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Engineering three-dimensional structures using bio-inspired dopamine and strontium on titanium for biomedical application

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12 The excellent mechanical properties and chemical stability of titanium and its alloys have
13 led to their wide use as a material for dental and orthopaedic implants. However, the bio-
14 inert nature of these materials must be overcome to enhance cell affinity and cell function
15 following implantation. Effective implants require strong interfacial bonding, mechanical
16 stability, osteoblast attachment, enhanced spreading and growth during early stages, and
17 induced differentiation and mineralization in later stages. This study developed an organic-
18 inorganic multilayer coating process for the modification of titanium implants in order to
19 improve cell responses. A three-dimensional structure comprising strontium and micro-arc
20 oxidized (MAO) titanium was covered with a film of poly(dopamine) to form a multilayer
21 coating. The titanium surface formed a uniform hydrophilic oxide coating, which was firmly
22 adhered to the surface. The poly(dopamine) film facilitated the initial attachment and
23 proliferation of cells. Cell differentiation was enhanced by the release of strontium from the
24 coatings. Our results demonstrate the efficacy of the proposed coating process in enhancing
25 the multi-biological function of implant surfaces.

26

27

28 1. Introduction

29 Titanium and its alloys have been widely used as a
30 framework material in dental and orthopedic implants, due to
31 their excellent mechanical properties and chemical stability.
32 However, the natural oxide thin film which forms on titanium
33 is bio-inert, which makes it difficult to achieve a chemical
34 bond with living tissue.¹ The effectiveness of an implant
35 depends on the development of strong anchorage between the
36 material comprising the implant and existing bone tissue.
37 Various forms of surface modification have been used to
38 accelerate the initial osseointegration immediately after
39 implantation in order to enhance the reactivity of the tissue
40 and thereby shorten the healing period of the bone.
41 Considerable research has been devoted to the development
42 of techniques for coating titanium, such as plasma spraying,²
43 electro-deposition,³ and sputtering.⁴ Currently, titanium and
44 its alloys are commonly coated with hydroxyapatite (HA)
45 through plasma-spraying; however surface coverage is low
46 and a lack of uniformity in the coating hinders adhesion to
47 the substrate.⁵

48 Ideally, implant surface coatings should mimic the
49 morphology and function of natural bone in order to optimize
50 the integration of the implant and existing human bone tissue.

51 Porous coatings provide more surface area; therefore,
52 microporous coatings appear to be a promising approach to
53 the further development of dental and orthopedic implants.
54 Micro-arc oxidation (MAO) (also commonly called "plasma
55 electrolytic oxidation (PEO)", "microplasma oxidation
56 (MPO)" and "spark anodizing") is an effective technique used
57 to produce ceramic-like coatings with porous structures.
58 Three-dimensional structures with numerous craters can
59 improve surface properties, such as wear and corrosion
60 resistance, as well as enhance biological performance. The
61 dense, strongly adherent coating produced by MAO can
62 minimize spalling and reduce osteolysis, which is generally
63 triggered by the loosening of particles on implants. Rough
64 surfaces can also improve early fixation and long-term
65 mechanical stability.^{6,7} The bioactivity of MAO coatings can
66 be further modified by combining MAO with other activation
67 methods, such as electric polarization and ultraviolet (UV)
68 irradiation.^{8,9} The MAO method makes it possible to
69 incorporate multiple ions within an oxide layer, simply by
70 adjusting the compositions of the electrolyte solutions. It has
71 even been proposed that the introducing of Ag into an MAO
72 coating could provide antibacterial properties.¹⁰ In a previous
73 study, we investigated the incorporation of manganese ions

1 into MAO coatings, the subsequent release of which
2 enhanced cell differentiation and mineralization.¹¹

3 Strontium (Sr) has been attracting considerable attention
4 for the clinical treatment of osteoporosis. Like calcium (Ca),
5 Sr is a bone-seeking element and approximately 98% of the
6 total Sr in the body is localized in bone tissue. Strontium-
7 substituted hydroxyapatite (Sr-HA) has the same charge as
8 calcium, and has therefore been adopted as a filler material to
9 improve the biocompatibility of bone cement.^{12, 13} The
10 presence of Sr in coatings can enhance osteoblast activity and
11 differentiation, while inhibiting the production and
12 proliferation of osteoclast.^{14, 15} Previous studies have
13 demonstrated the efficacy of MAO coatings incorporating
14 strontium, calcium, and phosphate (P) in enhancing cell
15 responses.¹⁶

16 Considerable improvements have been made in
17 modifying the topography of implants; therefore, it is
18 expected that the immobilization of bioactive molecules
19 (biochemical modification) will be the next major focus. A
20 number of naturally occurring adhesives have recently
21 attracted attention. For example, the 3,4-
22 dihydroxyphenethylamine (dopamine) molecule is an
23 adhesive protein that allows mussels to adhere to a variety of
24 materials.¹⁷ Poly(dopamine)-based film could be used in
25 biomedical applications as an intermediate layer for the
26 immobilization of other biofunctional molecules.¹⁸⁻²⁰ In a
27 previous study, we were inspired by the mussels of genus
28 *Mytilus* to develop a synthetic adhesive platform for tissue-
29 implant applications.²¹ In the current study, we proceeded on
30 the assumption that a poly(dopamine) film could provide a
31 bioreactive surface with which to enhance the cell response to
32 MAO coatings.

33 In the present study, the MAO method was employed to
34 modify a titanium surface in aqueous electrolytes, such that
35 Ca, P, and Sr could be incorporated into the porous oxide
36 coating to improve the differentiation of osteoblast cells. We
37 then employed self-polymerization to generate a bioactive
38 film of poly(dopamine) on the surface of the resulting
39 coating. The addition of dopamine and Sr was shown to alter
40 the local chemistry and in so doing change the biological
41 properties of the MAO coating. The result is an increase in
42 cell response, capable of altering cell morphology, cell
43 proliferation, and bone-related gene expression.

