

# Soft Matter

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1 Spider's super-glue: Thread anchors are composite  
2 adhesives with synergistic hierarchical organization  
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16           **Abstract**

17           Silk is a key innovation in spiders, fascinating both biologists and material scientists.  
18           However, to fulfil their biological function silken threads must be strongly fastened to  
19           substrates or other threads. The majority of modern spiders produce a unique and rather  
20           unexplored bio-adhesive: the two-compound pyriform secretion, which is spun into elaborate  
21           patterns (so called attachment discs) and used to anchor silken threads to substrates. Strong  
22           adhesion is achieved on a high variety of surfaces with a minimum of material consumption.  
23           Pyriform threads polymerize under ambient conditions, become functional within less than a  
24           second and can remain stable for years. They are biodegradable, biocompatible and highly  
25           versatile – the adhesion and the overall toughness of the attachment disc can be controlled by  
26           spinneret movements on a macroscopic level <sup>1</sup>. We found that the pyriform thread is a silk  
27           fibre that is coated with glue-like cement consisting of aligned nanofibrils, lipid enclosures  
28           and a dense, isotropic boundary layer. The threads are spun in a meshwork pattern that  
29           promotes stress distribution and crack arresting. Our results demonstrate, that hierarchical  
30           organization and fibre embedding may explain the high adhesive strength and flaw tolerance  
31           of a structure made by the same, rather simple type of silk glands.

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34           **Keywords**

35           spider silk, attachment disc, adhesion, compound material, fracture, peeling, Araneae

36

## 37 Introduction

38 Due to its high toughness, spider silk has caught the attention of material scientists and  
39 biotechnologists as a possible prototype for developing new biological materials for textile  
40 industry and medicine <sup>2-5</sup>. Silk research concentrates mainly on the major ampullate silk  
41 (dragline silk) while other types of silk remain a rather unexplored source of innovation. By  
42 gene duplication the more advanced araneomorph spiders evolved up to eight different types  
43 of silks <sup>6-8</sup>, varying from ultra-tough nanofibres (aciniform silk) <sup>9</sup> to viscoelastic glycoprotein  
44 based glue droplets (aggregate secretion) <sup>10</sup>.

45 Pyriform silk is used to agglutinate silken threads or to affix them to substrates. It can  
46 produce strong adhesion, even on surfaces with a low free surface energy, such as Teflon <sup>11</sup>.  
47 The pyriform glands are comparably small with a pear-shaped (name) lumen and a short duct  
48 opening into the nozzle-like spigot <sup>12-13</sup>. These appear in large clusters on the anterior (first)  
49 of, typically, three spinneret pairs next to the major ampullate gland opening. This  
50 arrangement facilitates the fast attachment of the dragline <sup>14</sup>. The pyriform gland exhibits two  
51 histochemically distinct parts each with a secretory cell type <sup>12,15</sup>. The distal half of the gland  
52 produces the PySp spidroins (silk proteins), the proximal half secretes a colloidal fluid  
53 containing, as yet unidentified, acidic proteins and hydrocarbons <sup>15</sup>. The secretory products  
54 form two phases in both the gland lumen and the duct <sup>13,15</sup>. Morphologically and  
55 histologically these glands are very similar to the single silk gland type found in ancient  
56 lineages of spiders whose threads adhere by means of an acidic protein coating <sup>16</sup>. Pyriform  
57 silk may thus have a very early origin and been highly optimized throughout evolution. With  
58 the evolution of insect flight, spiders began to spread out from their ground habitats into  
59 vegetation and to build aerial webs <sup>8,17</sup>. Plants often exhibit complex surfaces with anti-  
60 adhesive properties for staying clean and deterring herbivores <sup>18-19</sup>, among spiders there might  
61 have been a strong selective pressure for the best glue, which made the best foraging sites  
62 accessible <sup>11</sup>.

63 The macroscopic structure of the attachment discs is the result of a highly conserved  
64 spinneret movement program creating numerous parallel loops of crossing silk fibres <sup>14,20</sup>. In  
65 the central part the dragline is glued, elevated and thus not in contact with the substrate  
66 attachment. This provides certain flexibility and a more homogenous stress distribution within  
67 the structure <sup>11</sup>. Spiders may be able to spin attachment discs with different adhesion and  
68 overall toughness <sup>1</sup>: Through the coordinated action of the anterior spinnerets discs can be  
69 created that are attached to the substrate only at their margins and thus be easily detached by a

70 small impact of the mobile prey. This kind of disc is used in unique traps called gumfoots<sup>1</sup>.  
71 Since attachment discs are frequently used by spiders they must have been selected for high  
72 economy in the course of evolution. The attachment disc of an adult (body mass 0.6-0.8 g)  
73 golden orb weaver (*Nephila senegalensis*) can hold 4-6 times its body weight when applied to  
74 a smooth glass surface<sup>11</sup>, while containing only 2-10 µg (~0.001 per cent of spider weight) of  
75 material. Hence, the usage of pyriform silk by spiders may show means of applying glue in a  
76 way that minimises the use of material<sup>21</sup>. Furthermore, the intrinsic composite structure of the  
77 attachment disc can be a great source of inspiration for the engineering of nanocomposite and  
78 light weight materials<sup>11</sup>. It is also noteworthy that pyriform silk may have a high potential as  
79 a natural glue or as possible component of synthetic biomaterials for medical applications and  
80 future green technologies<sup>22</sup>. The first progress made along this line of research is the recent  
81 identification, isolation and cloning of pyriform spidroins<sup>22-23</sup>. However, a basic  
82 understanding of the mechanism of how the attachment disc functions is still lacking. Here we  
83 present the first comprehensive study on pyriform glue which (1) integrates ultra structural  
84 and micromechanical analysis, (2) reveals some synergistic effects in its hierarchical  
85 organization, and (3) gives insight into the structure-function relationships of the discs.

86

## 87 **Results**

88 Spider attachment discs are divided into four functional parts (Fig. 1c): (1) the  
89 substrate cementation which can be regarded as a thin film (*baseplate*) (Fig. 1e); (2) a  
90 network of pyriform fibres between the baseplate and the cemented dragline (*bridge*) (Fig.  
91 1d); (3) an envelope of pyriform fibres cementing the dragline (*conjunction*) and (4) the major  
92 ampullate silk threads anchored by the attachment disc (*dragline*).

