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# Exploring the GM-CSF Histidine Triad as a Modulator of Structure, Molecular Motion, and Ligand Binding

Jennifer Y. Cui,<sup>1#</sup> Iz Varghese,<sup>1,2#</sup> Anna S. Bock,<sup>1</sup> Mariana Floody,<sup>1</sup> Fuming Zhang,<sup>3</sup> Brenda M. Rubenstein,<sup>4,5,6</sup> and George P. Lisi<sup>1,7\*</sup>

<sup>1</sup>Department of Molecular Biology, Cell Biology, & Biochemistry, Brown University, Providence, RI USA

<sup>2</sup>Therapeutic Science Graduate Program, Brown University, Providence, RI USA

<sup>3</sup>Departments of Chemistry, Biology, & Chemical Biology & Engineering, Rensselaer Polytechnic Institute, Troy, NY USA

<sup>4</sup>Department of Chemistry, Brown University, Providence, RI USA

<sup>5</sup>Department of Physics, Brown University, Providence, RI USA

<sup>6</sup>Data Science Institute, Brown University, Providence, RI USA

<sup>7</sup>Giuliani RNA Center, Brown University Providence, RI 02903

#Co-first authors

\*Correspondence: [george\\_lisi@brown.edu](mailto:george_lisi@brown.edu)



## Abstract

Granulocyte macrophage-colony stimulating factor (GM-CSF) is a cytokine that plays a role in immune modulation. Its expression is associated with a multitude of different effects ranging from harmful, as in diseases such as rheumatoid arthritis and multiple sclerosis, to beneficial, as in the case of mitigation of diabetes type I and neutropenia. However, there is a large gap in knowledge explaining how GM-CSF toggles its structure for such physiological and pathological interactions. Our work describes an ongoing attempt to address this gap by focusing on a clustered histidine triad within  $\alpha$ -helices near the N-terminus, which prior studies have suggested play a role in binding ligands at an acidic pH. While GM-CSF is known to be highly flexible at a more acidic pH, several properties of its histidine triad remain unclear at the physiological pH at which GM-CSF would encounter its binding partners. We describe an effort to characterize the role of the GM-CSF histidines under physiological pH, specifically to determine if these histidines are key to GM-CSF structural integrity, and whether individual histidine residues modulate binding as they do at a lower pH. Our findings reveal that, while the histidine residues have an impact on GM-CSF structure, flexibility, and stability, they alone do not modulate the affinity for ligands at neutral pH. These data provide an initial explanation for the pleiotropic functions and interactions of GM-CSF within a biophysical context.

## Introduction

Cytokines are small signaling proteins that regulate immune responses under physiological and pathological conditions. The functional versatility of cytokines positions them as key mediators of cellular communication, orchestrating processes such as inflammation, tissue repair, and immune defense. Within this protein family, granulocyte macrophage-colony stimulating factor (GM-CSF) is a particularly intriguing example due to its pleiotropic roles in health and disease.



GM-CSF and other colony stimulating factors were originally shown to promote proliferation of myeloid progenitor cells. GM-CSF has a more limited role during steady-state myelopoiesis<sup>1,2</sup>, confined to the development and maintenance of alveolar macrophages and non-lymphoid dendritic cells<sup>1</sup>. The immunomodulatory<sup>3</sup> and pro-inflammatory signaling functions<sup>4-6</sup> of GM-CSF have been shown to aggravate conditions such as rheumatoid arthritis and multiple sclerosis<sup>7, 8</sup>. Contrasting with its role in inflammation is the ability of GM-CSF to ameliorate diseases such as type-I diabetes<sup>9</sup> and its clinical use to combat neutropenia<sup>10</sup>. GM-CSF expression levels have also been implicated in protection against *Mycobacterium tuberculosis* infection, an increase in phagocytic capacity of alveolar macrophages<sup>11</sup>, and dose-dependent protection against HIV replication<sup>12</sup>. This functional diversity strongly suggests additional axes of regulation for GM-CSF, beyond its localization.

A substantial knowledge gap exists in our understanding of the ability of cytokines, including GM-CSF, to engage in non-overlapping cellular interactions despite small and seemingly unremarkable structures. A growing body of evidence suggests that cytokines toggle their structures in response to various microenvironments<sup>13</sup>. Thus, leveraging intrinsic structural plasticity could be the focus of future bioengineering efforts to spatiotemporally control these molecular interactions. By manipulating specific amino acids within cytokine structures, we can establish the most critical regions for tuning conformational dynamics, leading to new strategies for regulating cytokine activity in immune responses. However, molecular insight into the biophysical characteristics that define the binding properties and mechanisms of many cytokines is lacking.

Our work describes an ongoing attempt to understand this interplay in GM-CSF, where prior studies suggested that a histidine triad located on alpha-helices near the N-terminus plays a role in binding ligands at an acidic pH<sup>14</sup>. Further research from our group characterized heparin-dependent structural changes in GM-CSF using NMR, and the extent to which these changes were driven by both the length of the heparin chain and the solution pH<sup>15</sup>. As in prior work, we hypothesized these effects to be linked to the histidine triad within GM-CSF, though we never explored contributions of the histidines directly.

At acidic pH ( $\leq 5.5$ ), GM-CSF is known to be highly flexible, but several properties of its histidine



triad remain unclear at the physiological pH at which GM-CSF would encounter binding partners. The goal of this current work is to characterize the role of the uniquely placed GM-CSF histidines as a structural switch via site-directed mutagenesis under physiological pH. We aimed to understand if disruption of specific histidine residues could mimic the pH-dependent effects observed earlier and to evaluate the overall role of each histidine in maintaining GM-CSF structural integrity. Our findings reveal that single-point mutations of the GM-CSF histidine residues have a significant impact on its structure, flexibility, and stability. Despite these biophysical impacts, mutations have limited effects on the affinity of GM-CSF for several ligands. These data, therefore, present a picture in which the histidine triad plays a significant role in the maintenance of local N-terminal structure, but a smaller part in ligand binding within a positively charged face of GM-CSF.

