**Metallomics** 

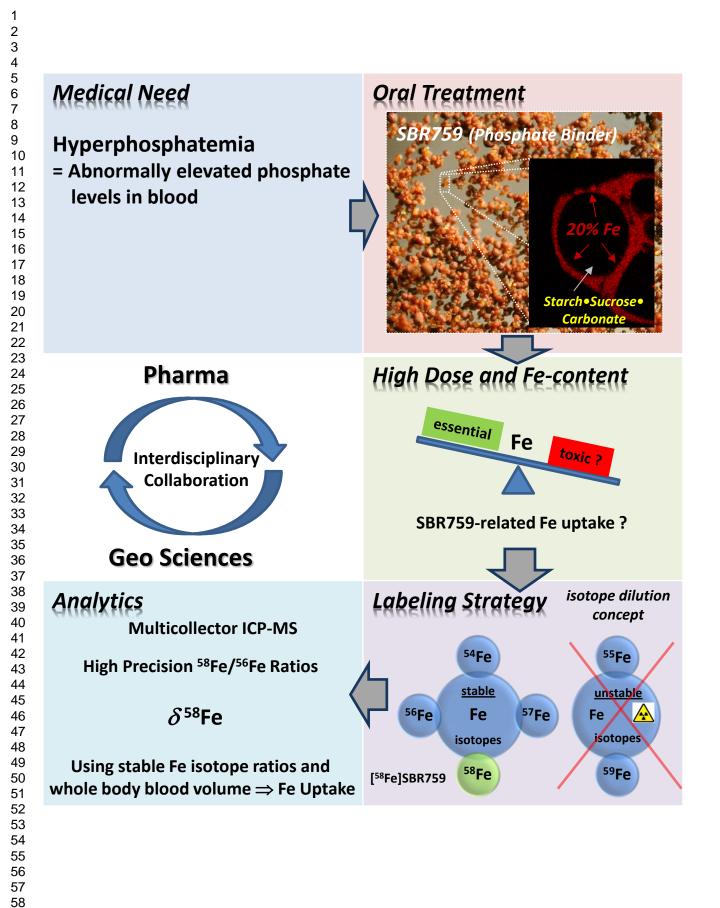


## **Metallomics**

# Iron uptake and ferrokinetics in healthy male subjects of an iron-based oral phosphate binder (SBR759) labeled with the stable isotope <sup>58</sup>Fe

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ter; Novartis Pharma AG, Drug Metabolism & DMPK) / Integrated Drug Disposition (IDD) lovartis Pharma AG, Technical Research & Development (QA) Friedhelm; Helmholtz Centre Potsdam, GFZ German Geosciences; Leibniz University of Hannover, for Mineralogy nholtz Centre Potsdam, GFZ German Research Center ibniz University of Hannover, Germany, Institute for niversity of Bern, Institute of Geological Sciences is Corporation, Novartis Institute for Biomedical anslational Medicine artis Pharma AG, Clinical Science and Innovation Novartis Pharma AG, Chemical and Analytical is Pharma AG, Drug Metabolism & DD/BT
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## Iron uptake and ferrokinetics in healthy male subjects of an iron-based oral phosphate binder (SBR759) labeled with the stable isotope <sup>58</sup>Fe

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SBR759 is a novel polynuclear iron(III) oxide-hydroxide starch sucrose carbonate complex being developed for oral use in chronic kidney disease (CKD) patients with hyperphosphatemia on hemodialysis. SBR759 binds inorganic phosphate released by food uptake and digestion in the gastro-10 intestinal tract increasing the fecal excretion of phosphate with concomitant reduction of serum phosphate concentrations. Considering the high content of ~ 20% w/w covalently bound iron in SBR759 and expected chronic administration to patients, absorption of small amounts of iron released from the drug substance could result in potential iron overload and toxicity. In a mechanistic iron uptake study, 12 healthy male subjects (receiving comparable low phosphorus-containing meal typical for CKD 15 patients:  $\leq 1000 \text{ mg phosphate/day}$  were treated with 12 g (divided in 3 × 4 g) of stable <sup>58</sup>Fe isotopelabeled SBR759. The ferrokinetics of [58Fe]SBR759-related total iron was followed in blood (over 3 weeks) and in plasma (over 26 hours) by analyzing with high precision the isotope ratios of the natural iron isotopes <sup>58</sup>Fe, <sup>57</sup>Fe, <sup>56</sup>Fe and <sup>54</sup>Fe by multi-collector inductively coupled mass spectrometry (MC-ICP-MS). Three weeks following dosing, the subjects cumulatively absorbed on average  $7.8 \pm 3.2$  mg  $_{20}$  (3.8-13.9 mg) iron corresponding to  $0.30 \pm 0.12\%$  (0.15% – 0.54%) SBR759-related iron which amounts to approx. 5-fold the basal daily iron absorption of 1-2 mg in humans. SBR759 was well-tolerated and there was no serious adverse event and no clinically significant changes in the iron indices hemoglobin, hematocrit, ferritin concentration and transferrin saturation.

#### 25 1 Introduction

Serum phosphate homeostasis is primarily regulated by the body's ability to excrete excess dietary phosphate via the kidney. Patients with chronic renal insufficiency, who have varying degrees renal function, accumulate excess phosphate resulting in 30 a condition known as hyperphosphatemia. First generation, calcium- or aluminum-containing phosphate binders are effective in reducing the absorption of phosphate from the diet, but require large doses and may result in accumulation of calcium or aluminum. Intense research efforts have led to the development 35 of a second generation of potent, calcium and aluminum-free, phosphate binders such sevelamer hydrochloride (HCl) (RenaGel®), a cross-linked poly-allylamine hydrochloride (Blever 1999)<sup>1</sup> or fosrenol<sup>TM</sup>, a lanthanum carbonate compound (D'Haese 2003)<sup>2</sup>. While sevelamer-HCl has proven efficacy it is 40 associated with possible induction of metabolic acidosis and gastrointestinal (GI) side effects (Brezina 2004)<sup>3</sup>. In addition, sevelamer-HCl does not bind phosphate efficiently in an acidic environment. Lanthanum carbonate also demonstrates significant phosphate-binding properties and good efficacy but has also been

