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1 **Qualitative and quantitative analyses of goitrin/epigoitrin in *Isatis***
2 ***indigotica* using supercritical fluid chromatography-photodiode**
3 **array detector-mass spectrometry**

4 Rui Wang ^{a,§}, Jacquelyn Runco ^{b,§}, Li Yang ^c, Kate Yu ^b, Yiming Li ^a, Rui Chen ^b,
5 Zhengtao Wang ^{c,**}

6 ^a *School of Pharmacy, Shanghai University of Traditional Chinese Medicine, Shanghai*
7 *201203, China*

8 ^b *Waters Corporation, Milford, MA 01757, USA.*

9 ^c *The Ministry of Education (MOE) Key Laboratory for Standardization of Chinese*
10 *Medicines, Institute of Chinese Materia Medica, Shanghai University of Traditional*
11 *Chinese Medicine, Shanghai 201203, China. E-mail address: ztwang@shutcm.edu.cn (Z.*
12 *Wang)*

13 [§] R. Wang and J. Runco contributed equally to this work.

14

15 **Abstract**

16 A novel comprehensive method with supercritical fluid chromatography-photodiode array
17 detector-mass spectrometry (SFC-PDA-MS) was developed for the qualitative and
18 quantitative analyses of chiral isomer pair in Ban Lan Gen (dried root of *Isatis indigotica*)
19 and processed product. A standard goitrin/epigoitrin racemic mixture was used for method
20 development. A total of six chiral stationary phases (CSPs) were screened and the (S,
21 S)-Whelk-O 1 (4.6 × 250 mm, 10 μm) column was chosen as it offers the baseline
22 resolution for the enantiomeric pair with separation accomplished in 6 minutes. A single
23 quadrupole MS and a PDA detector were used in line for the detection. The validated
24 method was applied successfully in the analysis of different samples. Results indicated that
25 the developed assay was fast, sensitive and reproducible. SFC should be an integral part of
26 the overall analytical platform for TCM and natural product research, especially in the area
27 of chiral analysis.

28 **Keywords**

29 *Isatis indigotica* Fort; Goitrin; Epigoitrin; SFC-PDA-MS

30

31 **1 Introduction**

32 The therapeutic use of natural products dates back thousands of years, and continues to
33 be an integral part of basic healthcare in many countries today. For example, Traditional
34 Chinese Medicine (TCM) makes up half of the “basic” medicines mandated by the Chinese
35 government for public use at all levels of its healthcare system.¹ The biological activities of
36 natural products include antimicrobial, antineoplastic, central nervous system (CNS)-active,
37 anti-inflammatory, cardiovascular, just to name a few.² Drug substances from pure natural
38 products, their derivatives, and synthetic compounds from a natural product precursor
39 represent a major part of today’s pharmaceutical market.^{3,4}

40 Since chirality is a fundamental characteristic of nature, it is not surprising that many of
41 the well known ancient therapeutic reagents in natural products or TCM are chiral, such as
42 morphine in *Opium*, β -dichroine in *Chang Shan* (the dried roots of *Dichroa febrifuga*
43 Lour.), and ephedrine in *Ma Huang* (the dried herbaceous stems of *Ephedra sinica* Stapf,
44 *Ephedra intermedia* Schrenk et C.A.Mey. or *Ephedra equisetina* Bge.).² While one isomer
45 possesses a desired therapeutic effect, its paired enantiomer could be inactive, have
46 antagonist effects, or even have undesirable effects. For example, unnatural (+)-morphine
47 has extremely weak affinity for opiate receptors while (-)-morphine is entirely different.³
48 S-(-)-hyoscyamine is used in medicine and it has historically been accepted that the affinity
49 of muscarinic receptors for S-(-)-hyoscyamine is higher than that for the R-(+)
50 enantiomer.³ For this reason, determining the pharmacological activity of specific
51 enantiomers of chiral compounds in TCM is becoming increasingly important. As a result,
52 there has been growing need for chiral analysis in TCM research,^{5,6} primarily utilizing high
53 performance liquid chromatography (HPLC) on chiral stationary phases (CSPs). While
54 supercritical fluid chromatography (SFC) has become increasingly popular for chiral
55 analysis and purification in western pharmaceutical research,⁷⁻⁹ the adoption of SFC in
56 TCM research is still scarce.¹⁰

57 *Ban Lan Gen* (the dried roots of *Isatis indigotica* Fort) is one of the TCMs listed in the
58 Chinese National Category of the Basic Medicines for treating fever and removing toxic