## Materials and Methods

### *Protein expression and purification*

Plasmid DNA containing GM-CSF with an N-terminal His<sub>6</sub> tag was cloned into a pET-15b vector and transformed into BL21(DE3) cells. GM-CSF used for biophysical experiments was expressed in LB medium at 37 °C. Isotopically enriched GM-CSF for NMR studies was expressed at 37 °C in M9 minimal medium supplemented with CaCl<sub>2</sub>, MgSO<sub>4</sub>, and MEM vitamins, with <sup>15</sup>NH<sub>4</sub>Cl and <sup>13</sup>C<sub>6</sub>H<sub>12</sub>O<sub>6</sub> as the sole nitrogen and carbon sources, respectively. For isotopic expression, 15 mL cultures of GM-CSF were first grown overnight in LB medium. The following morning, cloudy suspensions were collected by centrifugation and resuspended in the final M9 growth medium. These cultures were grown at 37 °C to an OD<sub>600</sub> of 0.8-1.0 before induction with 1 mM isopropyl β-D-1-thiogalactopyranoside (IPTG). The cells were harvested after 5 hours of additional shaking at 37 °C and resuspended in a denaturing lysis buffer containing 10 mM Tris-HCl, 100 mM sodium phosphate, and 6 M guanidine hydrochloride (GuHCl) at pH 8.0. The cells were lysed by sonication and cell debris was removed by centrifugation.

The resulting supernatant was incubated with 10 mL of Ni-NTA agarose beads for 30 min at



room temperature on a nutator before the Ni-NTA slurry was packed into a gravity column. The column was washed with the initial lysis buffer, followed by a 100 mL gradient of the same buffer without GuHCl. Elution of GM-CSF in its denatured state was performed with 1 column volume of a buffer containing 10 mM Tris-HCl, 100 mM sodium phosphate, and 250 mM imidazole at pH 8.0. GM-CSF was refolded by dilution via dropwise addition of the 10 mL eluent into 100 mL of a refolding buffer containing 10 mM Tris-HCl, 100 mM sodium phosphate, and 750 mM arginine at pH 8.0. The refolded protein was dialyzed exhaustively against a storage buffer containing 2 mM sodium phosphate at pH 7.4. GM-CSF was concentrated to 200  $\mu$ M with an Amicon centrifugal device and stored at -20  $^{\circ}$ C.

### *NMR spectroscopy*

NMR samples were prepared by dialyzing 200  $\mu$ M GM-CSF against a buffer of 20 mM HEPES and 1 mM EDTA at pH 7.4. NMR experiments were performed on Bruker Avance NEO 600 MHz and Bruker Avance III HD 850 MHz spectrometers at 25  $^{\circ}$ C and the data were processed with NMRPipe<sup>16</sup> and analyzed with NMRFAM-Sparky<sup>17</sup>. NMR assignments of wild-type (WT) GM-CSF were initially determined with triple-resonance experiments at pH 7.4 and confirmed by BMRB entry 15531. Assignments of GM-CSF variants were mapped using the WT assignments and BMRB entry 15531 or confirmed by additional HNCO, HNCA, HNCACB, and HN(CO)CACB experiments. NMR chemical shift perturbation (CSP) analyses<sup>18</sup> were carried out using  $^1\text{H}^{15}\text{N}$  HSQC pulse programs<sup>19</sup> with the  $^1\text{H}$  and  $^{15}\text{N}$  carrier frequencies set to the water resonance and 120 ppm, respectively. NMR chemical shift perturbations were calculated as:

$$\Delta\delta = \sqrt{(\Delta\delta_{HN}^2 + \Delta\delta_{NH}^2/25)/2}$$

CSP significance was determined by a 10% trimmed mean of all data sets. Ligand titration experiments were performed by adding either heparin (degree of polymerization of 6 sugars; dp6) or ATP (New England BioLabs P0756S) in small concentrations to the sample until saturation or no additional perturbations were observed.  $K_d$  was calculated by tracking combined  $^1\text{H}$ - $^{15}\text{N}$  CSPs of isolated peaks at each concentration and subsequent curve fitting of the points using the GraphPad Prism 10.0  $K_d$  tool



(GraphPad Software). Solvent paramagnetic relaxation enhancement (sPRE) experiments were performed on 70  $\mu\text{M}$  of GM-CSF with  $^1\text{H}$ - $^{15}\text{N}$  HSQC pulse programs with and without 25 mM 4-Hydroxy-2,2,6,6-tetramethylpiperidine-1-oxyl (TEMPOL, Fisher Scientific), initially added in small amounts until the maximum decrease in NMR peak intensity was achieved. The final amount of TEMPOL reflected a 35x ratio of TEMPOL to protein. Data were analyzed based on the relationship of peak intensity heights of TEMPOL-saturated GM-CSF versus apo protein ( $I_{\text{Tempol}}/I_{\text{Apo}}$ ).

Longitudinal<sup>20</sup> and transverse<sup>21</sup> relaxation rates were determined from peak intensities of each amide resonance at multiple delay points.  $T_1$  delays of 0, 20, 60, 100, 200, 600, 800, 1200, 1500, and 2000 ms and  $T_2$  delays of 0, 16.9, 33.9, 67.8, 136.0, 169.0, and 203.0 ms were used. Peak intensities were quantified in Sparky and the resulting decay profiles were analyzed in Sparky with errors determined from the fitted parameters. Uncertainties in these rates were determined from replicate spectra with duplicate relaxation delays of 20 (x2), 60 (x2), 100, 200, 600 (x2), 800, 1200, 1500, and 2000 ms for  $T_1$  and 16.9, 33.9 (x2), 67.8, 136.0 (x2), 169.0, and 203.0 (x2) ms for  $T_2$ . The heteronuclear cross-relaxation rate<sup>21</sup> (NOE) was obtained by interleaving pulse sequences with and without proton saturation and calculated from the ratio of peak heights from these experiments ( $I_{\text{sat}}/I_{\text{ref}}$ ). All relaxation experiments were carried out in a temperature-compensated interleaved manner, processed with in-house scripts, and analyzed in GraphPad Prism 10.0.

### *Circular dichroism spectroscopy*

Circular dichroism (CD) spectra were measured on a Jasco J-815 spectropolarimeter in a 0.2 cm quartz cuvette with 10  $\mu\text{M}$  GM-CSF in a buffer of 20 mM sodium phosphate at pH 7.4. Variable temperature measurements were collected at 208 or 220 nm over a temperature range of 25 – 90  $^{\circ}\text{C}$ , sampling every 1.5  $^{\circ}\text{C}$  at a rate of 1.5  $^{\circ}\text{C}/\text{min}$ . Unfolding profiles were fit and analyzed in GraphPad Prism 10.0 using the following equation.

$$\text{Ellipticity } (T) = \frac{\left[ (m_f T + b_f) + (m_u T + b_u) \right] \exp \left[ \left( -\frac{\Delta H_{D,vH}}{R} \right) \left( \frac{1}{T} - \frac{1}{T_m} \right) \right]}{1 + \exp \left[ \left( -\frac{\Delta H_{D,vH}}{R} \right) \left( \frac{1}{T} - \frac{1}{T_m} \right) \right]}$$



where  $m_f$  and  $b_f$  represent the slope and y-intercepts, respectively of the folded (low temperature) region of the curve and  $m_u$  and  $b_u$  represent the same values in the unfolded (high temperature) region.

