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1 **Maillard Reaction of Shrimp by-products protein hydrolysate:**  
2 **Chemical changes and inhibiting effects of reactive oxygen species in**  
3 **human HepG2 cells**

4 Fengchao Zha,<sup>a,§</sup> Binbin Wei,<sup>a,§</sup> Shengjun Chen,<sup>b</sup> Shiyuan Dong,<sup>a,\*</sup> Mingyong Zeng<sup>a</sup>, Zunying

5 Liu<sup>a</sup>

6 <sup>a</sup> College of Food Science and engineering, Ocean University of China, Qingdao, Shandong  
7 266003, China

8 <sup>b</sup> South China Sea Fisheries Research Institute, Chinese Academy of Fishery Sciences,  
9 Guangzhou, 510300, China

10 \*Corresponding author. Tel: +86 532 8203 2400; fax: +86 532 8203 1908. E-mail:

11 [dongshiyuan@ouc.edu.cn](mailto:dongshiyuan@ouc.edu.cn); <sup>§</sup>These authors equally contributed to the study.

27 **Abstract**

28 Recently, much attention has been given to improving antioxidant activity of protein  
29 hydrolysates via Maillard reaction, but little is known about the cellular antioxidant  
30 activity of Maillard reaction products (MRPs) from protein hydrolysate. We firstly  
31 investigated chemical characterization and cellular antioxidant activity of MRPs in  
32 shrimp (*Litopenaeus vannamei*) by-products protein hydrolysate (SBH)-glucose  
33 system at 110 °C for up to 10 h of heating. Solutions of SBH and glucose were also  
34 heated alone as controls. Maillard reaction greatly resulted in the increase of  
35 hydroxymethylfurfural (HMF) and browning intensity, high molecular weight fraction,  
36 and reduction of the total amino acid in SBH with the heating time, which correlated  
37 well with free radical scavenging activity of MRPs. MRPs had stronger inhibiting  
38 effects on oxidative stress of human HepG2 cells than the original SBH, and its  
39 cellular antioxidant activity strongly correlated with free radical scavenging activity,  
40 but less affected by brown intensity and HMF level. The caramelization of glucose  
41 partially affected the HMF level and free radical scavenging activity of MRPs, but it  
42 was not relate to the cellular antioxidant activity. The cellular antioxidant activity of  
43 MRPs for 5 h of heating time appeared to reach a maximum level, which was mainly  
44 due to carbonyl ammonia condensation reaction. In conclusion, Maillard reaction was  
45 a potential method to increase the cellular antioxidant activity of shrimp by-products  
46 protein hydrolysate, but the higher HMF levels and the lower amino acid in its MRPs  
47 should also be considered.

48 **Keywords:** Maillard reaction, shrimp, protein hydrolysate, reactive oxygen stress,  
49 antioxidant activity

50

51 **1. Introduction**

52 In China, the output of shrimp from aquatic breeding was up to 2,634,383 tonnes in  
53 2012, 55% of which was Pacific White shrimp (*Litopenaeus vannamei*).<sup>1</sup> Generally,  
54 the shrimp by-products from shrimp processing account for approximately 30–40 %  
55 of the total shrimp population, and this waste has a real potential for pollution and  
56 disposal problems. Nowadays, the potential for producing functional protein  
57 hydrolysates from shrimp by-products has also been suggested by recent researchers.<sup>2</sup>  
58 The Maillard reaction is involved in the formation of brown pigments via the  
59 condensation of a carbonyl group of reducing sugars, aldehydes or ketones with the  
60 amine group of amino acids (such as amino acids, peptides and proteins) or any  
61 nitrogenous compound in heated foods or model system.<sup>3</sup> Development of the  
62 Maillard reaction can be assessed by monitoring the formation of some new  
63 compounds, such as the Amadori compounds formed exclusively via MR,  
64 hydroxymethylfurfural (HMF) derived from both the MR and caramelization, and  
65 browning polymers.<sup>4</sup> Furosine, originated in the early stage of the MR from the  
66 interaction of the  $\epsilon$ -amino groups of lysine with glucose, lactose and maltose, have  
67 been considered a useful indicator of the degree of damage during the initial steps of  
68 the MR in cereal products or milks.<sup>5, 6</sup> HMF has been used to evaluate the extent of  
69 the MR during processing and storage as it is produced from the middle-stage of MR.<sup>4</sup>  
70 However, the formation of Amadori compounds in the MR, such as furosine and  
71 N-(2-furoylmethyl) amino acids, resulted in a decrease of protein digestibility and

72 lysine bioavailability, and HMF is considered as a potentially harmful substance in  
73 thermally processed food.<sup>7, 8</sup>

74 It is well known that Maillard reaction products (MRPs) produced in both heat-treated  
75 food systems and in sugar–amino acid model systems have antioxidant activity.<sup>9</sup> In  
76 recent years, some research has shown that Maillard reaction could effectively  
77 improve the antioxidant activity of proteins hydrolysate.<sup>10</sup> Some MRPs of protein  
78 hydrolysates from soybean,<sup>11-12</sup> peanut,<sup>13</sup> mechanically deboned chicken residue<sup>14</sup> and  
79 lactoglobulin<sup>15</sup> have stronger antioxidant activity in both chemical model and food  
80 systems. Furthermore, the measurement of antioxidative activity using certain  
81 reaction conditions may be different from one assay to another, and the antioxidant  
82 activity must be determined using various assays. The use of cell model systems is  
83 closer to in vivo.<sup>16</sup> Some MRPs from heating rice starch and glycine,<sup>17</sup> biscuit  
84 melanoidin<sup>18</sup> and coffee melanoidin,<sup>19</sup> have shown antioxidant effects on some cells  
85 induced damage.

86 Despite these previous investigations, little is known about the formation of HMF and  
87 furosine in protein hydrolysate Maillard reaction system and the cellular antioxidant  
88 activity of their MRPs. Therefore, the objectives of this research were to investigate  
89 the chemical changes including furosine, HMF, the amino acid, browning  
90 development and molecular weight distribution of shrimp by-products (*Litopenaeus*  
91 *vannamei*) protein hydrolysate reacting with glucose, and their protective effects  
92 against reactive oxygen stress (ROS) in HepG2 cells. As biomarkers for antioxidant  
93 capacity, the intracellular ROS level-, and cytotoxicity-induced by

94 2,2'-azobis(2-amidinopropane) dihydrochloride (AAPH) were used. The structural  
95 changes of samples after the Maillard reaction were also analyzed through the FI-IR  
96 spectrum. In this way, the present findings will help to provide the theoretical basis  
97 for improvement of antioxidant activity of functional foods containing protein  
98 hydrolysates via Maillard reaction.

