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Pit filling rate continues posing challenges in developing countries This study provides evidence that faecal sludge-derived biochar accelerated anaerobic degradation without enhancing overall solids breakdown. These findings conclude that faecal sludge-derived biochar may not necessarily reduce pit filling rates and highlight the importance of evaluating different types of biochar as pit additives.

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1 **The impact of faecal sludge-derived biochar as an additive on anaerobic degradation**
2 **of synthetic human excreta**

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8 **Abstract**

9 Pit latrine filling poses a major challenge in developing countries. This study investigated the
10 effect of faecal sludge-derived biochar (FSB) on anaerobic degradation, the dominant process
11 in pit latrines, using synthetic human excreta under laboratory conditions simulating wet pit
12 environments. Results show that FSB addition significantly increased hydrolysis rate and
13 shortened lag phase by up to 1.5 days. However, this enhancement did not translate into
14 improved overall degradation, as volatile solids (VS) reduction decreased under FSB addition,
15 while only minor changes were observed in methane and total gas production. This decoupling
16 is attributed to redistribution of organic carbon from gaseous products toward microbial
17 biomass and extracellular matrices, as reflected by elevated extracellular polymeric substance
18 (EPS) carbohydrate concentrations. Microbial community analysis revealed a targeted
19 restructuring toward biofilm-associated hydrolytic and methanogenic populations under FSB
20 amendment, characterised by enrichment of metabolically versatile methanogens
21 (*Methanosarcina*) and proteolytic fermenters. Overall, these findings indicate that FSB
22 promotes microbial aggregation and stabilised anaerobic processes but does not enhance net
23 solids degradation, and therefore the findings do not support the recommendation of FSB as a
24 pit latrine additive for reducing pit filling.



25 1. Introduction

26 Pit latrines are sanitation technology used by over 1.8 billion people worldwide and are
27 important to eliminate open defecation, which is still practiced by more than 400 million people
28 globally ^{1,2}. As countries work towards the Sustainable Development Goal of access to
29 adequate and equitable sanitation for all by 2030, reliance on pit latrines is expected to increase
30 ³. However, the long-term effectiveness of pit latrines is fundamentally limited by pit filling,
31 which is often associated with unsafe emptying practices, increases household costs, and
32 undermines their long-term public health benefits ^{4,5}.

33 The persistence of solids within pit latrines reflects the inherently slow degradation of faecal
34 organic matter in situ. Although pit environments are largely anaerobic, the conversion of
35 complex particulate substrates into soluble intermediates is inefficient, with hydrolysis widely
36 identified as the dominant rate-limiting step ⁶.

37 Attempts to enhance pit sludge degradation have traditionally relied on commercially available
38 additives which mainly contain biologically active materials, e.g. enzymes or microorganisms.

39 However, both laboratory and field evaluations have repeatedly demonstrated negligible
40 impacts on pit performance ⁷⁻¹⁰. These outcomes are generally attributed to fundamental
41 ecological limitations, including dilution of added biomass relative to indigenous communities
42 and poor persistence of introduced organisms in competitive, nutrient-limited environments ¹¹.

43 As a result, it could be argued that attention should be shifted away from biological inoculation
44 towards alternative, readily-available additives, such as biochar, which have the potential to
45 modify the biochemical conditions in anaerobic degradation.

46 Rather than introducing new microorganisms, biochar influences the degradation process by
47 altering local pH, substrate availability, and the accumulation of inhibitory intermediates,
48 thereby indirectly supporting anaerobic metabolic activity ¹²⁻¹⁶. These properties have



49 contributed to growing interest in biochar for faecal sludge management (FSM), where it has
50 been considered for soil improvement, heavy metal (HM) immobilisation, water and nutrient
51 retention, and carbon sequestration^{17–20}. For instance, faecal-sludge-derived biochar (FSB) has
52 been reported to reduce the leaching of heavy metals from faecal sludge and surrounding soil
53 because of its adsorption capacity¹⁷. Previous research on the use of biochar for faecal sludge
54 degradation enhancement, however, has focused on dry composting toilets. For example, it has
55 been reported that biochar (from rice husk) was able to help degrade total organic carbon (TOC)
56 from composting of the source-separated faeces up to 40%, twice higher compared to other
57 traditional additives, and similar effects were found for non-source separated faecal sludge
58 degradation²¹. This beneficial effects have been attributed to the higher C/N ratio, provision
59 of microbial attachment sites via its high surface area and porous structure and nutrients
60 supplementation by biochar¹². Although rice husk biochar is among the few feedstocks
61 reported directly for faecal sludge degradation-related applications, biochar derived from other
62 materials should present the similar mechanisms, including wood residues, crop straw, manure,
63 sewage sludge, and faecal sludge itself^{19,22–24}. Nevertheless, the above findings are largely
64 derived from aerobic or semi-aerobic dry composting systems, leaving the role and potential
65 benefits of biochar in wet pit latrines unrevealed, where anaerobic degradation dominates.

66 In parallel, the use of additives to enhance anaerobic digestion (AD) performance of organic
67 matters has attracted increasing research interest, including the investigation of biochar
68 addition effects. For instance, under mesophilic AD conditions, the addition of biochar has
69 been reported to enhance methane production across a range of substrates, including animal
70 manure, waste activated sludge, and food waste^{25–28,15,29}. Beyond improved methane yields,
71 biochar has also been shown to shorten the lag phase of AD and to facilitate direct interspecies
72 electron transfer (DIET) between syntrophic bacteria and methanogenic archaea, thereby
73 accelerating electron flow and stabilising microbial metabolism^{30,31}. However, contrasting



74 outcomes have also been reported, with inhibitory or negligible effects attributed to variations
75 in biochar physicochemical properties arising from differences in feedstock type, pyrolysis
76 temperature, and retention time ^{32,33}. In particular, biochar with elevated heavy metal contents
77 may adversely affect AD performance, as metal ions can disrupt enzymatic structure and
78 function through interactions with protein functional groups ³⁰.

79 Despite extensive investigation of biochar as an additive for AD, very little is known about
80 using FSB, even though faecal sludge pyrolysis has already been used in developing countries
81 such as Uganda and Rwanda ^{34–36}. Such biochar exhibits distinct physicochemical
82 characteristics, including high ash content and enriched inorganic fractions ^{24,18,36}, which may
83 alter anaerobic microbial processes relative to conventional biomass-derived biochar.
84 Furthermore, biochar production from faecal sludge involves high-temperature
85 thermochemical treatment, which enables effective pathogen inactivation and thereby makes it
86 safe to handle ³⁷. In addition, the reuse of FSB as a pit additive represents a circular sanitation
87 approach, whereby a treated faecal sludge product is returned to the system to improve
88 degradation processes

89 Therefore, this study, for the first time, aimed to investigate the potential of using FSB as an
90 additive to facilitate degradation in wet pit latrine conditions by assessing AD performance of
91 human excreta under laboratory conditions, specifically by: 1) monitoring gas yield and its
92 kinetics, digestate properties and particularly, volatile solid (VS) reduction, and 2) exploring
93 the microbial communities shifts due to biochar addition and DIET performance.

94

95 **2. Materials and methods**

96 **2.1 Simulation of human faeces and urine**

97 To provide controlled and reproducible substrate characteristics suitable for repetitive



98 experiments and avoid health and safety risks from the use of real human excreta in the
 99 laboratory, this research uses synthetic human excreta that is adopted from previous research
 100 ^{38,39}. The recipe and preparation process are summarised in Table S1. The physicochemical
 101 properties of the synthetic faeces and urine were comparable to those of published simulants
 102 and real human excreta (Table 1), indicating that the simulant provides a valid representation
 103 for the present study. According to the reported daily excreta production per capita, a ratio of
 104 faeces to urine simulants of 120g:300ml was used to simulate human excreta ³⁸. The
 105 characteristics of the synthetic human excreta can be found in Table 2.

