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## Allosteric stabilization of the amyloid- $\beta$ peptide hairpin by the fluctuating N-terminal

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**Immobilized ions modulate nearby hydrophobic interactions and influence molecular recognition and self-assembly. We simulated disulfide bond-locked double mutants (L17C/L34C) and observed allosteric modulation of the peptide's intra-molecular interactions by the N-terminal tail. We revealed that the non-contacting charged N-terminal residues help the transfer of entropy to the surrounding solvation shell and stabilizing  $\beta$ -hairpin.**

Hydrophobic interactions are critical for self-assembly of biomaterial and aggregation-related diseases. Self-assembly of amyloid  $\beta$  (A $\beta$ ) monomers into neurotoxic oligomers has been associated with Alzheimer's disease (AD).<sup>1–3</sup> A $\beta$  oligomers are rich in  $\beta$ -sheet conformations, especially  $\beta$ -hairpin structures.<sup>4</sup> Full-length A $\beta$  peptides A $\beta$ (1–40) contain hydrophilic fragment, A $\beta$ (1–16), and A $\beta$ (17–40) which includes two critical hydrophobic patches, residues 17–21 and 30–35.<sup>6</sup> The N-terminal is more soluble and disordered, and is not in the rigid fibril core.<sup>7, 8</sup> Consequently, it is generally regarded redundant in formation of A $\beta$  aggregates and largely neglected in previous investigations.<sup>9</sup> Obviously, without the highly charged N-terminal A $\beta$ (1–16) fragment, A $\beta$ (17–40) would expose more hydrophobic residues to solvent and become less soluble.<sup>10</sup> Aggregation of N-terminal-deleted A $\beta$  such as A $\beta$ (17–40) is highly sensitive to experimental conditions.<sup>11, 12</sup> Both A $\beta$ (17–40) and A $\beta$ (17–42) have lower  $\beta$ -sheet content than the longer A $\beta$ (1–40) and A $\beta$ (1–42).<sup>11, 12</sup> Mutations in the A $\beta$  N-terminal region (A2V, A2T, H6R, and D7H) affect A $\beta$  aggregation.<sup>13–17</sup> Importantly, both experiment and simulations demonstrated that the distinct changes in aggregation propensity of A $\beta$  mutants are closely related to the alteration of the amount of  $\beta$ -hairpin content.<sup>17–21</sup> Although this highlights the crucial role of A $\beta$  N-terminal region in tuning A $\beta$  assembly, the underlying molecular mechanism has not been elucidated.

The charged residues can strongly modulate nearby hydrophobic interactions,<sup>22</sup> which are the major driving force in amyloid formation.<sup>23–25</sup> However, the allosteric effects of A $\beta$ (1–16) on the intra-molecular interactions of A $\beta$ (1–40) appear more complex than expected earlier. Here we designed simulations to delineate the coupling of the N-terminal and  $\beta$ -sheet forming central region of A $\beta$ (1–40). To enrich the sampling of  $\beta$ -sheet conformations, a disulfide bond was introduced at residues 17/34, as commonly used in stabilizing soluble A $\beta$  peptides to characterize A $\beta$  oligomers experimentally.<sup>26,27</sup> we used extensive replica-exchange molecular dynamics (REMD) simulations of double mutants of A $\beta$ (1–40) (referred to as A $\beta$ (1–40)cc), A $\beta$ (1–34) (A $\beta$ (1–34)cc), and A $\beta$ (17–40) (A $\beta$ (17–40)cc) in explicit solvent to thoroughly explore the interaction of the freely flying N-terminal with other regions (see method in Supplementary Information).

We found that the  $\beta$ -hairpin conformation is stable in both A $\beta$ (1–40)cc and A $\beta$ (1–34)cc but not in A $\beta$ (17–40)cc. **Figure 1** shows representative conformations and their populations of the top five clusters of each ensemble. Compared to the A $\beta$ (17–40)cc, both A $\beta$ (1–40)cc and A $\beta$ (1–34)cc ensembles display higher population of  $\beta$ -hairpin structures. The distribution of the first 100 clusters decreases sharply for each system, suggesting that there is no dominant cluster and different A $\beta$  peptides are still polymorphic due to their disordered nature (Figure S4). The constraint of the disulfide bond does not reduce the conformational diversity, as the top 10 clusters of A $\beta$ (1–40)cc only represent 17.2% of its structure ensemble, less than 36.9% in the top 10 cluster of wild-type A $\beta$ (1–40) as investigated in recent REMD simulations.<sup>28</sup> The result demonstrates that A $\beta$ (17–40)cc becomes more disordered without the A $\beta$ (1–16) fragment although all three peptides are locked by an identical disulfide bond.

