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1 **A label-free amperometric immunosensor for the detection of**  
2 **carcinoembryonic antigen based on novel magnetic carbon and gold**  
3 **nano composites**

4

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## 1 ABSTRACT

2 In this work, a novel label-free electrochemical immunosensor was  
3 developed for the quantitative detection of carcinoembryonic antigen  
4 (CEA). To this end, gold nanoparticles (Au NPs) functionalized magnetic  
5 multi-walled carbon nanotubes (MWCNTs-Fe<sub>3</sub>O<sub>4</sub>) were prepared and  
6 applied for lead ions (Pb<sup>2+</sup>) adsorption. Because the synergetic effect  
7 presents in Pb<sup>2+</sup>@Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub>, it shows better electrocatalytic  
8 activity towards the reduction of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) than  
9 MWCNTs, MWCNTs-Fe<sub>3</sub>O<sub>4</sub> or Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub>. Featured by large  
10 specific surface area, good biocompatibility and excellent electrical  
11 conductivity, Pb<sup>2+</sup>@Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub> was used as transducing  
12 materials to achieve efficient conjugation of capture antibodies and signal  
13 amplification of the proposed immunosensor. Cyclic voltammetry and  
14 amperometric i-t technique were used to record the change of  
15 electrochemical signal when the electrodes were modified with different  
16 concentrations of CEA. Under the optimal conditions, the label-free  
17 immunosensor exhibited a wide linear range from 5 fg/mL to 50 ng/mL  
18 with a low detection limit of 1.7 fg/mL for CEA. The proposed  
19 immunosensor displays high electrochemical performance with good  
20 reproducibility, selectivity and stability, which has great potential in  
21 clinical and diagnostic applications.

22 **Keywords:** Label-free immunosensor; Carcinoembryonic antigen;

1 Multi-walled carbon nanotubes; Gold nanoparticles; Lead ions.

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## 1. Introduction

Cancer has been regarded as one of the major causes of mortality worldwide and its effective treatment still has not been reported<sup>[1]</sup>. In clinical analysis, the cancer patients can be detected when the concentration of tumor markers is enhanced to a certain level in serum<sup>[2]</sup>. Hence, it is quite necessary to achieve sensitive, fast, and accurate assays for the monitor of tumor markers for effective early diagnosis and therapeutics of cancer<sup>[1, 3, 4]</sup>. Carcinoembryonic antigen (CEA) is a member of a family of cell surface glycoproteins, which are produced in excess in essentially all human colon carcinomas and in a high proportion of carcinomas at many other sites<sup>[5, 6]</sup>. As a widely used tumor marker of human colon carcinomas, the quantitative detection of CEA in serum is valuable in diagnosis or clinical manage<sup>[6]</sup>.

In the past few years, a variety of methods have been applied to detect tumor markers, such as electrochemical immunosensors<sup>[7, 8]</sup>, enzyme-linked immunosorbent assay<sup>[9, 10]</sup>, ECL immunosensor<sup>[11]</sup>, electrochemiluminescence immunoassay<sup>[11-14]</sup>. For comparisons, electrochemical immunosensors have attracted widespread attention due to their high sensitivity, rapid, highly selective and simple operation<sup>[15, 16]</sup>. Among all of the electrochemical immunosensors, label-free electrochemical immunosensors have recently emerged as a novel assay to detect proteins due to their simple preparation, more cost effectiveness

1 and well activity conservation of antibodies or antigens <sup>[15, 17]</sup>.

2 In order to improve the sensitivity of electrochemical analysis, a  
3 variety of nanomaterials have been used to fabricate immunosensors to  
4 achieve signal amplification, such as carbon nanotubes <sup>[18, 19]</sup>, metal  
5 nanoparticles <sup>[20-22]</sup>, and metal oxides <sup>[23]</sup>. Among these tested materials,  
6 multi-walled carbon nanotubes (MWCNTs) get the most attention due to  
7 their large specific surface area, excellent conductivity <sup>[24, 25]</sup> and good  
8 biocompatibility <sup>[26, 27]</sup>. Fe<sub>3</sub>O<sub>4</sub> has a great auxiliary catalytic activity  
9 towards the reduction of hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) according to previous  
10 reports <sup>[28]</sup>. Simultaneously, Fe<sub>3</sub>O<sub>4</sub> nanoparticles can promote the electron  
11 transfer, thus providing a better choice to fabricate electrochemical  
12 immunosensors <sup>[15]</sup>. Metal NPs dispersed on an oxide support often  
13 display higher catalytic activity than these NPs as a single component,  
14 which is due to the synergetic effect occurring at the interface between  
15 metal and oxide support <sup>[28-30]</sup>. Recent studies declared that Au NPs  
16 deposited on a metal-oxide support showed high catalytic activity for CO  
17 oxidation even though Au NPs are chemically inert <sup>[28]</sup>. The surface  
18 functionalization of MWCNTs would provide an avenue for further  
19 chemical modification, such as ion adsorption <sup>[31, 32]</sup>. As a kind of protein  
20 containing amino groups (-NH<sub>2</sub>), primary antibodies (Ab<sub>1</sub>) can be  
21 effectively conjugated onto the Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub> by the interaction  
22 between Au NPs and -NH<sub>2</sub> on antibodies to construct Au-N <sup>[6, 33, 34]</sup>.

