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# 1 **Multiscale Porous Carbonate Apatite Honeycomb Granules**

## 2 **Derived from a Metastable Calcium Carbonate Precursor for**

### 3 **Enhanced Bone Formation**

4  
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#### 15 **Abstract**

16 Global population aging has increased the clinical demand for maintaining and restoring skeletal  
17 function. The bone regenerative capacity of synthetic bone substitutes is strongly influenced by pore  
18 architecture. Although well-controlled large-pore structures have been widely reported, the precise  
19 regulation of pore structures at the submicron and nanoscale remains challenging. In this study, we  
20 developed a strategy to control the multiscale pore characteristics of a material by exploiting the  
21 differences in the properties of vaterite and calcite, which are metastable and stable calcium carbonate  
22 precursors, respectively. To isolate the effect of submicron and nanoporous structures, carbonate  
23 apatite (CA) honeycomb (HC) granules with identical chemical compositions and channel  
24 architectures but different submicron and nanoporous structures were fabricated. HC green bodies  
25 composed of vaterite or calcite powders were produced by extrusion molding, followed by debinding  
26 and phosphate treatment to convert them into CA through a dissolution–precipitation reaction. Both  
27 the vaterite-derived (V-CA-HC) and calcite-derived (C-CA-HC) HC granules consisted of AB-type  
28 CA containing approximately 9% carbonate and exhibited the same HC channel size (110  $\mu\text{m}$ ) and  
29 wall thickness (120  $\mu\text{m}$ ). However, the submicron and nanoporous structures of the two types of HC  
30 granules differed significantly. The V-CA-HC granules exhibited bimodal pore structures with modal  
31 diameters of 14 and 336 nm, whereas the C-CA-HC granules exhibited a unimodal distribution  
32 centered at 41 nm. In a rabbit femoral condyle critical-size defect model, V-CA-HC granules induced  
33



34 significantly greater new bone formation than C-CA-HC granules at both 4 and 12 weeks post-  
35 implantation. These results demonstrate that submicron and nanoporous structures independently  
36 regulate bone formation when the macroporous structure is kept constant, and that submicron and  
37 nanoporous structures provide a versatile strategy for designing multiscale porous bone substitutes.  
38

## 39 **1. Introduction**

40 Globally, populations are aging, and the widening gap between healthy life expectancy and  
41 average life expectancy has become a significant societal challenge.[1-4] Extending healthy life  
42 expectancy requires the maintenance and restoration of musculoskeletal function, with bone health  
43 playing a particularly critical role.[5-11] With the age-related rise in falls, tumors, osteoarthritis, and  
44 dental implant treatments, artificial bone substitutes are used in diverse clinical settings, including  
45 the repair of fractures and bone defects.[12-19] Bone injuries and defects also occur in young  
46 populations owing to various causes, such as trauma and disease, and thus the demand for synthetic  
47 bone substitutes is high.[20, 21]

48 Autologous bone grafting remains the gold standard for bone regeneration, reconstruction, and  
49 augmentation. However, autologous bone grafting has several limitations, including high  
50 invasiveness and the limited volume of harvestable bone.[22] Allogeneic and xenogeneic bone grafts  
51 are also applied in certain cases, but concerns remain regarding immune rejection and infection  
52 risk.[22, 23] Although synthetic bone substitutes have been used clinically for decades because they  
53 avoid these issues, their bone-forming and bone-substituting capacities still fall short of those of  
54 autologous bone.[22] Consequently, the enhancement of the bone-forming and bone-substituting  
55 functions of synthetic bone substitutes is required for their application in critical-sized bone defects.

56 One key factor influencing the bone-forming ability and bioresorbability of a synthetic bone  
57 substitute is its material composition. Synthetic bone substitutes include calcium phosphate-based  
58 materials, such as hydroxyapatite (HA) and beta-tricalcium phosphate.[24-26] Carbonate apatite  
59 (CA), also a synthetic bone substitute, whose inorganic composition closely resembles that of native  
60 bone, gradually resorbs following bone formation and is ultimately replaced by newly formed bone.  
61 However, bone formation and material resorption are not solely determined by composition; rather,  
62 bone regeneration properties are strongly influenced by the pore structure of the material. [27, 28]

63 The pore structures of synthetic bone substitutes can be broadly classified into large (>100  $\mu\text{m}$ )  
64 and small pores (<10  $\mu\text{m}$ ), with each pore structure playing a distinct role. Large pore structures  
65 influence the ingrowth of tissues, such as bone, blood vessels, and fibrous tissue, into the material. In  
66 general, pore sizes ranging from 100 to 600  $\mu\text{m}$  are considered suitable for bone and vascular



67 formation.[27, 29] Furthermore, bone formation is reported to be favored when pore sizes are 300  
68  $\mu\text{m}$  or smaller while fibrous tissue ingrowth becomes dominant when pore sizes exceed 400  $\mu\text{m}$ . [30]  
69 In addition to pore size, pore interconnectivity is also critical because interconnected channels enable  
70 cell infiltration, angiogenesis, and nutrient and waste product diffusion, ultimately promoting bone  
71 formation.[27, 31, 32]

72 Submicron- and nanoscale porous structures increase the specific surface area and surface  
73 roughness of synthetic bone substitutes, thereby enhancing the adsorption of proteins, such as bone  
74 morphogenetic proteins and collagen.[33-39] The enhanced protein adsorption promotes cell adhesion,  
75 osteogenic differentiation, and apatite deposition, ultimately leading to new bone formation.[33-39]  
76 In addition to the presence of submicron pores and nanopores, their volume and size distribution also  
77 play critical roles. Increased submicron pore volumes and pore volumes smaller than 100 nm promote  
78 osteoclast formation and regulates the resorption behavior of the material, which in turn influences the  
79 bone formation process.[34, 36-39] Pores smaller than 1  $\mu\text{m}$  can be broadly classified into submicron  
80 pores (100 nm to 1  $\mu\text{m}$ ) and nanopores (<100 nm), with each class contributing differently to bone  
81 regeneration. Submicron pores effectively promote bone formation, whereas nanopores strongly  
82 influence osteoclast formation and accelerate material resorption.[36, 38, 39] Therefore, precise  
83 control of pore size distribution in the submicron and nanometer ranges is essential for regulating the  
84 initial biological responses to the material, the duration of its scaffolding function, and its resorption  
85 behavior.

