## Advances in Single Chain Technology

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Recent ability to manipulate and visualize single atoms at atomic level has giving rise to modern bottom-up nanotechnology. A similar exquisite control degree at the individual polymeric chain level for producing functional soft nanoentities is expected to become reality in next years, through the full development of so-called “single chain technology”. Ultra-small unimolecular soft nano-objects endowed with useful, autonomous and smart functions are the expected, long-term valuable output of single chain technology. This review covers recent advances in single chain technology for the construction of soft nano-objects via chain compaction, with an emphasis in dynamic, letter-shaped and compositionally unsymmetrical single rings, complex multi-ring systems, single chain nanoparticles, tadpoles, dumbbells and hairpins, as well as the potential end-use applications of individual soft nano-objects endowed with useful functions in catalysis, sensing, drug delivery and other uses.

1. Introduction

The precise hierarchical structure found in many biomacromolecules (e.g., enzymes) to perform their specific functions is the result of millions years of natural evolution. It is well known that in Nature a diversity of functional nanoentities result from the self-structuring of dynamic individual biomacromolecules at multiscale levels. As a typical example, the precise monomer sequence in a protein (primary structure) encodes the information required for: i) the formation (or not) of α-helices or β-sheets (secondary structure), ii) determining the global morphology of the protein (tertiary structure), and iii) promoting the formation (or not) of well-defined multi-aggregates (quaternary structure).

Such a function-driven and precise level of hierarchical self-organization has remained elusive in the synthetic polymer field, although in recent years some very promising examples of controlled chain compaction via folding / collapse have been demonstrated. Moreover, intriguing examples of soft nano-objects constructed through compaction of linear single chains and endowed with useful enzyme-mimetic functions have been recently described. In this sense, taking inspiration from the topology and precise morphology of natural biomacromolecules continues to be a powerful driving force towards artificial functional soft nano-objects. By analogy to the development experienced in manipulating and visualizing single atoms at atomic level, giving rise to modern bottom-up nanotechnology, a similar exquisite control degree is expected to become reality in next years at the individual synthetic polymeric chain level for producing functional soft nanoentities, through the full development of what is called “single chain technology”. For the long term, unimolecular soft nano-objects endowed with useful, autonomous and smart functions are expected as the main valuable output of single chain technology.

This review focuses in recent advances in single chain technology for the construction of a variety of soft nano-objects via chain compaction.

Examples of single rings as primitive synthetic analogues of circular proteins found in Nature are hence included. Circular proteins presumably evolved over ancestral linear proteins to confer advantages, such as reduced sensitivity to proteolytic cleavage and enhanced stability, while retaining their intrinsic biological functions. Particular emphasis is placed on dynamic (stimuli-responsive), letter-shaped and compositionally unsymmetrical single rings.

A diversity of complex, high-precision multi-ring systems has been recently prepared by means of single chain technology via covalent and supramolecular interactions. Illustrative examples are also included in this review. Interestingly, some of these complex multi-ring nano-objects can be considered as topological analogues of natural macrocyclic...
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peptides found in various organisms.

By means of single chain technology, individual copolymer chains of different nature, composition, and molar mass have been folded / collapsed to single chain nanoparticles (SCNPs) and tadpoles (monotailed SCNPs). As shown very recently, even single chain dumbbells and hairpins can be constructed via single chain technology. Several review papers and chapter books about SCNPs have been yet published, most of them focused on intra-chain cross-linking techniques for SCNP construction. Consequently, only the most recent and relevant results are considered here to clarify the current state-of-the-art and open up new avenues for research. In particular, the significant added value that is endowed to single chain nanoparticles by taking inspiration from the functions of both ordered and disordered proteins will be highlighted (see Figure 1). Certainly, breakthrough research in the precision synthesis of precursors with predefined sequences, positionable reactive groups, tailored interactions and useful functions is needed to deploy the full possibilities of single chain technology.

Finally, potential end-use applications of these individual soft nano-objects in nanomedicine, catalysis, sensing and other uses are disclosed.

## 2. Soft nano-objects via chain compaction

### 2.1. Dynamic single rings

Many cyclic compounds have been isolated from living organisms, such as cyclotides (cyclo-peptides) (Figure 2a) extracted from various organisms, including bacteria and plants. In Nature, ring formation is employed to provide polypeptides with specific properties, such as improved stability against enzymatic degradation or acute toxicity via enhanced cellular membrane-disrupting activity. Often, cyclotides exhibit fast killing bactericidal activities. Interestingly, in addition to cyclization also precise folding through disulphide bonds is required for optimal cyclotide activity.

Compaction of a linear synthetic polymer chain upon cyclization is well-known in the polymer chemistry field. As a consequence of ring formation, changes in many properties are observed when compared to those of the linear counterpart such as intrinsic viscosity, glass transition temperature and order-disorder transition, to mention a few ones. Different strategies have been introduced for cyclization of linear chains, some of them relying on the formation of a covalent, permanent bond between both chain ends. In recent years, however, several illustrative examples of the application of single chain technology to construct dynamic single rings that can
Figure 2. Ring formation endows cyclotides (cyclo-peptides) with specific properties, such as improved stability against enzymatic degradation or enhanced cellular membrane-disrupting activity (a). Dynamic single rings constructed via single chain technology that unfold back to linear chains triggered by external stimuli based on: β-cyclodextrin / azobenzene α-ω-functionalized polyethylene glycol (b), and β-cyclodextrin / adamantane α-ω-functionalized poly(N,N-dimethyl acrylamide) (c). Reprinted with permission from ref. 16, 19 and 20, respectively.

In an illustrative work, Harada and colleagues showed thermal and photochemical switching of conformation (from linear to ring structures) in aqueous solutions of polyethylene glycol (PEG)-substituted β-cyclodextrin (CD) with an azobenzene (AB) group at the chain end. The interplay between solution concentration, temperature and irradiation wavelength on the precise conformation and aggregation state of this CD-AB α-ω-functionalized PEG in aqueous solution is illustrated in Figure 2b. Conformational changes were assessed by a combination of 2D rotating frame Overhauser effect spectroscopy (ROESY) and pulsed field gradient (PFG) $^1$H NMR experiments, circular dichroism and UV-vis spectra.

Reversible single chain selective point folding via β-cyclodextrin / adamantane (AD) host-guest chemistry in water has been reported by Barner-Kowollik and coworkers (Figure 2c). Hence, a CD-AD α-ω-functionalized poly(N,N-dimethyl acrylamide) polymer was first synthesized by a combination of RAFT polymerization with a novel bifunctional RAFT agent and modular ligation chemistry. Subsequently, the CD/AD host-guest complexation-driven single chain cyclization and its reversion at elevated temperatures were monitored by dynamic light scattering (DLS) and nuclear Overhauser enhancement spectroscopy (NOESY). NOESY spectra recorded as a function of temperature revealed that chain unfolding takes place at around 50 °C.

The controlled self-folding of single polymer chains to individual rings induced by metal-ligand complexation has been recently demonstrated by the same group (Figure 3a). Metal-ligand coordination belongs to the general class of non-covalent interactions and has proven to be one of the most prominent supramolecular motifs due to its ease of accessibility and strong binding constants. Upon metal-induced cyclization, a hydrodynamic diameter reduction of around 25 % was observed as a consequence of the more compact topology of the cyclic polymer when compared to its linear precursor.

Synthesis of dynamic single rings constructed via single chain self-assembly of well-defined polymer precursors through α-ω-hydrogen-bonding between a cyanuric acid and a Hamilton wedge was also reported by Barner-Kowollik and colleagues (Figure 3b). The existence of strong entropically driven hydrogen-bonding interactions between the α-donor and the ω-acceptor of the precursor at high dilution (< 1 mM in
CHCl₃) leading to circular self-assembly was demonstrated by ¹H NMR, DLS, and computer simulations. By increasing the concentration above 1 mM, the formation of inter-chain aggregates was observed by DLS. In a further work, dynamic single rings were synthesized by employing heterotelechelic polymer precursors containing thymine and diaminopyridine terminal groups (Figure 3c).

These results show the increasing feasibility of generating dynamic single rings via single chain technology in which folding (or unfolding), which is accompanied by the corresponding change in material properties, is triggered by multiple external stimuli.

