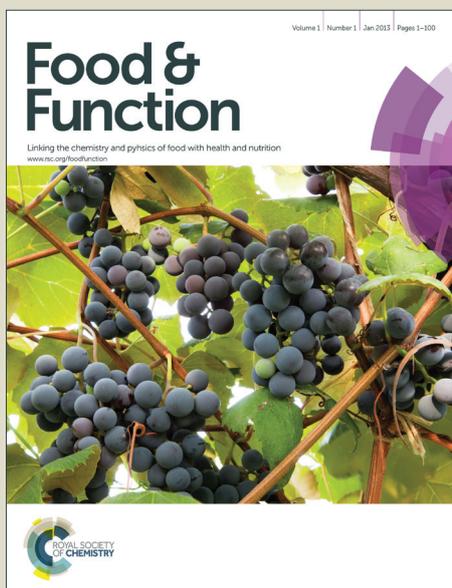


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1 **Fucoidan from the sea cucumber *Acaudina molpadioides* exhibits**
2 **anti-adipogenic activity by modulating the Wnt/ β -catenin pathway**
3 **and down-regulating the SREBP-1c expression**

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6 A novel fucoidan, which consists of a 1→3-linked tetrafucose repeating unit that is
7 distinctive in its sulphation pattern, was isolated from the sea cucumber *Acaudina*
8 *molpadioides*. In the present study, we examined the anti-adipogenic effect of the
9 fucoidan from *Acaudina molpadioides* (*Am-FUC*) *in vitro* and *in vivo*. Results
10 showed that *Am-FUC* exhibited an inhibitory effect on the proliferation and
11 differentiation of 3T3-L1 cells. *Am-FUC* suppressed the differentiation of 3T3-L1
12 cells, decreasing the content of intracellular triglyceride by 34.07% at the
13 concentration of 200 μ g/ml. *In vivo* experiments showed that the subcutaneous,
14 perirenal and epididymal fat content of *Am-FUC*-treated mice were significantly
15 reduced compared to the HFFD-fed mice. A reverse transcriptase-polymerase chain
16 reaction assay revealed that *Am-FUC* significantly increased the mRNA expressions
17 of Wnt/ β -catenin pathway related factors, namely, Wnt10b, β -catenin, Fz and LRP5
18 and decreased that of the key transcriptional factors, such as SREBP-1c, PPAR γ and
19 C/EBP α . β -catenin acts as an anti-adipogenic factor to inhibit the expression of
20 PPAR γ and C/EBP α , while SREBP-1c can promote the adipocyte differentiation by
21 enhancing the activity of PPAR γ . Western blotting results showed that *Am-FUC*
22 significantly increased the protein level of the total β -catenin and nuclear β -catenin
23 and suppressed that of the SREBP-1c. *Am-FUC* also significantly inhibited the
24 mRNA expressions of the lipid synthesis related genes such as FAS and GPAT, while
25 had no effect on that of the lipolysis related genes such as HSL and ATGL. These
26 findings suggest that *Am-FUC* possesses marked anti-adipogenic activity by
27 modulating the Wnt/ β -catenin pathway and down-regulating the expression of
28 SREBP-1c.

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30 Introduction

31 Adipocytes have long been regarded as passive vessels for the storage of excess
32 energy. However, recent studies show that adipocytes can also act as endocrine cells
33 by actively secreting various adipocytokines to regulate glucose and lipid
34 metabolism.¹ The exhausted capacity of white adipose tissue to store lipid or the
35 deregulated adipocytokine secretion from the expanded adipocytes caused by obesity
36 contribute to the development of systemic insulin resistance and metabolic diseases,
37 such as type 2 diabetes, hypertension and hyperlipidaemia.^{2,3} Adipocyte
38 differentiation, namely adipogenesis, is the process of changes in cell morphology,
39 hormone sensitivity and genes expression.⁴ Studies show that adipogenesis involves
40 many stages related to obesity and disordered adipocyte differentiation may lead to
41 the pathogenesis of obesity-associated conditions.⁵

42 Many signaling pathways participate in regulating the adipogenesis and one of
43 them is Wnt/ β -catenin signaling pathway.⁶ Wnt proteins can regulate various cellular
44 activities, including cell proliferation and cell differentiation, through activating the
45 cell surface receptor-mediated signal transduction pathways.⁷ There are several Wnt
46 isoforms in the Wnt proteins family and the one involved in the adipogenesis is
47 Wnt10b.⁸ Once secreted, Wnt10b combines to the cell surface Lipoprotein receptor-
48 related protein 5 (LRP5)/Frizzled (Fz) receptor complex and activates dishevelled to
49 initiate the Wnt/ β -catenin signaling pathway.⁹ Dishevelled helps to prevent the
50 formation of the destruction complex and release β -catenin, which then translocates to
51 the nucleus and binds to the T cell factor/lymphoid enhancer factor (TCF/LEF) family
52 to mediate the Wnt response genes.¹⁰ CCAAT/enhancer binding protein- α (C/EBP α)
53 and peroxisome proliferator-activated receptor- γ (PPAR γ) are key transcriptional
54 factors in the adipogenesis.¹¹ Researches show that they can be regulated by various
55 upstream transcriptional factors, such as β -catenin and sterol regulatory element-
56 binding protein-1c (SREBP-1c), an activator of the PPAR γ ligand.^{12,13}

57 The sea cucumber *Acaudina molpadioides*, with little edible value, is widely
58 distributed in bay of Bengal, Indonesia, Philippines, Australian, Japan and China.¹⁴ It
59 contains high content of fucoidan, possessing up to 3.8% of the body wall dried
60 matter. Fucoidans from the sea cucumber are mainly composed of L-fucose and
61 sulphate ester groups.¹⁵ They are linear polysaccharides consisted of regular tandem

