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1 **Comparative study on edible *Agaricus* mushrooms as functional foods**

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15

16 **Abstract**

17 *Agaricus bisporus* is a cultivated mushroom, *A. bitorquis*, *A. campestris* and *A.*
18 *macrosporus* are edible mushrooms growing wild in nature. A chemical characterization
19 was carried out with samples originated in Serbia. Antioxidant, antimicrobial and anti-
20 quorum sensing properties of their methanolic and ethanolic extracts were assessed. *A.*
21 *campestris* had the lowest caloric value and total sugars content and showed the highest
22 concentration in organic and phenolic acids, as also in tocopherols (mainly γ -
23 tocopherol). In general, the methanolic extracts showed higher antioxidant, but lower
24 antibacterial and antifungal potential than ethanolic ones. Sub-inhibitory concentrations
25 of the ethanolic extracts demonstrated reduction of virulence factors, AQ inhibition
26 zones, twitching and swimming motility. The biofilm forming capability of *P.*
27 *aeruginosa* PAO1 was also reduced in a concentration-dependent manner at sub-MIC
28 values. The extracts of the tested *Agaricus* species are a promising source of
29 antioxidant, antimicrobial and anti-quorum sensing compounds.

30

31 **Keywords:** *Agaricus* spp.; Chemical characterization; Antioxidant properties;
32 Antimicrobial activity, Anti-quorum activity.

33

34 1. Introduction

35 The consumption of wild-growing mushrooms has been preferred to cultivated species
36 in many countries of Europe. About 200 edible species have been collected in various
37 parts of the world.¹ Important edible mushrooms belong to the *Agaricus* genus. *A.*
38 *bisporus* is one of the most economically important edible species and, besides its
39 nutritional value, it is also recognized for the medicinal properties including antitumor,
40 anti-aromatase, antimicrobial, immunomodulatory, anti-inflammatory as well as
41 antioxidant.^{2,3,4,5,6} *A. bitorquis* is an edible white mushroom, similar to the common
42 button mushroom that is sold commercially. It is also commonly known as torq, the
43 banded agaric, spring agaric, or pavement mushroom, as it has been recorded pushing
44 up paving slabs.⁷ The meadow mushroom, *A. campestris*, is a white mushroom that is
45 closely related to *A. bisporus*. In most areas it is a fall mushroom and, as its common
46 and Latin names suggest, it comes up in meadows, fields, and grassy areas, after rains,
47 and having a pleasant taste *A. macrosporus* is known as Horse mushroom and is a
48 stately and impressive species, recognized by its preference for grassy areas and
49 sweetish smell.⁷

50 All these species are easy to recognize and they can be collected in large quantities. The
51 taste and size of their fruiting bodies are important factors for considering these
52 mushrooms as potential important foodstuffs. Although the wild edible mushrooms are
53 commercialized at higher prices than the cultivated species, the majority of the
54 consumers prefer wild mushrooms due to their characteristic flavor and texture. There
55 are many reports on nutritional value of cultivated and wild edible mushrooms from
56 different countries, but no information is available regarding these three wild species
57 from Serbia.

58 Antioxidants play an important role in defending the body against free radicals attack by
59 delaying or inhibiting the oxidation of lipids, DNA or proteins, preventing or repairing
60 the damage to cells.^{3,8} Furthermore, and although the use of antimicrobial agents have
61 been decreasing, the spread and severity of a wide variety of infectious diseases, as also
62 the resistance developed by bacteria and fungi demands new alternatives.⁹ Otherwise,
63 many food products are perishable and require also protection from microbial spoilage
64 during preparation, storage and distribution, in order to guarantee the acceptable shelf-
65 life and organoleptic characteristics.

66 With these concepts in mind, the main focus of this study was to perform the chemical
67 characterization of four *Agaricus* spp. from Serbia, regarding their nutritional value,
68 hydrophilic and lipophilic compounds, as also to evaluate their biological activity
69 (antioxidant, antimicrobial and anti-quorum properties).

70

71 **2. Materials and methods**

72 **2.1. Mushroom species**

73 The material of cultivated *A. bisporus* was bought at local market (Belgrade, Serbia),
74 and wild growing *A. bitorquis*, *A. campestris* and *A. macrosporus* (Avala mountain,
75 Krupanj, Divcibare mountain, respectively) were collected in Serbia, in autumn 2013,
76 and authenticated by Dr. Jasmina Glamočlija (Institute for Biological Research,
77 University of Belgrade, Serbia). A voucher specimen has been deposited at the Fungal
78 Collection Unit of the Mycological Laboratory, Department for Plant Physiology,
79 Institute for Biological Research “Siniša Stanković”, Belgrade, Serbia, under number
80 Abis 12-2013, Abit 45-2013, Acam 23-2013, Amac 33-2013. All the samples were
81 lyophilised (FreeZone 4.5 model 7750031, Labconco, Kansas, USA), reduced to a fine

82 dried powder (20 mesh), mixed to obtain homogenous samples and stored in a
83 desiccator, protected from light, until further analysis.

84

85 **2.2. Standards and reagents**

86 Acetonitrile 99.9%, *n*-hexane 95% and ethyl acetate 99.8% were of HPLC grade from
87 Fisher Scientific (Lisbon, Portugal). The fatty acids methyl ester (FAME) reference
88 standard mixture 37 (standard 47885-U) was purchased from Sigma (St. Louis, MO,
89 USA), as also other individual fatty acid isomers and standards of tocopherols,
90 ergosterol, sugars, organic acids and phenolic compounds, and trolox (6-hydroxy-
91 2,5,7,8-tetramethylchroman-2-carboxylic acid). Racemic tocol, 50 mg/mL, was
92 purchased from Matreya (PA, USA). 2,2-Diphenyl-1-picrylhydrazyl (DPPH) was
93 obtained from Alfa Aesar (Ward Hill, MA, USA). Mueller-Hinton agar (MH) and malt
94 agar (MA) were obtained from the Institute of Immunology and Virology, Torlak
95 (Belgrade, Serbia). Dimethylsulfoxide (DMSO), (Merck KGaA, Germany) was used as
96 a solvent. Phosphate buffered saline (PBS) was obtained from Sigma Chemical Co. (St.
97 Louis, MO, USA). Methanol and all other chemicals and solvents were of analytical
98 grade and purchased from common sources. Water was treated in a Milli-Q water
99 purification system (TGI Pure Water Systems, Greenville, SC, USA).

100

101 **2.3. Chemical characterization of *Agaricus* spp.**

102 **a) Nutritional value**

103 The samples were analysed for their chemical composition (moisture, proteins, fat,
104 carbohydrates and ash) through AOAC procedures.¹⁰ The crude protein content (N
105 $\times 4.38$) of the samples was estimated by the macro-Kjeldahl method; the crude fat was

106 determined by extracting a known weight of powdered sample with petroleum ether,
107 using a Soxhlet apparatus; the ash content was determined by incineration at $600\pm 15^{\circ}\text{C}$.
108 Total carbohydrates were calculated by difference. The energy contribution was
109 calculated according to the following equation: Energy (kcal) = $4 \times (\text{g protein} + \text{g}$
110 $\text{carbohydrate}) + 9 \times (\text{g fat})$.

111

112 **b) Hydrophilic compounds**

113 Sugars. Following the extraction procedure described by [Reis et al.](#)¹¹ free sugars were
114 determined by a High Performance Liquid Chromatography (HPLC) system consisting
115 of an integrated system with a pump (Knauer, Smartline system 1000, Berlin,
116 Germany), degasser system (Smartline manager 5000) and auto-sampler (AS-2057
117 Jasco, Easton, MD, USA), coupled to a refraction index detector (RI detector Knauer
118 Smartline 2300). Sugars identification was made by comparing the relative retention
119 times of sample peaks with standards. Data were analyzed using Clarity 2.4 Software
120 (DataApex, Prague, Czech Republic). Quantification was based on the RI signal
121 response of each standard, using the internal standard (IS, raffinose) method and by
122 using calibration curves obtained from the commercial standards of each compound.
123 The results were expressed in g per 100 g of dry weight.

124 Organic acids. Following the extraction procedure described by [Barros et al.](#)¹² organic
125 acids were determined by ultra fast liquid chromatography (UFLC, Shimadzu 20A
126 series, Kyoto, Japan) coupled with a photodiode array detector (PDA). The organic
127 acids were quantified by the comparison of the area of their peaks recorded at 215 nm
128 with calibration curves obtained from commercial standards of each compound. The
129 results were expressed in g per 100 g of dry weight.