2.2. Letter-shaped single rings

Sequence control in synthetic macromolecules is currently a topic of significant interest for the construction of precise macromolecular origamis via chain folding.

In a pioneering work by Lutz and coworkers, the synthesis of letter-shaped single rings from copolymers featuring functional groups at pre-selected position of the linear chain has been recently addressed. Controlled radical copolymerization of styrene with N-substituted maleimides (as ultra-reactive comonomers) was used to prepare appropriate reactive precursors, some of them containing an azide functional group at the chain end. As a first example, alkyn functional groups were positioned in the polystyrene (PS) backbone by means of this procedure. The method does not lead to perfectly sequence-defined macromolecules but allows inclusion of discrete functional patches in the PS chains. By performing intramolecular reactions from these precursors involving azide-alkyne cycloaddition and alkyn homocoupling reactions, different macromolecular topologies were reached such as P-, Q- and α-letter-shaped single rings (Figure 4a). Chain compaction upon letter-shaped ring formation was clearly observed by size exclusion chromatography (SEC).

In a following work by the same group, two functional monomers were positioned at different locations in the PS chains and afterwards were reacted with a short hetero-functional PEG spacer. The resulting α-letter-shaped rings obtained through intra-chain azide-alkyne “click” cycloaddition showed controllable loop and arm sizes. Chain compaction was also confirmed by means of SEC experiments (Figure 4b).

Visualization of individual letter-shaped rings with atomic resolution by means of high resolution TEM or AFM, as well as the investigation of their presumably unique structure-property relationships and potential self-assembly behaviour in melt and solution are still pending issues.

2.3. Compositionally unsymmetrical single rings

Currently, the study of compositionally unsymmetrical polymer rings is receiving increased attention, as a number of reports have suggested that cyclic block copolymers can play a unique role in a variety of different applications. Here we describe so-
copolymers and their equivalent compositionally unsymmetrical AB rings were found to display reduced acid-catalysed degradation profiles and form micelles in water of smaller sizes when compared to their equivalent linear block copolymers (a). "Click" chemistry was used to obtain polystyrene-b-polylethylene oxide macrocycles that due to chain compaction showed a 30% decrease in domain spacing over their corresponding linear counterparts (b). Reprinted with permission from ref. 28 and 30, respectively.

Figure 6. Amphiphilic polyethylene glycol-b-polycaprolactone macrocycles showed reduced acid-catalysed degradation profiles and formed micelles in water of smaller sizes when compared to their equivalent linear block copolymers (a). "Click" chemistry was used to obtain polystyrene-b-polylethylene oxide macrocycles that due to chain compaction showed a 30% decrease in domain spacing over their corresponding linear counterparts (b). Reprinted with permission from ref. 28 and 30, respectively.

copolymer against its linear counterpart has been recently reported by Tezuka and colleagues.27 Flower-like micelles of about 20 nm in size were prepared from linear ABA block copolymers and their equivalent compositionally unsymmetrical AB rings, where A = polybutyl acrylate and B = polyethylene oxide, PEO. In spite of the similar morphology and size, the micelles formed from the cyclized block copolymer showed a drastic elevation ($\geq$ 40°C) of the cloud point ($T_c$). It was shown in this work that $T_c$ can be easily tuned by co-assembly of the linear and cyclized block copolymers.

More recently, biocompatible amphiphilic PEG-b-polycaprolactone (PCL) macrocycles have been prepared by Grayson and colleagues,28 and their stability and self-assembly behaviours have been investigated. The resulting compositionally unsymmetrical AB rings were found to display reduced acid-catalysed degradation profiles and to form micelles in water of smaller sizes when compared to their equivalent linear block copolymers (Figure 6a). The combination of reduced size and unique degradation behaviour suggest that they may be useful stimuli-responsive materials in the field of drug delivery carriers.

Linear and cyclic coil-crystalline di-block copolypeptoids that can efficiently form thermoreversible free-standing gels at moderate concentrations (5–10 wt. %) in methanol at r.t. have been synthesized by Zhang and coworkers.29 These gels consist of a network of crystalline fibrils cross-linked by dynamic entanglement. Rheological studies revealed that cyclic copolypeptoids produced stiffer gels than the linear counterparts. This was partially ascribed to the difference in the degree of crystalline packing of the solvophobic segments in the fibrils, resulting in enhanced rigidity for the fibrils and crystalline cross-linking sites for the cyclic gels than the linear counterparts.

The use of compositionally unsymmetrical AB rings (A = PS, B = PEO) for controlling feature sizes in block copolymer lithography has been recently demonstrated by Hawker and coworkers.30 First, a modular approach to the synthesis of gram quantities of cyclic block copolymers by Cu(I)-catalysed azide-alkyne coupling of $\alpha,\omega$-azide-functionalized PS and $\alpha,\omega$-alkyne-functionalized PEO homopolymers was developed. Next, the film self-assembly of the compositionally unsymmetrical AB rings was compared to that of the corresponding linear analogues (Figure 6b). PEO cylinders embedded in a PS matrix were observed for both nanophased separated thin films. The reduced hydrodynamic radii of the cyclic systems result in a decrease in domain spacing from 25.9 nm for the linear analogue to 19.5 nm for the cyclic block copolymer, as determined by grazing incidence X-ray scattering (GISAXS) experiments covering the entire thickness of the film. The corresponding domain spacing values obtained from 2D Fourier transform of AFM images were found to be 25 nm for the linear analogue and 20 nm for the cyclic block copolymer, in excellent agreement with the GISAXS data.

The facile access to cyclic PS-b-polysoprene (PI) copolymers under high dilution conditions by combining anionic polymerization employing a protected acetylene-functionalized lithium initiator with azide-alkyne "click" chemistry has been reported by Touris and Hadjichristidis.31 The synthesis of macrocyclic copolymers with PS and PI brushes and their self-assembly into supramolecular tubes has been described by Schappacher and Deffieux.32

The above examples demonstrate how the unique properties of compositionally unsymmetrical AB rings, such as reduced hydrodynamic size, increased stability, tailored amphiphilic nature and particular self-assembly behaviour, can be exploited for potentially relevant applications.

2.4. Complex multi-ring nano-objects

The extraordinary stability and bioactivity of natural cyclotides(cyclo-peptides) has been ascribed to their fused multi-cyclic structures stabilized through covalent folding via disulphide bonds (Figure 7a).16,17 Several strategies have been followed in recent years to construct complex multi-ring nano-objects, which can be envisioned as topological analogues of natural multi-cyclic compounds.

MULTI-RING NANO-OBJECTS BASED ON CONNECTED RINGS

A powerful synthetic approach to multi-cyclic polymer topologies of the subclasses of fused, spiro and bridged forms has been developed by Tezuka and coworkers based on a highly versatile electrostatic self-assembly and covalent fixation (ESA
Precursors and the resulting complex multi-ring objects prepared via cyclicization of electrostatically template telechelic polymers (b). Bicyclic topology obtained through intramolecular twin disulphide bridge formation (c). Illustration of dual point single chain self-folding driven by two pairs of mutually orthogonal hydrogen bonding motifs placed at well-defined points within the polymer chain (d). Precision single chain folding of di-block copolymers via pairwise orthogonal multiple hydrogen bonding motifs and single chain selected point folding (e). Reprinted with permission from ref. 16, 36b, 37, 38 and 39, respectively.

In the ESA-CF process, linear and star telechelic precursors having cyclic ammonium salt groups carrying plurifunctional carboxylate counteranions are employed to form polymeric self-assemblies as key intermediates. In a pioneering work, the three forms of dicyclic constructions, i.e., 0-shaped (fused), 8-shaped (spiro), and manacle-shaped (bridged), as well as a trefoil (spiro tricyclic) construction were effectively produced through the covalent conversion of the corresponding electrostatic polymer self-assemblies.34 In following works by the same group, a variety of unprecedented spiro- and bridged-type tricyclic and tetracyclic polymer topologies were constructed through Cu(I)-catalysed alkyne-azide cycloaddition by employing tailored single cyclic and dicyclic polymer precursors (kyklo-telechelics) obtainable also by the ESA-CF protocol, affording prepolymers having atom ring sizes as large as 300 members and having alkyne and/or azide groups at the prescribed positions in their cyclic structures.35 Several doubly fused tricyclic and triply fused tetracyclic complex topologies as well as novel double-eight and double-trefoil constructions have been prepared by these authors via programmed polymer folding (Figure 7b) and “click” coupling, respectively.36 The precursors and the resulting complex multi-ring nano-objects were characterized through a combination of NMR, SEC and MALDI-TOF techniques.