#### *Molecular dynamics simulations*

Molecular dynamics (MD) simulations based on the X-ray structure of GM-CSF (PDB: 2GMF) were performed using the OpenMM library (version 8.1.2)<sup>22</sup>. Structures of GM-CSF variants were generated using the mutagenesis feature in PyMOL, and the highest-populated rotamer with the lowest strain was selected for each variant. All structures were then minimized using the OpenMM L-BFGS algorithm to prevent poor geometries and rotamer clashes. The AMBER ff14SB force field was used for the protein with the TIP3P water model<sup>23</sup>. In each simulated system, the number of Na<sup>+</sup> and Cl<sup>-</sup> ions was adjusted using PDBFixer to provide a physiologically-relevant ionic strength of 0.15 M<sup>22</sup>. Simulations were performed using an NPT ensemble with a Langevin Integrator and a Monte Carlo barostat to maintain a constant temperature and pressure of 310 K and 1 atm. Long-range electrostatic interactions were calculated using the particle mesh Ewald method<sup>24</sup>, with a cutoff of 1.0 nm, and an Ewald error tolerance of 0.0005. The equations of motion were integrated using a Langevin Middle Integrator, with a friction coefficient of 1.0 ps<sup>-1</sup> and a time step of 2 fs. Each system was equilibrated for 100 ns, followed by a production run of 250 ns. Simulation images were created using PyMOL<sup>25</sup>, and plots were prepared using GraphPad Prism 10.0. Solvent Accessible Surface Area (SASA) for the entire protein was calculated in VMD<sup>26</sup> using a probe radius of 1.4 Å. Electrostatic surfaces were constructed using the APBS Electrostatic plugin<sup>27</sup> on PyMOL.

#### *Protein structure prediction*

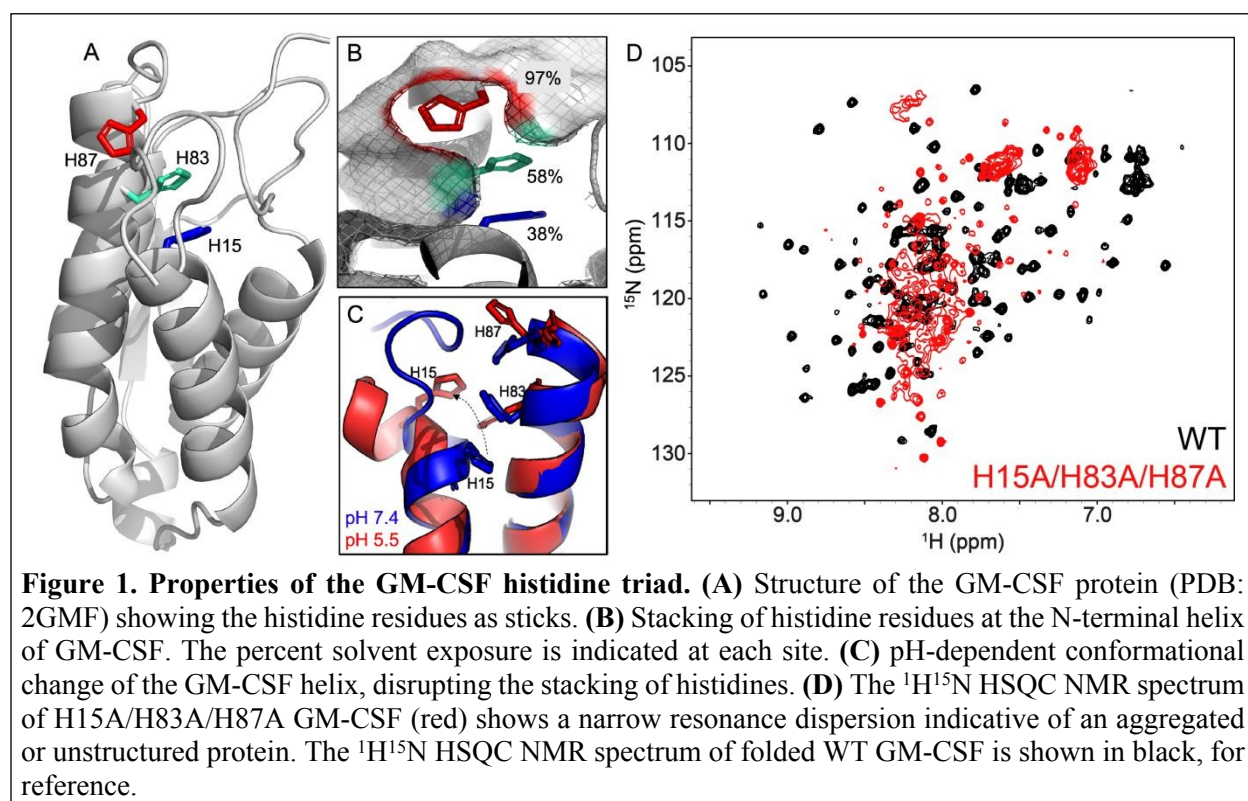
Protein fold similarity searches and ATP binding predictions were carried out using the AlphaFold 3 server<sup>28</sup>. Prediction accuracy was assessed using template modeling score (TM-score) and local distance difference test (pLDDT). Heparin binding to GM-CSF was predicted using a heparin-specific implementation of ClusPro,<sup>29, 30</sup> a server that is optimized for docking polysaccharides to shallow, charged pockets. Results were visualized using PyMOL<sup>25</sup>



## Results

*The GM-CSF histidine triad is a critical anchor point of structural stability at neutral pH.*

Histidine residues are integral to the structural and functional properties of many proteins, often facilitating ligand binding and catalytic activity. Clusters of histidine residues have been shown to facilitate phase separation<sup>31, 32</sup>, cellular pH sensing<sup>33, 34</sup>, and metal binding<sup>35, 36</sup>. In the context of GM-CSF, three histidine residues are arranged in a manner that appear to modulate its N-terminal  $\alpha$ -helix (**Figure 1A-C**), serving as a basis for conformational changes via intrinsic dynamics or the binding of negatively charged ligands<sup>14, 15, 37</sup>. Although the histidines are close in three-dimensional space to one another, the level of



solvent exposure at each site differs significantly (**Figure 1B**). At lower pH, simulations have shown that ionization of the histidine triad results in the N-terminal  $\alpha$ -helix adopting a kinked conformation, thereby opening the pocket and increasing solvent exposure<sup>15</sup> (Figure 1C).