1 Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub> has a large surface area, high conductivity and  
2 exceptional adsorption capability for lead ions (Pb<sup>2+</sup>) due to the  
3 synergetic effect, which is applied to signal amplification. After  
4 adsorbing Pb<sup>2+</sup>, the redox process of Pb<sup>2+</sup> could further promote the redox  
5 process of H<sub>2</sub>O<sub>2</sub>, which was applied to signal amplification. The signal  
6 amplification strategy, using the synergetic effect present in gold  
7 nanoparticles functionalized magnetic multi-walled carbon nanotubes  
8 loaded with lead ions (Pb<sup>2+</sup>@Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub>), can further increase  
9 electron transfer efficiency on electrode surface and the reaction  
10 efficiency of the nanocomposite toward H<sub>2</sub>O<sub>2</sub> reduction to improve the  
11 detection sensitivity of the immunosensor<sup>[15, 28]</sup>.

12 In this research, an innovative label-free electrochemical  
13 immunosensor was designed to achieve quantitative detection of CEA.  
14 The synergetic effect existing in the Pb<sup>2+</sup>@Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub> system,  
15 it could not only improve the electron transfer efficiency but also enhance  
16 the effective immobilization of Ab<sub>1</sub>. The proposed immunosensor  
17 provides a useful technology for the quantitative detection of CEA in  
18 human serum, which shows the advantages of wide linear range, low  
19 detection limit, good reproducibility and selectivity, as well as acceptable  
20 stability. The results of electrochemical studies suggested that the  
21 proposed immunosensor possessed great performance for CEA  
22 determination and provided a great potential application for the analysis

1 of other low-abundant proteins.

## 2 **2. Material and methods**

### 3 2.1. Apparatus and reagents

4 CHI760D electrochemical workstation was used in the entire process  
5 of electrochemical measurement (Shanghai CH Instruments Co, China).  
6 Scanning electron microscope (SEM) images were obtained using Quanta  
7 FEG250 field emission environmental SEM (FEI, United States). Energy  
8 Dispersive X-Ray spectra (EDX) were recorded by JEOL JSM-6700F  
9 microscope (Japan). For A.C. impedance measurements, a frequency  
10 range of 0.1 kHz to 100 Hz and AC voltage amplitude of 5 mV were  
11 used.

12 CEA antibody and antigen were purchased from Beijing  
13 Dingguochangsheng Biotechnology Co. Ltd. China. Bovine serum  
14 albumin (BSA, 96-99%) was purchased from Sigma reagent co., Ltd. (St.  
15 Louis, MO, USA). Multi-walled carbon nanotubes (MWCNTs) were  
16 purchased from Alfa Aesar co., Ltd. (Shanghai, China).  $\text{HAuCl}_4 \cdot 4\text{H}_2\text{O}$   
17 were obtained from Sinopharm Chemical Reagent Shanghai Co.,Ltd.,  
18 China.  $\text{FeCl}_3 \cdot 6\text{H}_2\text{O}$  was purchased from Damao Chemical Reagent  
19 Tianjin Co., Ltd., China.  $\text{K}_3\text{Fe}(\text{CN})_6$  was purchased from Sinopharm  
20 Chemical Reagent Co., Ltd. (Beijing, China). Phosphate buffered saline  
21 (PBS, pH=7.4) were prepared as an electrolyte in the electrochemical  
22 measurement. The  $\text{Ab}_1$  solution was prepared as follows: 1mg of CEA



1 antibody was dissolved in PBS (pH=7.4, 10mL) to obtain Ab<sub>1</sub> stock  
2 solutions. Subsequently, it was diluted to the required concentration (10  
3 µg/mL). Ultrapure water (18.25 MΩ cm, 24 °C) was used throughout the  
4 study. All other reagents are at analytical grade. All solutions were stored  
5 at 4 °C for frequent usage.

## 6 2.2. Preparation of the amino-functionalized MWCNTs-Fe<sub>3</sub>O<sub>4</sub>

7 To remove all the metal oxide, MWCNTs (0.5 g) was added into a  
8 mixture of 3M HNO<sub>3</sub> and 2M H<sub>2</sub>SO<sub>4</sub> (3:1, v/v), which was kept under  
9 ultrasonic conditions at 40 °C for 3 h before cooled down to room  
10 temperature. Then it was washed to neutrality, and dried at room  
11 temperature.

12 MWCNTs-Fe<sub>3</sub>O<sub>4</sub> was synthesized according to an established  
13 protocol <sup>[35]</sup>. In brief, FeCl<sub>3</sub>·6H<sub>2</sub>O (0.7 g) and MWCNTs (0.2 g) were  
14 dissolved in ethylene glycol (37.5 mL) to form a clear solution.  
15 Subsequently, sodium acetate (NaAc, 1.8 g) was added and dissolved  
16 under ultrasonic conditions. The mixture was stirred vigorously for 30  
17 min and then transferred to a teflon-lined stainless steel autoclave. The  
18 autoclave was heated to 200 °C and maintained at this temperature for 16  
19 h, and finally cooled down to room temperature. Ultra-pure water (50 mL)  
20 was used to clean the composite and the resultant was separated from the  
21 liquid mixture using a strong magnet.

22 MWCNTs-Fe<sub>3</sub>O<sub>4</sub> (0.1 g) and 3-aminopropyl triethoxysilane (0.1mL)

1 were dissolved in anhydrous ethanol (10 mL) and heated to 70 °C for 1.5  
2 h. Subsequently, it was separated by magnetic separation and washed by  
3 anhydrous ethanol. Then the desired amino-functionalized  
4 MWCNTs-Fe<sub>3</sub>O<sub>4</sub> was stored at 50 °C.

