

Food & Function

Accepted Manuscript



This is an *Accepted Manuscript*, which has been through the Royal Society of Chemistry peer review process and has been accepted for publication.

Accepted Manuscripts are published online shortly after acceptance, before technical editing, formatting and proof reading. Using this free service, authors can make their results available to the community, in citable form, before we publish the edited article. We will replace this *Accepted Manuscript* with the edited and formatted *Advance Article* as soon as it is available.

You can find more information about *Accepted Manuscripts* in the [Information for Authors](#).

Please note that technical editing may introduce minor changes to the text and/or graphics, which may alter content. The journal's standard [Terms & Conditions](#) and the [Ethical guidelines](#) still apply. In no event shall the Royal Society of Chemistry be held responsible for any errors or omissions in this *Accepted Manuscript* or any consequences arising from the use of any information it contains.

1 **Chemical components from the Haulm of *Artemisia Selengensis* and the**
2 **Inhibitory Effect on Glycation of β -lactoglobulin**

3
4 Xiaoming Li, Yonglin Lu, Ronghua Deng, Tiesong Zheng, Lishuang Lv*

5
6 [‡]Department of Food Science and Technology, Ginling College, Nanjing Normal
7 University, 122# Ninghai Road, Nanjing, 210097, P. R. China

8
9
10
11
12
13 Corresponding author: Lishuang Lv

14 Tel.: +86 25 83598286; fax: +86 25 83707623.

15 E-mail address: lishuanglv@126.com; lulishuang@njnu.edu.cn

16

17 **ABSTRACT**

18 *Artemisia selengensis* (AS) has been traditionally used as both food and
19 medicine for thousands of years in China. In our studies, L-tryptophan was firstly
20 isolated from the haulm of AS together with luteolin, rutin, and
21 kaempferol-3-O-glucuronide. Their structures were elucidated by spectroscopic
22 methods including HRMS, 1D and 2D NMR. Three flavonoid compounds showed
23 satisfactory suppression effects on formation of advanced glycation end products
24 (AGEs) in β -lactoglobulin-Lactose/MGO/GO model systems, and their anti-glycation
25 activities exhibited a dose-dependent manner. Among those compounds,
26 kaempferol-3-O-glucuronide was demonstrated the strongest inhibitor against
27 formation of AGEs.

28 **KEYWORDS:** *Artemisia Selengensis* haulm; β -lactoglobulin; advanced glycation
29 end products (AGEs).

30 Kaempferol-3-O-glucuronide CID: 44258914; Rutin CID: 5280805;

31 Luteolin CID: 5280445;

32

33 1. Introduction

34 Artemisia selengensis (AS) is an herbaceous perennial plant of the Compositae
35 family, localized at the water's edge on banks or in swamps, with wild species widely
36 distributed over the Northeast, North, and central China since the Ming dynasty.
37 They're also found in Mongolia, Russia, and Korea. In *Compendium of Materia*
38 *Medica*, it is recorded that AS has diverse biological activities, e.g. hemostasia,
39 anti-inflammation, relieving cough, reducing sputum, and treatment of acute
40 infectious hepatitis, due to AS's various active compounds. Being a valuable natural
41 product, AS is beneficial to human's health. Some clinical therapies are also reported
42 in the literature ¹⁻³.

43 In Nanjing, early the 1990's, people started planting AS. Nowadays, AS has
44 become very popular as a healthy food, being delicious and nutritious, for its tender
45 stem is a vegetable with unique flavor, being fragrant, fresh, and crisp. However, the
46 older haulm of AS is usually discarded because of it's inedible. To date, some of its
47 major biologically active components have been isolated, such as flavonoids ⁴⁻⁶,
48 polysaccharides ⁷, phenolic acids ⁸ guaianolides ⁹ and fatty acids ¹⁰. Flavonoids in the
49 haulm of AS comprise more than 1% by weight, but have hitherto been largely
50 ignored in the field of food sciences. Our previous study showed that the flavonoid
51 content of AS increased with the growth of AS stems. With this study, we investigate
52 the chemical composition and biological activities of the AS haulm to promote the
53 utilization of AS in food processing.

54 Methylglyoxal (MGO) and glyoxal (GO), two major α -dicarbonyl compounds

55 formed from both glycoxidation and lipoxidation ¹¹, are the pivotal intermediates in
56 the formation of advanced glycation end products (AGEs) *in vivo* ¹². In food
57 processing, the α -dicarbonyl compounds are generated through roasting, baking,
58 broiling, and frying due to caramelization, the Maillard reaction, and lipid oxidation ¹³.
59 During such reactions, MGO and GO glycate proteins faster than sugars, causing
60 inter- and intramolecular cross-links of proteins, thus the amount of AGEs sharply
61 increases ¹⁴.