62 repeat, e.g. di-, tri- or tetrasaccharide repeating unit, with diverse glycosidic linkages
63 and sulfation patterns.¹⁶ *Am*-FUC consists of a 1→3-linked tetrafucose repeating unit
64 and its sulfation pattern is different from other investigated fucoidans.¹⁷ The chemical
65 structure of *Am*-FUC was deduced to be [\rightarrow 3- α -L-fuc-2,4(OSO₃)-1→3- α -L-fuc-1→3- α -L-
66 fuc-1→3- α -L-fuc-1→]_n (Figure 1).¹⁷ There are limited reports on the biological
67 activities of the fucoidan from the sea cucumber. Wang *et al.* proved that *Am*-FUC
68 protected the ethanol-induced gastric damage.¹⁵ Kariya *et al.* found that the fucoidan
69 extracted from the sea cucumber *Stichopus japonicus* inhibited osteoclastogenesis.¹⁸
70 To the best of our knowledge, no information is available about the anti-adipogenic
71 activity of the fucoidan from the sea cucumber. Here, for the first time, we
72 investigated the anti-adipogenic activities of the fucoidan from the sea cucumber
73 *Acaudina molpadioides* which possesses novel sulphation pattern,¹⁷ and the
74 underlying mechanism was further researched by studying the Wnt/ β -catenin pathway
75 related factors.

76 **Materials and Methods**

77 **Materials**

78 Dried *Acaudina molpadioides* was purchased from a seafood market in Qingdao,
79 China and was identified by Professor Yulin Liao of the Chinese Academy of
80 Sciences Institute of Oceanography (Qingdao, China). The Dulbecco's modified
81 eagle medium (DMEM) was purchased from Gibco (Gaithersburg, MD, USA). The
82 Fetal bovine serum (FBS) and trypsin was Hyclone product (Logan, UT, USA).
83 Isobutylmethylxanthine (IBMX), dexamethasone (DEX) and insulin were all provided
84 by Sigma (St. Louis, MO, USA). TRIZol reagent was Invitrogen products (California,
85 USA). Moloney murine leukemia virus reverse transcriptase (M-MLV) was from
86 TaKaRa Bio Inc (Otsu, Shiga, Japan). Rabbit anti-rat β -catenin, SREBP-1c and β -
87 actin were Abcam products (Burlingame, CA, USA). Western blot IP lysis buffer,
88 BCA protein concentration kit, and super-enhanced chemiluminescence (ECL)
89 detection kit were provided by Applygen Technologies Inc (Beijing, China). The
90 primers of genes examined and β -actin were synthesized by ShanGon Ltd. Co.
91 (Shanghai, China).

92 **Preparation of *Am*-FUC**

93 *Am*-FUC was isolated and purified using the methods described by Chang and Yu *et*
94 *al.*^{17,19} Its molecular weight was 1614.1 kDa and the sulfate content is $26.3 \pm 2.7\%$.

95 **Cell lines and cell culture**

96 3T3-L1 cells were obtained from American Type Culture Collection (ATCC,
97 Manassas, VA, America) and cultured in Dulbecco's modified eagle medium (DMEM)
98 with 10% (v/v) Fetal bovine serum (FBS), 100 μ g/ml streptomycin, and 100U/ml
99 penicillin at 37°C in a humidified atmosphere of 5% CO₂. All the experiments were
100 repeated at least three times to ensure the accuracy.

101 **Animals**

102 Male C57BL/6J mice (4 - 5 weeks) were purchased from Vital River Laboratory
103 Animal Center (Beijing, China; Licensed ID: SCXK2009-0007). The animals were
104 housed in a 12-12 h light-dark condition at a temperature of 23 ± 1 °C daily. The use
105 of animals in this study was approved by the ethical committee of experimental
106 animal care at Ocean University of China.

107 **Adipocyte differentiation**

108 3T3-L1 cells were induced into mature adipocytes using the standard hormonal
109 cocktail method.²⁰ Briefly, 3T3-L1 cells were seeded into culture plates and cultured
110 to be confluent. Having been contact inhibited for 2 days, cells were cultured with the
111 differentiation medium containing 0.5 mM IBMX, 1 μ M DEX, 10 μ g/ml insulin and
112 10% FBS (marked as day 0). After 2 days, the culture medium was replaced by
113 DMEM medium containing 10% FBS and 10 μ g/ml insulin (day 2). Then the medium
114 was changed with the complete medium at day 4 and day 6. Different concentrations
115 of *Am*-FUC were added at each medium change during the differentiation from day 0.
116 The adipocytes were collected at day 8.

117 **3T3-L1 cells viability assay**

118 Preadipocytes or mature adipocytes of 3T3-L1 cells (2×10^4 /ml) were seeded in 96-
119 well plates. After 24 hours, cells were treated with different concentrations of *Am*-
120 FUC (0, 100, 200, 400 μ g/ml) for 96 h. Cell viability was determined by MTT method
121 and the cell culture supernatant was collected. The activity of the lactic

122 dehydrogenase (LDH) in the supernatant was examined using a LDH kit (Beyotime,
123 Jiangsu, China).

124 To measure the viability of cells during the differentiation process, 3T3-L1 cells
125 (2×10^4 /ml) were seeded into 96-well plates and induced to mature adipocytes. Cells
126 were treated with *Am*-FUC (0, 100, 200, 400 μ g/ml) from day 0. Cell viability was
127 measured at day 8 by MTT method.

128 **Oil-red O staining**

129 3T3-L1 cells (3×10^4 /ml) were seeded into 24-well plates and induced to mature
130 adipocytes with the method described above. Cells were fixed with 10% fresh
131 formaldehyde for 1 h, then washed with PBS and stained with filtered Oil-red O
132 solution (60% isopropanol and 40% water) for half an hour at room temperature.
133 Then, cells were washed with 60% isopropanol for three times. Images of the stained
134 lipid droplets were collected using an inverted microscope (IX51, Olympus, Tokyo,
135 Japan).

136 **Intracellular triglyceride assay**

137 3T3-L1 cells (3×10^4 /ml) were seeded into 24-well plates and induced to mature
138 adipocytes with the method described above. Cells were then lysed with lysis
139 solution for half an hour at 4°C. The cell lysate was repeatedly thawed and freeze
140 for three times and then centrifuged to get the supernatant. At last, the total
141 triglyceride (TG) level was determined using the triglyceride assay kit (Aibio, Beijing,
142 China) and the protein content was measured by bicinchoninic acid (BCA) kit
143 (Beyotime, Jiangsu, China) to revise the result. TG content is expressed as the
144 concentration of TG/ the concentration of Protein (mg/mg).

