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# **Graphical abstract**

Three complexes were synthesized and characterized. The cytotoxicity, apoptosis, cellular uptake, reactive oxygen species, mitochondrial membrane potential, cell cycle arrest and western blot analysis were investigated.



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# The Studies on Bioactivity in Vitro of Ruthenium(II) Polypyridyl Complexes Towards Human Lung Carcinoma A549 cells

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**Abstract:** Three Ru(II) polypyridyl complexes  $[Ru(dmb)_2(HDPIP)](ClO_4)_2$  (1),  $[Ru(bpy)_2(HDPIP)](ClO_4)_2$  (2) and  $[Ru(phen)_2(HDPIP)](ClO_4)_2$  (3) were synthesized and characterized. The IC<sub>50</sub> values of the complexes against BEL-7402, A549, MG-63 and SK-BR-3 cells range from  $20.8 \pm 1.6$  to  $7.3 \pm 1.0 \mu$ M. Complexes 1, 2 and 3 can enhance the ROS levels and enter into the cytoplasm and accumulate in the cell nuclei. All the complexes can induce the decrease of the mitochondrial membrane potential and inhibit the cell growth in A549 cells at G0/G1 phase. Complex 3 has no obvious impact on the expression of the anti-apoptotic protein Bcl-2, and increases the levels of the pro-apoptotic proteins Bax and Bid. Complex 3 induces apoptosis of A549 cells through ROS-mediated mitochondrial dysfunction pathway.

**Keywords:** Ru(II) polypyridyl complex; cytotoxicity in vitro; cellular uptake; reactive oxygen species; mitochondrial membrane potential, western blot analysis.

# 1. Introduction

The serious side effects such as neurotoxicity and nephrotoxicity of cisplatin have limited its clinical application [1,2]. Thus the search for new metal complexes with high cytotoxic activity against cancer cells is an important field of research. Previously, a number of ruthenium compounds have been shown to display promising anticancer activity [3-10]. Two Ru(II) complexes have successfully entered clinical trials, namely, NAMI-A ([ImH][*trans*-RuCl<sub>4</sub> (DMSO)(Im)], where Im = imidazole and DMSO = dimethylsulfoxide) [11] and KP1019 ([IndH][*trans*-RuCl<sub>4</sub>(Ind)<sub>2</sub>], where

Ind = indazole [12]. In recent years, ruthenium complexes have received considerable interest in bioactivity [13-20]. Complex  $[Ru(phen)_2(mdpz)]^{2+}$  is able to enhance the stability of the RNA triplex  $Poly(U) \cdot Poly(A) \cdot Poly(U)$  and serve as a prominent molecular "light switch" for the RNA triplex [21]. [Ru(phen)<sub>2</sub>(P-MOPIP)]<sup>2+</sup> shows high cytotoxic activity against A549 cells with a low IC<sub>50</sub> value of  $5.9 \pm 1.1 \mu$ M, and can induce mitochondria-mediated and caspase-dependent apoptosis in human cancer cells [22].  $H_2$ - $\beta$ -ethynyltetraphenylporphyrin-Ru(phen)-(bpy)<sub>2</sub>Cl<sub>2</sub> exhibits rapid cellular uptake, low dark-cytotoxicity, and high photo-cytotoxicity toward HK-1 (human nasopharyngeal carcinoma) and HeLa (cervical carcinoma) cells [23]. Complex  $[Ru(dip)_2(PAIDH)]^{2+}$  (dip = 4,7-dimethyl-1,10-phenanthroline, PAIDH = 2-pyridyl-1H-anthra[1,2-d]imidazole-6,11-dione) was shown accumulate to preferentially in the mitochondria of HeLa cells and induced apoptosis via the mitochondrial pathway, which involved ROS generation, mitochondrial membrane potential depolarization [24], complex [Ru(phen)<sub>2</sub>(addppn)]<sup>2+</sup> shows very high inhibitory effect against BEL-7402 cells (IC<sub>50</sub> =  $3.9 \pm 0.4 \mu$ M) [25]. In our previous work [26,27], we found that ruthenium(II) complexes with polypyridyl ligand containing hydroxyl group have high cytotoxic activity against tumor cell lines. In order to obtain more insight into the bioactivity of this kind ruthenium complexes, in this report, we synthesized and characterized three ruthenium(II) complexes with hydroxyl group as substituent group,  $[Ru(dmb)_2(HDPIP)](ClO_4)_2$  (1) (HDPIP = 2-(2-hydroxyl-3,5-ditert-butylphenyl)imidazo[4,5-f][1,10]phenanthroline, dmb = 4,4'-dimethyl-2,2'-bipyridine),  $[Ru(bpy)_2(HDPIP)](ClO_4)_2$  (2) (bpy = 2,2'-bipyridine)

