Analytical Methods

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Abstract

A simple, fast, low cost, and environmentally friendly analytical methodology was developed for the determination of Amaranth dye in foodstuff samples, offering low consumption of reagents. Spot tests were performed using diffuse reflectance spectroscopy measurements at 530 nm of Amaranth dye on the surface of a qualitative filter paper as the solid support. Caramel coloring, an interferent in the analysis, was eluted from the spot test using aliquots of 45 acid buffer. The calibration curve of absorbance (A_R) as a function of the square root of the 46 dye concentration ($[Amaranth]^{1/2}$) was described by: A_R = -0.0176 + 14.556 $[Amaranth]^{1/2}$ (R² 47 = 0.999). The proposed method showed a linear range of 1.00 x 10^{-5} to 5.00 x 10^{-4} mol L⁻¹ and 48 detection and quantification limits of 1.13 x 10^{-6} and 1.25 x 10^{-5} mol L⁻¹, respectively. The technique was applied for the determination of Amaranth in foodstuff samples and the results were consistent with those obtained by a comparative method.

Keywords: Amaranth, diffuse reflectance spectroscopy, green analytical methodology, foodstuffs.

1. Introduction

Dyes are added to foods and beverages with the sole purpose of giving them color, making then look more attractive to the final consumer; however, they do not have any nutritive value. On the contrary, since Fischer demonstrated the carcinogenic properties of 77 Scarlet Red dye, other dyes have been tested to evaluate their mutagenicity/carcinogenicity l .

The ingestion of these food additives can cause adverse reactions such as hives, headaches, angioedema, and gastrointestinal disorders, in addition to their potential carcinogenic and/or mutagenic effects². Azo dyes can be metabolized in the gastrointestinal 81 system, producing genotoxic and mutagenic compounds³.

Among the artificial dyes used in the food industry, Amaranth, also known as Bordeaux 83 . S, is widely employed due to its low cost and high stability⁴. Its chemical structure consists of two sulfonated naphthalene rings connected by an azo group (Figure 1), so the compound is classified as an acid or azo dye. The intake of this food additive has been associated with 86 adverse health effects, which led the United States to ban its use in $1976⁵$. The use of this substance is also prohibited by the European Union Food and Drink Confederation, in some \cdot cases⁵. The Brazilian Health Surveillance Agency (ANVISA) has set maximum limits for the dye in foods and beverages ranging from 0.005 g per 100 mL (currant syrup) to 0.01 g per 90 100 mL (liquid base for ice cream, and gelatin)⁶.

Considering the importance of quality control of food products and the extensive use of Amaranth dye in industry, reliable methods are required for its detection and measurement. Several analytical methodologies have been reported for the determination of Amaranth in 94 foods and beverages (Table 1) using techniques including fluorimetry⁴, spectrophotometry⁷, 95 electrochemistry⁸, electrophoresis⁹, and high performance liquid chromatography with UV-96 Vis¹⁰⁻¹⁴ or MS detection¹⁵.

98 [Insert Table 1]

Fluorescence spectroscopy techniques present low limits of detection and quantification, and are selective, although there have been no applications of the methodology 102 using real samples⁴. Spectrophotometric techniques have the advantage of being simple and readily available in many laboratories, although a disadvantage is that spectral overlap of different substances can occur, requiring the application of mathematical steps that make the 105 overall process of analyte determination much more laborious and complicated⁷. Electrochemical techniques for quantification of Amaranth dye have been successfully 107 developed⁸, although they have sometimes shown low reproducibility, which makes it more

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difficult to use these methodologies. Electrophoresis is a technique that employs aqueous 109 buffers for analyte separation⁹; however, it requires a specialized operator, and the instrumentation used has higher added costs, compared to the equipment needed in the new analytical method described here.

Procedures involving chromatographic separation are most widely used, due to their low limits of detection and quantification, possibility of automation, robustness, reproducibility, the ability to eliminate interferences, and possibility of simultaneous analysis 115 of different dyes. However, this method uses large quantities of solvents¹⁰⁻¹⁶ and necessitates laborious pretreatment steps for extraction of the dye from beverages, employing solid-phase 117 extraction $(SPE)^{12-15}$, resulting in large quantities of waste after the analyses. Although SPE is one of the most widely used procedures, there are other ways to make an extraction even more 119 eco-friendly, such as ultrasound-assisted solvent extraction¹⁷, using organic solvents and centrifugation to extract both hydrophilic and hydrophobic pigments, and microwave-assisted 121 microextraction using an ionic liquid¹⁸, which avoids the use of volatile and toxic organic solvents. Due to the variety of food products containing azo dyes as additives, there is no generally accepted standard procedure for their extraction in laboratories, as described in a recent review about methods for the analysis of different azo dyes employed in food $industry¹⁹$.

