP by oral gavage once daily at dose of 100, 200, and 400 mg/kg, respectively.

231 After treating the mice for 2 weeks, the animals were anesthetized and the body 232 weight was assessed. Blood samples were collected from the eyes. The blood serum 233 was obtained by centrifuging the blood samples for 10 minutes at $2500 \times g$ at 4°C. 234 The mice were then sacrificed by cervical dislocation and the tumor tissues were 235 extracted from the animals, weighted, photographed and fixed with 10% 236 formaldehyde for subsequent histopathology studies. The spleen was removed and the 237 weight was recorded before homogenization. The liver and kidneys were obtained and 238 fixed with 10% formaldehyde for histopathology studies. The liver and kidney tissues 239 from several other healthy female C57BL/6 mice were used as normal control in the histopathology analyses. 240

241 2.7.4. Measurement of tumor growth

The tumor sizes were measured individually using a vernier caliper once every other day. The tumor volume was calculated according to the following formula: tumor volume = length × width² × 0.52. The therapeutic effects on the tumor growth have been expressed as the mean tumor volume versus time, calculated as (1-T/C) ×100%, where T describes the treated tumor volume and C determines the model control tumor volume.

248 2.8. *Histopathology observation*

The tissues, fixed with 10% formaldehyde, were embedded in paraffin and sectioned for hematoxylin and eosin (H&E) staining. The sections have been observed and photographed at 100× and 400×magnifications.

252 2.9. Ex vivo splenocyte proliferation assay

253 The spleens were quickly and aseptically removed from the sacrificed mice. They 254 were gently homogenized and passed through a 40 µm nylon cell strainer in order to 255 obtain a single-cell suspension. After removing the erythrocytes, the splenocytes were 256 washed and resuspended in a RPMI-1640 medium (2% FBS) at a concentration of $1 \times$ 10^7 cells/ml. The cells were seeded in a 96-well plate and treated with 10 µg/ml 257 258 Docetaxel as well as a series of different concentrations of RPP (32, 64, 128 and 256 259 μ g/ml). ConA (5 μ g/ml) was used as a positive control, and neat RPMI-1640 medium 260 was used as a blank control. Each concentration was repeated for a total of 5 times. 261 After incubation at 37°C in a humidified 5% CO₂ incubator for 72 hours, 20 μ l of MTT (5 mg/ml) was added to each well. After incubation for another 4 hours, the 262 263 supernatant was removed and 150 µl of DMSO was added to dissolve the formazan 264 precipitate. The optical density was then measured at 570 nm using a microplate 265 reader. The assays were individually repeated three times.

266 2.10. Evaluation of the activity of immune-related enzymes in the spleen

Spleen homogenate was prepared using an ultrasonic cell disruptor (400 ampere, 5 seconds once, repeat 3times) in an ice-cold medium (pH 7.4, 0.01 mol/L Tris-HCl, 0.0001 mol/L EDTA-2Na, 0.01 mol/L Sucrose, 0.8% NaCl). After centrifugation for 10 minutes at 5000 \times g at 4°C, the supernatants were used to measure the immune-related enzymes activity of AKP, ACP, SOD and LDH using assay kits. The

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optical density of AKP, ACP, SOD and LDH was found to be 520 nm, 520 nm, 550
nm and 440 nm, respectively. The protein content of the supernatants was quantified

using a BCA protein quantification kit.

275 2.11. Assessment of TNF-α, IFN-γ and IL-2 levels in serum by ELISA

276 The levels of TNF- α , IFN- γ and IL-2 in serum were assessed using ELISA kits 277 according to the manufacturer's instructions.