93 The pyriform thread is a twofold compound material, a fibrous cement with an  
94 embedded fibre (Fig. 1g-h). By means of electron microscopy we found that the main fraction  
95 of the cement material is made up of nanofibrils (Figs. 1h; 2), consisting of 20-30 nm sized  
96 electron dense globular proteins connected by thin strains of a material with less electron  
97 density (Fig. 2e). This is very similar to the structure of the secretion before extrusion<sup>15</sup>. The  
98 cement nanofibrils are regularly arranged parallel to one another and to the spidroin fibre.  
99 They form stacked monolayers that get partially separated by strong shear forces during  
100 freeze fracturing (Fig. 2b). In transverse fractures the cement forms a rather smooth breaking  
101 edge with a regular arrangement of the globular proteins (Fig. 2a). In contrast, the embedded  
102 spidroin fibres exhibit a corrugated breaking edge indicating a more amorphous structure and

103 higher toughness of the material (Fig. 2a). At the interface towards the substrate and the  
104 environmental medium (air) a thin (~10 nm) electron dense layer forms (Fig. 2a, c-e) which  
105 might consist of small, highly polar proteins that act as an intermediate agent between the  
106 substrate and the silk cement. In contrast to the cement and spidroin fibre, this part seems to  
107 be isotropic as it breaks in various directions. Surprisingly, when deep frozen at -140°C in  
108 liquid nitrogen for the purpose of freeze fracturing the attachment discs remained flexible and  
109 were hardly breakable, indicating a low content of unbound water.

110 We studied the spinning process using reflection interference contrast microscopic  
111 high speed videography (RICM-HSV) and Cryo scanning electron microscopy (Cryo-SEM).  
112 We found that the material is a low viscosity fluid, which is less organized when extruded  
113 (Fig. 3b). The embedded silk fibre is already differentiated against the glue phase and appears  
114 to be rather solid, but elastically deformable (Figs. 3f-l). The thread is extruded with a  
115 velocity of 5-9 mm/s. Within less than a second the cement is dried and no longer changes its  
116 shape when occasionally touched by a spider's cuticular structure. At high spinning activity, a  
117 condensation of minute droplets was observed on the glass substrate between the fibres (Figs.  
118 3m-n), which we interpreted as water evaporated from the rapidly drying cement. If the  
119 threads are not directly applied onto the substrate, but with a short delay after extrusion,  
120 beads-on-a-string structures (BOAS) occasionally occurred (Fig. 3d). This is an indication,  
121 that the drying glue behaves like a viscoelastic fluid <sup>24</sup>. The spidroin thread is clearly  
122 embedded and does not directly adhere to the substrate, which is indicated by its occasional  
123 dislocation within the glue coating shortly after its contact to the substrate (Fig. 3f-l). Thus,  
124 the assumption of previous authors about strong interaction between the PySp thread and the  
125 substrate <sup>22-23</sup> is not supported by our data.

126 Once applied, attachment discs remain stable for a long period of time: We found that  
127 attachment disc samples of a *N. senegalensis* individual (on glass) stored for a year still  
128 retained, on average, three-fourths of the attachment force of freshly harvested ones (fresh:  
129 39.8±8.9 mN, n=23; aged: 28.5±11.2 mN, n=13).

130 The adhesion of the pyriform glue outweighs the inner strength of the attachment disc  
131 on a smooth glass surface and the structure breaks internally (87% of 32 tests) or at the  
132 dragline (13%). When the glass is treated with APTES (3-Aminopropyl-triethoxysilane),  
133 which increases its hydrophobicity, the pyriform glue adheres less strongly. This is indicated  
134 by partial delaminating of the attachment disc during the tensile test (69% against 0% on  
135 untreated glass of each 32 tests) and reduced detachment forces (Fig. 4a). On glass treated

136 with DMDCS (Dichlorodimethylsilane), which forms a strongly hydrophobic film on the  
137 surface, spiders are unable to attach their pyriform threads. This indicates the important role  
138 of hydrogen bonds in the adhesion of pyriform cement. Monolayers of water usually present  
139 on uncoated glass (and on most other surfaces<sup>25-26</sup>) may act as a coupling agent and support  
140 adhesion.

141 On PTFE-foil (Teflon)<sup>11</sup>, which exhibits a similar water contact angle than that of the  
142 DMDCS treated glass, adhesion is significantly lower than on the APTES treated glass, but  
143 still sufficient to hold the body weight of the spider. The better attachment to Teflon than to  
144 DMDCS treated glass might be explained by much stronger nano roughness of Teflon foil  
145 than of DMDCS treated glass (see Supplementary Material S1).

146

## 147 Discussion

148 The adhesion of silk threads is substantial for their function in protection, prey  
149 capture, locomotion or reproduction, as these always implicate an interaction with substrates  
150 or other previously spun threads. In insects and spiders silks have been shown to be coated  
151 with an acidic protein (sericin in *Bombyx mori*<sup>27</sup>) or a glycoprotein (spider dragline<sup>28</sup>). The  
152 thin draglines of small spiders can stick to smooth surfaces such as glass. However, the  
153 attachment is not sufficient to hold the body weight of the spider<sup>29</sup>. Fastened with a pyriform  
154 anchor it can securely attach a spider even on Teflon (PTFE), which is well-known and  
155 applied for its extremely reduced surface interaction with other substances<sup>11</sup>. Our results  
156 show an elaborate hierarchical structure of attachment discs and the combination of materials  
157 with different properties that may complement one another. In the following we discuss the  
158 role of different hierarchical levels from the molecular one to the macroscopical one. and how  
159 these may interact synergistically.

160

### 161 1. Molecular structure and Ultra structure

162 Previous chemical analysis of the pyriform proteinous fraction showed an  
163 extraordinarily high content of polar and charged amino acids<sup>15,23,30-31</sup>, which may result in  
164 strong interactions within the dried secretion film and with the substrate. The highly polar  
165 regions within pyriform spidroins also support self-assembly of the silk fibre<sup>23</sup> and water-  
166 solubility<sup>31</sup>, both being desirable properties for use in artificial spinning systems. Further,  
167 carbohydrate components were found in the cement fraction<sup>15</sup>, perhaps indicating the

168 presence of glycoproteins. These play a universal role in adhesive cementation ranging from  
169 cells<sup>32</sup> to marine organisms<sup>33</sup>. Our ultra structural analysis showed that there are inclusions  
170 of, presumably, lipids within the cement. These could play a role as surfactants, improving the  
171 wettability of hydrophobic surfaces. We found that the cement consists of aligned  
172 heteromeric nano-fibrils of repetitive globular and fibrillar parts. Nano-fibrils with such  
173 geometry are hypothesized to provide a high resistance against bending, tensile and shear  
174 stresses, thanks to interlocking<sup>34-35</sup>. This is of high relevance for the stability of the  
175 attachment under load.