**Figure 2A** shows the distribution of secondary structures of each system. Random coil structures are still dominant, covering 35.2%, 35.8%, and 41.0% of conformations of A $\beta$ (1–40)cc, A $\beta$ (1–34)cc, and A $\beta$ (17–40)cc, respectively. Comparable amounts of bend and turn structures are displayed by each ensemble (38.9%, 38.2%, and 35.4%). The helix content of all

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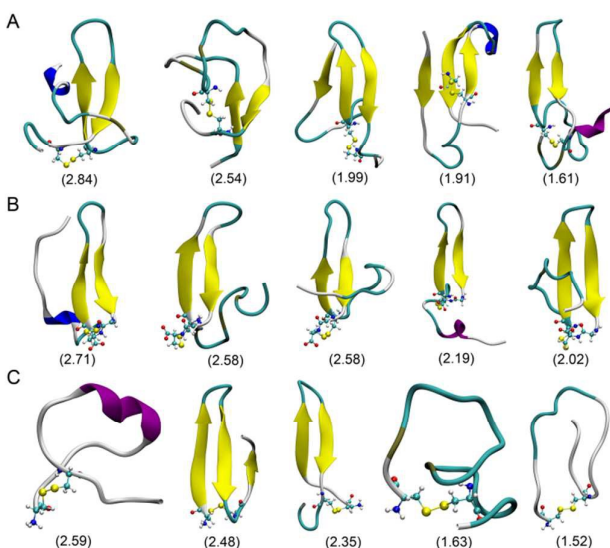
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structures varies from 5.4% to 7.2%, and the  $\beta$ -sheet contents are 16.4%, 21.7 and 10.0% for the  $A\beta(1-40)cc$ ,  $A\beta(1-34)cc$ , and  $A\beta(17-40)cc$  ensembles, respectively (close to the final result of the cumulative average values shown in **Figure S1**). Note that the wild-type  $A\beta$  generally exhibits a collapsed coil structure in water.<sup>29</sup> A previous circular dichroism experiment determined that  $A\beta(1-40)$  displays 8.7 %  $\alpha$ -helix, 24.0%  $\beta$ -sheet, and 67.3% statistical coil.<sup>30</sup> Recent REMD simulations also showed that  $A\beta(1-40)$  populates  $\sim$ 25%  $\beta$ -structure, and the most-populated four clusters display  $\beta$ -hairpin motifs.<sup>28</sup> The introduction of a disulfide bond decreases the  $\beta$ -sheet propensity of  $A\beta(1-40)cc$ , which is expected because only those conformations that satisfy the constraint imposed by the disulfide bond are able to sample  $\beta$ -sheet conformations.

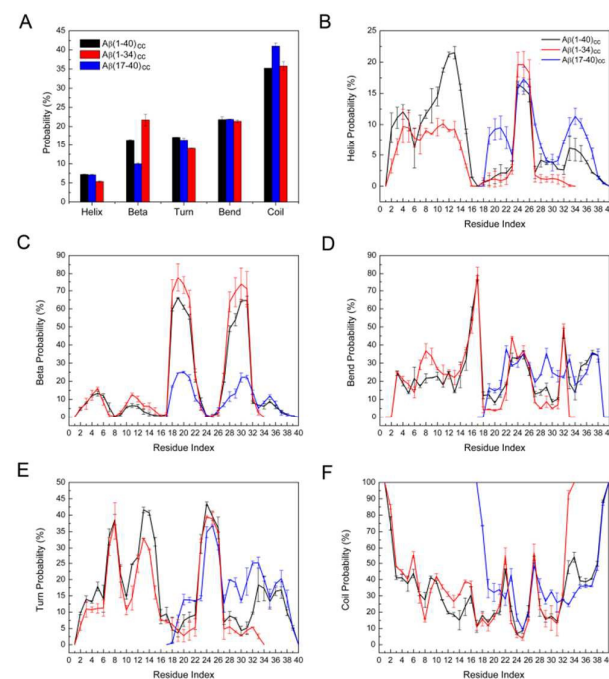


**Figure 1.** The representative conformations of the top five clusters of conformational ensemble of  $A\beta(1-40)cc$  (A),  $A\beta(1-34)cc$  (B), and  $A\beta(17-40)cc$  (C). The population (%) of each cluster is shown in parentheses.