86 Taken together, large pores and submicron/nanoporous structures play distinct and complementary  
87 roles, and neither alone is sufficient for optimal bone regeneration. Therefore, synthetic bone  
88 substitutes are required to possess a multiscale porous structure incorporating both large pores and  
89 submicron/nanoporous structures. [38, 40-45] To date, synthetic bone substitutes with multiscale  
90 porosity have been fabricated using three-dimensional (3D) printing or adaptive foam reticulation  
91 combined with subsequent debinding and sintering in which slurries composed of ceramic powders  
92 mixed with polymer microspheres or oil droplets are used.[44, 46-48] In these approaches, large pores  
93 are formed by 3D printing or adaptive foam reticulation, while submicron and nanoporous structures  
94 are generated by removing porogens such as polymer microspheres or oil droplets. Although 3D  
95 printing offers the advantage of designed large pore architectures, its fabrication accuracy becomes  
96 insufficient when pore sizes are below 300  $\mu\text{m}$ . [44, 46, 47] Adaptive foam reticulation produces  
97 irregular large pore structures, making the precise control of pore size and morphology difficult.[48]  
98 Furthermore, when a porogen is used to create submicron and nanopores, the pore size is determined  
99 by the porogen diameter.[44, 48] In conventional porogen-based fabrication methods for ceramic bone  
100 substitutes, the pore size is often determined by the diameter of sacrificial templates such as polymer  
101 microspheres or oil droplets, which typically range from several to tens of micrometers.[44, 48]



102 Therefore, the formation of submicron pores and nanopores remains challenging in these systems.  
103 Similarly, when oil droplets are used, the diameters of the resulting submicron and nanopores depend  
104 on droplet size and typically range from several to tens of micrometers, which also hinders the  
105 formation of submicron pores and nanopores.[46, 47]

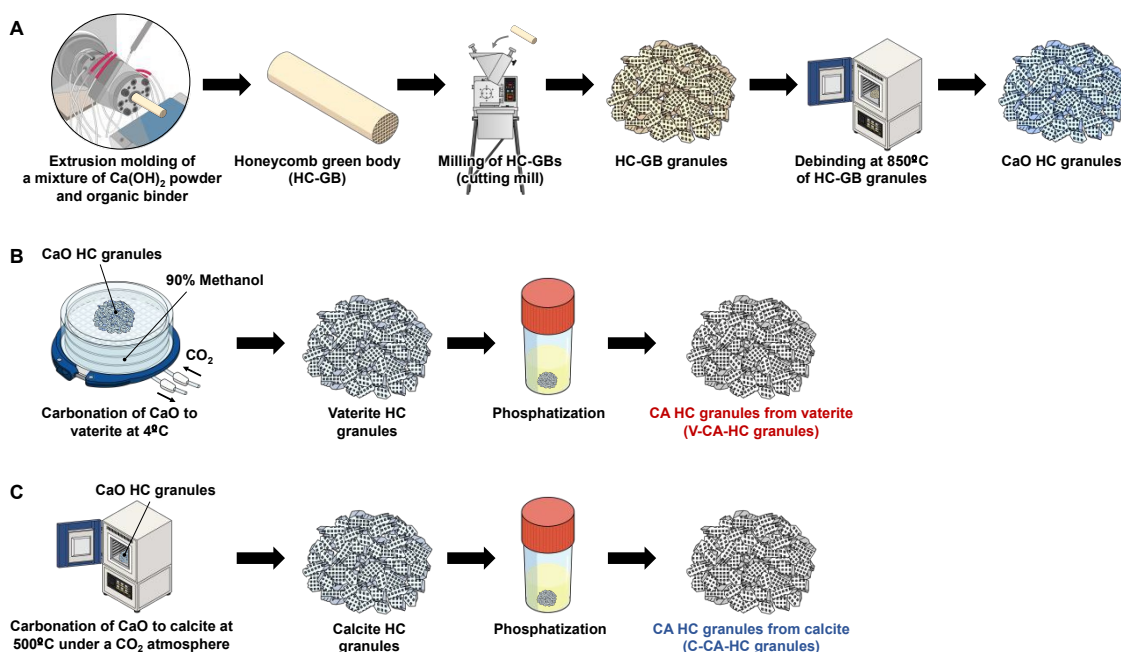
106 Given the aforementioned background, this study aimed to fabricate CA honeycomb (HC) granules  
107 (CA-HC granules) possessing a multiscale porous structure composed of highly interconnected  
108 HC-type large pores (that is, channels) with uniform size, submicron pores, and nanopores.  
109 Accordingly, the following approach was adopted. First, an HC-type large pore structure was  
110 fabricated by extrusion molding, which enabled the formation of interconnected channels with high  
111 dimensional accuracy.[49, 50] Secondly, to generate submicron pores and nanopores, vaterite, a  
112 metastable phase of calcium carbonate synthesized at a low temperature and characterized by a small  
113 crystal size and low density (2.55 g/cm<sup>3</sup>), was used as a precursor of CA, resulting in the formation of  
114 abundant nano-to submicrometer-scale intercrystalline spaces—submicron pores and nanopores—in  
115 CA-HC granules.[51] For comparison purposes, CA-HC granules with no submicron pores and  
116 exhibiting a small submicron/nanopore volume were prepared using the precursor calcite, a  
117 thermodynamically stable calcium carbonate phase synthesized at a high temperature and  
118 characterized by a larger crystal size and higher density (2.71 g/cm<sup>3</sup>) compared with the CA  
119 precursor.[51] Subsequently, the *in vivo* bone-forming ability and material resorption behavior of the  
120 CA-HC granules derived from vaterite (V-CA-HC granules) and calcite (C-CA-HC granules) were  
121 evaluated.

