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Environmental Impact

Concerns have been raised over increasing potential human health risks owing to food safety along with rapid industrialization and urbanization in the Pearl River Delta (PRD) region. However, it is highly difficult to remediate low-pollution agricultural soils at a large scale using engineering methods. Our idea is that geochemical methodology may provide an effective way to decrease agricultural pollution and improve food safety. Therefore, the factors involved in heavy metal accumulation under field conditions need to be deeply understood in order to determine critical geochemistry factors, and find effective ways to inhibit the entry of heavy metals into food chains. On the view of geochemistry, increased extractable Fe contents and decreased clay contents help to alleviate metal pollution in balsam pear and cowpea. Thus, it is possible to reduce metal contents and the potential risks of consuming vegetables using geochemical methodology under field conditions at a large scale. The findings of this research will provide important guidelines for agricultural environmental administration in the PRD region.

Heavy metal accumulation in balsam pear and cowpea related to the geochemical factors of variable-charge soils in the Pearl River Delta, South China

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Abstract

Variable-charge (v-c) soils in subtropical areas contain considerable amounts of iron/aluminum (Fe/Al) oxides that can strongly influence the fate of heavy metals in agricultural ecosystems. However, the relationship between heavy metal accumulation in vegetables and the geochemical factors associated with v-c soils in subtropical region remains unknown. The present study investigated heavy metal accumulation under field conditions in the Pearl River Delta (PRD) by measuring the contents of 8 heavy metals (zinc (Zn), arsenic (As), copper (Cu), mercury (Hg), lead (Pb), chromium (Cr), nickel (Ni) and cadmium (Cd)) in 43 pairs of v-c soil and vegetable (balsam pear and cowpea) samples. Soil physicochemical properties including pH, texture, organic matter and oxide minerals (Fe_2O_3 , SiO_2 , Al_2O_3 , CaO, MgO, K_2O and Na_2O) were also analyzed. Heavy metal accumulation from soil to vegetables was assessed based on the bioconcentration factors (BCFs). The results showed that soil extractable Fe, oxide minerals and chemical weathering indices of v-c soils strongly affected heavy metal accumulation, whereas the contents of Zn, Cu, Cr and Ni in vegetables were strongly affected by soil clay content. Significant correlations were found between the BCFs of heavy metals and oxide minerals. However, no significant relationship was found between pH and heavy metal accumulation (except for Cu) in balsam pear and cowpea. Correlation analyses showed that a lower oxalate/DCB-extractable Fe content might indicate greater heavy metal (Zn, Cu, Hg, Cr and Ni) accumulation in vegetables. Therefore, it can be deduced that oxalate/DCB-extractable Fe content is a critical geochemical factor that determines the

bioavailability of heavy metals and that iron biogeochemical cycles play vital roles in the fate of heavy metals in vegetable fields in this area. These findings provide new insights into the behaviors and fate of heavy metals in subtropical v-c soils and can be used to develop possible guidelines for vegetable safety management.

Keywords Variable-charge soil · Vegetable · Heavy metal · Iron species · Food safety

Abbreviations:

PRD, Pearl River Delta; BCFs, Bioconcentration factors; p-c soil, permanent-charge soil; v-c soil, variable-charge soil; Fe_{ox}, oxalic acid-ammonium oxalate extractable Fe; Fe_p, pyrophosphate extractable Fe; Fe_d, citrate - bicarbonate - dithionite extractable Fe.

1 **1. Introduction**

2 Great attention has been paid to decreases in agricultural products safety,^{1,2} and
3 increases in the incidence of chronic diseases such as deformity and cancer arising
4 from soil contaminants entering the food chain.^{3,4} Therefore, it is of significant
5 importance to assess the extent of heavy metal accumulation from soil into plants such
6 as fruits and vegetables and the factors that are critical for this process. Some studies
7 have examined heavy metal accumulation in rice or vegetables, as affected by a
8 variety of soil physicochemical properties including pH, soil organic matter (SOM)
9 content, oxidation-reduction status (Eh), cation exchange capacity (CEC) and oxide
10 mineral contents.⁵⁻⁸ It was consistently concluded that higher soil pH and SOM
11 content, lower salinity and the presence of clay-rich soils often enhance soil ability to
12 retain cationic metals and hence reduce the uptake of metals by plants.⁹

13 As far as we know, previous studies have mainly examined heavy metal
14 accumulation in permanent-charge (p-c) soils, in which permanent charges result from
15 isomorphous substitution of the clay mineral crystal layer; however, heavy metal
16 accumulation in variable-charge (v-c) soils has been rarely studied.^{10,11} Soils in the
17 Pearl River Delta (PRD) region, located in a subtropical zone, are characteristic of
18 variable charge soils.¹⁰ Compared to p-c soils, v-c soils have higher variable surface
19 charge and abundant Fe/Al oxides. Studies of heavy metal accumulation in v-c soils
20 mainly focused on their electrochemical characteristics, surface chemistry and metal
21 adsorption behaviors.^{12,13} In v-c soils, surface charge and aging are closely associated
22 with the levels of clay minerals, extractable Fe fractions and soil weathering

23 indices.¹³⁻¹⁵ As the minerals in parent material rocks are exposed to the atmosphere
24 and water, chemical weathering occurs, and elements contained within can migrate
25 from the minerals to plants.¹⁶ Weathering controls the fate of mineral components in
26 subtropical areas, and can affect soil chemical composition and elements that are
27 involved in numerous reactions in soil solution and in plant tissues.^{17, 18} Weathering
28 indices are closely associated with soil physicochemical properties, which can further
29 affect the concentration and activity of adsorbed Fe.^{19, 20} Under enhanced weathering
30 conditions, alkaline-earth elements (calcium (Ca), magnesium (Mg), potassium (K)
31 and sodium (Na)) can easily be leached by water in the form of soluble carbonates and
32 sulfates, whereas weakly migrating elements (silicon (Si), Al, Fe and heavy metals)
33 can either be removed from the reaction site in soil solutions or incorporated through
34 conversion into water-insoluble (hydr)oxides.^{16, 18, 21} Therefore, weathering processes
35 can regulate the bioavailability of elements, including heavy metals, in the soil. In
36 addition, as indicated by previous studies,^{20, 22} highly abundant iron oxides are the
37 most important and active components controlling soil physicochemical and
38 biological processes in subtropical regions. Based above, it is hypothesized that the
39 accumulation of heavy metals in vegetables might be closely related to soil
40 physicochemical properties, extractable Fe oxide contents and chemical weathering
41 indices of v-c soils.