Different sequence controlled precursors have been used by Lutz and colleagues24,37 to construct permanent and stimulus-responsive 8-shaped polymer nano-objects, respectively. In a first report, azide groups introduced at both ends of a PS chain were coupled with alkyne moieties placed specifically at the middle of the chain by Cu(I)-catalysed azide-alkyne cycloaddition to yield a permanent 8-shaped nano-object.24 In a subsequent work by this group,37 an oligomer containing the cysteine-arginine-cysteine sequence was attached at specific locations on PS backbones and used to give redox-responsive 8-shaped macromolecules via intramolecular twin disulphide bridge formation (Figure 7c). This study paved the way for designing future water soluble multi-cyclic bio-hybrids, e.g., for enhancing the therapeutic potential of peptide drugs.

Also dynamic double ring-containing nano-objects have been constructed by Barner-Kowollik and coworkers,38 by employing pairwise orthogonal multiple hydrogen bonding motifs. Hence, dual point single chain self-folding driven by two pairs of mutually orthogonal hydrogen bonding motifs placed at well-defined points within the polymer chain was first demonstrated. Cyanuric acid / Hamilton wedge and thymine / diaminopyridine hydrogen bonding interactions were employed to construct such reversible complex-shaped nano-objects (Figure 7d). In a very recent report by the same authors,39 well-defined 8-shaped cyclic block copolymers have been synthesized via pairwise orthogonal multiple hydrogen bonding motifs (cyanuric acid / Hamilton wedge and thymine / diaminopyridine) and single chain selected point folding (Figure 7e).

MULTI-RING NANO-OBJECTS FROM PRE-FORMED RINGS

Interest in the construction of complex multi-ring nano-objects synthesized from pre-formed rings is also growing. A recent work by Lonsdale and Monteiro40 has shown that complex architectures from functional polymeric cyclic blocks can be easily afforded through rapid catalysed cross-coupling reactions in toluene. The new architectures developed included a paddle-like structure and a 3-arm cyclic star topology (Figure 8a).

The synthesis of a polycatenated cyclic polymer, a structure that resembles a molecular charm bracelet, has been described by Grubbs and coworkers.41 Ring-opening metathesis polymerization of an amine-containing cyclic olefin monomer in the presence of a chain transfer agent allowed for the synthesis of a linear polymer that was subsequently functionalized and cyclized to the corresponding ring-shaped analogue as revealed by SEC, NMR and FTIR measurements and subjected to further functionalization reactions, affording a cyclic polyammonium scaffold. Diolene polyether fragments were coordinated and clipped around the ammonium sites within the polymer backbone using ring-closing olefin metathesis, giving a molecular charm bracelet (Figure 8b). Confirmation of the interlocked nature of the product was achieved via 1H NMR and 2D DOSY measurements.

Synthesis of high molecular weight catenanes (i.e., molecules composed of two or more mechanically interlocked rings) in high yield is a formidable synthetic challenge. The eff-
The efficient synthesis of a catenated polymer of $M_n = 9.3$ kDa via controlled ring expansion has been reported recently by Advincula and colleagues.\textsuperscript{42} The catenated polymer was isolated in 73\% yield by dialysis and characterized by SEC, $^1$H NMR spectroscopy and viscosimetry. Interestingly, different conformations of the catenated polymer were observed by AFM pointing to the relatively high conformational freedom of these nano-objects (Figure 8c).

The above examples illustrate the significant advances in single chain technology applied to the construction of complex multi-ring nano-objects. The investigation in the near future of their presumably unique structure-property relationships and self-assembly behaviour should pave the way to the use of these multi-cyclic polymers in nanotechnology and nanomedicine, among other fields.

### 2.5. Single chain nanoparticles

The concept of single chain nanoparticles (SCNPs) constructed via intramolecular cross-linking of individual linear polymer chains was introduced 15 years ago by Mecerreyes, Miller and coworkers.\textsuperscript{43a} This pioneering work established a new paradigm in polymer synthesis, i.e. manipulation of single polymer chains to construct ultra-small functional unimolecular nano-objects.\textsuperscript{15}

Recent reviews provide detailed information about the different techniques involved in SCNPs construction (Figure 9).\textsuperscript{40-42} i) controlled polymerization for the synthesis of the SCNPs precursor, ii) polymer functionalization, if necessary, for the introduction of specific functional groups in the precursor, and iii) intra-chain folding/collapse via covalent, non-covalent (supramolecular) or dynamic-covalent bonding interactions.

A summary of the advances in single chain technology applied to the construction of permanent SCNPs via intra-chain folding / collapse by means of covalent interactions is provided in Figure 10. The growing interest in this field is demonstrated by the constant introduction of new and refined intra-chain cross-linking procedures along time (in addition to alternative radical coupling procedures),\textsuperscript{42b,42c} such as Diels-Alder (DA) reaction, CuAAC = copper(I)-catalysed azide-alkyne cycloaddition, ROP = ring opening polymerization.
action in 2002, cross-methathesis and quinodimethane formation in 2007, copper(I)-catalysed azide-alkyne cycloaddition (CuAAC) and amide formation in 2008, urea formation in 2009, benzoxazine ring opening polymerization (ROP), Bergman cyclization and nitrene cross-linking in 2011, alkylene homocoupling in 2012, oxidative polymerization, thiol-ene coupling, Michael addition and epoxide ROP in 2013, and tetrazine-norbornene reaction, nitrile-imine ligation, thiol-yne coupling and lactone ROP in 2014. We will not enter into details here; instead, we refer the interested reader to previously published reviews focused on intra-chain cross-linking techniques for SCNP construction.

Concerning the synthesis of structurally dynamic or reversible SCNPs via supramolecular interactions and dynamic-covalent bonds, a similar trend is observed, as illustrated in Figure 11. Hence, different non-covalent bonding-based strategies have been introduced over recent years to afford the preparation of responsive SCNPs, such as benzamide dimerization developed in 2008, ureido-pyrimidinone (UPY) dimerization in 2009, benzene-tricarboxamide (BTA) helical stacking in 2011, cucurbit[n]uril complexation, hydrophobic L-Phenylanaline (Phe) – Phe interactions and 3,3´-Bis(acylamino)-2,2´-bipyridine (BiPy-BTA) self-assembly in 2012, Rh complexation, charged amphiphilic random copolymer self-assembly in 2013, and Cu complexation in 2013, as well as enamine bonds and anthracene dimerization both reported in 2011, disulphide bonds in 2012, as well as enamine bonds and anthracene dimerization in 2014. For the interested reader, we suggest recent reviews about this field.

**Sparse single chain nanoparticles**

A recent analysis of the literature by our group has shown that, in general, SCNP formation in good solvent results in sparse, non-globular morphologies in solution even by employing highly-efficient intra-chain cross-linking techniques (e.g., “click” chemistry) or supramolecular interactions (Figure 12). A similar conclusion was deduced from SANS measurements by Meijer, Palmins and colleagues which found an elongated structure in solution of non-covalent bonded SCNPs with pendant hydrogen bonding motifs. The ultimate reason behind this open, non-compact morphology, as revealed by Molecular Dynamics (MD) simulations, is the intrinsically self-avoiding character of the polymer precursors in good solvent, which severely restricts the reaction between cross-linkers separated by long contour distances (creating long-range loops). Consequently, most of the cross-linking events taking place during SCNP formation are actually inefficient for global compaction, since they involve cross-linkers separated by short contour distances. As a result, the actual morphology of SCNPs synthesized in good solvent is similar to the “pearl-necklace” conformation observed in intrinsically disordered proteins (IDPs) showing locally compact portions of the chain connected by flexible segments (Figure 13). This finding is especially important, since potential applications of single chain nanoparticles depend on their precise morphology in solution. Consequently, the control of the distinct compacted subdomains created inside SCNPs (i.e., pseudo-tertiary structure) is nowadays of significant interest.

