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1	"Polysaccharide films at an air/liquid and a liquid/silicon interface: effect of the
2	polysaccharide and liquid type on their physical properties"
3	
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18	Keywords: chitin; chitosan; Atomic Force Microscopy; Langmuir monolayer; friction;
19	forces; water; buffer.
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	1	

2 Abstract

We investigated the effect of the polysaccharide type, the subphase on which the 3 Langmuir monolayers were prepared, and the liquid in which the properties of the 4 transferred monolayers were measured on the physical properties of the polysaccharide 5 films at an air/aqueous interface and at a silicon substrate, and the forces and friction of 6 7 the polysaccharide transferred films when measured in solution against a silica probe. 8 Chitosan was modified with a silane coupling agent to make chitosan derived 9 compounds with a low and a medium molecular weight. Chitin and the chitosan-derived 10 compounds were used to make Langmuir monolayers at air/water and air/pH 9 buffer 11 interfaces. The monolayers were transferred to silicon substrates via a Langmuir-Blodgett deposition, and the chitosan-derived compounds subsequently chemically 12 reacted to the silicon substrates. Atomic Force Microscope force and friction 13 14 measurements were made in water and in the pH 9 buffer, where the water and the pH 9 buffer acted as a good and a bad solvent to the polysaccharides, respectively. 15 16 The polysaccharide type affected the friction of the polysaccharide film, where the 17

physically adsorbed chitin gave the lowest friction. The friction of L-Chitosan was higher than that of M-Chitosan in water, suggesting that the molecular weight of the polymer affects its lubricating ability. The forces and friction of the polysaccharide films changed when the subphase on which the Langmuir monolayers were formed was changed or when the liquid in which the properties of the films adsorbed at the silicon substrate were being measured was changed. The friction increased significantly when the liquid was changed from water to the pH 9 buffer. This increase was explained by

- 1 the reduced charge of the chitin and chitosan-dervied materials due to the pH increase,
- 2 the screening of the charges by the salts in the buffer, and the possible hardening of the
- 3 monolayer caused by the adsorption of salts from the buffer.
- 4
- 5

1

2 **1. Introduction**

Chitin is a natural polysaccharide that is synthesized by numerous living organisms,¹ 3 such as arthropods.² Chitosan is the N-deacetvlated derivative of chitin, see Fig. 1 for 4 the structures of chitin and chitosan. Chitosan is the most important derivative of chitin 5 as it contains more than 50% free amine in its structure,³ which makes it soluble in 6 aqueous acidic media due to the protonation of the primary amine function on the D-7 glucosamine repeat unit.¹ Additionally, chitosan is important, as it is the only 8 9 pseudonatural cationic polymer.¹ Chitin and chitosan show biocompatibility, biodegradability, and non-toxity,⁴ and are therefore used in pharmaceutical and 10 biomedical applications,¹ such as artificial skin,⁵ materials to help bone rebuild,⁶ and 11 drug delivery system carriers.^{7,8} The successful applications of chitin and chitosan 12 require the ability to create well-defined films that display the required properties in the 13 working environment. This ability requires an in-depth understanding on the physical 14 properties of the films created using chitin or chitosan and the way to control these 15 properties in different environments. The polysaccharide type, its conformation and 16 17 packing in the film, and the surrounding liquids in the working environment contribute to the forces and friction of the system, which affect the properties of the polysaccharide 18 films. 19

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Films of chitin or chitosan at a substrate can be made by their adsorption from the bulk solvent to a substrate,⁹ or the transfer of monolayers of chitin or chitosan that are formed at an air/liquid interface to a substrate via a Langmuir-Blodgett or Langmuir-Schaefer deposition.¹⁰ Substrates adsorbed with monolayers of polysaccharide from Soft Matter Accepted Manuscript

1	the bulk have been reported to give low friction in aqueous solutions. ⁹ The structure and
2	properties of the adsorbed polysaccharide film have also been reported to contribute to
3	the friction of that film. ^{11,12,13,14} One advantage of using a Langmuir monolayer
4	over films that are adsorbed from the bulk is that the molecular properties of the film,
5	e.g., packing density and conformation of the polymer chains, can be controlled.
6	Additionally, the film thickness can be controlled by varying the number of depositions.
7	The conformation and intra- and inter-molecular interactions of polymer chains in the
8	film and the film thickness will affect the forces resulting from the polysaccharide film
9	and therefore the lubrication properties of the film. Numerous studies exist on films of
10	chitin or chitosan adsorbed to a substrate from the bulk. ^{1 3,1 5, 1 6,1 7} However, less
11	research exists about the physical properties of films created via Langmuir monolayers
12	of chitin or chitosan and the forces and friction of their transferred films.
13	
14	Chitin and chitosan do not dissolve in spreading solvents, such as ethanol or chloroform.
15	¹⁸ Chitin additionally does not dissolve in water. ¹⁸ However, chitin can dissolve in
16	organic acids, such as formic acid, strong polar protic solvents, such as trichloroacetic
17	acid, and in methanol that is saturated with CaCl ₂ \cdot 2H ₂ O. ¹⁸ Thus, chitin can be spread
18	at an air/water interface to form a Langmuir monolayer, if a CaCl ₂ \cdot 2H ₂ O saturated
19	methanol is used as the spreading solution. Chitosan is soluble in acidic aqueous
20	solutions. The hydrophilicity of chitosan therefore makes chitosan unable to form
21	insoluble monolayers at the air/water interface. Langmuir monolayers of chitosan have,
22	however, been successfully made at an air/water interface by modifying the structure of
23	chitosan to include hydrophobic groups. ^{19,20}

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2	Chitin and chitosan films are commonly designed in the laboratory and their physical
3	properties tested in air or water. ⁹ Water acts as a good solvent for polysaccharide films,
4	as seen by the fact that a polysaccharide film acts as a good lubricator under high load
5	in water. ²¹ However, polysaccharide films are often used in physiological liquids,
6	which contain salts and pH different than that of pure water. Changing the salt
7	concentration and pH of the solution may affect the physical properties and performance
8	of the polysaccharide films, as the solution may change from being a good solvent to a
9	bad solvent.
10	
11	The environment is reported to affect the structure of the chains in a polymer. $^{2\ 2}$ A
12	good solvent causes the chains in a polymer to expand, in order to maximize the number
13	of polymer-solvent contacts. Changing the solvent to a bad solvent causes the polymers
14	to collapse to form a compact conformation, as the polymer-polymer self-interactions
15	are preferred over the polymer-solvent interactions. ^{2 3} The solvent quality can be
16	changed via the temperature, solvent molecules, and the chemical composition of the
17	polymer. ^{2 2} Changing the liquid from a good to a poor solvent is expected to change the
18	physical properties of the polymers, and therefore the forces and friction arising from
19	the polysaccharide film. It is therefore important to determine how the liquid used in the
20	measuring environment, <i>i.e.</i> , working environment, affects the physical properties and
21	performance of the polysaccharide films.
22	
23	We made Langmuir monolayers of three different polysaccharides at an air/aqueous

24 interface. The chitin monolayer ("Chitin") was made by dissolving chitin in methanol

1	that was saturated with $CaCl_2 \cdot 2H_2O$ and then by spreading it at an air/aqueous
2	interface. The monolayer was then physically attached to a silicon wafer via a
3	Langmuir-Blodgett deposition. The chitosan monolayer was made by firstly modifying
4	chitosan to be more hydrophobic by chemically attaching a silane coupling agent to
5	chitosan. ²⁴ The chitosan-derived compounds with a lower and a higher molecular
6	weight were "L-Chitosan" or "M-Chitosan", respectively, see Fig. 7B. This
7	modification method had the advantages of enabling Langmuir monolayers to be made
8	at the air/aqueous interface and also of allowing the chitosan-derived compound to
9	chemically attach to a silicon wafer after the deposition by using a method based on that
10	described by Ohno and others. ²⁵ The effect of the polysaccharide type on the physical
11	properties of the films was studied by comparing the physical properties of the Chitin,
12	L-Chitosan and M-Chitosan films. The contribution of the subphase used in the
13	preparation of the polysaccharide Langmuir monolayers on the final properties of the
14	polysaccharide adsorbed substrates was determined by using water and a pH 9 buffer.
15	As the pKa of chitin and chitosan is 6.1^{26} and between 6 and $7^{27,28}$, respectively,
16	water was expected to act as a good solvent and the pH 9 buffer to act as a bad solvent.
17	The physical properties of the Langmuir monolayers at the air/aqueous interface were
18	determined via surface pressure (Π)-area (A) isotherms. The physical properties of the
19	monolayers that were transferred to a silicon wafer were investigated via Atomic Force
20	Microscopy. The effect of the working environment, <i>i.e.</i> , measuring liquid, on the
21	physical properties of the transferred films was determined by measuring the force and
22	friction of the transferred films in water and in the pH 9 buffer against a silica probe.
23	