176 The ultra structural analysis of freeze fractured pyriform fibres showed that both  
177 phases, the fibre and the cement, differ fundamentally in their fracture mechanics, indicating a  
178 difference in their mechanical properties. Previous amino acid sequence analysis of PySp  
179 showed that these spidroins are less organized but rather amorphous<sup>15,23,31</sup>, which is confirmed  
180 by the results of our ultrastructural analysis. Such structure usually indicates high ductility.  
181 Material heterogeneity (although less pronounced) is also known from the major ampullate  
182 silk of spider draglines. These fibres consist of two different spidroins (MaSp1 and MaSp2).  
183 The MaSp1, located in the outer core of the fibre, exhibits a semi-crystalline structure,  
184 providing high strength<sup>36</sup>. In the inner core, there is an additional protein, the MaSp2, which,  
185 in contrast, exhibits a disordered structure due to a high content of glycine, thereby providing  
186 high extensibility<sup>36</sup>. Thus, due to the synergistic effect of both polymers the fibre exhibits  
187 high toughness. An analogy from artificial materials is the recent development of Engineered  
188 Cementitious Composites (ECC), which demonstrates that a strong, yet brittle material such  
189 as concrete can get tough and flaw tolerant through the inclusion of polymer fibres, because  
190 crack propagation is stopped at the interface between both materials<sup>37</sup>. The two fold  
191 compound structure of pyriform silk may reinforce the material in a similar way.

192

## 193 *2. Micro- and Mesostructure*

194 In a pyriform fibre the glue fraction usually constitutes less than half of the secretion.  
195 This might be substantial to quickly arrest the thread when applied to the surface. The glue  
196 coating must be thick enough to fill small cavities on a rough surface in order to generate a  
197 high contact area, crucial for adhesion<sup>38</sup>. On the other hand, it must be thin enough to prevent  
198 cohesion failure when drag forces are acting on the embedded fibre as long as the glue is in a  
199 fluid state (as indicated by partial displacement at turning points found during RCM-HSV  
200 recordings; Fig. 3f-i). It should further form a thin film on the substrate from which the



201 solvent can quickly evaporate. A thin film exhibits high adhesive properties due to high  
202 elasticity (even if the material is relatively stiff)<sup>39</sup>. Depending on where the force is applied,  
203 the peeling line of a thin film (crack propagation zone) can be linear (uni-directional) or  
204 axisymmetric (multi-directional). The highest pull-off forces are achieved in the case of  
205 multidirectional peeling because the peeling line continuously increases, causing an increase  
206 in detachment resistance<sup>40</sup>.

207 On smooth substrates with reduced adhesion (silanized glass) we often observed radial  
208 symmetrically-oriented crack propagation (Fig. 4d-m). Linear peel-offs only occurred in  
209 single threads at the margin of the attachment discs, where the pyriform threads are less dense  
210 and less interconnected. The propagation of cracks was significantly hindered by the material  
211 heterogeneity of the composite, leading to discontinuous peel-offs and high increases of  
212 detachment forces (Fig. 4p). Crack propagation is often stopped at threads arranged  
213 perpendicular to the crack propagation direction (Fig. 4n-o). Cracks are thus guided by the  
214 strong anisotropy (directionality) of the pyriform silk on both ultrastructural (cement  
215 nanofibrils) and microstructural (embedded spidroin fibres) levels. Due to the crossover  
216 arrangement of pyriform fibres in the attachment disc basal plate (determined by spinneret  
217 movements during attachment disc spinning), cracks are trapped between thread  
218 interconnections and their propagation is stopped. Because the creation of a new crack  
219 demands significantly more energy than its propagation, the force necessary to detach the  
220 attachment disc rises. This principle is furthermore important for flaw tolerance. Most natural  
221 surfaces that are the target of attachment disc application are highly unpredictable and exhibit  
222 excessive heterogeneity in surface topography and/or surface chemistry. This means that  
223 flaws in the adhesive cannot be prevented. Cracks can easily be induced and propagate from  
224 such defects. By proper crack arresting the effect of adhesion defects is suppressed.

225

### 226 3. Macrostructure

227 The macrostructure of the attachment disc may substantially support energy  
228 dissipation, thus reducing stress concentration, because of the interconnections of pyriform  
229 threads in the *bridge* (and the *baseplate*). Because both the *dragline* and the *bridge* are not  
230 rigid, but rather ductile, energy might be dissipated by elastic and plastic deformation. The bi-  
231 axial symmetry of the attachment disc (determined by the arrangement of the paired  
232 spinnerets) leads to simultaneous peeling on opposite sites of the attachment disc, as observed  
233 in RICM-HSV peel off tests from APTES treated glass (Fig. 4b-c). Thus, the peeling angle is

234 kept low, promoting stress distribution at the peeling edge and therefore higher pull-off forces  
235 <sup>41</sup>. Energy dissipation and stress distribution in both the macrostructure of the attachment disc  
236 and at the peeling edges (crack propagation zone) results in low stress actually acting on the  
237 substrate-cement interface. This might explain why the attachment discs achieve considerable  
238 attachment strength even if the substrate bonding is relatively weak, as on Teflon.

239

#### 240 4. Conclusion

241 Spider attachment discs demonstrate the synergistic effect of structural parameters on  
242 different hierarchical levels from the molecular to the macroscopic, which altogether provide  
243 a high adhesive strength and toughness on unpredictable surfaces at an absolute minimum use  
244 of material (Fig. 5). On the *molecular level* the high content of polar and charged side chains  
245 leads to strong interaction with substrates (adhesion) and within the material (cohesion). On  
246 the *ultrastructural level* aligned heteromeric nanofibrils lead to high anisotropy and strength.  
247 The composite structure of two phases (spidroin fibre and cement coating) creates toughness  
248 and anisotropy on the *microstructural level* and introduces a material heterogeneity, stopping  
249 crack propagation. The meshwork pattern, by overlays of pyriform threads applied in different  
250 angles, promotes stress distribution and flaw tolerance by crack arresting (*mesostructural*  
251 *level*). Finally, on the *macrostructural level*, the separated cementation of substrate and  
252 dragline, as well as bi-lateral symmetry, supports load energy dissipation and a reduction of  
253 sensitiveness towards bending and torsional stresses. These structure-function relationships  
254 are substantial for the basic understanding of attachment disc function and may significantly  
255 support the exploitation of this unique bioadhesive in biotechnological and biomimetic  
256 approaches, for both medical and technical applications. It further illustrates that an elaborate  
257 secreted structural material, such as silk, must be studied not only on the biochemical but also  
258 on the physiological and especially organismic (behavioural, phylogenetic and ecological)  
259 level. The ecological demands and phylogenetic burden that determine and constrain the  
260 evolution of a biological material, must also be taken into account to understand and extract  
261 principles of a structure-function relationship.