59 heat.¹ There has been considerable research effort in understanding its chemical
60 constituents and associated pharmacological activities.¹¹⁻²² Pharmacokinetic studies
61 indicate that the *R*-goitrin (epigoitrin) is one of the main constituents accounting for the
62 antiviral activity of *Ban Lan Gen*.^{19,20} The *S*-goitrin (goitrin), however, is a potential
63 goitrogen causing an enlargement of the thyroid.^{6,23} It is therefore imperative to
64 enantiomerically resolve *R*- and *S*-goitrin to better understand their respective
65 pharmacological dose-response relationship and toxicity for a safe and effective use of the
66 medicine, and to better assess the quality of the raw plants before manufacturing.

67 Herein, we report our investigation on employing SFC-PDA-MS for the qualitative and
68 quantitative analyses of *R/S*-goitrin in *Isatis indigotica* Fort extract and different *Ban Lan*
69 *Gen* powder formulations.

70 **2 Experimental**

71 **2.1 Chemicals**

72 SFC grade CO₂ was from Air Gas (Salem, NH, USA). HPLC grade water and diethyl
73 ether were purchased from Sigma-Aldrich (St. Louis, MO, USA). HPLC grade methanol
74 and goitrin racemate (Fig. 1) were purchased from Thermo Fisher (Allentown, PA, USA).
75 *R*-goitrin, *S*-goitrin, ground dried roots of *Isatis indigotica* Fort, and ground dried roots of
76 *Baphicacanthus cusia* (Nees) Bremek were gifts from Prof. Zhengtao Wang at Shanghai
77 University of Traditional Chinese Medicine (Shanghai, China). And they were all
78 authenticated by Prof. Zhengtao Wang. Three different *Ban Lan Gen* powder formulations
79 were purchased from Beijing Tongrentang pharmaceutical factory (Beijing, China).

80 **2.2 Instrumentation and experimental conditions**

81 All experiments were performed on a Waters Resolution SFC MS System (Waters,
82 Milford, MA, USA) controlled by MassLynx[®] software. The system consists of a Fluid
83 Delivery Module (FDM), an Alias Autosampler, a 10-port analytical-to-prep[™] oven, a
84 Waters 2998 Photodiode Array Detector (PDA), and a Waters 3100 MS detector.

85 SFC experiments were conducted using methanol in CO₂ at 3 mL/min flow rate.
86 Columns were kept at 40°C in the column oven. Column back pressure was held at 120 bar.

87 An aliquot of 10.0 μL of each sample solution was injected into the SFC system for
88 analysis. The flowing modifier gradient conditions were employed: starting modifier 20%
89 (v/v), holding for 2 min; ramping to 40% (v/v) in 0.5 min, holding for 3 min; return to 20%
90 (v/v) in 0.5 min; total run time, 6 min. The wavelength was set at 244 nm, and the on-line
91 UV spectra was recorded in the range of 200 nm to 320 nm. MS analysis was performed in
92 the positive ion model of atmospheric pressure chemical ionization (APCI), under the
93 following conditions: corona current, 10 μA ; source temperature, 150 $^{\circ}\text{C}$; probe temperature,
94 450 $^{\circ}\text{C}$. Full-scan spectra were recorded from m/z 100–400, mass spectrometer was also
95 employed in selected ion recording (SIR) model to monitor m/z 130.

96 **2.3 Sample preparation**

97 For dried roots of *Isatis indigotica* Fort and *Baphicacanthus cusia* (Nees) Bremek, and
98 *Ban Lan Gen* powder formulations, 100 mg of the solid was sonicated in 5 ml of water for
99 1 hr and allowed to sit for 1 hr. The sample was then centrifuged and the supernatant was
100 filtered through a 0.45 μm filter. A liquid-liquid extraction was performed on the
101 supernatant three times with 5 mL of diethyl ether. The combined diethyl ether extract (a
102 total of 15 mL) was dried down and reconstituted in 5 mL of methanol.

103 **2.4 Precision and Repeatability**

104 Intra- and inter-day variations were evaluated to determine the precision and
105 repeatability. To evaluate the precision, a goitrin racemate standard solution of 0.005
106 mg/mL was prepared in methanol. To evaluate the repeatability, six different solutions
107 made from the same sample were analyzed. Six replicates were performed for the Intra-day
108 variability studies. Inter-day variability was done in three days. Each day, six replicates
109 were performed and the average peak area was used as one data point.