145 **Reverse transcriptase-polymerase chain reaction (RT-PCR) analysis**

146 The expressions of genes that regulate the adipogenesis, such as Wnt10b, β -catenin,
147 Fz, LRP5, SREBP-1c, PPAR γ , C/EBP α and the lipid metabolism related genes, such
148 as FAS, GPAT, HSL, ATGL were examined by RT-PCR. β -actin was used as a
149 control. The total RNA of the adipocytes was extracted using TRIzol reagent. RNA
150 (1 μ g) of each sample was reverse transcribed to cDNA by MMLV reverse
151 transcriptase. Two microliters of the reverse transcription product was used for PCR.

152 The amplification cycling conditions were as follows: denatured at 94°C for 45s,
153 annealing for 30s, extended at 72°C for 45s, followed by a 10-min extension at 72°C.
154 The Primer sequences, annealing temperature and cycles performed of different genes
155 are listed in Table 1. The PCR products were separated by electrophoresis on 1%
156 agarose and stained with ethidium bromide (EB). Images were captured and the
157 relative expression of mRNA was achieved by quantifying the densities of the bands
158 with Image J software (Version 1.41o, NIH, USA).

159 **Western blotting analysis**

160 The protein expression levels of the key transcriptional regulator β -catenin and
161 SREBP-1c were examined by western blotting. β -actin was used as the internal
162 control for total protein and TATA box binding protein (TBP) was used as the
163 endogenous control of nuclear protein. The adipocytes were lysed, centrifuged and
164 proteins are collected. The proteins were then fractionated by SDS-PAGE, transferred
165 to nitrocellulose, and incubated sequentially with antibodies against β -catenin and
166 SREBP-1c and then with horseradish peroxidase-conjugated secondary antibodies.
167 Protein bands were visualised using a Tiangen KC-420 Chemiluminescent Substrate
168 Kit and quantified with Image J program (Version 1.41o).

169 **Analysis of nuclear β -catenin level**

170 3T3-L1 cells (3×10^4 /ml) were seeded into 24-well plates and induced to mature
171 adipocytes. Cells were digested by trypsin and then nuclear extracts were obtained
172 using a nuclear extract kit (Solarbio, Beijing, China). Protein content of the nuclear
173 extracts was determined by the BCA protein kit. The protein level of nuclear β -
174 catenin was examined by the western blotting analysis.

175 ***In vivo* anti-adipogenic activity**

176 The obesity model mice were established by fed a high-fat-high-fructose diet (HFFD).
177 The composition of the diet was listed in Table 2. The mice were randomly divided
178 into four groups (10 animals each): control, HFFD-fed, 20mg/kg/d *Am*-FUC-treated
179 and 80mg/kg/d *Am*-FUC-treated. The control group mice were fed with a low-fat-
180 low-fructose diet and the others were all fed with HFFD. After 13 weeks, the
181 subcutaneous, perirenal and epididymal fat of each mouse were measured. Then the

182 subcutaneous fat were fixed with 10% fresh formaldehyde, sectioned using paraffin
183 sections method and stained with hematoxylin-eosin staining method.

184 **Statistical analysis**

185 All data were presented as mean \pm standard deviation (SD) of at least three
186 independent experiments. Differences between the means of the individual groups
187 were assessed by one-way analysis of variance (ANOVA) followed by the Tukey's
188 test. Differences were considered significant at $P < 0.05$.

189 **Results**

190 ***Am*-FUC inhibited the proliferation activity of 3T3-L1 cells**

191 The inhibitory effects of *Am*-FUC on the proliferation activity of 3T3-L1
192 preadipocytes and adipocytes were determined by MTT assay. As shown in Fig. 2,
193 *Am*-FUC significantly inhibited the viability of the preadipocytes and adipocytes in a
194 dose-dependent manner, with 15.93% ($P < 0.05$) and 29.52% ($P < 0.01$) reduction,
195 respectively, when the cells were treated with 200 $\mu\text{g/ml}$ *Am*-FUC for 96 h. To test
196 whether the reduction is result of the cytotoxicity of *Am*-FUC, the LDH levels of the
197 cell culture supernatant were measured. Figure 2 showed that the LDH levels of
198 preadipocytes and adipocytes culture supernatant had no significant change, which
199 means that *Am*-FUC had no cytotoxicity to preadipocytes and adipocytes.

200 ***Am*-FUC exhibited anti-adipogenic activity both *in vitro* and *in vivo***

201 The lipid accumulation in 3T3-L1 cells were examined by Oil-red O staining and
202 triglyceride assay. Figure 3 indicated that *Am*-FUC had a significant inhibitory effect
203 on the differentiation of 3T3-L1 preadipocytes. In comparison with the control level,
204 the TG content was decreased by 29.36% averagely after *Am*-FUC treatment. To
205 know whether the reduction was associated with the inhibition on the proliferation,
206 cells were induced to mature adipocyte and the viability of cells treated with *Am*-FUC
207 from day 0 was measured by MTT assay at day 8. Figure 3 showed that *Am*-FUC has
208 no significant effect on the viability of adipocytes during the differentiation process.
209 To further verify the anti-adipogenic activity of *Am*-FUC, *in vivo* experiments were
210 performed. As shown in Fig. 3, the droplets in the adipocytes of *Am*-FUC-treated
211 mice are much smaller than that of the HFFD-fed group. Table 3 showed that *Am*-

212 FUC significantly reduced the mass of the subcutaneous, perirenal and epididymal fat
213 at the dose of 80mg/kg/d.

214 ***Am*-FUC modulated the Wnt/ β -catenin pathway**

215 Wnt/ β -catenin pathway acts as a negative regulation factor in adipocyte
216 differentiation.²¹ The expression levels of its key factors, such as Wnt10b, β -catenin,
217 Fz and LRP5 were measured. As shown in Fig.4, the expressions of Fz and LRP5, the
218 receptors of Wnt10b, were significantly enhanced by *Am*-FUC, producing 173.96%
219 and 40.96% increasement after the cells were treated with 200 μ g/ml *Am*-FUC.
220 Wnt10b, an anti-adipogenic factor, was drastically reduced during the adipocyte
221 differentiation. However, *Am*-FUC had no marked effect on the mRNA expression of
222 Wnt10b compared to the control level. β -catenin can transfer into the nucleus to
223 regulate the late-acting regulators of adipogenesis after the Wnt/ β -catenin pathway is
224 activated. Figure 4 indicated that the expression level of β -catenin was significantly
225 enhanced by *Am*-FUC. Compared to the control level, *Am*-FUC (200 μ g/ml) increased
226 the mRNA and protein expressions of β -catenin by 329.20% and 803.56%,
227 respectively. The level of nuclear β -catenin was further examined. As shown in Fig.
228 4, *Am*-FUC increased the nuclear β -catenin level by 236.99% averagely.