262

#### 263 Material and Methods

264 *Animals and harvesting of attachment discs*

265 Ten living individuals of the golden orb weaver *Nephila senegalensis* WALCKENAER  
266 1842 (Nephilidae) were obtained from a laboratory stock of the Department of Ethology,  
267 University of Hamburg, Germany. Spiders were kept in reversed 500 ml plastic cups (with  
268 roughened walls and an apical hole closed with a piece of plastic mull) at 28-30°C and 60-  
269 70% relative humidity. They were sprinkled daily with water and fed weekly with juvenile  
270 locusts (*Locusta migratoria*) obtained from the local pet shop. For snap freezing experiments  
271 of spinning spiders, small cribellate orb weavers (*Uloborus plumipes* LUCAS 1846  
272 (Uloboridae)) were collected in the greenhouses of the local botanical garden (this species  
273 was used for this particular experiment because of the restricted space in the set-up and its  
274 very frequent production of attachment discs). In high speed video recordings (HSV) of  
275 attachment disc production (see methodology below), we found no differences between  
276 representatives of *Nephila* and *Uloborus*, despite their different body sizes.

277 Attachment discs were harvested by holding the substrate sample with a long pair of  
278 forceps. The spider was induced to crawl onto the substrate by slightly touching the animal on  
279 the hind legs. When spiders were left sitting upside down on the substrate (usually the edges  
280 of the slides were grasped with the claws) they often secured themselves by means of an  
281 attachment disc. Spinning could also be induced by slightly shaking or blowing at the spider.  
282 The spider was given the freedom to move forward, without forcing it, until the dragline had a  
283 proper length. Then the dragline was cut, with a fine pair of scissors, at about 3 cm above the  
284 attachment disc. Substrate separated samples for ultrastructural analyses were obtained by  
285 letting the spider spin onto a piece of Teflon from which the attachment disc could be  
286 completely delaminated.

287 Samples of attachment discs delaminated from Teflon were weighed with using an  
288 ultra balance (UMX2, Mettler-Toledo Inc., Columbus, OH, USA) (dragline was cut off above  
289 the attachment disc prior to weighing).

290

### 291 *Light microscopy (LM) and high speed videography (HSV)*

292 Macro-morphology of attachment discs were studied using standard transmission light  
293 microscopy (phase contrast mode). Spinning of attachment discs was studied using reflection  
294 interference contrast microscopic high speed videography (RICM-HSV). This was conducted  
295 by means of an inverted microscope (AXIO Observer.A1, Carl Zeiss AG, Oberkochen,  
296 Germany), operated with coaxial light and a beam splitter reflecting the image onto the sensor  
297 of a high speed video camera (Fastcam SA 1.1, Photron Inc., San Diego, CA, USA). A

298 40x/0.65 lens and a 100x/1.4 oil immersion lens were used. Thin, cleaned (for cleaning  
299 protocol see below) cover slips were mounted on a Plexiglas slide having a median hole, fixed  
300 with double sided tape to reduce the bending of the slide under load possibly leading to  
301 unfocused recordings. Spiders were set onto the slide with the posterior end of the abdomen  
302 placed into the hole with the underlying cover slip and recordings were made with 5000  
303 frames per second using continuous recording and post-triggering.

304

### 305 *Electron Microscopy (EM)*

306 Attachment disc samples on pieces of cover slips and delaminated samples were fixed  
307 on stubs with conductive double-sided carbon tape and sputter coated with 12 nm AuPd.  
308 Samples were imaged in a Hitachi S 4800 scanning electron microscope (SEM) (Hitachi Ltd.,  
309 Tokio, Japan) at an acceleration voltage of 3.0 kV

310 *Uloborus* spiders were fixed on the tip of a bound piece of metal wire by means of a  
311 droplet of two compound dental wax (Polyvinylsiloxane, Coltène/Whaledent AG, Altstätten,  
312 Switzerland). The wire piece was glued onto a SEM specimen holder beside a small wooden  
313 block with an attached piece of tree leaf on an 80° sloped edge, serving as a spinning  
314 substrate. By bending the wire, the spider was brought into a position with the spinnerets  
315 pointing upwards and being close enough to the wood block to reach the leaf. When spiders  
316 started to spin an attachment disc, the entire specimen holder was immediately put into liquid  
317 nitrogen and the deep frozen sample was transferred into an S 4800 SEM equipped with a  
318 Gatan ALTO-2500 cryo system (Gatan Inc., Abingdon, UK), sputtered with 10 nm Au-Pd and  
319 viewed in the SEM with the stage cooled up to -120°C.

320 For freeze fracturing, *Nephila* attachment discs, initially peeled off the Teflon  
321 substrate, were vertically glued onto a specimen holder with Tissue-Tek<sup>®</sup> compound, shock  
322 frozen in liquid nitrogen and transferred to the SEM cryo system. Fracturing was executed by  
323 cutting and scraping the sample with a scalpel blade, mounted on a moveable metal stick  
324 within the super-cooled SEM prechamber. Then the samples were directly sputter coated with  
325 8 nm AuPd and viewed at 3.0 and 10.0 kV.

326 For transmission electron microscopy (TEM) attachment disc samples were collected  
327 on ACLAR<sup>®</sup>-foil (Plano GmbH, Wetzlar, Germany), which is inert against the chemicals  
328 used in the TEM sample preparation process. Samples were fixed with 2.5% glutaraldehyde in  
329 PBS buffer and 1% osmium tetroxide, dehydrated in a series of ethanol solutions of increasing

330 concentration and embedded in Epon resin. After Epon polymerization, the ACLAR®-foil  
331 was peeled off and a second layer of Epon was applied on the side where the foil was  
332 detached. 40 nm ultrathin sections were made with a Leica EM UC7 ultramicrotome (Leica  
333 Microsystems GmbH, Wetzlar, Germany), mounted on copper grids and post stained with 1%  
334 uranyl acetate (20 min) and 2% lead citrate (7 min), rinsed in CO<sub>2</sub> free aqua bi-dest, an  
335 observed in Tecnai G2 Spirit (FEI Corp., Hillsboro, USA).

