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1 Research Paper – *RSC Advances*

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4 **Effects of Sample Pretreatments on EPR Spectral Characteristics of Irradiated Sea**
5 **Algae – an Advanced Approach to Identify Irradiation Status**

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15 **Running Title:** Advanced EPR spectroscopy to detect irradiated sea algae

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24 **ABSTRACT**

25 Different sea algae, such as sea tangle, sea weed and sea mustard were gamma-irradiated
26 at 1, 5 and 10 kGy. The influence of different sample pretreatments namely, freeze drying
27 (FD), alcoholic extraction (AE), NaOH extraction (NOE) and KOH extraction (KOE) on the
28 paramagnetic characteristics of sea algae after irradiation was studied using electron
29 paramagnetic resonance (EPR) spectroscopy. The EPR spectra of the non-irradiated samples
30 were characterized by a single central line ($g = 2.006$). In case of irradiated sea tangles two
31 types of paramagnetic species were identified. Sugar-like radicals were observed in the
32 samples subjected to FD and AE. A triplet signal of cellulose radical was identified after
33 NOE and KOE. In case of sea weed a new radiation-induced paramagnetic centre with a
34 hyper fine coupling (hfc) of 2.3 mT was detected after NOE and KOE. However, AE was
35 found out as an appropriate approach to detect radiation-induced cellulose signal for
36 irradiated sea mustard. Thus, the importance of different sample pretreatments for EPR
37 spectroscopy to identify and characterize detection markers in irradiated sea vegetables was
38 demonstrated.

39

40 **Keywords:** Irradiation; Free radicals; Detection; EPR spectroscopy; Sea vegetables

41 **Introduction**

42 Sea vegetables are commonly referred as sea algae, have been a staple food since
43 ancient times. Algae are rich in vitamins, minerals, proteins, poly-unsaturated fatty acids, and
44 dietary fibers. Numerous clinical studies have demonstrated the health benefits of sea algae
45 consumption and linked them to the nutrient composition of sea algae.^{1,2} In modern days,
46 they have become primarily associated with Asian cuisine. Japan, which, today, has the
47 world's largest seaweed consumption per capita, with 10-15% of the Japanese diet consisting
48 of algae.³ Rich nutrients in sea algae make them vulnerable to various food spoiling agents
49 and therefore preservation of sea vegetables is of paramount importance. Ionizing radiation
50 could be one of the suitable approaches to extend shelf life of sea vegetables by insect
51 disinfestation and microbial decontamination. Many countries have decided to deliver
52 maximum radiation dose of 10 kGy to achieve the desired purposes of sea food preservation.⁴
53 It has been unambiguously confirmed that treatment with ionizing energy is more effective
54 against bacteria than thermal treatment, and does not leave chemical residue in the food
55 product.⁵ However, various national and international regulations with mandatory labeling
56 requirements restrict the general use of this technology. Reliable methods of identification to
57 enforce regulations and traceability are mandatory for the acceptability of irradiated food
58 commodities.⁶

59 Detection methods may be classified into three basic categories as chemical, physical
60 and biological.⁷ A significant progress has been made in the development of detection
61 methods of irradiated foods.^{8,9,10} For some of these methods, international standards, such as
62 European Standards by the European Committee for Standardization (CEN) have been
63 formulated such as thermoluminescence of foods contaminated with silicate minerals EN

64 1788,¹¹ or gas chromatographic analysis of foods containing lipid derived radiolytic products
65 EN 1784.¹² In addition, some screening methods for fast evaluation of the irradiation status of
66 foods have also been developed such as DNA comet assay¹³ and photostimulated luminescent
67 measurements using near infrared stimulation EN 13751.¹⁴ However, the limitations of these
68 fast detection techniques are associated with ambiguous results and therefore it is necessary
69 to confirm a positive screening result using calibrated PSL or another standardized and
70 validated method.¹⁵ Amongst various detection methods electron paramagnetic resonance
71 (EPR) spectroscopy is a unique technique for the detection of paramagnetic species that are
72 generated during the process of gamma irradiation. The main advantage of the EPR technique
73 lies in its nondestructive nature and lack of sample preparation protocols. Three European
74 standards for the detection of irradiated food via EPR spectroscopy have been released by the
75 European Committee of Normalization (CEN) and adopted by the Codex Alimentarius
76 Commission as Codex Standards. These pertain to foods containing bone EN 1786,¹⁶
77 crystalline sugar EN 1787,¹⁷ and cellulose EN 13708.¹⁸ However, the identification of
78 radiation-induced radicals is limited by the lifetime of the paramagnetic species especially in
79 foods containing a high level of moisture.¹⁹ Even in the case of dry food samples such as
80 spices, it did not lead to favorable results because the main radiation-induced signal
81 decreased too fast with the storage time and disappeared before the maximal general
82 commercial storage time. The interactions between biological materials and different forms
83 of energy are very complex and depend on the irradiation and post-irradiation conditions,
84 which make the detection of irradiated food a challenging task. Yordanov and Gancheva¹⁹
85 proposed a new method to detect cellulose signal in irradiated food samples by studying the
86 rate of reduction of the EPR line intensities of the irradiated and non-irradiated samples after

87 a mild heat treatment. A significant decrease in EPR central line intensity was observed after
88 heating in case of the irradiated samples in comparison with the non-irradiated counterpart.
89 Sample pretreatments after radiation processing of foods have also been observed as an
90 alternative approach to address the problem of identifying short-lived radiation induced
91 signals. Many researchers have studied various sample preparations such as freeze-drying,¹⁷
92 oven-drying,²⁰ or other techniques²¹ to detect irradiated foods.