130 Phenolic compounds. Following the extraction procedure described by [Barros et al.](#)¹³
131 phenolic acids and related compounds were determined using the UFLC mentioned
132 above. Detection was carried out in a photodiode array detector (PDA), using 280 nm as
133 the preferred wavelength. The phenolic acids and related compounds were quantified by
134 comparison of the area of their peaks recorded at 280 nm with calibration curves
135 obtained from commercial standards of each compound. The results were expressed in
136 mg per 100 g of dry weight.

137

138 **c) Lipophilic compounds**

139 Fatty acids. Following the extraction transesterification procedures described by [Reis et](#)
140 [al.](#)¹¹ fatty acids were determined using a gas chromatographer (DANI 1000, Contone,
141 Switzerland) equipped with a split/splitless injector and a flame ionization detector
142 (GC-FID). Fatty acids identification was made by comparing the relative retention times
143 of FAME peaks from samples with standards. The results were recorded and processed
144 using CSW 1.7 software (DataApex 1.7, Prague, Czech Republic) and expressed in
145 relative percentage of each fatty acid.

146 Tocopherols. Following the extraction procedure described by [Heleno et al.](#)¹⁴
147 tocopherols were determined by HPLC (equipment described above, for sugars
148 composition), and a fluorescence detector (FP-2020; Jasco, Easton, MD, USA)
149 programmed for excitation at 290 nm and emission at 330 nm. The compounds were
150 identified by chromatographic comparison with authentic standards. Quantification was
151 based on the fluorescence signal response of each standard, using the IS (tocol) method
152 and by using calibration curves obtained from commercial standards of each compound.
153 The results were expressed in μg per 100 g of dry weight.

154

155 **2.4. Extracts preparation**

156 The lyophilized powder (1 g) was extracted by stirring with 40 mL of methanol (25°C,
157 at 150 rpm) for 1 h and subsequently filtered through Whatman No. The residue was
158 then extracted with 20 mL of methanol for 1 h. The combined methanolic extracts were
159 evaporated at 40°C (rotary evaporator Büchi R-210) to dryness. The ethanolic extracts
160 were prepared following the procedure described by Cheng et al.² with some
161 modification. The dry fruiting bodies (1 g) were extracted by stirring with 30 mL of
162 90% ethanol during 48 h at 70°C. The extracts were filtrated and centrifuged to get a
163 clear liquid, and evaporated at 40°C. The extracts were re-dissolved in *a*) the
164 corresponding extraction solvent for the antioxidant activity assays (20 mg/mL), *b*) 5%
165 solution of DMSO in distilled water for the antimicrobial activity assays (100 mg/mL).

166 **2.5. Evaluation of the antioxidant potential of the *Agaricus* spp. extracts**167 **a) General**

168 Successive dilutions were made from the stock solution and submitted to different *in*
169 *vitro* assays to evaluate the antioxidant activity of the samples.¹⁵ The sample
170 concentrations providing 50% of antioxidant activity or 0.5 of absorbance (EC₅₀) were
171 calculated from the graphs of antioxidant activity percentages (DPPH, β-
172 carotene/linoleate and TBARS assays) or absorbance at 690 nm (ferricyanide/Prussian
173 blue assay) against sample concentrations. Trolox was used as standard.

174 **b) Folin-Ciocalteu assay**

175 The extract solution (1 mL) was mixed with *Folin-Ciocalteu* reagent (5 mL, previously
176 diluted with water 1:10, v/v) and sodium carbonate (75 g/L, 4 mL). The tubes were
177 vortex mixed for 15 s and allowed to stand for 30 min at 40°C for colour development.
178 Absorbance was then measured at 765 nm (Analytikjena spectrophotometer; Jena,
179 Germany). Gallic acid was used to obtain the standard curve and the reduction of *Folin-*
180 *Ciocalteu* reagent by the samples was expressed as mg of gallic acid equivalents (GAE)
181 per g of extract.

182 **c) Reducing power or ferricyanide/Prussian blue assay**

183 The extract solutions with different concentrations (0.5 mL) were mixed with sodium
184 phosphate buffer (200 mmol/L, pH 6.6, 0.5 mL) and potassium ferricyanide (1% w/v,
185 0.5 mL). The mixture was incubated at 50°C for 20 min, and trichloroacetic acid (10%
186 w/v, 0.5 mL) was added. The mixture (0.8 mL) was poured in the 48 wells plate, the
187 same with deionised water (0.8 mL) and ferric chloride (0.1% w/v, 0.16 mL), and the
188 absorbance was measured at 690 nm in ELX800 Microplate Reader (Bio-Tek
189 Instruments, Inc; Winooski, VT, USA).

190 **d) DPPH radical-scavenging activity assay**

191 This methodology was performed using the Microplate Reader mentioned above. The
192 reaction mixture was made in a 96 wells plate and consisted of 30 µL of a concentration
193 range of the extract and 270 µL methanol containing DPPH radicals (6×10^{-5} mol/L).
194 The mixture was left to stand for 30 min in the dark, and the absorption was measured
195 at 515 nm. The radical scavenging activity (RSA) was calculated as a percentage of
196 DPPH discolouration using the equation: % RSA = $[(A_{\text{DPPH}} - A_{\text{S}}) / A_{\text{DPPH}}] \times 100$, where
197 A_{S} is the absorbance of the solution containing the sample and A_{DPPH} is the absorbance
198 of the DPPH solution.

199 **e) Inhibition of β -carotene bleaching or β -carotene/linoleate assay**

200 A solution of β -carotene was prepared by dissolving β -carotene (2 mg) in chloroform
201 (10 mL). Two millilitres of this solution were pipetted into a round-bottom flask. The
202 chloroform was removed at 40°C under vacuum and linoleic acid (40 mg), Tween 80
203 emulsifier (400 mg), and distilled water (100 mL) were added to the flask with vigorous
204 shaking. Aliquots (4.8 mL) of this emulsion were transferred into test tubes containing
205 0.2 mL of a concentration range of the extract. The tubes were shaken and incubated at
206 50°C in a water bath. As soon as the emulsion was added to each tube, the zero time
207 absorbance was measured at 470 nm. β -Carotene bleaching inhibition was calculated
208 using the following equation: Absorbance after 2h of assay/initial absorbance) \times 100.

209 **f) Thiobarbituric acid reactive substances (TBARS) assay**

210 Porcine (*Sus scrofa*) brains were obtained from official slaughtering animals, dissected,
211 and homogenized with a Polytron in ice cold Tris-HCl buffer (20 mM, pH 7.4) to
212 produce a 1:2 w/v brain tissue homogenate which was centrifuged at 3000g for 10 min.
213 An aliquot (100 μ L) of the supernatant was incubated with 200 μ L samples of a
214 concentration range of the extract in the presence of FeSO₄ (10 mM; 100 μ L) and
215 ascorbic acid (0.1 mM; 100 μ L) at 37°C for 1 h. The reaction was stopped by the
216 addition of trichloroacetic acid (28% w/v, 500 μ L), followed by thiobarbituric acid
217 (TBA, 2%, w/v, 380 μ L), and the mixture was then heated at 80°C for 20 min. After
218 centrifugation at 3000 g for 10 min to remove the precipitated protein, the color
219 intensity of the malondialdehyde (MDA)-TBA complex in the supernatant was
220 measured by its absorbance at 532 nm. The inhibition ratio (%) was calculated using the
221 following formula: Inhibition ratio (%) = [(A - B)/A] \times 100%, where A and B were the
222 absorbance of the control and the sample solution, respectively.

223

224 **2.6. Evaluation of the antimicrobial activity of the *Agaricus* spp. extracts**225 **a) Antibacterial activity**

226 The Gram-positive bacteria *Staphylococcus aureus* (ATCC 6538), *Bacillus cereus*
227 (clinical isolate), *Micrococcus flavus* (ATCC 10240) and *Listeria monocytogenes*
228 (NCTC 7973), and the Gram-negative bacteria *Pseudomonas aeruginosa* (ATCC
229 27853), *Salmonella typhimurium* (ATCC 13311), *Escherichia coli* (ATCC 35210), and
230 *Enterobacter cloacae* (human isolate), were used. The antibacterial assay was carried
231 out by a microdilution method.^{16,17} The bacterial suspensions were adjusted with sterile
232 saline to a concentration of 1.0×10^5 CFU/mL. Mushroom extracts were dissolved in 5%
233 DMSO solution containing 0.1% Tween 80 (v/v) (10 mg/mL) and added in Tryptic Soy
234 broth (TSB) medium (100 μ L) with bacterial inoculum (1.0×10^4 CFU per well). The
235 lowest concentrations without visible growth (at the binocular microscope) were
236 defined as concentrations that completely inhibited bacterial growth (MICs). The MICs
237 obtained from the susceptibility testing of various bacteria to tested extracts were
238 determined also by a colorimetric microbial viability assay based on reduction of an
239 INT ((p-iodonitrotetrazolium violet) [2-(4-iodophenyl)-3-(4-nitrophenyl)-5-
240 phenyltetrazolium chloride; Sigma]) color and compared with positive control for each
241 bacterial strains. The MBCs were determined by serial sub-cultivation of 2 μ L into
242 microtitre plates containing 100 μ L of broth per well and further incubation for 24 h.
243 The lowest concentration with no visible growth was defined as the MBC, indicating
244 99.5% killing of the original inoculum. The optical density of each well was measured
245 at a wavelength of 655 nm by Microplate manager 4.0 (Bio-Rad Laboratories) and
246 compared with a blank (broth medium plus diluted extracts) and the positive control.

