Accepted Manuscript



This is an *Accepted Manuscript*, which has been through the Royal Society of Chemistry peer review process and has been accepted for publication.

Accepted Manuscripts are published online shortly after acceptance, before technical editing, formatting and proof reading. Using this free service, authors can make their results available to the community, in citable form, before we publish the edited article. We will replace this Accepted Manuscript with the edited and formatted Advance Article as soon as it is available.

You can find more information about *Accepted Manuscripts* in the **Information for Authors**.

Please note that technical editing may introduce minor changes to the text and/or graphics, which may alter content. The journal's standard <u>Terms & Conditions</u> and the <u>Ethical guidelines</u> still apply. In no event shall the Royal Society of Chemistry be held responsible for any errors or omissions in this *Accepted Manuscript* or any consequences arising from the use of any information it contains.



www.rsc.org/foodfunction

1 2 3	Supercritical Fluid Extraction of grape seeds: Extract chemical composition, antioxidant activity and inhibition of nitrite production in LPS-
4	stimulated Raw 264.7 cells
5 6 7	Concepción Pérez <sup>a</sup> , María Luisa Ruiz del Castillo <sup>b</sup> , Carmen Gil <sup>c</sup> , Gracia Patricia Blanch <sup>b</sup> , and Gema Flores <sup>b,</sup> *
8 9 10 11 12 13 14 15 16 17 18	<ul> <li><sup>a</sup>Instituto de Química Médica, Consejo Superior de Investigaciones Científicas (IQM-CSIC), c/ Juan de la Cierva 3, 28006 Madrid, Spain</li> <li><sup>b</sup>Instituto de Ciencia y Tecnología de Alimentos y Nutrición. Consejo Superior de Investigaciones Científicas (ICTAN-CSIC), c/ Juan de la Cierva 3, 28006 Madrid, Spain</li> <li><sup>c</sup>Centro de Investigaciones Biológicas Consejo Superior de Investigaciones Científicas (CIB-CSIC). c/ Ramiro de Maeztu 9, 28040 Madrid, Spain</li> <li>Title Running Head: Biological properties of SFE grape seed fatty acids</li> </ul>
19	
20 21 22	* Corresponding author. Tel.: +34 915622900; fax.: +34 915644853 . E-mail: gemaflores@ictan.csic.es (G. Flores)
23 24 25 26 27	
28	
29	
30	
31	
32	
33	
34	

#### 35 ABSTRACT

36 Grape by-products are a rich source of bioactive compounds having broad medicinal 37 properties, but usually wasted from juice/wine processing industries. The present study 38 investigates the use of Supercritical Fluid Extraction (SFE) to obtain an extract rich in 39 bioactive compounds. First, some variables involved in the extraction were applied. 40 SFE conditions were selected based on the oil mass yield, fatty acid profile and total 41 phenolic composition. As a result, 40 °C and 300 bar were selected as operational 42 conditions. The phenolic composition of the grape seeds oil was determined using LC-43 DAD. The antioxidant activity was determined by ABTS and DPPH assays. For the 44 anti-inflammatory activity the inhibition of nitrite production was assessed. The grape 45 seed oil extracted was rich in phenolic compounds and fatty acids with significant 46 antioxidant and anti-inflammatory activity. From these results, an added economical 47 value to this agroindustrial residue is proposed using techniques environmental friendly.

48

# 49 Keywords: Supercritical Fluid Extraction (SFE), by-products, ABTS, DPPH, anti50 inflammatory

- 51
- 52
- 53
- 54
- 55
- 56
- 57
- 58
- 59

#### 60 Introduction

Liquid and solid wastes produced by food processing industries are increasing nowadays. Disposal of these waste materials containing biodegradable organic matter can create environmental problems. Efficient, inexpensive and environmentally rational utilization of agricultural by-products is of undisputed importance for higher profitability and minimal environmental impact. One of the higher value options is the recovery of bioactive plant food constituents, which could be used in pharmaceutical, cosmetics and food industry.<sup>1</sup>

68 Grapes (Vitis vinifera L.) are widely cultivated at climate zone all over the world. Wine 69 and juice are the main products of this crop generating large quantities of waste 70 including grape skins and seeds. When grape is processed into wine or juice making, some of the bioactive compounds are extracted into the juice; however, still appreciable 71 amount remains in the pomace or the seeds<sup>2</sup> (Beveridge, Girard, Kopp, & Drover, 72 73 2005). As a consequence, grape by-products constitute a very cheap source for the extraction of antioxidants with potential health promoting and disease protective 74 qualities.<sup>3,4</sup> Antioxidant extracts can then be used as dietary supplements or in the 75 production of phytochemicals, thus providing important economic advantages.<sup>5,6</sup> Grape 76 77 seeds contain about 14-17% of oil and consist mainly of triglycerides and 78 triacylglycerols of fatty acid. The main interest in this oil lies in its high contents of 79 unsaturated fatty acids such as linoleic acid (72–76%, w/w), which exceeds those in safflower oil (70-72%), sunflower oil (60-62%), and corn oil (about 52%)<sup>7</sup> 80 81 (Ghisalberti, (15 March, 2001). Additionally, this oil is reported to contain minor 82 components such as phenolic compounds.<sup>8,9</sup>

These compounds are reported to exhibit many biological activities, such as properties against the oxidation of low-density lipoproteins,<sup>10</sup> prevention of thrombosis<sup>11</sup> and health benefits for cardiovascular and non-alcoholic fatty liver disease.<sup>12,13</sup>