42 To verify the above hypothesis, the objectives of our study are as follows: (1) to
43 assess the accumulation of 8 heavy metals (Zn, As, Cu, Hg, Pb, Cr, Ni and Cd) from
44 soil into two representative subtropical fruiting vegetables (balsam pear and cowpea)

45 in the PRD agricultural region; (2) to determine the major geochemical factors that
46 influence metal enrichment in vegetables; and (3) to identify the major metal sources
47 in this area using Pearson correlation analysis and principal component analysis
48 (PCA). The results will offer guidelines for regional environmental management and
49 sustainable agricultural production.

50

51 **2. Materials and methods**

52 **2.1. Study area and sampling strategy**

53 The PRD region covers an area of 54,733 km² in South China, including 13,357
54 km² of agricultural land and 4,829 km² of vegetable production.²³ The PRD region is
55 located in a subtropical area in which the soils (classified as v-c soils) contain less Si
56 and abundant Fe/Al due to active desilicification and allitization.^{24, 25}

57 During September - November in 2011, 43 pairs of soil and vegetable samples
58 were collected from agricultural lands and large vegetable farms in the PRD region
59 (Fig. 1). Two kinds of vegetables, balsam pear (*Momordica charantia* L.) and
60 cowpea (*Vigna unguiculata* (Linn.) Walp), were collected during the harvest period.
61 Soil samples were taken from the 0–20 cm surface layer using a bamboo shovel and
62 thoroughly mixed separately. All samples were sealed in polyethylene bags and
63 immediately transported to the laboratory within 6 h of collection.

64 **2.2 Chemical analyses**

65 After large plant debris and impurities were manually removed, the soil samples
66 were air dried at room temperature, ground using an agate mortar, and sieved to 80

67 mesh (0.2 mm). For the vegetable samples, decayed and withered tissues were
68 manually removed; the edible parts were washed with tap water to remove surface
69 dirt, repeatedly rinsed in deionized water and dried at 60°C to a constant weight. Dry
70 vegetable samples were crushed using a wooden hammer in a carnelian mortar and
71 then passed through an 80-mesh sieve.

72 Soil pH was measured in soil slurries at a soil-to-water ratio of 1:2.5 using a
73 calibrated PHS-3C pH meter (Sartorius, China). Soil organic matter (SOM) content
74 was determined using the $K_2Cr_2O_7-H_2SO_4$ oxidation method,²⁶ and soil texture (clay
75 <0.002 mm, silt 0.05–0.002 mm and sand 2.00–0.05 mm) was assessed using the
76 pipette method.²⁷

77 Different fractions of Fe (oxalate-extractable, Fe_{ox} ; pyrophosphate-extractable,
78 Fe_p ; and citrate - bicarbonate - dithionite-extractable, Fe_d) were extracted using oxalic
79 acid-ammonium oxalate (pH 3.2), sodium pyrophosphate (pH 8.5), and
80 citrate-bicarbonate-dithionite buffer solutions, respectively.²⁸ The Fe content of the
81 extract solutions was determined using a WFX-130 flame atomic absorption
82 spectrophotometer (Braic, China).

83 Total Fe, Al, Ca, Mg, K and Na contents were measured by Inductively Coupled
84 Plasma-Atomic Emission Spectrometry (Optima 3300DV, Perkin Elmer, USA) after
85 digestion with HNO_3-HClO_4-HF .²⁶ Total Si content was determined using the
86 silicon-molybdenum blue colorimetric method and an UV spectrophotometer
87 (TU-800, Beijing). Total Fe, Si, Al, Ca, Mg, K and Na contents of the soils were
88 recalculated and are reported as the equivalent oxide contents of Fe_2O_3 , SiO_2 , Al_2O_3 ,

89 CaO, MgO, K₂O and Na₂O, respectively. Soil weathering indices are presented as the
90 molecular ratios SiO₂/Al₂O₃ (WI-1), Al₂O₃/Fe₂O₃ (WI-2), (Al₂O₃+ Fe₂O₃)/ SiO₂
91 (WI-3), (K₂O+Na₂O)/Al₂O₃ (WI-4) and (K₂O+Na₂O+CaO+MgO)/Al₂O₃ (WI-5);
92 these ratios were derived from the data obtained regarding the total Fe, Si, Al, Ca, Mg,
93 K and Na contents.^{17, 29}

94 The contents of heavy metals in the soil and vegetable samples were determined
95 according to the methods of Rasmussen et al. (2001).³⁰ Briefly, 600 mg of air-dried
96 soil was mixed with 6 ml of concentrated HNO₃-HClO₄ (87:13, v/v) and 6 ml of
97 concentrated HF (mass fraction>40%). The mixture was digested and then dissolved
98 in 2% HCl. Vegetable samples were digested in a mixture of HNO₃-HClO₄-H₂O₂
99 (87:13:10, v/v/v). The Hg and As contents in the digest solutions were determined
100 using an atomic fluorescence morphological analyzer (SA-10, Titan, Beijing). Pb, Zn,
101 Cu, Ni and Cr contents were determined using a flame atomic adsorption
102 spectrophotometer (WFX-130, Braic, China), and Cd contents were determined using
103 a graphite furnace atomic absorption spectrophotometer (Z-2700, Hitachi, Japan).
104 Standard reference materials for soil (GBW07428 (GSS-14) and GBW07429
105 (GSS-15)) and citrus leaves (GBW10020 (GSB-11)) were assayed during sample
106 analysis for quality control. Each batch of samples was run after ten determinations to
107 calibrate the instrument and monitor the potential sample contamination during
108 analysis. The results for GSS-14, GSS-15 and GSB-11 were found to be 91%, 92%
109 and 88% of the certified value, respectively, and with the data indication a low error
110 of typically less than 15%. Reagent blanks were included to ensure precise detection

111 (<5% precision).

