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1 **Anti-inflammatory Effect and Prostate Gene Expression Profiling of Steryl**
2 **Ferulate on Experimental Rats with Non-bacterial Prostatitis**

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12

13 **ABSTRACT:** Steryl ferulate (SF) is a bioactive mixture extracted from rice bran and
14 shows higher inhibitory activity against inflammation than the corresponding free
15 sterols. In this study, it aims to investigate the anti-inflammatory effect and prostate
16 gene expression profiling of SF using a Xiaozhiling-induced non-bacterial prostatitis
17 (NBP) rat model. The anti-inflammatory effect was evaluated by prostate weight,
18 prostate index, acid phosphatase, density of lecithin corpuscles (DLC), white blood
19 cell count (WBC), and prostatic histologic section. The prostate gene expression
20 profiling was assessed by cDNA microarray and validated by quantitative real-time
21 PCR of five selected genes. Pathway analysis and Gene ontology (GO) analysis were
22 applied to determine the roles of these differentially expressed genes played in these
23 biological pathways or GO terms. SF treatment could significantly inhibit prostate
24 weight, prostate index, total acid phosphatase, prostatic acid phosphatase and WBC,
25 suppress the severity of histological lesion and increase the DLC. Compared with the
26 control group, the SF treatment group contained **238** up-regulated genes and **111**
27 down-regulated genes. GO analysis demonstrated that the most significant expression
28 genes were closely related to the terms of fibrinolysis, inflammatory response,
29 high-density lipoprotein particle, protein-lipid complex, enzyme inhibitor activity,
30 peptidase inhibitor activity and others. Canonical pathway analysis indicated **five**
31 pathways were significantly regulated, which were associated with inflammation and
32 tumorigenesis. In conclusion, SF may be used as a health supplement to prevent NBP,
33 in that it could inhibit prostate inflammation in NBP patients by affecting the
34 expression of genes in the related GO terms and pathways.

35

36 **KEY WORDS:** Steryl ferulate; Non-bacterial prostatitis; Anti-inflammatory;
37 **Phytosterol; Gene expression profiling**

38

39 1 Introduction

40 Prostatitis is one of the most prevalent conditions in urology^{1,2} and accounts for
41 nearly two million ambulatory care cases annually in the United States³. Chronic
42 prostatitis/chronic pelvic pain syndrome (CP/CPPS), the most common types of
43 prostatitis, cause approximately 90% of prostatitis cases⁴. CP inflammation is usually
44 non-bacterial. It is also an important factor of symptom progression in patients with
45 benign prostatic hyperplasia and associated with an increased risk of prostate cancer⁵.
46 The CP/CPPS patients with manifest severe pain as the main physical complaint
47 experience lower quality of life than normal individuals⁶. However, few studies have
48 provided information about the use of non-pharmacological modalities to treat this
49 symptom^{7,8}.

50 Steryl ferulate (SF, commonly known as γ -oryzanol) is a bioactive mixture
51 extracted from rice bran^{9,10}; SF contains ferulic acid esterified to the hydroxyl group
52 of phytosterols¹¹. The ester bond between ferulic acid and phytosterols can be cleaved
53 during mammalian digestion, thereby liberating ferulic acid and phytosterol
54 moieties¹². Ferulic acid is a ubiquitous plant constituent that arises from the
55 metabolism of phenylalanine and tyrosine¹³. It has been shown to have significant
56 antioxidant effects in many studies¹⁴. Phytosterols are natural constituents of plants
57 and have many essential functions in plant cells, similar to those of cholesterol in
58 animal cells^{15,16}. A few studies have reported that various plant extracts with
59 phytosterols as the main active compound can elicit protective effects on prostatitis.
60 For instance, pollen extract^{17,18}, bamboo shoot oil¹⁹, and *Pygeum africanum* extract²⁰
61 affect the smooth muscles of the bladder and the urethra; these extracts also elicit
62 strong anti-inflammatory and anti-proliferative effects.

63 SF provides health-promoting effects of these two active components and shows
64 a higher inhibitory activity against inflammation in mice than corresponding free
65 sterols in previous studies²¹. With the evident contribution of phytosterols to inhibit
66 inflammation and prevent prostate diseases, it is reasonable to suppose that SF is
67 possibly more beneficial for the treatment of non-bacterial prostatitis (NBP). However,
68 as far as we know, there have been no attempts to evaluate inhibitory activity of SF

69 against inflammation in non-bacterial prostatitis.

70 In this study, the protective effects of SF against NBP were evaluated in
71 experimental rats. Microarray gene expression profile analysis was used to determine
72 the mechanism of inflammatory prevention of SF. To the best of our knowledge, this
73 is the first investigation to use microarray technology for studying the role of SF in
74 the prevention of prostate inflammatory. This study also aimed to elucidate the use of
75 SF as a health supplement and provide ideas and methods to prevent and treat
76 prostatitis.

77

78 **2 Results**

79 **2.1 Effects of SF on weight, prostate weight, prostate volume, prostate density, 80 and prostate index**

81 During the four-week test period, no clinical signs or effects could be attributed
82 to SF administered in rats. No significant difference was observed between the body
83 weights of the control group and the Sham-ope group. After Xiaozhiling solution was
84 administered, the control group showed severe edema and inflammation. These rats
85 also revealed an increase in prostate weight, particularly in the ventral and lateral
86 lobes. In SIT and SF groups, the increase in the total prostate weight was inhibited
87 significantly ($p < 0.05$). SF 2000 and SF 1000 groups showed that the increase in total
88 prostate weight was inhibited significantly ($p < 0.01$). Prostate index was significantly
89 increased in the control group compared with the Sham-ope group ($p < 0.05$), and
90 such parameter could be significantly decrease by 1000 and 2000 mg/kg SF in SF
91 1000 and SF 2000 groups, respectively ($p < 0.05$, Fig.1).