106 **Table 1** Comparison of parameters of faeces and urine simulant from this study and literature,
 107 as well as the real human excreta.

Parameters	Simulant in this study	Simulant from	
		previous studies ^{38,39}	Real human excreta
TS (%)	16.0±0.2	18.4	15-35 ⁴⁰
VS (% of TS)	86.8±0.2	88.5	87 ⁴¹
pH	6.6	5.2	5.0-8.0 ⁴²
Faeces TN (%/TS)	5.3±0.3	4.1±0.2	4.7±0.7 ⁴³
N-NH ₄ (mg/l N)	660.1±14.9	-	719±8.7 ⁴⁴
TP (mg/l P)	1711.3±59.3	-	-
C/N	7.8	17.3	9.6 ⁴³
Urine pH	6.0	6.0	6-8.2 ⁴⁵
TS (%)	1.8±0.1	2.4	2.5-3.7 ⁴⁵
VS (% of TS)	44.0±0.3	49.5	60-75 ⁴⁵
pH	6.0	6.0	6-8.2 ⁴⁵



TN (mg/l N)	6751.0±293.5	5200	5000-8000 ⁴⁶	View Article Online DOI: 10.1039/D6EW00095A
N-NH ₄ (mg/ N)	202.0±11.7	197	126-603 ^{47,48}	
TP (mg/l P)	462.5±7.4	400	800-2500 ⁴⁰	
C/N	1.4	0.6	-	

108

109 2.2 Inoculum and FSB

110 Centrifuged sludge cake was collected from the anaerobic digester in a sewage treatment plant

111 near London as inoculum for the AD experiments. Fresh inoculum was obtained before each

112 batch experiment and pre-incubated for 7 days to degas and degrade any residual organic matter.

113 Although this inoculum does not perfectly replicate the microbial community of pit latrines,

114 microbial characterisation indicates that it provides a reasonable community-level

115 representation, as it shares dominant phyla commonly reported in pit latrines and taxa

116 associated with human gut and faecal microbiota, as discussed in 3.6.2. Moreover, microbial

117 communities in pit latrines are known to vary substantially due to differences in local

118 environmental conditions, pit design, usage patterns, and user behaviours^{49–52}, making it

119 inherently challenging to define or reproduce a single “representative” pit latrine microbiome.

120 In this context, the use of a well-established anaerobic digester inoculum offers a controlled

121 and reproducible microbial consortium suitable for mechanistic evaluation of biochar effects,

122 while maintaining relevance to faecal sludge degradation processes.

123 The faecal-sludge-derived biochar (FSB) used in this study was produced from dried faecal

124 sludge collected at Lubigi Sewage Treatment Plant in Kampala, Uganda, as described in⁵³.

125 Carbonisation (i.e. slow pyrolysis intended for solid char production) was conducted using

126 traditional batch-operated retort kilns consisting of modified air-locked metallic drums⁵³. The

127 process was initiated using available solid start-up fuels (e.g. wood, charcoal, briquettes),



128 which were ignited prior to loading the dried faecal sludge. Once loaded, the kiln was operated
 129 under air-locked conditions and left to carbonise overnight (highest heating temperature
 130 recorded via thermometer readings: 400 °C), after which the charred material was collected the
 131 following day. The char samples were then ground, sieved (<2mm) and homogenised, before
 132 being shipped to Imperial College London for storage, analysis and experimental use.

133 The main characteristics of the feedstock materials relevant to AD are presented in Table 2 and
 134 the proximate and ultimate analysis results of FSB are shown in Table S2. Total concentrations
 135 of the inorganic elements (i.e. macronutrients, trace elements, heavy metals) of all the materials
 136 are shown in Table S3.

137 **Table 2.** Characteristics of synthetic human excreta, biochar and inoculum used in this study.

Characteristics	Synthetic human excreta	FSB	Inoculum
TS (%)	5.7±0.1	75.38±0.0	22.3±0.3
VS (%)	4.4±0.1	20.2±0.3	14.0±0.3
VS/TS (%)	76.3±0.5	26.8±0.4	62.8±0.6
pH	6.3	7.9	9.3
C/N	5.3	9.02	N/A

138 2.3 Design of the AD experiments

139 Batch AD experiments were conducted at mesophilic temperature (35°C) using 500 mL serum
 140 bottles with working volume of 400 mL, equipped with airtight caps. 1 L Tedlar bags were
 141 connected to the bottles for gas collection, from which a gas-tight syringe was used to measure
 142 the gas volume every other day except for the weekends. N₂ was flushed by a tube connecting
 143 to a N₂ cylinder for at least 5 minutes in each bottle before digestion to create anaerobic
 144 conditions, where the flushing time was tested to be long enough to flush out air. A detailed
 145 equipment set up is included in Fig.S1. The Inoculum to Substrate Ratio (ISR) was set to 4:1



146 gVS and Total Solids (TS) of the mixture was adjusted to approximately 4%. This condition
147 was found to be the optimal condition for degradation from the preliminary experiment⁵⁶ and
148 represent the average moisture content for wet pit latrines⁵⁷. Based on previous studies^{54,29,55},
149 FSB was added to the synthetic human excreta at doses of 0, 3, 6, 9, and 12 g/L and labelled
150 as B0 (control), B3, B6, B9 and B12, respectively. Higher dose implicitly assumes an unlimited
151 supply of FSB, which is unrealistic for on-site sanitation systems. The TS content after FSB
152 addition ranged from 4.38 – 5.19% (Table S4). The AD experiments were finished when the
153 daily methane production for three consecutive days is less than 1% of the cumulative methane
154 production according to the Biomethane Potential Tests (BMP) standard⁵⁸, which was 18 days
155 in the presented study. All treatments were in triplicated, and the batch AD experiment was
156 also repeated for three times to reduce variability introduced from the inoculum.

157 2.4 Analytical analysis

158 2.4.1 FSB characteristics

159 Proximate analysis was conducted for the determination of volatile matter, fixed carbon and
160 ash content, following standard method ASTM D7582-15⁵⁹ as adapted by⁶⁰ for implementation
161 by TGA, on a simultaneous thermal analyser (STA) 449 F5 Jupiter (NETZSCH, Germany).
162 The pH of biochar was measured at a 1:20 ratio (biochar: H₂O [g:mL]) after mechanical
163 shaking for 1h⁶¹.

164 Carbon and nitrogen content that is reported for C/N ratio were analysed using a Flash Smart
165 CHNS/O Elemental analyser (Thermo Fisher Scientific, Germany).

166 2.4.2 Gas composition

167 Gas produced from the AD bottles was sampled from the septum equipped on the cap, and
168 analysed via a gas chromatography (Clarus 600, PerkinElmer, USA) with thermal conductive
169 detector (TCD). Injector and detector temperatures were set at 200 °C and 230 °C, respectively,



170 with He as the carrier gas. The oven temperature was initially set at 35 °C and held for 8 minutes
 171 increased to 120 °C at 24 °C/min and held for 3 minutes, and finally increased to 220 °C at
 172 24 °C/min and held for 1 minute. Standard temperature and pressure (STP) were used for gas
 173 volume expression as Nml/gVS_{added}.