and  $[Ru(phen)_2(HDPIP)](ClO_4)_2$  (3) (phen = 1,10-phenanthroline, Scheme 1). Their cytotoxicity in vitro against BEL-7402, A549, MG-63 and SK-BR-3 cells was evaluated by 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium (MTT) assay. The morphological apoptosis of A549 cells induced by these complexes was investigated with fluorescent microscope. The reactive oxygen species (ROS) and mitochondrial membrane potential were assayed by fluorescence microscopy and microplate analyzer. The cell cycle distribution of A549 and BEL-7402 cells was investigated by flow cytometry. The apoptotic mechanism was also investigated in detail by western blot analysis.

# 2. Results and discussion

# **2.1.** Synthesis and characterization

The ligand HDPIP was easily synthesized following the method described in the literature. The complexes **1**, **2** and **3** were obtained by refluxing relative precursor with HDPIP in ethanol. The synthesized complexes were characterized by <sup>1</sup>H NMR, ES-MS and elemental analysis. In the ES-MS spectra for the Ru(II) complexes, all of the expected signals  $[M-2ClO_4-H]^+$ , and  $[M-2ClO_4]^{2+}$  were observed. The measured molecular weights were consistent with the expected values.

# **2.2.** Cytotoxic Activity in Vitro Assay

The cell viability was determined by MTT method and the  $IC_{50}$  values are listed in Table 1. All the four tumor cell lines i.e. BEL-7402, A549, MG-63 and SK-BR-3,

showed differential effect on killing cells with increasing concentrations of complexes **1**, **2** and **3**. Among the four cell lines, A549 was found to be most sensitive, while MG-63 was relatively less sensitive to the complexes. Comparing the IC<sub>50</sub> values, complex **3** shows the highest cytotoxic activity against A549 cells among the three complexes under the same conditions. Moreover, complex **3** exhibits comparable cytotoxic effect with ciaplatin on A549 cells. Complex **2** displays the same cytotoxic activity as complex **3** toward SK-BR-3 cells. Complex **1** shows relative higher inhibitory effect than **2** and **3** on BEL-7402 cells. The cytotoxic activity of these complexes is lower than those of the [Ru(phen)<sub>2</sub>(addppn)]<sup>2+</sup> reported in our previous work [25] and [Ru(Nap-etsc)(CO)(PPh<sub>3</sub>)<sub>2</sub>]·Cl (IC<sub>50</sub> =  $2.0 \pm 0.2 \mu$ M) against A549 cells [28]. Obviously, different complexes **1**, **2** and **3** are sensitive to A549 cells, thus, this cell line was selected in the following experiments.

# **2.3.** Apoptotic studies by AO/EB staining method

The apoptotic assay of A549 cells induced by complexes **1**, **2** and **3** was performed using acridine orange (AO) and ethidium bromide (EB) staining method. It is well known that AO is a vital dye and can stain both live and dead cells. EB stains only cells that have lost their membrane integrity. On the basis of overall cell morphology and cell membrane integrity, necrotic and apoptotic cells can be distinguished from one another using fluorescence microscope. In the control (Fig. 1a), the living cells are stained bright green in spots. However, A549 cells were exposed to 12.5  $\mu$ M of

complexes **1**, **2** and **3** for 24 h (Fig. 1b-1d), apoptotic cells appear green and contain apoptotic characteristics such as cell blebbing, nuclear shrinkage and chromatin condensation, and necrotic cells show red. These characteristics indicate that these complexes can induce apoptosis of A549 cells.