### 5 2.3 Preparation of Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub>

6 The preparation of Au NPs was according to the reduction of AuCl<sub>4</sub><sup>-</sup>  
7 ions by the sodium citrate [36]. In brief, Sodium citrate (1.5 mL, 10 mg/mL)  
8 was added to the aqueous solution (100 mL) containing HAuCl<sub>4</sub> (1 wt%,  
9 1 mL). Then, the mixture was heated to reflux and kept for 15 min. After  
10 cooled down, the mixture was stored at 4 °C, which provided an Au NPs  
11 solution in wine red.

12 Then the prepared amino-functionalized MWCNTs-Fe<sub>3</sub>O<sub>4</sub> (10 mg)  
13 was added to the Au NPs (20 mL) solution. The suspension was stirred  
14 for 12 h. Au NPs could bind with all of amino groups on the surface of  
15 amino-functionalized MWCNTs- Fe<sub>3</sub>O<sub>4</sub>. The sediment was dried and the  
16 obtained powder was designated as Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub>.

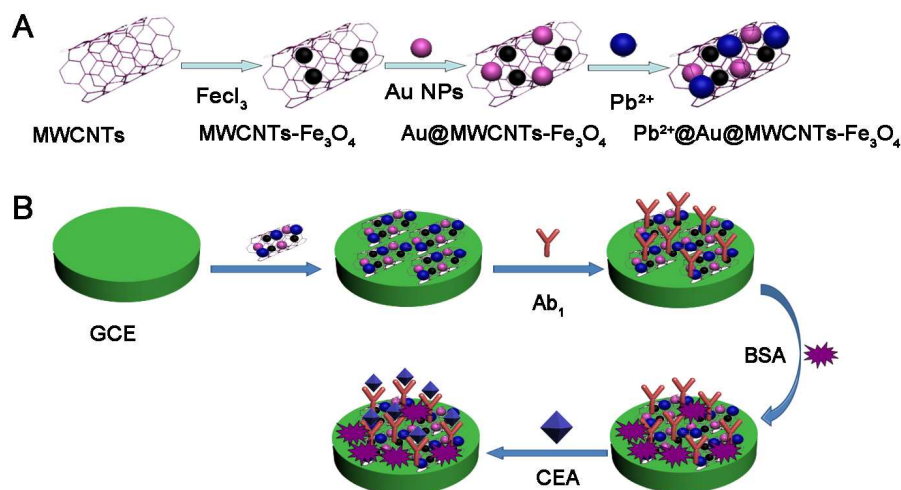
### 17 2.4 Preparation of Pb<sup>2+</sup>@Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub>

18 Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub> (4 mg) was dispersed into lead nitrate  
19 solution (4mL, 1mg/mL). The solution was oscillated for 24 hours to  
20 achieve the goal that Pb<sup>2+</sup> was absorbed as much as possible onto the  
21 Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub>. The Pb<sup>2+</sup>@Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub> was obtained  
22 for further use after magnetic separation. The

1  $\text{Pb}^{2+}@\text{Au}@\text{MWCNTs-Fe}_3\text{O}_4$  solution was prepared as follows: a certain  
2 amount of  $\text{Pb}^{2+}@\text{Au}@\text{MWCNTs-Fe}_3\text{O}_4$  was dispersed in ultrapure water  
3 to obtain the required concentration. Fig. 1A shows the preparation  
4 procedure of  $\text{Pb}^{2+}@\text{Au}@\text{MWCNTs-Fe}_3\text{O}_4$ .

## 5 2.5 Fabrication of the immunosensor

6 Fig. 1B shows the fabrication process of the label-free  
7 electrochemical immunosensor. A bare glassy carbon electrode (GCE)  
8 was polished repeatedly by using alumina powder and thoroughly washed.  
9 The pretreated bare glassy carbon electrode (GCE) was coated with  
10  $\text{Pb}^{2+}@\text{Au}@\text{MWCNTs-Fe}_3\text{O}_4$  (2 mg/mL, 6 mL) and dried under  
11 atmospheric temperature. Following that, the resultant electrode was  
12 incubated with  $\text{Ab}_1$  (10  $\mu\text{g/mL}$ , 6  $\mu\text{L}$ ) and dried at 4 °C. After storing at  
13 4 °C for drying, the nonspecific binding sites for CEA were blocked by 3  
14  $\mu\text{L}$  of 1 wt% bovine serum albumin (BSA) at room temperature for 1 h.  
15 Subsequently, the electrode was washed thoroughly with PBS (pH=7.4).  
16 The fabricated immunosensor could recognize different concentrations of  
17 CEA (5 fg/mL to 50 ng/mL, 6 mL) based on immunoreaction at room  
18 temperature for 1 h. The proposed immunosensor was stored at 4 °C for  
19 further usage.



1  
2 Fig.1. (A) The preparation procedure of  $\text{Pb}^{2+}@\text{Au}@\text{MWCNTs-Fe}_3\text{O}_4$ ; (B)

