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1	Antioxidative and Antimicrobial Activities of the Extracts from the Seed Coat of
2	Bambarra Groundnut (Voandzeia subterranea)
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#### 25 Abstract

26 Antioxidative and antimicrobial activities of extracts from Bambarra groundnut seed 27 coat, prepared using water, ethanol and acetone as the media at various temperatures (30, 60, 28 90°C) were investigated. Extraction yields and phenolic contents of Bambarra groundnut seed 29 coat extracts (BGSEs) varied from 5.21 to 13.23% and from 169 to 569 mgGAE/g dry extract, 30 respectively. BGSEs showed varying antioxidative activities including DPPH, ABTS, hydroxyl and superoxide anion radical scavenging activities, ferric reducing antioxidant power 31 32 and metal chelating activity, depending on extraction conditions (p<0.05). Antioxidative 33 activities of BGSE prepared using ethanol at 60°C (BGSE<sub>E60</sub>) were stable in a wide pH range 34 and heat treatment. BGSE<sub>E60</sub> exhibited antioxidative activities in lecithin liposome system and 35 steamed chicken mince as evidenced by the retarded formation of conjugated diene, peroxide 36 value and thiobarbituric reactive substances (TBARS) (p < 0.05). Additionally, the BGSE<sub>E60</sub> 37 (2.5-30 mg/ml) possessed antimicrobial activities against bacteria (Staphylococcus aureus, 38 Escherichia coli, Bacillus cereus), yeast (Candida albicans) and mold (Aspergillus niger), in a 39 dose-dependent manner. Scanning and transmission electron microscopic studies also revealed 40 the damages of microbial cells after being treated with  $BGSE_{F60}$ . No cytotoxicity of  $BGSE_{F60}$ 41 against the primate cell line (Vero) was observed. Therefore, extraction yields, total phenolic 42 contents and antioxidative activities of BGSEs were governed by extracting solvents and 43 temperatures used. Additionally, BGSEs could be used as natural antioxidant and 44 antimicrobial agent without cytotoxicity.

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46 Key word: antioxidative activity, antimicrobial activity, phenolic compound, extract,

Bambarra groundnut

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#### 49 **1 Introduction**

50 Nuts play a key role in the diets of human beings throughout the world. The total per capita 51 consumption of nuts markedly increased over the past two decades due to increased attention to beans as functional foods.<sup>1</sup> Nut by-products are generated during production and 52 53 consumption and basically recognized as market value residues. Bambarra groundnut, an 54 indigenous groundnut of southern part of Thailand, has been used in the local area as food. 55 Before consumption, seed coat was removed and regarded as waste. Many seed coats have been reported to possess a plenty of phenolic compounds.<sup>2-4</sup> Additionally, those seed coats are 56 inexpensive source of nutraceuticals and functional ingredients. However, seed coat of 57 58 Bambarra groundnut has not been fully exploited.

59 Extraction processes have been used to extract phenolic compounds from the under-60 utilized wastes, which can be used as nutraceuticals and functional ingredients in food industry.<sup>5</sup> Solvents such as methanol, ethanol, butanol, acetone, chloroform and water have 61 been commonly used for extraction of phenolics from plants.<sup>6</sup> The extracts from seed coats of 62 peanut,<sup>7</sup> hazelnut, lentils,<sup>4</sup> cashew nut<sup>3</sup> and legumes<sup>2</sup> have been reported to be rich in phenolic 63 64 compounds and contain numerous types of phenolic compounds, which play an important protective role against oxidative damage.<sup>7</sup> Additionally, polyphenol-rich nuts correlate with a 65 wide range of physiological properties, including antioxidative<sup>8-9</sup> and antimicrobial 66 activities.<sup>10</sup> 67

Although, synthetic agents are efficient and have been widely used to preserve food products by delaying deterioration, the strict regulation based on awareness of health risks leads to the searching for natural antioxidants and antimicrobial agent as alternatives. Nevertheless, there is no information regarding the antioxidative and antimicrobial activities of the extracts from Bambarra groundnut seed coat. Therefore, the objective of this study was

to prepare the extracts from Bambarra groundnut seed coat with various conditions and to
 study their antioxidative and antimicrobial activities.

75

#### 76 2 Materials and methods

#### 77 **2.1 Chemicals**

78 2,2-diphenyl-1-picryhydrazyl (DPPH) (PubChem (3-CID:2735032). 2.2-azino-bis 79 ethylbenzothiazoline-6-sulfonic acid) diammonium salt (ABTS) (PubChem CID:6871216), 80 2,4,6-tripyridyl-s-triazine (TPTZ) (PubChem CID:77258), 2-deoxy-D-ribose (PubChem CID:5460005), nitro-blue tetrazolium (NBT) (PubChem CID:9281), 6-hydroxy-2,5,7,8-81 82 tetramethylchroman-2-carboxylic acid (Trolox) (PubChem CID:40634) and  $\alpha$ -tocopherol 83 (PubChem CID:14985) were purchased from Sigma-Aldrich, Inc. (St. Louis, MO, USA).

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#### 85 **2.2 Sample preparation**

Bambarra groundnut was purchased from a supplier in Phatthalung province and transported
to a laboratory, Thaksin University, Phatthalung. The groundnut was peeled manually and
dried at 60°C for 24 h. Thereafter, the groundnut seed coat was separated and ground using a
grinder and sieved through a 60-mesh sieve. Ground seed coat was subjected to determination
of moisture, protein, fat, ash and fiber contents.<sup>11</sup>

91

#### 92 **2.3 Extraction of seed coat**

The ground seed coat was suspended in water, 99.9% ethanol or 99.5% acetone at a ratio of 1:10 (w/v), homogenized for 1 min by homogenizer (IKA T18, Ultra-Turrax, Becthai, Bangkok, Thailand). The homogenate was incubated at 30, 60 and 90°C in a temperature controlled water bath (Memmert, WNB22, Becthai, Bangkok,Thailand) for 60 min. The

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- 97 mixtures were filtered through Whatman #1 filter paper. The solvents were evaporated under
  98 vacuum in a rotary evaporator (Buchi, Rotavapor R-210, Bangkok, Thailand) at 40°C and kept
  99 in amber bottle at -20°C until analyses.
- 101 **2.4 Determination of extraction yields**

Extraction yield (%) of BGSEs was determined and defined as weight of extract, compared
with the weight of seed coat. Extraction yield was calculated according to the following
equation:

105 Extraction yield (%) = (weight of dry extract/ weight of dry seed coat) x100

106

#### 107 **2.5 Determination of total phenolic contents**

The total phenolic content of BGSEs was investigated with a slight modification.<sup>12</sup> One ml of appropriately diluted extracts was added with 9 ml of deionized water. Thereafter, 1 ml of Folin & Ciocalteu's phenol reagent was added to the mixture and vortexed. After 5 min, 10 ml of 7% Na<sub>2</sub>CO<sub>3</sub> solution was added and mixed well. Five ml of deionized water were added. After incubation for 90 min at 25°C, the absorbance was read at 750 nm. Gallic acid (20-100 mg/l) was used as standard. Total phenolic content of BGSEs was expressed as mg gallic acid equivalent (GAE)/g dry extract.

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#### 116 **2.6 Determination of antioxidative activities**

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#### 2.6.1 DPPH radical scavenging activity

DPPH radical scavenging activity was measured with a slight modification.<sup>13</sup> BGSEs were diluted with deionized water to obtain a concentration of 0.001 mg dry extract/ml. To 2 ml of sample solutions, 0.5 ml of 0.2 mM DPPH solution was added and mixed vigorously.

