

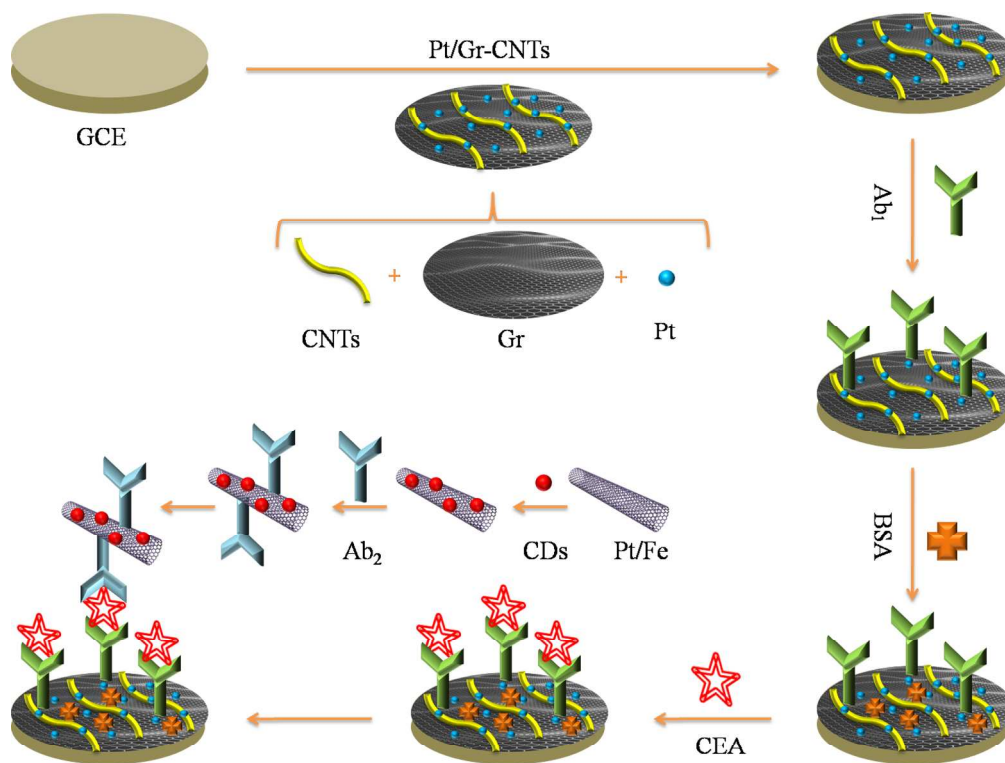
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The immunosensor used Pt nanoparticles dotted graphene-carbon nanotubes composites (Pt/Gr-CNTs) as platform and carbon dots functionalized Pt/Fe nanoparticles (Pt/Fe@CDs) as bionanotags

Graphical Abstract
254x238mm (300 x 300 DPI)

1 **Dual amplification strategy for ultrasensitive**
2 **electrochemiluminescence immunoassay based on Pt**
3 **nanoparticles dotted graphene-carbon nanotubes composite and**
4 **carbon dots functionalized mesoporous Pt/Fe**

5 Wenping Deng,^a Fang Liu,^a Shenguang Ge,^b Jinghua Yu,^a Mei Yan,^{a*} Xianrang
6 Song^c

7 *^aKey Laboratory of Chemical Sensing & Analysis in Universities of Shandong,*
8 *School of Chemistry and Chemical Engineering, University of Jinan, Jinan*
9 *250022, P.R. China*

10 *^bShandong Provincial Key Laboratory of Preparation and Measurement of*
11 *Building Materials, University of Jinan, Jinan 250022, PR China*

12 *^cCancer Research Center, Shandong Tumor Hospital, Jinan 250012, P.R. China*

13 *Corresponding authors: Mei Yan

14 E-mail: chm_yanm@ujn.edu.cn (M. Yan)

15 Telephone: +86-531-82767161

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23 **ABSTRACT**

24 A facile and sensitive electrochemiluminescence (ECL) immunosensor for
25 detection of human carcinoembryonic antigen (CEA) was designed. The
26 immunosensor used Pt nanoparticles dotted graphene-carbon nanotubes composites
27 (Pt/Gr-CNTs) as platform and carbon dots functionalized Pt/Fe nanoparticles
28 (Pt/Fe@CDs) as bionanotags. Pt/Gr-CNTs was first synthesized using a facile
29 ultrasonic method to modify working electrode, which can increase the surface area to
30 capture a large amount of primary anti-CEA antibodies as well as improve the
31 electronic transmission rate. The bionanotags Pt/Fe@CDs prepared through
32 ethanediamine linking, showed good ECL signal amplification performance. The
33 reason was that Pt/Fe@CDs nanocomposites as signal tags could increase CDs
34 loading per immunoreaction in comparison with single CDs. The approach provided
35 a good linear response range from 0.003 to 600 ng·mL⁻¹ with a low detection limit of
36 0.8 pg·mL⁻¹. The immunosensor showed good specificity, acceptable stability and
37 reproducibility. Satisfactory results were obtained for determination of CEA in human
38 serum albumin samples. Hence, the proposed ECL immunosensor could become a
39 promising method for tumor marker detection.

40

41 **Keywords:** Electrochemiluminescence; Pt nanoparticles dotted graphene-carbon
42 nanotubes composite; Carbon dots functionalized Pt/Fe nanoparticles; Sandwich-type
43 immunosensor

44

45 1. Introduction

46 The levels of tumor markers in blood or tissue provide essential information for
47 clinical cancer screening and disease diagnosis.^{1,2} Electrochemiluminescence (ECL)
48 immunoassay has shown promise in fast, selective, and sensitive detection of tumor
49 markers with simple instrumentation in recent years.³⁻⁶ Recently great efforts have
50 been made to develop ultrasensitive immunosensors. Signal amplification is the most
51 popular strategy that has been employed for the development of ultrasensitive
52 immunoassay methods. Successful signal amplification strategies include applying
53 new redox-active probes, coupling amplification-by-polymerization concepts with
54 ECL detection, integrating enzyme-assisted signal amplification processes, and
55 incorporating nanomaterials to increase loading of tags, etc.⁷⁻¹³ Bionanocomposites
56 with a high content of detection tags for signal tracing¹⁴⁻¹⁹ have attracted special
57 interests due to the outstanding optical, electronic, and biocompatible performance of
58 nanoparticles.

