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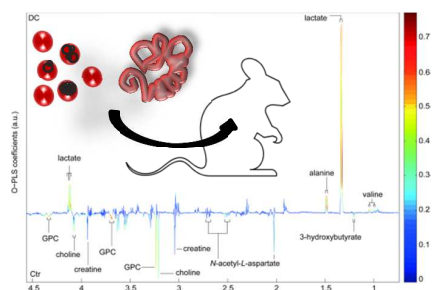
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The purpose of this study was to give a comprehensive insight into the systemic metabolic phenotype of mice with a single or dual infection with *Plasmodium berghei* and *Heligmosomoides bakeri*.

1 **Comparing Systems Metabolic Responses in the Mouse to Single or Dual Infection**  
2 **with *Plasmodium berghei* and *Heligmosomoides bakeri***

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13

14

15 **Abstract**

16 Concomitant infections with *Plasmodium* and gastrointestinal nematodes are frequently  
17 observed in humans. At the metabolic level, the cross-talk between host and multiple  
18 coexisting pathogens is poorly characterized. The purpose of this study was to give a  
19 comprehensive insight into the systemic metabolic phenotype of mice with a single or dual  
20 infection with *Plasmodium berghei* and *Heligmosomoides bakeri*. Four groups of eight NMRI  
21 female mice were infected with *P. berghei* or with *H. bakeri*, or both species concurrently. An  
22 additional group remained uninfected, and served as control. Mice were sacrificed at day 19  
23 of the experiment. We collected samples from liver, spleen, kidney, three intestinal regions,  
24 and four brain regions. All biological samples were subjected to <sup>1</sup>H nuclear magnetic  
25 resonance spectroscopy, combined with multivariate data analysis, to establish metabolic  
26 fingerprints from each tissue from the various infection groups. Compared to uninfected  
27 mice, single and dual species infection models showed unique metabolic profiles. *P. berghei*  
28 exerted major effects on glycolysis, the tricarboxylic acid cycle, nucleotide, and amino acid  
29 metabolism in all studied tissues with the exception of the gut. *H. bakeri* was characterized  
30 by a dysregulation of choline and lipid metabolism in most tissues examined with a  
31 particularly strong imprint in the jejunum. Simultaneous co-infection with *P. berghei* and *H.*  
32 *bakeri* induced the strongest and most diverse effects in the liver and spleen but lead to only  
33 minor changes in the intestinal and cerebral parts assessed. Infection with *P. berghei*  
34 showed more pronounced and systemic alterations in the mice metabolic profile than *H.*  
35 *bakeri* infection. The metabolic fingerprints in the co-infection models were driven by *P.*  
36 *berghei* infection, whilst the presence of *H. bakeri* in co-infections had little effect. However,  
37 simultaneous co-infection showed indeed the least metabolic disruptions in the peripheral  
38 tissues, namely gut and brain.

## 39 Introduction

40 Concomitant infections with *Plasmodium* (the causative agent of malaria) and  
41 helminths (e.g., the two hookworm species *Ancylostoma duodenale* and *Necator*  
42 *americanus*) are commonly observed in human populations, since they are often endemic in  
43 the same warm and humid areas of the world. In sub-Saharan Africa, as many as 25% of  
44 school-aged children are considered to be at risk of co-infection with *Plasmodium falciparum*  
45 and hookworm.<sup>1</sup> Field studies have shown a positive association between hookworm  
46 infection and malaria prevalence, with implications on potential aggravation of clinical  
47 outcomes such as anemia.<sup>2, 3</sup> Although attempts have been made to deepen our  
48 understanding of alterations in the host metabolism due to single species infections in animal  
49 models<sup>4, 5</sup>, the interplay between the host and the two pathogens remains poorly  
50 characterized. The systemic distribution of the malaria parasite throughout the body may  
51 result in a more global effect on the host metabolism; however, localized helminth infections  
52 have also been shown to exert remote effects on the metabolic profile of the mammalian  
53 host.<sup>6</sup>

54 Metabolic profiling, which combines spectroscopic profiling of biological samples with  
55 multivariate data analysis, has enabled the study of dynamic metabolite expression at  
56 various physiological levels over time. This approach, which has adopted predominantly <sup>1</sup>H  
57 nuclear magnetic resonance (NMR) spectroscopy, has been successful in many different *in*  
58 *vivo* and *in vitro* systems, modeling parasitic infections, and has shed new light on intricate  
59 host-parasite interactions. Comparing metabolic data across different rodent-parasite models  
60 suggests that each parasite species induces a unique metabolic fingerprint in the rodent  
61 host.<sup>7</sup> Indeed, the methodology has facilitated our understanding of the global metabolic  
62 effects in rodent models with experimental infections with *Echinostoma caproni*, *Schistosoma*  
63 *mansonii*, *Fasciola hepatica*, and *Plasmodium berghei*.<sup>5, 6, 8, 9</sup> For instance, a study on  
64 biofluids from *P. berghei*-infected mice characterized infection-related decreases in plasma  
65 glucose and glycerophosphocholine (GPC) concentrations, coupled with increased levels of  
66 urinary pipecolic acid, amongst other metabolic disturbances.<sup>5</sup> More recently, the effects of

67 *Plasmodium* infection on murine metabolism were further assessed in urine, serum, liver,  
68 and brain.<sup>10, 11</sup> Sexual dimorphism was evident in the metabolic response to the infection,  
69 indicating that males were less capable of maintenance of serum homeostasis than their  
70 female counterparts.<sup>11, 12</sup> In both cerebral and non-cerebral forms of the disease, a general  
71 down-regulation of glucose and increase of glutamine/glutamate serum and liver levels was  
72 seen, as well as lower levels of choline species in the brain. Hallmarks of cerebral malaria  
73 were manifested in perturbed neural lipid metabolism and also affected the ammonia  
74 detoxification pathway.<sup>10</sup>

75 Thus far, fewer data are available on experimental infections with gastrointestinal  
76 nematodes. *N. americanus* was shown to perturb energy metabolism and to disrupt the gut  
77 microbiota in the hamster, in a study using urine, blood, and worm extracts from infected  
78 hamsters.<sup>4</sup> Depleted glucose levels and increased concentrations of lipid metabolites  
79 characterized infections with this anemia-causing nematode. Unique to the infection, was the  
80 presence of higher amounts of 2-aminoadipate, a metabolite of the kynurenine pathway, in  
81 urine when compared to uninfected control animals.<sup>4</sup>

