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Copper Isotope Effect in Serum of Cancer Patients. A Pilot Study.

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4 Lower $^{65}\text{Cu}/^{63}\text{Cu}$ ratios in the serum of colorectal and breast cancer patients relative to healthy
5 individuals have potential diagnostic value.
6

7 **Abstract**

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9 *The isotope effect describes mass-dependent variations of natural isotope abundances for a*
10 *particular element. In this pilot study, we measured the $^{65}\text{Cu}/^{63}\text{Cu}$ ratios in the serums of 20*
11 *breast and 8 colorectal cancer patients, which correspond to, respectively, 90 and 49 samples*
12 *taken at different times with molecular biomarker documentation. Copper isotope compositions*
13 *were determined by multiple-collector inductively coupled plasma mass spectrometry (MC-ICP-*
14 *MS). When compared with the literature data from a control group of 50 healthy blood donors,*
15 *abundances of Cu isotopes predict mortality in the colorectal cancer group with a probability*
16 *$p=0.018$. For the breast cancer patients and the group of control women the probability goes*
17 *down to $p=0.0006$ and the AUC under the ROC curve is 0.75. Most patients considered in this*
18 *preliminary study and with serum $\delta^{65}\text{Cu}$ lower than the threshold value of -0.35‰ (per mil) did*
19 *not survive. As a marker, a drop in $\delta^{65}\text{Cu}$ precedes molecular biomarkers by several months. The*
20 *observed decrease of $\delta^{65}\text{Cu}$ in the serum of cancer patients is assigned to the extensive oxidative*
21 *chelation of copper by cytosolic lactate. The potential of Cu isotope variability as a new*
22 *diagnostic tool for breast and colorectal cancer seems strong. Shifts in Cu isotope compositions*
23 *fingerprint cytosolic Cu chelation by lactate mono- and bidentates. This simple scheme provides*
24 *a straightforward explanation for isotopically light Cu in the serum and isotopically heavy Cu in*
25 *cancer cells: Cu^+ escaping chelation by lactate and excreted into the blood stream is isotopically*
26 *light. Low $\delta^{65}\text{Cu}$ values in serum therefore reveal the strength of lactate production by the*
27 *Warburg effect.*
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36 **A Introduction**

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38 Copper is a micronutrient and a catalytic and structural cofactor of many important enzymes
39 involved in neoplastic tissue differentiation, such as ceruloplasmin, cytochrome oxidase, and
40 superoxide dismutase¹⁻³. Two main routes by which Cu interacts with cancer cells are
41 angiogenesis and hypoxia. While there is little need for angiogenesis in normal tissue, the growth
42 of cm-sized tumors is accompanied by pervasive neovascularization⁴, which secures delivery of
43 oxygen and nutrients to tumor cells. Activation of endothelial cells⁵, which occurs in the early
44 stage of angiogenesis, and of their subsequent proliferation⁶ are both stimulated by copper
45 contained in ceruloplasmin. In the process, copper plays a strong role in the activation of several
46 angiogenic factors, notably VEGF, tumor necrosis factor alpha (TNF- α) and interleukin (IL1)⁵.
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49 A second role of copper in cancer is in hypoxia, a hallmark of human malignancies. HIF-1 α
50 overexpression is associated with increased tumor growth, vascularization, and metastasis^{7,8}.
51 Recent evidence suggests that the expression of certain genes involved in the epithelial-
52 mesenchymal transition (EMT) is influenced by low oxygen levels, with hypoxia helping
53 maintain the stem cell phenotype in cancers in certain niches⁹. Ionic serum copper is known to
54 stabilize the hypoxia-inducible factor HIF-1 α and to upregulate ceruloplasmin under hypoxic
55 conditions¹⁰.
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5 55 Due to its short bulk turnover time in the human body (~6 weeks^{1, 11}), copper is a relevant
6 indicator of rapidly evolving cancers. Anomalously high Cu levels or Cu/Zn ratios were
7 observed in the serum of breast cancer^{12, 13} and serum ceruloplasmin was found to be
8 significantly elevated in advanced stages of solid malignant tumors¹⁴. Ishida et al.¹⁵ demonstrated
9 that increased levels of bioavailable copper promote tumor growth in mice. As a result, reduction
10 of copper and ceruloplasmin using chelates such as tetrathiomolybdate and D-penicillamine¹⁶⁻¹⁸
11 60 has now been approved for cancer treatment. The changes in copper concentrations, however, do
12 not remain amenable to quantitative predictions rooted in robust biochemical processes.

13
14 Some attributes of metals and their natural isotopes as biomarkers stand out. We use the term of
15 biomarker for Cu isotope abundances in the human serum with the assumption that observed
16 ⁶⁵Cu/⁶³Cu variations reflect an altered function of cancer cells relative to normal cells. Unlike
17 65 complex proteins, metals do not degrade over time, regardless of how samples have been stored,
18 which makes timing a less restrictive condition of analytical protocols. However, a significant
19 limitation of markers merely based on metal abundances is that the direction and the intensity of
20 enrichment or depletion of a particular metal in a particular fluid or cellular compartment cannot
21 be quantitatively predicted. This drawback explains the so far modest success of inorganic
22 tracers in medicine. Such a limitation does not exist, however, for isotopic tracers: isotope
23 70 fractionation between coexisting molecules can usually be quantitatively predicted by *ab initio*
24 calculations¹⁹, and this property can be used to assign observed isotopic variability to well-
25 constrained biological reactions.
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29 The structural rationale for investigating natural isotope variability is that, in most cases, heavy
30 75 isotopes are expected to engage preferentially into the most stable bonds with the lowest
31 energy²⁰. The isotope effect reflects that, as required by the Heisenberg uncertainty principle, the
32 vibrational energy of a bond is not allowed to cancel out. As vibrational frequencies, and with
33 them the corresponding energies, decrease when the mass of vibrating atoms increases, bond
34 energies depend on the mass of the binding partners, a property known as the isotope effect²¹.
35 80 Here, we measured the variations in the abundances of the two natural copper isotopes, ⁶³Cu and
36 ⁶⁵Cu, in the serums of colorectal and breast cancer patients. We present results for a longitudinal
37 study of Cu isotopes in the serums of 20 breast cancer patients (90 samples) and 8 colorectal
38 cancer patients (49 samples) recruited into cohorts at Centre Léon Bérard in Lyon, France. The
39 results are combined with more conventional tumor biomarkers to improve the prognostic value
40 of Cu isotopes.
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42 **B Materials and Methods**

