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Application of Fourier transform near-infrared spectroscopy to the quantification and monitoring of carbonyl value in frying oils

Yage Wang, Xiuzhu Yu *, Xiumei Chen, Yandie Yang, Jingya Zhang

College of Food Science and Engineering, Northwest A&F University, 28 Xinong Road Yangling, 712100, Shaanxi, P. R. China

*Corresponding author. Tel.: +86-29-87092206; fax: +86-29-87092486. E-mail address: xiuzhuyu1004@hotmail.com.

A rapid and convenient method of determining carbonyl value (CV) in frying oil using Fourier transform near-infrared (FTNIR) spectroscopy was established. A total of 144 oil samples were subjected to CV determination by using the 2,4-dinitrophenylhydrazine (2,4-DNPH) method and FTNIR spectroscopy combined with partial least square (PLS) modelling. The PLS model worked best with pretreated spectra in the wavelength range of 9702 cm⁻¹ to 4531 cm⁻¹, resulting in the root mean square error of calibration (RMSEC) of 1.47 mmol kg⁻¹ and prediction (RMSEP) of 1.73 mmol kg⁻¹. Studies related to the monitoring of CV changes in a simulated frying process of the oil samples were then performed to evaluate method's feasibility for monitoring oil quality online. Results showed that the model-predicted value was close to the true value determined by the 2,4-DNPH method (R=0.989). Therefore, the FTNIR method can be used for quantifying and monitoring CV with the advantages of simple operation and no pollution.

Special attention has been paid to the quality of frying oil because of the special conditions of its usage. The oxidation rate of frying oil increases with incensement of time that oil exposing to air at high temperature. The hydroperoxides are generated first, which subsequently decompose into aldehydes and ketones that undergo a variety of complex reactions, such as hydrolysis, isomerization, and polymerization. Thus, harmful substances become accumulated in oil and get into human body with the fried food. These substances are harmful to human health and change the color and flavor of fried food

12	¹ . Therefore, monitoring the stability and quality changes
13	throughout the frying process is essential. A series of
14	parameters such as acid value (AV), peroxide value (PV), total
15	polar compounds (TPC), and carbonyl value (CV) are used to
16	evaluate oil quality. However, AV and PV are not considered
17	as suitable markers for characterizing quality of the frying oil.
18	AV has no direct relationship with the quality of frying oil 2,3 ,
19	while PV increases to a maximum level and then decreases
20	due to the decomposition of peroxides into carbonyl
21	compounds, conjugated dienes, and other compounds.
22	Compared to AV and PV, CV measures the total carbonyl

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23 content, including aldehydes and ketones which increase 24 spontaneously along with heating and are not easy to 25 decompose ⁴. Simultaneously, Farhoosh et al. reported that CV 26 and TPC had a good linear relationship with a determination 27 coefficient of 0.975 ⁵. Therefore, CV was more appropriate for 28 evaluating frying oil quality.

The most widely used method of CV determination is the reaction of carbonyl compounds with 2,4dinitrophenylhydrazine (2,4-DNPH), which produced 2,4dinitrobenzene hydrazone. The product generated quinone of wine red in alkaline conditions, which induced absorbance values at 440 nm^{6,7}. This method has the disadvantages of requiring a harmful chemical and large volume of solvent, hence a modified method that uses 2-propanol (2-PrOH) as solvent had been developed ⁸. In subsequent studies, 2-PrOH was replaced by 1-butanol (1-BuOH) because the older method had the problem of excluding the carbonyl compound existing in the solvent before the reaction ⁹ and Farhoosh et al. recognized that it was not feasible ¹⁰. Regardless the solvent used, all of these measurement processes were laborious and time-consuming, and required a large amount of organic solvent. Therefore, these methods are not suitable for monitoring quality of oil during the production process in industry. Efforts have been paid for developing new methods of CV determination.

48 Modern instrumental analytical techniques, such as Fourier-49 transform near-infrared (FTNIR) spectroscopy and gas 50 chromatography (GC) are now used for the determination of 51 carbonyl compounds in oil samples ¹¹. FTNIR spectra of 52 overtones and combination bands (X-H, X=C, O, or N) will 53 vary when the oil compositions change. This technique is 54 rapid and convenient, which provides the possibility of