336

### 337 *Tensile tests*

338 Glass slides (Carl Roth GmbH & Co. KG, Karlsruhe, Germany) were cleaned by  
339 rinsing with acetone, ethanol and twice with distilled water and rubbed with KimWipe lab  
340 tissues. Some slides were bathed in 1% APTES ((3-aminopropyl)triethoxysilane) solution in a  
341 mixture of acetone and distilled water, rinsed three times with acetone and dried in an oven at  
342 110°C for 1h. Other slides were exposed to vapours of DMDCS (Dichlorodimethylsilane) by  
343 placing them in sealed Petri dishes with droplets of concentrated DMDCS solution for one  
344 night and then rinsed with acetone several times until excessive, unbound DMDCS was  
345 removed. The contact angle of silan-treated and untreated glass slides was measured with  
346 DataPhysics OCA 20 (DataPhysics Instruments GmbH, Filderstadt, Germany) using 500 µl  
347 droplets of aqua bi-dest.

348 Freshly harvested *Nephila* attachment discs were tested by pulling on the upstream  
349 (last spun, previously directed towards the spider) dragline. Substrate slides were placed onto  
350 a lab boy and the dragline was fixed at a length of 10 mm onto the cantilever of a load cell  
351 force transducer with 20 g force range (World Precision Instruments Inc., Sarasota, FL, USA)  
352 by means of a molten beeswax droplet. The force transducer was mounted on a  
353 micromanipulator (DC3001R with controller MS314, World Precision Instruments Inc.,  
354 Sarasota, FL, USA), which provided constant (200µm/s) vertical movement. Force curves  
355 were recorded with AcqKnowledge 3.7.0 software (Biopac Systems Ltd, Goleta, CA, USA).  
356 Tension tests were simultaneously filmed using a Firefly pro GT 800 camera (Firefly Global,  
357 Belmont, USA) for the analysis of failure modes. The following failure modes were  
358 distinguished: (1) *dragline* failure (dragline brakes above or at the attachment disc), (2)  
359 *conjunction* failure (failure at the interface of the dragline-pyriiform envelope), (3) *bridge*  
360 failure (breakage of the attachment disc above the substrate) and (4) *baseplate* failure (partial  
361 or total delamination of the attachment disc). Pull-off forces were taken as the highest force  
362 peaks measured during attachment disc pulling. In total, attachment discs of 8 individual

363 spiders were tested with at least 3 attachment discs of each individual on each substrate. Data  
364 was analyzed using R software (R Core Development team, <http://www.r-project.org/>)  
365 whereby means of all attachment discs of the same individuals were taken as individual data  
366 points in comparative analysis.

367 Single tensile tests of attachment discs spun on APTES-treated glass slides were  
368 filmed with RICM-HSV (method described above) using 10x, 20x and 40x lenses and frame  
369 rates of 250, 2000 and 5000 fps.

370

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378 and suggestions.

379

### 380 **Supplementary Material**

381 S1. Comparison of the results of adhesion experiments on differently treated glass  
382 with those on Teflon. Characterization of test surfaces (water contact angle and mean  
383 roughness).

384

### 385 **Competing interests**

386 The authors declare no competing financial interests.

387

### 388 **Author contributions**

389 J.O.W., I.G., and S.N.G. conceived and designed the experiments. J.O.W., M.W.,  
390 T.G., K.D., I.G. and A.K. performed the experiments and analyzed the data. J.O.W. and  
391 S.N.G. wrote the paper.

392

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## Figure legends

**Fig. 1. Hierarchical structure of spider silk anchors.** Spiders, such as the golden orb weaver (*Nephila senegalensis*), can secure themselves on smooth glass by means of silk **(a)**. The tough safety thread (*dragline*), made of major ampullate silk, is attached to the slide with pyriform silk **(b)**. It is spun in an elaborate 3D-pattern called the attachment disc **(c)**. It consists of an apical part where the dragline (dl) is glued (*conjunction*, cj), an intermediate network of pyriform threads (*bridge*, br) **(d)** and the basal substrate cementation (*baseplate*, bp) **(e)**. The pyriform threads are applied in layers with shifted angles **(f)** and consist of two phases: a spidroin (silk protein) fibre (sp) and a glue coating (cement, ce) which is fluid-like just after extrusion and dries rapidly after application **(g)**. The cement consists of aligned nano-fibrils, as seen at rupture sites **(h)**.

**Fig. 2. Ultrastructure of pyriform silk.** **(a-b)** Cryo SEM micrographs of freeze fractured pyriform threads of *Nephila senegalensis*. **(a)** A transverse fracture of a thread crossing visualizing the different phases and its supramolecular organization. The pyriform cement (ce) consists of regularly arranged nano-fibrils aligned in the same direction as the embedded spidroin thread (sp) which consists of a less ordered material that, in contrast, does not show a smooth breaking edge. At the interface between the pyriform thread and the substrate the medium or earlier spun (already dried) threads show a thin boundary layer (bl), presumably a monolayer of regularly arranged macromolecules. Arrows and dots indicate orientation of polymer fibrils (dots indicate orientation perpendicular to the image plane). **(b)** A horizontal fracture, where spidroin fibres are ruptured, showing that the cement nanofibrils form layers. **(c-e)** TEM images show that cement fibrils are heteromeric polymer chains consisting of alternating electron dense and electron translucent parts. Spidroin fibres appear amorphous and less electron dense. The boundary layer has a high electron density. Occasionally droplets (presumably lipids, arrowheads) and air inclusions (asterisk) are found in the cement fraction.