62 β -lactoglobulin (β -lg) is a high quality protein found in a variety of foodstuffs,
63 including infant formulas, baked products, and beverages. The effects of the Maillard
64 reaction and glycation on this protein during heating are well known and replicable, as
65 milk contains high amounts of lactose and lower quantities of other reducing sugars.
66 This replicability makes it a good model with real world-applications to test the
67 anti-AGEs properties of our compounds.

68 Flavonoids are common dietary components of plant-derived foods. Several
69 flavonoids: (-)-epigallocatechin 3-gallate (EGCG) from tea ¹⁵, phloretin from apple ¹⁶,
70 genistein from soybean ¹⁷, proanthocyanidins and anthocyanin from berries ¹⁸, are
71 known to be scavengers of AGEs by trapping reactive dicarbonyl compounds.

72 In the present study, we investigate chemical components from AS haulm and
73 their inhibitory activities against the formation of AGEs using the
74 β -lg-lactose/MGO/GO model systems, to find food-derived inhibitors of AGEs. We
75 expect flavonoids to prevent protein glycation during food thermal processing.

76 **2. Materials and Methods**

77 2.1. Materials

78 The air-dried haulm of *Artemisia Selengensis* was obtained from the “Baguazhou”
79 district in Nanjing. β -lactoglobulin ($\geq 92\%$) was purified in our lab (Nanjing,
80 Jiangsu, China). The chemical standard kaempferol-3-O-glucuronide, rutin, and
81 luteolin; methylglyoxal (MGO, 40% in water), glyoxal (GO, 40% in water); D₂O,
82 CD₃OD and DMSO-d₆ were obtained from Sigma-Aldrich Co. (St. Louis, MO, USA).
83 HPLC-grade solvents and other reagents were obtained from Shanghai Sinopharm
84 Chemical Reagent Co., Ltd (Shanghai, China). HPLC-grade water was prepared using
85 a Millipore Milli-Q purification system (Bedford, MA, USA).

86 2.2. Extraction and purification procedure

87 The extraction and purification procedure are shown in Supplemental Figure 1.

88 The dried powder of AS haulm (1 kg) was extracted with 75% ethanol (7.5 L) at
89 90°C for 60 min. The solvent was removed by filtration, and then fresh solvent was
90 added to the residue. The extraction process was twice repeated. The combined
91 filtrates were concentrated under reduced pressure at 40 °C by a rotary evaporator
92 (Tokyo Rikakikai Co., Tokyo, Japan).

93 To remove the pigment, the thick solution was put into a separating funnel for
94 further extraction. Petroleum ether was used as extractant at a 1:3 ratio. These
95 water-soluble fractions were later evaporated and lyophilized.

96 Dried AS crude extract was re-suspended in 200mL distilled water and loaded onto
97 a glass column (5.8 × 55 cm) packed with AB-8 macroporous adsorption resin. After
98 the sample was loaded, elution was halted for 10 min to facilitate adsorption of

99 chemicals on resin beads. Five fractions (AS-01~AS-05) were collected by eluting the
100 column with 1.5 L of 0, 10%, 30%, 50%, and 70% ethanol sequentially. The AS-02
101 fraction (10% ethanol eluted portion) was subjected to an ODS column, eluted with a
102 gradient system: 10%, 20%, 30%, 40%, and 100% MeOH (500 mL for each gradient
103 system). The two fractions yielded, AS-02-1 (10% MeOH eluted) and AS-02-2 (20%
104 MeOH eluted), were further separated on a Sephadex LH-20 column respectively, and
105 eluted with ethanol. Two compounds ASF-1 (from AS-02-1) and ASF-2 (from
106 AS-02-2) were obtained. The AS-03 fraction (30% ethanol eluted portion from AB-8
107 column) was separated by an ODS column using the same procedure as the AS-02
108 fraction to obtain ASF-3. The AS-04 fraction (50% ethanol eluted portion from AB-8
109 column) was chromatographed on silica gel column and eluted with CH₃Cl₃/MeOH
110 by a gradient of 98:2, 20:1, 10:1, 8:1, 6:1, 2:1, and 0:1 to afford ASF-4. The amount
111 of AS-05 fraction (70% ethanol eluted portion from AB-8 column) was too small to
112 abandon.

113 **2.3. Analysis HPLC-MS procedure**

114 The separation of all fractions except ASF-1 and offline data collection for HPLC
115 based activity profiling were carried out with a series Agilent 1200 HPLC system,
116 which consisted of a degasser, a bin pump, a column oven, a diode array detector, and
117 a QQQ mass detector (Agilent, Santa Clara, CA, USA) incorporated with electrospray
118 ionization (ESI) interfaces. A HPLC ZORBAX Eclipse XDB-C₁₈ (250×4.6 mm i.d., 5
119 μm) was used for separation at a flow rate of 0.6 mL/min. The mobile phase fulfilled
120 the following requirements: (1) **Compound ASF-2:** Water with 0.5% formic acid (A)