92 **2.2 Effects of SF on various physiological indexes of prostatitis and prostate 93 cancer**

94 Compared with the Sham-ope group, the white blood cell count (WBC) was
95 significantly increased and the density of lecithin corpuscles (DLC) was significantly
96 decreased in the prostate fluid of the control group (Fig. 1). SF 2000, SF 1000, and
97 SIT groups could significantly alleviate symptoms ($p < 0.01$). SF 500 group showed a
98 significant decrease in WBC ($p < 0.05$).

99 The total acid phosphatase (ACP) and prostatic acid phosphatase (PAP)
100 activities increased significantly in the control group compared with the Sham-ope
101 group ($p < 0.001$). Tartrate resistant acid phosphatase (TrACP) activity remained
102 unchanged. By contrast, ACP and PAP activities decreased significantly in SF 2000,
103 SF 1000, and SIT groups ($p < 0.05$) compared with the control group. In SF 500
104 group, ACP and PAP remained unaffected by SF (Fig. 2).

105 **2.3 Effects of SF on prostate histopathology**

106 In HE staining (haematoxylin and eosin staining) of the prostate lateral lobe (Fig.
107 3), severe diffuse chronic inflammation symptoms characterized by acinar atrophy,
108 leukocyte infiltration, and interstitial fibrosis were found in the control group. By
109 contrast, SF and SIT treatments could significantly suppress these changes. In most
110 glands, leukocyte infiltration and interstitial fibrosis were decreased as SF
111 concentration was increased. No significant difference was observed in the epidermis
112 area ratio of the rats in the control group and the Sham-ope group. Glandular number,
113 glandular area, glandular cavity area, and their corresponding ratios were significantly
114 lower ($p < 0.01$ or $p < 0.001$) in the control group than in the Sham-ope group.
115 Glandular number, glandular area, and glandular cavity area were significantly higher
116 in SF and SIT groups than in the control group, but no significant difference was
117 observed in the corresponding ratios. Epidermis height, epidermis area, interstitial
118 area, and interstitial area ratio in the control group were significantly higher ($p < 0.01$)
119 than those in the Sham-ope group. Epidermis height and area were higher ($p < 0.01$)
120 in the SF and SIT groups than in the control group, but no significant difference was
121 observed in the interstitial area and the interstitial area ratio among the groups.

122 **2.4 Effects of SF on prostate gene expression response**

123 The control group (three samples) and the SF 2000 group (three samples) were
124 subjected to microarray gene expression profile analysis to determine the mechanism
125 of inflammatory prevention of SF. A total of 349 differentially expressed genes (DE
126 genes), including 238 up-regulated genes and 111 down-regulated genes (fold change
127 ≥ 1.5 , $p < 0.05$), were found in the SF 2000 group compared with the control group.
128 20 most differentially expressed genes are shown in Table 1; most of these genes are

129 closely related to inflammatory response (*Ahsg*, *Serpina1*, *Gal*, *Apoa2*, *Apoc3*) and
130 immune response (*Hp*, *Rbp4*, *F2*, *C3*). These genes may be related to NBP protection
131 and thus require further studies.

132 Pro-inflammatory cytokines, interleukin-8, interleukin-1 β , tumor necrosis
133 factor- α and C-reactive protein are common biomarkers of inflammation in prostatitis
134 Fourteen genes concerned with these biomarkers in the microarray were investigated
135 and the results were shown in Table 2. However, only C-reactive protein was
136 significantly down-regulating expressed between the two groups, and the rest showed
137 no significant difference.

138 **2.5 Effects of SF on related Gene ontology (GO) terms**

139 GO analysis is a functional analysis, in which DE genes are associated with GO
140 categories derived from GO (www.geneontology.org), a community bioinformatics
141 resource that represents a gene product function by using structured and controlled
142 vocabularies²². The result demonstrated that the significantly DE genes ($p < 0.05$,
143 FDR < 0.05) comprised a total of 44 GO terms, including those involved in biological
144 processes (28 GO terms), cell components (11 GO terms) and molecular function (5
145 GO terms). In these terms, the most differentially expressed genes appears mainly
146 related to the response to the stimulus (91 DE genes), response to stress (44 DE
147 genes), response to external stimulus (38 DE genes), response to organic substance
148 (32 DE genes), response to wounding (26 DE genes), regulation of the response to the
149 stimulus (22 DE genes), defense response (21 DE genes), the immune response (21
150 DE genes), inflammatory response (16 DE genes), enzyme regulator activity (29
151 DE genes), extracellular region (60 DE genes), extracellular region part (40 DE
152 genes) and extracellular space (32 DE genes), etc.

153 The highest enrichment GO terms are shown in Table 3. These GO terms were
154 related to fibrinolysis, regulation of coagulation, activation of plasma proteins
155 involved in acute inflammatory response, inflammatory response, lipid metabolic
156 process, sterol metabolic process, hemostasis, regeneration, response to wounding,
157 lipoprotein particle, platelet alpha granule lumen, cytoplasmic membrane-bounded
158 vesicle lumen, vesicle lumen, enzyme inhibitor activity and so on.