- <sup>45</sup> associated with hypercalcemia (Hutchison 2009)<sup>4</sup> (Hutchison 2005)<sup>5</sup> (D'Haese 2003)<sup>2</sup>. Studies in both rats (Slatopolsky 2005)<sup>6</sup> and humans (Spasovski 2006)<sup>7</sup> have suggested that long-term lanthanum administration carries the risk of blood and tissue accumulation.
- **SBR759** a novel polynuclear iron(III) 50 is oxidehydroxide starch-sucrose carbonate complex designed for oral use to specifically bind with high affinity and excrete inorganic phosphate. SBR759 is an odorless, water-insoluble, slightly sweet tasting powder formulation. The compound was developed with 55 SeBo GmbH, Germany for the treatment of hyperphosphatemia commonly observed in patients with CKD. SBR759 has been shown to be an effective phosphate binder in vivo and shows rapid, selective, and high in vitro binding of phosphate at both highly acidic and neutral pH with phosphate-binding capacity 60 similar to currently available agents (Hergesell 1999a)<sup>8a</sup> (Hergesell 1999b)<sup>8b</sup>. SBR759 lowered serum phosphate concentrations rapidly and to a clinically meaningful extent across a wide dose range with good tolerability (Block 2010)<sup>9</sup>. In Phase II dose titration studies assessing Asian patients requiring 65 hemodialysis, SBR759 demonstrated superior efficacy in phosphate control compared with sevelamer-HCl, an approved

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phosphate binder (Chen 2011)<sup>10</sup> (Fukagawa 2013)<sup>11</sup>. SBR759 is a chemical complex of polymeric nature. It is a novel member of the iron-oxide-hydroxide compound class, which is different from previously described iron-oxide-5 hydroxides such as goethite, akaganéite or lepidocrocite. Even though it resembles ferrihydrite in its characteristics, it is different to ferrihydrite and known iron-oxides-hydroxides as follows: (i) sucrose, carbonate and very likely starch are included in the coordination sphere of the iron atoms and bound to the iron 10 atoms by a coordinative bond; (ii) Mössbauer spectroscopy showed that SBR759 is different to standard iron(III)-oxides. Thus, it can be described formally as polynuclear iron(III) oxidehydroxide starch sucrose carbonate complex and is therefore not a simple mixture of these starting materials. Phosphate binding by 15 SBR759 is accomplished by a ligand exchange mechanism displacing sucrose carbonate or hydroxyl groups, the latter similar to the iron(III) oxide-hydroxide complex described in (Sigg 1980)<sup>12</sup> forming predominantly binuclear bidentate complexes (Parfitt 1975)<sup>13</sup>. The iron in SBR759 is covalently 20 bound to the starch-saccarose complex and is very stable against digestion in the human gastro-intestinal tract (GIT). However, due to the high iron content (~ 20% w/w) of SBR759 and gram quantity doses required for treatment, chronic administration may be accompanied by absorption of iron, released from the iron(III) 25 complex. With chronic treatment often required in patients with chronic kidney disease, absorption of this exogenous iron may result in the potential for iron overload and toxicity. Iron toxicity results when free iron not bound to transferrin (NTBI) appears in the blood, forming labile plasma iron (LPI) and catalyzing the <sup>30</sup> generation of reactive oxygen species (ROS) (Anderson 2007)<sup>14</sup> that can damage tissues. Likewise, generation of ROS in the gut for prolonged periods of time could lead to epithelial cell damage and may facilitate pathogen entry to the organism (Chávez 2007)<sup>15</sup>. In vitro tests have shown that the iron oxides present in 35 SBR759 are not redox-active, a prerequisite for the above mentioned side effects (Novartis, unpublished data).

Nonclinical testing with 59Fe-radiolabeled SBR759 in dogs demonstrated that less than 0.2% of the SBR759-related iron dose was absorbed (Novartis, unpublished data). In order to gain 40 insight into the ferrokinetics and to quantify the extent of SBR759-related iron absorption following oral administration of SBR759, a Phase I clinical study with stable <sup>58</sup>Fe isotope-labeled SBR759 in healthy male subjects was performed. The ferrokinetics of [<sup>58</sup>Fe]SBR759-related total iron was followed in 45 whole blood (over 3 weeks) and in plasma (over 26 hours) by analyzing the isotope ratios of the natural iron isotopes by MC-ICP-MS. Apart from whole blood, plasma was chosen because it comprises a more dynamic compartment concerning the turnover of transferrin-bound iron as compared to red blood cells which <sup>50</sup> are characterized by a 120-day erythrocyte life span in circulation (Walczyk 2005)<sup>16</sup>. Aside from tracing the ferrokinetics and extent of the oral absorption of [58Fe]SBR759-related iron in blood and plasma determined on the change of <sup>58</sup>Fe/<sup>56</sup>Fe-isotope ratios, a possible difference in the <sup>56</sup>Fe/<sup>54</sup>Fe isotope signature 55 between erythrocytes (whole blood) and plasma was measured by MC-ICP-MS in samples collected between 0 and 26 hours post first SBR759 dose. These results are presented in a companion paper that also contain the measured iron concentrations and iron

isotope ratio data used for the present study in an Online Supplement S4 (von Blanckenburg, *submitted*)<sup>17</sup>. This study also provided insight into the applicability of the MC-ICP-MS technique in measuring isotope-labeled iron in human blood and plasma.

#### 2 Materials and methods

## 65 2.1 Selecting iron isotopes to investigate iron uptake in human

Biomarkers such as transferrin concentration and ferritin saturation can be used as clinical indicators as well as the state of iron stores including iron overload. Direct quantification of 70 ferrokinetics was typically obtained through the use of isotope labeled iron compounds. Applying radioactive iron isotopes such as <sup>59</sup>Fe is a very sensitive and a specific approach, but it presents several disadvantages: (1) the radioisotopes <sup>59</sup>Fe and <sup>55</sup>Fe decay *via X-* and/or  $\beta$ -ray emission with physical half-lives of 45 days 75 and 2.7 years, respectively; (2) absorbed iron is not actively excreted from and is salvaged in the human body during hematopoiesis (red blood cell production) which raises ethical concerns exposing human subjects to radioactivity over a long time; (3) formation of unknown impurities due to radiolysis of the 80 drug and therefore radiochemical stability might not be determinable; (4) this is in particular the case for SBR759 which is generally insoluble and has a very complex molecular

(GMP) production of the drug, shipping, administration and analysis requires special precautions, facilities and handling procedures to minimize exposure to radioactivity and crosscontamination; (6) the short physical half-life of 45 days of <sup>59</sup>Fe does not simply allow prolonged synthesis processes under GMP production or keeping retained samples for analysis afterwards;

structure; (5) radiation during the Good Manufacturing Practice

<sup>90</sup> (7) factors contributing to measurement variability have to be minimized as much as possible, and therefore, it is essential that the drug product is labeled homogeneously with the iron isotope by applying GMP production which is extremely difficult to achieve using radioactive iron.