121 and Acetonitrile with 0.1% formic acid (B) were used as solvents for a 40 min
122 program: The column was eluted with 12% solvent B for 10 min, followed by linear
123 increases in B to 20% within 10 to 30 min, then to 30% from 30 to 40 min. The UV
124 detector was set at 350 nm. Compound 2 had an intense peak at RT = 37.22 min; (2)
125 **Compound ASF-3:** Water with 0.01% acetic acid (A) and Acetonitrile (B) were used
126 as solvents for a 25 min program: The column was eluted with 90% solvent A for 10
127 min, followed by linear increases in B to 60% from 10 to 20 min, and then with 60%
128 B from 21 to 25 min. The UV detector was set at 350 nm. Compound 3 had an intense
129 peak at RT = 15.17 min. (3) **Compound ASF-4:** Water with 0.5% formic acid (A)
130 and Acetonitrile with 0.1% formic acid (B) were used as solvents for a 55 min
131 program: The column was eluted with 88% solvent A for 10 min, followed by linear
132 increases in B to 20% from 10 to 30 min, to 30% from 30 to 40 min, to 60% from 40
133 to 48 min, and then re-equilibrated with 90% B for 6 min from 49 to 55 min. The UV
134 detector was set at 254 nm. Compound 4 had an intense peak at RT = 47.33 min. For
135 MS: The negative ion polarity mode was set for ESI ion source. The typical operating
136 parameters were as follows: spray needle voltage, 5 kV; nitrogen sheath gas, 45
137 (arbitrary units); auxiliary gas, 5 (arbitrary units).

138 In contrast, fraction ASF-1 was carried out with a series Agilent 1290 Infinity 6224
139 TOF system (Agilent, Santa Clara, CA, USA). A HPLC ZORBAX Eclipse XDB-C₁₈
140 (250×4.6 mm i.d., 5 μm) was used for separation at a flow rate of 0.8 mL/min. The
141 column was eluted with 40% solvent B (Acetonitrile) and 60% solvent A (water with
142 0.01% acetic acid) for a 15 min. The UV detector was set at 280 nm. Compound 1 had

143 an intense peak at RT = 3.77 min. For MS: The negative ion polarity mode was set for
144 ESI ion source. The typical operating parameters were as follows: spray needle
145 voltage, 5 kV; nitrogen sheath gas, 45 (arbitrary units); auxiliary gas, 5 (arbitrary
146 units).

147 The structural information of compounds 1-4 was obtained by tandem mass
148 spectrometry (MS/MS) through collision-induced dissociation (CID) with a relative
149 collision energy setting as 35%. Data acquisition was performed with Qualitative
150 Analysis of Mass hunter (Agilent, Santa Clara, CA, USA).

151 **2.4. NMR Analysis**

152 NMR¹H (400 MHz), ¹³C (100 MHz), and 2D NMR spectra were obtained on an
153 AVANCE 400 (Bruker Daltonics Co., Bremen, Germany) spectrometer with TMS as
154 internal reference.

155 **2.5. Inhibition of Compounds (ASF-2~ASF-4) against formation of AGEs in** 156 **β-lactoglobulin glycation systems**

157 β-lactoglobulin (0.083 mmol/L) was incubated with lactose (0.083mol/L) or
158 MGO/GO (1.5 mmol/L) at chosen ratios (1:1000, 1:18) in the presence or absence of
159 Compounds 1-4 (0.05, 0.1, 0.5 mmol/L) in phosphate buffer (pH 6.5) at 85 °C. Then,
160 the sample was collected at selected time points (0, 15, 30, 45, 60, 90, 120 min) and
161 stored at -80°C. A multimode microplate reader (BioTek, Winooski, VT) was used for
162 the quantification of AGEs. The % inhibition of AGEs formation= [1-(fluorescence of
163 the test group / fluorescence of the control group)] ×100% ¹⁹. Each sample was

164 performed in triplicate and the experiment was done three times with comparable
165 results.

166 3. Results

167 3.1 Structure elucidation

168 Analysis of the ethanol extract obtained from the haulm of AS by repeated column
169 chromatography (AB-8, ODS, and Sephadex LH-20 or silica gel) led to the isolation
170 and identification one compound (ASF-1), along with three flavonoid compounds
171 (ASF-2~ASF-4).

172 The three flavonoids, kaempferol-3-O-glucuronide (ASF-2)²⁰,
173 rutin (ASF-3)²¹ and luteolin (ASF-4)²², were identified by comparison of their
174 spectroscopic data with those reported in the literature.