159

160 2.6 Effects of SF on related pathways

161 Kyoto Encyclopedia of Genes and Genomes (KEGG) is a database resource
162 that integrates genomic, chemical, and systemic functional information²³. Using the
163 latest KEGG database, we conducted a pathway analysis of DE genes. Five significant
164 pathways ($p < 0.05$; FDR < 0.05) were obtained in Table 4, including Complement
165 and coagulation cascades (rno04610), Metabolism of xenobiotics by cytochrome P450
166 (rno00980), PPAR signaling pathway (rno03320), Retinol metabolism (rno00830),
167 Drug metabolism –cytochrome P450 (rno00982). Two pathways were selected to
168 explain this mechanism further (Fig. 4). We mapped the DE genes onto the KEGG
169 pathways to attain a linkage between key molecules and biochemical pathways
170 associated with SF. Yellow marked nodes are associated with up-regulated genes,
171 orange marked nodes are associated with down-regulated or only whole dataset genes,
172 and green nodes have no significance.

173

174 2.7 Quantitative real-time PCR (QRT-PCR) validation of the microarray 175 analysis

176 QRT-PCR is one of the most common techniques used to detect and quantify
177 gene expression. This technique is also used to verify microarray data. A QRT-PCR
178 was performed on all of the five genes (*Plg*, *F2*, *Apoa2*, *Aqp7*, and *C3*) in order to
179 confirm the results obtained from the microarray. The results obtained from the
180 microarray analysis were compared with the data obtained by QRT-PCR for these
181 selected genes with differential expression and showed similar trends (Fig. 5). *Plg*,
182 *F2*, *Apoa2*, and *C3* expression levels were significantly higher in the control group
183 than in the sham-ope group ($p < 0.05$), while *Aqp7* expression was just the reverse. By
184 contrast, SF treatments could significantly suppress these changes.

185 3 Discussion

186 After Xiaozhiling solution was administered, severe edema, inflammation and
187 fibrosis in the prostatic lateral lobes and a remarkable increase in prostate mass were

188 found. Histological analysis showed severe diffuse chronic inflammation
189 characterized by leukocyte infiltration and interstitial fibrosis in the lateral lobe of the
190 prostate in the control group, similar to previous reports of other investigators^{19,24}. By
191 contrast, SF and SIT treatments could significantly suppress these changes. The
192 inflammatory symptoms, for instance, in most glands, leukocyte infiltration and
193 interstitial fibrosis were decreased as SF concentration was increased. This result
194 indicated that SF could significantly alleviate the inflammatory symptoms of
195 Xiaozhiling-induced NBP in rats.

196 As traditional markers of the severity of inflammation, the increase of WBC in
197 prostate fluid is likely to be prostatitis and DLC is the opposite^{24,25}. PAP is a major
198 source of serum acid phosphatase activity, mainly found in the prostate gland
199 epithelium and lamina secretions. PAP is very low in normal serum levels, while it
200 increases in patients with prostate cancer metastasis, prostatitis and prostatic
201 hyperplasia. The prostate tumor size was positively correlated with the serum PAP
202 activity. Therefore, PAP is used clinically as a serum biomarker of prostate cancer²⁶.
203 Similarly, ACP content has a certain significance in the clinical diagnosis of prostate
204 disease. The experimental results show that WBC, PAP and ACP activities
205 significantly increased and the DLC was just the reverse in the control group, but no
206 effect on TrACP was found, while SF1000, SF2000 and SIT treatments could
207 significantly restrain these parameters. It indicated that SF could effectively reduce
208 inflammation and possibly decreased the risk of prostate cancer in the prostate tissues
209 of rats with NBP.

210 Previous studies have shown that pro-inflammatory cytokines interleukin-8,
211 interleukin-1 β (*IL1b*) and tumor necrosis factor- α (*Tnfa*) are the reliable biomarkers of
212 inflammation in prostatitis²⁷. The expression of genes concerned with these
213 biomarkers and the most differently expressed genes in part 2.4 showed that the
214 addition of SF may not affect the pro-inflammatory transcription profile typical of
215 these prostate tissues in the case of classical activation, but there was a decreased
216 expression of genes involved in the GO terms related to inflammation and immune
217 response.

218 Among the differently expressed GO terms, the terms related to the response to
219 stimulus, stress, and defense were caused by SF absorption into the body. The GO
220 terms of response to wounding, defense response, immune response, fibrinolysis,
221 regulation of coagulation, activation of plasma proteins involved in acute
222 inflammatory response, acute inflammatory response, platelet alpha granule lumen,
223 cytoplasmic membrane-bounded vesicle lumen, vesicle lumen showed that SF could
224 adjust and repair the tissue damage and inflammatory response caused by NBP. The
225 emergence of these GO terms likely elucidated various molecular events of SF to
226 prevent and treat NBP.

227 The significant pathways obtained by pathway analysis in part 2.6 are closely
228 related to inflammatory and tumor-associated biological processes. For instance,
229 peroxisome proliferator-activated receptors (PPARs) are ligand-activated transcription
230 factors involved in regulating glucose and lipid homeostasis, inflammation,
231 proliferation, and differentiation²⁸. Complement and coagulation systems have
232 fundamental clinical implications in the context of life-threatening tissue injury and
233 inflammation^{29, 30}. According to the mapping on the PPAR signaling pathway (Fig.
234 4a), all of these three subtypes, particularly PPAR α and PPAR γ , were affected by SF.
235 On the regulation of complement and coagulation cascades (Fig. 4b), the three
236 pathways of complement activation (classical, lectin, and alternative pathways)³¹ were
237 triggered and mediate complement activation by SF. Therefore, SF could alleviate
238 inflammation and tissue fibrosis by down-regulating complement C3 gene, the central
239 component of the complement system associated with fibrin clot³². SF could also
240 decrease the coagulation cascade reaction by down-regulating the genes of
241 coagulation factors 2 and 12 (*F2* and *F12*) as well as other associated genes. It
242 suggested that SF may significantly alleviate the inflammatory symptoms of
243 Xiaozhiling-induced NBP by affecting the regulation of glucose and lipid
244 homeostasis, inflammation, proliferation, and differentiation.