## 99 2. Materials and Methods

### 100 2.1 Materials

101 The shrimp by-products, containing shrimp head, shell and tail, generated from  
102 processing of Pacific White shrimp (*Litopenaeus vannamei*), was donated by Meijia  
103 Group, Ltd. (Shangdong, China). The human liver carcinoma cell line HepG2 was  
104 obtained from the Type Culture Collection of the Chinese Academy of Sciences  
105 (Shanghai, China).

106 Dulbecco modified Eagle's minimal essential medium (DMEM), fetal bovine serum  
107 (FBS), penicillin, streptomycin, Hank's buffered saline solution (HBSS) and  
108 trypsin-EDTA were purchased from Hyclone (Thermo scientific). Alcalase 2.4 L,  
109 fluorescein, 2, 2-diphenyl-1-picrylhydrazyl (DPPH), 2', 7'-dichlorofluorescein  
110 diacetate (DCFH-DA), Trolox (6-hydroxy-2,5,7,8-tetramethylchroman-2-carboxylic  
111 acid), AAPH, and 3-(4,5-Dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide  
112 (MTT) were purchased from Sigma-Aldrich, Inc. (St. Louis, MO, USA). All other  
113 chemicals and reagents were of analytical grade or better.

### 114 2.2 Preparation of Maillard reaction products (MRPs)

115 The shrimp by-products were ground in a blender (Precision DS-1, Shanghai, China),

116 and then mixed with deionized water at a ratio of 1:3 (w/v). The resultant mixture was  
117 subjected to protein hydrolysis (3.6 mL Alcalase / 100 g protein) by Alcalase 2.4 L at  
118 pH 8.0 and 60 °C in a stirred water bath. The pH of the mixture was maintained a  
119 constant pH using 2 M NaOH. After 3 h of hydrolysis, the solution was subsequently  
120 heated to 90 °C for 5 min to inactivate the enzyme, followed by centrifugation at  
121 10000 g for 10 min. Finally, shrimp protein by-products hydrolysates (SBH) was  
122 freeze-dried, and kept at -18 °C before further analysis.

123 MRPs were prepared using the method of Laroque et al.<sup>20</sup> with some modifications.  
124 SBH at a protein concentration of 18.43 mg mL<sup>-1</sup> was dissolved in 50 mM phosphate  
125 buffer solution (pH 6.5) and glucose was added at the concentration of 35.3 mg mL<sup>-1</sup>  
126 (equivalent to approximately 1 : 4 mole ratio of free amino group residues to sugar  
127 carbonyl groups). The solution (3 mL) was kept in 10 mL screw-cap tubes and heated  
128 in an oil bath at 110 °C for up to 10 h.

### 129 **2.3 Measurement of HMF and furosine**

130 HMF was monitored using the method of Zappalà et al.<sup>21</sup> with a slight modification.  
131 Samples (5mg mL<sup>-1</sup>) were filtered on 0.45 µm filter and used for HPLC analysis  
132 (Agilent 1100, USA). The column was an Agilent Zorbax SB-C<sub>18</sub> (250 × 4.6, 5 µm).  
133 The elution was done isocratically with a mixture of 90% water containing 1% acetic  
134 acid and 10% acetonitrile using a flow rate of 1 mL min<sup>-1</sup> and an injection volume of  
135 20 µL. The UV detector was set at 282 nm. HMF was quantified using the external  
136 standard method within 0.1-50 mg L<sup>-1</sup>.

137 Furosine was determined using the methods of Rufián-Henares et al.<sup>22</sup> with some

138 modifications. One milliliter of the sample was hydrolyzed with 7 mL of 9.08 M HCl  
139 at 120 °C for 23 h in a Pyrex screw-cap vial with PTFE-faced septa. High-purity N<sub>2</sub>  
140 gas was bubbled through the solution for 2 min. The hydrolysates were filtered with a  
141 medium-grade paper filter. A 0.5 mL portion of the filtrate was applied to a Sep-pak  
142 C<sub>18</sub> cartridge (Millipore) pre-wetted with 5 mL of methanol and 10 mL of deionized  
143 water and was then eluted with 3 mL of 3 M HCl and evaporated with rotary  
144 evaporator at 65 °C. Dried sample was dissolved in 1 mL of a mixture of water,  
145 acetonitrile and formic acid (95:5:0.2), and 20 µL of the resulting solution was  
146 introduced into a HPLC system (Agilent 1100, USA) equipped with a C8 column  
147 (250 × 4.6 mm Alltech furosine dedicated; Alltech, Nicholasville, KY). The mobile  
148 phase was 5 mM sodium heptane sulphonate including 20 % of acetonitrile and 0.2 %  
149 of formic acid and at a flow rate of 1 mL/min. The UV/VIS detector was set at 280  
150 nm, and furosine was quantified by the external standard method within 0.05-1.5 mg  
151 L<sup>-1</sup>.

#### 152 **2.4 Determination of amino acids**

153 The amino acid composition of MRPs were determined according to the method of Li  
154 et al.<sup>23</sup> After hydrolysis of the sample with 6 M HCl at 110 °C for 22 h, the amino acid  
155 content was determined by an HPLC system (Agilent 1100, USA) with on-line  
156 pre-column derivatation by o-phthaldialdehyde and 9-fluorenylmethyl chloroformate  
157 (for proline analysis). Analysis was performed on a Hypersil C18 column (4.6 mm ×  
158 150 mm, 5 µm). The UV detector was set at a wavelength of 338 nm. The column  
159 temperature was 30 °C. Gradient elution was used. The gradients were formed with



160 20 mM sodium acetate (A) and 20 mM sodium acetate: methanol: acetonitrile (1:2:2  
161 V/V/V; solvent B). The elution profile was: 0-10 min, 50% B; 10-20 min, 50-100% B;  
162 20-25 min, 100-50% B. The flow rate was 1.0 mL/min.

### 163 **2.5 Browning intensity of MRPs**

164 The absorbance of samples was measured using a UV-VIS 2550 spectrophotometer  
165 (Shimadzu, Kyoto, Japan) at 420 nm.<sup>24</sup> Appropriate dilutions were prepared in order  
166 to obtain an absorbance value of less than 1.5.

### 167 **2.6 Molecular weight distributions**

168 Molecular weight distributions of samples were determined by Gel Permeation  
169 Chromatography using a HPLC system (Agilent 1100, USA) according to the method  
170 of Dong et al.<sup>25</sup> A TSK gel 2500 SWXL column (300 mm ×7.8 mm, Tosoh Co., Tokyo,  
171 Japan) was equilibrated with 50 % acetonitrile (v/v) in the presence of 0.1 %  
172 trifluoroacetic acid. The samples were applied to the column and eluted at a flow rate  
173 of 0.5 mL/min and monitored at 280 nm at room temperature. A standard calibration  
174 curve was obtained from the retention time of the following standards: cytochrome C  
175 (12,500 Da), insulin (5734 Da), bacitracin (1450 Da), and glutathione (309.5 Da),  
176 hippuric acid (179.2 Da).