After incubating for 30 min, the absorbance of the resulting solutions was measured at 517 nm

125 incubating for 6 min, the absorbance of the resulting solutions was measured at 734 nm.<sup>14</sup> 126 127 2.6.3 Hydroxyl radical scavenging activity 128 Hydroxyl radical scavenging activity was assayed using the 2-deoxyribose oxidation method.<sup>15</sup> The reaction mixture consisted of 0.1 ml of 2.8 mM 2-deoxyribose, 0.2 ml of the 129 130 mixture between 100  $\mu$ mol FeCl<sub>3</sub>·6H<sub>2</sub>O and 104  $\mu$ mol EDTA (1:1), 0.1 ml of 1 mM H<sub>2</sub>O<sub>2</sub>, 0.1 ml of 1 mM L-ascorbic acid and 0.5 ml of BGSEs (0.00001 mg dry extract/ml). The reaction 131 132 mixture was incubated at 37°C for 1 h. One ml of 0.5% thiobarbituric acid (w/v) in 10% 133 trichloroacetic acid (w/v) was added into the reaction mixture and mixed well. The mixture 134 was boiled for 15 min, cooled in ice for 5 min and the absorbance was read at 532 nm. 135 **2.6.4** Superoxide anion radical scavenging activity Superoxide anion radical scavenging activity was measured.<sup>16,17</sup> Superoxide anion was 136 137 generated in a non-enzymatic system. One ml of each solution prepared in phosphate buffer 138 (0.1 M, pH 7.4) including 150 µM NBT, 60 µM Phenazine methosulphate (PMS), and 468 µM Dihydro-nicotin-amidadenin-dinucleotide (NADH) were added to 1 ml of BGSE (0.00001 mg 139 140 dry extract/ml), respectively. The reaction mixture was incubated at room temperature (25-141 The absorbance of the reaction mixture was measured 27°C) for 5 min. 142 spectrophotometrically at 560 nm. Superoxide anion derived from dissolved oxygen by PMS-

#### 2.6.2 ABTS radical scavenging activity

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BGSEs were diluted with deionized water to obtain a concentration of 0.05 mg dry 124 extract/ml. To 100 µl of sample solutions, 3 ml of ABTS<sup>++</sup> were added and mixed well. After

using a spectrophotometer (UV-1700 Pharma Spec, Shimadzu, Kvoto, Japan).

NADH coupling reduces the yellow dye ( $NBT^{2+}$ ) to produce the blue formazan, which is 143

measured at 560 nm. The inhibition of the blue NBT formation and decrease in absorbance at
560 nm with antioxidants indicates the consumption of superoxide anion.<sup>17</sup>

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#### 2.6.5 Ferric reducing antioxidant power (FRAP)

FRAP assay was determined.<sup>18</sup> Acetate buffer (0.3 M, pH 3.6) was prepared by 147 148 dissolving 3.1 g C<sub>2</sub>H<sub>3</sub>O<sub>2</sub>Na<sup>3</sup>H<sub>2</sub>O and 16 ml of acetic acid in 1 l of deionized water. TPTZ 149 solution was prepared by dissolving 10 mmol TPTZ in 1 l of 40 mM HCl solution. Ferric 150 solution (20 mM) was prepared using FeCl<sub>3</sub>·6H<sub>2</sub>O. The FRAP reagent was freshly prepared by 151 mixing acetate buffer, TPTZ and ferric solutions at a ratio of 10:1:1. Five hundred ul FRAP 152 reagent was mixed with 480 µl of deionized water and was incubated at 37°C in a water bath 153 for 10 min, followed by adding 20 µl of each BGSE with a concentration of 0.01 mg dry 154 extract/ml. After 10 min, the absorbance was read at 593 nm.

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#### 2.6.6 Metal chelating activity

The metal chelating activity on  $Fe^{2+}$  was investigated.<sup>19</sup> One ml of BGSE (0.02 mg dry extract/ml) was mixed with 3.7 ml of deionized water. The mixture was then reacted with 0.1 ml of 2 mM FeCl<sub>2</sub> and 0.2 ml of 5 mM 3-(2-pyridyl)-5,6-bis(4-phenyl-sulfonic acid)-1,2,4triazine (ferrozine) for 20 min at room temperature. The absorbance was read at 562 nm.

160 Trolox (0-0.2 mg/ml) was used as standard for all assays, except for metal chelating 161 activity, in which EDTA (0-0.06 mg/ml) was used. The activities were expressed as Trolox 162 equivalent (TE)/g or EDTA equivalent (EE)/g. The control blank of each reaction was 163 conducted in the same manner except that deionized water was used instead of BGSE. Sample 164 blank was also prepared in the same manner of each reaction except that deionized water was 165 used instead of working reagent.

166 The BGSE rendering the highest antioxidative activities was selected for further study.167

168	2.7 Thermal and pH stability measurement					
169	$\mathrm{BGSE}_{\mathrm{E60}}$ with the highest antioxidative activities was dissolved in deionized water to obtain					
170	the concentration of 0.001, 0.05, 0.01 and 0.02 mg dry extract/ml for determining DPPH and					
171	ABTS radical scavenging activities, FRAP and metal chelating activity, respectively.					
172	2.7.1 Thermal stability					
173	The sample solutions were placed in a temperature-controlled water bath at 20, 40, 60,					
174	80 and 100°C for 30 min. At the time designated, the samples were cooled rapidly in iced					
175	water. Residual activities were determined.					
176	2.7.2 pH stability					
177	The sample solutions (5 ml) were prepared using 100 mM acetate buffer (pH 2 or 4)					
178	and with 100 mM Tris HCl buffer (pH 6, 8 or 10). The solutions were then allowed to stand					
179	for 30 min at room temperature, followed by adjusting to pH 7.0 with 1 and 6 M HCl or 1 and					
180	6 M NaOH. The final volume of all solutions was brought up to 20 ml using deionized water					
181	as previously described. <sup>20</sup> Residual activities of $BGSE_{E60}$ were examined.					
182	Residual antioxidative activities were reported, relative to that found at 20°C and pH 6.					
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184	2.8 Preventive effect of selected seed coat extract in lecithin liposome system and steamed					
185	chicken mince					
186	2.8.1 Lecithin liposome system					
187	Lecithin was suspended in deionized water at a concentration of 8 mg/ml using a					
188	homogenizer for 15 min. $\mathrm{BGSE}_{\mathrm{E60}}$ was added to the 30 ml of lecithin liposome system to					
189	obtain the final concentrations of 6, 30 and 60 mg/l. After addition of the $\mathrm{BGSE}_{\mathrm{E60}},$ the					
190	liposome suspension was homogenized again for 2 min. Thereafter, 10 $\mu l$ of 30 mM cupric					

191 acetate was added. The mixtures were shaken at a speed of 120 rpm at 37°C in the dark using 192 a shaker. The control (without the  $BGSE_{E60}$ ) and the system containing 6 mg/l Trolox or  $\alpha$ -193 tocopherol were also prepared. Liposome oxidation was monitored every 6 h for 36 h by 194 monitoring conjugated dienes<sup>21</sup> and thiobarbituric acid reactive substance (TBARS).<sup>22,23</sup> 195 **2.8.2 Steamed chicken mince** 

196 Chicken meat was ground using a grinder and mixed with  $BGSE_{E60}$  to obtain the final 197 concentrations of 6, 30 and 60 mg/kg. The chicken mince was cooked by steaming at 100°C 198 for 15 min. The samples were placed in polyethylene bag and kept at 4°C for 15 days. The 199 chicken mince without  $BGSE_{E60}$  (control) and containing 6 mg/kg Trolox or  $\alpha$ -tocopherol 200 were also prepared. Oxidation was monitored every 3 day by determining peroxide value (PV) 201 and TBARS.<sup>22-23</sup>

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#### 203 **2.9 Determination of antimicrobial activities**