278 2.12. Combinatory RPP-Docetaxel treatment on malignant melanoma-bearing mice

279 Animal protocols, cell line and tumor implantation procedures have all been 280 carried out similarly to what has been described in subsections 2.7.1 and 2.7.2. The 281 mice were randomly divided into 3 groups, including the model control (MC), 282 Docetaxel group and combinatory RPP-Docetaxel group (R-D) with an average tumor volume of B16F10 mouse melanoma equalling 60 mm³. The model control received 283 284 PBS and the Docetaxel group has been injected with Docetaxel (purchased from 285 Hengrui Pharmaceutical Co., Jiangsu, China) subcutaneously at a dose of 10 mg/kg 286 once every three days. The combinatory RPP-Docetaxel group received Docetaxel via 287 subcutaneous injection once every three days at a dose of 10mg/kg together with RPP 288 once daily via oral gavage at a dose of 400mg/kg. The measurement of the tumor 289 growth was similar to the protocol described in subsection 2.7.4. After treatment for 2 weeks, the mice were sacrificed by cervical dislocation, the tumor tissues, liver, 290 291 kidneys were collected and the net body weight was recorded. The histopathology 292 studies of the tumor tissues, liver and kidney have been carried out similar to what has 293 been described in subsection 2.8.

294 2.13. Statistical analysis

The data were expressed as mean values \pm S.E. and analyzed by one-way ANOVA followed by Tukey's post hoc test using SPSS version 13.0 software (SPSS, Chicago, IL, USA). The difference was considered significant if *P*<0.05 and highly significant if *P*<0.01.

299 **3. Results**

300 *3.1. The primary structural analysis of RPP*

10

The total polysaccharide content was found to be $91.2\% \pm 4.51\%$. RPP was composed of rhamnose, arabinose, xylose, mannose, glucose and lactose, with a molar ratio of 2.0:19.9:1.0:1.1:7.1:2.3. Additionally, the polysaccharide solution was found to be free of endotoxins.

A FTIR spectrum of RPP is shown in Figure 1. The signal in the range 1200-950 305 cm⁻¹ can be ascribed to the characteristic absorption peak of polysaccharides, where 306 the position and intensity of the bands could be identified [24]. The intense peaks at 307 3449 cm⁻¹ and 2948 cm⁻¹ are attributed to the O-H and C-H stretching vibrations, 308 respectively. The relatively strong absorption peak at 1600 to 1650 cm⁻¹ is 309 characteristic for the presence of a C=O bond [25]. The group of bands ranging from 310 1485 to 1350 cm⁻¹ indicate the presence of -CH (O-CH₂) flexural vibrations. The 311 bands at 1000 to 1200 cm⁻¹ suggest the presence of glucosyl residued in pyranose 312 form from present in RPP. Finally, the absorption band at 846.3 cm⁻¹ demonstrates the 313 presence of α -linked residues in RPP. The bands in the range of 350 to 600 cm⁻¹ can 314 be assigned to skeletal modes of pyranose rings [26]. 315



316 317

Figure 1. FT-IR spectra of RPP ranging from 400 to 4000 cm⁻¹.

As shown in Figure 2, RPP elutes as two peaks in the GPC with an average molecular weight estimated to be 49926 Da (Peak 1, 32.13%) and 1823 Da (Peak 2, 67.87%), respectively. The molecular weight has been determined in reference to the calibration curve of dextran standards.



322



326

Figure 2. Molecular weight distribution of RPP.

324 The SEM images of RPP are shown in Figure 3. The result obtained indicates that

325 RPP exhibits a rough surface with randomly distributed ovoid-shaped particles.



Figure 3. SEM images of RPP. A: morphology of RPP at 10000× (scalebar 1 μm). B: morphology
of RPP at 5000× (scalebar 1 μm). C: morphology of RPP at 2000× (scalebar 10 μm). D:
morphology of RPP at 1000× (scalebar 10 μm).