# **2.4.** Cellular Uptake and Co-location Studies

The cellular uptake is an important factor that usually contributes to transition metal-based drug cytotoxicity [29]. Many ruthenium complexes can be uptaken by various cancer cells [30-33]. Complexes 1, 2 and 3 uptaken by A549 cells was investigated under fluorescence microscope. After A549 cells were exposed to 25  $\mu$ M of complexes 1, 2 and 3 for 24 h, the cellular uptake effect is shown in Fig. 2. The blue channel shows DAPI-stained nuclei with an excitation wavelength of 340 nm, the red channel indicates the luminescence of complexes 1, 2 and 3 with an excitation wavelength of 458 nm, and the overlay displays cellular association of 1, 2 and 3. The results indicates that complexes 1, 2 and 3 are successfully uptaken by A549 cells and these Ru(II) complexes can enter into the cytoplasm and accumulate in the nuclei.

### 2.5. Effects of the Complexes on Reactive Oxygen Species (ROS) levels

Reactive oxygen species (ROS) are known to affect mitochondrial membrane potential and trigger a series of mitochondria associated events including apoptosis [34]. Role of ROS as mediators of apoptosis is becoming increasingly recognized. Many potential anticancer and chemopreventive agents induce apoptosis through ROS

generation [35]. It is well known that  $H_2DCF-DA$  (2',7'-dichlorodihydrofluorescein diacetate) is a cell-permeant dye and is cleaved by intracellular esterase into its non-fluorescent form (DCFH). DCFH is oxidized by intracellular free radicals to produce a fluorescent product DCF (dichlorofluorescein) [36,37]. The fluorescent intensity of DCF is shown in Fig. 3. The DCF fluorescence intensity increased significantly when the A549 cells were exposed to different concentrations of complexes 1, 2 or 3. The treatment with 6.25  $\mu$ M of complexes 1, 2 or 3 resulted in a 1.41, 1.49 and 1.27-fold increase in the fluorescent intensity compared with the control, respectively. These results show that these complexes can enhance the levels of ROS.

# 2.6. Detection of Mitochondrial Membrane Potential

After A549 cells were exposed to different concentrations of complexes 1, 2 or 3 for 24 JC-1 mitochondrial dysfunction with h, was assayed (5,5',6,6'-tetrachloro-1,1',3,3'-tetrethylbenzimidalylcarbocyanine iodide) as fluorescent probe. JC-1 monomer emits green fluorescence signals corresponding to low membrane potential. At high membrane potential, JC-1 aggregate shows red fluorescence signals. As shown in Fig. 4, in the control (Fig. 4a), JC-1 emits red fluorescence (JC-aggregates). Treatment of A549 cells with 12.5 µM complexes 1 (b), 2 (c) and 3 (d) for 24 h, JC-1 displays a green with little red fluorescence (JC-1 monomers). The change from red to green fluorescence indicates the decrease of mitochondrial membrane potential. The change of mitochondrial membrane potential

was also detected by determining the ratio of the red and green fluorescent intensity with microplate analyzer. As shown in Fig. 5, in the control, the ratio of red/green is 29.41, A549 cells exposure to 12.5 or 25  $\mu$ M of complexes 1, 2 and 3 for 24 h, the ratios of red/green are 18.91 and 12.37 for 1, 26.61 and 22.86 for 2, 20.52 and 10.59 for 3, respectively. Comparing the ratio values, at 25  $\mu$ M, complex 3 induces much reduction in mitochondrial membrane potential than complexes 1 and 2 under identical conditions. The reduction of red/green values suggests that red fluorescent intensity decreases and green fluorescent intensity increases. These results also indicate that the complexes can induce the decrease of mitochondrial membrane potential and causes mitochondrial dysfunction. Furthermore, the reduction of mitochondrial membrane potential induced by the complexes is concentration-dependent.