59 At first, the nanotechnology revolution has been making a ground-breaking
60 impact on diverse science, engineering, and commercial sectors, including the
61 construction industry. The nanomaterials with unique physical and chemical
62 properties, such as quantum dots^{20,21} and metal nanoparticles,²²⁻²⁴ have been widely
63 used. For example, Pt nanoparticles (Pt NPs) are the popular and effective conductive
64 materials. To further enhance the conductivity of Pt NPs and lower the use of Pt NPs,
65 it is highly desirable to load Pt NPs on the surface of suitable supporting materials.
66 Many articles have referred to synthesis of carbon nanotubes as supports. In this paper,

67 to further improve the conductivity and increasing surface-to-volume ratio, we
68 proposed a new and simple method to make Pt NPs assemble onto the
69 graphene-carbon nanotubes composite (Pt/Gr-CNTs). Great improvements have been
70 made in these materials due to their unusual intercalation property, excellent electrical
71 conductivity and high surface-to-volume ratio. In addition, a simple ultrasonic method
72 was first reported to synthesize Pt/Gr-CNTs in our work. In short, this hybrid
73 nanomaterial possesses so many advantages, such as easy preparation, excellent
74 separation function, high electrical conductivity, high surface-to-volume ratio, and
75 good biocompatibility, so it was selected as sensing platform to immobilize primary
76 anti-CEA antibodies (Ab_1).

77 What's more, to further improve the ECL performance and achieve much higher
78 sensitivity, we employed mesoporous Pt/Fe nanoparticles coated with carbon dots
79 (Pt/Fe@CDs) as signal tags. The nanocomposite could increase carbon dots (CDs)
80 loading per immunoreaction in comparison with single CDs. Mesoporous
81 nanoparticles Pt/Fe have many unique structural features compared with other solid
82 nanoparticles, including large surface area and high pore volume, ordered porous
83 channels, uniform and tunable pore structure. These characteristics have the virtue of
84 conjugating more biomolecules, and improving the sensitivity of bioanalysis. At the
85 same time, the hierarchical nanoporous Pt/Fe alloy has superior structure stability
86 compared to Pt NPs, holding promising application potential. The conductivity of
87 porous nanomaterials can be well applied by doping electroluminescent substance into
88 the pores with an in situ synthesized method. In addition, CDs are low cytotoxicity,

89 excellent water-solubility, and easy surface modification. The unique properties of
90 Pt/Fe@CDs provide a promising platform for the development of high-performance
91 ECL immunosensors.

92 Herein, we designed a sensitive ECL immunosensor for carcinoembryonic
93 antigen (CEA) detection via self-assembly based on Pt/Gr-CNTs modified glassy
94 carbon electrode (GCE). It constructed an effective antibody immobilization matrix
95 and made the immobilized immunocomponents possess high stability and bioactivity.
96 In addition, the sensitivity was enhanced by using Pt/Fe@CDs as signal labels. Ab₁
97 and the secondary anti-CEA antibodies (Ab₂) were covalently bonded to Pt/Gr-CNTs
98 and Pt/Fe@CDs nanocomposite, respectively, to fabricate a sandwich-type
99 immunosensor, as shown in Scheme 1. The experimental results indicated that the
100 prepared immunosensor exhibited simple instrumentation, high sensitivity, wide linear
101 range and excellent analytical performance.

102 **2. Experimental section**

103 **2.1. Reagents**

104 Multiwalled carbon nanotubes (CNTs, CVD method, purity $\geq 98\%$, diameter 60–
105 100 nm, and length 1–2 μm) were purchased from Nanoport Co. Ltd. (Shenzhen,
106 China). The natural graphite powder was obtained from J&K Scientific Ltd. Ethylene
107 glycol (EG) was obtained from Tianjin Guangcheng chemical reagent Co. Ltd.
108 (Tianjin, China). Chloroplatinic acid (H_2PtCl_6) was bought from Shanghai Chemical
109 Reagent Company (Shanghai, China). Ethanediamine, graphite flake, the commercial
110 Johnson Matthey Pt/C catalyst (20 wt. %),

111 N-(3-dimethylaminopropyl)-N'-ethylcarbodiimi- dehydro-chloride (EDC) and
112 N-hydro-xysuccinimide (NHS) were purchased from Alfa Aesar. Carcinoembryonic
113 antigen standard solutions, the primary anti-CEA and the secondary anti-CEA were
114 bought from Shanghai Linc-Bio Science Co. LTD (Shanghai, China). Bovine serum
115 albumin (BSA, 96–99 %) was obtained from Sigma (St. Louis, MO, USA). Phosphate
116 buffered solutions (PBS, 0.01 mol·L⁻¹, pH 7.4) containing 0.1 mol·L⁻¹ K₂S₂O₈ and 0.1
117 mol·L⁻¹ KCl was used as the electrolyte. The clinical serum samples were from
118 Jiangsu Institution of Cancer Research. Ultrapure water obtained from a Millipore
119 water purification system (≥18 MΩ cm, Milli-Q, Millipore) was used in all assays. All
120 other reagents were of analytical grade and used as received.

121 2.2. Apparatus

122 The ECL measurements were carried out on a MPI-E multifunctional
123 electrochemical and chemiluminescence analytical system (Xi'an Remex Analytical
124 Instrument Ltd. Co.) biased at 800 V. UV-vis absorption spectra were recorded on a
125 UV-2550 spectrophotometer (Shimadzu, Japan). The fluorescent properties were
126 tested on a RF-5301pc spectrofluorophotometer (Shimadzu, Japan). Cyclic
127 voltam-metric measurements (CVs) were performed with a CHI 760D
128 electrochemical workstation (Shanghai CH Instruments, China). Scanning electron
129 microscopy (SEM) images were obtained from QUANTA FEG 250 thermal field
130 emission scanning electron microscopy (FEI Co., USA) and energy dispersive
131 spectrometer (EDS) was obtained using a Oxford X-MAX50EDS (Oxford, Britain).
132 Electrochemical impedance spectroscopy (EIS) was carried out on an IM6X

133 electrochemical station (Zahner, Germany). All experiments were carried out with a
134 conventional three-electrode system with the modified glassy carbon electrode (GCE,
135 3 mm in diameter) as the working electrode (WE), a platinum counter electrode (CE)
136 and an Ag/AgCl (sat. KCl) reference electrode (RE).