175 Compound ASF-1 had a molecular formula of $C_{11}H_{12}N_2O_2$ as determined by
176 ESI-HRMS, NMR 1H , ^{13}C , HMBC, HMQC data (Supplemental Figure 2-3). The
177 negative ESI-MS of compound ASF-1 showed a molecular ion peak at m/z 203.1000
178 $[M-H]^-$, indicating a molecular weight of 204. The 1H NMR of data (Table 1) revealed
179 four aromatic H-atoms, whose signal from one proton in downfield was observed at δ
180 7.62 (d, $J = 8.0$ Hz), was identified as H-4, while one proton at δ 7.42 (d, $J = 8.1$ Hz)
181 was evidenced to be H-7; and there were two other signals, one proton at δ 7.17 (d,
182 8.1), the other at δ 7.09 (t, $J = 7.7$ Hz), which were assigned to H-5 and H-6,
183 respectively. One proton resonance multiplet indicative of a methine group was
184 observed at δ_H 3.93(m), and two one-proton double doublets as methylene groups
185 attached to carbonyl moieties [δ_H 3.18 (dd, $J = 7.2, 8.0$ Hz); δ_H 3.37 (dd, $J = 10.6, 4.7$

186 Hz)]. The ^{13}C NMR spectrum of ASF-1 (Table 1) indicated the presence of a carbonyl
187 group (δ_{C} 174.4), an un-substituted aromatic ring (δ_{C} 111.9, 119.4, 122.1, 118.4), a
188 tetra-substituted aromatic ring (δ_{C} 136.3, 126.6), a methylene group (δ_{C} 26.3), a
189 methine group (δ_{C} 55.8), as well as two olefin carbons (δ_{C} 125.0, 107.5). This
190 spectroscopic information was used to establish its core structure as an aromatic ring
191 fused to a heterocyclic ring, which was confirmed by the HMBC correlation data
192 (Figure 2): H-11 [δ_{H} 3.93 (m)] and H-10 [δ_{H} 3.18 (dd, $J = 7.2, 8.0$ Hz); δ_{H} 3.37 (dd, $J =$
193 4.7, 10.6 Hz)] were correlated with C-12 (δ_{C} 174.5) and the quaternary carbon at δ_{C}
194 107.5 (C-3), which confirmed the connection of CH-CH₂ and C=O moieties.
195 Additionally, H-7 [δ_{H} 7.42 (d, 8.1)] was correlated with C-9 (δ_{C} 126.6) and C-6 (δ_{C}
196 119.4); H-4 [δ_{H} 7.62 (d, $J = 8.0$ Hz)] was correlated with C-5 (δ_{C} 122.1) and C-9 (δ_{C}
197 126.3). This suggested that C-7 and C-4 at the aromatic ring connected with a
198 heterocyclic ring. Thus, ASF-1 was determined as L-tryptophan (Figure 1).

199 **3.2. Inhibitory Effects of Compounds (ASF-2~ASF-4) on the Formation of AGEs**

200 The flavonoid compounds (ASF-2~ASF-4) showed satisfactory suppression against
201 the formation of AGEs in the β -lg-lactose/MGO/GO model systems (Figure 2).
202 Increasing the concentration (0.05-0.5mmol/mL) of each compound gradually
203 augmented the inhibitory activities against the formation of AGEs. Among these
204 compounds, kaempferol-3-O-glucuronide exhibited the strongest anti-glycation
205 capacity at the same concentration in three different β -lactoglobulin systems. The
206 abilities of the four compounds to inhibit AGEs were: kaempferol-3-O-glucuronide >
207 luteolin > rutin.

208 In the β -lg-lactose system, the respective inhibition ratios of
209 kaempferol-3-O-glucuronide, rutin, or luteolin (0.05 mmol/L) against AGEs were
210 33.56%, 23.75%, and 22.38% at 120 min (Figure 2), as AGEs were slowly generated
211 throughout the reaction. With an increase to 0.5 mmol/L, the inhibition ratios
212 increased to 60.35%, 54.32% and 33.56% respectively. This suggests that the
213 anti-glycation activities of these compounds have a positive correlation with
214 concentration.

215 In the β -lg-MGO/GO systems (Figures 3 and 4), these three compounds also
216 showed significant inhibition at 0.05mmol/L, although highly active MGO or GO led
217 to more AGEs than lactose. Of these compounds, kaempferol-3-O-glucuronide is the
218 most efficient AGEs inhibitor in different β -lactoglobulin systems. For 60% inhibition,
219 0.5mmol/L kaempferol-3-O-glucuronide was needed in the β -lg-lactose system at
220 85 °C for 120 min; while only 0.1mmol/L kaempferol-3-O-glucuronide needed in the
221 β -lg-GO system and only 0.05mmol/L was needed the in β -lg-MGO system (Figures
222 2B, 3B, and 4B).

223 4. Discussion

224 In this study, a compound L-tryptophan was firstly isolated from AS haulm
225 together with three flavonoid compounds. The structure of L-tryptophan was
226 determined by HRMS spectra, 1D and 2D NMR data. The flavonoids showed
227 powerful inhibitory effects against the formation of AGEs in β -lactoglobulin
228 glycation.