44

45 2. Materials and methods

46 2.1 Preparation of specimens

47 Medical grade titanium (commercially pure titanium,
48 Grade 2, ASTM F-67 S-Tech Co., Taiwan) was used as a
49 substrate. Substrate discs 12.7 mm (diameter) × 2 mm
50 (thickness) were ground and polished using 1500-grit
51 followed by ultrasonic cleaning in acetone, ethanol, and
52 distilled water prior to MAO processing. The MAO reaction
53 apparatus was constructed in a two-electrode electrochemical

54 cell with DC power supply (GPS-60H15S, Good Will
55 Instrument Co., Taiwan) using stainless steel as the cathode
56 and the titanium specimen as the anode. The electrolyte was
57 prepared by dissolving sodium phosphate monobasic
58 monohydrate (NaH₂PO₄·H₂O, 99.7%, J.T. Baker, USA),
59 calcium acetate hydrate (Ca(CH₃COO)₂·H₂O, 99%, Acros,
60 USA) and strontium acetate hemihydrate
61 (Sr(CH₃COO)₂·0.5H₂O, 98%, Alfa Aesar, USA) in distilled
62 water. The compositions of the electrolyte solutions are
63 presented in Table 1. The samples were treated with an
64 applied voltage of 350 V for 1 min with the temperature
65 maintained at 25°C by circulating water through the
66 electrochemical cell. As shown in Table 1, the MAO
67 specimens are denoted as CaP and SrCaP, in accordance with
68 the preparation of the materials in the electrolytic solution.
69 As-prepared specimens were ultrasonically cleaned in
70 acetone, ethanol, and distilled water prior to dopamine
71 modification. The as-prepared specimens then underwent
72 dopamine polymerization involving immersion in a solution
73 of 10 mM Tris-HCl solution adjusted to pH 8.5 with added
74 dopamine at a concentration of 2 mg/ml. The colour of the
75 solution changed from clear to dark brown resulting from pH-
76 induced oxidative reaction. The reaction was performed at
77 room temperature, under mixing at 300 rpm for 12 h. The
78 CaP and SrCaP specimens were also immersed in Tris-HCl
79 solution to act as a control group with the same ion
80 concentration as the test samples. All of the specimens were
81 then rinsed using deionized water and dried with N₂ gas. The
82 two resulting MAO substrates with poly(dopamine) coating
83 were denoted as CaPD and SrCaPD, respectively. All of the
84 specimens were sterilized using 70% ethanol and then
85 divided evenly into a 24-well plate for cell assays.

86

87 2.2 Characterization of poly(dopamine) film coated on MAO 88 coatings

89 The surface morphology of the specimens was observed
90 using a scanning electron microscope (SEM, JSM-6390LV,
91 JEOL) equipped with an energy-dispersive X-ray
92 spectrometer (EDX, INCA/350, Oxford) for chemical
93 analysis. The surface wettability of the specimens was
94 determined using measurements of static contact angle. We
95 employed the sessile drop method using a 5 µl drop of
96 double-distilled water as probing liquid.

97 The surface chemistry was analysed using X-ray
98 photoelectron spectroscopy (XPS, Thermo K-Alpha, Thermo
99 Scientific, USA), recorded using a monochromatic Al Kα
100 source (1486.6 eV). The photoelectron take-off angle was 45°
101 and survey spectra were collected over a range of 0-1200 eV.
102 The C 1s spectra was set to 284.6 eV as a reference to
103 calibrate the scale of binding energy. Intensity ratios were
104 converted into atomic concentration ratios using sensitivity
105 factors.

106

1

2 **Table 1** Composition of the Sr-MAO electrolyte and DOPA solutions

Specimen	Solution composition (M)			Sr/(Sr+Ca)	DOPA (mg/mL)
	NaH ₂ PO ₄ ·H ₂ O	Ca(CH ₃ COO) ₂ ·H ₂ O	Sr(CH ₃ COO) ₂ ·0.5H ₂ O		
Ti	--	--	--	--	--
TiD	--	--	--	--	2
CaP	0.06	0.13	0	0	--
CaPD	0.06	0.13	0	0	2
SrCaP	0.06	0.1170	0.0130	10	--
SrCaPD	0.06	0.1170	0.0130	10	2

3

4 **2.3 Cell culture**

5 Osteoblastic cells (MC3T3-E1, ATCC number: CRL
6 2593TM) were obtained from the American Type Culture
7 Collection (ATCC, USA) and maintained in alpha Minimum
8 Essential Medium (alpha MEM, Gibco Invitrogen, USA)
9 supplemented with 10% heat-inactivated fetal bovine serum
10 (FBS, Gibco Invitrogen, USA), antibiotics (100 U/ml
11 penicillin, 0.1 mg/ml streptomycin, and 0.25 µg/ml
12 amphotericin B, Cashmere Biotech, Taiwan) at 37°C in a
13 humidified atmosphere of 5% CO₂ in air. The medium was
14 replaced twice weekly and cultured until confluence. The
15 cells were washed twice with phosphate-buffered saline
16 (PBS), detached using 0.05% trypsin-EDTA (Gibco
17 Invitrogen, USA), and then centrifuged at 1000 rpm for 5
18 min.