The per residue secondary structure populations for each  $A\beta$  ensemble were also calculated and shown in **Figure 2B–2F**. Compared with  $A\beta(1-40)cc$ , the N-terminal of  $A\beta(1-34)cc$  samples less helical structure, whereas  $A\beta(17-40)cc$  samples more helical structures in regions involving residues 19–22 and 32–37, and turn structure including residues 19–21 and 28–35. All peptides sample significant  $\beta$ -sheet structures in the 18–22 and 27–32 regions. However, the propensities ranking is  $A\beta(1-34)cc > A\beta(1-40)cc > A\beta(17-40)cc$ , indicating that  $A\beta(17-40)cc$  samples less  $\beta$ -hairpin conformations. The result is consistent with cluster analysis (**Figure 1**), highlighting the critical role of the N-terminal in stabilizing the  $\beta$ -hairpin structure.

We calculated the contact frequencies to examine how the N-terminal tunes the intra-molecular  $\beta$ -hairpin interactions (**Figure S5**). Significant contacts in the ring region are constrained by the disulfide bond in both  $A\beta(1-40)cc$  and  $A\beta(1-34)cc$ . These contacts correspond to the interactions in the  $\beta$ -hairpin region. Contacts in other regions are generally less than 20%, which suggests that the intra-molecular interactions between  $A\beta(1-16)$  and the rest of the  $A\beta$  are

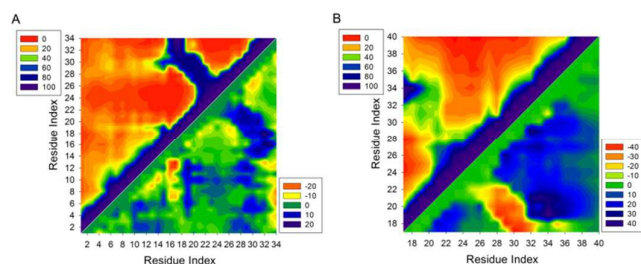
likely transient and allosterically long-range. The SASA values calculated for each residue confirm that there is no stable association between  $A\beta(1-16)$  and other regions of  $A\beta$  peptides as each residue in different systems exposes nearly identical surface area (**Figure S6**). However, without the  $A\beta(1-16)$  fragment, only weak contacts that potentially sample  $\beta$ -hairpin motif were observed within the ring region in the contact map of  $A\beta(17-40)cc$  (**Figures 3 and S5**).



**Figure 2.** The average percentage of secondary structure calculated for each system. (B–F) The distribution of secondary structures (helix,  $\beta$ -strand, bend, turn, and coil) per residue calculated for each system. The standard deviations were obtained by averaging the results of 100–150 ns and 150–200 ns.

In addition to the  $\beta$ -hairpin regions, more noticeable long range contacts were identified between  $A\beta(1-16)$  and the rest of  $A\beta(1-34)cc/A\beta(1-40)cc$  when a cutoff of 10 Å was used to define a contact (**Figure S5**). Particularly, in the contact map of  $A\beta(1-34)cc$ , discernible contacts ( $\sim$ 20%) between  $A\beta(1-16)$  and regions containing residues 18–20 and 28–32 can be identified (**Figure 3**), suggesting that  $A\beta(1-16)$  transiently fluctuates around the  $\beta$ -hairpin region. The orientations of the  $A\beta(1-16)$  fragment in  $A\beta(1-40)cc$  and  $A\beta(1-34)cc$  can be observed in the representative conformations of each cluster as shown in **Figure 1**. To identify the dynamic change of  $A\beta(1-34)cc$  and  $A\beta(17-40)cc$  with regard to the same region in  $A\beta(1-40)cc$ , we calculated the contact difference maps (**Figure 3**). Without the C-terminal residues 35–40, in addition to the increased contacts in the  $\beta$ -hairpin region,  $A\beta(1-16)$  fragment fluctuates more frequently around a wide region involving residues 19–33 in  $A\beta(1-34)cc$  than in  $A\beta(1-40)cc$  (**Figure 3A**). The N-terminal residues of  $A\beta(1-34)cc$  also have long-range contacts, probably because  $A\beta(1-16)$  is flexible in aqueous solution. In the absence of residues 1–16,  $A\beta(17-40)cc$  displays less frequent contacts in the region locked by the disulfide

bond. Consistently, this closed peptide becomes more disordered than in A $\beta$ (1–40)cc.

