

# Analyst

Accepted Manuscript



This is an *Accepted Manuscript*, which has been through the Royal Society of Chemistry peer review process and has been accepted for publication.

*Accepted Manuscripts* are published online shortly after acceptance, before technical editing, formatting and proof reading. Using this free service, authors can make their results available to the community, in citable form, before we publish the edited article. We will replace this *Accepted Manuscript* with the edited and formatted *Advance Article* as soon as it is available.

You can find more information about *Accepted Manuscripts* in the [Information for Authors](#).

Please note that technical editing may introduce minor changes to the text and/or graphics, which may alter content. The journal's standard [Terms & Conditions](#) and the [Ethical guidelines](#) still apply. In no event shall the Royal Society of Chemistry be held responsible for any errors or omissions in this *Accepted Manuscript* or any consequences arising from the use of any information it contains.

1  
2  
3  
4 **Direct-S: A Directed Mass Spectrometry Method for Biomarker**  
5  
6 **Verification in Native Serum**  
7  
8

9 Hongrui Yin<sup>a,b,c#</sup>, Liqi Xie<sup>a,#</sup>, Ye Xu<sup>a</sup>, San-Jun Cai<sup>a</sup>, Jun Yao<sup>a</sup>,

10  
11 Peng-Yuan Yang<sup>a,b</sup>, Haojie Lu<sup>a,b\*</sup>  
12  
13

14 a. Shanghai Cancer Centre and Institutes of Biomedical Sciences, Fudan University,

15  
16 Shanghai 200032, P. R. China  
17

18  
19 b. Department of Chemistry, Fudan University, Shanghai 200433, P. R. China  
20

21  
22 c. Shanghai Institute for Food and Drug Control, Shanghai 201203, P. R. China  
23  
24

25 #Hongrui Yin and Liqi Xie contributed equally to this work.  
26  
27

28 \* To whom correspondence should be addressed.  
29  
30

31 Tel: 86-21-54237618;  
32

33 Fax: 86-21-54237961;  
34

35 E-mail: luhaojie@fudan.edu.cn  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

## Abstract

Serum has been the logical choice and most-used bio-specimen for monitoring biomarkers. However, direct analysis of low-abundance biomarkers in serum is still a problem. Here, we established a directed mass spectrometry (inclusion list driven MS) method, Direct-S, for direct quantification of protein biomarkers in native serum samples without high-abundance protein depletion or pre-fractionation. In Direct-S,  $^{18}\text{O}$ -labeling technique was used to produce internal standards of the targeted peptides, and only targeted peptides were selected for tandem mass (MS/MS) fragmentation to increase sensitivity and efficiency. The  $^{16}\text{O}/^{18}\text{O}$  ion pairs of target peptides and the elution time/fragmental pattern of the internal standards were used to facilitate the identification of the low-abundance peptides. Using Direct-S, three candidate biomarkers,  $\alpha$ 1-antitrypsin (A1AT), galectin-3 binding protein (LG3BP) and cathepsin D (CTSD), which represent different abundance levels, were quantified in serum samples of colorectal cancer (CRC) patients and healthy candidates. Direct-S exhibited good linearity of response from 20 fmol to 0.5 nmol ( $r > 0.9845$ ). Reliable quantification across five orders of magnitude and as low as 71 pg/ $\mu\text{L}$  was achieved in serum samples. In conclusion, Direct-S is a low cost, convenient and accurate method for verifying serum biomarkers.

**Keywords:** Serum, biomarkers, quantification, targeted mass spectrometry, colorectal cancer

## Introduction

Protein biomarkers, which undergo changes in concentration or state in association with a biological process or disease, play important roles in disease diagnosis, evaluation of treatment progression, and prognosis<sup>1</sup>. Serum has been the logical choice and most-used bio specimen for monitoring biomarkers to date<sup>2</sup>. Serum proteins are present at concentrations ranging across 12 orders of magnitude<sup>3</sup>. A few dominant proteins, such as serum albumin, immunoglobulins and so on, account for approximately 99% of the protein content, which complicates the detection of other proteins<sup>4</sup>. To improve detection of low-abundance proteins, approaches including depletion of highly abundant proteins, protein or peptide-level fractionation or selective immune-enrichment of target peptides/proteins have been applied<sup>5</sup>. Different strategies have been developed for the depletion of highly abundant proteins in serum analysis, such as immunoaffinity depletion<sup>6</sup>, centrifugal ultrafiltration<sup>7</sup>, solid-phase extraction<sup>8</sup>, protein precipitation<sup>9</sup> and organic-solvent extraction<sup>10</sup>. On the other hand, strong cation exchange chromatographic (SCX)<sup>11</sup>, size exclusion chromatography (SEC)<sup>12</sup>, free-flow electrophoresis<sup>13</sup>, isoelectric focusing<sup>14</sup> and gel-based fractionation<sup>15</sup> have been used to fractionate serum proteins/peptides. However, depletion and fractionation strategies generally suffer from low sample throughput and potentially poor recovery. Particularly when using depletion strategies, some lower-abundance proteins might also be depleted because of nonspecific interactions<sup>4</sup>. Accordingly, strategies with high sensitivity that can be used to directly analyze

1  
2  
3  
4 native serum samples are needed for biomarker verification.  
5  
6

7 Advances in proteomic technologies have allowed the systematic identification of  
8  
9 biomarkers in serum samples. Although enzyme-linked immune absorbent assay  
10  
11 (ELISA) is considered the “gold standard” in clinical assays, the development of  
12  
13 antibodies and assays for a large number of candidate proteins is time consuming and  
14  
15 expensive<sup>16</sup>. Alternatively, high-resolution MS provides a high throughput and  
16  
17 relatively economic method for targeted analysis. Advances in MS have also enabled  
18  
19 high-sensitivity and accurate protein quantification<sup>5</sup>. By using these MS-based  
20  
21 methods, native serum can be analyzed without pretreatment. A widely used method  
22  
23 is based on multiple reaction monitoring (MRM) with liquid chromatography (LC). In  
24  
25 one LC-MS run, a number of candidate biomarkers can be quantified simultaneously  
26  
27 using MRM. Reliable quantification at the ng/μL level was achieved in direct analysis  
28  
29 of native serum samples<sup>17</sup>. MRM–MS methods must first be developed and then  
30  
31 validated on a case-by-case basis in the clinical setting. Alternatively, directed MS  
32  
33 methods using inclusion lists of precursor ions from target molecules to guide MS/MS  
34  
35 fragmentation can be easily applied in quantitative analysis<sup>18</sup>. By considering the  
36  
37 mass-to-charge ratio (m/z) and elution time, directed MS methods can be used to  
38  
39 detect low-abundance precursors with good precision and accuracy even in complex  
40  
41 samples<sup>19</sup>. Recently, Ranish developed a directed MS method, iMSTIQ, using  
42  
43 mTRAQ-labeled “index” peptides to trigger the acquisition of full MS/MS spectra for  
44  
45 targeted peptides independent of their ion intensities<sup>20</sup>. The index-ion triggered  
46  
47 method enhanced detection by MS-directed approaches at the sub-fmol level in yeast  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3  
4 extracts. Combining iMSTIQ with hydrazide-based solid-phase capture of  
5  
6  
7 N-glycosylated peptides enabled quantification of low fmol amounts of target  
8  
9  
10 N-glycosylated peptides in serum samples. However, direct analysis of serum without  
11  
12 any pretreatment has not been performed.  
13