3 The fabrication process of the label-free electrochemical  
4 immunosensor.

### 5 2.6 Detection of CEA

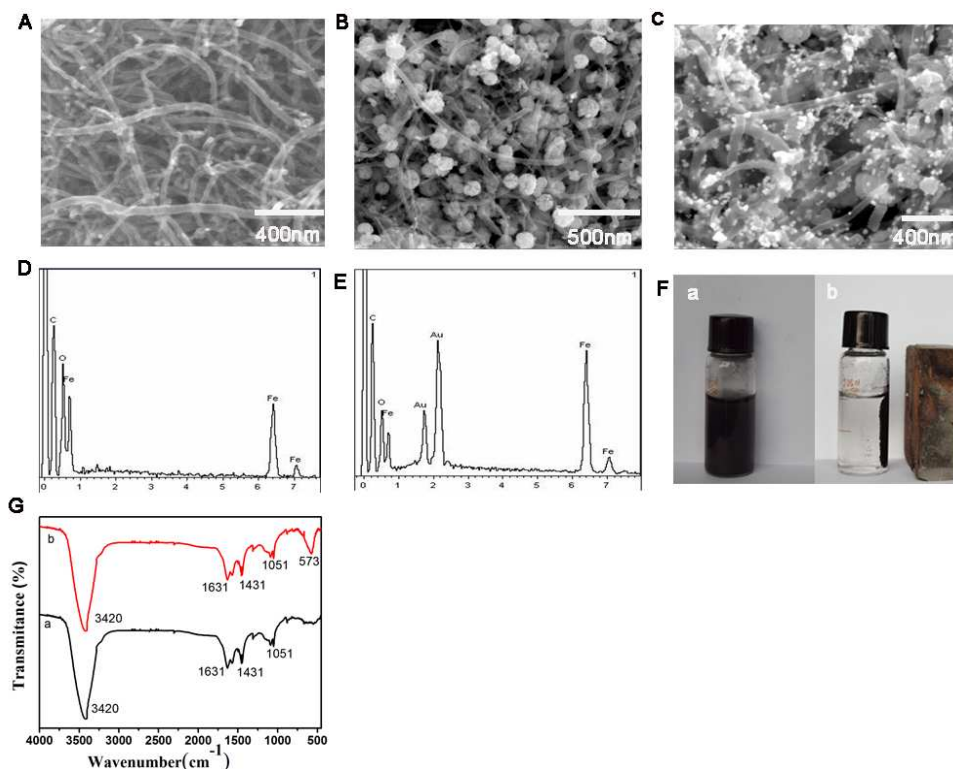
6 All electrochemical measurements were carried out with a  
7 conventional three-electrode system using a GCE (4 mm in diameter) as a  
8 working electrode, a platinum wire as a counter electrode and a saturated  
9 calomel electrode (SCE) as a reference electrode. The PBS at  $\text{pH}=7.4$  was  
10 used for all the electrochemical measurements. All cyclic voltammetry  
11 experiments (CVs) were performed in the conventional electrochemical  
12 cell by scanning the potential from  $-1.0\text{ V}$  to  $1.0\text{ V}$ . Amperometric  $i-t$   
13 curve was used to record the amperometric responses at  $-0.4\text{ V}$ . After the  
14 current stability under stirring,  $5\text{ mM H}_2\text{O}_2$  was added into the PBS and  
15 the current change was recorded.

## 16 3. Results and discussion

### 17 3.1 Morphology of $\text{MWCNTs-Fe}_3\text{O}_4$ and $\text{Au}@\text{MWCNTs-Fe}_3\text{O}_4$

1 composites  
2 As can be seen from the SEM image (Fig.2A), the untreated carbon  
3 nanotubes shows thin long tubular shape and were irregularly  
4 agglomerated. After magnetization, there were a lot of nearly  
5 monodispersed microspheres around 120 nm uniformly attached on the  
6 surface of MWCNTs which proving the morphology change before and  
7 after  $\text{Fe}_3\text{O}_4$  loading (Fig.2B). EDX spectra (Fig. 2D) confirms the  
8 presence of  $\text{Fe}_3\text{O}_4$  in the sample after magnetization. This also proved that  
9 the magnetic field presents significant effect on the dispersion (Fig 2F).  
10 Furthermore, FTIR spectroscopy was used to verify each step of the  
11 MWCNTs functionalization. As shown in Fig 2G, the peak at  $3420\text{ cm}^{-1}$   
12 corresponding to the hydroxyl group stretching vibration, two peaks at  
13  $1631$  and  $1050\text{ cm}^{-1}$  corresponded to the carboxyl<sup>[37]</sup> and carbonyl<sup>[8]</sup>  
14 stretching vibrations. The absorption at  $1431\text{ cm}^{-1}$  was due to the  
15  $\text{COO-Fe}$  bond<sup>[38]</sup>. A peak (spectrum b) at  $573\text{ cm}^{-1}$  was typical  $\text{Fe-O}$   
16 stretching vibration<sup>[39]</sup> of the prepared  $\text{MWCNT@Fe}_3\text{O}_4$  composites. All  
17 of these are evidence for the synthesized material. When the Au NPs were  
18 loaded onto the  $\text{MWCNTs-Fe}_3\text{O}_4$ , the surface morphology was greatly  
19 altered. Many light particles around 20 nm were loaded on the  
20  $\text{MWCNTs-Fe}_3\text{O}_4$  by Au NPs and  $-\text{NH}_2$  on the surface of  
21 amino-functionalized  $\text{MWCNTs-Fe}_3\text{O}_4$  to construct  $\text{Au-N}$  (Fig. 2C). The  
22 EDX analysis of the  $\text{Au@MWCNTs-Fe}_3\text{O}_4$  sample confirms the presence

1 of C, Fe, Au and O elements (Fig. 2E).



2  
3 Fig.2. The SEM image of MWCNTs (A); MWCNTs-Fe<sub>3</sub>O<sub>4</sub> (B);  
4 Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub> (C); EDX spectrum of the MWCNTs-Fe<sub>3</sub>O<sub>4</sub> (D);  
5 EDX spectrum of the Au@ MWCNTs-Fe<sub>3</sub>O<sub>4</sub> (E); Comparison of  
6 MWCNTs-Fe<sub>3</sub>O<sub>4</sub> solution in the absence (a) and presence (b) of a magnet  
7 (F).