137 **2.3. Preparation of the Ab₂-Pt/Fe@CDs labels**

138 Nanoporous Pt/Fe Alloy, used as carriers for CDs immobilization, was
139 synthesized with previously reported seed-growth method.^{25, 26} Pt₁₁Fe₉Al₈₀ (atomic %)
140 ternary alloy foils were prepared by refining pure (>99.9 %) Pt, Fe, and Al in an arc
141 furnace, followed by melt-spinning under an argon-protected atmosphere. NP-Pt₅₅Fe₄₅
142 alloy and Pt NPs were prepared by selectively etching the Pt₁₁Fe₉Al₈₀ and Pt₂₀Al₈₀
143 alloys in 2.0 M NaOH solution for 48 h at room temperature, respectively. During the
144 preparation of carbon-supported PtFe/C nanoparticles, Vulcan XC-72 carbon black
145 was pretreated in 6 M HNO₃ solution at 100 °C for 4 h²⁷ and a feeding mole ratio
146 between platinum and iron is controlled at 55:45. The procedure was operated
147 completely according to the work by Xu et al.²⁸

148 Preparation of carbon dots (CDs). CDs were prepared in an ECL cell in pH 7.0
149 PBS consisting of a graphite rod WE, a Pt mesh CE, an Ag/AgCl RE. The applied
150 potential at the graphite rod electrode was cycled between -3.0 V and 3.0 V at 0.1
151 V·s⁻¹. Carbon structure of the CDs ensures it to be an ideal candidate as nanosupports
152 for biomolecules immobilization and biosensor fabrication.

153 Fabrication of CDs coated nanoporous Pt/Fe Alloy (Pt/Fe@CDs). 200 μL of
154 freshly prepared EDC (10 mg·mL⁻¹, in 0.1 M pH 7.4 PBS) and 100 μL of NHS (10

155 mg·mL⁻¹, in 0.1 M pH 7.4 PBS) were added to 500 μL of CDs, After sonicating for 2
156 h, the suspension was centrifuged and washed with ethanol repeatedly for two times,
157 and the carboxyl-activated nanoparticles were obtained. Simultaneously, 100μL of
158 Pt/Fe was first dispersed in 0.5 mL of ethanediamine and sonicated 1 hour to obtain a
159 homogeneous dispersion. The suspension was centrifuged and washed with ethanol
160 repeatedly for two times. Then, the carboxyl-functionalized nanoparticles were
161 dispersed in it. After stirring for 30 min, unbound CDs were removed by successive
162 centrifugation and washed with ethanol several times.

163 Constitution of Pt/Fe@CDs composites labeled Ab₂. Ab₂ with -NH₂ can directly
164 conjugate with carboxyl-activated CDs. Briefly, 1 mL of the above Pt/Fe@CDs
165 suspension was mixed with 1 mL of Ab₂ solution (anti-CEA, 20 μg·mL⁻¹, in 0.01 M
166 pH 7.4 PBS). After stirring for 30 minutes, free antibody was removed by
167 centrifugation and washed with 0.01 M PBS for several times to obtain the
168 Pt/Fe@CDs nanoparticles labeled Ab₂ (Ab₂-Pt/Fe@CDs). Then was incubated in 1
169 wt % BSA for 40 minutes to block non-specific binding sites.

170 **2.4. Preparation of Pt/Gr-CNTs composites**

171 Preparation of graphene oxide (GO). GO was prepared from natural graphite by a
172 modified Hummers method.^{29, 30}

173 Constitution of acid-treated carbon nanotubes (CNTs). The CNTs was purified
174 by refluxing CNTs in 60 % HNO₃ at 60 °C for 6 h to remove the metal particles and
175 other impurities. After the purification process, the surface oxidation of the CNTs was
176 carried out by refluxing CNTs in 1:1 conc. H₂SO₄ and conc. HNO₃ at 60 °C for 24 h.

177 Fabrication of Pt/Gr-CNTs composites. The aqueous colloidal suspensions of
178 GO nanosheets were then poured into the CNTs conglomerations, and the mixture
179 was then sonicated for 2 h. This suspension was centrifuged for 15 minutes at 3000
180 rpm to remove the unstabilized CNTs, giving a suspension of the GO-CNTs
181 nanocomposites and the excess GO remained in the supernatant. Next, the GO-CNTs
182 nanocomposites were separated from the excess GO sheets by repeating
183 centrifugation (10,000 rpm, 20 minutes) and water washing steps. After that, 10 mg
184 GO-CNTs was added into 0.25 mL aqueous solution containing 38.6 mM H_2PtCl_6 ,
185 and then the mixture was ultrasonically treated for 1 h to form a stable colloid.
186 Sequentially, 2 mL of EG was injected into the mixture with magnetic stirring for 1 h
187 and then ultrasonicing 1.5 h. The final Pt/Gr-CNTs composites were collected by
188 filtration, and washed with deionized water.

189 **2.5. Fabrication of the ECL immunosensor via sandwich mode**

190 The whole process for construction of the modified electrode was shown
191 schematically in Scheme 1. Firstly, 5 μL of Pt/Gr-CNTs composite solution was
192 dropped on the GCE and dried at room temperature. After washing with pH 7.4 PBS,
193 5 μL of 20 $\mu\text{g}\cdot\text{mL}^{-1}$ Ab_1 (0.01 $\text{mol}\cdot\text{L}^{-1}$ PBS, pH 7.4) was applied to the corresponding
194 WE and reacted at room temperature for 30 minutes. Pt connected with $-\text{NH}_2$ of
195 Ab_1 .³¹ After that, excess antibodies were washed with pH 7.4 PBS and incubated in 1
196 wt % BSA for 40 minutes to block non-specific binding sites. Subsequently, the
197 electrode was incubated with various concentrations of CEA solution. Finally, the

198 as-prepared Ab₂-Pt/Fe@CDs composites were dropped on to the modified electrode
199 surface, followed by washing, and used for the CEA detection.

200 **2.6. ECL detection of CEA with the immunosensor**

201 ECL measurements were done at room temperature and the potential swept from
202 -0.5 V to -1.5 V with a scan rate of 100 mV·s⁻¹. The ECL measurements were
203 performed in a solution of 0.01 mol·L⁻¹ PBS containing 0.1 mol·L⁻¹ K₂S₂O₈ and 0.1
204 mol·L⁻¹ KCl with a photomultiplier tube voltage of 800 V. The ECL signals related to
205 the CEA concentrations could be measured.