247 Streptomycin (Sigma P 7794) and Ampicillin (Panfarma, Belgrade, Serbia) were used
248 as positive controls (1 mg/mL in sterile physiological saline). Five percent DMSO was
249 used as a negative control.

250 **b) Antifungal activity**

251 *Aspergillus fumigatus* (human isolate), *Aspergillus versicolor* (ATCC 11730),
252 *Aspergillus ochraceus* (ATCC 12066), *Aspergillus niger* (ATCC 6275), *Trichoderma*
253 *viride* (IAM 5061), *Penicillium funiculosum* (ATCC 36839), *Penicillium ochrochloron*
254 (ATCC 9112) and *Penicillium verrucosum* var. *cyclopium* (food isolate), were used. In
255 order to investigate the antifungal activity of mushroom extract, a modified
256 microdilution technique was used.¹⁸ The fungal spores were washed from the surface of
257 agar plates with sterile 0.85% saline containing 0.1% Tween 80 (v/v) and spore
258 suspension was adjusted with sterile saline to a concentration of 1.0×10^5 . Extracts were
259 dissolved in 5% DMSO solution containing 0.1% Tween 80 (v/v) (10 mg/mL) and
260 added in broth Malt medium with inoculum (0.005-3 mg/mL for extracts). The lowest
261 concentrations without visible growth (at the binocular microscope) were defined as
262 MICs. The fungicidal concentrations (MFCs) were determined by serial subcultivation
263 of a 2 μ L of tested compounds dissolved in medium and incubated for 72 h at 28°C. The
264 lowest concentration with no visible growth was defined as MFC indicating 99.5%
265 killing of the original inoculum. DMSO was used as a negative control, and commercial
266 fungicides, bifonazole (Srbolek, Belgrade, Serbia) and ketoconazole (Zorkapharma,
267 Šabac, Serbia), were used as positive controls (1-3000 μ g/mL). Five percent DMSO was
268 used as a negative control.

269

270 **2.7. Antiquorum sensing (AQ) activity of mushroom extracts**

271 **a) Bacterial Strains, Growth Media and Culture Conditions**

272 *P. aeruginosa* PA01 (ATCC 27853) used in this study is from the collection of the
273 Mycoteca, Institute for Biological Research "Sinisa Stankovic", Belgrade, Serbia.
274 Bacteria were routinely grown in Luria-Bertani (LB) medium (1% w/v NaCl, 1% w/v
275 Tryptone, 0.5% w/v yeast extract) with shaking (220 rpm) and cultured at 37 °C.

276 **b) Biofilm formation**

277 The effect of different concentrations of extracts (ranging from 0.5, 0.25 and 0.125 of
278 MIC) on biofilm forming ability was tested on polystyrene flat-bottomed microtitre 96
279 well plates as described by [Drenkard & Ausubel](#)¹⁹ with some modifications. Briefly,
280 100 µL of overnight culture of *P. aeruginosa* (inoculum size was 1×10^8 CFU/mL) was
281 added to each well of the plates in the presence of 100 µL subinhibitory concentrations
282 (subMIC) of extracts (0.5, 0.25 and 0.125 MIC) or 100 µL medium (control). After
283 incubation for 24 h at 37 °C, each well was washed twice with sterile PBS (pH 7.4),
284 dried, stained for 10 min with 0.1 % crystal violet in order to determine the biofilm
285 mass. After drying, 200 µL of 95% ethanol (v/v) was added to solubilize the dye
286 that had stained the biofilm cells. The excess stain was washed off with dH₂O. After
287 10 min, the content of the wells was homogenized and the absorbance at $\lambda = 625$
288 nm was read on a Sunrise™ - Tecan ELISA reader. The experiment was done in
289 triplicate and repeated two times and values were presented as a mean values \pm SE.

290 **c) Discs-diffusion method for determination of AQ activity of mushrooms extracts**
291 **against *P. aeruginosa*.**

292 *P. aeruginosa* was cultured overnight at 37° C in LB medium and then adjusted to a
293 concentration of 1.0×10^8 CFU/mL for final inoculum. Filter paper discs (Whatman; 4

294 mm in diameter) were impregnated with solution of *Agaricus* spp. extracts (2.50, 1.25,
295 0.60, 0.30, 0.15 mg/disc), streptomycin and ampicillin (2.50, 1.25, 0.60, 0.30, 0.15
296 mg/disc). Discs were dried at room temperature (3 h, protected from light), and
297 aseptically placed onto the plates prior inoculated with *P. aeruginosa* (1×10^8
298 CFU/mL). Petry dishes than were placed for incubation in thermostat at 37° C for 24h.
299 After incubation, it was recorded whether inhibition or antiqourum zones were obtained.
300 Minimal inhibitory concentrations were determined as a diameter of the growth clear
301 inhibition zones around the discs (no growth), while antiqourum zones were determined
302 as a transparent zones around the discs behind the margin of the inhibition zone.²⁰

303 **d) Twitching and Flagella Motility**

304 After growth in the presence or absence of *Agaricus* spp. extracts (subMIC),
305 streptomycin and ampicillin (subMIC), the cells of *P. aeruginosa* PA01 were washed
306 twice with sterile PBS and resuspended in PBS at 1×10^8 cfu/mL (OD of 0.1 at 660
307 nm). Briefly, cells were stabbed into a nutrient agar plate with a sterile toothpick and
308 incubated overnight at 37° C. Plates were then removed from the incubator and
309 incubated at room temperature for two more days. Colony edges and the zone of
310 motility were measured with a light microscope.²¹ Fifty microlitres of extracts was
311 mixed into 10 mL of molten MH medium and poured immediately over the surface of a
312 solidified LBA plate as an overlay. The plate was point inoculated with an overnight
313 culture of PA01 once the overlaid agar had solidified and incubated at 37° C for 3 days.
314 The extent of swimming was determined by measuring the area of the colony.²² The
315 experiment was done in triplicate and repeated two times.

316 **2.8. Statistical analysis**

317 For each species, three samples were used and all the assays were carried out in
318 triplicate. The results were expressed as mean values and standard errors, and analyzed
319 using one-way analysis of variance (ANOVA) followed by Tukey's HSD Test with $\alpha =$
320 0.05. This analysis was carried out using SPSS v. 22.0 program.

321 **3. Results and Discussion**

322 **3.1. Chemical characterization of *Agaricus* spp.**

323 The results of the chemical characterization of four *Agaricus* species from Serbia are
324 shown in **Tables 1-3**. Carbohydrates were the most abundant macronutrients present in
325 the studied mushrooms (58-72 g/100 g dw; **Table 1**), being *A. bisporus* the most rich
326 species in these macronutrients. Ash (10-15 g/100 g dw) and fat (2-3 g/100 g dw)
327 contents were low and their energy contribution (344-370 kcal/100 g dw) was mainly
328 due to carbohydrates and proteins (11-25 g/100 g dw). The main sugars were mannitol
329 (5-11 g/100 g dw), trehalose (0.6-2 g/100 g dw) and fructose (0.3-3 g/100 g dw), while
330 sucrose was detected only in *A. bitorquis* (1.5 g/100 g dw; **Table 1**). Regarding organic
331 acids, the main molecules found in the studied species were malic (3-4 g/100g dw) and
332 oxalic (0.3-4 g/100 g dw) acids; fumaric acid was detected in lower amounts (0.2-0.6
333 g/100 g dw), while citric acid was observed only in *A. campestris* (2.4 g/100 g dw) and
334 in *A. macrosporus* (0.4 g/100 g dw), and malic acid in *A. macrosporus* (2.6 g/100 g dw)
335 (**Table 1**). The phenolic acids found in the present study were gallic, protocatechuic, *p*-
336 hydroxybenzoic and *p*-coumaric acids, as also the related compound cinnamic acid
337 (**Table 1**). Gallic acid was only found in *A. bisporus* (0.3 mg/100 g dw), protocatechuic
338 (1.1 mg/100 g dw) and *p*-hydroxybenzoic (4.1 mg/100 g dw) acids in *A. macrosporus*,
339 and *p*-coumaric acid in *A. bisporus* (0.1 mg/100 g dw) and *A. macrosporus* (0.7 mg/100
340 g dw); cinnamic acid was quantified in all the species (0.1-1.8 mg/100 g dw) (**Table 1**).