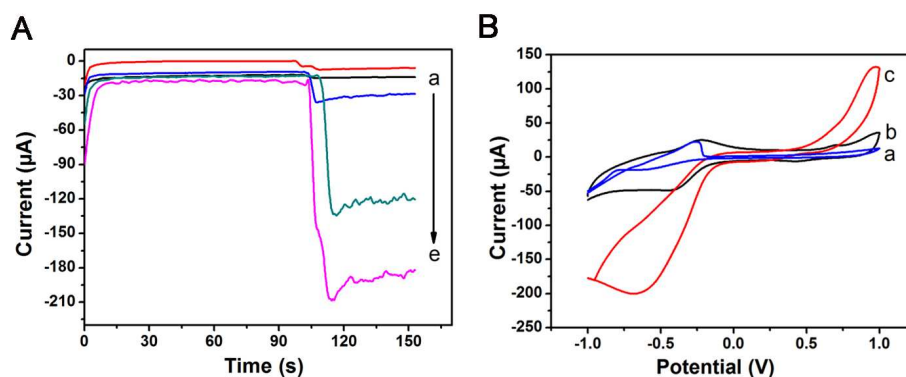
### 8 3.2. Comparison of the electron transfer ability of different materials

9 For label-free immunosensors, the sensitivity is very dependent on  
10 the transducing material. In order to verify that Pb<sup>2+</sup>@Au@MWCNTs-  
11 Fe<sub>3</sub>O<sub>4</sub> possess superior electrochemical performance, Au NPs, MWCNTs,  
12 MWCNTs-Fe<sub>3</sub>O<sub>4</sub>, Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub> and  
13 Pb<sup>2+</sup>@Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub> were loaded onto the GCE surface

1 respectively for electrocatalytic performance of  $\text{H}_2\text{O}_2$  reduction (Fig. 3A).  
2 Tested by amperometric *i-t* curve, a weak signal was detected when Au  
3 NPs (curve a) and MWCNTs (curve b) were loaded onto the electrode  
4 respectively.  $\text{Fe}_3\text{O}_4$  has a great auxiliary catalytic activity towards  $\text{H}_2\text{O}_2$   
5 reduction essentially [28]. When MWCNTs- $\text{Fe}_3\text{O}_4$  was used to modify the  
6 bare GCE, a much larger current response was observed (curve c). The  
7 electrochemical signal was further increased (curve d) when  
8  $\text{Au}@MWCNTs-\text{Fe}_3\text{O}_4$  was loaded onto the electrode. As expected, the  
9 immunosensor using  $\text{Pb}^{2+}@Au@MWCNTs-\text{Fe}_3\text{O}_4$  to modify bare GCE  
10 displayed the highest current change (curve e). These results suggest that  
11  $\text{Pb}^{2+}$  and Au NPs promote the multiple signal amplification toward the  
12 reduction of  $\text{H}_2\text{O}_2$  as an analytical signal. The  
13  $\text{Pb}^{2+}@Au@MWCNTs-\text{Fe}_3\text{O}_4$  possesses excellent electrochemical  
14 performance to improve the sensitivity of the proposed immunosensor.

15 CV was used to further prove the successful adsorption of  $\text{Pb}^{2+}$  in  
16 Fig.3 B. It could be found that an oxidation peak potential around  $-0.25$   
17 V when a bare GCE was scanned in a  $0.1 \text{ mg/mL}$  of  $\text{Pb}^{2+}$  solution (curve  
18 a). The oxidation peak was also found around  $-0.25$  V when the electrode  
19 was scanned (curve b) in PBS ( $\text{pH}=7.4$ ) using  
20  $\text{Pb}^{2+}@Au@MWCNTs-\text{Fe}_3\text{O}_4$  as the transducing material. From the  
21 comparison, it was obvious that  $\text{Pb}^{2+}$  was adsorbed successfully.  
22 Subsequently, the immunosensor using  $\text{Pb}^{2+}@Au@MWCNTs-\text{Fe}_3\text{O}_4$  as

1 the transducing material was scanned in PBS (pH=7.4) with the addition  
 2 of 5 mM H<sub>2</sub>O<sub>2</sub>. After the addition of H<sub>2</sub>O<sub>2</sub>, a dramatic increase of the  
 3 reduction current (curve c) was observed at the same potential, which  
 4 indicates the Pb<sup>2+</sup>@Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub> has a good electrocatalytic  
 5 performance towards the reduction of H<sub>2</sub>O<sub>2</sub>.



6  
 7 Fig.3. (A) Amperometric response of the immunosensors with different  
 8 materials: (a) Au NPs, (b) MWCNTs, (c) MWCNTs-Fe<sub>3</sub>O<sub>4</sub>, (d)  
 9 Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub>, (e) Pb<sup>2+</sup>@Au@MWCNTs- Fe<sub>3</sub>O<sub>4</sub>; (B) CV  
 10 of the immunosensor using Pb<sup>2+</sup>@Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub> as  
 11 transducing material in PBS at pH=7.4 before (curve b) and after  
 12 (curve c) the addition of 5 mM H<sub>2</sub>O<sub>2</sub>. For comparison purposes, a  
 13 bare GCE was scanned in 0.1 mg/mL of Pb<sup>2+</sup> from -1.0V to 1.0 V  
 14 (curve a).