14  
15 CRC is the third most common malignancy worldwide<sup>21</sup>. By taking advantage of  
16  
17 MS techniques, many candidate biomarkers have been identified. However, only a  
18  
19 few protein biomarkers have been applied in clinical treatment and assessment of  
20  
21 CRC<sup>22</sup>, which indicates the need for high-throughput and convenient verification  
22  
23 techniques. In this study, a method named Direct-S was developed to verify candidate  
24  
25 biomarkers in CRC serum samples without any pretreatment. In Direct-S, we  
26  
27 produced heavy-labeled standard peptides using an <sup>18</sup>O-labeling technique because of  
28  
29 the simple reaction process, high labeling efficiency and low cost<sup>23,24</sup>. To increase the  
30  
31 detection sensitivity and efficiency, only predetermined precursor ions of biomarker  
32  
33 candidates were selected for fragmentation. For proteins with different abundances,  
34  
35 specific identification rules were established. Three candidate biomarkers for CRC<sup>25,26</sup>,  
36  
37 A1AT, LG3BP and CTSD, representing high-, medium- and lower-abundance  
38  
39 proteins, respectively, were selected. Using Direct-S, they were successfully  
40  
41 identified and quantified in native CRC serum samples.  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

## Results and Discussion

### Overall Concept and Experimental Workflow of Direct-S

For biomarker verification,  $^{18}\text{O}$ -labeled targeted peptides were used as internal standards to quantify the absolute amounts of candidate biomarkers in serum samples (Figure. 1). The  $^{18}\text{O}$ -labeled standard peptides were spiked in until they could be detected by MS, which required 50 ng A1AT, 5 ng LG3BP, and 2 ng CTSD. Only the paired  $^{16}\text{O}/^{18}\text{O}$ -labeled target peptide ions were selected for CID, which saved time for MS/MS acquisition and also increased the detection sensitivity.

Depending on protein abundance, the identification of  $^{16}\text{O}$ -containing target peptides in serum samples could be divided into three groups. For peptides whose abundance were too low to be selected for MS/MS analysis, the elution time,  $m/z$ ,  $^{16}\text{O}$ - and  $^{18}\text{O}$ -labeled ion peaks of target peptides were used to determine the target peaks. For peptides with medium abundance and poor quality MS/MS spectra, the existence of these peptides was confirmed by comparing the MS/MS spectra with that of the  $^{18}\text{O}$ -labeled internal standard peptides. For highly abundant peptides, the MS/MS spectra of  $^{16}\text{O}$ -labeled and  $^{18}\text{O}$ -labeled peptides could both be obtained and successfully identified. After identification, the absolute amounts of the target proteins were calculated based on the MS1 peak intensity ratios (light/heavy,  $^{16}\text{O}/^{18}\text{O}$ ) of selected peptides. The  $^{16}\text{O}/^{18}\text{O}$  ratio was calculated by equation 1<sup>27</sup>, in which the contribution from incomplete (single) incorporation of  $^{18}\text{O}$  is included.

$$\text{Ratio} \left( \frac{{}^{16}\text{O}}{{}^{18}\text{O}} \right) = \frac{I_0}{I_2 + I_4 - \left( \frac{M_2}{M_0} \right) I_2 - \left[ \frac{M_2}{M_0} + \frac{M_4}{M_0} - \left( \frac{M_2}{M_0} \right)^2 \right] I_0} \quad (1)$$

$I_0$  is the intensity of the monoisotope peak for the serum peptide,  $I_2$  represents the intensity of a single  $^{18}\text{O}$  incorporated in the internal peptide, and  $I_4$  is the intensity for the internal peptide with two incorporated  $^{18}\text{O}$ , respectively.  $M_0$ ,  $M_2$ , and  $M_4$  are the corresponding theoretical relative intensities of the isotopic envelope of the peptide, which were calculated using MS-Isotope (<http://prospector.ucsf.edu>).

Using Direct-S, three proteins representing different abundance levels were quantified in serum digests without any pretreatment. We also used the MRM technique to analyze the three proteins in the serum sample by optimized transitions and corresponding collision energies (CE) as shown in supplemental table 1. For A1AT and LG3BP, every target peptide was detected by MRM, as shown in supplemental figure 1. However, no peak could be matched to a PCTSD peptide. In a recent MRM study<sup>28</sup>, about 1000 yeast peptides can be quantified in one 60 min LC-MS experiment. Therefore, we can expect that, higher throughput and wider quantification range could be achieved using Direct-S.

### Preparation of $^{18}\text{O}$ Heavy Isotope-Labeled Internal Standard Peptides

To obtain quantification references, the internal standard peptides were labeled with  $^{18}\text{O}$ . The stable and completed incorporation of the heavy isotope are key factors for accurate quantification. The incorporation of  $^{18}\text{O}$  is catalyzed by trypsin, and the stability is affected by trypsin-catalyzed back-exchange<sup>29</sup>. Therefore, the removal or



1  
2  
3  
4 quenching activity of residual trypsin after labeling is important. In our study,  
5  
6 immobilized trypsin was used to effectively reduce the back-exchange<sup>29</sup>. The stability  
7  
8 of <sup>18</sup>O-labeled peptides was evaluated after the labeled peptides were stored at 4 °C for  
9  
10 one week and -20 °C for one month. As shown in figure 2C and figure 2D, except for  
11  
12 PLG3BP-1 and PLG3BP-2, which exhibited some back-exchange after being stored at  
13  
14 -20 °C for one month, no significant back-exchange was observed in other conditions.  
15  
16  
17 As show in figure 2B, the MS peak of the unlabeled peptide was negligible, and only  
18  
19 a few low-intensity peaks from peptides with one <sup>18</sup>O were observed, which indicated  
20  
21 that the incorporation of <sup>18</sup>O was almost complete. The <sup>18</sup>O incorporation efficiencies  
22  
23  $(1 - I_0/(I_4 + I_2 + I_0))$  for P<sub>A1AT-1</sub>, P<sub>A1AT-2</sub>, P<sub>LG3BP-1</sub>, P<sub>LG3BP-2</sub> and P<sub>CTSD</sub> were 99.32%,  
24  
25 99.60%, 99.40%, 99.30% and 100%, respectively. Because of the impurity of the  
26  
27 <sup>18</sup>O-labeled water, incomplete <sup>18</sup>O incorporation could not be avoided. The effect of  
28  
29 incomplete <sup>18</sup>O incorporation was calculated as  $I_2/(I_4 + I_2 + I_0)$ . The values for P<sub>A1AT-1</sub>,  
30  
31 P<sub>A1AT-2</sub>, P<sub>LG3BP-1</sub>, P<sub>LG3BP-2</sub> and P<sub>CTSD</sub> were 7.10%, 8.27%, 6.80%, 15.00% and 8.06%,  
32  
33 respectively. As a result, the influence of incomplete labeling was weak (less than  
34  
35 15%). However, to ensure accurate quantification, we considered peptides with one  
36  
37 <sup>18</sup>O in quantification as shown in equation 1. In conclusion, stable and high efficient  
38  
39 <sup>18</sup>O incorporation qualified the reference peptides for use in quantification of samples.  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51