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44 The present set of samples does not fit the criteria expected from a cohort but is a subset of
45 samples of frozen serum salvaged from a previous clinical investigation. As control groups, we
46 used the Cu isotope abundances in the serum samples of 22 men and 28 women, aged 18-38,
47 90 analyzed by Albarede et al.²². 18/20 breast cancer patients were diagnosed with invasive ductal
48 carcinomas and 2/20 with invasive lobular carcinomas. Analysis of estrogen or progesterone
49 receptor (ER, PR) and human epidermal growth factor receptor 2 (Her2) amplification is
50 reported with the rest of the data and shows that 11/20 breast cancers are ER+/PR+/Her2-, 2/20
51 are ER+/PR-/Her2-, 3/20 are ER+/PR+/Her2+, 2/20 are ER-/PR-/Her2-, and 2/20 are ER-/PR-
52 /Her+. All colorectal cancer patients were diagnosed with invasive adenocarcinoma and a
53 complete phenotype is not available. Patients for the study were selected from individuals
54 95 attending a routine clinic at the Centre Léon Bérard from 1997 to 2013 at times indicated in
55 Tables 1 and 2 as number of days relative to a common but arbitrary reference date. Informed
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consent was obtained from all the subjects included in the study. The study was approved by the Ethical Committee of the study hospital.

Blood was drawn out in dry test tubes, centrifuged immediately, and the serum freeze-dried and stored in liquid nitrogen. 200 microliters of serum were mineralized on a hot plate in a mixture of nitric acid and hydrogen peroxide and processed on a macroporous anion-exchange resin to separate Cu. The $^{65}\text{Cu}/^{63}\text{Cu}$ ratios were determined on the Nu Instrument multiple-collector inductively-coupled plasma mass spectrometer (MC-ICP-MS) Nu Plasma HR 500 of the Ecole Normale Supérieure in Lyon. Copper contamination by the chemical and mass spectrometric procedures amounted to less than a few percent of the sample and therefore is negligible. The details of the analytical techniques used in the present study are as previously described^{22, 23}.

The conventional delta value $\delta^{65}\text{Cu}$ is used throughout to report the Cu isotope abundances. $\delta^{65}\text{Cu}$ is a dimensionless parameter defined as

$$\delta^{65}\text{Cu} = 1000 \times \left[\frac{(^{65}\text{Cu}/^{63}\text{Cu})_{\text{sample}} - (^{65}\text{Cu}/^{63}\text{Cu})_{\text{ref}}}{(^{65}\text{Cu}/^{63}\text{Cu})_{\text{ref}}} \right] \quad (1)$$

and represents the relative deviation in parts per 1000 (‰) of the $^{65}\text{Cu}/^{63}\text{Cu}$ ratio in the measured sample from its value in reference material NIST SRM 976. Typical external reproducibility on $\delta^{65}\text{Cu}$ at the 95 percent confidence level determined from multiple replicates of serum samples is $\sim 0.05\%$ ²³. Natural variations of $\delta^{65}\text{Cu}$ in inorganic and organic material do not exceed a few per mil.

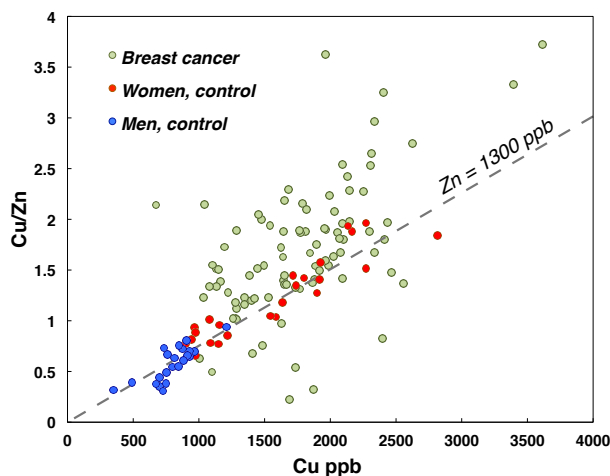


Fig. 1. Cu and Cu/Zn as indicators of breast cancer status (ppm is $\mu\text{g}/\text{kg}$). The control group²² shows a strong correlation, reflecting the tight regulation of Zn concentrations in the body ($x/y=\text{Zn}$). Zinc in the serums of breast cancer patients seems to be more variable, usually lower, relative to healthy subjects.

C Results

The analytical data are given in **Tables 1 and 2** together with phenotype and available biomarker information. We first plotted the two widely used indicators of breast cancer status, serum Cu (x) and Cu/Zn (y), against each other (**Fig. 1**). The control group²² shows a strong correlation, which reflects the tight regulation of Zn concentrations in the body ($x/y=Zn$). Women have more Cu and higher Cu/Zn than men²². Zinc concentrations in the serum of breast cancer patients seems to be much more variable, usually lower, relative to healthy subjects. Serum from breast cancer patients clearly shows a strong deregulation of both Cu and Zn, but although, on average, Cu/Zn increases above the value for healthy women ($p=0.0006$), there is still a moderate amount of overlap between the two groups.