93 In this study, the effect of various sample pretreatments, such as freeze drying (FD),
94 alcoholic extraction (AE) along with newly proposed hydrolysis extractions on the EPR
95 spectra of sea algae (sea tangle, sea weed and sea mustard) was investigated. The main
96 objective of this study was to identify and characterize radiation-induced paramagnetic
97 centres and to extend the applicability of EPR spectroscopy to give a clear verdict on the
98 irradiation status of sea vegetables.

99

100 **Experimental**

101 *Samples and irradiation*

102 Dried sea tangle, seaweed and sea mustard were purchased from local market in
103 Daegu, South Korea and stored at room temperature. The samples were irradiated (0, 1, 5 &
104 10 kGy at dose rate of 2.0 kGy/h) using a Co-60 gamma-ray source (AECL, IR-79, MDS
105 Nordion International Co. Ltd., Ottawa, ON, Canada) at the Korean Atomic Energy Research
106 Institute (KAERI), in Jeongeup, Korea. Alanine dosimeters with a diameter of 5 mm (Bruker
107 Instruments, Rheinstetten, Germany) were used to calibrate the applied dose, and the free-
108 radical signals were measured by a Bruker EMS 104 EPR analyzer (Bruker Instruments,
109 Rheinstetten, Germany).

110

111 *Sample pretreatments*

112 Three different sample pretreatments were employed before EPR analyses:

113 i. FD: Freeze-drying (Bondiro, Ilsin Bio Base, Yangju, Kyunggido, Korea) of the dried
114 sea vegetable samples.¹⁷115 ii. AE: Alcoholic-extraction of the samples as described by de Jesus et al.²²116 iii. KOE: Alkali hydrolysis of samples for 20 min at 40°C with 80% alcoholic KOH²³117 iv. NOE: Alkali hydrolysis of samples for 20 min at 40°C with 5% NaOH and the left
118 over residues were used after alcoholic-extraction as described above (ii).

119

120 *EPR spectroscopy*

121 Approximately 0.2 g of the pulverized (< 1 mm) sample was placed in a quartz EPR
122 tube (5 mm dia.). The tube was then sealed with a plastic film, and stored in the dark in a
123 desiccator at 40±5% relative humidity. EPR signals were measured as described in the
124 European standard.⁸ The X-band EPR spectrometer (JES-FE200, Jeol Co., Tokyo, Japan) was
125 used at room temperature under the following conditions: power, 0.4 mW; frequency 9.10-
126 9.21 GHz; center field, 324±2 mT; sweep width, 10-25 mT; modulation frequency, 100 kHz;
127 modulation width, 1-2 mT; amplitude, 50-400; sweep time, 30 s; and time constant, 0.03 s.
128 The ESR signal measurements (line width and height) were conducted using a data system
129 ESPRIT-425 (Jeol Co.). Measurements were performed three times (n=3), and mean values
130 (± standard deviation) were calculated. The results were analyzed using Microsoft excel
131 (Microsoft Office 2010 version) and Origin 8.0 software.

132 **Results and discussion**

133 *EPR characteristics of sea tangle before and after irradiation*

134 EPR spectra of the non-irradiated *sea tangle* subjected to different extraction techniques
135 such as FD, AE, KOE and NOE were characterized by a singlet at $g = 2.006$ (Fig 1). The
136 origin of this EPR line was not clear. It was assumed as due to some semiquinone-like free
137 radicals remaining from the metabolism of the plants.²⁴ Several reports have suggested that
138 these free radicals are produced by the oxidation of plant polyphenolics or lignin.²⁴ The
139 shapes of the EPR spectra were changed after irradiation at 1, 5 and 10 kGy doses. Irradiated
140 sea tangle after FD and AE showed complex spectra with a signature of irradiated sugar-like
141 radicals. Table 1 shows that the g -values ($g_1=2.0061\pm 0.0000$, $g_2=1.9970\pm 0.0002$) and the
142 distance ($g_1-g_2=1.267\pm 0.014$ mT) between the two prominent satellite lines, which did not
143 vary significantly with the variation in radiation dose. The multicomponent spectra were
144 composed of overlapping signals of different radicals. It is postulated that the signal is
145 derived from sugar born radicals localized in crystalline sugar matrix.^{25,26} In case of
146 irradiated dried fruits, this signal is easily distinguished from a weak, non-specific native
147 signal observed in any non-irradiated fruit and for that reason was proposed to be used as a
148 suitable indicator of radiation treatment in all foodstuffs containing crystalline sugar.¹⁸
149 Similar signal appears in pure sugar samples of glucose, fructose etc.²⁷ The complex EPR
150 signals in sugar and sugar-containing food are because of the hyperfine interaction between
151 the induced radicals and the surrounding matrix. Probability of radical reactions or
152 transformation are low inside sugar crystals because the major part of radicals except H
153 atoms remain immobilized in crystal matrix making interpretation of the origin of individual
154 radicals difficult.²⁸ In view of this, it was interesting to assess the presence of sugars in sea

