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Mechanically Reinforced Composite Aerogel blocks by Self-growing Nanofibers †‡

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Here we report the preparation of mechanically reinforced composite aerogels using self-growing nanofibers. This approach was used to grow ZrO_X nanofibers with chemical ¹⁰ imbalance in SiO₂ precursor solution and establish the property–structure relationship between mechanical properties and self-growing nanofibers of ZrO_X/SiO_2 aerogels. As-synthesized ZrO_X/SiO_2 aerogels show high compressive strength (9.68 MPa) and high BET surface area (827.22 m²·g⁻ ¹⁵). These novel ZrO_X/SiO_2 aerogels could be used as thermal

 15°). These novel ZrO_x/SiO_2 aerogels could be used as thermal isolates.

Aerogel material is a sort of porous solid in which the air percolates through the network of SiO_2 nanoparticles.^{1, 2} It is typically synthesized with sol-gel method and generally obtained

- ²⁰ by supercritical drying.^{3, 4} Due to its excellent properties,⁵ such as porosity,⁶ low density,⁷ high surface area⁷ and low thermal conductivity,² aerogel material has been widely applied to different kinds of fields.⁸⁻¹⁴ However, the machining ability and application of aerogel material are greatly limited by its fragility.¹,
- ¹⁵ Therefore, improving the mechanical properties and insulation performance of aerogels¹⁶⁻¹⁸ have become the main direction and long-term goals for the research of modern insulation materials.¹⁹⁻ ²¹

Recent research has proven that the addition of inorganic fibers ³⁰ into aerogel blocks is an effective way to reinforce its mechanical properties, which has become the hot spot research.^{17, 19, 20, 22-25} According to the literatures, the strength of aerogel skeleton could be enhanced by the addition of thin skeleton solid particles,^{26, 27} or the inorganic/organic fiber.²⁷⁻³⁰ However, it ³⁵ should be noted that the apparently enhanced strength does not mean the frangibility is improved,^{23, 31} and also the radiation heat transfer²² and the heat conduction are reduced.^{22, 24, 31, 32} In other words, the addition of inorganic micron-fibers material cannot improve the strength of aerogel blocks³³. The main reason is that ⁴⁰ various reinforced fibers can improve the mechanical properties

of aerogel, however, the reinforcing fibers cannot match the structures of aerogels.^{24, 31, 32} As a result, it could lead to the formation of capillary tension in the bonding interface between the fibers and aerogel, which may result in structural cracking or ⁴⁵ even collapsing under the high temperature. However, in sol-gel

process, synchronously synthesizing reinforced fibers^{25, 34, 35} and aerogel can effectively improve the performance between the fibers and the aerogel. Zhong³⁴ et al have fabricated the alumina nanofiber reinforced composite aerogels(C/Al₂O₃) with high ⁵⁰ compressive strength (5.4–9.1 MPa) and Young's modulus (286.95–476.71 MPa).

Several studies have demonstrated that adding nanomaterials has played a better supporting role than the addition of micronfibers material in promoting high-temperature stability and ⁵⁵ structure of SiO₂ aerogels.^{6, 25, 32} Although various reinforcing fibers can improve the mechanical properties of the aerogels, their diameters are larger than nano-scale structures of the aerogels, which will cause the increase of capillary tension in the adhesive bonding interface of the aerogel. Moreover, structure ⁶⁰ cracking or collapsing would easily occur due to large residual stress formed by poor interfacial bonding between aerogels and fibers. These structure cracking or collapsing aerogels could not be used as thermal isolates. The problem of poor performance combined with the fibers and the aerogels can be effectively ⁶⁵ solved by synchronous synthesizing the self-growing fibers and the nanomaterials in the sol-gel process.

Based on our research, it can be deduced that the optimal method to obtain reinforced aerogel blocks is self-growing nanofibers in sol-gel process, in which the density and the 70 specific surface area of the aerogel blocks would not significantly increase. At the same time, the thermal insulators and the fragility could also be improved. In this paper, we report the preparation of mechanically reinforced aerogel blocks depending on acidbased imbalance theory in the precursor solution of SiO₂ aerogels 75 (Scheme 1), which the atom aggregating would happen to grow well-defined ZrO_x nanofibers on the Zr^{4+} ions surface. The block composite xerogels can be prepared by supercritical drying after gel-aging, following which the composite aerogel blocks can be obtained by heat treatment. It can be observed in the later test that ⁸⁰ there is a property-structure correlation between the molar mass of nanofibers and the mechanical reinforcement of the aerogel blocks.