### 204

#### 2.9.1 Preparation of microorganisms and inocula

205 Staphylococcus aureus (S. aureus) TISTR118, Escherichia coli (E. coli) TISTR780, 206 Bacillus cereus (B. cereus) TISTR687 and Aspergillus niger (A. niger) ATCC6275 were 207 obtained from the Department of Food Technology, Prince of Songkla University, Hat Yai, 208 Thailand. Candida albicans (C. albicans) PSSCMI7010 was gifted from the Department of 209 Microbiology, Prince of Songkla University, Hat Yai, Thailand, Bacteria were kept on NA 210 slants, whereas yeast and mold were kept on PDA slants at 4°C until use. To activate 211 microorganisms before culturing, the inocula were prepared. One loopful of each bacterium 212 (S. aureus, E. coli, B. cereus) cultured on NA slants for 15 h and yeast (C. albicans) cultured 213 on PDA slant for 24 h was inoculated in NB and PDB for bacteria and yeast, respectively. The

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culture broths were then incubated at 37°C for 15 h for bacteria and 25°C for 24 h for yeast. Thereafter, 1.5 ml of culture broths were inoculated in 50 ml NB and PDB for bacteria and yeast, respectively and incubated at 37°C for 15 h for bacteria and 25°C for 24 h for yeast to obtain late log phase inocula. The inocula were adjusted to obtain  $5x10^5$  cell/ml using hemacytometer. For mold, *A. niger* was sub-cultured onto PDA slant and incubated at 25°C for 48 h. This process was conducted twice to produce spores. Spore suspension with the concentration of  $5x10^5$  spore/ml measured by direct count using hemacytometer was prepared.

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#### 2.9.2 Inhibition zone measurements

222 To measure the inhibition zone of  $BGSE_{E60}$  against bacteria, yeast and mold, the agar 223 diffusion method was conducted. Five  $\mu$ l of BGSE<sub>E60</sub> at the concentrations of 2.5, 5, 10 and 30 mg/ml was dropped on 5 mm diameter paper disc. Inocula  $(5x10^5 \text{ cell/ml})(0.1 \text{ ml})$  was 224 225 aseptically added to a 20 ml sterilized media (Mueller-Hinton Agar, MHA) at 50°C in a 226 temperature controlled water bath. The seeded agar media were immediately mixed and 227 poured in petri dish and left for solidification. Each paper disc added with  $BGSE_{F60}$  at 228 different levels was placed on the surface of agar and the plates were left at room temperature 229 for 30 min to allow diffusion of  $BGSE_{F60}$  into media. Control (sterilized water) and penicillin 230 or amphotericin B (2.5 mg/ml) were also used. Plates were incubated at 37°C for bacteria and 231 30°C for yeast and mold, until visible growths of tested microorganisms were evident (6 h for 232 bacteria and 12 h for yeast and mold). Inhibition zones in mm around disc (including disc 233 diameter) were measured. The antimicrobial activity was expressed as the diameter of 234 inhibition zones produced by  $BGSE_{E60}$  against tested microorganisms, in comparison with 235 penicillin for bacteria and amphotericin B for yeast and mold.

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#### 2.9.3 Scanning and transmission electron microscopies

One ml of suspension for each microorganism  $(1X10^8 \text{ cells/ml})$  was centrifuged at 239 3000 x g (Mikro 200, Hettich Zentrifugen, Germany) for 20 min at 25°C. The supernatant was 240 241 discarded, and 1 ml of  $BGSE_{F60}$  (5 mg/ml) was then added to the pellet, mixed well and 242 incubated for 12 h at 25°C. The cell suspensions in  $BGSE_{E60}$  were centrifuged as previously 243 described. The cell pellet was resuspended in 1 ml of 0.85% NaCl solution, mixed and 244 centrifuged under the same conditions. The washed cells were fixed with glutaraldehyde, 245 coated with gold and viewed under scanning electron microscope (SEM) (Ouanta400, FEI, 246 Czech Republic) and transmission electron microscope (TEM) (JEM-2010, JEOL, Tokyo, 247 Japan).

248

#### 249 **2.10** Cytotoxicity determination

250 Cytotoxicity of BGSE<sub>F60</sub> against primate cell line (Vero) was investigated by green fluorescent protein (GFP) detection method<sup>24</sup>. Ellipticine was used as the positive control, while 251 252 0.5%DMSO was used as negative control. Test concentration was 50 µg/ml. The GFP-253 expressing Vero cell line was generated in-house by stably transfecting the African green 254 monkey kidney cell line (Vero, ATCC CCL-81), with pEGFP-N1 plasmid (Clontech). The cell 255 line was maintained in minimal essential medium supplemented with 10% heat-inactivated 256 fetal bovine serum, 2 mM L-glutamine, 1 mM sodium pyruvate, 1.5 g/l sodium bicarbonate 257 and 0.8 mg/ml geneticin, at 37°C in a humidified incubator with 5% CO<sub>2</sub>. The assay was carried out by adding 45  $\mu$ l of cell suspension (3.3x10<sup>4</sup> cells/ml) to each well of 384-well 258 259 plates containing 5 µl of test compounds previously diluted in 0.5% DMSO, and then 260 incubated for 4 days in an incubator at 37°C with 5% CO<sub>2</sub>. Fluorescence signals were 261 measured by SpectraMax M5 microplate reader (Molecular Devices, USA) in the bottom

reading mode with excitation and emission wavelengths of 485 and 535 nm. Fluorescence
signal at day 4 was subtracted with background fluorescence at day 0. The percentage of
cytotoxicity was calculated by the following equation, where FUT and FUC represent the
fluorescence units of cells treated with test compound and untreated cells, respectively:
% cytotoxicity = [1-(FUT / FUC)] × 100
267
2.11 Statistical analysis

One-way ANOVA was used and mean comparison was performed by Duncan's multiple
 range test.<sup>25</sup> Statistical analysis was carried out using SPSS statistic program (Version 11.0)
 for Window (SPSS Inc. Chicago, IL).

272

#### 273 **3 Results and discussion**

#### 274 **3.1** Chemical compositions of Bambarra groundnut seed coat

Bambarra groundnut seed coat contained 6.14% moisture, 11.56% protein, 1.16% fat, 4.68%
ash, 58.26% carbohydrate and 24.34% fiber (dry basis). Thus, carbohydrate was the main
constituent, followed by fiber in seed coat. Chemical compositions of little millet seed coat
have been reported to be 6.26% protein, 20.51% ash, 2.04% fat and 13.08% fiber.<sup>26</sup>

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## 3.2 Effect of extracting solvents and temperatures on extraction yields, total phenolic contents and antioxidative activities of BGSEs

282 Extraction yields, total phenolic contents and antioxidative activities of BGSEs prepared using

283 different extracting solvents including water (W), ethanol (E) and acetone (A) at various

- temperatures (30, 60, 90°C) (BGSE<sub>W30</sub>, BGSE<sub>W60</sub>, BGSE<sub>W90</sub>, BGSE<sub>E30</sub>, BGSE<sub>E60</sub>, BGSE<sub>E90</sub>,
- $BGSE_{A30} BGSE_{A60}, BGSE_{A90}$ ) are depicted in Table 1.

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286 **3.2.1 Extraction yields** 

Extraction yields of BGSEs varied from 5.21 to 13.23%. BGSEA and BGSEE showed 287 288 the highest yield at 30 and 60°C, respectively, while BGSE<sub>W</sub> exhibited the highest yield at 90°C (p<0.05). BGSE<sub>A</sub> and BGSE<sub>F</sub> had the lowest yield at 90°C (p<0.05). The boiling point at 289 atmospheric pressure of water, ethanol and acetone is 100, 79 and 56°C, respectively.<sup>27</sup> The 290 291 temperature close to boiling point could facilitate the extraction of phenolic or bioactive 292 compounds from Bambarra groundnut seed coat due to the turbulence of solvent, which could 293 contact target compounds more effectively. Conversely, at the temperature above boiling point 294 of the solvents, the extraction yields were quite low, possibly caused by the evaporation of the 295 solvents to some extent.