### 177 **2.7 Chemical-based antioxidant activity assay**

178 Chemical-based antioxidant activity was determined by using DPPH scavenging  
179 activity and the oxygen radical absorbance capacity (ORAC) method.<sup>26</sup> ORAC assay  
180 measures the peroxy radical reaction to completion by combining both inhibition  
181 percentage and inhibition time of the free radical quenching process. ORAC assay

182 was estimated according to the procedure reported by Dávalos et al.<sup>27</sup> The results  
183 were expressed in  $\mu\text{mol}$  equivalents of trolox per g dry matter.

## 184 **2.8 Cellular antioxidant activity**

185 HepG2 cells were cultured in DMEM, containing 10% (v/v) FBS,  $100 \text{ U mL}^{-1}$   
186 penicillin and  $0.1 \text{ mg mL}^{-1}$  streptomycin at  $37 \text{ }^\circ\text{C}$  in 5%  $\text{CO}_2$ . After being seeded in  
187 6-well microplates ( $10^4 \text{ cells mL}^{-1}$ ) for 12 h, the cells were washed with PBS twice  
188 for cell viability and oxidation damage assay.

189 **2.8.1 Cell viability** For evaluation the protective effect of samples against oxidative  
190 stress, cells were pre-treated with DMEM medium containing 2.8 mM AAPH for 14 h,  
191 and then the medium was discarded and fresh medium with the different  
192 concentrations of MRPs were added, and followed by incubation for an additional 6 h.  
193 Cell viability was estimated using the MTT assay. Briefly, cells were pre-treated with  
194 2.8 mM AAPH for 14 h, and then the culture was incubated with MRPs ( $1000 \mu\text{g}$   
195  $\text{mL}^{-1}$ ) for another 6 h. Furthermore, the cells were treated with MTT ( $0.5 \text{ mg mL}^{-1}$ ) for  
196 4 h at  $37 \text{ }^\circ\text{C}$ . The formazan precipitate was then dissolved in  $100 \mu\text{L}$  DMSO and  
197 absorbance at 570 nm was measured using a Benchmark microculture plate reader  
198 (Bio-Rad, CA). The cell viability in stressed cells was expressed as percent of  
199 nonstressed and unsupplemented (US) HepG2 cells.

200 **2.8.2 Measurement of intracellular ROS concentration** Intracellular ROS  
201 concentration was monitored quantified by the DCFH assay according to the method  
202 of Esmæili et al.<sup>28</sup> with slight modifications. DCFH-DA ( $25 \mu\text{M}$ ) in absolute ethanol  
203 was kept in the dark at  $-20 \text{ }^\circ\text{C}$  until used. Cells were pre-treated with 2.8 mM AAPH

204 for 16 h, and MRPs were added and incubated for another 6 h. Cells were treated with  
205 50  $\mu$ L 25  $\mu$ M DCFH-DA for 1 h, then the compound-treated cells were washed twice  
206 with HBSS to remove the extracellular compounds, and DCFH-DA fluorescence was  
207 detected using a spectrofluorometer with the excitation and emission wavelengths at  
208 485 and 530 nm, respectively. Both excitation and emission slits were set to 1 nm.  
209 Cellular ROS concentration was expressed as the fluorescence intensity quantified by  
210 the DCFH assay using a microplate reader.

### 211 **2.9 Fourier transform - infrared (FTIR) measurement**

212 FTIR spectra were obtained from discs containing 1 mg of sample in approximately  
213 100 mg of potassium bromide (KBr). An FTIR spectrophotometer (Bruker  
214 Equinox-55, Germany) was used in the experiment. All spectra were recorded within  
215 a range from 400 to 4000  $\text{cm}^{-1}$  with 4  $\text{cm}^{-1}$  resolution and 32 scans.

### 216 **2.10 Statistical analyses**

217 The data obtained in cell cultures are reported as the mean  $\pm$  standard deviation (SD)  
218 of six replicate determinations, data from other analysis are presented as the mean  $\pm$   
219 SD of triplicate determinations. The least significant difference (LSD) mean  
220 comparison was performed using the SPSS software program (SPSS Inc., Chicago, IL,  
221 USA) to compare the mean differences ( $p < 0.05$ ).

## 222 **3. Results and discussion**

### 223 **3.1 Formation of furosine and HMF, Browning development of MRPs**

224 **Fig. 1A** shows the furosine levels of MRPs as a function of heating time. The furosine  
225 concentration in MRPs showed a rapid increase and reached the maximum levels

226 within 2 h of heating, and no significant decrease was observed between 2 h to 5 h;  
227 subsequently, the furosine levels showed a gradual decrease for up to 10 h of heating.  
228 The results suggest that most of the furosine formed in the early stages of MR and  
229 then degraded subsequently. Moreover, the contents of furosine in MRPs keep stable  
230 for 2-5 h of heating, possibly implying that the synthesis and decomposition of the  
231 furosine was close. The results was not consistent with Charissou et al.,<sup>29</sup> who  
232 reported that changes of the furosine level in model systems as a heating time  
233 followed a bell-shape curve pattern.

234 . The HMF content in MRP samples and glucose heated alone gradually increased as a  
235 function of heating time (**Fig. 1B**). The HMF level for glucose heated alone for 10h of  
236 heating accounted for 42 % of the corresponding value of MRP samples. There are a  
237 lot of studies about HMF levels in various foods.<sup>30</sup> The maximum levels of HMF (150  
238 mg/kg) in SBH-Glu system for up to 10 h of heating are close to that of processed  
239 almonds and lower than beverage powder with coffee (286 mg/kg).<sup>31</sup>

240 The formation of melanoidin, which causes brown coloration via MR, is categorized  
241 as the final stage of MR. **Fig. 1C** shows browning development for SBH-Glu as a  
242 function of heating time. Browning intensity of SBH-Glu increased slightly within the  
243 first 1 h of heating. Subsequently, it increased faster with the further heating. When  
244 the glucose was heated alone, browning development due to glucose caramelisation  
245 was found to account for less than 10% of that of MRPs.

246 Generally, the caramelisation mainly occurs at very high temperatures and alkaline pH  
247 values.<sup>24</sup> The present results suggest that the caramelisation of glucose partially affect

248 formation of HMF from SBH–Glu model system, while barely browning  
249 development.