The disadvantages mentioned above can be circumvented by applying the isotope dilution concept using stable iron isotopes, *e.g.* <sup>58</sup>Fe or <sup>57</sup>Fe and determination of isotope ratios by MC-ICP-MS. Many clinical iron uptake studies were conducted in the past using stable iron isotopes and applying the isotope dilution <sup>100</sup> concept, mainly in nutrition research in adults (Whittaker 1989) <sup>18</sup> (Barrett 1992) <sup>19</sup> and children (Janghorbani 1986) <sup>20</sup> (Fomon 1988) <sup>21</sup> (Fomon 1989) <sup>22</sup> (Woodhead 1988) <sup>23</sup> (Walczyk 1997) <sup>24</sup> (Vasquez Garibay 2001) <sup>25</sup>.

## 2.1.1 Selection of stable iron isotope label and degree of labeling

Due to its very low abundance in nature (~ 0.3%), the stable iron isotope <sup>58</sup>Fe was chosen to label SBR759, expecting a high sensitivity and low detection limit of the isotopic label. With the development of highly sensitive MC-ICP-MS instruments <sup>110</sup> (Halliday 1998) <sup>26</sup>, (Jakubowski 2011)<sup>27</sup> a low isotope enrichment can be applied. We estimated that additional enrichment of SBR759 with *approx.* 2.5% <sup>58</sup>Fe would be sufficient to detect changes in the <sup>58</sup>Fe/<sup>56</sup>Fe ratio by MC-ICP-MS with a good signal-to-noise ratio and high precision and accuracy

Table 1

in blood and plasma. Low isotope enrichment reduces: (*i*) the costs for the total amount of iron isotope needed to produce the drug product, and (*ii*) the potential of introducing associated heavy metal impurities which may lead to possible toxicity.

#### 5 2.2 Study design

The clinical part of this open-label study was performed at Covance Clinical Research Unit AG (former Swiss Pharma Contract Ltd.), Allschwil, Switzerland. This study was approved by the Cantonal Ethics Committee and was conducted in accordance with the declaration of Helsinki (1964 and subsequent revisions) and International Conference on Harmonization-Good Clinical Practice guidelines. The analytical investigations on the ferrokinetics and iron uptake of [<sup>58</sup>Fe]SBR759-related iron were not required to be conducted under GLP but were carried out 15 according to available current scientific standards.

#### 2.2.1 Subjects

Twelve (12) healthy male volunteers were enrolled and completed the study (Table 1). All subjects gave written informed consent before participating in the study. Each subject <sup>20</sup> participated in a 21-day screening period (Day -21 to Day -2), a baseline period (Day -1), and a 12 hour dosing period (Day 1, three administrations of 4 g of [<sup>58</sup>Fe]SBR759 each) followed by 3 weeks ambulatory period and a study completion on Day 21.

Healthy, nonsmoking men between 18 and 45 years of age
<sup>25</sup> were enrolled. Subjects with *i*) hematocrit <41%, *ii*) hemoglobin
<13.8 or >17.2 g/dL, *iii*) serum ferritin <20 or >320 ng/mL, *iv*)
transferrin saturation <20%, *v*) reticulocyte count >1.5% or
platelets <100,000/μL, *vi*) history of anemia, hemochromatosis or
other dyscrasia(s), *e.g.* thalassemia, myelodysplastic syndrome, *etc.*, treated or not had to be excluded from the study. A total of
12, iron replete *i.e.*, nonanemic, subjects were recruited. This
population was selected as their propensity for iron absorption
was expected to be similar to that of a CKD patient on dialysis
based on similarities in absorption of therapeutic iron salts
(Skikne 2000) <sup>28</sup>.

#### 2.2.2 Study drug

Stable <sup>58</sup>Fe isotope labeling of SBR759: Research grade <sup>58</sup>Fe-enriched (99.49%) iron was purchased from Isoflex, San Francisco, CA, USA. <sup>58</sup>Fe was completely dissolved in 37% <sup>40</sup> (w/w) aqueous hydrochloric acid at ambient temperature. The resulting aqueous FeCl<sub>2</sub>-solution was filtered and subsequently oxidized by addition of excess of gaseous chlorine. The resulting aqueous <sup>58</sup>FeCl<sub>3</sub> solution was evaporated to dryness yielding <sup>58</sup>FeCl<sub>3</sub> × 6·H<sub>2</sub>O as colorless hygroscopic powder (Tessenderlo <sup>45</sup> AG, Bad Zurzach, Switzerland). <sup>58</sup>FeCl<sub>3</sub> × 6·H<sub>2</sub>O was diluted with commercially available FeCl<sub>3</sub> x 6·H<sub>2</sub>O (Merck, Darmstadt, Germany) to a target <sup>58</sup>Fe content of 2.5%. <sup>58</sup>Fe stable isotope-labeled SBR759 was prepared starting from <sup>58</sup>Fe-stable isotope-labeled FeCl<sub>3</sub> × 6·H<sub>2</sub>O using the same synthesis protocol as for <sup>50</sup> the GMP production of the SBR759 drug substance for human use (Novartis Pharma, AG; Basel, Switzerland).

The drug product (SBR759 <sup>58</sup>Fe Moda Saccharose, iron aqua carbonate hydroxyl-oxo starch sucrose complex (CAS registration No: 1041180-02-2)) contained 20.4% w/w of iron <sup>55</sup> consisting of 5.706% <sup>54</sup>Fe, 89.552% <sup>56</sup>Fe, 2.077% <sup>57</sup>Fe and 2.665% <sup>58</sup>Fe isotopes as determined by MC-ICP-MS.