24 **2. Materials and Methods**

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1 2.1. Materials

2	Chitin (Wako 1 st Grade, Wako, Japan, Fig. 1A), low molecular weight chitosan
3	(Molecular weight: 50-190 kDa, Aldrich, USA), medium molecular weight chitosan
4	(Molecular weight: 190-310 kDa, Aldrich, USA), acetic acid (4% v/v, Alpha Aesar,
5	UK), ethanol (EtOH, 99.5% purity, Wako, Japan), methanol (MeOH, JIS Special Grade,
6	Wako), chloroform (JIS Special Grade, Wako, Japan), acetone (high purity, Wako,
7	Japan), calcium chloride dehydrate (~98% purity, Wako, Japan),
8	glycidoxypropyltrimethoxysilane (purity ≥98%, Aldrich, USA), sodium hydrohyde (JIS
9	Special Grade, Wako, Japan), sodium hydrogen carbonate (JIS Special Grade, Wako,
10	Japan), and sodium chloride (99.5% purity, Wako, Japan) were used in this study. The
11	water was distilled and de-ionised using a water purification system (Direct-Q3 UV,
12	Millipore, USA). The pH 9 buffer consisted of 0.1 M NaHCO $_3$, NaOH and 0.9 wt %
13	NaCl.
14	
15	2.2. Preparation of the Chitin, L-Chitosan and M-Chitosan spreading solutions
16	The chitin spreading solution was made by adding 30 g CaCl ₂ \cdot 2H ₂ O to 40 mL MeOH,
17	after which it was stirred for at least 3 h. The solution was then filtered, and 1.2 mg
18	Chitin was added to 10 mL of the prepared MeOH solution that was saturated with
19	CaCl ₂ .2H ₂ O.
20	

The chitosan-derived spreading solutions were made in the following way. Low or medium molecular weight chitosan was reacted with a silane coupling agent based on scheme 20 that was given by Kurita and others, see Figure 1B.²⁴ Briefly, chitosan was

1	dissolved in a 1wt% acetic acid solution to give a concentration of 8 g/L. 1 mL of
2	glycidoxypropyltrimethoxysilane was added to 60 mL of this solution, after which 80
3	mL of water was added. The pH of the solution was adjusted to be above 10 by the
4	addition of NaOH. The reaction was allowed to continue for at least 3 h, after which a
5	gel was formed. The solution was then centrifuged and the upper liquid layer removed
6	and 20 mL EtOH added. The resulting solution was then mixed using a sonificator, after
7	which it was centrifuged. The EtOH layer was subsequently removed and 20 mL of new
8	EtOH was added and mixed with the gel. The mixing and sonification process was
9	repeated three times. The resulting solutions were the chitosan-silane coupling agent in
10	EtOH solutions. The low molecular weight chitosan and the medium molecular weight
11	chitosan solutions are referred to as "L-Chitosan" and "M-Chitosan" further throughout
12	this work.
13	
14	2.3. Preparation of Langmuir monolayers
15	The monolayers were prepared using a Langmuir-Blodgett Trough (Large microscopy
16	Langmuir trough, Nima Technology Ltd, Coventry, UK) made from
17	poly(tetrafluoroethylene) (PTFE) and equipped with two PTFE barriers that compressed
18	around the centre of the trough (maximum surface area of trough = 290 cm^2). The
19	surface pressure was measured using a Wilhelmy plate of wet filter paper (No.2
20	240mm, Toyo, Japan) suspended from a strain gauge (Nima PS4 surface pressure
21	sensor, Nima Technology Ltd, Coventry, UK). ²⁹

22

23 The \prod -A isotherms were acquired by firstly cleaning the Langmuir trough with

chloroform and then with EtOH. Water was subsequently added to the trough and the

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1	water surface cleaned by compressing the barriers to maximum and suctioning the water
2	surface between the two barriers clean, after which the barriers were fully expanded.
3	The water subphase was maintained at a temperature of 25°C. The monolayers were
4	prepared by spreading 500 μ L of the spreading solutions with a 250 μ L syringe (725RN,
5	Hamilton, Switzerland). The complete evaporation of the spreading solvent was ensured
6	by waiting 10 min. The monolayers were then compressed or compressed and expanded
7	(isotherm cycle) with a speed of $1.852 \text{ cm}^2\text{s}^{-1}$. The surface pressure and area were
8	simultaneously recorded to give the \prod -A isotherms. The \prod -A isotherm of each
9	monolayer was measured a minimum of three times to ensure reproducibility of the
10	results. The same solutions and volumes of Chitin, L-Chitosan and M-Chitosan were
11	spread at the air/aqueous interface when the subphase was water or the pH 9 buffer.
12	
13	2.4. Attachment of the Langmuir monolayers to silicon wafers
14	The Chitin, L-Chitosan and M-Chitosan monolayers were attached to silicon wafers via
15	a Langmuir-Blodgett deposition. Briefly, the Langmuir trough was cleaned in the
16	manner described above, after which water was added to the trough. The naturally
17	oxidized silicon wafer (Silicon Quest INT., USA) was then cleaned by washing with
18	acetone, EtOH, and water, after which it was dried. The wafer was subsequently cleaned
19	in a plasma cleaner (Harrick, USA) on high for 1 min. Next, the surface of the water in
20	the Langmuir trough was suctioned cleaned. The silicon substrate was then attached to
21	the mini-dipper (DC-20 small, Nima Technology Ltd, UK), and immersed into the

- subphase so that only the top few mm of the substrate remained in the air. The Chitin,
- 23 L-Chitosan or M-Chitosan monolayer was then spread, and a waiting time of 10 min
- allowed for the spreading solvent to evaporate. The monolayer was subsequently

1	compressed to the desired surface pressure using the surface pressure control
2	mechanism. Once the surface pressure stabilized, the wafer was moved out of the
3	subphase using the slowest speed available on the dipper (1 mms ⁻¹).
4	
5	The Chitin, L-Chitosan and M-Chitosan monolayers were physically attached to the
6	silicon wafer upon the Langmuir-Blodgett deposition. L-Chitosan and M-Chitosan were
7	subsequently chemically bonded to the silicon substrate by reacting their silane coupling
8	groups with the silicon substrate by using a method based on that described by Ohno
9	and others. $^{2\ 5}$ Briefly, the substrates covered with L-Chitosan or M-Chitosan were
10	washed with ethanol, and then with water. The substrates were subsequently dried.
11	Optical images of the substrates before and after the washing procedure showed no
12	change, indicating little or no removal of L-Chitosan or M-Chitosan with the procedure.
13	

14 **2.5. Atomic Force Microscopy Imaging**

The silicon substrates were imaged with an Atomic Force Microscope (AFM, Digital 15 Instruments NanoScope III Multimode, Santa Barbara, USA) in contact mode by using 16 17 a liquid fluid cell and a Si_3N_4 cantilever (OMCL-TR800PB-1, Olympus, Japan) with 18 reflective gold coating. The V-shaped cantilevers were 200 µm long and 166 µm wide, and had a nominal spring constant of 0.16 Nm⁻¹, and square pyramidal tips with an end-19 tip radius of curvature of 30 nm. Briefly, the physically attached Chitin, chemically 20 attached L-Chitosan, and chemically attached M-Chitosan silicon substrates were firstly 21 washed with water and then dried. The substrates were subsequently attached to the 22 23 piezo using double sided tape (NW-15SF, Nichiban, Japan). The cantilever was then set in the liquid cell, and the liquid cell attached to the AFM. Next, the cantilever was 24

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1	brought into close contact to the silicon substrate, after which water was injected into
2	the liquid cell. The substrates were then imaged with a scan rate of 2 Hz (4 $\mu\text{m/s})$ and a
3	scan size of $1 \times 1 \ \mu m^2$. The number of lines and the resolution of data points per line
4	were both 512. All the images are unmodified (<i>i.e.</i> , non-filtered), except for a 1 st order
5	flattening along the scan lines. The images shown for each substrate type represent the
6	images made at a minimum of three different positions. The images were reproducible
7	upon multiple scans, and did not change if they were scanned from top to bottom or
8	from bottom to top. Imaging over a wider scale of $5\!\times\!5~\mu m^2$ gave smaller but similar
9	topographical features as those obtained in the $1\!\times\!1\mu m^2$ scale image, indicating the
10	absence of tip artifacts.
11	
12	2.6. Atomic Force Microscopy colloid probe preparation
13	The colloid probes for the force and friction measurements were prepared by evapora-
14	ting the water from a small volume of a diameter= $6.84 \ \mu m$ silica particle dispersion
15	(Bangs Laboratory, USA), and then by attaching a single particle to a cantilever by
16	using an XYZ micromanipulator and an epoxy resin (rapid araldite, Showa polymer
17	company, Japan). Rectangular cantilevers (NSC12/ no Al, nominal spring constant=14
18	N/m, length= 90 \pm 5 µm, width=35 \pm 3 µm, thickness=2.0 \pm 0.3 µm, Micromasch, USA)
19	were used for the force and friction measurements.
20	
21	2.7. Atomic Force Microscopy force curve acquisition

22 The surface forces were measured between the bare SiO_2 colloid probe and the

23 polysaccharide covered substrates in water or the pH 9 buffer solution as a function of