Hence, there is a need to develop new methodologies that are safer for the operator and the environment, and that comply with the principles of Green Chemistry²⁰, as well as being fast, simple, inexpensive, and reliable.

130 [Insert Figure 1]

In the search for alternatives that are environmentally more friendly, the use of diffuse 133 reflectance spectroscopy has been described for the analysis of drugs^{21,22}, pesticides²³, and 134 other contaminants²⁴. The association of diffuse reflectance spectroscopy with the spot test is eco-friendly, because it consists of a simple, fast, inexpensive technique that generates small amounts of waste with low toxicity, minimizing or even eliminating risks to the operator or to the environment. Furthermore, diffuse reflectance spectroscopy measurements can be 138 performed *in situ* using a very simple reflectance photometer²⁵ or a portable diffuse reflectance spectrophotometer. The use of diffuse reflectance spectroscopy has several advantages, but the presence of other dyes such as Ponceau 4R and Azorubine causes interference in the analysis of Amaranth dye due to spectral overlap (analogously to spectrophotometry), so separation procedures are necessary.

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Filter paper is used as the spot test platform in clinical²⁶, environmental²⁷, forensic²⁸, 144 drug^{21} , and food²⁹ analyses because it is white, which ensures a bright and high contrast 145 background²⁹. Paper-based analysis uses small quantities of reagents, generates negligible 146 waste, and the paper is obtained from renewable sources with low added $cost²¹$.

There is a lack of studies describing the determination of dyes in food and beverage 148 samples using spot tests on a paper support associated with diffuse reflectance spectroscopy³⁰. and there have been no reports of the determination of Amaranth dye using this technique. Some of the works described in the literature for the analysis of dyes using a solid support have employed thin layer chromatography $(TLC)^{31-33}$, which is a technique that is difficult to reproduce and uses toxic organic solvents.

Here, a new method is described for the analysis of Amaranth dye in foodstuffs using spot test associated with diffuse reflectance spectroscopy. Unlike other methods, no sample clean-up is required, resulting in a technique that is faster, simpler, cheaper, and more eco-friendly than the conventional procedures.

2. Experimental

2.1. Reagents and standard solutions

Amaranth (analytical grade), anhydrous sodium acetate (analytical grade), and acetic acid (99% minimum) were purchased from Sigma-Aldrich. Sodium hydroxide (analytical grade, 98.2%) and acetonitrile (HPLC grade) were purchased from Mallinckrodt. Ammonium hydroxide (28-30%) was from Synth. Ammonium acetate (analytical grade, 98%) was from Merck, and methanol (HPLC grade) was from J. T. Baker.

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165 A stock solution of 1.00×10^{-2} mol L⁻¹ Amaranth was prepared in deionized water. Working solutions of Amaranth were freshly prepared by appropriate dilution of the stock solution with deionized water.

Acetate buffer solution pH 4.3 was prepared by mixing the appropriate volumes of 169 acetic acid (0.1 mol L^{-1}) and sodium acetate (0.1 mol L^{-1}), and the exact pH was checked by a digital pH-meter.

Dilutions were made using deionized water (18.2 MΩ.cm) obtained from a Milli-Q system (Millipore, Brazil).

Whatman No. 1 filter paper was used as the solid support in the spot tests. The paper was cut into pieces sized 4.5 x 3.5 cm, with a 1.5 x 3.5 cm extension for ease of handling.

2.2. Sample preparation

The samples (four different brands of currant syrup: A-D; liquid base for ice cream: E; and gelatin: F) were purchased locally in the city of Araraquara (São Paulo, Brazil). Analysis was performed according to the proposed method, with liquid samples being diluted with acetic acid/acetate buffer and solid samples being solubilized and diluted with acetic acid/acetate buffer. For analysis using the comparative method, the samples were prepared at three-fold greater dilutions with deionized water.