229 ***Am*-FUC suppressed the mRNA expressions of SREBP-1c, C/EBP α and PPAR γ**

230 SREBP-1c is proved to promote the adipocyte differentiation by enhancing the
231 adipogenic activity of PPAR γ .²² As shown in Fig. 5, the mRNA and protein
232 expression of SREBP-1c was significantly suppressed by *Am*-FUC. After treated with
233 200 μ g/ml *Am*-FUC, its mRNA and protein expression were decreased by 72.69% and
234 70.23%. PPAR γ and C/EBP α cooperates to induce the expression of genes leading to
235 the mature adipocyte phenotype.²³ Figure 5 indicated that the mRNA expressions of
236 C/EBP α and PPAR γ were significantly down-regulated by *Am*-FUC. In comparison
237 with the control level, *Am*-FUC (200 μ g/ml) reduced the expression of C/EBP α and
238 PPAR γ by 65.81% and 81.61%, respectively.

239 ***Am*-FUC down-regulated the mRNA expressions of FAS and GPAT**

240 Fatty acid synthase (FAS) and glycerol 3 phosphate acyltransferase (GPAT) have
241 been suggested to be the rate-limiting enzyme in TG biosynthesis.^{24,25} As shown in
242 Fig. 6, the mRNA expressions of GPAT and FAS had a significant decrease ($P<0.01$)

243 after treated with *Am*-FUC. At the concentration of 200 μ g/ml, *Am*-FUC reduced the
244 expression of GPAT and FAS by 69.01% and 53.62%, respectively.

245 ***Am*-FUC had no effect on the HSL and ATGL mRNA expression**

246 Adipose triglyceride lipase (ATGL) and hormone sensitive lipase (HSL) catalyze the
247 first two steps of the intracellular TG hydrolysis.²⁶ Figure 7 indicated that *Am*-FUC
248 cannot significantly affect the mRNA expression of the lipolysis related genes, which
249 means that *Am*-FUC may not be able to increase the rate of lipolysis.

250 **Discussion**

251 Adipocytes play critical roles in regulating the whole-body energy metabolism and
252 maintaining the energy homeostasis.²⁷ A massive adipocyte differentiation process
253 leads to the increased adipocyte number and adipocyte mass, which causes the obesity
254 and other metabolism diseases.²⁸ Marine-derived sulfated polysaccharides have been
255 shown to inhibit the adipocyte differentiation and improve the insulin resistance and
256 type 2 diabetic.²⁹⁻³² Several studies had reported that the fucoidan derived from brown
257 algae inhibited the adipocyte differentiation.^{29,30} Hu *et al.* proved that fucosylated
258 chondroitin sulfate from sea cucumber improved hyperglycemia and glucose
259 metabolism.^{31,32} In the present study, we obtained a novel fucoidan from the
260 *Acaudina molpadioides* and found that it significantly inhibited the proliferation and
261 differentiation of the 3T3-L1 cells *in vitro*. Our findings indicated that *Am*-FUC may
262 have potent anti-obesity activity. However, because of its high molecular weight, *Am*-
263 FUC seems to be restricted to the gastrointestinal tract and it is unknown whether the
264 degradation products of *Am*-FUC in the gastrointestinal tract still have the anti-
265 adipogenic activity. *In vivo* experiments showed that *Am*-FUC can reduce the fat
266 content of HFFD-fed mice by oral ingestion, which means that *Am*-FUC may be
267 absorbed by oral route. The mechanism of how *Am*-FUC is absorbed needs to be
268 further researched yet.

269 Adipogenesis is controlled by a regulated transcriptional cascade, in which
270 C/EBP α and PPAR γ play important roles and are considered to be the most important
271 transcription factors in the mediation of the adipogenesis.^{13,28} Overwhelming
272 evidences have shown that C/EBP α is significant for adipocyte differentiation. The
273 activation of C/EBP α genes expression is sufficient to induce the differentiation of

274 3T3-L1 preadipocytes without the exogenous hormonal stimuli.³³ PPAR γ is the only
275 transcription factor that has been proved to be indispensable in the adipogenesis.³⁴
276 Several loss-of-function studies in adipogenesis prove that PPAR γ is necessary and
277 sufficient to promote adipocyte differentiation.³⁵ Our data showed that *Am-FUC*
278 down-regulated the mRNA expression of C/EBP α and PPAR γ , which further proves
279 the anti-adipogenic activity of *Am-FUC*.

280 C/EBP α and PPAR γ are regulated by a series of upstream transcriptional factors
281 and β -catenin is one of them. Nuclear β -catenin binds to the TCF/LEF family and
282 enhances the expression of its target genes, such as cyclin D, c-Myc and c-jun.³⁶
283 Those factors then inhibit the adipogenesis by inhibiting the expression of C/EBP α
284 and PPAR γ .³⁶ However, cytoplasmic β -catenin is unstable and degraded without the
285 Wnt stimulation.³⁷ Studies show that high levels of β -catenin could be important in
286 preventing the adipogenesis.³⁸ In the present study, the expression level of β -catenin
287 was enhanced, which indicates that *Am-FUC* may inhibit the adipogenesis through up-
288 regulating the β -catenin.