229 Recent studies have shown that the flavonoids, e.g., flavanol (EGCG), chalcone

230 (phloretin and phloredzin), and isoflavone (genistein), rapidly traps MGO at C-6, C-8
231 unsubstituted carbons at the A ring and form mono- and di-MGO adducts, thus
232 inhibiting the formation of AGEs¹⁵⁻¹⁷.

233 The structures of these compounds can account for the difference in their activities.
234 Kaempferol-3-O-glucuronide is the glycoside of the flavonol kaempferol. Rutin is the
235 glycoside between flavonol quercetin and disaccharide rutinose. As flavonols, they
236 both have the same aromatic A ring, B ring, and a heterocyclic C ring. We found that
237 kaempferol-3-O-glucuronide exhibits higher activity in the anti-glycation of
238 β -lactoglobulin, although rutin has one more -OH than kaempferol-3-O-glucuronide
239 at C-5' on the B ring. However, if flavonoids possess the same A and C rings, a
240 difference in the number of hydroxyl groups on the B ring does not play a significant
241 role on trapping efficacy²³. The greater efficiency of kaempferol-3-O-glucuronide is
242 likely due to less steric hindrance from its single glycoside versus rutin's disaccharide,
243 rutinose. The difference between rutin and luteolin is that luteolin is an aglycone of
244 flavone, and there are no hydroxyl groups or glucosides at C-3 on luteolin's C ring.
245 And our results indicate that luteolin has higher inhibitory effects than rutin. This is
246 consistent with current literature that luteolin and rutin exhibit significant inhibitory
247 effects of 82.2% and 77.7% in the BSA glycation system at pH 7.4 and 37 °C. We
248 predict that the reason for this phenomenon is that luteolin lacks steric hindrance in
249 the trapping reaction.

250 Our data highlight the effects of these compounds on glycation of β -lactoglobulin
251 via α -dicarbonyl compounds. α -dicarbonyl compounds arise from free sugar, the

252 initial Schiff bases, Amadori and other intermediates²⁴⁻²⁶. Since α -dicarbonyl
253 compounds and glucose can potentially damage different subsets of proteins,
254 experimental outcomes may be different. While in the β -lg-lactose system, these
255 flavonoid compounds also exhibited significant inhibition against glycation of
256 β -lactoglobulin. The mechanism of inhibition of glucose-mediated glycation needs
257 further discussion.

258 In addition, the high percentage of L-tryptophan in AS haulm could also contribute
259 to the inhibitory effect on the glycation of β -lactoglobulin in β -lg-MGO/GO/lactose
260 systems via the free amino group or imino group reacting with the reactive carbonyl.

261 Recently, flavonoids have shown more and more potential as strong inhibitors
262 against the formation of AGEs *in vivo*, but there only a few studies that involved
263 flavonoids in the anti-glycation of food proteins at high temperatures. We suggest that
264 the flavonoids from various foods and natural plants can be used as effective AGEs
265 inhibitors in food thermal processing. Our results in this study pave the way for
266 further investigation of these compounds from AS haulm in real food matrices to
267 confirm the inhibitory activities against the formation of AGEs.

268 **Appendix**

269 Supplemental Figure 1. Procedure of extraction and purification of flavones from

270 *Artemisia Selengensis* haulm

271 Supplemental Figure 2. The HPLC-MS spectra of compound ASF-1. (A)

272 HPLC-DAD chromatograms spectrum, (B) HRMS spectrum

273 Supplemental Figure 3. The ^1H NMR spectra of compound ASF-1. (A). ^1H NMR
274 spectrum; (B). ^{13}C NMR spectrum; (C). HMQC spectrum; (D). HMBC spectrum

275 **Acknowledgements**

276 This work was supported by NSF of Jiangsu province of China (Project
277 BK2012850) and Natural Science Foundation of Zhejiang province of China (Project
278 LY12C15001). Our thanks to Aaron Yerke from North Carolina Agricultural and
279 Technical University for his suggestions on revisions and editing.