174 2.4.3 Digestate properties

175 pH was measured via a benchtop pH meter (Jenway 3540). TS and VS were determined
 176 according to Standard Methods ⁶². VS reduction was calculated using the Van Kleeck mass-
 177 corrected method (Eq. 1) ⁶³. Notably, the calculation was corrected for the different biochar
 178 dosages, as biochar contributes to the initial VS of the system. Accordingly, a biochar-specific
 179 $VSf_{initial}$ was used for each treatment to ensure an accurate comparison across biochar
 180 addition levels.

$$181 \quad VS \text{ Reduction } (\%) = \frac{VSf_{initial} - VSf_{final}}{VSf_{initial} - (VSf_{initial} \times VSf_{final})} \times$$

182 Where VSf refers to VS/TS ratio.

183 For total ammonia nitrogen, soluble chemical oxygen demand (sCOD), and volatile fatty acid
 184 (VFA) measurements, samples were filtered by 0.45µm membrane to obtain the liquid form.
 185 NH₄-N and total nitrogen were determined by Skalar San++ (Skalar Analytical B.V., The
 186 Netherlands), where the digestion method for the latter is described in the Supplementary
 187 Material. sCOD was measured according to ⁶⁴ and VFA were determined by HACH test kit
 188 (LCK365) and a spectrophotometer (UV-2401PC). Extracellular polymeric substances (EPS)
 189 were extracted from homogenized digestate following the formaldehyde–NaOH method ⁶⁵.
 190 Briefly, 5 mL of sample was treated with 0.03 mL of 38 % (w/w) formaldehyde at 4 °C for 1
 191 h, followed by the addition of 2 mL of 1 N NaOH and incubation at 4 °C for 3 h. The mixture
 192 was then centrifuged at 20,000 × g and 4 °C for 20 min, and the supernatant was collected as
 193 the EPS extract. Protein and carbohydrate concentrations in the EPS were quantified using the



194 Pierce™ BCA Protein Assay Kit (Thermo Scientific™) and the phenol–sulfuric acid method
 195 ⁶⁶, respectively.

196 The inorganic composition of feedstock material and the AD digestate were quantified using
 197 an inductively coupled plasma optical emission spectrometer (ICP-OES) (AVIO 500, Perkin
 198 Elmer, USA). Prior to the measurement, 6ml hydrochloric acid and 2ml nitric acid were into
 199 0.4g samples and the mixture was heated for 2h at 95 °C and diluted using 2% nitric acid ⁶⁷.

200 2.5 Kinetics model

201 Of the various anaerobic digestion models, the first-order model and the modified Gompertz
 202 model are the most widely recognised and have been extensively applied in previous AD
 203 research to describe the kinetic behaviour of the system ⁶⁸. The first-order model (Eq.2) is based
 204 on the assumption that hydrolysis is the rate-limiting step in AD under pit latrine conditions.

$$205 \quad B(t) = B_{max}[1 - e^{-kt}](2)$$

206 where $B(t)$ is the cumulative methane yield at time (t), NmL/g VS_{added}; B_{max} is the methane
 207 production potential calculated from the first-order model, NmL/g VS_{added}; k is the hydrolysis
 208 rate constant, d⁻¹; and t is the digestion time, d.

209 The modified Gompertz model (Eq.3) can be used to represent bacterial growth with the
 210 assumption that the methane production rate is corresponding to the growth rate of
 211 methanogenic microorganisms.

$$212 \quad B(t) = P \cdot \exp\left\{-\exp\left[\frac{R_m \cdot e}{P} \cdot (\lambda - t) + 1\right]\right\} \quad (3)$$

213 where P is the methane production potential calculated from the modified Gompertz model;
 214 R_m is the maximum methane production rate, mL/g VS_{added}/d; λ is the lag phase duration, days;
 215 and e is a mathematical constant, 2.71828.



216 2.6 Microbial analysis

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217 Microbial community analysis was conducted at the end of the experiment for the control (B0)
218 and the 12 g/L biochar-amended reactors (B12) from two of the three batches, all are in
219 triplicated. DNA extraction was performed on the digestate samples using DNeasy PowerSoil
220 Pro Kits according to the manufacturer's protocol and the DNA quality and concentration were
221 assessed via Agarose Gel Electrophoresis and NanoDrop2000. The V3-V4 hypervariable
222 region of the bacterial 16S rRNA gene was amplified by PCR using the primer pair 341F (5'-
223 CCTAYGGGRBGCASCAG-3') and 806R (5'-GACTACNNGGGTATCTAAT-3'). PCR
224 amplicons were purified and quantified prior to paired-end sequencing on an Illumina MiSeq
225 platform (PE250). Sequence processing and taxonomic assignment were performed using
226 QIIME2. Alpha and beta diversity metrics were calculated based on the QIIME2 outputs.

227 2.7 Data analysis

228 To account for potential batch-to-batch variability in inoculum characteristics, gas and methane
229 yields, as well as other digestate parameters, were normalised to their respective control
230 reactors. Relative values were derived from three independent experimental batches, each
231 consisting of triplicate treatment reactors, and are reported as mean values. Prior to statistical
232 analysis, data quality was assessed through outlier screening. For gas yield measurements,
233 outliers were identified and removed based on a relative standard deviation threshold of <10%,
234 in accordance with the BMP test standard ⁶⁹. For other physicochemical parameters, Grubbs'
235 test was applied (two-sided, $\alpha = 0.05$), as the datasets were normally distributed and comprised
236 nine observations. Due to inherent batch-to-batch variability in AD microbiomes driven by
237 operational and inoculum differences, microbial metrics were analysed within each batch rather
238 than pooled across all samples.

239 Differences in alpha-diversity indices between two independent groups were assessed using



240 the Wilcoxon rank-sum test due to the small sample size and non-normal distribution, while

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241 two-sample t-tests were used for other measured parameters. Statistical significance was

242 defined at $P < 0.05$. All statistical analyses were conducted in R (v4.5.2).

243



244 3. Results and discussion

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245 3.1 Gas and methane yield

246 The relative cumulative methane and gas yield compared with the control (B0) for AD of
247 synthetic human excreta with different doses of FSB added are presented in Fig.1 and the
248 absolute values expressed at $\text{Nml/gVS}_{\text{added}}$ from each batch are shown in Fig.S2. Across all the
249 FSB doses, FSB addition showed a distinct early-stage enhancement compared to the control,
250 as the relative values are all above 1. Peak methane and biogas production stimulation ranged
251 from 1.48-1.60 and 1.32-1.68-fold, respectively, on day 3. This early response indicates that
252 FSB primarily promotes upstream processes, particularly hydrolysis and acidogenesis, thereby
253 accelerating the solubilisation of particulate organic matter and the formation of gaseous
254 intermediates (e.g. CO_2) and methanogenic precursors⁷⁰. This can be attributed to the
255 macroporous structure (as is produced at low temperature) and mineral-rich surface of FSB
256 that promote microbial attachment, improve enzyme–substrate contact, and stabilise local
257 microenvironments during rapid acidogenesis^{13,71}. Similar enhancement has been reported
258 during AD of lipid-rich substrates with sewage-sludge-derived biochar (5 g/L) and during
259 anaerobic co-digestion of activated sludge and food waste amended with sawdust-derived
260 biochar (2-15 g/L), which both applied similar doses as in this study^{14,72}.

261 Cumulative methane and gas production showed only minor differences between FSB-added
262 reactors and the control as relative methane and gas production in all treatments gradually
263 converged toward the control by the end of digestion on day 18. Conversely, biochar addition
264 has been shown to increase methane yields when using biochar derived from bagasse biomass,
265 wood, digested sludge, etc.^{28,29,73}. One of the reasons for the observations in this study could
266 be the lack of additional bioavailable carbon source compared to the other types of biochar.
267 Unlike plant-derived biochar, which typically contains higher carbon content (40-71%⁷⁴), FSB
268 has been reported to contain less than 45% carbon¹⁷ or even lower as 8-24%⁷⁵. The FSB used