To investigate the contribution of the entire histidine triad to GM-CSF's structural integrity, we created a His-to-Ala triple mutant that produced a highly unstable GM-CSF protein. Although the



protein remained soluble, it was largely unfolded. The NMR spectrum of this variant displayed overlapping and unresolved resonances clustered in the center of the spectrum (**Figure 1D**), reflecting a loss of structural integrity typical of misfolded or disordered proteins. Though the GM-CSF histidines confer flexibility to the protein when protonated, it was somewhat surprising that His-to-Ala mutations would so strongly disrupt its structure at neutral pH.

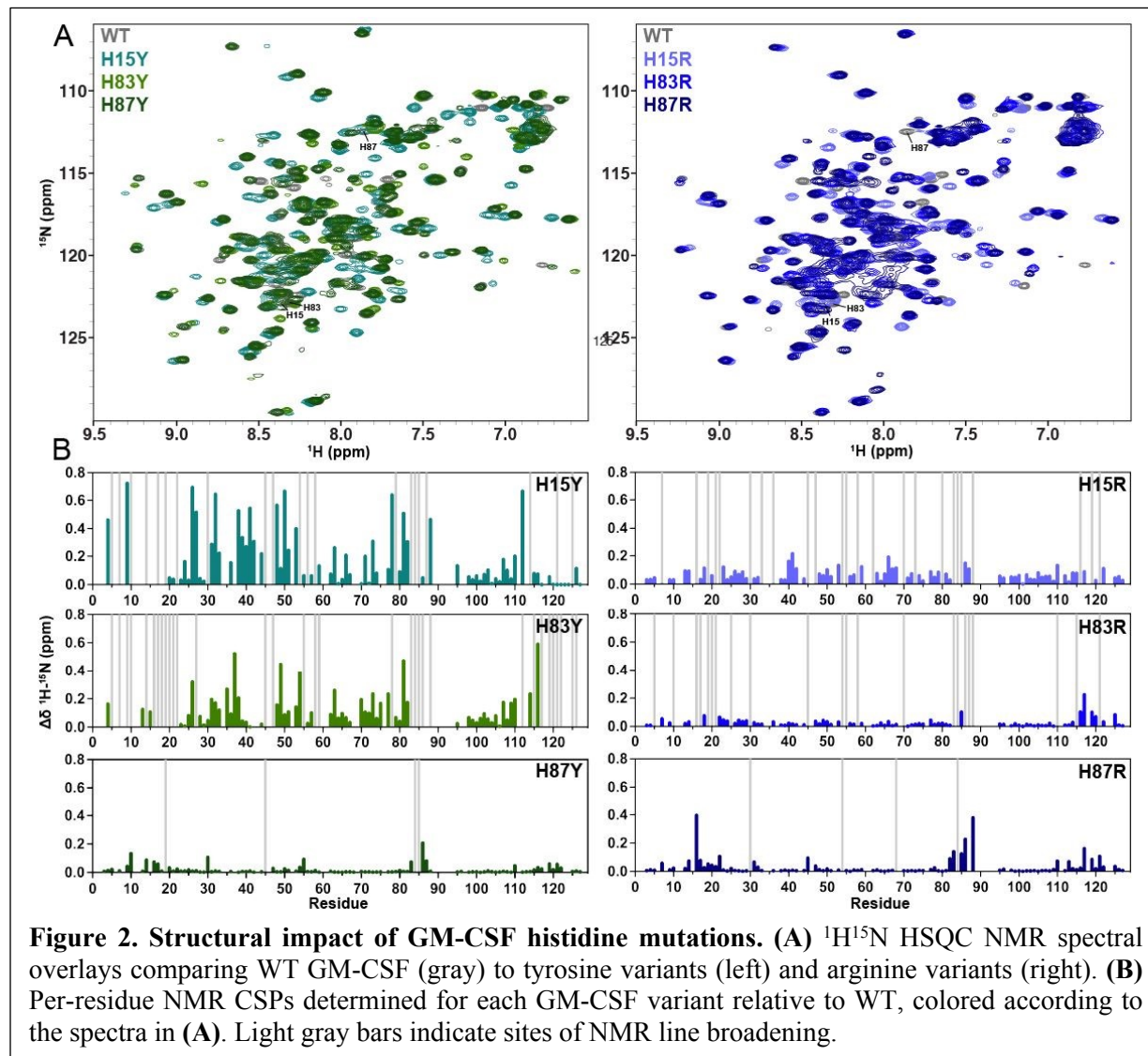
*NMR spectra of GM-CSF variants highlight His solvent exposure as a critical determinant of structural perturbation.*

Stepping back from His-to-Ala mutations, we instead explored the unique chemical properties of the His triad. Given that histidine residues contain an aromatic ring and can be protonated at physiological pH ( $pK_a \sim 6.5$ ), we considered charge and aromaticity as factors that drive chemical reactivity and structural integrity. We introduced point mutations at each histidine, systematically replacing them with amino acids that reflect one aspect of its chemistry or evolutionary conservation—arginine to mimic the positive charge of a protonated histidine and tyrosine to maintain its aromatic character while shifting its  $pK_a$  to more basic regimes. While phenylalanine (Phe) is a better physicochemical mimic of aromaticity, we selected tyrosine because it is conserved in other GM-CSF homologs that lack one or more His residues. Thus, given the preservation of aromaticity and the evolutionary tolerance of this mutant, we used Tyr to probe the structural consequences of this naturally occurring aromatic mutation, rather than a strict physicochemical mimic of histidine. In total, six single-point mutations (His15R/Y, His83R/Y, and His87R/Y) were analyzed with respect to WT GM-CSF and one another to identify which chemical property of histidine was most critical to the GM-CSF structure at that position.

We collected  $^1\text{H}$ - $^{15}\text{N}$  HSQC NMR spectra of six GM-CSF variants to quantify CSPs indicative of mutation-induced structural changes. NMR spectra and CD profiles of each GM-CSF variant were well-dispersed and indicative of a folded protein, respectively (**Figure 2A**; **Supplemental Figure 1**). Mutations at His87 displayed the weakest CSPs (**Figure 2B**), suggesting that the most solvent-exposed



His87 has minimal impact on the histidine triad chemical environment and GM-CSF structure. Given the evidence that His87 does not appear to strongly impact the GM-CSF structure, we excluded it from further analyses.