2.3. Equipment

Diffuse reflectance measurements were made using a portable spectrophotometer (USB2000, Ocean Optics), with the aid of OOIBase32 software (Ocean Optics). The spectrophotometer was coupled to an integrating sphere using an optical fiber.

The comparative method employed a Shimadzu UFLC-20A HPLC system with DAD 189 \qquad detector¹¹.

2.4. Methodology

192 In the proposed method, a 20 µL aliquot of the sample or standard solution was spotted onto the center of the filter paper using a micropipette fixed in a holder, according to the 194 procedure described previously²¹, and dried at ambient temperature, followed by addition of two 10 µL aliquots of acid buffer and further drying for about 10 min. Diffuse reflectance measurements of Amaranth were then performed at a wavelength of 530 nm.

2.5. Study of matrix interferences

Evaluation of matrix interferences was conducted using standard addition and recovery tests. The sample matrices were fortified with standard solutions at levels between 50% and 250%, followed by determination using diffuse reflectance spectroscopy.

2.6. Comparative methodology

The Amaranth dye was extracted from the samples using natural wool, with heating on a 205 hotplate (Corning), as described in the literature³⁴. There is no generally accepted standard 206 procedure for the extraction of azo dyes from food products¹⁹. In the present study, natural wool was selected for dye extraction because it was readily available, inexpensive, and could be reused several times after washing. An aliquot of sample was transferred quantitatively to a 100 mL beaker, together with a 15 cm length of natural wool thread that had been pretreated 210 previously³⁴. Acetic acid solution (0.05 mol L^{-1}) was then added to give a final volume of 20 mL. The system was heated to boiling for 3 min. The wool was then removed and washed

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with two portions of cold deionized water. The washed wool was transferred to another 100 mL beaker, to which was added about 15 mL of 10% ammonium hydroxide solution. The system was boiled for 3 min and the resulting solution was transferred to a 100 mL beaker. The wool was washed two more times with hot 10% NH4OH solution, and the alkaline solutions were combined in another 100 mL beaker. This solution was carefully evaporated to 10 mL, then cooled and transferred to a 25 mL volumetric flask, and the final volume was made up with deionized water (at room temperature).

Analysis by the comparative HPLC method was performed as described in the 220 literature¹¹. The experimental conditions were: C₁₈ column (250 mm x 4.6 mm x 5 µm) with 221 an internal C₁₈ guard column; 0.1 mol L⁻¹ ammonium acetate (pH 6.9) as mobile phase A; a 222 mixture of methanol and acetonitrile $(90:10, v/v)$ as mobile phase B; isocratic elution with 8% 223 of mobile phase A; run time of 6 min; flow rate of 1.0 mL min⁻¹; injection volume of 20 μ L; 224 DAD detector with a fixed wavelength of 520 nm; column temperature of 35 °C.

3. Results and Discussion

Reproducible quantitative analysis by reflectance measurements using a paper platform requires consideration of several factors that can influence the homogeneity and intensity of the spot test reaction.

According to Wendlant and Hecht³⁵, the color of the spot test should be uniform over the entire surface in order to ensure reproducible reflectance measurements. Here, consideration was made of important parameters described previously for spot test 233 reactions^{36,37}, such as the rate of reagent addition, the quality of the filter paper, pH, and the volume of solution added. All these details are important for the uniformity of the color spot test. Investigations were carried out to establish the most favorable conditions for the spot test reaction on the filter paper, in order to achieve maximum color development at 530 nm.

The solutions were spotted onto the center of the filter paper using a micropipette fixed in a holder, according to the procedure described previously (section 2.4). The effects of pH and volume of acid buffer solution on the color intensity and uniformity of the spot test were optimized in univariate mode.

3.1. Evaluation of pH and volume

Tests were first performed to determine the most suitable pH for the measurements, because due to the presence of sulfonic acid groups in Amanranth dye, the spot shape and analytical response depend on pH. For analysis in acid solution, the selected buffer was acetic acid/sodium acetate with a measured pH of 4.3, while for analysis in alkaline solution the

buffer was ammonia/ammonium with a measured pH of 8.9. Analyses were also made using deionized water with a measured pH of 6.9.

