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9 10	Size-dependent cytotoxicity of copper oxide nanoparticles in lung epithelial cells
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37 Abstract

The increasing use of copper oxide (CuO) nanoparticles (NPs) in medicine and industry demands an understanding of their potential toxicities. In this study, we compared the *in vitro* cytotoxicity of CuO NPs of two distinct sizes (4 and 24 nm) using the A549 human lung cell line. Despite possessing similar surface and core oxide compositions, 24 nm CuO NPs were significantly more cytotoxic than 4 nm CuO NPs. The difference in size may have affected the rate of entry of NPs into the cell, potentially influencing the amount of intracellular dissolution of Cu²⁺ and causing a differential impact on cytotoxicity.

45 Keywords

46 Copper oxide, nanoparticles, toxicity, A549

47 Nano impact

48 Cu-based NPs, especially CuO NPs need to be understood in terms of their impact on 49 health and the environment. Of particular concern is their use as antimicrobial agents where 50 susceptibility of target and off-target organisms to the toxic effects of these NPs overlap. We 51 show here that the difference in size of CuO NPs can have a significant impact on cytotoxicity 52 with smaller nanoparticles being less toxic than larger ones.

53 Introduction

54 In recent years, engineered NPs have been utilized in many fields, including biomedical sciences, engineering and industry¹. Aside from the negative impact that these NPs may have 55 on a range of valuable "off-target" non-human life forms ²⁻⁴, the increased use of engineered 56 57 NPs also raises the risk of human exposure, often via the respiratory and gastrointestinal tracts, due to the increased release of these particles into the environment ^{5, 6}. This raises a concern 58 59 regarding the possible cytotoxicity and side effects of NPs upon human exposure ⁷. Nanoscale 60 particles have very high surface-to-volume ratios when compared to the bulk phase, exhibiting 61 unique physicochemical properties that may render them cytotoxic under certain circumstances⁸⁻¹¹. 62

CuO NPs contain a single phase, tenorite ¹². They are used for numerous applications in 63 the electronic and optoelectronic industries such as in gas sensors, semiconductors and thin 64 films for solar cells ¹³⁻¹⁵. CuO NPs also have desirable traits for many medical applications. 65 Recent work has shown that CuO NPs have microbiocidal activity against both fungi and 66 bacteria ¹⁶⁻²⁰ and have been shown to reduce bacterial biofilm formation ^{21, 22}. CuO NPs also 67 have a high potential to be used as a MRI-ultrasound dual imaging contrast agent ²³. With these 68 69 increasing applications, there are many potential routes of exposure to engineered 70 nanomaterials including CuO NPs. For example, Cu-based engineered nanomaterials are active ingredients in marine antifouling paints and agricultural biocides where they can become 71 airborne and finally deposit in soil ^{24, 25}. Airborne nanomaterials can also be deposited into 72 73 natural water bodies in addition to their direct release that can result in contaminated water

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74 systems ^{26, 27}. Furthermore, metallic Cu NPs can be released into the environment from power 75 stations, smelters, metal foundries, asphalt, inkjet printers and rubber tires ²⁸ and can undergo 76 oxidation under ambient conditions forming CuO NPs ²⁹. Wang *et al.* has shown that dissolved 77 copper in association with CuO NPs are primary redox-active species and the CuO NPs 78 undergo sulfidation by a dissolution-reprecipitation mechanism ³⁰.

In order to employ these metal-based engineered NPs in biomedical applications, their behavior in physiological systems needs to be addressed and fully understood. For example, particle dissolution can occur under biological conditions, specifically in the presence of natural coordinating organic acids, resulting in the release of dissolved metal ions to the surrounding solution. Dissolution can also lead to decreased particle size and in turn increased particle mobility ^{29, 31, 32}. These are important considerations for the use of NPs in biomedical research because these are factors that could be directly related to cytotoxicity.

86 There have been several studies conducted to evaluate the toxicity of CuO NPs. 87 Pettibone et al. investigated the whole-body inhalation exposure of mice to copper and iron nanoparticles that showed increased inflammatory responses for copper nanoparticles three-88 weeks post exposure ¹². Karlsson et al. conducted a study on different metal oxide 89 nanoparticles (CuO, TiO₂, ZnO, CuZnFe₂O₄, Fe₃O₄, Fe₂O₃) and compared their toxicity to multi-90 walled carbon nanotubes ³³. The results indicated that CuO nanoparticles were the most potent 91 92 regarding cytotoxicity and DNA damage and it was not entirely attributed to the dissolved ions. 93 In another study by Fahmy et al. CuO nanoparticles were observed to overwhelm antioxidant defenses in airway epithelial cells ³⁴. Heinlaan *et al.* compared the toxicity of nanoscale and bulk 94 CuO, ZnO and TiO₂ using V. fischeri, D. magna and T. platyurus ³⁵. The LC₅₀ values reported in 95 this study for nanoscale CuO was 50-100 fold lower than for bulk CuO. A recent study by 96 97 Mancuso et at. highlighted that nanoscale CuO exhibits a nearly 30-fold enhancement in cytotoxicity compared to bulk materials based when testing using human bone marrow 98 mesenchymal stem cells (hBMMSCs)³⁶. These studies provide strong evidence of significant 99 100 differences between the toxicological impacts of CuO particles depending on their particle size. 101 Based on these findings, the nanoscale particles (particles which were approximately 20-50 nm) 102 show considerably higher toxicities than larger micron-sized particles.