155 vegetables. Recently, El-Said and El-Sikaily, 2013²⁹ reported that the average carbohydrate
156 concentration in sea vegetables is the highest among the other constituents and thus could be
157 used as a source of polysaccharides. In order to get further evidence in this regard extracts
158 from the FD and AE pretreated samples of sea tangle were obtained with distilled water using
159 reflux (100°C, 3 h) followed by treatments with different solvents – demineralized water,
160 methanol or ethanol. Total and reducing sugars of the samples were analyzed as described by
161 Dubois et al, 1956³⁰ and Miller, 1959.³¹ In case of FD sample of 100 g, the total sugar and
162 the reducing sugar were measured as 15.14±0.6 % and 3.16±0.1 %, respectively. But for 100
163 g of AE sample both the sugars were found to be present in lesser quantity with total sugar
164 11.49±0.2 % and reducing sugar 2.47±0.1 %. The considerable quantity of sugars as
165 measured in sea tangles even after the pretreatments further ensured that the radiation-
166 induced radicals were trapped in crystalline sugar matrix. However, the irradiated samples
167 subjected to KOE and NOE showed different EPR spectra with typical “cellulose-like”
168 triplet signal considered as radiation detection marker as mentioned in EN 1787 (Fig. 1).¹⁷ It
169 was characterized by one intense central line with $g = 2.00507 \pm 0.0005$ and two weak satellite
170 lines situated 3 mT left and right. This radical has been reported by several researchers in
171 case of irradiated foods of plant origin.^{10,25,32} Table 1 shows the g values of the samples
172 treated with different radiation doses. Pretreatments namely KOE and NOE probably
173 removed the sugar component of the samples. However, radiation induced radicals trapped
174 inside the stable polymer of cellulose showed the triplet signal. This observation suggested
175 that both the paramagnetic centres namely sugar radical and cellulose radical were induced
176 by radiation and identification of both the paramagnetic species was possible using suitable
177 sample pretreatments. Recently Akram et al. showed that in case of irradiated sauce samples,

178 radiation-induced free radicals remained unchanged following different pretreatments.³³ In
179 contrary possibly for the first time pretreatment was found out to be a powerful experimental
180 tool to identify individual paramagnetic centres from the complex EPR spectrum of the
181 irradiated food matrix.

182

183 *Changes in EPR characteristics of sea weeds after irradiation*

184 Fig. 2 shows the EPR spectra of sea weeds before and after radiation treatment followed
185 by different sample treatments. The non- irradiated sample showed a singlet and could be
186 attributed to photooxidation of existing polyphenols as reported by several researchers.^{34,35}
187 The irradiated spectra recorded after FD, AE did not show any radiation induced
188 paramagnetic centres except an enhancement of the existing central line. Sanyal et al. and
189 Ahn et al. previously reported similar observations, where an intense signal was noticed in
190 the spectrum of irradiated vegetables and rice respectively.^{8,36} The relatively high intensity
191 was attributed to irradiation treatment. However, in case of the KOE pretreated samples a
192 weak radiation induced triplet was observed at the highest dose of 10 kGy. This signal was
193 characterized by $g = 2.006$ and a hyperfine coupling constant of 2.3 mT. The spectral shape
194 of this unknown signal was similar to that of the cellulosic radicals. Normally, EPR signals in
195 irradiated plant food containing cellulose are measured using a low power setting (0.4–0.8
196 mW), and in cases of irradiation a pair of lines will occur to the left and right of a non-
197 specific central signal. This pair of lines is believed to be due to cellulose radicals formed by
198 irradiation.³⁷ The ESR detection of irradiated fresh strawberries has been validated for doses
199 of 1.5 kGy and above.¹⁷ The spacing of this radiation-induced signal pair is about 6.0 mT

200 (hfcc 3 mT). But for irradiated sea weeds the hfcc (2.3 mT) was lesser than the well
201 characterized cellulosic radicals normally observed in irradiated foods of plant origin. Table 1
202 shows the g values and the distance between the satellites of the signals with different
203 radiation doses. In case of NOE treated samples the same signal was found out to be more
204 prominent and started visible at 5 kGy dose. Consequently, in case of sea weeds NOE was
205 found out as a potential approach to detect irradiated samples.