**Fig. 3. Spinning of pyriform silk.** **(a)** During attachment disc spinning, pyriform silk is extruded by numerous spigots (spig) of the anterior lateral spinnerets, here in the cribellate orb weaver (*Uloborus plumipes*). The silk is liquid, when extruded, as indicated by the irregular surface of the thread **(b)**. The same threads have a smooth surface at a greater distance from the spinneret, indicating post-spinning flow **(c)**. Occasionally beads-on-a-string structures (BOAS) occurred, an indication that the drying glue behaves like a viscoelastic fluid **(d)**. The application of the attachment disc onto a glass slide can be studied by means of RCM-HSV (view from below the glass slide), where direct contact appears darkened (a single spinneret of *U. plumipes* in action in **(e)**, with an arrow indicating spinneret movement). Sequence **(f-i)** shows the application process in *Nephila senegalensis* at a turning point, showing that the internal spidroin thread is pulled over some distance at the distal point of the loop, smearing the cement phase over the substrate. This indicates that the thread is already solidified, while the cement is still in a fluid state. This is further supported by the observation that crossing (in this case: non-secreting) spigots take the thread with them over a short distance **(j-l)**. When pyriform threads are applied at a high density, condensation of a liquid takes place on the glass in between **(m-n)**, an observation which assumes water evaporation from the drying silk.

**Fig. 4. Fracture mechanics of pyriform silk discs.** **(a)** Results of tensile tests of *N. senegalensis* attachment discs spun on untreated and silan-treated glass resulted in different detachment forces and failure modes. Above, the contact angle (CA) measurement of water droplets on the substrates demonstrates their differences in hydrophilicity. Box plots give the

564 median and variance of detachment force ( $F_{det}$ ) data. Numbers above box plots give the mean  
565 values (in brackets number of individuals tested). Pie charts in the bottom indicate the  
566 proportion of failure modes, whereby red symbolizes dragline failure, yellow conjunction  
567 failure, blue bridge failure and green baseplate failure (total delamination) (for details see <sup>11</sup>).  
568 These results indicate the importance of hydrogen bonds in pyriform silk adhesion. **(b)** When  
569 the dragline is pulled (arrow), various pyriform fibres of the bridge are put under tension  
570 (green arrows depict direction of acting tensile stress). **(c)** Due to their radial arrangement,  
571 stress is distributed to opposite sides of the symmetrical baseplate, leading to a simultaneous  
572 peel-off when spun on APTES-treated glass (green lines mark the peeling edges). (RICM-  
573 HSV frames, view from below the glass slide) **(d-m)** A stressed bridge fibre may induce a  
574 crack at the interface (arrowhead), which is initially circular and often propagates radial  
575 symmetrically first. The stress is distributed at the peeling edge, as indicated by interference  
576 stripes in the RICM image that occur when the separation between substrate and silken film is  
577 very low **(m)**. **(n)** Crack arresting indicated by coloured lines. **(o-p)** Crack propagation is  
578 often stopped at crossing fibres. **(o)** A detail, with the next step failure marked in red. Please  
579 note that the crack propagation is stopped along transverse fibres. **(p)** The force-time curve  
580 during a tension test on APTES-treated glass shows that cracks (green marked force drops)  
581 are quickly arrested, followed by a further rise in the force. Shortly before the final rupture,  
582 the frequency of crack initiation increases because stress approaches the maximum that the  
583 attachment disc can withstand.

584

585 **Fig. 5. Hierarchical organization and functional correlates.** Schematic illustration and  
586 description of the spider attachment disc structure summarizing the main hypotheses of this  
587 study. For further explanation, see text.

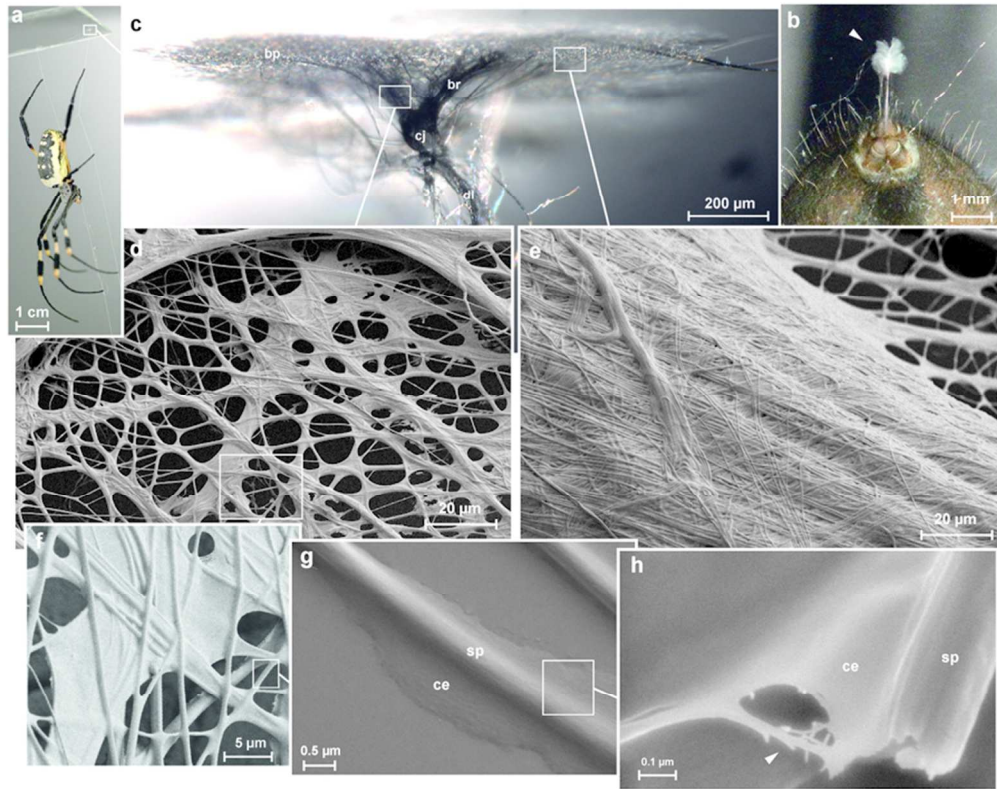


Fig. 1. Hierarchical structure of spider silk anchors.  
76x60mm (300 x 300 DPI)