Subject number	Total [ <sup>58</sup> Fe]SBR759 dose	Body weight	Body height	Total Fe concentration in whole blood		Calculated blood volume <sup>c)</sup>	Total amount of Fe in whole blood	
	(g)	(kg)	(cm)	(ppm) <sup>a)</sup>	(µg/mL) <sup>b)</sup>	(mL)	(mg)	
5101	12.47	71.7	174	460	483	4400	2127	
5102	12.48	97.8	177	490	515	5320	2735	
5103	12.47	86.8	172	450	473	4820	2282	
5104	12.49	84.9	179	470	494	4960	2450	
5105	12.45	57.2	165	500	525	3690	1937	
5106	12.48	78.0	186	460	483	4950	2389	
5107	12.42	79.5	182	460	483	4880	2357	
5108	12.47	59.2	166	460	483	3780	1827	
5109	12.47	67.2	179	450	473	4410	2084	
5110	12.46	102.1	186	490	515	5710	2939	
5111	12.47	97.4	183	510	536	5470	2934	
5112	12.46	81.1	180	510	536	4870	2612	
Mean	12.47	80.2	177	475.8	499.9	4770	2389	
SD	0.017	14.7	7.0	22.7	24.0	620	365	
CV%	0.13	18.3	3.9	4.8	4.8	13.0	15.3	
Range	12.42-12.49	57.2-102.1	165-186	450-510	473-536	3690-5710	1827-2939	

Demographic data, administered [58Fe]SBR759 dose and total

amount of iron in whole blood of each subject at pre-dose (baseline)

a): as determined by ICP-OES in blood collected at 0 h (pre-dose, baseline)

- b): using a blood density of 1.050 g/mL at 37  $^{\circ}\mathrm{C}$  (Geigy Scientific Tables)  $^{34}$
- c): blood volume calculated according to Eq. 12.
- <sup>60</sup> The molar iron isotope ratios <sup>58</sup>Fe/<sup>56</sup>Fe, <sup>58</sup>Fe/<sup>54</sup>Fe, <sup>57</sup>Fe/<sup>54</sup>Fe and <sup>56</sup>Fe/<sup>54</sup>Fe measured by MC-ICP-MS in the [<sup>58</sup>Fe]SBR759 drug product are listed in Table 2 as relative to a the "IRMM-014" iron reference standard (IRMM-014 Fe Standard) <sup>29</sup>. The raw data is reported in Online Supplement S4 (von Blanckenburg, <sup>65</sup> submitted) <sup>17</sup>.

**Table 2**Molar iron isotope ratios of [ ${}^{58}$ Fe]SBR759 drug productdetermined by MC ICP-MS. The iron isotope ratios  ${}^{58}$ Fe/ ${}^{56}$ Fe,  ${}^{58}$ Fe/ ${}^{54}$ Fe ${}^{57}$ Fe/ ${}^{54}$ Fe and  ${}^{56}$ Fe/ ${}^{54}$ Fe were determined by MC ICP MS following Eq. 1relative to "IRMM 014" iron standard  ${}^{29}$ .

	Iron isotope ratios						
	<sup>58</sup> Fe/ <sup>56</sup> Fe	<sup>58</sup> Fe/ <sup>54</sup> Fe	<sup>57</sup> Fe/ <sup>54</sup> Fe	<sup>56</sup> Fe/ <sup>54</sup> Fe			
Iron isotope ratio	0.029761	0.46705	0.363943	15.69313			
Relative error (2 σ; n=3)	0.000034	0.00054	0.000012	0.00030			
CV (%)	0.11%	0.12%	0.032%	0.0019%			

#### 2.2.3 Drug administration

The study drug was provided as open-label medication packaged in sachets each containing a single dose of 4 grams of [<sup>58</sup>Fe]SBR759. Subjects received a total daily dose of 12 g (mean 75  $\pm$  SD, n=12: 12.47  $\pm$  0.017 g; Table 1) which was given in three portions of *approx*. 4 g (range: 4.12-4.17 g), each. Each portion of the study medication was suspended in water and administered by the study center personnel immediately after breakfast (0 h) after an overnight fast of at least 10 hours, thereafter at lunch (4 80 h) and dinner (10 h) on Day 1 of dosing. In order to better replicate the expected clinical conditions in patients with CKD patients who are generally prescribed a low phosphorus diet, the subjects in this clinical trial received standardized low phosphorus meals ( $\leq$  1000 mg phosphate) that excluded: red 85 meat, beans, spinach, citrus fruits or juices during the dosing day.

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The subjects kept their usual diet habits when not domiciled.

#### 2.2.4 Sample collection

Serial blood samples were collected at 0 h (pre-dose; baseline), 6, 12, 16, 22 (Day 1), 26, 34 (Day 2), 106 (Day 5), 250 (Day 11), 5 322 (Day 14), and 490 h (Day 21) post first dose.

In order to minimize hemolysis during Day 1 and Day 2 when several blood withdrawals took place, blood samples were collected *via* a plastic cannula placed in a forearm vein that remained through sampling 26 hours post last dose. For blood <sup>10</sup> sampling at Days 5, 11, 14 and 21 a metallic needle (venipuncture) was used for individual samplings. Blood was collected (0-16 h: 35 mL; 22-490 h: 5 mL) *via* gentle aspiration into special 7.5 mL S-Monovettes<sup>®</sup> for metal analysis containing only small and specified amount of metal impurities (< 50 ng <sup>15</sup> iron/tube; Sarstedt, Germany). These tubes contained about 4-7 µL of a lithium heparin solution corresponding to about 0.1% of the final blood sample volume. After blood collection the tubes were inverted gently several times. Immediately after collection, five aliquots of whole blood were exactly weighed into pre-<sup>20</sup> labeled polypropylene cryotubes and stored at  $\leq$  -20°C.

Plasma was obtained from heparinized blood (0, 6, 12, 16, 22 and 26 h post first dose) by centrifugation at  $2000 \times g$ , at 4°C for 10 min. Plasma was recovered into pre-weighed tubes (S-Monovettes<sup>®</sup> for metal analysis, Sarstedt) and stored at 25  $\leq$  -20°C. Plasma samples which displayed signs of hemolysis were excluded from data analysis.

#### 2.2.5 Sample storage and shipment conditions

After sample collection, blood and plasma samples were frozen and stored at  $\leq$  -20°C until and after analysis in the analytical <sup>30</sup> laboratories. Samples were shipped to analytical laboratories under dry ice to keep them frozen.

#### 2.2.6 Safety of subjects and drug tolerability assessments

Safety of subjects and drug tolerability assessments involved monitoring and recording of all adverse events (AEs) and serious <sup>35</sup> adverse events (SAEs), with their severity and relationship to the study drug; regular monitoring of hematology, blood chemistry; urinalysis; ECG; regular measurement of vital signs; and the performance of physical examinations. The subjects' iron status was monitored by measuring hemoglobin, hematocrit, ferritin and <sup>40</sup> transferrin saturation (Table 3).