The traditional way to obtain oil from seeds is by their extraction with organic solvents, 86 which is liable to introduce toxic solvent residues.<sup>14</sup> The application of Supercritical 87 88 Fluid Extraction (SFE) is a promising technology for extraction of edible oils containing labile fatty acids avoiding the use of solvents.<sup>15</sup> This technique uses carbon dioxide as 89 90 the solvent, and allows the design of environment-friendly processes, the processing of 91 biological materials (carbon dioxide has a near-ambient critical temperature), and the possibility of obtaining products free of solvent residuals.<sup>16</sup> In addition, the solubility 92 93 and selectivity of fatty acid oils can be optimized by adjusting the supercritical fluid 94 carbon dioxide pressure and temperature conditions.

95 Several researchers have studied the SFE of oils from different plant seeds.<sup>17,18</sup> 96 However, only a few of these studies have been focused on the extraction of oil from 97 grape seeds.<sup>19,20</sup> Therefore, the aim of this work was to propose a method to obtain an 98 extract rich in health promoting compounds by using SFE. To that end two temperatures 99 were explored (40 and 60°C) combined with different pressures conditions (200, 250 100 and 300 bar). The oils with higher content of bioactive compounds were used to 101 determine their antioxidant and anti-inflammatory activities.

102

#### 103 **Results and discussion**

#### 104 Supercritical Fluid Extraction

SFE temperature and pressure conditions were explored for bioactive compounds extraction. Considerable variation in fatty acid concentration was observed according to the conditions applied. Conditions were selected on the basis of the extraction yield of

108 the oil collected, fatty acid profile and total phenolic content. The extraction yield was 109 calculated as the ratio between the mg of oil produced and the grams of grape seeds 110 used. Table 1 shows the yield obtained with each one of the conditions applied. The 111 total oil content ranged from 8.51 to 220.34 mg/g of grape seeds. The highest yield was 112 recovered when 40 °C and 300 bar or 60 °C and 250 bar were used. The fatty acid 113 profile and total phenolic content found in the extract of grape seeds are illustrated in 114 Table 2. It was observed that under 40 °C and 300 bar it was also possible to extract the 115 highest variety of fatty acids and higher concentration of total phenolic compounds. 116 Based on these considerations 40 °C and 300 bar were selected to carry out the 117 extractions.

#### 118 Fatty acid composition

As can be seen in Table 2 the fatty acid content ranged from 0.05 to 72.45%. It was possible to observe the presence of myristic acid (C14:0) when 300 bar and 40 °C were used in the SFE. However myristic acid wasn't detected at any other of the conditions considered. Linolenic acid (C18:3) was obtained in the conditions at 40 °C whatever the pressure was set. Nevertheless, when the temperature applied was 60 °C it was only extracted at 300 bar.

The lipid fraction of grape seeds was mostly composed by linoleic acid (C18:2, from 68.31 to 72.45%), followed by oleic acid (C18:1, from 15.35 to 17.98%), palmitic acid (C16:0, from 7.29 to 7.69%) and stearic acid (C18:0, from 5.06 to 4.01%). In addition to these main fatty acids others were also detected, namely: myristic (C14:0), palmitoleic (C16:1), heptadecanoic (C17:0),  $\alpha$ -linolenic (C18:3), arachidic (C20:0), and eicosenoic (C20:1). Similar fatty acid profile in grape seed oil has been reported by other authors.<sup>21</sup>

Food & Function Accepted Manuscript

Some of these fatty acids have demonstrated health benefits for different diseases. Particularly, linoleic acid has demonstrated anticarcinogenic effects, and as precursor of eicosanoids, has shown anti-inflammatory and antithrombotic activities.<sup>22,23</sup> Oleic acid has been reported to influence the induction of autophagy and to exert effect on apoptosis,<sup>24</sup> whereas, in the same study, palmitic acid was able to suppress the autophagy and is important in inducing apoptosis.

When considering the general classification of the fatty acids, it was found that grape seeds oils had the following sequence: PUFAs>MUFAs>SFAs, which is in agreement with other studies.<sup>25</sup> Taking into account the high proportion of unsaturated fatty acids in grape seed oil ( $\sim$  70%) and their health benefits<sup>25</sup> they can be recommended for human consumption, presenting a more favourable fatty acid profile than other vegetable oils.

#### 144 **Phenolic composition**

The Total Phenolic Composition (TPC), obtained for the samples extracted at different SFE conditions, is presented in Table 2. It was observed a trend to increase the TPC with pressure. The lowest TPC value was observed at 200 bar and 60 °C ( $3 \pm 1 \text{ mg}$ GAE/g), while the highest TPC was obtained at 300 bar and 40 °C ( $25 \pm 3 \text{ mg}$  GAE/g). The TPC data obtained by SFE at 300 bar were similar to that observed by Kornsteiner *et al.*,<sup>26</sup> for almonds with skin (23 mg GAE/g).

151 The extract obtained applying the SFE selected conditions was subjected to HPLC 152 analysis. Five phenolic acids were identified and quantified (Table 3). Gallic acid was 153 determined at higher concentrations followed by caffeic acid and  $\rho$ -coumaric, whereas 154 ferulic acid and ellagic acid were the phenolic acids present at lower concentration. 155 Other authors have reported these compounds in grape seeds.<sup>27,28</sup> Differences in the

156 composition of the extracts were mainly due to the extraction conditions and the

157 techniques used in the extraction process.