Following on these studies, we focus here on further understanding the role of particle size in CuO toxicity and to study size effects for nanoparticles below 100 nm in diameter. In particular, in this study, two sizes of CuO NPs were compared; 1) 4 nm CuO NPs, and 2) 24 nm CuO NPs. The goals of the current study were to compare the cytotoxicity of differently sized CuO NPs and investigate the specific causes of cytotoxicity induced *in vitro* using a human lung cell line as a representative cell type of the respiratory tract ³⁷. This study attempts to provide insight into the factors that affect the cytotoxicity of CuO NPs.

110 Materials and methods:

111 Characterization of Cu-based NPs

112 The CuO NPs used in this study were extensively characterized for size, surface area, 113 core and surface composition. The average particle sizes of CuO NPs were determined using 114 transmission electron microscopy (JEOL JEM-1230 TEM). Surface areas were measured using 115 a multipoint Brunauer-Emmett-Teller (BET) surface analyzer (Quantachrome Nova 4200e) using 116 nitrogen as the adsorbent. The bulk and surface compositions were determined using X-ray 117 diffraction (XRD) and X-ray photoelectron spectroscopy (XPS), respectively. Data generated 118 from these characterizations are summarized in Table 1. Large (24 nm) CuO NPs were 119 purchased from Sigma-Aldrich (St. Louis, MO) while small (4 nm) CuO NPs were synthesized in 120 the lab according to the following protocol. A copper-containing precursor, Cu(OAc)₂ (1.74 g). 121 was added to 100 mL methanol. The solution was then refluxed for several minutes to dissolve 122 the precursor. Afterwards, 3 mL of water was added to this solution. Upon completely dissolving 123 Cu(OAc)₂ a solution of methanol (50 mL) containing 0.7 g of NaOH was added dropwise and 124 further refluxed for 50 hours. The resultant black precipitate was collected by evaporating the 125 methanol on a rotary evaporator followed by multiple washings using acetone (20 mL), water 126 (20 mL) and ethanol (20 mL) respectively. At each washing step, the nanoparticles were 127 collected via centrifugation at 22000 rpm. Finally the collected precipitate was dried in the oven 128 overnight at 106°C and finely ground using a mortar and pestle.

129 Cell culture

130 The human alveolar lung adenocarcinoma cell line, A549, was kindly provided by Peter 131 S. Thorne, Department of Occupational and Environmental Health, College of Public Health, 132 University of Iowa. A549 cells were maintained in RPMI-1640 media (Gibco, Life technologies, 133 Grand Island, NY) supplemented with 10% fetal bovine serum (FBS, Atlanta Biologicals, 134 Lawrenceville, GA), 1 mM sodium pyruvate (Gibco), 10 mM HEPES (Gibco), 1 mM Glutamax 135 (Gibco) and 50 μ g/mL gentamycin sulfate (IBI Scientific, Peosta, IA). Cells were incubated at 136 37°C in a 5% CO₂ humidified atmosphere and were shown to be free of mycoplasma.

137 Cytotoxicity assay

138 A549 cells were plated 1 day prior to NP treatment in 96-well plates at a concentration of 139 1 x 10⁴ cells/well. In all cell-based experiments, all treatments (4 nm CuO NPs, 24 nm CuO 140 NPs, Cu(NO₃)₂ and NaNO₃) were dispersed in media using a sonic dismembrator (Fisher 141 Scientific, Pittsburgh, PA) at 40% amplitude for 1 minute at 1 mg/mL (12.6 mM CuO) before 142 dilution. Cu(NO₃)₂·3H₂O and NaNO₃ were purchased from Sigma-Aldrich. Cu(NO₃)₂ was 143 included in the study in order to evaluate the effect on cell viability of dissolved Cu²⁺ in solution. 144 These two types of CuO NPs and Cu(NO₃)₂ were added by normalizing against Cu²⁺ concentration. NaNO₃ was used as a negative control for NO₃²⁻ in Cu(NO₃)₂. Cells were exposed 145 to different concentrations of Cu²⁺ ranging from 0.06 - 1.57 mM (or $5 - 125 \mu g/ml$ CuO) for 1, 4, 146 147 24 and 48 h. At the end of the indicated incubation period, the treatment in each well was 148 replaced with 100 µL of fresh media and 20 µL of MTS tetrazolium compound (CellTiter 96[®] 149 AQueous One Solution, Promega, Madison, WI). After 1 - 4 h, the absorbance was recorded at 490 nm using a Spectra Max plus 384 microplate spectrophotometer (Molecular Devices, 150 151 Sunnyvale, CA). Cell viability was expressed as a percentage of the absorbance value obtained 152 for the untreated cells. All absorbance values were corrected with a blank solution (100 µL of 153 fresh media and 20 µL of MTS tetrazolium compound).