### 52 53 **Dynamic Range and Reproducibility of Direct-S**

54  
55 To assess the dynamic range of the quantification based on isotopic peak intensity  
56  
57 ratios, 8 calibration mixtures with <sup>16</sup>O/<sup>18</sup>O ratios ranging from 0.01 to 10 were  
58  
59  
60

1  
2  
3  
4 prepared. The amounts of  $^{18}\text{O}$ -labeled peptides were fixed. The amounts of  
5  
6  
7  $^{16}\text{O}$ -labeled peptides were varied according to their endogenous concentration. For  
8  
9 A1AT peptides, the concentration range was from 0.5 pmol to 0.5 nmol. For LG3BP  
10  
11 peptides, the concentration range was from 50 fmol to 50 pmol. For CTSD peptides,  
12  
13 the concentration range was from 20 fmol to 20 pmol. To construct a blank serum  
14  
15 matrix without these three proteins, albumin, IgG, and transferrin, which are  
16  
17 estimated to account for 82% of the protein in serum<sup>24</sup>, were mixed in corresponding  
18  
19 proportions as a serum analog. By replicate LC-MS/MS analyses of the calibration  
20  
21 mixtures, the accuracy, reproducibility, and linear dynamic range were evaluated. The  
22  
23  $^{16}\text{O}/^{18}\text{O}$  ratios were calculated with equation 1 above. The calibration curves for these  
24  
25 five peptides are shown in figure 3.  $P_{\text{A1AT-1}}$  and  $P_{\text{LG3BP-1}}$  had a linear response range  
26  
27 from 0.1 to 10, likely either because of lower signal intensities or interference by the  
28  
29 unlabeled peptides at lower spiked levels.  $P_{\text{A1AT-2}}$ ,  $P_{\text{LG3BP-2}}$ , and  $P_{\text{CTSD}}$  exhibited a  
30  
31 linear response in relative  $^{16}\text{O}/^{18}\text{O}$  concentration ratios from 0.01 to 10. To evaluate  
32  
33 the quantification accuracy of Direct-S, the quantitative deviations of the calibration  
34  
35 mixtures were calculated by the formula “|(measured value – expect value) / expect  
36  
37 value|”. As a result, all the quantitative deviations were below 20.75%, which  
38  
39 indicated that Direct-S could accurately quantify standard sample even in lower  
40  
41 femtomole level.  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53

54  
55 The reproducibility of the quantification was evaluated among the replicates. The  
56  
57 RSD of every ratio was calculated (Supplemental Table 2), and most of them were  
58  
59 less than 10%, which indicated good quantification reproducibility of Direct-S.  
60

## Protein Biomarker Verification in CRC Serum Samples

The abundance of A1AT, LG3BP and CTSD was quantified in 15 cases of normal serum and 15 cases of CRC serum. The three proteins were reported with a significant expression difference between CRC and normal samples<sup>25,26</sup>. A1AT is a high-abundance protein found at the  $\mu\text{g}/\mu\text{L}$  level; LG3BP is a medium-abundance protein found at the  $\text{ng}/\mu\text{L}$  level; the abundance of CTSD is lower and found at the  $\text{pg}/\mu\text{L}$  level in serum<sup>30</sup>. The  $^{18}\text{O}$ -labeled standard peptides were added to each serum sample at a fixed concentration. The amounts of  $^{18}\text{O}$ -labeled peptides of A1AT were 50 ng, the amounts of  $^{18}\text{O}$ -labeled peptides of LG3BP were 5 ng, and the amounts of  $^{18}\text{O}$ -labeled peptide of CTSD were 2 ng. As shown in figure 4, the intensities of  $^{18}\text{O}$ -labeled and  $^{16}\text{O}$ -labeled  $\text{P}_{\text{A1AT}}$  were both high, while the intensities of  $^{16}\text{O}$ -labeled were low for LG3BP and CTSD peptides, especially  $\text{P}_{\text{CTSD}}$ , which was too low to be selected for CID. As expected, the A1AT  $^{18}\text{O}$ -labeled and  $^{16}\text{O}$ -labeled peptides were both successfully identified by the database search (Supplemental Figure 2). However, for LG3BP and CTSD, not all of the  $^{18}\text{O}$ -labeled and  $^{16}\text{O}$ -labeled peaks could be identified because of their low abundance (Supplemental Figure 3 and Supplemental Figure 4). For LG3BP, the MS/MS spectra of serum peptides ( $^{16}\text{O}$ -labeled) were poor quality (Supplemental Figure 3), and could not pass the threshold required for the database search. The distribution of high-intensity fragmented ion peaks was consistent with the MS/MS spectra of  $^{18}\text{O}$ -labeled peptides. If the threshold for the database search was not set as high as described in experimental section, the top-ranking peptides of the unidentified spectra were assigned to the corresponding

1  
2  
3  
4 LG3BP  $^{16}\text{O}$  peptides (Supplemental Figure 5). This information could help to confirm  
5  
6  
7 the existence of the peptide. For CTSD, only the MS/MS spectra of the internal  
8  
9  
10 standard peptide ( $^{18}\text{O}$ -labeled) could be obtained. In this case, the elution time (15-18  
11  
12 min), paired  $^{16}\text{O}/^{18}\text{O}$  ions ( $^{16}\text{O}$ , 410.72; single  $^{18}\text{O}$ , 411.72; two  $^{18}\text{O}$ , 412.72) was used  
13  
14  
15 to determine the peak of serum P<sub>CTSD</sub>. To further confirm the identification of P<sub>CTSD</sub>,  
16  
17  
18 the ion chromatographs of native ( $^{16}\text{O}$ -labeled) and  $^{18}\text{O}$ -labeled standard peptides  
19  
20  
21 were extracted and are shown in supplemental figure 6. In addition, during the elution,  
22  
23  
24 the pattern ( $^{16}\text{O}$ , 410.72; single  $^{18}\text{O}$ , 411.72; two  $^{18}\text{O}$ , 412.72) was present in multiple  
25  
26  
27 consecutive MS1 scans as shown in supplemental figure 7. Using this information,  
28  
29  
30  $^{16}\text{O}$ -labeled peaks of P<sub>CTSD</sub> were successfully identified in the MS spectra of 23 of the  
31  
32  
33 30 serum samples. After identification, the peak intensity was extracted, and the  
34  
35  
36 absolute amounts of target proteins were calculated by equation 1. The absolute  
37  
38  
39 amounts were 0.57~2.44  $\mu\text{g}/\mu\text{l}$  for A1AT, 14.16~30.99  $\text{ng}/\mu\text{l}$  for LG3BP and 71-662  
40  
41  
42  $\text{pg}/\mu\text{l}$  for CTSD, which were the same as previously described<sup>30</sup>. Accordingly,  
43  
44  
45 Direct-S can reliably quantify serum proteins at the  $\text{pg}/\mu\text{L}$  level. A1AT, a member of  
46  
47  
48 the serpin protein superfamily, is a secreted protein and the most abundant circulating  
49  
50  
51 protease inhibitor in the serum. In a previous study<sup>26</sup>, A1AT was demonstrated to be  
52  
53  
54 decreased and inactivated in CRC patients compared to that of healthy people. A1AT  
55  
56  
57 is highly abundant in serum and can be easily detected. Therefore, it would be a good  
58  
59  
60 choice as a candidate biomarker for CRC. LG3BP, also known as Mac-2-binding  
protein, is a secreted glycoprotein and a galectin-3 ligand. Increased levels of LG3BP  
have been reported in colon cancer<sup>25,31</sup>. The extracellular interactions between LG3BP