341 Concerning the fatty acids composition of the studied species (**Table 2**),
342 polyunsaturated fatty acids (PUFA, 62-76% of total fatty acids- FA) predominated over
343 saturated fatty acids (SFA, 21-23% of total FA) and monounsaturated fatty acids
344 (MUFA, 3-15% of total FA). *A. bisporus* and *A. bitorquis* presented the highest content
345 in SFA, the first species also in MUFA, while *A. macrosporus* gave the highest
346 percentage of PUFA (**Table 2**). Thus, all the species seem to be an excellent option as
347 food. The fatty acids found in higher amounts were palmitic acid (C16:0, SFA); oleic
348 acid (C18:1n9, MUFA), and linoleic acid (C18:2n6, PUFA). Similar profiles were
349 detected in cultivated species from Portugal.¹¹ Regarding tocopherols, α -, β -, γ - and δ -
350 isoforms were quantified (**Table 2**). β -Tocopherol was only found in *A. bisporus* (25
351 $\mu\text{g}/100\text{ g dw}$), while δ -tocopherol was detected in *A. bitorquis* (18 $\mu\text{g}/100\text{ g dw}$). Total
352 tocopherols were presented in higher concentration (116 $\mu\text{g}/100\text{ g dw}$) in *A. campestris*
353 due to the contribution of γ -tocopherol (110 $\mu\text{g}/100\text{ g dw}$) (**Table 2**).

354

355 **3.2. Antioxidant and antimicrobial activities of *Agaricus* spp. extracts**

356 Antioxidant activity of investigated *Agaricus* species is presented in the **Table 3**. Both
357 methanolic and ethanolic extracts of the studied species have shown antioxidant
358 potential, but the first one was better in most of the cases (**Table 3**). Methanolic and
359 ethanolic extracts of *A. bitorquis* presented the highest total phenolics content (127 and
360 130 mg GAE/g extract, respectively). Among the methanolic extracts, *A. campestris*
361 revealed the highest reducing power ($\text{EC}_{50}=0.7\text{ mg/mL}$), DPPH scavenging activity
362 ($\text{EC}_{50}=1.2\text{ mg/mL}$), β -carotene bleaching inhibition ($\text{EC}_{50}=0.3\text{ mg/mL}$) and TBARS
363 formation decrease ($\text{EC}_{50}=0.04\text{ mg/mL}$). The same tendency was observed for ethanolic
364 extracts ($\text{EC}_{50}=0.9, 0.6, 0.5$ and 0.8 mg/mL , respectively; **Table 3**). This species (*A.*
365 *campestris*) was also the one that showed the highest phenolic acids concentration

366 (Table 2). To date there are various antioxidant activity assays, each one having their
367 specific target within the matrix and all of them with advantages and disadvantages.
368 There is not one method that can provide unequivocal results and the best solution is to
369 use various methods instead of a one-dimension approach. Some of these procedures
370 use free radicals, some are specific for lipid peroxidation and tend to need animal or
371 plant cells, some have a broader scope, some require minimum preparation and
372 knowledge, few reagents and are quick to produce outputs. Thus, it is very important to
373 use different antioxidant assays in order to get better overview of the results and
374 applicability of natural matrices such are mushrooms.

375 The results of antibacterial and antifungal activities of methanolic and ethanolic extracts
376 of the tested *Agaricus* species are presented in Table 4. Ethanolic extracts of all the
377 tested species exhibited higher antibacterial activity than methanolic ones, with
378 exception towards *L. monocytogenes*. The best antibacterial effect was achieved by *A.*
379 *macroporus* extracts against all bacteria, except *L. monocytogenes*. *A. bitorquis* extracts
380 showed the best effect against this bacterium. Extracts of *A. bisporus* possessed the
381 lowest antibacterial activity among all the others. The antibacterial activity displayed by
382 the extracts was lower than the one demonstrated by the antibiotics.

383 Ethanolic extracts of all the tested species showed once more the highest antifungal
384 activity, with few exceptions; *A. bisporus* ethanolic extract exhibited lower effect than
385 methanolic towards *A. ochraceus* and *T. viride*, and *A. macrosporus* ethanolic extract
386 possessed lower effect than methanolic against *P. funiculosum* and *P. ochrochloron*.
387 The best antifungal activity was obtained for *A. macrosporus* extracts against all the
388 tested microfungi. These extracts also showed higher or similar inhibitory activity than
389 ketoconazole, and even higher fungicidal effect against *P. funiculosum*. Extracts of *A.*
390 *campestris* exhibited the worst antifungal potential among all the tested strains.

391

392 **3.3. Antiquorum sensing activity of *Agaricus* spp. extracts**

393 The effect of *Agaricus* spp. ethanolic extracts on biofilm formation of *P. aeruginosa*
394 was tested with 0.5, 0.25 and 0.125 of the determined MIC. **Table 5** shows that all the
395 tested extracts, at 0.5 MIC, reduced biofilm formation more than streptomycin and
396 ampicillin. The extracts reduced biofilm formation in the range of 53-87%, which
397 means that the biofilm was formed in the presence of extracts in the range of 13-47%.
398 The best results were observed for *A. macrosporus* extract, while *A. campestris* showed
399 the lowest reduction of biofilm formation. Streptomycin and ampicillin reduced biofilm
400 in 51% and 31%, respectively. Extracts tested at 0.25 MIC exhibited slightly higher
401 reduction of biofilm production than positive controls, while at 0.125 MIC they
402 possessed lower activity.

403 The quorum-sensing inhibition zones were determined by disc diffusion method. It can
404 be seen that the extracts of *A. bisporus* (8.0-15.0 mm) and *A. bitorquis* (7.0-8.7 mm)
405 showed antiquorum sensing (AQ) activity at all concentrations. Ampicillin possessed
406 AQ activity at higher concentration (7.6 mm), while streptomycin showed the best AQ
407 activity presenting the zones in the range of 15.5-22.6 mm.

408 Promising anti-quorum sensing compounds have been demonstrated to disrupt bacterial
409 biofilms and make the bacteria more susceptible to antibiotics, and these compounds
410 also provide the ability to reduce bacterial virulence factors as well as promote
411 clearance of bacteria in infectious animal models. Many mechanisms of actions have
412 been proposed to interfere with the quorum sensing system such as inhibition of
413 biosynthesis of autoinducer molecules, inactivation or degradation of the autoinducer,
414 interference with the signal receptor, and inhibition of the genetic regulation system.²³

415 In addition to QS, the initiation of biofilm formation by *P. aeruginosa* depends on two
416 cell-associated structures; the flagellum and type IV pili.²¹ The flagellum is responsible
417 for swimming motility, while the type IV pili are responsible for twitching motility.
418 Both types of motility are important in the initial stages of biofilm formation by *P.*
419 *aeruginosa*.²¹ Therefore, we tried to determine if our extract influence on either one or
420 both motilities. On swimming plates, the motile strain PAO1 was used as the 100%
421 standard (control) for motility while the Petri dishes with the same strain plus *Agaricus*
422 spp. extracts were compared with control. The extracts reduced the twitching motility of
423 *P. aeruginosa*. The normal colonies of *P. aeruginosa*, i.e. in the absence of the extract,
424 were flat with a rough appearance displaying irregular colony edges and a hazy zone
425 surrounding the colony (**Fig. 1E**). The cells were in a very thin layer. After 2 days of
426 incubation at ambient temperature, colony expansion occurred very rapidly due to
427 twitching motility, and the control *P. aeruginosa* isolates produced swimming zones to
428 100% and it was 14 mm. Bacteria that were grown with the *Agaricus* spp. extracts
429 solution were incapable of producing such a twitching zone and had almost round,
430 smooth, regular colony edges, the flagella were reduced both in size and in numbers,
431 and the colony diameter swimming zones was also reduced (18-32 mm) (**Figure 1A-D**).
432 All the *Agaricus* extracts reduced flagella with exception of *A. bisporus* extract. The
433 flagella reduction was achieved with *A. campestris* > *A. bitorquis* > *A. macrosporus*
434 (**Figure 1C, 1B, 1D**, respectively). Streptomycin completely reduced the flagella
435 (**Figure 1F**), while ampicillin did not affect the formation of flagella at all (**Figure 1G**).
436 The best twitching effect was achieved for *A. bitorquis* extract (18 mm) < *A. bisporus*
437 (26 mm) < *A. campestris* (29 mm) < *A. macrosporus* (32 mm).
438 In summary, our study indicated that *Agaricus* extracts possessed antimicrobial,
439 antibiofilm and anti-quorum sensing activity. Inhibition of bacterial quorum sensing

440 offers new strategy for the treatment of bacterial infections. Anti-quorum sensing
441 property of these mushrooms species may play an important role in antibacterial activity
442 and offers an additional strategy for fighting bacterial infection.