The combination of SANS and SAXS measurements with MD simulations providing access to the SCNP form factor and...
the corresponding scaling law exponent, \( \nu \), \( (R_g \propto M^{\nu}) \) has revealed as a powerful methodology to determine the actual conformation of SCNPs in solution.\(^{11,13,70-72,75}\) For linear polymers, the specific value of \( \nu \) depends on the particular state of the chain, with a value ca. \( \nu_F = 0.59 \) (Flory exponent) for the expanded coil state (i.e., chain in good solvent), \( 1/2 \) for the \( \Theta \)-state and \( 1/3 \) for the most compact globule state.\(^{110}\) The values of \( \nu \) reported for chemically denatured, intrinsically disordered, and folded proteins are 0.57, 0.51 and 0.29, respectively.\(^{110a}\)

As illustrated in Figure 12, the average value of \( \nu \) for SCNPs prepared in good solvent is within statistics consistent with those of linear chains in the \( \Theta \)-state, or intrinsically disordered proteins in solution (\( \nu \approx 0.5 \)). On the contrary, SCNPs synthesized in good solvent and deposited on a surface take often a spherical, pancake-like shape as observed in a large number of AFM and TEM pictures reported in the literature (Figure 14). Interactions with the substrate upon solvent removal, dewetting effects or evaporative self-assembly could be responsible for the compact morphology, and often larger SCNPs size, observed by TEM and AFM when compared to their morphology and size in solution.\(^{8,117}\) In this sense, the morphology change suffered by SCNPs on passing from solution to the solid state is of paramount importance for the construction of efficient biosensors based on immobilized protein-mimic nano-objects and for the development of transient vitamin-binding systems, among other applications (see Section 3).

In order to increase the compaction degree of SCNPs, trying to mimic the conformation of functional globular proteins, several approaches have been investigated both experimentally and by means of computer simulations. Two independent experimental attempts were carried out to improve the folding degree of SCNPs by using heterofunctional polymers and orthogonal cross-linking chemistries. The first one by Palmans, Meijer and coworkers\(^8\) involved the sequential use of BTA helical stacking and UPY dimerization. The second one by Berda and colleagues employed a sequential combination of supramolecular folding and two different covalent coupling reactions, respectively.\(^75\) To draw a clear and general picture of the advantages of folding single polymer chains containing heterofunctional (A, B) reactive groups to soft nanoparticles via orthogonal intra-chain (A + B) cross-linking techniques, MD simulations of a generic bead-spring model for A + B cross-linked nanoparticles and their exactly equivalent homofunction-
nal counterparts (i.e., A or B cross-linked nanoparticles) were carried out by our group. Moreover, the MD simulation results were compared with experimental results by SEC/multi-angle laser light scattering (SEC/MALLS) and SAXS measurements on real SCNPs (Figure 15). MD simulation results, in good agreement with experimental data, showed the failure of this approach for obtaining SCNPs with a globular, compact morphology. Also SCNPs obtained through BTA helical stacking and UPY dimerization, even having internal left-handed helical column-structures as revealed by circular dichroism (CD) experiments, showed a value of $\nu = 0.51$, very far from $\nu = 0.33$ of globular particles.

In a further extension of this work, MD simulations of the intramolecular cross-linking of individual polymer chains into SCNPs under good solvent conditions were carried out to explore the effect of the number $x$ of different chemical species of linkers on the size and shape of the SCNPs. At fixed backbone length and fraction of linkers, increasing $x$ lead to nanoparticles that were, on average, smaller and more compact. The values of the scaling exponent $\nu$ where found to be 0.51, 0.47, 0.45, 0.44 and 0.43 for $x = 2, 3, 4, 5$ and 6, respectively. Analysis of the distributions of shape parameters revealed that cross-linking produces a significant fraction of non-spherical, sparse nanoparticles even for $x = 6$. The density profiles of the nanoparticles were smooth and no evidence of core–shell structures was found, neither particular spatial arrangement of the linkers, which were randomly distributed in the SCNP. The same conclusions were obtained for all the backbone lengths investigated. Consequently, multi-orthogonal protocols have a fundamental limitation for producing globular SCNPs ($\nu = 1/3$), which is intimately connected to the inherent self-avoiding character of the polymer precursors under good solvent conditions. Even for $x = 6$, long-range looping was not sufficiently promoted to fully prevent the formation of sparse nanoparticles.

**Globular Single Chain Nanoparticles**

Very recently, a new strategy for the rapid, efficient synthesis of permanent SCNPs having a nearly globular morphology in solution has been developed by our group, based on the use of both the photoactivated radical-mediated thiol-yne coupling (TYC) reaction as the driving force for chain folding/collapse and relatively long cross-linkers. Confirmation of SCNP formation was carried out by combining SEC, SAXS and DLS measurements, which revealed a considerable degree of compaction of the resulting SCNPs. The analysis of the scattering form factor provided by SAXS revealed a scaling exponent $\nu \approx 0.37$ for the dependence of the SCNP size on its molecular weight (Figure 16). This value was very close to that expected for globular objects, $\nu = 1/3$. The microscopic origin of this substantial difference with standard SCNPs was elucidated by MD simulations which showed that intra-chain bonding mediated by relatively long cross-linkers, combined with the use of bifunctional groups in the SCNP precursor largely increases the probability of forming long-range loops, which are efficient for global chain compaction.

Based on MD simulations, our group has proposed two new routes, which are experimentally realizable with state-of-the-art methods and do not require specific sequence control, for the design of permanent globular single chain nanoparticles by tuning solvent quality. In the first route (method I) cross-linking is performed under bad solvent conditions with the precursors anchored to a surface, at a density sufficiently low to prevent inter-chain contact. After completing the cross-linking, the nanoparticles are cleaved from the surface. In the second route (method II) a random copolymer with unreactive solvophobic and reactive solvophobic monomers is used, tuning the fraction of both monomers in order to form a single core–shell structure. The solvophobic shell prevents intermolecular aggregation, and the cross-linking of the solvophobic units is purely intramolecular. In both routes, after completing cross-linking and restoring good solvent conditions, the swollen single chain nanoparticles are globular objects, as confirmed by the analysis of their scaling behaviour and asphericity parameter (Figure 17). It is worth mentioning that amphiphiles with regular sequence are not useful for producing globular nanoparticles, unlike their (easier to synthesize) counterparts with random sequence. Although the cross-linking protocol based on amphiphiles with random composition is less successful than the route of the method I, from an experimental point of view, the method II should be more easily implemented.

Several approaches to structurally dynamic SCNPs displaying nearly globular morphology in solution have been recently reported based on neutral and charged amphiphilic random copolymer self-assembly, respectively. Hence, Akashi and coworkers have reported unimer nanoparticles composed of hydrophobized poly(amino acid)s based on amph-
Figure 17. Based on MD simulations, two new routes (method I and method II) have been proposed, very recently, for the design of permanent globular single chain nanoparticles via tuning of solvent quality (see text for details). Reprinted with permission from ref. 112.

Aphiphilic random copolymers of poly(γ-glutamic acid)-graft-L-phenylalanine (γ-PGA-Phe) self-assembled in aqueous media. The resulting γ-PGA-Phe SCNPs were characterized by means of DLS and static light scattering (SLS), SANS, as well as steady-state fluorescence measurements / quenching techniques. By using molecular weights of γ-PGA higher than 140 kDa conjugated with Phe at 27–42%, spherical core-shell structures were found by SANS combined with fluorescence quenching techniques. The number of hydrophobic domains per SCNP ($N_{\text{Domain}}$) ranged from 3 to 7, whereas the number of Phe moieties per hydrophobic domain ($N_{\text{Phe}}$) ranged from 100 to 200. $N_{\text{Domain}}$ was found to depend on particle size, as well as grafting degree of Phe. In addition, the stability of the SCNPs against pH revealed that the hydrophobic domains of the Phe groups were formed at pH values ranging from pH 5 to pH 10. A reduction of the $N_{\text{Domain}}$ was observed in alkaline conditions due to the cleavage of ester bonds. The differences in the inner structures of γ-PGA-Phe SCNPs offer great potential for applications as small drug carriers, since it has been demonstrated that γ-PGA-based nanoparticles are suitable for the intracellular delivery of protein-based drugs as well as tumour vaccines. It is worth of mention, however, that the average SCNPs sizes, as determined by SANS and DLS, are larger than those expected for compact globules of the corresponding actual molecular weights.