154 **Dissolution of Cu²⁺ from CuO NPs**

155 In separate experiments, nanoparticles (4 nm and 24 nm CuO NPs) were dispersed in complete RPMI-1640 media using a sonic dismembrator at 40% amplitude for 1 minute before 156 157 dilution. The NP suspensions at different concentrations of Cu^{2+} ranging from 0.06 – 1.57 mM 158 (or 5 – 125 µg/ml CuO) were incubated at 37°C and 5% CO₂ to mimic the same conditions as in 159 cytotoxicity assays. After 4 different time points (1, 4, 24 and 48 h), the NP suspensions were 160 centrifuged at 10016 x g for 25 mins to pellet the CuO NPs. Supernatants were collected, 161 diluted in 5 mM HNO₃ and was analyzed via inductively coupled plasma-optical emission spectroscopy (ICP-OES, Varian, Agilent Technologies, Santa Clara., CA) to determine the 162 163 dissolved Cu²⁺ concentration. In addition, a droplet of the supernatant was placed on a TEM grid and imaged to test the presence of any smaller nanoparticles that could not be removed from 164 165 the centrifugation process ²⁹.

166 Measurement of intracellular reactive oxygen species (ROS) production by 167 dihydroethidium (DHE) oxidation

168 A549 cells were plated in 60 mm² dishes at a concentration of 2 x 10⁵ cells/dish. Twenty four hours following plating, the cells were treated with 4 mL of 4 nm CuO NPs, 24 nm CuO 169 170 NPs, $Cu(NO_3)_2$ or NaNO₃. The two types of CuO NPs and $Cu(NO_3)_2$ were added such that equal 171 amounts of Cu²⁺ (0.12 µM Cu²⁺ concentration) were added for each treatment. NaNO₃ was used as a negative control for NO₃²⁻ in Cu(NO₃)₂. Following the 1, 4, 24 or 48 hours treatment, the 172 173 cells were trypsinized with 0.25% trypsin-EDTA and centrifuged at 230 x g for 5 minutes. The 174 cells were washed with PBS containing 5 mM pyruvate and incubated for 40 mins at 37°C with 175 10 µM of the commercially available dye, dihydroethidium (DHE), in PBS containing pyruvate. 176 Following incubation with the dye, the cells were analyzed using flow cytometry (FACScan: 177 Becton Dickinson Immunocytometry Systems, San Jose, CA). The mean fluorescence intensity 178 (MFI) of 20,000 cells was recorded. All groups were normalized to the untreated control group. 179 Antimycin A (an electron transport chain blocker) which was used as a positive control 180 increased the DHE oxidation levels by 3- to 5-fold (data not shown).

181 Measurement of mitochondrial ROS production via MitoSOX

A549 cells were seeded at a concentration of 2 x 10⁵ cells/well in 60 mm² dishes one 182 183 day prior to treatments. Two different sizes of CuO NPs (4 and 24 nm) and Cu(NO₃)₂ were added such that equal amounts of Cu^{2+} (0.12 μ M Cu^{2+} concentration) were added for each 184 treatment. NaNO₃ was added as a control. At two different time points (1 and 24 hours), cells 185 186 were removed from dishes by trypsinization, stained with MitoSOX (final concentration 2 µM for 187 15 minutes) and the fluorescence was measured via flow cytometry. The mean fluorescence 188 intensity (MFI) of 10,000 cells per sample was calculated. All groups were normalized to the 189 control (untreated) group. Antimycin A was used as a positive control and showed a MFI 190 approximately 28-fold greater than the control.