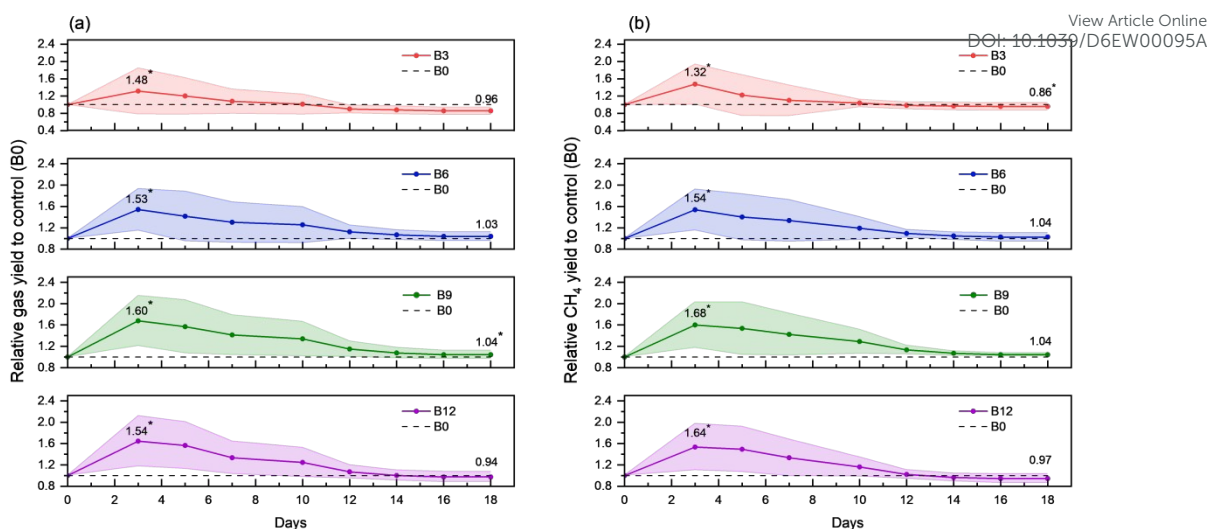


269 in this study contains only $17.28 \pm 0.21\%$ carbon (Table S2), which could be due to the extensive
270 biological degradation and the high ash content of faecal sludge prior to pyrolysis ⁷⁵.
271 Consequently, FSB is unlikely to act as a supplementary carbon source for methanogenesis.
272 Furthermore, since the preliminary experiments helped build the optimal condition by adjusting
273 ISR and TS content, the system likely operated close to its biochemical methane potential and
274 FSB addition would not promote additional gas production. A similar conclusion was also
275 reported by ⁷⁶ who found that a oak sawdust-derived biochar addition failed to affect methane
276 production from AD of dog food under the optimal ISR (2:1), while it enhanced methane
277 production when the substrate was overloaded (ISR 1 and 0.5). In contrast, real pit latrine
278 conditions are characterised by continuous faecal input and consequently lower effective ISR,
279 under which FSB addition may be more likely to improve gas production. Therefore, further
280 studies are needed to investigate the FSB performance under lower ISR and higher TS content
281 conditions.

282 Some studies also suggest that the high surface area of biochar generated by high pyrolysis
283 temperature ($>500\text{ }^{\circ}\text{C}$) could enhance absorption of the produced CH_4 ^{77,78}, which is less likely
284 to be the main reason for the unchanged methane and biogas yields observed here, as the
285 present FSB was produced at $400\text{ }^{\circ}\text{C}$ which normally has a surface area low to $2.1\text{ m}^2/\text{g}$ ⁷⁹, and
286 there was no decrease in gas yield as FSB dose increased.

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287

288 **Figure 1.** Relative (a) cumulative gas and (b) methane production from AD of synthetic human
 289 excreta added with biochar compared with control (B0) (n=9). Area represents standard
 290 deviation. *Stands for significance level <0.05.

291 3.2 Kinetic models analysis

292 Unlike qualitative curve comparisons, kinetic simulations provide process-specific parameters
 293 that allow direct assessment of hydrolysis and methane production kinetics, offering a more
 294 mechanistic and transferable interpretation of biochar effects on AD performance. Model-
 295 derived kinetic parameters showed batch-to-batch variability (e.g. first-order rate k ranging
 296 from ~ 0.04 to ~ 0.14 d^{-1}), reflecting differences in inoculum activity between experimental
 297 batches. In contrast to gas yields, kinetic parameters represent fitted process rates and are
 298 therefore not directly normalized across batches. Accordingly, model outputs are interpreted
 299 based on consistent within-batch trends for comparison with literature in Table 3. A fitted
 300 model for each batch is presented in Fig. S3.

301 In all three batches, FSB-amended reactors generally exhibit higher hydrolysis rate constant k
 302 and higher maximum methane production rates R_m compared to the corresponding batch
 303 controls, further indicating enhanced early-stage digestion kinetics. This is consistent with a



304 previous study ²⁸ which reported that biochar addition resulted in 1.2–1.4-fold increases in the
 305 hydrolysis efficiencies of major organic components. In parallel, lag phase λ was reduced by
 306 up to 1.5 days in FSB-amended treatments, particularly in B3–B9, which aligns with the
 307 experimental observation of accelerated early methane and gas production. This shortened lag
 308 phase was also consistent with the higher first-order hydrolysis rate constant (k) observed in
 309 the FSB treatments, suggesting faster initial substrate conversion. This could be resulting from
 310 the enhanced biofilm manufacture ⁸⁰, which is further confirmed by the increased EPS
 311 carbohydrate content following FSB addition (see 3.3). A previous study ⁸¹ also observed
 312 shortened lag phase by 10% and 27% with 1 and 10 g/L, respectively, of dairy manure-derived
 313 biochar added to AD of the same feedstock, providing a relatively relevant comparison with
 314 another manure-based substrate.. These results suggest that, from a practical sanitation
 315 perspective, FSB addition may be able to accelerate the pit latrine content degradation and
 316 reduce solids accumulation rates, since pit latrines are operated under continuous feeding mode.
 317 Moreover, the methane production potential parameters B_{max} and P fitted by the two models
 318 are both reduced by FSB addition, which reflects changes in methane production dynamics
 319 rather than a reduction in actual biodegradation potential. This could be because by increasing
 320 hydrolysis rate and shortening the lag phase, FSB accelerated early methane production,
 321 causing earlier curve saturation and a lower fitted methane potential due to parameter coupling.

322

323 **Table 3.** Results of first-order model and modified Gompertz model analysis for methane
 324 production from three AD batches of synthetic human excreta with biochar added at different
 325 doses.

First-order model			Modified Gompertz model			
B_{max}	K	R^2	P	R_m	λ	R^2



	B0	329.40	0.04	0.954	194.94	14.21	2.52	0.993
	B3	150.85	0.10	0.982	122.10	13.45	0.98	0.998
Batch 1	B6	220.70	0.10	0.986	177.86	17.95	0.73	0.996
	B9	248.66	0.09	0.976	197.96	21.20	1.04	0.994
	B12	199.47	0.11	0.978	165.88	18.77	0.94	0.995
	B0	243.22	0.04	0.927	125.37	17.52	3.33	0.999
	B3	206.03	0.05	0.924	116.88	17.12	3.14	0.997
Batch 2	B6	269.04	0.04	0.940	140.24	17.46	2.96	0.998
	B9	175.40	0.07	0.929	113.63	17.00	2.86	0.997
	B12	129.53	0.09	0.947	95.87	13.93	2.21	0.998
	B0	196.12	0.14	0.990	177.13	19.07	0.04	0.986
	B3	206.52	0.13	0.981	184.08	18.23	0.00	0.977
Batch 3	B6	196.36	0.14	0.988	179.10	19.54	0.00	0.983
	B9	203.84	0.15	0.985	187.00	21.20	0.05	0.982
	B12	200.29	0.14	0.988	181.52	20.59	0.18	0.987