206 **3. Results and discussion**

207 **3.1. SEM and TEM characterization of Gr-CNTs, Pt/CNTs and Pt/Gr-CNTs**

208 Detailed verification of the Gr-CNTs, Pt/CNTs, Pt/Gr-CNTs morphology is
209 performed by SEM and EDS analysis in Fig. 1. It is shown that the individual CNTs
210 are uniformly attached to the Gr without agglomeration (Fig. 1A). The morphology of
211 the as-prepared Gr shows a thin sheet shape. It is also confirmed that the CNTs are
212 well dispersed onto Gr without any appreciable aggregations in each Gr-CNTs
213 composite. Fig. 1B and Fig. 1C show the SEM images and EDS of Pt/CNTs,
214 respectively. It is interesting to see that the Pt NPs preferentially adhere to the
215 surfaces of CNTs rather than to other regions without CNTs. And it shows the
216 diameter of the CNTs was about 35–45 nm. The SEM image of Pt/Gr-CNTs (Fig. 1D)
217 show that highly dispersed Pt NPs are uniformly distributed on Gr-CNTs. EDS
218 pattern of Pt/Gr-CNTs is shown in Fig. 1E and Fig. 1F. According to the results

219 obtain from SEM and EDS, it can be concluded that Pt NPs are successfully deposited
220 on the surface of the Gr-CNTs composite.

221 **3.2. Characterization of Pt/Fe@CDs**

222 As shown in Fig. 2A, the resulted structure is composed of many interconnected
223 larger ligaments, with the diameter in the range of 100–150 nm, within which a
224 number of irregular pores formed. And from the SEM image, it is interesting to find
225 that these large ligaments themselves have 3D bicontinuous spongy morphology with
226 a narrow ligament size at 3 nm. To better understand the influence of CDs, we
227 performed the fluorescence characterization. And in the fluorescent spectra,
228 respectively, Pt/Fe@CDs and CDs of maximal emission wavelengths are 414 nm and
229 469 nm. As shown in Fig. 2B, a small blue shift of Pt/Fe@CDs (curve b) is observed
230 in contrast with that of the individual CDs (curve a). This suggested that CDs and
231 Pt/Fe alloy are combined with strong chemical bonds force^{32, 33}, confirming the
232 successful preparation for the composite of Pt/Fe@CDs.

233 **3.3. EIS characterization of the CEA sensor**

234 EIS is an effective method for probing the features of surface-modified
235 electrodes. The impedance spectra include a semicircle portion and a linear portion.
236 The semicircle diameter at higher frequencies corresponds to the electron-transfer
237 resistance (R_{ct}), and the linear part at lower frequencies corresponds to the diffusion
238 process. Fig. 3 shows the EIS of the GCE at different modification stages. It is
239 observed that the EIS of the bare electrode displayed an almost straight line (curve a),
240 which is characteristic of a mass diffusion limiting process. After the GCE were

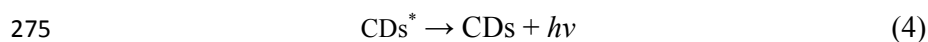
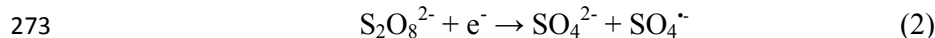
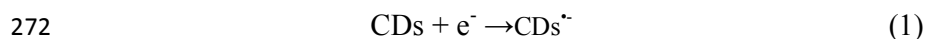
241 coated by the Pt/Gr-CNTs composite, the impedance decreased, thus showing a
242 smaller R_{et} (curve b). Similarly, Ab₁, BSA, CEA and Pt/Fe@CDs-Ab₂ could all resist
243 the electron-transfer kinetics of the redox probe at the electrode interface, resulting in
244 the increased impedance of the electrode (curves c-f), which verifies the
245 immobilization of these substances. However, the impedance of the Pt/Fe@CDs-Ab₂
246 increases slightly, because of the Pt/Fe possesses good electron transfer efficiency.
247 Hence the tendency of increase with the impedance is retarded.

248 3.4. ECL behaviors of our immunoassay

249 The GCE were scanned from -0.5 V to -1.5 V with scan rate of 100 mV·s⁻¹. To
250 investigate the amplification technique of the Pt/Gr-CNTs and Pt/Fe@CDs
251 composites for ECL analysis, we designed two experiments. One experiment was
252 designed without the involvement of the Gr for the sensing platform, the other without
253 the Pt/Fe alloy for the signal label. We compared the ECL intensity of only Pt/CNTs
254 composites modified GCE and Pt/Gr-CNTs composites modified GCE (Fig. 4A). The
255 quantity of the Pt/CNTs and Pt/Gr-CNTs composites is equal in both tags. Similarly,
256 in the Fig. 4B, we compared the ECL intensity of pure CDs labeled Ab₂ and
257 Pt/Fe@CDs composites labeled Ab₂. The quantity of labels is also equal. As can be
258 seen in Fig. 4, the Pt/Gr-CNTs composites modified GCE reveals excellent ECL
259 performance compared with only Pt/CNTs composites. The Gr-CNTs could display a
260 higher surface-to-volume ratio than pure CNTs, which could enhance the immobilized
261 amount of Pt NPs. The same is to Pt/Fe@CDs that the mesoporous Pt/Fe

262 nanoparticles could also increase the surface area, which could benefit for the
263 immobilization of more CDs.

264 Adopting CDs as luminescent material, the ECL mechanism involves the
265 formation of excited-state CDs (CDs^*) via electron-transfer annihilation of negatively
266 charged (CDs^-) and positively charged CDs (CDs^{++}). The intensity of cathodic ECL
267 was larger than that of anodic ECL, indicating that CDs^{++} is more stable than CDs^- .
268 Additionally, ECL obtained by using $\text{S}_2\text{O}_8^{2-}$ as a coreactant, suggesting attractive
269 applications of CDs in ECL sensing. The ECL emission mechanism of CDs was
270 similar to other ECL systems using peroxydisulfate as oxidative coreactant. The
271 possible ECL mechanisms are as follows:³⁴



276 So we can see that the Pt/Gr-CNTs and the Pt/Fe@CDs composites can be used
277 as excellent ECL.

278 3.5. Optimization of immunoreaction conditions

279 The ECL intensity of the immunosensor depends on some external conditions to
280 some extends, such as applied potential, pH value and incubation time, so these
281 conditions were selected as follows.