Each $^{65}\text{Cu}/^{63}\text{Cu}$ measurement of the serum of each patient was handled as an independent measurement (**Fig. 2**). Copper from the serum of both men and women shows marginally distinctive $\delta^{65}\text{Cu}$ values ($p=0.45^{22}$). The difference between $\delta^{65}\text{Cu}$ in the serum of colorectal cancer patients and of combined healthy men and women is more significant ($p=0.018$). Even more remarkable is the difference in $\delta^{65}\text{Cu}$ between breast cancer patients and healthy women ($p=0.004$). We also considered the correlation coefficient between Cu/Zn and $\delta^{65}\text{Cu}$ ($p=0.06$, $n=86$) for pooled cancer breast data and found it non-significant. A non-parametric Kruskal-Wallis test of $\delta^{65}\text{Cu}$ vs Cu/Zn also indicates a poor correlation ($p=0.16$).

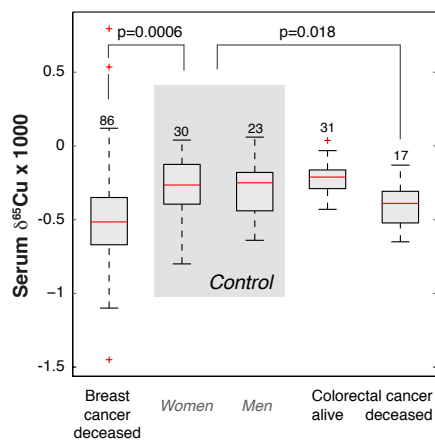


Fig. 2. Whisker plots of serum $\delta^{65}\text{Cu}$ values for healthy men and women compared to breast cancer and colorectal cancer patients. Boxes represent the 75 percent middle quantiles and the whiskers 95 percent quantiles. Red lines: median; red crosses: outliers. Separation between breast cancer patients and healthy women is strong. Separation between breast cancer and colorectal cancer patients and healthy men and women seems to depend on mortality.

None of the 20 breast cancer patients survived. The evolution of $\delta^{65}\text{Cu}$ with time was compared with that of biomarkers, the broadly used CEA (carcinoembryonic antigen²⁴) and CA 19.9 (carbohydrate antigen 19.9^{25, 26}), which at the time of the study were recommended for colorectal cancer, and CA 15.3, recommended for breast cancer²⁷. Plotting $\delta^{65}\text{Cu}$ over time shows that all of these patients but one (breast #2) started out with either low $\delta^{65}\text{Cu}$ values or experienced a strong decline in $\delta^{65}\text{Cu}$ over time (Fig. 3). A $\delta^{65}\text{Cu}$ alarm threshold was adopted at -0.35‰ . The apparent discrepancy for case #2 seems to reflect the long time interval between the end of the $\delta^{65}\text{Cu}$ record and the rise of the other biomarkers (>6 months), i.e., a fast evolution of the pathology. Because of the smaller number of patients and their distribution as men and women, a similar conclusion cannot be reached for colorectal cancer. Three out of four female patients and two of the four male patients with colorectal cancer had survived at the time of writing. The $\delta^{65}\text{Cu}$ of the surviving patients remained normal, i.e., high with respect to non-surviving patients.

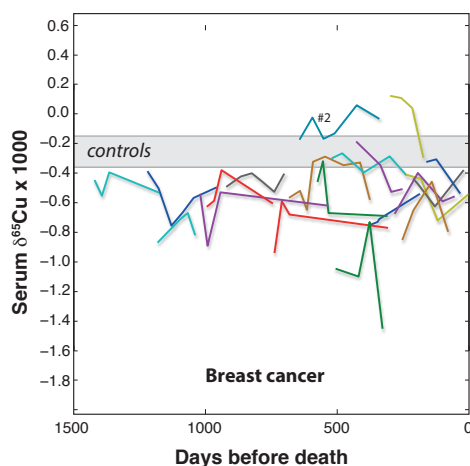


Fig. 3. Evolution of serum $\delta^{65}\text{Cu}$ for the 20 breast cancer cases up to patient death. Each line represents a different patient with color used for differentiation purposes. The limits of the grey-shaded band (controls) were taken from Fig. 2.

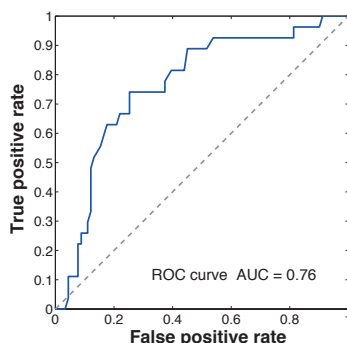
D Discussion

Copper isotope abundances and diagnostic

We explored whether $\delta^{65}\text{Cu}$ could be relevant to cancer diagnostics by comparing the $\delta^{65}\text{Cu}$ values in the serums of the 28 women in the control group and of the 20 deceased breast cancer patients. Survival is here the ‘gold standard’. A weak point of the sample set is that the control group is not completely age-matched (18-38) with the cancer patient group. For the reasons discussed hereafter, this is probably not a serious drawback for the present study. The incidence of cancer tends to be higher for the elderly and Jaouen *et al.*²⁸ found that the total blood $\delta^{65}\text{Cu}$ of woman older than 55 was lower than for younger women. Van Heghe *et al.*²⁹ made a similar observation between postmenopausal and menstruating women. However, 16/20 of the breast cancer patients were younger than 55 at the time of diagnostic. Whether menopause would be a

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4 175 primary cause for a $\delta^{65}\text{Cu}$ shift in serum is unclear. It is well established that the prevalence of
5 anemia increases with age in both men and women³⁰, while erythrocytes account for one third of
6 the total Cu in blood while their $\delta^{65}\text{Cu}$ is up to 1‰ heavy relative to serum²²: the total blood shift
7 in $\delta^{65}\text{Cu}$ observed after the age of 55^{28, 29} therefore cannot be simply extrapolated to serum. The
8 present data also show short-term variations of $\delta^{65}\text{Cu}$ that clearly are unrelated to any age effect.
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10 180 We therefore conclude that if there is an age effect on the potential diagnostic value of $\delta^{65}\text{Cu}$, it
11 is likely to be subordinate.