# 2.7. Cell Cycle Arrest Studies

Inhibition of cancer cell proliferation by cytotoxic drugs could be the result of induction of apoptosis or cell cycle arrest or a combination of these. The effect of complexes **1**, **2** and **3** on the cell cycle in A549 and BEL-7402 cells was studied by flow cytometry in propidium iodide (PI)-stained cells after Ru(II) complex treatment for 24 h. As shown in Fig. 6, for A549 cells (Fig. 6a), in the control, the percentage of G0/G1 phase is 68.97%, A549 cells exposure to 12.5  $\mu$ M of complexes **1**, **2** and **3**, the percentages of G0/G1 phase are 70.69%, 71.73% and 77.29%, respectively. The enhancement of 1.72%, 2.76% and 8.32% for **1**, **2** and **3** in the percentage at G0/G1

phase was observed, accompanied by corresponding reduction in the percentage at S and G2/M phases. Furthermore, complex **3** shows larger inhibitory effect than complexes **1** and **2** on A549 cell cycle under the same conditions. These results suggest that complexes **1**, **2** and **3** induce cell cycle arrest in A549 cells at G0/G1 phase. After the treatment of BEL-7402 cells with complex **1** (Fig. 6b), the large increase of 5.13% in the percentage of cells at S phase was observed. The increase in S phase indicates that the antiproliferative mechanism induced by complex **1** in BEL-7402 cells is S-phase arrest. These results also show that the identical complex

displays different antiproliferative mechanism toward different tumor cells.

# 2.8. Western Blot Analysis

Complex **3** shows the highest cytotoxic activity against A549 cells among the three complexes, thus this complex was selected for western blot analysis. The effects of complex **3** on the protein expression of procaspase 3, procaspase 7, caspase 7 and caspase 9 in A549 cells are shown in Fig. 7A. Treatment of A549 cells with 6.25, 12.5 and 25  $\mu$ M of complex **3** for 24 h resulted in an increases in the expression levels of paocaspase 3, caspase 7 and caspase 9. However, no obvious change in the level of procaspase 7 expression was observed. The Bcl-2 family of proteins has been determined to be involved in apoptosis, including the pro-apoptotic protein Bax and the anti-apoptotic protein Bcl-2. Moreover, the ratio of Bcl-2 to Bax is a decisive factor that plays an important role in determining whether cells will undergo apoptosis under experimental conditions that promote cell death [38]. The effects of complex **3** 

on the protein expression of the Bcl-2 family are shown in Fig. 7B. Treatment with different concentrations of **3** caused no obvious change in the levels of expression of the anti-apoptosis protein Bcl-2, and the expression levels of the pro-apoptosis proteins Bax and Bid increased. The ratios of Bcl-2/Bax and Bcl-2/Bid decreased significantly, leading to a generation of ROS, a depletion of mitochondrial membrane potential.

# 3. Conclusion

In summary, we synthesized three ruthenium(II) polypyridyl complexes. These complexes can effectively induce A549 cells apoptosis, and they can enter into cytoplasm and accumulate in the nuclei. ROS and mitochondrial membrane potential show that complexes **1**, **2** and **3** can enhance the reactive oxygen species levels and decrease the mitochondrial membrane potential. Additionally, complex **3** can activate procaspase 3, caspase 7 and 9, upregulate the expression levels of proapoptotic proteins Bax and Bid. These studies suggest that complex **3** induces apoptosis in A549 cells through ROS-mediated mitochondrial dysfunction pathway.

# 4. Experimental Section

# 4.1. Materials and method

All reagents and solvents were of commercial origin and were used without further purification unless otherwise noted. Ultrapure MilliQ water was used in all experiments. DMSO and RPMI 1640 were purchased from Sigma. Cell lines of BEL-7402 (Hepatocellular), A549 (Human lung carcinoma), MG-63 (Human osteosarcoma) and SK-BR-3 (Human breast cancer) were purchased from the American Type Culture Collection.  $RuCl_3 \cdot 3H_2O$  was purchased from the Kunming Institution of Precious Metals. 1,10-phenanthroline was obtained from the Guangzhou Chemical Reagent Factory.

Microanalyses (C, H, and N) were obtained with a Perkin-Elmer 240Q elemental analyzer. Electrospray ionization mass spectra (ES-MS) were recorded on a LCQ system (Finnigan MAT, USA) using methanol as mobile phase. The spray voltage, tube lens offset, capillary voltage and capillary temperature were set at 4.50 KV, 30.00 V, 23.00 V and 200  $^{\circ}$ C, respectively, and the quoted *m/z* values are for the major peaks in the isotope distribution. <sup>1</sup>H NMR spectra were recorded on a Varian-500 spectrometer with DMSO [D<sub>6</sub>] as solvent and tetramethylsilane (TMS) as an internal standard at 500 MHz at room temperature.