**Table 3**Iron toxicity-specific parameters hemoglobin, hematocrit,<br/>ferritin and transferrin saturation (TSAT) measured at screening, baseline<br/>and at Days 11 and 21 in blood of 12 healthy male subjects following<br/>treatment with an oral dose of 12 g ( $3 \times 4$  g) of [ $^{58}$ Fe]SBR759

	Iron toxicity-specific laboratory parameters								
Mean ± SD (range)	Hemoglobin (mmol/L) <sup>a)</sup>		Hematocrit (%)		Ferritin (µg/L)		TSAT (%)		
Screening (Day -21 to Day -2)	9.7 ± 0.52 (9.0 - 10.6)		45.1 ± 2.0 (42.5 - 49.8)		94.6 ± 52.9 (30-217)		$34.6 \pm 11.2$ (20.8 - 54.6)		
Baseline (Day -1)	9.4 ± 0.48 (8.7 - 10.2)		44.0 ± 2.3 (40.6 - 48.7)		86.4 ± 56.4 (28-219)		35.8 ± 19.0 (22.0 - 93.6 <sup>b</sup> )		
Day 11	8.9 ± 0.65 (8.2 - 9.8)		$41.9 \pm 2.4$ (38.4 - 46.2)		$70.5 \pm 43.6$ (28-167)			± 8.9 - 36.9)	
Day 21		0.62 10.1)	41.8 ± 2.8 (37.9 - 47.9)		68.3 ± 54.3 (30-191)		$24.0 \pm 12.5$ (10.5 - 45.2)		
Normal ranges	Lower	Upper	Lower	Upper	Lower	Upper	Lower	Upper	
	8.7	10.9	40.1	51	30	400	16	45	

a): to obtain g/dL divide nmol/L values by 0.6206

b): outlier value: not repeated nor excluded from average and standard deviation calculation.

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### 2.3 Iron isotope determination in blood and plasma

#### 2.3.1 MC-ICP-MS

For stable iron isotope analysis by multicollector ICP-MS and the sample preparation required, we used the protocol described by (Schoenberg 2005)<sup>30</sup>. Detailed modifications of that method and the new developments to allow for measurements of stable iron isotopes in blood and plasma are reported in a companion publication to this study (von Blanckenburg, *submitted*)<sup>17</sup>.

Briefly, iron extraction from blood and plasma was achieved by <sup>55</sup> microwave irradiation treatment with subsequent ion exchange chromatography. Isotope ratios were determined on a Thermo Finnigan "Neptune" Multicollector ICP-MS at the Institute for Mineralogy from the Leibniz University of Hannover, Germany.

#### Iron standard for controlling MC-ICP-MS measurements:

<sup>60</sup> Commercially available "IRMM-014" iron reference material (from EU Institute for Reference Materials and Measurements, Geel, Belgium) was used as "bracketing standard" in measurements (Schoenberg 2005)<sup>30</sup>, and to calculate normalized isotope ratio differences according to (Eq. 1). Iron in the

<sup>65</sup> "IRMM-014" standard is reported to at a molar weight of 55.84515  $\pm$  0.00048 g/mol consisting of the following isotope mass fractions: <sup>54</sup>Fe= 5.845%, <sup>56</sup>Fe= 91.754%, <sup>57</sup>Fe= 2.1192% and <sup>58</sup>Fe= 0.2818%. For MC-ICP-MS measurements, the "IRMM-014" metallic iron standard was dissolved in 0.3 mol/L

 $_{70}$  HNO<sub>3</sub> (Merck KGaA, Darmstadt, Germany). Before use, HNO<sub>3</sub> was distilled until content in iron was < 0.2 ppb (controlled by ICP-OES).

Interference correction of <sup>54</sup>Cr on <sup>54</sup>Fe and <sup>58</sup>Ni on <sup>58</sup>Fe: To avoid artifacts introduced by a high Cr or Ni corrections, Fe <sup>75</sup> isotope analyses with <sup>54</sup>Cr/<sup>54</sup>Fe > 0.1‰ were rejected, while  $\delta^{58/56}$ Fe values of samples with <sup>58</sup>Ni/<sup>58</sup>Fe > 10‰ were rejected from the data sets (von Blanckenburg, *submitted*)<sup>17</sup>.

#### 2.3.2 ICP-OES

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The total iron concentration in blood and plasma was determined <sup>80</sup> by validated inductively coupled plasma optical emission spectroscopy (ICP-OES) on a Varian Vista Pro system (Varian GmbH, Germany). The measurements were carried out using a GMP method (Solvias AG, Basel, Switzerland).

#### 2.4 Data evaluation and equations used

<sup>85</sup> Isotope ratio measurements by ICP-MS never yield absolute ratios. They are affected by a variable instrumental mass bias, the degree of which depends on run conditions. To make the measurements of unknown sample compositions comparable, a reference material of known composition is measured (*meas*)
<sup>90</sup> before and after each sample. In this so-called "bracketing technique" sample ratios are normalized to the nominal (*nom*) value of the reference material. We measured the "IRMM-014" iron reference standard before and after each sample. The normalized <sup>58</sup>Fe/<sup>56</sup>Fe ratio of the sample <sup>58</sup>Fe/<sup>56</sup>Fe<sub>sample</sub> then is:

$${}^{58}Fe/{}^{56}Fe_{sample} = {}^{58}Fe/{}^{56}Fe_{IRMM-014_{mom}} \cdot \frac{{}^{58}Fe/{}^{56}Fe_{sample_{meas}}}{{}^{58}Fe/{}^{56}Fe_{IRMM-014_{meas}}}$$
Eq. 1

As natural variations in the stable isotope composition of an element are usually small, a more convenient reporting of isotope ratios is convention in Isotope Geochemistry. This so-called

delta ( $\delta$ ) notation also accounts for differences in instrumental mass bias, and is used for reporting relative differences in iron isotope ratios between the sample and the reference material. Accordingly, measured  ${}^{58}Fe/{}^{56}Fe$  ratios are reported as  $\delta^{58/56}Fe$ s values and usually multiplied by 1000 to be reported in permil [%] or parts per thousand (1% = 0.1%) according to Eq. 1.

$$\frac{\delta^{58/56} Fe_{sample}}{(\%)} = \left[\frac{\frac{58}{58} Fe^{/56} Fe_{sample}}{\frac{58}{58} Fe^{/56} Fe_{IRMM-014}} - 1\right] \cdot 1000$$
Eq. 2

We use Eq. 1 throughout this paper, but for consistency we also <sup>10</sup> report the  $\delta^{58/56}$  Fe values from Eq. 2 in the Online Supplement S4 (von Blanckenburg, submitted)<sup>17</sup>. By using  ${}^{58}Fe^{,54}Fe$  isotope ratios for calculation, similar ferrokinetics and absorption results are obtained.