## 123 2. Materials and Methods

### 124 2.1. Fabrication of Honeycomb Green Bodies (HC-GBs)

125 Using extrusion molding, we previously fabricated HC green bodies (HC-GBs) composed of  
126 various calcium-based powders and organic binders.[49, 50] In this study, we prepared HC-GBs using  
127 calcium hydroxide powder (Nacalai Tesque, Kyoto, Japan) and a wax-based organic binder  
128 (Nagamine wax binder, Nagamine Manufacturing, Nakatado, Japan) via a method similar to that  
129 reported previously. Calcium hydroxide powder with an average particle size of 1 μm, obtained by jet  
130 milling, was mixed with the organic binder at a volume ratio of 1:1. The mixture was kneaded at  
131 150 °C for 2 h using a roller mixer installed in a kneading and extrusion apparatus (Labo Plastomill,  
132 Toyoseiki Co., Toyo, Japan). The resulting kneaded compound was then loaded into a single-screw  
133 extruder (Labo Plastomill) equipped with an HC extrusion die featuring a slit width of 150 μm and  
134 pitch of 300 μm (Nagamine Manufacturing). HC-GB blocks were subsequently fabricated by extrusion  
135 molding (Figure 1A).





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Figure 1. Schematic of the fabrication processes for carbonate apatite (CA) honeycomb (HC) granules derived from vaterite (V-CA-HC granules) and calcite (C-CA-HC granules). (A) Extrusion molding of HC green bodies and their granulation using a cutting mill, followed by debinding and sintering to obtain CaO HC granules. (B) Fabrication of vaterite HC granules through compositional conversion of CaO HC granules to vaterite, followed by phosphatization to convert vaterite into CA, yielding V-CA-HC granules. (C) Fabrication of calcite HC granules through compositional conversion of CaO HC granules to calcite, followed by phosphatization to convert calcite into CA, yielding C-CA-HC granules.

## 2.2. Fabrication of CaO Honeycomb Granules

HC-GB blocks were crushed into granules using a cutting mill (Figure 1A). The obtained HC-GB granules were subsequently heat-treated in an electric furnace (Nitto Kagaku Co., Ltd., Nagoya, Japan). The furnace temperature was increased to 850 °C at a heating rate of approximately 0.1 °C/min under an ambient air atmosphere, followed by sintering at 850 °C for 3 h to obtain CaO HC granules.

## 2.3. Fabrication of V-CA-HC Granules

Vaterite HC granules were fabricated by converting CaO into vaterite using a modified method based on the method reported by Kathyola et al.[52] The CaO HC granules were immersed in 90% methanol (FUJIFILM Wako Pure Chemical Corporation, Osaka, Japan) while carbon dioxide was continuously bubbled at a flow rate of 200 mL/min. A reaction was conducted at 4 °C for 5 d to induce compositional conversion from CaO to vaterite (Figure 1B). The resulting vaterite HC granules were subsequently phosphate treated by immersion in a 1 mol/L aqueous Na<sub>2</sub>HPO<sub>4</sub> solution (FUJIFILM



159 Wako Pure Chemical Corporation) at 80 °C for 7 d, yielding V-CA-HC granules. Finally, the obtained  
160 V-CA-HC granules were thoroughly washed multiple times with distilled water.

161

#### 162 **2.4. Fabrication of C-CA-HC Granules**

163 Calcite HC granules were obtained by heat treating CaO HC granules at 500 °C for 5 d under a CO<sub>2</sub>  
164 atmosphere (Figure 1C). The resulting calcite HC granules were subsequently phosphate-treated by  
165 immersion in a 1 mol/L aqueous Na<sub>2</sub>HPO<sub>4</sub> solution (FUJIFILM Wako Pure Chemical Corporation) at  
166 80 °C for 7 d, yielding C-CA-HC granules. Finally, the obtained C-CA-HC granules were thoroughly  
167 washed multiple times with distilled water.

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#### 169 **2.5. Material Characterization**

170 The crystalline phases of the test samples were identified by X-ray diffraction (XRD) using a  
171 diffractometer (D8 Advance, Bruker AXS GmbH, Karlsruhe, Germany) with Cu K $\alpha$  radiation. The  
172 accelerating voltage and current were set to 40 kV and 40 mA, respectively. The functional groups of  
173 the samples were analyzed by Fourier transform infrared spectroscopy (FTIR) using an FTIR  
174 spectrometer (FT/IR-6200, JASCO, Tokyo, Japan) with the KBr disk method. The carbonate contents  
175 of the samples were quantified using a CHN coder (MT-6, Yanako Analytical Instruments, Kyoto,  
176 Japan). The microstructures of the samples were observed using scanning electron microscopy (SEM,  
177 S-3400N, Hitachi High-Technologies, Tokyo, Japan) at an accelerating voltage of 15 kV. Prior to the  
178 SEM observations, the samples were coated with an Au–Pd layer using a magnetron sputtering system  
179 (MSP-1S, Vacuum Device Co., Ibaraki, Japan). The particle sizes of the HC granules were determined  
180 by measuring the Feret diameters of 300 randomly selected particles. The channel diameter and wall  
181 thickness were measured from 50 randomly selected channels and pore walls in the SEM images using  
182 ImageJ software. The pore size distribution and pore volume of the samples were evaluated using  
183 mercury intrusion porosimetry (MIP, AutoPore 9420, Shimadzu, Kyoto, Japan).

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#### 185 **2.6. Ethical Statement**

186 All animal experimental protocols were reviewed and approved by the Animal Experiment  
187 Committee of Kyushu University (Approval No. A30-237-0; Approval date: August 1, 2018).

188

#### 189 **2.7. Animal Experiments**

190 Twelve 18-week-old male Japanese white rabbits (Japan SLC, Hamamatsu, Japan) were used in  
191 this study. The animals were first sedated by intramuscularly administering a mixture of ketamine  
192 (30 mg/kg, Ketalar<sup>®</sup>, Daiichi Sankyo Co., Ltd., Tokyo, Japan) and xylazine (5 mg/kg, Selactar<sup>®</sup>,  
193 Elanco, Indiana, USA). An auricular vein was then cannulated, and the rabbits were anesthetized by  
194 intravenously administering ketamine (10 mg/kg) and xylazine (3 mg/kg).



195 After shaving the area around the distal femur, the surgical site was disinfected by applying  
196 povidone-iodine. Local anesthesia was achieved by injecting 2% lidocaine at multiple sites  
197 surrounding the implantation area. A longitudinal skin incision of approximately 3 cm was made using  
198 a scalpel, and the bone surface was exposed by blunt dissection.