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13 Receiver Operating Characteristics (ROC) curves (e.g., ref.³¹) weigh the chances of a true
14 positive vs the chance of a false positive and therefore are particularly powerful tools of
15 diagnostic medicine. ROC is the probability of a True Positive decision (*tp*), e.g. that patient
16 deceases with serum $\delta^{65}\text{Cu} \leq \delta^{65}\text{Cu}_c$, or that the $\delta^{65}\text{Cu}$ of a young donor's serum is $\geq \delta^{65}\text{Cu}_c$, vs
17 185 the probability of a False Positive decision (*fp*), e.g., that a patient deceases with serum $\delta^{65}\text{Cu} \geq$
18 $\delta^{65}\text{Cu}_c$, or that the $\delta^{65}\text{Cu}$ of a young donor's serum is $\leq \delta^{65}\text{Cu}_c$. *tp* is also known as the
19 'sensitivity', while $1-fp$ is known as the 'specificity'. The ROC curve is the set of all points
20 calculated for different cutoff values $\delta^{65}\text{Cu}_c$. A widely used test is the area under the ROC
21 curve (AUC), which varies between 0.5 (pure chance) and 1.0 (fully trustworthy test). The most
22 190 reliable cutoff value can also be inferred by different techniques³¹ from the elevation of the ROC
23 curve above the first diagonal. In the present case of breast cancer diagnostic (Fig. 4), AUC is
24 0.76, while the optimum cutoff $\delta^{65}\text{Cu}_c$ value is -0.37‰ . The number of data for colorectal
25 cancer is too small to warrant a significant test, but applying the ROC analysis to discriminate
26 survivors from deceased patients indicates an AUC value of 0.85 and an optimum cutoff value of
27 $\delta^{65}\text{Cu}_c = -0.30$. In the following discussion, we will use a single cutoff value for all patients of
28 $\delta^{65}\text{Cu}_c = -0.35$.
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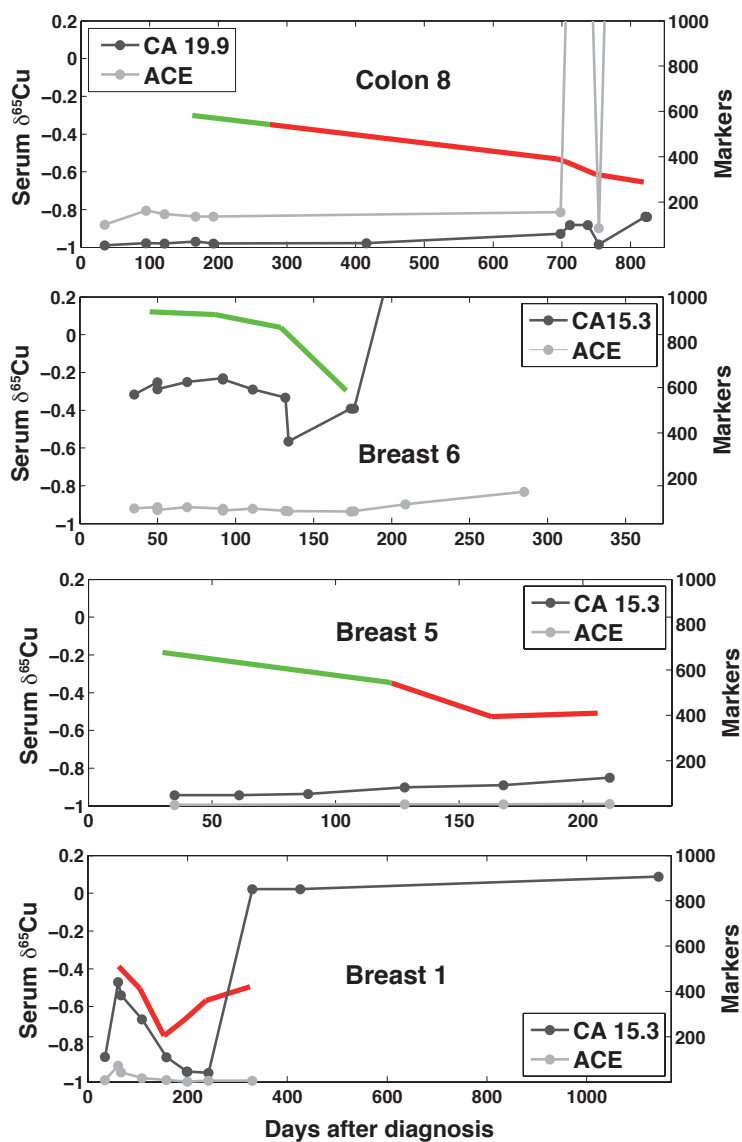


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52 200 *Fig. 4.* Receiver Operating Characteristics (ROC) curve (e.g., ref.³¹) for $\delta^{65}\text{Cu}$ in the serums of
53 cancer patients. The ordinate is the probability of a True Positive decision for a particular cutoff
54 value $\delta^{65}\text{Cu}_c$, and the abscissa the probability of False Positive decision. The ROC curve plots
55 the points for all possible values of the cutoff $\delta^{65}\text{Cu}_c$. The optimum cutoff value for breast cancer
56 is $\delta^{65}\text{Cu}_c = -0.37\text{‰}$. The area under the ROC curve (AUC) may vary between 0.5 (pure chance)
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3 and 1.0 (fully trustworthy test): the value of 0.76 obtained for the present data set supports the
4 worth of $\delta^{65}\text{Cu}$ as a diagnostic tool.
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6 The data further show a number of salient features:
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- 8 1. The serums of all patients who did not survive breast or colorectal cancer, but one, was
9 characterized by protracted periods with serum $\delta^{65}\text{Cu} < -0.35$ (Fig. 3)
10
- 11 2. Low levels of biomarkers, typically less than 30 U/ml, which are taken as a 'negative',
12 are commonly observed even for patients with $\delta^{65}\text{Cu} < -0.35$ (colorectal #3, breast # 3, 4,
13 9, 13-18, 20).
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- 15 3. A decrease of $\delta^{65}\text{Cu}$ typically precedes an increase of the other biomarkers by about 3-6
16 months (Fig. 5). Rapidly decreasing $\delta^{65}\text{Cu}$ should also be considered a negative
17 indication.
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Fig. 5. Early alarm by $\delta^{65}\text{Cu}$. The colors (left axis) highlight the position of the serum Cu isotope composition relative to the $\delta^{65}\text{Cu}$ alarm threshold of -0.35‰ (per mil). Molecular biomarkers (right axis): CEA (carcinoembryonic antigen) in dark grey and CA 19.9 and CA 15.3 (carbohydrate antigens) in light grey. These four patients show that a $\delta^{65}\text{Cu}$ drop may lead the increase of biomarkers by several months.