1  
2  
3  
4 and galectin-3 could be governed by cell-type-specific glycosylation, which might  
5  
6 contribute to enhanced malignancy<sup>27</sup>. CTSD is a lysosomal acid proteinase mainly  
7  
8 involved in the metabolic degradation of intracellular proteins<sup>26</sup>. It has been reported  
9  
10 to correlate with the progression and lymph node metastasis of CRC<sup>32,33</sup>. Consistent  
11  
12 with previous reports<sup>25,26</sup>, A1AT was down-regulated while CTSD and LG3BP were  
13  
14 up-regulated in CRC serum samples compared to healthy serum samples (Figure 5).  
15  
16  
17  
18  
19  
20 These results further supported the reliability of Direct-S.  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

## Experimental

### Chemicals

All chemicals used in this study were purchased from Sigma (St. Louis, MO, USA) unless otherwise specified.

### Serum Samples, Standard Proteins and Synthetic Peptides

Serum samples from patients diagnosed with colorectal cancer and from healthy donors were supplied by the Shanghai Cancer Center of Fudan University, China. Serum samples were collected as previously described<sup>34</sup>. All candidates gave informed consent for the study, and samples were handled according to ethical and legal standards. The three standard proteins used in this study were obtained from Sigma-Aldrich, *i.e.*, serum albumin, human IgG, and human transferrin. In the experiment to quantify endogenous protein concentrations, target peptides were selected according to following rules. First, these peptides are unique peptides of the target proteins. Second, there are no post-translational modification sites and missed cleavage sites in the peptides, and should not include amino acids which may easily be modified during processing. Third, the peptides are easy to be ionized and fragmented and can be detected by mass spectrometry. Fourth, peptides should have nearly completed <sup>18</sup>O-labeling. In addition, because the serum samples are too complicated, there should be no interference peptides to influence the detection of target peptides. Accordingly, five standard peptides were used, two (P<sub>AIAT-1</sub>:

1  
2  
3  
4 SASLHLPK, P<sub>A1AT-2</sub>: LQHLENELTHDIITK) of which were for A1AT, two (P<sub>LG3BP-1</sub>:  
5  
6 ELSEALGQIFDSQR; P<sub>LG3BP-2</sub>: ASHEEVEGLVEK) of which were for LG3BP, and  
7  
8  
9 one (P<sub>CTSD</sub>: VGFAEAAR) was for CTSD. All peptides were purchased from  
10  
11  
12 Shanghai ChinaPeptides Co., Ltd. with over 99% purity.  
13  
14

### 15 16 **Preparation of Internal Standard Peptides with <sup>18</sup>O Stable Isotope Labeling**

17  
18  
19  
20 Internal standard peptides were labeled with immobilized trypsin. The immobilized  
21  
22 trypsin was prepared as previously described<sup>35</sup>. The peptide samples (10 µg) were  
23  
24 lyophilized to dryness and reconstituted in 20 µl of 50 mM NH<sub>4</sub>HCO<sub>3</sub> in H<sub>2</sub><sup>18</sup>O (97%;  
25  
26 Cambridge Isotope Laboratories, Inc. USA) containing 10 mM CaCl<sub>2</sub> and 20%  
27  
28 acetonitrile (ACN). The immobilized trypsin was added at a 1:10 trypsin/peptide ratio  
29  
30 (w/w). The combined solution was incubated for 24 h at 37 °C in the dark. The  
31  
32 reaction was stopped by the removal of immobilized trypsin and boiling the sample in  
33  
34 a water bath for 10 min. To test the labeling efficiency, the labeled peptides were  
35  
36 mixed with α-cyano-4-hydroxycinnamic acid, spotted on a matrix-assisted laser  
37  
38 desorption ionization (MALDI) target plate, and analyzed with a 5800 mass  
39  
40 spectrometer (Applied Biosystems, Framingham, USA).  
41  
42  
43  
44  
45  
46  
47  
48  
49

### 50 51 **Protein Digestion**

52  
53  
54 Serum samples were initially denatured with 8 M urea, 50 mM NH<sub>4</sub>HCO<sub>3</sub>. And then  
55  
56 reduced with 10 mM dithiothreitol in 50 mM NH<sub>4</sub>HCO<sub>3</sub> buffer for 1 h at 37 °C. They  
57  
58 were then alkylated with 20 mM iodoacetamide for 0.5 h at 37 °C in the dark.  
59  
60

1  
2  
3  
4 Following a 5-fold dilution with 50 mM  $\text{NH}_4\text{HCO}_3$ , each sample was digested  
5  
6 separately with trypsin at a protein-to-trypsin ratio of 30:1 (w/w) for 16 h at 37 °C.  
7  
8 The digestion reaction was stopped by adding 0.1% trifluoroacetic acid (TFA). The  
9  
10 digested peptides were desalted on a C18 column (Waters Milford, USA) and  
11  
12 lyophilized.  $^{18}\text{O}$ -labeled internal standard peptides were added to serum peptides  
13  
14 before LC-MS/MS analysis.  
15  
16  
17  
18  
19

### 20 21 **Preparation of Calibration Mixtures**

22  
23  
24  
25 Serum analogs of a peptide mixture of bovine serum albumin, human IgG, and human  
26  
27 transferrin were used as the matrix to prepare calibration mixtures.  $^{18}\text{O}$ -labeled and  
28  
29 -unlabeled standard peptides mixed at ratios of 100:1, 10:1, 5:1, 2:1, 1:1, 1:2, 1:5,  
30  
31 1:10 (w/w) were spiked into the matrix to generate the calibration mixtures. To ensure  
32  
33 the lower-abundance proteins were in the linear range, a 100:1 mixture was prepared.  
34  
35 The amounts of  $^{18}\text{O}$ -labeled peptides were fixed (peptides of A1AT: 50 ng, peptides  
36  
37 of LG3BP: 5 ng, peptide of CTSD: 2 ng). The ratios were achieved by varying the  
38  
39 amount of unlabeled peptides. All mixtures were analyzed by LC-MS/MS with three  
40  
41 times.  
42  
43  
44  
45  
46  
47  
48  
49