110 **2.5 Linearity**

111 A goitrin stock solution of 0.1 mg/mL was prepared in methanol. The stock solution was
112 serially diluted. For each data point, triplicates were performed and the peak areas were
113 averaged.

114 2.6 Limit of detection (LOD) and limit of quantification (LOQ)

115 LOD and LOQ, which were expressed by 3- and 10-fold of the signal-to-noise ratio
116 (S/N), were determined at the concentration of 0.005 mg/gmL.

117 2.7 Recovery

118 The recovery test was performed by the standard addition method. Low, medium, and
119 large high amounts of the standards were added to the sample with known goitrin content.
120 The mixture then underwent the same procedure as listed in “Sample Preparation” before
121 analysis. The mean recovery was calculated according to the following formula: recovery
122 (%) = (amount found–original amount)/amount spiked \times 100%, and RSD (%) = (SD/mean)
123 \times 100%.

124 3. Results and Discussion

125 3.1 Assay Development

126 Chiral method development often starts with a screening of multiple CSPs and
127 co-solvents. An ideal CSP selection for screening should include minimal number of
128 columns with complimentary selectivity to maximize the success rate. Fig. 2 shows the
129 SFC UV chromatograms of *R/S*-goitrin standard using 6 different CSPs and methanol as
130 the co-solvent. A generic gradient was used for the screening: starting modifier 5% (v/v);
131 ramping to 40% (v/v) in 10 min, holding for 2 min; return to 5% (v/v) in 2 min, holding for
132 2 min. The chiral columns, namely, CHIRALPAK[®] AD-H, AS-H and IC, and
133 CHIRALCEL[®] OD-H and OJ-H (4.6 mm \times 250 mm, 5 μ m), (S,S)-Whelk-O 1 (4.6 \times 250
134 mm, 10 μ m) were investigated and compared. The AD-H, OD-H and (S,S)-Whelk-O 1
135 columns were all capable of separating the enantiomers. Among which, the (S,S)-Whelk-O
136 1 demonstrated the highest resolution. It was therefore chosen for all ensuing experiments.

137 Based on the maximum absorption and full-scan experiment of the marker components
138 in the UV spectra of the three-dimensional chromatograms obtained by PDA detection, the
139 detection wavelength was set at 244 nm.

140 Next, we optimized the method for the analysis of *Isatis indigotica* Fort extract,
141 primarily focusing on shortening the analysis time. The resulting chromatogram was
142 shown in Fig. 3(A). Under the optimized condition, the *R*- and *S*-goitrin were separated
143 from the sample matrix while maintaining the enantiomeric resolution between the *R*- and
144 *S*-goitrin. The total analysis time was 6 min. This represents a nearly eight-fold increase in
145 speed compared to the reported normal phase-HPLC (NP-HPLC) method.⁶ In SFC, a
146 combination of supercritical CO₂ and polar organic solvent(s), most commonly alcohol, are
147 used as the mobile phase. Due to the inherent higher diffusivity and lower viscosity of
148 supercritical fluid, it is not unusual that SFC provides a three- to eight-fold faster
149 separation than NP-HPLC.⁷ Fig.3 (B) shows the SFC UV and MS chromatograms of
150 the goitrin standards under the optimized condition. The peaks were identified by
151 running an *R*-enantiomer standard.

152 A validation study was performed to estimate the performance for quantitative analyses
153 of goitrin standards. With PDA detection and MS detection, the resolutions of *R*- and
154 *S*-goitrin were 2.85 and 2.81; the peak ratios of *R*- and *S*-goitrin were 1.01 and 1.00,
155 respectively. The detailed information regarding the precision, calibration curves, linear
156 ranges, LODs and LOQs of the *R*- and *S*-goitrin were summarized in Table 1.

157 Precision with PDA detection were below 1% and similar for both intra-day and
158 inter-day experiments. With MS detection, inter-day variation was slightly higher than for
159 intra-day.