330 *3.2. Evaluation of the in vitro cytotoxicity of RPP*

331 The MTT method was applied in an effort to determine the cytotoxicity of RPP in 332 vitro. As shown in Figure 4, RPP exhibits no obvious inhibitory effect on the proliferation of human colon carcinoma cell HT-29, human gastric carcinoma cell 333 334 MGC-803, human cervical carcinoma cell Hela, human hepatic carcinoma cell 335 Bel-7402, human normal hepatocyte L02 and mouse melanoma cell B16F10. 336 However, due to the cytotoxic effect, Docetaxel significantly inhibited the 337 proliferation of these cells compared to the blank control (**P < 0.01), and the proliferation inhibition ratio of Docetaxel on HT-29, MGC-803, Hela, Bel-7402, L02 338 339 and B16F10 cells increases to 90.30%, 93.60%, 91.59%, 90.22%, 90.60% and



342



Figure 4. Effects of RPP and Docetaxel on proliferation of human colon carcinoma cell HT-29, human gastric carcinoma cell MGC-803, human cervical carcinoma cell Hela, human hepatic carcinoma cell Bel-7402, human normal hepatocyte L02 and B16F10 mouse melanoma cell. Data is expressed as the mean values \pm S.E. (n=5). Differences were considered to be statistically significant when *P*<0.05. High significance was determined when *P*<0.01. Notes: ***P*<0.01 vs. blank control.

349 *3.3. Evaluation of the in vivo toxicity of RPP*

During the process of the acute toxicity assay *in vivo*, no behavioral changes or visible toxicity symptom have been observed upon intragastrical administration of RPP up to a concentration of 2000 mg/kg. Hence, the LD_{50} of RPP was determined to be far more than 2000 mg/kg indicating that RPP is likely non-toxic and therefore considered safe.

355 *3.4. The antitumor effect of RPP against melanoma in vivo*

356 As shown in Figure 5, RPP inhibits the growth of melanoma in a dose-dependent 357 fashion and the tumor volume inhibition ratio of low, medium and high dose RPP was 358 found to be 7.56%, 24.32% and 59.95%, respectively. The tumor volume of the high 359 dose RPP group exhibits a statistical difference compared to that of the model control 360 group (*P<0.05). The chemotherapeutic agent Docetaxel, used as a positive control in 361 this study, has been widely clinically as a broad-spectrum antitumor drug. Our results 362 obtained show that Docetaxel can significantly inhibit the growth of melanoma 363 (**P < 0.01 vs. model control), with an inhibition ratio of tumor volume found to be 364 66.49%. However, deaths of tumor-bearing mice have been observed during

365 Docetaxel treatment.



366

Figure 5. The antitumor effect of RPP against melanoma *in vivo*. A: therapeutic effects of RPP and Docetaxel on the growth of B16F10 mouse melanoma tumor. Data was expressed as the mean values \pm S.E. (n=8). Differences were considered to be statistically significant when **P*<0.05. High significance was determined when ***P*<0.01 compared to the model control. B: the tumor volume inhibition ratio of each group. C: collected tumor tissue from each group.

372 *3.5. RPP attenuates the reduced body weight of tumor-bearing mice*

Figure 6 depicts the body weight of tumor-bearing mice before (white column) and after (black column) treatment. The (final) net body weight has been calculated according to the following equation: net body weight = body weight-tumor weight. The initial weight of tumor-bearing mice in each group was similar before treatment. However, along with the growth of tumor, the body weight loss of tumor-bearing mice is significant, particularly in the model control group ($^{A}P < 0.05$, $^{AA}P < 0.05$ vs. initial weight). Nevertheless, after RPP treatment, the reduced body weight of tumor-bearing mice was found to be attenuated in a dose-dependent manner. Apparently, the high dose of RPP inhibits the reduction in body weight of tumor-bearing mice compared with the model control (**P < 0.01). Contrarily, the body weight of mice in the positive control group shows no statistically significant difference compared to the model control group.



385

Figure 6. RPP suppressing the reduction in body weight of tumor-bearing mice. Data was expressed as the mean values \pm S.E. (n=8). Differences were considered to be statistically significant when P < 0.05. High significance was determined when P < 0.01. Notes: **P < 0.01 vs. model control; $^{\bullet}P < 0.05$, $^{\bullet\bullet}P < 0.01$ vs. initial weight.