# 4.2. Syntheses of ligand and complexes

1,10-phenanthroline-5,6-dione [39] and ligand HDPIP [40] were prepared according to the methods in the literature.

**4.2.1.** [Ru(dmb)<sub>2</sub>(HDPIP)](ClO<sub>4</sub>)<sub>2</sub> (1). A mixture of cis-[Ru(dmb)<sub>2</sub>Cl<sub>2</sub>]·2H<sub>2</sub>O [41] (0.288 g, 0.5 mmol) and HDPIP (0.212 g, 0.5 mmol) in ethanol (30 mL) was refluxed under argon for 8 h to give a clear red solution, and removed the solvent to about 10 mL. Upon cooling, a red precipitate was obtained by dropwise addition of saturated

aqueous NaClO<sub>4</sub> solution. The crude product was purified by column chromatography on neutral alumina with a mixture of CH<sub>3</sub>CN-toluene (3:1, v/v) as eluent. The red band was collected. The solvent was removed under reduced pressure and a red powder was obtained. Yield: 69%. Anal. Calc for C<sub>51</sub>H<sub>52</sub>N<sub>8</sub>Cl<sub>2</sub>O<sub>9</sub>Ru: C, 56.04; H, 4.80; N, 10.25%. Found: C, 56.51; H, 4.92; N, 9.86%. <sup>1</sup>H NMR (DMSO-d<sub>6</sub>):  $\delta$  8.95 (d, 2H, J = 8.0 Hz), 8.72 (d, 4H, J = 8.5 Hz), 8.29 (d, 1H, J = 6.0 Hz), 7.82 (d, 2H, J = 7.0 Hz), 7.73 (d, 2H, J = 6.5 Hz), 7.69 (d, 2H, J = 6.0 Hz), 7.38 (dd, 4H, J = 5.0, J = 6.0 Hz), 7.18 (d, 3H, J = 6.0 Hz), 2.55 (s, 6H), 2.45 (s, 6H), 1.48 (s, 9H), 1.36 (s, 9H). ES-MS (CH<sub>3</sub>CN): m/z 893.5 ([M-2ClO<sub>4</sub>-H]<sup>+</sup>), 447.4 ([M-2ClO<sub>4</sub>]<sup>2+</sup>).

**4.2.2.** [**Ru(bpy)**<sub>2</sub>(**HDPIP**)](**ClO**<sub>4</sub>)<sub>2</sub> (**2**). This complex was synthesized according to the literature [40].

**4.2.3.** [**Ru**(**phen**)<sub>2</sub>(**HDPIP**)](**CIO**<sub>4</sub>)<sub>2</sub> (**3**). This complex was synthesized in a manner identical to that described for complex **1**, with [Ru(phen)<sub>2</sub>Cl<sub>2</sub>]·2H<sub>2</sub>O [41] in place of [Ru(dmb)<sub>2</sub>Cl<sub>2</sub>]·2H<sub>2</sub>O. Yield: 70%. Anal. Calc for C<sub>51</sub>H<sub>44</sub>N<sub>8</sub>Cl<sub>2</sub>O<sub>9</sub>Ru: C, 56.46; H, 4.09; N, 10.33%. Found: C, 56.12; H, 4.48; N, 10.45%. <sup>1</sup>H NMR (DMSO-d<sub>6</sub>):  $\delta$  8.99 (d, 2H, J = 6.5 Hz), 8.77 (d, 4H, J = 8.0 Hz), 8.39 (s, 4H), 8.27 (d, 2H, J = 7.0 Hz), 8.10 (t, 4H, J = 5.5 Hz), 7.75-7.80 (m, 6H), 7.55 (s, 1H), 7.23 (s, 1H), 3.33 (s, 1H, H<sub>OH</sub>), 1.48 (s, 9H), 1.36 (s, 9H). ESI-MS (CH<sub>3</sub>CN): m/z 885.5 ([M-2ClO<sub>4</sub>-H]<sup>+</sup>), 443.4 ([M-2ClO<sub>4</sub>]<sup>2+</sup>).