160 The LOD and LOQ with PDA detection are one order of magnitude lower than those
161 reported using an NP-HPLC method.⁶ In our experiments, reference wavelength
162 compensation was used in data acquisition. Reference wavelength compensation collects
163 wide-band absorbance data in a region where the analytes have minimal or no absorption.
164 The detector calculates the compensation value by averaging the absorbance values within
165 the selected range of wavelengths. The averaged value is then subtracted from the
166 absorbance value. Since the main absorbance (220-320 nm in our experiments) includes

167 the reference bands (270-320 nm), noises from common sources, such as mechanical and
168 thermal noise, can be effectively reduced; hence, increasing S/N.²⁴

169 With MS detection, the LOD and LOQ were 2 and 10 ng/mL, respectively. At LOD,
170 with a 10 μ l injection, as little as 100 pg of each goitrin enantiomer was detected. This
171 represents a three to four orders of magnitude improvement in detection sensitivity over
172 the reported NP-HPLC method with UV detection.⁶ This improvement, of course, arises
173 from a more sensitive MS detection. However, in NP-HPLC, hexane, heptanes,
174 dichloromethane (DCM), isopropanol and their mixtures are often used as the mobile
175 phase. These solvents are not ideal, if not prohibitive, for MS detection. In SFC, on the
176 other hand, CO₂ combined with MS friendly alcohols, most commonly methanol, is used
177 as the mobile phase. This, in turn, enables the incorporation of a sensitive MS detection in
178 SFC, which is often necessary for quantitative chiral analysis. SFC hyphenated with MS
179 has indeed become a viable analytical tool in pharmaceutical research.²⁵ Furthermore, the
180 use of alcohol in SFC is more cost effective and environmentally sustainable compared to
181 the use of hexane, heptanes, and halogenated solvents in NP-HPLC.

182 Calibration curves for both UV and MS were constructed by analyzing the serially
183 diluted goitrin standards in triplicates. All calibration curves exhibited excellent linearity
184 with the square of correlation coefficient (R^2) above 0.999. There are also superb
185 agreements between the *R*- and *S*-goitrin with both UV and MS detection.

186 **3.2 Analyses of *Isatis indigotica* Fort Extract**

187 With PDA detection and MS detection, the peak ratios of *R*- and *S*-goitrin were 1.99 and
188 2.03, the ratios calculate from amount of *R*- and *S*-goitrin were 1.96 and 2.05, respectively.
189 Table 2 summarizes the results from the analyses of *Isatis indigotica* Fort extracts.
190 Compared to the results from the goitrin standards (Table 1), there are slightly higher
191 variations with both UV and MS detection. It is also noted that batch-to-batch variation
192 was consistently between 5-6%. We speculate that this increased variation resulted from
193 the sample preparation procedure. Epiprogoitrin ((2*S*)-2-hydroxy-3-butenyl glucosinolate)
194 is a secondary metabolite abundant in many plants. Through a myrosinase-catalyzed

195 hydrolysis in the presence of water, *R*-goitrin can be formed by the cleavage of the
196 *D*-glucose group from epigoitrin.²⁶ Our initial step in sample preparation involved
197 soaking the dried roots of *Isatis indigotica* Fort in water. As a result, there were possible
198 epigoitrin-epigoitrin transformations until the enzymatic activity of myrosinase was
199 quenched. Therefore, caution should be exercised to ensure a precise timing control in
200 sample preparation to minimize this variability.

201 **3.3 Using Goitrin enantiomer pairs as Markers to Authenticate *Ban Lan Gen***

202 There are two types of *Ban Lan Gen* in China, namely, *Ban Lan Gen* (the dried root of
203 *Isatis indigotica* Fort, also referred to as the Northern *Ban Lan Gen*) and Southern *Ban Lan*
204 *Gen* (the dried root of *Baphicacanthus cusia* (Nees) Bremek). Despite bearing similar
205 names, the chemical constituents and the sources of these two plants are vastly different.
206 Since epigoitrin is the main constituent contributing to *Ban Lan Gen*'s antiviral activity,
207 Wang *et al.* proposed the use of goitrin enantiomer pairs as potential markers for *Ban Lan*
208 *Gen*.¹⁶⁻¹⁸ Fig. 4 shows the SFC-MS chromatograms of the *Ban Lan Gen* and the Southern
209 *Ban Lan Gen*. Even with 2 ng/mL detection limit, there is no observable epigoitrin and
210 goitrin in the Southern *Ban Lan Gen*. Our results support the notion that epigoitrin and
211 goitrin are specific for *Ban Lan Gen*, and can be used as markers for its authentication.