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11

I	separation relative to hara wall contact by using the AFM and a liquid fluid cell.
2	Briefly, the colloid probe was brought into contact with the substrate by using a piezo.
3	During this time, a split photodiode measured the change in the deflection of the
4	cantilever (Δx) as a function of the piezo displacement. Next, the detector signal-versus-
5	piezo position curves were converted to force-versus-distance curves by firstly using the
6	slope of the linear compliance region, then by subtracting the cantilever deflection (Δx)
7	from the piezo position, and finally by using Hooke's law, $F = k\Delta x$. The zero force
8	position was defined at large cantilever-substrate separations, where no surface forces
9	were acting on the cantilever. The force and the nominal spring constant of the
10	cantilever are given by F and k, respectively. The forces were measured with speeds of
11	593, 1993 and 27901 nm/s, corresponding to frequencies of 0.3, 1 and 14 Hz,
12	respectively. As the forces did not change with the measuring speed, only the forces
13	measured at 1993 nm/s are shown.
14	
15	2.8. Atomic Force Microscopy friction data acquisition
16	The friction (lateral force) was measured between the silica colloid probe and the

polysaccharide covered substrates in water or the pH 9 buffer solution by using the AFM (Digital Instruments NanoScope III Multimode, Santa Barbara, USA) in the "friction mode" and a liquid fluid cell. Briefly, the colloid probe was pressed against the substrate in solution at a known load, while the substrate was moved horizontally underneath the cantilever at a speed of 4.0 μ m/s (scan frequency = 0.3 Hz). The lateral frictional force (*F_F*) was calculated using

$$F_F = \frac{V_L S_L K_L}{2H}$$
(1).

1	Here, V_L is the difference in the lateral force detector signal in one complete scan and H
2	is the distance from the bottom of the sphere to the mid-point of the cantilever. $S_{\rm L}$ is the
3	lateral detector sensitivity, whose value was determined from the method of Meurk and
4	others 30 to be 3.1×10^{-4} rad/V. K _L is the lateral spring constant and was calculated using
5	$K_L = \frac{2K_N L^2}{3(1+\nu)} $ (2).
6	Here, K_N is the normal spring constant, L is the length of the cantilever, and v is the
7	Poisson's ratio, where we used a typical value ^{31} of 0.27. The error in the friction
8	values was less than 25 nm.
9	
10	3. Results and Discussion
11	3.1. Influence of the polysaccharide type and monolayer subphase on the physical
12	properties of the polysaccharide film
13	3.1.1. Properties of the polysaccharide monolayers at an air/water or an air/pH 9
14	buffer interface
15	Fig. 2 shows the Π -A isotherms of the Chitin, L-Chitosan, and M-Chitosan monolayers
16	at the air/water interface. A change in the slope of the \prod -A isotherm indicates a phase
17	transition and signifies a change in the compressibility of the monolayer. ^{3 2} The \prod -A
18	isotherm of the Chitin monolayer showed three distinct phases, while that of the L-
19	Chitosan and M-Chitosan monolayers showed only one phase. The structure of the
20	polymers in a polymer monolayer can change from pancake (region I), mushroom
21	(region II), and to brush (region III) upon compression ^{3 3} Fig. 3 schematically depicts
22	the structures of these three regions.
23	

1

2	The pancake region occurs at large areas and shows a slow increase in the surface
3	pressure with an area decrease. It was observed for Chitin, L-Chitosan and M-Chitosan
4	for $\prod \le 7mN/m$, $\prod \le 10 mN/m$, and $\prod \le 30 mN/m$, respectively. The hydrophobic
5	backbone of the glycoamine repeat group in Chitin, L-Chitosan and M-Chitosan, and
6	the alkyl tail of L-Chitosan and M-Chitosan are thought to be anchored to the air/water
7	interface, while the hydrophilic groups are in contact with the water subphase. The
8	Chitin, L-Chitosan and M-Chitosan chains are expected to show a flat almost two-
9	dimensional conformation without long loops and tails protruding into the bulk phase at
10	large areas. Increasing the monolayer compression within the pancake region from large
11	areas (Area= 250 cm^2) to smaller areas, caused the surface pressure to increase. This
12	increase is explained by the increased steric repulsion, caused by the formation of loops
13	and tails in a Chitin, L-Chitosan or M-Chitosan chain and/or due the formation of
14	entanglements within the monolayers.
15	
16	The other two distinct regions at higher compression areas observed for Chitin are
17	explained as mushrooms and brushes. The phase transitions were interpreted by the
18	change in the \prod -A slopes in the isotherm. However, a direct observation of the
19	monolayers at the different regions by optical or scattering techniques is required to
20	confirm these assignments and the fact that these changes are truly thermodynamic
21	phase transitions. ^{3 4}
22	
23	The mushroom region for Chitin occurred at intermediate surface pressures of 7-10

24 mN/m. It is recognized by the pseudo-plateau in the surface pressure-area isotherm, see

1	the arrow in Fig. 2. The pseudo-plateau is associated with the dissolution of the Chitin
2	chains into the water subphase. The phase change from pancake to mushroom occurs as
3	the denser packing of Chitin causes the hydrophilic portions to start to sink. Above a
4	critical density, Chitin forms a larger number of loops in its chains, which are squeezed
5	upon compression. The gradual surface pressure increase at lower areas is explained by
6	the interactions between the neighboring Chitin chains.
7	
8	The brush region occurs at the high surface pressure region of > 10 mN/m for Chitin.
9	Here, the surface pressure increases rapidly as the area is decreased. This increase is
10	explained by the interactions between the neighboring Chitin chains, which cause
11	brushes to form and the onset of entanglements.
12	
13	The L-Chitosan and M-Chitosan monolayers did not show the mushroom phase
14	transitions that were seen in the Chitin monolayer, as the monolayers were compressed
15	from large to small areas. The fact that a phase transition was not apparent for the L-
16	Chitosan and M-Chitosan monolayers suggests that the L-Chitosan and M-Chitosan
17	polymer chains did not sink upon compression. The silane alkyl chain that was attached
18	to the glycoamine repeat group is thought to have given the L-Chitosan and M-Chitosan
19	molecules enough hydrophobicity to have prevented all or part of the molecules from
20	dissolving into the water subphase. Thus, the mushroom phase was not observed.
21	However, the fact that the surface pressure increased from zero to a maximum value of
22	16 and 31 mN/m for the L-Chitosan and M-Chitosan monolayer, respectively, as the
23	monolayer was compressed shows that the L-Chitosan and M-Chitosan polymer chains

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1	could be compressed. The polysaccharide chains were squeezed upon compression,
2	causing the steric repulsion to increase.
3	
4	Langmuir monolayers of chitosan-derived materials have been reported by other groups.
5	An N,N-dilauryl chitosan pentamer, which was synthesized from chitosan, enabled
6	stable Langmuir monolayers to be formed at an air/water interface. 20 The \prod -A
7	isotherms showed a steep increase in surface pressure, similar to the one observed for
8	our M-Chitosan monolayer, and was explained by a condensed monolayer. In the case
9	of the amphiphilic chitosan deriviative of octanoylchitosan cinnamate, 19 the Π -A
10	isotherm also showed a steep increase in surface pressure. However, the collapse
11	pressure was lower than that reported for the N,N-dilauryl chitosan pentamer; the
12	collapse pressure was approx. 24 mN/m and 52 mN/m in the former and latter cases.
13	This difference was explained by the larger surface area occupied by the chitosan-
14	derived amphiphile and the rigid and bulky cinnamate groups, which prevented the
15	polymer backbones from being compressed tightly. This resulted in a less densely
16	packed monolayer for octanoylchitosan cinnamate. Our chitosan-derived amphiphile of
17	M-Chitosan did not collapse for surface pressure values less than 30 mN/m. This
18	suggests that M-Chitosan packed better than octanoylchitosan cinnamate.
19	
20	The effect of the subphase type on the Chitin, L-Chitosan, and M-Chitosan monolayers
21	can be seen from the \prod -A isotherms of Chitin, L-Chitosan, and M-Chitosan at an air/pH
22	9 buffer, see Fig. 4. The same polymer solutions and spreading volumes were used as
23	for the pure water subphase case, allowing the Π -A isotherms of Fig. 2 (water