326

327 3.3 VS reduction and digestate properties

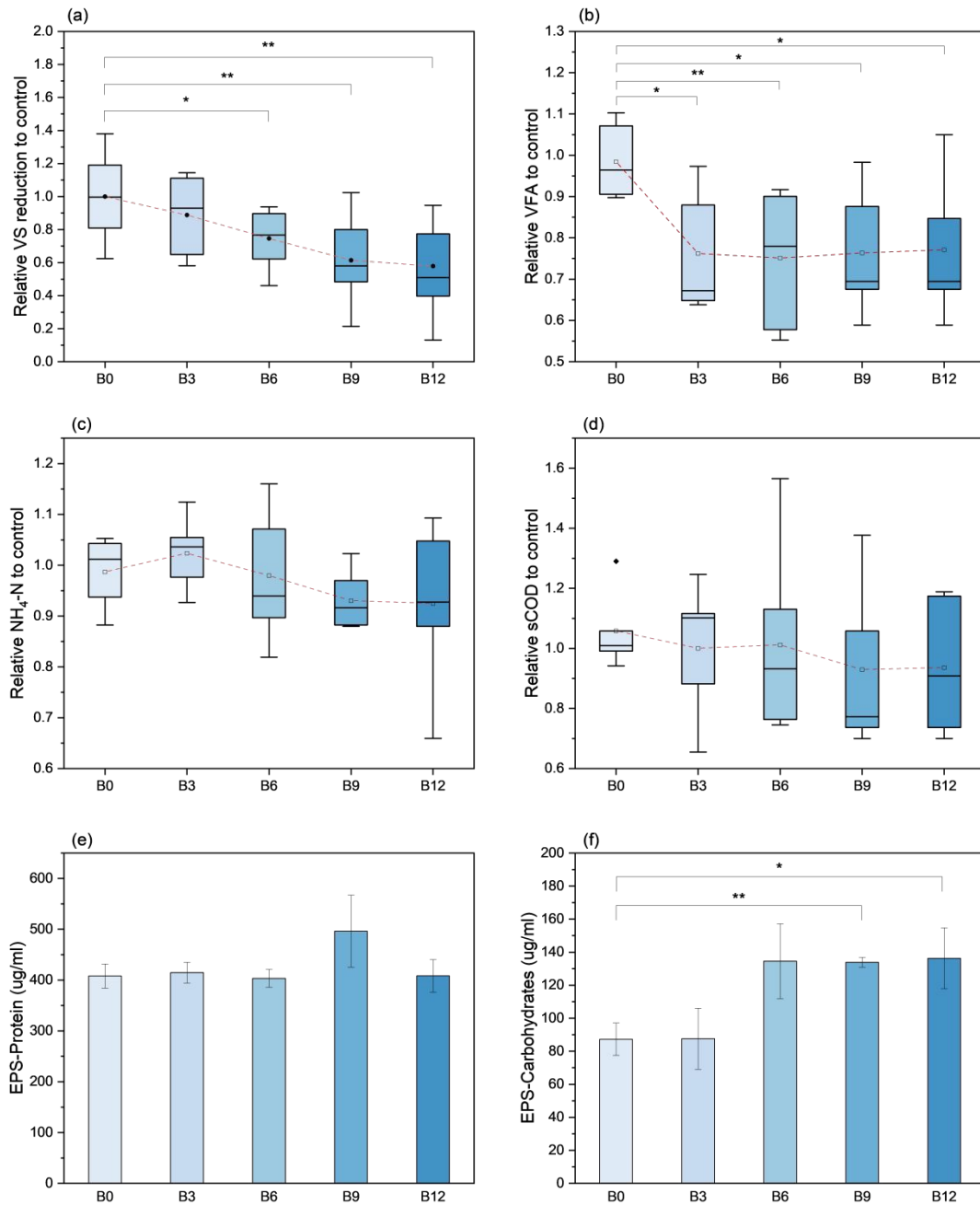
328 VS, VFAs, NH₄-N, sCOD and EPS (protein and carbohydrates) were measured at the end of
 329 the AD of synthetic human excreta, as shown in Fig.2. VS reduction decreased following FSB
 330 addition lower to 0.6-fold with the highest dose of FSB, even using the Van Kleeck mass-
 331 corrected approach which accounts for the solid contribution of biochar (Fig.2a). This confirms
 332 that although FSB increased the first-order rate constant and reduced the lag phase, it did not
 333 enhance the overall extent of organic matter mineralisation in this study. Instead, by providing
 334 higher surface area and more favourable attachment sites than the control, biochar promotes



335 biofilm formation and stimulates EPS production, diverting a fraction of degradable carbon
336 into biomass-associated VS rather than CH_4 and CO_2 ⁸². This reflects in the elevated carbon -
337 rich carbohydrates in EPS with FSB added (Fig. 2f). Protein content in EPS showed
338 insignificant changes among all treatment, consistent with the absence of significant changes
339 in $\text{NH}_4\text{-N}$ concentration (Fig. 2c). Evidence from the literature indicates that biochar mitigates
340 the ammonia inhibition during AD, particularly in ammonia-stressed systems. For example,
341 fruitwood-derived biochar reduced $\text{NH}_4\text{-N}$ by approximately 25% during AD of chicken
342 manure, while corn stover and pine wood derived biochar reduced $\text{NH}_4\text{-N}$ concentration by up
343 to 13% and 11% in sewage sludge digestion^{83,32}. In the present study, although $\text{NH}_4\text{-N}$
344 concentrations across three batches did not differ significantly with FSB addition, modest
345 reductions (up to 22%) were observed in individual batches (Fig. S4). These results suggest
346 that ammonia mitigation by FSB was not a consistent effect under the tested conditions.

347 Fig. 2b shows a significant decrease in relative total VFA concentration with FSB added,
348 achieving approximately 0.75-fold for B3-B12 compared to the control. A similar reduction in
349 VFA accumulation has been reported by a previous study⁸⁴ which applied dairy manure-
350 derived biochar into AD of dairy manure at different temperatures. Biochar has been widely
351 reported to enhance VFA turnover during anaerobic digestion by stimulating early-stage
352 hydrolysis and acidogenesis while accelerating downstream VFA consumption through
353 improved syntrophic interactions and methanogenic activity^{16,72}. This indicates faster
354 intermediate conversion rather than suppressed acidogenesis in this study. Despite this, sCOD
355 remained stable in FSB-amended reactors, indicating that faster VFA consumption was
356 balanced by the formation and release of other soluble components, such as soluble microbial
357 products and EPS-derived carbohydrates associated with biochar-enhanced biofilm activity.





358

359 **Figure 2.** Relative VS reduction, VFAs concentration, NH₄-N concentration, and sCOD
 360 concentration compared to control and EPS content in the AD digestate of synthetic human
 361 excreta with FSB added. Boxplots are plotted on median, first quartile, third quartile and
 362 minimum/maximum values. * and ** stands for significance level <0.05 and 0.01.

363



364 3.4 Heavy metals concentrations and environmental implications

365 Heavy metals are among the key parameters considered in evaluating the environmental safety
366 of pit latrine contents, particularly with respect to soil and groundwater contamination ⁸⁵. Fig.3
367 shows the total heavy metal concentrations in the AD digestate from one of the batches (Batch
368 2), with higher values observed in the FSB-amended reactors, attributable to the addition of
369 biochar (see Table S3). Several reference limits were used to contextualise the measured heavy
370 metal concentrations and labelled as lines in Fig.3: 1) regulatory thresholds for agricultural
371 land application in South Africa and EU ⁸⁵, to assess potential environmental and public health
372 risks, and 2) IC₅₀ values for AD processes ^{86,87}, representing a 50% reduction in biological
373 activity, to evaluate possible impacts on AD performance, given the sensitivity of key microbial
374 processes to heavy metals ^{88,87}. The heavy metal concentrations ranged between 2.9-18.8 mg/L
375 (Cd), 6.3-39.6 mg/L (Cr), 17.5-158.8 mg/L (Pb), and 103.3-147.5 mg/L (Zn), 26.9-67.5 mg/L
376 (Cu), and 8.1-22.5 mg/L (Ni). Most metals complied with the regulatory limits for agricultural
377 land application, except for Cd and Cu in the B3 and B6 treatments. Lower total heavy metal
378 concentrations were observed in Batch 1 (Table S5), in which all measured metals were below
379 the corresponding limits.