### 50 51 **LC-MS/MS Analysis**

52  
53  
54 All samples were analyzed on a nanospray reverse-phase LC system coupled online  
55  
56 with a high-accuracy mass analyzer linear ion trap quadrupole (LTQ)-Orbitrap  
57  
58 (Thermo Electron Corporation, San Jose, USA). The LC system consisted of 2  
59  
60



1  
2  
3  
4 LC-20AD nano-flow LC pumps and 1 LC-20AB micro-flow LC pump (all from  
5  
6 Shimadzu Corporation, Tokyo, Japan). Sample injection was performed via an SIL-20  
7  
8 AC auto-sampler (Shimadzu Corporation, Tokyo, Japan) and loaded onto a  
9  
10 CAPTRAP column (0.5 x 20 mm, MICHROM Bioresources Inc., Auburn, USA) over  
11  
12 5 min at a flow rate of 60  $\mu\text{L}/\text{min}$ . The sample was subsequently separated by a  
13  
14 PICOFRIT C18 reverse-phase column (0.075 x 100 mm, New Objective Inc., Woburn,  
15  
16 USA) at a flow rate of 500 nL/min. The mobile phases consisted of 5% ACN with  
17  
18 0.1% formic acid (FA) (phase A and the loading phase) and 95% ACN with 0.1% FA  
19  
20 (phase B). To achieve proper separation, a 120-min linear gradient from 5 to 45%  
21  
22 phase B was employed. The separated sample was introduced into the mass  
23  
24 spectrometer via a 15  $\mu\text{m}$  silica tip (New Objective Inc., Woburn, USA) adapted to a  
25  
26 DYNAMIC nano-electrospray source (Thermo Electron Corporation, San Jose, USA).  
27  
28 The spray voltage was set at 1.9 kV and the heated capillary at 220  $^{\circ}\text{C}$ . The mass  
29  
30 spectrometer was operated in data-independent mode, and each cycle of duty  
31  
32 consisted of one full-MS survey scan at the mass range of 350~1800 Da with  
33  
34 resolution power of 60,000 using the Orbitrap section followed by MS/MS  
35  
36 experiments for predefined m/z values, which were put in the “parent mass list”, using  
37  
38 the LTQ section. The Automatic Gain Control expectation during full-MS and  
39  
40 MS/MS was 500000 and 10000, respectively. Peptides were fragmented in the LTQ  
41  
42 section using collision-induced dissociation with helium, the normalized collision  
43  
44 energy value was set at 35%, and previously fragmented peptides were excluded for  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60 30 s.

## Data Analysis

All spectra were searched against the human Uniprot database (release 2009–02 with 20,331 entries) augmented with reversed sequences using SEQUEST (v.28 (revision 12), Thermo Electron Corp.). The search parameters were as follows: full tryptic cleavage with two missed cleavage sites; fixed modification of cysteine carboxymethylation (+57.0215 Da), variable modifications of methionine oxidation (+15.9949 Da) and double incorporation of  $^{18}\text{O}$  at the peptide C terminus (+4.0085 Da); mass tolerance of 50 ppm for precursor ions and 1.0 Da for fragment ions. Following the database search, Trans Proteomic Pipeline software (revision 4.2) (Institute of Systems Biology, Seattle, WA) was utilized to identify peptides and proteins based on Peptide Prophet probability with a p value over 0.90 and Protein Prophet probability with a p value over 0.95. The false discovery rate was limited to less than 1%.

## Conclusion

Direct-S, which combines  $^{18}\text{O}$ -labeling with high-sensitivity and high-resolution mass spectrometry (LTQ-Orbitrap), was used to quantify the absolute amounts of candidate biomarkers in native serum samples. In Direct-S,  $^{18}\text{O}$ -labeled peptides exhibited good stability and high labeling efficiency. Repeatable and good quantification linearity over three orders of dynamic range was achieved. Using Direct-S, three candidate biomarkers representing different abundance levels, A1AT, LG3BP and CTSD, were reliably quantified in CRC serum samples. Consistent with previous reports, A1AT was demonstrated to be downregulated while CTSD and LG3BP were upregulated in CRC serum samples, which further confirmed the quantification reliability of Direct-S. The application in CTSD indicated that Direct-S could reliably quantify serum proteins down to the  $\text{pg}/\mu\text{L}$  level. In conclusion, Direct-S is a low cost, reliable and convenient preparation strategy for verifying serum biomarkers.

## Conflict of interest

All authors have declared no conflict of interest.

## Acknowledgments

The work was supported by the National Science and Technology Key Project of China (Grants 2012CB910602, 2012AA020203, and 2012YQ12004409), the National Science Foundation of China (Grants 21025519, 21335002, and 21105015), the Ph.D. programs foundation of the ministry of education of China (Grant 20130071110034), and Shanghai Projects (Eastern Scholar and B109)