Caution: Perchlorate salts of metal compounds with organic ligands are potentially

explosive, and only small amounts of the material should be prepared and handled with great care.

# 4.3. In Vitro Cytotoxicity Assay

3-(4,5-dimethylthiazole)-2,5-diphenyltetraazolium bromide (MTT) assay procedures were used [42]. Cells were placed in 96-well microassay culture plates ( $8 \times 10^3$  cells per well) and grown overnight at 37 °C in a 5% CO<sub>2</sub> incubator. The tested compounds were then added to the wells to achieve final concentrations ranging from  $10^{-6}$  to  $10^{-4}$ M. Control wells were prepared by addition of culture medium (100  $\mu$ L) and cisplatin was used as the positive control. The plates were incubated at 37 °C in a 5% CO<sub>2</sub> incubator for 48 h. Upon completion of the incubation, stock MTT dye solution (20  $\mu$ L, 5 mg·mL<sup>-1</sup>) was added to each well. After 4 h, buffer (100  $\mu$ L) containing N,N-dimethylformamide (50%) and sodium dodecyl sulfate (20%) was added to solubilize the MTT formazan. The optical density of each well was then measured with a microplate spectrophotometer at a wavelength of 490 nm. The IC<sub>50</sub> values were calculated by plotting the percentage viability versus concentration on a logarithmic graph and reading off the concentration at which 50% of cells remained viable relative to the control. Each experiment was repeated at least three times to obtain the mean values.

# 4.4. Apoptosis Assay by AO/EB Staining method

A549 cells were seeded onto chamber slides in six-well plates at a density of  $2 \times 10^5$ 

cells per well and incubated for 24 h. The cells were cultured in RPMI 1640 supplemented with 10% of fetal bovine serum (FBS) and incubated at 37 °C and 5% CO<sub>2</sub>. The medium was removed and replaced with medium (final DMSO concentration 0.05% v/v) containing complexes **1**, **2** and **3** (12.5  $\mu$ M) for 24 h. The medium was removed and the cells were washed with ice-cold PBS, and fixed with formalin (4%, w/v). Cell nuclei were counterstained with AO/EB solution (100  $\mu$ g·mL<sup>-1</sup> AO, 100  $\mu$ g·mL<sup>-1</sup> EB) for 10 min, then observed and imaged by fluorescence microscope (Nikon, Yokohama, Japan) with excitation at 350 nm and emission at 460 nm.

# 4.5. Cellular Uptake and Localization Studies

A549 cells were placed in 24-well microassay culture plates ( $4 \times 10^4$  cells per well) and grown overnight at 37 °C in a 5% CO<sub>2</sub> incubator. Complexes tested were then added to the wells. The plates were incubated at 37 °C in a 5% CO<sub>2</sub> incubator for 24 h. Upon completion of the incubation, the wells were washed three times with phosphate buffered saline (PBS), after removing the culture mediums from the wells. The cells were stained with 2-(4-amidinophenyl)-6-indolecarbamidine (DAPI) and visualized by fluorescence microscopy.

# 4.6. Reactive Oxygen Species levels Assays

A549 cells were seeded into six-well plates (Costar, Corning Corp, New York) at a density of  $2 \times 10^5$  cells per well and incubated for 24 h. The cells were cultured in

RPMI 1640 supplemented with 10% of fetal bovine serum (FBS) and incubated at 37 °C and 5% CO<sub>2</sub>. The medium was removed and replaced with medium (final DMSO concentration, 0.05% v/v) containing complexes **1**, **2** and **3** (6.25  $\mu$ M) for 24 h. The medium was removed again. The fluorescent dye 2',7'-dichlorodihydrofluorescein diacetate (H<sub>2</sub>DCF-DA) was added to the medium with a final concentration of 10  $\mu$ M to cover the cells. The treated cells were then washed with cold PBS–EDTA twice, collected by trypsinization and centrifugation at 1,500 rpm for 5 min, and resuspended in PBS–EDTA. Fluorescence intensity was determined by microplate analyzer (THERMO Varioskan Flash, USA) with an excitation wavelength of 488 nm and emission at 525 nm. The fluorescence intensity is calculated by the determined fluorescence intensity minus the fluorescence intensity of the complexes in the corresponding concentration.