### 15 3.3. Optimization of experimental conditions

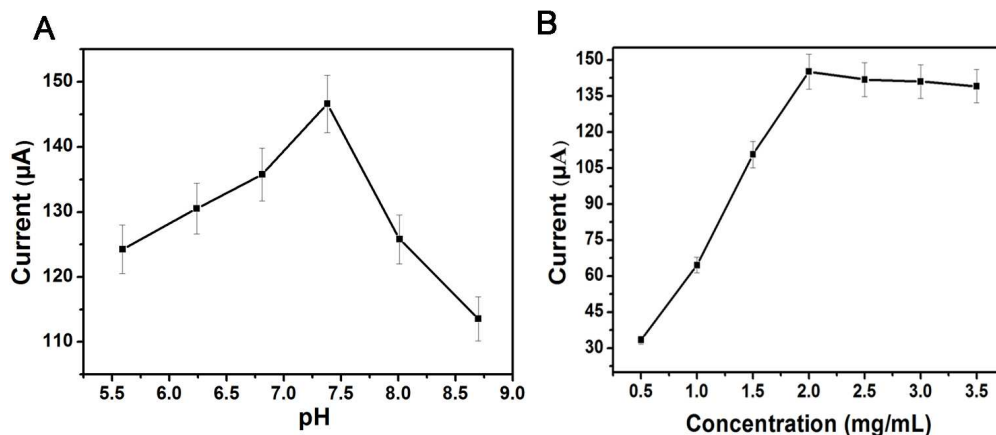
16 In order to obtain better electrochemical signal, experimental  
 17 conditions including pH and the concentration of  
 18 Pb<sup>2+</sup>@Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub> were optimized. Firstly, the pH of the PBS



1 has a great influence on the electrochemical properties of the  
2 immunosensors. As shown in Fig.4A, the current signal increases with the  
3 variation of pH from 5.6 to 7.4, and then decreases with the variation of  
4 pH from 7.4 to 8.7. The pH value of 7.4 presents the largest  
5 electrochemical signal. The experimental results show that the optimal  
6 current signal was achieved at pH 7.4. Therefore, PBS at pH 7.4 was used  
7 as an electrolyte for electrochemical tests.

8 The concentration of the  $\text{Pb}^{2+}@\text{Au}@\text{MWCNTs-Fe}_3\text{O}_4$  which was  
9 loaded on the surface of the electrode has important implications to the  
10 response of the electrochemical sensor. Amperometric i-t method was  
11 used to investigate the electrochemical signal response of different  
12 concentrations of  $\text{Pb}^{2+}@\text{Au}@\text{MWCNTs-Fe}_3\text{O}_4$ . As seen in Fig.4B, with  
13 the increase of the concentration from 0.5 mg/mL to 2.0 mg/mL, the  
14 current responses first increased, and then decreased with a further  
15 concentration increase from 2.0 to 3.5 mg/mL. The increase of  
16  $\text{Pb}^{2+}@\text{Au}@\text{MWCNTs-Fe}_3\text{O}_4$  film thickness may lead to an increase of  
17 interface electron transfer resistance. Therefore, the concentration of 2.0  
18 mg/mL was used as the optimal concentration in this study.

19



1

2 Fig.4. The optimization of experimental conditions with pH (A),  
 3  $\text{Pb}^{2+}$ @Au@MWCNTs- $\text{Fe}_3\text{O}_4$  concentration (B), Error bar=RSD (n=5).

#### 4 3.4. Characterization of the immunosensor

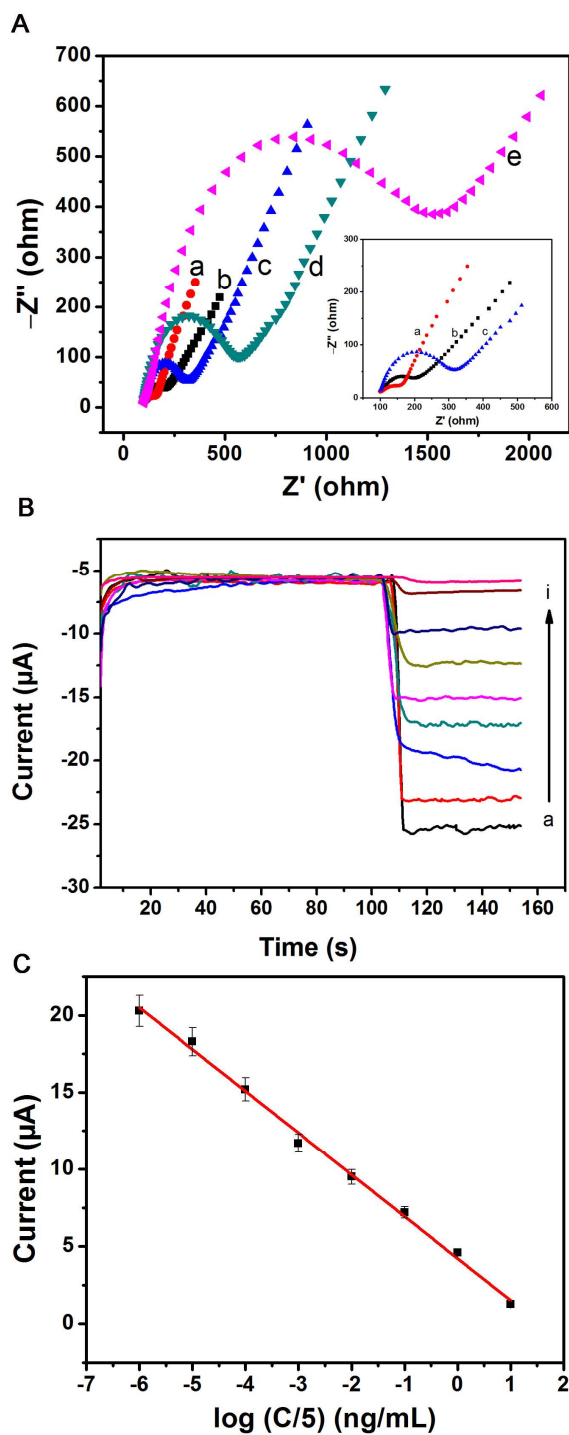
5 Electrochemical impedance spectroscopy (EIS) is regarded as an  
 6 effective method to probe the process of a modified electrode surface [40,  
 7 41]. A typical impedance spectrum includes a semicircle portion and a  
 8 straight line portion. The semicircle portion represents the  
 9 electron-transfer-limited process which can be observed at higher region.  
 10 The linear portion represents the diffusion-limited process at lower  
 11 frequencies. The semicircle diameter equals the electron-transfer  
 12 resistance [41].