The high extraction yield at high temperatures of water could be due to the fact that higher temperatures increased solubility and mass transfer rate as well as decreased the viscosity and surface tension of the solvent, thus enabling the solvent to reach the sample matrix, and consequently improving the extraction rate.<sup>28</sup> The result suggested that suitable temperature for individual solvent could enhance extraction yield.

The extraction yields of ethanolic extracts from cashew nut<sup>3</sup> and dry *Anacardium excelsum*<sup>29</sup> seed coats have been reported to be 45% and 44.6%, respectively. The extraction yield of dry *Anacardium excelsum* seed coats was varied, depending on solvents polarities.<sup>29</sup> Type of solvent and suitable duration of the extraction played an important role on extraction yield of basil and oregano.<sup>30</sup> Additionally, the extraction yield of algae depended on the type of solvents with varying polarities, pH, extraction time and temperature and the chemical compositions of samples.<sup>6</sup>

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310

#### **3.2.2** Total phenolic contents

311 Total phenolic contents of BGSEs were different, depending on extracting solvents and 312 temperatures (p < 0.05). As the extracting temperatures increased, total phenolic contents in all 313 samples generally increased (p < 0.05). BGSE<sub>F90</sub> and BGSE<sub>W90</sub> showed higher total phenolic 314 content than did BGSE<sub>W60</sub> and BGSE<sub>W30</sub>, respectively (p < 0.05). At the same extracting temperature, BGSE<sub>A</sub> exhibited the highest total phenolic content. BGSE<sub>E90</sub> showed higher total 315 316 phenolic content than did  $BGSE_{A90}$  (p<0.05). The high temperature could favor the extraction 317 of phenolic compounds from Bambarra groundnut seed coat. Thus, types of extracting 318 solvents and temperatures influenced total phenolic content of BGSEs.

Total phenolic contents of the extracts from seed coats of cashew nut,<sup>3</sup> lentil<sup>4</sup> and little millet<sup>26</sup> were 243, 53.14 and 2.12 mg/g dry extract, respectively. Recoveries of phenolic compounds from plants are mainly dependent upon the type of solvent used,<sup>1,6</sup> solvent polarity<sup>6</sup> and method of extraction.<sup>1</sup> Ethanol and water extracts of spices and herbs had higher total phenolic contents than hexane extract.<sup>31</sup> However, no correlation was found between extraction yield and total phenolic content.<sup>6</sup>

BGSEs with higher amounts of phenolic compounds possessed higher antioxidative activities. Correlations were also established between phenolic contents and antioxidant properties in the extracts from soybean seed coat,<sup>8</sup> nuts including almonds, Brazil nuts, cashews, hazelnuts, macadamia nuts, pecans, pine nuts, pistachios, walnuts, peanuts,<sup>9</sup> basil, oregano,<sup>30</sup> *Pongamia pinnata* seeds<sup>1</sup> and alga.<sup>6</sup>

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#### 3.2.3 Antioxidative activities

Different antioxidative activities of BGSEs were observed, depending on extracting
 temperatures and solvents (p<0.05) (Table 1). There was the correlation between the phenolic</li>
 contents and antioxidant properties.

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#### **3.2.3.1 DPPH radical scavenging activities**

335 BGSE<sub>A60</sub> showed the strongest DPPH radical scavenging activity, when 336 compared with others (p < 0.05). At the same extracting temperature, BGSE<sub>A</sub> generally 337 exhibited the highest DPPH radical scavenging activity, following by BGSE<sub>E</sub> and BGSE<sub>w</sub>, respectively (p<0.05). At 90°C, BGSE<sub>E90</sub> showed higher activity than did BGSE<sub>A90</sub> (p<0.05). 338 339 These activities were related to total phenolic contents in BGSEs. As the extracting 340 temperature increased, activity of BGSE<sub>E</sub> increased (p<0.05). Nevertheless, BGSE<sub>A</sub> revealed 341 the highest activity at 60°C that was related to its phenolic content. However, no difference 342 was observed in BGSE<sub>w</sub>, when different temperatures were used for extraction (p>0.05). 343 Moringa oleifera seeds coat extract using water showed maximum activity at 70°C, among extraction temperature ranging from 30-100°C.<sup>28</sup> 344

345 Different DPPH radical scavenging activities in various extracts were more likely due 346 to various compounds, which could donate H-atom to DPPH differently. The interaction of 347 phenolic compounds with DPPH depended on their structural conformation, including the 348 number of available hydroxyl groups and structural features such as O-H bound dissociation 349 energy, resonance delocalization of the antioxidant and steric-hindrance derived from bulky groups substituting hydrogen in the antioxidant compound.<sup>1</sup> DPPH radical scavenging 350 351 activities of BGSEs therefore confirmed their hydrogen donating capacity to radical to become stable molecule.<sup>13</sup> Basil extracts were also able to scavenge DPPH radical.<sup>30</sup> 352

Efficiency of the active constituents of phenolic compound depends on the method of extraction.<sup>28</sup> Changes on solvent polarity alter its ability to dissolve a selected group of phenolics and antioxidant compounds. Each extract might have different classes of phenolic compounds which have varying antioxidant potentials. However, solvent polarity does not change drastically the total amounts of phenolic groups, but the phenolic profiles.<sup>6</sup> The

extracting solvent significantly affected total phenolic contents and antioxidant activities of
 several extracts from algae (*Stypocaulon scoparium*).<sup>6</sup>

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**3.2.3.2 ABTS radical scavenging activity** 

BGSE<sub>A60</sub> also exhibited the highest ABTS radical scavenging activity among all BGSEs. At the same temperature, BGSE<sub>A</sub> showed the highest activity, followed by BGSE<sub>E</sub> and BGSE<sub>w</sub>, respectively (p<0.05). At 90°C, BGSE<sub>E90</sub> had the strongest activity (p<0.05). As the extracting temperature increased, activities of BGSE<sub>E</sub> and BGSE<sub>w</sub> generally increased (p<0.05). Nevertheless, BGSE<sub>A60</sub> exhibited the strongest ABTS radical scavenging activity among all BGSEs. ABTS radical scavenging activities of BGSEs were also related to their total phenolic contents (p<0.05).

BGSE<sub>E60</sub> and BGSE<sub>A60</sub> possessed the strong scavenging activity against ABTS radical that might be due to their ability to donate electron to ABTS radical. The stable nitrogen-centered free radical ABTS<sup>++</sup> is frequently used for the estimation of free radical scavenging ability of active compounds by quenching and discoloring ABTS<sup>++</sup> synthetic free radical.<sup>14</sup>

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#### **3.2.3.3** Hydroxyl radical scavenging activity

No monitored difference was observed in the extracts as influenced by extracting solvent and temperature. At 60°C, it was noted that  $BGSE_{A60}$  showed higher activity than did BGSE<sub>W60</sub> (p<0.05). Additionally,  $BGSE_{W90}$  exhibited stronger activity than did  $BGSE_{W30}$  and BGSE<sub>W60</sub> (p<0.05).

Hydroxyl radical scavenging ability was evaluated as the inhibition rate of 2deoxyribose oxidation by hydroxyl radicals, the most reactive form of activated oxygen formed by the Fenton reaction.<sup>15</sup> Due to its extreme reactivity, hydroxyl radicals react

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immediately with biomolecules and can cause oxidative damage to DNA, phospholipids,
 lipids and proteins<sup>30</sup> and degrade to fragments (malondialdehyde) which generates a pink
 chromogen on heating with TBA at low pH.<sup>15</sup>

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#### 3.2.3.4 Superoxide anion radical scavenging activity

BGSEs showed strong superoxide anion radical scavenging activity compared with Trolox. No difference in activity was observed when extracting temperature of 30 and 60°C were used.  $BGSE_{E90}$  and  $BGSE_{A90}$  showed lower activity than did  $BGSE_{W90}$  (p<0.05), while  $BGSE_E$  and  $BGSE_A$  exhibited the strongest activity at 60°C (p<0.05).