206

207 *Radiation-induced changes in sea mustard studied by EPR spectroscopy*

208 Non-irradiated sea mustards showed a native signal at $g_0=2.006$ after post irradiation FD
209 treatment. This central line was similar to that of the other sea algae namely sea tangle and
210 sea weed and possibly because of semiquinone-like free radicals.^{24,25} However, pretreatments
211 of AE, KOE and NOE exhibited another sextet signal along with the native central line for all
212 the non-irradiated samples (Fig 3). This sextet was characterized by $g = 2.0056$ and a
213 hyperfine coupling constant of 9 mT attributed to well-known signature of Mn^{2+} ion.
214 Existence of Mn^{2+} has also been reported for red pepper, ground black pepper and wheat
215 flour.^{36,38} The invisibility of this signal in FD samples was probably due to the burial of weak
216 Mn^{2+} lines by the intense and broad signals of organic radicals. Irradiation of sea mustards
217 did not show any detectable change in EPR spectral shape for FD, NOE and KOE pretreated
218 samples in comparison with their non-irradiated counterparts. All the irradiated spectra of
219 NOE and KOE samples showed the signatures of native central line and Mn^{2+} ion. The
220 presence of Mn^{2+} signal has been reported in non-irradiated food matrices by many
221 researchers and found out as independent of radiation treatment.^{9,36,38} However, in case of the

222 irradiated (1 kGy) and AE pretreated samples, a weak triplet signal was detected along with
223 the central singlet and Mn^{2+} ion. The intensity of the triplet showed enhancement with the
224 increasing radiation dose and became prominent at 10 kGy dose. This triplet was identified as
225 the signature of radiation induced cellulose radical with hfcc of 3 mT. Several reports on the
226 detection of cellulose radicals in irradiated foods of plant origin are available in literature as
227 explained in earlier sections. Consequently AE pretreatment was found out to be the most
228 efficient sample preparation method to detect cellulose radicals which has been recognized as
229 a marker of radiation treatment as per EN 1787.¹⁷

230

231 *Dose-dependent response of the radiation-induced radicals*

232 Fig. 4 shows the dose dependent response of the EPR signal intensities of the sea algae
233 after different sample pretreatments. All the sea vegetables subjected to FD after radiation
234 treatment showed a well-defined dose dependent increase in signal intensity. A dose-
235 dependent increase in the radiation-induced cellulose radical signals in the flesh of irradiated
236 vegetables after different sample pretreatments was reported by de Jesus et al.³⁹ However, sea
237 vegetables pretreated with AE, NOE and KOE did not exhibit any defined correlation
238 between the intensities and the radiation dose probably due to the elimination of the
239 radiation-induced radicals leading to a change in spin densities. EPR signal intensities of all
240 the FD samples were found out to be the lowest in comparison with other pretreatments at a
241 fixed radiation dose. A considerable increase in signal intensity was observed after AE for the
242 non-irradiated sea tangle and sea weed samples followed by a gradual reduction in NOE and
243 KOE samples. In case of the irradiated samples no such trend in intensities was noticed. In

244 contrary for sea mustard a dramatic reduction in EPR signal intensity was observed for both
245 the non-irradiated and irradiated samples after AE. However, after NOE and KOE again a
246 considerable enhancement in signal intensity was observed probably because of the acute
247 hygroscopic nature of this sample. The variation in EPR signal intensity with different sample
248 pretreatments was probably associated with the moisture contents of the sea algae. It has
249 recently been reported that the presence of starch and the initial water content of a food
250 sample are responsible for the observed differences between the initial and final EPR spectra
251 of the irradiated samples.⁹ In the case of cereals, the water content was shown to affect the
252 initial spectra, particularly during irradiation, but the final spectra were independent of
253 hydration.^{40,41} The influence of water content in the spin density was also evident in this
254 study and a defined response between signal intensity and radiation dose was only observed
255 in case of FD samples having lowest moisture in the food matrix.

256

257 **Conclusions**

258 The limitation of EPR spectroscopy in detection of irradiated foods is mainly associated
259 with short-lived radiation induced radicals and therefore direct EPR measurements of the
260 irradiated food samples may face failure in determining the irradiation history. In case of
261 irradiated sea tangle subjected to FD and AE radiation-induced sugar-like radicals were
262 prominent. However, a triplet signal of cellulose radical was observed after NOE and KOE of
263 the samples. Therefore, selective identification of the radiation-induced signatures was
264 possible and probably reported a new trend to the best of our knowledge. In case of sea weed
265 a new radiation-induced paramagnetic centre was observed after NOE and KOE of the

266 samples and a future scope of further studies on characterization of the new signal was found
267 out. In case of sea mustard AE treatment was observed to be the most suitable technique to
268 detect irradiation. Thus the importance of different sample preparations for EPR spectroscopy
269 was established and an improved approach was proposed to identify and characterize
270 detection markers in irradiated sea vegetables.