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1	subphase) and Fig. 4 (pH 9 buffer subphase) to be directly compared. Using a pH 9
2	buffer as the subphase instead of water caused the shape of the isotherms to change, and
3	the maximum surface pressure to increase. The Chitin and M-Chitosan monolayers
4	showed a pancake (region I) and a brush phase (region III). The transition was estimated
5	to occur at approx. 7 and 37 mN/m, respectively, by inspecting the relevant \prod -A
6	isotherms, see the arrows in Fig. 4. The pseudo-plateau that was seen for the Chitin
7	monolayer at an air/water interface was not apparent when the subphase was changed to
8	the pH 9 buffer. The L-Chitosan monolayer showed only the pancake phase (region I).
9	However, the slope of the Π -A line was much steeper in the buffer case compared to
10	that seen in the water case. The change in the shapes of the isotherms for the Chitin, L-
11	Chitosan and M-Chitosan monolayers when the subphase was changed from water to
12	the pH 9 buffer indicates that the physical properties of the monolayers depended on the
13	subphase type.
13 14	subphase type.
13 14 15	subphase type. Further information on the properties of the monolayers was obtained by compressing
13 14 15 16	subphase type. Further information on the properties of the monolayers was obtained by compressing and expanding the Langmuir monolayers of Chitin, L-Chitosan and M-Chitosan, when
13 14 15 16 17	subphase type. Further information on the properties of the monolayers was obtained by compressing and expanding the Langmuir monolayers of Chitin, L-Chitosan and M-Chitosan, when the subphase was water or the pH 9 buffer.
13 14 15 16 17 18	subphase type. Further information on the properties of the monolayers was obtained by compressing and expanding the Langmuir monolayers of Chitin, L-Chitosan and M-Chitosan, when the subphase was water or the pH 9 buffer.
13 14 15 16 17 18 19	subphase type. Further information on the properties of the monolayers was obtained by compressing and expanding the Langmuir monolayers of Chitin, L-Chitosan and M-Chitosan, when the subphase was water or the pH 9 buffer. The compression and expansion isotherms the Langmuir monolayers of Chitin, L-
 13 14 15 16 17 18 19 20 	subphase type. Further information on the properties of the monolayers was obtained by compressing and expanding the Langmuir monolayers of Chitin, L-Chitosan and M-Chitosan, when the subphase was water or the pH 9 buffer. The compression and expansion isotherms the Langmuir monolayers of Chitin, L- Chitosan and M-Chitosan at an air/water interface are shown in Figs. 5A, 5B, and 5C,
 13 14 15 16 17 18 19 20 21 	subphase type. Further information on the properties of the monolayers was obtained by compressing and expanding the Langmuir monolayers of Chitin, L-Chitosan and M-Chitosan, when the subphase was water or the pH 9 buffer. The compression and expansion isotherms the Langmuir monolayers of Chitin, L- Chitosan and M-Chitosan at an air/water interface are shown in Figs. 5A, 5B, and 5C, respectively. Upon the first compression-expansion of the monolayers, the Chitin, L-
 13 14 15 16 17 18 19 20 21 22 	subphase type. Further information on the properties of the monolayers was obtained by compressing and expanding the Langmuir monolayers of Chitin, L-Chitosan and M-Chitosan, when the subphase was water or the pH 9 buffer. The compression and expansion isotherms the Langmuir monolayers of Chitin, L- Chitosan and M-Chitosan at an air/water interface are shown in Figs. 5A, 5B, and 5C, respectively. Upon the first compression-expansion of the monolayers, the Chitin, L- Chitosan and M-Chitosan ∏-A isotherms showed hysteresis, where the monolayers
 13 14 15 16 17 18 19 20 21 22 23 	subphase type. Further information on the properties of the monolayers was obtained by compressing and expanding the Langmuir monolayers of Chitin, L-Chitosan and M-Chitosan, when the subphase was water or the pH 9 buffer. The compression and expansion isotherms the Langmuir monolayers of Chitin, L- Chitosan and M-Chitosan at an air/water interface are shown in Figs. 5A, 5B, and 5C, respectively. Upon the first compression-expansion of the monolayers, the Chitin, L- Chitosan and M-Chitosan ∏-A isotherms showed hysteresis, where the monolayers shifted to smaller areas upon expansion when compared to the areas obtained in the

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the pancake region. In the case of the Chitin monolayer, subsequent compressions and expansions did not cause hysteresis. The Chitin isotherms also did not shift upon the second and third compression-expansion cycle. The isotherms of L-Chitosan and M-Chitosan, however, showed hysteresis upon subsequent compressions and expansions, and continued to shift to smaller areas as the number of compressions-expansion cycles increased. The degree of hysteresis increased in the order of Chitin < L-Chitosan</p>

8

9 A shift in the compression-expansion cycles to smaller areas indicates a loss of material 10 from the air/water interface. Hysteresis between the compression and expansion isotherms shows irreversible structural changes in the monolayers. In the case of the 11 12 Chitin monolayer, the chains in the monolayer did not regain their original pancake 13 structure upon expansion after being compressed the first time. This indicates a more densely packed structure after compression, possibly due to the presence of 14 entanglements that could have been induced in the structure when it was compressed to 15 16 the brush phase. The second and third compression-expansion cycles did not show hysteresis. The isotherm also did not display a measurable shift to the left upon 17 expansion and compression, indicating no significant loss of material from the surface. 18 In the case of the L-Chitosan and M-Chitosan monolayers, the isotherms continued to 19 20 shift to smaller areas upon subsequent compression-expansion cycles. This result 21 suggests entanglements or fusion between the chains in the L-Chitosan and M-Chitosan 22 monolayers or dissolution of part of the chains into the subphase upon compression. However, as a phase change was not observed for the L-Chitosan and M-Chitosan 23 24 monolayers, the inter- and intra-chain molecular associations are thought to dominate.

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1 The hysteresis in the L-Chitosan and M-Chitosan monolayers indicates that the polymer chains in the L-Chitosan and M-Chitosan monolayers could not recover their original 2 3 structures upon expansion after their compression. The inter- and intra-chain interactions and entanglements are thought to contribute to this stiffness. 4 5 The Π -A isotherm compression and expansion cycles of the Chitin, L-Chitosan, and M-6 Chitosan monolayers at an air/pH 9 buffer interface are shown in Figs. 6A, 6B, and 6C, 7 respectively. Each monolayer showed hysteresis between the compression and 8 9 expansion isotherms. The isotherms shifted to smaller areas upon subsequent compression-expansion cycles. The hysteresis was larger when the subphase was the pH 10 9 buffer than when it was water. Previously, in the case of a water subphase, the Chitin 11 monolayer did not shift to smaller areas upon a continued compression and expansion of 12 13 the monolayer. This result is in contrast with that seen in the pH 9 buffer case. Thus, the 14 presence of NaCl and NaOH in the subphase changed the conformations of the chains in 15 the polysaccharide monolayers and the visco-elastic properties of the polysaccharide 16 monolayers. 17 Changing the subphase from water to the pH 9 buffer caused the pH to increase and the 18 ionic concentration to increase from 1.6×10^{-3} mM to 262.33 mM. The pKa of chitin and 19

chitosan is 6.1²⁶ and between 6 and 7^{27,28}, respectively. Thus, the amino group in 20

solution to 9 by changing the solution from pure water to a pH 9 buffer reduces the 22

21

charge of chitin and chitosan. This reduction in charge causes less repulsion between the 23

chitin and chitosan is protonated in water with a pH of 5.8. Increasing the pH of the

24 chitosan chains, resulting in less extended structures. At pH > pKa, chitosan has been

1	reported to be insoluble in water due to the depronated amines. ^{35,36} The addition of
2	salt to the subphase of a monolayer has also been shown to cause charged monolayers at
3	air/water interfaces to become harder. ³⁷ The addition of salt also reduces the intra- and
4	inter-chain repulsion in the polymer films, due to screening of the charged repeat units.
5	Thus, the change in the subphase from water to the pH 9 buffer would cause the
6	conformation and interaction of the chains in the Chitin, L-Chitosan and M-Chitosan
7	monolayers to change. The physical properties of the transferred monolayer films are
8	therefore also expected to have changed as a result of the subphase liquid type.
9	
10	3.1.2. Properties of the polysaccharide monolayers transferred to a solid substrate
11	The above monolayers were prepared with the aim of use as films to be used in medical
12	and biological applications. Thus, the monolayers showing high density coverage,
13	lubrication and durable properties were desired. The properties of the monolayers that
14	were compressed to the maximum stable surface pressure and transferred to a hard
15	substrate were therefore investigated.
16	
17	The surface pressures at which the Chitin, L-Chitosan, and M-Chitosan at the air/water
18	interface were transferred were 16.0, 10.6 mN/m, and 33.3 mN/m, respectively. The
19	Chitin, L-Chitosan, and M-Chitosan monolayers at the air/pH 9 buffer interface were
20	compressed to their maximum stable surface pressures of 22.0, 25.0, and 41.0 mN/m,
21	respectively. The monolayers were transferred to silicon wafers via a Langmuir-
22	Blodgett deposition. The L-Chitosan, and M-Chitosan surfaces were washed with
23	ethanol, enabling L-Chitosan and M-Chitosan to chemically attach to the silicon surface
24	via a silanization reaction.