Superoxide radicals, a biologically oxygen molecule with one unpaired electron, is a weak oxidant. However, it gives rise to the generation of powerful and dangerous hydroxyl radicals as well as singlet oxygen. Both of which contribute to the oxidative stress.<sup>1</sup> In the reaction with  $H_2O_2$ , superoxide anion radical produces hydroxyl ion (Fenton reaction), while the reaction with nitrogen (I) oxide formed peroxynitrite anion (ONOO–) which may have greater toxicity.<sup>30</sup>

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#### **3.2.3.5 Ferric reducing antioxidant power**

FRAP assay of BGSEs was estimated from their ability to reduce  $Fe^{3+}$ -TPTZ complex to the ferrous form ( $Fe^{2+}$ ) and reflect antioxidant power involving single electron transfer reaction.<sup>18</sup> As the extracting temperature increased, FRAP of BGSE<sub>w</sub> and BGSE<sub>E</sub> increased. Among all extracts, BGSE<sub>A60</sub> showed the highest FRAP (p<0.05). At the same extracting temperature, BGSE<sub>A</sub> generally showed the stronger FRAP than did BGSE<sub>E</sub> and BGSE<sub>w</sub> (p<0.05).

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#### **3.2.3.6 Metal chelating activity**

403 As the extracting temperature increased, metal chelating activity of  $BGSE_W$ 404 decreased (p<0.05). Additionally,  $BGSE_E$  and  $BGSE_A$  showed the highest activity, when

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405	extracted at 30°C (p<0.05). At the same extracting temperature, $BGSE_W$ exhibited the							
406	strongest activity, following by $BGSE_E$ and $BGSE_A$ , respectively (p<0.05). Phenolic							
407	compounds containing in BGSEs were capable of complexing with transition metal ions. As a							
408	result, those ions could not participate in metal-catalyzed initiation and hydroperoxide							
409	decomposition reactions. <sup>19</sup> However, BGSEs had relatively lower metal chelation than did							
410	EDTA. Cashew nut seed coat extract also showed lower Fe <sup>2+</sup> chelating than did EDTA. <sup>3</sup>							
411	$\mathrm{BGSE}_{\mathrm{E60}}$ was selected for further study, since it showed potent antioxidative							
412	activities. Additionally, it was extracted with edible and safe solvent.							
413								
414	3.3 Thermal and pH stabilities of antioxidative activities of $BGSE_{E60}$							
415	3.3.1 Thermal stability							
416	Antioxidative activities of $BGSE_{E60}$ still remained after heating from 20°C up to 80°C							
417	for 30 min and slightly increased when heated at 100°C (p<0.05) (Fig. 1a). DPPH, ABTS							
417 418	for 30 min and slightly increased when heated at 100°C (p<0.05) (Fig. 1a). DPPH, ABTS radical scavenging and metal chelating activities slightly decreased as the temperature							
417 418 419	for 30 min and slightly increased when heated at 100°C (p<0.05) (Fig. 1a). DPPH, ABTS radical scavenging and metal chelating activities slightly decreased as the temperature increased and then slightly increased at 100°C (p<0.05). However, FRAP slightly increased as							
<ul><li>417</li><li>418</li><li>419</li><li>420</li></ul>	for 30 min and slightly increased when heated at 100°C (p<0.05) (Fig. 1a). DPPH, ABTS radical scavenging and metal chelating activities slightly decreased as the temperature increased and then slightly increased at 100°C (p<0.05). However, FRAP slightly increased as the temperature increased (p<0.05). Phenolic like compounds possessing antioxidative							
<ul> <li>417</li> <li>418</li> <li>419</li> <li>420</li> <li>421</li> </ul>	for 30 min and slightly increased when heated at 100°C (p<0.05) (Fig. 1a). DPPH, ABTS radical scavenging and metal chelating activities slightly decreased as the temperature increased and then slightly increased at 100°C (p<0.05). However, FRAP slightly increased as the temperature increased (p<0.05). Phenolic like compounds possessing antioxidative activities could be generated while heating. <sup>7</sup> Phenolic compound was more likely stable to							
<ul> <li>417</li> <li>418</li> <li>419</li> <li>420</li> <li>421</li> <li>422</li> </ul>	for 30 min and slightly increased when heated at 100°C (p<0.05) (Fig. 1a). DPPH, ABTS radical scavenging and metal chelating activities slightly decreased as the temperature increased at 100°C (p<0.05). However, FRAP slightly increased as the temperature increased (p<0.05). Phenolic like compounds possessing antioxidative activities could be generated while heating. <sup>7</sup> Phenolic compound was more likely stable to heat. Additionally, phenolic like compounds were generated, when peanut seed coat was							
<ul> <li>417</li> <li>418</li> <li>419</li> <li>420</li> <li>421</li> <li>422</li> <li>423</li> </ul>	for 30 min and slightly increased when heated at 100°C (p<0.05) (Fig. 1a). DPPH, ABTS radical scavenging and metal chelating activities slightly decreased as the temperature increased and then slightly increased at 100°C (p<0.05). However, FRAP slightly increased as the temperature increased (p<0.05). Phenolic like compounds possessing antioxidative activities could be generated while heating. <sup>7</sup> Phenolic compound was more likely stable to heat. Additionally, phenolic like compounds were generated, when peanut seed coat was roasted. <sup>7</sup> However, chlorogenic acid was partly lost during heating. <sup>32</sup>							
<ul> <li>417</li> <li>418</li> <li>419</li> <li>420</li> <li>421</li> <li>422</li> <li>423</li> <li>424</li> </ul>	for 30 min and slightly increased when heated at 100°C (p<0.05) (Fig. 1a). DPPH, ABTS radical scavenging and metal chelating activities slightly decreased as the temperature increased and then slightly increased at 100°C (p<0.05). However, FRAP slightly increased as the temperature increased (p<0.05). Phenolic like compounds possessing antioxidative activities could be generated while heating. <sup>7</sup> Phenolic compound was more likely stable to heat. Additionally, phenolic like compounds were generated, when peanut seed coat was roasted. <sup>7</sup> However, chlorogenic acid was partly lost during heating. <sup>32</sup> Thus, BGSE <sub>E60</sub> could be used as natural antioxidants in thermal processed foods, since							
<ul> <li>417</li> <li>418</li> <li>419</li> <li>420</li> <li>421</li> <li>422</li> <li>423</li> <li>424</li> <li>425</li> </ul>	for 30 min and slightly increased when heated at 100°C (p<0.05) (Fig. 1a). DPPH, ABTS radical scavenging and metal chelating activities slightly decreased as the temperature increased and then slightly increased at 100°C (p<0.05). However, FRAP slightly increased as the temperature increased (p<0.05). Phenolic like compounds possessing antioxidative activities could be generated while heating. <sup>7</sup> Phenolic compound was more likely stable to heat. Additionally, phenolic like compounds were generated, when peanut seed coat was roasted. <sup>7</sup> However, chlorogenic acid was partly lost during heating. <sup>32</sup> Thus, BGSE <sub>E60</sub> could be used as natural antioxidants in thermal processed foods, since antioxidative activities still remain after subjected to heating.							