55	monitoring oil quality online. Moreover, it is nondestructive,
56	and does not require hazardous reagents and complex sample
57	pretreatment. Besides FTNIR, GC is also commonly employed
58	in CV measurement. Yiannis et al. developed a GC method for
59	the determination of 10 characteristic carbonyls in biological
60	and oil samples based on the in-drop formation of hydrazones
61	by using 2,4,6-trichlorophenylhydrazine (TCPH) ¹¹ . However,
62	the method requires expensive instrument and complicated
63	sample treatment procedure. Compared with the GC method,
64	using FTNIR spectroscopy can be more affordable and easier
65	for food industries. In recent years, a large amount of studies
66	regarding rapid determination of oil oxidation have been done.
67	A PLS model was created to study the relationship between
68	physicochemical parameters and near infrared spectroscopic
69	data of frying oils. Ng. et al. used both forward stepwise
70	multiple linear regression (FSMLR) and PLS to predict TPC
71	of soy-based frying oils and reported that performance of
72	FSMLR and PLS were related to wavelength range $^{12}\!\!.$ They
73	also studied FTNIR spectroscopic methods for measuring TPC
74	and FFA in soy-based frying oil used for frying various foods.
75	Their findings indicated that the quality of oil used for frying
76	different foods could be measured with a single model. PLS
77	models gave better prediction results than FSMLR models $^{\rm 13}.$
78	In addition to these two parameters, peroxide value, viscosity,
79	and smoke point were also studied, and good correlation
80	between spectroscopic and traditional methods was achieved
81	¹²⁻²¹ . Contrary to the above conclusion, Szabo et al. reported
82	less favorable results for the determination of CV in porcine
83	subcutaneous fats during frying by FTNIR, probably because
84	of very low concentration of carbonyl compounds in the
85	samples. However, to our best knowledge, few contributions
86	exist on the use of FTNIR spectroscopy for determining and

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monitoring CV of frying oil in the frying process. The present
work describes a rapid FTNIR method for CV measurement
and demonstrates the feasibility of applying it for monitoring
frying oil quality online.

91 Materials and methods

92 Materials and reagents

93 Potatoes were obtained from a local supermarket. Soybean oil,
94 rapeseed oil, peanut oil, blend oil, olive oil, maize oil, and two
95 batches of frying oils were purchased from local market.
96 Potassium hydroxide, 95% ethanol, benzene, 2,4-DNPH, and
97 trichloroacetic acid were of analytical grade.

21 98 Sample preparation

99 Potatoes were washed, peeled, and cut into pieces, then 23 24 100 submerged in water to minimize browning. Because frying oil 25 26_{101} is not a single type of oil but a mixture of several oils, it was 27 28102 prepared by mixing two or three oils in a mass ratio of 1:1 29 30103 (two oils) and 1:1:1 (three oils), respectively. One batch of 90 31 32¹⁰⁴ samples was generated by accelerating oxidation at 105 °C in 33₁₀₅ an oven through a certain period of time. The other batch of 54 34 35_{106} samples was collected from three types of mixed oil used to 36 fry potatoes at 180 ± 5 °C. Continuous frying lasted for 6 h per 37107 38 39¹⁰⁸ day for 3 consecutive days. A 100 ml volume of the filtered oil 40 109 sample was taken every hour ⁵. No oil was replenished during 41 42_{110} the frying process. Arbitrary selection was used for dividing 43 44111 144 samples into calibration set and validation set with the 45 46¹¹² purpose of even distribution of different oxidation degrees 47 48¹¹³ from two batches. All of the samples were sealed, wrapped 49₁₁₄ with aluminum foil, and kept at 4 °C in a refrigerator. Another 50 51115 series of frying oil samples was used for evaluating the 52 feasibility of FTNIR spectroscopy in monitoring process. **53**116 54

55¹¹⁷ Chemical determination

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118 CV of the oil samples was measured using the 2,4-DNPH

119	method. A 0.5 g sample was dissolved in a 25 ml refined
120	benzene solution. A 5 ml volume from this solution was placed
121	in a stoppered 25-ml test tube, then 3 ml trichloroacetic acid
122	and 5 ml 2,4-DNPH were added. The test tube was vigorously
123	shaken. After that, the solution was incubated at 60 $^{\circ}\mathrm{C}$ for 30
124	min in a water bath, and then 10 ml of KOH-CH ₃ OH was
125	slowly added along the tube wall after cooling. The solution
126	was then shaken and allowed to stand for 10 min. The
127	absorption was measured at a wavelength of 440 nm through a
128	1-cm cuvette against a blank that contained all the reagents
129	except the oil using a UV-1240 spectrophotometer (Shimadzu
130	Corporation, Japan) ⁶ . Chemical analysis was performed in
131	duplicate for each sample.
132	Spectral acquisition
133	A MPA-TM FTNIR (Bruker Optics, Germany) system with
124	

InGaAs detector and a liquid chamber (tube diameter = 5 mm) was used for collecting transmission spectra. The wavelength rang was from 12000 cm⁻¹ to 4000 cm⁻¹. The co-addition was 32 scans and the resolution was 4 cm⁻¹. To reduce the temperature effect, the oil sample was maintained at 60 °C in a water bath before acquiring the spectra ²².