280 **Conflict of interest**

281 There is no conflict of interest for all authors.

282

283 **References**

- 284 1. C. Deng, X. Xu, N. Yao, N. Li and X. Zhang, *Analytica Chimica Acta*, 2006, 556, 289-294.
- 285 2. L. Peng, Y. Wang, H. Zhu and Q. Chen, *Food Chemistry*, 2011, 125, 1064-1071.
- 286 3. Y. Zhu and M. Qin, *Chinese Archives Of Traditional Chinese Medicine*, 2006, 24, 1749-1786.
- 287 4. L. Peng, X. Jia, Y. Wang, H. Zhu and Q. Chen, *Food Analytical Methods*, 2009, 3, 261-268.
- 288 5. J. Zhang and L. Kong, *Chinese Traditional and Herbal Drugs*, 2008, 39, 23-26.
- 289 6. J. Zhang, Y. Lin and L. Kong, *Chinese Traditional and Herbal Drugs*, 2004, 35, 979-980.
- 290 7. K. A. Koo, Kwak, J.H., Lee, K.R., Zee, O.P., Woo, E.R., Park, H.K., Youn,
291 H.J., *Archives of Pharmacal Research* 1994, 17, 371-374.
- 292 8. Z. Tu, L. Zhang, H. Wang, Y. Ye and W. Liu, *Science and Technology of Food Industry*, 2012,
293 33, 239-242.
- 294 9. X. F. Jinfeng Hu, *Chinese Chemical Letters*, 1998, 9, 829-832.
- 295 10. L. Zhang, Z.-c. Tu, T. Yuan, H. Wang, Z.-f. Fu, Q.-h. Wen and X.-q. Wang, *Industrial Crops
296 and Products*, 2014, 56, 223-230.
- 297 11. E. B. Frye, T. P. Degenhardt, S. R. Thorpe and J. W. Baynes, *Journal of Biological Chemistry*,
298 1998, 273, 18714-18719.
- 299 12. P. Beisswenger, S. Howell, R. Nelson, M. Mauer and B. Szwegold, *Biochemical Society
300 Transactions*, 2003, 31, 1358-1363.
- 301 13. J. Degen, M. Hellwig and T. Henle, *Journal of Agricultural and Food Chemistry*, 2012, 60,
302 7071-7079.
- 303 14. N. Rabbani and P. J. Thornalley, *Biochemical Society Transactions*, 2008, 36, 1045-1050.
- 304 15. S. Sang, X. Shao, N. Bai, C.-Y. Lo, C. S. Yang and C.-T. Ho, *Chemical research in toxicology*,
305 2007, 20, 1862-1870.
- 306 16. X. Shao, N. Bai, K. He, C.-T. Ho, C. S. Yang and S. Sang, *Chemical research in toxicology*,
307 2008, 21, 2042-2050.
- 308 17. L. Lv, X. Shao, H. Chen, C. T. Ho and S. Sang, *Chemical research in toxicology*, 2011, 24,
309 579-586.
- 310 18. W. Wang, Y. Yagiz, T. J. Buran, C. d. N. Nunes and L. Gu, *Food Research International*, 2011,
311 44, 2666-2673.
- 312 19. A. J. Furth, *Analytical biochemistry*, 1988, 175, 347-360.
- 313 20. N. Castillo-Muñoz, S. Gómez-Alonso, E. García-Romero, M. V. Gómez, A. H. Velders and I.
314 Hermosín-Gutiérrez, *Journal of Agricultural and Food Chemistry*, 2008, 57, 209-219.
- 315 21. F. Fathiazad, A. Delazar, R. Amiri and S. D. Sarker, *Iranian Journal of Pharmaceutical
316 Research*, 2006, 3, 222-227.
- 317 22. S. J. Kellam, K. A. Mitchell, J. W. Blunt, M. H. Munro and J. R. Walker, *Phytochemistry*,
318 1993, 33, 867-869.
- 319 23. X. Shao, H. Chen, Y. Zhu, R. Sedighi, C.-T. Ho and S. Sang, *Journal of Agricultural and Food
320 Chemistry*, 2014, 62, 3202-3210.
- 321 24. E. Fujimori, *Biochim Biophys Acta*, 1989, 998, 105-110.
- 322 25. S. P. Wolff and R. T. Dean, *Biochemical Journal*, 1987, 245, 243-250.
- 323 26. J. V. Hunt, R. T. Dean and S. P. Wolff, *Biochemical Journal*, 1988, 256, 205-212.
- 324
- 325

326 **Figure Caption**

327 **Figure 1.** Structures of compounds ASF-1~ASF-4. A. L-tryptophan (compound
328 ASF-1); B. kaempferol-3-O-glucuronide (compound ASF-2); C. rutin (compound
329 ASF-3); D. luteolin (compound ASF-4).

330 **Figure 2.** Key HMBC correlations of compound ASF-1.

331 **Figure 3.** Inhibitory effects of Compounds ASF-2~ASF-4 on AGEs' formation in
332 β -lg-MGO model under the ratio 1:18 at 85 °C for 120 min. Data are presented as the
333 means \pm SD of three replications. A. kaempferol-3-O-glucuronide (compound ASF-2);
334 B. rutin (compound ASF-3); C. luteolin (compound ASF-4). Data are presented as the
335 means \pm SD of three replications.

336 **Figure 4.** Inhibitory effects of Compounds ASF-2~ASF-4 on AGEs' formation in
337 β -lg-GO model under the ration 1:18 at 85 °C for 120 min. A.
338 kaempferol-3-O-glucuronide (compound ASF-2); B. rutin (compound ASF-3); C.
339 luteolin (compound ASF-4). Data are presented as the means \pm SD of three
340 replications.