### 250 **3.2 Molecular weight distribution**

251 Molecular weight (MW) distribution analysis was to gain knowledge concerning the  
252 mechanism of polymer formation of the MR. **Table 1** shows changes in MW of MRP  
253 samples as a function of heating time. The molecular weight of the main peaks of the  
254 hydrolysates was lower than 2000 Da, indicating that the relative proportion of <1000  
255 Da fraction was more than 75%. For MRP samples, the amount of MW 1000-2000 Da  
256 (medium molecular weight, MHW) and >2000 fractions (high molecular weight,  
257 HMW) increased significantly as the heating time prolonged, and the corresponding  
258 fractions of MW <1000 Da (low molecular weight, LMW) showed a continuous  
259 decrease ( $p < 0.05$ ). After 10 h of heating, the percentage of HMW fraction increased  
260 by 30.38%. When SBH was heated alone, the HMW fractions decreased significantly  
261 with heating time (data not shown), and the percentage of HMW fractions decreased  
262 by 9.2% for 10 h of heating time, suggesting that higher temperature lead to thermal  
263 degradation of SBH. Overall, both peptide degradation and cross-linking process  
264 were able to occur in the heating process of SBH-Glu. Some similar results were also  
265 reported that peptide degradation and cross-linking of soy protein hydrolysates or  
266 peanut hydrolysates occurred simultaneously during MR.<sup>11, 13</sup> Additionally, the  
267 thermal degradation of soy protein hydrolysates during MR had a leading role in the  
268 decrease of molecular weight.<sup>11</sup> From the present results, the increase of HMW  
269 fractions of MRP samples might be mainly based on peptide cross-linking.

### 270 3.3 Changes in amino acids composition

271 The amino acid composition is a very important index used to measure the nutritive  
272 quality of food. Amino acid analysis of MRPs (Fig. 2) showed that the total amino  
273 acids decreased dramatically after 5h of heating, followed by no significant changes  
274 with further heating ( $p > 0.05$ ). After 5 h of heating, the loss of the total amino acid  
275 and the essential amino acid in MRPs was 32.37 % and 33.56 %, respectively. The  
276 loss of the amino acid might be caused by thermal degradation of amino acid to form  
277 volatile compounds in thermal reaction, or the cross-linking between sugars and free  
278 amino acids or bound amino acids to form nonvolatile compounds.<sup>11, 32</sup> From the  
279 present results, Maillard reaction greatly results in the loss of amino acid of shrimp  
280 by-products hydrolysates.

### 281 3.4 Free radical scavenging activity

282 The free radical-scavenging capacity of MRPs were assessed by two methods: the  
283 ORAC and DPPH assay (Fig. 3). As for the SBH heated alone, the free  
284 radical-scavenging capacity by the two antioxidant assays showed no pronounced  
285 increase during the heating time (data not shown). A dramatic increase ( $p < 0.05$ ) in  
286 the DPPH scavenging activity was detected for SBH-Glu for up to 2 h of heating.  
287 Subsequently, DPPH scavenging activity significantly increased for 2-7 h of heating  
288 ( $p < 0.05$ ) and reached the maximum levels for 7 h of heating, and no significant  
289 difference was observed between 7 h and 10 h of heating ( $p > 0.05$ ). As shown in Fig.  
290 3B, the ORAC value for SBH-Glu showed a rapid increase and reached the maximum  
291 levels within 5 h of heating, and no significant changes were observed after 5 h of

292 heating ( $p > 0.05$ ). These results were similar to those previously reported, where  
293 MRPs from sugar-amino acid, -peptide and -protein model systems showed the  
294 capacity of radical scavenging activity,<sup>33</sup> confirming the findings of others that  
295 antioxidant capacity of MRPs varies considerably according to the reaction time.<sup>34</sup>  
296 Furthermore, DPPH scavenging activity for the glucose heated alone accounted for 49%  
297 of that of MRPs for 10 h of heating, but the ORAC value only accounting for less than  
298 10% of the ORAC value of MRP. The result suggested that the caramelisation  
299 reaction of glucose played more roles in antioxidant activity of MRPs by DPPH assay,  
300 compared to that of ORAC assay. Our previous study also found that the heated  
301 glucose at 90 °C for 18 h had stronger DPPH scavenging activity.<sup>15</sup>

### 302 **3.5 Cellular antioxidant activity of MRPs**

303 The human hepatoma HepG2 cell line is widely used for biochemical and nutritional  
304 studies as a cell culture model of human hepatocytes because these cells retain their  
305 morphology and most of their function in culture. In addition, HepG2 is a reliable  
306 model through which many dietary antioxidants and conditions can be assayed with  
307 minor inter-assay variations.<sup>18</sup> Moreover, DCFH-DA is widely used to measure  
308 oxidative stress in cells due to the high sensitivity of this fluorescence-based assay.  
309 DCFH-DA penetrates into cells and is hydrolysed to DCFH by intracellular esterases,  
310 and the presence of intracellular reactive oxygen species (ROS) can oxidise DCFH to  
311 form fluorescent DCF used as an index of the overall oxidative stress within cells.<sup>35</sup>  
312 Firstly, HepG2 cells were supplemented with MRPs at 50–1000  $\mu\text{g mL}^{-1}$  medium  
313 concentration, and possible cytotoxic effects were assessed by MTT assays. Neither

314 SBH nor its MRPs for up to the 1000  $\mu\text{g mL}^{-1}$  medium concentration have any  
315 cytotoxic effects (data not shown). Furthermore, glucose heated alone did not have the  
316 ability to inhibit effects on reactive oxygen species in human HepG2 cells (data not  
317 shown).

318 The cell viability against AAPH-induced damage of HepG2 cells increased with  
319 MRPs concentration ranging from 50 to 1000  $\mu\text{g mL}^{-1}$ , and MRPs concentration at  
320 1000  $\mu\text{g/ml}$  for cell viability was the strongest (date not shown). Therefore, MRPs  
321 (1000  $\mu\text{g mL}^{-1}$ ) protection effects from AAPH-induced damage of HepG2 cells by  
322 measuring cell viability and intracellular ROS content in the media was shown in **Fig.**  
323 **4**. The cell viability (**Fig. 4A**) due to the genotoxicity of AAPH on HepG2 cells  
324 showed no significant increase ( $p > 0.05$ ) within 1 h of heating for SBH-Glu  
325 compared to non-heated SBH-Glu, and then a significant increase and reached the  
326 maximum levels at 5 h of heating. In addition, the cell viability for SBH-Glu at 5 h  
327 and 10 h of heating was significantly higher than that of nonstressed and  
328 unsupplemented (US) cells. This same results were obtained by Chung et al.,<sup>17</sup> who  
329 reported that the cell viability due to the genotoxicity of  $\text{H}_2\text{O}_2$  on Caco-2 cells for  
330 MRPs (1000  $\mu\text{g mL}^{-1}$ ) from rice starch with different dextrose and glycine was higher  
331 26% than that of untreated cells. Jiang et al.<sup>33</sup> reported that ribose or lactose-bovine  
332 casein peptide MRPs (0.02-0.2  $\text{mg mL}^{-1}$ ) had no any cytotoxicity on Caco-2 cells, and  
333 slightly stimulated the proliferation of Caco-2 cells. As for our present study, the  
334 MRPs was a complicated mixture, possibly containing products from different stages  
335 of Maillard reaction<sup>34</sup>, cross-linking peptide<sup>11</sup>, and minor non-reacted glucose and



336 shrimp by-products hydrolysates. We assumed that some substances in MRPs have  
337 protection effect against AAPH-induced damage of HepG2 cells, and others maybe  
338 enhance cell growth.