199 Critical-size bone defects, with a diameter of 6 mm and a depth of 4 mm, were created in the medial  
200 condyles of both distal femoral epiphyses using a trephine bur. [49, 53] This defect model is widely  
201 used for evaluating the bone regenerative capacity of biomaterials because spontaneous bone  
202 regeneration is limited during the experimental period.[49, 53] In our previous study using the same  
203 defect model, the defects were predominantly filled with adipose tissue rather than bone tissue.[49]  
204 Following defect creation, the defect sites were thoroughly irrigated with a saline solution. The V-CA-  
205 HC and C-CA-HC granules, which had been sterilized by dry heat at 170 °C for 3 h, were implanted  
206 into the femoral bone defects of the contralateral legs of the rabbits.

207 Following material implantation, the periosteum and skin of each rabbit were sutured using nylon  
208 monofilament sutures, and the surgical site was disinfected with povidone-iodine. Immediately after  
209 surgery and once daily for three consecutive days postoperatively, the animals received intramuscular  
210 injections of the antibiotic gentamicin (4 mg/kg, Gentacin<sup>®</sup>, Takata Pharmaceutical Co., Ltd., Saitama,  
211 Japan) and the analgesic buprenorphine hydrochloride (0.03 mg/kg, Lepetan<sup>®</sup>, Otsuka Pharmaceutical  
212 Co., Ltd., Tokyo, Japan).

213

## 214 **2.8. Histological Analysis**

215 At 4 and 12 weeks post-implantation of the materials into femoral bone defects, the rabbits were  
216 euthanized via an anesthesia overdose containing a mixture of ketamine and xylazine. The distal  
217 femoral epiphyses containing the implanted materials and surrounding tissues were removed en bloc  
218 and fixed by immersion in a solution of 10% neutral buffered formalin. Following fixation, the samples  
219 were decalcified using ethylenediaminetetraacetic acid disodium salt. The decalcified tissues were  
220 then dehydrated, cleared, and embedded in paraffin according to standard histological procedures.  
221 Sections with a thickness of 3  $\mu\text{m}$  were prepared using a microtome. After deparaffinization, the  
222 prepared sections were stained with hematoxylin and eosin (H&E) using a conventional protocol.

223

## 224 **2.9. Statistical Analysis**

225 All quantitative data used in the study are presented as the mean  $\pm$  standard deviation. Statistical  
226 analysis was performed using Student's t-test, and differences were considered statistically significant  
227 at  $p < 0.05$ .

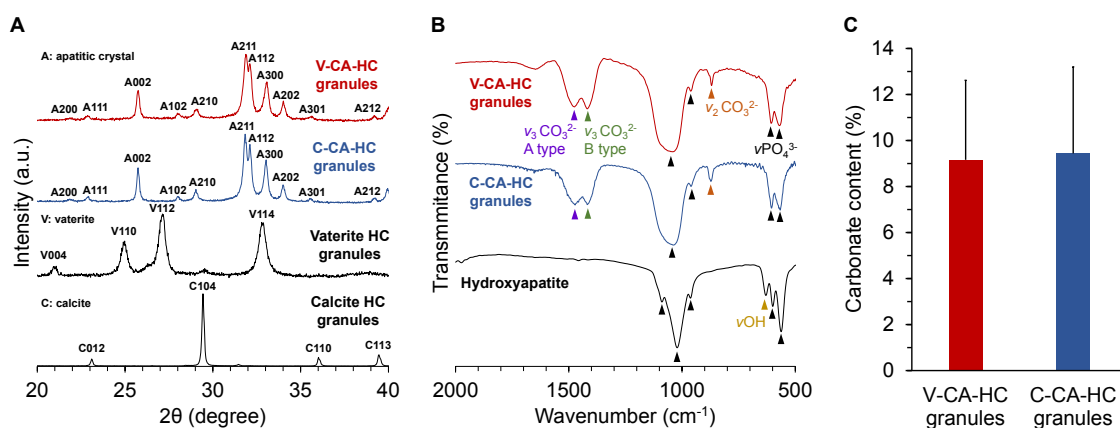
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## 229 **3. Results**

### 230 **3.1. Material characterizations**



231 The XRD patterns of vaterite and calcite HC granules revealed that their crystalline phases were  
 232 vaterite and calcite, respectively (Figure 2A).[54] The XRD patterns of both V-CA-HC and C-CA-  
 233 HC granules were consistent with those of apatitic crystals.[55] The FTIR spectra of V-CA-HC and  
 234 C-CA-HC granules exhibited characteristic absorption bands at 1040, 960, 606, and 567  $\text{cm}^{-1}$   
 235 attributed to  $\text{PO}_4^{3-}$ , similar to those observed in the spectrum of the reference material HA (Figure  
 236 2B).[56-58] Although an absorption band attributed to  $\text{OH}^-$  was observed at 629  $\text{cm}^{-1}$  in the HA  
 237 spectrum, this band was not observed in the spectrum of either V-CA-HC or C-CA-HC granules.[56-  
 238 58] In addition, the absorption bands at 1475, 1417, and 870  $\text{cm}^{-1}$  attributed to  $\text{CO}_3^{2-}$  were observed  
 239 in the spectra of V-CA-HC and C-CA-HC granules, whereas no such bands were detected in the HA  
 240 spectrum.[56-58] The  $\text{CO}_3^{2-}$ -related absorption bands at 1475 and 1417  $\text{cm}^{-1}$  indicated the substitution  
 241 of  $\text{OH}^-$  and  $\text{PO}_4^{3-}$  sites by  $\text{CO}_3^{2-}$ , respectively.[56-58] CHN analysis showed that the carbonate  
 242 contents of V-CA-HC and C-CA-HC granules were  $9.2 \pm 3.5$  wt% and  $9.4 \pm 3.7$  wt%, respectively,  
 243 with no significant difference between the two groups (Figure 2C).