The molar amount of absorbed [<sup>58</sup>Fe]SBR759-related iron  $n_{iso}$ <sup>15</sup> is calculated by Eq. 3, derived from (Walczyk 1997)<sup>24</sup>.

$$n_{iso} = n_{nat} \cdot \frac{a_{nat}^{58} - R_{58/56, sample} \cdot a_{nat}^{56}}{R_{58/56, sample} \cdot a_{iso}^{56} - a_{iso}^{58}}$$
Eq. 3

molar amount of iron of natural composition *n*<sub>nat</sub> (calculated with Fe concentration ( $Fe_{conc}$ ) in blood and the atomic weight of natural iron (awt<sub>Fe,nat</sub>) at baseline (t=0 h)a<sup>58</sup>

 $a^{56}_{nat}$ natural isotopic abundance of 56Fe at baseline

 $a^{58}_{iso}$  $a^{56}_{iso}$ isotopic abundance of <sup>56</sup>Fe in SBR759

<sup>58</sup>Fe/<sup>56</sup>Fe ratio relative to "IRMM-014" iron 25 R 58/56. sample standard, calculated using Eq. 1

The atomic weight of iron of natural composition  $(awt_{Fe,nat})$  is calculated for each subject by Eq. 4:

$$awt_{Fe,nat} = m_{54} \cdot a_{nat}^{54} + m_{56} \cdot a_{nat}^{56} + m_{57} \cdot a_{nat}^{57} + m_{58} \cdot a_{nat}^{58}$$
 Eq. 4

atomic weight of <sup>5x</sup>Fe (DeLaeter 2003) <sup>31</sup> 30 m<sub>5x</sub>

a<sup>5x</sup>nat natural abundance of  ${}^{5x}$ Fe (x= 4, 6, 7 and 8) at baseline The latter is calculated by Eq. 5 and Eq. 6:

$$a_{nat}^{56} = \frac{1}{1 + R_{54/56,nat} + R_{57/56,nat} + R_{58/56,nat}}$$
Eq. 5
$$a_{nat}^{5x} = a_{nat}^{56} \cdot R_{5x/56,nat}$$
Eq. 6

<sup>35</sup> 
$$R_{5x/56,nat}$$
 <sup>5x</sup>Fe/<sup>56</sup>Fe ratio relative to "IRMM-014" iron standard according to Eq. 2, measured at baseline (x= 4, 7 and 8).

The abundances of the iron isotopes in SBR759  $(a^{5x}_{iso})$  are calculated by Eq. 7 and Eq. 8:

$$a_{iso}^{56} = \frac{1}{1 + R_{54/56,iso} + R_{57/56,iso} + R_{58/56,iso}}$$
 Eq. 7

$$a_{iso}^{5x} = a_{iso}^{56} \cdot R_{5x/56,iso}$$
 Eq. 8

$$R_{5x/56,iso}$$
 <sup>5x</sup>Fe/<sup>56</sup>Fe ratio relative to "IRMM-014" iron standard according to Eq. 2 of SBR759 (x= 4, 7 and 8).

The molar amount of absorbed [<sup>58</sup>Fe]SBR759-related iron ( $n_{iso}$ ) 45 can be converted to the amount of adsorbed iron in mg  $(m_{iso})$  by Eq. 9:

$$m_{iso} = n_{iso} \cdot awt_{Fe,iso} \cdot 1000$$
 Eq. 9

The atomic weight of iron in SBR759 ( $awt_{Fe,iso}$ ) is calculated by Eq. 10:

$$awt_{Fe,iso} = m_{54} \cdot a_{iso}^{54} + m_{56} \cdot a_{iso}^{56} + m_{57} \cdot a_{iso}^{57} + m_{58} \cdot a_{iso}^{58}$$
 Eq. 10

Due to the long life span of erythrocytes ( $\sim 120$  days), the total amount of absorbed [58Fe]SBR759-related iron can be determined 14 days (or if more conservative 21 days) after the administration. Since not all of the absorbed [58Fe]SBR759-55 related iron is incorporated into erythrocytes, an incorporation factor  $(f_{inc})$  is included (Walczyk 1997)<sup>24</sup>. According to (Bernat 1983)<sup>32</sup>, 70-90% of absorbed [<sup>58</sup>Fe]SBR759-related iron is incorporated into erythrocytes. Therefore,  $f_{inc}$  will be set to the mean value of 80%. The final, absolute amount of absorbed  $_{60}$  [<sup>58</sup>Fe]SBR759-related iron  $m_{abs}$  is calculated by Eq. 11:

$$m_{abs} = \frac{m_{iso}}{f_{inc}}$$
 Eq. 11

We note that during intestinal absorption light isotopes are preferred by mass-dependent isotope fractionation. For European male omnivores this fractionation amounts to a shift in the <sub>65</sub> <sup>58</sup>Fe/<sup>56</sup>Fe ratio by a factor of 0.9985 (von Blanckenburg 2013) <sup>33</sup>. As this shift is negligible when compared to the shifts in <sup>58</sup>Fe/<sup>56</sup>Fe introduced by [58Fe]SBR759, we ignore this absorption effect.

The blood volume (BV; in mL) is calculated by Eq. 12 (Geigy Scientific Tables 1984) <sup>34</sup> which is based on the body length (L; <sup>70</sup> in cm) and the body mass (*B*; in kg) (Table 1):

$$BV = L \times 28.5 + B \times 31.6 - 2820$$
 Eq. 12

The corresponding plasma volume is calculated by multiplying the calculated blood volume BV with the blood/plasma volume ratio of 0.5769 calculated from Table II in (Davies 1993) <sup>35</sup>.

#### 75 **3 Results and discussion**

#### 3.1 Safety of subjects and drug tolerability assessment

Doses of 12 g <sup>58</sup>Fe-labeled SBR759, divided in three doses of 4 g, each, and administered with a low phosphorus meal, were generally well tolerated by healthy male subjects. There was no 80 serious adverse event reported in the study. The most common adverse events were flatulence, discolored feces, diarrhea, and headache which were mild or moderate and transient. There were no clinically significant changes in laboratory parameters, vital signs, ECGs, or physical examinations over the course of the 85 study. There was no sign of overt or acute iron toxicity as there were no clinically significant changes in laboratory parameters hemoglobin, hematocrit, ferritin and transferrin saturation (TSAT) (Table 3).