- 390 3.6. Immunostimulatory activity of RPP
- 391 *3.6.1. Effect of RPP on the spleen index of tumor-bearing mice*

392 The spleen index of tumor-bearing mice has been calculated according to the 393 following equation: spleen index = spleen weight (g)/net body weight (kg). As it 394 shown in Figure 7, upon RPP administration, the spleen index of tumor-bearing mice 395 increases significantly and dose-dependently compared to the model control group 396 (**P < 0.01). In contrast, the spleen index of tumor-bearing mice in the positive 397 control group shows no statistically significant difference compared to the model 398 control group. Moreover, the spleen index-elevating effect of high dose RPP was found to be considerably stronger compared to the positive control group ($^{\#}P < 0.05$). 399 400 This result shows that RPP might exhibit an immunostimulatory effect.

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401

402 **Figure 7.** Effects of RPP on the spleen index of tumor-bearing mice. Data were expressed as the 403 mean values \pm S.E. (n=8). Differences were considered to be statistically significant when *P*<0.05. 404 High significance was determined when *P*<0.01. Notes: ***P*<0.01 vs. model control; [#]*P*<0.05 vs. 405 positive control.

406 *3.6.2. RPP induces splenocyte proliferation in vitro*

407 In order to confirm the immunostimulatory effect of RPP, a splenocyte 408 proliferation assay has been carried out *in vitro*. As shown in Figure 8, in comparison 409 with the blank control, conA significantly triggers splenocyte proliferation (**P < 0.01). Similarly, the splenocytes in the RPP-treated groups increase in a 410 dose-dependent manner (*p < 0.05, **P < 0.01 vs. blank control). However, Docetaxel 411 412 was found to almost kill all splenocytes because of the strong cytotoxic effect of this agent (**P < 0.01 vs. blank control). The data obtained indicate that RPP is able to 413 induce the proliferation of splenocytes. The latter finding provides evidence for the 414 415 hypothesis that RPP may demonstrate an immunostimulatory activity.



416

417 **Figure 8.** Effect of RPP on proliferation of splenocyte. Data were expressed as the mean values ±

- 418 S.E. (n=5). Differences were considered to be statistically significant when p < 0.05. High
- 419 significance was determined when **P < 0.01 comparing with blank control.
- 420 3.6.3. RPP affects immune-related enzymes in the spleen of tumor-bearing mice

421 To investigate the mechanism of immunomodulation, we evaluated the effects of 422 RPP on several immune-related enzymes in the spleen of tumor-bearing mice. As 423 shown in Figure 9, RPP dose-dependently enhanced the activities of ACP (Figure 9A) 424 AKP (Figure 9B), LDH (Figure 9C) and SOD (Figure 9D) in the spleen of tumor-bearing mice (*P<0.05, **P<0.01 vs. model control). In addition, the activities 425 of these enzymes in high dose of the RPP group was found to be significantly higher 426 than that in the positive control group ($^{\#}P < 0.05$). While Docetaxel affects the 427 activities of ACP and SOD, it did not alter the activities of LDH and AKP (*P<0.05, 428 429 ***P*<0.01 vs. model control).



430

431 Figure 9. Effect of RPP on activities of acid phosphatase (ACP) (A), alkaline phosphatase (AKP) **432** (B), lactate dehydrogenase (LDH) (C) and superoxide dismutase (SOD) (D) in the spleen of **433** tumor-bearing mice. Data were expressed as the mean values \pm S.E. (n=8). Differences were **434** considered to be statistically significant when *P*<0.05. High significance was determined when **435** *P*<0.01. Notes: **P*<0.05, ***P*<0.01 vs. model control; **P*<0.05 vs. positive control.