212 **3.4 Analysis of Three Different *Ban Lan Gen* Powder Formulations**

213 The three different powder formulations were all marketed as "*Ban Lan Gen* powder" by
214 three different manufacturers. The powders all have tan color and similar appearance. Fig.
215 5 shows the SFC-MS chromatograms of the three formulations. Quantitative results were
216 summarized in Table 3. It is evident that the three powder formulations differ substantially
217 in goitrin content. Formulation 1 only contains detectable but not quantifiable goitrin, i.e.
218 the concentration was between 2-10 ng/mL. Formulation 3 contains 5 times more goitrin
219 than Formulation 2. It is also interesting to note that the *R*- and *S*-goitrin ratios are different
220 between formulation 2 (2.13) and 3 (2.22). Currently, goitrin content is determined by
221 reverse phase HPLC (RP-HPLC) based methodology where *R*- and *S*-goitrin are not
222 resolved.^{21,22} Clearly, with varying *R*- and *S*-goitrin ratio evidenced in this study, the

223 goitrin content cannot be accurately assessed via RP-HPLC. Our observation underscores
224 the importance of the enantiomeric resolution of *R*- and *S*-goitrin for better quantitation of
225 the bioactive *R*-goitrin, better controlled pharmacological studies such as dose-response
226 relationship and toxicity, and better quality control in *Ban Lan Gen* formulation
227 manufacturing.

228 **4 Conclusions**

229 In this communication, the development of an SFC-UV-MS based assay for the
230 qualitative and quantitative analyses of *R*- and *S*-goitrin is described. Under optimized
231 conditions, the goitrin can be separated from the sample matrix while maintaining the
232 enantiomeric resolution between the *R*- and *S*-goitrin. The total analysis time was 6 min,
233 representing an eight-fold increase in speed compared to the NP-HPLC method.
234 Excellent repeatability, intermediate precision and linearity were achieved with the
235 developed assay. With UV detection, the LOD and LOQ were one order of magnitude
236 lower than those from NP-HPLC UV. With MS detection, the LOD and LOQ were three to
237 four orders of magnitude lower than those from NP-HPLC UV.

238 The assay was then applied to the authentication of *Ban Lan Gen*. Even with the
239 sensitive MS detection of 2 ng/mL LOD, there was no observable goitrin in the Southern
240 *Ban Lan Gen* extract. Our results support the theory that goitrin is specific to *Ban Lan Gen*
241 and can therefore be used as a potential marker. The SFC based methodology is fast,
242 sensitive and reproducible.

243 Finally, different *Ban Lan Gen* formulations were analyzed using the developed assay.
244 The three powder formulations differ substantially in the goitrin content. It is also noted
245 that the *R/S* ratio varies from sample to sample. Our observation underscores the
246 importance of the enantiomeric resolution of *R*- and *S*-goitrin for better quantitation of the
247 *R*-goitrin, the active enantiomer contributing to the antiviral activity. SFC should be an
248 integral part of the overall analytical platform for TCM and natural product research,
249 especially in the area of chiral analysis.

250 **Acknowledgement**

251 This work was supported by the National Natural Science Foundation of China
252 (No.81202883 and 81222053).

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255 **Figure captions**

256 **Fig. 1.** Chemical structures of goitrin (A) and epigoitrin (B).

257 **Fig. 2.** SFC UV chromatograms of *R/S*-goitrin standard using 6 different CSPs and
258 methanol as the co-solvent.

259 **Fig. 3.** SFC chromatograms of *Isatis indigotica* Fort extract (A) and *R/S*-goitrin standard
260 (B) under optimized condition.

261 **Fig. 4.** SFC-MS chromatograms of North and South Ban Lan Gen.

262 **Fig. 5.** SFC-MS chromatograms of three different Ban Lan Gen powder formulations.

Table 1. Characteristics of the optimized analytical method for goitrin enantiomer pairs standards analysis.

	PDA detection		MS detection	
	S-goitrin	R-goitrin	S-goitrin	R-goitrin
Intra-day Precision ^a	0.60	0.73	0.86	0.53
Inter-day Precision ^b	0.68	0.73	3.08	2.23
Regression equation (weighting index: 1/x)	$Y = 294847.41x - 2.20$	$Y = 299518.28x - 14.33$	$Y = 233724352.21x + 138.89$	$Y = 231405962.98x + 3340.65$
Correlation (R^2)	1.0000	0.9999	0.9999	0.9997
Linearity Range (mg/mL)	0.0005-0.05	0.0005-0.05	0.00001-0.01	0.00001-0.01
LOD (ng/mL)	100	100	2.0	2.0
LOQ (ng/mL)	200	200	10	10

^a RSD ($n=6$) (%) of repeatability

^b RSD ($n=18$) (%) of inter-day repeatability (3 days)

Table 2. Results from the analyses of *Isatis indigotica* Fort extracts.