The results (Table 2) showed that the highest absorbance was achieved at alkaline pH. This was expected, because for the analyte structure shown in Figure 1, the dye is completely deprotonated at alkaline pH, which maximizes the resonance between the electrons of the molecule, hence increasing the absorbance. Lower absorbance was expected in an acid solution, due to less effective resonance. However, the dye was more protonated and therefore less polar, and it was less efficiently eluted on the filter paper by the aqueous solution (a polar mobile phase). This resulted in the formation of a smaller stain that was more intensely concentrated in the center of the spot, so the absorbance was higher than expected in acid medium.

[Insert Table 2]

From the results described above, it was expected that alkaline pH would be most suitable for the analyses. However, in the currant syrup samples, Amaranth was present together with Caramel IV natural coloring, which has a brown color that interfered in the determination of the red-colored artificial dye. It would therefore be necessary to perform a separation of the dyes, keeping Amaranth in the center of the spot and Caramel IV at the edges of the spot.

For these reasons, acid pH was chosen for the determinations, because due to the lower polarity of Amaranth in an acid solution, it was retained in the center of the spot, while the Caramel IV was more easily eluted into the solid support (paper).

In order to improve the separation of the two dyes, after application of the sample, two consecutive 10 µL aliquots of acid buffer were added so that the Caramel IV was eluted to the edges of the stain, while the Amaranth dye remained retained in the center of the spot. The difference between the samples with and without the buffer elution can be seen in Figure 2.

[Insert Figure 2]

3.2. Analytical curve, limit of detection (LOD), and limit of quantification (LOQ)

In reflectance analysis, the optical density for reflectance measurements is described by 279 $A_R = - \log T_R$, analogous to absorbance³⁸. The analytical curve was constructed using 280 Amaranth standard solutions in a concentration range from 1.00×10^{-5} to 5.00×10^{-4} mol L⁻¹. 281 A linear relationship was observed between A_R and $[Amaranth]^{1/2}$ (Figure 3), described by A_R

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and LOQ values, determined according to IUPAC

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the moment of application to the paper, only requiring elution with two 10 µL aliquots of acid buffer. The main advantage of this new methodology is the absence of the use of organic solvents harmful to health and the environment, as well as the low cost of the equipment used in the determinations, compared to the operating costs of the equipment used in other methodologies. [Insert Table 4] **4. Conclusions** This study demonstrates the feasibility of employing diffuse reflectance spectroscopy coupled to a spot test on a filter paper support for the assay of Amaranth dye in food samples. The proposed method was applied to different types of samples and showed good performance for the analysis of Amaranth contained in foods. Compared to the methodologies generally used, this new method is much faster, simpler, avoids the use of organic solvents, and is more environmentally friendly, with minimal reagent use and waste generation. The sensitivity of the method is sufficient to quantify the analyte in the types of samples tested. This new technique is performed in aqueous medium, and no sample pretreatment steps or clean-up steps are required (except dilution or solubilization), making it simpler and more practical than other methods. **Acknowledgements** The authors are grateful to CNPq, CAPES, and FAPESP (process n° 2013/09701-1) for financial support. **References** [1] L. M. G. Antunes and M. C. P. Araújo, *Rev. Nutr.*, 2000, **13**, 81-88. [2] A. P. Hutchinson, B. Carrick, K. Miller and S. Nicklin, *Toxicology Letters*, 1992, **60**, 165- 173. [3] K. T. Chung and C. E. Cerniglia, *Mutation Research*, 1992, **277**, 201-220. [4] H. Zhu, W. Huang and F. Wang, *Advanced Materials Research*, 2014, **1010-1012**, 835- 838. [5] EFSA Panel on Food Additives and Nutrient Sources added to Food, *EFSA Journal*, 2010, **7**, DOI: 10.2903/j.efsa.2010.1649.

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455 **Table 1** - Analytical methodologies for the determination of Amaranth in foods and

456 beverages.

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515 **Table 4 –** Comparison of analytical performances of the proposed method and previously

516 reported methodologies for the determination of Amaranth dye in different matrices.

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Figure 1 – Structural formula of Amaranth dye. 52x38mm (300 x 300 DPI)

Figure 2 – Spot tests without elution (left) and with elution using two 10 µL aliquots of acid buffer (right). 38x18mm (300 x 300 DPI)

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