140 Chemometric analysis

OMNIC 7.3 and TQ Analyst 7.2 (Nicolet Company, U.S.A.) 141 142 were used for PLS model development. Multivariate calibration was performed by PLS regression to study the 143 relationship between the reference and the FTNIR spectra^{15, 16,} 144 145 ²³. Predicted residual sum of squares (PRESS) by cross validation was used for determining the optimum number of 146 147 principal components. Correlation coefficient (R), root mean 148 square error of calibration (RMSEC), and root mean square 149 error of prediction (RMSEP) were used for model evaluation. 150 Paired t-test ²⁴ was used to determine whether or not FTNIR

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1 151 and 2,4-DNPH methods are equivalent. The average relative 2 3 152 error and relative standard deviation (RSD) were used to prove 4 5 153 the accuracy and precision of the CV model. Relevant 6 154 indicators were calculated as follows: 7

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15 Average relative error=
$$\frac{1}{n} \times \sum_{i=1}^{n} \left| \frac{y'_i - y_i}{y_i} \right| \times 100\%$$

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12

156 RSD=
$$\frac{1}{\overline{y}'}\sqrt{\frac{\sum_{i=1}^{n}(y'_{i}-\overline{y}')^{2}}{n-1}} \times 100\%$$

17157 2,4-DNPH Where y_i is CV determined by the 18 19 20158 method, y_i represents CV determined by the NIR method,

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22₁₅₉ 23 \overline{y}' represents the average CV determined by the NIR method.

24₁₆₀ 25 Frying process monitoring

26161 A series of frying oil samples was used for evaluating the 27 feasibility of FTNIR spectroscopy in monitoring the quality of 28162 29 oil during the frying process. A sample of 100 ml was **30**¹⁶³ 31 collected every hour, and was cooled to 60 °C. CV was 164 32 33165 measured using FTNIR spectroscopy and the 2,4-DNPH 34 35166 method to investigate the correlation of results between these 36 **37**¹⁶⁷ two techniques. Frying was conducted for 6 h every day, and 38 39¹⁶⁸ was not stopped until CV exceeded 43.5 mmol kg⁻¹ according 40₁₆₉ to previous studies⁵. The process did not involve 41 **42**170 replenishment with new oil.

Results and discussion 44171

45 **46**¹⁷² **CV** determination

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58179 59 60

47₁₇₃ 48 The accuracy of the model was closely linked to the reference **49**₁₇₄ method used. Although some modified methods has been 50 **51**175 developed, the 2,4-DNPH method is still the most acceptable 52 53¹⁷⁶ for CV measurement. The reference values obtained by the 54 55¹⁷⁷ 2,4-DNPH method for calibration and validation sets are 56₁₇₈ presented in Table 1. 57

80	Table 1 CV	for cal	libration	and	validation	sets	determined	by	2,4-DNPH
81	method								

	NO. of samples		Average (mmol kg ⁻¹)	Range (mmol kg ⁻¹)	
-	Oven oxidation	60	10.16	0.53 44 51	
	Frying oxidation	44	10.10	0.55-44.51	
-	Oven oxidation	30	12.49	0.04 42.65	
-	Frying oxidation		12.40	0.94-43.03	
100					

183	The CV ranged from 0.53 to 44.51 mmol kg ⁻¹ . Relative error
184	and standard deviation of the results obtained by this
185	analytical method ranged from 0.9% to 3.2% and 0.8% to
186	1.5%, respectively. Previous studies have reported that the
187	total amount of polar material (carbonyl compounds such as
188	ketones and other compounds) increased as duration of
189	heating increased ^{12, 13} . The frying process generates
190	hydroperoxides and other polar compounds through hydrolysis,
191	isomerization, and polymerization. The amount of these
192	compounds is related to oil and food types, frying conditions
193	and others $^{25}\!\!$. The samples collected represented various levels
194	of oil oxidation and were evenly distributed, and were
195	desirable for creating a good model. These samples were
196	divided into calibration and validation sets with arbitrary
197	selection for the purpose of even distribution of different
198	oxidation degrees of the two batches.