436 3.6.4. RPP affects TNF- α , IFN- γ and IL-2 levels in the serum of tumor-bearing mice

As shown in Figure 10, RPP dose-dependently increases serum concentrations of TNF- α , IFN- γ and IL-2 (**P*<0.05, ***P*<0.01 vs. model control). However, Docetaxel had no obvious effect on IFN- γ , TNF- α and IL-2 in the serum of tumor-bearing mice. Interestingly, the serum levels of these cytokines in medium and high dose of RPP groups were significantly higher than the serum levels found in the positive control





443

Figure 10. Effect of RPP on serum concentrations of interferon-γ (IFN-γ), interleukin 2 (IL-2) and tumor necrosis factor-α (TNF-α) in tumor-bearing mice. Data were expressed as the mean values ± S.E. (n=8). Differences were considered to be statistically significant when P < 0.05. High significance was determined when P < 0.01. Notes: *P < 0.05, **P < 0.01 vs. model control and #P < 0.05, ##P < 0.05 vs. positive control.

449 3.7. Effects of RPP on histopathology of melanoma tissues

450 To further confirm the effect of RPP on melanoma, tumor tissues from C57BL/6 mice have been stained with hematoxylin and eosin (H&E) for histopathology 451 452 analysis. As shown in Figure 11, tumor cells in the model control prove to be vital and 453 show secretion of melanin (Figure 11-MC). However, the tumors in the Docetaxel-treated group display severe tissue necrosis. Docetaxel is known to target 454 455 the nucleus of tumor cells and induce apoptosis (Figure 11-PC). RPP also induces 456 necrosis of tumorous tissue, but unlike Docetaxel, inflammatory cells have been 457 observed in the necrotic areas. Interestingly, the infiltration ratio of inflammatory cells 458 increase with the dose of administered RPP (Figure 11-LDG, Figure 11-MDG and 459 Figure 11-HDG).



460

Figure 11. Effects of RPP on histopathology of melanoma tissue (H&E stain ×100 and ×400). ICI:
inflammatory cell infiltration. IC: inflammatory cell.

463 *3.8. Effects of RPP on histopathology of the liver and kidney*

464 The changes in hepatic histology of different groups are shown in Figure 12. The 465 hepatocytes in healthy mice exhibit an abundance of cytoplasm, distinct cell borders, 466 round central nuclei and prove to be arranged in an ordered fashion (Figure 12-NC). 467 However, the model group features necrosis of the hepatocytes in combination with 468 infiltration of inflammatory cells (Figure 12-MC). Severe necrosis can also be 469 observed in the Docetaxel-treated group due to the strong cytotoxic effect of 470 Docetaxel (Figure 12-PC). In contrast, the hepatocytes in the RPP-treated groups 471 show no obvious changes compared to healthy mice (Figure 12-LDG, Figure 472 12-MDG and Figure 12-HDG). This latter result indicates that RPP does indeed not induce liver lesions. 473



474

475 Figure 12. Effect of RPP on histopathology of the liver (H&E stain ×100). ICI: inflammatory cell
476 infiltrations.

477 As shown in Figure 13, the histopathology slices obtained from healthy mice 478 feature the integrated glomerulus with Bowman's capsule, renal cortex and an intact 479 glomerular basement membrane (Figure 13-NC). A few of glomerulus in the model 480 group show mesangial expansion compared to that of healthy mice (Figure 13-MC). 481 The glomerulus in the RPP-treated groups exhibits no obvious changes compared to 482 that of healthy mice (Figure 13-LDG, Figure 13-MDG and Figure 13-HDG). However, 483 in the Docetaxel-treated group, mesangial expansions can be observed (Figure 13-PC). 484 The results obtained suggest that RPP does not lead to any significant kidney 485 damages.



486

487 Figure 13. Effect of RPP on histopathology of the kidney (H&E stain ×100). ME: mesangial
488 expansion.

489 3.9. Ability of RPP to enhance the chemotherapeutic effect of Docetaxel against
490 melanoma in vivo

As shown in Figure 14-A, both Docetaxel and the combinatory RPP-Docetaxel treatment significantly inhibit the growth of melanoma (**P < 0.01 vs. model control). Surprisingly, the inhibitory effect of the combinatory RPP-Docetaxel treatment on tumor growth is found to be significantly stronger than that of Docetaxel alone ($^{\#}P < 0.05$). The inhibition ratio of the tumor volume in the combinatory RPP-Docetaxel group increases to 77.42%, approximately 12% higher than that for