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#### 428 **3.3.2 pH stability**

429 Antioxidative activities of  $BGSE_{E60}$  were stable over a pH range of 4-8 (Fig. 1b). At 430 the very acidic (pH 2) and alkaline pH (pH 10), metal chelating activity of  $BGSE_{E60}$  tended to 431 increase, while ABTS radical scavenging activity decreased (p<0.05). DPPH radical scavenging activity of BGSE<sub>E60</sub> increased at pH 2 and deceased at pH 10. FRAP was still 432 433 stable at the pH ranging from 2 to 8, but decreased drastically at the pH of 10 (p<0.05). The 434 loss in antioxidative activities of  $BGSE_{E60}$  at very acidic and alkaline pHs might be due to the 435 degradation of active compounds responsible for ABTS radical scavenging activity and FRAP 436 to some extent. Generally, phenolic compounds in  $BGSE_{F60}$  were not dramatically affected by 437 charge modification designated by pH changes. Certain phenolic compounds were rarely influenced by pH, whereas some compounds were affected considerably by pH.<sup>33</sup> 438

439 The results suggested that phenolic compounds in  $BGSE_{E60}$  responsible for ABTS radical scavenging activity and FRAP might undergo the conformation changes at very 440 441 alkaline and acidic pHs, leading to the loss in their ability in scavenging ABTS radical and 442 reducing ferric ion. Thus, it was likely that compounds possessing different antioxidative 443 activities might be different in term of composition. Some compounds with ABTS radical 444 scavenging activity and FRAP might undergo the changes caused by repulsion at very acidic 445 or alkaline pHs. Thus,  $BGSE_{E60}$  could be supplemented in foods with the wide pH ranges (4-446 8), in which  $BGSE_{E60}$  still functioned as natural antioxidant. The polyphenols present in the 447 extracts isolated from cocoa, green tea and strawberries were varied depending on pHs. The 448 flavan-3-ols of cocoa were more stable at pH 6.5 than 7.4. Green tea predominant catechins were very vulnerable at pH 6.5 and 7.4.33 Phenolic components of olive oil show high 449 antioxidant capacity in the pH range of 3.5-7.4.34 Heat, pH and storage time diminished 450

451 phenolic compounds and the stability of phenolic compounds strongly depended not only on
452 the structure of the phenolic compound and storage time but also on the pH of the systems.<sup>32</sup>
453

## 454 3.4 Antioxidative activities of BGSE<sub>E60</sub> in lecithin liposome system and steamed chicken 455 mince

456

#### 3.4.1 Lecithin liposome system

457 Liposome system is used as substrate for examining the lipid peroxidation, since the 458 highly unsaturated fatty acids membrane lipids are particularly susceptible to oxidation by free radicals.<sup>30</sup> BGSE<sub>F60</sub> at different concentrations were able to delay the formation of conjugated 459 460 diene (Fig. 2a) and TBARS (Fig. 2b) in lecithin liposome system when compared with control 461 (p<0.05). However, at the same level (6 mg/l), Trolox showed stronger antioxidative activity 462 than did  $\alpha$ -tocopherol and BGSE<sub>E60</sub> (p<0.05). Based on TBARS, the systems containing  $BGSE_{E60}$ ,  $\alpha$ -tocopherol and Trolox possessed the longer induction period than did control. The 463 464 longer induction time expressed the oxidative stability of lecithin liposome system.<sup>20,21</sup>

As indicated by conjugated diene and TBARS,  $BGSE_{E60}$  at the concentration of 60 mg/l showed the stronger antioxidative activity than the lower concentrations (30 and 6 mg/ml) (p<0.05). The amount of conjugated diene in all samples significantly increased at the early stage (p<0.05). The decrease of conjugated diene in the control was found after 12 h. BGSE<sub>E60</sub> could retard the early stage of lipid oxidation that conjugated diene or hydroperoxide was formed and also inhibited the propagation of the oxidation process, in which hydroperoxide was degraded to TBARS, the secondary products.<sup>21</sup>

472 Generally,  $\alpha$ -tocopherol, a lipid soluble chain-breaking antioxidant, could inhibit 473 oxidation in phospholipid bilayer of liposome by retarding free radical-mediated lipid

peroxidation.<sup>30</sup> However, Trolox was more effective in liposome system than did  $\alpha$ -tocopherol 474 475 in the present study. According to the polar paradox, less polar antioxidants ( $\alpha$ -tocopherol) are 476 concentrated at oil-water interfaces, while more polar antioxidants (Trolox) are mainly present 477 in the aqueous phase. The presence of the aqueous phase often decreases the activity of nonpolar antioxidants because hydrogen-bonded complexes formed with water are ineffective in 478 scavenging radicals by hydrogen donation.<sup>30</sup> Lipids in emulsions exist as lipid dispersions in 479 480 an aqueous matrix that may contain a variety of water-soluble components including transition metals used to initiate lipid oxidation.<sup>34</sup> Additionally,  $\alpha$ -tocopherol with lower polarity might 481 482 be able to access to the reaction sites and engage in the process of defense from the lipid 483 peroxidation to a lower extent, compared to more polar Trolox. According to ethanolic 484 extraction,  $BGSE_{E60}$  contained polar and non-polar phenolics (data not shown) and could be 485 dissolved both in polar and non-polar substance. Thus, phenols in  $BGSE_{E60}$  may also chelate 486 transition metal ions and reduce metal-induced oxidative reactions. The polarity of phenolic components affected their ability to inhibit lipid peroxidation in liposome system.<sup>30</sup> Spice 487 488 extracts possessed high total phenolic contents and antioxidative activity by showing strongly inhibitory of TBARS formation in liposome system.<sup>35</sup> Five extracts from Et<sub>2</sub>O, CHCl<sub>3</sub>, 489 490 EtOAc, n-BuOH, and H<sub>2</sub>O of basil and oregano exhibited protective effects against lipid peroxidation in liposomes.<sup>30</sup> Aqueous leaf extract from *Aloe vera* exhibited inhibitory capacity 491 against Fe<sup>3+</sup>/ascorbic acid induced phosphatidylcholine liposome oxidation and its antioxidant 492 activity was related to the presence of phenolic compounds.<sup>36</sup> Phenolic constituents of lentil 493 494 seed coats can counteract lipid peroxidation and can be utilized as potent antioxidants.<sup>4</sup>

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#### 3.4.2 Steamed chicken mince

498  $BGSE_{F60}$  exhibited antioxidative activity in steamed chicken mince as evidenced by 499 the retarded formation of PV (Fig. 3a) and TBARS (Fig. 3b) (p<0.05). As the storage time 500 increased, PV and TBARS in all samples increased (p<0.05). However, the steamed chicken 501 mince added with BGSE<sub>E60</sub> at different concentrations and  $\alpha$ -tocopherol showed the slower 502 increase in PV and TBARS than did the control throughout the storage time (p < 0.05). 503 Additionally, Trolox possessed the strongest antioxidative activity (p < 0.05). BGSE<sub>F60</sub> also 504 showed antioxidative activity in a concentration dependent manner in steamed chicken mince. 505 Thermal stability of BGSE<sub>E60</sub> was also confirmed by this result. Cooked pork patties 506 containing clove, rosemary, and cassia bark extracts also had markedly reduced TBARS 507 formation and off-flavour scores during storage. Additionally, the extract identified to have the 508 greatest total phenolic contents, were strongly inhibitory of TBARS formation.<sup>35</sup>

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#### 510 **3.5 Antimicrobial activities of BGSE**<sub>E60</sub>

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#### **3.5.1 Inhibition zone measurements**

512  $BGSE_{E60}$  at different concentrations showed antimicrobial activities in dose-dependent 513 manner (Table 2). As the concentrations of  $BGSE_{E60}$  increased, the stronger antimicrobial 514 activities against microorganisms were observed (p < 0.05) as indicated by the wider clear 515 zones. When compared with penicillin at the same concentration (2.5 mg/ml), no difference 516 was observed for S. aureus. However, penicillin exhibited stronger antibacterial activities 517 against E. coli and B. cereus than did  $BGSE_{E60}$  (p<0.05). Additionally,  $BGSE_{E60}$  expressed 518 antifungal activity against C. albicans and A. niger only at the high dose. C. albicans was 519 susceptible to amphotericin B as evidenced by the wide clear zone. However, no antifungal