Multi-responsive SCNPs displaying spherical morphology in solution constructed $via$ single chain folding of neutral amphiphilic random copolymers in water have been reported by Sawamoto and colleagues (Figure 18). Hence, amphiphilic random methacrylate copolymers, consisting of PEG and alkyl side groups (20–40 mol % hydrophobic units with relatively long and/or large alkyl groups), were found to undergo reversible single chain self-folding in water to SCNPs comprising hydrophobic compartments, as revealed by solvatochromism experiments employing hydrophobic dyes. The self-assembled nanoparticles were dynamic, reversible, and stimuli-responsive in water; unfolded $via$ the addition of methanol and more mobile upon increasing temperature, as determined by $^1$H NMR spectroscopy. Interestingly, these SCNPs were stable even at a high concentration in water ($i.e.$, 60 mg/mL) due to the PEG side-groups acting as efficient steric stabilizers. An estimation of the expected globule size based on its actual molecular weight reveals that these SCNPs are not truly compact objects in water, but instead relatively swollen structures.

Reversible SCNPs displaying spheroidal morphology in solution have been synthesized by Van de Mark and colleagues via single chain folding of charged amphiphilic random copolymers in water. The main steps involved in the preparation of these globular SCNPs are illustrated in Figure 19. The new route is an innovative approach utilizing a small number of hydrophilic charged groups ($ca$. 10 mol %) along a hydrophobic polymer backbone which transitions from a random coil conformation in organic solvent to a hard sphere-like morphology in water through a slow gradient with subsequent organic solvent removal. The SCNPs showed diameters in agreement to those expected for globules of the same molecular weight, which ranged typically from 3 nm to 9 nm. The sodium or potassium salts of these SCNPs were able to...
be dried then redissolved in water with no aggregation. The diameters of the SCNPs synthesized in this way as measured by DLS correlated with the absolute molecular weight and distributions from SEC\(^9^9\) (Figure 20), providing support of the globular conformation of these SCNPs stabilized in water by repulsive ionic forces.

The above results indicate that single chain technology allows, by proper selection of the synthesis route, the construction of SCNPs with a morphology resembling that of intrinsically disordered proteins (conventional synthesis methods in good solvent) or that showed by native, globular proteins (special synthesis methods, as illustrated above). Interestingly, as stated recently in a perspective article,\(^\text{14}\) “the potential applications of SCNPs broaden significantly by taking inspiration from the functions of both ordered and disordered proteins” (see Section 3).

### 2.6. Single chain tadpoles

Preparation (and isolation) of di-block copolymer tadpole molecules, \textit{i.e.}, single chain nano-objects that resemble a tadpole with a cross-linked block forming a globule and a soluble block assuming the random coil conformation, was described by Tao and Liu as early as 1997.\(^\text{113}\) Recent advances in single chain technology applied to the construction of \textit{permanent} single chain tadpoles (SCTPs) are illustrated in Figure 21. New intra-chain cross-linking procedures have been introduced over the years, such as Diels-Alder (DA) reaction reported in 2002, pyridine quaternization in 2008, combined DA + CuAAC coupling, and alkylamine quaternization in 2013, as well as radical coupling and hydrolysis/polycondensation in 2014.

Cinnamoyl photo-cross-linking was used by Tao and Liu\(^\text{113}\) for the synthesis of SCTPs based on polystyrene-\textit{b}-poly(2-cinnamoylethyl methacrylate) (PS-\textit{b}-PCEMA) precursors that formed micelles in THF/cyclohexane mixtures with PCEMA as the core, in equilibrium with unimers. Photo-cross-linking the PCEMA block of the unimers allowed the preparation of permanent SCTPs in relatively low yield (5 to 25 wt. %) that were isolated from cross-linked micelles by tedious SEC fractionation. PECMA double-bond conversion was found to range between 26 and 38%, based on UV measurements. The average size of the block copolymer reduced from 19.1 nm to 14.2 nm upon SCTP formation. In a further work by the same group,\(^\text{114}\) a new method for SCTP synthesis was investigated based on the addition of the di-block copolymer solution at low
pumping speed into a solvent mixture under constant UV irradiation and stirring. With this method, SCTPs were prepared free of micelles at a final tadpole concentration that was 27 times the critical micelle concentration (c.m.c.) of the copolymer. Such tadpoles showed a volume reduction of 33% relative to the corresponding copolymer precursor.

Diels-Alder (DA) reaction and a special continuous addition technique were employed by Hawker and colleagues\textsuperscript{44} for the efficient synthesis of tadpoles based on AB block copolymers, in which A = PEG and B = PS containing DA-cross-linkable groups. A significant reduction in hydrodynamic size upon SCTP formation was clearly observed by SEC (Figure 22). Moreover, dramatic morphological changes were observed in the Langmuir–Blodgett (LB) film assemblies of these tadpoles when compared to those of their linear counterparts.\textsuperscript{115} The linear block copolymer formed well-organized disk-like surface assemblies, as observed by AFM, while the SCTPs exhibited long (>10 µm) wormlike aggregates (Figure 22). The driving force for the different morphologies observed was found to be a combination of the change in the geometry of the block copolymer and the restricted degree of stretching in the nanoparticle block after intramolecular cross-linking.

Pyridine quarterization with 1,4-dibromobutane (DBB) in dimethyl formamide (DMF) was used by Zhu and coworkers\textsuperscript{116} for the formation of unimolecular Janus tadpoles from ABC block copolymers, where A = PS, B = poly(2-vinyl pyridine) (P2VP) and C = poly(ethylene oxide) (PEO). Janus tadpoles result from the efficient intramolecular cross-linking of the middle P2VP block using DBB due to effective steric shielding of PS and PEO end blocks (Figure 23). SEC results indicated that intramolecular cross-linking of the middle P2VP block could take place when the polymer concentration was relatively high (20 mg/mL) and/or the DBB-to-2VP molar ratio was high. It was inferred that the relatively long PS and PEO end blocks effectively prohibited intermolecular cross-linking. Interestingly, concentration-dependent self-assembly in DMF was observed. At low concentrations (< 2.0 mg/mL), the majority of the Janus SCTPs existed in the unimolecular form.

When the concentration gradually increased, the Janus tadpoles started to aggregate into super-micelles ($R_h \sim 50–100$ nm), where PS formed the super-core and PEO formed the corona, with cross-linked P2VP nanoparticles in between. It was found that after intramolecular cross-linking of the middle P2VP block, DMF changed from a good solvent to a slightly poor solvent, as suggested by the fact that the second-virial coefficient ($A_2$), as determined by DLS, changed from a positive value for the pure triblock copolymer to a negative value for the Janus tadpoles.\textsuperscript{116}

DA reaction and CuAAC coupling have been recently combined by Barner-Kowollik and colleagues\textsuperscript{117} for the formation of amphiphilic PS-b-PEG-based tadpoles via intramolecular UV-light-triggered DA cross-linking. Tadpole precursors were synthesized in two main steps. First, a DA-cross-linkable PS was prepared containing one single alkyne functionality at one of the chain ends through combined NMP polymerization and polymer functionalization. Next, CuAAC “click” chemistry was employed for the efficient coupling of an azide-terminated linear PEG to the single alkyne-containing PS. Upon tadpole formation, a significant reduction in hydrodynamic size was observed by SEC and DLS.

Alkylamine quaternization has been recently used by Zhao and coworkers\textsuperscript{118} to construct amphiphilic PS-b-poly(2-(dimethylamino)ethyl methacrylate) (PDMAEMA)-based tadpoles. PS-b-PDMAEMA copolymers were synthesized by two-step RAFT polymerization and the PDMAEMA blocks were intramolecularly cross-linked by 1,4-diiodobutane leading to amphiphilic SCTPs containing one hydrophilic nanoparticle head and one hydrophobic PS tail. Depending on the PDMAEMA block length and the size of the nanoparticle head, PS-b-PDMAEMA SCTPs were found to self-assemble into micellar or vesicular structures in aqueous and methanol solutions. In cyclohexane, they self-assembled into aggregates.
(bunchy micelles)\textsuperscript{118} with single chain nanoparticles in the cores and linear PS in the coronae (Figure 24).