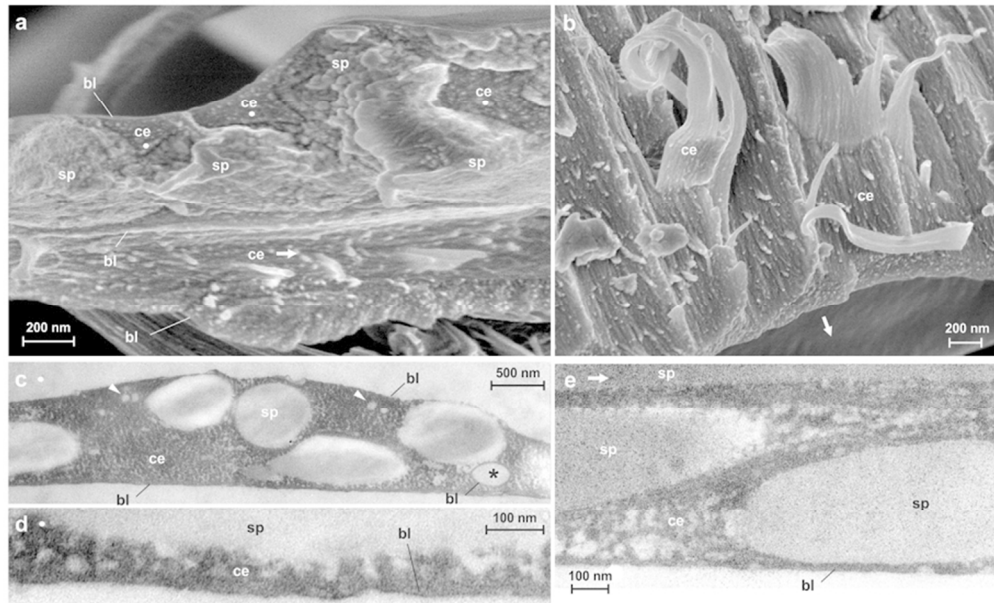


Fig. 2. Ultrastructure of pyriform silk.  
77x47mm (300 x 300 DPI)

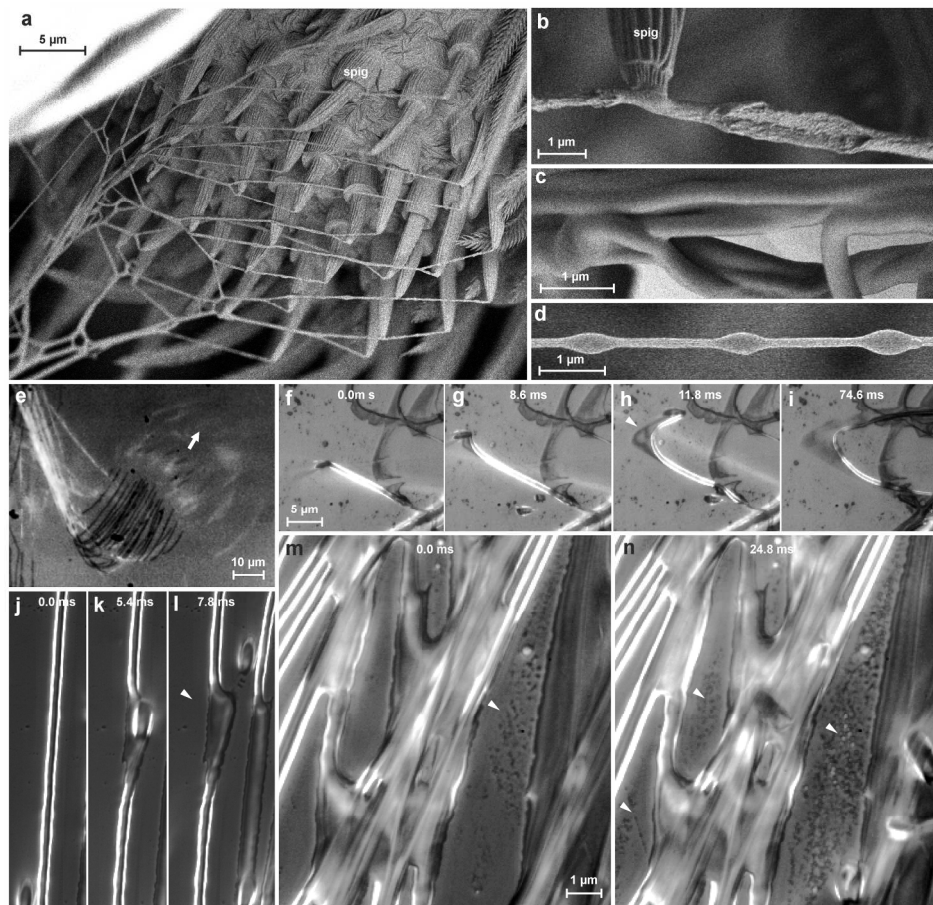


Fig. 3. Spinning of pyriform silk. (a) During attachment disc spinning, pyriform silk is extruded by numerous spigots (spig) of the anterior lateral spinnerets, here in the cribellate orb weaver (*Uloborus plumipes*). The silk is liquid, when extruded, as indicated by the irregular surface of the thread (b). The same threads have a smooth surface at a greater distance from the spinneret, indicating post-spinning flow (c). Occasionally beads-on-a-string structures (BOAS) occurred, an indication that the drying glue behaves like a viscoelastic fluid (d). The application of the attachment disc onto a glass slide can be studied by means of RICM-HSV (view from below the glass slide), where direct contact appears darkened (a single spinneret of *U. plumipes* in action in (e), with an arrow indicating spinneret movement). Sequence (f-i) shows the application process in *Nephila senegalensis* at a turning point, showing that the internal spidroin thread is pulled over some distance at the distal point of the loop, smearing the cement phase over the substrate. This indicates that the thread is already solidified, while the cement is still in a fluid state. This is further supported by the observation that crossing (in this case: non-secreting) spigots take the thread with them over a short distance (j-l). When pyriform threads are applied at a high density, condensation of a liquid takes place on the glass in between (m-n), an observation which assumes water evaporation from the drying silk.

204x188mm (300 x 300 DPI)