497 the Docetaxel group (Figure 14-D). In addition, the combinatory RPP-Docetaxel 498 treatment reduces the body weight loss of tumor-bearing mice, an effect that has not 499 been observed in the group involving treatment with Docetaxel only (Figure 14-B). 500 Histopathology analyses of melanoma tissues from mice show that Docetaxel induces a large area of tumor necrosis. Interestingly, upon combination with RPP, the 501 502 infiltration with inflammatory cells manifests in the necrotic areas (Figure 14-E). This 503 result suggests that the anti-melanoma effect of the chemotherapeutic drug Docetaxel can be significantly improved upon combinatory administration of RPP in vivo. 504 505 Furthermore, the enhancement effect of RPP on the chemotherapeutic activity of 506 Docetaxel against malignant melanoma can most likely be ascribed to 507 immunopotentiation mechanisms.



Figure 14. Ability of RPP to enhance the chemotherapeutic effect of Docetaxel against melanoma *in vivo*. A: therapeutic effects of Docetaxel and combinatory RPP-Docetaxel on the growth of
B16F10 mouse melanoma. Data were expressed as the mean values ± S.E. (n=12). Differences

were considered to be statistically significant when P<0.05. High significance was determined when P<0.01. Notes: **P<0.01 vs. model control, [#]P<0.05 vs. Docetaxel. B: body weight of each group. Data were expressed as the mean values \pm S.E. (n=12). Differences were considered to be statistically significant when P<0.05. High significance was determined when P<0.01. Notes: **P<0.01 vs. model control; $^{A}P<0.05$, $^{AA}P<0.01$ vs. initial weight. C: collected tumor tissues from each group. D: tumor volume inhibition ratio of each group. E: effect of Docetaxel and combinatory RPP-Docetaxel treatment on histopathology of melanoma tissues (H&E stain ×100),

- 519 ICI: inflammatory cell infiltration.
- 520 *3.10. RPP alleviates liver and kidney injuries induced by Docetaxel*

521 As shown in Figure 15-A, the histopathology slices obtained from the model 522 indicate hepatocyte necrosis and inflammatory cell infiltration compared to the ones 523 obtained from healthy mice (Figure 15-A-NC and Figure 15-A-MC). Severe necrosis 524 can be observed in the Docetaxel-treated group as well (Figure 15-A-Docetaxel). 525 However, the hepatocyte necrotic area of the combinatory RPP-Docetaxel group is 526 found to be smaller than the necrotic tissue obtained from the group treated with 527 Docetaxel only. Moreover, the hepatocytes in the necrotic area are found to be not 528 extinct but degenerated (Figure 15-A-R-D).

As shown in Figure 15-B, a few of the glomeruli in the slices obtained from the model group feature mesangial expansions compared to the slices obtained from healthy mice (Figure 15-B-NC and Figure 15-B-MC). The group treated with Docetaxel shows obvious mesangial expansions (Figure 15-B-Docetaxel). However, the mesangial expansions almost completely disappear when Docetaxel was combined with RPP and the structure of the glomerulus in the combinatory RPP-Docetaxel treated group are similar to the normal control (Figure 15-B-R-D).

The results listed above provide evidence for the hypothesis that RPP can indeedalleviate liver and kidney injuries induced by Docetaxel in tumor-bearing mice.



538

Figure 15. RPP alleviates liver (A) and kidney (B) injuries induced by Docetaxel (H&E stain ×100). ME: mesangial expansion; ICI: inflammatory cell infiltration.