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The $1 \times 1 \mu m^2$ AFM height images of the Chitin, L-Chitosan, and M-Chitosan films made 2 3 at an air/water interface and transferred on silicon wafers are shown in Figs. 7A, 7B, 4 and 7C, respectively. The height sections of the lines shown in the Chitin, L-Chitosan, and M-Chitosan images are shown in Figs. 7D, 7E, and 7F, respectively. The properties 5 of polymer brushes are reported to change when measured in air and in water.³⁸ As our 6 polymer films were envisioned to be used in a liquid environment, we measured the 7 images in water. The polymers showed circular regions with a diameter of approx. 100-8 9 200 nm, explained by the aggregation or compression of the polymer chains. The circular shapes were explained as polymer brushes for Chitin or pancake conformations 10 for L-Chitosan and M-Chitosan, as the surface pressures at which the Chitin, L-11 Chitosan, and M-Chitosan were transferred were designated as polymer brushes or 12 pancakes from the Π -A isotherms. The surface showed a height difference of less than 1 13 nm, indicating a flat surface. Such a surface can be achieved if the polysaccharide 14 15 chains adsorb horizontally to the substrate. The small peaks seen in the image for M-Chitosan suggest that there were small attractive interactions between the cantilever tip 16 and M-Chitosan. 17 18

The Chitin, L-Chitosan, and M-Chitosan films all gave films with a similar morphology, in spite of the fact that the Chitin film was formed by brushes while the L-Chitosan and M-Chitosan films were formed from compressed pancakes. A film made from chains with a pancake structure is expected to give larger aggregates with a lower packing density than that observed for the films made from chains with a brush structure. However, the above images showed that the packing of Chitin brushes is comparable or

1	less than that observed of compressed pancakes formed from L-Chitosan or M-Chitosan.
2	This result suggests that the chains in Chitin and those in L-Chitosan and M-Chitosan
3	interact with each other and with the silicon and water differently. Thus, if only the
4	morphology of the films control the physical properties of the Chitin, L-Chitosan and
5	M-Chitosan films, then the compressed pancakes of L-Chitosan or M-Chitosan Chitin
6	brushes are expected to give similar results.

7

The $1 \times 1 \mu m^2$ AFM height images of the Chitin, L-Chitosan, and M-Chitosan films made 8 at an air/pH 9 buffer interface and transferred onto silicon were imaged in water and are 9 shown in Figs. 8A, 8B, and 8C, respectively. The height sections of the lines shown in 10 the Chitin, L-Chitosan, and M-Chitosan images are shown in Figs. 8D, 8E, and 8F, 11 respectively. Chitin gave the flattest film with a surface variation of less than 5 nm. The 12 13 diameter of the circular regions was approx. 100 nm, a size comparable with those 14 obtained when the subphase was water. L-Chitosan and M-Chitosan, however, gave 15 very rough surfaces, with surface height differences of approx. 80 nm. These values are 16 more than 80 times larger than those obtained when the subphase was water. The diameter of the circular regions formed by L-Chitosan and M-Chitosan were up to 600 17 nm, values approx. three times larger than those obtained for the water subphase case. 18 19

L-Chitosan and M-Chitosan showed larger surface height deviations in the AFM images when it was prepared at an air/pH 9 buffer interface (Fig. 8) than when it was prepared at an air/water interface (Fig. 7). This difference can be explained by the fact that the chains were elongated in the air/water interface case, causing little surface height deviations, *i.e.*, a flat or nearly flat surface. The chains were, however, compacted in the

1	air/pH 9 water interfacial case, causing many compact globules to exist at the silicon
2	surface. This resulted in a rough surface. The fact that that L-Chitosan and M-Chitosan
3	showed a higher roughness than Chitin can be explained in terms of the differences in
4	the deacetylation of chitosan and chitin. Chitin and chitosan are reported to be 14.28
5	and 80% deacetylated, respectively. $^{\rm 4\ 2}$ Thus, chitosan is more charged than chitin at
6	low pH. At pH 6.0, chitin and chitosan are 7.14% and over 40% charged, respectively,
7	while chitin and chitosan are charged only a maximum of a few percent at pH 9. 26 The
8	change in the charge for chitin with pH is small. Therefore only a small change will be
9	seen in the physical properties of the Chitin film with a pH change. L-Chitosan and M-
10	Chitosan, however, exhibit a large charge change, when the pH is increased from pH 5.8
11	(pure water) to pH 9 (buffer). As a result, the structure is expected to change
12	significantly as a result of the subphase change.
13	
14	The causes for the differences in the AFM images obtained when the monolayers were
15	made on a water subphase and on a pH 9 buffer subphase were investigated by
16	measuring the forces in water between a silica particle (probe) and the Chitin, L-
17	Chitosan, and M-Chitosan covered silicon substrates that were prepared at air/water
18	interfaces and at air/pH 9 buffer interfaces.
19	
20	The forces between a silica particle (probe) and the Chitin, L-Chitosan, and M-Chitosan
21	covered silicon substrates that were prepared at air/water and measured in water are
22	shown in Fig. 9. Repulsive forces were observed in the approach force curves of the L-
23	Chitosan and M-Chitosan films. The repulsive forces started at approx. 15-20 nm for the
24	L-Chitosan and M-Chitosan films. The inset of Fig. 9 shows that an attractive force was

1	observed in the approach force curve of the Chitin film for separation distances between
2	20 and 5 nm. A repulsion was then observed for separation distances of less than approx.
3	5 nm. The zero separation distance indicates the position where the silica was in contact
4	with a hard surface, <i>i.e.</i> , the position where the film could not be compressed any
5	further. The AFM images showed a height difference between the pancakes or brushes
6	of approx. 1 nm. The fact that the repulsion forces were larger than 1 nm indicates that
7	these films were thicker than 1 nm or that these films showed strong repulsive force
8	against silica.
9	
10	Silica is negatively charged at pH 5.8, the pH of the water used in these studies, as the
11	isoelectric point of silica is between 2 and 4. ³⁹ The silicon wafers to which the Chitin,
12	L-Chitosan and M-Chitosan films were transferred were covered by the Chitin, L-
13	Chitosan and M-Chitosan films, as seen by the AFM images. Thus, the charge of the
14	substrate is explained by the charge of the Chitin, L-Chitosan and M-Chitosan films.
15	The amino group in chitin and chitosan is protonated in acidic to neutral solutions, as
16	the pKa of chitin and chitosan is 6.1^{40} and between 6 and $7^{27,41}$, respectively. Thus,
17	Chitin, L-Chitosan and M-Chitosan films were positively charged at pH 5.8, the pH of
18	our water. As silica is negatively charged at pH 5.8, the pH of the water used in these
19	studies, the silica probe used in the force studies was negatively charged.
20	
21	Electrostatic forces between the probe and the chitin or chitosan modified substrates
22	would be attractive, as the probe and substrate were negatively and positively charged,
23	respectively. The attraction that was observed between the Chitin film and the silica
24	probe may be due to this electrostatic attraction. Alternatively, as a polysaccharide chain

1	in Chitin contains multiple positive sites and as Chitin was not chemically attached to
2	the silicon wafer, one chain may have bound to both the silicon wafer and the silica
3	probe. This would result in an attraction, due to bridging forces. The repulsion observed
4	for the Chitin, L-Chitosan and M-Chitosan films cannot be explained by an electrostatic
5	force, as the Chitin, L-Chitosan and M-Chitosan films were positively charged and the
6	silica probe was negatively charged. The repulsion observed in the force curves,
7	however, can be explained as a steric force that results from the compression of the
8	Chitin, L-Chitosan or M-Chitosan chains by the silica particle. As the repulsion distance
9	was 5 and 15-20 nm for the Chitin and L-Chitosan or M-Chitosan films and as the silica
10	probe was bare, the compression region of the Chitin film is thought to be at least 5 nm
11	thick, and that of the L-Chitosan or M-Chitosan films to be at least 15 nm thick.
12	
13	L-Chitosan and M-Chitosan were also positively charged and contained multiple
14	positively charged sites which could also have adsorbed onto to the negatively charged
15	silica particle. In spite of this, no clear attractions were observed in the approach force
16	curves of the L-Chitosan or M-Chitosan films. Bridging and/or electrostatic attractive
17	forces were seen in the Chitin case to commence at 20 nm. The steric forces were seen
18	in the L-Chitosan or M-Chitosan films to commence around 15-20 nm. Thus, it is
19	possible that the attractive forces were being superimposed onto the steric force. If the
20	repulsion in the steric force was stronger than the attraction, then the repulsion would
21	dominate.
22	
23	The retract force curves for Chitin, L-Chitosan and M-Chitosan show a single adhesion.

24 This adhesion indicates that the polysaccharides interacted with the silica surface. As

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1	the Si-(OCH ₃) ₃ group on L-Chitosan and M-Chitosan chemically reacted with the
2	silanol groups on silicon, it is the glycosamine repeat unit on the L-Chitosan and M-
3	Chitosan chains that contacted water and which could interact with silica. Chitin
4	physically adsorbed to the silicon substrate. Thus, its chains could interact with both the
5	silicon wafer and the silica probe. The Chitin, L-Chitosan and M-Chitosan chains
6	possessed positively charged groups at pH 5.8, the pH of our water, and our silica probe
7	was negatively charged at pH 5.8. Thus, the adhesion observed in the retraction force
8	curve can be explained by an electrostatic attraction between the Chitin, L-Chitosan or
9	M-Chitosan transferred films and the silica probe in water.
10	
11	The strength of the adhesion increased in the order of Chitin>M-Chitosan> L-Chitosan.
12	The stronger adhesion seen for M-Chitosan when compared to L-Chitosan is explained
13	by the fact that the molecular weight of M-Chitosan is greater than that of L-Chitosan.
14	This results in M-Chitosan having more positively charged sites on its chains that could
15	adhere to the negatively charged sites on the silica probe.
16	
17	Chitin and chitosan are reported to be 14.28 and 80% deacetylated, respectively. $^{4\ 2}$ At
18	pH 5.8, chitin and chitosan are 7.14% and over 40% charged. 26 Thus, L-Chitosan and
19	M-Chitosan are more charged than Chitin at pH 5.8. As a result, an electrostatic
20	attraction should have caused L-Chitosan and M-Chitosan to show a stronger attraction
21	to the silica probe than Chitin. The fact that the adhesion between Chitin and the silica
22	probe was greater than that of L-Chitosan or M-Chitosan and the silica probe indicates
23	that this adhesion was not due to electrostatic forces alone. A bridging force between
24	Chitin and the silica probe would also give an adhesion. The combination of the

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electrostatic attraction and the attractive bridging force is thought to give the strong
adhesive force that was measured for Chitin. As Chitin was not chemically adsorbed to
the substrate, the Chitin chains had more freedom to change their conformation and
adsorb onto the silica probe. The L-Chitosan and M-Chitosan films were chemically
attached to the silicon wafer. Thus, their chains did not have as much freedom to change
their conformation. As a result, the L-Chitosan and M-Chitosan are thought to have
adsorbed less to the silica probe than Chitin.