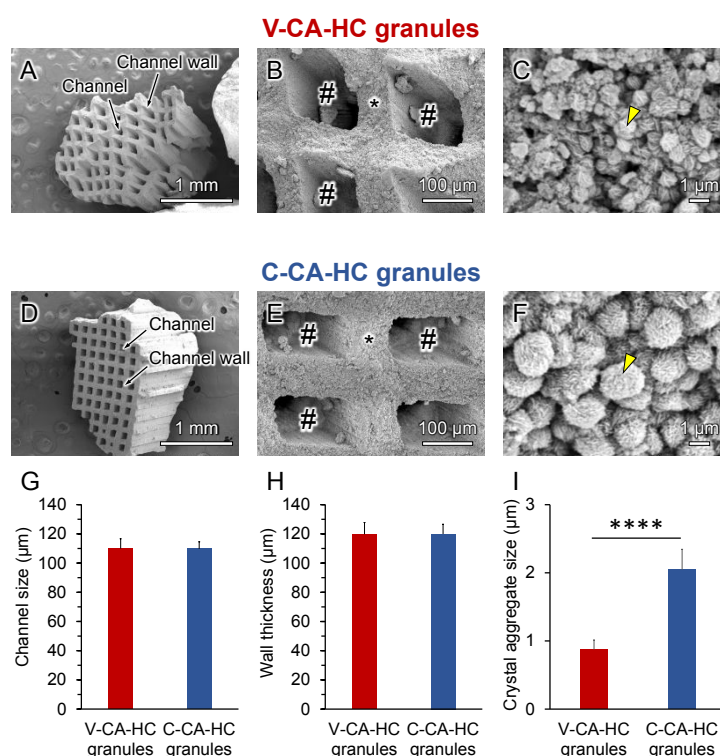
244 Figure 2. (A) X-ray diffraction patterns of vaterite and calcite honeycomb (HC) and carbonate apatite  
 245 (CA) HC granules derived from vaterite (V-CA-HC granules) and calcite (C-CA-HC granules). (B)  
 246 Fourier transform infrared spectra of V-CA-HC granules, C-CA-HC granules, and the reference  
 247 material hydroxyapatite. Black, orange, green, purple, and yellow arrowheads indicate absorption  
 248 bands attributed to  $\nu\text{PO}_4^{3-}$ ,  $\nu\text{CO}_3^{2-}$ ,  $\nu\text{CO}_3^{2-}$  B-type substitution (replacement of  $\text{PO}_4^{3-}$  by  $\text{CO}_3^{2-}$ ),  
 249  $\nu\text{CO}_3^{2-}$  A-type substitution (replacement of  $\text{OH}^-$  by  $\text{CO}_3^{2-}$ ), and  $\nu\text{OH}^-$ , respectively. (C) Carbonate  
 250 contents of V-CA-HC and C-CA-HC granules measured by CHN analysis.  
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252

253 SEM observations showed that the vaterite HC granules were composed of spherical particles  
 254 (Figure S1A), whereas the calcite HC granules consisted of aggregates of smaller, irregularly shaped  
 255 particles (Figure S1B). The particle sizes of the vaterite and calcite granules were  $1.4 \pm 0.6$   $\mu\text{m}$  and  
 256  $0.7 \pm 0.3$   $\mu\text{m}$ , respectively (Figure S1C). Numerous uniaxial channels penetrated the V-CA-HC  
 257 granules (Figure 3A). The channels were separated by walls and regularly arranged, exhibiting a  
 258 uniform channel size and wall thickness (Figures 3A and 3B). The channel walls were composed of



259 spherical aggregates consisting of CA crystals (Figure 3C). Similarly, the C-CA-HC granules also  
 260 exhibited a large number of regularly arranged uniaxial channels, and the channel walls were  
 261 composed of spherical aggregates of CA crystals (Figures 3D–F). However, the spherical aggregates  
 262 constituting the C-CA-HC granules were larger than those observed in the V-CA-HC granules (Figures  
 263 3C and 3F). The edge lengths of the square channels in the V-CA-HC and C-CA-HC granules were  
 264  $109.9 \pm 6.7$  and  $109.7 \pm 4.9$   $\mu\text{m}$ , respectively (Figure 3G). The wall thicknesses of the V-CA-HC and  
 265 C-CA-HC granules were  $119.8 \pm 8.0$   $\mu\text{m}$  and  $119.9 \pm 6.7$   $\mu\text{m}$ , respectively (Figure 3H). Thus, both the  
 266 channel size and wall thickness were nearly identical between the V-CA-HC and C-CA-HC granules.  
 267 In contrast, the diameter of the spherical aggregates in the V-CA-HC granules was  $0.8 \pm 0.1$   $\mu\text{m}$ , which  
 268 was less than half of that observed in the C-CA-HC granules at  $2.0 \pm 0.3$   $\mu\text{m}$  and a significant  
 269 difference ( $p = 2.0 \times 10^{-23}$ ) was detected between the two groups (Figure 3I).



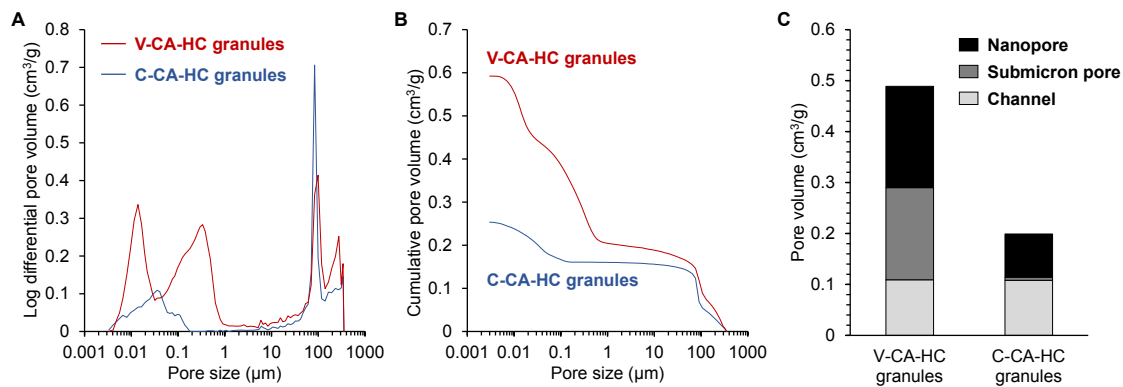
270  
 271 Figure 3. Scanning electron microscopy images of (A)–(C) V-CA-HC and (D)–(F) C-CA-HC granules.  
 272 (B) and (E) show higher-magnification images corresponding to (A) and (D), respectively. (C) and (F)  
 273 show higher-magnification images corresponding to (B) and (E), respectively. Symbols #, \*, and  
 274 yellow arrowheads indicate the channels, channel walls, and spherical aggregates of CA crystals,  
 275 respectively. (G) Channel size, (H) channel wall thickness, and (I) diameter of the spherical aggregates  
 276 of CA crystals. Data are shown as the mean  $\pm$  standard deviation. Statistical analysis was performed  
 277 using Student's t-test at \*\*\*\* $p < 0.001$ .