82 In the present work, we created four different single or co-infection scenarios using the  
83 murine malaria parasite *P. berghei* and the rodent gastrointestinal helminth *H. bakeri*, often  
84 used as a model of hookworm infections.<sup>13</sup> Findings from urine and plasma collected and  
85 analyzed in the framework of the present study have been published elsewhere.<sup>14</sup> In brief,  
86 the urinary profile largely overlapped with those obtained by Li and colleagues in the *P.*  
87 *berghei*-mouse model<sup>5</sup>, that was characterized by elevated pipecolic acid levels and by the  
88 presence of two newly described metabolites, 4-amino-1-[3-hydroxy-5-(hydroxymethyl)-2,3-  
89 dihydrofuran-2-yl]pyrimidin-2(1H)-one and 2-amino-4-([5-(4-amino-2-oxopyrimidin-1(2H)-yl)-  
90 4-hydroxy-4,5-dihydrofuran-2-yl] methyl)sulfanyl)butanoic acid.<sup>14</sup> Infection with *P. berghei*  
91 drove a stronger metabolic response in plasma compared to *Heligmosomoides bakeri*,  
92 indicating malaria caused dysregulation of glycolysis and amino acid metabolism<sup>14</sup>, which is  
93 in line with findings from Li *et al.*<sup>5</sup>

94           The purpose of this study was to provide a comprehensive map of systemic and  
95 localized metabolic dysregulation in mice infected with *P. berghei*, or *H. bakeri*, or both  
96 species concurrently. Findings reported here might provide new metabolic insight into the  
97 implication of co-infection in human populations.

98

## 99 **Materials and Methods**

### 100 Ethics Statement

101 Experiments were carried out to best comply with the 3R rules (i.e. reduce, replace,  
102 and refine) for animal experiments. The present study was approved by the cantonal  
103 veterinary office Basel-Stadt and carried out in accordance with the cantonal and Swiss  
104 national regulations of laboratory animal welfare (permission no. 2081).

105

### 106 Experimental Set-up

107 Detailed information on the study design and experimental procedures have been  
108 described elsewhere.<sup>14</sup> In brief, 40 NMRI female mice aged three weeks were randomly  
109 allocated into five groups of eight animals, and allowed to acclimatize for a week. The five  
110 groups are as follows: (i) *P. berghei* single infection (group P); (ii) *H. bakeri* single infection  
111 (group H); (iii) delayed co-infection (group CD); (iv) simultaneous co-infection (group CS);  
112 and (v) uninfected control (group Ctr). After acclimatization, designated day 0, groups H and  
113 CD were administered 80 infective *H. bakeri* third stage larvae (L<sub>3</sub>) in 150 µl tap water by oral  
114 gavage.<sup>15</sup> On day 15, groups P, CD, and CS were injected  $2 \times 10^7$  erythrocytes, parasitized  
115 with a *P. berghei* ANKA strain (GFP-transfected) at a volume of 0.2 ml intravenously.<sup>16</sup> Group  
116 CS was co-infected with 80 L<sub>3</sub> *H. bakeri* on day 15. All mice were euthanized by spinal  
117 dislocation on day 19. Brain, liver, spleen, right kidney, and sections of colon, ileum, and  
118 jejunum were removed from each mouse. The samples were rinsed in PBS, frozen over dry  
119 ice and stored at -80 °C until shipment to Imperial College London for <sup>1</sup>H NMR spectroscopy  
120 and multivariate data analysis.

121

### 122 Sample Preparation



123 The brains were separated into four parts: (i) frontal cortex; (ii) cerebellum; (iii) brain  
124 stem; and (iv) remaining brain region prior to tissue extraction. The remaining brain region  
125 included midbrain, thalamus, hippocampus, hypothalamus, and the middle regions of the  
126 cerebral cortex. From each mouse (eight per group), one sample from each tissue was  
127 processed and analyzed individually. Tissues were weighed to ~100 mg (liver, right kidney,  
128 spleen, and brain regions) or ~50 mg if the overall volume was smaller (i.e., colon, ileum, and  
129 jejunum) and immediately immersed in a tube containing 400  $\mu$ l ice cold methanol ( $\geq 99.9\%$ ).  
130 For 100 mg tissue, 400  $\mu$ l methanol 100% (4  $^{\circ}$ C, Fluka, Dorset, United Kingdom) were added  
131 to 2 ml screw-cap tubes containing 1 g Zirconia beads ( $\varnothing$  1.0 mm Zirconia beads, BioSpec  
132 Products, Bartlesville, United States of America). Subsequently, 285  $\mu$ l H<sub>2</sub>O (Fluka) and 400  
133  $\mu$ l chloroform (Sigma-Aldrich, Dorset, United Kingdom) were added to 100 mg tissue, or  
134 142.5  $\mu$ l H<sub>2</sub>O and 200  $\mu$ l chloroform were added to 50 mg tissue. Tissues were homogenized  
135 using a bead beater (Precellys 24, Bertin Technologies, Montigny-le-Bretonneux, France) at  
136 6,370 x g for 30 s, followed by centrifugation for 10 min at 18,890 x g (Sigma 1-14  
137 microcentrifuge, Sigma Centrifuges, Osterode am Harz, Germany). The aqueous phases  
138 were carefully transferred into new Eppendorf tubes and dried overnight in a speedvac  
139 (Eppendorf, Hamburg, Germany, program: 1-2 x 30 s at 6,370 x g). Extracts were dissolved  
140 in phosphate buffer (43.8 mM NaH<sub>2</sub>PO<sub>4</sub> and ~ 0.2 M Na<sub>2</sub>HPO<sub>4</sub>, 70% D<sub>2</sub>O v/v, 0.1% sodium 3-  
141 (trimethylsilyl) propionate-2,2,3,3-*d*<sub>4</sub>, pH=7.4), transferred into NMR tubes (NMR sample  
142 tubes, diameter: 4.1 mm, length: 17.78 cm, Wilmad labGlass, Vineland, United States of  
143 America), and stored at 4  $^{\circ}$ C prior to data acquisition.