19 **2.4 Initial cell spreading and cytoskeleton development**

20 The specimens were seeded with cells at a density of 3.5
21 × 10³ cells/cm². A fluorescence microscope (Axio Observer
22 Z1, Zeiss, Germany) and image analyser (Axio Vision, Zeiss,
23 Germany) were used to examine cell morphology and
24 cytoskeletal arrangement. After culturing for 3 h, cells were
25 fixed using 4% paraformaldehyde (Sigma, USA) for 30 min
26 and permeabilized with 0.1% Triton-X-100 (JT Baker, USA)
27 for 15 min. After being washed with PBS, the cells were
28 incubated in 2% BSA for 40 min. Vinculin (1:150) was
29 labeled with monoclonal antibodies (V9131, Sigma, USA)
30 and anti-mouse IgG conjugated with Alexa flour 594
31 (A11005, Molecular Probes, USA). F-actin (1:200) was
32 stained with Alexa flour 488-labeled phalloidin (A12379,
33 Molecular Probes, USA). Finally, the coverslips were
34 incubated with DAPI (4',6-Diamidino-2-phenylindole
35 dihydrochloride) nuclear dye and mounted in ProLong[®] Gold
36 antifade reagents (Molecular Probes, USA) for analysis using
37 a fluorescence microscope.

38 **2.5 Cell proliferation**

39 Cell suspensions of all specimens were seeded at a cell
40 density of 5 × 10³ cells/cm². Following 1, 3, and 7 days of
41 culturing, the number of cells was determined using a 3-[4,5-
42 dimethylthiazol-2-yl]-2,5-diphenyltetrazolium bromide assay
43 (MTT, Sigma, USA). For this assay, 100 µl of MTT working

44 solution was added to each well. The MTT working solution
45 was then removed after an incubation period of 4 h and
46 combined with insoluble formazan crystal dissolved in
47 dimethyl sulfoxide (DMSO). Analysis was performed using
48 an enzyme-linked immunosorbent assay (ELISA) plate reader
49 (Sunrise, Austria) at 570 nm. The OD₅₇₀ were plotted against
50 a series of known cell numbers (10³, 5 × 10³, 10⁴, 5 × 10⁴,
51 10⁵, 5 × 10⁵ cell/well) to establish a standard calibration
52 curve.

53 **2.6 ALP activity**

54 All specimens were seeded with cell suspensions in 24-
55 well plates at a cell density of 5 × 10³ cells/cm². After 7 days
56 of culturing, ALP activity was measured colorimetrically
57 using SIGMAFASTTM p-Nitrophenyl phosphate (p-NPP)
58 tablets (Sigma, USA). 100µl p-NPP working solution was
59 added to the supernatant and the reaction was stopped using
60 0.05M NaOH following incubation for 30 min at 37 °C.
61 Analysis was performed using an ELISA plate reader
62 (Sunrise, Austria) at 405 nm. ALP activity was normalized
63 from the total protein content and total protein concentrations
64 were determined using the micro bicinchoninic acid method
65 (BCA, Sigma, USA) according to the instructions of the
66 manufacturer. The concentration of each protein was
67 calibrated using a standard curve according to the instructions
68 of the manufacturer. Further analysis was then performed
69 using the ELISA plate reader at 562 nm.

70 **2.7 Initial cell spreading and cytoskeleton development**

71 The messenger RNA (mRNA) expression of integrin-
72 binding sialoprotein (IBSP), alkaline phosphatase (ALP),
73 osteopontin (OPN), and osteocalcin (OCN) were
74 quantitatively evaluated by real-time quantitative polymerase
75 chain reaction (Q-PCR) (7500 fast real-time PCR System,
76 Applied Biosystems, USA). After culturing for 7 days, the
77 total RNA was extracted using the total RNA isolation kit
78 (Geneaid, USA) according to the instructions of the
79 manufacturer. Purified RNA was used to synthesize cDNA
80 with MMLV reverse transcriptase (Invitrogen, USA). The
81 resulting cDNA was used for the PCR reaction using Fast
82 SYBR[®] Green Master Mix. The amplification profile
83 involved denaturation at 95 °C for 20 s, followed by 40
84 cycles of 95 °C for 3 s, and 60 °C for 30 s following a

1 melting curve to check for amplicon specificity. Gene
 2 expression was normalized by glyceraldehyde 3-phosphate
 3 dehydrogenase (GAPDH) using the comparative cycle
 4 threshold (ddCt) method. The following primer sets were
 5 used to amplify each target sequence: GAPDH (forward: 5'-
 6 GGA GTA AGA AAC CCT GGA-3'; reverse: 5'-CTG GGA
 7 TGG AAA TTG TGA G-3'), IBSP (forward: 5'-CCG AGC
 8 TTA TGA GGA TGA ATA CA-3', reverse: 5'-GGT AGC
 9 CAG ATG ATA AGA CAG AAT-3'), ALP (forward: 5'-
 10 CTG CCT TGC CTG TAT CTG-3', reverse: 5'-GGT GCT
 11 TTG GGA ATC TGT-3'), OPN (forward: 5'-CTT TCA CTC
 12 CAA TCG TCC CTA-3'; reverse: 5'-GTC CTC ATC TGT
 13 GGC ATC A-3'), OCN (forward: 5'-TCG GCT TTG GCT
 14 GCT CTC-3'; reverse: 5'-CCT GCT GTG ACA TCC ATA
 15 CTT G-3').

16 2.8 Statistical analysis

17 At least five samples were obtained at each time point and
 18 the results are presented as the mean \pm standard deviation
 19 (SD). One-way analysis of variance (ANOVA) and Duncan's
 20 post-hoc tests were performed for all assessments.