The mean TSAT values at Days -1, 11 and 21 were 35.8, 24.3

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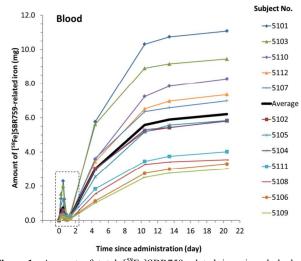
and 24.0% which were in the normal range (16-45%) and distinctly below the toxic limit of 85% leading to labile redox active plasma iron (LPI). It should be noted that an obvious TSAT outlier of 93.6% at baseline (prior to treatment) was *s* reported for subject 5110. This value was not repeated nor excluded from the listing. There was no impact on the mean versus median values, therefore mean values are reported.

There was a trend to numerically lower mean and median hemoglobin, hematocrit, ferritin and TSAT values. These trends <sup>10</sup> were likely due to the volume of blood drawn from subjects in the immediate post dose time period (~ 246 mL) which amounts to ~ 108 mg of iron lost during the first 26 hours of the study and ~ 132 mg iron during the entire study (300 mL × Hct × 1 mg/mL). These losses occurred in the time period after dosing. <sup>15</sup> Hence they are not expected to drive iron absorption as it is expected that the <sup>58</sup>Fe-isotope-labeled-SBR759 would have passed through the proximal small bowel before the blood/iron losses would have stimulated the need to iron absorption. Therefore this is not expected to have an impact on the <sup>20</sup> conclusion of iron absorption from SBR759.

These safety results in healthy volunteers are in agreement with those of three clinical trials in chronic kidney disease patients on hemodialysis (Block 2010)<sup>9</sup> (Chen 2011)<sup>10</sup> (Fukagawa 2013)<sup>11</sup> where SBR759 was well tolerated within the <sup>25</sup> anticipated clinical dose range of 3.75 to 15 g SBR759 per day. No treatment-related serious adverse events were observed nor were there clinically relevant changes in iron indices.

#### 3.2 Ferrokinetics in blood and plasma

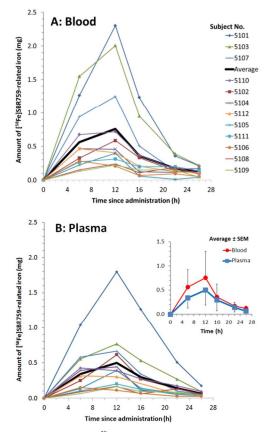
The ferrokinetics of SBR759-related iron in whole body blood of <sup>30</sup> the individual subjects was investigated in the time period from 1 to 21 days (0-490 h) post [<sup>58</sup>Fe]SBR759 dose (Figure 1).



**Figure 1** Amount of total [<sup>58</sup>Fe]SBR759-related iron in whole body blood collected between Day 1 and Day 21 post 12 g (3 x 4 g) of <sup>58</sup>Fe]SBR759 dose to 12 healthy male subjects. The amount of total blood iron was determined by MC-ICP-MS. Total blood iron calculation based on <sup>58</sup>Fe/<sup>56</sup>Fe isotope ratios. The time window between 0 and 26 hours (dashed rectangle) is shown enlarged in Figure 2A. Almost identical total blood iron values were calculated by using <sup>58</sup>Fe/<sup>54</sup>Fe isotope <sup>40</sup> ratios (not shown).

In order to monitor the rapid systemic uptake of [<sup>58</sup>Fe]SBR759related iron into the bloodstream, also whole body blood and plasma in the early time window between 0 and 26 hours was investigated (Figures 2A and 2B).

The calculation of total blood iron and plasma iron was based 45 on <sup>58</sup>Fe/<sup>56</sup>Fe isotope ratios. In contrast to blood, plasma <sup>58</sup>Fe/<sup>56</sup>Fe and <sup>58</sup>Fe/<sup>54</sup>Fe ratio values were very high due to the 320- to 590fold lower amount of iron in plasma (adult males: 0.75-1.75 mg/L) (Geigy Scientific Tables 1984)<sup>34</sup>. Within 0-26 h, 50 most subjects reached a first maximum at 12 hours amounting to 0.22 to 2.3 mg in blood (Figure 2A) and 0.15 to 1.8 mg in plasma (Figure 2B). Thereafter, total blood and plasma iron values dropped by about 26 hours to low levels of 0.01-0.22 mg in blood and 0.02 to 0.18 mg in plasma. Comparable to our study, healthy 55 volunteers treated with oral phosphate binders combined with supplemental iron salts reached plasma iron plateaus by about 6 hours following dosing (Pruchnicki 2002)<sup>36</sup>. In our study the ferrokinetic curves were formed out of three single curves related to each of the three consecutive [<sup>58</sup>Fe]SBR759 doses given at 0, 4 60 and 10 hours. The early maximum at approx. 12 hours can be attributed to a transient appearance of transferrin-bound SBR759related iron in blood and plasma. After 26 hours, SBR759-related total blood iron steadily increased, each subject reaching a different plateau between 14 and 21 days (Figure 1). Total 65 SBR759-related blood iron ranged between 3.03 and 11.1 mg revealing high inter-subject variability (CV: 41-104%).



**Figure 2** Amount of total [<sup>58</sup>Fe]SBR759-related iron in whole **blood (A)** and **plasma (B)** during the early time period 0-26 hours post 3 x 4 g [<sup>58</sup>Fe]SBR759 dose to 12 healthy male subjects. The amount of iron in blood and plasma in individual subjects (Inset: average ± SEM in blood and plasma over n=12 subjects) was determined by MC-ICP-MS. Amount of iron calculation based on <sup>58</sup>Fe/<sup>56</sup>Fe isotope ratios. Almost identical total <sup>75</sup> blood and plasma iron values were calculated by using <sup>58</sup>Fe/<sup>54</sup>Fe isotope ratios (not shown).