## References

1. J. D. Doecke, S. M. Laws, N. G. Faux, W. Wilson, S. C. Burnham, C. P. Lam, et al., *Arch. Neurol.*, 2012, 69, 1318-1325.
2. R. J. Simpson, O. K. Bernhard, D. W. Greening and R. L. Moritz, *Curr. Opin. Chem. Biol.*, 2008, 12, 72-77.
3. G. Liunbruno, A. D'Alessandro, G. Grazzini and L. Zolla, *J Proteomics*, 2010, 73, 483-507
4. J. L. Luque-Garcia and T. A. Neubert, *J. Chromatogr. A*, 2007, 1153, 259-276.
5. T. Shi, D. Su, T. Liu, K. Tang, D. G. Camp, 2nd, W. J. Qian and R. D. Smith, *Proteomics*, 2012, 12, 1074-1092.
6. C. Tu, P. A. Rudnick, M. Y. Martinez, K. L. Cheek, S. E. Stein, R. J. Slebos and D. C. Liebler, *J. Proteome Res.*, 2010, 9, 4982-4991.
7. M. E. de Noo, R. A. Tollenaar, A. Ozalp, P. J. Kuppen, M. R. Bladergroen, P. H. Eilers and A. M. Deelder, *Anal. Chem.*, 2005, 77, 7232-7241.
8. L. Guerrier, L. Lomas and E. Boschetti, *J. Chromatogr. A*, 2005, 1073, 25-33.
9. O. Chertov, A. Biragyn, L. W. Kwak, J. T. Simpson, T. Boronina, V. M. Hoang, D. A. Prieto, T. P. Conrads, T. D. Veenstra and R. J. Fisher, *Proteomics*, 2004, 4, 1195-1203.
10. A. K. Henning, D. Albrecht, K. Riedel, T. C. Mettenleiter and A. Karger, *Proteomics*, 2015  
DOI: 10.1002/pmic.201400257.
11. H. Keshishian, T. Addona, M. Burgess, E. Kuhn and S. A. Carr, *Mol. Cell. Proteomics*, 2007, 6, 2212-2229.
12. E. Kuhn, J. Wu, J. Karl, H. Liao, W. Zolg and B. Guild, *Proteomics*, 2004, 4, 1175-1186.
13. S. Y. Cho, E. Y. Lee, J. S. Lee, H. Y. Kim, J. M. Park, M. S. Kwon, Y. K. Park, H. J. Lee, M. J. Kang and J. Y. Kim, *Proteomics*, 2005, 5, 3386-3396.
14. H. Y. Tang, N. Ali - Khan, L. A. Echan, N. Levenkova, J. J. Rux and D. W. Speicher, *Proteomics*, 2005, 5, 3329-3342.
15. S. Maass, S. Sievers, D. Zuhlke, J. Kuzinski, P. K. Sappa, J. Muntel, B. Hessling, J. Bernhardt, R. Sietmann, U. Volker, M. Hecker and D. Becher, *Anal. Chem.*, 2011, 83, 2677-2684.
16. S. Makawita and E. P. Diamandis, *Clin. Chem.*, 2010, 56, 212-222.
17. S. Kirsch, J. Widart, J. Louette, J.-F. Focant and E. De Pauw, *J. Chromatogr. A*, 2007, 1153, 300-306.
18. B. Domon and R. Aebersold, *Nat. Biotechnol.*, 2010, 28, 710-721.
19. Y.-T. Wang, C.-F. Tsai, T.-C. Hong, C.-C. Tsou, P.-Y. Lin, S.-H. Pan, T.-M. Hong, P.-C. Yang, T.-Y. Sung and W.-L. Hsu, *J. Proteome Res.*, 2010, 9, 5582-5597.
20. W. Yan, J. Luo, M. Robinson, J. Eng, R. Aebersold and J. Ranish, *Mol. Cell. Proteomics*, 2011, 10, M110 005611.
21. D. M. Parkin, F. Bray, J. Ferlay and P. Pisani, *CA. Cancer J. Clin.*, 2005, 55, 74-108.
22. S. Van Schaeybroeck, W. L. Allen, R. C. Turkington, and P. G. Johnston, *Nat. Rev. Clin. Oncol.*, 2011, 8, 222-232.
23. J.-S. Kim, T. L. Fillmore, T. Liu, E. Robinson, M. Hossain, B. L. Champion, R. J. Moore, D. G. Camp, R. D. Smith and W.-J. Qian, *Mol. Cell. Proteomics*, 2011, 10, M110. 007302.
24. Y. Zhao, W. Jia, W. Sun, W. Jin, L. Guo, J. Wei, W. Ying, Y. Zhang, Y. Xie, Y. Jiang, F. He and X. Qian, *J. Proteome Res.*, 2010, 9, 3319-3327.
25. T. A. Ulmer, V. Keeler, L. Loh, R. Chibbar, E. Torlakovic, S. Andre, H. J. Gabius and S.

- 1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60
- Laferte, *J. Cell. Biochem.*, 2006, 98, 1351-1366.
26. L. Q. Xie, C. Zhao, S. J. Cai, Y. Xu, L. Y. Huang, J. S. Bian, C. P. Shen, H. J. Lu and P. Y. Yang, *J. Proteome Res.*, 2010, 9, 4701-4709.
27. Z. Liu, J. Cao, Y. He, L. Qiao, C. Xu, H. Lu and P. Yang, *J. Proteome Res.*, 2010, 9, 227-236.
28. R. Kiyonami, A. Schoen, A. Prakash, S. Peterman, V. Zabrouskov, P. Picotti, R. Aebersold, and Domon, B., *Mol. Cell. Proteomics*, 2011, 10, M110-002931.
29. J. R. Sevinisky, K. J. Brown, B. J. Cargile, J. L. Bundy and J. L. Stephenson, *Anal. Chem.*, 2007, 79, 2158-2162.
30. T. Farrah, E. W. Deutsch, G. S. Omenn, D. S. Campbell, Z. Sun, J. A. Bletz, P. Mallick, J. E. Katz, J. Malmstrom, R. Ossola, J. D. Watts, B. Lin, H. Zhang, R. L. Moritz and R. Aebersold, *Mol. Cell. Proteomics*, 2011, 10, M110 006353.
31. Y. S. Kim, J. A. Jung, H. J. Kim, Y. H. Ahn, J. S. Yoo, S. Oh, C. Cho, H. S. Yoo and J. H. Ko, *Biochem. Biophys. Res. Commun.*, 2011, 404, 96-102.
32. D. Kuester, H. Lippert, A. Roessner and S. Krueger, *Pathol. Res. Pract.* 2008, 204, 491-500.
33. T. Kallunki, O. D. Olsen, and M. Jättelä *Oncogene*, 2013, 32, 1995-2004.
34. H. L. Zhang, L. F. Yang, Y. Zhu, X. D. Yao, S. L. Zhang, B. Dai, Y. P. Zhu, Y. J. Shen, G. H. Shi and D. W. Ye, *The prostate*, 2011, 71, 326-331.
35. Y. Li, X. Xu, C. Deng, P. Yang and X. Zhang, *J. Proteome Res.*, 2007, 6, 3849-3855.