112 **2.3 Data analyses**

113 The bioconcentration factor (BCF) is an important quantitative indicator for crop
114 contamination and has commonly been used to estimate metal transfer from soils to
115 plants.^{31, 32} BCF can be calculated as follows:

$$116 \quad BCF = \frac{C_{vegetable}}{C_{soil}}$$

117 where $C_{vegetable}$ is the total metal content in the vegetable ($\text{mg kg}^{-1} \text{ dw}$) and C_{soil} is the
118 corresponding metal content in the soil where the vegetable was grown (mg kg^{-1}).

119 Statistical analyses were performed using SPSS 13.0. Charts and graphs were
120 prepared using Microsoft Excel 2011 and Origin V8.1. An attempt was made to
121 investigate the main geochemical factors that influence metal enrichment in
122 vegetables and to identify potential metal sources using two-tailed Pearson correlation
123 analyses (significance level: $p < 0.05$) and PCA. PCA was performed using a Varimax
124 rotation method with Kaiser normalization, and the heavy metal contents of soils and
125 vegetables, soil physicochemical properties, and soil major element contents were
126 used as input data.

127

128 **3 Results**

129 **3.1 Heavy metal distribution of soils and vegetables**

130 The soils examined were typical v-c soils, as indicated by their low pH, high clay
131 contents and relatively high Fe and Al contents (Table 1). Specifically, soil pH was
132 acidic to slightly alkaline (5.05–7.38 for balsam pear soils and 4.70–7.12 for cowpea

133 soils). The SOM contents of the balsam pear and cowpea soils largely varied between
134 14.1–48.6 g kg⁻¹ and 6.67–42.7 g kg⁻¹, respectively. The surface soils were loam or
135 loamy clay. The Fe₂O₃ and Al₂O₃ contents averaged approximately 4% and 15%,
136 respectively. The F_{ox}, F_p and F_d contents clearly differed between the balsam pear and
137 cowpea soils.

138 The content ranges of Zn, As, Cu, Hg, Pb, Cr, Ni and Cd in the balsam pear soils
139 were 29.3–146, 5.29–45.9, 8.25–45.6, 0.12–1.66, 9.78–56.0, 12.1–73.2, 1.65–35.1
140 and 0.06–1.73 mg kg⁻¹, respectively (Table 2). The corresponding mean metal
141 contents in the balsam pear soils descended in the order
142 Zn>Cu>Pb>Ni>Cr>As>Cd>Hg. Compared to balsam pear soils, cowpea soils
143 exhibited relatively low contents of heavy metals except for Cr and Ni, and the order
144 of metal contents descended in the order Zn>Cu>Pb>Ni>Cr>Hg>Cd>As.

145 The metal contents found in the vegetables were very low relative to those found
146 in the soils (Table 2). The metal contents of balsam pear and cowpea tissues generally
147 descended in the order Zn>Cu>Ni>Cr>Pb>As>Cd>Hg. This trend was similar to that
148 observed in soils, except that Pb occupied a higher position in soils compared with
149 that in vegetables. The content ranges of Zn, As, Cu, Hg, Pb, Cr, Ni and Cd in balsam
150 pear were 18.4–74.0, 0–0.55, 4.64–11.3, 0–0.06, 0.112–0.837, 0–3.48, 0.470–6.32 and
151 0–0.23 mg kg⁻¹, respectively, and those of cowpea were 28.4–59.4, 0–0.08, 6.22–21.7,
152 0–0.03, 0.047–0.882, 0–2.64, 0.99–3.91 and 0–0.08 mg kg⁻¹, respectively.

153 **3.2 Bioconcentration factors**

154 The mean BCFs of eight metals were comparable between the two vegetables

155 (without significant differences). The BCFs of Zn, As, Cu, Hg, Pb, Cr, Ni and Cd
156 ranged between 0.182–2.21, 0–0.019, 0.150–0.866, 0.002–0.253, 0.004–0.050,
157 0–0.172, 0.023–0.887 and 0.002–0.418 for balsam pear, respectively, and between
158 0.299–2.564, 0–0.011, 0.169–2.59, 0.003–1.32, 0.002–0.036, 0.0001–0.160,
159 0.063–0.886 and 0–0.374 for cowpea, respectively (the BCFs of cowpea were
160 relatively high for Zn and Cu and low for As) (Fig. 2). The mean BCFs of Zn, As, Cu, Hg,
161 Pb, Cr, Ni and Cd in balsam pear were 0.584, 0.004, 0.495, 0.061, 0.020, 0.041, 0.191
162 and 0.139, respectively, and those for cowpea were 0.843, 0.002, 0.737, 0.139, 0.019, 0.038,
163 0.227 and 0.081, respectively. The BCFs for eight metals descended in the order
164 Zn>Cu>Ni>Cd and Hg>Cr>Pb>As (Cd>Hg for balsam pear; Hg>Cd for cowpea). In
165 general, Zn, Cu, Hg and Ni were more easily transferred from soil to cowpeas than
166 from soil to balsam pears, whereas Cd was more easily accumulated in balsam pear
167 than in cowpeas.