In a further study by the same group,\textsuperscript{119} the effect of charge density on self-assembly was investigated for PS-\textit{b}-PDMAEMA\textsubscript{12} tadpoles of different block length (\textit{x}, \textit{y} = number of PS and PDMAEMA repeat units, respectively). The morphology and the size of the aggregates changed significantly with the charge density. SCTPs made from PDMAEMA\textsubscript{14-b-PS\textsubscript{20}} self-assembled into spherical micelles in aqueous solutions and the average size of the micelles increased with the charge density. Amphiphilic SCTPs with different charge densities were constructed from PDMAEMA\textsubscript{30-b-PS\textsubscript{160}}. With an increase in the charge density, the morphology of the aggregates in aqueous solutions changed from spherical micelles to vesicles, to form a mixed morphology of worm-like cylinders and vesicles. In a cyclohexane–THF mixture, with an increase in the charge density, the morphology of the aggregates made from PDMAEMA\textsubscript{72-b-PS\textsubscript{297}} tadpoles was found to change from bunchy micelles to a mixture of vesicles and large compound vesicles.\textsuperscript{119}

Radical coupling has been used by Gao and colleagues\textsuperscript{120} to prepare PMMA-\textit{b}-poly(4-vinyl pyridine) (P4VP) SCTPs by using propargyl bromide as cross-linker. Both SEC and DLS showed that the cross-linking of the P4VP block was an exclusively intramolecular reaction. The hydrodynamic size of the block copolymer reduced from 16 nm to 12 nm upon SCTP formation and the \textit{1}H NMR signals of the P4VP block disappeared completely due to the low mobility of the P4VP moieties in the tadpole head. It was estimated that during the cross-linking reaction only about 10\% of the PMMA block was wrapped in the cross-linked P4VP block.

Hydrolisis / polycondensation reactions have been employed by He and coworkers\textsuperscript{121} to construct hybrid SCTPs composed of silica-like heads and PEO tethers. Using di-block copolymers of PEO-\textit{b}-[(PMMAT-co-poly(3-(trimethoxysilyl)-propyl methacrylate)] (PEO-\textit{b}-(MMA-co-TMSPMA)), the intramolecular hydrolysis and polycondensation of silane moieties led to the formation of these hybrid SCTPs (Figure 25). The tadpoles were carefully characterized by SEC, \textit{1}H NMR spectroscopy, TEM, and SLS/DLS. In a mixed solvent of THF/water, these hybrid SCTPs were found to self-assemble into spherical micelles, vesicles, or large compound micelles, depending on the size of silica heads and the initial concentrations.

All the above examples illustrate the interesting possibilities that single chain tadpoles offer to construct a range of responsive self-assembled structures. Potential applications of amphiphilic SCTPs are described in Section 3.

2.7. Single chain dumbbells

Very recently, the construction of single chain dumbbells (SCDBs) by stepwise intramolecular cross-linking of sequence-controlled precursors has been reported by Roy and Lutz.\textsuperscript{122}

These compartmentalized single chain objects were prepared by performing successive cross-linking reactions in an orthogonal fashion. The foldable precursors were synthesized by sequence-controlled copolymerization of styrene with N-substituted maleimides, namely pentafluorophenyl 4-maleimidobenzoate (PFMI) and TIPS-protected N-propargyl maleimide (TIPS-PgMI). These two functional MIs allow intramolecular cross-linking. The activated ester pentafluorophenyl moieties of PFMI were reacted with ethylenediamine, whereas the deprotected alkyne functions of TIPS-PgMI were self-reacted via alkyne homocoupling.

The compaction of model copolymers containing only one cross-linkable zone (\textit{i.e.}, either PFMI or TIPS-PgMI) was first studied. \textit{1}H NMR and SEC analysis indicated that these structures could be efficiently compacted into single chain nano-objects. Thus, more complex copolymers containing two individually addressable cross-linking zones were prepared and sequentially compacted to SCDBs (Figure 26).

Characterization of the folding process by SEC indicated that double-compaction occurred and that the formed SCDBs contain, presumably, distinct cross-linked subdomains. Further characterization of the SCDBs by means of neutron and X-ray scattering techniques in solution, as well as TEM and AFM...
techniques in solid state is however necessary to unravel the actual morphology of these complex soft nano-objects.

2.8. Single chain hairpins

The construction of responsive single chain hairpins (SCHPs) from ABC block copolymers in which the external A and C blocks contain complementary side-chain recognition units has been pioneered by Weck and colleagues\textsuperscript{123,124} (Figure 27).

In a first work,\textsuperscript{123} ABC copolymers were synthesized by ROP of norbornenes, the A and C blocks containing protected ureidoguanosine (UG) and diaminonaphthyridine (DAN) pendant functional groups, respectively; B = poly(norbornene octyl ester). Removal of the protecting group was achieved by dialysis in dimethyl sulfoxide (DMSO). DMSO competed for the hydrogen bonding between the complementary UG–DAN pair allowing the release of the protecting group from the triblock copolymer. It was demonstrated by DLS and \textsuperscript{1}H NMR spectroscopy that the linear triblock copolymer chains self-assemble to SCHPs at high dilution, through intramolecular UG-DAN hydrogen bonding interactions.

In a subsequent work by the same group,\textsuperscript{124} SCHP formation was demonstrated from ABC triblock copolymers via quadrupole interactions between PS and polypentafluorostyrene blocks. The quadrupole interactions between the electron-rich and electron-deficient blocks were characterized in different solvents using 2D NMR spectroscopy and DLS. In chloroform, SCHP formation was observed, whereas inter-chain aggregation was found in DMF.

3. Endowing single chain nano-objects with function

Since this field is still in its infancy, only a limited number of proof-of-concept investigations have been carried out to endow single chain soft nano-objects with useful functions. In spite of this limitation, certain preliminary results illustrate the possibilities offered by these unimolecular nano-entities for a variety of potential applications. In general, the main advantages of folded/collapsed single chains when compared to their linear counterparts are: i) presence of locally compact, but accessible, sites/cavities/zones, ii) possibility to bound, temporally or permanently, active species such as drugs or catalysts onto these local pockets, and iii) reduced size and hydrodynamic volume. i) and ii) are useful for nanomedicine, catalysis and sensing applications, whereas iii) is especially relevant for applications where a reduction in viscosity is required. Amphiphilic single chain nano-objects offer additional possibilities as emulsifiers and lithography agents, due to their particular self-assembly behaviour.

3.1. Nanomedicine

CONTROLLED DRUG DELIVERY SYSTEMS

Cyclic polymers are attractive candidates as possible drug carriers, since they have shown increased circulation half-lives and reduced acid-catalysed degradation profiles when compared to their linear counterparts. In this sense, Fréchet, Szoka and coworkers\textsuperscript{125} have reported that radiolabeled PCL–based cyclic polymers with molar mass greater than the renal filtration threshold (50 and 90 kDa) show longer blood circulation times in mice than linear polymers of similar molar mass (Figure 28). Complementary, significant stability against acid-catalysed degradation has been observed by Grayson and colleagues\textsuperscript{28} for biocompatible amphiphilic PEG-b-PCL macrocycles.

Single chain nanoparticles are also promising nanocarriers for drug delivery applications. Biocompatible PCL–based SCNPs have been recently prepared by Qiao and coworkers\textsuperscript{76} through organocatalysed ring opening polymerization. Cytotoxicity studies revealed that these SCNPs, which were covalently cross-linked by biodegradable polyester linkages, were nontoxic toward human embryonic kidney (HEK293T) cells. As recently demonstrated by Zhao and colleagues,\textsuperscript{106} preparation of <10 nm SCNPs through intra-chain photocrosslinking (under >320 nm UV) and their subsequent photodegradation via photoinduced chain scissions (254 nm
UV) is possible by incorporating coumarin moieties into the chain backbone of a polyester precursor. Owing to the biocompatible and biodegradable nature of polyester-based SCNPs, they could be exploited for biomedical applications. Several examples showing the potential of SCNPs for the transport and delivery of peptides, natural amino acids, siRNAs, and drug molecules have been published.