#### 158 Antioxidant activity

159 The antioxidant activity of grape seed oil was determined through the DPPH<sup>•</sup> and ABTS<sup>++</sup> radicals scavenging assays (Figure 1). Both assays have been applied to the 160 161 evaluation of the total antioxidant activity of various substances and widely used in 162 many recent studies for the detection of the total antioxidant activity of edible vegetable oils.<sup>32</sup> As can be seen in the Figure, DPPH and ABTS activities increased with the 163 164 concentration. They varied from 29.2% at 12.5 µg/mL to 95.8% at 200 µg/mL when the 165 extracts were evaluated using the DPPH assay. The oils exerted significantly higher 166 antioxidant activities in the ABTS assay (91.4% at 100 µg/mL).

167 It is well established that DPPH<sup>•</sup> radical is used to evaluate the free radical scavenging 168 activity of hydrogen donating antioxidants. ABTS<sup>+</sup> in addition measures the chain 169 breaking antioxidants.<sup>29</sup> Based on the above considerations, our results suggest that the 170 grape seed oil extracts are potent free radical scavenger and may be utilized as a good 171 source of natural antioxidants to be used as both nutraceutical and functional food 172 ingredients. Our findings seemed to be in good agreement with previous studies 173 reporting the antioxidant activity of extracts from different varieties of grape seeds.<sup>25</sup>

#### 174 Nitrite inhibition

175 Several studies have shown that grapes may have anti-inflammatory properties. In this 176 line, grape extracts have demonstrated higher anti-inflammatory activity when 177 compared to the commercial non-steroidal anti-inflammatory drug (NSAID) 178 indomethacin.<sup>30</sup> *In vivo* studies have been also carried out demonstrating the 179 suppression effect of extracts obtained by red and white grape pomaces on chronic 180 inflammation induced by lipopolysaccharide and galactosamine.<sup>31</sup> The authors found

Food & Function Accepted Manuscript

#### Food & Function

181 that the extract of red grape pomace suppresses the activation of inflammatory 182 transcription factor NF- $\kappa$ B. All these studies consider grape samples rich in 183 polyphenols. However, although the anti-inflammatory properties of some berry fatty 184 acids have been reported by some authors<sup>32</sup> the inflammatory inhibition effects of grape 185 seed fatty acids have not been considered to date.

In this study we evaluated the ability of grape seeds extracted by SFE to inhibit LPSinduced nitric oxide production in Raw 264.7 macrophages. First, the effect of the extracts on cell viability was examined at various concentrations. Exposure of the cells to the extracts (12.5, 25 and 50  $\mu$ g/ml, for 24 h) did not show any significant cytotoxic effect in the present experiments (data not shown).

When cells were incubated with LPS the NO production increased by eight fold (Figure 2). The effects of the seed extracts did not show any decrease on the NO release at 12.5 and 25  $\mu$ g/ml. However when 50  $\mu$ g/ml were used a significant decrease was observed. Considering that NO is a late inflammatory marker formed through activation of inducible nitric oxide synthase (iNOS) its inhibition plays an import role for antiinflammatory candidates.

197 The results presented here show that the SFE grape seed extracts are able to decrease 198 inflammation *in vitro* by inhibiting LPS-induced NO in macrophages. These results are 199 in agreement with the antioxidant activity shown above, thus indicating that the grape 200 seeds bioactive compounds are responsible for these activities.

This is consistent with previous studies that reported that the antioxidant potentials of plant oils can be attributed to the PUFAs and the phenolic compounds.<sup>6,21</sup> In this line, Jiao *et al.*<sup>33</sup> studied two methods of extraction of pumpkin seed oil and evaluated their antioxidant capacity. They reported higher antioxidant activity of the oil with higher amount of PUFAs, according to the DPPH radical scavenging assay and the  $\beta$ -

206 carotene/linoleic acid bleaching test. They also found that among the fatty acids207 identified, the oil produced by this method had higher amount of linoleic acid.

Other authors have associated the antioxidant and anti-inflammatory capacity of plant seeds with their phenolic content. In a manuscript published by Fazio *et al.*<sup>34</sup> they evaluated the anti-inflammatory and antioxidant activity of the seeds of *Sambucus* and *Rubus* species. The results showed that *Rubus* seeds had higher activities. These effects were correlated to the total phenolic content of the seeds.

As a summary of overall results, SFE extraction has shown to be an effective method to obtain health promoting bioactive compounds from grape seeds. The results of our study showed that grape seed extracts possess significant free radical scavenging activity and the ability to inhibit nitrite production. According to that, grape seeds are a valuable source of natural antioxidant and anti-inflammatory extracts for optimal human health.

219 Considering that seeds are obtained as a residue during wine and grape juice production, 220 the SFE method here developed is proposed as a mean to obtained an added value 221 product to be used as a nutraceutical or functional food ingredient by pharmacological 222 and food industries. These results encourage further studies in order to scale up the 223 process for possible industrial production of high quality bioactive ingredients.