282 The potential affects the analytical performance in a way, hence different
283 potentials were investigated in our work, and the ECL curves were obtained as the Fig.
284 5A. It can be observed that the optimal scanning potential is from -0.5 V to -1.5 V.

285 To the best of our knowledge, the chemical properties changes with the pH value,
286 and the ECL intensity of the immunosensor in different acidity, was shown in Fig. 5B.
287 Obviously, we select pH 7.4 as the optimal acidity when the pH value varied from 6.5
288 to 8.6.

289 Another influencing condition, which cannot be neglected, is the incubation time
290 of Ab₁ and CEA. As shown in Fig. 5C, the ECL intensity increases with the
291 increasing of the incubation time (T₁), and inclines to a constant value after 40
292 minutes, ascribing to the saturated binding between the analyte and the capture
293 antibody.

294 Furthermore, the effect of the incubation time of CEA with Pt/Fe@CDs labeled
295 Ab₂ (Fig. 5D) on the ECL intensity of the immunosensor is investigated, from which
296 it can be seen that the optimal incubation time (T₂) is 40 minutes. The ECL intensity
297 increases with the increasing of the incubation time, and inclines to a constant value
298 after 40 minutes, ascribing to the saturated binding between the analyte and the
299 capture antibody.

300 **3.6. Analytical performance**

301 Under the optimal conditions, a series of immunosensors were prepared for the
302 detection of different concentrations of CEA. The ECL intensity response increases
303 with the increasing of CEA concentration in the range of 0.003–600 ng·mL⁻¹, the

304 equation of the calibration curve (Fig. 6) is $\Delta ECL = 5389.49 + 2235.2 \lg c_{CEA}$
305 ($c_{CEA}/ng \cdot mL^{-1}$), with a correlation coefficient of 0.9989. The limit of detection (LOD)
306 at a signal-to-noise of 3 is $0.8 \text{ pg} \cdot mL^{-1}$. The results demonstrate that the proposed
307 method could be used for the determination of CEA. Moreover, Table 1 shows the
308 comparison of linear range and detection limit for immunosensors in previous reports
309 and our proposed work.³⁵ The limit of detection for our immunosensor is much lower
310 than those of $0.03\text{--}2.7 \text{ ng} \cdot mL^{-1}$ for the reported competitive immunosensors (Table 1).
311 The low LOD and large line range may be attributed to two factors: 1) the intrinsic
312 property of high surface-to-volume ratio of Gr-CNTs, which could greatly increase
313 the loading of Pt NPs and Ab₁ due to its high surface area, as well as enhance the
314 conductivity; 2) Nanoporous Pt/Fe alloy with a three-dimensional interconnected
315 network structure in the nanoscale and the hollow channels embedded in the solid
316 nanoarchitectures can immobilize more CDs to amplify signals; Besides, Pt/Fe alloy
317 could appropriate decrease resistivity of Pt/Fe@CDs.

318 **3.7. Specificity, stability and reproducibility of the immunosensor**

319 To further characterize the specificity of the immunosensor, $1 \text{ ng} \cdot mL^{-1}$ CEA
320 containing $20 \text{ ng} \cdot mL^{-1}$ human serum albumin (HSA), and $20 \text{ ng} \cdot mL^{-1}$ prostate protein
321 antigen (PSA) was measured by the immunosensor. Compared with the ECL response
322 of the immunosensor in $1 \text{ ng} \cdot mL^{-1}$ pure CEA, no significant difference is observed
323 (Fig. 7A), indicating that the immunosensor displays good specificity for the
324 determination of CEA.

325 The stability of the proposed ECL immunosensor was also examined by
326 checking periodically their ECL intensity responses. After running for 10 cycles (Fig.
327 7B), only a 2.7 % decline of the original ECL was observed for the fabricated
328 immunosensor, which demonstrated that the sensing layer of the immunosensor
329 owned excellent stability. When the immunosensor was not in use, it was stored in
330 refrigerator at 4 °C. After half month, the ECL intensity of the immunosensor
331 decreases to about 94 % of its initial value (Fig. 7C). The slow decrease in the ECL
332 intensity demonstrates that the immunosensor had good stability.

333 The reproducibility of the immunosensor for CEA was estimated with intra- and
334 inter-assay precision. The intra-assay precision was evaluated by assaying one CEA
335 level for four replicate measurements. The inter-assay precision was estimated by
336 determining one CEA level with four GCE immunosensors made at the same
337 electrode. The intra- and inter-assay variation coefficients (VCs) obtained from 1 ng
338 $\cdot\text{mL}^{-1}$ CEA are 6.2 % and 6.9 %, respectively. Obviously, the inter-assay VC shows a
339 good electrode-to-electrode reproducibility of the fabrication protocol, while the low
340 value of intra-assay VC indicates that the immunosensor could be regenerated and
341 used repeatedly.

342 **3.8. Application of the immunosensor in human serum**

343 The feasibility of the immunoassay system for clinical applications was
344 investigated by analyzing several real samples. In comparison with the enzyme-linked
345 immunosorbent assay (ELISA) analysis, these serum samples were diluted to different
346 concentrations with PBS of pH 7.4.

347 Table 2 describes the correlation between the results obtained by the proposed
348 ECL immunosensor and the ELISA method. The recoveries from these two methods
349 ranged from 97.7 to 103.6 % and 98.8 to 104.4 %, respectively. The relative deviation
350 was lower than 3.0 %, indicating that there is no significant difference between the
351 results and ELISA method. Thus, the developed immunosensor could be satisfactorily
352 applied to the clinical determination of CEA levels in human serum.