Hence, in a pioneering work by Hamilton and Harth, molecular dendritic transporter nanoparticle vectors based on hydrophilic SCNPs post-modified via amid coupling reactions with dendritic molecular transport units (Newkome dendrimers) were synthesized for the delivery of peptidic molecules into cells. The rapid transport of multiple copies of peptide units per particle across the cellular barrier into the cytoplasm of NIT 3T3 mouse fibroblast cells using this novel nanoscopic delivery system (5-10 nm in size) was carried out, as observed by confocal microscopy with Alexa Fluor 568 dye-as the label of the nanoparticle backbone- and fluorescein-as the marker of the peptide-

Ultra-fine (7.4 nm in size) L-phenylalanine anilide-imprinted SCNPs have been synthesized by Liu and coworkers. The selective binding of L-phenylalanine anilide (natural amino acid) vs. D-phenylalanine anilide (synthetic organic compound) by these SCNPs was investigated by these authors. Interestingly, the L-phenylalanine anilide-imprinted nanoparticles showed a higher sorption capacity for L-phenylalanine anilide (238 µmol/g) than for D-phenylalanine anilide (132 µmol/g) and the rate constant for L-phenylalanine anilide release was found to be inversely proportional to the squared radius of the particles.

pH-sensitive polyamine nanogels containing PEG-tethered chains were able to form spontaneously a polyion complex with negative charged siRNA through electrostatic interaction under physiological pH conditions, as reported by Nagasaki and colleagues. When combined with a siRNA that knocks down the firefly luciferase gene, the nanogel/siRNA complex showed a remarkable enhancement of gene-silencing activity against firefly luciferase gene expressed in HuH-7 cells. Within certain confidence limits, similar results could be expected for single chain nano-objects.

Facile hydrophobic guest (e.g., doxorubicin) encapsulation capabilities of biocompatible surface-functionalize nanogels showing a minimum diameter of 16 nm, approaching the size of SCNPs, was demonstrated by Thayumanavan and coworkers, by using disulphide bonds as cross-linkers. The release of entrapped guest molecules induced by glutathione (GSH) was observed to occur at high GSH concentration (10 mM), corresponding to that found inside cells, whereas at low GSH concentration (10 µM), as that outside the cell and within the blood plasma, no significant release was found. Cell viability investigated by treating 293T human kidney cell lines with such nanogels showed high cell viability and no concentration-dependent toxicity, suggesting the nontoxic characteristics of these nano-objects with potential application in nanomedicine.

The preparation of nanoparticles with sizes in between 30 and 200 nm for the development of vaccine and drug carriers by self-association of hydrophilically modified polyaminoacids was investigated by Akasi and colleagues, which found that the size of the nanoparticles plays a critical role in controlling immune responses. These results motivated the synthesis of hydrophilically self-assembled SCNPs by these authors based on modified poly(γ-glutamic acid), a naturally occurring, water-soluble, biodegradable, edible, and non-toxic polypeptide that is synthesized by several strains of Bacillus.

Thermoresponsive water-soluble dynamic covalent SCNPs that reversibly transform into a hydrogel have been reported by Fulton and coworkers. Triggered gel formation required the simultaneous application of both low pH and temperature, which would be highly convenient for the development of improved drug delivery systems.

More recently, SCNPs showing form factors in solution similar to those of intrinsically disordered proteins (IDPs) have been synthesized by our group and investigated for controlled drug delivery applications. In a first example of bioinspired nanocarriers, SCNPs were synthesized from precursors containing β-ketoester functional groups via Michael addition-mediated multidirectional self-assembly. SANS measurements combined with MD simulations undoubtedly showed that the form factor of these SCNPs in solution resembles that of IDPs instead of that expected for globular, native proteins. Even without the precise sequence of proteins, the mimicking of IDP morphology was a consequence of the intra-chain self-assembly process in good solvent leading to the formation of local globules along the individual polymer chains. The resulting SCNPs were tested as novel transient-binding disordered nanocarriers (Figure 29), from which controlled delivery of
both dermal protective (vitamin B₉) and anticancer (hinokitiol) cargos was successfully carried out.

**IMAGE CONTRAST AGENTS**

Magnetic resonance imaging, MRI, of body tissues and fluids is possible due to the enhanced water proton relaxivity of certain stable paramagnetic metal ion complexes, such as Gd³⁺ chelates, which provides appropriate image contrast. By employing a di-alkyne crosslinker which was able to complex Gd³⁺ ions, Gd³⁺-containing SCNPs were reported by Odrozioła and colleagues. The relaxivity value of these SCNPs (on a per Gd basis) was 6.78 mM⁻¹ s¹, representing a 2-fold increase over a reference commercial Gd³⁺ chelate.

Improved photoluminescence properties were found by Harth and coworkers upon site-isolation of semiconducting polymers from ABA block copolymers, in which A = functionalized PS and B = polyfluorene or poly(fluorene-co-thiophene) via SCNP formation through intra-chain cross-linking of the A blocks. The photoluminescence measurements illustrated the influence of the molecular weight of the A block to be crucial for the site isolation of the embedded conducting polymer block in the resulting SCNPs, with increased quantum efficiencies of 6% for the longer A blocks (3-fold increase when compared to the linear ABA precursor).

Photoluminescent SCNPs containing ZnS nanocrystal (4.1 nm in size) have been reported by Hu and coworkers. The fast in situ growth of ZnS crystalline nuclei, leading to ZnS quantum dot (QD) formation was performed by treating directly Zn²⁺-containing SCNPs with a sodium sulphite solution. The maximum photoluminescence intensity of the SCNPs at 362 nm and the corresponding quantum yield were found to increase from 25 to 135 and from 2 to 17 %, respectively, upon decreasing SCNP size. Also, CdS QD-containing SCNPs were synthesized by these authors exhibiting bright fluorescence at 450 nm with a quantum yield of 45 %. In a subsequent work by the same group, the preparation of carbon nanodots from SCNPs and the theoretical investigation of their photoluminescence mechanism was carried out.

A high level of fluorescence was found by our group for PS-based SCNPs in which the intra-chain cross-linking points consisted in triazole-benzene-triazole segments. These SCNPs showed, after excitation at 350 nm, two maxima in the fluorescence spectrum located at 391 and 407 nm, respectively, as well as a small shoulder at 424 nm. Control experiments in which the triazole-benzene-triazole conjugation was disturbed or absent failed to show this fluorescence pattern.

Photochemical design of functional fluorescent SCNPs has been carried out by Barner-Kowollik and coworkers by employing intra-chain nitrile-imine ligation as the cross-linking technique for SCNP formation. This technique, in addition to finely controlling the size of the SCNP, allowed for adjusting the fluorescence properties of the nanoparticles by increasing the content of tetrazole units in the SCNPs.

Hydrophilic SCNPs exhibiting excellent fluorescence performance at 412 nm when irradiated under the light of 367 nm have been synthesized by Pu’s group based on SCNP precursors containing anthracene moieties.

More recently, fluorescent SCNPs containing fluorescein moieties have been prepared Zimmerman and colleagues via intra-chain cross-linking of functional polynorbornene precursors. The protective effect of the SCNP against fluorescein photobleaching was demonstrated, as well as their ability to enter live HeLa cells (human cervical cancers) (Figure 30). The excellent photostability and cellular uptake of these SCNPs suggest their use in future applications as long-term bioimaging and continuous tracking of living cells, or even as nanoscale delivery and imaging system for potential intracellular theranostic applications.

3.2. Catalysis

First report on the use of catalytic single chain nanoparticles for carbonate hydrolysis was due to Wulff and colleagues. Soluble single molecule nanogels with molecular imprinted internal structure and containing just one active site per particle were reported by these authors. These SCNPs showing 40 kDa in molecular weight were soluble in water/acetonitrile mixtures and displayed Michaelis-Menten kinetics in close analogy to natural enzymes, but with a very low turnover frequency (TOF) value of only 4.4 × 10⁻³ h⁻¹.