339 Moreover, the addition of the MRP samples to the cells treated with AAPH  
340 significantly suppressed the ROS generation compared to the original SBH (Fig. 4B).

341 The ROS generation showed a significant decrease within the 5h of heating, and no  
342 significant difference was observed between 5 h to 10 h of heating ( $p > 0.05$ ).

343 From the present results, the genotoxicity of AAPH on HepG2 cells could be  
344 alleviated when HepG2 cells had taken up MRP samples after AAPH exposure,  
345 indicating the therapeutic activity of MRPs on HepG2 cell against oxidative stress.

346 Generously, the concentration of MRPs ( $1000 \mu\text{g mL}^{-1}$ ) with cellular antioxidant  
347 activity is a bit high, and its application as a medicine improving the human health  
348 was limited. Furthermore, the MRPs maybe provide nutritional, flavor and other  
349 biological effect besides its cellular antioxidant activity.<sup>36</sup>

### 350 3.6 Changes in FTIR spectra

351 FTIR spectra of modified protein MRPs are commonly accompanied by secondary  
352 structure changes which are expressed in the amide bands of the spectra.<sup>37</sup> For  
353 carbohydrates, a series of overlapping peaks located in the region of  $1180\text{--}953 \text{ cm}^{-1}$   
354 results from vibration modes such as the stretching of C–C and C–O and the bending  
355 mode of C–H bonds.

356 Due to the relatively greater cellular antioxidant activity of Maillard reaction products  
357 from SBH-glucose at 5 h of heating (SBH-Glu-5), the FTIR of SBH-Glu-5 was

358 further analyzed (**Fig. 5**). The SBH-Glu-5 showed the strongest absorptions of the  
359 regions of 1600–1690  $\text{cm}^{-1}$  and 1420–1400  $\text{cm}^{-1}$ , possibly indicating that the changes  
360 of C=O and C–N stretching from amide were related to some structural  
361 characterization of SBH-Glu-5. The absorptions of the region of 1180–953  $\text{cm}^{-1}$  were  
362 stronger in SBH-Glu-5, indicating that there seemed to be the saccharide attached to  
363 SBH.<sup>38</sup>

### 364 **3.7 Relationships between antioxidant activity and chemical properties**

365 The correlation coefficients ( $r$ ) of chemical properties and antioxidant activities of  
366 MRPs are shown in **Table 2**. The high positive linear correlations ( $r > 0.83$ ,  $p < 0.05$ )  
367 were observed between HMF formation, the high molecular weight fraction,  
368 browning development and free radical scavenging activity, and between the free  
369 radical scavenging activity and cellular antioxidant activity. The high molecular  
370 weight fraction was positively correlated with the cell ROS concentration, while not  
371 with cell viability. In addition, the browning development, HMF formation and  
372 furosine level did not significantly correlate with the cellular antioxidant activity ( $r <$   
373  $0.82$ ,  $p > 0.05$ ).

374 Many investigators have correlated the radical-scavenging activity with browning  
375 pigments (melanoidins) and high molecular weight fraction, while others have not.  
376 The AAPH peroxy radical scavenging capacity of MRPs from sugar-amino acid  
377 model systems at 121 °C for 90 min were significantly and positively correlated with  
378 browning products,<sup>34</sup> and the radical-scavenging activity from MRPs in a whey  
379 protein isolate and sugars system correlated well with browning intensity.<sup>39</sup> The high

380 molecular weight MRPs separated by ultrafiltration in sugar-amino acid system  
381 consistently showed the greatest antioxidant potential in chemical assays.<sup>40</sup> As for the  
382 antioxidant activity in cell system, Chung et al.<sup>17</sup> reported that the antioxidant activity  
383 of MRPs prepared by heating a mixture of rice starch with different dextrose and  
384 glycine in Caco-2 cells were coincidental with an increase in its browning intensity.  
385 However, Ruiz-Roca et al.<sup>41</sup> found that the antiradical activity of MRPs generated by  
386 heating glucose-lysine mixtures for 15 - 90 min did not correlated with browning  
387 development, while increasing in early periods of the reaction (15 and 30 min of  
388 heating) and decreased thereafter. Our previous research also showed that MRPs from  
389 heated casein peptide and glucose against inhibiting lipid oxidation in fish  
390 oil-in-emulsions were not related to the browning intensity<sup>42</sup>. These conflicting data  
391 on the antioxidant activity of MRPs may be a result of the complicated components of  
392 melanoidin fractions, as well as the assays used to measure these activities.

393 In the present study, we found that the brown development, HMF level and high  
394 molecular weight correlated well with free radical scavenging activity of MRPs,  
395 implying that MRPs produced brown pigments and peptide cross-linking in the  
396 intermediate-to-late stage of the MR play an essential role in free radical scavenging  
397 activity. The browning development and HMF formation did not significantly  
398 correlate with the cellular antioxidant activity, suggesting that the protective effects on  
399 AAPH-induced oxidative stress of human HepG2 cells in present of MRPs was less  
400 affected due to its brown intensity and HMF level. In addition, the free radical  
401 scavenging activity correlated well with cellular antioxidant activity, which MRPs are

402 thought to be important in preventing oxidative damage and diseases related to free  
403 radicals.<sup>43</sup>

#### 404 4. Conclusions

405 In this study, our results highlighted that protein hydrolysates via Maillard reaction  
406 could enhance the cellular antioxidant properties and radical scavenging activity. The  
407 free radical scavenging activity determined by DPPH and ORAC assays was mainly  
408 related to its brown intensity, HMF level and high molecular weight fraction, while  
409 the protective effects on AAPH-induced oxidative stress of human HepG2 cells in  
410 present of shrimp by-products Maillard reaction products were less affected due to its  
411 brown intensity or HMF level. These Maillard reaction products showed significant  
412 potential as antioxidants, especially preserving cellular damage when exposed to ROS.  
413 The potential of Maillard reaction products applications in foods is immense and is  
414 expanding in the nutraceutical field.