13 The Nyquist plots of electrochemical impedance spectroscopy were  
 14 recorded from 0.1 to  $10^5$  Hz at 0.24 V in a solution containing 0.1 M KCl  
 15 and 2.5 mmol/L  $\text{Fe}(\text{CN})_6^{3-}/\text{Fe}(\text{CN})_6^{4-}$ . As shown in Fig. 5A, bare GCE  
 16 exhibited a very small semicircle diameter (curve a), suggesting a  
 17 diffusional limiting step of the electrochemical process. It can be seen

1 that the semicircle is much smaller (curve b) than that of bare GCE when  
2  $\text{Pb}^{2+}@\text{Au}@\text{MWCNTs-Fe}_3\text{O}_4$  was loaded on the surface of the GCE. The  
3 reason for this observation was that  $\text{Pb}^{2+}@\text{Au}@\text{MWCNTs-Fe}_3\text{O}_4$  is an  
4 excellent electrically conducting material, which could accelerate the  
5 electron transfer and make electron transfer easier. Then, after incubation  
6 with  $\text{Ab}_1$ , the resistance was significantly increased, demonstrating that  
7  $\text{Ab}_1$  was immobilized on the electrode successfully and blocked the  
8 electron transfer between the base solution and electrode (curve c).  
9 Similarly, when the BSA was loaded onto the electrode surface, the  
10 resistance was significantly increased (curve d). Another possible reason  
11 is that the modified protein molecules on the surface of the electrode  
12 greatly block the transfer of electrons. Additionally, resistance further  
13 increased with the addition of CEA (curve e), because the additions resist  
14 the electron-transfer kinetics of the redox probe at the electrode interface.  
15 As a result, we can conclude that the biosensor has been fabricated  
16 successfully.

17 Under the optimal conditions, a label-free electrochemical  
18 immunosensor using  $\text{Pb}^{2+}@\text{Au}@\text{MWCNTs-Fe}_3\text{O}_4$  as transducing  
19 material was applied to detect different concentrations of CEA by  
20 amperometric *i-t* curve in pH 7.4 PBS at  $-0.4$  V. The relationship between  
21 the amperometric response towards the reduction of  $\text{H}_2\text{O}_2$  and CEA  
22 concentration is shown in Fig. 5B. As can be seen (Fig 5C), a linear

1 relationship between the amperometric response and the logarithmic  
2 values of CEA concentration was observed within the range of 0.005  
3 pg/mL ~ 50 ng/mL with a detection limit of 1.7 fg/mL. The regression  
4 equation of the calibration curve is:  $I = -2.714 \log (C/5) + 4.219$ , with  
5 correlation coefficient of 0.9960 at a signal to noise ratio (S/N) of 3. The  
6 low detection limit might be attributed to that  
7  $\text{Pb}^{2+}@\text{Au}@\text{MWCNTs-Fe}_3\text{O}_4$  conjugated to amounts of capture antibodies  
8 and the synergetic effect presented in  $\text{Pb}^{2+}@\text{Au}@\text{MWCNTs-Fe}_3\text{O}_4$  that  
9 favor electron transfer. They could greatly increase the response to  $\text{H}_2\text{O}_2$ ,  
10 broaden the scope of testing and lead to higher sensitivity.



1  
 2 Fig. 5. (A) Nyquist plots of the AC impedance for each immobilized step  
 3 recorded from 1 to  $10^5$  Hz of bare GCE (a),  $\text{Pb}^{2+}@Au@MWCNTs$   
 4  $-\text{Fe}_3\text{O}_4/\text{GCE}$  (b),  $\text{Pb}^{2+}@Au@MWCNTs-\text{Fe}_3\text{O}_4 @Ab_1/\text{GCE}$  (c),  
 5  $\text{BSA}/\text{Pb}^{2+}@Au@MWCNTs-\text{Fe}_3\text{O}_4@Ab_1/\text{GCE}$  (d),  $\text{CEA}/\text{BSA}/\text{Pb}^{2+}@Au$

1 @MWCNTs-Fe<sub>3</sub>O<sub>4</sub>@Ab<sub>1</sub>/GCE (e) in PBS at pH=7.4 containing 0.1 M  
2 KCl and 2.5 mM Fe(CN)<sub>6</sub><sup>3-</sup>/Fe(CN)<sub>6</sub><sup>4-</sup>; (B) Amperometric response of the  
3 immunosensor for the varied concentration of CEA at -0.4 V (5 mM  
4 H<sub>2</sub>O<sub>2</sub>): (a) 5 fg/mL, (b) 50 fg/mL, (c) 500 fg/mL, (d) 5 pg/mL, (e) 50  
5 pg/mL, (f) 500 pg/mL, (g) 5 ng/mL, (h) 50 ng/mL, (i) 100 ng/mL; (C)  
6 Calibration curve of the immunosensor toward different concentrations of  
7 CEA. Error bar=RSD (n=5).