380 Generally, the solubility and mobility of heavy metals in aqueous environments are strongly
381 pH dependent. Since digestate produced by AD typically exhibits a neutral to alkaline pH
382 (approximately 8–8.5) ⁸⁹ and biochar addition increases soil pH ⁹⁰, conditions under which the
383 solubility of many heavy metals is substantially reduced. For example, Cu exhibits its highest
384 leachability under acidic conditions (pH 4–5) and decreases progressively as pH increases ⁹¹.
385 This limits metal dissolution when digestate is in contact with water and consequently lowers
386 the potential for leaching and soil contamination. Furthermore, heavy metals associated with
387 FSB are predominantly retained within the internal structure of biochar by adsorption and
388 formation as complex with biochar functional groups, further constraining their release during

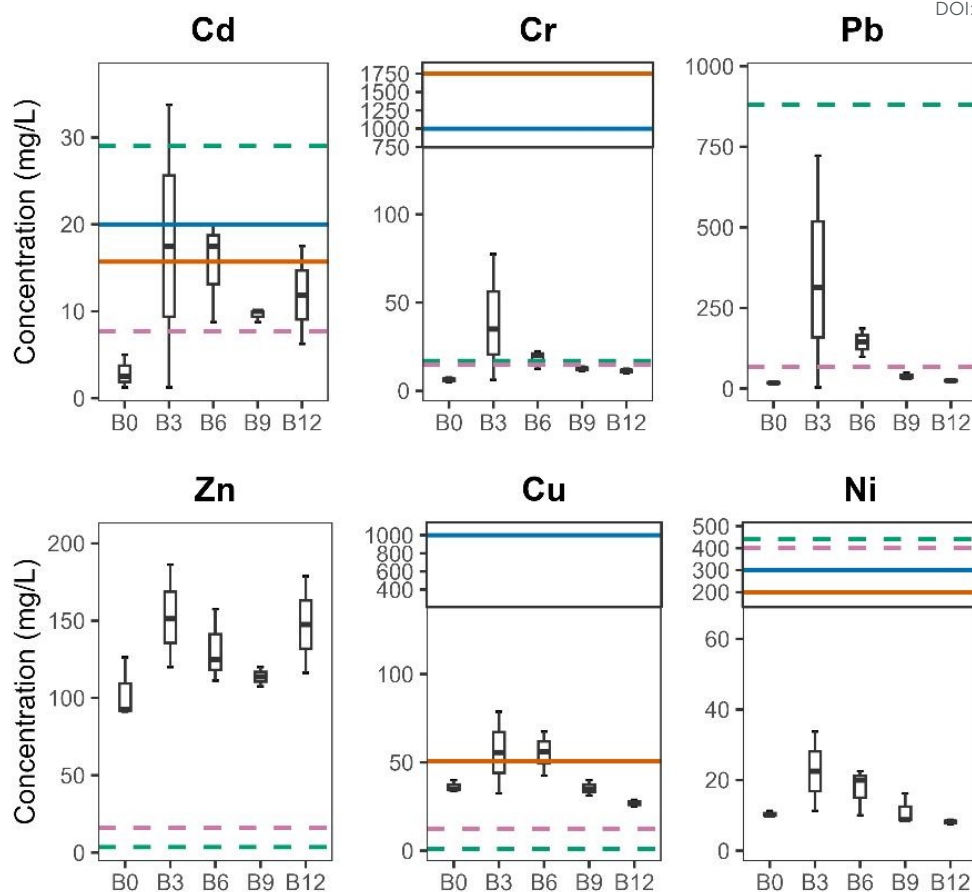


389 percolation or leaching processes ^{30,92}. These results indicate that, despite elevated total metal
390 concentrations in some FSB-amended treatments, the resulting digestate generally remains
391 suitable for land application under existing regulatory frameworks.

392 On the other hand, Fig.3 shows that heavy metal concentrations in FSB-added reactors have
393 exceeded the theoretical inhibitory limits except for Ni, while the absence of delayed methane
394 onset or reduced production rates suggests that metal-related inhibition was unlikely to be
395 responsible for the lack of enhanced cumulative methane production. This discrepancy can be
396 attributed to the fact that the heavy metal concentrations reported here represent total metal
397 contents, including both dissolved and solid-bound (inert) fractions, whereas inhibitory limits
398 are primarily defined based on the bioavailable dissolved fraction that directly influences
399 microbial activity. Finally, the reported heavy metal values should not be applied
400 indiscriminately, as heavy metal behaviour and trace element requirements are highly
401 dependent on process conditions, substrate composition, biochar properties, and site-specific
402 soil and hydrogeological characteristics ⁹³.

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403

404 **Figure 3.** Heavy metal concentrations in AD digestate, limits for spreading for agriculture in405 South Africa (blue solid line) and the European Union (Red solid line) ⁸⁵, and the Inhibitory406 concentrations of HM that reduces biological activities rate by 50% (IC₅₀) for Acidogenesis407 (green dash line) and Methanogenesis (purple dash line) ^{86,87}. For Cr, Cu and Ni, the y-axis is

408 displayed with a break to accommodate the large separation between measured

409 concentrations and regulatory or inhibitory threshold values. For Pb and Zn, there is no

410 corresponding limit from the same reference. Boxplots are plotted on median, first quartile,

411 third quartile and minimum/maximum values.

412



413 3.6 Shifts in microbial communities

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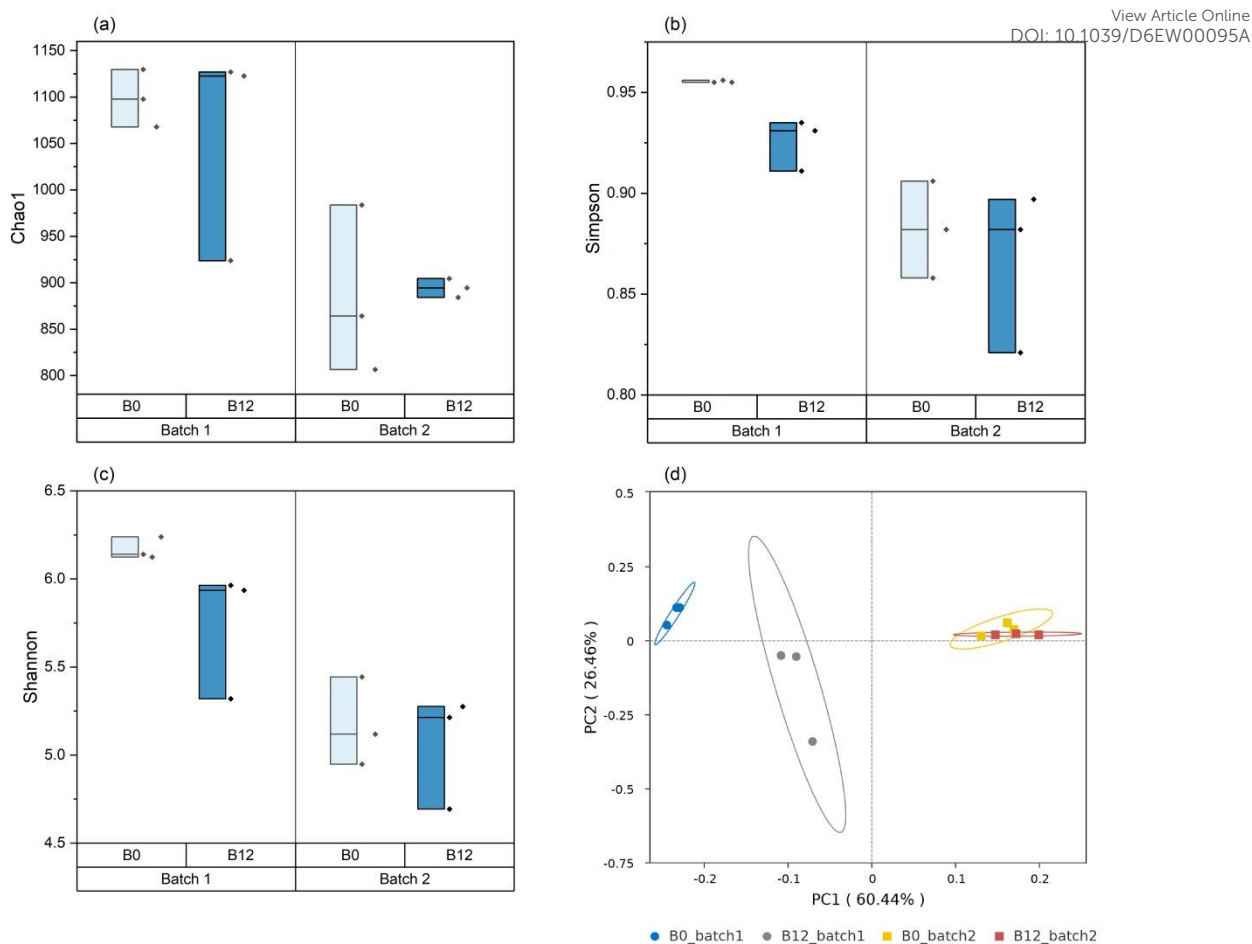
414 AD microbial communities are known to vary between experimental batches due to subtle
415 differences in microbial assembly and inoculum state⁹⁴. Therefore, microbial responses were
416 evaluated within each batch and interpreted based on consistent trends, rather than pooled
417 statistical significance alone.