415 However, Maillard reaction products contained high HMF levels, which are  
416 considered as potentially harmful substances, but also resulted in the loss of  
417 nutritional quality. The understanding about benefit and risk of Maillard reaction  
418 products with complex composition and chemical structures according to our present  
419 study are still limited. Therefore, future research should obtain the main active  
420 fraction isolated from Maillard reaction products and further evaluating the risk and  
421 benefit of the main active fraction combined with determining antioxidant activity in  
422 *vivo* before conclusions can be drawn.

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501

502 **Tables**

503

504 **Table 1.** Changes in molecular weight distribution of shrimp by-product protein  
 505 hydrolysate-glucose (SBH-Glu) as a function of heating time. Each value is expressed  
 506 as the mean  $\pm$ SD ( $n = 3$ )<sup>1</sup>.

507

Heating time (h)	Molecular weight (Da)		
	>2000	1000-2000	<1000
0 h	5.30 $\pm$ 0.29 <sup>d</sup>	19.62 $\pm$ 0.82 <sup>d</sup>	75.05 $\pm$ 3.77 <sup>a</sup>
1 h	5.55 $\pm$ 0.37 <sup>d</sup>	20.76 $\pm$ 1.06 <sup>c</sup>	74.26 $\pm$ 4.55 <sup>a</sup>
2 h	6.14 $\pm$ 0.30 <sup>c</sup>	22.70 $\pm$ 2.15 <sup>b</sup>	71.17 $\pm$ 2.73 <sup>ab</sup>
3 h	6.46 $\pm$ 0.28 <sup>b</sup>	23.89 $\pm$ 1.89 <sup>ab</sup>	69.65 $\pm$ 4.47 <sup>bc</sup>
5 h	6.59 $\pm$ 0.21 <sup>ab</sup>	24.38 $\pm$ 2.13 <sup>a</sup>	68.04 $\pm$ 4.23 <sup>c</sup>
7 h	7.06 $\pm$ 0.76 <sup>a</sup>	24.35 $\pm$ 2.78 <sup>a</sup>	68.46 $\pm$ 4.67 <sup>c</sup>
10 h	6.91 $\pm$ 0.38 <sup>a</sup>	25.58 $\pm$ 2.11 <sup>a</sup>	66.51 $\pm$ 3.65 <sup>c</sup>

508 Means in same column with different letters are significantly different ( $P < 0.05$ ).

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520 **Table 2.** Correlation coefficients (r) of chemical properties and antioxidant activities

521 of MRPs from shrimp by-product protein hydrolysate and glucose (SBH-Glu).

Models	<sup>a</sup> A <sub>420</sub>	Cell viability	Cellular ROS concentration	<sup>c</sup> Furosine	<sup>d</sup> HMF	DPPH	ORAC	HMW
<sup>b</sup> Cell viability	0.75							
<sup>b</sup> Cellular ROS concentration	0.82	-0.89*						
Furosine	0.054	0.26	-0.43					
HMF	0.93*	0.72	-0.80	0.09				
<sup>e</sup> DPPH	0.90*	0.79	-0.95*	0.37	0.92*			
<sup>f</sup> ORAC	0.94*	0.84*	-0.95*	0.21	0.89*	0.96*		
<sup>g</sup> HMW	0.90*	0.73	-0.92*	0.27	0.88*	0.97*	0.97*	
<sup>h</sup> Amino acids	-0.91*	-0.81	0.96*	-0.28	-0.87*	-0.96*	-0.98*	-0.97*

522 \*significant correlation at P < 0.05; A<sub>420</sub>, browning intensity, visible absorbance at523 420 nm; <sup>b</sup>cell viability or cellular reactive oxygen species (ROS) concentration by524 AAPH-induced oxidative stress of human HepG2 cells; <sup>c</sup>furosine contents in MRPs;525 <sup>d</sup>hydroxymethylfurfural (HMF) level in MRPs; <sup>e</sup>DPPH scavenging activity; <sup>f</sup>Oxygen526 radical absorbance capacity; <sup>g</sup>high molecular weight; <sup>h</sup>changes of amino acids

527 composition.

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## 532 **Figure Captions**

533

534 **Fig. 1** Effects of heating time on furosine contents (A), hydroxymethylfurfural (HMF)  
535 formation (mg/kg sample) (B) and browning development (expressed as absorbance at  
536 420 nm  $\times$  dilution factor) (C) for shrimp by-products protein hydrolysate and glucose  
537 (SBH-Glu) and/or Glu. Bars indicate the standard deviation from triplicate  
538 determinations.

539

540 **Fig. 2** The changes of amino acids composition in Shrimp by-products protein  
541 hydrolysate-glucose (SBH-Glu) during Maillard reaction. Bars indicate the standard  
542 deviation from triplicate determinations. Bars indicate the standard deviation from  
543 triplicate determinations.

544

545 **Fig. 3** Effects of heating time on the antioxidant activity of shrimp by-product protein  
546 hydrolysate and glucose (SBH-Glu), and glucose heated alone as measured by 2,  
547 2-diphenyl-1-picrylhydrazyl (DPPH) and oxygen radical absorbance capacity (ORAC)  
548 assays. The results were expressed in  $\mu\text{mol}$  equivalents of trolox per g sample. Bars  
549 indicate the standard deviation from triplicate determinations.

550

551 **Fig. 4** The cell viability (A) and cellular reactive oxygen species (ROS) concentration  
552 (fluorescence intensity) (B) by AAPH-induced oxidative stress of human HepG2 cells  
553 in the presence of shrimp by-products protein hydrolysate and glucose (SBH-Glu) as  
554 a function of the heating time. Control: HepG2 cells only exposed to 2.8 mM AAPH;  
555 US: nonstressed and unsupplemented HepG2 cells. Cell viability is expressed as  
556 percent of US cells (assigned as 100%). Bars indicate the standard deviation from six  
557 determinations. Different letters in the figure indicate significant differences ( $p <$   
558 0.05).

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561 **Fig. 5** The Fourier Transform Infrared Spectroscopy (FTIR) of shrimp by-products  
562 protein hydrolysate (SBH) and SBH-glucose Maillard reaction products at 5 h of  
563 heating (SBH-Glu-5).