	PDA detection		MS detection	
	<i>S</i> -goitrin	<i>R</i> -goitrin	<i>S</i> -goitrin	<i>R</i> -goitrin
Repeatability ^a	0.52	1.40	0.62	1.70
Inter-day Repeatability ^b	2.00	1.69	3.21	3.87
Batch-to-Batch Repeatability ^c	5.69	5.59	6.29	5.07
Recovery ^d	99.2	100.4	98.9	105.0
Amount (mg/100 mg sample) ^e	0.0368	0.0723	0.0416	0.0853

^a RSD ($n=6$) (%) of repeatability.

^b RSD ($n=18$) (%) of inter-day repeatability (3 days).

^c RSD ($n=3$) (%) of batch-to-batch repeatability.

^d The values are mean ($n=6$).

^e The values are mean ($n=3$).

Table 3. Results of the analyses of three different Ban Lan Gen formulations.

	Amount (mg/100 mg) ^a	
	<i>S</i> -goitrin	<i>R</i> -goitrin
Formulation 1	N.D. ^b	N.D.
Formulation 2	0.00345	0.00735
Formulation 3	0.0161	0.0358

^a The values are mean ($n=3$).

^b Higher than LOD and less than LOQ.

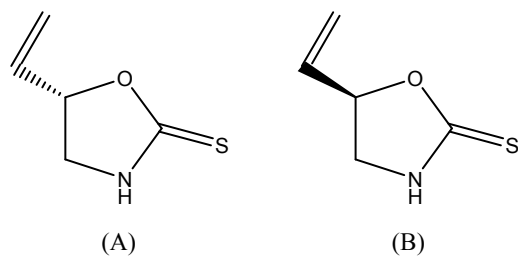


Fig. 1. Chemical structures of goitrin (A) and epigoitrin (B).