271

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344 **Table 1** EPR signal information of the non-irradiated and irradiated sea algae products after
 345 different sample pretreatments

Sample	Dose (kGy)	Treatment ^a	g value ^b			g ₁ -g ₂ distance (mT)	Radial type ^c
			g ₀	g ₁	g ₂		
Sea tangle	0	FD	- ^d	2.0060±0.0003	-	-	US
		AE	-	2.0061±0.0001	-	-	US
		KOE	2.0063±0.0004	-	-	-	US
		NOE	2.0062±0.0003	-	-	-	US
	1	FD	-	2.0061±0.0000	1.9970±0.0002	1.267±0.014	CS
		AE	-	2.0060±0.0002	1.9973±0.0001	1.263±0.020	CS
		KOE	2.0065±0.0001	-	-	-	US
		NOE	2.0059±0.0003	-	-	-	US
	5	FD	-	2.0061±0.0004	1.9977±0.0004	1.264±0.016	CS
		AE	-	2.0062±0.0001	1.9972±0.0003	1.261±0.027	CS
		KOE	2.0063±0.0005	2.0241±0.0006	1.9866±0.0003	5.612±0.064	CR
		NOE	2.0066±0.0007	2.0244±0.0003	1.9862±0.0002	5.617±0.108	CR
	10	FD	-	2.0065±0.0002	1.9973±0.0004	1.266±0.023	CS
		AE	-	2.0062±0.0004	1.9975±0.0006	1.265±0.020	CS
		KOE	2.0062±0.0008	2.0244±0.0003	1.9868±0.0009	5.608±0.071	CR
		NOE	2.0062±0.0001	2.0239±0.0006	1.9861±0.0007	5.594±0.062	CR
Sea weed	0	FD	2.0063±0.0003	-	-	-	US
		AE	2.0067±0.0005	-	-	-	US
		KOE	2.0061±0.0006	-	-	-	US
		NOE	2.0064±0.0002	-	-	-	US
	1	FD	2.0065±0.0004	-	-	-	US
		AE	2.0062±0.0001	-	-	-	US
		KOE	2.0063±0.0001	-	-	-	US
		NOE	2.0065±0.0006	2.0239±0.0002	1.9853±0.0001	4.709±0.064	CR
	5	FD	2.0062±0.0003	-	-	-	US
		AE	2.0063±0.0002	-	-	-	US
		KOE	2.0062±0.0001	-	-	-	US
		NOE	2.0061±0.0002	2.0242±0.0005	1.9851±0.0003	4.648±0.077	CR
	10	FD	2.0062±0.0005	-	-	-	US
		AE	2.0063±0.0004	-	-	-	US
		KOE	2.0062±0.0001	2.0239±0.0003	1.9849±0.0002	4.713±0.054	CR
		NOE	2.0064±0.0001	2.0241±0.0004	1.9852±0.0005	4.627±0.038	CR
Sea mustard	0	FD	2.0063±0.0001	-	-	-	US
		AE	2.0062±0.0001	-	-	-	US
		KOE	2.0066±0.0003	-	-	-	US
		NOE	2.0062±0.0007	-	-	-	US
	1	FD	2.0065±0.0006	-	-	-	US
		AE	2.0061±0.0001	-	-	-	US
		KOE	2.0062±0.0004	-	-	-	US
		NOE	2.0068±0.0003	-	-	-	US
	5	FD	2.0063±0.0002	-	-	-	US
		AE	2.0063±0.0004	2.0251±0.0011	1.9768±0.0008	6.089±0.112	CR
		KOE	2.0061±0.0003	-	-	-	US
		NOE	2.0064±0.0006	-	-	-	US
	10	FD	2.0062±0.0002	-	-	-	US
		AE	2.0062±0.0001	2.0243±0.0003	1.9761±0.0001	6.113±0.094	CR
		KOE	2.0067±0.0002	-	-	-	US
		NOE	2.0060±0.0002	-	-	-	US

346 ^a FD= freeze-drying, AE= alcoholic extraction, KOE= KOH hydrolysis, NOE= NaOH hydrolysis.

347 ^b g value (g₁=left, g₀=central, g₂=right) = 71.448 x microwave (GHz)/magnetic field (mT).

348 ^c US= unspecific signal, CS= crystalline sugar radical, CR= cellulose radical

349 ^d Signal not detected

350

351 **Figure Captions**

352

353 **Fig. 1.** EPR spectra of irradiated sea tangles after different pre-treatments (FD, freeze drying;
354 AE, alcoholic extraction; KOE, KOH hydrolysis & extraction; NOE, NaOH hydrolysis &
355 extraction).