168 **3.3 The relationship between metal BCFs and soil geochemical factors**

169 Table 3 shows that the BCF of Cu was significantly positively correlated with
170 soil pH ($r=0.311$) ($p<0.01$), and the SOM content was significantly negatively
171 correlated with the BCFs of Zn, Cu and Ni ($r=-0.501$, -0.344 and -0.428 , respectively)
172 ($p<0.01$). The BCFs of Zn, Cu, Cr and Ni were negatively correlated with clay content
173 ($p<0.05$) while positively correlated with sand content ($p<0.05$). These results
174 confirmed that heavy metals such as Zn, Cu, Cr and Ni were more easily absorbed
175 onto the finer particles, due to strong interactions between the heavy metal ions and
176 clay minerals via hydroxylation and hydration.^{33, 34}

177 The BCFs of Zn, Cu, Cr and Ni were significantly negatively correlated with Fe_d
178 content ($r=-0.321$ to -0.518), and the Zn and Cr BCFs were significantly negatively
179 correlations with Fe_{ox} content ($r=-0.395$ and -0.503). The BCF of Hg was the only
180 BCF to be significantly associated with Fe_p content ($r=-0.330$) ($p<0.05$).

181 The BCFs of heavy metals generally exhibited significant correlations with the
182 contents of mineral oxides (except Na₂O); negative correlations existed with Fe₂O₃,
183 Al₂O₃, CaO and MgO contents ($p<0.05$), and positive correlations existed with SiO₂
184 and K₂O contents ($p<0.05$). The BCF of Zn was significantly negatively correlated
185 with Fe₂O₃, Al₂O₃, CaO and MgO contents ($r=-0.468$, -0.550 , -0.420 , and -0.447 ,
186 respectively) and positively correlated with SiO₂ and K₂O contents ($r=0.605$ and
187 0.427 , respectively) ($p<0.01$). The BCF of Cu was significantly correlated with Fe₂O₃,
188 SiO₂ and K₂O contents ($r=-0.313$, 0.345 and 0.407 , respectively). The BCFs of Cr and
189 Ni were negatively correlated with Fe₂O₃ and MgO contents and positively correlated
190 with SiO₂ and K₂O contents (Table 3). The BCFs of Pb and Cd were significantly
191 negatively correlated with CaO ($r=-0.413$ and -0.410 , respectively) ($p<0.01$). Arsenic
192 and Hg enrichment were not correlated with any oxides tested in this study.

193 Of the five common weathering indices, WI-1 to WI-3 reflected the degree of
194 desilicification and allitization, and WI-4 to WI-5 reflected the degree of salt leaching.
195 As chemical weathering became more intense, the values of weathering indices
196 decreased. The results of the correlation analysis (Table 3) show that WI-1 was
197 positively correlated with the BCFs of Zn ($r=0.615$) and Ni ($r=0.345$); WI-2 was
198 positively correlated with the BCF of Cr ($r=0.510$); WI-4 was positively correlated

199 with the BCFs of Zn ($r=0.526$), Cu ($r=0.442$), Cr ($r=0.365$) and Ni ($r=0.368$); the
200 BCFs of Zn were positively correlated with WI-5 (0.339); the BCFs of Zn (-0.624)
201 and Ni (-0.336) were negatively correlated with WI-3. The BCFs of As, Hg, Pb and
202 Cd exhibited no significant relationships with any of the 5 soil weathering indices
203 examined.

204 **3.4 Major source identification of metals**

205 Pearson correlation analysis (Table 4) showed that the contents of heavy metals
206 (Zn, Cu, Cr, Ni and Cd) and major elements (Fe_2O_3 , SiO_2 , MgO and CaO) were
207 significantly correlated ($p<0.01$). Hg and Pb contents exhibited positive correlation
208 ($r=0.465$), and both of these contents were correlated with Zn, Cd and CaO contents
209 ($r=0.405-0.671$). The content of Al was significantly correlated with those of Zn, Cr
210 and Ni ($p<0.01$). K_2O and Na_2O contents were both correlated only with Hg content
211 ($p<0.05$). In general, 3 clusters of relationships were present between trace heavy
212 metals and major elements in the vegetable soils tested. The first group contains the
213 metals Zn, Cu, Cr, Ni and Cd; the second group includes Hg and Pb; the third group
214 contains only As.

215 PCA of heavy metals for soil elements yielded three principal components (PCs)
216 with eigenvalues >1 . These three components described 86.1% of the total variance.
217 The elements assembled around each factor with significant loadings and formed 4
218 main element groups indicative of 4 diverse sources (Table 5). The first principal
219 component (PC1) explains 52.1% of the total variance. PC1 loaded heavily on Zn
220 (0.897), Cu (0.834), Pb (0.621), Cr (0.813), Ni (0.824) and Cd (0.728), and loaded

221 moderately on As (0.392) and Hg (0.322). The second principal component (PC2) was
222 dominated by Hg (0.652), Pb (0.663) and As (0.404), accounting for 21.2% of the
223 total variance. The third principal component (PC3) represented 12.9% of the total
224 variance and was dominated by As (0.783) and associated negatively by Hg (-0.600).

225

226 **4 Discussion**

227 **4.1 Current metals enrichment in studied vegetables in the PRD**

228 In this study, the mean contents of Zn, As, Cu, Hg, Pb, Cr, Ni and Cd measured
229 in soil samples were all greater than their background values in Guangdong
230 province.³⁵ However, only the mean Cd content exceeded the Grade II national
231 standard in China (GB 15618-1995, Chinese Environmental Quality Standard for
232 soils). Individually, 6 samples (14.0%) exceeded the levels of Grade II of GB 15618-
233 1995 for As, 11 samples (25.6%) exceeded levels for Hg, 1 sample (2.33%) exceeded
234 acceptable levels for Ni and 21 samples (48.8%) exceeded levels for Cd (Table 2).
235 These results demonstrated that Cd, Hg and As are the dominant metal pollutants, and
236 the levels of these heavy metals are primarily due to increasing discharges to soils in
237 the PRD arising from the recent rapid industrialization, agricultural intensification and
238 urbanization.^{34, 36}

239 The mean soil metal contents (except for Pb) reported here all exceeded the
240 results reported by Cai et al. (2012)³⁷ in Huizhou, Guangdong Province but were
241 lower than the average contents of Zn (84.7 mg kg⁻¹), Cu (33.0 mg kg⁻¹), Pb (40.0 mg
242 kg⁻¹), Cr (71.4 mg kg⁻¹), Ni (21.2 mg kg⁻¹) and Cd (0.58 mg kg⁻¹) reported by Wong et

243 al. (2002)³⁸ in crop soils in the PRD region. Such differences might be attributable to
244 variation in the extent of metal pollution at the sampling sites: Cai et al. (2012)³⁷ and
245 Wong et al. (2002)³⁸ obtained samples from less polluted soil in large-scale vegetable
246 farm and heavily polluted areas in the PRD region, respectively.