245 In addition, we also did a comparative gene expression analysis between SIT
246 group and SF group. The result showed that there were no significant differences in
247 both regulated GO terms and KEGG pathways between the two groups. It suggested

248 that SF had a similar anti-inflammatory mechanism as β -sitosterol did and the main
249 active part of SF in the prevention and treatment of prostatitis process may be the
250 steryl groups. However, the regulation mechanism of SF in these events remains to be
251 studied further.

252 From a methodological perspective, this study applied a high-throughput whole
253 gene expression microarray to investigate the behavior of anti-inflammatory effect of
254 SF on Xiaozhiling-induced NBP rat model. The gene expression profiling analysis of
255 the anti-inflammatory effect is completed by pathway analysis and GO analysis. The
256 gene expression levels provided by microarray were validated by comparing with key
257 mRNA transcripts assayed by QRT-PCR. This approach provides an overview of
258 cellular processes in the anti-inflammatory effect, enabling the quantitative estimation
259 of the change in expression of GO terms and pathways of the DE genes. It is,
260 therefore, a powerful instrument to understand how the whole transcriptome is
261 represented and annotated in prostate inflammation tissue in the presence of oral
262 administration SF. However, the microarray presents an inherent limitation. The
263 technique we used to investigate gene expression profiles, which does not
264 automatically translate into proteomic profiles, and it has to be taken into account
265 when evaluating the results of our experiments³³. If a pathway is wanted to be studied
266 completely, the corresponding proteomics experiments such as western blotting
267 experiments and enzyme-linked immunosorbent assay (ELISA) must be performed.
268 This is what we plan to implement in the further.

269

270 **4 Experimental**

271 **4.1 Preparation of SF**

272 SF was purified from Chinese rice as described previously³⁴. In brief, the SF was
273 prepared from commercial rice bran oil by conventional silica gel column
274 chromatography. Reverse-phase high-performance liquid chromatography revealed
275 that the SF fraction was mainly composed of four major ferulates: cycloartenyl ferulae
276 (31.4%), 24-methylene cycloartanyl ferulate (51.5%), β -sitosteryl ferulate (12.3%)
277 and campesteryl ferulate (4.8%). The average molecular weight of SF was calculated

278 from the molar ratio of these ferulates and the value was 607.15.

279 **4.2 Animals and treatments**

280 A total of 84 adult male Sprague-Dawley rats were purchased from the
281 Experiment Animal Center of Zhejiang Academy of Medical Sciences (Hangzhou, P.
282 R. China) and fed with a common diet prepared according to state standard
283 GB14924-1994 (Laboratory Animals Wholesome Feeds). Food and water were
284 supplied ad libitum. The rats were housed under the following conditions: 12 h/12 h
285 light/dark photocycle and 40% to 70% humidity. NBP was induced by injecting 0.1
286 mL of 25% Xiaozhiling solution (inflammatory inducer; Shuanghe Co., Ltd., Beijing,
287 P. R. China) diluted in 0.5% sodium carboxymethyl cellulose (CMC-Na; Zhejiang
288 Shapuaisi Pharma Co., Ltd., Zhejiang, P. R. China) in the prostatic lateral lobes.

289 SF was suspended at 500, 1000, and 2000 mg/kg in 0.5% CMC-Na. β -sitosterol
290 (SIT; 95%, Sigma) used as the positive control treatment was also suspended at
291 2000 mg/kg in 0.5% CMC-Na. The rats were randomly divided into six treatment
292 groups with 14 rats in each group: sham-operated (Sham-ope) group; control group;
293 SF 500 group; SF 1000 group; SF 2000 group; and SIT group. In the Sham-ope group,
294 the rats receive an oral treatment with 0.5% CMC-Na (15 mL/kg). In the control
295 group, the rats were injected with 0.1 mL of 25% Xiaozhiling solution in the prostatic
296 lateral lobes under ether anesthesia on the first day and then orally treated with 0.5%
297 CMC-Na (15 mL/kg). In SF 500, SF 1000, SF 2000, and SIT groups, 500, 1000, and
298 2000 mg/kg SF as well as 2000 mg/kg β -sitosterol were orally administered for four
299 weeks, respectively. These procedures were conducted in accordance with the
300 institutional guidelines for animal care and with Chinese government animal
301 protection and management laws.

302 The general physical condition of each rat was monitored throughout the test
303 period. The amounts of ACP, PAP and TrACP were analyzed using acid phosphatase
304 assay kits (Nanjing Jiancheng Bioengineering Institute, Jiangsu, P. R. China). The
305 prostate was extirpated and weighed; prostate index was calculated from the absolute
306 prostatic weight divided by the body weight. The parts of the right prostatic lateral
307 lobes were crushed. Afterward, DLC and WBC in crushed prostate samples were

308 observed under a microscope. Other parts of the prostatic lateral lobes were stored in
309 liquid nitrogen for use in functionally focused cDNA microarray techniques.

310 **4.3 Prostate histology**

311 The left prostatic lateral lobes were used to confirm the presence of prostate
312 inflammation. The ventral and dorsolateral prostate lobes were fixed at 10% neutral
313 buffered formalin, embedded in paraffin, and stained with haematoxylin and eosin
314 (HE staining). The images of the prostate lateral lobe were initially obtained at
315 random fields of view. Prostatic histomorphological parameters (including glandular
316 number, epithelial height, epithelium area, glandular cavity area, glandular area, and
317 matrix area) were then analyzed quantitatively³⁵. Relative epithelium area, glandular
318 area, glandular cavity area, and matrix area were calculated using VNT
319 QuantLab-MD biomedical image analysis system (Visual New Technology
320 Developing Co., Ltd., Beijing, P. R. China).