21 3. Results and discussion

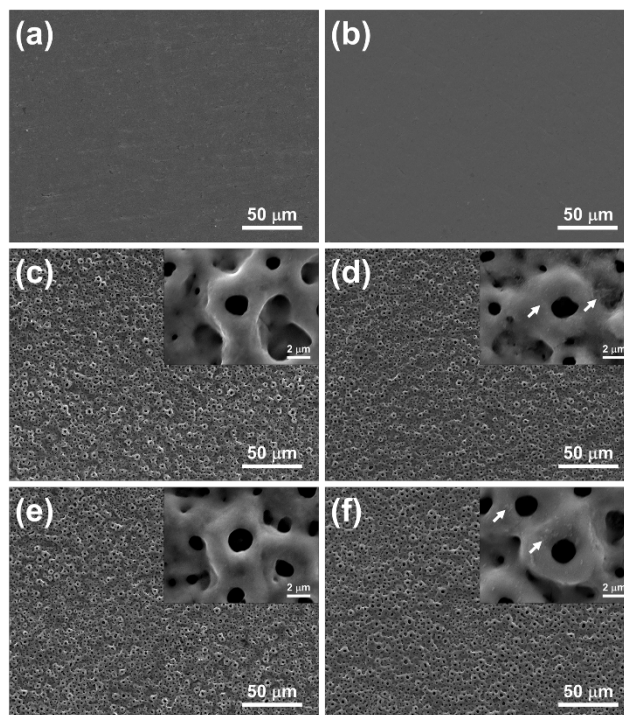
22 3.1 Morphology and characteristics of poly(dopamine) film on 23 MAO coatings

24 Figure 1 presents the surface morphologies of the
 25 specimens in this study. Compared to the untreated titanium
 26 substrate, the MAO process produced a much rougher surface
 27 with crater-like structures (Figs. 1c-f). The inset images were
 28 recorded at a tilt angle of 30° and clearly illustrate the three-
 29 dimensional structure of the coatings. All specimens
 30 presented coatings with uniform pore distribution and no
 31 obvious differences were observed among the specimens.
 32 The specimens were immersed directly in the dopamine
 33 solution, which resulted in the spontaneous formation of a
 34 self-polymerization layer on the specimens. As shown in Fig.
 35 1b, specimen TiD was smoother than the Ti substrate with a
 36 covering of poly(dopamine). Compared with the pristine
 37 porous structure prior to dopamine treatment, a number of
 38 granular lumps comprising dopamine molecules can be seen
 39 on the surface (Figs. 1d and f, indicated by white arrow).

40 The topographies of the CaPD and SrCaPD specimens are
 41 similar to that of the CaP coating, suggesting that the
 42 poly(dopamine) formed an ultra-thin layer with little to no
 43 effect on the three-dimensional structure beneath. These
 44 results are consistent with several previous studies that
 45 reported the homogeneous coating of poly(dopamine) across
 46 the surface.^{20, 22, 23} Under alkaline conditions, dopamine
 47 molecules are believed to undergo adsorption and self-
 48 polymerization simultaneously, which involves the oxidation
 49 of catechol to quinone, which then react with amines and
 50 other catechols/quinones to form an adherent polymer.²⁴ As a

51 result, dopamine may provide strong covalent as well as
 52 noncovalent interactions with a variety of substrates without
 53 noticeably altering the topography.

54
 55 **Figure 1.** Surface micrographs of specimens without and
 56 with added dopamine: (a) Ti; (b) TiD; (c) CaP; (d) CaPD; (e)



57 SrCaP; (f) SrCaPD. The insets in (d)-(g) are highly magnified
 58 images obtained at a tilt of 30°. White arrows indicate
 59 granular lumps which comprising dopamine molecules.

60

61 The surface hydrophilicity of biomaterials has been
 62 shown to be an important factor influencing cell responses.²⁵
 63 In this study we used static water contact angle to evaluate
 64 the wettability of the specimens (Fig. 2). The static contact
 65 angle of droplets on as-polished titanium was $52.9^\circ \pm 5.6^\circ$.
 66 Following the MAO process, the water contact angle was
 67 approximately 10° , due to the hydrophilic nature of the
 68 coating. After being coated with poly(dopamine), the two
 69 MAO coatings differed only slightly, with an increase in
 70 contact angle of approximately 15° .

71 The MAO process with dopamine modification resulted
 72 in a surface with relatively hydrophilic properties. The
 73 hydrophilic nature of titanium surfaces has been shown to
 74 enhance protein adsorption, and thus promote the
 75 proliferation and differentiation of osteoblastic cells, and
 76 ultimately the strength of bone-implant integration.²⁶ In our
 77 previous study, the accumulation of adsorbed serum protein
 78 corresponded to an increase in DOPA content.²¹ It is
 79 reasonable to speculate that a poly(dopamine) layer could be
 80 used to interconnect serum proteins and modulate cell
 81 attachment.²⁷

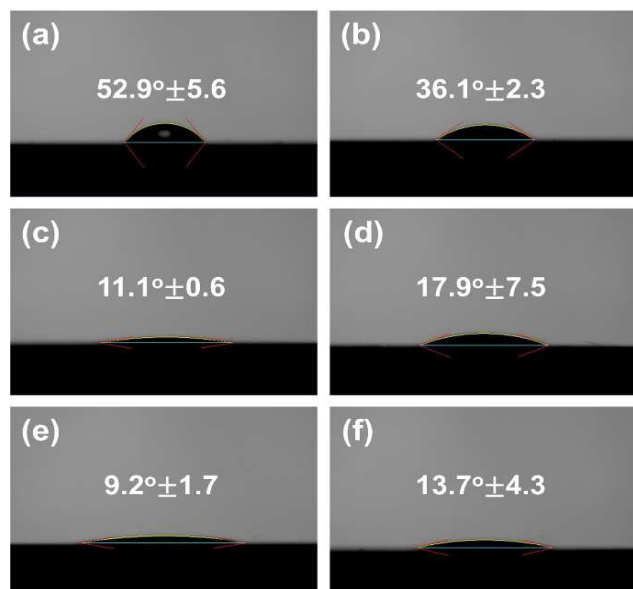


Figure 2. Water contact angle of all specimens in the study: (a) Ti; (b) TiD; (c) CaP; (d) CaPD; (e) SrCaP; (f) SrCaPD.