144

145 <sup>1</sup>H NMR Data Acquisition

146 <sup>1</sup>H NMR spectra were acquired from each tissue extract on a Bruker 600 DRX MHz  
147 spectrometer (Rheinstetten, Germany). A standard 1-dimensional (1D) experiment with a  
148 solvent suppression pulse delay [recycle delay (RD)-90 $^{\circ}$  *t*<sub>r</sub>-90 $^{\circ}$  *t*<sub>m</sub>-90 $^{\circ}$ -acquire free induction

149 decay (FID)] was used.<sup>17</sup> A 2 s long relaxation delay (RD) was applied,  $t_i$  was chosen at 3  
150 ms, and mixing time ( $t_m$ ) set to 100 ms. Water irradiation was achieved during RD and  $t_m$ .  
151 Spectral width was 20.017 p.p.m. and acquisition time for each sample was set to 2.72 s. A  
152 0.3 Hz line broadening factor was applied to the FID, which underwent Fourier-  
153 transformation to obtain spectra of 64 K points resolution. Each sample was scanned 128  
154 times, at a constant temperature of 300 K.

155

## 156 Data Processing and Multivariate Analysis

157 All  $^1\text{H}$  NMR spectra were manually phased and baseline-corrected in Topspin (version  
158 3.1, Bruker, Rheinstetten, Germany), and aligned on sodium 3-(trimethylsilyl) [2,2,3,3- $^2\text{H}_4$ ]  
159 propionate (TSP) at  $\delta$  0.00. The complete spectra were imported into MATLAB (version  
160 7.12.0, R2011a, Matlab, Natick, MA, United States of America). The spectral region  
161 containing the water peak (in all spectra) as well as spectral segments containing peaks from  
162 ethanol and methanol were removed as follows: (i) liver: 1.15-1.20, 3.32-3.39, 3.64-3.69,  
163 4.55-5.20 p.p.m.; (ii) spleen: 4.70-5.12 p.p.m.; (iii) right kidney: 3.35-3.37, 4.35-4.60 p.p.m.;  
164 (iv) colon: 1.15-1.20, 3.31-3.40, 3.64-3.70, 4.55-4.20 p.p.m.; (v) ileum: 3.35-3.37, 4.40-4.45  
165 p.p.m.; (vi) jejunum: 1.17-1.20, 3.35-3.38, 3.64-3.71, 4.54-5.05 p.p.m.; and (vii) brain regions:  
166 4.69-5.50 p.p.m. In addition, median-fold normalization and peak alignment were applied  
167 using in-house developed scripts.<sup>18</sup> In order to identify biomarkers that are discriminating  
168 infection states, orthogonal projection to latent structure-discriminant analysis (O-PLS-DA)  
169 was employed to compare  $^1\text{H}$  NMR spectral data in pairwise fashion between the different  
170 infection groups and the uninfected control mice.<sup>19, 20</sup> O-PLS-DA produces correlation  
171 coefficient plots displaying systematic variation between infection groups. The degree of  
172 significance can be visualized using the color scale, where red stands for high significance  
173 and blue for low significance. The significance cutoff was set at a p-value of 0.05. Back-  
174 scaling of the covariance matrix was implemented to keep the initial spectral structure and

175 enables interpretability of the plots. The O-PLS-DA algorithm includes a 7-fold cross  
176 validation. The higher the cross-validation parameters  $Q^2$ , the more robust the model.  
177 Metabolite identities were determined using in-house databases, statistical total correlation  
178 spectroscopy (STOCSY)<sup>20</sup> to link related peaks, the software Chenomx Profiler (Chenomx  
179 NMR Suite version 7.1, Chenomx, Edmonton, Canada), as well as published literature for  
180 confirmation.

181

## 182 Results

183 Physiological metrics and analysis of mouse weight, blood packed cell volume (PCV),  
184 *P. berghei* parasitemia, and numbers of *H. bakeri* worms upon dissection have been  
185 presented elsewhere.<sup>14</sup> In brief, there was no significant difference between the weight of  
186 mice and blood PCV when comparing all infection groups in a pairwise manner. Similarly, the  
187 presence of the second parasite in the co-infection models did not influence on *P. berghei*  
188 parasitemia or *H. bakeri* worm counts, compared to groups harboring a single infection.

189 The metabolic profiling strategy uncovered infection-related changes in all tissues  
190 assessed. Forty-two different metabolites were found changed by any of the pairwise  
191 infections group comparisons. Comparing the total number of metabolic dysregulation across  
192 the brain, liver, spleen, right kidney, and the intestinal portions, the spleen showed by far the  
193 largest amount of biomarkers of infection (n=132) and generated the most robust statistical  
194 models based on the  $Q^2$  value (metric of predictive ability of the O-PLS-DA model), which  
195 ranged from 0.23 to 0.89 for the spleen but from -0.43 to 0.63 for the intestinal models,  
196 whereby values below 0 indicate that there is no statistical difference in the metabolic  
197 phenotype of the two groups compared. The brain, liver, and kidney manifested a similar  
198 total amount of biomarkers per tissue (n=72, 66, and 60, respectively) and the total intestinal  
199 response resulted in 48 significantly altered metabolites. Among the groups compared, it was  
200 obvious that *P. berghei* was driving the majority of metabolic disruption, as evidenced when

201 any of the groups infected with *P. berghei* (P, DC, and SC) were compared to the remaining  
202 two groups where *P. berghei* was absent (H and Ctr). The fewest metabolic differences  
203 between groups were found in pairwise comparisons of *P. berghei* infection groups, i.e., P  
204 vs. DC; P vs. SC; and DC vs. SC. All candidate biomarkers from the pairwise comparisons  
205 are summarized in Table S1.

## 206 **Liver**

207 The liver metabolite profile was characterized by the presence of glucose and  
208 branched-chain amino acids (Table S1, Fig. 1: all infections vs. control). A trend for  
209 increased glucose levels was observed, for instance, in groups P and DC. Higher glutamate  
210 levels were found in most of the *P. berghei* infection groups across comparisons with the *H.*  
211 *bakeri* single infection and the uninfected control group. The same tendency was found with  
212 lactate, aspartate, and succinate. Groups P and SC (but not DC) elicited higher hepatic  
213 aspartate concentrations than those groups infected solely with *H. bakeri* or the uninfected  
214 controls. All *P. berghei*-infected groups displayed lower adenosine and inosine levels  
215 compared to group H and Ctr, and higher levels of phosphocholine (PC) when compared to  
216 controls. Augmented alanine, leucine, isoleucine, and valine levels were uniquely found in  
217 the two co-infected groups, as compared to the *H. bakeri* single infection or uninfected  
218 control groups, however, not in each comparison involving a co-infection group. The  
219 simultaneous co-infection group displayed lower fumarate levels than all other groups.  
220 Greater amounts of lipids represented *H. bakeri* in groups H and SC.