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4 The present study is still at the pilot stage implying that a claim at this time that $\delta^{65}\text{Cu}$ is a
5 reliable biomarker is premature, especially because the age-match is insufficient. Nevertheless,
6 the potential of $\delta^{65}\text{Cu}_c$ as a diagnostic tool for both breast and colorectal cancer appears real.
7 Low $\delta^{65}\text{Cu}$ may help direct attention to an oncologic condition at an early stage, even when
8 225 molecular biomarkers remain within their normal range. The technique is non-invasive and only
9 involves drawing blood following routine laboratory techniques. However small, the leading
10 time of $\delta^{65}\text{Cu}$ with respect to molecular biomarkers may also help the decision process in
11 adapting therapies to a particular patient. Contrary to molecular biomarkers, the integrity of Cu
12 levels and isotope abundances does not spontaneously change in serum samples. As an additional
13 230 benefit, material sampled at earlier stages of the disease may be retrieved and analyzed and
14 legacy biospecimens from biobanks can be entered into broad studies.
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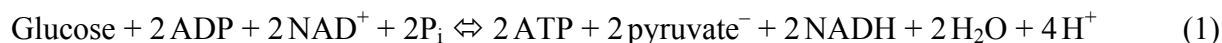
17 *Interpreting Cu isotope abundance shifts*

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19 An interpretation is needed to explain why cytosolic Cu^+ shuttled to ATP7A for excretion into
20 the blood stream is isotopically lighter in cancer patients than in the control group. Copper is
21 235 known to occupy a number of sites in various protein families, but by far the most common Cu-
22 protein bond is with histidine (Cu-N), cysteine and methionine (Cu-S)^{32,33}. Cu-O bonds are less
23 frequent and usually involve sulfate and hydroxide. It is expected that the strength of the bond
24 will increase with ionization energy or electronegativity from S to N and O and therefore that Cu
25 binding with histidine, such as in superoxide dismutase, will be isotopically heavy (high $\delta^{65}\text{Cu}$),
26 240 whereas Cu binding with cysteine, such as in ceruloplasmin, will be isotopically light (low
27 $\delta^{65}\text{Cu}$)²². *Ab initio* calculations of isotope effects for a variety of Cu bonds¹⁹ corroborated this
28 prediction, hence opening up new possibilities for assessing which ligands are involved in the
29 distribution of copper within cells of in-body fluids such as serum.
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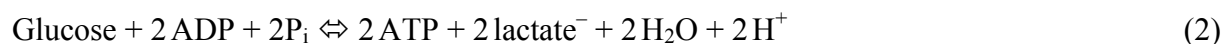
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33 Kinetics potentially interferes with the *rate* at which the endpoint of a reaction will be attained.
34 245 Isotope fractionation down concentration gradients, as invoked for Ca isotope effects^{34,35}, is,
35 however, an intrinsically transient process and should disappear at steady state. Fluxes and
36 masses must be conserved, for both elements and their constituent isotopes, meaning that
37 elements and isotopes cannot indefinitely accumulate in any particular cell or tissue. Inputs and
38 outputs must eventually match each other. An isotope effect can be observed between multiple
39 250 competing outputs, but not between a single input and a single output.
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42 The present data cannot be explained by a simple hematocrit effect, whether shifted by the
43 hypoxic conditions of cancer cells or not. Enhanced erythropoiesis would upregulate superoxide
44 dismutase production (SOD). It would deplete the residual Cu stores normally allocated to
45 ceruloplasmin production and make them isotopically lighter. However, considering the 0.7 to
46 255 1‰ difference in $\delta^{65}\text{Cu}$ between erythrocytes and serum²², the shift observed for $\delta^{65}\text{Cu}$ in patient
47 serum is inconsistent with any viable change in hematocrits.
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49 Having excluded diffusion and hematocrit effects, we will now explore how Cu isotope reflect
50 the tight connection between lactate production, copper redox reactions, and the strong Cu
51 chelation by lactate. Glucose burning (glycolysis) is the primary source of ATP, which is
52 260 achieved by the attachment of inorganic phosphate P_i to adenosine diphosphate (ADP). In
53 normal *aerobic glycolysis* ATP is produced by a set of reactions summarized as follows:
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3 where nicotinamide adenine dinucleotide (NAD⁺) is an ubiquitous electron acceptor. NADH is
4 further re-oxidized at the surface of mitochondrion with consumption of H⁺. In cancer cells, in
5 contrast, pyruvate is used as electron acceptor and aerobic glycolysis is replaced by *anaerobic*
6 265 *glycolysis*:



10
11 a reaction comparable to fermentation and known as the Warburg effect. Excess protons
12 produced by the latter reaction are pumped out of the cell into the blood stream, which decreases
13 270 its pH and greatly favors metastasis.