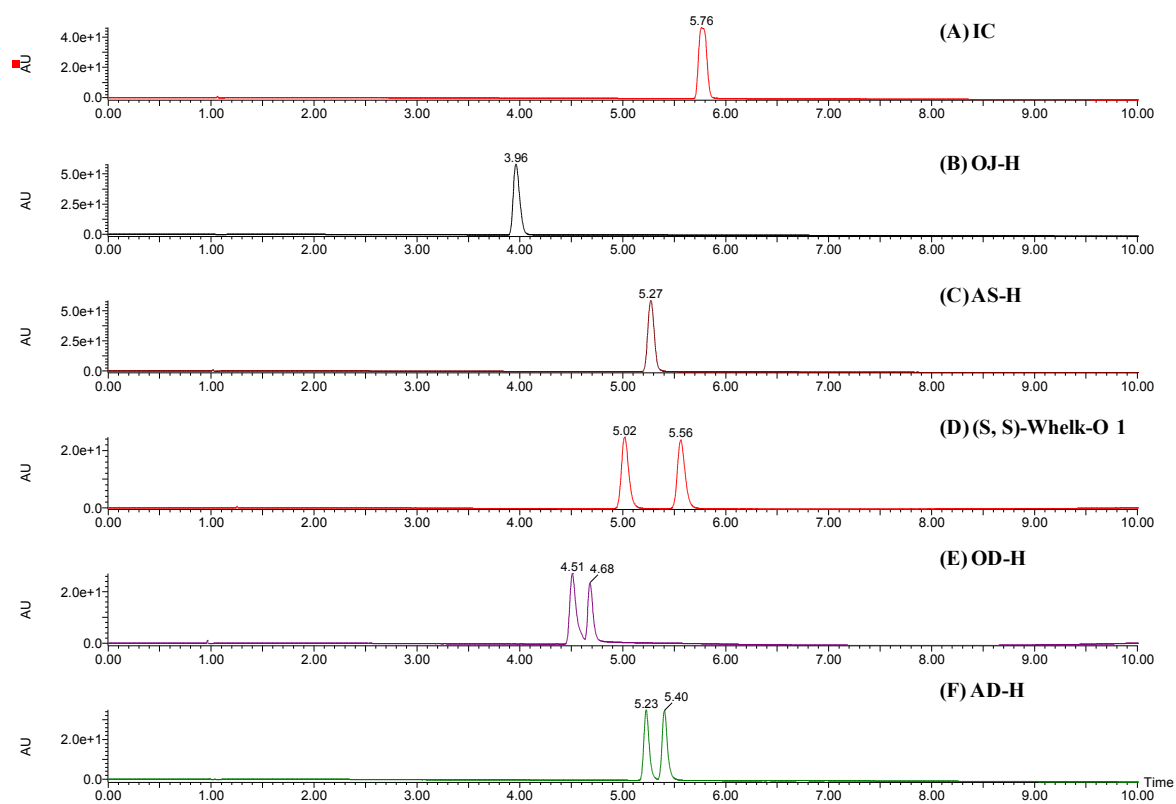


Fig.2. SFC UV chromatograms of *R/S*-goitrin standard using 6 different CSPs and methanol as the co-solvent.

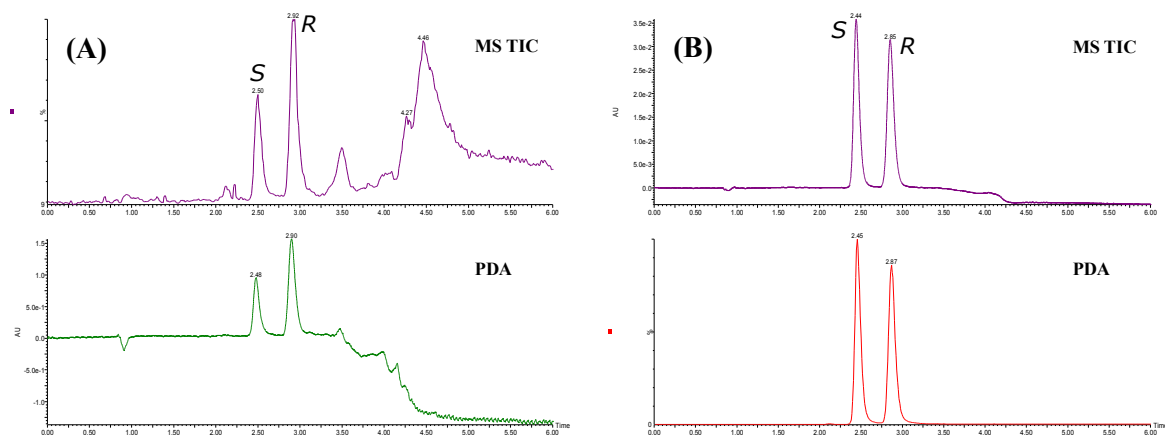


Fig.3. SFC chromatograms of *Isatis indigotica* Fort extract (A) and *R/S*-goitrin standard (B) under optimized condition