247 For correction of water content (ranged between 79.8% to 92.3%), the mean
248 contents of Cu (9.73 mg kg⁻¹), Pb (0.453 mg kg⁻¹) and Zn (42.2 mg kg⁻¹) measured in
249 cowpea were expressed on a fresh weight basis, i.e., 1.19, 0.068 and 6.33 mg kg⁻¹ fw,
250 respectively. These values were similar to those reported by Hu et al. (2013)³⁹ from
251 agricultural farms in Guangzhou, Guangdong Province. On the other hand, the mean
252 contents of Cd (1.18), Cu (10.9), Pb (1.95) and Zn (49.6) in lettuce (*Lactuca sativa* L.)
253 from Dongguan and Guangzhou (reported by Luo et al., 2012)⁴⁰ were much higher
254 than those observed in this study (Table 2). It is possible that the rapid growth and
255 high transpiration rates of leafy vegetables favor the root uptake of metals and that the
256 broad leaves of leafy vegetables increase plant susceptibility to physical
257 contamination by dust from the soil and the splashing of rainwater.⁴¹

258 In the balsam pear and cowpea samples measured here, the BCFs for Pb and Cd
259 were lower and the BCFs for Cu and Zn were higher than those reported in cabbage
260 and lettuce by Luo et al. (2012) in East River areas of Guangdong Province.⁴² This is
261 consistent with previously reported BCFs for Pb and Cd in the sense that the extent of
262 metal enrichment in vegetables is higher in leaf vegetables than in tubers and fruit
263 vegetables.⁴³ The BCFs of Cu and Zn were higher in balsam pear and cowpea than in
264 leaf vegetables (cabbage and lettuce) studied by Luo et al. (2012),⁴² possibly because

265 Cu and Zn are plant essential elements and can easily accumulate in plant tissues.⁴⁴⁻⁴⁸

266 **4.2 Critical geochemical factors controlling metal enrichment in fruiting**
267 **vegetables**

268 Pearson correlation analysis showed that there was a positive correlation between
269 the BCF of Cu and soil pH (Table 3). This trend was opposite to a previous finding by
270 Zeng et al. (2011)⁴⁹ that Cu bioavailability was negatively correlated with soil pH in
271 rice, which was likely due to competitive adsorption between H⁺ and metal ions.
272 Presently, the effect of pH on the bioavailability of heavy metals in soil and their
273 accumulation in vegetables remains controversial and needs further examination.⁵⁰

274 The significant correlation observed between Fe_d content and the BCFs of Zn, Cu,
275 Cr and Ni (Table 3) indicates that Fe_d plays a role in immobilizing these metals in
276 soils and then reducing their bioavailability in the PRD area. Fe_d mainly consists of
277 amorphous iron oxides and crystalline iron oxides other than those that constitute
278 layered-silicate, including active Fe (hydr)oxides. Fe_d might influence the
279 bioavailability of heavy metals by mediating the reduction of Fe(III) to Fe(II) and the
280 adsorption of Fe oxides, thereby stabilizing the metals in soils and consequently
281 reducing plant uptake. In addition, iron oxides and extractable Fe fractions are
282 important soil colloids that are involved in heavy metal immobilization and
283 solid-liquid distribution.⁵¹⁻⁵³ Overall, extractable Fe (Fe_{ox}, Fe_p and Fe_d) had clear
284 effects on the bioavailability of heavy metals; the redox and solid-liquid distribution
285 varied depending on metal species, although similar trends were seen among them.

286 Absorption-desorption and oxidation-reduction often occur on the surface of soil

287 oxides (e.g., Al_2O_3), and these processes are considered important mechanisms for
288 heavy metal transformation and migration in soil environments. Soil oxides (e.g.,
289 Fe_2O_3 , Al_2O_3 , and SiO_2) are good adsorbents for heavy metals, and their redox cycle
290 can lead to changes in heavy metal valence and bioavailability.⁵³ In general, the BCFs
291 of heavy metals were significantly correlated with six soil oxides (except Na_2O);
292 among these, Fe_2O_3 , Al_2O_3 , CaO and MgO exhibited negative correlations with BCFs
293 and positive correlations with SiO_2 and K_2O . These findings show that the BCFs
294 decreased with increased Fe, Al, Ca and Mg contents. With higher contents of Fe, Al,
295 Ca and Mg in soils, less heavy metal is transferred into vegetables. Conversely, the
296 BCFs of heavy metals increased with increasing soil Si and K contents. That is, at
297 higher Si and K contents, more heavy metals are absorbed by vegetables. A possible
298 reason is that Fe and Al oxides are the sorption center of heavy metals in soil.
299 Sorption by the oxides or redox reactions may reduce the motility of metals and thus
300 reduce their bioavailability, further reducing plant uptake. The effect of Si and K on
301 metal uptake by vegetables is an apparent characteristic caused by Si depletion and Al
302 enrichment in v-c soils and may indirectly reflect the interaction between metals and
303 Fe/Al.⁵⁴

304 Soil chemical weathering is essentially the interaction of water and rock.
305 Therefore, the properties of soil pore water (e.g., pH, redox potential, and inorganic or
306 organic anion contents) greatly affect the activity of heavy metals during
307 weathering.^{55, 56} CO_3^{2-} , HCO_3^- , HPO_4^{2-} , PO_4^{3-} , SO_4^{2-} and other inorganic anions
308 present in soil solutions can easily bind heavy metals to form hydrates, thereby

309 affecting the fate of heavy metals.⁵³ The significant correlation observed between Zn,
310 Cr, and Ni with WI-1 and WI-2 in this study indicates that the metal bioavailability
311 decreased with decreasing chemical weathering extent, as reflected by the decreasing
312 WI-1 and WI-2 values, and that chemical weathering affects the reduction of Fe and
313 Al in soils.^{54, 57} The lack of significant correlation between the As, Hg, Pb and Cd
314 with 5 soil weathering indices might be because anthropogenic discharge masks their
315 associations with soil chemical weathering.