## 221 **Spleen**

222 The spleen showed a high degree of overlap between metabolic effects due to *P.*  
223 *berghei* and *H. bakeri* infection. While uridine, inosine monophosphate (IMP), and alanine  
224 levels were affected by both parasite species, decreased levels of uracil and inosine were  
225 found in mice infected with *P. berghei* compared to controls or *H. bakeri* mono-infection.  
226 Higher levels of lysine, leucine, isoleucine, valine, tyrosine, and phenoacetyl glycine,

227 aspartate, glutamate, and lactate were discriminatory in all infections with *P. berghei*.  
228 However, these perturbations did not always appear consistently in all comparisons with *P.*  
229 *berghei* vs. uninfected groups. GPC levels were decreased by *P. berghei*, especially in co-  
230 infection groups, while PC and *scyllo*-inositol were specifically depleted in the simultaneous  
231 co-infection model. Reduced levels of *myo*-inositol and betaine were found in mice after  
232 infection with *P. berghei*.

233 Fumarate was consistently and specifically depleted in the spleen of *H. bakeri*-  
234 infected mice, compared to the *P. berghei* single infection group and the uninfected control  
235 mice. Full details are presented in Table S1 and Fig. 1 (all infections vs. control).

### 236 **Kidney**

237 The impact of *P. berghei* single and co-infection on the kidney metabolic profile of  
238 mice was characterized by increased levels of leucine, valine, phenylalanine, tyrosine, and  
239 glutamate (Table S1, Fig. 1: all infections vs. control). Relative concentrations of inosine and  
240 IMP were decreased in the *P. berghei*-infected groups. Choline levels were reduced in renal  
241 tissue by both parasites and no biomarker was identified that was unique to *H. bakeri*  
242 infection.

### 243 **Gut**

244 Generally, the intestinal tissue presented little infection-related metabolic perturbation  
245 (Table S1). Increased tyrosine and inosine were expressed in the colon in the delayed co-  
246 infection model, whilst a depletion of 3-hydroxybutyrate and *myo*-inositol were observed in  
247 the *P. berghei* single infection model. In the ileum, most metabolic perturbations were  
248 observed in the delayed co-infection compared to uninfected controls, as illustrated by an  
249 increase in aspartate, choline, and dimethylamine, amongst other metabolites (Fig. 2: all  
250 infections vs. control).

251           Within the jejunum comparison, group DC presented the most significant change as  
252 compared to all other groups. Increased levels in GPC were found to be specific to the *H.*  
253 *bakeri* infection, across single and co-infection with *P. berghei*. Moreover, succinate and PC  
254 were increased in groups H and CD, although not systematically in all comparisons. The only  
255 specific metabolic dysregulation attributed to *P. berghei* infection in the jejunal tissue was a  
256 depletion of 3-hydroxybutyrate, when compared to controls.

## 257 **Brain**

258           None of the comparisons involving frontal cortex from the control group offered valid  
259 parameters (Fig. 3: all infections vs. control). When compared with the single *H. bakeri*  
260 infection (group H), lactate was found to be increased by *P. berghei* single and *P. berghei-H.*  
261 *bakeri* co-infection (groups P, DC, and SC) in the frontal cortex (Table S1).

262           In the cerebellum, *P. berghei* infection (groups P and DC) induced a decrease in GPC  
263 and IMP compared to uninfected controls. In the brain stem, *P. berghei* as a single infection  
264 triggered a large amount of metabolic changes, compared to uninfected controls and *H.*  
265 *bakeri* single infection. Higher relative alanine, valine, and lactate levels were observed in  
266 both single and delayed co-infections, whereas GPC was found to be lower in mice infected  
267 with *P. berghei* (Fig. 4). In the single infection group, *P. berghei* also caused depleted levels  
268 of adenosine, choline, *myo*-inositol, and *N*-acetylaspartate compared to uninfected controls  
269 and *H. bakeri* single infection. The spectral profile of the remaining brain tissue was  
270 perturbed by both infections. Patent *H. bakeri* infections (groups H and DC) lead to a  
271 systematic increase in fumarate, compared to all other groups.

272

## 273 **Discussion**

274           The aim of the present work was to characterize the systemic impact of co-infection  
275 with two parasitic infections and to determine how a simultaneous or staggered infection with

276 two parasite species influences host metabolic response. Thus we studied the systemic  
277 metabolic perturbations resulting from co-infection with *P. berghei* and *H. bakeri* compared  
278 with single infection models and uninfected control mice.

279 As expected, *P. berghei* generally had a stronger impact on all murine tissues  
280 assessed with the exception of the jejunum, than *H. bakeri*, probably explained by the more  
281 exacerbated pathology associated with malaria infections.<sup>21</sup> Of the three intestinal regions we  
282 examined, only the jejunum was significantly affected by *H. bakeri*. This is consistent with the  
283 fact that the nematode resides in the jejunum<sup>22</sup>, thus one would expect the parasite to exert  
284 its strongest local influence in that intestinal region.

285 Globally, the simultaneous co-infection model produced the strongest response in  
286 spleen and liver metabolism, compared to the other infection models and to the other tissues  
287 examined. It appeared to be, however, somewhat protective of dysregulation caused by *P.*  
288 *berghei* and/or *H. bakeri* in the gut and brain, indicated by relatively less metabolic  
289 perturbation than each single infection. Although each single infection resulted in a strong  
290 statistical model, simultaneous infection of *P. berghei* and *H. bakeri* had the most marked  
291 effect on the spleen both in terms of the model strength and the numbers of discriminatory  
292 metabolites defining the metabolic phenotype of infection, suggesting that simultaneous  
293 impact of the two parasites may cause an enhanced response.

294 Whilst a delayed co-infection induced an extensive metabolic change in the murine  
295 gut, particularly in the ileum, the effects of the simultaneous dual infection were minor and  
296 resembled the metabolic profile of *H. bakeri* single infection. Comparing mice with a  
297 simultaneous co-infection with uninfected control animals for the brain stem, cerebellum,  
298 frontal cortex, and remaining brain regions indicated that there was no significant metabolic  
299 difference between these two groups and that the co-infection had no impact on the cerebral  
300 metabolism. This was in contrast to *P. berghei* single and delayed co-infection groups, where  
301 a range of changes in brain metabolites were observed.