418 3.6.1 Alpha and beta diversity

419 Digestate samples from B0 and B12 obtained from two independent AD batches were selected
420 for 16S rRNA sequencing to provide a comprehensive microbial community assessment. Alpha
421 diversity describes within-sample microbial richness and evenness and was evaluated using
422 multiple indices (Fig. 4). No significant differences were observed between B0 and B12 in
423 either batch for Chao1 richness (Fig. 4a). Similarly, Shannon and Simpson indices, which
424 reflect community diversity and evenness with sensitivity to rare and abundant taxa,
425 respectively, showed no statistically significant differences between treatments in either batch
426 (Fig. 4b, c; $p > 0.05$). The Good's coverage values approached 1 for all samples, indicating
427 sufficient sequencing depth to support these observations (Table S6).

428 In contrast, Wilcoxon test shows a clear difference between batches ($p < 0.01$), with higher
429 richness and diversity observed in Batch 1. This suggests a batch effect and reinforces that
430 within-batch analyses are necessary. Same conclusion can be gained from Principal
431 Coordinates Analysis (PCoA) (Fig.4d) that Batch 1 and Batch 2 separated clearly along PC1
432 (60.44% variance). Regarding FSB effect, B0 and B12 formed distinguishable clusters in Batch
433 1 whereas overlapped in Batch 2, suggesting that the biochar treatment could influence
434 microbial community structure, though inconsistently between batches.





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Figure 4. Alpha diversity indices (a) Chao1, (b) Simpson, (c) Sannon and (d) Principal Coordinates Analysis (PCoA) with 95% confidence ellipses of B0 and B12 digestate from two AD batches. Wilcoxon test between B0 and B12 for each batch showed no significant differences ($p > 0.05$).

440

3.6.2 Microbial community structures

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As shown in Fig.5a, *Halobacteriota* ($22.66 \pm 1.73\%$ and 32.89 ± 1.15), *Bacillota* (also known as *Firmicutes*) ($32.07 \pm 4.07\%$ and 30.18 ± 0.18), *Coprothermobacterota* ($12.61 \pm 1.94\%$ and $7.91 \pm 0.39\%$) and *Actinomycetota* ($10.52 \pm 1.09\%$ and $7.53 \pm 0.49\%$) were the prominent phyla in both batches for B0 and B12. Within the dominated phylum, *Firmicutes*, *Halobacteriota*, *Bacteroidota*, *Synergistota*, and *Chlorofexota* have been widely detected to dominate the field faecal sludge in different countries such as Ghana, Zambia, Senegal, Uganda, etc. and AD of



447 faecal sludge^{49,52,95–97}. This similarity suggests a broad community-level representativeness of
448 this study and real pit latrines despite the use of synthetic feedstock. *Halobacterota* as an
449 archaeon mainly consists of methanogens that use acetic acid as an electron donor and was
450 reported to account for 42 % of the archaeal community in AD of swine manure^{98,99} and its
451 relative abundance consistently increased in B12 in both batches. This suggests enhanced
452 methanogenic capacity and improved conversion of fermentation intermediates reflecting the
453 decreased VFA concentration observed in B12. Although *Coprothermobacterota* is a
454 thermophilic phylum, it presented in this study because the inoculum collected from the sewage
455 treatment plant had undergone thermophilic disinfection prior to the mesophilic AD. Other
456 dominated phylum showed slight or inconsistent changes between B0 and B12. Overall, FSB
457 addition had limited impact on restructuring the bacterial communities at phylum level, which
458 is consistent with the findings from AD of food waste with biochar addition¹⁰⁰.

459 Twenty-two taxa were selected from the top 30 genera based on their functional relevance to
460 anaerobic digestion and are presented in Fig. 5b. The full annotation table can be found in
461 Table S7. At genus level, hydrolysis, acidogenesis and methanogenesis related taxa account
462 for most of the microbial communities while acetogenesis related taxa remain at low relative
463 abundance (<5%) (Fig.5b), which is typical for a stable mesophilic AD system¹⁰¹.
464 *Methanosarcina* was the dominant genus detected in both batches, accounting for
465 approximately 20–30% of the total microbial community, with a higher relative abundance
466 observed in B12. As a metabolically versatile methanogen, *Methanosarcina* is capable of
467 acetoclastic, hydrogenotrophic, and methylotrophic methanogenesis, and has been reported to
468 engage in syntrophic interactions with *Syntrophomonas* via DIET^{102,103}. The higher relative
469 abundance of *Methanosarcina* was accompanied by a consistent decrease in the
470 hydrogenotrophic methanogen *Methanobacterium*, which was detected at much lower relative
471 abundance following FSB addition. This opposing trend may suggest that FSB amendment



472 influenced methanogen-associated community patterns, potentially favoring alternative
473 methanogenic routes beyond strict hydrogen-mediated pathways, including acetoclastic
474 methanogenesis. Similar shifts in methanogen-associated community structure have been
475 reported in biochar-amended anaerobic co-digestion systems treating raw straw and cow
476 manure ¹⁰⁴. In contrast, *Methanotrix*, a strictly acetoclastic methanogen that has also been
477 reported to participate in DIET-based electron uptake ¹⁰², remained stable in relative abundance
478 under FSB amendment. Taken together, the enrichment of *Methanosarcina*, the stability of
479 *Methanotrix*, and the decline of hydrogenotrophic *Methanobacterium* indicate a reduced
480 reliance on hydrogen-mediated methanogenesis and are consistent with a possible biochar-
481 mediated modulation of methanogenic electron transfer pathways. Moreover, although
482 *Methanosarcina* increased in relative abundance, this does not necessarily translate into higher
483 methane or biogas production, as methanogenic activity is primarily governed by substrate
484 availability rather than methanogen abundance. However, because the 341F/806R primer set
485 was not specifically optimized for archaeal profiling, these archaeal patterns should be
486 interpreted with caution.