Figure

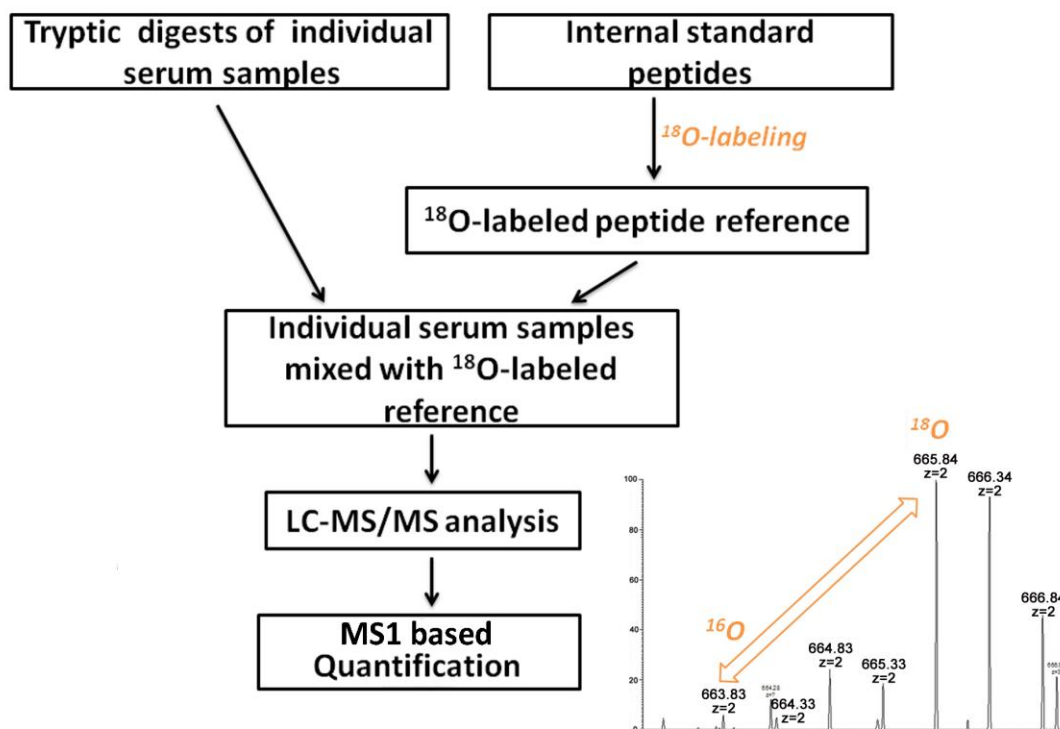


Figure 1. The scheme of Direct-S. Serum samples were digested directly without any pretreatment.  $^{18}\text{O}$ -labeled standard peptides were added as a reference for quantification. The high-sensitivity and high-resolution LTQ-Orbitrap mass spectrometer was used for MS analysis. The amounts of serum peptides ( $^{16}\text{O}$  peptides) were determined by comparison with  $^{18}\text{O}$ -labeled standard peptides.

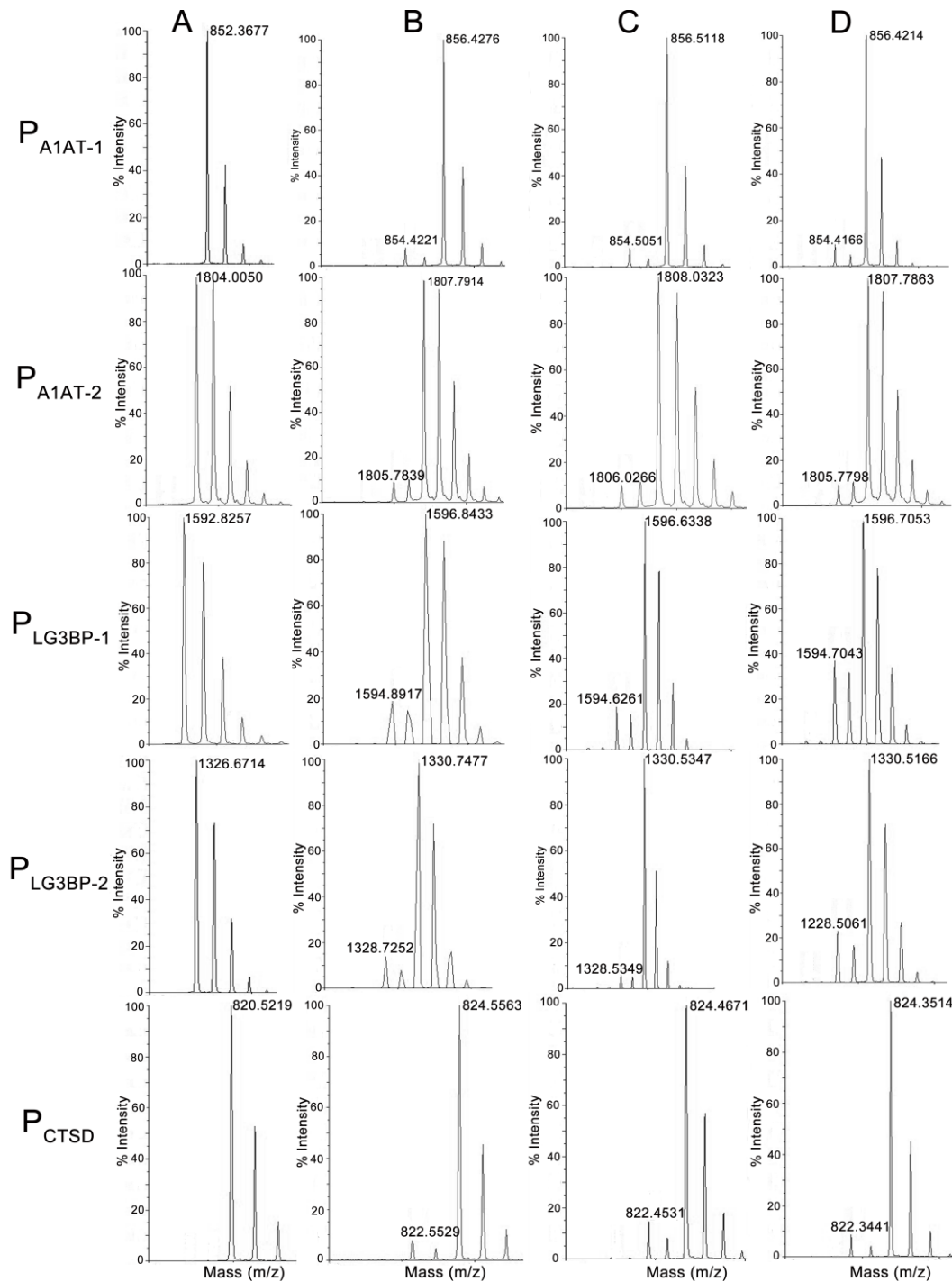


Figure 2. MS spectra of unlabeled and  $^{18}\text{O}$ -labeled standard peptides in different storage conditions. (A) Unlabeled standard peptides; (B)  $^{18}\text{O}$ -incorporated peptides sent for MS analysis immediately; (C)  $^{18}\text{O}$ -incorporated peptides kept in buffer (50% ACN in 0.1% TFA) for one week at 4 °C; (D)  $^{18}\text{O}$ -incorporated peptides kept in buffer (50% ACN in 0.1% TFA) for one month at -20 °C.