302 Potential protective effects in co-infection have been the subject of intense research  
303 and yet, it is not known what factors are responsible for either protection or increased  
304 susceptibility. However, the metabolic discrepancies between delayed and simultaneous co-  
305 infection described here, indicate that the timing of a super-infection might be a key factor in  
306 disease response to multiple infective agents.

307 The main metabolic pathways affected by *P. berghei* and *H. bakeri*, either as single or  
308 dual infections, were glycolysis, tricarboxylic acid (TCA) cycle, nucleotide, choline, lipid, and  
309 amino acid metabolism. We discuss the observed changes pathway by pathway in the next  
310 paragraphs.

311 It has been widely reported that *P. berghei* impacts strongly on glycolysis across  
312 numerous tissues and is consistent with the fact that *Plasmodium* relies primarily on glucose  
313 and glycolysis for ATP synthesis.<sup>23</sup> Glucose uptake by parasitized red blood cells can  
314 increase over 75-fold compared to uninfected cells.<sup>24</sup> Our results are in line with this  
315 phenomenon; throughout tissues, groups P (*P. berghei* mono-infection) and DC (delayed co-  
316 infection) showed the most pronounced differences regarding glucose and lactate.  
317 Hypoglycemia and lactic acidosis are predictors of fatal malaria outcome.<sup>25-27</sup> This predicted  
318 decrease of lactate, manifested itself more globally in the *P. berghei* infection groups. In the  
319 frontal cortex, brain stem, and remaining brain region, lactate has been found to be  
320 increased in groups P and DC, compared to groups H and Ctr. Only in the frontal cortex,  
321 group SC displayed an elevated lactate level compared to group H. Unlike lactate, alanine is  
322 expressed proportionally to the degree of hypoxia.<sup>28</sup> Alanine was found to be increased in *P.*  
323 *berghei* infection in the brain but also in liver, spleen, and kidney. Surprisingly, increased  
324 levels of lactate and alanine were found in the brain stem, although this region is considered  
325 hypoxia-resistant.<sup>29</sup>

326 The effects on the choline metabolism were widespread across biological  
327 compartments. Spleen PC and GPC levels were lower in animals with simultaneous co-



328 infection compared to single infection models and uninfected controls. One explanation may  
329 be that choline and its intermediates are recruited for both the generation of new cell  
330 membranes to fuel hyperplasia or pro-inflammatory intermediates *via* PC and the arachidonic  
331 acid cascade.<sup>30-33</sup>

332 In the liver, PC was found to be increased in all *P. berghei*-infected mice compared to  
333 uninfected controls, whereas choline increased in the *H. bakeri* single infection model  
334 compared to uninfected control and group DC. Liver lipid fractions were also found to be  
335 higher in groups H and SC compared to controls. The liver is presumably the most important  
336 organ for choline metabolism. One of the roles of the liver is to breakdown choline-  
337 derivatives to restore choline levels to deprived tissues.<sup>31, 34</sup> Choline can be oxidized into  
338 betaine in the kidneys and liver, that can serve as methyl donor for the synthesis of  
339 methionine and homocysteine.<sup>35</sup> Betaine was consistently decreased upon *P. berghei*  
340 infection in these organs, and further illustrates the extent of the disturbance of the choline  
341 metabolism.

342 In the brain, relative concentrations of choline-related metabolites were generally  
343 decreased in *P. berghei* single infection or delayed co-infection. In these infections, choline  
344 depletion occurred in the brain stem and remaining brain region, while GPC was decreased  
345 in the cerebellum, brain stem, and remaining regions. Depletion of GPC has previously been  
346 observed in plasma from *P. berghei*-infected mice.<sup>5, 14</sup> Phosphatidylcholine has been shown  
347 to be directly taken up by the intraerythrocytic stage of *P. falciparum*<sup>36</sup>, which would affect the  
348 normal GPC and choline supply. Decreased GPC levels have been associated with reduced  
349 blood flow<sup>37, 38</sup>, which supports the idea that sequestration may occur in blood vessels of the  
350 brain.

351 The presence of *H. bakeri* increased choline and GPC levels in the jejunum. It is  
352 perhaps not surprising that *H. bakeri* showed a greater impact on the choline metabolism on  
353 its close environment reflecting the parasite differences in the balance between systemic and  
354 localized effects. Increased levels of choline species may indicate a higher consumption of

355 choline-containing compounds, such as PC<sup>6, 31</sup> or degradation of biological membranes since  
356 GPC is an essential membrane component.<sup>39</sup>

357

358 A change in the nucleotide metabolism was observed in every infection model,  
359 especially in the central organs and the brain. In the liver and spleen, *P. berghei* infections  
360 were illustrated by decreases in inosine and adenosine. In addition, the same trend applied  
361 to the pyrimidine derivative uracil, in the spleen. Adenosine is essential in its phosphorylated  
362 forms for energy transfer in many metabolic processes<sup>40</sup> and inosine is an intermediate in  
363 purine degradation or purine salvage pathways.<sup>41</sup> Uracil is an allosteric regulator and  
364 coenzyme in many biological processes such as biosynthesis of polysaccharides and energy  
365 metabolism. The degradation of uracil had been suggested in another *P. berghei* murine  
366 model.<sup>11</sup> Adenosine levels significantly decreased in the cerebellum, brain stem, and  
367 remaining brain tissue in *P. berghei* single infection. Adenosine is a player in many  
368 biochemical pathways within the brain, including signaling pathways, nucleic acid  
369 metabolism, and homeostasis. With neuroprotective functions, it is involved in preventing  
370 brain injury caused by narrowing of vessels caused by stroke.<sup>42</sup> On the contrary, inosine  
371 tended to increase in the brain in the presence of *P. berghei* compared to *H. bakeri* single  
372 infection or uninfected control animals. Inosine suppresses pro-inflammatory cytokines,  
373 particularly IFN- $\gamma$ , TNF- $\alpha$ , and IL-12.<sup>43, 44</sup> The increased inosine in the brain suggests that it  
374 provides a defensive role by preventing injury from congestion of blood vessels by  
375 parasitized red blood cells.