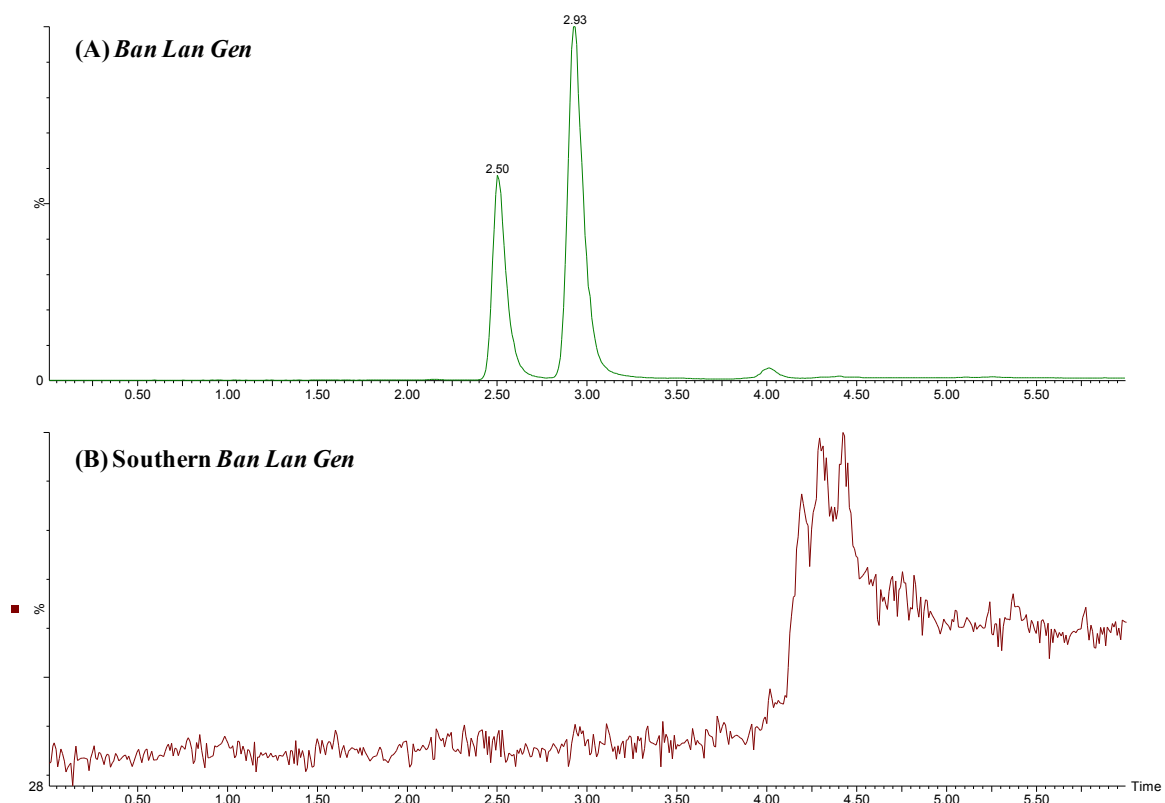


Fig. 4. SFC-MS chromatograms of North and South Ban Lan Gen.

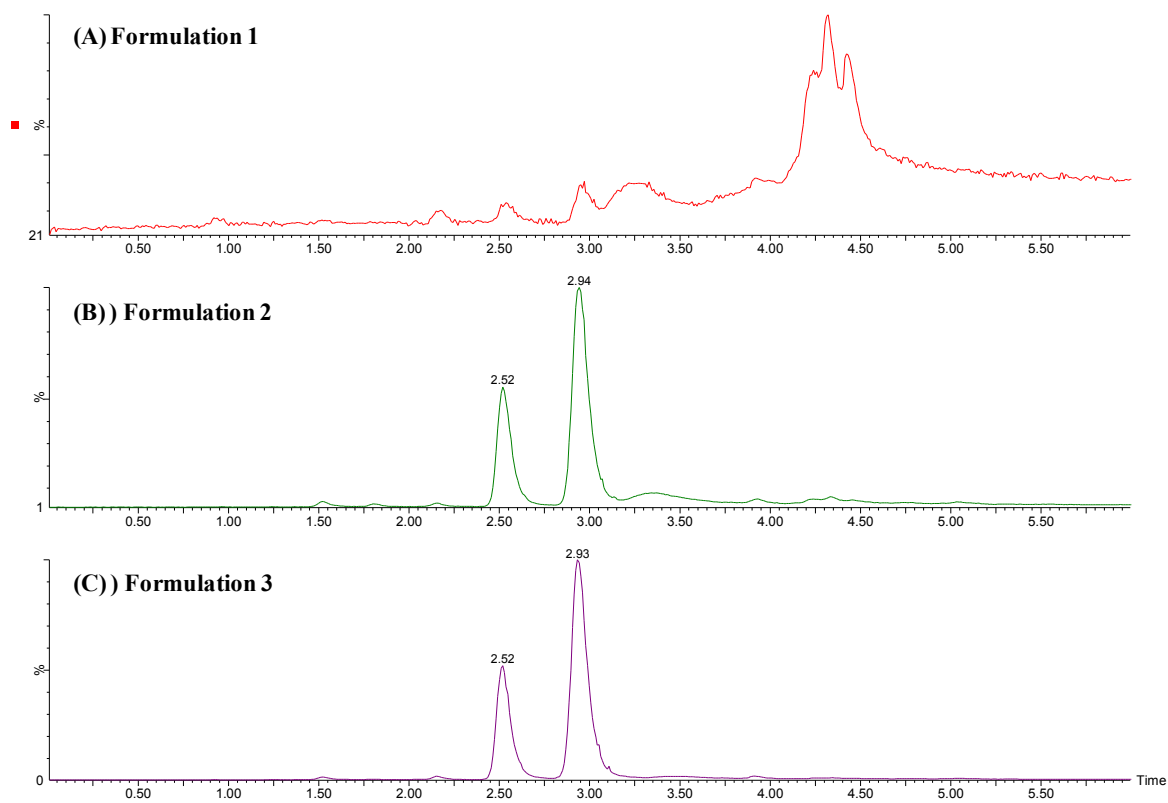


Fig. 5. SFC-MS chromatograms of three different Ban Lan Gen powder formulations.