191 Intracellular Cu²⁺ uptake

192 A549 cells were seeded at a concentration of 4×10^5 cells/well in 60 mm² dishes one 193 day prior to treatments. Two different sizes of CuO NPs (4 and 24 nm) and Cu(NO₃)₂ were 194 added such that equal amounts of Cu²⁺ were added for each treatment. At 4 different time 195 points (1, 4, 24 and 48 hours), cells were gently washed twice with warm PBS and removed 196 from dishes by trypsinization. Cells were collected and centrifuged at 230 x g for 5 minutes, 197 gently washed once with warm PBS and resuspended in 1 mL complete medium. These repeat

198 washing cycles were introduced to the experiment to ensure the complete removal of extracellular CuO NPs and Cu²⁺. A small aliquot (20 µL) of the cell suspension was used to 199 200 determine cell concentration using a hemocytometer. The rest of the cell suspension was 201 digested with concentrated HNO₃ (3 mL) using microwave digestion (MARS 6, CEM Corporation) and the Cu²⁺ concentration in the digestate was guantified via ICP-OES. The limit 202 203 of detection for Cu^{2+} using ICP-OES is 5 μ g/L. The Cu^{2+} in the digestate was used to calculate the amount of CuO in the cells (assumption: Cu²⁺ in the digestate is due to internalized CuO 204 NPs or Cu²⁺). The intracellular Cu²⁺ from each sample was normalized against cell number. 205

206 Statistical analysis

Data are expressed as mean \pm SD. For the cytotoxicity assay, a non-linear regression with second order polynomial (quadratic), least squares fit was used. For all other experiments, One-way ANOVA with Bonferroni's post-test (comparing all groups to the control group and comparing 4 nm with 24 nm CuO NPs) was performed. All statistical analyses were conducted using GraphPad Prism version 6.05 for Windows (GraphPad Software, San Diego, CA, <u>www.graphpad.com</u>). The *p*-values of less than 0.05 were considered significant.

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214 **Results and discussion:**

215 CuO NP characterization

216 The average sizes of the CuO NPs used in these studies were 4 ± 1 nm ("small") and 24 217 \pm 9 nm ("large") (Figure 1). To evaluate the effect of cell culture medium on the overall size of 218 the CuO nanoparticles in our study, we measured the particle size of the CuO (4 nm) 219 nanoparticles in complete media for 0 hrs, 4 hrs and 24 hrs using a Zetasizer Nano ZS at the 220 same concentrations they were tested in the cell viability studies. The average hydrodynamic 221 diameter for the CuO NPs tested was 5.2 ± 0.2 nm (Fig 1S.) which is consistent with the size 222 results from the TEM analysis. RPMI medium did induce moderate levels of aggregation and the 223 overall average particle size was stable over 24 hours. It is worth noting that changing 224 parameters such as ionic strength, nature of buffer, particle size, particle surface composition, 225 and percentage serum in the media can have a significant effect on the degree of aggregation 226 and the effect of these various parameters on aggregation and cell toxicity need further 227 investigation. The Brunauer-Emmett-Teller (BET) surface areas of the small and large CuO NPs were 118 \pm 4 m²/g and 22 \pm 0.4 m²/g, respectively ²⁹. Bulk phase analysis with X-ray diffraction 228 229 indicated that both the small and large CuO NPs consisted of a single phase; tenorite and 230 surface analysis using X-ray photoelectron spectroscopy (XPS) revealed that in both particle 231 types the copper atoms are in the same oxidation state (Cu(II)) in the near surface region 232 (Figure 2). These oxide nanoparticles are truncated with OH groups at the surface as indicated 233 by the peak at 531 eV in the O1s region. In addition, the carbon 1s region of the XPS spectrum 234 showed 4 nm CuO NPs had some surface adsorbed acetate groups resulting from the copper 235 acetate precursor used in the synthesis process and 24 nm CuO NPs had some adsorbed 236 carbonates on the surface. These characterization data are summarized in Table 1.

237 Comparison of cytotoxic effects of 4 nm CuO NPs versus 24 nm CuO NPs on A549 cells

238 After the particles were dispersed by sonication in RPMI-1640 media, the two differently 239 sized CuO NPs were added to A549 cells at concentrations ranging from 0.06 - 1.57 mM (of 240 Cu^{2+}) for 1, 4, 24 or 48 hours and the percent cell viability (relative to untreated control cells) was determined immediately after each incubation period using an MTS assay. The results 241 242 (Figure 3) suggest that cytotoxicity yielded from A549 cells were dependent on both time of 243 exposure to, and concentration of, either 4 nm CuO NPs or 24 nm CuO NPs. In addition, it was 244 also noted that, at 1, 4, 24 and 48 h time points, there were significant differences (p-value < 245 0.05 for 1 h, p-value < 0.001 for 4, 24 and 48 h) in percent cell viability of A549 cells after treatment with 4 nm CuO NPs versus 24 nm CuO NPs. In short, it was apparent that 24 nm 246 247 CuO NPs exhibited higher cytotoxicity compared to 4 nm CuO NPs. The higher cytotoxicity was 248 particularly evident at 4 h, 24 h and 48 h and when concentrations of loaded Cu were 0.94 -1.57 mM, 0.31 - 1.57 mM and 0.31 - 0.94 mM, respectively. 249