356

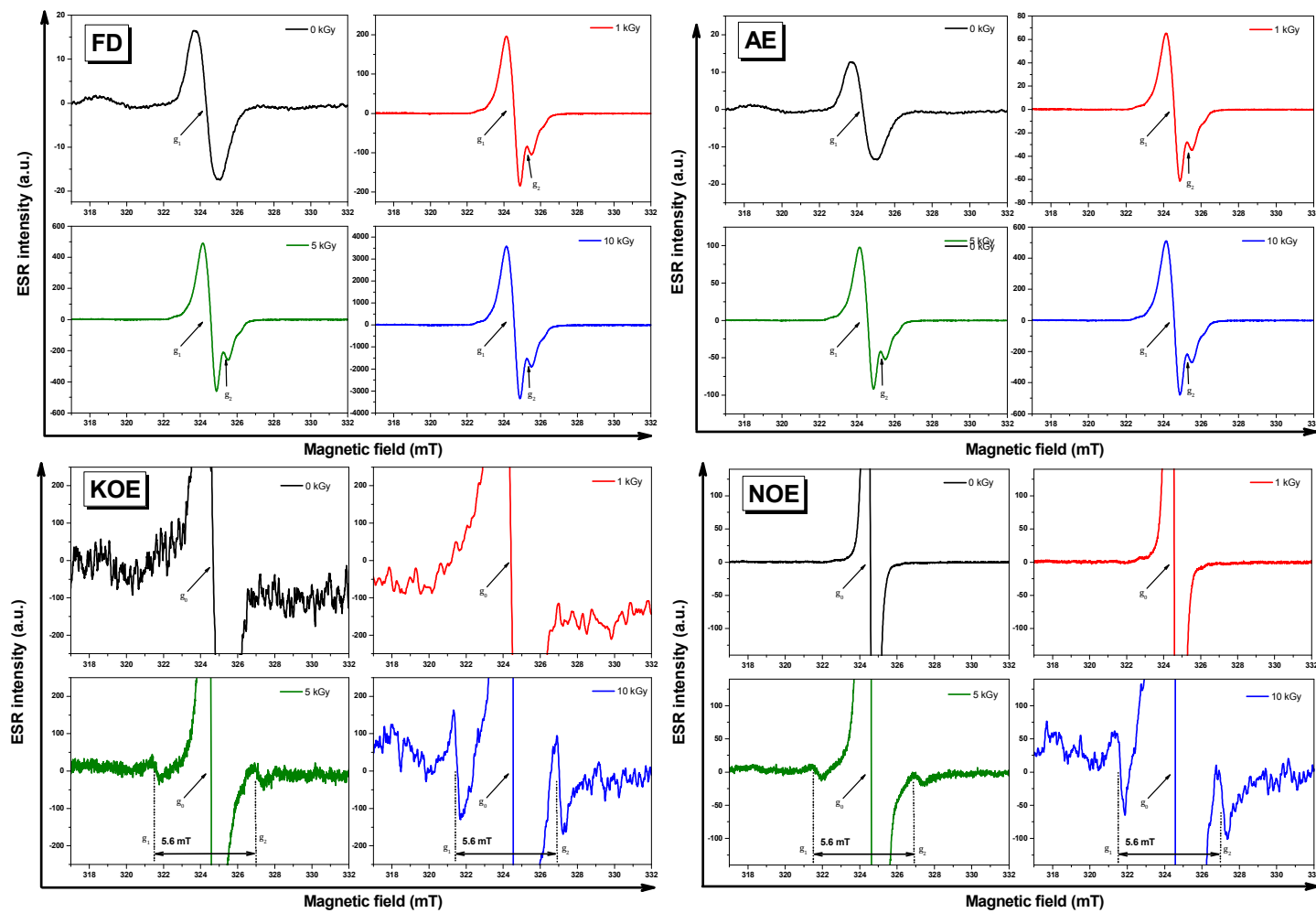
357 **Fig. 2.** EPR spectra of irradiated sea weeds after different pre-treatments (FD, freeze drying;
358 AE, alcoholic extraction; KOE, KOH hydrolysis & extraction; NOE, NaOH hydrolysis &
359 extraction)

360

361 **Fig. 3.** EPR spectra of irradiated sea mustards after different pre-treatments (FD, freeze
362 drying; AE, alcoholic extraction; KOE, KOH hydrolysis & extraction; NOE, NaOH
363 hydrolysis & extraction)