XPS analysis was used to investigate the surface chemistry in order to confirm the effectiveness of the coating process. Figure 3a (left) shows the XPS spectra of Ti, CaP, and SrCaP specimens, respectively. The survey spectra of the CaP specimen reveals peaks associated with Ti2p, O1s, C1s, Ca2p, and P2s. The addition of strontium to the electrolyte during MAO resulted in peaks associated with the presence of Sr3p_{1/2} and Sr3p_{3/2}, confirming the incorporation of strontium into the oxide layer (Fig. 3b).

To ensure that the control group had the same ion release characteristics as the test samples, CaP and SrCaP specimens were also immersed in the Tris-HCl solution without dopamine. Our results suggest that differences in the strontium content could be attributed to the thickness of the poly(dopamine) coating. Following the coating process, we observed a nitrogen signal from the amino groups of dopamine molecules at 399.6 eV, as shown in Fig. 3c (right). The presence of such a nitrogen peak is an indication that the poly(dopamine) coating process was successful.

Table 2 presents a summary of the surface chemical composition obtained using XPS analysis. The nitrogen content for specimens TiD, CaPD, and SrCaPD was 7.9%, 7.9%, and 7.5%, respectively, indicating that the surface had indeed been coated with poly(dopamine) film, with only a negligible effect on the surface topography. Further, the composition of the substrate did not appear to have a significant effect on the amount of poly(dopamine) adhered to the substrate. The relative atomic concentration of C was 18.0% (TiD), 18.9% (CaPD), and 14.7% (SrCaPD). After the specimens were coated with a poly(dopamine) film, the relative atomic concentrations of C increased to 68.4% (TiD), 68.3% (CaPD), and 66.7% (SrCaPD). The dopamine molecule contains amide and benzyl functional groups; therefore, the N1s and C1s signals in the XPS spectra can be

attributed to the poly(dopamine) film on the MAO coatings. This also explains why the CaPD and SrCaPD specimens presented increased N/C ratios. The N/C ratios of the three specimens were close to the theoretical values of the dopamine molecule (0.125).¹⁷ Analysis of surface chemical composition suggests that the strontium was incorporated within the coatings and that a film of poly(dopamine) had been successfully attached to the specimens.

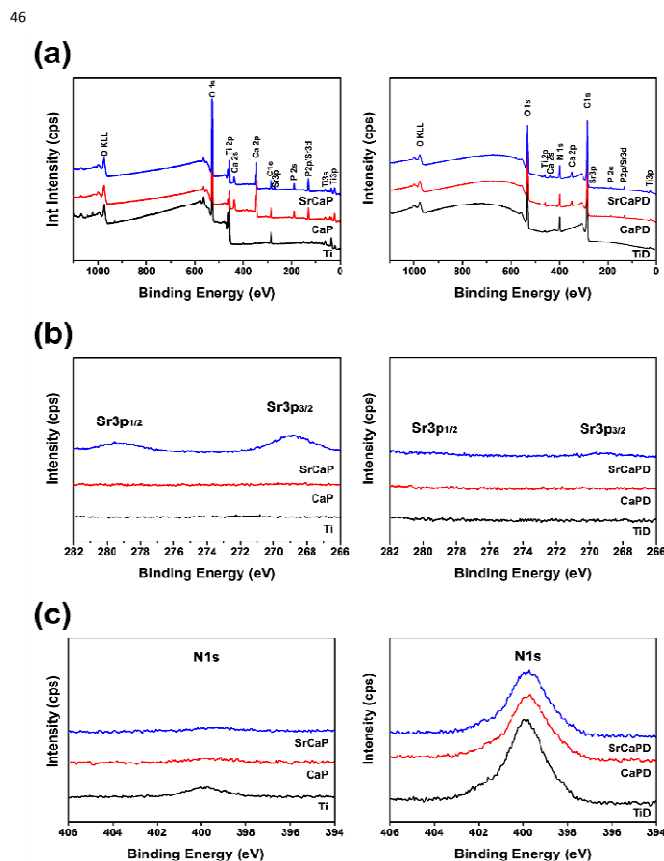


Figure 3. (a) Broad-range XPS spectra of specimens; (b) high resolution Sr3p spectra of specimens; (c) high resolution N1s spectra of specimens

3.2 Cell morphologies and cytoskeleton on poly(dopamine) film over MAO coatings

Understanding how osteoblasts interact with artificial materials is of crucial importance. The behaviour of osteoblast cells on the six specimens in this study was systematically examined in terms of initial cell spreading, cytoskeletal organization, proliferation, ALP activity, and bone-related gene expression. Cytoskeletal reorganization is particularly important in cell attachment, proliferation, and differentiation, all of which are essential to the initial success of an implant.^{28, 29} In this study, we seeded MC3T3-E1 cells on each specimens to examine the cell-material interactions, using a fluorescence microscope was used to provide an accurate indication of cell spreading and cytoskeletal reorganization.