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15 Lactate is painfully known to long-distance runners for accumulating in the muscles during
16 prolonged strenuous anaerobic activity, but is normally metabolized back to glycogen by the
17 liver after 24 hours. But lactate levels are also observed to be elevated in critically ill patients
18 and correlate well with disease severity^{36, 37}. It has been observed that reduction or inhibition of
19 lactate dehydrogenase, which catalyzes the forward and backward conversion of pyruvate to
20 275 lactate, increases oxidative stress in cancer cells and promotes cellular death³⁸. L-lactate
21 concentrations of about 10 mM or even higher have been observed in the cytosol of cells taken
22 from biopsies of metastatic tumors³⁹. Unfortunately, excretion of lactate from the cytosol into the
23 blood stream being regulated in a complex way by a family of proton-linked membrane transport
24 280 proteins known as monocarboxylate transporters (MCTs)⁴⁰, data on serum lactate cannot easily
25 be used to infer the status of lactate in cancer cells.

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28 L-lactate (*lact*) binds to Cu(II) as Cu-*lact*⁺ and Cu-*lact*₂, and the chelation constants reaches 330
29 and 19,500^{41, 42}, respectively. Chelation is relevant to the present study because *ab initio*
30 calculations¹⁹ indicated that the side hydroxyl renders Cu bound to lactate isotopically heavy,
31 even more so than Cu bound to histidine (Fig. 6). The extent of ⁶⁵Cu preference over ⁶³Cu in Cu-
32 285 *lact*⁺ with respect to Cu engaged into a cysteine bond is more than 1‰, which is very large with
33 respect to most common compounds.
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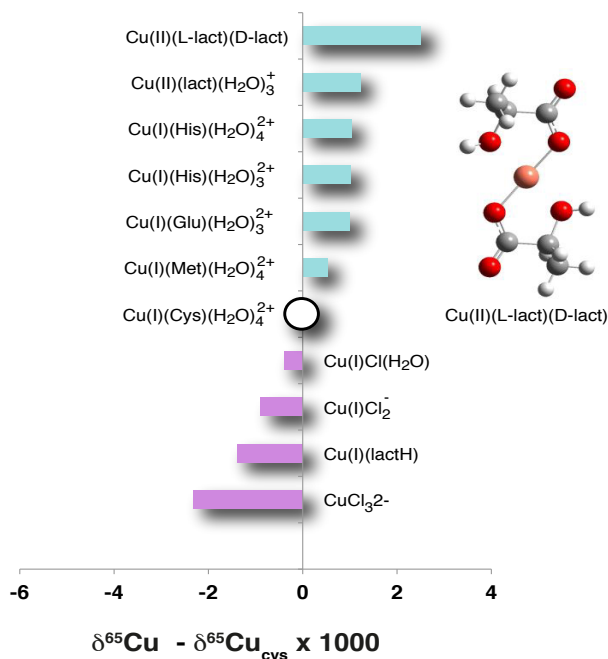
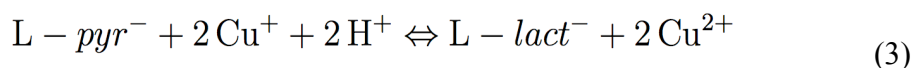
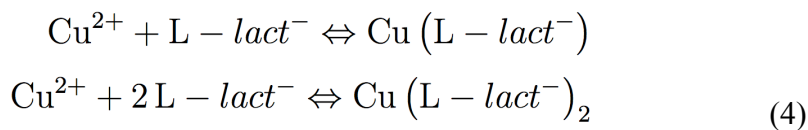


Fig. 6. Relative shift of $\delta^{65}\text{Cu}$ for various Cu(I) and Cu(II) complexes relative to Cu(I) bound to cysteine as predicted by *ab initio* calculations¹⁹. As a rule of thumb, Cu(I) compounds are depleted in ^{65}Cu relative to Cu(II) compounds, while Cu compounds with oxygen and nitrogen are enriched relative to compounds with sulfur. Right: the particularly stable [Cu(II) (L-lact)(D-lact)] complex.

The effect of Cu chelation on Cu isotopes in serum is better understood by first observing that Cu^+ oxidation is a potential source of electrons for pyruvate (*pyr*) reduction to lactate:



Excess H^+ , acidosis, caused by release of respiratory CO_2 , and removal of lactate and Cu^{2+} would, however, drive reaction (3) to the right. This is where Cu chelation becomes important: copper forms unusually stable mono- and bidentate lactate complexes following the reactions:



If lactate is produced faster than it is eliminated in the blood stream, the amount of free Cu^{2+} is strongly reduced by chelation and reaction (3) proceeds to the right, thereby producing even

more lactate. Although pyruvate does not spontaneously reduce to lactate, the lactate Cu^{2+} complexes are therefore strong enough to secure massive cytoplasmic oxidation of Cu^+ to Cu^{2+} and promote the correlative reduction of pyruvate to lactate. To a large extent, oxidative copper chelation by lactic acid mimics fermentation even in a relatively oxic environment. *Oxidative copper chelation* starts being significant at lactate concentrations of 0.1 mMol and is essentially complete at lactate concentrations of 100 mMol. At a lactate concentration of 10 mMol typical of tumor cells³⁹, and under redox conditions typical of the human body, 50-80 percent of total cellular Cu is chelated by lactate (Fig. 7).

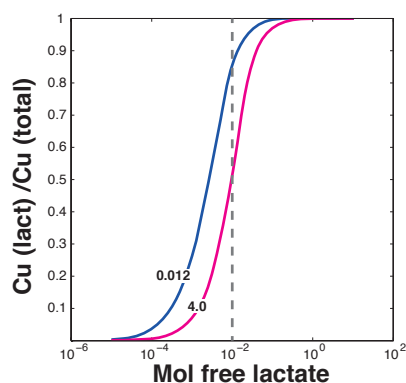


Fig. 7. Proportion of total copper chelated by lactates vs free lactate concentration in the cytosol. The numbers on the curves represent the $\text{Cu}^+/\text{Cu}^{2+}$ ratio for a redox potential of 0.153 V (copper ions)⁴³ in blue and for a body potential of 0.27 V⁴⁴ in red. The vertical dashed line corresponds to a lactate concentration of 10 mMol typical of tumor cells³⁹

Expected shifts of measured $\delta^{65}\text{Cu}$ due to Cu chelation are quite significant, notably low $\delta^{65}\text{Cu}$ in serum due to free Cu^+ escaping chelation in lactate-rich cancer cells and shuttled to ATP7A for export, and the symmetrically elevated $\delta^{65}\text{Cu}$ values in the tissue of hepatocarcinomas relative to healthy liver tissue (Balter et al., PNAS, *in revision*).