8

9 The forces between a silica particle (probe) and the Chitin, L-Chitosan, and M-Chitosan 10 covered silicon substrates that were prepared at air/pH 9 buffer interface and measured in water are shown in Fig. 10. Repulsive forces were observed in the approach and 11 12 retract force curves for all the films, when the monolayers were prepared on a pH 9 13 buffer subphase and the forces measured in water. The repulsive forces extended to approx. 20-25 nm for the Chitin, L-Chitosan and M-Chitosan films. Comparison of Figs. 14 9 and 10 shows that the attraction between the Chitin film and the silica probe in the 15 16 approach force curve disappeared, when the monolayer subphase was changed from water to the pH 9 buffer. The retract force curves measured in water for the pH 9 17 subphase systems also showed no adhesion. The absence of an attraction in the 18 approach force curve and the absence of an adhesion in the retract force curve shows 19 20 that the films did not adhere to the negatively charged silica particle. Although the 21 measuring liquid was the same, *i.e.*, water, the force of the polysaccharide films 22 depended on which subphase the polysaccharide monolayers were prepared.

23

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1	The samples whose forces were measured in water were made by firstly preparing the
2	monolayers at an air/aqueous interface and then by transferring them to a silicon
3	substrate. The subphase directly affected the conformation of the chains in the
4	polysaccharide monolayers in the preparation process, as the polysaccharide was at the
5	air/aqueous interface and therefore was in direct contact with the subphase. A pH 9
6	buffer reduced the charge of the Chitin, L-Chitosan and M-Chitosan monolayers, due to
7	the screening by the buffer ions and the lowered protonation of the amino groups in the
8	chitin and chitosan monolayers. As a result, the chains are expected to collapse and
9	form globules. The result will be a less flat monolayer made at the air/pH 9 buffer
10	interface than that which was made at the air/water interface. The properties of the
11	monolayers that were transferred to a silicon substrate were investigated in water. The
12	measuring liquid (water) has a pH of 5.8, which is less than the pKa of chitin or
13	chitosan, and also has a low ionic concentration. Thus, the chitin and chitosan chains
14	should be protonated and the charges non-screened. The monolayers made at an
15	air/water interface, however, showed different forces than those made at an air/pH 9
16	buffer interface. This difference shows that the polymer chains did not change to give a
17	stretched conformation that is typical of polyelectrolytes in good solvents (water), when
18	the monolayers were made at an air/pH 9 buffer interface and the properties of its
19	transferred film measured in a good solvent.
20	
21	The repulsive forces observed for the Chitin, L-Chitosan and M-Chitosan films

22 prepared at an air/pH 9 buffer interface and measured in water were assigned to a steric

23 repulsion. This is because the films that were made on the buffer subphase were non-

charged, and as any part of the polysaccharide chain that was charged due to the

1	measuring liquid being water, <i>i.e.</i> , pH <pka, be="" charged="" positively="" th="" the<="" while="" would=""></pka,>
2	silica probe would be negatively charged. The repulsive forces extended to 20-25 nm,
3	meaning that the thickness of the compressible part of the Chitin, L-Chitosan and M-
4	Chitosan films were at least 20 nm. This value is higher than that measured for the films
5	produced on a water subphase and can be explained by the large globules that were seen
6	in the AFM image (Fig. 8). The polysaccharide film made at an air/water interface gave
7	a flatter surface, explained by the more stretched chains that could attach more
8	horizontally to the substrate. The globules are thought to act as hairy layers, which give
9	rise to a steric force when compressed.
10	
11	The effect of the polymer type and monolayer subphase on the lubricating ability and
12	durability of the adsorbed Chitin, L-Chitosan, and M-Chitosan films were investigated
13	by measuring the friction in water between a silica probe and the films prepared at an
14	air/water interface or an air/pH 9 buffer interface , when the probe was brought in
15	contact with the polymer films.
16	
17	The friction of the adsorbed Chitin, L-Chitosan, and M-Chitosan films that were
18	prepared at an air/water interface and measured in water are shown in Fig. 11. The
19	friction was measured as a function of the load applied to the probe, when the load was
20	varied from low to high values (loading) and then from high to low values (unloading).
21	In general, the friction increased in the order of Chitin~M-Chitosan< L-Chitosan. The
22	friction of Chitin and L-Chitosan was comparable at low loads, but the friction of Chitin
23	was lower than L-Chitosan at high loads.
24	

1	The difference in the magnitude of the charges of the chains in Chitin, L-Chitosan, and
2	M-Chitosan may also affect the lubricating abilities of the polymer films. At pH 5.8, L-
3	Chitosan and M-Chitosan were more positively charged than Chitin at pH 5.8. As a
4	result, L-Chitosan and M-Chitosan should show a stronger electrostatic attraction to the
5	negatively charged silica probe than Chitin. The magnitude of this attraction should then
6	increase as the load is increased. A stronger adhesion gives a higher friction, ^{4 3} which
7	reduces the lubricating ability of the surfaces. The facts that the friction of Chitin and L-
8	Chitosan was comparable at low loads and that the friction of Chitin was lower than L-
9	Chitosan at high loads shows that the charge of the film affected the lubricating abilities
10	of the film.
11	
12	M-Chitosan has a higher molecular weight than L-Chitosan. Therefore, M-Chitosan
13	should have a greater number of positively charged sites than L-Chitosan and should

adsorb to the silica probe stronger than L-Chitosan. The friction data, however, shows
that M-Chitosan gave a lower friction than L-Chitosan. Thus, the lubricating ability of
M-Chitosan must be due to a different cause.

17

The molecular weight of a polymer adsorbed to a substrate is also reported to affect the lubrication ability of the film. A polymer with a higher molecular weight gives better lubrication.^{4 4} The conformation of a polymer at a substrate is also thought to affect its lubricating ability. The surface pressures at which the Chitin, L-Chitosan, and M-Chitosan were transferred were 16.0, 10.6 mN/m, and 33.3 mN/m, respectively. The AFM images shown in Fig. 7 showed that M-Chitosan had the smallest, most compact polymer globules, when the size of the polymer aggregates of Chitin, L-Chitosan, and

1	M-Chitosan were compared. The better lubrication ability of M-Chitosan compared to
2	L-Chitosan is explained by the closer packing density of the chains in M-Chitosan
3	compared to those in L-Chitosan. A polymer with a bottle-brush type architecture has
4	been shown to give very low friction, when tested in water. ^{4 5} M-Chitosan is therefore
5	thought to give the lowest friction due to its high molecular weight and compacted
6	conformation.
7	
8	Comparison of the loading and unloading friction curves of Chitin, L-Chitosan and M-
9	Chitosan shows that the friction of all the polymer films decreased a little, after
10	applying a high load to the films. The fact that only a small decrease was observed
11	suggests only slight wear and degregation of the polymer films at high loads.
12	
13	The friction of the Chitin, L-Chitosan and M-Chitosan transferred films prepared at an
14	air/pH 9 buffer interface were measured against a silica particle in water, see Fig. 12.
15	The friction was measured from low to high loads and then from high to low loads in
16	order to determine the wearing of the films. The friction increased almost linearly as the
17	load was increased. Additionally, little variation was observed between the friction
18	values measured during loading and unloading. This result indicates little wearing of the
19	surface. The friction values increased in the order of Chitin < M-Chitosan < L-Chitosan.
20	Thus, the Chitin film gave the best lubrication. Comparing the friction curves obtained
21	for the monolayers made on the buffer and those made on the water subphase, we see
22	that the buffer subphase gave films with a significantly higher friction for the L-
23	Chitosan and M-Chitosan films. Only slightly higher values were obtained for the
24	Chitin case. The fact that the polysaccharide films showed higher friction for the buffer

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1	case suggests that the Chitin, L-Chitosan and M-Chitosan chains were stiffer when the
2	monolayers were made on the pH 9 buffer than when they were made on water. The
3	addition of salt has been shown to cause charged monolayers at air/water interfaces to
4	become harder. ^{3 7} Thus, this stiffening result may be due to the adsorption of ions to the
5	chains. Alternatively, it may also be due to the formation of entanglements in the
6	monolayer at the time the monolayer was formed at the air/pH 9 buffer interface.
7	
8	The friction results also show that the buffer influences the L-Chitosan and M-Chitosan
9	values much more than the Chitin values. The fact that the chains in the L-Chitosan and
10	M-Chitosan films were chemically attached to the substrate and that the chains in the
11	Chitin film were only physically attached may contribute to this difference. In the
12	chemically attached case, the number of free parts of the chain is less than that in the
13	physically adsorbed case. The chains may therefore change their conformation more in
14	the physically adsorbed case, allowing a greater lubrication and therefore a lower
15	friction. Additionally, as the charge of chitosan is higher than chitin, more ions can
16	adsorb to chitosan than to chitin, resulting in the chitosan films being stiffer than the
17	chitin films.
18	
19	3.2. Influence of measuring liquid used in the force and friction measurements on
20	the physical properties of the polysaccharide films
21	In order to determine how the measuring liquid affect the properties of the Chitin, L-
22	Chitosan and M-Chitosan monolayers, the properties of the Chitin, L-Chitosan or M-
23	Chitosan monolayers that were prepared on water or buffer subphases were investigated
24	in the pH 9 buffer.