520 activity of amphotericin B against A. niger was observed (p<0.05). Although fungi such as veast and mold are heterotrophic organisms with eukarvotic cell.<sup>37</sup> the cell structure and shape 521 of yeast and mold are different. Therefore, the adsorption effect and inhibition activity of 522 523 amphotericin B against C. albicans and A. niger might be different. A. niger was resistant to 524 amphotericin B. Drug resistance of fungi appears to be due to the restricted penetration of 525 drugs inside the exopolymeric matrix, which can bind or restrict the diffusion of the antifungals.<sup>38</sup> The extract from seed coat of *Moringa oleifera*, medicinal species, exhibited 526 antimicrobial activity against human pathogens,<sup>28</sup> while the extract from cashew nut seed coat 527 showed antifungal activity.<sup>10</sup> 528

The antimicrobial activity of  $BGSE_{E60}$  correlated well with the concentration of the 529 530 extract. Higher phenolic content was plausibly responsible for higher antimicrobial activity of 531  $BGSE_{F60}$ . The antimicrobial activities of the extracts are primarily attributable to their phenolic compounds.<sup>29,31,39,40</sup> The relationships between phenolic compound levels and 532 antimicrobial activities were also reported in the extracts from Anacardium excelsum seed and 533 seed coat,<sup>29</sup> spice and herb,<sup>31</sup> Ginkgo biloba<sup>39</sup> and cashew nut seed coat.<sup>10</sup> Antimicrobial 534 activities were also varied depending on the kind of phenols,<sup>29</sup> type<sup>31</sup> and polarity of extracting 535 solvents,<sup>29,10</sup> type of the extracts<sup>40</sup> and type of microorganisms.<sup>10</sup> 536

BGSE<sub>E60</sub> was more effective in inhibition of gram positive cocci (*S. aureus*) and bacilli (*B. cereus*) than gram negative bacteria (*E. coli*) tested. Similar trend was observed for free and bound phenolic extracts of *Moringa oleifera* seed,<sup>40</sup> ethanolic extract from cashew nut<sup>29</sup> and spice and herb extracts.<sup>31</sup> Gram positive bacteria were more sensitive to natural antimicrobials than gram negative organisms.<sup>41</sup> This might be due to the differences in cell structures and the complexity of gram negative cell wall. The outer peptidoglycan layer of gram positive bacteria is an ineffective permeability barrier, whereas the porins present in

544 gram negative bacteria restrict entry of solutes and make them resistant to antibacterial 545 compounds.<sup>41</sup> Gram-negative bacteria also possess an outer membrane surrounding cell wall, 546 which restricts diffusion of hydrophobic compounds through its lipopolysaccharide covering.<sup>37</sup>

547  $BGSE_{F60}$  could be an efficient antimicrobial agent acting on both prokaryotic (S. 548 aureus, E. coli, B. cereus) and eukaryotic cells (C. albicans, A. niger). Typically, antimicrobial agent can penetrate through cytoplasmic membrane,<sup>31</sup> change permeability and destroy 549 550 cytoplasmic membrane, leading to leakage of cytoplasm and/or cytoplasm coagulation and 551 deformed the shape accompanied by cell lysis. Those changes resulted in the death of microorganisms.<sup>42</sup> Antimicrobial agent can also inhibit mycelial growth and spore germination 552 of fungi.<sup>10</sup> The hydrophilicity and hydrophobicity of BGSE<sub>E60</sub> possibly were important 553 554 characteristics which enabled them to accumulate in cell membranes, thus disturbing the 555 structures and causing change of permeability. Thereafter, the leakage of intracellular constituents, impairment of microbial enzyme systems and the death of cell could occur.<sup>42</sup> 556 557 Therefore, antimicrobial activities of  $BGSE_{E60}$  were varied depending on the concentration of 558 the extract and types of microorganisms tested.

559

#### 3.5.2 Scanning and transmission electron microscopic studies

560 After 12 h of exposure to the  $BGSE_{E60}$ , the remarkable changes in morphology and 561 ultrastructure of microbial cells visualized from SEM (Fig. 4) and TEM (Fig. 5) were found, 562 suggesting the extensive cell damage. Shrinkage (Fig. 4a, j, n), deformation (Fig. 4a, e, h, k, 563 m) and rupture (Fig. 4c, h, i) of microbial cells were observed from SEM photomicrographs. 564 The cells showed the notable alterations in cell membrane and cell wall (Fig. 4a, i, n) and the 565 size of cell decreased (Fig. 4a, f, h). The cells were damaged and hollow with leaking cell contents (Fig. 4a d, g, h, k, m) through the pores (Fig. 4b, f, i, m), resulting in cell death. The 566 cell surfaces were coarse (Fig. 4c, k, l), and the cell walls were markedly damaged (Fig. 4i, o). 567

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568 Additionally, A. niger mycelium was damaged (Fig. 4m, n) and spore was collapsed (Fig. 4o). 569 TEM internal slice images of microbial cells revealed the irregular shapes (Fig. 5a, d, g, j, m), 570 broken cell wall and infiltrated cell contents (Fig. 5b, c, e, f, h, i, k, n, o). The cytoplasmic volume decreased and the cell membrane invaginated with notable structural disorganization 571 572 within the cell cytoplasm (Fig. 5i, 1). Additionally, some interface between the cell wall and 573 cell membrane disappeared (Fig. 5b, e, h, l, n). That might be due to the lysis or separation of cell wall and membrane.<sup>43</sup> Previous findings from SEM and TEM studies also suggested that 574 potential bioactive compound of the extract from *Cassia spectabilis*<sup>44</sup> and lemon grass 575 essential oils<sup>38</sup> had distinct influence on microbial growth and structural development. 576

Both SEM and TEM analyses suggested that the potential mechanism underlying the inhibitory effect of  $BGSE_{E60}$  could mainly involve the damages of cell surface, cell wall, cell membrane and cytoplasm.  $BGSE_{E60}$  might interact with the cell surface, change the microbial cell wall and membrane permeability, thereby restraining cell growth.<sup>45</sup>

BGSE<sub>E60</sub> components might have the capability to alter cell permeability by entering between the fatty acyl chains making up membrane lipid bilayers and disrupt the lipid packing. Since the cytoplasmic membrane serves a vital role in cell wall synthesis and turnover, perturbing it may affect cell wall integrity and autolysin regulation.<sup>43</sup> BGSE<sub>E60</sub> might also affect the regulation and function of the membrane bound enzymes, thus altering the synthesis of many cell wall polysaccharide components and affecting the cell growth and morphogenesis.<sup>38</sup>

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#### 589 **3.6** Cytotoxicity of BGSE<sub>E60</sub> against primate cell line (Vero)

590 No cytotoxicity of  $BGSE_{E60}$  against primate cell line (Vero) was observed from green 591 fluorescent protein (GFP) detection assay (Table 2). Many extracts from plants possessed

antimicrobial activities. However, some of them were found to exhibit cytotoxicity. The
extract from *Balanites aegyptiaca*, a medicinal plant, showed high hemolytic activity on both
human and rabbit red blood cells and acute toxicity. <sup>46</sup> Thus, BGSE<sub>E60</sub> could be applied as a
potential antimicrobial agent without cytotoxicity.
4 Conclusions
Extraction yields, total phenolic contents and antioxidative activities of BGSEs were governed

by extracting solvents and temperatures used. Antioxidative activities of  $BGSE_{E60}$  were stable in a wide pH range and heat treatment.  $BGSE_{E60}$  could retard lipid oxidation in lecithin liposome system and steamed chicken mince.  $BGSE_{E60}$  also possessed antimicrobial activities against bacteria, yeast and mold without cytotoxicity. Therefore, BGSEs could be used as natural antioxidant and antimicrobial agent.