224

#### 225 Experimental

#### 226 Chemicals and reagents

Ethanol and methanol were obtained from Carlo Erba Reagenti (Milan, Italy). The
methyl esters of miristic (14:0), palmitic (16:0), palmitoleic (16:1), stearic (18:0), oleic
(18:1), linoleic (18:2), linolenic (18:3) and arachidic acids were purchased from SigmaAldrich (Milan, Italy). Sodium metoxide, 1,1-diphenyl-2-picrylhydrazyl (DPPH), 2,6-

231 di-tert-butyl-4-methylphenol (BHT), and 6-hydroxy-2,5,7,8-tetramethylchroman-2-232 carboxylic acid (Trolox), were also acquired from Sigma-Aldrich (Milan, Italy). The 233 supercritical fluid used was carbon dioxide ( $CO_2 > 99\%$  purity) from Contse (Madrid, 234 Spain). 2,2'-Azinobis(3-ethylbenzothiazoline-6-sulfonate) diammonium salt was from 235 TCI-Ace (Tokyo, Japan). Griess reagents and nitrite standard were supplied by Cayman 236 Chemical (Ann Arbor, MI, USA). Azobis(2-amidinopropane) dihydrochloride (AAPH) 237 was obtained from Wako Chemicals USA Inc. (Richmond, VA). Table red globe grapes 238 from two different batches were obtained from a local market. Oil was extracted from 239 the seeds by SFE.

#### 240 Supercritical Fluid Extraction

241 Extractions were carried out using an SFE pilot plant designed and manufactured by 242 PID Eng. & Tech (Colmenar Viejo, Madrid, Spain). It consists of an extraction module 243 and two separation modules, which can allow fractionating the extracted products. Each 244 module includes process system and electronic control unit. The extraction system was 245 fully automated and controlled by using the Adkir software (PID Eng & Tech). It is 246 equipped with a Dosapro Milton Roy carbon dioxide pump, which can operate up to 75 247 mL/min and 380 bar and a Dosapro Milton Roy co-solvent pump. The system is fitted 248 with a 350 cc classic filter vessel extraction cell for solid sample, porous plate 20 249 microns, and quick connectors for easy work. A coiled heater allows the temperature 250 control of the extraction (internal thermocouple). Seeds were ground using a centrifugal 251 mill (Moulinex, Allençon, France) and passed through 60-mesh sieve with 0.5 mm pore 252 size. In each experiment, 6 g of milled and sieved seeds were placed inside the 253 extractor. The solvent used was carbon dioxide and the solvent flow rate applied was 254 1.5 l/min. Two levels of temperature were used (40 and 60 °C) combined with different 255 pressures (200, 250 and 300 bar). The extractions were done in triplicate. The extracted

oils were stored, under enriched carbon dioxide atmosphere and protected from light, at
-20 °C until further analyses. Conditions were selected based on the oil mass yield, fatty
acid composition and total phenolic content of the oil.

#### 259 Fatty acid methyl esters derivatization method

260 Transesterification of extracted fatty acids from grapes to fatty acid methyl esters 261 (FAMEs) was carried out based on the method previously proposed by Ruiz del Castillo et al.<sup>35</sup> Briefly, 100 mg of sample was mixed with 2.0 mL of MeOH and 2.0 mL of 0.5 262 263 N sodium methoxide. The mixture was heated at 50 °C on a heating block for 10 min. 264 Subsequently, 100 µL of glacial acetic acid, 5 mL of saturated sodium chloride, and 3 265 mL of MeOH containing butylated hydroxytoluene (BHT; 50 ppm) were added. After 266 shaking the tube and centrifuging the contents, the upper layer was removed and put through an anhydrous sodium sulfate column. The sample was then ready for analysis 267 by gas chromatography (GC). 268

#### 269 Fatty acid composition

270 Fatty acids were analyzed in a gas chromatograph (GC) (Hewlett-Packard model 6890), 271 equipped with a split/splitless injector system and a flame ionization detector (FID). The 272 GC separations were performed on a 25 m x 0.25 mm i.d. capillary column coated with 273 a 0.25 µm layer of polyethylene glycol (007 Carbowax 20M, Quadrex). Helium was 274 used as carrier gas at a constant pressure on head column of 25 psi. Injector and detector 275 temperatures were 250 °C and 300 °C, respectively. The injector was operated in the 276 splitless mode. The GC column was initially programmed at 4 °C/min from 70 °C to 230 °C (5 min) and detection was performed with a flame ionization detector (FID). Data 277 278 acquisition was accomplished with the HP-ChemStation system. The identification of 279 the chromatographic peaks was made by comparison with the retention time of the 280 sample peaks and those of fatty acid methyl ester standards injected.

#### 281 Total phenol content

Total phenol content was assessed by Folin-Ciocaltue method.<sup>36,37</sup> Three aliquots were analysed in triplicate (n = 9). To 100  $\mu$ L of sample or gallic acid, 1mL of Folin-Ciocaltue reagent was added, mixed and incubated for 5 min at room temperature prior to addition of 1mL of 0.1 mmol/L Na<sub>2</sub>CO<sub>3</sub> solution. This mixture was then allowed to stand for 90 minutes at room temperature, and the absorbance was determined at 765 nm. Total phenolic content was estimated as gallic acid equivalents (GAE, mg gallic acid/g dry fruit material).