1

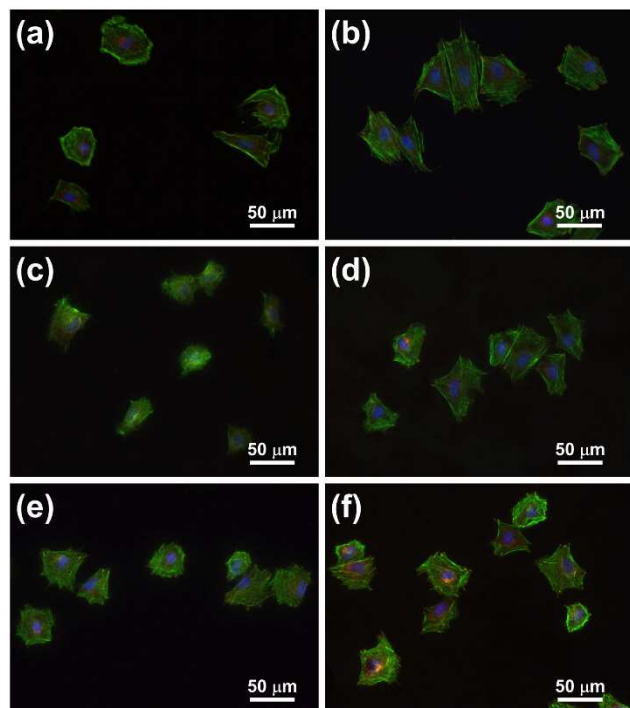
2 **Table 2.** Surface element composition of MAO coatings, as determined by XPS

Specimen	Atomic %							
	Ti2p	O1s	C1s	Ca2p	P2p	Sr3p	N1s	N/C
Ti	16.3	56.2	27.6	--	--	--	--	--
TiD	0.3	17.7	74.1	--	--	--	7.9	0.11
CaP	4.4	51.4	18.0	14.1	12.1	--	--	--
CaPD	0.6	20.0	68.4	1.6	1.5	--	7.9	0.12
SrCaP	6.4	46.8	18.0	9.6	16.0	1.6	--	--
SrCaPD	0.6	20.2	68.3	1.3	2.0	0.1	7.6	0.11

3

4 MC3T3-E1 showed the characteristic pattern of complex
5 focal adhesion with a dense phalloidin stained f-actin (green)
6 surrounded by vinculin (red) staining at the leading edge of
7 cells (Figs. 4 and 5). Figure 4 presents the morphologies of
8 the cells grown on specimens for 3 h. Clearly, the MC3T3-E1
9 cells rapidly attached to the surface of all of the specimens;
10 however, the attachment rates varied according to the features
11 of the specimens. The MC3T3-E1 cells appeared to have
12 spread well and formed focal adhesion to the flat Ti
13 specimen. Cells cultured on TiD specimens showed
14 spreading over a greater area than on the Ti specimens (Figs.
15 4a and b). Cells cultured on the CaP specimen presented no
16 evidence of stress fibers, which is an indication of limited
17 interaction with the substrate (Fig. 4c).

18



19 **Figure 4.** Fluorescence images of MC3T3-E1 cells cultured
20 on various specimens after 3h of incubation: (a) Ti; (b) TiD;
21 (c) CaP; (d) CaPD; (e) SrCaP; (f) SrCaPD. F-actin (green)
22 was stained with Alexa Fluor 488 phalloidin, vinculin (red)
23 was stained with Alexa Fluor 594, and the nucleus (blue) was
24 stained with DAPI.

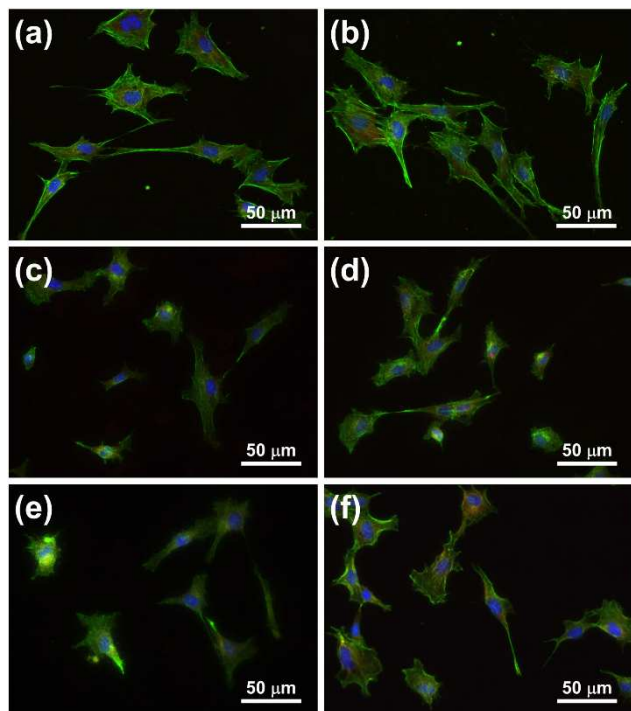
25 Cells covered a greater area of the SrCaP specimens than the
26 CaP specimens (Fig. 4e). The presence of poly(dopamine)
27 film appears to have promoted cell attachment on the CaPD
28 and SrCaPD specimens, resulting in long extensions of
29 cytoplasmic membranes, which spread out to assume a fully
30 flattened shape (Figs. 4d and f). The shape and morphology
31 of the cells indicated that poly(dopamine) film promoted the
32 attachment and spreading of osteoblastic cells.

33 Following an incubation period of 24 h, we observed the
34 expansion of actin filaments in cell cultures grown on
35 poly(dopamine) modified specimens. The filaments exhibited
36 a flattened polygonal morphology spread over a wider area
37 (Figs. 5b, d, and f). Compared to cells cultured on
38 unmodified specimens, those cultured on poly(dopamine)-
39 coated surfaces presented well-stretched actin bundles and
40 highly organized actin stress fibers, which is a clear
41 indication of strong cell adhesion at the interface. The
42 poly(dopamine) film was also found to induce the extension
43 of lamellipodia on SrCaPD specimens (Fig. 5f). A number of
44 previous studies have reported that the roughness of
45 substrates strongly influences MC3T3-E1 cell adhesion;
46 however, in those studies, rough surfaces resulted in less
47 proliferation and adhesion than did smooth surfaces.^{30, 31}
48 This difference in surface topography may explain why the
49 cells cultured on Ti specimens exhibited attachment
50 characteristics superior to those cultured on CaP specimens.
51 In contrast, cells cultured on CaPD and SrCaPD presented
52 expansion characteristics far exceeding those on the CaP and
53 SrCaP specimens, which suggests that the poly(dopamine)
54 film had improved MC3T3-E1 cell adhesion, particularly on
55 samples with a more porous structure.