### 8 3.5. Comparison of different methods

9 Compared with previously reported methods for the detection of  
10 CEA, this specially designed label-free immunosensor has a wider linear  
11 range and lower detection limit, as is shown in Table S1. In this work,  
12 Pb<sup>2+</sup>@Au@ MWCNTs-Fe<sub>3</sub>O<sub>4</sub> could not only immobilize the antibodies  
13 but also produce electrochemical signals. Consequently, high sensitivity  
14 is one of the advantages of this designed immunosensor.

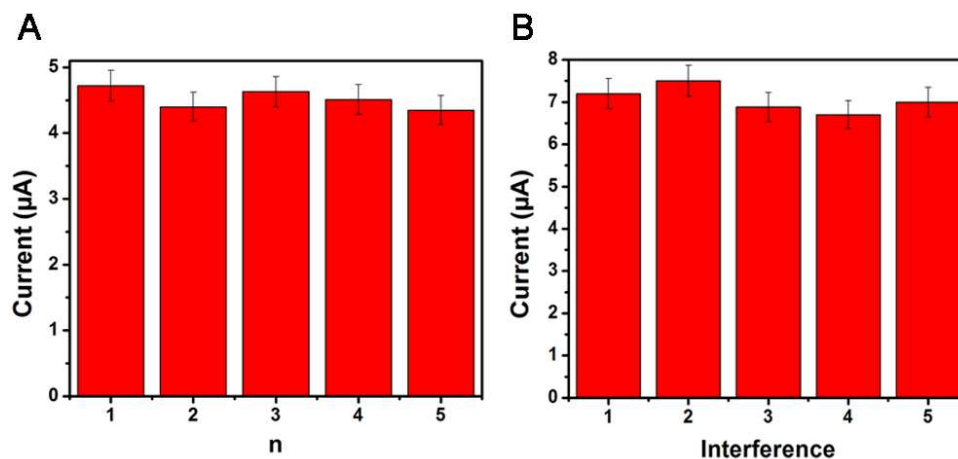
### 15 3.6. Reproducibility, selectivity, and stability of the immunosensor

16 To evaluate the reproducibility of the immunosensor, five electrodes  
17 were prepared for the detection of 5 ng/mL of CEA. Amperometric i-t  
18 curve was used to record the electrochemical signal in PBS at pH 7.4 and  
19 the concentration of Pb<sup>2+</sup>@Au@MWCNTs-Fe<sub>3</sub>O<sub>4</sub> is 2.0 mg/mL. The  
20 relative standard deviation (RSD) of the measurements for the five

1 electrodes was 3.4% (Fig. 6A). The results suggested acceptable  
2 reproducibility and precision of the proposed immunoassay.

3 To investigate the selectivity of the proposed immunosensor,  
4 interference studies were performed using human IgG (HIgG), vitamin C,  
5 glucose and BSA. The 0.5 ng/mL of CEA solutions containing 50 ng/mL  
6 of interfering substances were measured by the proposed immunosensor  
7 and the results are shown in Fig. 6B. The result showed that the current  
8 variation due to the interfering substances was 4.4%, indicating the  
9 selectivity of the immunosensor was acceptable.

10 Stability of the immunosensors is also an important factor in their  
11 applications. The stability of the immunosensor was investigated by  
12 checking their current responses periodically. The immunosensor was  
13 stored in pH 7.4 PBS at 4 °C when not in use. It could be found that  
14 current responses to same concentration of CEA has no apparent change  
15 compared to the immunosensor freshly prepared which was used to  
16 directly detect the same concentration of CEA without being stored,  
17 suggesting the stability of the immunosensors was also acceptable. The  
18 reproducibility, selectivity and stability of this immunosensor were  
19 acceptable, thus suitable for the determination of CEA in real samples.



1

2 Fig. 6. (A) Amperometric change response of biosensor to different  
3 electrodes treated in same way; (B) Current responses of the  
4 immunosensor to 0.5 ng/mL CEA (1), 0.5 ng/mL CEA +50 ng/mL Human  
5 IgG (2), 0.5 ng/mL CEA +50 ng/mL vitamin C (3), 0.5 ng/mL CEA AFP  
6 +100 ng/mL glucose (4), 0.5 ng/mL CEA +100 ng/mL BSA (5). Error bar  
7 = RSD (n = 5).

### 8 3.7. Application of the immunosensor in serum sample

9 In order to evaluate the feasibility of the proposed immunosensor, it  
10 was applied to detect the recoveries of different concentrations of CEA in  
11 human serum samples by standard addition methods. As shown in Table  
12 S2, the recovery of CEA was from 97.5 % to 102.2 % and the relative  
13 standard deviation (RSD) was in the range from 3.90 % to 4.38%. The  
14 fact shows that the proposed immunoassay methodology could be  
15 clinically applied to the detection of the CEA concentrations in serum  
16 samples.



#### 1 4. Conclusions

2 A novel electrochemical immunosensor for sensitive detection of  
3 CEA has been developed based on  $\text{Pb}^{2+}@\text{Au}@\text{MWCNTs-Fe}_3\text{O}_4$  as signal  
4 amplifier. To ensure a high-performance electrochemical immunosensor,  
5  $\text{Pb}^{2+}@\text{Au}@\text{MWCNTs-Fe}_3\text{O}_4$  was immobilized on the electrode, which  
6 can increase the surface area to capture a larger amount of Ab as well as  
7 improve the electronic transmission rate. The proposed immunosensor  
8 has a linear response to the increased concentration of CEA from 5 fg/mL  
9 to 50 ng/mL. The proposed immunosensor is also characterized by a low  
10 detection limit, good reproducibility, excellent selectivity and stability.  
11 This proposed strategy might have a promising application in clinical  
12 immunoassay for other biomolecules.

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