289 The translocation of β -catenin from the cytoplasm to the nuclear is controlled by
290 the Wnt/ β -catenin pathway.³⁹ It is proved that Wnt/ β -catenin acts as a molecular
291 switch that represses adipogenesis when activated and promotes adipogenesis when
292 turned off.² Wnt10b, a Wnt ligand that inhibits the adipogenesis, stabilizes free
293 cytoplasmic β -catenin and inhibits the expression of C/EBP α and PPAR γ .⁴⁰ Wnt10b is
294 just largely expressed in preadipocytes and declines rapidly upon induction of
295 differentiation,⁴¹ which is in keeping with our results. However, not all the activation
296 of Wnt/ β -catenin pathway is accompanied by the regulating of Wnt10b in 3T3-L1
297 cells. It is proved that TNF α activates the pathway through up-regulating Wnt10b,
298 while IL-6 activates the pathway through modulate the dishevelled with no change in
299 the expression of Wnt10b.⁹ In the present study, *Am-FUC* had no significant effect on
300 the expression of Wnt10b, which is similar to the IL-6. To activate the Wnt/ β -catenin
301 signaling pathway, Wnt10b combines to the Fz receptors and LRP coreceptors and
302 initiate a series signal transduction in adipocyte to help the β -catenin transfer to the
303 nucleus.⁴² Our research showed that *Am-FUC* significantly up-regulated the mRNA
304 expression of Fz and LRP5. These results indicate that *Am-FUC* may modulate the
305 Wnt/ β -catenin signaling pathway by up-regulating the expression of Fz and LRP5.

306 The other upstream transcriptional factor that regulates the C/EBP α and PPAR γ
307 is SREBP-1c. It is under transcriptional controlled by insulin.⁴³ Overexpression of
308 SREBP-1c increases the expression of PPAR γ ligand and further enhances the
309 adipocyte differentiation.⁴⁴ Our results showed that the expression of SREBP-1c was
310 down-regulated suggesting that *Am*-FUC may inhibit the adipogenesis via suppressing
311 the SREBP-1c. In addition, SREBP-1c also has crucial role in regulating genes
312 related to fatty acid synthesis.⁴⁵ The inhibition of SREBP-1c mRNA expression was
313 accompanied by a sharp reduction in the expression of FAS and Acetyl-CoA
314 carboxylase.⁴⁶ In the present study, the mRNA expression of FAS was decreased,
315 which is in keeping with the declining SREBP-1c expression. This result further
316 proves our conclusion.

317 **Conclusion**

318 The present study provides evidences that *Am*-FUC possesses marked anti-adipogenic
319 activity, which is exhibited by modulating the Wnt/ β -catenin pathway and down-
320 regulating the expression of SREBP-1c. Further in-depth investigations are necessary
321 to better understand this complex mechanism. To our knowledge, this is the first
322 report that provides a scientific basis for the application of the fucoidan from the sea
323 cucumber in therapeutic intervention against obesity.

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413

414 Figure legends:

415 **Fig. 1** The chemical structure of *Am*-FUC

416 **Fig. 2** Effects of *Am*-FUC on the proliferation of 3T3-L1 preadipocytes (A) and adipocytes
417 (B). 3T3-L1 cells were treated with various concentrations of *Am*-FUC for 96h. Cell
418 viability was estimated by the MTT assay. The LDH level was measured by a LDH kit. Data
419 are represented as mean \pm S.D. of three independent experiments. Multiple comparisons were
420 done using one-way ANOVA analysis. * $P < 0.05$ versus control; ** $P < 0.01$ versus control.

421 **Fig. 3** The anti-adipogenic activity of *Am*-FUC. 3T3-L1 cells were induced to mature
422 adipocytes and stained with oil-red O at day 8. TG content was measured by TG assay kit.
423 Cell viability at day 8 was estimated by the MTT assay. The adipose tissue is stained with
424 HE staining method. Data are represented as mean \pm S.D. of three independent experiments.
425 Multiple comparisons were done using one-way ANOVA analysis. ** $P < 0.01$ versus control.

426 **Fig. 4** Effects of *Am*-FUC on the Wnt/ β -catenin pathway. The mRNA expressions of Wnt10b,
427 Fz, LRP5 and β -catenin were measured by RT-PCR. The protein level of total β -catenin and
428 nuclear β -catenin was examined by western blotting. β -actin was used as an internal control
429 for total protein and TBP was used as the endogenous control of nuclear protein. Data are
430 represented as mean \pm S.D. of three independent experiments. Multiple comparisons were
431 done using one-way ANOVA analysis. * $P < 0.05$ versus control; ** $P < 0.01$ versus control;
432 ^{##} $P < 0.01$ versus preadipocyte (Pre.).

433 **Fig. 5** Effects of *Am*-FUC on the key transcriptional factors of adipocyte. The mRNA
434 expressions of SREBP-1c, C/EBP α and PPAR γ were measured by RT-PCR. The protein
435 expression of SREBP-1c was examined by western blotting. β -actin was used as an internal
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438 0.01 versus control.

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440 GPAT and FAS were measured by RT-PCR. β -actin was used as an internal control. Data
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442 done using one-way ANOVA analysis. * $P < 0.05$ versus control; ** $P < 0.01$ versus control.

443 **Fig. 7** Effects of *Am*-FUC on the lipolysis related genes. The mRNA expressions of HSL and
444 ATGL were measured by RT-PCR. β -actin was used as an internal control. Data are
445 represented as mean \pm S.D. of three independent experiments. Multiple comparisons were
446 done using one-way ANOVA analysis.