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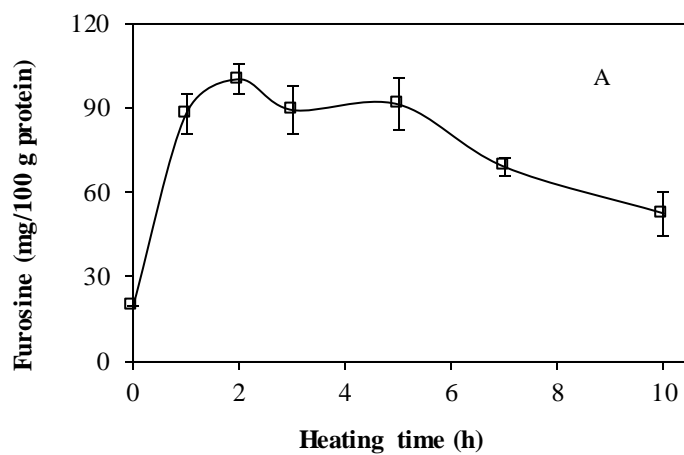
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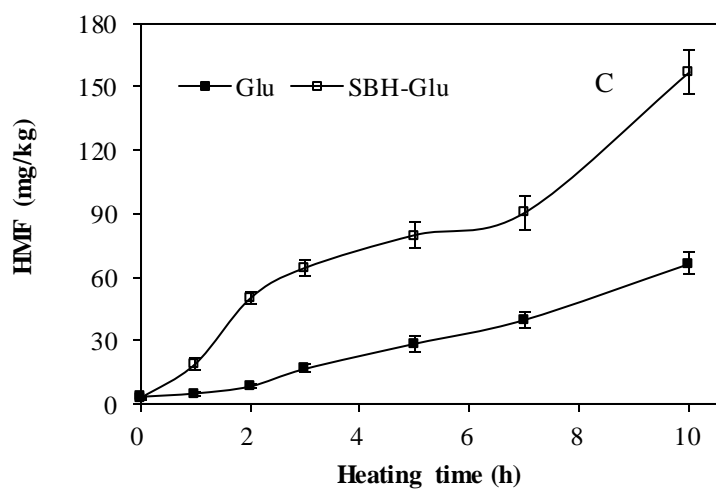
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591 **Figures**

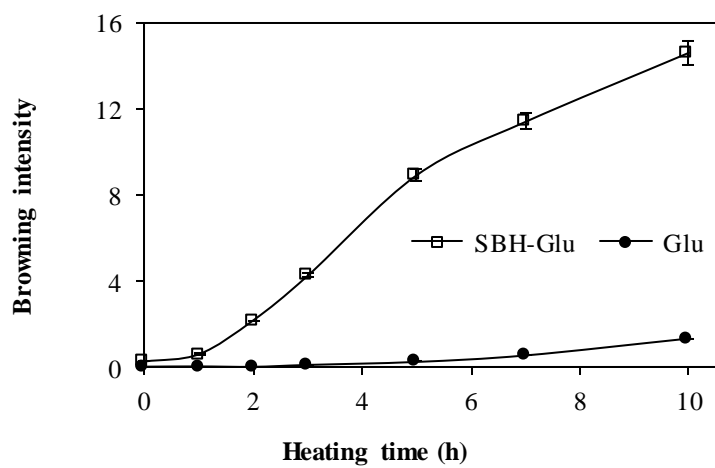
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593 **Fig. 1**

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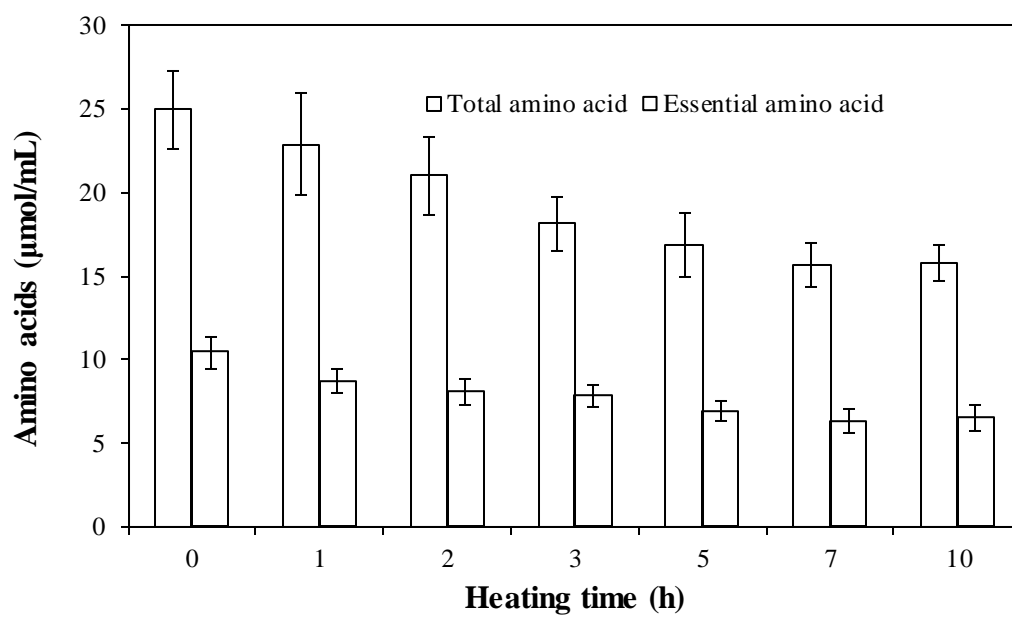
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598 Fig. 2



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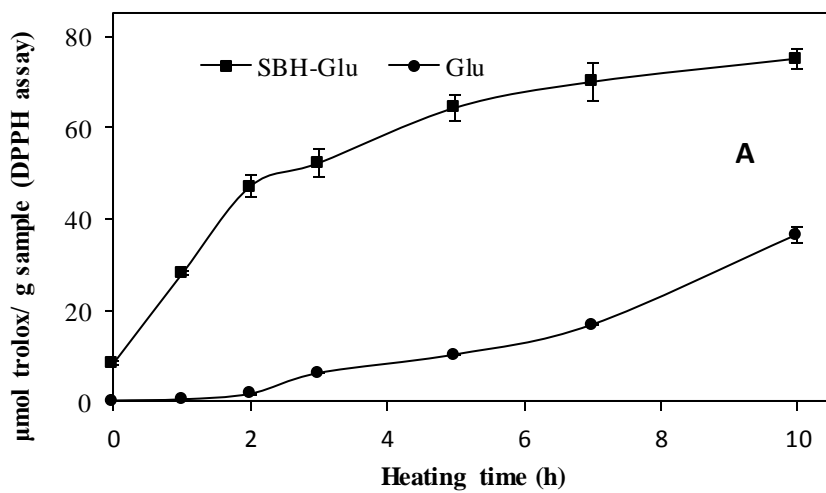
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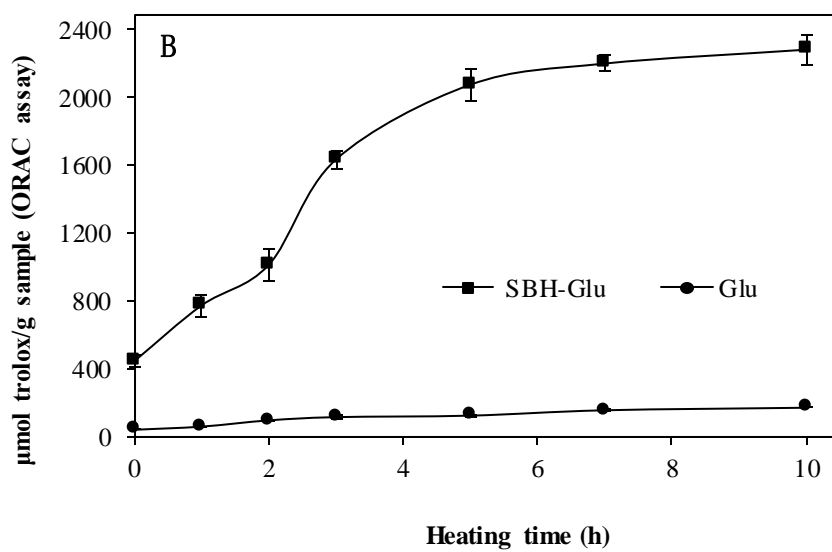
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614 Fig. 3