Depending on lactic acid chirality, two enantiomers, $\text{Cu}(\text{L-lact})_2$ and $\text{Cu}(\text{D-lact})_2$, and the diastereomer $\text{Cu}(\text{L-lact})(\text{D-lact})$ are present. Increased glyoxalase 1 expression by malignant transformation has recently been emphasized⁴⁵⁻⁴⁸. D-lactate is produced during glycolysis by the detoxification of cytoplasmic methylglyoxal⁴⁹, a cytotoxic α -oxoaldehyde, which is normally disposed of by glutathione in a process regulated by glyoxalases. The DL diastereomer configuration being particularly stable, Cu isotopes therefore have some potential to clarify the processes involved in the glyoxalase pathway.

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Expected Cu isotope signature of therapeutic vs endogenous Cu chelation

330 Copper chelation has been suggested as a therapeutic strategy to act on the pyruvate-lactate system and Cu isotopes may be used to test the mechanisms behind the Warburg effect. Tetrathiomolybdate (TTM and ATN-224, ref.¹⁶) preferentially chelates Cu⁺, which tends to starve cellular Cu uptake and shift cytosolic reaction (2) to the left. TTM counteracts lactate production but meanwhile should also increase H⁺. TTM should therefore help liberate isotopically heavy Cu²⁺ into the blood stream and reverse the $\delta^{65}\text{Cu}$ cancer signal. In contrast, 335 the effect of methotrexate, which has been found to inhibit glyoxylase in acute lymphoid leukemia⁵⁰, and D-penicillamine¹⁸, a strong chelate of divalent metals^{50, 51}, should be opposite to the effect of TTM and enhance the $\delta^{65}\text{Cu}$ cancer signature. The potential of Cu isotopes as an indicator of how patients react to treatments targeting the Warburg effect in all its forms is worthy of further clinical and theoretical work.

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Table 1. Breast cancer: phenotype, biomarkers, and analytical data on serum samples.

Patient #	ID	Age	Phen	SBR	ER	PR	Her2	date	CA15.3	CEA	Cu	Zn	$\delta^{65}\text{Cu}\text{‰}$
1	****990	58	IDL	n.d.	+	+	-	38533	384	45	1493	968	-0.39
								38575	277	18	2089	1477	-0.50
								38624	111	10	1281	678	-0.76
								38666	47	3	1873	5757	-0.67
								38708	42	7	672	314	-0.57
2	****648	37	IDL	3	+	+	-	38796	851	7	1475	740	-0.50
								39238	22	1	1965	1034	-0.17
								39287	35	1	1165	839	-0.03
								39329	33	1	1284	1147	-0.17
								39371	36	1	1220	957	-0.13
3	****474	45	IDL	3	+	+	-	39455	26	1	1001	1595	0.06
								39541	49	2	1626	1667	-0.03
								39009	57	10	1640	1172	-0.57
								39051	26	6	1396	1164	-0.52
								39077	27	3	1345	1097	-0.65
4	****016	59	IDL	2	+	-	-	39100	34	3	1767	1346	-0.32
								39146	18	2	1129	841	-0.29
								39216	20	3	1647	1216	-0.35
								39279	22	4	1422	1168	-0.33
								39316	57	3	1880	1333	-0.58
5	****483	38	IDL	2	-	-	+	39261	130	15	1128	747	-0.30
								39302	130	15	1276	1082	-0.27
								39384	42	13	1145	759	-0.40
								39482	38	12	1079	809	-0.29
								39546	47	13	1105	713	-0.42
6	****757	44	IDL	2	-	-	-	38533	48	6	1731	1304	-0.19
								38625	83	8	2145	1086	-0.35
								38666	93	9	1808	961	-0.53
								38709	126	10	2146	939	-0.51
								39058	624	73	1888	1225	0.12
7	****675	53	IDL	3	-	-	-	39100	642	67	2095	1164	0.11
								39142	363	56	1892	1081	0.04
								39184	508	55	2053	1097	-0.30
								39136	20	1	1844	1105	-0.49
								39191	28	1	2076	1242	-0.42
8	****607	59	ILC		+	+	-	39233	25	1	1985	1284	-0.40
								39275	22	1	1443	954	-0.46
								39318	23	1	2408	1337	-0.53
								39356	21	1	2296	1219	-0.40
								40066	1612	491	1195	692	-0.60
9	****647	48	IDL	3	-	-	+	40094	580	202	1451	709	-0.77
								40101	514	183	1786	829	-0.73
								40255	1239	482	1665	1228	-0.78
								39898	67	1	1860	1355	-0.47
								39919	61	1	1918	1279	-0.35
	39940	45	1	1994	894	-0.69							
	40164	49	1	2032	979	-0.67							