341 **Figure 5.** Inhibitory effects of Compounds ASF-2~ASF-4 (A-D) on AGEs' formation
342 in β -lg-Lactose model under the ratio 1:1000 at 85 °C for 120 min. A.
343 kaempferol-3-O-glucuronide (compound ASF-2); B. rutin (compound ASF-3); C.
344 luteolin (compound ASF-4). Data are presented as the means \pm SD of three
345 replications.

346

347 **Table 1**

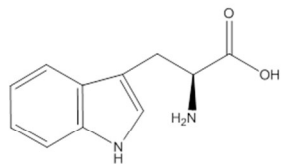
348 ^1H and ^{13}C NMR chemical shift data ^a of ASF-1, ^{13}C - ^1H long-range correlation signals
 349 in the HMBC spectra (δ in ppm, J in Hz).

	δ_{H} (f, m, J Hz)	δ_{C}	HMBC ($^1\text{H} \rightarrow ^{13}\text{C}$)
2	7.20 (s)	125.0	C-3, C-9, C-10, C-11
3		107.4	
4	7.62 (d, 8.0)	118.4	C-5, C-9, C-3, C-8
5	7.17 (d, 8.1)	122.1	C-4, C-9, C-3
6	7.09 (t, 7.7)	119.4	C-7
7	7.42 (d, 8.1)	111.9	C-9, C-6
8		136.3	
9		126.6	
10	3.18 (dd, 7.2, 8.0); 3.37 (dd, 4.7, 10.6)	26.3	C-3, C-11, C-12, C-2, C-9
11	3.93 (m)	55.0	C-10, C-3, C-12
12		174.4	

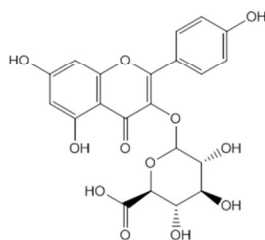
350 ^aData was recorded in D_2O .

351

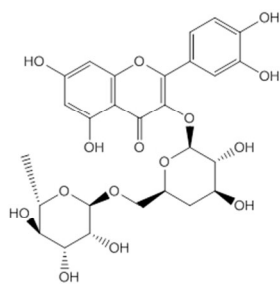
- 352 **Supplemental Figure Caption**
- 353 Supplemental Figure 1 Procedure of purification
- 354 Supplemental Figure 2 HPLC-HRMS Spectrum of ASF-1
- 355 Supplemental Figure 3-A ^1H -NMR Spectrum of ASF-1
- 356 Supplemental Figure 3-B ^{13}C -NMR Spectrum of ASF-1
- 357 Supplemental Figure 3-C HMBC Spectrum of ASF-1
- 358 Supplemental Figure 3-D HMQC Spectrum of ASF-1
- 359