199 Spectroscopy analysis

Total amount of 144 spectra were obtained by subjecting 200 201 samples to FTNIR. Fig. 1 showed spectra of the two batches. These similar spectra of two batches indicated that the 202 203 oxidation process of frying oxidation and oven oxidation were 204 similar. (The absorbance of spectra for oven oxidation was 205 increased by 0.5 in order to more clearly discriminate the spectra of the two batches). 206

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17208 Fig. 1 Spectra of calibration and validation sets. 19²⁰⁹ The spectra showed strong absorption peaks at 8280, 7074, 20 21²¹⁰ 5801, 5795, and 4663 cm⁻¹. The small bumps at 8280 and 22₂₁₁ 23 7074 cm⁻¹ revealed the second overtone of the C-H, stretching **24**212 vibration of -CH=CH- and the combination of C-H and -CH₂, 26213 respectively. The major peaks at about 5801 and 5795 cm⁻¹ **28**²¹⁴ were mostly correlated with the first overtone of the C-H. 29 30²¹⁵ stretching vibration of -CH=CH- and -CH₃. The peak at 4663 31₂₁₆ cm⁻¹ represented the combination of C–H, stretching vibration 33217 of -CH=CH-²⁶. Osborne et al. reported that the absorption bands obtained between 5000 and 4545 cm⁻¹ were connected 35²¹⁸ 36 37²¹⁹ to the degree of oxidation in oils ²⁷.

38₂₂₀ In order to improve the performance of the model, several 39 40221 pretreatments such as second derivative, multiplicative scatter 41 42222 correction (MSC) and standard normal variate (SNV) in 43 44²²³ different regions have been employed. The derivative can 45₂₂₄ 46 strengthen the band characteristics by removing background, 47₂₂₅ eliminating baseline drift, increasing spectral resolution. 48 49226 However, noise is also amplified when this pretreatment is 50 used²⁸. In contrast with derivative, the effect of smoothing is 51²²⁷ 52 53²²⁸ to reduce random noise and improve the signal to noise ratio²⁹. 54₂₂₉ The comparison of the results obtained by different 55 56230 preprocessing methods was displayed in table 2. The results 57 obtained in 9702-4531 cm⁻¹ apparently 58231 had better 59

232	performance compared with other spectra regions. This
233	spectral range included the absorption bands (4513–5369 cm^{-1})
234	of the second overtone of the C=O stretching vibration, which
235	were related to carbonyl compounds $^{\rm 20,\ 30}$. The preprocessing
236	method of the combination of SNV and second derivative
237	worked better than others, and resulted highest R (0.993) and
238	lowest RMSEC (1.47 mmol kg ⁻¹).

239Table 2 Selection of spectral range and pretreatments for CV in oils

	0				
Spectral region (cm ⁻¹)	Pretreatments	PCs	RMSECV (mmol kg ⁻¹)	R	$\frac{\text{RMSE C}}{(\text{mmol } k z^{-1})}$
8343–6826	Second derivative	6	2.76	0.962	4.56
10803-4531	Second derivative	8	2.66	0.960	4.66
9702–4531	Second derivative	7	2.70	0.981	3.2
9702–4531	NF(15,10) ^b + Second derivative	8	2.69	0.951	3.14
9702–4531	SF(9,6) ^a + Second derivative	7	2.68	0.980	2.30
9702–4531	MSC+ Second derivative	8	2.68	0.983	2.06
9702–4531	SNV(9702- 4531)+ Second derivative	9	2.40	0.993	1.47

a SF (9,6) represents the smoothing under 9 data points and the 6th polynomial; b NF (15,10) represents the Norris derivative smoothing under segment length is 15 and the gap between segments is 10.

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Model development and validation 241

- PLS models were established using the reference data and 242
- 243 spectra obtained in selected wavelength range (Figs 2 and 3).
- The appropriate number of PCs was determined by the leave-244
- one-out cross validation method. Minimum root mean square 245
- error of cross validation (RMSECV) of 2.40 mmol kg⁻¹ was 246
- 247 achieved by increasing the number of PCs to 9 (data not
- 248 shown). The larger number of PCs was probably associated
- 249 with the variety of oil types and seasonal variations in oils.

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30²⁵³ Fig. 3 Predicted and reference values of CV in validation set. 31₂₅₄

Reference value /mmol kg

33255 There was a strong correlation between the actual CV and the 34 one predicted by FTNIR. The R value was 0.993 for the 35256 36 37²⁵⁷ calibration set, and a RMSEC of 1.47 mmol kg⁻¹ was achieved. 38₂₅₈ 39 Meanwhile, the validation set resulted in R of 0.990 and 40259 RMSEP of 1.73 mmol kg⁻¹. These results demonstrated that 41 42260 FTNIR spectroscopy method can accurately predict CV and be 43 **44**²⁶¹ useful for quality-control applications. Szabo et al. reported 45 46²⁶² less favorable results for the determination of CV in porcine 47₂₆₃ subcutaneous fats during frying by FTNIR³¹. In this study, the 48 49264 calibration samples included frying oils consisting of many 50 51265 different types of vegetable oils, but the method proposed was 52 53²⁶⁶ still able to give accurate predictions of CV.