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- In this paper, ZrO_X/SiO_2 composite aerogels reinforced by self-growing nano-fibers are prepared. In the sol-gel process, supercritical drying technology and high-temperature heat treatment are required. We use tetraethylorthosilicate (TEOS) as the silicon source, trimethylchlorosilane (TMCS) as the modifier,
- ⁹⁰ crystalline salts ZrCl₄ as the zirconium source, anhydrous sodium carbonate (Na₂CO₃) as the reaction catalyst, deionized water (H₂O) and anhydrous ethanol (C₂H₅OH) as the solvent. After heat treatment at 1200 °C, the specific surface area of the composited aerogel achieves to value 827.22 m²·g⁻¹, the compressive strength
- ⁹⁵ is up to 9.68 MPa and the true density is 0.23 g⋅cm⁻³. This result is mainly because that the zirconium oxide has good heat resistance, whose disorder intersperse can effectively improve the mechanical properties and the high temperature stability of SiO₂ aerogels.
- Self-growing nano-fibers are conducted in solution by acidbased imbalance on the Zr⁴⁺ ions surface. And this chemical imbalance causes an increasing of the mechanical tension in the surface of particles, which causes the movement of nanoparticles. When two particles attract each other, the imbalance ends and
- ¹⁰⁵ dehydration reaction emerges. Depending on the dissolvedgrowth mechanism, the small particles grow gradually in the radial direction. After thermostatic aging for 24 h, granular particles would disappear, and the product would present a fibrous morphology.
- After heat treatment, the porous network structure of the overall composite aerogels does not change, and the nanofibers remain in SiO₂ aerogels. Compared with pure SiO₂ aerogels or the SiO₂ composite aerogels (reinforced by the addition of micron-fibers material), ZrO_X/SiO_2 composite aerogel shows
- the mechanical property is improved significantly after the addition of self-growing nanofibers.

After supercritical drying and heat treatment, the composite aerogel becomes a complete massive sample without obvious ¹²⁰ cracks on the surface as shown in Fig. 1A, which is feasible to prepare high-strength composite aerogel blocks. Fig. 1B is a scanning electron microscopy (SEM) image, which shows the microstructure of the composite aerogel surface similar to aerogel materials before high temperature heat treatment.^{1, 36} The disordered

- ¹²⁵ porous nanostructure shows a typical "pearl chain" of crosslinked and high porosity skeleton network. Fig. 1C and 1D respectively show transmission electron microscopy (TEM) images of the composite aerogel before and after heat treatment. An alkaline environment is conducive to the formation of nanofibers in aerogel
- ¹³⁰ aging process.³⁴ The existence of nanofiber helps to improve mechanical properties of the composite aerogel, and zirconium oxide nanofibers have excellent heat resistance, which have no cracking by 1200 °C heat treatment (Fig. 1D).



Fig. 1 real photos (A) and the SEM (B), TEM(C, D) of the ZrO_X/SiO₂ aerogel

Fig. 2 shows the XRD spectra of the composite aerogels before 140 and after heat treatment. The dried aerogel before heat treatment is a typical amorphous substance as shown in Fig. 2A. After heat treatment at 1200 °C, the amorphous form (shown in Fig. 2B) of SiO₂ composite aerogel remains, and the ZrSiO₄/ZrO₂ "mixed crystal" phase appears mostly, and ZrO2 diffraction peak is 145 significantly higher than $ZrSiO_4$ diffraction peak. Wherein 20 diffraction peaks of 27.8°, 31.2°, 48.7° and 65.1° correspond to positions of {111}, {200}, {221}, and {131} planes of ZrO₂ (PDF No 72-597, Fig. 2C), respectively, 20 diffraction peaks of 26.8°, 35.4°, 53.2° and 67.8° correspond to the positions of $_{150}$ {220}, {311}, {400} and {440} of the crystal plane ZrSiO₄ (PDF) No.3-443, Fig. 2D), respectively. The XRD patterns of the composite aerogels indicate that the compositions of the nanofibers are ZrO₂ (mainly) and ZrSiO₄. ZrSiO₄ would not be formed in the lower temperature. With temperature rising, ZrO₂ migrates to the surface and the surface reaction of Si-O compound would occur which lead to the formation of ZrSiO₄. ZrSiO₄ diffraction peaks indicate that the nanofibers (Fig. 1D) and the surrounding SiO₂ particles are connected together by chemical bonds, and this method is essentially different from the physical-reinforce method of adding fibers into the aerogels. XRD spectra also show that the disorderly distribution of these nanofibers has played a key role in increasing the strength of aerogel.