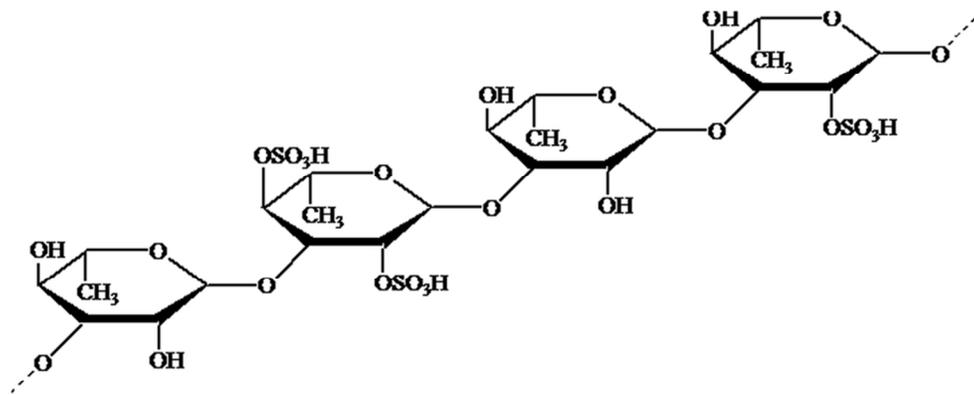


Fig.1 The chemical structure of Am-FUC
41x21mm (600 x 600 DPI)

Table 1 Primer sequences, annealing temperature and cycles of different genes

Genes	Forward primer	Reverse primer	Annealing temperature (°C)	cycles
Wnt10b	ATACCCACAACCGCAACTC	TTCACCTGACCCTACACCC	54	33
Fz	GTTCTTCTCGCAAGAGGAGAC	TCGCTGCATGTCCACTAAATAG	59	33
LRP5	AAGGGTGCTGTGTACTGGAC	AGAAGAGAACCTTACGGGACG-	59	33
PPAR γ	GTGATGGAAGACCACTCGC	CCCACAGACTCGGCACTC	59	30
C/EBP α	GGACACGGGGACCATTAG	CTGGGAGGCAGACGAAAA	57	30
SREBP-1c	AAACTGCCCATCCACCGAC	GCCTCCTCCACTGCCACA	60	30
β -catenin	TTTCCCAGTCCTTCACGC	GCAACATGACGACCCTGG	60	38
FAS	CGGGTCTATGCCACGATT	TCTCAGGGTTGGGGTTGT	58	30
GPAT	TGAAATCACCGCAGACGA	TTGCTTGCTTATTAGTGGA AAA	56	30
HSL	GAGAACCGCTAAGCATCCC	GCCAACCAAGTATTCAAACCTA	56	28
ATGL	ACTGAACCAACCAACCCT	GCAGCCACTCCAACAAGC	56	30
β -actin	CACTGTGCCCATCTACGA	GAACCCATACCTTAGGAC	60	28

Table 2 The compositions of diets

Ingredients (g/kg)	Casein	Cornstarch	Fructose	Coin oil	Lard	Mineral mix	Vitamin mix	Cellulose	Choline bitartrate	DL- methionine	<i>Am</i> - FUC
Control	200	700	---	50	0	30	10	5	3	2	---
HFFD	200	150	450	50	100	30	10	5	3	2	---
20 <i>Am</i> -FUC	200	150	450	50	100	30	10	5	3	2	0.267
80 <i>Am</i> -FUC	200	150	450	50	100	30	10	5	3	2	1.07

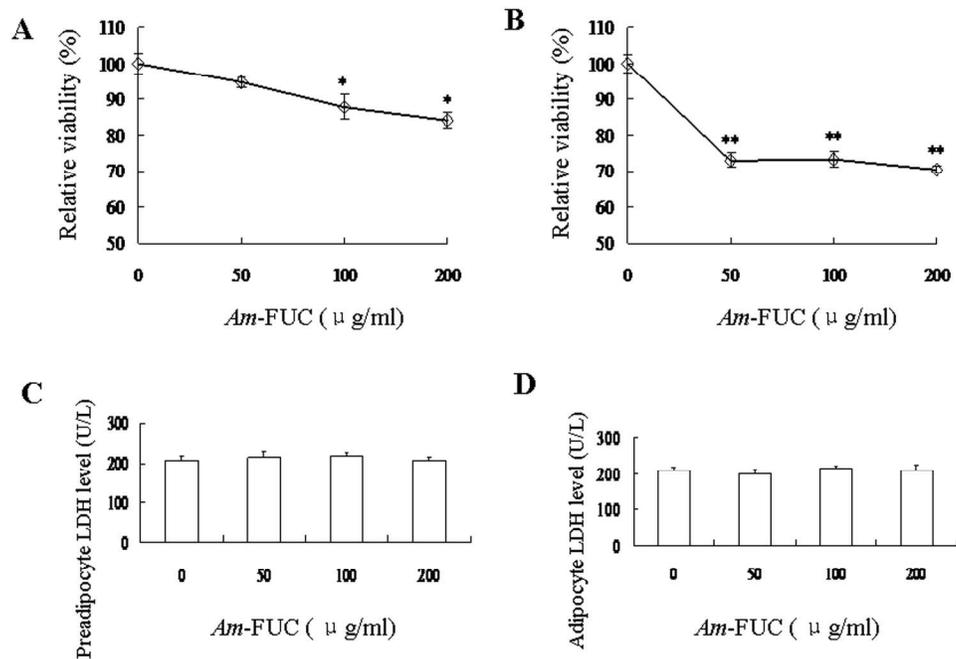


Fig.2 Effects of Am-FUC on the proliferation of 3T3-L1 preadipocytes (A) and adipocytes (B). 3T3-L1 cells were treated with various concentrations of Am-FUC for 96h. Cell viability was estimated by the MTT assay. The LDH level was measured by a LDH kit. Data are represented as mean \pm S.D. of three independent experiments. Multiple comparisons were done using one-way ANOVA analysis. *P < 0.05 versus control; **P < 0.01 versus control.

118x82mm (600 x 600 DPI)