Apart from the upstream intestinal enterocytes, blood plasma is the primary central compartment for iron absorption since virtually all cells in the organism take up iron from transferrin (the major iron transporter protein: apo-transferrin containing <sup>5</sup> bound iron) (Walczyk 2005)<sup>16</sup>. Iron transport-capacity of transferrin is limited and transferrin-bound iron turnover is relatively short-lived due to the quick transfer of freshly absorbed iron to other tissue compartments, *i.e.*, mainly to the bone marrow for erythrocyte synthesis but also to liver and muscle tissues.

#### 10 3.3 Extent of systemic iron absorption

The absorption of [<sup>58</sup>Fe]SBR759-related iron was investigated in blood samples collected at baseline and compared to those measured 14 and 21 days after administration (Table 4) (Figure 1).

15 Table 4 Calculated amounts of systemically absorbed iron in whole blood of healthy male subjects measured at Days 14 and 21 following oral dosing of 12 g (3 x 4 g) of [<sup>58</sup>Fe]SBR759

Subject	Blood collecte	ed after 14 days	Blood collected after 21 days Calculated amount of absorbed iron			
	Calculated amou	nt of absorbed iron				
	Absolute value	Relative to total iron dose	Absolute value	Relative to total iron dose (%)		
	(mg)	(%)	(mg)			
5101	13.4	0.53	13.9	0.54		
5102	6.8	0.27	7.3	0.29		
5103	11.5	0.45	11.8	0.46		
5104	6.8	0.27	7.3	0.28		
5105	7.0	0.27	7.3	0.28		
5106	3.8	0.15	4.1	0.16		
5107	8.2	0.33	8.7	0.34		
5108	4.3	0.17	4.4	0.17		
5109	3.5	0.14	3.8	0.15		
5110	9.8	0.39	10.4	0.41		
5111	4.7	0.18	5.0	0.20		
5112	8.7	0.34	9.2	0.36		
Arithmetic mean	7.4	0.29	7.8	0.30		
Median	6.9	0.27	7.3	0.29		
Minimum	3.5	0.14	3.8	0.15		
Maximum	13.4	0.53	13.9	0.54		
First quartile (25%)	4.6	0.18	4.9	0.19		
Third quartile (75%)	9.0	0.35	9.5	0.37		
Standard deviation	3.1	0.12	3.2	0.12		
CV (%)	42	41	41	40		

Total blood iron was measured by MC-ICP-MS and applying the <sup>20</sup> stable isotope dilution principle. Assuming that *approx.* 80% of absorbed SBR759-related iron is incorporated into erythrocytes (Bernat 1983)<sup>32</sup>, the amount of absorbed iron ranged from 3.8 mg (subject 5109) to 13.9 mg (subject 5101) at Day 21 following [<sup>58</sup>Fe]SBR759 administration. The arithmetic mean was 7.8 mg <sup>25</sup> which corresponds to about 0.3% of the iron dose in SBR759. Compared to the daily iron uptake of 1 to 2 mg in healthy male adults, a mean uptake of 7.8 mg appears relatively high. An extrapolation of these data to the target CKD patient population is tainted with uncertainties because in contrast to healthy subjects, <sup>30</sup> CKD patients do not absorb orally administered iron salts well (Hörl 2007)<sup>37</sup>.

In a recent iron absorption study (Geisser 2010)<sup>38</sup> with 10 g <sup>59</sup>Fe-radiolabeled PA21 (an iron-based polynuclear iron(III) oxyhydroxide compound), which was administered to CKD patients <sup>35</sup> and healthy volunteers (HVs), the HVs have taken up 8.3 mg iron, and CKD patients 10-fold less (~ 0.8 mg). This malabsorption has been linked to the inflammatory state associated with CKD and up-regulation of hepcidin expression (Hörl 2007)<sup>37</sup> (Andrews 2007)<sup>39</sup>. Although there is a <sup>40</sup> hypothetical risk for local toxicity of SBR759 with chronic administration, the assessment of such a risk is out of scope for this abbreviated trial and is a more appropriate question for chronic toxicology studies in animals and additional clinical testing in the target patient population which would be required <sup>45</sup> prior to health authority approval (Block 2010)<sup>9</sup> (Chen 2011)<sup>10</sup> (Fukagawa 2013)<sup>11</sup>. In addition, considering the low bioavailability of iron from the SBR759 drug substance compared to that expected from therapeutic oral iron supplements (*e.g.*)

ferrous sulfate) which are administered by thousands of patients 50 per day, the risk of ROS-related GIT damage appears minimal.

#### 4 Conclusions

- The results of this Phase I mechanistic iron uptake study provide insight into the potential for iron absorption from a daily dose of 12 g (divided in  $3 \times 4$  g) of [<sup>58</sup>Fe]SBR759 to healthy male subjects.
- The study demonstrated absorption of 0.15 to 0.54% of the total daily administration of [<sup>58</sup>Fe]SBR759-related iron which amounted on average to 7.8 mg; *approx*. 5-fold more than the basal daily iron absorption (1 to 2 mg).
- <sup>60</sup> [<sup>58</sup>Fe]SBR759-related iron transiently appeared in blood and plasma within the first 26 hours post first dose, followed by second later phase in blood ranging over 3 weeks which is characterized by redistribution of [<sup>58</sup>Fe]SBR759-related iron from blood into other relevant iron storage tissue compartments such as bone marrow, liver and muscle.
- In an interdisciplinary collaboration of the pharmaceutical industry with the academic environment in the field of Geosciences, MC-ICP-MS technique was successfully applied for reliably measuring iron absorption and ferrokinetics in human blood and plasma with high specificity, sensitivity, accuracy and precision.

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- Conducted experiments: Kaufmann, van Zuilen, Oelze, Schmid, Stitah.
- *Performed data analysis:* Gschwind, van Zuilen, Oelze, Schmid, von Blanckenburg.
- Wrote or contributed to the writing of the manuscript: Gschwind, Kaufmann, Schmid, Slade, Stitah, Swart, von Blanckenburg.

#### Non-standard abbreviations

CKD: chronic kidney disease; GMP: Good Manufacturing <sup>15</sup> Practice; ICP-OES: inductively coupled plasma optical emission spectroscopy; MC-ICP-MS: multi-collector inductively coupled plasma mass spectrometry.

#### Keywords

SBR759; chronic renal disfunction; phosphate binder; stable iron <sup>20</sup> isotopes; ferrokinetics; iron absorption; MC-ICP-MS; ICP-OES; <sup>58</sup>Fe isotope.

#### **Running title**

Iron uptake after oral doses of [<sup>58</sup>Fe]SBR759 in healthy male subjects

#### **25 Notes and references**

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