PMMA-based SCNPs synthesized by Zhao and coworkers via coumarin (CM) photo-dimerization were evaluated as nanoreactors for the in situ synthesis of gold nanoparticles (AuNP). Interestingly, the intra-chain CM photodimerization degree was found to have a strong effect on the rate of AuNP formation. Hence, the relative rate of AuNP formation in a THF solution containing single chain nanoparticles with 64 and 27% CM photo-dimerization degree was 4 and 2 times faster than that in a THF solution of the precursor. This provides a means to optically control the kinetics of AuNP formation. The whole reduction process of AuCl₄⁻ ions in water to AuNPs of 6-9 nm in diameter was finished in 180 min at r.t. which was much faster than the reaction in THF solution due, presumably, to the more compact conformation of the SCNPs in aqueous media.
By taking inspiration from the hydrophobic pockets of globular enzymes, chiral nano-objects exhibiting catalytic activity towards carbonyl reductions in water without showing catalyst decomposition or hydrolysis have been synthesized by Palmans, Meijer and coworkers. These catalytic SCNPs were prepared by folding through hydrogen-bonding interactions and helical self-assembly of a water-soluble amphiphilic precursor terpolymer containing both chiral and ruthenium-bonded units. Quantitative reduction of cyclohexanone to cyclohexanol in 18 h was demonstrated by using 0.5 mol% of supported Ru catalyst, corresponding to a turnover frequency of TOF = 11 h⁻¹. The catalytic activity was attributed to the formation of a ruthenium-protecting hydrophobic compartment inside the SCNPs. Following this compartmentalization concept, the same ruthenium-protecting hydrophobic compartment inside the well as the synthesis of high-molecular-weight helical self-assembly of a water-soluble amphiphilic precursor catalyst, corresponding to a turnover frequency of TOF = 125 h⁻¹ by using only 0.5 mol% of supported L-proline organocatalyst. Interestingly, these catalytic SCNPs can be easily recovered from the aqueous phase after separation of the catalytic products by filtration and reused several times without additional purification. Moreover, a versatile, modular and efficient approach to introduce the L-proline organocatalyst was demonstrated by using only 0.5 mol% of supported L-proline organocatalyst moiety into benzene-1,3,5-tricarboxamide (BTA)-containing SCNPs has been recently developed by Palmans, Meijer and coworkers. The catalytically active BTA moieties were introduced into the SCNPs via hydrophobic interactions and BTA self-recognition. Very recently, dual reductase/polymerase enzyme mimic SCNPscatalysts have been synthesized by our group through a new approach which results in catalytic nano-objects allowing highly-efficient reductions to be performed (TOF > 5800 h⁻¹) as well as the synthesis of high-molecular-weight polytetrahydrofuran in the presence of glycidyl phenyl ether (GPE) in an enzyme-like fashion. This new pathway to SCNPs endowed with enzyme-mimetic activity was based on “concurrent” catalyst-assisted intramolecular cross-linking of linear precursors and concomitant binding of the catalyst to multiple SCNP intra-chain cross-linked sites (i.e., the “concurrent” approach). Hence, instead of possessing an isolated compact hydrophobic compartment, the resulting SCNPs in solution showed multiple, compartmentalized local catalytic sites, as well as a relatively open/sparsé morphology in solution, as determined by SANS experiments.

As a first example of SCNPs displaying catalytic selectivity, oxidase enzyme-mimic SCNPs have been recently synthesized in our laboratory via Cu²⁺-mediated intra-chain cross-linking, showing a disordered crumpled structure in solution as revealed by SANS measurements. In spite of the lack of globular order, as found e.g. in Laccase enzymes, these SCNPscatalysts were synthesized by means of the novel “concurrent” approach allowing performing alkyne homocoupling reactions with unprecedented catalytic selectivity (Figure 31).

Additionally, catalytic organo(hi)metallic SCNPs containing Rh(I), Ir(I) and Ni(0) have been reported by Lemcoff and coworkers. These SCNPscatalysts were found to be catalytically active in several reactions and the crowded environment provided by the folded/collapsed polymer precursor was claimed to provide novel catalytic performance. It was postulated by these authors that the close proximity of the catalytic centres led to distinctive reactivity compared to the isolated metallic complexes.

### 3.3. Sensing

Fluorescent polynorbornene-based SCNPs have been reported by Palmans and coworkers based on the intra-chain self-assembly in a THF / methylcyclohexane (MCH) mixture of polynorbornene precursors containing bipyridine substituted BTA units (BiPy-BTAs). An increase in green fluorescent intensity at 520 nm was observed upon decreased solvent polarity and increased degree of BiPy-BTA functionalization. An amount of BiPy-BTA of 12 mol% was found to be optimum to promote the intramolecular self-assembly and avoid the presence of a significant amount of multi-aggregates. Due to the affinity of the bipyridine moieties towards metal ions such as Cu(II), these SCNPs were found to be efficient sensors for these metal ions, due to strong quenching of nanoparticle fluorescence upon metal binding.

### 3.4. Other uses

The reduced hydrodynamic size found upon soft nano-object construction via chain compaction often translates to a reduced intrinsic viscosity when compared to the corresponding linear precursor (Figure 32). The use of SCNPs as rheology-improving agents for melts of thermoplastics, elastomeric polymers, nanocomposites and paints, or as polyelectrolytes with unconventional behaviour has been proposed. Initially, SCNPs were evaluated as sacrificial porogens in microelectronics. The effect of SCNPs on the dynamics of all-polymer nanocomposites is currently the subject of significant interest. SCNPs are also promising materials for promoting miscibility in immiscible polymer blends, as revealed by several theoretical and experimental results.
Concerning the self-assembly possibilities of amphiphilic single chain nano-objects, different applications have been evaluated. Amphiphilic cyclic block copolymers have been employed with success for controlling feature sizes in block copolymer lithography. Single chain tadpoles have been applied as highly-efficient emulsifiers of water in oil emulsions, providing an ideal media for heterogeneous reactions and high long-term emulsion stability. Also, super-particles composed of self-assembled Janus SCTPs showing ultrasonic sensitivity have been reported, with potential interest for controlled drug release.

4. Future perspectives

Significant work has been devoted in recent years to enlarge the single chain technology toolbox for the construction of a variety of soft nano-objects via chain compaction (see Section 2). Further introduction of highly-efficient intra-chain crosslinking procedures, both covalent and supramolecular ones, is expected to continue over the next years to produce permanent and stimulus responsive single chain nano-objects, respectively. For instance, the construction of reversible cyclic block copolymers, supramolecular single chain tadpoles or other more complex unimolecular architectures are still pending issues. Bioinspired procedures will be presumably adopted as well. Also the number of synthetic pathways towards both globular and non-globular (IDP-like) nano-object morphologies is expected to grow in next years. Precision synthesis of the corresponding linear precursors and fine-tuning of intra-chain interactions would contribute towards this end. New technological opportunities will be generated by controlling the chain positioning of functional elements in non-natural sequence-controlled polymers, since solubility, phase transitions, biodegradability and optimal interactions with substrates have been found to be strongly dependent on subtle monomer sequence modifications. Also, more complex nano-objects may require finer nanostructures, so sequence-controlled polymers will offer unique opportunities for preparing even more elaborated constructs. Further work for solving the scale up limitation often associated with the synthesis of gram quantities of well-defined single chain nano-objects is also expected to be performed.

Visualization of single chain nano-objects constructed via chain compaction with atomic resolution continues to be a great challenge, both in solution and in the solid state. In the latter case, it is worth mentioning that interactions with the substrate as well as dewetting and evaporative self-assembly effects can modify, to a large extent, the conformation of these nano-objects when compared to their true conformation in solution. In particular, the combination of SANS and SAXS measurements with MD simulations is expected to become a reference methodology to determine with high level of confidence the actual morphology of soft nano-objects in solution. Visualization and characterization of the locally compact, but accessible, sites/cavities/zones of these nano-objects is consequently a main target for establishing useful structure-properties relationships.

Also, endowing soft nano-objects constructed via chain compaction with useful functions will be another field of intense activity. In addition to the potential uses indicated in Section 3, emerging fields such as those of self-healing materials and complex hybrid biomaterials could benefit from the advances in single chain technology towards the construction of unimolecular soft nano-objects endowed with useful, autonomous and smart functions.

A future full of possibilities is envisioned for single chain technology in next years.

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