316 **4.3 Metal source identification**

317 The PCA results could be used to group the heavy metals in the soil into three
318 classes. Zn, Cu, Pb, Cr, Ni and Cd constituted a highly related group (PC1); Hg, Pb
319 and As constituted the second related group (PC2), and the third group included only
320 As (PC3). These groups indicated the origins or controlling factors of the different
321 heavy metals in soils. In general, soils contain certain contents of most heavy metals,
322 and these metals are usually derived from the chemical weathering of parent rocks.
323 Thus, PC1 can be termed a “natural factor”. Lead was a typical and more heavily
324 loaded element in PC2. Wong et al (2002)³⁸ concluded that soil Pb in PRD regions
325 mainly arises from vehicle exhaust emissions based on Pb isotope analysis. In
326 addition, the emission of Hg from vehicles remains a largely ignored source of Hg,
327 and no specific device is installed in automobiles to control Hg emissions.⁵⁸
328 Therefore, PC2 may be termed “anthropogenic sources”. As the dominant element of
329 PC3, unlike other metals, arsenic generally exhibits negative valences, which
330 inevitably affects its sources and fates in soil. Moreover, in view of the diversity of As

331 inputs (e.g., from the atmosphere, irrigation, fertilizers and pesticides), the determined
332 sources of As (PC3) needs further investigation.

333

334 **4.4 Environmental application**

335 In recent decades, rapid economic development, industrialization and
336 urbanization in the PRD region have caused excessive releases of waste into the air,
337 water and soil environments.^{34, 59} Great attention has been paid to the increased
338 potential for human health risk from the consumption of unsafe food. However, it is
339 very difficult to remediate agricultural soils at a large-scale at lower pollution levels
340 using engineering methods. Our idea is that geochemical methodology might be an
341 effective way to decrease agricultural pollution and improve food safety. Therefore,
342 the factors involved in heavy metal accumulation under field conditions need to be
343 deeply understood in order to determine critical soil geochemistry factors and find
344 effective ways to inhibit the entry of heavy metals into food chains.^{60, 61} According to
345 results of this study, higher fine-clay and lower extractable Fe contents imply greater
346 metal (Zn, Cu, Hg, Cr and Ni) accumulation in balsam pear and cowpea. Increased
347 extractable Fe contents and decreased clay contents will be helpful to alleviating
348 metal absorption in balsam pear and cowpea. That is, it is possible to reduce metal
349 contents and the potential risks of consuming vegetables using rational agricultural
350 administration under field conditions at a large scale. Further investigation is ongoing
351 to verify the effects of soil geochemical factors (e.g., extractable Fe/Al/Si and soil
352 weathering indices) on the bioavailability of heavy metals in vegetables.

353

354 **5 Conclusions**

355 The BCFs of 8 metals in fruiting vegetables decreased in the order
356 Zn>Cu>Ni>Cd and Hg>Cr>Pb>As (Cd>Hg for balsam pear; Hg>Cd for cowpea).

357 The enrichment levels of Zn, Cu, Cr and Ni were strongly influenced by clay content.

358 Extractable Fe levels significantly affected the accumulation of Zn, Cu, Hg, Cr and Ni

359 in balsam pear and cowpea, although no significant relationship was observed

360 between extractable Fe levels in soil and the BCFs of As, Pb, and Cd. Correlation

361 analysis showed that higher extractable Fe contents might indicate lower metal

362 accumulation (Zn, Cu, Hg, Cr and Ni) in vegetables. The BCFs of heavy metals

363 exhibited significant correlations with the oxide mineral contents tested. Soil chemical

364 weathering indices strongly affected the accumulation of Zn, Cu, Cr and Ni, and the

365 extent of influence differed depending on metal species. These findings suggest that

366 the level of soil weathering affects the bioavailability of heavy metals in subtropical

367 v-c soils.

368

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376

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Figure legends

Fig. 1 Agricultural soil and vegetable sampling locations in the Pearl River Delta region, South China (◇Balsam pear and ● Cowpea).

Fig. 2 Bioconcentration Factors (BCFs) of target heavy metals in balsam pear (n=25) and cowpea (n=18). BCFs (dimensionless) represent the ratio of total metal contents in vegetables ($\text{mg kg}^{-1} \text{ dw}$) to those in the corresponding soils ($\text{mg kg}^{-1} \text{ dw}$).