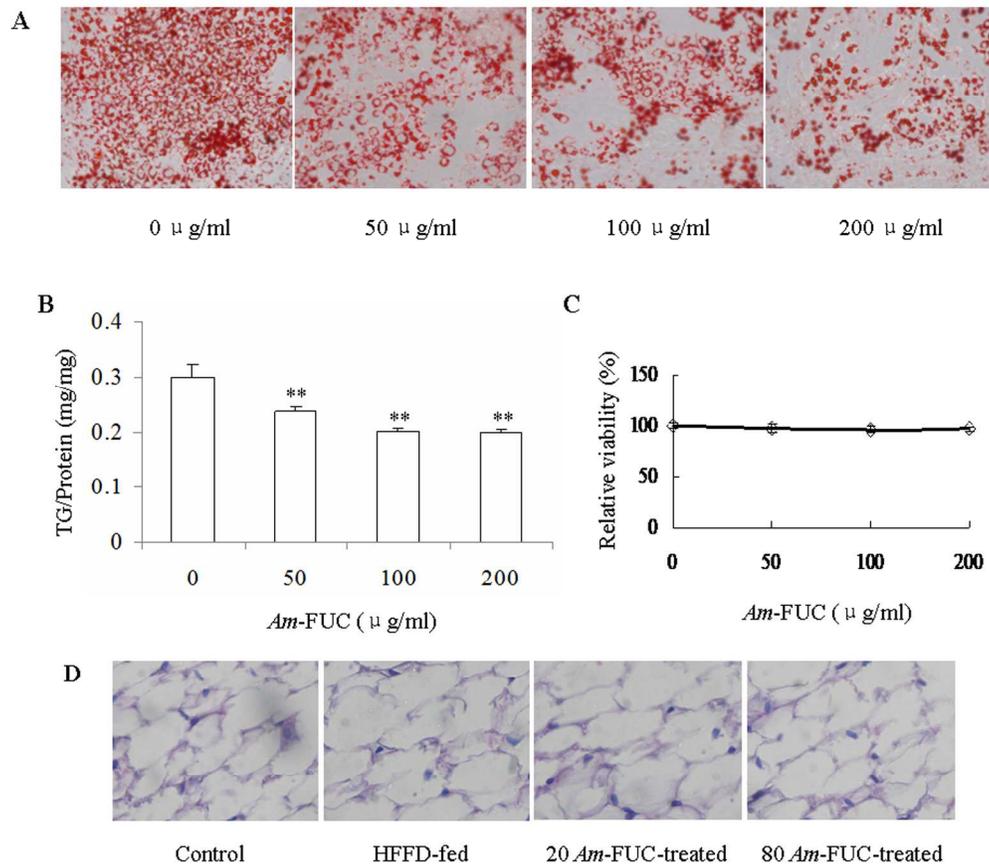


Fig. 3 The anti-adipogenic activity of Am-FUC. 3T3-L1 cells were induced to mature adipocytes and stained with oil-red O at day 8. TG content was measured by TG assay kit. Cell viability at day 8 was estimated by the MTT assay. The adipose tissue is stained with HE staining method. Data are represented as mean \pm S.D. of three independent experiments. Multiple comparisons were done using one-way ANOVA analysis. ** $P < 0.01$ versus control.
149x130mm (600 x 600 DPI)

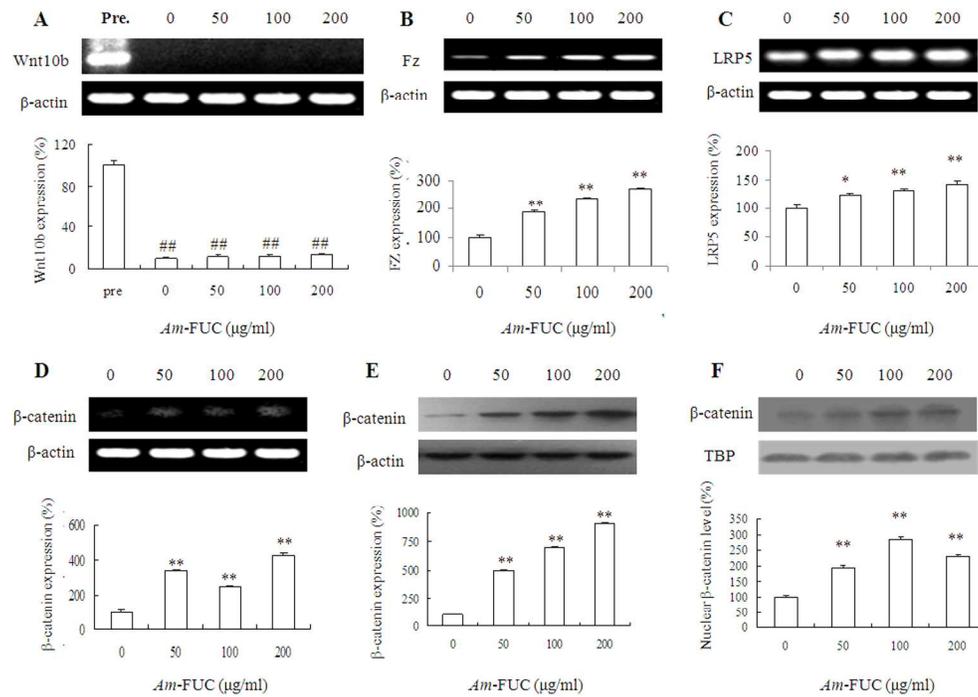


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121x86mm (600 x 600 DPI)

Table 3 Effect of *Am*-FUC on the content of subcutaneous, perirenal and epididymal fat in obesity mice fed with HFFD

Groups	subcutaneous fat (g/kg.bw)	perirenal fat (g/kg.bw)	epididymal fat (g/kg.bw)
Control	11.65±1.58	4.55±0.47	9.52±0.79
HFFD	19.89±2.49 ^{##}	11.04±1.62 ^{##}	21.20±1.95 ^{##}
20 <i>Am</i> -FUC	18.11±2.53	8.97±1.00	18.90±2.23
80 <i>Am</i> -FUC	12.71±1.95 [*]	5.36±0.91 ^{**}	15.07±2.30 [*]

The obesity model mice were established by fed HFFD. Data are represented as mean ± S.D. (n=10 per group). Multiple comparisons were done using one-way ANOVA analysis. ^{*}*P* < 0.05 versus HFFD-fed group; ^{**}*P* < 0.01 versus HFFD-fed group; ^{##}*P* < 0.01 versus control. bw: body weight.