321 **4.4 cDNA microarray**

322 The total RNAs of SF 2000 and control groups (three examples from each group)
323 were extracted according to methods described previously¹⁹, Total RNA from each
324 sample was quantified by the NanoDrop 1000 and RNA integrity was assessed by
325 standard denaturing agarose gel electrophoresis. The total RNAs of SF 2000 and
326 control groups were used for labeling and array (NimbleGen 12x135K microarrays)
327 hybridization, following the manufacturer's instructions.

328 Array scanning using the Axon GenePix 4000B microarray scanner (Molecular
329 Devices Corporation). Scanned images were then imported into NimbleScan software
330 (version 2.5) for grid alignment and expression data analysis. Expression data were
331 normalized through quantile normalization and the Robust Multichip Average (RMA)
332 algorithm included in the NimbleScan software. The 6 gene level files were imported
333 into Agilent GeneSpring GX software (version 11.0) for further analysis.
334 Differentially expressed genes were identified through Volcano Plot filtering.
335 Pathway analysis and GO analysis were applied to determine the roles of these
336 differentially expressed genes played in these biological pathways or GO terms.

337 **4.5 Validation of microarray data by quantitative real-time PCR**

338 QRT-PCR was performed to determine and confirm gene expression. The
339 primers of *Plg* (Assay Identification Number: NM_053491), *F2* (NM_022924),
340 *Apoa2* (NM_013112), *Aqp7* (NM_019157), and *C3* (NM_016994) were designed and
341 synthesized by Superarray Bioscience Corp. The rat's reduced glyceraldehyde
342 phosphate dehydrogenase (*GAPDH*, NM_017008) was used as an internal control.
343 The thermal cycler conditions were listed as follows: 95 °C for 5 min (for initial
344 denaturation); denaturation at 95 °C for 10 s; 59 °C for 15 s; and 72 °C for 20 s (35
345 cycles). QRT-PCR was conducted according to the manufacturer's protocol. The
346 standard curve was drawn using the threshold cycle of the templates in known
347 numbers of copies. The threshold cycle of each sample was plotted on the standard
348 curve, and mRNA copy number was calculated using Rotor-gene 6.0 (Corbett
349 Research). The results were expressed relative to *GAPDH*. All of the assays were
350 performed in triplicate.

351 **4.6 Statistical analysis**

352 Each value was presented as mean \pm SD. Data were analyzed by ANOVA.
353 Significant difference was determined at $p < 0.05$, and the differences between
354 treatments were determined by one-way ANOVA in SAS (SAS Institute Inc., 2002).

355

356 **5 Conclusion**

357 In conclusion, SF may be useful for the treatment of NBP, in that it could inhibit
358 prostate inflammation in nonbacterial prostatitis patients by affecting the expression
359 of genes in the related GO terms and pathways. This study elucidated SF may be used
360 as a health supplement to prevent and treat NBP. However, the regulation mechanism
361 of SF in these events remains to be studied further.

362

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367

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TABLE**Table 1. The most differentially expressed genes whose changes due to Xiaozhiling treatment could be reversed by SF**

SEQ_ID	GeneSymbol	COMMENTS	p-value	FC ^a
NM_134326	<i>Alb</i>	albumin	0.000949	-17.78041
NM_001009626	<i>Apoh</i>	apolipoprotein H	0.002639	-8.134782
NM_012901	<i>Ambp</i>	alpha 1 microglobulin/bikunin	0.001694	-6.252965
NM_012898	<i>Ahsg</i>	alpha-2-HS-glycoprotein	0.002458	-6.047176
NM_022519	<i>Serpina1</i>	serine (or cysteine) proteinase inhibitor, clade A (alpha-1 antiproteinase, antitrypsin), member 1	0.010285	-5.692349
NM_053491	<i>Plg</i>	plasminogen	0.001675	-5.606492
NM_033237	<i>Gal</i>	galanin	0.007393	-5.174481
NM_133526	<i>Tspan8</i>	tetraspanin 8	0.026491	-5.14902
NM_001003409	<i>LOC298116</i>	alpha-2u-globulin (L type)	0.006671	-4.585438
NM_012582	<i>Hp</i>	haptoglobin	0.016404	-4.555831
NM_173094	<i>Hmgcs2</i>	3-hydroxy-3-methylglutaryl-Coenzyme synthase 2	A 0.008361	-4.427111
NM_013112	<i>Apoa2</i>	apolipoprotein A-II	0.018252	-4.424937
XM_001080229	<i>Rbp4</i>	retinol binding protein 4, plasma	0.003067	-4.28228
NM_031598	<i>Pla2g2a</i>	phospholipase A2, group IIA (platelets, synovial fluid)	0.026909	+3.775508
XM_001079837	<i>Tm4sf5</i>	transmembrane 4 superfamily member 5 (predicted)	0.004134	+3.601309
NM_001008859	<i>Mrps10</i>	mitochondrial ribosomal protein S10	0.027233	+3.586477
NM_012824	<i>Apoc1</i>	apolipoprotein C-I	0.009531	-3.519669
NM_012501	<i>Apoc3</i>	apolipoprotein C-III	0.024263	-3.470708
NM_022924	<i>F2</i>	coagulation factor II	0.007944	-3.375911
NM_053021	<i>Clu</i>	clusterin	0.02292	-3.362452

^a FC: Fold change, the ratio of normalized intensities between two groups. “-”, stands for down-regulating expression; “+”, stands for up-regulating expression.