364

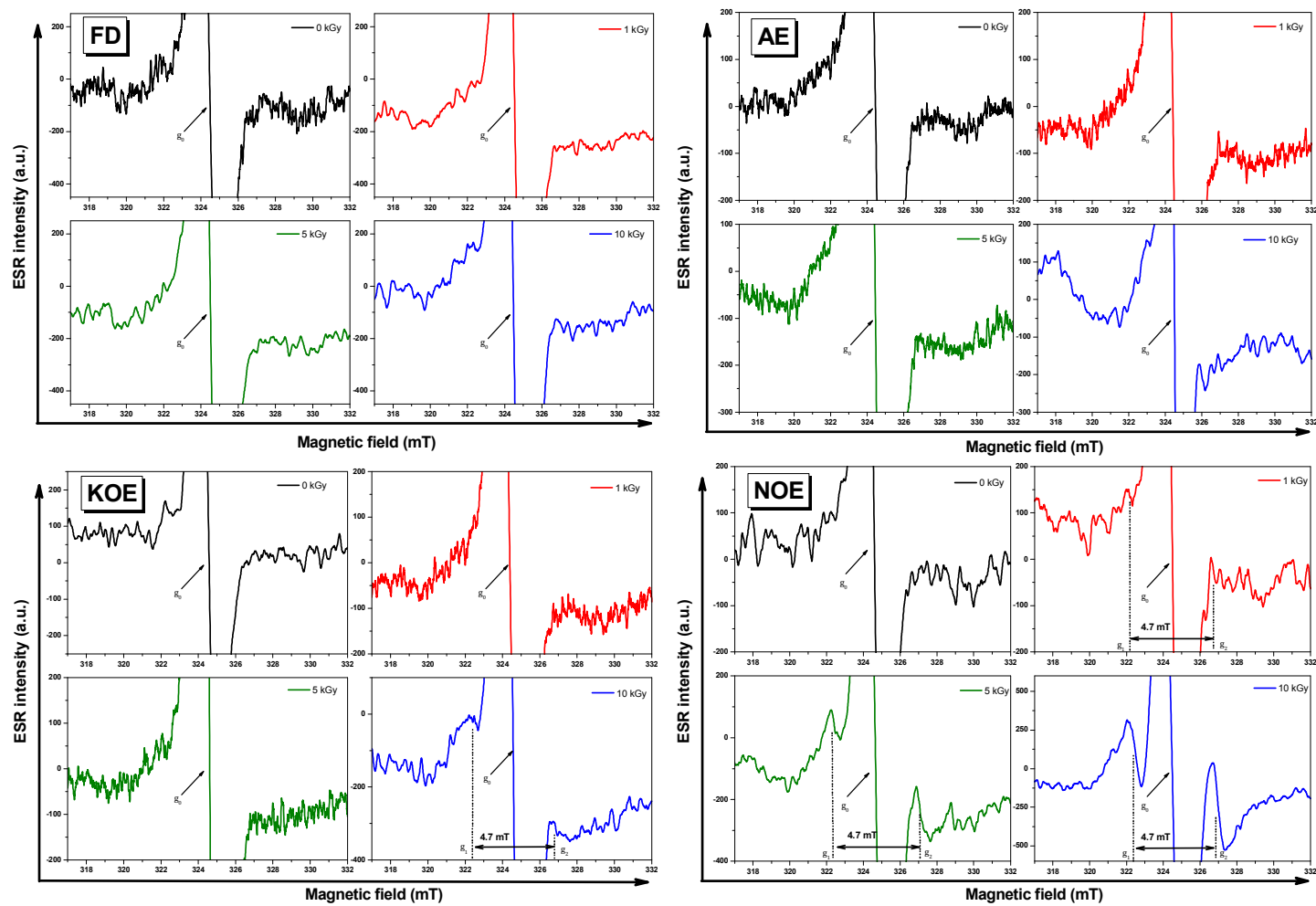
365 **Fig. 4.** EPR signals intensities of irradiated sea algae products after different pre-treatments.