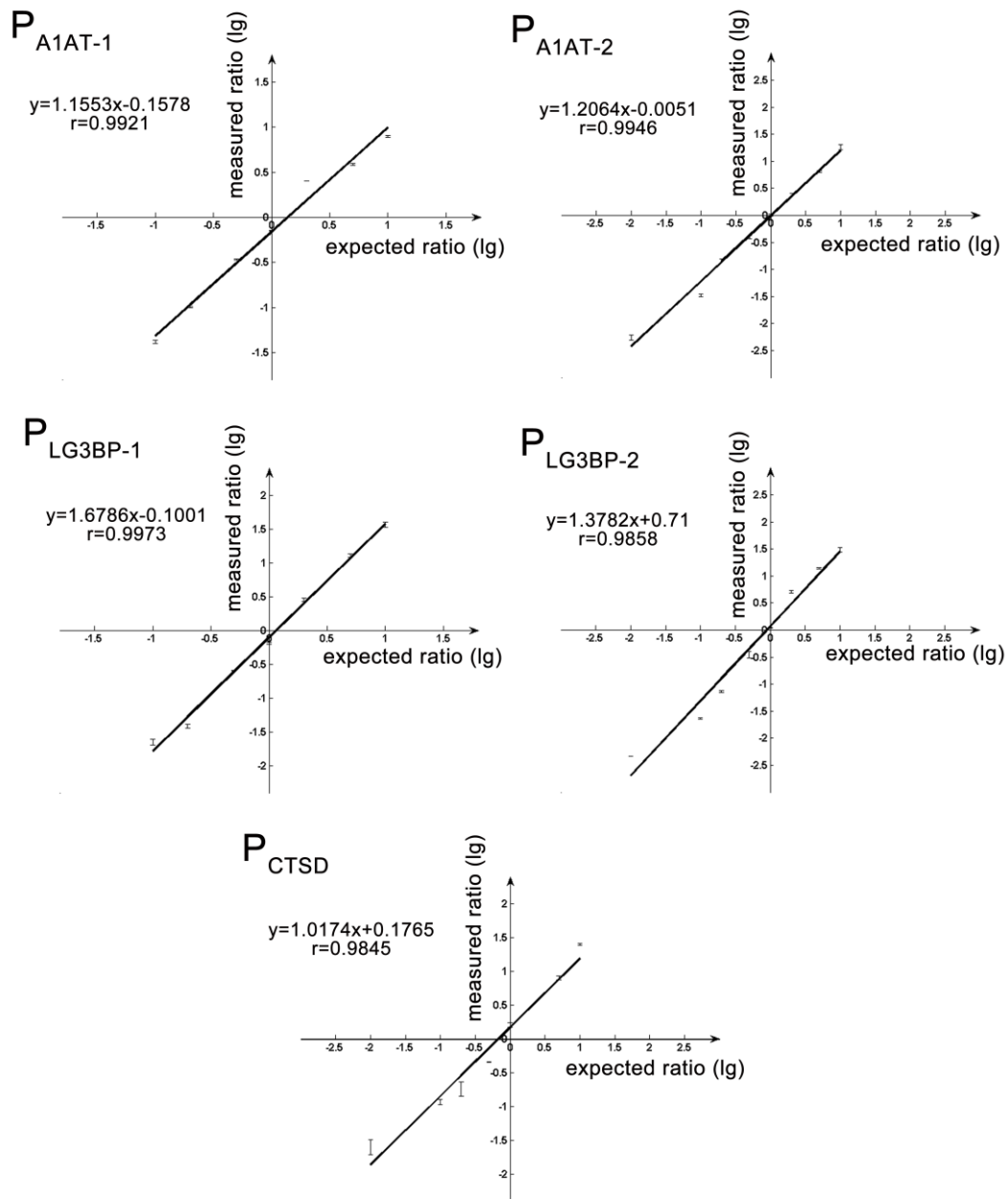


Figure 3. Calibration curves of five standard peptides. The average ratios were calculated and plotted with error bars representing standard deviation based on three replications.





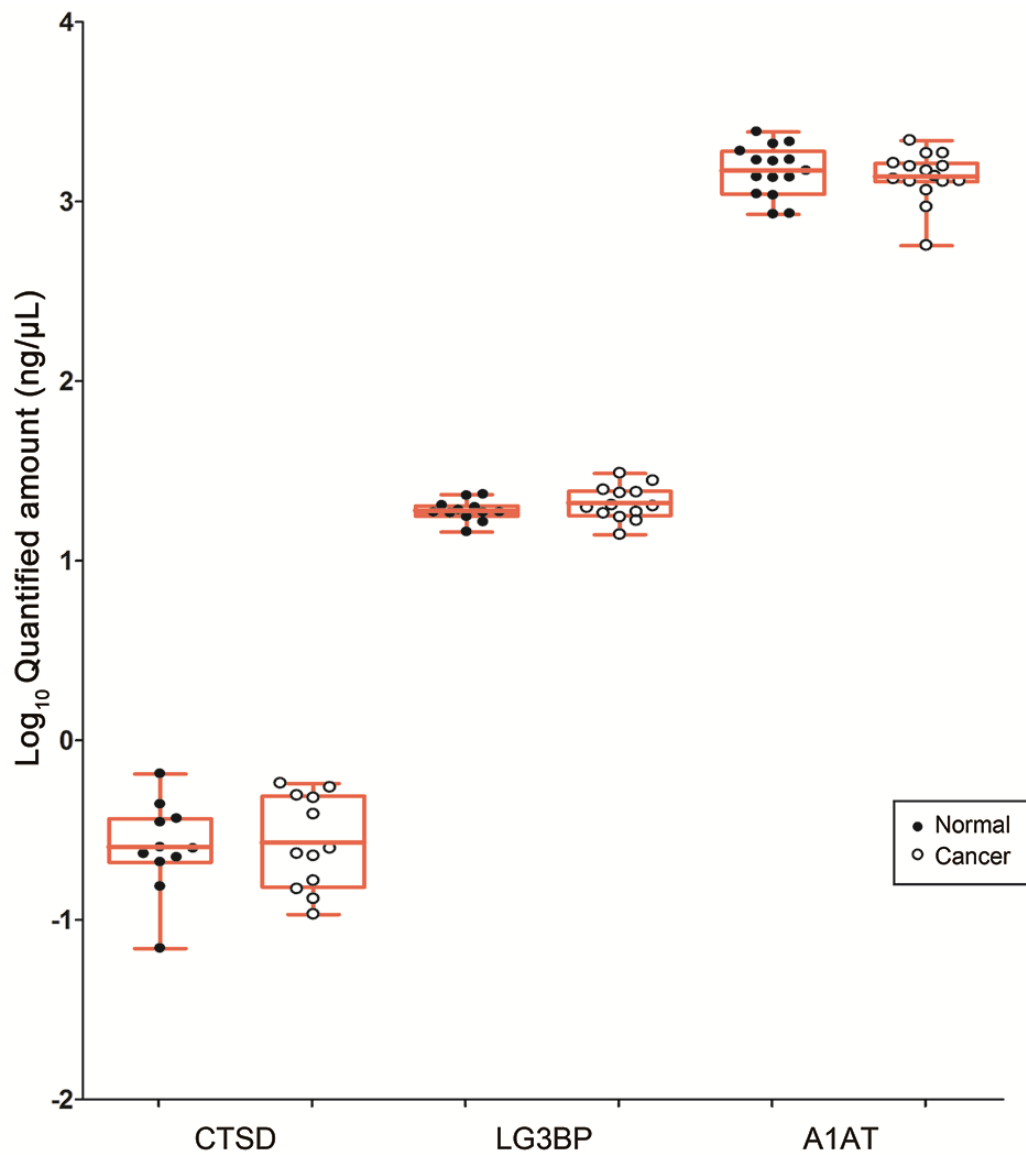


Figure 5. Concentration distribution of CTSD, LG3BP and A1AT in normal and CRC serum samples.