487 FSB addition consistently enriched the proteolytic genus *Proteiniphilum*, indicating that
488 protein hydrolysis was maintained or enhanced under biochar addition ¹⁰⁵. In contrast, several
489 fast acidogenic and amino-acid-fermenting taxa, including *Romboutsia* and *Intestinibacter*,
490 decreased across both batches, suggesting a restructuring of the acidogenic consortium rather
491 than inhibition of upstream digestion ^{106,107}. This shift implies that FSB favoured aggregate
492 associated proteolytic fermenters, which is consistent with the observed increase in
493 carbohydrate-rich EPS and altered carbon partitioning. In addition to AD-related
494 microorganisms, *Candidatus_Microthrix* consistently increased in all batches. This genus has
495 been widely associated with sludge bulking in wastewater treatment plants, which are primarily
496 attributed to its filamentous morphology embedded within a carbohydrate-rich EPS matrix



108,109, which is consistent with the measured increase in EPS carbohydrates. Furthermore, the slight decrease in *Syntrophomonas* and *Propionicimonas* likely reflects reduced demand for H₂-dependent syntrophic oxidation under FSB amendment, consistent with stable VFA profiles and a shift in methanogenic electron transfer pathways.

Overall, FSB reshaped the microbial community structure toward biofilm-associated hydrolytic and methanogenic populations, supporting stable methanogenesis while promoting EPS-mediated carbon retention.

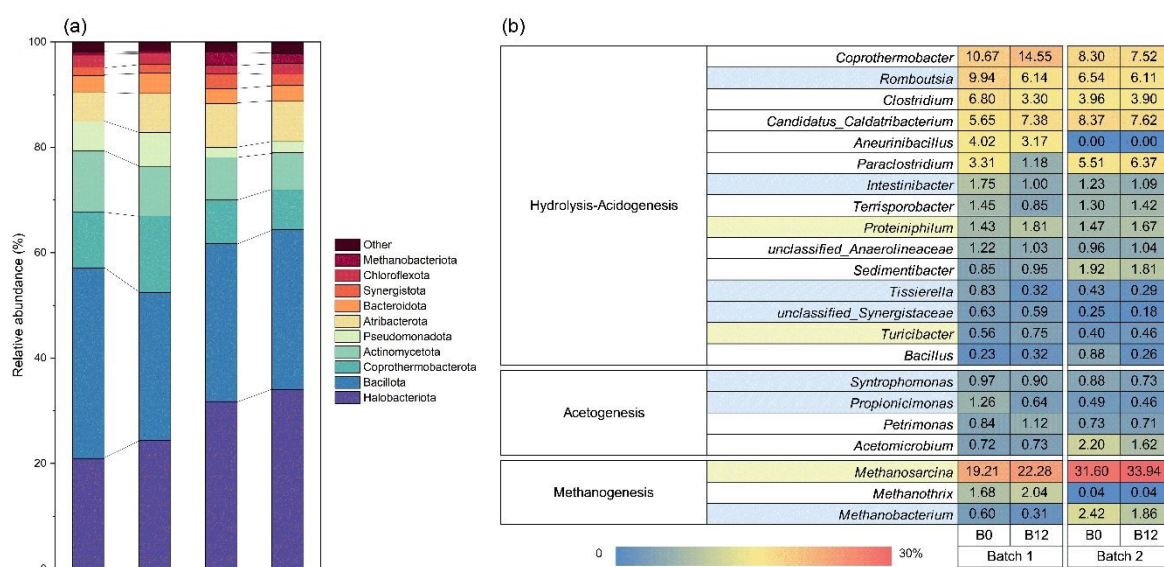


Figure 5. Relative abundance of microbial community of B0 and B12 digestate from two AD batches at (a) phylum level for top 10 phyla and (b) at genus level selected from top 30 genera that are related to AD processes. In b, genera show consistent changing trend in both batches are coloured blue for decreasing and yellow for increasing.

4. Implications, limitations, and future work

According to the findings in this study, the primary role of FSB is more likely associated with accelerating early-stage hydrolysis rather than enhancing overall mineralisation. Under



513 continuously fed pit conditions with low effective ISR ratios, increased hydrolysis may
514 facilitate the breakdown and disintegration of freshly added faecal solids, potentially
515 influencing physical accumulation patterns within the pit. However, the absence of increased
516 VS reduction in this study indicates that such hydrolytic enhancement does not necessarily
517 translate into greater long-term stabilisation or volume reduction of pit contents. Consequently,
518 its application as a pit additive may not, on its own, provide sufficient benefit to justify its use.

519 A further consideration is that the limited methane response to FSB may reflect FSB-specific
520 properties, including comparatively lower carbon content, lower accessible surface
521 area/porosity, and potentially weaker buffering or adsorption capacity relative to
522 lignocellulosic biochar^{17,75,79}. By contrast, lignocellulosic biochar often exhibits higher surface
523 area and alkalinity and generally lower intrinsic HM contents^{110,111}, which may increase their
524 capacity to adsorb inhibitory intermediates and support syntrophic metabolism, thereby more
525 readily enhancing methane production under stressed or overloaded conditions. Nevertheless,
526 FSB retains a unique advantage in circularity, as it valorises faecal sludge into a reusable pit
527 additive with potential operational and resource-recovery benefits.

528 Extrapolation of the findings of this study, conducted under controlled, idealised conditions, to
529 real pit latrine systems remains uncertain, as pits operate under non-optimised and highly
530 dynamic conditions characterised by continuous faecal input, lower effective ISR, variable
531 moisture content, and long solids retention times. Under such conditions, the effects of FSB on
532 hydrolysis, solids stabilisation, and gas production may differ substantially from those
533 observed in batch laboratory assays. Future research should therefore prioritise long-term and
534 semi-continuous experiments, field-scale pit simulations, and dissolved-phase metal speciation
535 analyses to better resolve the role of FSB in regulating degradation pathways and pit-filling
536 kinetics.



537 5. Conclusions

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538 This study demonstrated that FSB addition to the anaerobic digestion of synthetic human
539 excreta accelerates early-stage solubilisation of particulate organics while decreased the VS
540 reduction. This was accompanied by a significant increase in carbohydrate-rich EPS, indicating
541 a shift in carbon partitioning from mineralisation toward retention within extracellular
542 polymeric matrices and microbial biomass. Microbial community analysis revealed
543 insignificant changes in the diversity and evenness of microorganisms while suggesting
544 targeted restructuring toward aggregate-associated populations, including enrichment of
545 metabolically versatile methanogens (*Methanosarcina*) and proteolytic fermenters
546 (*Proteiniphilum*). Although FSB offers advantages in circularity and sanitation safety, the
547 findings of this study suggest that its application as a pit additive is unlikely to deliver
548 substantial performance benefits.

549 Author contributions

550 **Mengru Qiu**- Conceptualization, Formal analysis, Methodology, Validation, Visualization,
551 Writing – original draft. **Maria E. Koulouri**- Writing – review and editing. **Laure Sioné**-
552 Supervision. **Michael R. Templeton**- Conceptualization, Funding acquisition, Supervision,
553 Writing – review and editing.

554 Conflicts of interest

555 The authors declare that they have no known competing financial interests or personal
556 relationships that could have appeared to influence the work reported in this paper.

557 Data availability

558 The microbial sequencing data were uploaded to NLM-NCBI, see
559 <http://www.ncbi.nlm.nih.gov/bioproject/1415342>. The supporting data has been provided as



560 part of the Supplementary information, including description of human excreta synthesis,
561 proximate and ultimate analysis of FSB, total element concentrations of all materials, digestion
562 method for TN, batch methane, gas, properties data, kinetic model fitting results, HM
563 concentrations in other batches, alpha diversity results, and relative abundance of all top 30
564 genus. see DOI:

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Data availability

View Article Online
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The microbial sequencing data were uploaded to NLM-NCBI, see <http://www.ncbi.nlm.nih.gov/bioproject/1415342>. The supporting data has been provided as part of the Supplementary information, including description of human excreta synthesis, proximate and ultimate analysis of FSB, total element concentrations of all materials, digestion method for TN, batch methane, gas, properties data, kinetic model fitting results, HM concentrations in other batches, alpha diversity results, and relative abundance of all top 30 genus. see DOI:

