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43 **KEYWORDS:** cobalt oxide, Al/Co₃O₄, nanothermites, nanoenergetic materials, combustion, metastable intermolecular composites

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46 **I. INTRODUCTION**

47 Nanoenergetic materials, a new class of metastable intermolecular composites, comprising 48 nanoscale fuel (aluminum) and oxidizer (CuO, Fe₂O₃, Bi₂O₃, MoO₃ *etc.*) produce rapid release of 49 heat and pressure upon thermite reaction.¹ There are a wide range of possible combinations of 50 metals and oxidizers for energetic material formulations.² Aluminum nanopowder is most widely 51 used as fuel in these materials due to its low cost, easy availability and favorable physical 52 properties such as high oxide reducing potential, low vapor pressure, low melting temperature 53 and high thermal conductivity.³ The nanoscale structuring of oxidizer materials increases their 54 surface area to a wider exposure and reduces the diffusion distances from the close packed fuel 55 particles, thus reducing the atomic length scales of heat and mass transfer between the reactants. 56 This leads to enhancement in both ignition sensitivity and reaction/propagation rate at minimum 57 heat losses.⁴ The high speed combustion generating high pressure/shock front-waves found 58 useful applications in microthrusters⁵, safe arm and fire devices, $6 \text{ drug/gene delivery micro-}$ 59 devices⁷ etc. Also, it has been widely observed that the energy density and combustion kinetics 60 of nanoenergetic materials are significantly affected by changing the combination of fuel and 61 oxidizer, their nanostructuring and following various preparation/assembling strategies.⁸ The 62 most effective nanoenergetic materials can be generated by selection of right fuel-oxidizer 63 combination and their nanostructuring (*viz.*, the shape and size distribution) and assembling at 64 right stoichiometry.

65 Cobalt oxide $(C_0, O_4, p$ -type semiconductor) has attracted the research community for its wide 66 range of applications in many areas such as electrode materials in rechargeable Li-ion batteries, $9 10^{10}$ gas sensors¹¹, catalyst,¹² energy storage,¹³ solar energy absorber,¹⁴ magnetic materials,¹⁵ and 68 electronic devices.¹⁶ Owing to its unique physicochemical properties of one dimensional

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69 nanostructures, the various methods such as micro-emulsion-based methods, 17 hydrothermal 70 methods,¹⁸ solvo-thermal methods,¹⁹ co-precipitation/digestion methods,²⁰ heating cobalt foils in 71 air,²¹ sol-gel method²² etc. were developed for the synthesis of Co₃O₄ nanorods,¹⁷⁻¹⁹ nanowires²¹ 72 and nanofibers.²² In this work we have developed $Co₃O₄$ nanobelts by a simple solid-state 73 method *via* modification of a mechano-chemical method.²³

74 In recent years, a rapid growth in design and development of nanoenergetic systems has been 75 observed with scientific and technological advancements in various shape and size metal oxide 76 nanomaterials. Among the various metal oxides, CuO, Bi_2O_3 , MoO₃, Fe₂O₃ and WO₃ are widely 77 explored as nanoenergetic oxidizers. The various synthesis methodologies and processing of 78 CuO nanomaterials have developed nanoenergetic composites with moderate to excellent 79 combustion reactivity (combustion front-wave speed and pressurization rate). $24-26$ S. 80 Gangopadhayay and groups²⁴ demonstrated that the CuO/Al nanocomposites were capable to 81 deliver wide-range combustion performance (combustion front-wave speed: 1500 ± 50 to 2400 ± 50 82 100 m/s; peak pressure: 22 ± 3 to 70 ± 10 MPa; pressurization rate: 2.5 ± 0.3 to 5.7 ± 0.7 MPa/ μ s) by 83 adopting various processing methodologies such as vacuum drying and calcination of CuO 84 nanorods at different temperature and time as well as with/without self-assembling the CuO 85 nanorods with aluminum nanoparticles. M. R. Zachariah and groups²⁵ developed hollow CuO 86 sphere of thin shell thickness using aerosol spray pyrolysis method, which exhibited excellent 87 gas generating and rapid oxygen releasing capabilities, resulting in a high pressurization rate of 88 0.745 MPa/ μ s with nanoaluminum combustion. In a similar effort, S. Bhattacharya and groups²⁶ 89 fabricated super-reactive CuO nanorods by simple biogenic solid-state and sonoemulsion routes 90 utilizing Aloe-vera as green surfactant, which manifested a high combustion performance 91 (average combustion front-wave speed: 620 ± 50 to 1780 ± 75 m/s; maximum peak pressure: 65.4

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92 MPa; maximum pressurization rate: 1.09 MPa/µs) with nanoaluminum combustion. K. S. 93 Martirosyan and groups²⁷ evaluated the maximum pressure rise of eight nanoenergetic 94 formulations (each of 0.5 g quantity) using commercial grade metal oxides and nanoaluminum in 95 a constant volume (0.342 L) combustion chamber and demonstrated the increasing order of 96 maximum pressure rise $(Fe_2O_3/A1 < Fe_3O_4/A1 < MoO_2/A1 < WO_3/A1 < MnO_2/A1 < MoO_3/A1 <$ 97 CuO/Al \leq Bi₂O₃/Al) with observation of highest pressure peak of 2.9 MPa with Bi₂O₃/Al. 98 However, when Martirosyan and groups²⁸ experimented the combustion of nanoenergetic 99 formulation (0.5 g mixture) containing nanoaluminum and combustion synthesized high quality 100 nanocrystalline Bi_2O_3 oxidizer (size: 40-50 nm, wt%: 80%), a very high combustion performance 101 (peak pressure: ~12 MPa; front combustion velocity: ~2500 m/s; pressurization rate: 650 GPa/s) 102 than that of commercial grade $Bi₂O₃$ -based nanoenergetics were achieved. Martirosyan and 103 groups²⁹ also developed another high reactive nanoenergetic system of $A1/I₂O₅$, which 104 propagated with a velocity of \sim 2000 m/s and created a maximum peak pressure of \sim 11 MPa and 105 pressurization rate of ~2750 GPa/s comparable to (combustion synthesized Bi_2O_3)/Al²⁸ nanoenergetic system. M. Pantoya and groups³⁰ ignited the composites I₂O₅/Al and Ag₂O/Al by 107 impact and demonstrated higher average flame propagation rate of 1305 ± 28 m/s with $I_2O_5/A1$ 108 than that of Ag₂O (flame rate of 531 \pm 32 m/s). In another investigation of pressurization rate of 109 various metal oxide $(CuO/SnO₂/Fe₂O₃/WO₃)/nanoduminum composites (fixed mass of 25 mg)$ in a combustion cell (free volume:13 cc) by M R Zachariah and groups, ³¹ CuO and next SnO₂ 111 were observed creating rapid pressurization rate owing to their high rate of decomposition and 112 release of gaseous oxidizers resulting in pressurization rate in such a descending order of CuO/Al 113 (11.1 Psi/µs), SnO₂/Al (7.7 Psi/µs), Fe₂O₃/Al (0.017 Psi/µs) and WO₃ (0.028 Psi/µs). In an 114 experimental study of the effect of stoichiometry on the combustion behavior of nanoscale

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115 MoO₃/nAl thermite, Dutro *et al.*³² characterized the propagation velocity and pressure output in a 116 burn tube experiment and reported a steady propagation velocity $(\sim 100$ to ~ 1000 m/s) for ~nanoaluminum proportions from 10 to 65 wt% and peak pressures over 8 MPa near stoichiometric compositions.

Cobalt oxide has not been explored as bulk nanoenergetic composites except a recent 120 development in thin-film based nanoenergetic materials onto a silicon substrate.³³ This report³³ 121 talks in details about the formulation of a core-shell structure of $Co₃O₄$ nanorod coated with aluminum film. Although films deposited in this manner may have a benefit of micro-patterning and may thus possess good integrability with MEMS/nEMS devices still it is always easy to tune the combustion behavior of the bulk nanoenergetic materials. Further bulk materials can be packed in micro-tubes or capillaries to generate high pressurization rate and also shock waves. Their packaging ratio can be easily changed and various oxidizers and tune morphology of the oxidizers can be used in customized applications. In this study, we have synthesized nanoscale $Co₃O₄$ oxidizer and developed a novel nanoscale energetic composites system with nano-aluminum. We have mathematically estimated the pressure-time characteristics for combustion of our nanoenergetic systems in a pressure-cell chamber based on established gas dynamics 131 model³⁴, Chapman–Jouguet (CJ) theory.³⁵ The exploration of this system has been carried out as a basis to create lower pressures and a higher pressurization rate which is very suitable for the application of delivering particles/genes into soft extra-cellular structures of micro-organisms. We have investigated the combustion front-wave speed and peak pressure/ pressurization rates by igniting these composites.

II. Experimental Section

A. Synthesis of Co3O4 nanobelts

All chemical reagents used in the synthesis process were of analytical grades and applied 139 without processing. $Co₃O₄$ nanobelts were synthesized by simple solid-state chemical mixing of CoCl2.6H2O (Source: RFCL Ltd, India, Purity: 98%) and sodium bicarbonate (Source: Fisher Scientific, India, Purity: 99%) in presence of water and hexamethylenetetramine (HMTA) (Source: Merck Specialties Pvt Ltd, India, Purity: 99.99 %). In a typical synthesis process, 2.38 g 143 CoCl₂.6H₂O and 2.1 g NaHCO₃ were mixed and ground together in presence of 0.280 g HMTA for few minutes in a mortar and pestle. After getting a homogeneous mixture, 2 ml of de-ionized water was added and mixing was carried on up to 20-30 minutes till a pink homogeneous paste was obtained. The pink paste was extracted from the mortar as well as the pestle and washed several times with water and ethanol in order to get pure cobalt oxide precursor. This precursor 148 was observed to be an intermediate step and after heating the paste in an oven for 180° C for 4 hr, 149 black-colored pure $Co₃O₄$ was obtained.

B. Preparation of nanoscale energetic composites

Nanoenergetic composite of 0.225 g quantity was prepared by homogeneous dispersion of 152 accurately weighed $Co₃O₄$ oxidizer nanobelts with aluminum nanoparticles in 30 ml of 2-propanol solution using a sonic wand. These materials were further mixed at different 154 equivalence ratios³⁶ which was calculated after considering the actual active aluminum content in the aluminum nanoparticles by subtracting the aluminum oxide layer. The aluminum nanoparticles utilized in nanoenergetic composites were of spherical shape with average diameter of 80 nm (Source: Neo Ecosystems and Software Private Ltd. India, Purity: 99%). The sonication process promoted a better homogenized mixing of fuel and oxidizer nanostructures and also helped in breaking up agglomerates if any were formulated by coupling sonic waves to

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the particulate system. After sonication for about 3-5 minutes, the well homogenized slurry 161 obtained was poured out in a glass petri-dish and dried at 90° C to evaporate out the 2-propanol dispersant media completely. The dried nanoenergetic composites were carefully retrieved by scrapping off very carefully with a pre-cleaned end of spatula and vacuum stored. The retrieval process of the composite is a skillful step as too much pressure of scrapping off may ignite the material and thus standard precautions at this step are advised.

166 **C. Nanomaterials Characterization**

167 The crystal structure and composition of $Co₃O₄$ nanobelts was determined by powder X-ray 168 diffraction (XRD) analysis using PANalytical X'Pert Pro diffractometer in the 2θ range of 30– 169 80^o at scan rate of 0.02 s⁻¹ with Cu Ka radiation of wavelength 1.5418 Å. The surface 170 morphology of $Co₃O₄$ nanobelts was characterized by transmission electron microscopy (TEM) 171 at accelerating voltage of 200 kV using FEI Technai, 20 UT. The surface morphology of 172 aluminum nanoparticles and its nanoenergetic composites with $Co₃O₄$ nanobelts were 173 characterized by scanning electron microscopy (Supra 40 VP, Zeiss Germany).

Combustion Characterization of nanoenergetic composites were conducted *via* TGDSC measurements, combustion front-wave speed measurements and pressure−time characteristics measurements at different equivalence ratio. The equivalence ratio was evaluated by considering 177 the actual active aluminum content of $Al(core)/Al₂O₃(shell)$ nanoparticles. The equivalence ratio (φ) was calculated by the Eqn. (1), in which *m* refers to the mass of fuel/oxidizer, and the subscripts *act* and *st* imply actual ratio and stoichiometry ratio respectively.

$$
\varphi = \frac{(m_{Al}/m_{Co_3O_4})_{act}}{(m_{Al}/m_{Co_3O_4})_{st}} \tag{1}
$$

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181 The thermogravimetric mass changes and the heat of reaction of $Co₃O₄$ based nanoenergetic composites were experimentally measured by thermogravimetric and differential scanning calorimetric (TG-DSC) analysis conducted on Netzsch STA 449F3 instrument. The TG-DSC 184 analysis was conducted from 50 to 800 $^{\circ}$ C at a heating rate of 10 K min⁻¹ under nitrogen gas supply (99.999 % purity).

The combustion front-wave speed was measured by initiating the combustion of 0.225 g of nanoenergetic composites filled in a constant volume polycarbonate burn tube of inside diameter 188 of 3.18 mm and volume of 0.8 cm^3 . The nanoenergetic combustion was initiated from either side of the burn tube by Nichrome wire connected to a 9V DC power source. The combustion front-wave propagation was optically detected by four fiber optics (Thor Labs) coupled photo-detectors (Thor Labs, DET 10A/M) placed in-line at inter-fiber distance of 25 mm over the burn tube. The combustion front-wave speed was measured by the estimation of inter-fiber response time recorded in Tektronix oscilloscope DPO 3054 after the successive flame propagation distance of 25 mm from the previous optical fiber position.

The pressure and pressurization rate of nanoenergetic composites was measured by conducting 196 the combustion experiment of 30 mg of $Co₃O₄/n$ nanoenergetic composites in a constant volume pressure cell (diameter=6.25 mm, depth= 5 mm). The nanoenergetic composites were 198 loosely filled in the pressure cell with a packing density of 0.2 g cm⁻³. A piezoelectric based pressure sensor PCB119B12 (PCB Piezotronics) was rigidly fixed to the pressure cell to measure the pressure-time characteristics of nanoenergetic combustion. The pressure-time characteristics output was recorded by Tektronix digital oscilloscope DPO3054. The details of pressure/pressurization rate and combustion front-wave speed measurements can be found in our 203 previous publication²⁶ and these measuring set ups are shown in supplementary Fig. S1 and S2 204 respectively.

205 **III. Results and Discussion**

206 **A. Morphology and crystallography.** The phase of the as-prepared and calcined nanomaterials 207 was identified by X-ray diffraction (XRD).The X-ray diffractogram of as-prepared and calcined 208 $Co₃O₄$ (Co₃O₄-400) nanomaterials is shown in Fig. 1. All XRD peaks were compared to the 209 standard powder XRD data files maintained by Joint Committee on Powder Diffraction 210 Standards (JCPDS) and were found to consistent with the card number JCPDS 9-418 of spinel 211 $Co₃O₄$ cubic structure. No characteristics peak relates to the CoO which demonstrates the 212 formation of pure phase $Co₃O₄$. The XRD peaks of $Co₃O₄$ -400 nanomaterials were found sharper 213 and of higher intensity than that of $Co₃O₄$, which demonstrates the higher crystallinity of 214 calcined Co_3O_4 nanomaterials. The morphology and crystallography of as-synthesized Co_3O_4 215 were determined by TEM and selected area electron diffraction (SAED) analysis. Fig. 2 (a) and 216 (b) represent the TEM image of $Co₃O₄$ samples and related SAED pattern respectively. The 217 TEM image indicates the formation of nanobelts like structures of $Co₃O₄$. From the TEM image, 218 the formation of very small nanoparticles of diameters of \sim 3-5 nm was also observed. It is 219 evident from the SAED ring pattern that the $Co₃O₄$ sample is polycrystalline in nature. The X-ray 220 diffractogram of $Co₃O₄/n$ nanoenergetics clearly indicates the peak of aluminum nanopowder. 221 Fig. 2 (c) shows the FESEM image of aluminum nanoparticles of average diameter of 80 nm 222 with the inset high magnification TEM image of nanoaluminum demonstrating the $A₁₂O₃$ shell 223 thickness of \sim 4 nm.

224 **B. Fourier Transform Infrared (FTIR) Analysis**

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225 The FT-IR Spectrum of Co_3O_4 and Co_3O_4 -400 nanocrystals are represented in Fig. 3. The 226 absorption peaks at wave number 3377 and 1624 cm⁻¹ of Co_3O_4 and 3435 cm⁻¹ and 1632 cm⁻¹ of 227 Co₃O₄-400 could be attributed to the (OH) stretching and bending mode respectively due to 228 possible consequence of water adsorptions from the environment and during handling which causes the surface of the $Co₃O₄$ samples to be hydroxilated. The absorption peak at 1384 cm⁻¹ is 230 observed only with $Co₃O₄$ which may be related to the surface impurity of 231 poly(oxymethylene)glycols, remained even washing several times the $Co₃O₄$ precipitates with 232 deionized water. HMTA is decomposed in to ammonia and formaldehyde and ammonia supplies 233 hydroxyl ion slowly after further hydrolization with water.³⁷ The formaldehyde is soluble in the 234 water as it forms a oligomers of poly(oxymethylene)glycols $(HO(CH_2O)_nH)$ with water 235 solution.³⁸ The contents of formaldehyde which become soluble in water in the form of 236 poly(oxymethylene)glycols is expected to be removed but the content of 237 poly(oxymethylene)glycols which form strong surface bonding with the $Co₃O₄$ nanocrystals 238 remains as an impurity even several times water cleaning. The strong absorption peaks observed 239 at 563 and 660 cm⁻¹ of Co₃O₄ and 566 and 660 cm⁻¹ of Co₃O₄-400 correspond to the stretching 240 vibrations of metal oxide for tetrahedrally coordinated Co^{+2} metal ions and octahedrally 241 coordinated Co^{+3} metal ions.³⁹

242 **C. Possible Formation Mechanism**

243 The solid-state synthesis process in presence of HMTA is able to form nanobelts cum 244 nanoparticles morphology of $Co₃O₄$ than only nanoparticles²³ morphology in the absence of 245 HMTA which demonstrates the significant role of HMTA for its anisotropic nanobelts 246 structuring of $Co₃O₄$ in solid phase reaction process. FTIR measurement confirms the presence 247 of HMTA with $Co₃O₄$ nanocrystals. From the Reaction (2), the nucleation and growth of cobalt

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248 hydroxyl carbonate $(Co_2(OH)_2CO_3)$ can be interpreted. The gradual release of hydroxyl ions by HMTA during solid state mixing process may be envisioned to transit the occurrence of reaction process in comparatively higher basic media which furnishes the stable anisotropic growth of cobalt hydroxyl carbonate nanocrystals. HMTA has been demonstrated to have greater affinity 252 with a particular facet of Co^{+2} nuclei, hence selectively absorbs to this facet depending on the 253 ratio of Co^{+2} and HMTA.⁴⁰ In a similar way, the HMTA is proposed to absorb selectively on to the particular facet of cobalt hydroxyl carbonate and minimizes the energy of this facet. Thus the high energy facets of cobalt hydroxyl carbonate experience higher driving force of crystal growth resulting in anisotropic formulation of nanobelt-like structure of cobalt hydroxyl carbonate. Owing to less homogeneity of solid state mixing than solution phase reactions, some cobalt hydroxyl carbonate nanocrystals may not experience favorable condition for nanobelts formulations and thus remains in the form of nanoparticles. The cobalt hydroxyl carbonate 260 nanocrystals are transformed in to $Co₃O₄$ nanobelts cum nanoparticles when heated at 180 °C in oven according to the Reaction (3).

$$
2CoCl2.6H2O + 4 NaHCO3 \longrightarrow 4NaCl + Co2(OH)2CO3+3CO2+13H2O
$$
-----(2)

$$
3Co_2(OH)_2CO_3 + O_2 \longrightarrow 2Co_3O_4 + 3CO_2 + 3H_2O \longrightarrow (3)
$$

264 **D. Thermogravimetric and Differential Scanning Calorimetry (TGDSC) Measurement**

265 TGDSC measurements were conducted for $Co₃O₄/nAl$ and $Co₃O₄$ -400/nAl nanoenergetic 266 composites at equivalence ratio of 1.6. From thermogravimetric analysis of nanoenergetics as 267 shown in Fig. 4, the weight-loss up to 400 °C was found to be greater with $Co₃O₄/nAl$ (4%) than 268 the Co₃O₄-400/Al (1.56 %). The excess weight-loss of 2.44% can be assigned to the surface 269 impurity of oligomers of poly(oxymethylene)-glycols (HO(CH₂O)_nH) adhered tightly with

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293 **E. Theoretical Estimation of Pressure Time Characteristics**

294 The pressure-time characteristics of low gas generating $Co₃O₄/nAl$ nanoenergetic composites (mass: 0.03 g) were theoretically estimated and validated by following the gas dynamic model³⁴ 296 which has been proposed for high reactive mass (0.5 g) combustion of high gas generating 297 Al/Bi₂O₃ in a large volume cylindrical chamber. Even though the gas generation with Co₃O₄/nAl 298 nanoenergetic composites is much smaller than the Bi_2O_3/Al , ^{27-28, 42} the pressurization rate in our 299 pressure cell (diameter=6.25 mm, depth= 5 mm, Supplementary Fig. S1) can be assumed to be 300 developed at high level and so considered to be consistent to gas dynamic model because of low 301 volume of 0.1534 cm³ of our pressure-cell as compared to 85.13 cm³ applied in gas dynamic 302 model.^{34} In the model, the energy of solid fuels-oxidizers thermite reaction is released instantly 303 and transferred to the gaseous products. The big explosion based gas dynamic model³⁴ assumes 304 the generation and propagation of one-dimensional shock wave in the air-filled cylindrical 305 pressure-cell. The heat transfer is considered to be adiabatic and the pressure of the shock wave 306 is assumed to be much greater than the ambient pressure. In big explosion model,³⁴ the explosion 307 happens very quickly releasing all the explosion energy into the gas instantly before the shock-308 wave leaves the narrow expansion region and a strong discontinuity condition arises because of 309 the higher pressure magnitude behind the shock wave than the gaseous medium pressure where it 310 is expanding. The Chapman–Jouguet (CJ) theory also assumes the reaction in the shock to be completed instantaneously at the continuum level³⁵ and based on this CJ theory equation of state 312 for CuO/Al nanothermites have been developed earlier.⁴³

The gas dynamic model³⁴ utilizes the conservation of momentum, entropy and mass to arrive the 314 pressure equation. For theoretical modeling of thermite reaction, we considered the mass of

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nanoenergetics to be 30 mg. Following reaction was used to calculate the amount of the Al that would undergo combustion for the given amount of oxidizer.

$$
8Al + 3 Co3O4 \longrightarrow 4 Al2O3 + 9 Co
$$
 (4)

318 It was kept in mind that about 20% of nano-aluminum is in the form of Al_2O_3 initially which was calculated for aluminum nanoparticles of average particle size of 80 nm possessing outer 320 shell thickness of A_2O_3 of \sim 4 nm determined from high magnification TEM image as shown by inset of Fig. 2 (c). Hence, the actual amount of nanoenergetics after the exclusion of non-reactive Al₂O₃ was calculated for equivalent ratio of 1.6 which is summarized in supplementary Table S1. 323 It is assumed that the outer shell of Al *i.e.* $A₁₂O₃$ acts as heat sink thus the various level of its contents in different equivalent ratio of nanoenergetics modify the combustion pressure.

The experimental module that is developed for the testing of the nanoenergetic composite materials is a constant volume pressure cell fully packaged with the composite materials. The pressure sensor used to measure the pressurization rate and peak pressure in our experiments have been positioned at the end of the pressure-cell and is supposed to measure the total force acting on it per unit area which is a function of both the incoming pressure and the drag force 330 and its value depends heavily on the orientation of the detector.²⁵ The pressure sensor normally 331 does not feel any drag force i.e., drag coefficient $(y) = 0$, if it is placed along the combustion propagation direction in the chamber. If it is assembled perpendicular to the drag force, the effect of drag is maximum and the drag coefficient is assumed to be 2 in that situation. In our experiments the pressure sensor is placed perpendicular to the direction of propagation of the pressure wave although due to relatively very less pressure-cell volume and fast pressurization 336 rate, the drag to combustion propagation is insignificant and we assume the value of $(y) = 0$ for

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337 all our calculations. A theoretical big explosion gas dynamic model was utilized based on the the 338 following equations²⁵ of combustion pressure.

339
$$
P + \frac{1}{2} \gamma \rho v^2 = \left(\frac{4L^2 \rho_1}{9t^2}\right) \left(\frac{1}{\gamma} DZ + \frac{1}{2} \gamma D V^2\right)
$$
 (5)

Where, $V \equiv V(\xi[t]), \xi[t] = (\frac{\rho_1 L^3 A}{F + 2R^3})$ 340 Where, $V \equiv V(\xi[t])$, $\xi[t] = (\frac{\rho_1 L^3 A}{E t^2 \beta^3})^{\frac{1}{3}}$, Here *P*, ρ and *v* are the gas pressure, gas density and gas 341 velocity respectively. *L* and *A* is the length and cross-section area of the cylindrical pressure-cell 342 chamber. The symbol ρ_1 refers to the gas density in front of propagating shock wave whereas β 343 and ξ to a dimensionless constant and dimensionless variable. Eqn. (6) is used to calculate the 344 magnitude of ξ . *E* is the energy released during the exothermic reaction. $V(\xi)$ represents a 345 function inverse to the function $\xi(V)$. Due to the complexity of the equation below, an indirect 346 approach was used to solve it. The limits of V vary from $1/\gamma$ to $2/\gamma+1$ (from $\xi=0$ to $\xi=1$) and the 347 iterations are performed in MATLAB. D and Z are the dimensionless function and can be 348 estimated by the Eqn. (7) and (8) respectively.

$$
\xi^3 = \frac{4\left(\frac{\gamma+1}{\gamma-1}(\gamma\mathcal{V}-1)\right)^{\frac{3(\gamma-1)}{2\gamma-1}}(3-(1+\gamma)\mathcal{V})^{-\frac{5\gamma-4}{2\gamma-1}}}{(1+\gamma)^2\mathcal{V}^2}
$$
(6)

349
$$
D = \frac{\gamma+1}{\gamma-1} \left(\frac{\gamma+1}{\gamma-1} (1-\mathcal{V}) \right)^{\frac{-2}{2-\gamma}} \left(\frac{\gamma+1}{\gamma-1} (\gamma \mathcal{V}-1) \right)^{\frac{1}{2\gamma-1}} \times (3-(1+\gamma)\mathcal{V})^{\frac{-(5\gamma-4)}{(\gamma-2)(2\gamma-1)}} \tag{7}
$$

350
$$
Z = -\frac{\gamma(\gamma - 1)\mathcal{V}^2(\mathcal{V} - 1)}{2(\gamma \mathcal{V} - 1)}
$$
 (8)

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The value of β was considered to be 1.229 for γ=1.4. Following these equations,the pressure *v/s* time characteristics wasobtained for all the three equivalent ratios assuming the drag coefficient to be zero.

The pressure curve is calculated by solving equations 5 through 8. MATLAB8.2 is used for calculating the peak pressure and also the pressurization rate. Fig. 5 (a) and (b) show the plot of estimated gas pressure (in MPa) with respect to time (microseconds) corresponding to an 357 equivalence ratios 1.6 for $Co₃O₄/n$ and $Co₃O₄$ -400/nAl respectively. The peak pressure was 358 estimated to be 25.35 MPa and 36.95 MPa respectively for Co_3O_4/n and Co_3O_4-400/n Al.

E. Combustion Performance of Co3O4/nAl and Co3O4-400/nAl nanoenergetic composites

360 Combustion front-wave speed, peak pressure and pressurization rate measurement of $Co₃O₄/nAl$ at equivalence ratio of 1.4, 1.6 and 1.8 has been shown in supplementary Table S2. The pressure-362 time characteristics curve of $Co₃O₄/n$ and $Co₃O₄$ -400/nAl as a function of equivalence ratio has been drawn and shown in Fig 5 (c) and (d).The peak pressure and pressurization rate of Co₃O₄/nAl and Co₃O₄-400/nAl were measured maximum at equivalence ratio of 1.6 developing 365 peak pressure of 20 ± 2 MPa (Pressurization rate=0.14 \pm 0.03 MPa/ μ s) and 32.6 \pm 3 MPa 366 (Pressurization rate= 0.47 ± 0.1 MPa/ μ s) respectively. The peak pressure so measured rhymes well with the theoretically predicted value although as estimated earlier the pressurization rate is not so huge. The time scale of experimental pressure-time characteristics (pressurization rate) is in fact ~100 times more than that predicted theoretically due to diffusional restrictions. In reality, the exothermic reactivity of nanoenergetic formulation and henceforth the gas release rate during combustion depends on the population of fuel and oxidizer atoms in contact and inter-atomic diffusion path which will disallow the pressure wave to travel such a super high rate as predicted

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in theoretical estimation. The pressure rise time of cobalt oxide based nanoenergetics is 374 measured to be 70 μs $(Co_3O_4-400/nA1$ at $\varphi=1.6$), which is seven times higher than that of our $Bi₂O₃/Al⁴²$ based nanoenergetic films. The shorter time scale of $Bi₂O₃/Al⁴²$ nanoenergetic films than $Co₃O₄ - 400/n$ Al can be attributed to its higher gas generating ability and less diffusional restriction owing to core-shell nanostructuring. Thus, we may conclude that the time scale of cobalt oxide based nanoenergetics can be shortened and approached towards theoretical one by 379 nanotechnological efforts (Fabrication of high-aspect, high purity $Co₃O₄$ nanostructures and their molecular level as well as stoichiometric assembling with nanoaluminum).

381 The pressure-time characteristics achieved with Co_3O_4 -400/nAl was found better than the PEG synthesized CuO nanorods (CuO_{peg}) based nanoenergetics (Peak Pressure=27.4 \pm 2 MPa, Pressurization rate=0.25 \pm 0.1 MPa/ μ s) as reported in our previous findings.²⁶ In another pressure- 384 time characteristics experiment,²⁴ the commercial grade CuO based nanoenergetics developed 385 lowest peak pressure and pressurization rate of magnitude 22 ± 3 MPa and 2.5 ± 0.3 MPa/ μ s 386 respectively among their all kinds of CuO oxidizers of packing density of 0.33 $g/cm³$. Thus the 387 low pressure-time characteristics of $Co₃O₄/n$ really helps us to achieve a softer system of 388 delivery of a pressure waves which would not cause much damage to the soft cellular system as 389 has eventually been the goal behind all the material synthesis reported in this work. The peak 390 pressure (32.6 \pm 3 MPa) of calcined Co₃O₄ based nanoenergetics is comparable to that of CuO 391 nanoparticles (calcined at 400 °C for 3 h of CuO-100 nanorods) based nanoenergetics (Peak 392 Pressure=35 \pm 3 MPa). The considerably lower pressurization rate of Co₃O₄-400/nAl than the CuO nanoparticles (calcined at 400 $^{\circ}$ C for 3 h of CuO-100 nanorods) based nanoenergtics²⁴ can 394 be attributed to its lower theoretical gas generations². Theoretical gas release of $Co₃O₄/nAl$ 395 nanoenergetic composites is about 62 % lesser than the gas release with the CuO/nAl

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396 nanoenergetic composites. The combustion behavior of $Co₃O₄/nAl$ nanoenergetics at equivalence ratio of 1.8 is observed to be anomalous giving highest combustion velocity but developing smallest pressurization rate. It can be hypothesized that, since the combustion front-wave propagation distance in pressure cell is much shorter (i.e. 5 mm) than that in burn-tube experiment (i.e. 100 mm), therefore the higher thermal conductivity of nanoenergetics associated with equivalence ratio of 1.8 may not contribute much in pressurizing the combustion front-waves. The higher available oxygen atoms at equivalence ratio of 1.6 can be believed to increase the exothermic reaction and thus the pressurization rate.

The combustion front-wave speed (correspond to speed between photo-detectors 3 and 4) of Co₃O₄/nAl and Co₃O₄-400/nAl nanoenergetics at different equivalence ratios can be seen in Fig. 6. From the inset photo-detector output *vs* time plot of Fig. 6, the interval time between two photo-detectors is observed decreasing in forward direction, which implies that the combustion wave-front accelerates in forward direction in confined burn tube. It can be envisioned that the pressure build-up due to high combustion/exothermic reactivity and gas generation in confined burn tube during combustion process propel the flame front propagation at a faster rate in forward direction. The pressure build up may also hypothesized to enhance the ignition sensitivity of nanoenergetic composites lying ahead of the flame front and therefore the ignition of nanoenergetic composites happens at early stage of time in forward direction. Thus, the accelerating rate of combustion flame-front speed may be believed to depend on the intensity of pressure-build up, forward pressure wave speed and the rate of confinement of burn tube. However, it can further be envisaged that the pressure wave would accelerate the combustion flame front propagation only, if it is travelling at a higher speed than the combustion flame front 418 speed. The combustion front-wave speed of calcined $Co₃O₄$ based nanoenergetic composites

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419 was found to be maximum at equivalence ratio of 1.6 where as for Co_3O_4/Al nanoenergetics, an increasing trend in combustion front-wave speed with equivalence ratio can be observed. It can be interpreted that the presence of surface impurity of poly(oxymethylene)glycols to the 422 uncalcined Co_3O_4 may require excess aluminum than that of calcined Co_3O_4 oxidizer which may be the reason of developing higher combustion front-wave speed at equivalence ratio of 1.8 in Co₃O₄/nAl nanoenergetics. It is also observed from combustion front-wave speed plot that there is lower deviation in combustion front-wave speed in between equivalence ratio of 1.6 to 1.8 than that between 1.4 to 1.6 which can be explained by considering the higher thermal conductivity of nanoenergetic composites due to increase in the relative quantity of nano-aluminum at higher equivalence ratio. The higher thermal conductivity can be believed to create a faster hot spot at the front of combustion front-wave which may accelerate the combustion front-wave propagation along the total travel of 100 mm in the burn-tube experiment.

IV. Conclusions

432 In summary, nanoscale Co_3O_4 consisting of small nanoparticles (diameter \sim 3-5 nm) and nanobelts (diameter of 5-10 nm, lengths of up to 100 nm) were synthesized by a simple solid-434 state method and were characterized by XRD, TEM, SAED and FTIR. The nanoscale $Co₃O₄$ was utilized as oxidizer in developing novel bulk nanoenergetic composites with nanoaluminum. The 436 calcined $Co₃O₄$ based nanoenergetic composites *i.e.* $Co₃O₄$ -400/nAl exhibited better exothermic heat of reaction and combustion performance than that of uncalcined one. Based on TGDSC measured heat of reaction and pressure-cell design parameters, the peak pressure and pressurization rate were theoretically estimated and when compared to the experimentally measured pressure-time characteristics, a good agreement between predicted peak pressure and 441 measured peak pressure was found. The $Co₃O₄/nAl$ and $Co₃O₄$ -400/nAl nanoenergetics were

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442 able to propagate at a maximum flame-front speed of 781 ± 50 and 830 ± 75 m s⁻¹ respectively. 443 These nanoenergetic systems are able to develop peak pressure ranging from mild (12.6 ± 1) to 444 20 \pm 2 MPa with Co₃O₄/nAl) to moderate (26 \pm 2 to 32.6 \pm 3 MPa with Co₃O₄-400/nAl) during 445 combustion experiment inside a constant-volume pressure cell experiment with charge density of 446 $\,$ 0.2 g cm⁻³. The maximum peak pressure was obtained at equivalence ratio of 1.6 and was nearly 447 comparable to the CuO based nanoenergetic system but the maximum pressurization rate with 448 Co₃O₄/nAl (0.47 \pm 0.1MPa/ μ s) was much below to that of CuO/nAl nanoenergetics owing to low 449 gas generation during combustion process. The heat of reaction was measured to be 0.96 kJ g^{-1} 450 for Co₃O₄/nAl and 1.02 kJ g⁻¹ being greater to that of PEG400 synthesized CuO nanorods based 451 nanoenergetics. Through this work we report a new set of nanoenergetic composite that can be 452 used for creating mild to moderate pressure waves.

453 **Supporting Information**

The pressure-time characteristics measuring set-up and combustion front-wave speed measuring set-up have been shown in supplementary Fig. S1 and S2. Reactive mass distribution and Combustion (front-wave speed and pressure-time) measurements of nanoenergetic composites have been listed in supplementary Table S1 and S2 respectively.

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542 **Fig 1.** Powder X-ray diffraction pattern of Co₃O₄ (indicated in black), Co₃O₄-400 (indicated in 543 blue) and $Co₃O₄/Al$ nanoenergetics prepared at equivalence ratio of 1.6 (indicated in green)

546 **Fig 2.** (a) TEM image of Co₃O₄ nanobelts (b) SAED ring pattern of Co₃O₄ nanobelts (c) FESEM 547 image of aluminum nanoparticles with inset of its high magnification TEM image showing the 548 core (Al) and shell $(A₂O₃)$ (d) TEM image of $Co₃O₄/nAl$ nanoenergetic composites

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554 **Fig. 3** FT-IR Spectrum of Co₃O₄ (indicated in black) and Co₃O₄-400 (indicated in blue)

555 nanomaterials.

557 **Fig 4.** TG-DSC measurements of (a) Co₃O₄/nAl and (b) Co₃O₄-400/nAl nanoenergetics at

558 equivalence ratio of 1.6.

560 **Fig. 5** Theoretical Pressure-time characteristics results using MATLAB modeling of big

561 explosion gas dynamic model at equivalence ratios of 1.6 for (a) $Co₃O₄/n$ and (b) $Co₃O₄$ -

562 400/nAl, and experimental Pressure−time characteristics of (c) Co3O4/nAl (d) Co3O4-400/nAl at

563 different equivalence ratio.

566 **Fig 6.** Combustion front-wave speed measurements of $Co₃O₄/nAl$ and $Co₃O₄$ -400/nAl as a 567 function of equivalence ratio with inset plot of photo-detector output vs time.

571 Novel Co₃O₄ nanobelts based bulk nanoenergetic systems have been developed which are able to 572 generate mild to moderate peak pressure and pressurization rates as demanded in shock wave 573 mediated biomedical applications.