443 In the present study a complete chemical characterization of the edible species *A.*
444 *bisporus*, *A. bitorquis*, *A. campestris* and *A. macrosporus* was performed.

445 Data obtained for carbohydrates are in agreement with the values stated by different
446 authors who reported mushrooms as good sources of carbohydrates and proteins as well
447 as poor in fat and low caloric foods.^{1,11} Mannitol and trehalose are very common sugars
448 found in mushrooms as reported by several authors.^{1,11,24} Due to the several
449 applications of mannitol in food, pharmaceutical, medical, and chemical industries, the
450 studied species are, also for this, considered valuable healthy foods; furthermore almost
451 all species did not present other less healthy sugars like fructose or sucrose.²⁵ The
452 phenolic profile of each one of the studied species was different. Nevertheless, the
453 phenolic acids profile of the *A. bisporus* sample studied herein was similar to the one
454 described for *A. bisporus* samples from Finland²⁶ and Portugal.¹⁵ Other *Agaricus* species
455 presented different profiles: *p*-coumaric and cinnamic acids in *A. brasiliensis*²⁷ *p*-
456 hydroxybenzoic and *p*-coumaric acids, and two related compounds, γ -L-glutaminyl-4-
457 hydroxybenzene (GHB) and cinnamic acid, in *A. bohusii*.²⁸ All species seem to be an
458 excellent option regarding fatty acids content and composition; *A. macrosporus* may be
459 a better choice since it has a lower percentage of SFA. Although organic acids are a
460 product of the primary metabolism, some of these may also have bioactive properties
461 such as malic acid that has been employed for the preparation of food additives and
462 synthesis of various fine chemicals.^{29,30} Different isoforms of tocopherols (α -, β -, γ - and
463 δ -) were also found in the studied mushrooms, as also in other cultivated species.^{31,32}

464 Among the studied mushrooms, *A. bisporus* is the best investigated especially regarding
465 fatty acids and antioxidant activity.^{33,34,35,36} The other species are not so well
466 investigated; only a recent study on *A. bitorquis* chemical and nutritional composition is
467 available³⁶

468 *A. campestris* was the species with the highest antioxidant activity, probably due to its
469 highest content in phenolics acids and tocopherols, known as powerful antioxidant
470 molecules.³

471 Regarding the antibacterial and antifungal potential, the ethanolic extracts were more
472 effective than the methanolic ones. Antimicrobial activity of three *Agaricus* species was
473 also recently published by [Ozturk et al.](#)³⁷ who described effects of methanolic extracts
474 against six species of Gram-positive bacteria, seven species of Gram-negative bacteria
475 and two species of yeasts. Methanolic extract of *A. campestris* from India showed
476 antimicrobial activity against seven bacterial species.³⁸

477

478 **Conclusion**

479 Overall, the studied *Agaricus* species were found to be good source of nutritional and
480 bioactive compounds, and that methanolic/ethanolic extracts have antioxidant,
481 antimicrobial and anti-quorum properties. Thus, this study brings additional chemical
482 and biochemical knowledge for these edible mushroom species, which can be applied in
483 food industry as natural preservatives.

484

485 **Conflict of Interest**

486 The authors have no conflicts of interest.

487

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572 **Table 1.** Nutritional value and hydrophilic compounds in the studied *Agaricus* spp. (mean \pm SD).

Nutritional value (g/100 g dw)	Ash		Proteins		Fat	Carbohydrates	Energy (kcal/100 g dw)
<i>Agaricus bisporus</i>	15.02 \pm 0.33 ^b		10.00 \pm 0.37 ^d		3.12 \pm 0.01 ^{ab}	71.86 \pm 0.52 ^a	355.51 \pm 0.95 ^c
<i>Agaricus bitorquis</i>	13.79 \pm 0.16 ^c		24.88 \pm 1.45 ^a		3.22 \pm 0.07 ^a	58.11 \pm 1.38 ^c	360.94 \pm 0.21 ^b
<i>Agaricus campestris</i>	17.65 \pm 0.25 ^a		19.12 \pm 0.17 ^c		3.02 \pm 0.07 ^b	60.21 \pm 0.34 ^c	344.54 \pm 0.46 ^d
<i>Agaricus macrosporus</i>	10.41 \pm 0.43 ^d		21.87 \pm 1.40 ^b		2.35 \pm 0.07 ^c	65.37 \pm 1.25 ^b	370.12 \pm 0.97 ^a
Sugars (g/100g dw)	Fructose		Mannitol		Sucrose	Trehalose	Total
<i>Agaricus bisporus</i>	Nd		11.31 \pm 0.09 ^a		nd	0.60 \pm 0.06 ^c	11.91 \pm 0.03 ^a
<i>Agaricus bitorquis</i>	0.40 \pm 0.01 ^b		7.04 \pm 0.40 ^b		1.49 \pm 0.03	2.27 \pm 0.02 ^a	11.20 \pm 0.41 ^b
<i>Agaricus campestris</i>	0.29 \pm 0.01 ^b		5.59 \pm 0.18 ^c		nd	0.63 \pm 0.05 ^c	6.51 \pm 0.14 ^d
<i>Agaricus macrosporus</i>	2.65 \pm 0.05 ^a		4.98 \pm 0.07 ^d		nd	1.15 \pm 0.02 ^b	8.78 \pm 0.13 ^c
Organic acids (g/100 g dw)	Oxalic acid	Quinic acid	Malic acid	Citric acid	Fumaric acid	Total	
<i>Agaricus bisporus</i>	3.73 \pm 0.03 ^{ab}	nd	3.82 \pm 0.28 ^b	nd	0.28 \pm 0.00 ^b	7.83 \pm 0.31 ^b	
<i>Agaricus bitorquis</i>	4.05 \pm 0.17 ^a	nd	4.40 \pm 0.21 ^a	nd	0.23 \pm 0.00 ^{bc}	8.68 \pm 0.38 ^b	
<i>Agaricus campestris</i>	3.47 \pm 0.36 ^b	nd	4.44 \pm 0.19 ^a	2.39 \pm 0.16 ^a	0.65 \pm 0.01 ^a	10.95 \pm 0.72 ^a	
<i>Agaricus macrosporus</i>	0.26 \pm 0.01 ^c	2.59 \pm 0.32	1.74 \pm 0.15 ^c	0.36 \pm 0.04 ^b	0.20 \pm 0.00 ^c	5.14 \pm 0.51 ^c	
Phenolic compounds (mg/100 g dw)	Gallic acid	Protocatechuic acid	<i>p</i> -Hydroxybenzoic acid	<i>p</i> -Coumaric acid	Total phenolic acids	Cinnamic acid	
<i>Agaricus bisporus</i>	0.32 \pm 0.00	nd	nd	0.12 \pm 0.00 ^b	0.44 \pm 0.00 ^b	0.07 \pm 0.00 ^b	
<i>Agaricus bitorquis</i>	nd	nd	0.03 \pm 0.01 ^b	nd	0.03 \pm 0.01 ^c	0.08 \pm 0.00 ^b	
<i>Agaricus campestris</i>	nd	1.07 \pm 0.02	4.13 \pm 0.12 ^a	0.68 \pm 0.00 ^a	5.88 \pm 0.10 ^a	1.75 \pm 0.02 ^a	
<i>Agaricus macrosporus</i>	nd	nd	nd	nd	nd	0.08 \pm 0.00 ^b	

573
 574 nd- not detected; dw- dry weight. In each column different letters mean significant differences between species ($p < 0.05$).

575

Table 2. Lipophilic compounds in the studied *Agaricus* spp. (mean \pm SD).