376

## 377 **Conclusions**

378 To our knowledge, this work represents the first attempt to generate comprehensive  
379 data from a range of 10 different tissues in a murine co-infection model. A distinct metabolic  
380 phenotype was found for every infection group. The presence of *H. bakeri* displayed only

381 minimal influence on the gross metabolic effects by *P. berghei*. Overall, *P. berghei* had a  
382 strong and systemic impact on the host's energy metabolism with the liver and spleen  
383 displaying most pronounced metabolic changes. Infection with *H. bakeri* had a more discrete  
384 impact, characterized by fewer but consistent metabolic changes. Most notable changes  
385 were observed in the intestine and on the choline/lipid profile.

386 Comparing the two differently timed dual infections, we have observed that the  
387 simultaneous co-infection shows stronger effects on the metabolism of the central organs  
388 (liver, spleen, and kidney) when compared to the delayed co-infection, but almost no effects  
389 on the metabolism of the gut and brain. The delayed co-infection, however, inflicts significant  
390 metabolic disruption at a more systemic level impacting on both central and peripheral  
391 organs.

392 Although the consequences of co-infections are still subject to debate and  
393 contradiction, the differences found in the two experimental co-infections indicate that the  
394 effects of timing in co-infection warrant further scientific inquiry.

395

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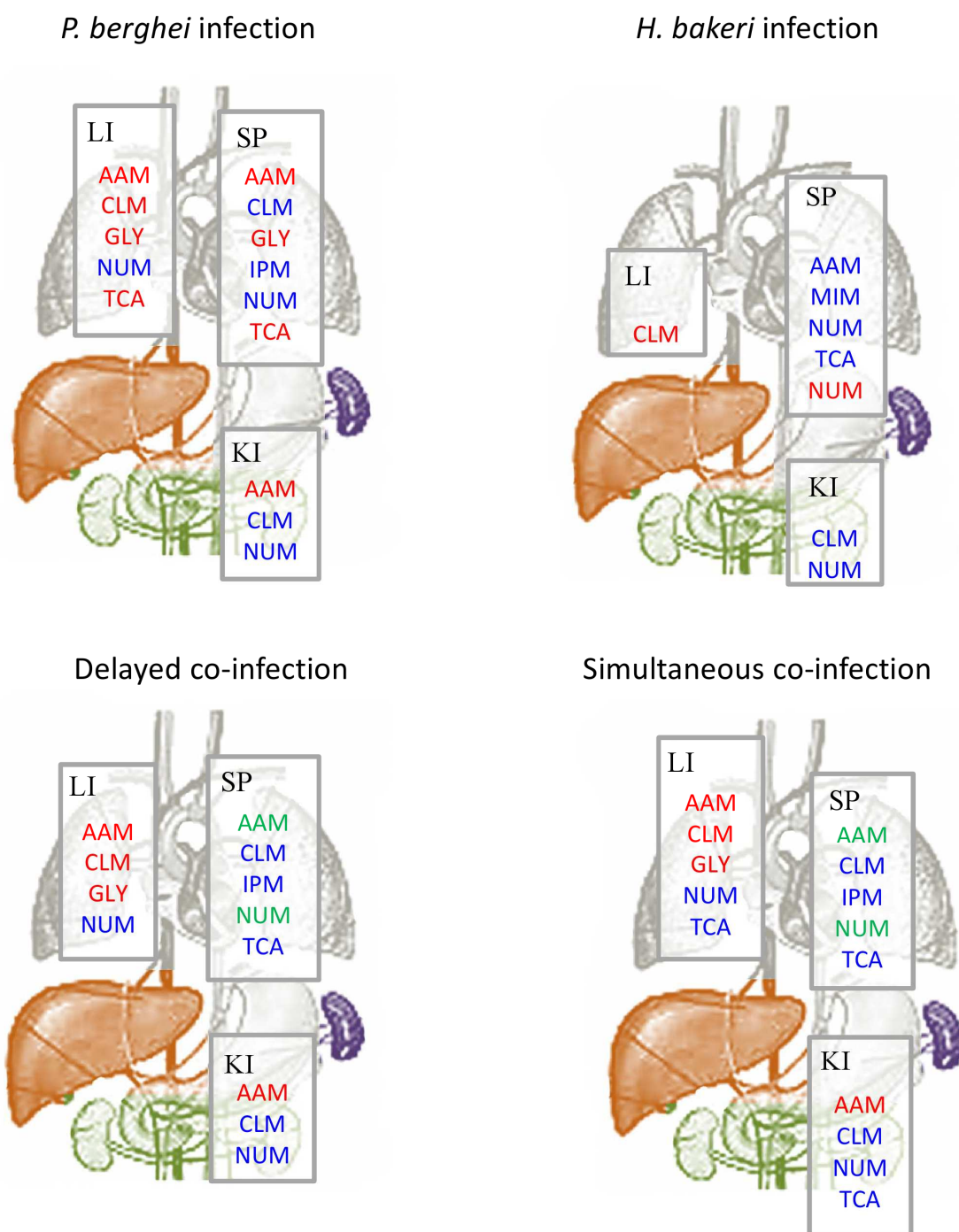
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539