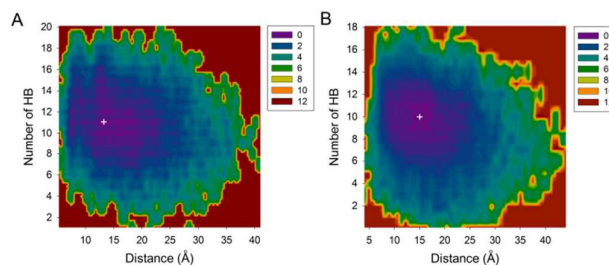


**Figure 3.** Intra-molecular contact maps. Contact frequencies (%) between amino acids in A $\beta$ (1–34)cc (A) and A $\beta$ (17–40)cc (B). Contact difference maps of A $\beta$ (1–34)cc (A) and A $\beta$ (17–40)cc relative to the contacts between the same amino acids in A $\beta$ (1–40)cc are also shown in the same panel (bottom right). A contact occurs if the center of mass of each residue is within 10 Å of the center of mass of another residue.

Our analyses revealed that the gain of entropy in the N-terminal compensates for the loss of entropy in the  $\beta$ -hairpin. We examined the potential of mean force (PMF) of each system with respect to the two distances between the N- and  $\beta$ -hairpin parts and the number of backbone hydrogen bonds (the C $\alpha$  atom of Asp<sup>1</sup> and the center of mass of A $\beta$ (17–34) fragment in **Figures 4** and the center of mass of A $\beta$ (1–16) and the center of mass of A $\beta$ (17–34) in **Figure S7**). Both A $\beta$ (1–40)cc and A $\beta$ (1–34)cc display similar free energy landscapes, with the distance restrained to 25 Å and the hydrogen bonds (HB) to a maximum of 16. Only one energy basin was observed in each landscape, corresponding to the most populated distance and number of residues involved in  $\beta$ -hairpin conformation. The energy minimum ( $\Delta G=0$  kcal/mol) on each free energy surface suggests that Asp<sup>1</sup> is 13 Å and 15 Å away from the center of the  $\beta$ -hairpin of A $\beta$ (1–40)cc and A $\beta$ (1–34)cc, respectively (**Figure 4**). The most stable conformations of A $\beta$ (1–40)cc and A $\beta$ (1–34)cc involve 11 and 10 backbone HBs. **Figure S7** also indicates that when the center of the N-terminal is 10 Å away from the center of the  $\beta$ -hairpin in both systems, the conformations of A $\beta$ (1–40)cc and A $\beta$ (1–34)cc have 10 and 9 HBs in the lowest energy basin. Note that A $\beta$ (1–40)cc can have 18 hydrogen bonds, implying that a total of 9–10 residues could be involved in  $\beta$ -sheet structures. However, although these conformations are accessible, they are not the dominant species with the lowest free energy. Such a result indicates that a balance must be achieved between the gain of enthalpy due to formation of hydrogen bonds and the loss of entropy due to the restriction exerted on the backbone in the extend state of  $\beta$ -sheet conformation. Interestingly, the N-terminal is not fully extended, but moving 10 Å around A $\beta$ (17–34) fragment, partially compensating for the loss of A $\beta$ cc entropy.

The movement of water surrounding the peptides reflects the entropy of the solvent environment due to the fluctuations of the N-terminus. To examine the solvent entropy at the room temperature, we performed additional 400-ns simulations for all three peptide systems. We calculated the number of retained water molecules within 10 Å of the A $\beta$ (17–34) motif of each peptide, and summarized the results in Table S1. The number of the retained water molecules between two

adjacent trajectories (100 ps) generally decreases throughout the simulations. Although the difference in the number of water molecules over the last 200 ns is only 3–4 for A $\beta$ (1–40)cc and A $\beta$ (17–34)cc, such result indicates that A $\beta$ cc could become more disordered and increasingly disrupt the network of water molecules. We observed that the longer the peptides, the lower the number of retained water molecules, suggesting that the dynamics of the terminals can affect the flux of water molecules. The relatively significant decrease in the number of retained water molecules ( $\sim 15$ ) in the A $\beta$ (17–40)cc system can be attributed to formation of a new  $\beta$ -hairpin structure during 300–400 ns of the simulation, which transfers larger entropy to the surrounding water clusters.