Fatty acids (percentage)	<i>Agaricus bisporus</i>	<i>Agaricus bitorquis</i>	<i>Agaricus campestris</i>	<i>Agaricus macrosporus</i>
C6:0	0.06 \pm 0.00	0.03 \pm 0.00	0.11 \pm 0.02	0.05 \pm 0.01
C8:0	0.04 \pm 0.00	0.02 \pm 0.00	0.04 \pm 0.01	0.02 \pm 0.00
C10:0	0.04 \pm 0.00	0.01 \pm 0.00	0.03 \pm 0.00	0.01 \pm 0.00
C12:0	0.09 \pm 0.00	0.06 \pm 0.01	0.11 \pm 0.01	0.03 \pm 0.01
C13:0	nd	0.02 \pm 0.00	0.02 \pm 0.00	0.01 \pm 0.00
C14:0	0.61 \pm 0.01	0.66 \pm 0.06	0.78 \pm 0.01	0.28 \pm 0.02
C14:1	0.01 \pm 0.00	nd	0.02 \pm 0.00	nd
C15:0	0.32 \pm 0.00	0.28 \pm 0.06	0.51 \pm 0.00	0.59 \pm 0.03
C15:1	nd	nd	nd	nd
C16:0	15.40 \pm 0.20	12.69 \pm 0.18	13.17 \pm 0.16	10.88 \pm 0.25
C16:1	0.23 \pm 0.01	0.28 \pm 0.02	1.62 \pm 0.02	0.23 \pm 0.03
C17:0	0.38 \pm 0.01	0.44 \pm 0.05	0.76 \pm 0.01	0.98 \pm 0.04
C18:0	3.71 \pm 0.03	4.99 \pm 0.36	3.51 \pm 0.03	3.08 \pm 0.00
C18:1n9	14.91 \pm 0.02	5.47 \pm 0.15	3.52 \pm 0.05	2.62 \pm 0.06
C18:2n6	60.36 \pm 0.25	69.86 \pm 1.48	71.40 \pm 0.09	74.90 \pm 0.06
C18:3n6	nd	\pm	\pm	0.67 \pm 0.03
C18:3n3	0.89 \pm 0.01	0.92 \pm 0.11	0.19 \pm 0.02	0.16 \pm 0.03
C20:0	1.17 \pm 0.02	1.49 \pm 0.14	1.36 \pm 0.00	1.46 \pm 0.04
C20:1	0.16 \pm 0.01	0.21 \pm 0.05	0.13 \pm 0.00	0.02 \pm 0.00
C20:2	0.11 \pm 0.02	0.09 \pm 0.02	0.23 \pm 0.00	0.10 \pm 0.01
C20:3n3+C21:0	0.17 \pm 0.00	0.14 \pm 0.01	0.23 \pm 0.01	0.40 \pm 0.02
C20:5n3	0.08 \pm 0.01	nd	0.08 \pm 0.01	0.11 \pm 0.02
C22:0	0.73 \pm 0.01	1.43 \pm 0.26	1.20 \pm 0.00	2.30 \pm 0.08
C22:1n9	nd	nd	0.01 \pm 0.00	0.03 \pm 0.00
C23:0	0.08 \pm 0.03	0.17 \pm 0.03	0.18 \pm 0.00	0.22 \pm 0.01
C24:0	0.46 \pm 0.02	0.74 \pm 0.18	0.80 \pm 0.01	0.86 \pm 0.02
C24:1	nd	nd	nd	0.02 \pm 0.00
Total SFA (% of total FA)	23.08 \pm 0.26a	23.03 \pm 1.19a	22.57 \pm 0.19b	20.76 \pm 0.14c
Total MUFA (% of total FA)	15.31 \pm 0.02a	5.97 \pm 0.19b	5.30 \pm 0.07c	2.91 \pm 0.10d
Total PUFA (% of total FA)	61.61 \pm 0.24d	71.01 \pm 1.40c	72.13 \pm 0.12b	76.33 \pm 0.04a
Tocopherols (μg/100 g dw)				
α -Tocopherol	nd	5.14 \pm 0.40 ^{ab}	6.36 \pm 0.40 ^a	4.08 \pm 1.28 ^c
β -Tocopherol	25.26 \pm 0.30	nd	nd	nd
γ -Tocopherol	nd	10.97 \pm 0.49 ^c	109.83 \pm 1.39 ^a	26.88 \pm 4.67 ^b
δ -Tocopherol	nd	18.79 \pm 1.38	nd	nd
Total Tocopherols	25.26 \pm 0.30 ^c	34.90 \pm 1.49 ^b	116.19 \pm 1.79 ^a	30.96 \pm 3.39 ^b

nd- not detected; dw- dry weight. In each line different letters mean significant differences between species ($p < 0.05$).

1 **Table 3.** Antioxidant properties of the methanolic (MeOH) and ethanolic (EtOH) extracts of the studied *Agaricus* spp. (mean \pm SD).

MeOH	Folin-Ciocalteu assay	Ferricyanide/Prussian blue	DPPH radical-scavenging	β -carotene/linoleate	TBARS assay
	(mg GAE/g extract)	assay (EC ₅₀ ; mg/mL)	activity assay (EC ₅₀ ; mg/mL)	assay (EC ₅₀ ; mg/mL)	(EC ₅₀ ; mg/mL)
<i>Agaricus bisporus</i>	35.35 \pm 0.24 ^c	1.37 \pm 0.02 ^b	3.72 \pm 0.06 ^b	3.18 \pm 0.21 ^c	0.59 \pm 0.06 ^b
<i>Agaricus bitorquis</i>	127.19 \pm 1.24 ^a	0.74 \pm 0.02 ^c	3.44 \pm 0.10 ^c	3.36 \pm 0.13 ^b	1.46 \pm 0.23 ^a
<i>Agaricus campestris</i>	48.19 \pm 0.16 ^b	0.72 \pm 0.01 ^c	1.18 \pm 0.05 ^d	0.28 \pm 0.03 ^d	0.04 \pm 0.01 ^c
<i>Agaricus macrosporus</i>	24.27 \pm 0.50 ^d	1.75 \pm 0.04 ^a	6.15 \pm 0.25 ^a	4.17 \pm 0.13 ^a	1.47 \pm 0.11 ^a
EtOH	Folin-Ciocalteu assay	Ferricyanide/Prussian blue	DPPH radical-scavenging	β -carotene/linoleate	TBARS assay
	(mg GAE/g extract)	assay (EC ₅₀ ; mg/mL)	activity assay (EC ₅₀ ; mg/mL)	assay (EC ₅₀ ; mg/mL)	(EC ₅₀ ; mg/mL)
<i>Agaricus bisporus</i>	11.33 \pm 0.29 ^c	8.07 \pm 0.19 ^b	20.12 \pm 0.55 ^b	16.99 \pm 0.40 ^b	13.76 \pm 0.02 ^a
<i>Agaricus bitorquis</i>	139.25 \pm 0.19 ^a	1.30 \pm 0.01 ^c	2.41 \pm 0.09 ^c	1.29 \pm 0.20 ^c	2.50 \pm 0.08 ^c
<i>Agaricus campestris</i>	56.79 \pm 1.58 ^b	0.88 \pm 0.02 ^d	0.64 \pm 0.02 ^d	0.48 \pm 0.02 ^d	0.82 \pm 0.62 ^d
<i>Agaricus macrosporus</i>	11.78 \pm 0.12 ^c	9.86 \pm 0.15 ^a	36.05 \pm 0.89 ^a	17.97 \pm 1.48 ^a	4.71 \pm 0.47 ^b

2
 3 In each line different letters mean significant differences between species ($p < 0.05$). Concerning the *Folin-Ciocalteu* assay, higher values mean higher reducing
 4 power; for the other assays, the results are presented in EC₅₀ values, what means that higher values correspond to lower reducing power or antioxidant potential.
 5 EC₅₀: Extract concentration corresponding to 50% of antioxidant activity or 0.5 of absorbance for the Ferricyanide/Prussian blue assay. GAE- gallic acid
 6 equivalents.