¹⁶⁵ Fig.2 XRD patters of aerogels before & after heat treatment

After the heat treatment of the composite aerogel, the chemical attribute of resulting aerogels was analyzed by X-ray

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photoelectron spectroscopy (XPS). Figure 3 shows the O1s XPS spectra of the aerogel. The pollution carbon (electron binding ¹⁷⁰ energy of 285.0 eV) was used as the internal standard to obtain

- the electron binding energy of oxygen peak curve. According to the results shown in Fig. 2, the chemical bonds of the composited aerogel are respectively O-Si bond, O-Zr bond and Si-O-Zr bond. Corresponding to the XPS analysis in Fig. 3, the electron binding
- ¹⁷⁵ energy of the O1s is 531.58 eV, O-Si bond corresponding electron binding energy is 532.08 eV, O-Zr bond is 532.55 eV, and Si-O-Zr bond is 533.28 eV. The three O elements contents (atomic %) of the binding energy of oxygen are 73.91 eV for O-Si bond, 16.33 eV for O-Zr bond, and 9.86 eV for Si-O-Zr bond, ¹⁸⁰ respectively, which means that the removal of the free O-O
- binding energy happened.



Fig.3 XPS patters of aerogels before & after heat treatment

Thermogravimetric analysis (TGA) was carried out to ¹⁸⁵ determine the chemical composition of the aerogel (as shown in Fig. 4). The global analysis reveals that aerogel lose its weight in two stages. Assuming that the weight loss before 100 °C is mainly associated to the adsorbed water and the volatized ethanol on the aerogel surface, the ratio is 15.9%. Weight loss between ¹⁹⁰ 590 °C to 855.3 °C is mainly associated to the dehydration of some ligand by the non-bridging hydroxyl groups or the bridging hydroxyl groups, the dehydration of zirconium oxide hydrate, and the aerogel surface remaining Si-OH condensation caused by dehydration, the ratio is 2.47%. There is a weak exothermic peak ¹⁹⁵ intensity at 850 °C, which indicates the zirconia phase transition from amorphous to crystalline. After 855.3 °C, the curve tends to be smooth. It means that the aerogel composition and the structure went stable.



Fig.4 TG-DSC curve of the composte aerogel

The specific surface areas and pore structure characteristics have been further evaluated by nitrogen adsorption/desorption technique. The relevant data are summarized in Table 1. In addition. the pore size distribution curves and 205 adsorption/desorption isotherms of aerogels samples are shown in Fig. 5. The adsorption/desorption isotherms of the aerogels before (Fig. 5A) and after (Fig. 5B) thermal treatment are typical Type IV curves according to the IUPAC classification, suggesting that they are typical mesoporous materials. All of the 210 aerogels samples before and after thermal treatment have high BET (Brunauer-Emmett-Teller) surface area, as indicated by the change in volume of adsorbed N₂. Before the heat treatment, the ZrO_x aerogels sample (Fig.5A) had high adsorption capacity and large mesoporous pore, which makes the surface area reach to $_{215}$ 642.83 m² g⁻¹. From the pore size distribution, it can be seen that the composite aerogels after thermal treatment show a broad pore size distribution from 2 nm to 50 nm, the surface area of 827.22 $m^2 g^{-1}$. The corresponding average pore size decreases from 200 nm (before the thermal treatment) to 40.23 nm (after the thermal ²²⁰ treatment) because of the stretching action and the contraction.³⁴, ³⁶Before the thermal treatment, the microscopic network structure was not stable enough. As a result, the number of large pores reduced during the increase of the temperature of thermal treatment, which results in the decrease of the amount of 225 adsorption. After the heat treatment, the internal structures of SiO₂ aerogel particles and zirconium oxide particles became stable, where there were no shrinkage and cracks shown in Fig. 1D. The framework of composite aerogels was more stable, and the pores sizes were well-distributed in the specific scope, as 230 suggested by the SEM images (Fig. 1B).