#### 289 HPLC-DAD analysis

290 A Konik (Konik, Sant Cugat del Valle's, Barcelona, Spain) liquid chromatography 291 system model 560 equipped with a Konik 560 UV-Vis detector, a 20 µL sample loop 292 and a column thermostat was used. Separation was carried out on a 250 x 4.6 mm, 5 um 293 ODS reverse phase (C18) column (ACE, Madrid, Spain). The elution solvents A (1% 294 aqueous formic acid solution) and B (60% MeOH with 0.5% formic acid) were applied 295 as follows: flow rate, 1 mL/min; isocratic 95% B for 10 min, from 95–90% over 15 min, 296 from 90-85% over 10 min and from 85-75% over 20 min. The composition was then 297 changed to initial condition in 5min, and maintained for 10 min. Stock solution of gallic 298 acid, caffeic acid, p-coumaric acid, ferulic acid, and ellagic acid were prepared in 70% 299 (v/v) methanol to final concentration of lmg/mL. Each stock solution was further 300 diluted to obtain six concentrations of the standard for HPLC-PDA quantification and 301 they were injected in triplicate. The oil extracts were filtered and injected in triplicate.

**302** Antioxidant activity

303 1,1-Diphenyl-2-picrylhydrazyl Free Radical (DPPH) radical scavenging assay

304 The DPPH assay was carried out according to the method developed by Smith *et al.*<sup>38</sup>

305 with minor modifications. Briefly, 150  $\mu$ L of DPPH in ethanol (400  $\mu$ M) and 50  $\mu$ L

aliquot of the sample in different concentrations (12.5, 25, 50, 100 and 200 µg/mL)
were added 96-well microtiter plate. Decrease of absorbance was monitored at 517 nm
after 30 min of incubation at 37 °C on a microplate reader (Biotek Instruments,
Winooski, VT, USA). The percentage inhibition of the DPPH by each dilution of
samples was calculated considering the percentage of the steady DPPH in solution after
reaction.

## ABTS (2,2'-azino-bis (3-ethylbenzothiazoline-6-sulphonic acid) radical scavenging activity

314 The ABTS radical scavenging capacities of the grape-seed oils was determined based on the method of Re *et al.*<sup>39</sup> Briefly, the ABTS<sup>+</sup> radical was prepared by the reaction of the 315 316 ABTS aqueous solution (7 mM) with  $K_2S_2O_8$  (2.45 mM, final concentration) at ambient temperature in the dark for 12–16 h. The ABTS<sup>+</sup> solution was then diluted with ethanol 317 318 to obtain an absorbance of 0.700 ( $\pm$ 0.20) at 734 nm. In a final volume of 200  $\mu$ L, the reaction mixture compromised 190  $\mu$ l of the ABTS<sup>+</sup> solution and 10  $\mu$ L of the grape 319 320 seed oil at different concentrations (.5, 25, 50, 100 and 200  $\mu$ g/mL). Absorbance was 321 measured 6 min after mixing. The percentage inhibition for different concentrations was 322 calculated by determining the percentage of the steady ABTS in solution after reaction.

#### 323 Cell Viability Assays

Cell viability assay was performed using the MTT photometric analysis and trypan blue dye exclusion method. Briefly, cells were plated in wells of 96-well plates and incubated for 24 h at 37 °C. Cells were treated with or without the extracts. At the end of the treatment, the medium was removed and cells were incubated with 100  $\mu$ l of MTT (5 mg/ml in phosphate buffered saline; PBS) in fresh medium for 4 h at 37 °C. After 4 h, formazan crystals, formed by mitochondrial reduction of MTT, were solubilized in DMSO (150  $\mu$ l/well). After mixing, the absorbance of the cells was

Food & Function Accepted Manuscript

measured at 540 nm following 10 min of incubation on the iMark Microplate Reader BioRad (Hercules, CA, USA). The dye exclusion method was performed by calculating the number of died cells over the control. The content of nitrite, one of the end products of NO oxidation, was monitored by a procedure based on the diazotidation of nitrite by sulfanilic acid (Griess reaction).

337 Twenty-four hours after the incubation of Raw 264.7 cells with 0.4 µg/ml of LPS, 50 µL of sample aliquots were mixed with 50 µL of Griess reagent in 96-well plates and 338 339 incubated at room temperature for 15 min. The absorbance (520 nm) of the mixture was 340 measured on a microplate reader. The concentration of nitrite was calculated with the 341 linear equation derived from the standard curve generated by known concentrations of 342 sodium nitrite.

#### 343 **Statistical Analysis**

Nitrite Quantification

Data are expressed as means values  $\pm$  95% confidence interval. Analysis of variance 344 345 was performed by one-way analysis of variance (ANOVA) with significant differences 346 between means determined by the Student's t-test. JMP Statistics software package 347 version 8 was used for statistical analyses (SAS Institute Inc., NC, USA).