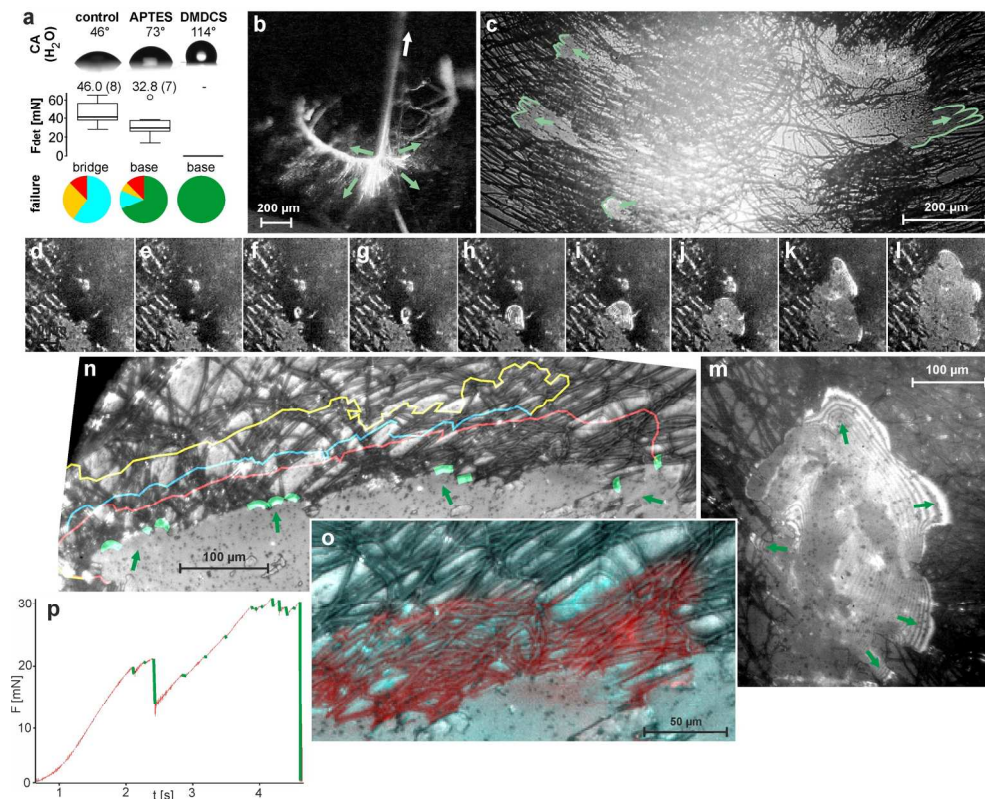


Fig. 4. Fracture mechanics of pyriform silk discs. (a) Results of tensile tests of *N. senegalensis* attachment discs spun on untreated and silan-treated glass resulted in different detachment forces and failure modes. Above, the contact angle (CA) measurement of water droplets on the substrates demonstrates their differences in hydrophilicity. Box plots give the median and variance of detachment force ( $F_{det}$ ) data. Numbers above box plots give the mean values (in brackets number of individuals tested). Pie charts in the bottom indicate the proportion of failure modes, whereby red symbolizes dragline failure, yellow conjunction failure, blue bridge failure and green baseplate failure (total delamination) (for details see 11). These results indicate the importance of hydrogen bonds in pyriform silk adhesion. (b) When the dragline is pulled (arrow), various pyriform fibres of the bridge are put under tension (green arrows depict direction of acting tensile stress). (c) Due to their radial arrangement, stress is distributed to opposite sides of the symmetrical baseplate, leading to a simultaneous peel-off when spun on APTES-treated glass (green lines mark the peeling edges). (RICM-HSV frames, view from below the glass slide) (d-m) A stressed bridge fibre may induce a crack at the interface (arrowhead), which is initially circular and often propagates radial symmetrically first. The stress is distributed at the peeling edge, as indicated by interference stripes in the RICM image that occur when the separation between substrate and silken film is very low (m). (n) Crack arresting indicated by coloured lines. (o-p) Crack propagation is often stopped at crossing fibres. (o) A detail, with the next step failure marked in red. Please note that the crack propagation is stopped along transverse fibres. (p) The force-time curve during a tension test on APTES-treated glass shows that cracks (green marked force drops) are quickly arrested, followed by a further rise in the force. Shortly before the final rupture, the frequency of crack initiation increases because stress approaches the maximum that the attachment disc can withstand.

191x152mm (300 x 300 DPI)



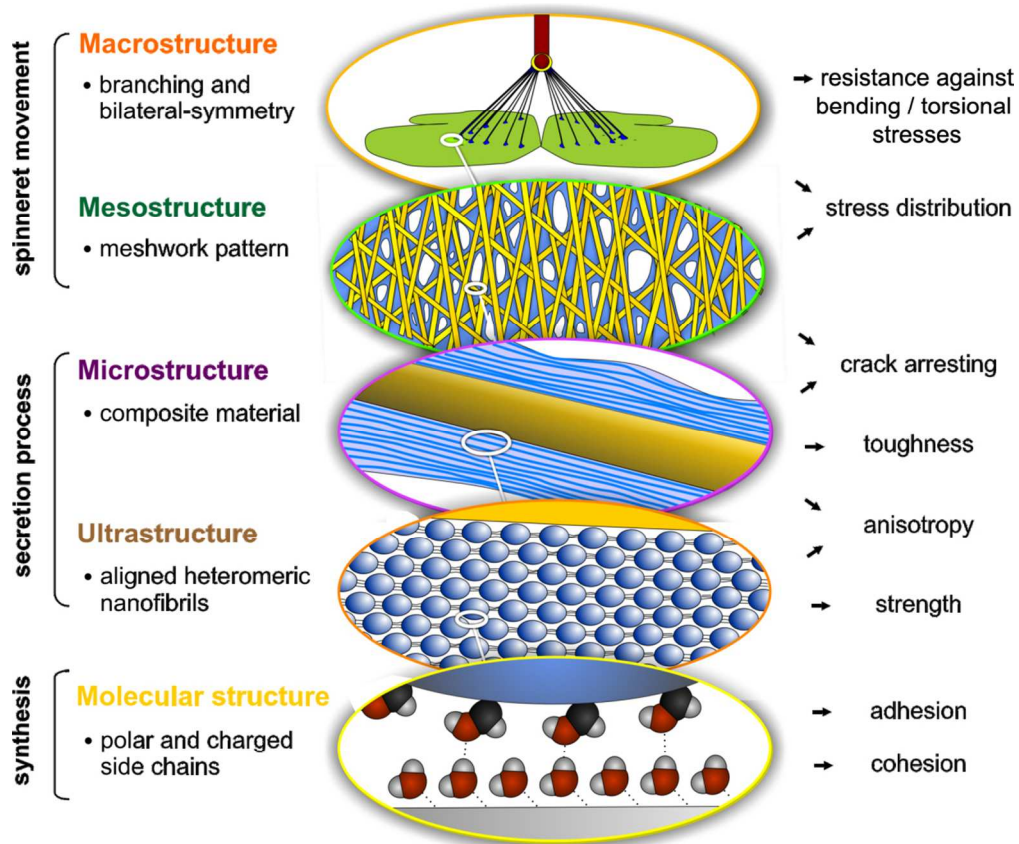


Fig. 5. Hierarchical organization and functional correlates. Schematic illustration and description of the spider attachment disc structure summarizing the main hypotheses of this study. For further explanation, see text.