# 4.7. Change of Mitochondrial Membrane Potential

A549 cells were treated for 24 h with complex in 12-well plates and were then washed three times with cold PBS. The cells were detached with trypsin-EDTA solution. Collected cells were incubated for 20 min with 1 μg/mL of JC-1 in culture medium at 37 °C in the dark. Cells were immediately centrifuged to remove the supernatant. Cell pellets were suspended in PBS and imaged by fluorescence microscope and the red (525 nm) and green (590 nm) fluorescent intensity was analyzed with microplate analyzer (THERMO Varioskan Flash, USA). The red and green fluorescent intensity was calculated by the determined fluorescent intensity

minus the fluorescent intensity of the complexes in the corresponding concentration.

# 4.8. Cell Cycle Arrest by Flow Cytometry

A549 or BEL-7402 cells were seeded into six-well plates (Costar, Corning Corp, New York) at a density of  $1 \times 10^6$  cells per well and incubated for 24 h. The cells were cultured in RPMI 1640 supplemented with fetal bovine serum (FBS, 10%) and incubated at 37 °C and 5% CO<sub>2</sub>. The medium was removed and replaced with medium (final DMSO concentration 0.05% v/v) containing 12.5  $\mu$ M complexes **1**, **2** and **3**. After incubation for 24 h, the cell layer was trypsinized and washed with cold phosphate buffered saline (PBS) and fixed with 70% ethanol. Twenty  $\mu$ L of RNAse (0.2 mg/mL) and 20  $\mu$ L of propidium iodide (0.02 mg/mL) were added to the cell suspensions and the mixtures were incubated at 37 °C for 30 min. The samples were then analyzed with a FACSCalibur flow cytometry. The number of cells analyzed for each sample was 10000 [43].

# 4.9. The Expression of Caspase, antiapoptotic and proapoptotic proteins

A549 cells were seeded in 3.5-cm dishes for 24 h and incubated with complex **3** at 6.25, 12.5 and 25  $\mu$ M in the presence of 10% FBS. Then cells were harvested in lysis buffer. After sonication, the samples were centrifuged for 20 min at 13,000 g. The protein concentration of the supernatant was determined by BCA assay. Sodium dodecyl sulfate-polyacrylamide gel electrophoresis was done loading equal amount of proteins per lane. Gels were then transferred to poly (vinylidene difluoride)

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membranes (Millipore) and blocked with 5% non-fat milk in TBST buffer for 1 h. Then the membranes were incubated with primary antibodies at 1:5,000 dilutions in 5% non-fat milk overnight at 4 °C, and washed four times with TBST for a total of 30 min. After which the secondary antibodies conjugated with horseradish peroxidase at 1:5,000 dilution for 1 h at room temperature and then washed four times with TBST. The blots were visualized with the Amersham ECL Plus western blotting detection reagents according to the manufacturer's instructions. To assess the presence of comparable amount of proteins in each lane, the membranes were stripped finally to detect the  $\beta$ -actin.

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# **Captions for Schemes and Figures**