353 **4. Conclusion**

354 An ultrasensitive ECL immunosensor for the detection of CEA was first
355 developed using Pt/Fe@CDs as excellent ECL labels. The sandwich-type
356 immunoreaction allows us to determine CEA down to $3 \text{ pg}\cdot\text{mL}^{-1}$ with high sensitivity
357 and selectivity etc. The main advantages of the present immunosensor can be
358 attributed to two aspects. First, the Pt/Gr-CNTs composite modified GCE could attach
359 more antibodies and promote the electric transmission than pure CNTs or Gr, offering
360 it to be an excellent sensing platform. Second, a novel ECL label of Pt/Fe@CDs
361 composites was achieved with excellent ECL activity. It is evidenced that the trimodal
362 hollow bimetallic structure in the nanotubular mesoporous Pt/Fe biometallic alloy
363 plays a crucial role for the loading of the more CDs. As a result, the as-proposed ECL
364 immunosensor exhibits excellent performances, such as good stability, amplification
365 effect, and satisfactory analytical performance, etc. The ECL immunosensor may also
366 be extended for the detection of other relative biomarkers, which is of great
367 application potential in point-of-care applications for accurate clinical disease
368 diagnostics.

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437 **Figure Captions**

438 Scheme 1. Schematic representation of the fabrication of the ECL
439 immunosensor.

440 Fig. 1 Characterization of Gr-CNTs, Pt/CNTs and Pt/Gr-CNTs: Representative
441 SEM images of Gr-CNTs (A), Pt/CNTs (B), and Pt/Gr-CNTs (D), EDS of Pt/CNTs
442 (C), and Pt/Gr-CNTs (E and F).

443 Fig. 2 SEM of Pt/Fe alloy (high-magnification SEM image of Pt/Fe alloy in
444 insert figure) (A), and PL spectra (B) of CDs (curve a) and Pt/Fe@CDs (curve b).

445 Fig. 3 EIS of bare GCE (a), GCE/Pt/Gr-CNTs (b), and GCE/Pt/Gr-CNTs-Ab₁
446 before (c) and after (d) blocking with BSA in 0.01 M PBS (2.5 mM Fe(CN)₆^{4-/3-} + 0.1
447 M KCl, pH 7.4). (e) CEA/BSA/Ab₁-Pt/Gr-CNTs/GCE; (f)
448 Pt/Fe@CDs-Ab₂/CEA/BSA/Ab₁-Pt/Gr-CNTs/GCE. The frequency range is between
449 0.01 Hz and 100000 Hz with signal amplitude of 5 mV.

450 Fig. 4 Comparison of different immunoassays with different immunocomplexes:
451 Pt/Gr-CNTs-Ab₁-CEA-Ab₂-Pt/Fe@CDs (a, c), Pt-CNTs-Ab₁-CEA-Ab₂-Pt/Fe@CDs
452 (b), Pt/Gr-CNTs-Ab₁-CEA-Ab₂-CDs (d).

453 Fig. 5 Effect of potential (A), pH (B), T₁ (C) and T₂ (D) on the ECL intensity.

454 Fig. 6 ECL profiles of the ECL immunosensor in the presence of different
455 concentrations of CEA in PBS containing 0.1 M KCl and 0.1 M K₂S₂O₈. Inset:

456 calibration curve for CEA determination. CEA determination ($\text{ng}\cdot\text{mL}^{-1}$): 0 (a), 0.003
457 (b), 0.01 (c), 0.1 (d), 1.0 (e), 10.0 (f), 100.0 (g), 600.0 (h).

458 Fig. 7 Specificity (A) and stability (B and C) of the immunosensor.

459 **Table Captions**

460 Table 1. Analytical properties of different CEA electrochemical immunosensors.

461 Table 2. Comparison of CEA detection between the proposed immunosensor and

462 ELISA methods in CEA-spiked human serum samples.

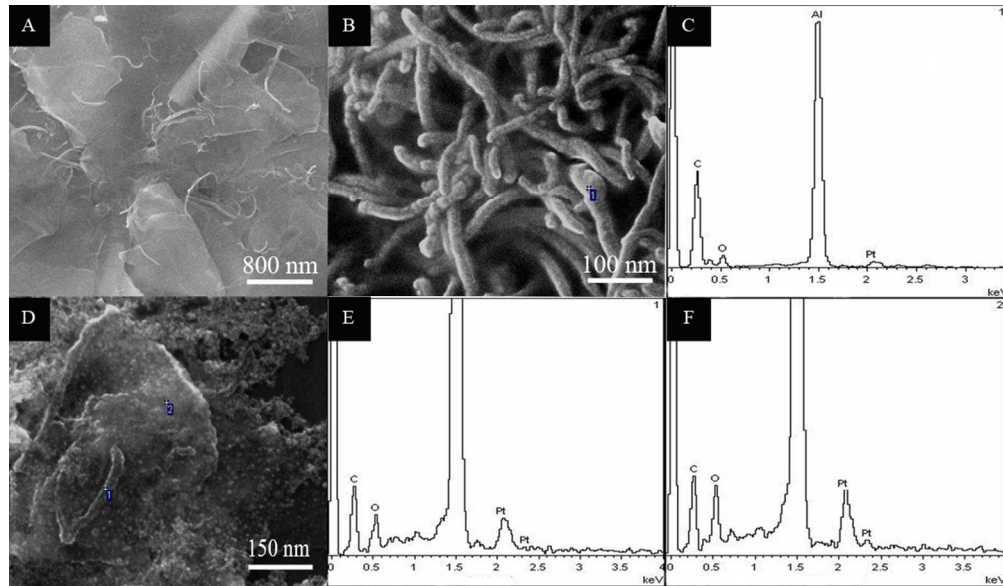


Figure 1
99x57mm (300 x 300 DPI)

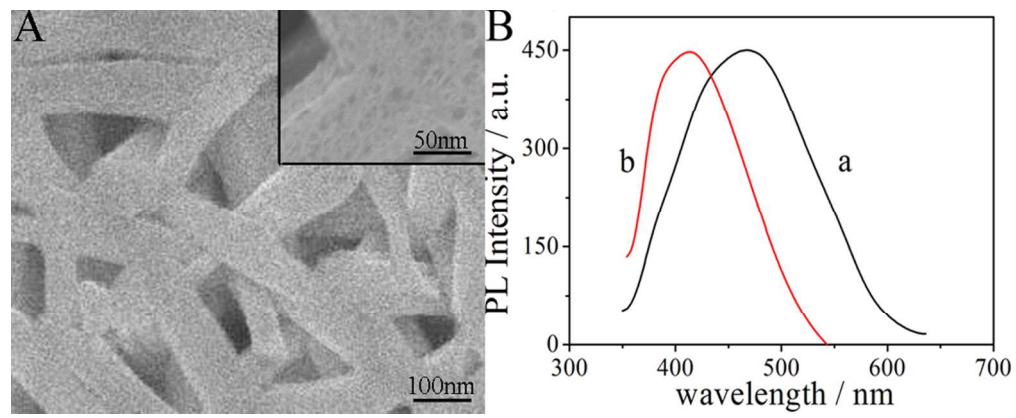


Figure 2
92x37mm (300 x 300 DPI)

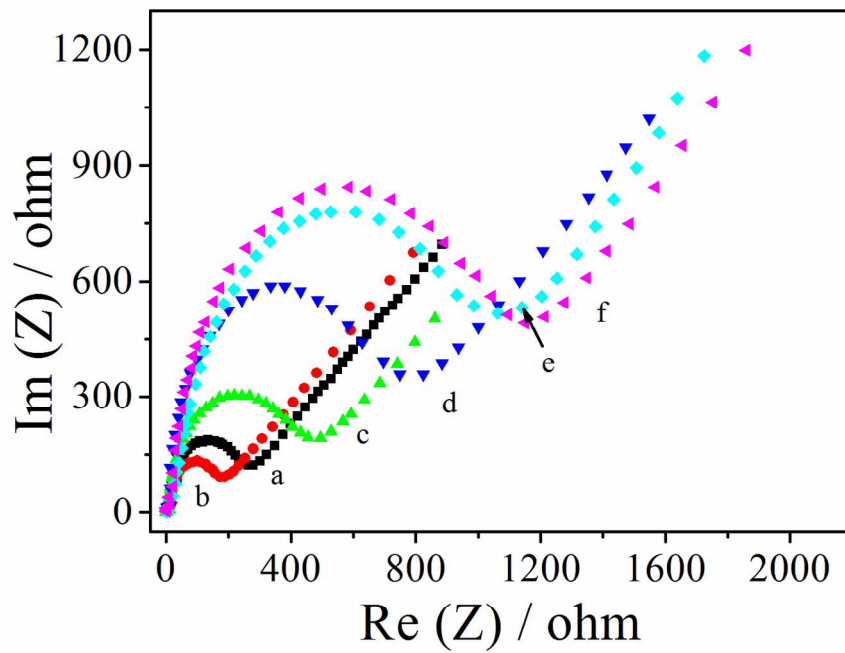


Figure 3
289x230mm (150 x 150 DPI)

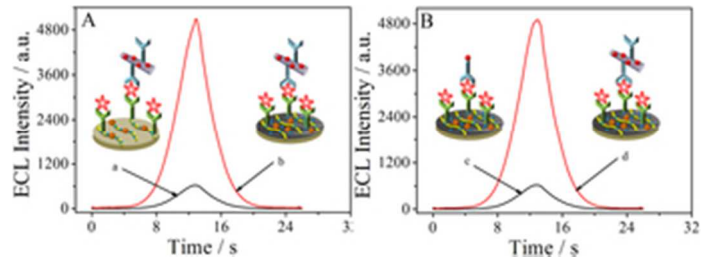


Figure 4
29x10mm (300 x 300 DPI)