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11 **Table.4.** Antimicrobial activity of the methanolic (MeOH) and ethanolic (EtOH) extracts of the studied *Agaricus* spp. (mean \pm SD)

Bacteria		<i>A. bisporus</i>		<i>A. bitorquis</i>		<i>A. campestris</i>		<i>A. macrosporus</i>		Strep	Ampic
		Me	Et	Me	Et	Me	Et	Me	Et		
<i>S. aureus</i>	MIC	0.035 \pm 0.02 ^a	0.145 \pm 0.002 ^c	2.345 \pm 0.00 ^c	0.230 \pm 0.00 ^d	2.345 \pm 0.02 ^e	0.035 \pm 0.002 ^f	0.450 \pm 0.02 ^d	0.350 \pm 0.00 ^e	0.250 \pm 0.020 ^c	0.100 \pm 0.007 ^b
	MBC	4.690 \pm 0.06 ^d	4.690 \pm 0.03 ^e	4.690 \pm 0.03 ^d	0.940 \pm 0.01 ^d	4.690 \pm 0.06 ^d	4.690 \pm 0.03 ^e	3.000 \pm 0.00 ^c	0.580 \pm 0.007 ^c	0.500 \pm 0.007 ^b	0.150 \pm 0.070 ^a
<i>B. cereus</i>	MIC	2.345 \pm 0.002 ^e	0.035 \pm 0.00 ^a	1.170 \pm 0.01 ^d	0.840 \pm 0.01 ^c	1.170 \pm 0.02 ^b	0.072 \pm 0.0007 ^b	0.450 \pm 0.003 ^c	1.170 \pm 0.07 ^e	0.050 \pm 0.00 ^a	0.100 \pm 0.007 ^b
	MBC	4.690 \pm 0.06 ^d	4.690 \pm 0.03 ^d	2.345 \pm 0.02 ^b	0.940 \pm 0.01 ^b	2.345 \pm 0.02 ^b	2.345 \pm 0.00 ^c	3.000 \pm 0.07 ^c	2.300 \pm 0.002 ^c	0.100 \pm 0.30 ^a	0.150 \pm 0.00 ^a
<i>L. monocytogenes</i>	MIC	0.290 \pm 0.003 ^b	0.145 \pm 0.02 ^a	0.290 \pm 0.003 ^b	0.940 \pm 0.10 ^b	0.580 \pm 0.003 ^d	2.345 \pm 0.20 ^c	0.400 \pm 0.007 ^c	2.300 \pm 0.07 ^c	0.150 \pm 0.003 ^a	0.150 \pm 0.00 ^a
	MBC	0.145 \pm 0.02 ^a	9.370 \pm 0.10 ^d	0.585 \pm 0.002 ^c	1.870 \pm 0.02 ^b	2.345 \pm 0.02 ^d	4.690 \pm 0.03 ^c	3.000 \pm 0.07 ^e	4.600 \pm 0.03 ^c	0.300 \pm 0.00 ^b	0.300 \pm 0.01 ^b
<i>M. flavus</i>	MIC	4.690 \pm 0.04 ^d	0.145 \pm 0.002 ^a	2.345 \pm 0.02 ^c	1.170 \pm 0.10 ^b	2.345 \pm 0.09 ^c	0.145 \pm 0.02 ^a	1.150 \pm 0.05 ^b	1.170 \pm 0.01 ^b	0.130 \pm 0.01 ^a	0.100 \pm 0.00 ^a
	MBC	9.370 \pm 0.10 ^d	9.370 \pm 0.10 ^e	4.690 \pm 0.10 ^c	1.870 \pm 0.10 ^b	4.690 \pm 0.03 ^c	4.690 \pm 0.03 ^d	3.000 \pm 0.20 ^b	2.300 \pm 0.07 ^c	0.250 \pm 0.007 ^a	0.150 \pm 0.01 ^a
<i>P. aeruginosa</i>	MIC	2.345 \pm 0.02 ^c	0.585 \pm 0.03 ^c	2.345 \pm 0.08 ^c	0.940 \pm 0.01 ^d	2.345 \pm 0.10 ^c	0.325 \pm 0.008 ^b	0.750 \pm 0.02 ^b	0.580 \pm 0.03 ^c	0.050 \pm 0.00 ^a	0.100 \pm 0.00 ^a
	MBC	4.690 \pm 0.20 ^c	9.370 \pm 0.10 ^e	4.690 \pm 0.10 ^c	1.870 \pm 0.10 ^c	4.690 \pm 0.06 ^c	4.690 \pm 0.20 ^d	1.500 \pm 0.05 ^b	1.170 \pm 0.06 ^b	0.100 \pm 0.00 ^a	0.200 \pm 0.01 ^a
<i>E. coli</i>	MIC	4.690 \pm 0.03 ^e	0.585 \pm 0.03 ^d	2.345 \pm 0.02 ^d	1.170 \pm 0.01 ^e	2.345 \pm 0.00 ^d	0.145 \pm 0.00 ^b	0.750 \pm 0.02 ^c	1.170 \pm 0.002 ^e	0.050 \pm 0.002 ^a	0.300 \pm 0.01 ^b
	MBC	9.370 \pm 0.10 ^e	9.370 \pm 0.03 ^d	4.690 \pm 0.20 ^d	1.870 \pm 0.01 ^e	4.690 \pm 0.00 ^d	4.690 \pm 0.002 ^b	1.500 \pm 0.003 ^c	4.600 \pm 0.02 ^e	0.100 \pm 0.007 ^a	0.500 \pm 0.02 ^b
<i>S. typhimurium</i>	MIC	0.035 \pm 0.002 ^a	0.145 \pm 0.02 ^{bc}	1.170 \pm 0.06 ^b	0.470 \pm 0.02 ^d	2.345 \pm 0.002 ^a	0.035 \pm 0.006 ^e	0.750 \pm 0.02 ^c	1.170 \pm 0.07 ^b	0.050 \pm 0.007 ^a	0.150 \pm 0.007 ^a
	MBC	4.690 \pm 0.03 ^d	4.690 \pm 0.20 ^d	2.345 \pm 0.10 ^c	1.870 \pm 0.30 ^b	4.690 \pm 0.20 ^d	2.345 \pm 0.10 ^c	1.500 \pm 0.07 ^b	2.300 \pm 0.10 ^c	0.100 \pm 0.007 ^a	0.200 \pm 0.007 ^a
<i>E. cloacae</i>	MIC	0.072 \pm 0.0007 ^a	0.145 \pm 0.02 ^b	1.170 \pm 0.06 ^d	0.230 \pm 0.01 ^c	2.345 \pm 0.02 ^e	0.035 \pm 0.002 ^a	0.400 \pm 0.02 ^c	1.170 \pm 0.06 ^d	0.050 \pm 0.00 ^a	0.150 \pm 0.007 ^b
	MBC	4.690 \pm 0.20 ^d	4.690 \pm 0.20 ^d	2.345 \pm 0.02 ^c	0.940 \pm 0.01 ^b	4.690 \pm 0.20 ^d	2.345 \pm 0.10 ^c	0.750 \pm 0.01 ^b	2.300 \pm 0.10 ^c	0.100 \pm 0.01 ^a	0.200 \pm 0.01