541 **4. Discussion**

542 In recent decades, numerous polysaccharides exhibiting antitumor effects have 543 been isolated from various plant sources. The individual antitumor mechanisms vary, 544 depending on the polysaccharide species. Some polysaccharides show 545 anti-proliferative effects against tumor cells, while others exhibit antitumor through 546 improving the immune response of the host organism. For instance, polysaccharides 547 from Cordyceps militaris inhibitthe proliferation of HT-29, Hela, HepG2 and K562 548 cells in vitro with half maximal inhibitory concentration (IC₅₀) values of 137.66, 549 162.59, 176.29 and 364.01 µg/ml, respectively [27]. Portulaca oleracea L. 550 polysaccharides inhibit cervical carcinoma cell growth in vitro and in vivo [28]. 551 Unlike the polysaccharides mentioned above, Gynostemma pentaphyllum 552 polysaccharides show antitumor activity against hepatocellular carcinoma partly due 553 to immunostimulation [10]. In the study presented here, RPP exhibits no obvious 554 inhibitory effect on the proliferation of HT-29, MGC-803, Hela, Bel-7402, L02 and 555 B16F10 cells in vitro (Figure 4). However, it exhibits high antitumor activity against 556 malignant melanoma in vivo (Figure 5). In addition, compared to the chemical 557 Docetaxel, RPP significantly reduces the body weight loss and causes no damage to 558 the liver and kidney tissues in tumor-bearing mice (Figure 12 and Figure 13). The 559 latter finding provides further evidence for the hypothesis that RPP exhibits no direct 560 cytotoxic effect.

561

The spleen part of the secondary lymphoid tissue and splenocyte proliferation

plays a central role in the activation of both cellular and humoral immune responses [29]. In the study presented here, RPP is believed to stimulate the proliferation of splenocytes *in vitro* (Figure 8) which was found to be in agreement with the previous *in vivo* study on the effect of RPP on spleen index of tumor-bearing mice (Figure 7).

566 The results obtained provide preliminarily evidence for RPP featuring potential 567 immunostimulatory effects.

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568 Endogenous enzymes display crucial functions in the innate immune system, and 569 can serve as reliable markers in the assessment of the immune status [30]. 570 Phagocytosis and encapsulation have been shown to represent the main elements of 571 insect cellular responses that play key roles against invading pathogens [31]. Here, 572 ACP and AKP are capable of assisting, modulating and accelerating phagocytosis [32]. 573 Increased ACP and AKP activities have been demonstrated to accelerate the speed of 574 phagocytosis by modifying the surface molecular structures of pathogens [33]. SOD 575 plays important role as immune-related enzymes in enhancing the capability of 576 phagocytes and improving immune function [34]. The activity of LDH increases with 577 the activated macrophage and decreases with the inhibited macrophage [35]. In the 578 study presented here and in an effort to further investigate the immunostimulatory 579 mechanisms of RPP, the activities of ACP, AKP, SOD and LDH in the spleen of 580 tumor-bearing mice have been evaluated. The results obtained show that RPP is able 581 to significantly enhance the activities of ACP, AKP, LDH and SOD compared to the 582 model or Docetaxel-treated groups. This latter finding suggests that RPP is able to 583 increase cellular immune responses, including encapsulation and phagocytosis (Figure 584 9). However, recent studies have demonstrated that some chemotherapeutic agents 585 may exhibit immunomodulatory effects. Wang et al. found that human lung 586 adenocarcinoma cells display an increased sensitization towards lyses of CD3+ 587 CD56+ cytokine induced killer (CIK) cells after treatment with nonlethal/sublethal 588 doses of Docetaxel *in vitro* [36]. Kroemer *et al.* reported that malignant cells can elicit 589 strong antitumor immune responses upon exposure to doxorubicin (Dox), which is 590 mediated by calreticulin (CRT) exposure and high-mobility group box 1 protein (HMGB1) secretion on apoptotic cells [37]. In the present study, Docetaxel affects the 591

activity of ACP and SOD compared to the model group. The latter finding may be due
to the fact that Docetaxel inactivates melanoma cells by a direct cytotoxic effect and
further induces immune responses of the degenerating tumor cells to some extent.