Table 2. The expression level of genes concerned with proinflammatory cytokines

SEQ_ID	GeneSymbol	COMMENTS	FC ^a
NM_031512	<i>Il1b</i>	Rattus norvegicus interleukin 1 beta (Il1b), mRNA.	-1.18
NM_053953	<i>Il1r2</i>	Rattus norvegicus interleukin 1 receptor, type II (Il1r2), mRNA.	-1.43
NM_177935	<i>Il1rap1l</i>	Rattus norvegicus interleukin 1 receptor accessory protein-like 1 (Il1rap1l), mRNA.	1.18
NM_133575	<i>Il1rl2</i>	Rattus norvegicus interleukin 1 receptor-like 2 (Il1rl2), mRNA.	1.14
NM_022194	<i>Il1rn</i>	Rattus norvegicus interleukin 1 receptor antagonist (Il1rn), mRNA.	1.40
NM_019310	<i>Il8ra</i>	Rattus norvegicus interleukin 8 receptor, alpha (Il8ra), mRNA.	1.14
NM_001014039	<i>Tnfaip8l2</i>	Rattus norvegicus tumor necrosis factor, alpha-induced protein 8-like 2 (Tnfaip8l2), mRNA.	1.09
NM_182950	<i>Tnfaip1</i>	Rattus norvegicus tumor necrosis factor, alpha-induced protein 1 (endothelial) (Tnfaip1), mRNA.	-1.49
XM_001056720	<i>Tnfaip8</i>	PREDICTED: Rattus norvegicus tumor necrosis factor, alpha-induced protein 8 (predicted) (Tnfaip8_predicted), mRNA.	1.23
XM_001061429	<i>Tnfaip8l1</i>	PREDICTED: Rattus norvegicus similar to tumor necrosis factor, alpha-induced protein 8-like 1 (LOC301131), mRNA.	1.10
XM_001071736	<i>Tnfaip2</i>	PREDICTED: Rattus norvegicus similar to Tumor necrosis factor, alpha-induced protein 2 (Primary response gene B94 protein) (LOC299339), mRNA.	-1.03
XM_001072284	<i>Tnfaip8l3</i>	PREDICTED: Rattus norvegicus tumor necrosis factor, alpha-induced protein 8-like 3 (predicted) (Tnfaip8l3_predicted), mRNA.	1.25
XM_236246	<i>Tnfaip8l3</i>	PREDICTED: Rattus norvegicus tumor necrosis factor, alpha-induced protein 8-like 3 (predicted) (Tnfaip8l3_predicted), mRNA.	1.36
NM_017096	<i>Crp</i>	Rattus norvegicus C-reactive protein, pentraxin-related (Crp), mRNA.	-3.61

^a FC: Fold change, the ratio of normalized intensities between two groups. “-”, stands for down-regulating expression; “+”, stands for up-regulating expression.

Table 3. The most enrichment GO terms could be improved by SF

GO.ID	Term	Ontology ^a	Count ^b	Fold. Enrichment ^c
GO:0042730	Fibrinolysis	BP ^d	5	26.37
GO:0030195	Negative regulation of blood coagulation	BP	6	21.09
GO:0050819	Negative regulation of coagulation	BP	6	18.08
GO:0030193	Regulation of blood coagulation	BP	6	13.56
GO:0050818	Regulation of coagulation	BP	6	11.17
GO:0002541	Activation of plasma proteins involved in acute inflammatory response	BP	5	9.04
GO:0018904	Organic ether metabolic process	BP	7	7.03
GO:0006639	Acylglycerol metabolic process	BP	6	6.66
GO:0002526	Acute inflammatory response	BP	11	6.45
GO:0006638	Neutral lipid metabolic process	BP	6	6.44
GO:0051605	Protein maturation by peptide bond cleavage	BP	7	6.33
GO:0006662	Glycerol ether metabolic process	BP	6	6.33
GO:0008203	Cholesterol metabolic process	BP	7	5.99
GO:0016125	Sterol metabolic process	BP	7	5.61
GO:0007596	Blood coagulation	BP	7	5.15
GO:0007599	Hemostasis	BP	7	5.09
GO:0031099	Regeneration	BP	9	4.13
GO:0051241	Negative regulation of multicellular organismal process	BP	11	4.02
GO:0006954	Inflammatory response	BP	16	3.75
GO:0009611	Response to wounding	BP	26	3.21
GO:0034364	High-density lipoprotein particle	CC ^e	6	22.21
GO:0034361	Very-low-density lipoprotein particle	CC	4	16.78
GO:0034385	Triglyceride-rich lipoprotein particle	CC	4	16.78
GO:0032994	Protein-lipid complex	CC	6	16.42
GO:0034358	Plasma lipoprotein particle	CC	6	16.42
GO:0031093	Platelet alpha granule lumen	CC	5	7.67
GO:0060205	Cytoplasmic membrane-bounded vesicle lumen	CC	5	7.15
GO:0031983	Vesicle lumen	CC	5	6.42
GO:0005615	Extracellular space	CC	34	4.12
GO:0044421	Extracellular region part	CC	40	3.56
GO:0005576	Extracellular region	CC	60	3.01
GO:0030234	Endopeptidase inhibitor activity	MF ^f	17	7.51
GO:0004857	Serine-type endopeptidase inhibitor activity	MF	10	7.48
GO:0030414	Peptidase inhibitor activity	MF	18	7.39
GO:0004867	Enzyme inhibitor activity	MF	23	6.17

^a Ontology: the ontology of listed term belongs to;

^b Count: the number of DE genes associated with the listed GO term;

^c Fold. Enrichment: the Fold Enrichment value of the GO term;

^dBP: biological processes ;

^eCC: cell components;

^fMF: molecular function.