Fig.5 N₂ adsorption/desorption isotherms and pore-size of aerogels before (A) and after (B) heat treatment

Table 1 the micro-structural parameters and mechanical properties of the aerogels before and after heat treatme

Heat treatment ^a	Density ^b /g·cm ⁻³ Com	pressive strength/MPa	BET/ $m^2 \cdot g^{-1}$	Pore volume $/\text{cm}^3 \cdot \text{g}^{-1}$	
Before	0.17	1.74	642.83	5.88	
After	0.23	9.68	827.22	4.34	
^{<i>a</i>} Select the excellent same sample. ^{<i>b</i>} Measured by AccuPyc II 1340 Density Analyzer.					
Table 2 physical properties of the reported aerogels with comparative block density.					
Sample	Block density/g·cm	³ Compressive Yo	ung's modulus/	MPa Reference	
Al ₂ O ₃	0.181	1	11.4		
Carbon	0.1-0.3	10	10-200		
SiO_2	0.180	3	3.88		
TiO ₂	0.193		3.5		
C_{2-50}/SiO_{2}	0.15-0.21	2	23-52		
Layer/SiO ₂	0.288	8	8.77		
C-Al ₂ O ₃	0.184		9.1		

As can be seen from Table 1, the specific surface area of ZrO_x/SiO₂ aerogels after heat treatment significantly achieves to value 827.22m²·g⁻¹. The removal of the residual organic groups, the shrinkage of the pore structure between the particles, and the ²⁴⁰ evaporation of water molecules in the high temperature processing could increase in the number of mesopores. Zirconium oxides still exist in the form of nanofibers after the heat treatment, and the presence of the nanofibers could be confirmed from TEM images. The presence of this form is also ²⁴⁵ important to maintain the high specific surface area of the

- ²⁴⁵ Important to maintain the high specific surface area of the composite aerogel. Furthermore, during the heat treatment, the partial destruction of pore structure occurred, so that the density increased to 0.23 g·cm⁻³. Table 1 also shows that the compressive strength increased significantly after heat treatment. The main
- 250 reason is that there are shrinkages between particles of the pore structure during heat treatment, so the reinforcement of skeleton network structure appeared. At the same time, the existence of the zirconium oxide nanofibers makes the endurance of aerogel structure increase, for which the final compressive strength is up
- $_{255}$ to 9.68 MPa. The compressive strength of ZrO_x/SiO_2 aerogels has a distinct advantage compared to the known research data (inorganic aerogels which can be used in high temperature) in Table 2.
- In this paper, the monolith high strength ZrO_X/SiO_2 composite ²⁶⁰ aerogel was prepared with crystalline zirconium chloride, tetraethyl orthosilicate, trimethylchlorosilane, and ethanol, the sol-gel method combined with CO₂ supercritical drying, and the high temperature heat treatment. Such amorphous aerogels were used as a versatile precursor to synthesize zirconium oxides with
- $_{265}$ diverse valences and crystallographic phases. After heat treatment at 1200 °C, the as-synthesized monolith ZrO_X/SiO_2 aerogels had a interpenetrating network structure, and the compressive strength of ZrO_X/SiO_2 aerogel was 9.68 MPa without the use of other structural reinforcement materials, the
- ²⁷⁰ specific surface area was 827.22 m²·g⁻¹ and the density was 0.23 g·cm⁻³. The analysis shows that the zirconium oxide nanofibers self-grown in the precursor solution of aerogel in the sol-gel process and the aging process. The self-growing nanofibers interpenetrated in the internal network structure, and connected to
- ²⁷⁵ the SiO₂ particles with the chemical bond, so the aerogel skeleton was reinforced, and the compressive strength was significantly increased. This method was completely different from the conventional way of adding-fiber reinforced aerogel. And because of the presence of zirconium oxide nanofibers, the heat

²⁸⁰ resistance temperature of the ZrO_X/SiO₂ aerogel reached to 1200 °C effectively. Therefore, the outstanding mechanical behavior and high-temperature resistance of the novel porous ZrO_X/SiO₂ material offers a broad scope of application prospects in the field of aeronautical, satellite, vessel high temperature protection, etc. ²⁸⁵ In addition, the preparation method also provides a new design idea for the reinforcement of aerogel.

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