348

331

332

333

334

335

336

#### 349 Acknowledgments

350 Financial support for this study was provided by Comunidad de Madrid (project CAM

351 S-2009/AGR1464, ANALISYC-II), and by Ministerio de Ciencia e Innovación (project 352 SAF-2012-37979-C03-01). The authors acknowledge Ángela Gómez Parras for her help

- 353 in the experimental work Dra. Gema Flores thanks CSIC for her JAE-Doc contract.
- 354
- 355

#### 356 **REFERENCES**

- 357 1 Makris, D. P., Boskou, G., & Andrikopoulos, N. K. Recovery of antioxidant phenolics
- 358 from white vinification solid by-products employing water/ethanol mixtures. *Biores.*
- 359 *Technol.*, 2007, **98**, 2963-2967.
- 360 2 Beveridge, T. H., Girard, B., Kopp, T., & Drover, J. C. Yield and composition of
- 361 grape seed oils extracted by supercritical carbon dioxide and petroleum ether: varietal
- 362 effects. J. Agric. Food Chem., 2005, **53**, 1799-1804.
- 363 3 Louli, V., Ragoussis, N., & Magoulas, K. Recovery of phenolic antioxidants from
- 364 wine industry by-products. *Biores. Technol.*, 2004, **92**, 201-208.
- 365 4 Zhang, F. L., Gao, H. Q., & Shen, L. Inhibitory effect of GSPE on RAGE expression
- 366 induced by advanced glycation end products in endothelial cells. J. Cardiovasc.
- 367 *Pharmacol.*, 2005, **50**, 434-440.
- 368 5 Alonso, A. M., Guillen, D. A., Barroso, C. G., Puertas, B., & Garcia, A.
  369 Determination of antioxidant activity of wine byproducts and its correlation with
- polyphenolic content. J. Agric. Food Chem, 2002, 50, 5832-5836.
- 371 6 Negro, C., Tommasi, L., & Miceli, A.. Phenolic compounds and antioxidant activity
- from red grape marc extracts. *Biores. Technol.*, 2003, **87**, 41-44.
- 373 7 Ghisalberti, C. (15 March, 2001). PCT Int. Appl. WO 2001018161 A2.
- 8 Maier T, Schieber A, Kammerer DR, Carle R. Residues of grape (Vitis vinifera L.)
- seed oil production as a valuable source of phenolic antioxidants. *Food Chem.*, 2009,
- **112**, 551–559.
- 377 9 Bail S, Stuebiger G, Krist S, Unterweger H, Buchbauer G. Characterisation of various
- 378 grape seed oils by volatile compounds, triacylglycerol composition, total phenols and
- antioxidant capacity. *Food Chem.*, 2008, **108**, 1122–1132.

Food & Function Accepted Manuscript

- 380 10 Lee, M. W., Park, J. K., Hong, J. W., Kim, K. J., Shin, D. Y., Ahn, C. W., Song, Y.
- 381 D., Cho, H. K., Park, S. W., & Lee, E. J. Beneficial Effects of Omega-3 Fatty Acids on
- 382 Low Density Lipoprotein Particle Size in Patients with Type 2 Diabetes Already under

383 Statin Therapy. *Diabetes Metab. J.*, 2013, **37**, 207-211.

- 384 11 Yamashita, T., Oda, E., Sano, T., Yamashita, T., Ijiru, Y., Giddings, J. C., &
- 385 Yamamoto, J. Varying the ratio of dietary n-6/n-3 polyunsaturated fatty acid alters the
- 386 tendency to thrombosis and progress of atherosclerosis in apoE-/- LDLR-/- double
- 387 knockout mouse. *Thromb. Res.*, 2005, **116**, 393-401.
- 388 12 Monteiro, J., Leslie, M., Moghadasian, M. H., Arendt, B. M., Allard, J. P., & Ma, D.
- 389 W. The role of n 6 and n 3 polyunsaturated fatty acids in the manifestation of the
- 390 metabolic syndrome in cardiovascular disease and non-alcoholic fatty liver disease.
- 391 *Food Funct.*, 2014, **5**, 426-435.
- 392 13 Siger, A., Nogala-Kalucka, M., Lampart-Szczapa, E. The content and antioxidant
  activity of phenolic compounds in cold-pressed plant oils. *J. Food Lip.*, 2008, **15**, 137–
  149
- 14 Gonzáles, M., Gonzáles, V. Sample preparation of tropical and subtropical fruit
  biowastes to determine antioxidant phytochemicals. *Anal. Methods*, 2010, 2, 1842-1866.
  15 Abbas, K. A., Mohamed, A., Abdulamir, A. S. & Abas, H. A. A review on
- 398 supercritical fluid extraction as new analytical method. *Am. J. Biochem. Biotechnol.*,
  399 2008, 4, 345-353.
- 400 16 Rajaei, A., Barzegar, M. and Yamini, Y. Supercritical Fluid Extraction of Tea Seed
  401 Oil and Its Comparison with Solvent Extraction. *Eur. Food Res. Technol.*, 2005, 220,
  402 401-405.