Mutations at His83 caused significant CSPs, with H83Y showing the most pronounced deviations from the WT GM-CSF suggesting that aromaticity alone is not sufficient to maintain the native GM-CSF structure. His15 mutations also induced CSPs, with the Tyr variant of His15, as in H83Y, producing the largest CSPs. However, both H15Y and H15R induce notable line broadening throughout the GM-CSF sequence (**Figure 2B**). Collectively, these data indicate that His15 affects the most significant global structural change beyond the histidine triad site. To probe the histidine triad and overall N-



terminal compactness, we collected solvent paramagnetic relaxation enhancement (sPRE) data and observed TEMPOL-induced signal attenuation of a similar pattern for WT and H83Y GM-CSF (**Supplemental Figure 2**). We observed some notable increases in solvent accessibility for H15Y, particularly at the N-terminus, suggesting that, although GM-CSF adopts similar conformations with mutations under NMR conditions, the tyrosine substitution at H15 affects the histidine triad's compactness. His15 is the most buried residue within the histidine triad, and NMR CSPs support sPRE findings of an H15Y mutation having the greater perturbative effect on the GM-CSF globally. The overall trend of NMR CSPs reveals that, as histidine residues become increasingly buried, mutations disrupt the GM-CSF structure to a greater extent. Most notably, His15 and His83 mutations critically alter the GM-CSF structure, which we predicted would manifest as a change in multi-timescale conformational dynamics.

*NMR relaxation experiments reveal dynamic perturbations in loop regions and N-terminal helices.*

Building on our insights into structural perturbations from NMR CSPs, we next used  $T_1$ ,  $T_2$ , and  $^1\text{H}$ - $^{15}\text{N}$  NOE spin relaxation experiments to quantify how the mutations affected the molecular motions of GM-CSF, which are critical to its multifaceted ligand binding interactions. The resulting  $R_1$  and  $R_2$  relaxation rates (**Supplemental Figure 3-6**) shown in **Figure 3** as the  $R_1R_2$  product, account for contributions from anisotropic molecular tumbling and report on  $ps$ – $ns$  motion with sensitivity to  $\mu s$ – $ms$  motion<sup>38</sup>. We visualized the effect of mutations through comparative analysis of GM-CSF variants against WT GM-CSF in correlation plots (**Figure 3B-D**), where deviations from linearity ( $\rho$ ) highlight amino acid-specific differences in flexibility. We find that for the  $R_1R_2$  products, most of the variants show strong dynamic correlation with WT GM-CSF, suggesting negligible change in global tumbling or backbone order (**Figure 3B**). Local changes in flexibility are evident in each variant, particularly in residues contained within  $\alpha 1$  and  $\alpha 4$ , housing the mutation sites.

When analyzing  $^1\text{H}$ - $^{15}\text{N}$  NOE values, reporting on bond vector fluctuations, all variants undergo a change in flexibility compared to WT GM-CSF, in correlation plots and per-residue (**Figure 3C**,