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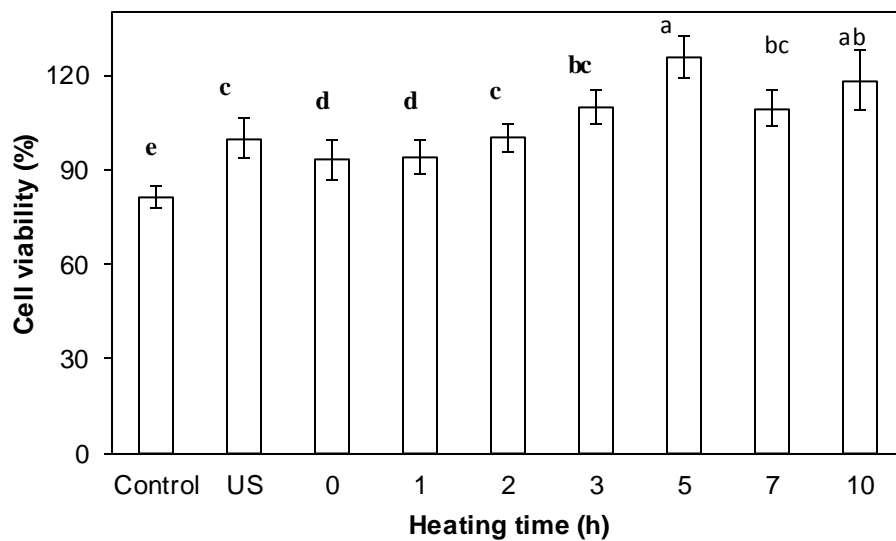
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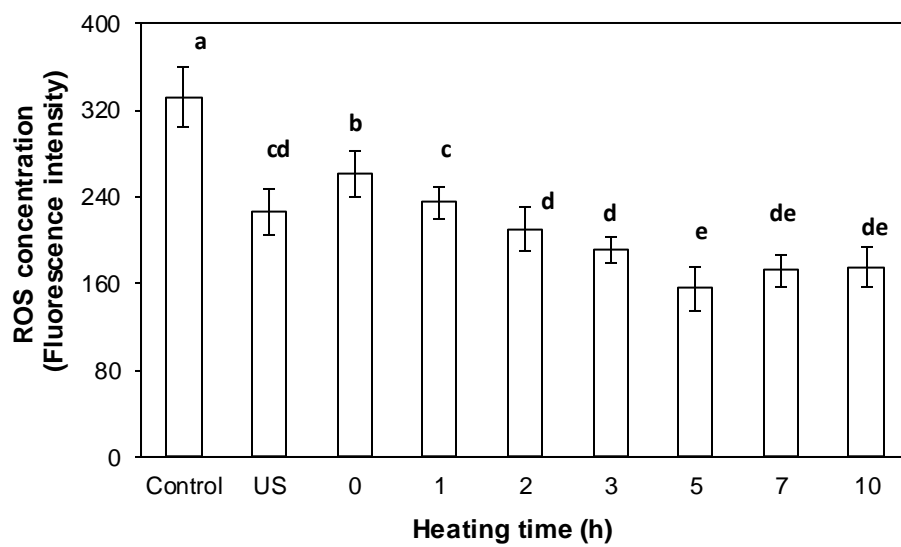
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622 Fig. 4

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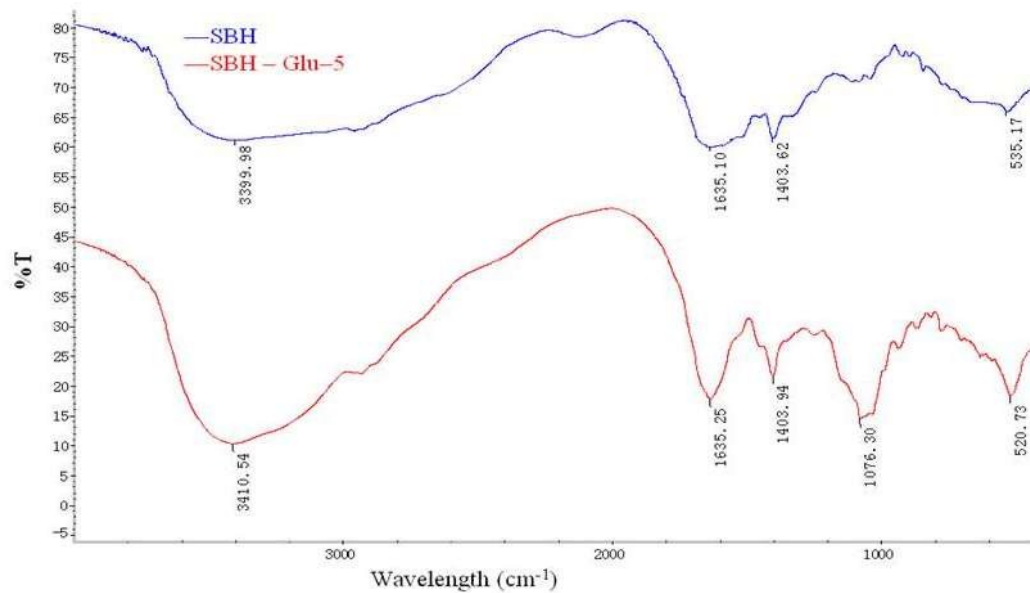
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633 Fig. 5

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