Table 4. The most enrichment pathways could be improved by SF

PathwayID	Definition	Fisher-Pvalue	E-Score ^a	Genes ^b
rno04610	Complement and coagulation cascades	1.62E-06	5.78	<i>C3//C4B//CFI//F12//F2//FGG//PLG//SERPINA1//SERPINF2</i>
rno00980	Metabolism of xenobiotics by cytochrome P450	1.08E-05	4.96	<i>AHRR//CYP2B3//CYP2C23//GSTA2//GSTA2//GSTM7//MGST1//UGT1A1</i>
rno03320	PPAR signaling pathway	2.54E-05	4.59	<i>A2//APOC3//AQP7//CYP8B1//HMGCS2//PCK1//RXRG//SLC27A6</i>
rno00830	Retinol metabolism	9.28E-05	4.03	<i>AHRR//AWAT2//CYP2B3//CYP2C23//RDH12//RDH7//UGT1A1</i>
rno00982	Drug metabolism – cytochrome P450	0.000267	3.57	<i>CYP2B3//CYP2C23//GSTA2//GSTA2//GSTM7//MGST1//UGT1A1</i>

^aE-Score: the Enrichment Score value of the PathwayID, it equals $-\log_{10}(\text{P-value})$

^bGenes: the DE genes associated with the PathwayID. The abbreviations of DE genes are case-insensitive.

FIGURES

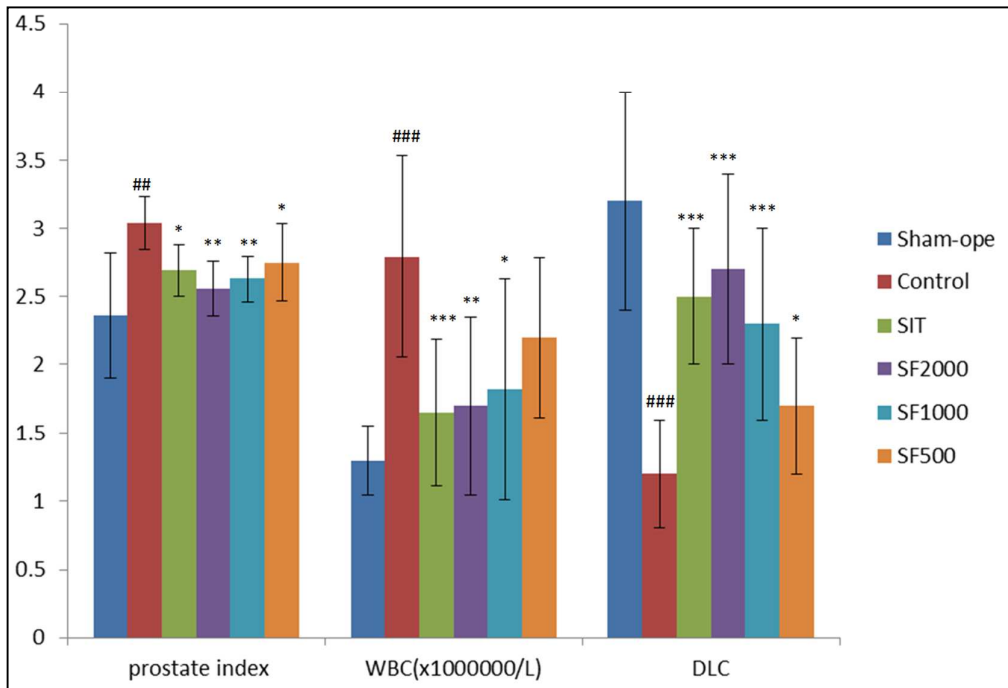


Figure 1. Effect of SF on prostate index, WBC and DLC in prostate fluid (n=10)

SF: Steryl ferulates; SIT: β -Sitosterol; DLC: density of lecithin corpuscle in crushing prostates; WBC: white blood cells counting in crushing prostates; Mean \pm SD, ###p<0.001, versus Sham-ope; * p<0.05, ** p<0.01, ***p<0.001, versus controls.

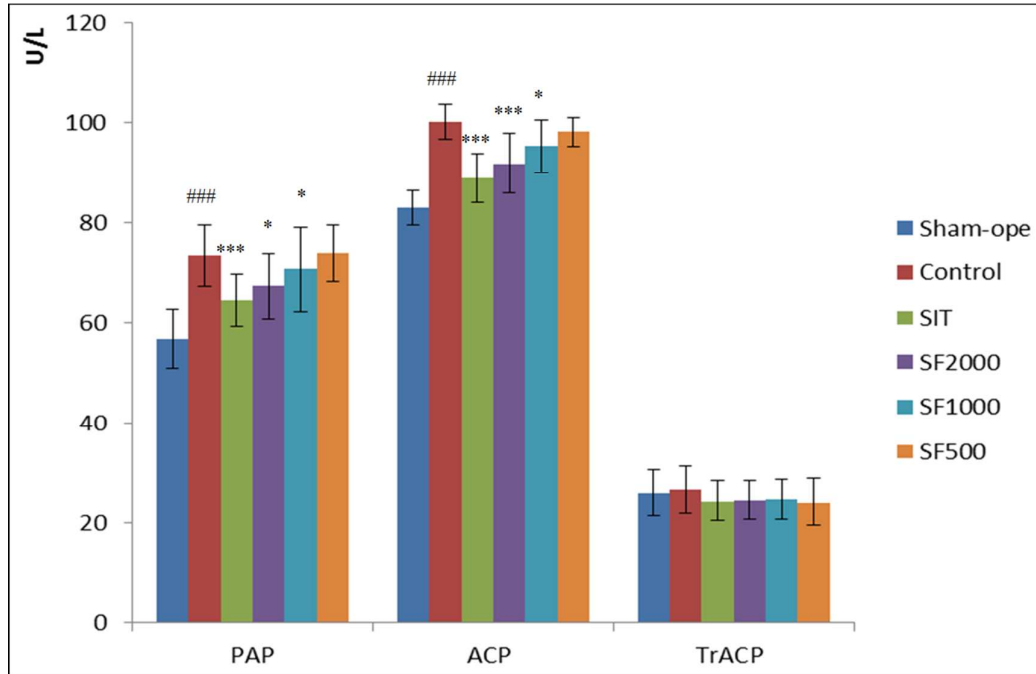


Figure 2. Effect of SF on ACP, PAP and TrACP in serum (n=10)

SF: Steryl ferulates; SIT: β -Sitosterol; PAP: prostatic acid phosphatase; ACP: total acid phosphatase; TrACP: tartrate resistant acid phosphatase; Mean \pm SD, ### p <0.001, versus Sham-ope; * p <0.05, ** p <0.01, *** p <0.001 versus controls.