278

279 MIP revealed that both V-CA-HC and C-CA-HC granules exhibited a prominent peak at



280 approximately 100  $\mu\text{m}$  in their pore size distribution profiles, corresponding to channels (Figure 4A).  
 281 The peaks observed at pore sizes larger than 200  $\mu\text{m}$  were attributed to intergranular spaces. The  
 282 V-CA-HC granules exhibited a bimodal pore size distribution with two distinct modal pore diameters  
 283 of 14 and 336 nm. In contrast, the C-CA-HC granules exhibited a unimodal pore size distribution with  
 284 a single modal pore diameter of 41 nm. Cumulative pore volume analysis demonstrated that although  
 285 the channel volumes of the V-CA-HC and C-CA-HC granules were comparable, the submicron and  
 286 nanopore volume of the V-CA-HC granules was markedly greater than that of the C-CA-HC granules  
 287 (Figure 4B). The quantitative evaluation of channel volumes showed that both V-CA-HC and C-CA-  
 288 HC granules exhibited identical channel volumes of 0.11  $\text{cm}^3/\text{g}$ . The V-CA-HC and C-CA-HC  
 289 granules exhibited submicron pore volumes of 0.18 and 0.01  $\text{cm}^3/\text{g}$  and nanopore volumes of 0.20 and  
 290 0.08  $\text{cm}^3/\text{g}$ , respectively, resulting in a total submicron and nanopore volume of V-CA-HC granules  
 291 that was more than four times greater than that of C-CA-HC granules (Figure 4C).



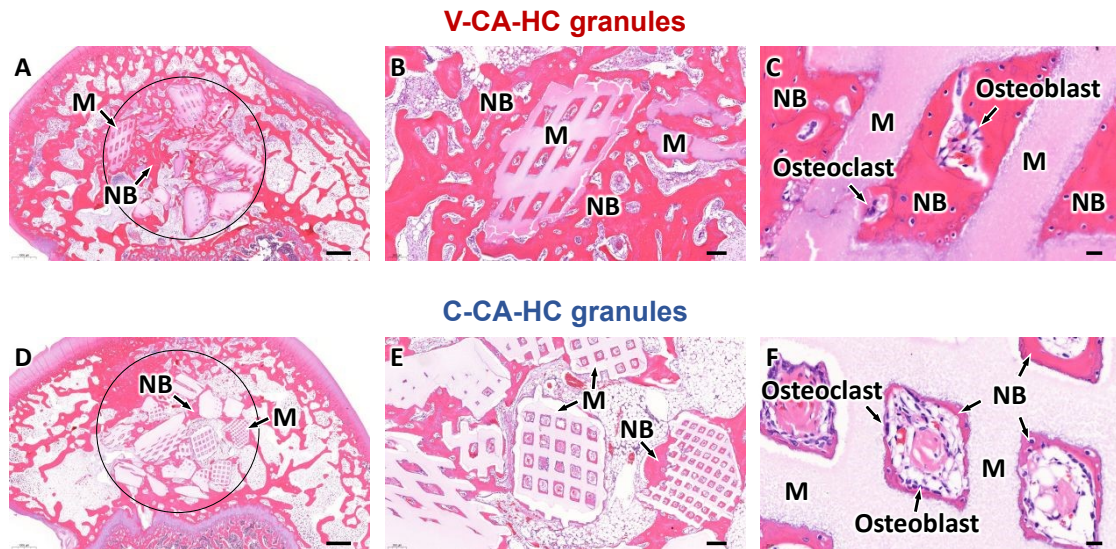
292 Figure 4. Mercury intrusion porosimetry results of V-CA-HC and C-CA-HC granules. (A)  
 293 Relationship between pore size and pore volume. (B) Relationship between pore size and cumulative  
 294 pore volume. (C) Quantitative analysis of channel, submicron pore, and nanopore volumes.  
 295  
 296

### 297 3.2. In vivo evaluations

298 Histological analysis by H&E staining at 4 weeks after implantation into critical-sized femoral  
 299 bone defects in rabbits demonstrated that both V-CA-HC and C-CA-HC granules induced new bone  
 300 formation within and around the granules (Figures 5A–5F). However, a clear difference in the amount  
 301 of newly formed bone was observed between the two groups. Marked differences were observed in  
 302 bone formation in the intergranular spaces. Abundant bone tissue was formed among the V-CA-HC  
 303 granules (Figure 5B), whereas areas occupied by tissues other than bone were observed among the C-  
 304 CA-HC granules (Figure 5E). Differences were also evident in bone formation within the granules. In  
 305 the V-CA-HC group, the channels were filled with newly formed bone (Figure 5C). By contrast, in  
 306 the C-CA-HC group, bone formation was observed along the channel wall surfaces, and no bone  
 307 formation was detected in the central regions of the channels (Figure 5F). Furthermore, in both V-CA-