56 Controlling cell adhesion is crucial in this type of
57 organic-inorganic system, because adhesion provides a
58 physical link to the environment and influences all of the
59 major cell fate decisions, including cellular signal
60 transduction, differentiation, and gene expression.³² A higher
61 density of actin stress fibres in the cytoskeleton of a cell
62 indicates a firmer, stronger link between the cells and
63 substrate. This, in turn, indicates that a given biomaterial is
64 suitable for cell attachment and the preservation of biological
65 functions.³³ As previously reported, bioactive functional
66 groups, such as the hydroxyl and amine groups that form
67 dopamine, may be beneficial to the process of cell
68 attachment. In this study, dopamine appears to have played a

1 major role in this process. It appears that combining
2 dopamine and strontium ions significantly enhances initial
3 cell attachment, thereby strengthening the link between cells
4 and MAO coatings.

5



6 **Figure 5.** Fluorescence images of MC3T3-E1 cells cultured
7 on various specimens after 24 h of incubation: (a) Ti; (b)
8 TiD; (c) CaP; (d) CaPD; (e) SrCaP; (f) SrCaPD. F-actin
9 (green) was stained with Alexa Flour 488 phalloidin, vinculin
10 (red) was stained with Alexa Fluor 594, and the nucleus
11 (blue) was stained with DAPI.

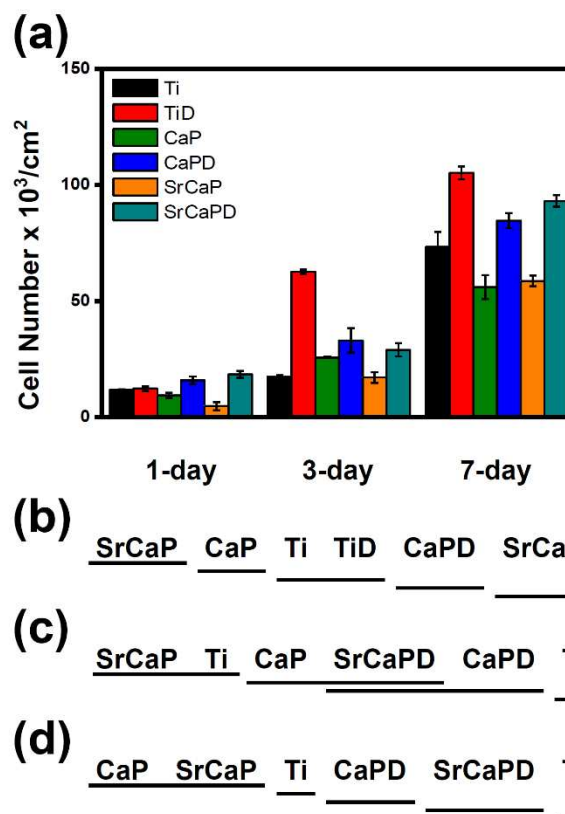
12

13 3.3 Cell proliferation and differentiation on MAO coatings 14 further coated with strontium and dopamine

15 Figure 6 presents the number of MC3T3-E1 cells on the
16 surface of each specimen after culturing for 1, 3, and 7 days,
17 respectively. All of the specimens presented an increase in
18 the number of cells, indicating that the MC3T3-E1 cells
19 proliferated continuously throughout the 7 days. After days 1,
20 3, and 7, the number of cells on the TiD, CaPD and SrCaPD
21 specimens was significantly higher than on the unmodified
22 specimens. Nonetheless, after 7 days, the number of cells on
23 pure titanium was significantly higher than on specimens of
24 CaP and SrCaP. The number of cells on the CaPD and

25 SrCaPD specimens exceeded the numbers observed on any
26 samples without poly(dopamine) modification.

27 ALP is a marker of early stage osteoblast differentiation,
28 which undergoes a sequence of processes eventually resulting
29 in the formation of bone. Figure 7 presents the ALP activity
30 of MC3T3-E1 cell on the surface of each specimen over the
31 7-day incubation period. Previously, the presence of
32 strontium ions was reported to be advantageous to cell
33 differentiation.¹⁴ In this study, the ALP activity of MC3T3-
34 E1 cells on SrCaP and SrCaPD specimens was significantly
35 more pronounced than that observed on CaP and CaPD
36 specimens, indicating that the incorporation of strontium may
37 improve the initiation of osteogenic differentiation in
38 MC3T3-E1 cells.

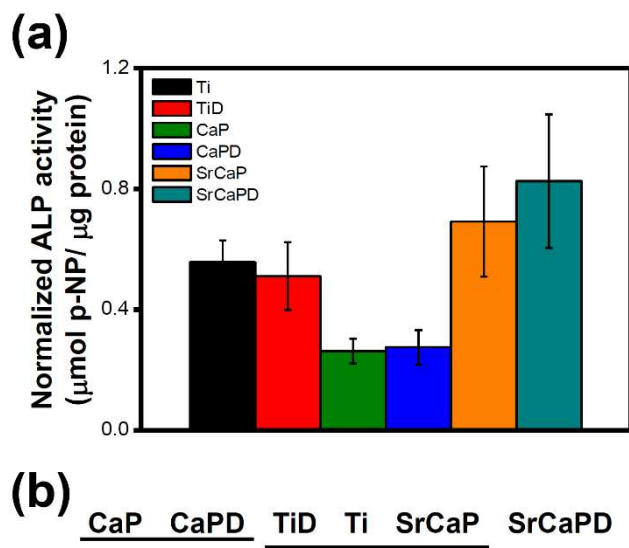


39

40 **Figure 6.** MTT cell proliferation assay results for MC3T3-E1
41 cells after culturing on various specimens for 1, 3, and 7
42 days: (a) Measurements from the MTT cell proliferation
43 assay, (b) Duncan grouping of the 1-day MTT assay, (c)
44 Duncan grouping of the 3-day MTT assay, and (d) Duncan
45 grouping of the 7-day MTT assay