54₂₆₇ Further statistical analysis indicated that the results by the 2,4-55 56268 DNPH method and FTNIR method were comparable. A paired 57 58269 t test for comparing the results of the two methods resulted a t 59

270 value of 1.935, which was less than the critical value of $t_{39,005}$ (i.e., 2.023), indicating that the FTNIR method was suitable 271 for rapid CV determination. A careful assessment of precision 272273 and stability of the model was conducted using 10 randomly selected samples. Each sample was measured 5 times. The 274 relative error ranged from 1.2% to 4.6% and RSD of CV 275 ranged from 1.43% to 1.89%, indicating that the model was 276 277 robust. Many researches have been done to investigate the 278 potential of analyzing frying oils through FTNIR spectroscopy, 279 but only a few papers have used statistical criteria to evaluate the accuracy and precision of FTNIR spectroscopy methods. 280 Similar FTNIR methods with similar performances were 281 reported for the determination of TPC and AV¹²⁻²¹. This study 282 283 added the model for the determination of CV in frying oils and further extended the application of the software. 284

285 Frying process monitoring

To evaluate the feasibility of FTNIR spectroscopy in 286 287 monitoring oil quality online and 17 samples were collected along the frying process and then analyzed by both standard 288 289 method and FTNIR.

According to Fig. 4, it demonstrated that the model can be 290 used for quality monitoring of frying oil in frying process. In 291292 practical applications, after 13 h frying, CV significantly exceeded 43.5 mmol kg⁻¹, hence, frying was stopped. Both 293 methods showed that CV linearly increased with frying time. 294 295 The results showed that the FTNIR method can be used for 296 monitoring the CV content in real time. Moreover, FTNIR spectroscopy can be combined with side linear automatic 297 sampling to form an analysis system for oil companies to 298 299 control oil quality online.

300 The monitoring of an additional set of oil samples using this

301 model indicated that the model was not specific to a certain

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302 type of oil. Hence, it could be applied for the analysis of CV in 303 a more variable frying oil samples. On the other hand, the 304 model provided the possibility of monitoring oil in real time. 305 CV in frying oils can be quantitatively measured by FTNIR in 306 less than 1 min. Therefore, FTNIR can immediately determine 10_{307} whether the oil is deteriorated. Its rapid feedback on the 11 12308 quality of oil can be useful for food enterprises and poor 13 14309 quality oil can be replaced in time. Obviously, traditional 15 16³¹⁰ methods have failed to achieve this target. An FTNIR 17₃₁₁ 18 spectroscopy instrument, in combination with automatic **19**₃₁₂ sampling equipment over the line and with the results recorded 20 through a computer, could provide real-time information on 21313 22 **23**³¹⁴ frying oil. FTNIR spectroscopy has the advantages of 24₃₁₅ requiring no sample pretreatment and no chemicals. Its easy 25 26₃₁₆ operation makes it even more applicable in the detection 27 **28**317 domain. 29





48₃₂₁ The 2,4-DNPH method is reliable and accurate for the 49 50322 determination of CV in various frying oil samples. However, 51 **52**³²³ the test is time consuming and the chemicals used are harmful 53 54³²⁴ to laboratory personnel. FTNIR method appears to be a good 55₃₂₅ alternative with the advantages of simple operation, rapid 56 57326 determination and no hazardous chemicals requirement. A 58

327 FTNIR-based method for the determination of CV in frying oil was successfully developed. Good correlation was found 328 329 between FTNIR predicted values and the reference data. Our 330 results were favorable compared to those in the literatures for 331 the determination of TPC, AV, and PV by using FTNIR¹²⁻²¹. The FTNIR-based method worked well for monitoring oil 332 333 quality online in a simulated frying process of the oil samples 334 (R = 0.989).

FTNIR spectroscopy has the unique ability of simultaneously 335 336 determining multiple indicators. Additional research is 337 currently ongoing, and further researches should involve constructing a comprehensive index to fully reflect the degree 338 of oxidation. This degree shall be expressed through 339 340 commonly used indicators of oxidation, such as AV, CV, and PV, and their weights. 341

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