2	Figs. 13 and 14 show the force and friction curves measured in the pH 9 buffer and
3	between a silica particle and the Chitin, L-Chitosan and M-Chitosan films, when they
4	were prepared at an air/water interface. We observe that the order of magnitude of the
5	repulsive force in the approach force curve increased in the order of Chitin< M-
6	Chitosan < L-Chitosan. We also observe that the order of magnitude of the adhesive
7	force in the retract force curve increased in the order of Chitin and L-Chitosan <m-< td=""></m-<>
8	Chitosan. The friction-load data show that the friction increased in the order of Chitin <
9	M-Chitosan < L-Chitosan. Chitin showed a strong hysteresis in its friction-load curve,
10	indicating wearing. The M-Chitosan film showed less hysteresis, indicating only some
11	wearing. The L-Chitosan film showed little hysteresis, indicating little or negligible
12	wearing. If we compare the forces and friction curves measured in water (Figs. 9 and
13	11) with those measured in pH 9 buffer (Figs. 13 and 14), we observe a reduced
14	adhesion in the retract force curve and a higher friction, when the measuring liquid was
15	changed from water to the pH 9 buffer. The extension of the repulsion observed in the
16	approach force curves for the Chitin, L-Chitosan and M-Chitosan films were
17	comparable, when the measuring solution was water or the pH 9 buffer. The magnitude
18	of the hysteresis in the friction-load curve for the Chitin, L-Chitosan and M-Chitosan
19	films increased when the liquid was changed from water to the pH 9 buffer.
20	
21	Figs. 15 and 16 show the force and friction curves measured in the pH 9 buffer and
22	between a silica particle and the Chitin, L-Chitosan and M-Chitosan films, when they
23	were prepared at an air/pH 9 buffer interface. We observe that the order of magnitude of
24	the repulsion measured in the force curves increased in the order of Chitin< M-Chitosan

1	\sim L-Chitosan. The friction-load data show that the friction increased in the order of
2	Chitin < M-Chitosan ~ L-Chitosan. Chitin showed a strong hysteresis in its friction-
3	load curve, indicating wearing. The L-Chitosan monolayer showed less hysteresis,
4	indicating only some wearing. The M-Chitosan monolayer showed little hysteresis,
5	indicating little or negligible wearing. If we compare the forces and friction curves
6	measured in water (Figs. 10 and 12) with those measured in pH 9 buffer (Figs. 15 and
7	16), we observe a change in the repulsive forces for the L-Chitosan and M-Chitosan
8	monolayers. L-Chitosan showed a stronger and longer repulsive force and a higher
9	friction than M-Chitosan, when water was used as the measuring liquid. The extension
10	of the repulsion observed in the approach force curves for the Chitin, L-Chitosan and
11	M-Chitosan films were comparable, when the measuring solution was water or the pH 9
12	buffer. The magnitude of the hysteresis in the friction-load curves for Chitin and L-
13	Chitosan increased when the liquid was changed from water to the pH 9 buffer. The
14	hysteresis in the friction-load curves for the M-Chitosan monolayers was not greatly
15	affected by the measuring liquid.
16	

The effect of the measuring solvent on the polysaccharide films can be seen by 17 comparing the changes in the force and friction data when the measuring liquid was 18 19 changed from water to the pH 9 buffer. In the case of the pH 9 buffer solution, there was 20 in general less adhesion (stronger repulsion) and stronger friction than that which was 21 observed when the measuring liquid was water. This result was observed, regardless of whether the monolayers were prepared at an air/water interface or an air/pH 9 buffer 22 23 interface. The hysteresis seen in the friction-load curves of the monolayers also generally increased when the measuring solution was changed from water to the pH 9 24

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buffer. The Chitin monolayer showed the strongest hysteresis and dependence on the
measuring liquid.

3

The adhesion in the force curves was explained by an electrostatic attraction between 4 5 the monolayers, which were positively charged when measured in a pH 5.8 solution 6 (water), and the silica probe, which was negatively charged in the pH 5.8 solution. The silica probe became more negative at pH 9. Thus, the disappearance of the adhesion in 7 8 the retract force curves and/or the increase in the magnitude of the repulsive forces 9 when the measuring solution was changed from water to pH 9 buffer indicates a 10 decrease in the positive charge of the monolayer. This decrease can be explained by the reduction in the dissociation of the amino groups in the chitin and chitosan monolayers, 11 12 the screening by the ions, and/or by the adsorption of the ions to the polysaccharide films. 13

14

The extension of the repulsion observed in the approach force curves for the Chitin, L-15 16 Chitosan and M-Chitosan films were comparable when the measuring solution was water or the pH 9 buffer, regardless of whether the monolayers were prepared at an 17 air/water interface or an air/pH 9 buffer interface. As this repulsion was explained by a 18 steric force, this result suggests that the compressibility and/or conformation of the 19 20 chains were not significantly affected by the measuring solution. Thus, if the ions from 21 the measuring solution were adsorbing to the monolayers, they are thought to have 22 adsorbed to the surface of the monolayers with only few ions penetrating inside the monolayers. 23

24

1	Comparing the friction versus load curves measured in water with those measured in a
2	pH 9 buffer, we see a significant larger friction in the case of the pH 9 buffer. This
3	result suggests a hardening of the surface. This hardening may result from a change in
4	the conformation of the chains in the monolayers and/or due to the dehydration of the
5	monolayers, caused by the adsorption of ions from the measuring liquid. $^{3\ 7}$
6	
7	The dependence of the magnitude of the hysteresis in the friction-load curve of the
8	transferred monolayers on the type of measuring liquid indicates that its wearing
9	depends on its environment. High hysteresis can be explained by the removal of ions
10	from the surface due to a strong pushing. Low or negligible hysteresis indicates little
11	loss of ions from the surface. Alternatively, stiffer surfaces show more damage than
12	elastic surfaces, when a load is moved laterally across its surface. This would result in
13	stiffer surfaces showing higher hysteresis than less-stiff surfaces. Non-lubricated
14	surfaces have been reported to show a higher friction than lubricated
15	surfaces. ^{46,47,48} Comparison of the wear of silicon in air, a non-lubricated surface,
16	with the wear of silicon in water, a lubricated surface, showed that lubricated surfaces
17	show less wear than non-lubricated surfaces. ^{4 9} This result indicates that high hysteresis
18	is obtained with non-lubricating surfaces.
19	
20	High hysteresis can also occur for films that are only weakly attached to the substrate.
21	Chitin was only physically adsorbed to the silicon substrate, while L-Chitosan and M-
22	Chitosan were additionally chemically attached to the silicon substrate. In the pH 9
23	buffer, the chains were less charged, resulting in a weaker electrostatic attraction
24	between the polysaccharide chains and the silicon wafer. This would cause a weaker

physical adsorption. The Chitin film would therefore be more easily removed from the silicon substrate in the pH 9 buffer than the L-Chitosan and M-Chitosan films because of its weaker adsorption to the silicon wafer. This would result in Chitin showing the greatest hysteresis out of the polysaccharide covered substrates in the case of the pH 9 buffer.

6

The environment is reported to affect the structure of the chains in a polymer film.²² In 7 8 the case of a polyelectrolyte in a good solvent, the chains extend due to the electrostatic 9 repulsion between neighboring chains. A reduction of the electrostatic repulsion due to a reduced charge would cause the chains to collapse. Such a charge reduction can be 10 achieved by decreasing the ionization of the polyelectyrolyte, e.g., increasing the pH 11 12 above the pka, or by increasing the concentration of ions in the solvent, which acts to increase the screening of the polyelectrolyte charges. Changing the solvent from water 13 to the pH 9 buffer acts to decrease the charge on Chitin, L-Chitosan and M-Chitosan, as 14 15 the pKa of chitin and chitosan are 6.1 and between 6 and 7, respectively, and as the concentration of ions in the solution are increased from 1.6×10^{-3} mM to 262.33 mM. 16 Thus, the chains in the Chitin, L-Chitosan and M-Chitosan monlayers are expected to be 17 more expanded when the solution is water than when the solution is the pH 9 buffer. 18 The fact that little difference was seen in the steric forces when the solution was 19 changed from water to the pH 9 buffer indicates that the subphase on which the 20 21 monolayer was prepared affected the conformation of the polysaccharide chains the 22 most.