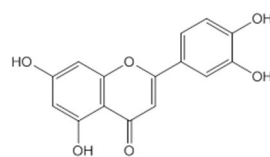
ASF-1



ASF-2

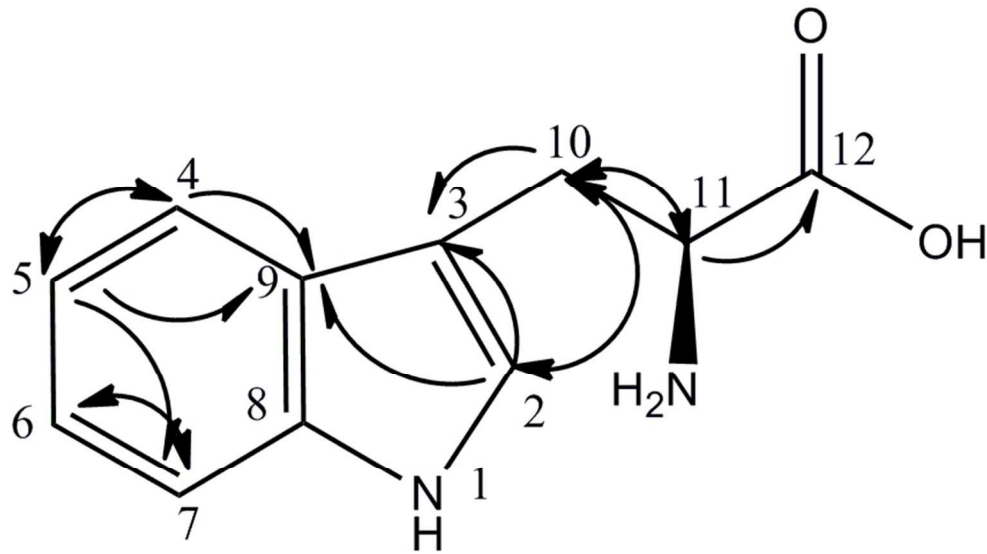


ASF-3

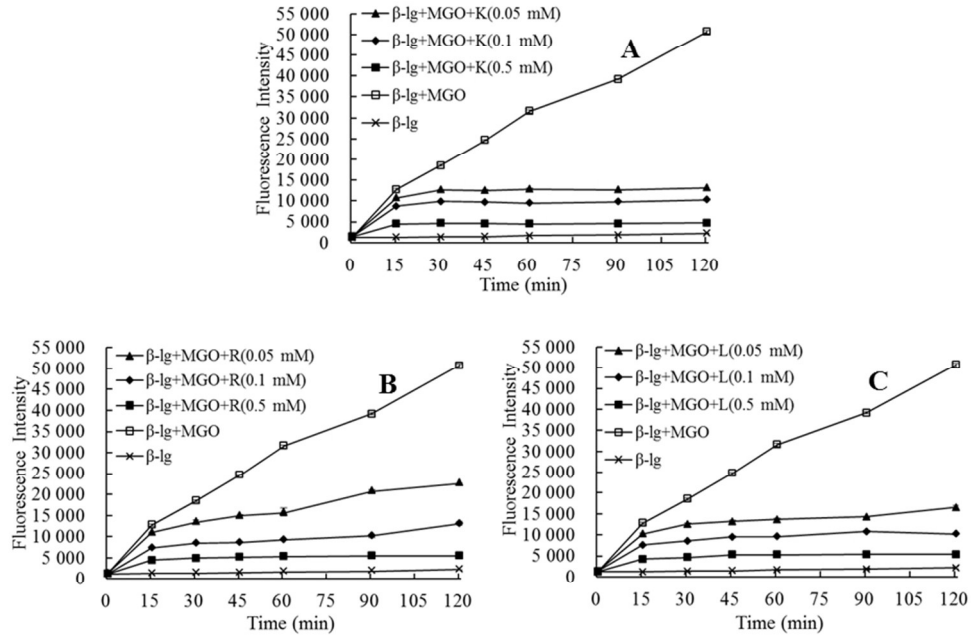


ASF-4

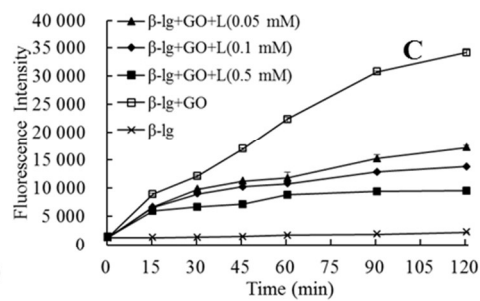
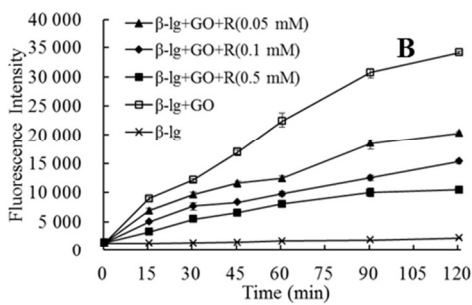
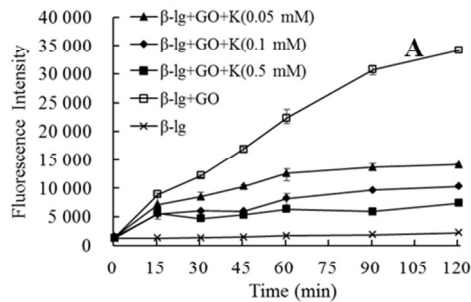
254x190mm (96 x 96 DPI)



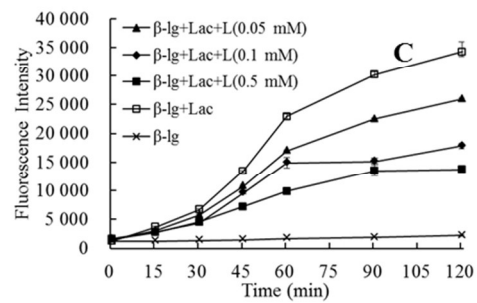
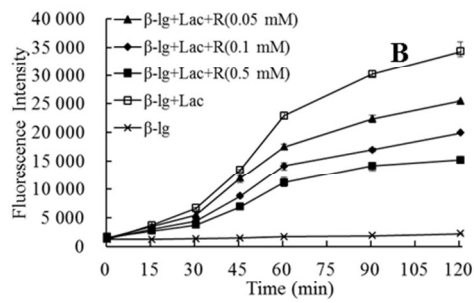
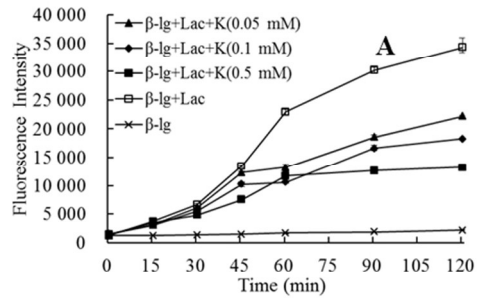
73x41mm (300 x 300 DPI)



254x190mm (96 x 96 DPI)



254x190mm (96 x 96 DPI)



254x190mm (96 x 96 DPI)