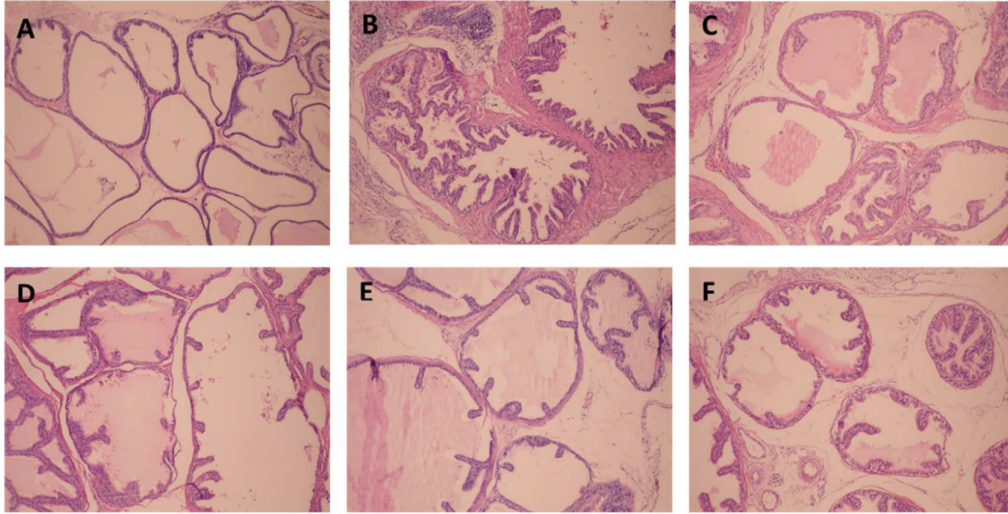


Figure 3. HE staining of the prostate in experimental nonbacterial prostatitis rat
(A) Sham-ope group; (B) Control group; (C) SIT group; (D) SF 2000 group; (E) SF 1000 group; (F) SF 500 group. $\times 100$.

(A) The regulation of PPAR signaling transduction; (B) The regulation of complement and coagulation cascades; DE genes were mapped onto the KEGG pathways to attain a linkage between key molecules and biochemical pathways associated with SF. Yellow marked nodes are associated with up-regulated genes, orange marked nodes are associated with down-regulated or only whole dataset genes, and green nodes have no significance.

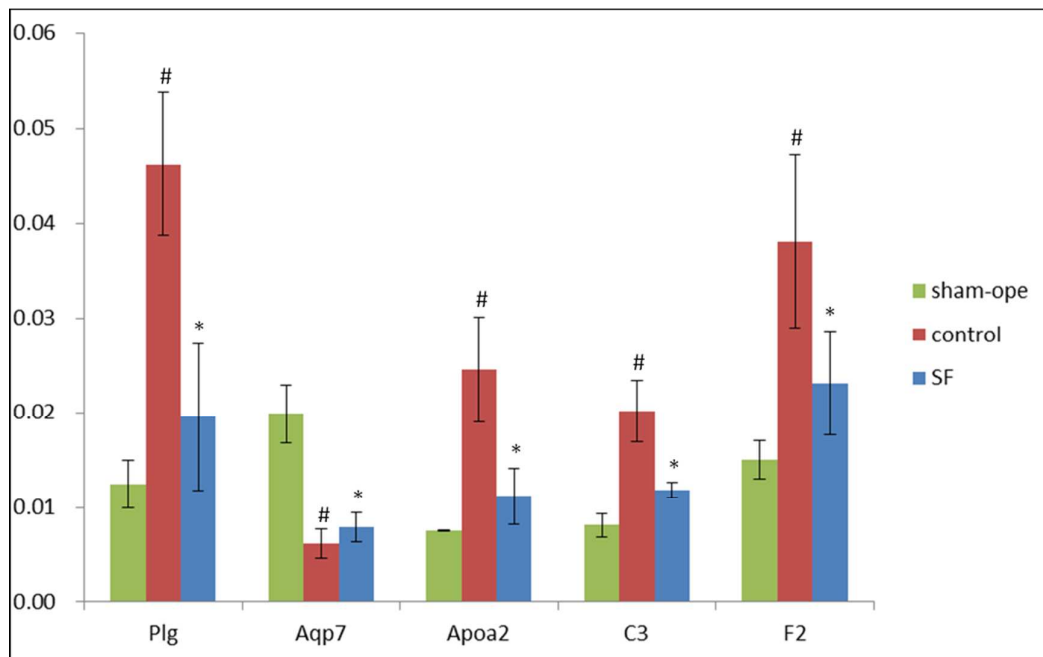


Figure 5. QRT-PCR validation of microarray results for *Plg*, *Aqp7*, *Apoa2*, *C3*, and *F2* (n=3)

The results are expressed relative to the *GAPDH* internal control. Mean \pm SD, # p <0.05, versus sham-ope; * p <0.05, versus control.

Abstract graphics