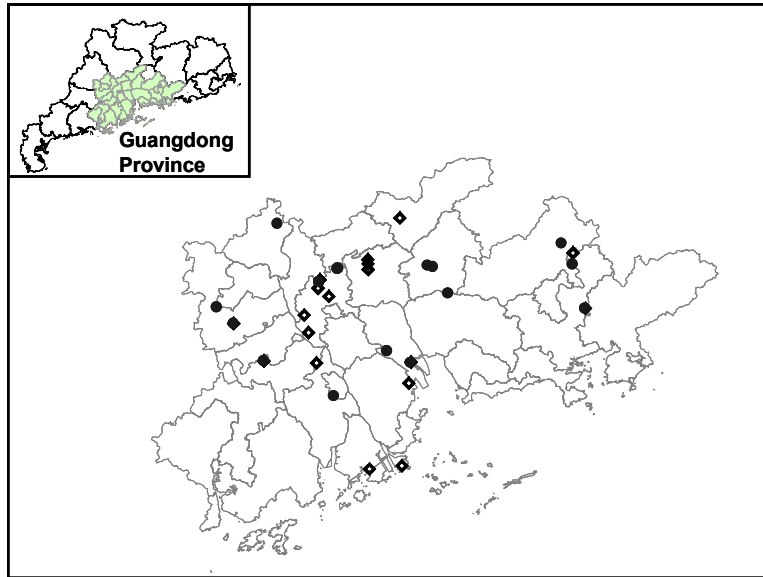


Fig. 1

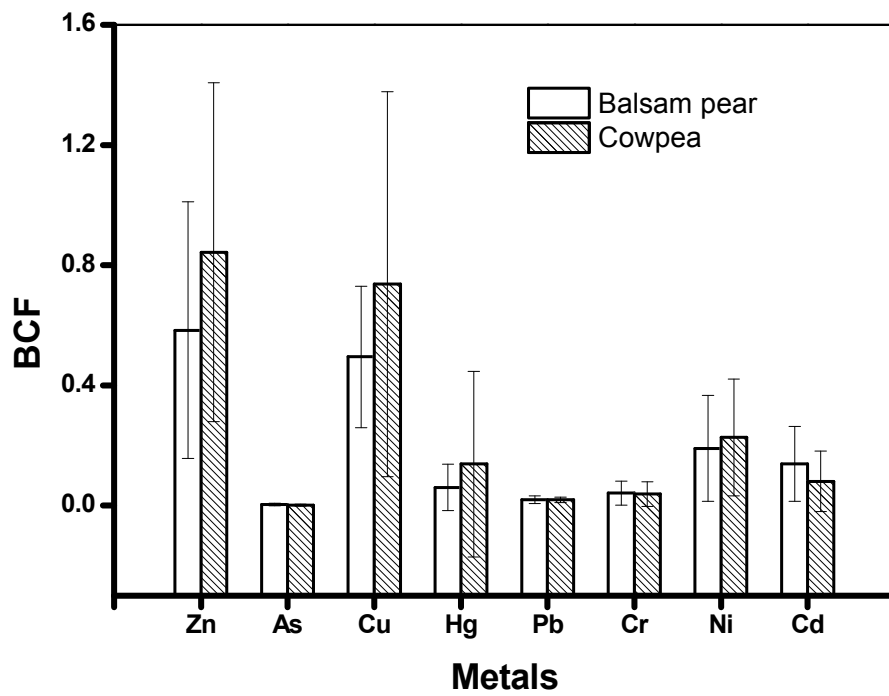


Fig. 2

Tables

Table 1 Descriptive statistics of soil properties (mean \pm standard deviation) in PRD regions

	Balsam pear	Cowpea
pH(H ₂ O)	5.98 \pm 0.61	5.91 \pm 0.79
SOM(g/kg)	26.9 \pm 7.65	23.9 \pm 9.8
Clay%	28.0 \pm 7.68	25.9 \pm 10.7
Silt%	30.7 \pm 12.6	28.5 \pm 13.7
Sand%	41.3 \pm 16.5	45.6 \pm 22.4
Fe _{ox} ^a (g/kg)	4.68 \pm 2.53	3.59 \pm 2.16
Fe _p ^a (g/kg)	1.13 \pm 0.39	0.95 \pm 0.66
Fe _d ^a (g/kg)	19.6 \pm 9.7	19.7 \pm 9.9
Fe ₂ O ₃ (g/kg)	40.1 \pm 19.3	39.6 \pm 18.0
SiO ₂ (g/kg)	667 \pm 80	693.5 \pm 85.3
Al ₂ O ₃ (g/kg)	153 \pm 54	141.2 \pm 41.5
CaO(g/kg)	2.80 \pm 1.11	2.20 \pm 0.73
MgO(g/kg)	3.91 \pm 2.67	3.32 \pm 2.01
Na ₂ O(g/kg)	0.420 \pm 0.47	0.47 \pm 0.53
K ₂ O(g/kg)	5.53 \pm 4.27	6.25 \pm 5.70

^a Soil extractable iron contents contain amorphous Fe (Fe_{ox}), complexed Fe (Fe_p) and dithionite-citrate-bicarbonate Fe (Fe_d).

Table 2 Contents (mg kg^{-1} dw, mean \pm standard deviation) of heavy metals in soils and vegetables in the Pearl River Delta region, South China

		Zn	As	Cu	Hg	Pb	Cr	Ni	Cd
Soil	Balsam pear (n=25)	76.7 \pm 31.4	25.1 \pm 12.6	22.9 \pm 11.2	0.49 \pm 0.50	28.7 \pm 9.98	35.3 \pm 14.5	15.6 \pm 9.05	0.46 \pm 0.37
	Cowpea (n=43)	64.9 \pm 28.4	19.9 \pm 12.5	21.6 \pm 12.6	0.3 \pm 0.3	24.5 \pm 6.13	38.6 \pm 21.8	16.7 \pm 11.1	0.38 \pm 0.29
	Background in Guangdong	49.71	13.52	17.65	0.085	35.87	56.53	17.8	0.094
	National Environ- mental Quality Standard for Soils	250	30	100	0.5	300	200	50	0.3
Vegetable	Balsam pear (n=25)	35.8 \pm 13.7	0.08 \pm 0.12	8.79 \pm 2.02	0.017 \pm 0.018	0.476 \pm 0.171	1.20 \pm 0.867	2.32 \pm 1.58	0.045 \pm 0.047
	Cowpea (n=43)	42.2 \pm 9.61	0.019 \pm 0.026	9.73 \pm 3.78	0.014 \pm 0.008	0.453 \pm 0.207	1.02 \pm 0.658	2.60 \pm 0.905	0.018 \pm 0.022

Table 3 Pearson correlation coefficients of Bioconcentration factor (BCF)^a values with soil properties, extractable iron contents^b and soil weathering coefficients^c.