250 Effect of dissolved Cu²⁺ ions on A549 cytotoxicity

Cu(NO₃)₂ was used as a treatment alongside solid CuO NPs in order to determine the 251 effect of dissolved Cu²⁺ on cell viability. NaNO₃ was used as a negative control to confirm that 252 nitrate ions had no cytotoxic effects and that any decrease in cell viability can instead be 253 254 attributed to Cu²⁺ in solution. There was no impact on cell viability due to treatment with NaNO₃ 255 relative to untreated cells at any time point or at any concentration (data not shown). However, the introduction of free Cu^{2+} from $Cu(NO_3)_2$ demonstrated both time- and concentration-256 dependent cytotoxicity in A549 cells. Cells treated with free Cu²⁺ demonstrated lower cell 257 258 viability than cells treated with 4 nm CuO NPs but showed higher cell viability than cells treated 259 with 24 nm CuO NPs (Figure 3). This was apparent at 4, 24 and 48 h incubation periods.

In an attempt to investigate the underlying cause of CuO NP cytotoxicity, the dissolution 260 of Cu²⁺ from the two differently sized CuO NPs was measured using ICP-OES after the particles 261 were sonicated with RPMI-1640 media and incubated at 37°C, 5% CO₂ for 1, 4, 24 and 48 h 262 (Figure 4). Three concentrations of CuO NPs (0.06, 0.63 and 1.57 mM) were chosen to 263 264 represent the range of concentrations tested in the cytotoxicity assay. Because the TEM 265 analysis of the supernatant did not show any particle presence, the concentrations obtained using ICP-OES can be attributed entirely to dissolved Cu²⁺. In another study, where CuO NP 266 dissolution was tested in the presence of citric and oxalic acid, the concentrations reported by 267 ICP-OES consisted of both dissolved and smaller CuO nanoparticles ²⁹. The concentration of 268 free Cu²⁺ in the media increased as the initial concentration of 4 nm and 24 nm CuO NPs in the 269 270 media increased. For all concentrations tested the complete dissolution of Cu^{2+} from either type of NPs was not observed after 48 h. Both types of CuO NPs released Cu²⁺ at similar levels at 24 271 272 and 48 h which is approximately 50% of the original concentrations. However, the rates of free 273 Cu^{2+} dissolution were different. Smaller 4 nm CuO NPs achieved ~50% dissolution into the surrounding medium over a 1 h incubation period. Larger 24 nm CuO NPs took longer to reach 274 ~50% Cu²⁺ dissolution (over 24 h). Thus, 4 nm CuO NPs had a faster extracellular Cu²⁺ 275 276 dissolution rate when compared to 24 nm CuO NPs.

That there is a direct relationship between the degree of cytotoxicity and the concentration of soluble extracellular Cu^{2+} after 24/48 hours of exposure (Figure 3) suggests that free Cu^{2+} in solution is likely to be one of the major causes of cytotoxicity seen with the

small NPs used in these studies. In fact, free Cu²⁺ ions may have contributed to most of the 280 281 cytotoxicity caused by the 4 nm Cu NPs. This preliminary assessment is based on the finding 282 that the 4 nm CuO NPs released approximately 50% of their total loaded Cu as Cu²⁺ at 1 hour (Figure 4) and were less cytotoxic than the soluble Cu(NO₃) exposed to the A549 cells at twice 283 284 the concentration (for the 24 and 48 hour treatments), tentatively indicating at this stage that 285 other factors were negligible in causing cytotoxicity. However, it appears to be a different 286 situation for the 24 nm CuO NPs where it is likely that other or, more likely, additional factors 287 may have contributed to the cellular cytotoxicity caused by these NPs aside from the extracellular release of Cu²⁺ ions. This is because 24 nm CuO NPs caused greater cytotoxicity 288 than 4 nm CuO NPs despite the finding that 4 nm NPs had a faster Cu²⁺ dissolution profile than 289 290 24 nm CuO NPs. Also, the 24 nm CuO NPs were significantly more toxic than soluble Cu²⁺ from $Cu(NO_3)$ which was exposed to cells at more than twice the concentration of soluble Cu^{2+} 291 292 released by the CuO NPs.