540 **Figures and Figure Legends**541 **Fig. 1**

542

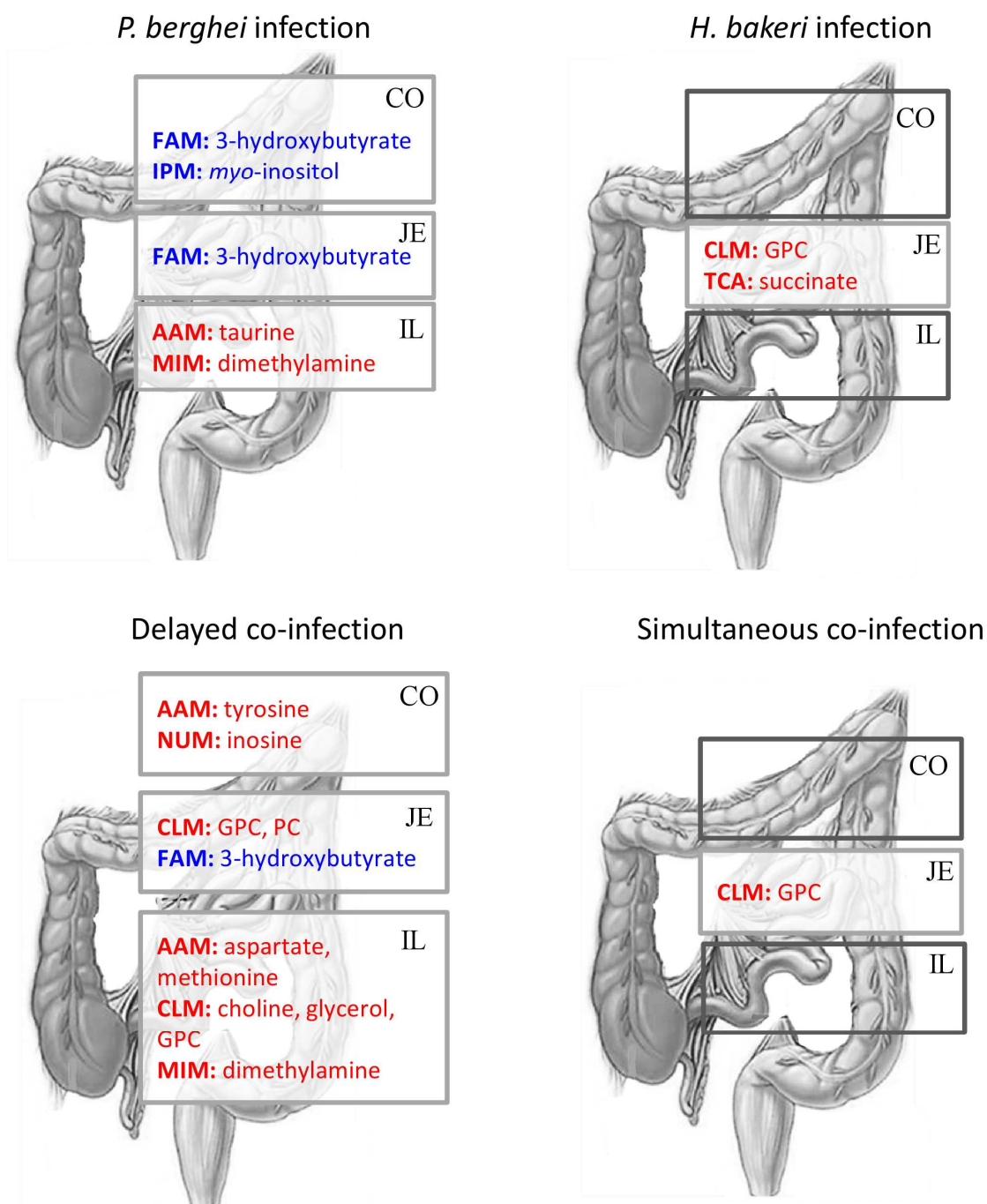
543 **Fig. 1** Metabolic biomarkers recovered in central organs. Metabolic compartments affected in  
 544 central organs upon *P. berghei* or *H. bakeri* single infection, and in two co-infection models.

545 Key: LI: liver; SP: spleen; KI: kidney. **Red**, relatively increased in infected animals when

546 compared to the uninfected control group; **Blue**, relative lower levels in the respective  
547 infection group when compared to the uninfected control group; **Green**, some metabolites  
548 are increased and others decreased due to infection; AAM, amino acid metabolism; CLM,  
549 choline and lipid metabolism; FAM, fatty acid metabolism; GLY, glycolysis; IMP, inositol  
550 phosphate metabolism; NUM, nucleotide metabolism; TCA, tricarboxylic acid cycle.

551

552

553 **Fig. 2**

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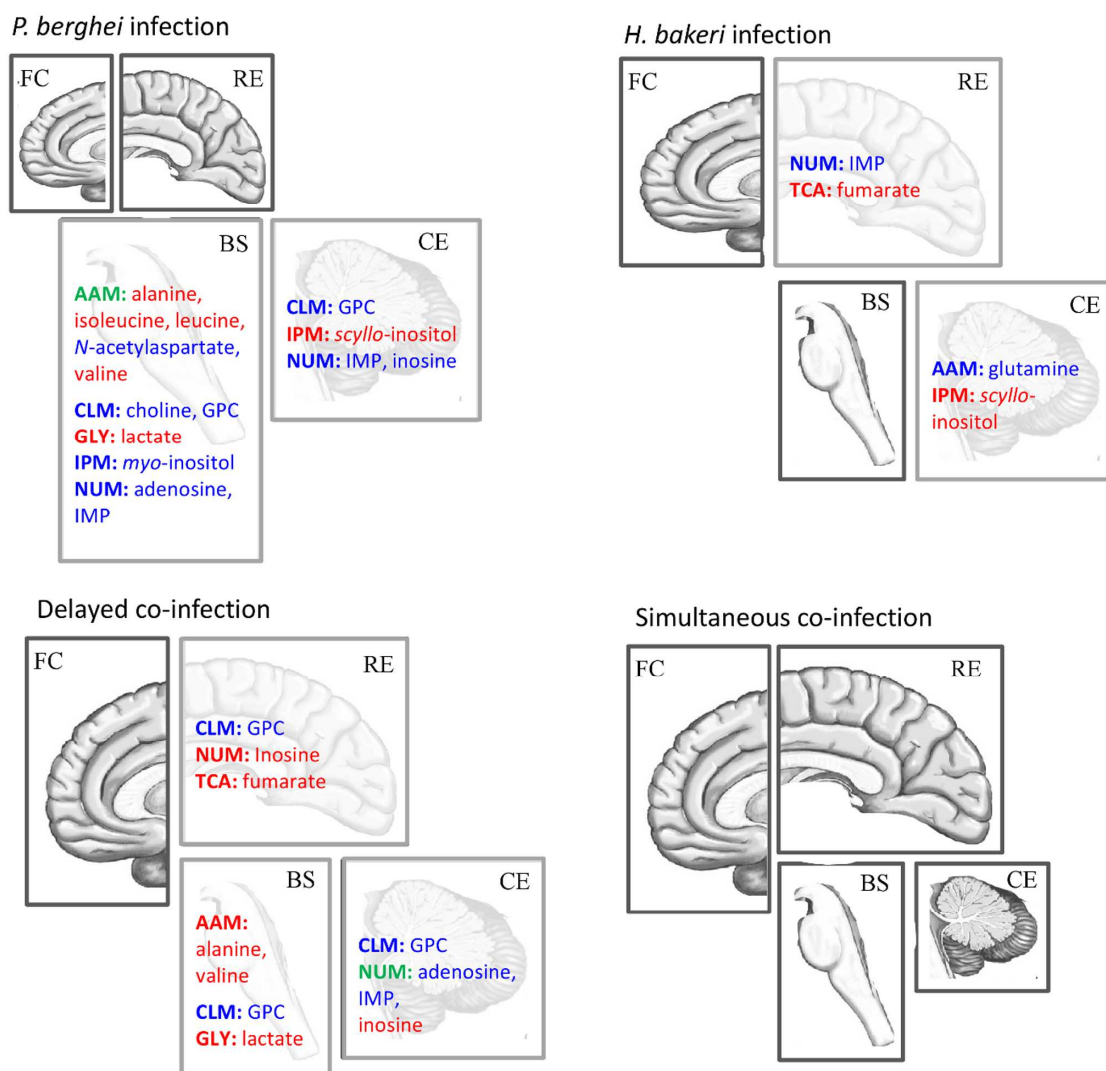
555

556 **Fig. 2** Metabolic biomarkers recovered from three different sections of the gut. Key  
 557 metabolite changes in murine intestinal tissue upon *P. berghei* or *H. bakeri* single infection,  
 558 and in two co-infection models. Key: CO: colon; IL: ileum; JE: jejunum. **Red**, relatively  
 559 increased in infected animals when compared to the uninfected control group; **Blue**, relative

560 lower levels in the respective infection group when compared to the uninfected control group;  
 561 AAM, amino acid metabolism; CLM, choline and lipid metabolism; FAM, fatty acid  
 562 metabolism; MIM, microbial metabolism; NUM, nucleotide metabolism.

563

564 **Fig. 3**

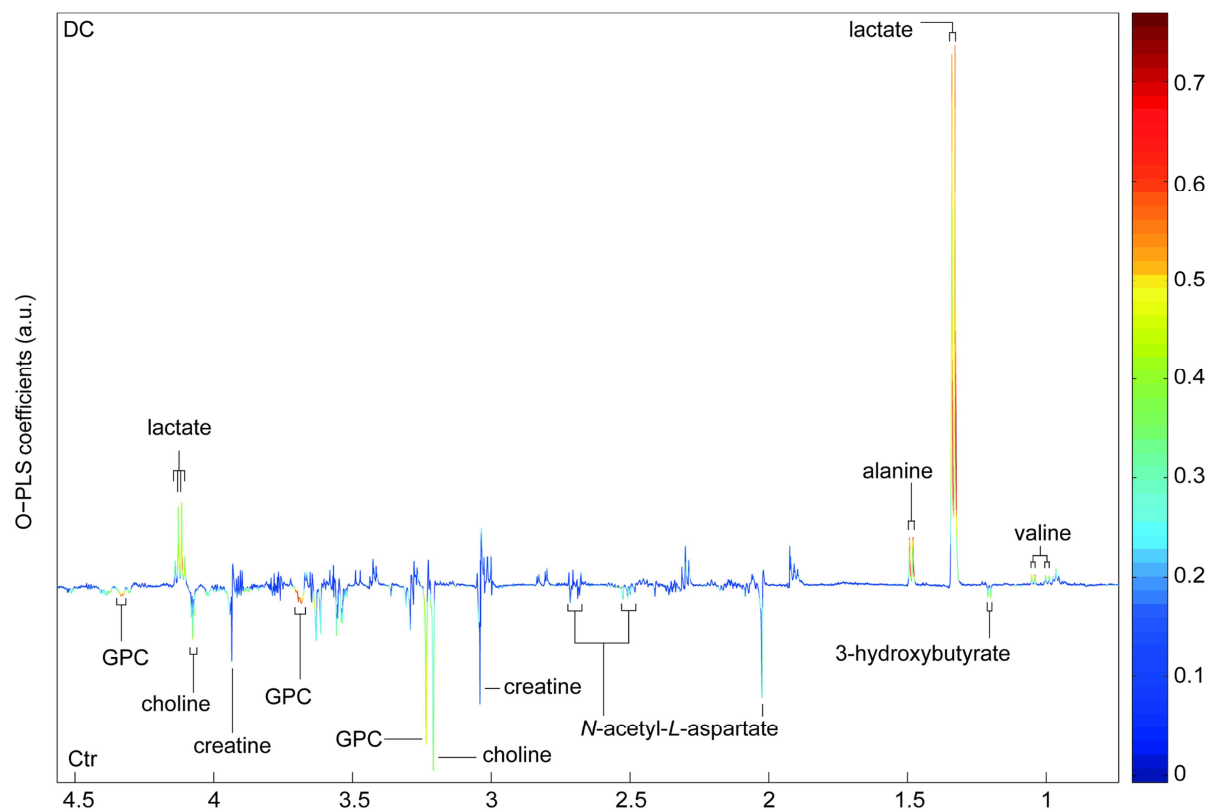


565

566 **Fig. 3** Biomarkers identified across four different brain sections. Main metabolite changes  
 567 occurring in neural tissue from mice differentially infected with *P. berghei* or *H. bakeri*, or in  
 568 two co-infection models. Key: BS: brain stem; CE: cerebellum; FC: frontal cortex; RT:  
 569 remaining tissue. **Red**: relatively increased in infected animals when compared to the control  
 570 group; **Blue**: relative lower levels in the respective infection group when compared to the

571 control group; **Green:** some metabolites are increased and others decreased due to  
 572 infection; AAM, amino acid metabolism; CLM, choline and lipid metabolism; GLY, glycolysis;  
 573 GPC, glycerophosphocholine; IMP, inosine monophosphate; IPM, inositol phosphate  
 574 metabolism; NUM, nucleotide metabolism; TCA, tricarboxylic acid cycle.

575

576 **Fig. 4**

577

578 **Fig. 4**  $^1\text{H}$  NMR-derived brain stem spectrum in delayed co-infection. O-PLS-DA coefficient  
 579 plot of  $^1\text{H}$  NMR data obtained from brain stem extracts in delayed co-infection compared to  
 580 the uninfected control group. Key: a.u., arbitrary units; Ctr, control group; DC, delayed co-  
 581 infection; GPC, glycerophosphocholine. Red represents high significance and blue  
 582 represents low significance.