595 Cytokines are a broad and loose category of small proteins participating in 596 intercellular signaling in both acquired and innate immunity. Among these biological 597 mediators, the role of TNF- α , IFN- γ and IL-2 is critical. IFN- γ is a critical cytokine 598 for innate and adaptive immunity and characterizes Th1 T cells, while IL-2 proves to 599 be a cytokine species associated with memory T cells, T cell proliferation and 600 differentiation. TNF- α is a pro-inflammatory cytokine that also serves as a neutrophil 601 chemoattractant [38]. In the present study, RPP significantly increases the serum 602 concentrations of TNF- α , IFN- γ and IL-2 in tumor-bearing mice, while the 603 chemotherapeutic agent Docetaxel alone exhibits no comparable effect (Figure 10).

Based on the results described above, we hypothesize that the inhibitory effect exhibited by RPP on the growth of melanoma *in vivo* is most likely not due to the direct cytotoxic effect on melanoma cells, but due to enhanced cellular immune responses in tumor-bearing mice. These results suggest that RPP may find application as a potential immunopotentiator in the treatment of malignant melanoma.

609 Despite recent progress on the development of more advanced chemotherapeutics, 610 no cure exists for some cancer types resulting in poor survival rates. Patients receiving 611 multiple cycles of chemotherapy are generally more prone to the development of 612 drug-resistance and a reduction in chemotherapeutic efficacy. Furthermore, increased 613 concentrations of chemotherapeutic drugs are typically associated with increased side 614 effects [39]. Combination therapy is frequently used in cancer treatment in an effort to 615 reduce drug resistance, alleviate adverse effects and enhance anticancer efficacy. In 616 recent years, multifaceted evidence has concentrated the scientific focus on some 617 biological macromolecules, including polysaccharides, to provide options to increase 618 the efficacy of conventional chemotherapy drugs. Zhang *et al.* reported that polyporus 619 polysaccharide displays synergistic effects and can effectively reduced the side effects 620 during Bacille Calmette-Guerin (BCG) instillation in rat bladder cancer models [40]. Furthermore, Zong et al. demonstrated that a sulfated polysaccharide, coined SIP-S 621

622 has the ability to significantly inhibit tumor growth in S180-bearing mice. Moreover, 623 combinating SIP-S with cyclophosphamide (CTX) exhibited a higher anti-tumor 624 potency than CTX alone which may be associated with the immunostimulatory and 625 pro-apoptotic activities of SIP-S [41]. In the present study, we observed analogous 626 results. RPP can significantly enhance the antitumor effect of the chemotherapeutic 627 drug Docetaxel in melanoma-bearing mice, most likely due to immunopotentiation 628 (Figure 14). In addition, RPP is able to attenuate the side effects of Docetaxel therapy 629 in vivo, including the reduction of body weight loss in Docetaxel-treated 630 tumor-bearing mice. Furthermore, RPP has been shown to alleviate liver and kidney 631 damages caused by Docetaxel (Figure 15). This series of results indicate that RPP can 632 find potential application as a Docetaxel chemotherapeutic sensitizing and/or adjuvant

633 agent for the treatment of malignant melanoma.

634 **5.** Conclusions

635 In summary, this study demonstrates the *in vivo* antitumor activity of raspberry 636 pulp polysaccharide (RPP) against melanoma. The inhibitory effect of RPP on the 637 growth of melanoma is not found to be due to direct cytotoxic effects. However, the 638 effects observed are most likely due to immunipotentiating effects, i.e. enhancements 639 of the immune system in tumor-bearing mice. Furthermore, RPP enhances the 640 therapeutic effect of Docetaxel against malignant melanoma *in vivo* and alleviates the 641 Docetaxel-induced liver and kidney lesions in tumor-bearing mice. Another crucial 642 feature presented in this study shows that RPP is non-toxic and can therefore 643 potentially be used as an immunopotentiator and/or as an adjuvant chemotherapeutic 644 agent for the future treatment of malignant melanoma. To further substantial this latter 645 notion, more studies have to be performed prior to justifying any clinical trials.

- 646 **Conflict of interest**
- 647 The authors declare no conflicts of interest.
- 648 Ackonwledgments

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Raspberry pulp polysaccharide exhibits antitumor activity *in vivo* against malignant melanoma through immunipotentiation and enhances the antitumor effect of Docetaxel.