Scheme 1 Synthetic route of ligand and complexes 1, 2 and 3

- Fig. 1 A549 cells were stained by AO/EB and observed under fluorescence microscopy. A549 cells (a) exposure to 12.5 μM of complexes 1 (b), 2 (c) and 3 (d) at 37 °C and 5% CO<sub>2</sub> for 24 h. cells in Liv, Apo and Nec are living, apoptotic and necrotic cells.
- Fig. 2 Images of A549 cells exposure to 25 μM of complexes 1 (A), 2 (B), 3 (C) and DAPI-stained at 37 °C for 24 h.
- Fig. 3 Effects on ROS generation induced by 6.25  $\mu$ M of complexes 1, 2 and 3 in A549 cells. Data are the mean fluorescene intensity  $\pm$  SD (data in brackets) calculated from three independent experiments.
- Fig. 4 Assay of A549 cells mitochondrial membrane potential with JC-1 as fluorescence probe staining method. a: control, b, c and d exposed to 12.5  $\mu$ M of complexes 1, 2 and 3 for 24 h.
- Fig. 5 Assay of A549 cells mitochondrial membrane potential with JC-1 as fluorescence probe staining method. A549 cells (■) exposed to 12.5 or 25 µM of complexes 1 (■), 2 (■) and 3 (■) for 24 h.
- Fig. 6 a) Cell cycle distribution of A549 cells exposure to 12.5 μM of complexes 1, 2 and 3. b) BEL-7402 cells exposure to 12.5 μM of complex 1 for 24 h.
- Fig. 7 Roles of Bcl-2 and caspase family members in apoptosis induced by complex 3.Cells were treated with indicated concentrations of complex 3 for 24 h and the expression levels of the apoptosis-related proteins were examined by western

blot.

Table 1 The  $\mathrm{IC}_{50}$  values of complexes 1, 2 and 3 against BEL-7402, A549, MG-63

and SK-BR-3 cell lines.



Scheme 1 Synthetic route of ligand and complexes 1, 2 and 3.

143x119mm (300 x 300 DPI)



Fig. 1 A549 cells were stained by AO/EB and observed under fluorescence microscopy. A549 cells (a) exposure to 12.5  $\mu$ M of complexes 1 (b), 2 (c) and 3 (d) at 37 °C and 5% CO<sub>2</sub> for 24 h. cells in Liv, Apo and Nec are living, apoptotic and necrotic cells.

283x291mm (300 x 300 DPI)



Fig. 2 Images of A549 cells exposure to 25  $\mu$ M of complexes 1 (A), 2 (B), 3 (C) and DAPI-stained at 37 °C for 24 h.

308x299mm (300 x 300 DPI)



Fig. 3 Effects on ROS generation induced by 6.25  $\mu$ M of complexes 1, 2 and 3 in A549 cells. Data are the mean fluorescene intensity  $\pm$  SD calculated from three independent experiments.

86x60mm (300 x 300 DPI)



Fig. 4 Assay of A549 cells mitochondrial membrane potential with JC-1 as fluorescence probe staining method. a: control, b, c and d exposed to 12.5  $\mu$ M of complexes 1, 2 and 3 for 24 h.

297x299mm (300 x 300 DPI)



Fig. 5 Assay of A549 cells mitochondrial membrane potential with JC-1 as fluorescence probe staining method. A549 cells ( $\blacksquare$ ) exposed to 12.5 or 25 µM of complexes 1 ( $\blacksquare$ ), 2 ( $\blacksquare$ ) and 3 ( $\blacksquare$ ) for 24 h.

89x66mm (300 x 300 DPI)



Fig. 6 a) Cell cycle distribution of A549 cells exposure to 12.5  $\mu$ M of complexes 1, 2 and 3. b) BEL-7402 cells exposure to 12.5  $\mu$ M of complex 1 for 24 h.

156x70mm (300 x 300 DPI)



Fig. 7 Roles of Bcl-2 and caspase family members in apoptosis induced by complex **3**. Cells were treated with indicated concentrations of complex **3** for 24 h and the expression levels of the apoptosis-related proteins were examined by western blot.

164x70mm (300 x 300 DPI)

Table 1 The  $IC_{50}$  values of complexes 1, 2 and 3 against BEL-7402, A549, MG-63 and SK-BR-3 cell lines.

Complex	IC <sub>50</sub> (µM)			
	BEL-7402	A549	MG-63	SK-BR-3
1	$13.6 \pm 1.2$	$8.6 \pm 1.1$	$21.7 \pm 2.7$	$16.8 \pm 2.2$
2	$20.8\pm1.6$	$13.3 \pm 1.1$	$14.9\pm1.5$	$13.2 \pm 1.3$
3	$13.8 \pm 1.4$	$7.3 \pm 1.0$	$15.1 \pm 1.2$	$13.1 \pm 1.2$
Cisplatin	$11.4 \pm 1.2$	$7.3 \pm 1.4$	$6.6 \pm 0.5$	$6.8 \pm 0.8$