46

47

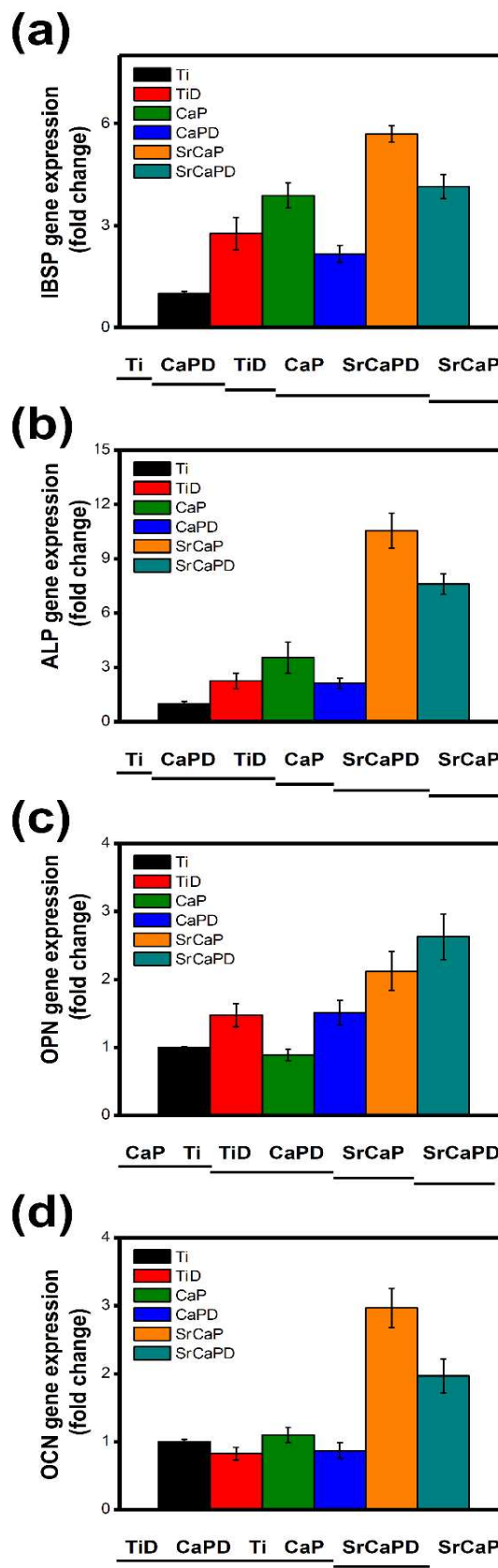


1 **Figure 7.** (a) Results of ALP activity for MC3T3-E1 cells
 2 cultured on various specimens. The values represent average
 3 \pm standard deviation ($n = 5$). (b) Duncan grouping of ALP
 4 activity.

5
 6 To quantify the differentiation of the MC3T3-E1 cells, we
 7 measured the expression of osteogenic marker genes
 8 including integrin-binding sialoprotein (IBSP), alkaline
 9 phosphatase (ALP), osteopontin (OPN) and osteocalcin
 10 (OCN) using quantitative reverse transcription PCR. Our
 11 results show that the SrCaP and SrCaPD specimens promoted
 12 bone-related gene expression, such as IBSP, ALP, OPN, and
 13 OCN (Fig. 8). Strontium-based artificial materials, including
 14 strontium-substituted hydroxyapatite cement and bioactive
 15 glasses, have been attracting interest due to the appearance of
 16 a link between strontium and the stimulation of osteoblast
 17 differentiation and the inhibition of osteoclast formation and
 18 resorption *in vitro*. The results indicate that strontium
 19 enhances cell differentiation, as evidenced by the up-
 20 regulation of bone-related mRNA.¹⁴

21 The surface chemistry and topography of materials can
 22 influence the response of osteoblastic cells. Surfaces with a
 23 moderately rough microstructure, such as MAO, have been
 24 shown to enhance the maintenance of implant stability.^{34, 35}
 25 Several studies have demonstrated that strontium can increase
 26 the quality of bone structure and promote bone ingrowth,
 27 thereby accelerating implant osseointegration.^{36, 37} The
 28 SrCaPD coating altered the topography as well as the surface
 29 chemistry. The resulting increase in cell adhesion and ALP
 30 activity are in good agreement with previous reports. Our
 31 results suggest that dopamine and strontium both play
 32 important roles in stimulating the proliferation and
 33 differentiation of MC3T3-E1 cells. These effects are most
 34 pronounced on the SrCaPD sample with the best cell
 35 attachment, proliferation, and differentiation of MC3T3-E1
 36 cells.

37



38 **Figure 8.** Bone-related gene expression of osteoblast cells
 39 cultured on various specimens in terms of (a) IBSP, (b) ALP,
 40 (c) OPN, and (d) OCN.

1 4. Conclusions

2 This study developed an innovative coating for titanium
3 surfaces combining MAO with bio-inspired surface
4 modification. The proposed method creates an excellent
5 three-dimensional structure, the topography of which is in no
6 way jeopardized by the application of a bioactive layer to
7 promote cell attachment and cytoskeletal development.
8 Moreover, the incorporation of strontium-ions in the MAO
9 coating was shown to greatly induce osteoblasts cell
10 differentiation. This novel dual-setting material provides
11 many of the benefits anticipated in the next generation of bio-
12 modified implants.

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19 Notes and references

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Graphic abstract