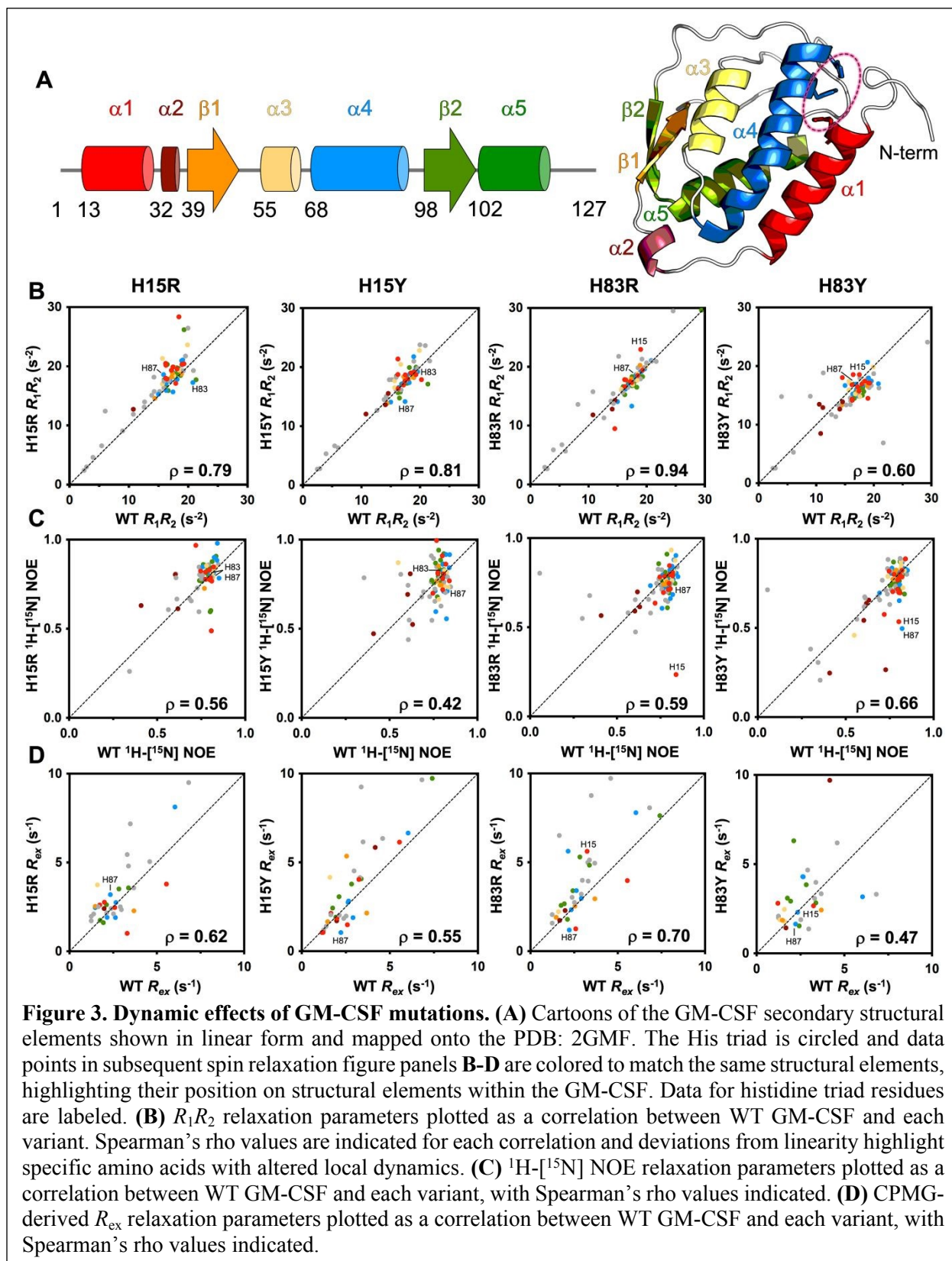


**Supplemental Figure 3-6).** The most prominent effect is generated by the buried His15 residue, where its mutations elevate  $^1\text{H}$ - $^{15}\text{N}$  NOEs across the GM-CSF  $\alpha$ -helices with no clear pattern, but suppress fast timescale flexibility typically observed in the termini and loops of GM-CSF. Although fast motions appear to be altered in several regions of GM-CSF, these mutation-induced low-energy fluctuations do not globally affect the protein and in general, retain many of the characteristics of WT GM-CSF.

We also determined the exchange contribution to transverse relaxation,  $R_{\text{ex}}$ , from CPMG relaxation dispersion measurements. These data generally have the poorest correlations with WT GM-CSF, due to significant mutation-induced gain/loss of relaxation dispersion profiles across the sequence. However, H83Y again shows the most substantial deviation in  $R_{\text{ex}}$ , as in the  $R_1R_2$  product, demonstrating that perturbation of His83 alters GM-CSF dynamics on the  $\mu\text{s}$ – $\text{ms}$  timescale. In addition to H83Y,  $R_{\text{ex}}$  parameters of H15Y also poorly correlate with WT, suggesting that the charge aspect of the near-neutral His  $\text{p}K_{\text{a}}$  (which is removed by a Tyr mutation) is important for preserving WT-like  $\mu\text{s}$ – $\text{ms}$  motions. Collectively, most deviations observed from WT involve residues found in  $\alpha 1$  and  $\alpha 4$ , the N-terminus, and the loop regions of GM-CSF (as seen by the off-diagonal colored dots and structure in **Figure 3**). Both



His15 and His83 impact local motion, with His83 most strongly affecting global dynamic



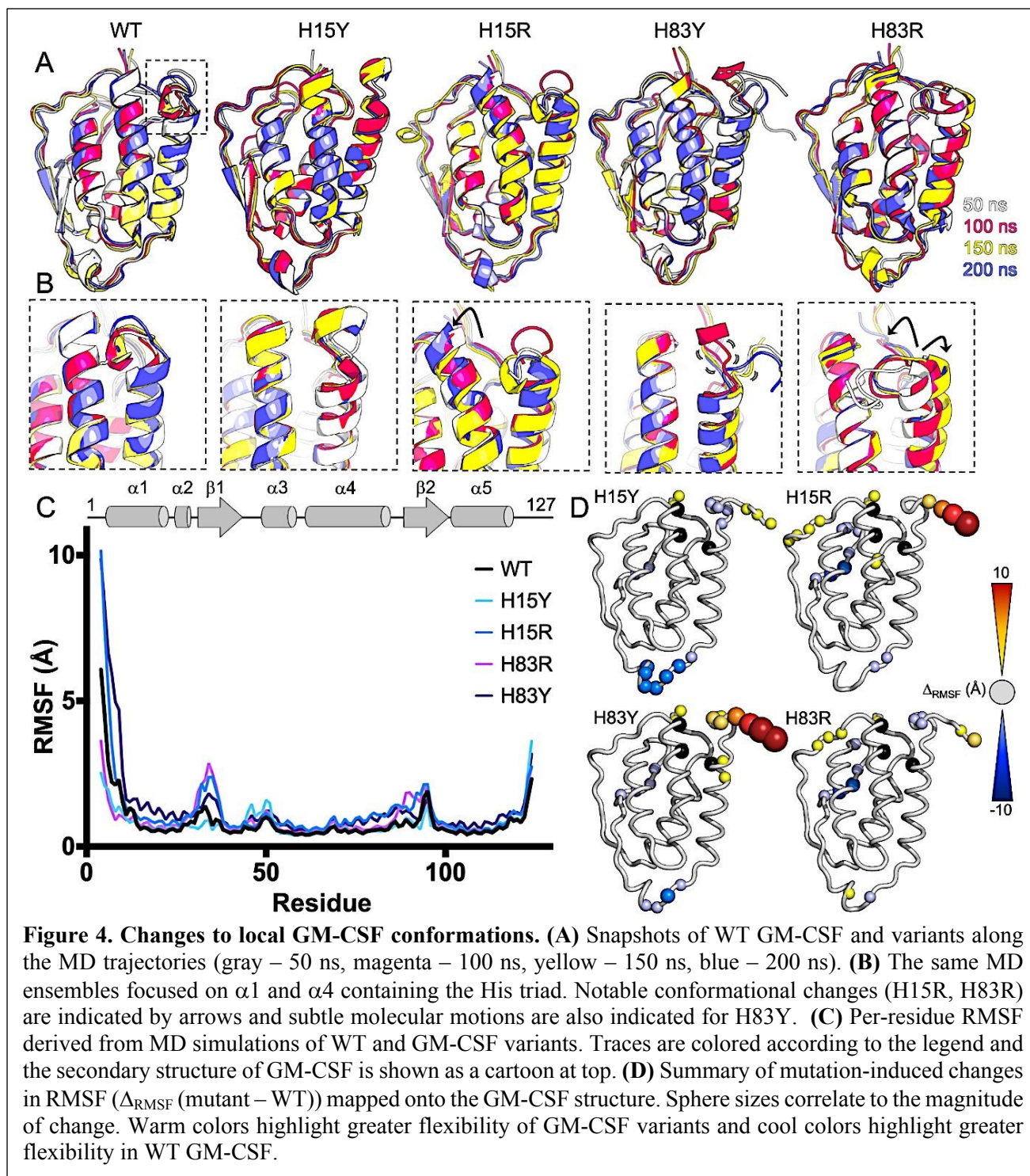
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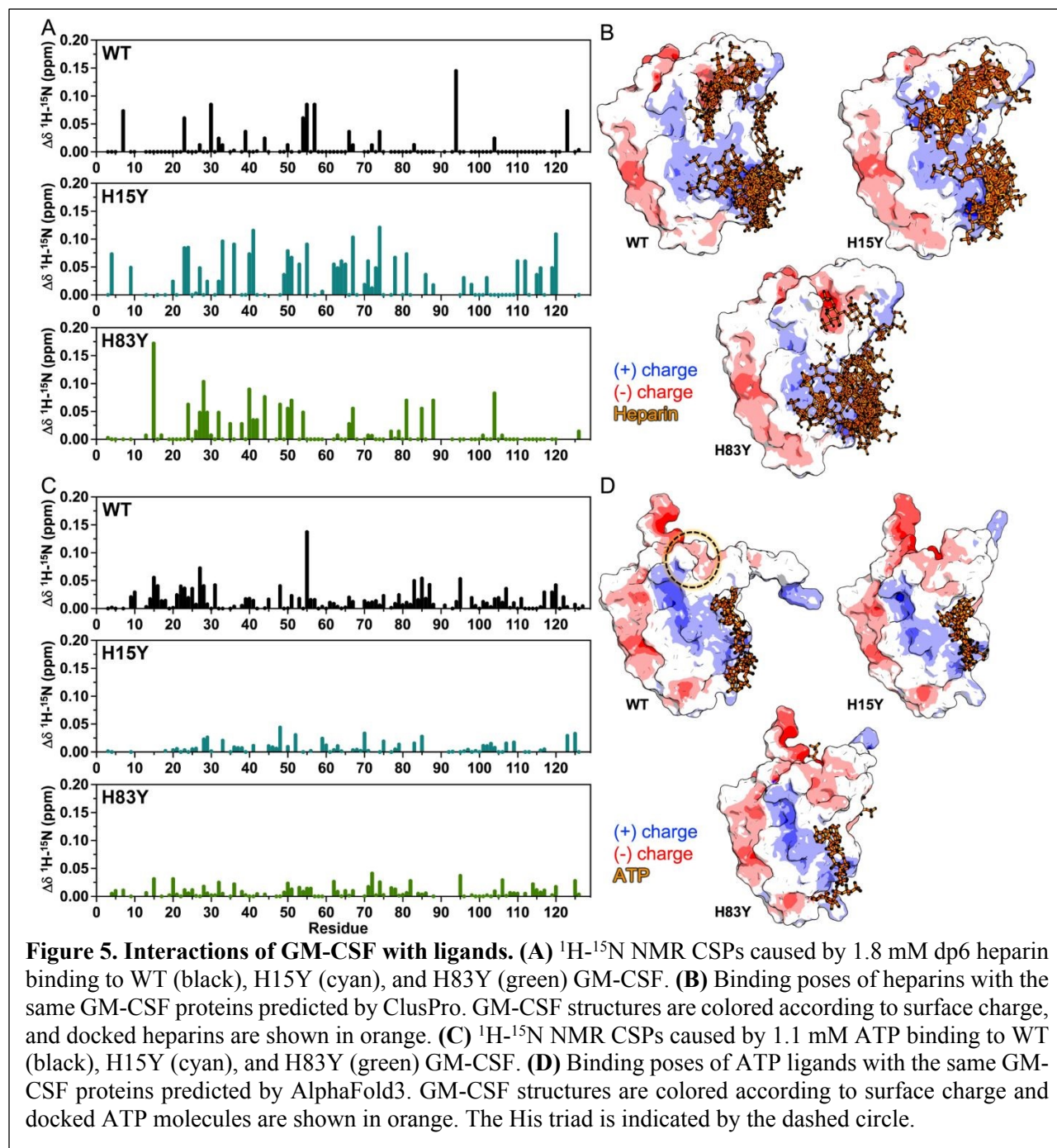
*Molecular dynamics simulations reveal outward motion of helices in GM-CSF variants.*