Patient #	ID	Age	Phen	SBR	ER	PR	Her2	date	CA15.3	CEA	Cu	Zn	$\delta^{65}\text{Cu}$ ‰
10	****715	31	IDL	3	+	+	-	39835	1402	340	2092	1067	-0.94
								39863	89	154	1951	1022	-0.59
								39892	214	31	1041	485	-0.68
								40266	121	45	2070	1146	-0.77
11	****341	60	IDL	3	+	-	-	39608	40	5	2128	879	-0.91
								39695	50	5	1961	541	-0.77
								39723	63	5	2554	1863	-0.69
								39751	45	5	2404	740	-0.83
12	****708	62	IDL	2	+	+	+	39884	1013	500	1680	732	-0.54
								39912	1174	617	1649	754	-0.87
				3	+	+	39961	444	572	1539	794	-0.52	
							40371	146	297	2465	1671	-0.54	
13	****160	43	IDL				+	40702	19	1	1482	1967	-0.41
								40759	20	2	1404	2073	-0.44
								40822	29	1	2020	1239	-0.72
								40941	19	1	1531	1243	-0.54
14	****349	49	IDL	3	+	+	+	40788	18	1	1098	2218	-0.44
								40808	21	0	1733	3194	-0.48
								40871	30	1	1279	1253	-0.63
								40980	17	0	1345	1159	-0.38
15	****595	67	ILC	2	+	+	-	38891	13	4	2393	2911	-0.31
								38929	12	4	2334	786	-0.32
								39020	87	6	2309	871	-0.57
16	****145	42	IDL	3	+	+	-	38495	16	19	2332	1392	-1.05
								38582	21	3	1287	1265	-1.10
								38624	16	3	1686	7474	-0.73
								38673	14	9	1623	941	-1.45
17	****006	39	IDL	2	+	+	-	39912	116	33	1640	871	-0.64
								39940	91	28	1770	949	-0.63
								39968	61	23	1637	1005	-0.40
								40163	39	28	1761	932	-0.59
18	****539	54	IDL	3	+	+	-	39850	119	n.d.	1961	1227	-0.45
								39878	97	n.d.	1031	841	-0.57
								39906	23	n.d.	1646	1139	-0.41
								40095	46	n.d.	1258	1225	-0.56
19	****228	49	IDL	3	+	+	-	39163	5200	1500	3394	1019	-0.68
								39251	725	405	1814	866	-0.40
								39345	1240	650	2305	911	-0.59
20	****617	38	IDL	3	+	+	-	39391	5670	1119	3616	972	-0.56
								38853	127	n.d.	2087	822	-0.85
								38895	498	173	2623	954	-0.65
								38965	571	187	2252	990	-0.46
								39027	1430	514	1385	958	-0.80

Age: Age at diagnosis. Phen: Phenotype. IDC: Invasive Ductal Carcinoma. ILC: Invasive Lobular Carcinoma.

ER: estrogen receptor. PR: progesterone receptor. Her2: human epidermal growth factor receptor 2.

CA: carbohydrate antigen. CEA: carcinoembryonic antigen. Cu and Zn in ppb ($\mu\text{g}/\text{kg}$)

Table 2. Colorectal cancer: phenotype, biomarkers, and analytical data on serum samples.

Patient #	Gender	ID	Age	Phen	Surv Stat	date	CA19.9	CEA	Cu	Zn	$\delta^{65}\text{Cu}\%$
1	M	***960	66	LCA	alive	39498	3.8	7.1	1181	1047	-0.11
						40367	4.2	8.9	1121	1331	-0.16
						40609	7.39	11.7	1139	1500	-0.43
						40623	1.74	7.6	1281	1481	-0.33
						40693	1.4	3	1526	1344	-0.18
						40751	1.2	2.4	963	1161	-0.23
2	F	***326	55	LCA	alive	39608	53	n.d.	1673	1350	-0.21
						39728	14.8	1.92	1820	1610	-0.17
						39792	11.23	1.32	1940	1221	-0.28
						40469	2.4	n.d.	1882	1554	-0.28
						40485	13	8	1946	1398	-0.21
						40555	2.4	7.1	1784	1220	-0.17
						40625	3	7.4	2117	1587	-0.15
						40840	429.1	8.8	1556	1460	-0.26
						40861	199	10.6	1073	2060	-0.36
						40903	11.4	76.2	1863	1466	-0.34
3	F	****793	39	LCA	deceased	40375	67.1	94.6	1449	1063	-0.53
						40392	n.d.	28.1	1452	2452	-0.50
						40422	25.3	7.4	1239	1821	-0.33
						40492	18.8	0.94	1193	1276	-0.35
						40555	27	n.d.	1909	1197	-0.49
						40588	18.1	0.36	2363	1618	-0.45
						40630	18.7	0.5	2210	1471	-0.33
						40686	17.7	0.2	2057	1430	-0.39
4	M	***391	63	ACA	deceased	40198	7	0.1	1478	993	-0.13
						40576	206	3.1	1234	1266	-0.14
						40590	125	2.6	1187	1182	-0.38
						40653	138	3.2	1721	1054	-0.30
						40750	163	2.5	1378	1332	-0.25
						40779	303	4	1345	1383	-0.39
5	F	****733	55	LCA	alive	40617	871	4294	1451	1356	-0.28
						40631	586	3587	1685	1571	-0.20
						40715	36	139	1897	1466	-0.25
						40757	15.1	12.4	1749	1302	-0.29
						40855	7.4	1.3	1597	1318	-0.17
						40893	8.3	1.2	2003	1228	-0.39
6	F	****673	62	ACA	alive	40616	39	2.7	1792	1613	0.04
						40644	15	2	1909	1391	-0.03
						40723	8	3.2	1530	1419	-0.27
						40763	11	3.7	1478	1765	-0.21
						40828	8	3.4	2318	1734	-0.09
7	M	****781	63	ACA	alive	40653	292	416.3	1838	1423	-0.18
						40674	292	416	1135	1137	-0.13
						40737	35	51	1568	1680	-0.15
						40779	26	34.46	1697	1493	-0.43
						40954	98	104	968	1291	-0.34
8	M	****290	81	LCA	deceased	40262	137	26	1218	1228	-0.30
						40793	156	61	1428	1386	-0.53
						40807	1720	100	1214	981	-0.55
						40849	86	14	1423	1413	-0.61
						40919	8176	136	1325	1244	-0.65

LCA: Lieberkuhnian adenocarcinoma. ACA: Adenocarcinome on adenoma. Surv Stat= survival status. Other: see Table 1.