Fungi		<i>A. bisporus</i>		<i>A. bitorquis</i>		<i>A. campestris</i>		<i>A. macrosporus</i>		Ketoc	Bifon
		Me	Et	Me	Et	Me	Et	Me	Et		
<i>A. fumigatus</i>	MIC	0.200±0.01 ^a	1.560±0.20 ^b	3.120±0.04 ^b	3.120±0.07 ^d	6.250±0.08 ^c	3.120±0.00 ^d	3.000±0.07 ^b	2.340±0.10 ^c	0.200±0.01 ^a	0.150±0.01 ^a
	MFC	12.500±0.20 ^d	3.120±0.04 ^c	6.250±0.08 ^c	6.250±0.08 ^d	22.500±0.20 ^e	3.250±0.08 ^c	6.000±0.00 ^c	3.125±0.04 ^c	0.500±0.02 ^b	0.200±0.00 ^a
<i>A. versicolors</i>	MIC	3.120±0.04 ^e	3.120±0.04 ^d	0.780±0.01 ^c	0.390±0.003 ^b	1.560±0.02 ^d	0.390±0.00 ^c	0.750±0.003 ^c	1.560±0.09 ^c	0.200±0.003 ^b	0.100±0.00 ^a
	MFC	6.250±0.08 ^e	6.250±0.08 ^d	3.120±0.04 ^d	3.120±0.04 ^c	12.500±0.20 ^f	3.120±0.007 ^c	1.500±0.07 ^c	3.125±0.08 ^c	0.500±0.01 ^b	0.200±0.007 ^a
<i>A. ochraceus</i>	MIC	0.560±0.01 ^b	3.120±0.04 ^e	0.780±0.01 ^c	0.390±0.003 ^b	1.560±0.02 ^d	0.790±0.003 ^d	1.500±0.00 ^e	0.500±0.01 ^c	0.150±0.01 ^a	0.150±0.00 ^a
	MFC	0.780±0.03 ^b	6.250±0.08 ^d	3.120±0.04 ^c	3.120±0.04 ^c	12.500±0.20 ^d	3.120±0.00 ^c	3.000±0.10 ^c	0.780±0.007 ^b	0.200±0.01 ^a	0.200±0.00 ^a
<i>A. niger</i>	MIC	0.560±0.02 ^b	0.560±0.02 ^b	3.120±0.04 ^c	1.560±0.00 ^c	6.250±0.08 ^d	0.100±0.01 ^a	3.000±0.00 ^c	2.340±0.10 ^d	0.200±0.01 ^a	0.150±0.007 ^a
	MFC	6.250±0.08 ^{cd}	3.120±0.04 ^c	6.250±0.00 ^d	6.250±0.08 ^d	12.500±0.20 ^e	3.120±0.00 ^c	6.000±0.00 ^c	3.125±0.002 ^c	0.500±0.00 ^b	0.200±0.01 ^a
<i>T. viride</i>	MIC	0.780±0.07 ^d	3.120±0.04 ^e	0.780±0.007 ^d	0.780±0.03 ^d	3.120±0.04 ^e	0.390±0.01 ^c	0.400±0.20 ^c	0.780±0.00 ^d	0.200±0.01 ^b	0.100±0.01 ^a
	MFC	3.125±0.04 ^c	6.250±0.08 ^d	3.120±0.04 ^c	3.120±0.04 ^c	12.500±0.02 ^d	1.560±0.20 ^b	1.500±0.02 ^b	1.560±0.00 ^b	0.300±0.01 ^a	0.200±0.01 ^a
<i>P. funiculosum</i>	MIC	1.560±0.20 ^b	0.390±0.01 ^b	1.560±0.00 ^b	1.560±0.02 ^c	0.390±0.003 ^a	0.200±0.01 ^d	0.400±0.00 ^a	1.560±0.00 ^c	2.500±0.07 ^c	0.200±0.01 ^a
	MFC	3.125±0.04 ^b	0.780±0.00 ^b	3.120±0.04 ^b	3.120±0.04 ^c	6.250±0.08 ^d	0.780±0.007 ^b	3.000±0.07 ^b	3.125±0.04 ^c	3.500±0.10 ^c	0.250±0.02 ^a
<i>P. ochrochloron</i>	MIC	0.780±0.007 ^c	0.390±0.003 ^b	1.560±0.02 ^d	1.560±0.02 ^d	1.560±0.00 ^d	0.780±0.007 ^c	0.400±0.01 ^b	1.560±0.02 ^d	0.200±0.01 ^a	0.200±0.003 ^a
	MFC	3.125±0.04 ^c	0.780±0.03 ^c	3.120±0.04 ^c	3.120±0.04 ^e	6.250±0.08 ^d	1.560±0.02 ^d	3.000±0.07 ^c	3.125±0.04 ^e	0.500±0.01 ^b	0.250±0.007 ^a
<i>P. verucosum</i>	MIC	6.250±0.08 ^d	0.390±0.07 ^b	3.120±0.04 ^c	1.560±0.02 ^d	6.250±0.08 ^d	3.120±0.04 ^e	3.000±0.00 ^c	1.560±0.02 ^d	1.000±0.07 ^b	0.150±0.007 ^a
	MFC	12.500±0.20 ^d	0.780±0.007 ^b	6.250±0.08 ^c	6.250±0.08 ^d	12.500±0.20 ^d	6.250±0.00 ^a	6.000±0.10 ^c	6.250±0.08 ^a	1.000±0.007 ^b	0.200±0.01 ^a

12 Different letters in each row indicate significant differences between the extracts(p<0.05). MIC- minimum inhibitory concentration; MBC – minimal bactericidal concentration;
 13 MFC- minimum fungicidal concentration.

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15 **Table 5.** Effects of *Agaricus* spp. ethanolic extracts on biofilm formation of *P. aeruginosa* (PAO1) and disc-diffusion method for
 16 detection of anti-quorum (AQ) concentrations.

17 *Biofilm formation values were calculated as: (mean A₆₂₀ treated well)/(mean A₆₂₀ control well)x100.

18

19

Agents	Biofilm formation* (%)			AQ** (mm)		
	0.5MIC	0.25MIC	0.125MIC	0.125 MIC	0.25 MIC	0.5 MIC
<i>Agaricus bisporus</i>	31.37±0.03 ^b	59.65±0.06 ^b	101.65±0.35 ^b	8.00±1.0 ^a	9.67±0.57 ^a	15.00±2.0 ^a
<i>Agaricus bitorquis</i>	26.33±0.46 ^c	64.70±0.65 ^a	107.54±1.70 ^a	8.30±0.58 ^a	7.00±1.0 ^b	8.70±1.2 ^b
<i>Agaricus campestris</i>	47.45±0.06 ^a	50.11±0.03 ^c	98.78±1.30 ^c	-	-	-
<i>Agaricus macrosporus</i>	13.06±0.03 ^d	50.11±0.30 ^c	89.37±0.46 ^d	-	-	-
Ampicillin	69.16±0.65 ^a	56.46±0.46 ^c	92.16±0.37 ^c	-	-	7.60±0.2 ^b
Streptomycin	49.40±0.46 ^b	70.97±0.36 ^a	88.36±0.42 ^d	-	15.0±2.1 ^a	22.6±2.2 ^b

31 Values are expressed as means ± SD.

32 ** - No effect of AQ

Food & Function



Chemical
characterization



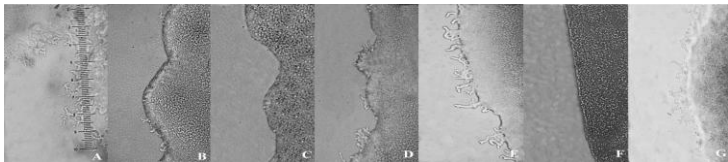
Antioxidant
properties



Antimicrobial
activity



Antiquorum activity



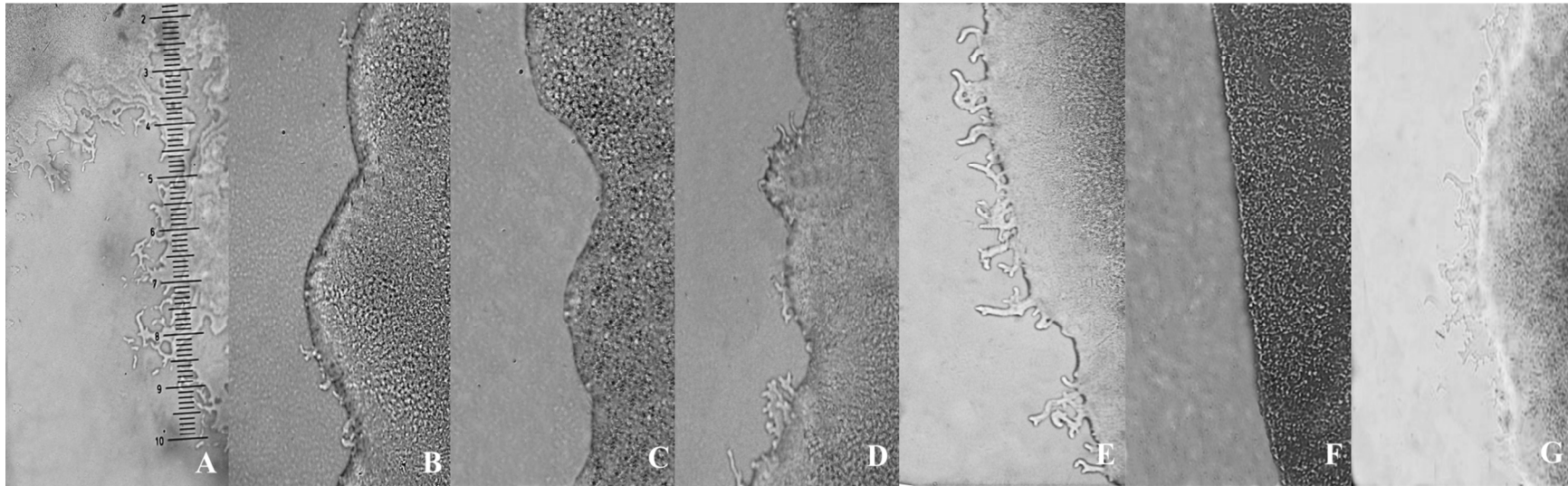


Figure 1. Light microscopy of colony edges of *P. aeruginosa* in twitching motility plates, grown in the presence or absence of *Agaricus* spp. ethanolic extracts. A - *A. bisporus*, B – *A. bitorquis*, C - *A. campestris*, D – *A. macrosporus*, E – control P.a. 10^9 , F – Streptomycin, G – Ampicillin.