While NMR relaxation experiments provide residue-level detail of the GM-CSF molecular motions, we sought to visualize the atomistic motion using MD simulations. We performed 250 ns MD simulations for WT GM-CSF, H83Y, H83R, H15Y, and H15R to assess changes in protein conformational dynamics. Consistent with the relaxation data, we observe subtle fluctuations in the GM-CSF structural ensembles of the variants compared to WT. The conformational flexibility of these mutants have been predicted by prior studies using subsampled AlphaFold2.<sup>39, 40</sup> Of note, in H83R and H15R  $\alpha 1$  and  $\alpha 4$  bend out of plane to sample a greater conformational space (**Figure 4A, B; Supplemental Figure 7**).

To quantify these differences, we calculated the root mean square fluctuations (RMSF) of the protein backbone for all variants and WT GM-CSF (**Figure 4C**). We find that the N-terminus experiences higher fluctuation in both H15R and H83Y relative to the WT, while H15Y attenuates backbone fluctuations. Notably, the RMSF profile of H83R most resembles that of the WT (**Figure 4D**), which, in conjunction with NMR  $^1\text{H}$ - $^{15}\text{N}$  NOE values, suggests that electrostatic effects, rather than aromaticity, drive the dynamic impact of this residue. In His15, on the other hand, both tyrosine and arginine mutants alter the intrinsic motions of WT GM-CSF, indicating that both aromaticity and charge influence protein dynamics at His15 under neutral pH conditions. To quantify putative agreement between NMR CSPs and MD parameters, we mapped CSPs for each mutant onto the GM-CSF structure and compared them to regions exhibiting higher RMSF from simulations. We observe that CSPs localized to regions of higher magnitude RMSF, especially on the face of the protein housing the  $\alpha 1$  helix (**Supplemental Figure 8**). While some discrepancies between MD simulations and NMR are observed in the unstructured loop regions, these differences are likely due to the shorter timescales probed by the MD simulations. Future studies may investigate longer-timescale conformational changes using MD.







*Histidine mutations do not alter GM-CSF ligand binding propensity.*

Building on the subtle structural fluctuations seen by MD simulations, we examined the impact of histidine mutations on physiologically relevant ligand binding. We tested the mutations with the highest CSPs from WT, namely H15Y and H83Y, with a larger biological molecule, heparin, previously shown to



have pH-dependent binding to WT GM-CSF<sup>14, 15, 37</sup>, as well as the ATP molecule, which was shown to have enhanced production through a GM-CSF signaling pathway<sup>41-43</sup>. Both ligands carry significant negative charges with an overall negative charge consistent with the larger heparin molecule tested. We collected <sup>1</sup>H-<sup>15</sup>N HSQC titrations with increasing concentrations of dp6 heparin. Subsequent CSPs were stronger for the H15Y and H83Y variants than WT (**Figure 5A**). We also quantified the binding affinity ( $K_d$ ) from CSP trajectories and, as expected, found weak affinities of H83Y (0.9 mM) and H15Y (0.8 mM) for heparin, though tighter than the 1.2 mM of WT GM-CSF (**Supplemental Figure 9**). To model the binding, we used the ClusPro server<sup>29, 30</sup> with a heparin-specific algorithm optimized for shallow charged pockets. The larger heparin molecule binds to basic patches on the exterior of GM-CSF, both adjacent to the His triad and along the  $\alpha 1$  face, with minimal difference between the variants (**Figure 5B; Supplemental Figure 10**). Thus, slight differences in binding of heparin likely occur from structural changes to GM-CSF caused by the histidine mutations, but not solely within the pocket itself.