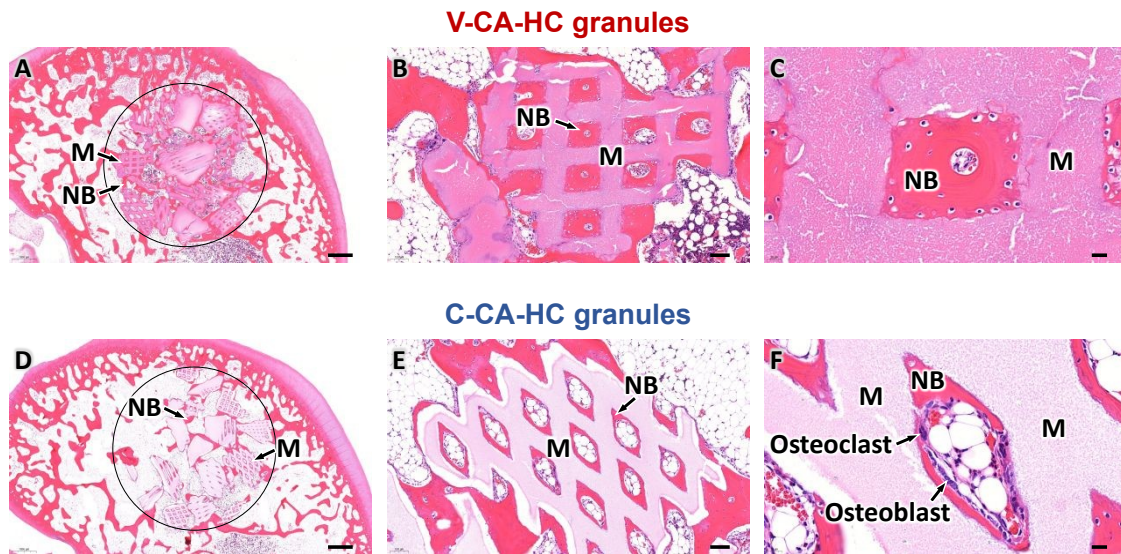
308 HC and C-CA-HC groups, osteoclasts and osteoblasts were observed on the channel walls and newly  
 309 formed bone surfaces, respectively (Figures 5C and 5F).  
 310



311  
 312 Figure 5. Histological analysis by hematoxylin and eosin staining at 4 weeks after implantation of  
 313 (A)–(C) V-CA-HC and (D)–(F) C-CA-HC granules. (B) and (E) show higher-magnification images  
 314 of the granules and surrounding tissues. (C) and (F) show higher-magnification images of the tissues  
 315 formed within the channels of the granules. M, NB, and the black ring indicate the material, newly  
 316 formed bone, and the boundary of the bone defect, respectively. Scale bars are as follows: (A) and (D)  
 317 1 mm, (B) and (E) 200  $\mu\text{m}$ , and (C) and (F) 20  $\mu\text{m}$ .

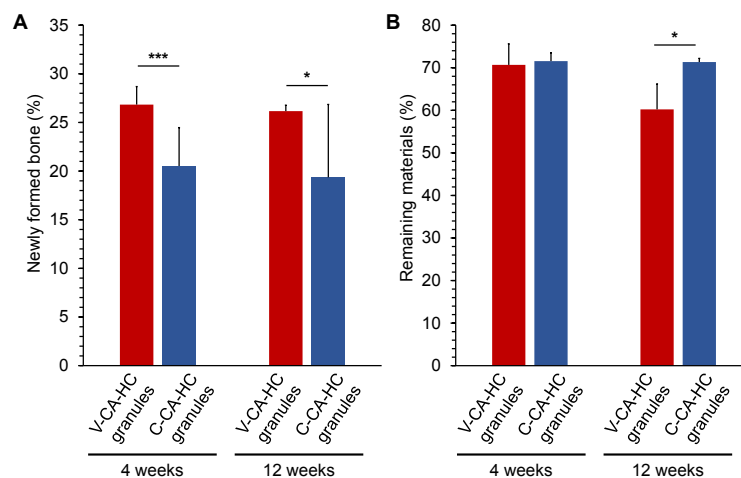
318  
 319 At 12 weeks after implantation, bone formation behavior similar to that observed at 4 weeks were  
 320 also evident (Figures 6A–6F). The V-CA-HC granules exhibited greater bone formation than the  
 321 C-CA-HC granules, both within the channels and in the intergranular spaces.





322  
323 Figure 6. Histological analysis by hematoxylin and eosin staining at 12 weeks after implantation of  
324 (A)–(C) V-CA-HC and (D)–(F) C-CA-HC granules. (B) and (E) show higher-magnification images  
325 of the granules and surrounding tissues. (C) and (F) show higher-magnification images of the tissues  
326 formed within the channels of the granules. M, NB, and the black ring indicate the material, newly  
327 formed bone, and the boundary of the bone defect, respectively. Scale bars are as follows: (A) and (D)  
328 1 mm, (B) and (E) 200  $\mu\text{m}$ , and (C) and (F) 20  $\mu\text{m}$ .

329  
330 Quantitative histological analysis revealed that the proportion of newly formed bone within bone  
331 defects was significantly higher in the V-CA-HC group than in the C-CA-HC group at both 4 and 12  
332 weeks after implantation (Figure 7A,  $p = 0.002$  at 4 weeks and  $p = 0.025$  at 12 weeks). In contrast, no  
333 significant difference in the proportion of residual material was observed between the V-CA-HC and  
334 C-CA-HC groups at 4 weeks. At 12 weeks, however, the proportion of the residual material in the V-  
335 CA-HC group was significantly lower than that in the C-CA-HC group (Figure 7B,  $p = 0.029$ ).



336



337 Figure 7. Quantitative histological analysis of (A) newly formed bone and (B) residual material within  
338 bone defects at 4 and 12 weeks after granule implantation. Data are shown as mean  $\pm$  standard  
339 deviation ( $n = 6$ ). Statistical analysis was performed using the Student's  $t$ -test at  $*p < 0.05$  and  
340  $***p < 0.005$ .

341

#### 342 4. Discussion

343 V-CA-HC and C-CA-HC granules are both AB-type CA containing approximately 9% carbonate  
344 ions. The two types of granules share comparable macroscopic architectures, characterized by HC  
345 structures with similar channel sizes, channel wall thicknesses, and channel volumes. However, their  
346 submicron and nanoporous structures differ markedly. V-CA-HC granules exhibit a bimodal pore  
347 size distribution with modal diameters of 14 and 336 nm, whereas C-CA-HC granules display a  
348 unimodal pore size distribution with a single modal diameter of 41 nm. Hence, V-CA-HC granules  
349 contain both submicron pores and nanopores, whereas C-CA-HC granules contain markedly fewer  
350 submicron pores and predominantly consist of nanopores. Compared with the C-CA-HC granules,  
351 the V-CA-HC granules exhibited approximately 30-fold greater submicron pore volume, 2-fold  
352 greater nanopore volume, and 4-fold greater total pore volume below 1  $\mu\text{m}$ . Furthermore, the V-CA-  
353 HC granules promote significantly greater early-stage new bone formation compared with the C-CA-  
354 HC granules. More importantly, because the macroscopic HC structures are essentially identical  
355 between the two materials, the observed differences in bone formation can be primarily attributed to  
356 the differences in the submicron and nanoporous structures rather than to channel-related effects.