293 Evaluation of intracellular and mitochondrial pro-oxidants induced by CuO NPs

294 Intracellular prooxidant levels (intracellular O_2^{\bullet}) in A549 cells after treatment with 4 nm 295 or 24 nm CuO NPs for 1, 4, 24 or 48 h were assessed through the detection of DHE oxidation, which is indicative of superoxide anions (O2.) as well as other prooxidants. The results 296 demonstrated that, at 1 h and 4 h (Figure 5A and 5B), there was a significant drop in prooxidant 297 298 levels in cells treated with 24 nm CuO NPs which was not observed for the other treatments, 299 including the 4 nm CuO NPs treatment. This finding for the 24 nm CuO NPs is possibly due to 300 antioxidant defense mechanisms induced in the A549 cells in response to a metal-based NP 301 challenge and has been shown to occur at 4 – 8 hours post-treatment in a previously published 302 study where A549 cells were characterized for prooxidant levels after treatment with CuO NPs ^{38, 39}. When prooxidants were measured at 24 h and 48 h (Figure 5C and 5D) there were 303 304 significant increases (2-fold and 4-fold, respectively) in the cells that were treated with 24 nm 305 CuO NPs compared to controls (p < 0.001), possibly due to exhaustion of the antioxidant 306 defense system. In comparison, cells treated with 4 nm CuO NPs over 24 h and 48 h did not 307 exhibit a significant increase in prooxidant levels compared to untreated cells. When 4 nm and 308 24 nm CuO NPs were compared, cells that were treated with 24 nm CuO NPs over 24 h and 48 309 h exhibited significantly higher levels of prooxidants when compared with cells that were treated with 4 nm CuO NPs (p < 0.001). Cells treated with free Cu²⁺ produced 2-fold higher levels of 310 prooxidants at 24 h and 48 h than untreated cells. Overall, these results are consistent with the 311 cytotoxicity assays (Figure 3) and confirm that 24 nm CuO NPs were more toxic when 312 compared to free Cu²⁺ and 4 nm CuO NPs. It is possible that differences in prooxidant levels 313 account for differences in cytotoxicity (Figure 3) observed when comparing 24 nm CuO NPs 314 315 with $Cu(NO_3)$.

Since it has been shown that CuO NPs at sizes of < 40 nm can enter mitochondria of A549 cells within 12 h of incubation ³⁹, mitochondrial superoxide production was measured in variously treated A549 cells using MitoSOX red ⁴⁰. Two incubation periods (1 h and 24 h) were tested. It was found that at 1 h, there were no substantive differences when comparing 24 nm CuO NPs with either the untreated control or the group treated with 4 nm CuO NPs (Figure 6A). At 24 h, cells that were treated with 24 nm CuO NPs had significantly more mitochondrial

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322 superoxide (12-fold higher than the control group) (p < 0.001 when compared to control and 4 nm CuO NPs). Cells that were treated with Cu(NO₃)₂ had 1.6-fold higher levels of mitochondrial 323 324 ROS than the untreated cells. Mitochondrial ROS level in cells that were treated with 4 nm CuO 325 NPs was at the same level as in untreated cells (MFI equals to 1) (Figure 6B). Treatment of cells with NaNO₃ showed no significant change when compared to the untreated cells at both 326 327 incubation periods. The results obtained here and with the intracellular superoxide measurements performed above demonstrate that 24 nm CuO NPs induced higher 328 329 mitochondrial and intracellular ROS than 4 nm CuO NPs and this difference in ROS production 330 was likely to be another major cause of cytotoxicity for cells treated with the 24 nm CuO NPs.

331 Quantification of the intracellular Cu²⁺ from cells that were treated with 4 nm and 24 nm 332 CuO NPs

333 Both types of NPs studied here possessed similar surface and core oxide compositions (Figure 2) and the smaller 4 nm CuO NPs exhibited faster extracellular Cu²⁺ dissolution rates 334 335 than the larger 24 nm CuO NPs (Figure 4), leading us to suspect that 4 nm CuO NPs may have 336 been more cytotoxic than 24 nm CuO NPs. However, results from the MTS assays (Figure 3) 337 showed that 24 nm CuO NPs were significantly more cytotoxic than 4 nm CuO NPs. This was 338 particularly evident at 24 and 48 h for the lower Cu concentrations (Figure 3). Therefore, there 339 are likely to be other factors, aside from Cu²⁺ dissolution rates, that contribute to the increased 340 cytotoxicity of 24 nm CuO NPs. It is possible that these two types of NPs have different modes 341 of entry or rates of uptake because of their difference in size, which consequently may affect the levels of Cu²⁺ accumulating within the cells. 342

343 To study the possibility of different modes of entry or rates of uptake depending on the particle size, cells were incubated with 4 nm, 24 nm CuO NPs and Cu(NO₃)₂ for a range of 344 times (1, 4, 24 and 48 h), and then intracellular Cu²⁺ was measured using ICP-OES (Figure 7). 345 In this experiment, cell suspensions were subjected to microwave digestion with concentrated 346 347 HNO₃ thus; this intracellular Cu²⁺ that was detected via ICP-OES could come from either free Cu²⁺ or CuO in particulate form. At all incubation periods, the only group demonstrating 348 349 relatively high intracellular Cu²⁺ was the one where the cells were treated with 24 nm CuO NPs 350 (p < 0.001). Cells that were treated with 4 nm CuO NPs or Cu(NO₃)₂ showed low intracellular 351 Cu^{2+} concentrations compared to the cells treated with 24 nm CuO NPs. These results suggest 352 that 24 nm Cu NPs are more rapidly and more efficiently taken up by A549 cells that 4 nm CuO NPs. 353