	Zn	As	Cu	Hg	Pb	Cr	Ni	Cd
pH(H ₂ O)	0.125	-0.159	0.311(*)	0.198	-0.127	0.277	0.148	-0.18
SOM	-0.501(**)	-0.092	-0.344(*)	-0.222	-0.272	-0.146	-0.428(**)	-0.218
Clay	-0.513(**)	0.069	-0.409(**)	-0.027	-0.101	-0.382(*)	-0.441(**)	-0.134
Silt	-0.326(*)	-0.078	-0.229	0.04	0.079	-0.257	-0.147	-0.173
Sand	0.466(**)	0.021	0.350(*)	-0.015	-0.006	0.356(*)	0.309(*)	0.181
Fe _{ox}	-0.395(**)	0.114	-0.283	0.093	-0.108	-0.503(**)	-0.214	-0.096
Fe _p	-0.042	0.041	-0.26	-0.330(*)	0.012	-0.200	0.258	0.067
Fe _d	-0.439(**)	0.021	-0.337(*)	0.027	-0.234	-0.518(**)	-0.321(*)	-0.248
Fe ₂ O ₃	-0.468(**)	0.046	-0.313(*)	0.066	-0.222	-0.519(**)	-0.319(*)	-0.243
SiO ₂	0.605(**)	-0.069	0.345(*)	-0.014	0.173	0.468(**)	0.387(*)	0.152
Al ₂ O ₃	-0.550(**)	-0.103	-0.207	-0.006	-0.062	-0.087	-0.260	-0.086
CaO	-0.420(**)	-0.015	-0.176	0.045	-0.413(**)	-0.268	-0.244	-0.410(**)
MgO	-0.447(**)	0.146	-0.286	0.173	-0.207	-0.492(**)	-0.355(*)	-0.201
K ₂ O	0.427(**)	-0.024	0.407(**)	0.059	-0.095	0.329(*)	0.307(*)	-0.003
Na ₂ O	0.135	-0.014	0.195	0.045	-0.107	0.111	0.128	-0.092
WI-1	0.615(**)	-0.024	0.272	0.006	0.197	0.249	0.345(*)	0.177
WI-2	0.021	-0.104	0.158	-0.059	0.250	0.510(**)	0.054	0.207
WI-3	-0.624(**)	-0.075	-0.287	0.028	-0.149	-0.293	-0.336(*)	-0.167
WI-4	0.526(**)	-0.068	0.442(**)	0.113	-0.029	0.365(*)	0.368(*)	0.028
WI-5	0.339(**)	-0.024	0.269	0.140	-0.114	0.116	0.204	-0.061

** Correlation is significant at the 0.01 level (2-tailed).

* Correlation is significant at the 0.05 level (2-tailed).

^a Bioconcentration Factors (BCFs, dimensionless) represent the ratios of total metal contents in vegetables (mg kg⁻¹ dw) to those in the corresponding soils (mg kg⁻¹ dw).

^b Soil extractable iron contents contain amorphous Fe (Fe_{ox}), dithionite-citrate-bicarbonate Fe (Fe_d) and complexed Fe (Fe_p).

^c Soil indices of chemical weathering include Si/Al ratio (WI-1, SiO₂/Al₂O₃), Al/Fe ratio (WI-2, Al₂O₃/Fe₂O₃), Si-Fe-Al ratio (WI-3, (Al₂O₃+Fe₂O₃)/SiO₂), alkali metal leaching factor (WI-4, (K₂O+Na₂O)/Al₂O₃) and total base leaching factor (WI-5, (K₂O+Na₂O+CaO+MgO)/Al₂O₃).

Table 4 Pearson's correlations matrix for elemental contents in soils.

	Zn	As	Cu	Hg	Pb	Cr	Ni	Cd
Zn	1							
As	0.270	1						
Cu	0.703(**)	0.113	1					
Hg	0.417(**)	0	0.036	1				
Pb	0.671(**)	0.550(**)	0.268	0.465(**)	1			
Cr	0.597(**)	0.2	0.776(**)	0.031	0.180	1		
Ni	0.641(**)	0.136	0.831(**)	-0.039	0.210	0.888(**)	1	
Cd	0.705(**)	0.349(*)	0.572(**)	0.405(**)	0.553(**)	0.557(**)	0.545(**)	1
Fe ₂ O ₃	0.633(**)	0.231	0.822(**)	-0.058	0.267	0.835(**)	0.862(**)	0.528(**)
SiO ₂	-0.775(**)	-0.239	-0.683(**)	-0.186	-0.384(*)	-0.756(**)	-0.811(**)	-0.598(**)
Al ₂ O ₃	0.438(**)	0.083	0.252	0.009	0.016	0.318(*)	0.436(**)	0.172
CaO	0.683(**)	0.195	0.508(**)	0.457(**)	0.571(**)	0.397(**)	0.397(**)	0.636(**)
MgO	0.604(**)	0.212	0.771(**)	-0.148	0.23	0.783(**)	0.885(**)	0.532(**)
K ₂ O	-0.258	0.134	-0.256	-0.307(*)	0.056	-0.267	-0.230	-0.235
Na ₂ O	0.132	0.132	0.168	-0.386(*)	0.139	0.165	0.250	0.035

** Correlation is significant at the 0.01 level (2-tailed).

* Correlation is significant at the 0.05 level (2-tailed).

Table 5 Matrix of the principal component analysis (PCA) of elemental contents in soils

Elements	PC1	PC2	PC3
Zn	0.897	0.162	-0.146
As	0.392	0.404	0.783
Cu	0.834	-0.396	-0.067
Hg	0.322	0.652	-0.600
Pb	0.621	0.663	0.158
Cr	0.813	-0.447	0.027
Ni	0.824	-0.490	0.013
Cd	0.728	0.208	-0.069
Eigenvalue	4.17	1.69	1.03
Variation %	52.1	21.2	12.9
Cumulative of variation %	52.1	73.3	86.1