16

- 403 17 Ara, K. M., Karami, M., Raofie, F. Application of response surface methodology for 404 the optimization of supercritical carbon dioxide extraction and ultrasound-assisted 405 extraction of Capparis spinosa seed oil. J. Sup. Fluids, 2014, 85, 173-182. 406 18 Wenli, Y., Yaping, Z., Jingjing, C., Bo, S. Comparison of two kinds of pumpkin seed 407 oils obtained by supercritical CO2 extraction. Eur. J. Lip. Sci. Technol., 2004, 106, 355-408 358. 409 19 Da Silva, T. L., Bernardo, E.C., Nobre, B., Mendes, R.L., Reis, A. Extraction of 410 Victoria and Red Globe grape seed oils using supercritical carbon dioxide with and
- 411 without ethanol. J. Food Lip., 2008, **15**, 356-369.
- 412 20 Freitas, L. D. S., De Oliveira, J.V., Dariva, C., Jacques, R.A., Caramão, E.B.
- 413 Extraction of grape seed oil using compressed carbon dioxide and propane: Extraction
- 414 yields and characterization of free glycerol compounds. J. Agric. Food Chem., 2008, 56,
- 415 2558-2564.
- 416 21 Fernandes, L. C., S., Cruz, R., Pereira, J.A., Ramalhosa, E. Seed oils of ten
  417 traditional Portuguese grape varieties with interesting chemical and antioxidant
  418 properties. *Food Res. Int.*, 2013, **50**, 161-166.
- 419 22 Kelley, N. S., Hubbard, N. E., & Erickson, K. L. Conjugated linoleic acid isomers
- 420 and cancer. J. Nutr., 2007, **137**, 2599-2607.
- 421 23 Simopoulos AP (1994). Fatty acids. In I Goldberg, ed, Functional Foods: Designer
- 422 Foods, Pharmafoods, Nutraceuticals. Chapman & Hall, New York, pp. 355-392
- 423 24 Mei, S., Ni, H. M., Manley, S., Bockus, A., Kassel, K. M., Luyendyk, J. P., Copple,
- 424 B. L., & Ding, W. X. Differential roles of unsaturated and saturated fatty acids on
- 425 autophagy and apoptosis in hepatocytes. J. Pharmacology Exp. Ther., 2011, 339, 487-
- 426 498.

- 427 25 Mozaffarian, D., Micha, R. & Wallace, S. Effects on coronary heart disease of
- 428 increasing polyunsaturated fat in place of saturated fat: a systematic review and meta-
- 429 analysis of randomized controlled trials. *PLos Med.*, 2010, 7, 1-10
- 430 26 Kornsteiner, M., Wagner, K.-H., Elmadfa, I. Tocopherols and total phenolics in 10
- 431 different nut types. *Food Chem.*, 2006, **98**, 381–387.
- 432 27 Weidner, S., Chrzanowski, S., Karamać, M., Król, A., Badowiec, A., Mostek, A.,
- 433 Amarowicz, R. Analysis of phenolic compounds and antioxidant abilities of extracts
- 434 from germinating Vitis californica seeds submitted to cold stress conditions and
- 435 recovery after the stress. Int. J. Mol. Sci., 2014, 15, 16211-16225.
- 436 28 Farías-Campomanes, A. M., Rostagno, M. A., Meireles, M. A. (2013). Production of
- 437 polyphenol extracts from grape bagasse using supercritical fluids: Yield, extract
- 438 composition and economic evaluation *The J. Sup. Fluids*, 2013, 77, 70-78
- 29 Choi, Y., Jeong, H. S., & Lee, J. Antioxidant activity of methanolic extracts from
  some grains consumed in Korea. *Food Chem.*, 2007, **103**, 130-138.
- 441 30 Panico, A. M., Cardile, V., Avondo, S., Garufi, F., Gentile, B., Puglia, C., Bonina,
- 442 F., Santagati, N. A., & Ronsisvalle, G. The in vitro effect of a lyophilized extract of
- wine obtained from Jacquez grapes on human chondrocytes. *Phytomed.*, 2006, 13, 522526.
- 31 Nishiumi, S., Mukai, R., Ichiyanagi, T., & Ashida, H. Suppression of
  lipopolysaccharide and galactosamine-induced hepatic inflammation by red grape
  pomace. J. Agric. Food Chem., 2012, 60, 9315-9320.
- 448 32 Lee, Y., Thompson, J. T., & Vanden Heuvel, J. P. 9E,11E-conjugated linoleic acid
- 449 increases expression of the endogenous anti-inflammatory factor, interleukin-1 receptor
- 450 antagonist, in RAW 264.7 cells. J. Nutr., 2009, 139, 1861-1866.

451	33 Jiao, J., Li, Z. G., Gai, Q. Y., Li, X. J., Wei, F. Y., Fu, Y. J., Ma, W. Microwave-
452	assisted aqueous enzymatic extraction of oil from pumpkin seeds and evaluation of its
453	physicochemical properties, fatty acid compositions and antioxidant activities. Food
454	Chem., 2014, 147, 17-24.
455	34 Fazio, A., Plastina, P., Meijerink, J., Witkamp, R. F., Gabriele, B. Comparative
456	analyses of seeds of wild fruits of Rubus and Sambucus species from Southern Italy:
457	fatty acid composition of the oil, total phenolic content, antioxidant and anti-
458	inflammatory properties of the methanolic extracts. Food Chem., 2013, 140, 817-824
459	35 Ruiz del Castillo, M. L., Dobson, G., Brennan, R., & Gordon, S. Genotypic variation
460	in fatty acid content of blackcurrant seeds. J. Agric. Food Chem., 2002, 50, 332-335.
461	36 Kähkönen, M. P., Hopia, A. I., Vuorela, H. J., Rauha, JP., Pihlaja, K., Kujala, T. S.,
462	Heinonen, M. Antioxidant activity of plant extracts containing phenolic compounds. J.
463	Agric. Food Chem., 1999, <b>47</b> , 3954–3962.
464	37 Singleton, V. L., Rossi, J. A. Colorimetry of total phenolics with phosphomolybdic-
465	phosphotungstic acid reagents. Am. J. Enol. Vitic., 1965, 16, 144-158.
466	38 Smith, R. C., Reeves, J. C., Dage, R. C., & Schnettler, R. A. Antioxidant properties
467	of 2-imidazolones and 2-imidazolthiones. Biochem. Pharmacol., 1987, 36, 1457-1460.
468	39 Re, R., Pellegrini, N., Proteggente, A., Pannala, A., Yang, M., & Rice-Evans, C.
469	Antioxidant activity applying an improved ABTS radical cation decolorization assay.
470	Free Radic. Biol. Med., 1999, 26, 1231-1237.
471	
472	