There have been numerous reports on the cytotoxicity of CuO NPs both *in vivo* and *in vitro* ^{36, 41-45}. There is still, however, a large degree of conjecture as to the mechanism(s) by which these NPs mediate their cytotoxicity. These differences are likely to stem from multiple variables between studies including the cell type studied and the properties of the particles used. This is further confounded by the possibility that multiple mechanisms may be responsible for nanotoxicity of CuO NPs as opposed to one major causative factor.

360 Previous studies addressing CuO NPs toxicity showed that among various metal oxide 361 NPs, CuO NPs were among the most cytotoxic ^{33, 45}. Also, CuO NPs have higher cytotoxicity

when compared with CuO microparticles ^{28, 46, 47}. However, to the best of our knowledge, 362 363 comparisons in toxicity of CuO NPs at the very small sizes used here have not been previously 364 reported in the literature. Here, we measured and observed the differences in cytotoxicity of two 365 aroups of differently sized CuO NPs (4 nm and 24 nm). Surprisingly, the larger CuO NPs (24 366 nm) demonstrated higher cytotoxicity as well as inducing higher intracellular and mitochondrial ROS production than the smaller CuO NPs (4 nm), despite both groups of NPs having identical 367 368 chemical compositions and the 4 nm CuO NPs showing faster extracellular Cu²⁺ dissolution 369 rates. Interestingly, cells treated with 24 nm CuO NPs showed comparatively high intracellular Cu^{2+} (Figure 7). This disparity in intracellular Cu^{2+} levels was likely due to the larger volumes (> 370 200-fold) of 24 nm NPs over 4 nm NPs. To a less significant degree, it is also possible that the 371 372 rates of NP uptake were different, with uptake being slower for the 4 nm CuO NPs. The rate of 373 entry and amount of uptake of CuO NPs into the cell may have ultimately affected the level of intracellular accumulation of Cu²⁺ and consequently impacted on cytotoxicity in A549 cells. CuO 374 NPs have been previously shown to rely on endocytosis to enter A549 cells ³⁹. Entry into acidic 375 376 compartments (e.g. endolvsosomes) results in exposure to a lower pH environment and it has been demonstrated that CuO NPs release Cu²⁺ more rapidly at lower pH ^{6, 31}. It may be that 377 smaller 4 nm CuO NPs used here were not taken up by endocytosis as readily as 24 nm CuO 378 379 NPs, perhaps due to their smaller diameter, which is substantially below the optimal size to trigger endocytosis, and may have relied upon an inefficient route of entry such as diffusion 380 across the cell membrane ⁴⁸. Such a situation, combined with the large volume differences, 381 could have resulted in significant differences in intracellular Cu²⁺ levels and impacted on 382 383 cytotoxicity through mechanisms dependent on ROS generation, although additional 384 contributions to cytotoxicity through ROS-independent pathways cannot be ruled out, such as the inactivation of vital proteins through chelation or the inactivation of metalloproteins ⁶. Based 385 386 on our findings it is likely that the two differently sized CuO NPs investigated here imparted their 387 cytotoxic effects through mostly disparate mechanisms. The smaller (4 nm) and less toxic CuO 388 NPs are likely to have impacted on cytotoxicity through an undefined pathway caused by the extracellular release of Cu²⁺ which occurred at a faster rate compared to the larger (24 nm) CuO 389 390 NPs, whilst the larger CuO NPs appeared to have mediated their higher cytotoxic impact 391 through the promotion of greater intracellular and mitochondria ROS levels as a result of 392 increased intracellular access.

393 Conclusion

394 Exposure of A549 cells to 4 nm versus 24 nm CuO NPs was performed to assess their 395 cytotoxicity and multiple techniques were performed in an attempt to verify the potential causes 396 of cell death. As a general conclusion, we found that NP-induced cell death may be a result of 397 multiple contributing and confounding factors, however, the predominant causal factor appeared to be dependent on the size of the CuO NPs. We conclude that the extracellular dissolution of 398 399 Cu²⁺ ions from CuO NPs can be cytotoxic to A549 cells and this seemed to be the primary 400 reason for the cytotoxicity generated by the 4 nm CuO NPs. Despite having similar 401 physicochemical properties (aside from size), the larger 24 nm CuO NPs proved to be 402 significantly more cytotoxic than smaller 4 nm CuO NPs and we can surmise that this was due 403 to post-internalization events resulting in significantly enhanced levels of prooxidants. 404 Evaluating the cytotoxicity of CuO NPs is essential in order to address the safety of using such

405 materials in biomedical applications where there is the potential for environmental and human 406 exposure. Further evaluation of subtle differences in CuO NP physicochemical properties and 407 the effect of those subtle differences on intracellular behavior and how they impact on 408 cytotoxicity of off-target organisms is warranted and would be of benefit to further understand 409 the potential and limitations of translational and human health applications of copper oxide NPs.