604

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608

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Table 1 Extraction yields, phenolic contents and antioxidative activities of Bambarra groundnut seed coat extracts with different	extracting
temperatures and solvents	

BGSE	Extraction	Phenolic	Antioxidative activity						
	yield	content	Radical	Metal					
	(%)	(mgGAE/	DPPH	ABTS	Hydroxyl	Superoxide	FRAP	Chelating	
		g dry extract)				anion		(g EDTA	
								Equivalent/g	
								dry extract)	
BGSE <sub>W30</sub> *	$5.21 \pm 0.02^{\text{cC}}$	169.23±3.44 <sup>cC</sup>	$0.56 \pm 0.06^{cA}$	$0.30\pm0.02^{cC}$	$0.56 \pm 0.03^{aB}$	$2.98\pm0.27^{aA}$	$0.24 \pm 0.02^{cC}$	$0.89 \pm 0.07^{aA}$	
BGSE <sub>E30</sub>	$10.58 \pm 0.01^{bB}$	411.61±0.39 <sup>bC</sup>	$0.65 \pm 0.05^{bB}$	$0.90 \pm 0.02^{bB}$	$0.54 \pm 0.05^{aA}$	$2.56 \pm 0.10^{aB}$	$0.55 \pm 0.02^{bB}$	$0.30\pm0.02^{bA}$	
BGSE <sub>A30</sub>	13.23±0.01 <sup>aA</sup>	521.83±17.51 <sup>aB</sup>	$0.80 \pm 0.01^{aB}$	$1.03\pm0.05^{aB}$	$0.57 \pm 0.05^{aA}$	$2.44 \pm 0.81^{aAB}$	$0.62 \pm 0.03^{aB}$	$0.23 \pm 0.01^{bA}$	
BGSE <sub>W60</sub>	$6.20 \pm 0.01^{cB}$	186.40±3.27 <sup>cB</sup>	$0.55 \pm 0.01^{cA}$	$0.53 \pm 0.02^{cB}$	$0.46 \pm 0.05^{bC}$	$2.62 \pm 0.55^{aA}$	$0.30 \pm 0.02^{cB}$	$0.57 \pm 0.01^{aB}$	
BGSE <sub>E60</sub>	$12.01 \pm 0.06^{aA}$	483.97±4.54 <sup>bB</sup>	$0.94 \pm 0.02^{bA}$	$1.25 \pm 0.02^{bA}$	$0.51 \pm 0.07^{abA}$	$3.21\pm0.18^{aA}$	$0.68 \pm 0.02^{bA}$	$0.22 \pm 0.01^{bC}$	
BGSE <sub>A60</sub>	$10.53 \pm 0.03^{bB}$	569.15±13.82 <sup>aA</sup>	$1.22\pm0.08^{aA}$	$1.56\pm0.07^{aA}$	$0.60\pm0.05^{aA}$	$3.04 \pm 0.31^{aA}$	$0.86 \pm 0.03^{aA}$	$0.19 \pm 0.02^{cC}$	
BGSE <sub>w90</sub>	11.23±0.07 <sup>aA</sup>	$314.92 \pm 2.02^{cA}$	$0.57 \pm 0.06^{cA}$	$0.71 \pm 0.03^{cA}$	$0.65 \pm 0.05^{aA}$	$2.68 \pm 0.47^{aA}$	$0.43 \pm 0.04^{bA}$	$0.29\pm0.02^{aC}$	
BGSE <sub>E90</sub>	6.16±0.11 <sup>cC</sup>	567.18±16.61 <sup>aA</sup>	$0.98 \pm 0.03^{aA}$	$1.23\pm0.03^{aA}$	$0.62 \pm 0.05^{aA}$	$1.67 \pm 0.27^{bC}$	$0.66 \pm 0.06^{aA}$	$0.27 \pm 0.00^{bB}$	
BGSE <sub>A90</sub>	$7.32 \pm 0.06^{bC}$	544.81±7.45 <sup>bAB</sup>	$0.80 \pm 0.06^{bB}$	$1.09 \pm 0.02^{bB}$	$0.65 \pm 0.03^{aA}$	$1.49 \pm 0.27^{bB}$	$0.64 \pm 0.02^{aB}$	$0.21 \pm 0.01^{cB}$	

Mean±SD from triplicate determinations.

<sup>abc</sup> Different lowercase superscripts in the same column within the same temperature indicate significant difference between solvents (P<0.05) <sup>ABC</sup> Different uppercase superscripts in the same column within the same solvent indicate significant difference between temperatures (P<0.05) \*BGSE: Bambarra groundnut seed coat extract; W: water, E: ethanol, A: acetone; 30:30°C, 60:60°C, 90:90°C

Antimicrobial	Inhibition zone (mm)						
activities against	Co	oncentration of E	Penicillin/Amphotericin B				
microorganisms	2.5	5	10	30	2.5 mg/ml		
S.aureus	$6.00 \pm 0.00^{bA}$	$6.12 \pm 0.08^{b}$	$6.12 \pm 0.02^{b}$	$6.23 \pm 0.02^{a}$	6.07±0.03 <sup>A</sup>		
E.coli	$5.83 \pm 0.03^{cB}$	$5.97 \pm 0.02^{b}$	$6.00 \pm 0.00^{b}$	$6.12 \pm 0.02^{a}$	$6.00\pm0.00^{\rm A}$		
B.cereus	$5.97 \pm 0.02^{dB}$	$6.12 \pm 0.02^{\circ}$	$6.20\pm0.00^{b}$	$6.25 \pm 0.00^{a}$	$6.03 \pm 0.02^{\text{A}}$		
C. albicans	-	-	$5.90\pm0.00^{b}$	$5.95 \pm 0.00^{a}$	16.67±1.53		
A. niger	-	-	$5.81 \pm 0.02^{b}$	$5.90 \pm 0.00^{a}$	-		
Cytotoxicity against primate cell line (Vero) non-cytotoxic							

Table 2 Antimicrobial activities against microorganisms and cytotoxicity against primate cell line (Vero) of Bambarra groundnut seed coat extract  $(BGSE_{E60})^{\$}$ 

<sup>§</sup>The extract was prepared using ethanol at 60 °C for 1 h

\*Mean±SD from triplicate determinations. <sup>a-d</sup> Different lowercase superscripts in the same row indicate significant difference (P<0.05) <sup>AB</sup> Different uppercase superscripts in the same row indicate significant difference between BGSE<sub>E60</sub> and penicillin at the same concentration (P<0.05)

- Figure 1 Thermal (a) and pH stabilities (b) of BGSE<sub>E60</sub> as measured by DPPH (○) and ABTS radical scavenging activities (■), FRAP (Δ) and metal chelating activity (♦). Bars represent standard deviation (n=3).
- Figure 2 The formation of conjugated diene (a) and TBARS (b) in lecithin liposome systems containing BGSE<sub>E60</sub> at the concentrations of 6 (●), 30 (■) and 60 mg/l (▲), compared with Trolox (Δ), α-tocopherol (□) at the concentration of 6 mg/l and the control (○). Bars represent standard deviation (n=3).
- **Figure 3** The formation of PV (a) and TBARS (b) in steamed chicken mince containing  $BGSE_{E60}$  at the concentrations of 6 (•), 30 (•) and 60 mg/kg ( $\blacktriangle$ ), compared with Trolox ( $\Delta$ ),  $\alpha$ -tocopherol ( $\Box$ ) at the concentration of 6 mg/kg and the control ( $\circ$ ). Bars represent standard deviation (n=3).
- Figure 4 Scanning electron microscopic photomicrographs of *S. aureus* (a-c), *E. coli* (d-f), *B. cereus* (g-i), *C. albicans* (j-l) and *A. niger* (m-o) treated with BGSE<sub>E60</sub>.
- Figure 5 Transmission electron microscopic photomicrographs of *S. aureus* (a-c), *E. coli* (d-f), *B. cereus* (g-i), *C. albicans* (j-l) and *A. niger* (m-o) treated with BGSE<sub>E60</sub>.





Fig. 1





Fig 2



Fig. 3



**RSC Advances Accepted Manuscrip** 

Fig. 4



Fig. 5