#### 477 Figure Captions

- 478 Figure 1. DPPH a) and ABTS b) radical scavenging activity (%) of grape seed extracts
- 479 at different concentrations (12.5, 25, 50, 100 and 200  $\mu$ g/mL)
- 480 Figure 2. Production of extracellular nitrite in Raw 264.7 cells stimulated with LPS (0,4
- 481 lg/mL) for 24 h in the presence of grape seed extracts at 12.5, 25 and 50  $\mu$ g/mL. Data
- 482 are expressed as the mean  $\pm$  SD from two independent experiments and quantified using
- 483 Griess reagent. Bars different letters (a–c) are significantly (P > 0.05).

Temperature (°C)	Pressure (bar)	yield (mg/g grape seeds)
40	200	8,5
40	250	82,1
40	300	220,3
60	200	155,3
60	250	216,1
60	300	150,8

		Concentration	of fatty acids in	% of ∑ FAME		
Fatty acids	200 bar	250 bar	300 bar	200 bar	250 bar	300 bar
	40°C	40°C	40°C	60°C	60°C	60°C
C14:0	-	-	$0.08\pm0.02$	-	_	-
C16:0	$7.58\pm0.02$	$7.63\pm0.01$	$7.42\pm0.03$	$7.69\pm0.01$	$7.34\pm0.02$	$7.29\pm0.01$
C16:1	$0.21\pm0.04$	$0.20\pm0.01$	$0.24\pm0.01$	$0.29\pm0.02$	$0.26\pm0.01$	$0.25\pm0.01$
C17:0	$0.06\pm0.01$	$0.07\pm0.02$	$0.05\pm0.01$	$0.06\pm0.01$	$0.07\pm0.01$	$0.07\pm0.01$
C18:0	$4.97\pm0.03$	$5.03\pm0.01$	$4.03\pm0.01$	$4.01\pm0.03$	$4.57\pm0.02$	$4.49\pm0.02$
C18:1ω9	$17.85\pm0.03$	$17.98\pm0.03$	$17.49\pm0.02$	$15.35\pm0.01$	$16.41\pm0.01$	$15.93\pm0.01$
C18:2w6	$68.31\pm0.01$	$68.01\pm0.01$	$69.78\pm0.03$	$72.45\pm0.03$	$71.14\pm0.02$	$71.68 \pm 0.02$
C18:3ω3	$0.78\pm0.01$	$0.79\pm0.02$	$0.56\pm0.03$	-	_	$0.06\pm0.02$
C20:0	$0.11\pm0.02$	$0.17\pm0.03$	$0.20\pm0.01$	_	$0.21\pm0.02$	$0.09\pm0.01$
C20:1ω9	$0.13\pm0.01$	$0.12\pm0.02$	$0.15\pm0.03$	$0.15\pm0.02$	_	$0.14\pm0.01$
Σ SFA	$12.72\pm0.03a$	$12,90 \pm 0.03b$	$11.78\pm0.03c$	$11.76\pm0.03c$	$12.19\pm0.02d$	$11.94\pm0.03e$
$\Sigma$ MUFA	$18.19\pm0.02a$	$18.30\pm0.02b$	$17.88\pm0.02c$	$15.79\pm0.03d$	$16.67 \pm 0.03e$	$16.32\pm0.02f$
$\Sigma$ PUFA	$69.09\pm0.03a$	$68{,}80\pm0.03b$	$70.34\pm0.03c$	$72.45\pm0.02d$	$71.14\pm0.03e$	$71.74\pm0.03f$
TPC (mg GAE/g)	$7 \pm 3a$	$17 \pm 4b$	$25\pm 3c$	$3 \pm 1a$	$10 \pm 2a$	$16 \pm 3b$

223 <b>Table 2.</b> Fally acta composition and total phonone content of grape seeds exit
------------------------------------------------------------------------------------------

527 C14:0 (myristic acid); C16:0 (palmitic acid); C16:1 (palmitoleic acid); C17:0 (heptadecanoic acid); C18:0
528 (stearic acid); C18:1 (oleic acid); C18:2 (linoleic acid); C18:3 (linolenic acid); C20:0 (arachidic acid);
529 C20:1 (eicosenoic acid); SFAs (saturated fatty acids); MUFAs (monounsaturated fatty acids); PUFAs
530 (polyunsaturated fatty acids).

 $\begin{array}{l} 531 \\ 532 \end{array} Same letters indicate no significant difference at level of 5\% (p < 0.05) \\ 532 \end{array}$ 

Table 3. Concentration      40°C and 300 bar	of identified phenolic act	ds (g/kg of extract) in the grape seed oil extracted a
Compound	Concentration	_
Gallic acid	$2.01\pm0.19a$	_
Caffeic acid	$0.42\pm0.09b$	
ρ-Coumaric acid	$0.22 \pm 0.03c$	
Ferulic acid	$0.05 \pm 0.01$ d	

Ellagic acid $0.02 \pm 0.01d$ Same letters indicate no significant difference at level of 5% (p < 0.05)</td> 566











Figure 2 595x446mm (72 x 72 DPI)