410

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Physicochemical property	Technique	Small CuO NPs	Large CuO NPs
Particle size (nm)	TEM*	4 ± 1	24 ± 9
Surface area (m ² /g)	BET**	118 ± 4	22 ± 0.4
Bulk composition	XRD	CuO	CuO
Surface composition	XPS	Cu-OH, acetate	Cu-OH, carbonate

Table 1: Summary of physicochemical characterization data of CuO nanoparticles.

*Particle size obtained from TEM technique was expressed as mean \pm SD and based on 100 particles.

**Surface area obtained from BET technique was expressed as mean \pm SD (n=3).



Figure 1: Transmission Electron Microscopy (TEM) images representing small (A) and large (B) CuO NPs which were used in this study. The average particle sizes of small and large CuO NPs, as determined using TEM, were 4 ± 1 nm and 24 ± 9 nm, respectively.



Figure 2: Bulk (left) and surface (right) characterization of small (4 nm) and large (24 nm) CuO NPs using X-ray diffraction (XRD) and X-ray photoelectron spectroscopy (XPS).



Figure 3: Cytotoxicity of 4 nm versus 24 nm CuO NPs: relative cell viability (%) of A549 cells after treatment with various concentrations of small and large CuO nanoparticles, $Cu(NO_3)_2$ solution and $NaNO_3$ solution for A) 1 hours, B) 4 hours, C) 24 hours and D) 48 hours. The data were plotted according to concentration (mM) and expressed as mean ± SD (n = 3-4). $NaNO_3$ was used as a control for nitrate effects and showed minimal cytotoxicity at all concentrations and all time points tested with relative cell viability > 95% (data no shown). Nonlinear regression, second order polynomial (quadratic), least squares fit were conducted to determine significant differences between 4 nm and 24 nm CuO NP treatments. *** p < 0.001, * p < 0.05



Figure 4: Dissolution of Cu²⁺ from small and large CuO NPs: different concentrations of particles (5, 50 and 125 µg/ml which are equal to 0.06, 0.63 and 1.57 mM, respectively) were sonicated at 40% amplitude for 1 min and then incubated in RPMI-1640 complete media for 1, 4, 24 and 48 h. The data were plotted using free Cu²⁺ in media against time and expressed as mean \pm SD (n = 3).



Figure 5: Intracellular pro-oxidants as detected by dihydroethidium oxidation (DHE): cells were incubated with small and large CuO NPs, $Cu(NO_3)_2$ and $NaNO_3$ at a dose of 0.12 µM Cu²⁺ concentration (10 µg/ml CuO NPs) for 1 h (A), 4 h (B), 24 h (C) and 48 h (B). Antimycin A increased the MFI by 3- to 5-fold when compared to the control group (data not shown). MFI represents mean fluorescence intensity which was normalized to the control group. Data are expressed as mean ± SD (n = 3). One-way analysis of variance with Bonferroni's multiple comparisons post-test was performed. *** p < 0.001, *p < 0.05.



Figure 6: Mitochondrial pro-oxidants as detected by MitoSOX oxidation: cells were incubated with 4 nm and 24 nm CuO NPs, $Cu(NO_3)_2$ and $NaNO_3$ at a dose of 0.12 µM Cu²⁺ concentration (10 µg/ml CuO NPs) for 1 h (A) and 24 h (B). Antimycin A increased the MFI by 10- to 16-fold when compared to the control group at 1 hour and 24 hours, respectively (data not shown). MFI represents mean fluorescence intensity which was normalized to the control group. Data are expressed as mean ± SD (n = 3-5). One-way analysis of variance with Bonferroni's multiple comparisons post-test (the comparison between all groups to the control and between small - large CuO NPs) was performed. *** p < 0.001, *p < 0.05.



Figure 7: Intracellular Cu²⁺ **uptake:** cells were incubated with 4 nm and 24 nm CuO NPs, Cu(NO₃)₂ and NaNO₃ at a dose of 0.12 μ M Cu²⁺ concentration (10 μ g/ml CuO NPs) for 1 h (A), 4 h (B), 24 h (C) and 48 h (D). Data are expressed as mean ± SD (n = 3). One-way analysis of variance with Bonferroni's multiple comparisons post-test (the comparison between all groups to the control and between 4nm and 24 nm CuO NPs) was performed. *** *p* < 0.001, **p* < 0.05.