We repeated titrations with ATP, a much smaller molecule than dp6 heparin, which potentially could bind within the histidine pocket. NMR CSPs were smaller in magnitude, though saturation of GM-CSF occurred at ATP concentrations lower than required for dp6 heparin. In contrast to heparin, ATP induced the largest CSPs in WT GM-CSF (**Figure 5C**), and the apparent  $K_d$  followed a trend with WT GM-CSF having a slightly tighter affinity (0.35 mM) than H15Y (0.45 mM) and H83Y (0.47 mM), though still a weak interaction. The greater affinity of GM-CSF for ATP could indicate some direct binding within the histidine pocket that is disrupted by the tyrosine mutations, rather than the diffuse interactions of heparin. We then used AlphaFold3 to model the GM-CSF-ATP complex (**Figure 5D; Supplemental Figure 10, 11**), which showed ATP sampling multiple binding sites on the positive face of the protein, but none in the histidine pocket.

Since neither algorithm predicts the histidine triad as a dominant binding site for either ligand, we investigated whether a change in the distance between the  $\alpha 1$  and  $\alpha 4$  helices corresponded to the minor changes in binding affinity. We found that at no point during these MD simulations was the interior



of the GM-CSF core accessible to solvent and that the solvent accessible surface area does not significantly change between the WT and GM-CSF variants (**Supplemental Figures 2, 12 and 13**). The seemingly accessible channel is lined with hydrophobic residues that hinder the ability of solvated ligands to bind beyond the shallow pocket of the triad.

In conjunction with the NMR, these data suggest that at neutral pH, the histidine triad, even when manipulated to favor a more flexible state, does not drive ligand binding. Rather, these interactions seem to be transiently mediated along the positive electrostatic surface of the protein.

### Discussion

The compact cytokine fold of GM-CSF renders it difficult to discern how multiple non-overlapping functions could be contained within its scaffold. Heparin is hypothesized to prevent the proliferative ability of GM-CSF by preventing nucleotide binding<sup>37</sup>, but the molecular details of these interactions are unclear. Prior studies that investigated the role of GM-CSF histidine residues found that removing them via site-directed mutagenesis prevents GM-CSF from binding and alters the mitogenic activity of GM-CSF in comparison to WT<sup>14</sup>. Subsequent studies established that the ionization of histidines at a lower pH leads to structural and dynamic changes in which the  $\alpha 1$  and  $\alpha 4$  helices open, thereby stabilizing interactions with heparin<sup>15</sup>. The GM-CSF histidine triad is an understudied region of its structure. Consequently, whether these changes translate to the protein at neutral pH remains unclear. Thus, studying the role of this histidine triad at neutral pH is a foundational step in understanding the importance of specific amino acids not only for the structure and dynamics of GM-CSF but also for changes in binding, which are related to functional outcomes.

One of the challenges of studying GM-CSF is a lack of clear understanding of any biophysical activities, making it particularly challenging to quantify the function of GM-CSF *in vitro* using a standard assay. *In vivo* work, while valuable, is beyond the scope of this study. Thus, assessing structural features of GM-CSF that are altered by binding to its known ligands, ATP and heparin, serves as a proxy for functional studies *in vitro*.



In addition to being a pH sensor for ligand binding<sup>14, 15</sup>, we demonstrate that these histidines are a critical stabilizing force for the native fold. Using NMR spectroscopy and computational tools, we showed that GM-CSF is sensitive to mutations at these key histidine sites at neutral pH. Conventional alanine substitutions strongly destabilized the protein, underscoring the importance of amino acid substitutes that replicate the distinct chemical properties of histidine (aromatic ring, positive charge).

From the analysis of six single-point mutations, the results can be categorized along two axes: positional dependence and chemical characteristics. Specifically, the structural and dynamic changes in GM-CSF, assessed through NMR CSPs, spin relaxation, and heteronuclear NOE, are largely influenced by the solvent exposure or burial of the mutated residue. Notably, mutations at His15, which is the least solvent-exposed, caused the most significant alterations to the structure and dynamics of GM-CSF when its charge or aromaticity was altered. Substitutions of different amino acids at the same residue position yielded distinct NMR spectral patterns, reinforcing that mutational effects in GM-CSF are highly position- and type-dependent and not uniform across the samples.

Following these structural and dynamic perturbations, we anticipated that mutations causing the helices to move away from each other would enhance ligand binding similarly to acidic pH. Consequently, we titrated both heparin and ATP, known ligands of GM-CSF, to quantify binding affinity. We were surprised that at neutral pH, none of the variants displayed a significant change in ligand affinity, suggesting that any one histidine alone is not sufficient to enhance binding.

As a result, we asked whether there was a correlation between the “openness” of the His pocket and any changes in binding affinity. These data reveal that even though mutations caused notable structural and dynamic perturbations near the GM-CSF N-terminus, they alone are not sufficient to facilitate binding. Instead, at neutral pH, the interactions of GM-CSF with its ligands seem to be primarily driven by electrostatic interactions via distinct positively and negatively charged faces of the protein. This may explain why neither NMR experiments nor computational predictions show altered binding interactions in these sites at neutral pH. Such transient interactions driven by electrostatics have been



documented in many other proteins<sup>44, 45</sup>.

These results provide a more comprehensive model of how GM-CSF may toggle between its different functions: at neutral pH, the electrostatic, “sticky” surface drives transient, low-affinity interactions with its ligands. At acidic pH, which physiologically may correlate to inflammatory compartments<sup>46</sup>, the ionized histidine binding pocket may aid in increasing the specificity of molecular interactions. Here, mutation of specific His residues reveals the conformational fluctuations that underscore the plasticity of this site.

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The data supporting this article have been included as part of the Supplementary Information. Other materials associated with this article, including MD trajectories and plasmid DNA, are available from the corresponding author upon request.