**Figure 4.** Free energy surface of A $\beta$ (1–40)cc (A) and A $\beta$ (1–34)cc (B) at 310 K in terms of the distance between C $\alpha$  atom of Asp1 and the center of mass of A $\beta$ (17–34) fragment, and the number of backbone hydrogen bonds (HB) corresponding to the number of residues involving the formation of  $\beta$ -hairpin conformation. The free energy values (in kcal/mol) were obtained by  $\Delta G = -kBT(\ln P_i - \ln P_{\max})$ , where  $P_i$  and  $P_{\max}$  are the probability distributions calculated for specific pairs of distance and number of hydrogen bonds.  $\ln P_i - \ln P_{\max}$  was used to ensure  $\Delta G=0$  for the lowest free energy point (white cross).

A $\beta$  Lys<sup>16</sup> contributes to the stability of  $\beta$ -sheet conformation,<sup>31</sup> and the N-terminal of A $\beta$  can modulate the aggregation rate and fibril stability at low pH,<sup>32</sup> suggesting a synergistic effect of ionic residues: they contribute to the stability of  $\beta$ -sheet conformation and to A $\beta$  peptide assembly. The loss of entropy due to forming  $\beta$ -sheet structures could be compensated by the gain of entropy by the N-terminal, in concert with the charged residues increasing the stability of  $\beta$ -conformations. The free energy change of A $\beta$ (17–34) locked in a  $\beta$ -hairpin conformation is estimated about 9.3 kcal/mol (Supplementary material). Additional entropy is necessary to release the constraints of the locked A $\beta$ (17–34). This entropy compensation can be realized by the movements of the N-terminal residues and solvation water. A $\beta$ (1–16) could become more disordered due to gained entropy. Rebalance of the entropy, as we observed in different A $\beta$ cc peptides lengths, could be general in A $\beta$ . For example, the N-terminal of A $\beta$  is the primary metal binding site, and metal binding could decrease entropy and then modulate A $\beta$  self-assembly.<sup>35, 36</sup> Other mechanisms may also operate here, like the change of hydrogen bonding structure of hydration shells,<sup>33</sup> or electric field effects of conformational dynamics and aggregation behavior of peptides.<sup>34</sup>

A $\beta$  peptides are intrinsically unstructured, making it challenging to investigate the effects of the N-terminal on the overall misfolding dynamics. Our simulations of different double mutants L17C/L34C A $\beta$  peptides revealed that A $\beta$ (1–

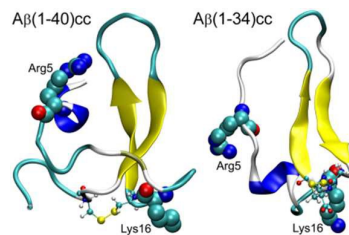
40)cc samples significant  $\beta$ -hairpin conformations, consistent with experimental findings that this disulfide bond can trap  $A\beta$  in  $\beta$ -hairpin structures.  $A\beta(1-34)$ cc and  $A\beta(1-40)$ cc demonstrate comparable  $\beta$ -hairpin populations, however, the capability of  $A\beta(17-40)$ cc to maintain  $\beta$ -hairpin conformation is surprisingly reduced.  $A\beta(1-16)$  is more likely to fluctuate around the other region, and modulate the hydrophobic interactions between residues that form  $\beta$ -hairpin conformations. The fluctuations of  $A\beta(1-16)$  fragment increases the entropy of both  $A\beta(1-40)$ cc and  $A\beta(1-34)$ cc and solvation water molecules, which in turn helps to stabilize the  $\beta$ -hairpin structures. In the absence of this part,  $A\beta(17-40)$ cc becomes more disordered and populates less  $\beta$ -hairpin conformations. Our study clearly demonstrated that the fluctuating N-terminal allosterically enhances the  $\beta$ -hairpin stability of the amyloid  $\beta$  peptide in the central amyloidogenic region. While the N-terminal residues can transiently interact with the central regions of  $A\beta(1-40)$  through hydrophobic interactions and hydrogen bonding, the most favored distance between the N-terminal fragment and central region is around 10 Å. We found that the transfer of entropy to the surrounding solvation shell is connected to the stabilization of the  $\beta$ -hairpin, helped by nearby fluctuating charged N-terminal residues. Our work provides strong support and explanation to recently observed effects that immobilized charged residues can modulate nearby hydrophobic interactions. The function of entropy compensation in concert with charged residues within  $A\beta$  peptides may be a general mechanism regulating the dynamics along misfolding and aggregation pathways.

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Table of contents entry:



Fluctuating N-terminal allosterically stabilize amyloid- $\beta$  peptide hairpin by dissipating entropy into solvent.