357 The differences in the submicron and nanoporous structures between the V-CA-HC and C-CA-  
358 HC granules can be attributed to three factors: (1) differences in the morphology and size of the  
359 precursor vaterite and calcite particles, (2) differences in the dissolution behavior of the precursors  
360 and the subsequent nucleation and crystal-growth processes during conversion to CA, and (3)  
361 differences in the size of the resulting CA aggregates.

362 The difference in the submicron pore structures can be explained as follows. The particle sizes of the  
363 vaterite and calcite precursors were  $1.4 \pm 0.6 \mu\text{m}$  and  $0.7 \pm 0.3 \mu\text{m}$ , respectively. In contrast, the  
364 sizes of the CA aggregates in the final V-CA-HC and C-CA-HC granules were approximately  $0.8 \pm$   
365  $0.1 \mu\text{m}$  and  $2.0 \pm 0.3 \mu\text{m}$ , respectively. Thus, the aggregate size decreased during the conversion  
366 from vaterite to CA, whereas it increased during the conversion from calcite to CA. This opposite  
367 particle-size evolution during the dissolution–precipitation conversion process likely influenced the  
368 interaggregate void structure. Specifically, the reduction in aggregate size in the V-CA-HC granules  
369 would increase the interstitial spaces between the aggregates, whereas the increase in aggregate size  
370 in the C-CA-HC granules would reduce such spaces. Furthermore, the smaller aggregates in the V-



371 CA-HC granules likely hindered dense packing because of increased interparticle interactions and  
372 bridging phenomena, thereby increasing the interaggregate void fraction and promoting the  
373 formation of interconnected submicron pores.[59, 60] Accordingly, submicron pores with a modal  
374 diameter of 336 nm observed in the V-CA-HC granules are considered to originate primarily from  
375 the interstitial spaces among the aggregates.

376 The difference in the nanoporous structures can be explained in a different manner. The  
377 nanopores observed in both materials are considered to originate mainly from intercrystalline spaces  
378 within the spherical CA aggregates. Because vaterite is more soluble than calcite,[61] the vaterite  
379 precursor likely dissolved more rapidly during phosphatization, resulting in the formation of a larger  
380 number of CA nuclei. Consequently, finer CA crystals were formed in the V-CA-HC granules,  
381 producing smaller intercrystalline spaces within the aggregates. In contrast, the slower dissolution of  
382 the calcite precursor likely resulted in fewer nuclei and greater crystal growth, leading to the  
383 formation of larger CA crystals and correspondingly larger intercrystalline spaces. As a result,  
384 smaller nanopores with a modal diameter of 14 nm were detected in the V-CA-HC granules, whereas  
385 larger nanopores with a modal diameter of 41 nm were detected in the C-CA-HC granules. These  
386 findings suggest that the nanopore size distribution reflects differences in the nucleation and crystal-  
387 growth behavior of CA arising from the distinct dissolution characteristics of the precursor phases.

388 Previous studies have reported that nanopores with sizes in the range of 10–30 nm increase the  
389 specific surface area, thereby enhancing protein adsorption, promoting cell adhesion, and inducing  
390 osteogenic differentiation, which ultimately contribute to enhanced bone formation.[43, 62] Kakuta  
391 et al. demonstrated that materials with a high abundance of submicron pores exhibited significantly  
392 increased numbers of tartrate-resistant acid phosphatase-positive cells (osteoclasts) together with  
393 enhanced new bone formation.[34] These results suggest that submicron pores and nanopores  
394 promote bone formation through different mechanisms. The abundance of both pore types in V-CA-  
395 HC granules likely accounts for their greater bone-forming ability compared with C-CA-HC  
396 granules.

397 In this study, we developed a strategy to control the submicron and nanopore characteristics of two  
398 materials with identical macroporous architectures by exploiting the differences in the properties of  
399 their calcium carbonate precursors. The strategy enabled the independent control of the pore structures  
400 of the materials across multiple length scales, including channels, submicron pores, and nanopores, an  
401 important design consideration for porous biomaterials. The strategy is versatile and can potentially  
402 be applied to various calcium phosphate materials with different macroporous architectures. Because  
403 it can be integrated with a wide range of material fabrication methods, the strategy would contribute  
404 to the development of diverse next-generation bone regenerative materials.



405 This study, however, has several limitations. In particular, parameters that could mediate the  
406 observed biological responses, such as protein adsorption and ion release kinetics, were not directly  
407 evaluated. Future studies will aim to quantitatively investigate these physicochemical interactions and  
408 clarify their relationship with the in vivo bone formation observed in the study.

409

#### 410 **Conclusion**

411 In this study, CA-HC granules possessing identical macroporous structures but different submicron  
412 and nanoporous structures were successfully fabricated by exploiting the differences in the properties  
413 of metastable and stable calcium carbonate precursors. V-CA-HC granules exhibited a multiscale  
414 submicron and nanoporous structure composed of both nanopores and submicron pores, whereas C-  
415 CA-HC granules mainly contained nanopores with a smaller total submicron and nanopore volume.  
416 In a rabbit femoral condyle critical-size defect model, the V-CA-HC granules induced significantly  
417 greater bone formation than the C-CA-HC granules at both 4 and 12 weeks after implantation. Because  
418 the macroporous structures of the two materials were essentially identical, the results demonstrate that  
419 submicron and nanoporous structure plays a crucial role in regulating bone formation. The strategy  
420 enables independent control of macroporous, submicron, and nanoporous structures and provides a  
421 versatile approach for designing multiscale porous calcium phosphate-based materials for bone  
422 regeneration and other biomedical applications.

423

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430 **Author Contributions**

431 **Koichiro Hayashi:** Conceptualization, Methodology, Investigation, Resources, Writing - Original  
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433 **Ryo Kishida:** Investigation.

434 **Kunio Ishikawa:** Project administration

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444

445 **References**

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### Data availability statement

The data supporting the findings of this study are available within the article.

Additional data are available from the corresponding author upon reasonable request.