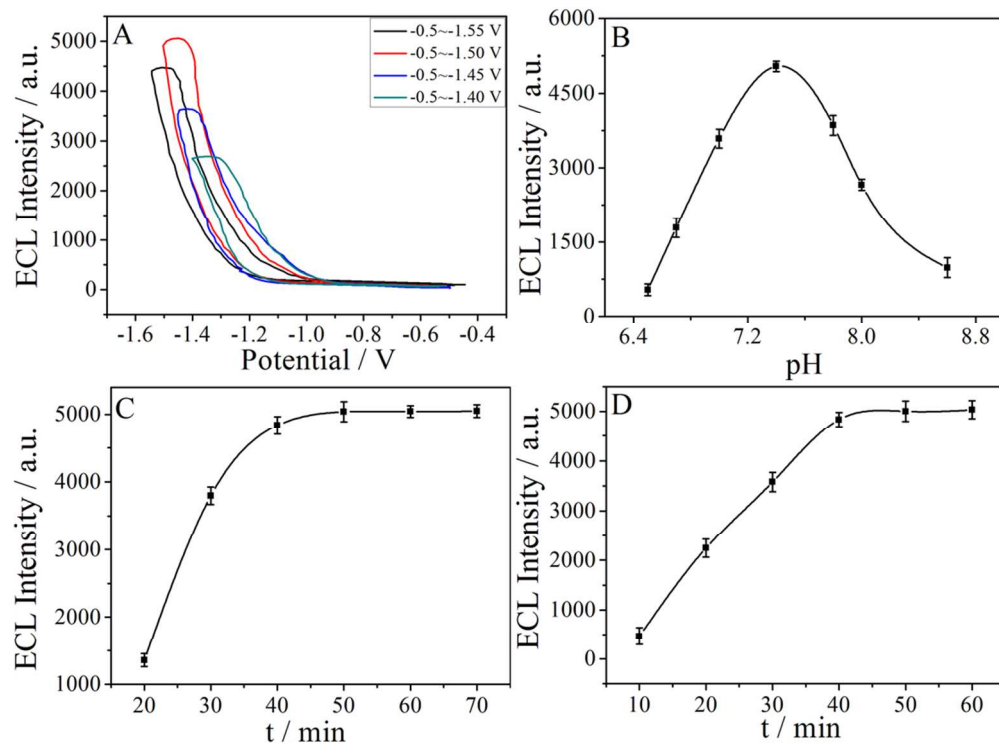


Figure 5
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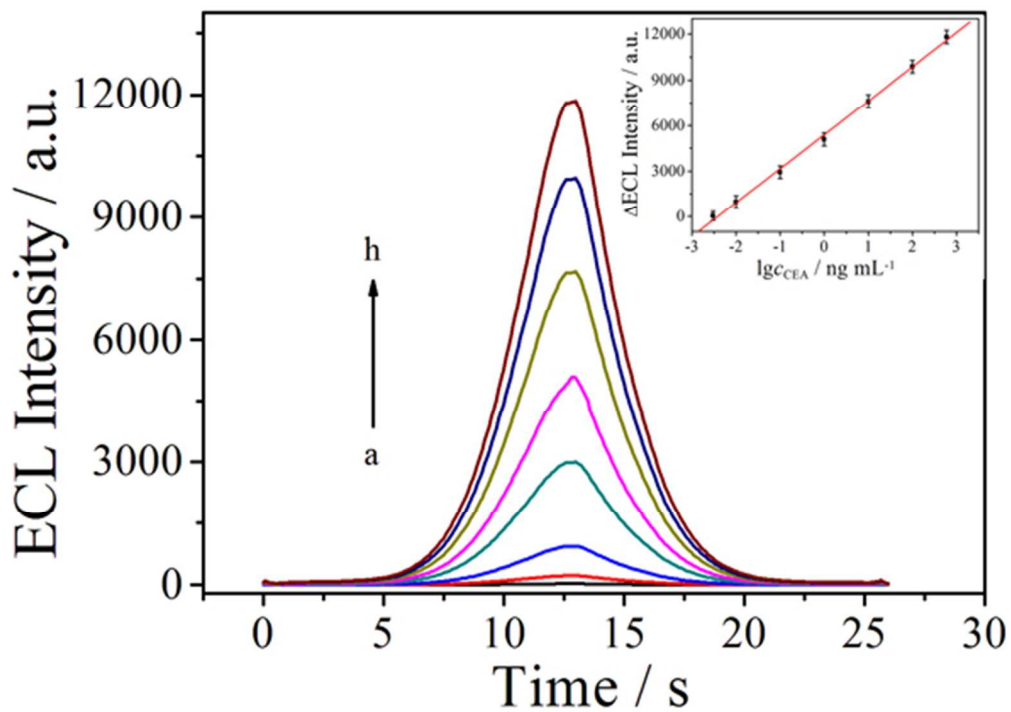


Figure 6
100x70mm (150 x 150 DPI)

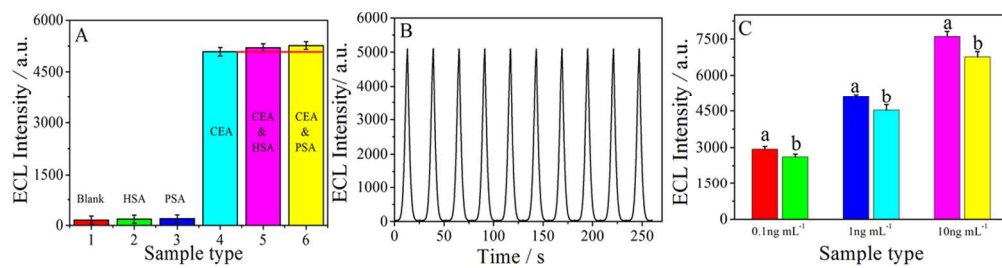
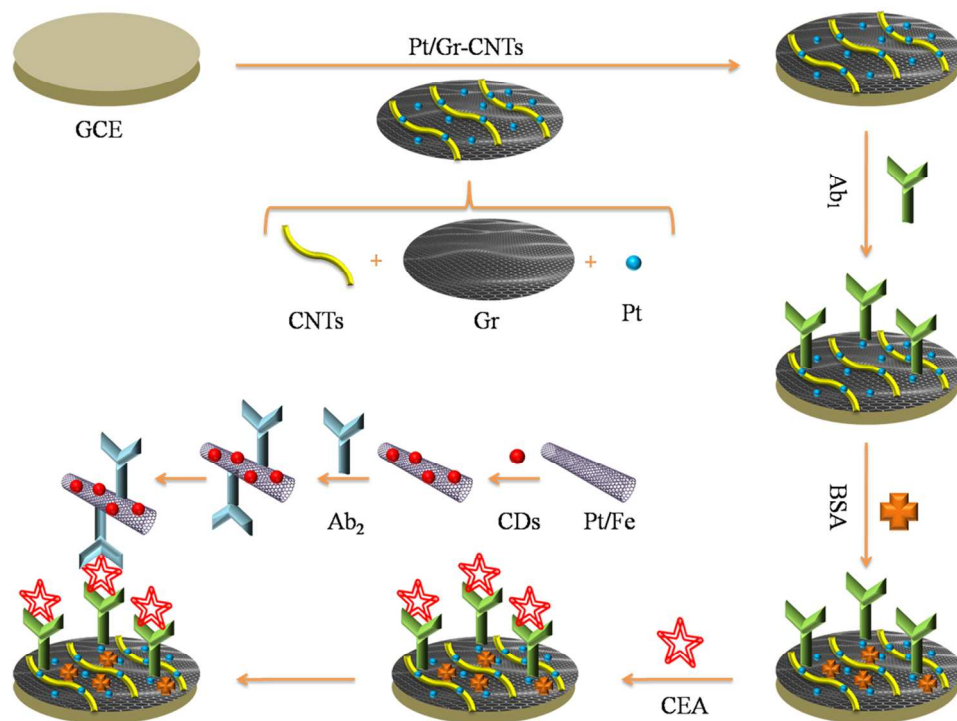


Figure 7
335x84mm (300 x 300 DPI)



Scheme 1
111x84mm (300 x 300 DPI)

Table 1 Analytical properties of different CEA electrochemical immunosensors

Modified platform	Signal antibody	Linear range (ng·mL ⁻¹)	Detection limit (pg·mL ⁻¹)	Ref.
Graphite electrode	sol-gel	0.5-120	4	36
Screen-printed carbon electrode	nanogold	0.5-25	2.2	37
Glassy carbon electrode	nanogold	0.5-120	2	38
Carbon paste electrode	Fe ₃ O ₄ -SiO ₂	1.5-60	5	39
Carbon paste electrode	Fe ₃ O ₄ -SiO ₂	1.5-200	5	40
Glassy carbon electrode	Pt/Fe@CDs	0.003-600	0.8	This work

Table 2 Comparison of CEA detection between the proposed immunosensor and ELISA methods in CEA-spiked human serum samples

Sample	Immunosensor concentrations (ng·mL ⁻¹)			ELISA concentrations (ng·mL ⁻¹)			
	Added	Found	Recoveries (%)	Added	Found	Recoveries (%)	Relative deviation (%)
1	0.5	0.518	103.6	0.5	0.522	104.4	-0.77
2	1.0	0.977	97.7	1.0	0.988	98.8	-1.13
3	2.0	1.976	98.8	2.0	2.028	101.4	-2.63
4	3.0	2.954	98.5	3.0	3.023	100.8	-2.34