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1	Other polymer systems have also shown differences in their physical properties when
2	the measuring solution was changed. Rheological and small-angle X-ray scattering
3	studies have shown that the poly(acrylamide-co-sodium acrylate-co-dihexylacrylamide)
4	polyelectrolyte is extended in an aqueous solution due to charge repulsion. 50 The
5	addition of salts to the solution caused intramolecular associations, due to the screening
6	of the charges, and a decrease in the viscosity of the solution. Langmuir polymer
7	monolayers have also been seen to display flow and possible reptation motion under
8	good solvent conditions, but glassy behavior under poor solvent conditions. $^{5\ 1}$ The
9	lubricating property of a polymer adsorbed to a substrate with a bottle-brush type
10	architecture was also reported to change with the surrounding media. $^{4\ 5}$ Whereas a low
11	friction was observed in water, a high friction was measured in a solution containing a
12	high concentration of salt. This dependence of friction to the measuring liquid was
13	explained in terms of the changed conformation of the polymer. Additionally, the low
14	friction observed for a polymer in a good solvent has been explained in terms of the
15	ability of water molecules, which act as good lubricants, to adsorb to the polymer. ³⁸
16	
17	The friction of L-Chitosan was higher than that of M-Chitosan in water, a good solvent.
18	This result suggests that the molecular weight of the polymer affects its lubricating
19	ability. M-Chitosan had a larger number of charged sites and a longer chain-length. L-
20	Chitosan had a shorter chain length than M-Chitosan. As a result, M-Chitosan had more
21	charged sites than L-Chitosan in water. The lubrication between two charged surfaces
22	increases with an increased charge. 52 This can be explained by the increased repulsion
23	between the two surfaces, ^{1 2} and the increased lubricating ability of the polymers by the

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solvent.^{5 3} In the case of pH 9 buffer, L-Chitosan and M-Chitosan were less charged and the charges were screened. The buffer acted as a poor solvent, causing the chains in L-Chitosan and M-Chitosan to collapse and form globules. Thus, there was less difference in the adsorbed size and charge of the chains in the L-Chitosan and M-Chitosan monolayers. L-Chitosan and M-Chitosan therefore showed comparable friction in the pH 9 buffer measuring solution. The friction of L-Chitosan and M-Chitosan was higher than that of Chitin, regardless of the measuring liquid. This cause is thought to be due to the ability the ions in the measuring liquid to adsorb to the polysaccharide chains in the case of the pH 9 buffer, and due to the electrostatic attraction between the polysaccharide films and the silica probe in the case of water. Chitin was less charged than L-Chitosan or M-Chitosan, resulting in less ions adsorbing onto Chitin than onto L-Chitosan or M-Chitosan and a weaker electrostatic attraction. As a result of the lower ion adsorption, the Chitin monolayer was less stiff than L-Chitosan or M-Chitosan. The Chitin monolayer was stiffer in the pH 9 buffer than in water, as the buffer contained more ions than water, which were also capable of adsorbing onto Chitin.

The difference in the structure between chitin and chitosan is also expected to affect the physical properties of chitin or chitosan adsorbed to the silicon substrate. If chitin were chemically adsorbed to silicon in such a way as L-Chitosan or M-Chitosan, then we would expect to see a difference in the force and lubrication properties between chitin and the chitosan-derived compounds due to a difference in their functional groups. The ether group in chitin may adhere to silica, due to its hydrogen bonding with the silanol

1	groups on silica. This would result in chitin showing a greater adhesion to silica than L-
2	Chitosan or M-Chitosan. This is expected to cause chitin to show greater friction (less
3	lubrication) than L-Chitosan or M-Chitosan.
4	
5	4. Conclusions
6	Physically adsorbed polysaccharides (Chitin) appear to give better lubrication than
7	chemically adsorbed polysaccharides (L-Chitosan and M-Chitosan) in good and bad
8	solvents. However, the physically adsorbed polysaccharide films show more wearing
9	than the chemically adsorbed ones, due to their weaker adhesion to the substrate. The
10	lubrication is improved by the molecular weight of the polysaccharide, where
11	polysaccharides with a high molecular weight appear to give better lubrication (lower
12	friction) than polysaccharides with a low molecular weight. The change of the solvent
13	from a good to a poor solvent decreases the charge of the polysaccharides and the
14	strength of adsorption of a physically adsorbed polysaccharide to a substrate. It also
15	decreases the lubrication ability of the polysaccharide films.
16	
17	The physical properties of the Chitin, L-Chitosan, and M-Chitosan films could be
18	changed via their subphase, when the monolayers were formed at an air/liquid interface,
19	or the measuring liquid, when the properties of the monolayers were being measured.
20	The environment as to where the films are made and the environment as to where the
21	films are to be used should therefore be taken into account when designing chitin or
22	chitosan based films. These results also indicate that the lubricating properties of a
23	charged film can be changed from good lubrication to bad lubrication by changing the
24	measuring solution from a good solvent to a bad solvent.

1

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6

7 6. References

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Figure captions

Figure 1. A. Structure of Chitin. B. Preparation of L-Chitosan or M-Chitosan by covalently binding chitisan to the silane coupling agent.

Figure 2. Surface pressure-area isotherms of the Chitin, L-Chitosan and M-Chitosan monolayers at an air/water interface. I, II, and III refer to the pancake, mushroom, and brush regions, respectively. The arrow shows the position of the pseudo-plateau.

Figure 3. Schematic diagram showing the pancake (region I, A), mushroom (region II, B) and brush (region III, C) structures in a polymer monolayer.

Figure 4. Surface pressure-area isotherms of the Chitin, L-Chitosan and M-Chitosan monolayers at an air/ pH 9 buffer interface. I and III refer to the pancake and brush regions, respectively. The arrow shows the position of the pseudo-plateau.

Figure 5. Surface pressure-area compression and expansion isotherms of the Chitin (A), L-Chitosan (B) and M-Chitosan (C) monolayers at an air/water interface.

Figure 6. Surface pressure-area compression and expansion isotherms of the Chitin (A), L-Chitosan (B) and M-Chitosan (C) monolayers at an air/ pH 9 buffer interface.

Figure 7. $1 \times 1 \ \mu m^2$ AFM height images of Chitin, L-Chitosan and M-Chitosan monolayers that were made at an air/water interface and transferred to a silicon wafer. The images were measured in water. A and D: Chitin; B and E: L-Chitosan; C and F:

M-Chitosan. A, B, and C show the height images, respectively. D, E, and F show the height sections of the lines shown in A, B, and C, respectively.

Figure 8. $1 \times 1 \ \mu m^2$ AFM height images of Chitin, L-Chitosan and M-Chitosan monolayers that were made at an air/pH 9 buffer interface and transferred to a silicon wafer. The images were measured in water. A and D, Chitin; B and E, L-Chitosan; C and F, M-Chitosan. A, B, and C show the height images, respectively. D, E, and F show the height sections of the lines shown in A, B, and C, respectively.

Figure 9. Forces measured in water between a silica probe and the polysaccharide monolayers that were prepared at an air/water interface. Open symbols, approach force curves; Solid symbols, retract force curves. The inset shows the approach force curves.

Figure 10. Forces measured in water between a silica probe and the polysaccharide monolayers that were prepared at an air/pH 9 buffer interface. Open symbols, Approach force curves; Solid symbols, Retract force curves.

Figure 11. Friction-load curves measured in water for the polysaccharide monolayers that were prepared at an air/water interface. Open symbols and solid lines, friction measured from low to high load; solid symbols and dashed lines, friction measured from high to low load.

Figure 12. Friction-load curves measured in water for the polysaccharide monolayers prepared at an air/pH 9 buffer interface. Open symbols and solid lines, friction measured from low to high load; solid symbols and dashed lines, friction measured from high to low load.

Figure 13. Forces measured in a pH 9 buffer between a silica probe and the polysaccharide monolayers that were prepared at an air/water interface. Open symbols, Approach force curves; Solid symbols, Retract force curves. The insert shows the approach force curves.

Figure 14. Friction-load curves measured in a pH 9 buffer between a silica probe and the polysaccharide monolayers that were prepared at an air/water interface. Open symbols, friction measured from low to high load; Solid symbols, friction measured from high to low load.

Figure 15. Forces measured in a pH 9 buffer between a silica probe and the polysaccharide monolayers that were prepared at an air/pH 9 buffer interface. Open symbols, Approach force curves; Solid symbols, Retract force curves.

Figure 16. Friction-load curves measured in a pH 9 buffer between a silica probe and the polysaccharide monolayers that were prepared at an air/pH 9 buffer interface. Open

symbols, friction measured from low to high load; Solid symbols, friction measured

from high to low load.

Table of contents entry

Monolayers of three polysaccharides were made at an air/water or air/pH 9 buffer and the physical properties of the monolayers transferred to a silicon substrate investigated via Atomic Force Microscopy.