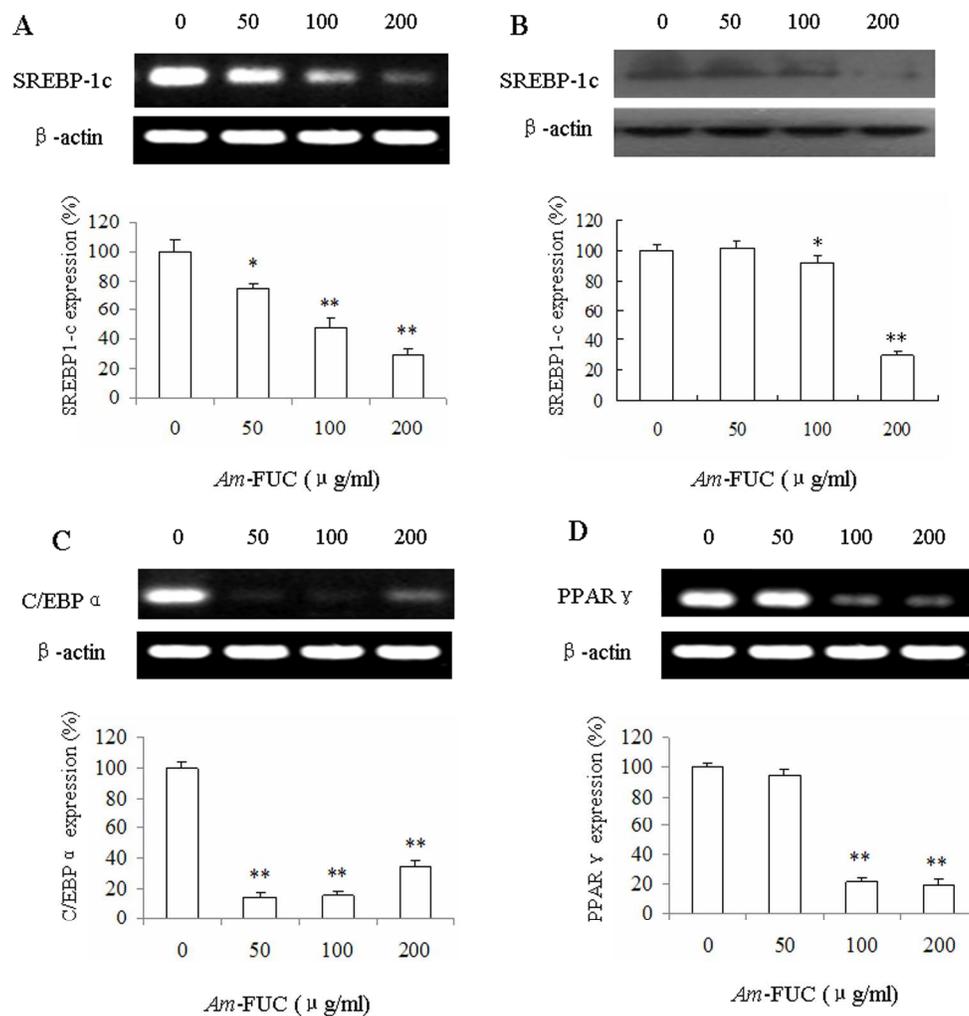


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164x168mm (600 x 600 DPI)

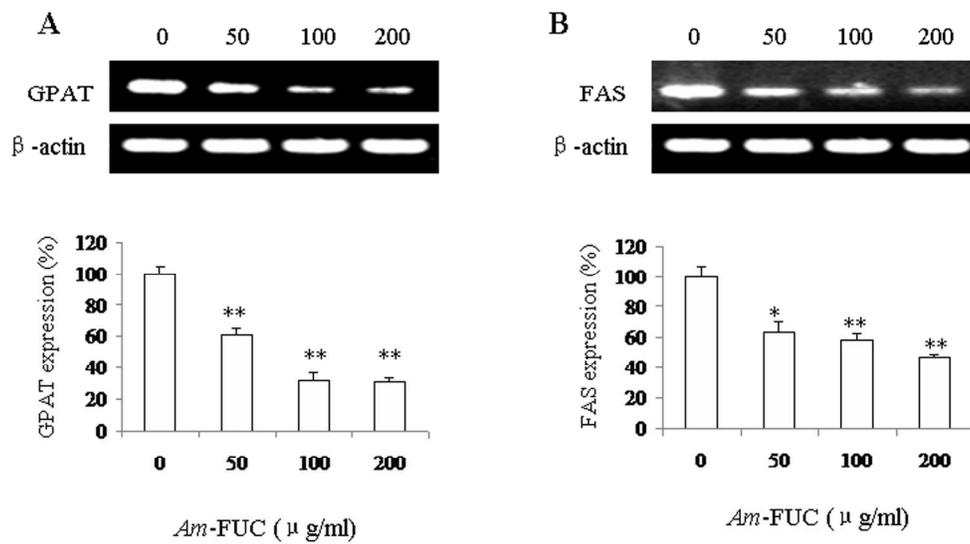


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94x52mm (600 x 600 DPI)

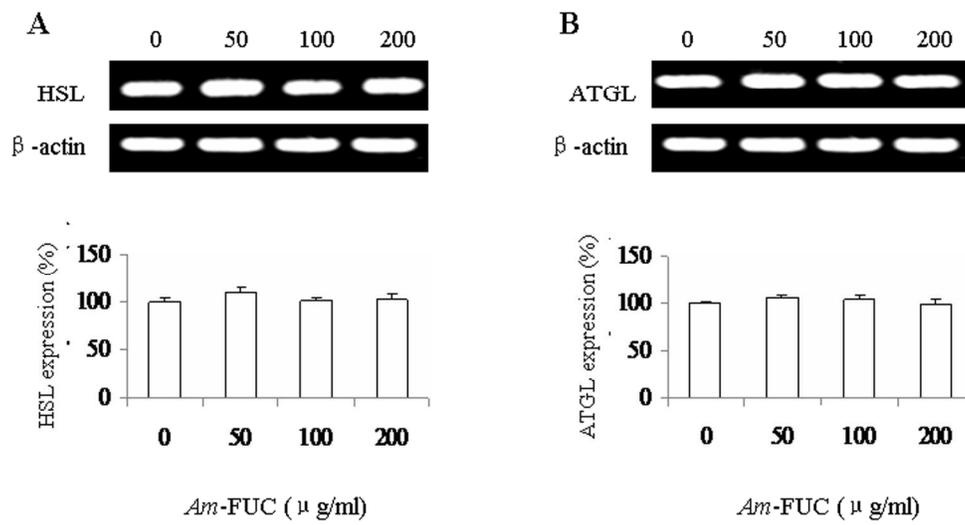


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