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Figure 1

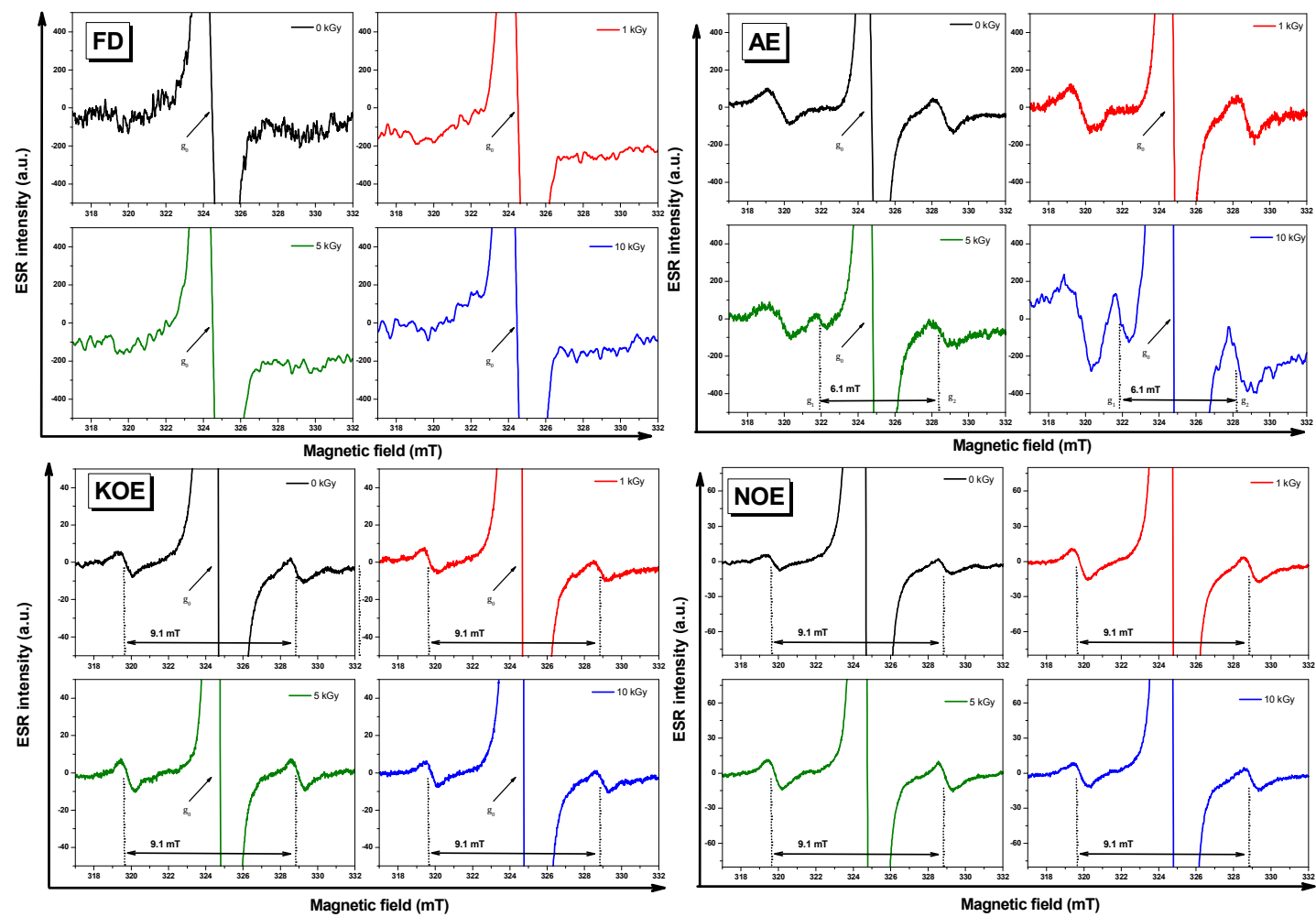


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Figure 2

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Figure 3

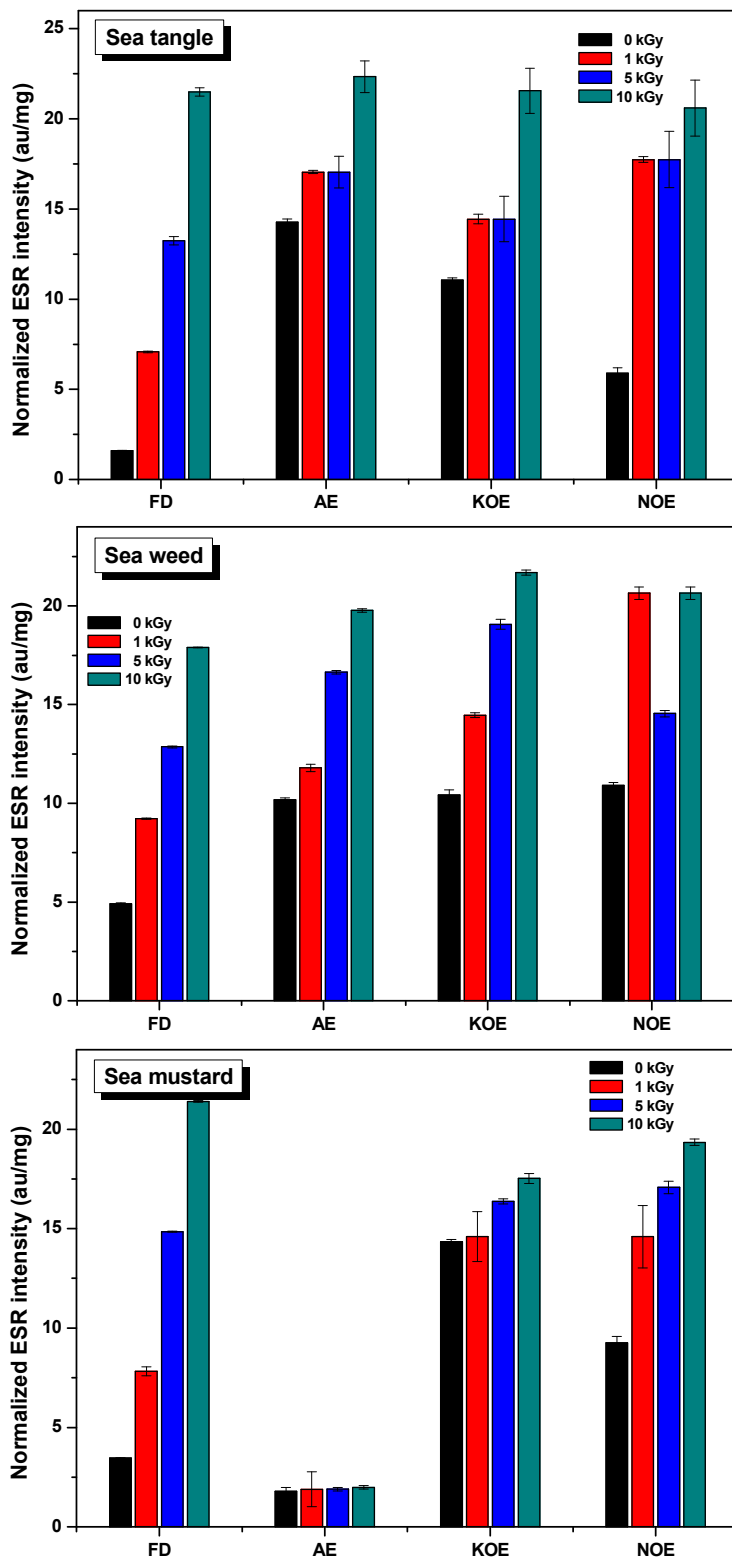


Figure 4

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